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ABT-737 Triggers Caspase-Dependent Inhibition of Platelet Procoagulant Extracellular Vesicle Release during Apoptosis and Secondary Necrosis In Vitro

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Abstract

Platelet lifespan is limited by activation of intrinsic apoptosis. Apoptotic platelets are rapidly cleared from the circulation in vivo. ABT-737 triggers platelet apoptosis and is a useful tool for studying this process. However, in vitro experiments lack clearance mechanisms for apoptotic platelets. To determine whether apoptotic platelets progress to secondary necrosis, apoptosis was triggered in human platelets with ABT-737, a BH3 mimetic. Platelet annexin V (AnV) binding, release of AnV⁺ extracellular vesicles (EVs), and loss of plasma membrane integrity were monitored by flow cytometry. ABT-737 triggered AnV binding, indicating phosphatidylserine exposure, release of AnV⁺ EVs, and a slow loss of plasma membrane integrity. The latter suggests that apoptotic platelets progress to secondary necrosis in vitro. These responses were dependent on caspase activation and Ca²⁺ entry. Surprisingly, although intracellular Ca²⁺ concentration increased, AnV⁺ EV release was not dependent on the Ca²⁺-dependent protease, calpain. On the contrary, ABT-737 downregulated the ability of the Ca²⁺ ionophore, A23187, to trigger calpain-dependent release of AnV⁺ EVs. This was dependent on caspase activity as, when caspases were inhibited, ABT-737 increased the ability of A23187 to trigger AnV⁺ EV release. These data suggest that apoptotic platelets progress to secondary necrosis unless they are cleared. This may affect the interpretation of ABT-737-triggered signaling in platelets in vitro. Ca²⁺-dependent AnV⁺ EV release is downregulated during apoptosis in a caspase-dependent manner, which may limit the potential consequences of secondary necrotic platelets.

Keywords

platelets; apoptosis; microparticles; extracellular vesicles; caspase

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Note

The data are available from the corresponding author on reasonable request.

Authors' Contributions

H.W. performed experiments, analyzed data, and edited the manuscript. M.T.H. designed experiments, wrote, and edited the manuscript

Conflict of Interest

None declared.

Introduction

Human platelets circulate for around 10 days before they are cleared.¹ Although the trigger for platelet clearance has not been fully resolved, intrinsic apoptosis delimits platelet lifespan.² Platelets lacking proapoptotic Bak/Bax have a prolonged circulating half-life in vivo, whereas platelets lacking prosurvival Bcl-xL have a very short circulating half-life.³ Understanding platelet apoptosis is an important step in understanding disorders of platelet number and function, particularly for understanding the consequences of drugs that trigger platelet apoptosis.

Prosurvival Bcl-2 family proteins, including Bcl-xL, are upregulated in many cancers and have become attractive targets for anticancer therapy.^{4,5} Prosurvival Bcl proteins can be inhibited by BH3 mimetics. One BH3 mimetic, ABT-263 (navitoclax), which inhibits Bcl-2 and Bcl-xL, is associated with thrombocytopenia through activation of intrinsic apoptosis in platelets.^{6,7} This has been avoided through the development of a more selective Bcl2 inhibitor, ABT-199 (venetoclax), which has been approved for treatment of chronic lymphocytic leukemia.^{8–10}

BH3 mimetics, such as ABT-737 (an analog of ABT-263), have also become useful tools for investigating apoptosis in platelets in vitro, leading to increased understanding of the signaling that takes place.^{6,7,11–15} ABT-737 induces phosphatidylserine (PS) exposure in platelets in a relatively slow manner—much slower than seen with Ca²⁺ ionophores or procoagulant combinations of agonists (e.g., thrombin plus collagen-related peptides).^{7,16} The greatest extent of PS exposure is seen after 1 to 3 hours' treatment and so signaling studies often also investigate these late time points (e.g., see Refs. 6, 7, 15, and 17). However, it seems likely that an apoptotic platelet would be cleared within this time under normal circumstances.

Clearance of apoptotic cells in the body is usually rapid. If apoptotic cells are not cleared rapidly they undergo secondary necrosis, which may have proinflammatory or immunogenic consequences.¹⁸ In vitro, in contrast, the scavengers of apoptotic cells are not present and hence the apoptotic cells will not be rapidly cleared. In this study, we investigated the effect of ABT-737 on platelets in vitro. We demonstrate that although ABT-737 triggers apoptosis in platelets, this progresses to secondary necrosis in vitro. This has important implications for our understanding of platelet apoptosis. Furthermore, our data show that during apoptosis, calpain-dependent extracellular vesicle (EV) release is downregulated. This may be a protective process to limit the potential prothrombotic consequences of platelet necrosis.

Methods

Washed Platelet Preparation

Blood was drawn by venepuncture into sodium citrate (3.2% v/v) from healthy, drug-free volunteers, who had given written, informed consent in accordance with the Declaration of Helsinki. Use of human blood for these experiments was approved by the Human Biology Research Ethics Committee, University of Cambridge. Acid citrate dextrose (85 mM

trisodium citrate, 71 mM citric acid, 111 mM D-glucose) was added (1:7 v/v) and platelet-rich plasma (PRP) separated by centrifugation ($200 \times g$, 10 minutes). Prostaglandin E₁ (100 nM) and apyrase (Grade VII; 0.02 U/mL) were added to PRP to prevent platelet activation during preparation. Where required, platelets were incubated with either Fluo-4-acetoxymethyl (AM) or calcein-AM (both 1 μ M; 10 minutes). Platelets were pelleted from PRP by centrifugation ($600 \times g$, 10 minutes) and resuspended in HEPES-buffered saline (in mM: 10 HEPES, 135 NaCl, 3 KCl, 0.34 NaH₂PO₄, 1 MgCl₂·6H₂O, pH 7.4; supplemented with 0.9 mg/mL D-glucose) at 5×10^7 platelets/mL. Platelets were rested (30°C, 30 minutes) prior to treatment with inhibitors or stimulation. CaCl₂ (2 mM) was added immediately prior to simulation.

Flow Cytometry Analysis

Following stimulation, samples were stained with fluorescein isothiocyanate (FITC)-conjugated annexin V (AnV) (eBioscience, ThermoFisher, United Kingdom), to detect exposed PS (FL1), unless otherwise indicated, and PE-Cy7-conjugated anti-CD41 antibody (eBioscience, ThermoFisher), to distinguish platelet-derived events. Samples were analyzed using a BD Accuri C6 flow cytometer. PE-Cy7 fluorescence (FL3) was used to trigger event acquisition. PS-positive platelet-derived EVs were defined as CD41⁺/AnV-positive (AnV⁺) events that were smaller than 1 μ m. The 1 μ m gate was set in forward scatter using 1 μ m silica beads.¹⁹ To monitor mitochondrial membrane potential, washed platelets (5×10^7 /mL) were incubated with trimethylrhodamine methyl ester (TMRM; 100 μ M, 30°C, 30 minutes; ThermoFisher) prior to treatment as indicated in the main text. TMRM fluorescence was acquired on FL2.

Immunoblotting

Platelet proteins were detected in platelet lysates by sodium dodecyl sulfate-polyacrylamide gel electrophoresis and immunoblotting, essentially as described previously.¹⁹ Anti-talin antibody (clone 8D4; T3287) was from Sigma (Poole, Dorset, United Kingdom), anti-CD41 antibody (ab134131) was from Abcam, and anti-caspase3 (9662), anti-gelsolin (8090), anti-glyceraldehyde 3-phosphate dehydrogenase (2118), anti-extracellular signal-regulated kinases 1 and 2 (4695), and anti-COX IV (4850) were from Cell Signaling Technology (Danvers, Massachusetts, United States), and anti-cytochrome C (sc-13156) was from Santa Cruz Biotechnology (Dallas, Texas, United States). The secondary antibodies used were horseradish peroxidase-conjugated anti-rabbit immunoglobulin G (IgG) (7074) or anti-mouse IgG (7076; both Cell Signaling Technology).

Data Presentation and Statistical Analysis

Data are reported as mean \pm standard error of the mean from at least 5 independent platelet preparations, compared using one-way or two-way analysis of variance, as appropriate, in GraphPad Prism v5. Concentration response curves were fitted using a four-parameter logistical equation.

Source of Materials

All reagents were obtained from Sigma or ThermoFisher unless otherwise stated above. ABT-737 was from Selleck Chemicals.

Results

ABT-737 Triggers Ca²⁺-Dependent Apoptosis and Secondary Necrosis

To investigate platelet apoptosis *in vitro*, washed human platelets were treated with ABT-737 (10 μM) for up to 3 hours. ABT-737 triggered cytochrome *c* release within 10 minutes (Supplementary Fig. S1A, available in the online version), which was followed by a slower loss of mitochondrial membrane potential (Supplementary Fig. S1B, available in the online version). PS exposure was detected by AnV-FITC binding. ABT-737-treated platelets showed two levels of stimulated AnV binding, AnV^{med} and AnV^{high} consistent with previous reports²⁰ (Fig. 1A, B). Coincident with development of AnV^{high} platelets, AnV⁺ EVs were detected (Fig. 1A). The AnV⁺ EVs detected here are likely to be the largest EVs and probably underestimates the total number of EVs present.¹⁹

ABT-737 also triggered an increase in the intracellular Ca²⁺ concentration ([Ca²⁺]_i), which was detected using Fluo-4-loaded platelets (Fig. 1C). Since the earliest time analyzed in this experiment was 10 minutes, the rapid, transient (< 1 minute) increase in [Ca²⁺]_i that has been previously reported,¹⁷ was not detected in this assay. The increase in [Ca²⁺]_i was largely dependent on the presence of extracellular Ca²⁺, indicated that it is largely due to Ca²⁺ entry. Ca²⁺ entry was required for ABT-737-triggered PS exposure and release of AnV⁺ EVs. AnV binding was significantly inhibited in the absence of extracellular Ca²⁺ (Fig. 1B), as previously reported.²⁰ In addition, release of AnV⁺ EVs was also abolished (Fig. 1D). Notably, CaCl₂ was present in the AnV staining buffer, as it is required for AnV binding to PS. In control experiments, AnV readily bound to heat-killed platelets when Ca²⁺ was absent during the treatment and only present in the staining buffer (see Fig. 2A, for an example).

In contrast, chelation of intracellular Ca²⁺ by treating platelets with BAPTA-AM (20 μM) had less effect. The total percentage of AnV⁺ platelets was not affected. Instead, the percentage of AnV^{high} platelets was reduced (at 180 minutes, 5.9 ± 0.8% were AnV^{high}, compared with 44.7 ± 1.1%; *n* = 5; *p* < 0.001) and the percentage of AnV^{med} platelets correspondingly increased (at 180 minutes, 50.3 ± 2.2% were AnV^{med}, compared with 23.6 ± 2.4%; *n* = 5, *p* < 0.001), so that the total percentage of AnV⁺ platelets was only slightly reduced (56.2 ± 2.3% in BAPTA-loaded platelets, compared with 68.3 ± 3.0%; *n* = 5, *p* < 0.05). Release of AnV⁺ EVs was abolished (Fig. 1D), suggesting that their release is linked to the development of AnV^{high} platelets, and not AnV^{med} platelets.

Furthermore, some platelets lost plasma membrane integrity, as detected by loss of calcein fluorescence (Fig. 2A), indicating that these platelets had progressed to secondary necrosis. Following 3 hours' treatment with ABT-737, 31.1 ± 1.3% (Fig. 2B; *n* = 5) of platelets had lost plasma membrane integrity. In contrast, following 3 hours' treatment with the solvent, dimethyl sulfoxide (DMSO), only 1.4 ± 0.1% of platelets had lost plasma membrane integrity (not shown in Fig. 2B for clarity). Absence of extracellular Ca²⁺ prevented

secondary necrosis, with only $1.6 \pm 0.2\%$ (Fig. 2B; $n = 5$) of platelets losing plasma membrane integrity. Similarly, BATPA-loading also prevented secondary necrosis, with only $6.0 \pm 0.4\%$ (Fig. 2B; $n = 5$) of platelets losing plasma membrane integrity. Together, these data show that ABT-737 triggers secondary necrosis in a Ca^{2+} -dependent manner.

ABT-737-Induced Platelet Apoptosis is Caspase-Dependent Whereas Secondary Necrosis Requires Calpain

Cell death mechanisms often require intracellular proteases.²¹ ABT-737 triggered cleavage of caspase-3 and its substrate, gelsolin (Supplementary Fig. S2, available in the online version). Platelet AnV binding, AnV⁺ EV release, and loss of calcein fluorescence were inhibited by the pan-caspase inhibitor, QVD-Oph (50 μM ; Fig. 3). QVD-Oph did not inhibit cytochrome *c* release from mitochondria, consistent with this being upstream of caspase activation during intrinsic apoptosis (Supplementary Fig. S1A, available in the online version) but did prevent the loss of mitochondrial membrane potential (Supplementary Fig. S1B, available in the online version). In contrast, the Ca^{2+} -dependent protease, calpain, had a more restricted role in these responses. Calpeptin (140 μM), a calpain inhibitor, partially inhibited AnV^{high} binding, with a corresponding increase in AnV^{med} binding (Fig. 3A). Calpeptin did not significantly affect the loss of mitochondrial membrane potential (Supplementary Fig. S1B, available in the online version). Although calpain activation is required for release of AnV⁺ EVs in response to Ca^{2+} ionophores or prothrombotic agonists,^{19,22,23} calpeptin had a statistically significant, but small, inhibition of AnV⁺ EVs in response to ABT-737 (Fig. 3B). Thus, calpain has a relatively restricted role in the release of these AnV⁺ EVs.

Interestingly, calpeptin inhibited the loss of calcein fluorescence in ABT-737-treated platelets (Fig. 3C, D), indicating that calpain activation in apoptotic platelets leads to loss of plasma membrane integrity. In addition, the percentage of AnV^{high} platelets was partially reduced ($29.2 \pm 2.1\%$ in calpeptintreated platelets, compared with $50.5 \pm 2.3\%$ in DMSO-treated platelets; $n = 5$; $p < 0.01$; Fig. 3A). Some of these AnV^{high} platelets may in fact be secondary necrotic platelets with a compromised plasma membrane.

Calpain-Dependent Release of AnV⁺ EVs is Downregulated during Apoptosis

It was surprising that calpain is only weakly involved in ABT-737-triggered release of AnV⁺ EVs, since calpain is required for release of AnV⁺ EVs in response to Ca^{2+} ionophores or procoagulant agonists.^{19,23} We hypothesized that ABT-737 treatment might somehow reduce the ability of calpain to promote release of AnV⁺ EVs. To investigate this further, platelets were treated with ABT-737 for 3 hours in the absence of extracellular Ca^{2+} (as very few AnV⁺ EVs are released under these conditions). The platelets were then stimulated with the Ca^{2+} ionophore, A23187 (10 μM), for 10 minutes in the presence of extracellular Ca^{2+} , to trigger a large increase in intracellular Ca^{2+} concentration (Fig. 4A). A Ca^{2+} ionophore was used rather than physiological agonists that also trigger AnV⁺ EV release (such as thrombin and collagen-related peptide) since ABT-737 treatment disrupts the responses to these agonists,^{6,7} whereas the Ca^{2+} ionophore can bypass these disruptions.

As expected, A23187/CaCl₂ rapidly triggered release of AnV⁺ EVs, whereas ABT-737 triggered very little release of AnV⁺ EVs in the absence of extracellular Ca²⁺ (Fig. 1D). However, treatment with ABT-737 inhibited the AnV⁺ EV release in response to subsequent stimulation with A23187/CaCl₂ (Fig. 4B, C). A23187-triggered PS exposure was unaffected (Fig. 4D). A23187/CaCl₂ was still able to activate calpain under these conditions, as shown by cleavage of talin (Fig. 4E). These data suggest that Ca²⁺/calpain-dependent release of AnV⁺ EVs are down-regulated during apoptosis. The importance of this process is seen when apoptosis was activated but caspases were inhibited (Fig. 4B, C). These platelets released *more* AnV⁺ EVs in response to A23187, indicating that ABT-737 makes platelets more sensitive to A23187 if caspases are not activated.

Discussion

Apoptosis of platelets *in vivo* leads to their rapid clearance from the circulation.^{3,6} Platelet apoptosis can be activated *in vitro* by ABT-737, making this a useful tool to study the signaling events involved. ABT-737-induced platelet death has been described as apoptosis since ABT-737 triggers cytochrome c release and caspase-3 activation. ABT-737-induced platelet death was not only blocked by caspase inhibitors^{6,7} but also absent in *Bak*^{-/-}*Bax*^{-/-} mouse platelets,³ further indicating that it is dependent on the intrinsic apoptosis pathway. However, our data indicate that the responses to ABT-737 *in vitro* are not a single event, but a temporal sequence of stages leading through to secondary necrosis, each regulated differently by intracellular signaling. These are distinguished by the level of AnV binding, release of AnV⁺ EVs, and loss of plasma membrane integrity (Fig. 5). We propose that this last stage represents secondary necrosis.

Two levels of AnV binding were detected, AnV^{med} and AnV^{high}. The latter is similar to the level seen in platelets stimulated with the Ca²⁺ ionophore, A23187, or procoagulant combinations of agonists (e.g., thrombin plus collagen-related peptides).¹⁹ van Kruchten et al reported a similar pattern in platelets from healthy donors.²⁰ (The “M2” population in their study corresponds to AnV^{med} here, and “M3” corresponds to AnV^{high} here.) One important observation from their study was that when platelets from a patient with Scott syndrome were treated with ABT-737, most AnV⁺ platelets were AnV^{med}, with few AnV^{high} platelets. Similarly, in ABT-737-treated platelets from *Tmem16f*^{-/-} mice, most AnV⁺ platelets were AnV^{med} rather than AnV^{high}.²⁴ This suggests that the higher level of PS exposure is due to activation of the Ca²⁺-dependent phospholipid scramblase, TMEM16F, which is defective in Scott syndrome.²⁵ TMEM16F is not responsible for the lower level of PS exposure (AnV^{med}). Another scramblase may be involved, such as the caspase-activated scramblase, XKR8,²⁶ although this has yet to be reported in platelets.

TMEM16F may be activated by the slow rise in [Ca²⁺]_i detected in Fluo-4-loaded platelets.⁷ This rise was largely due to Ca²⁺ entry, as it was substantially reduced in the absence of extracellular Ca²⁺. PS exposure was also dependent on extracellular Ca²⁺, as absence of extracellular Ca²⁺ reduced the percentage of AnV^{high} and AnV^{med} platelets. Interestingly, chelation of intracellular Ca²⁺ with BAPTA has less effect. AnV^{high} binding was inhibited, but AnV^{med} binding was slightly enhanced. A similar result is seen in van Kruchten et al.²⁰ This suggests that intracellular BAPTA inhibits the large [Ca²⁺]_i signals required to activate

TMEM16F but has little effect on the TMEM16F-independent scrambling pathway. In contrast, there is an additional role for extracellular Ca^{2+} . This may be to support Ca^{2+} entry, or there may be an extracellular site of action.²⁷ Whatever the precise roles of Ca^{2+} in these two pathways of PS exposure, “apoptosis” in response to ABT-737 has distinct stages regulated in different manners.

After prolonged treatment with ABT-737, some platelets lost plasma membrane integrity, suggesting that these platelets have entered secondary necrosis. The progression to secondary necrosis required caspase activation and extracellular and intracellular Ca^{2+} . It also required calpain, a Ca^{2+} -dependent protease (Fig. 5). Calpain is a major effector of necrotic cell death, and its substrates include cytoskeletal proteins, ion transporters, adhesion molecules, kinases, phosphatases, and phospholipases.^{28,29} The role of calpain in secondary necrosis may account for its small apparent role in PS exposure where the percentage of AnV^{high} platelets was partly reduced (Fig. 3A). Some of these AnV^{high} platelets may in fact be secondary necrotic platelets with a compromised plasma membrane. This has an important consequence for interpreting in vitro studies with ABT-737, many of which show a similar, partial inhibitions of the percentage of platelets that bind AnV.^{12,14,15} Although these studies are usually interpreted as showing the role of different signaling pathways in platelet apoptosis, it is possible that they are instead showing effects on secondary necrosis.

Surprisingly, calpain has little role in the release of AnV⁺ EVs during platelet apoptosis. It is surprising since calpain is required for AnV⁺ EV release in response to Ca^{2+} ionophores or procoagulant agonists.³⁰ The AnV⁺ EVs appear to derive from the AnV^{high} platelets, since BAPTA inhibited AnV^{high} binding and AnV⁺ EV release. AnV^{high} platelets have a similar level of PS exposure to procoagulant platelets and, as discussed above, are likely to require TMEM16F in the same way as agonist-induced procoagulant platelets. Thus, the AnV^{high} platelets and the AnV⁺ EVs generated by ABT-737 appear the same as those generated by procoagulant agonists. The difference is that ABT-737 stimulation first triggers caspase activation (with AnV^{med} binding), and AnV^{high} binding develops more slowly from these platelets. Our data show that caspase activation inhibits the ability of platelets to subsequently release AnV⁺ EVs in response to A23187. It appears that caspases downregulate calpain-dependent AnV⁺ EV release. This may be important to limit the procoagulant consequences of platelets undergoing apoptosis. ABT-737 triggers mitochondrial outer membrane permeabilization (MOMP) within 10 minutes through Bax/Bak but independently of subsequent caspase activation (Supplementary Fig. S1 [available in the online version] and Ref.³¹). During apoptosis, MOMP allows mitochondrial cytochrome c release and activation of effector caspases.³² MOMP also leads to gradual decline of mitochondrial function.^{32–34} This disruption of mitochondrial function may make platelets more sensitive to procoagulant stimuli, such as Ca^{2+} ionophores. This was seen when ABT-737 increased the release of AnV⁺ EVs in response to A23187 when caspases were inhibited. Caspases may therefore limit the potential consequences of this by inhibiting Ca^{2+} /calpain-dependent release of AnV⁺ EVs.

Together these data suggest that induction of apoptosis in platelets triggers a temporal sequence of events. Initially, apoptotic stimuli such as ABT-737 lead to activation of effector caspases. PS is exposed, which acts as an “eat-me” signal for clearance of the apoptotic

platelet.³⁵ At the same time, platelets become more sensitive to some procoagulant stimuli that cause an acute rise in $[Ca^{2+}]_i$. However, caspases inhibit calpain-dependent release of AnV⁺ EVs, providing a period of reduced capacity to activate platelets, allowing for their safe clearance from the circulation.

However, if the platelet is not cleared (as it will not in vitro owing to lack of scavenger cells), calpain activation leads to loss of plasma membrane integrity and secondary necrosis. Although it is unlikely that platelets normally reach this stage in vivo, rapid induction of apoptosis in many platelets could temporarily overwhelm the capacity to clear them. Circulating AnV⁺ platelets were readily detectable following ABT-737 administration in mice and an approximately 90% loss of platelet count.⁶ This suggests that if a chemotherapy agent rapidly induced widespread platelet death, the clearance of these dead cells could be temporarily overwhelmed. Impaired clearance and accumulation of secondary necrotic cells has been associated with activation of the adaptive immune system and chronic inflammation.¹⁸ Necrotic cells release intracellular molecules that act as extracellular signal molecules, known as damage-associated molecular patterns (DAMPs), that activate innate immune cells via receptors including Toll-like receptors.^{36,37} Many DAMPs are now also associated with thrombosis.^{38–40} Although secondary necrotic cells may also release DAMPs, these may have been modified by prior activation of caspases during apoptosis, leading to a different pattern of inflammatory and immunogenic events.⁴¹ Impaired clearance of apoptotic cells is also associated with the development of autoantibodies against intracellular antigens and chronic inflammation.^{18,42} Although the consequences of platelet secondary necrosis are yet to be determined, a large number of circulating secondary necrotic cells would have the potential to promote acute and chronic inflammation.

In summary, apoptotic platelets progress to secondary necrosis unless they are cleared. Some of the signaling events described in vitro may reflect platelet secondary necrosis, rather than early apoptosis. AnV⁺ EV release is downregulated during apoptosis in a caspase-dependent manner, which may limit the prothrombotic consequences of cell death.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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What is known about this topic?

- Platelet lifespan is controlled by intrinsic apoptosis.
- BH3 mimetics, such as ABT-737, can trigger platelet apoptosis in vivo and in vitro.
- ABT-737 is commonly used to study the signaling involved in platelet apoptosis in vitro.

What does this paper add?

- Apoptotic platelets progress to secondary necrosis in vitro as they are not cleared.
- The intracellular signaling involved in the stages of apoptosis and secondary necrosis is different, which affects the interpretation of platelet apoptosis studies in vitro.
- During platelet apoptosis, caspases downregulate the release of procoagulant extracellular vesicles from platelets in response to stimulation.

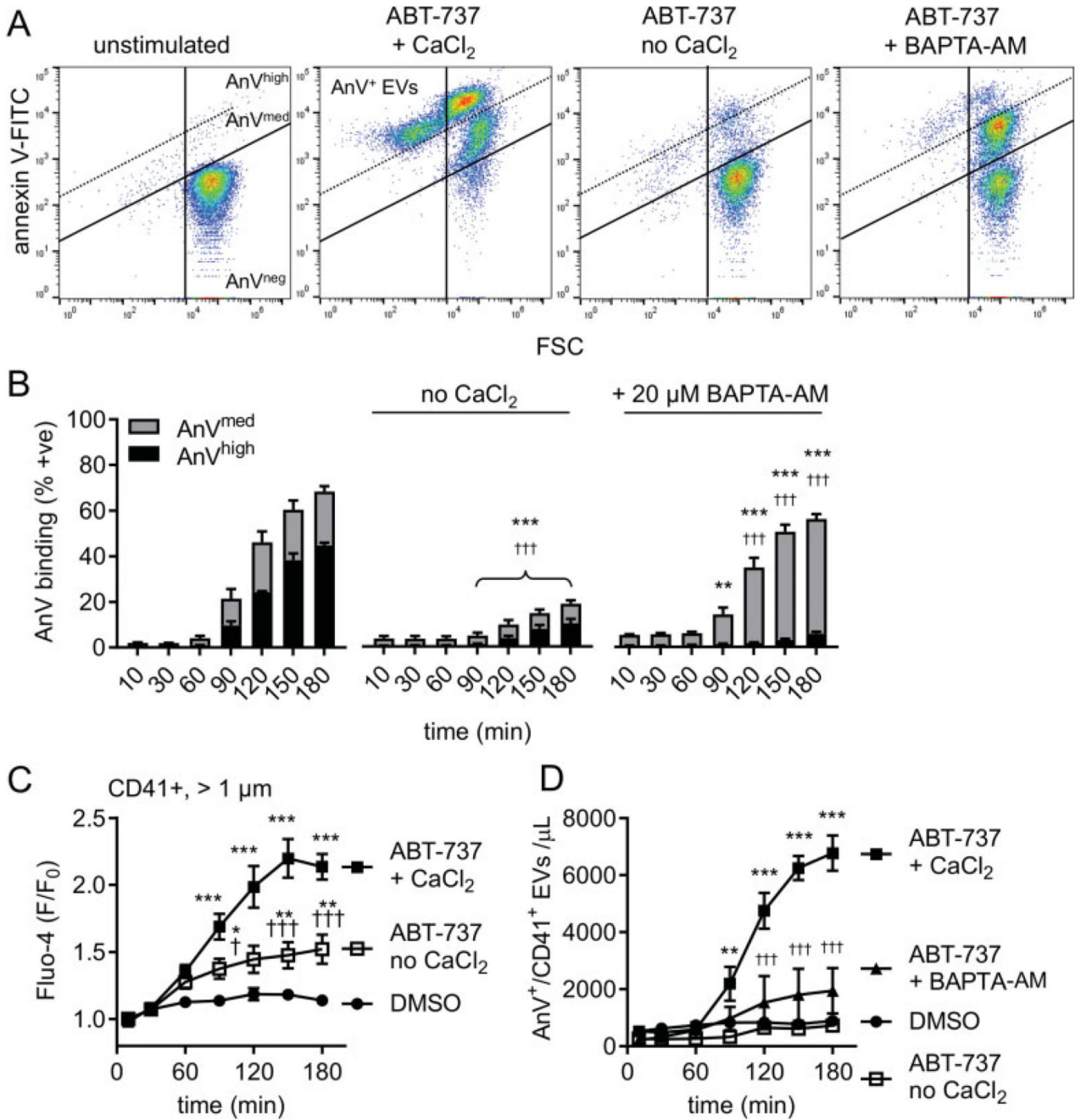


Fig. 1. ABT-737 triggers Ca²⁺-dependent phosphatidylserine (PS) exposure. (A) Washed human platelets were stimulated with ABT-737 (10 μM, 3 hours), after which samples were stained with anti-CD41-PerCP-Cy7, and annexin V (AnV)-fluorescein isothiocyanate (FITC) to detect PS exposure. PerCP-Cy7 fluorescence was used to trigger acquisition of CD41+ events. The panels show density plots of events from low density (blue) to high density (red) of forward scatter (FSC-A) and FITC fluorescence. Unstimulated platelets have high FSC-A and low annexin V-FITC binding (AnV^{neg}). Stimulation with ABT-737 triggers PS exposure

at two levels (AnV^{med} and AnV^{high}). The vertical line separating left and right was defined by the FSC-A of 1 μ m silica beads. The density plots are representative of data from 5 different donors. The percentage of platelets with indicated AnV binding in the presence or absence of extracellular CaCl₂, or in platelets treated with 20 μ M BAPTA-AM ($n = 5$) is shown in (B) ($n = 5$; ** $p < 0.01$, *** $p < 0.001$ for AnV^{high} compared with platelets with CaCl₂; ††† $p < 0.001$ for AnV^{med} compared with platelets with CaCl₂). (C) Fluo-4-loaded platelets were stimulated with ABT-737 (or dimethyl sulfoxide [DMSO] as vehicle control) for the indicated times. The Fluo-4 fluorescence of platelets (CD41 + , > 1 μ m) is shown normalized to the fluorescence of platelets prior to stimulation (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ compared with DMSO-treated; † $p < 0.05$, †† $p < 0.01$ for no CaCl₂ compared with + CaCl₂ condition). (D) Number of AnV⁺ extracellular vesicles (EVs) following stimulation with ABT-737 for the indicated times in the presence or absence of extracellular CaCl₂ or in BAPTA-AM treated platelets ($n = 5$) (** $p < 0.01$, *** $p < 0.001$ compared with DMSO-treated; ††† $p < 0.001$ for ABT-737 + BAPTA-AM compared with ABT-737 + CaCl₂; for clarity, comparison of ABT-737 no CaCl₂ with ABT-737 + CaCl₂ or with DMSO-treated is not shown).

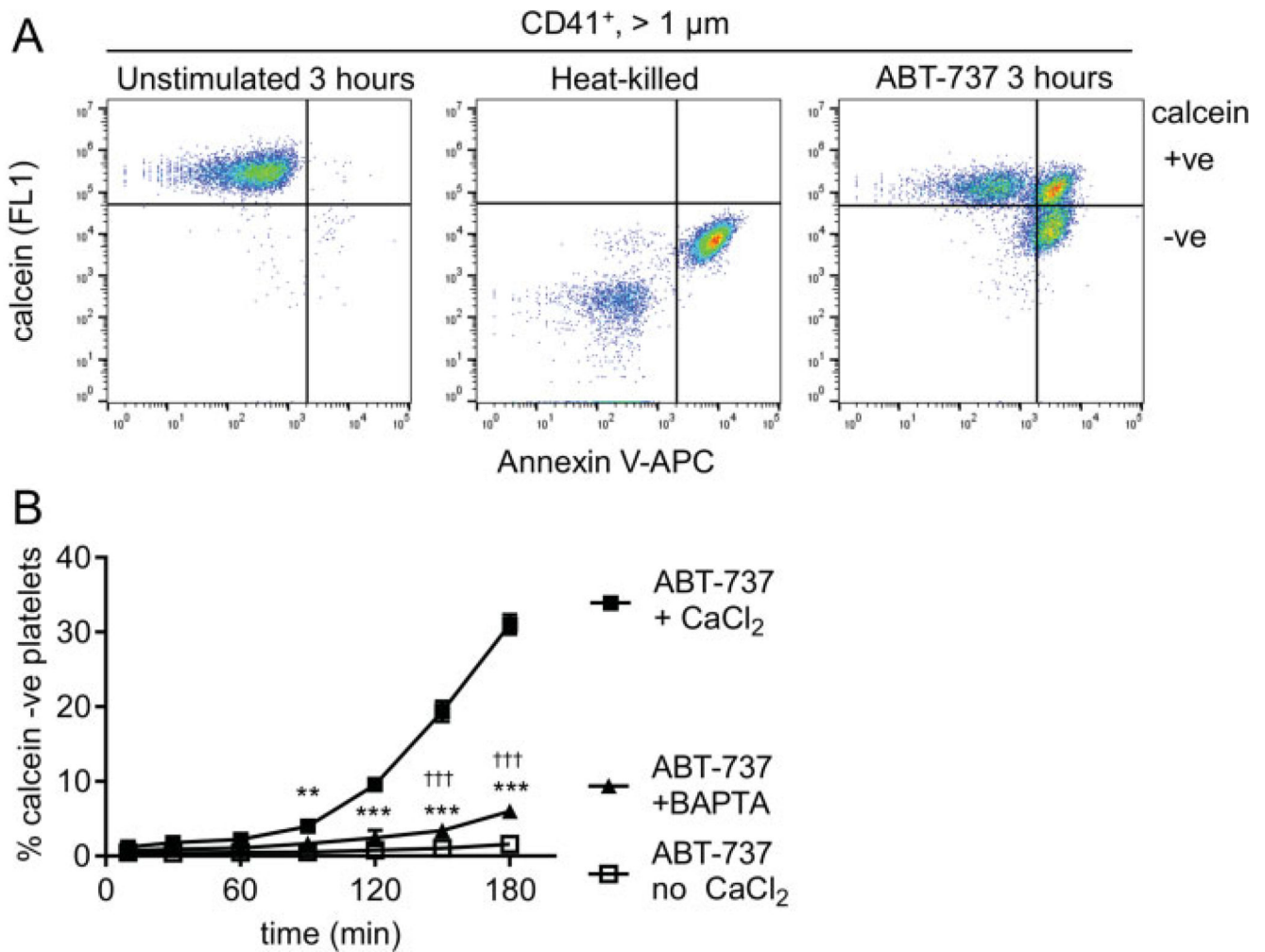


Fig. 2. ABT-737 treatment leads to secondary necrosis. (A) Platelets were loaded with calcein, treated as indicated and stained with anti-CD41-PerCP-Cy7, and annexin V-APC. Density plots are gated on platelets (CD41⁺, > 1 μ m) and are representative of 5 independent experiments. The percentage of calcein negative (-ve) platelets is shown in (B) ($n=5$; *** $p < 0.01$ for CaCl₂ vs. no CaCl₂; ††† $p < 0.001$ for CaCl₂ vs. BAPTA).

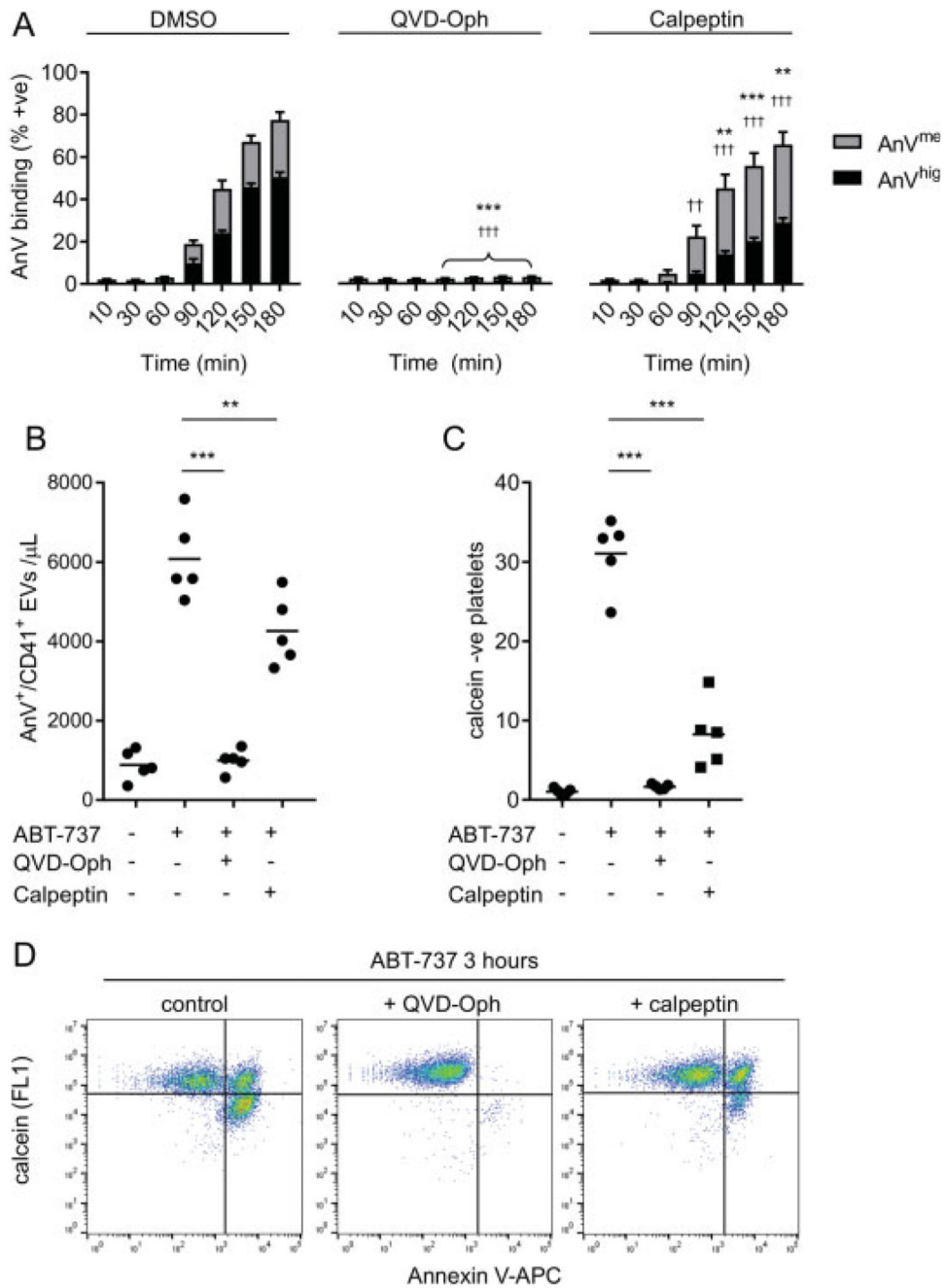


Fig. 3. ABT-737-induced platelet apoptosis is caspase-dependent whereas secondary necrosis requires calpain. (**A**, **B**) Platelets were treated with the caspase inhibitor, Q-VD-Oph (50 μ M), the calpain inhibitor, calpeptin (140 μ M), or the vehicle (dimethyl sulfoxide [DMSO]) prior to stimulation with ABT-737 for the indicated times. The percentage of platelets with the indicated level of annexin V (AnV) binding is shown in (**A**) ($n = 5$; $**p < 0.05$, $***p < 0.01$ for AnV^{high} compared with DMSO-treated platelets; $\dagger\dagger p < 0.01$, $\dagger\dagger\dagger p < 0.001$ for AnV^{med} compared with DMSO-treated platelets). The number of AnV⁺ extracellular

vesicles (EVs) detected is shown in **(B)** ($n = 5$; $**p < 0.01$, $***p < 0.001$ compared with ABT-737-treated platelets). **(C, D)** Calcein-loaded platelets were treated with Q-VD-Oph or calpeptin then with ABT-737. The mean percentage of calcein -ve platelets is shown in **(C)**, and representative density plots are shown in **(D)** ($n = 5$; $***p < 0.01$ compared with ABT-737-treated platelets).

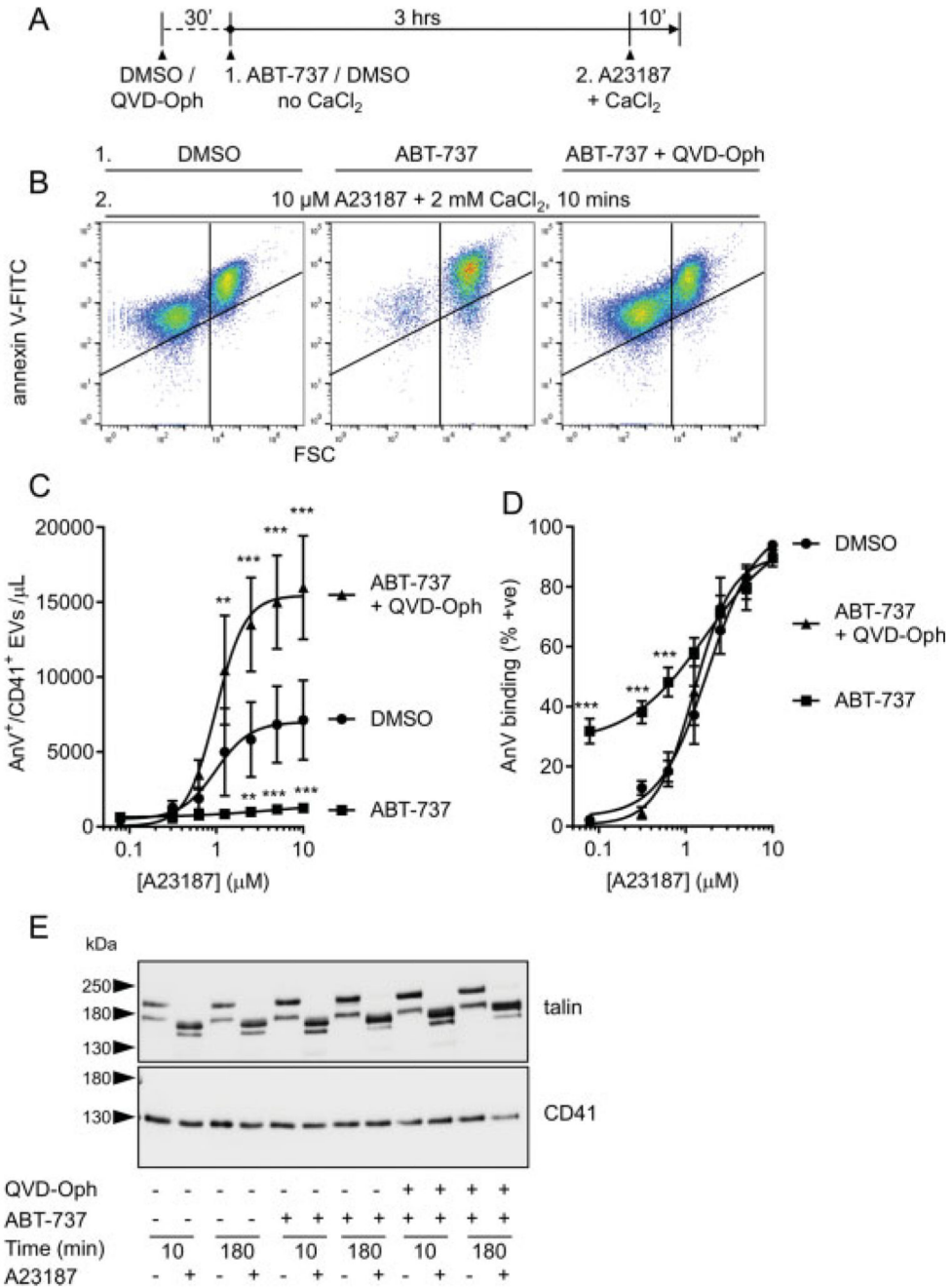


Fig. 4. Calpain-dependent release of annexin V-positive (AnV⁺) extracellular vesicle (EVs) is downregulated during apoptosis. **(A)** Scheme of the experiment. Platelets were treated with Q-VD-Oph (or dimethyl sulfoxide [DMSO] as vehicle control; 30 minutes) prior to ABT-737 (10 μM; or DMSO) in the absence of extracellular CaCl₂. After 3 hours of ABT-737, platelets were treated with various concentrations of Ca²⁺ ionophore, A23187, with 2 mM CaCl₂, for 10 minutes. Representative density plots are shown in **(B)**. The number of AnV⁺ EVs detected is shown in **(C)**, and total platelet AnV binding (AnV^{med} +

AnV^{high} is shown in **(D)** ($n = 5$; ** $p < 0.01$, *** $p < 0.001$ compared with DMSO-treated platelets). In **(E)**, platelets were treated with ABT-737 for 10 or 180 minutes in the same manner as for **(A–D)**. Subsequent A23187 stimulation (10 μ M, 10 minutes) led to cleavage of the calpain substrate, talin, which is unaffected by either ABT-737 or Q-VD-Oph. The blot was stripped and reprobed for CD41, as a loading control, and is representative of 5 independent experiments.

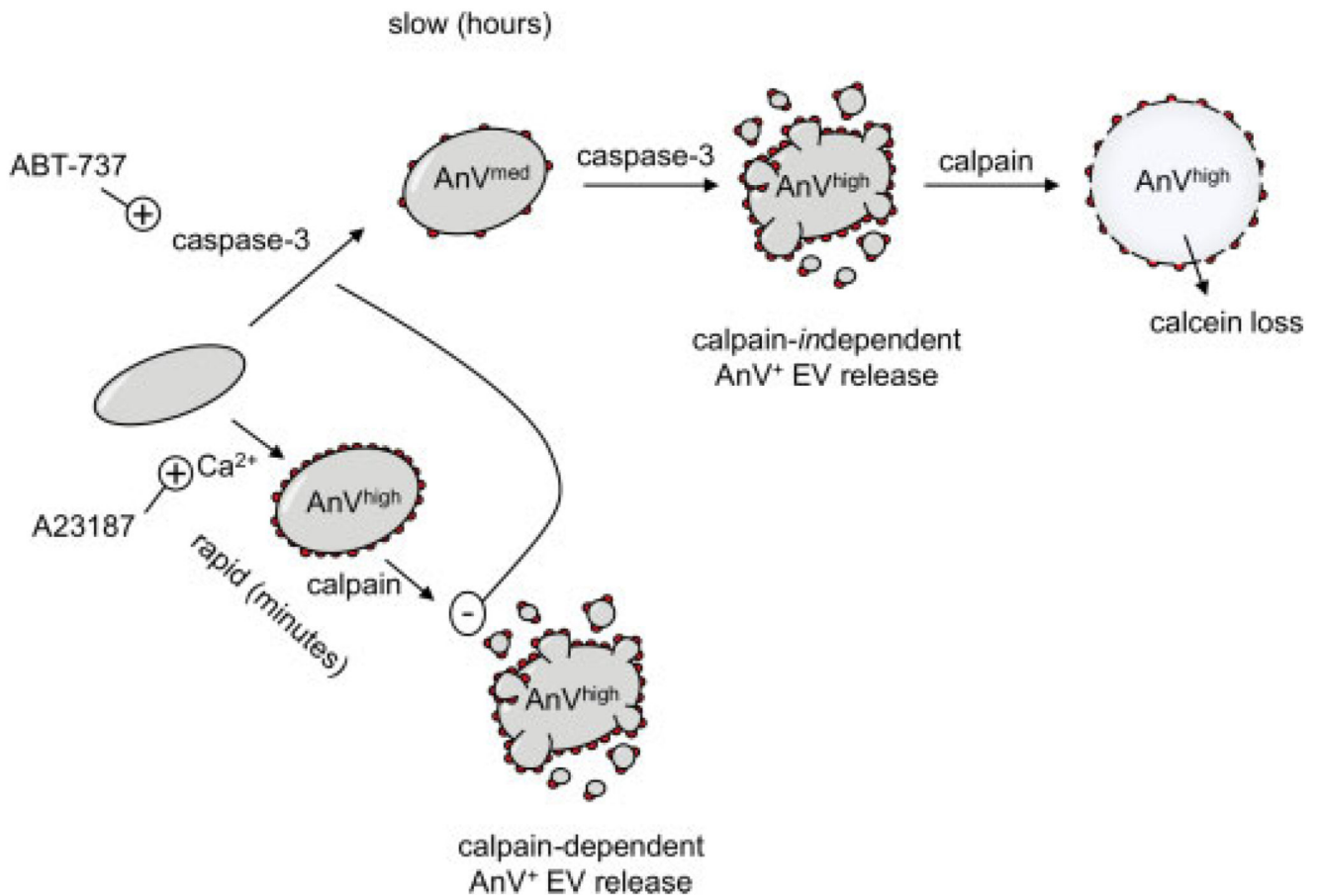


Fig. 5. ABT-737 triggers apoptosis and secondary necrosis. ABT-737 triggers a sequence of responses in platelets that can be distinguished by their sensitivity to different inhibitors. Medium phosphatidylserine (PS) exposure (annexin V [AnV^{med}] binding) is triggered in a caspase-dependent manner. There is a slow progression to higher PS exposure (AnV^{high} binding), which is blocked by chelation of intracellular Ca²⁺ by BAPTA. These platelets release AnV-positive (AnV⁺) extracellular vesicles (EVs) in a calpain-independent manner. Slowly, platelets begin to lose plasma membrane integrity, becoming secondary necrotic. This is dependent on calpain. Caspase activation is required for all these responses and downregulates the rapid release of AnV⁺ EVs in response to A23187 and an acute increase in intracellular Ca²⁺. Thus, platelet apoptosis slowly progresses to secondary necrosis if it is not cleared. During the early apoptotic phase, caspases also protect platelets from the effects of prothrombotic stimuli by downregulating the rapid release of prothrombotic EVs.