# REGENERATION OF NERVE CRUSH INJURY USING ADIPOSE-DERIVED STEM CELLS: A MULTIMODAL COMPARISON

MATHIAS TREMP, MD <sup>()</sup>,<sup>1,2</sup> LIMA SPRENGER, MD,<sup>1,2</sup> LUCAS DEGRUGILLIER, MSC,<sup>1,2</sup> DIRK JOHANNES SCHAEFER, MD,<sup>1,3,4</sup> SRINIVAS MADDURI, PHD,<sup>1,3,4</sup> STEFAN SCHAEREN, MD<sup>5</sup> and DANIEL FELIX KALBERMATTEN, MD, PHD<sup>1,2</sup>

<sup>1</sup>Department of Plastic, Reconstructive, Aesthetic, and Hand Surgery, University Hospital Basel, Basel, Switzerland

<sup>2</sup> Department of Neuropathology, Institute of Pathology, University Hospital Basel, Basel, Switzerland

<sup>3</sup>Department of Biomedicine, University of Basel, Basel, Switzerland

<sup>4</sup> Department of Biomedical Engineering, Center for Bioengineering and Regenerative Medicine, University of Basel, Gewerbestrasse 14, 4123, Allschwil, Switzerland

<sup>5</sup> Department of Spinal Surgery, University Hospital Basel, Basel, Switzerland

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ABSTRACT: Introduction: To restore full function following nerve crush injuries is critical but challenging. In an attempt to develop a viable therapy, we evaluated the effect of rat adipose-derived stem cells (rASC) in 2 different settings of a sciatic crush injury model. Methods: In the first group, after 14 days of nerve crush injury, rASCs were injected distal to the lesion under ultrasound guidance. In the other group, alleviation of compression through clip removal (CR) was combined with epineural injection of rASCs. Gait analyses, MRI, gastrocnemius muscle weight ratio (MWR), and histomorphometry were performed for outcome analysis. Results: CR combined with rASC injection resulted in less muscle atrophy, as evidenced by MWR. These findings are further supported by better functional and anatomical outcomes. Discussion: Animals treated with CR and epineural stem cell injection showed enhanced anatomical and functional recovery. Muscle Nerve 58:566-572, 2018

**S**evere nerve injury has a devastating impact on a patient's quality of life.<sup>1</sup> Although much knowledge exists on the mechanisms of injury and regeneration, there are currently no reliable treatment options that ensure full functional recovery.<sup>2</sup> It has been reported that complete recovery of an acutely compressed nerve can take weeks to years.<sup>2</sup>

Sciatic nerve crush is a well-established model for the studies of acute neuropathy.<sup>3</sup> Nerve damage after crush injury is induced by direct external

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M. Tremp and L. Sprenger contributed equally to this work and are co-first authors.

S. Madduri, S. Schaeren, and D. F. Kalbermatten are joint last authors.

Correspondence to: S. Madduri; e-mail: srinivas.madduri@usb.ch

pressure itself and ischemia when the crushing force exceeds the capillary perfusion pressure.<sup>4</sup> Usually, nerve crush injury is less severe than nerve transection injury because the basement membrane of Schwann cells (SC) covering the nerve fascicles and fibers is anatomically intact and enables SCs to provide pathways to guide the regeneration of axons.<sup>4</sup> After injury to the sciatic nerve, SCs and macrophages rapidly remove myelin debris and produce extracellular matrix molecules, chemokines, inflammatory cytokines, and proteolytic enzymes as well as a number of growth factors that play crucial roles in axonal regeneration and neuronalsurvival.<sup>5</sup>

In a study reported by Mackinnon and Dellon,<sup>6</sup> 20%– 40% of the patients achieved very good recovery after nerve repair, but few injuries recovered fully. A recent case-controlled study compared the outcomes of nerve surgery in patients with isolated peripheral compression versus those with double crush syndrome treated with peripheral nerve and cervical spine operations. At a minimum of 18 months after peripheral nerve surgery, it was shown that the double crush group exhibited a greater frequency of persistent signs of nerve irritability (47%) and muscle weakness (53%) compared with the control group (31% and 20%, respectively).<sup>7</sup>

Cell transplantation has gained wide interest for treating nerve injuries.<sup>8</sup> In recent years, much attention has been paid to adipose-derived stem cells (ASC). They represent a readily available source for the isolation of potentially useful stem cells and, thus, are very attractive for tissue engineering purposes.<sup>9</sup> The purpose of this study is to test the hypothesis that, in the nerve crush injury model, clip removal (CR; nerve decompression) with epineural rat ASC (rASC) injection results in a superior outcome compared with CR with sham injection or rASC injection only without CR.

## MATERIALS AND METHODS

**Study Design.** The experimental group design and time points were chosen on the basis of our previous reports and experience.<sup>8,10–12</sup> We created a crush injury using a polymeric ligating clip on the left sciatic nerve of 56 female Sprague-Dawley rats. All the following experiments were conducted after 2 weeks of chronic crush injury. Animals were randomized into 4 groups with 2 end-points, 28 and 42 days.

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Abbreviations: ASC, adipose-derived stem cell; CI, confidence interval; CM, culture medium; CR, clip removal; drASC, differentiated rat ASC; DTI, diffusion tensor imaging; E, experimental; FA, fractional anisotropy; FBS, fetal bovine serum; FD, fiber density; hASC, human ASC; ITS, intermediate toe spread; MSC, mesenchymal stem cell; MT, myelin thickness; MWR, muscle weight ratio; N, normal; PL, print length; rASC, rat ASC; SC, Schwann cell; SFI, sciatic functional index; SVF, stromal vascular fraction; TS, toe spread; VEGF, vascular endothelial growth factor

Key words: adipose stem cell, axonal regeneration, nerve crush injury, nerve repair, ultrasound-guided cell injection

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- 1. ASC: an ultrasound-guided injection of  $0.5 \times 10^6$  rASCs suspended in 25  $\mu$ l of culture medium (CM; Dulbecco's modified Eagle medium, 10% fetal bovine serum [FBS], 1% penicillin/ streptomycin) was performed in the epineurium just distal to the clip
- 2. CM: an ultrasound-guided injection of 25 µl of CM was performed at the same location.
- CR ASC: the clip was removed, and  $0.5 \times 10^6$  rASC suspended in 25 µl of CM was injected at the same location CR CM: the clip was surgically removed, and 25 µl of CM was 3
- injected in the epineurium at the lesion site

The crushed area was subsequently marked with a single epineural suture (Ethilon 8-0; Ethicon, Somerville, NJ, USA).

Gait analyses with calculation of the sciatic functional index (SFI) were conducted by using a walking track at 14, 28, and 42 days. Postmortem imaging with a 3-Tesla MRI machine was performed. Fractional anisotropy (FA), a measure of fiber integrity, was obtained for the proximal and distal part of the lesion and compared with the contralateral nerve. The gastrocnemius muscle weight ratio (MWR) was calculated, and histomorphometric analyses were performed.

Experimental Animals. All experiments were performed on 8-week-old female Sprague-Dawley rats weighting approximately 250 grams (Harlan Laboratories BV, The Netherlands). The local veterinary commission (No. 2672) and the cantonal veterinary office approved our study. All experiments were conducted by following strict guidelines and ethical standards. The animals were *euthanized* at the end of the study by using a CO<sub>2</sub> gas chamber.

Isolation and Culture of rASCs and PKH Labeling. Fat tissue was harvested and processed from donor animals prior to the start of the surgical interventions as previously described<sup>13</sup> to obtain a sufficient number of transplantable cells. Some of the rASCs were pretreated with the PKH26 Red Fluorescent Cell Linker kit (Sigma-Aldrich, St Louis, MO, USA). PKH26-pretreated cells were transplanted for long-term in vivo cell tracking in 1 animal per group. This linker is a yelloworange cell fluorescent dye incorporated into lipid regions of the cellmembrane.<sup>14,15</sup> An aqueous solution (Diluent C; Sigma-Aldrich) was used to optimize the labeling process, enhancing dye solubility and staining efficiency while maintaining cell viability.16 The cells were washed with a serum-free medium because the serum proteins and lipids also bind the dye. After having been washed, the rASCs were suspended in Diluent C, and the PKH26 ethanolic dye solution was promptly added. Serum was added after 2 min to stop the staining process (FBS; Gibco, Life Technologies, Grand Island, NY, USA). The cells subsequently underwent centrifugation at 1,500 rpm to be resuspended in fresh CM after several rinses with CM.

Microsurgical Procedure. All operations were performed by the same surgeon, as described earlier.<sup>8,10</sup> The sciatic nerve was freed by using microsurgical scissors over a distance of 1 cm and then compressed with a polymer ligating clip approximately 1 cm distal to the intervertebral foramen (Weck Hem-o-lok polymer ligation system, Teleflex Medical, Morrisville, NC, USA), similarly to previous studies (Supp. Info. Fig. 1).<sup>17,18</sup> The site was rinsed with sterile saline solution, the muscle and skin layers were sutured with absorbable Vicryl 4-0 (Ethicon), and the wound was disinfected with Betadine (Mundipharma Medical, Hamilton, Bermuda). After 2 weeks, therapy was initiated as described earlier. An insulin 30 gauge needle (Sterican; B. Braun, Melsungen, Germany) was used for all injections. The volume and number of rASCs used were based on our previous experiences.8,10,19

Ultrasound Guided Injections. An ultrasound system combined with a high-frequency linear transducer (Flex Focus 400 exp; BK Ultrasound, Peabody, MA, USA) was used to guide the injections. The scans were acquired in B-mode with a frequency of 18 MHz. Under isoflurane anesthesia, the sciatic nerve was localized with ultrasound imaging. The nervous bundle could easily be found lateral to the femur on the left thigh of the rat. The vessels were identified by using the Doppler probe in color modes to avoid inadvertent injury. After identification of the clip, rASCs or CM alone was injected distally. The injection site was visually confirmed via a slight swelling of the nerve on the monitor screen.

Histomorphometry. We carried out a histomorphometrical assessment of the semithin osmium tetroxide-pphenylenediamine-stained cross-sections. The observer was blinded to the experimental groups and explanted tissue samples. Digital pictures of the representative fields of the myelinated nerve areas were taken by using a light photomicroscope (BX43F; Olympus, Center Valley, PA, USA) at × 10 and ×40. The pictures were processed in ImageJ 1.48 (National Institute of Health, Bethesda, MD, USA) to quantify fiber density (FD) and myelin thickness (MT). The number of nerve fibers per 0.01 mm<sup>2</sup> was counted to obtain the FD. Myelin thickness calculated by using the following equation: difference between the fiber diameter and axonal diameters divided by 2. The ratio of the MT and the FD was calculated by dividing the values from the distal part by the values from the proximal part.

Explantation Technique, Cross-Sections, and Measure of Muscle Atrophy. We proceeded to tissue explantation immediately after acquisition of the MRI data, as previously described.<sup>10</sup> In animals with the PKH26-pretreated cells, a piece of their nerves was snap frozen with Tissue-Tek O.C.T compound (Sakura Finetek, Alphen aan den Rijn, The Netherlands) in isopentane precooled to -20 °C. Images were acquired with a fluorescence microscope to assess the presence of transplanted cells. Weight measurements of the gastrocnemius muscle on the experimental side (left) and the contralateral side (right) were performed to calculate the MWR. The muscles were weighed on a precision scale Greifensee, Switzerland) (Mettler-Toledo, in 0.1-mg increments.

MRI With Diffusion Tensor Imaging Sequences. MRI studies were carried out with a human scanner to assess nerve regeneration. Data were acquired by using the 3-Tesla MAG-NETOM Prisma syngo MR D13D scanner (Siemens Healthcare, Erlangen, Germany) combined with the Hand/Wrist 16 coil (sixteen channels; Siemens Healthcare) to accommodate the animal size. At 28 and 42 days after injections and/or removal of the clip, the animals were humanely killed to perform the imaging studies. The diffusion tensor imaging (DTI) sequences were obtained in a transverse plane by using an echo time of 69 ms, a repetition time of 5,700 ms, and a voxel size of  $2 \times 2 \times 2$  mm.

A radiologist specializing in DTI who was blinded to the groups processed the DTI sequences in MITK Diffusion open source software (German Cancer Research Center, Heidelberg, Germany) to calculate FA. The FA value is a measure of fiber integrity. An FA of zero indicates that diffusion is isotropic and going in all directions (unrestricted or equally restricted), whereas an FA of 1 means that diffusion is restricted along 1 axis, which can be seen, for example, in intact nerve fibers. FA values were obtained for the



**Figure 1.** Representative images of semithin osmium tetroxide-p-phenylenediamine-stained cross-sections. (A) Representative image (×10) of a healthy nerve. (B) Representative image (×10) of a cross-section of the distal part of the crushed nerve (rat adipose-derived stem cell [ASC] group after 28 days). (C) Representative image (×40) of a cross-section of the distal part of the crushed nerve treated with ASCs and clip removal after 28 days. (D) Representative image (×20) of PKH26-labeled cells 28 days after ASC injection. Scale bars = 20  $\mu$ m in (A–C); 100  $\mu$ m in D. [Color figure can be viewed at wileyonlinelibrary.com]

experimental side (left nerve) proximally and distally to the clip and for the contralateral side (right nerve) that served as control.

Gait Analyses With CatWalk. Functional gait analyses were acquired 14 days after the compressive injury to assess the locomotion status of the injured limb before the initiation of treatments. Follow-up evaluations were then carried out after another 14 and 28 days. The computed walking track Catwalk XT (Noldus Information Technology, Wageningen, The Netherlands) was used to assess gait parameters, and the SFI was calculated from those data, as previously described.<sup>20,21</sup> Two consecutive runs were acquired under the same conditions for each rat. An observer who was blinded to the study groups manually measured the print length (PL), toe spread (TS, distance between first and fifth digits) and intermediate toe spread (ITS, distance between second and fourth digits) on both experimental (E) and normal limbs (N) to determine the SFI. The software calculates the  $SFI^{22}$  by using the formula SFI = 38.8 (EPL - NPL) / NPL + 109.5 (ETS - NTS) / NTS + 13.3 (EITS - NITS) / NITS - 8.8. An SFI of 0 indicates a normal sciatic function, and an SFI of -100 means that total deficiency could be seen after a complete nerve transection.

**Statistical Analysis.** The values are shown as mean and SD/SEM from at least 3 animals per group, and all experimental samples were conducted in triplicate. One-way analysis of variance tests with corresponding *post hoc* tests (Bonferroni or Tukey; Prism version 5.0 for Windows; GraphPad Software, San Diego, CA, USA) were used for multiple comparisons.

### RESULTS

**Postoperative Outcome of the Animals.** All animals undergoing the procedure recovered well from surgery, and no postoperative complications such as an open wound or auto mutilation of the affected limb were noted, thus allowing us to include all study rats in the data.

Histomorphometry. Representative semithin osmium tetroxide-p-phenylenediamine-stained cross-sections are shown in Figure 1. After 42 days, we successfully confirmed cell viability by using PKH26-labeled rASCs (Fig. 1D). Semiquantitative analyses after 28 and 42 days are shown in Figure 2. Although there was no significant difference between the groups after 28 and 42 days, MT, fiber diameter, and FD showed the highest ratio in the rASC and CR rASC groups after 28 and 42 days. The CR rASC group showed a higher ratio compared with the rASC group for the MT and FD after 28 and 42 days  $(0.7 \pm 0.4 \text{ vs. } 0.4 \pm 0.2 \text{ and } 0.98 \pm 0.1 \text{ vs. } 0.97 \pm 0.3$ after 28 days and 0.9  $\pm$  0.2 vs. 0.8  $\pm$  0.2 and 1.6  $\pm$  0.3 vs.  $1.3 \pm 0.3$  after 42 days, respectively). A lower ratio was found for the CM and CR CM groups after 28 and 42 days, although a relatively high ratio was also observed in the CM group for fiber diameter after 28 and 42 days  $(0.7 \pm 0.1 \text{ and } 0.8 \pm 0.2 \text{ after})$ 28 and 42 days, respectively).



**Figure 2.** Floating bars (minimum to maximum, line represents mean) of histomorphometric analyses at 28 (**A**) and 42 (**B**) days for each group. The ratio was calculated by dividing the values from the distal part by the values from the proximal part. Statistical adjustments for multiple comparisons showed no statistical significance between clips and their corresponding CR groups at 28 and 42 days. ASC, adjpose-derived stem cell; CM, culture medium; CR, clip removal. [Color figure can be viewed at wileyonlinelibrary.com]

**Gastrocnemius MWR.** Figure 3 shows the mean MWR with a 95% confidence interval (CI) at 42 days for each group. At 42 days (28 days posttreatment),



**Figure 3.** Overall average relative gastrocnemius weight (gastrocnemius MWR) at 42 days for each group. Data are expressed as the mean and 95% CI. There was a significant difference between the CR group treated with ASC (CR ASC) and the CR group treated with CM (CR CM), with a mean difference of 0.08310. \*(P) < 0.05, \*\*P < 0.01, \*\*\*P < 0.0001. ASC, adiposederived stem cell; CI, confidence interval; CM, culture medium; CR, clip removal; MWR, muscle weight ratio.

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was  $0.21 \pm 0.03$  for the MWR rASC group,  $0.18 \pm 0.04$  for the CM group,  $0.40 \pm 0.04$  for the CR and rASC group, and  $0.31 \pm 0.07$  for the CR group with CM. There were no significant differences between the rASC and CM-only groups. However, there was a significant difference between the CR group treated with rASC and the CR group treated with CM, with a mean difference of 0.08 (P < 0.05). Overall, the CR combined with rASC group showed the least muscle atrophy, with ratio values significantly higher than those of the other groups.

Fractional Anisotropy. The mean FA value for the right sciatic nerve, which served as an internal control, was 0.774 (n = 28) at 28 days and 0.765 (n = 28) at 42 days. The mean FA value for the left sciatic nerve measured proximal to the clip lesion was 0.773 (n = 28) at 28 days and 0.770 (n = 28) at 42 days. As expected, those values were not significantly different. To assess nerve regeneration with the FA values measured distal to the lesion, the ratio of the left distal FA value and the left proximal FA value were obtained (left distal FA/left proximal FA). Figure 4 shows the mean FA ratios with a 95%CI at 42 days for each group. At 42 days (28 days posttreatment), the FA value ratio was  $0.893 \pm 0.02$ for the rASC group,  $0.810 \pm 0.03$  for the CM group,  $0.982 \pm 0.04$  for the CR with rASC group, and  $0.861 \pm 0.04$  for the CR group with CM. The CR combined with rASC group was the group with FA ratio values closest to 1. The rASC-only and the CR with CM groups showed very similar FA ratio values, with no statistically significant difference between their results. The rASC group FA ratio values were also significantly better than those of the CM-only group.



**Figure 4.** Overall average FA ratios for the left sciatic nerve at 42 days for each group. Data are expressed as mean and 95% CI. The CR group treated with ASC (CR ASC) showed the FA ratio values closest to 1. The ASC and CR CM groups showed very similar FA ratio values, with no statistically significant difference between their results. The ASC group's FA ratio was also superior to that of the CM-only group. \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.0001. ASC, adipose-derived stem cell; CI, confidence interval; CM, culture medium; CR, clip removal; FA, fractional anisotropy

Sciatic Functional Index. Functional analysis showed the best values in the rASC group with CR  $(-80.1 \pm 8.5, -72.1 \pm 6.8, \text{ and } -59.3 \pm 7.5 \text{ after}$ 14, 28, and 42 days, respectively) and the rASC alone group  $(-88.4 \pm 11.2, -70 \pm 16.3, \text{ and } -67 \pm 9.8 \text{ after}$ 14, 28, and 42 days, respectively). The lowest results were found in the CM group  $(-83.2 \pm 11.2)$ ,  $-93.7 \pm 11.7$ , and  $-81.2 \pm 11.9$  after 14, 28, and 42 days, respectively) and the CM with CR group  $(-84 \pm 15, -91.4 \pm 16.7, \text{ and } -82 \pm 6.6 \text{ after } 14, 28,$ and 42 days, respectively; Fig. 5). There was a statistically significant difference between the rASC with CR group and the CM with CR group after 42 days, whereas there was no statistically significant difference between the rASC group and the rASC with CR group. Moreover, there was no statistically significant difference between the CM group and the CM with CR group.

### DISCUSSION

In this study, we showed that rASCs accelerated nerve regeneration after sciatic nerve crush injury with superior functional and morphological results after CR. Statistical adjustments for multiple comparisons, however, showed no significant differences between the CR groups and the corresponding clips on groups for the ratio of MT, fiber diameter, or FD after 28 and 42 days. There was a significant difference in relative gastrocnemius weight in the CR groups compared with the clips on groups after 42 days. There was no statistical significance between the corresponding groups and time points. Overall average FA ratios showed a significant difference only between the CR group with rASC injection and the clip on the group with CM injection, with overall higher values in the CR groups. The SFI showed better values in the CR groups compared with the clip on groups; however, there was no statistically significant difference between any of these groups and time points.

The relative gastrocnemius weight ratio was inferior in the rASC group compared with functional, histomorphological, and MRI analyses in the rASC group, indicating that functional and morphological analyses are not always correlative, as previously reported.<sup>10</sup> In most animal studies, immunocytochemistry is the standard method used to measure peripheral neural regeneration.<sup>8,23</sup> Although MRI is a highly attractive imaging modality to monitor the maximum efficacy of cellular therapies,<sup>24</sup> only a few investigations have been conducted to date.<sup>8</sup>

Crush injuries usually occur from an acute traumatic compression of the nerve from a blunt object.<sup>25</sup> In chronic compression injuries, a



**Figure 5.** Sciatic function index at 14, 28, and 42 days for each group. Data are expressed as the mean and SEM. \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.0001. ASC, adipose-derived stem cell; CI, confidence interval; CM, culture medium; CR, clip removal; SFI, sciatic function index. [Color figure can be viewed at wileyonlinelibrary.com]

degraded, thinner myelin sheath is seen, as evidenced by an increased g ratio.<sup>25</sup> To ameliorate this, SCs proliferate and increase their metabolism to undergo remyelination.<sup>25</sup>

ASCs produce and release various angiogenic factors, such as vascular endothelial growth factor (VEGF) A, VEGF C, and hepatocyte growth factor, which are known to be responsible for neoangiogenesis and the improvement of stem cell microenvironment for grafts, at higher quantities than SCs.<sup>26,27</sup> Moreover, ASCs might differentiate into SCs<sup>28</sup> and promote nerve regeneration by providing neurotrophic growth factors.<sup>29</sup>

Previous studies sought to restore sciatic nerve function after injury by using artificial nerve conduits and scaffolds as well as by delivering cells directly at the lesion site.<sup>8,10,30,31</sup> The criticism has been raised that this route of administration induces additional trauma to the injection site as well as that it is difficult to treat multiple or diffuse sites of injury.<sup>3</sup> In contrast, in our study, by using an ultrasound guided injection method, the operator was able precisely to assess the correct injection site by being able to visualize swelling of the nerve on the monitor screen during liquid inoculation. Systemic administration of mesenchymal stem cells (MSC) capable of reaching the damaged peripheral nerve injury has been suggested.<sup>3</sup> It is possible that the mechanism promoting nerve regeneration is not due to differentiation of ASCs but rather suggests a bystander effect, including the production of *in situ* molecules, which may modulate the local environment with downregulation of inflammation and promotion of axonal regeneration.<sup>31</sup>

Previous studies have shown that human and autologous stem cell transplantation in a rat sciatic nerve injury model improve peripheral nerve regeneration.<sup>8</sup> Kappos *et al.*<sup>10</sup> recently compared a number of transplantable cells that show promise in peripheral nerve repair. These include rASCs, differentiated rASCs (drASCs), rat SCs, and human ASCs (hASC) from the superficial and deep abdominal layer as well as the human SVF. They found that rats treated with drASCs had a higher mean SFI than those with undifferentiated rASCs and an even higher mean SFI than rats with an autograft.<sup>10</sup>

Pan *et al.*<sup>32</sup> applied hyperbaric oxygen to a rat crushed sciatic nerve that was embedded in a fibrin glue rich with amniotic fluid MSCs. The authors reported that the amniotic fluid MSCs/hyperbaric oxygen combined treatment produced the best effect. However, samples of amniotic membrane must be collected immediately after caesarean surgery.<sup>33</sup> Therefore, we chose rASCs to accelerate peripheral nerve regeneration because it has been shown that ASCs enhance peripheral nerve regeneration in 86% of experiments.<sup>34</sup> Our results are also in line with those of Song *et al.*<sup>35</sup> These researchers reported that ASCs significantly improved the erectile response to cavernous nerve stimulation and increased endogenous phosphor-endothelial nitric oxide synthase phosphorylation and angiogenic factors compared with controls (nerve crush and phosphate buffered saline).<sup>35</sup>

For future studies, we will evaluate the effect of CR-only as a comparison group. Moreover, direct comparison between our groups is limited because we injected rASCs or CM under ultrasonographic control (groups 1 and 2), which requires skills, whereas in the other groups (groups 3 and 4), rASCs or CM were injected to the sciatic nerve by open surgery. In addition, longer term studies are required, including electrodiagnostic tests, and analyses of muscle biopsies are required to determine the ideal strategy for the treatment of sciatic nerve crush injury.

In conclusion, our results indicate that rASCs showed accelerated nerve regeneration in the sciatic nerve crush injury model. Particularly, epineural injection of rASCs with CR showed promising results.

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Ethical Publication Statement: We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

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