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# Ambidexterity and Left-Handedness Induced by Geminally Disubstituted $\gamma$ Amino Acid Residues in Chiral 3<sub>10</sub> Helices

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There are only a few reports of ambidexterity in single-peptide molecules composed of either mixed L and D or achiral residues. Here, we report, for the first time, the ambidextrous and left-handed helical conformations in the chiral nonapeptides P1– P3 (Boc-LUVU $\gamma^{x,x}$ ULUV-OMe where U = Aib, x,x = 2,2/3,3/4,4), containing chiral L  $\alpha$  amino acid residues, in addition to the usually observed right-handed helical conformation. The centrally located achiral  $\gamma$  residue, capable of adopting both left and right-handed helical conformations, induces its handedness on the neighboring chiral and achiral residues, leading to the observation of both left and right-handed helices in P2 and P3. The presence of a single water molecule proximal to the  $\gamma$ 



residue induces the reversal of helix handedness by forming distinct and stable water-mediated hydrogen bonds. This gives rise to ambidextrous helices as major conformers in P1 and P2. The absence of the observation of ambidexterity in P3 might be due to the inability of  $\gamma^{4,4}$  in the recruitment of a water molecule. Experiments (NMR, X-ray, and CD) and density functional theory (DFT) calculations suggest that the position of geminal disubstitution is crucial for determining the population of the amenable helical conformations (ambidextrous, left and right-handed) in these chiral peptides.

# INTRODUCTION

Nature is chiral and manifests this at different levels of complexity. Helices ( $\alpha$ ,  $\beta_{10}$  and  $\pi$ ) are integral parts of the secondary structural elements of proteins. Naturally occurring helices are right-handed due to the L configuration of the constituent amino acid residues. These have negative signs for both backbone torsion angles  $(\phi, \psi)$  and appear in the bottom left quadrant of the Ramachandran map. However, there are a few examples of short left-handed helices in protein crystal structures composed of all L amino acid residues or a mixture of L and D amino acid residues.<sup>1,2</sup> Left-handed helices have also been reported in a few small synthetic peptides containing L  $\omega$ amino acid residues.<sup>3,4</sup> Ambidexterity is very rarely observed in organisms as well as in molecules. There are only a few examples where blocks of L and D amino acid residues upon being used alternately gave rise to ambidextrous helices both in crystals, solution, and in the gas phase.<sup>5,6</sup> Gopi and coworkers reported ambidexterity in achiral hybrid  $(\alpha \gamma)_n$  peptide molecules, which were composed of achiral  $\alpha$  amino acid residue Aib and  $\gamma$  amino acid residue 4-amino-3,3-dimethylbutanoic acid.<sup>7</sup> Though for achiral peptides, right and left-handed helices are topologically equivalent enantiomers, observation of ambidexterity is still a rare phenomenon. The use of alternating L and D amino acid residues led to the formation of double

helical conformation as in gramicidin or feglymycin, which contained a huge central pore.<sup>8,9</sup> This structure was stabilized by intermolecular hydrogen bonds between the antiparallel strands of the helix as is present in the  $\beta$ -sheet structures.

Geminally disubstituted  $\alpha$  amino acid residues like Aib and Ac<sub>6</sub>c and higher homologues of  $\alpha$  amino acid residues like  $\beta$ -Ac<sub>6</sub>c, Gpn, 4-amino-4,4-dimethylbutanoic acid, etc., have been used in generating helical structures in short synthetic peptides.<sup>10–25</sup> This is because of the tendency of the flanking torsion angles about the point of disubstitution to adopt gauche conformations, which are well accommodated in the helical structures. Higher homologues of  $\alpha$  amino acid residues, called  $\omega$  amino acid residues, have been accommodated into well-folded helical structures that are stabilized by expanded analogues of the canonical C<sub>10</sub>/C<sub>13</sub> hydrogen bonds that are observed in all  $\alpha$  amino acid-containing peptide helices.<sup>16–35</sup>

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With the intention of understanding the relative ease of accommodating a single differently geminally disubstituted  $\gamma$  amino acid residue as a guest into all  $\alpha$  amino acid-containing peptide helices, without disrupting the helical structure, we have incorporated a single  $\gamma^{2,2}$ ,  $\gamma^{3,3}$ , or  $\gamma^{4,4}$  amino acid residue at the central position of a model chiral  $\alpha$ -helical peptide scaffold Boc-Leu-Aib-Val-Aib- $\gamma^{x,x}$ -Aib-Leu-Aib-Val-OMe (x,x = 2,2/3,3/4,4) to generate peptides P1-P3, respectively (Figures 1a and S1). The energetics of the experimentally observed conformations of P1-P3 were studied by density functional theory (DFT) calculations.



Figure 1. (a) Chemical structure of peptides P1-P3 and (b) analytical HPLC traces of P1-P3 showing the presence of two populants in solution. The populants of P1-P3 are present in the ratios of ~60:40, 70:30, and 50:50, respectively.

Herein, we have reported the observation of ambidextrous helix with opposite handedness in single-peptide molecules in crystals and solution of P1 and P2. We have also reported the observation of the left-handed helix (centrally expanded  $3_{10}$ helix) in P2 and P3 along with the observation of the usual right-handed helix (centrally expanded  $3_{10}$  helix) in all of the peptides P1–P3. To the best of our knowledge, this is the first report of an ambidextrous helix and left-handed helices in L amino acid-containing chiral peptides. Hereafter, throughout this study, the "centrally expanded  $3_{10}$  helix" has been abbreviated as the CE3<sub>10</sub> helix.

#### RESULTS AND DISCUSSION

Peptides P1-P3 (Figure 1a) were synthesized using the standard solution-phase synthesis strategy (Scheme S1, Supporting Information (SI)), purified using high-performance liquid chromatography (HPLC), and characterized using

analytical HPLC, matrix-assisted laser desorption/ionizationtime of flight (MALDI-TOF), <sup>1</sup>H NMR (600 MHz), and <sup>13</sup>C (150 MHz) (Figures S2–S10). It should be noted that all of the <sup>1</sup>H NMR spectra of **P1–P3** showed the presence of water peaks (Figures S5–S7), indicating its presence in the solution.

Analytical HPLC. Upon performing analytical HPLC using an ACN/H<sub>2</sub>O solvent system, all of the peptides P1-P3 gave rise to two peaks each in their respective chromatograms (Figure 1b). Table S1 summarizes the retention time of the peaks that appeared in the chromatogram. MALDI-mass spectrometry (MALDI-MS), performed to ascertain the chemical identity of the eluents, indicated an identical molecular mass of the components obtained from the two peaks for all of the peptides (Figures S2–S4 and Table S1). This ruled out the possibility of the presence of impurities and suggested that the peaks were either conformers or diastereomers of P1-P3. The area under the peaks for the peptides P1, P2, and P3 was in the ratios of ~6:4, 7:3, and 1:1, respectively. Apart from that, additional small peaks are also observed between the two prominent peaks with identical molecular mass of the peptide, suggesting the presence of other possible conformers in the solution (Figures S11-S13). To understand the retained secondary structure of the two conformers in solution, the isolated fractions were reinjected into the HPLC, and only one peak in the chromatogram for all fractions was observed (Figures S14-S19). For this study, different solvent gradients have been used, due to which the retention time of the individual fractions has changed a bit compared to the previous results shown in Figure 1. However, the difference in the retention time between the two fractions from the same peptide remains intact. Therefore, it is evident that the secondary structures of the conformations are retained in the solution even after the reinjection.

**Confirmation of the Presence of Multiple Conformations in Solution for P1–P3.** *1D* <sup>1</sup>*H NMR.* Figure 2 shows the stacked plots of the NH region of 600 MHz <sup>1</sup>H NMR spectra of the peptides **P1–P3.** Two prominent sets of peaks were clearly visible in the spectra for all three peptides **P1–P3,** in addition to one set of very small peaks, as earlier observed in the analytical HPLC. We have not studied the conformations contributing to the small peaks owing to their very meager population distribution.

Complete annotation of the NMR signals was performed using two-dimensional nuclear magnetic resonance (2D NMR) techniques like total correlation spectroscopy (TOCSY) (Figures S20–S22) and rotating frame Overhauser effect spectroscopy (ROESY). Chemical shifts of all of the signals from the two sets of peaks have been tabulated in the SI (Tables S2–S7). The ratios of the peak intensities for the two sets of peaks were 6:4, 7:3, and ~1:1 for P1, P2, and P3, respectively, which were similar to the ratios of the area under the peaks obtained in analytical HPLC earlier. This suggested that the purified peptides were a mixture of two distinct species in solution, which could either be diastereomers or conformers. Both sets of peaks in the spectra were completely welldispersed for each peptide P1–P3, which indicated a wellfolded structure for the peptides.

**Variable Temperature NMR.** In order to determine the effect of temperature on the population of the species observed for P1–P3 in solution, we performed variable temperature NMR experiments. Upon heating/cooling, the rate of interconversion of the conformers becomes faster/slower, thereby altering the appearance of the signals.<sup>36</sup> Figures 3, S23



Figure 2. Partial 1D <sup>1</sup>H NMR spectra representing the amide proton resonances of (a) P1, (b) P2, and (c) P3 in  $CDCl_3$  at 298 K. Two distinct sets of peaks (labeled in red and blue) are present in all three peptides. The integration of the NH signals corresponding to the ratio of the two populants is highlighted in the dotted box. The intensities for the two sets of peaks for P1–P3 are in the ratio of ~ 60:40, 70:30, and 50:50, respectively.



**Figure 3.** Temperature dependence of NH resonances of **P1** in CDCl<sub>3</sub>. The NH signals marked as blue and red approach closer/ eventually merge with increasing temperature.

and S24 show the NH region of the <sup>1</sup>H NMR spectra recorded at variable temperatures in the range of 273-323 K for P1 and P2/P3, respectively. For all three peptides, both the chemical shifts of the signals and the appearance of the spectral lines changed upon varying the temperature. There was a general

upfield shift of the NH resonances, owing to the breakdown in the hydrogen bonds, upon increasing the temperature, suggesting a well-formed secondary structure of the peptides in solution. Interestingly, a few of the NMR peaks from the same protons in the two populants came closer and finally merged at higher temperatures. In P1 (Figure 3), a clear merging of the Aib (2) and Aib (8) NH resonances was seen upon increasing the temperature. In the case of P3, some of the peaks came closer [set of  $\gamma^{4,4}$  (5) peaks], broadened [set of Aib (2) peaks], and eventually coalesced [set of Val (3) peaks] (Figure S24, marked protons) upon increasing the temperature. Such a change in the peak widths and coalescing of the NH signals of two different populants suggested that the populants must be in exchange with each other. Observation of two sets of peaks at room temperature indicated that the rate of interconversion between the different conformers was slow at room temperature in the NMR timescale. This slow interconversion, in turn, indicated that the conformations were separated by a large activation barrier in the energy landscape. Hence, it might be concluded from the above experiment that each of the peptides P1-P3 existed as two distinct conformers at room temperature, as reported earlier in related studies.<sup>37</sup> The populations of the two conformers of P1, P2, and P3 were 60:40, 70:30, and 53:47, respectively (Figure 2) in solution. As everything else in P1-P3 was identical except the constituent  $\gamma$  amino acid residue in question, the differential population of the conformers of P1-P3 in solution seemed to be controlled by the variable position of the backbone disubstitution in the  $\gamma$ amino acid residues.

**Molecular Conformations of P1–P3 in Crystals.** The molecular conformation of the nonapeptides **P1–P3** is shown in Figure 4. The values of the backbone torsion angles are



Figure 4. Conformations in crystals of (a) P1 (CCDC No. 2206582), (b, c) P2 (2206583, 2206584), and (d, e) P3 (2206585, 2206586). (a) P1 forms an ambidextrous helix with left-handedness in the N-terminal (Res 1–4) and right-handedness at the C-terminal (Res 5–9). A centrally recruited water molecule (red sphere) mediated intramolecular hydrogen bond involving Leu (7) NH and Aib (4) CO induces the reversal of handedness. It is stabilized by  $C_{10}$  hydrogen bonds. P2 forms both (b) left-handed CE3<sub>10</sub> helix and (c) right-handed CE3<sub>10</sub> helix. P3 also forms both (d) left-handed and (e) right-handed CE3<sub>10</sub> helices. The water molecules shown in (b), (c), and (d) do not participate in intramolecular hydrogen bonds.

listed in Table 1 and the hydrogen bond parameters are listed in Table 2. Peptides **P2** and **P3** generated polymorphic crystals depending on the process of crystallization, which had different conformations.

All of the peptides adopted helical conformations. The backbone conformation of  $\gamma$  amino acid residues is defined by four torsion angles,  $\phi$  (C0'-N1-C<sup> $\gamma$ </sup>-C<sup> $\beta$ </sup>),  $\theta_1$  (N1-C<sup> $\gamma$ </sup>-C<sup> $\beta$ </sup>-C<sup> $\alpha$ </sup>),  $\theta_2$  (C<sup> $\gamma$ </sup>-C<sup> $\beta$ </sup>-C<sup> $\alpha$ </sup>-C<sup> $\prime$ </sup>), and  $\psi$  (C<sup> $\beta$ </sup>-C<sup> $\alpha$ </sup>-C<sup> $\prime$ </sup>-N2). The dimethyl substitution at the C<sup> $\alpha$ </sup>, C<sup> $\beta$ </sup>, and C<sup> $\gamma$ </sup> atoms promoted *gauche* conformation about the flanking single bonds in the  $\alpha$ / $\beta$ / $\gamma$ -disubstituted  $\gamma$  amino acid residues ( $\gamma^{2,2}$ ,  $\gamma^{3,3}$ ,  $\gamma^{4,4}$ ), as evidenced by Table 1. The remaining two dihedral angles showed torsion angle values close to 90 or 180°.

P1 crystals were obtained from a mixture of the two conformers in the ACN/H<sub>2</sub>O solvent system. P1 adopted an ambidextrous helical conformation, stabilized by five 10-atom hydrogen bonds  $(C_{10})$  (Figure 4a). A reversal of the handedness of the helix was observed in the middle of the helix, near the  $\gamma^{2,2}$  residue. Inspection of the  $\phi$  and  $\psi$  values in Table 1 showed that amino acid residues 1-4 and 5-9 adopted positive and negative values of  $\phi/\psi$ , respectively, suggesting that P1 adopted left-handedness at the N-terminus and right-handedness at the C-terminus. The  $\gamma^{2,2}$  amino acid residue showed a folded conformation with both  $\phi$  and  $\psi$ adopting negative values (right-handed helical conformation), while  $\theta_1$  and  $\theta_2$  corresponded to gauche+ (g+) conformation. The combination of signs of the torsion angles of  $\gamma^{2,2}$  was similar to that previously reported for the  $C_9$  and  $C_{12}$  helical turns in Gpn/ $\gamma^{5,3}$  amino acid-containing peptides.<sup>7,24</sup> However, the  $\gamma^{2,2}$  amino acid residue formed neither C<sub>9</sub> nor C<sub>12</sub> hydrogen bonds in P1. The reversal of handedness in the peptide helix was induced by the insertion of a water molecule near the  $\gamma^{2,2}$  residue that formed hydrogen bonds to Aib (4) CO and Leu (7) NH, which otherwise might have formed a  $\gamma \alpha$  $C_{12}$  hydrogen bond. It is worth mentioning that this is the first report of the accommodation of  $\gamma^{2,2}$  amino acid residues in an overall helical conformation. Aib (6) NH forms an intermolecular hydrogen bond to Val (3) CO of a neighboring molecule in the crystal lattice (Table 2).

**P2**, containing  $\gamma^{3,3}$ , showed three different conformations in its polymorphic crystals. (a) P2 crystallized from the mixture of the two conformers in ACN/MeOH/H2O led to orthorhombic crystals, wherein it adopted a left-handed helical conformation, with reversal of handedness of the terminal amino acid residues [Leu (1) and Val (9)], as compared to the rest of the helix (Figure 4b). The peptide was stabilized by six two residue hydrogen bonds: four C<sub>10</sub> hydrogen bonds (two each at N- and C-termini) and two C<sub>12</sub> hydrogen bonds in the center (Figure 4b). The first hydrogen bond between the Val (3) NH and Boc (0) CO was obliterated by the N-terminal reversal in handedness. (b) The monoclinic P2 polymorph grown from the minor peak isolated from the preparative HPLC in ACN/H<sub>2</sub>O adopted a right-handed CE3<sub>10</sub> helix. It was stabilized by six intramolecular N-H…O hydrogen bonds: two  $C_{13}$ 's at the N-terminus, two central  $\alpha\gamma/\gamma\alpha$   $C_{12}$ 's, and two  $C_{10}$ 's at the C-terminal (Figure 4). The combination of  $\phi$ ,  $\theta_1$ ,  $\theta_2$ , and  $\psi$  for the  $\gamma^{3,3}$ -amino acid residue was -++-, with  $\theta_1$ and  $\theta_2$  adopting g+ conformations. Both  $\phi$  and  $\psi$  adopted values around  $\sim -120^\circ$ , which was earlier reported for C<sub>12</sub> helical conformations of  $\gamma^{3,3}/\text{Gpn.}^{7,24}$  (Table 1). However, no reversal of handedness is observed in this case. (c) P2 was also crystallized from the mixture of two conformers in ACN/H<sub>2</sub>O. However, due to weak X-ray diffraction from this crystal, a well-refined structure could not be obtained. Preliminary structure calculation from this data showed that P2, in this case, adopted an ambidextrous helical (Figure S25) structure similar to that observed for P1 (Figure 4) with small differences as follows (i) the  $\gamma^{3,3}$  amino acid residue adopted a left-handed helical conformation in P2 unlike the righthanded conformation adopted by the  $\gamma^{2,2}$  residue in **P1**. (ii) An isolated one residue C<sub>9</sub> hydrogen bond was formed in between Aib (4) CO and Aib (6) NH across the central  $\gamma^{3,3}$  amino acid residue, unlike P1. The combination of the signs of torsion angles of the  $\gamma^{3,3}$  amino acid residue was (+--+), which was exactly the opposite (being left-handed helical) to that observed for Gpn in the right-handed C<sub>9</sub> helical conformation.<sup>24</sup>

peptide	amino acid residue	$\Phi$ (°)	$\theta_1$ (°)	$\theta_2$ (°)	ψ (°)
P1 (AH)	Leu (1)	66.8 (67.3)			27.1 (25.7)
	Aib (2)	49.3 (55.1)			37.9 (29.7)
	Val (3)	54.6 (61.2)			39.6 (25.1)
	Aib (4)	69.6 (59.7)			4.8 (24.4)
	$\gamma^{2,2}$ (5)	-117.2 (-125.9)	75.0 (93.0)	61.5 (72.0)	-166.6 (-135.5)
	Aib (6)	-58.3 (-56.1)			-36.9 (-39.2)
	Leu (7)	-61.4 (-70.8)			-26.1 (-5.0)
	Aib (8)	-59.9 (-58.0)			-31.8 (-27.7)
	Val (9)	-78.2 (-117.4)			170.4 (163.9)
P1 (RHH)	Leu (1)	(-73.2)			(-19.7)
	Aib (2)	(-55.0)			(-28.2)
	Val (3)	(-60.5)			(-26.7)
	Aib (4)	(-58.0)			(-27.9)
	$\gamma^{2,2}$ (5)	(-84.0)	(161.3)	(-62.1)	(-54.6)
	Aib (6)	(-56.3)			(-37.7)
	Leu (7)	(-61.0)			(-22.1)
	Aib (8)	(-66.9)			(-23.3)
	Val (9)	(-103.3)			(2.2)
P2 (AH)	Leu $(1)$	60.7 (68.1)			27.8 (22.0)
	Aib $(2)$	50.8 (54.4)			27.1 (29.8)
	Val(3)	67.3 (68.0)			10.7 (9.0)
	Aib $(4)$	53.0 (52.6)		50.2 ( 01.5)	29.4 (40.9)
	$\gamma^{o,o}(5)$	99.3 (107.3)	-64.1 (-59.3)	-79.3 (-81.5)	85.0 (75.9)
	Aib $(6)$	-56.1(-54.1)			-35.0(-35.0)
	Leu $(7)$	-60.9(-76.2)			-11.8(-3.9)
	$\begin{array}{c} \text{Aib} (8) \\ \text{Val} (9) \end{array}$	-34.4(-00.7) -127.2(-105.4)			-33.3(-24.8) 154(-17)
рэ (ГНН)	Var(9)	-12/.2 (-105.7) -74.4 (-105.7)			-34.6(-0.9)
12 (LIIII)	Aib $(2)$	583 (615)			-34.0(-0.9) 41.7(28.0)
	$\operatorname{Val}(2)$	62.7(72.0)			14.4(6.4)
	Aib $(4)$	52.2 (56.7)			40.8 (34.9)
	$\gamma^{3,3}(5)$	135.5(125.1)	-57.4(-54.3)	-54.6(-58.0)	112.7 (124.6)
	Aib (6)	53.2 (57.7)	0,11 ( 0,10)	0.00 ( 0000)	40.6 (33.9)
	Leu (7)	63.2 (59.4)			11.1 (19.8)
	Aib (8)	46.9 (60.0)			39.9 (26.9)
	Val (9)	-57.8 (-69.5)			-38.7 (-24.2)
<b>P2</b> (RHH)	Leu (1)	-59.8 (-66.0)			-38.6 (-33.4)
	Aib (2)	-51.2 (-57.8)			-37.8 (-31.9)
	Val (3)	-92.3 (-93.3)			-46.0 (-42.4)
	Aib (4)	-57.1 (-57.8)			-37.4 (-39.1)
	$\gamma^{3,3}$ (5)	-124.8 (-121.3)	55.0 (54.4)	56.5 (59.2)	-117.0 (-123.9)
	Aib (6)	-51.2 (-56.8)			-43.7 (-35.3)
	Leu (7)	-74.9 (-73.4)			-7.5 (-3.4)
	Aib (8)	-59.7(-63.9)			-31.8(-27.1)
	Val9	-127.2 (-106.8)			-14.8 (0.0)
<b>P3</b> (LHH)	Leu (1)	63.9 (66.7)			19.3 (27.0)
	Aib (2)	48.9 (55.1)			35.0 (28.4)
	Val (3)	60.9 (62.9)			29.3 (21.9)
	Aib $(4)$	56.4 (56.3)			38.0 (34.8)
	$\gamma^{(1)}(5)$	55.4 (52.4)	53.0 (51.9)	-142.0(-138.5)	110.1 (115.3)
	Alb $(6)$	51.1(50.8)			33.2(30.3)
	Leu $(/)$	50.0 (58.0)			32.0(24.3)
	AlD $(\delta)$	08.9 (02.7)			11.1(25.7)
<b>D2</b> ( <b>DUU</b> )	Var (9) Lou (1)	-64.3(-101.3)			-31.1(-44.3) -20.7(-20.3)
rs (KIII)	$\Delta_{ib}$ (2)	-02.0(-72.9) -48.6(-54.7)			-20.7 (-20.3) -34.7 (-28.4)
	$V_{2}$ $V_{2}$	-40.0(-34.7) -61.9(-62.5)			-34.7(-20.4) -270(-236)
	$v_{a1}(3)$ Aib (4)	-51.5(-52.5) -54.5(-57.5)			-27.0(-23.0) -39.7(-24.3)
	$v^{4,4}(5)$	-54.7 (-51.3) -54.7 (-51.4)	-516(-543)	142 8 (142 5)	-103.6(-100.8)
	Aib $(6)$	-53.8(-57.0)	51.0 (-57.5)	172.0 (173.3)	-34.7(-32.4)
	(0)	00.0 ( 07.0)			0

# Table 1. Backbone Dihedral Angles of Various Conformations for Peptides P1–P3 Obtained in Crystals and from DFT Calculations (in Parentheses)<sup>a</sup>

## Table 1. continued

peptide	amino acid residue	$\Phi$ (°)	$ heta_1$ (°)	$ heta_2$ (°)	ψ (°)
	Leu (7)	-65.6 (-70.9)			-16.9 (-8.8)
	Aib (8)	-62.3 (-63.8)			-22.2 (-22.5)
	Val (9)	-58.2 (-93.7)			133.7 (-50.2)
<sup>a</sup> AH: Ambidextro	ous helix, LHH: left-handed l	nelix, and RHH: right-ha	nded helix.		

conformations stabilized by a continuous stretch of two residue backbone N-H…O hydrogen bonds in two different crystals. (a) In the crystal grown from the mixture of two conformers in ACN/H<sub>2</sub>O, the peptide formed a left-handed helix, as evidenced by the sign of backbone torsion angles listed in Table 1. In this case, the C-terminal L-Val (9) residue showed a reversal in handedness and adopted a right-handed helical conformation (Figure 4d). Leu (1) at the N-terminus remained in a left-handed helical conformation due to an intermolecular hydrogen bond between Leu (1) NH of one molecule to the Aib (8) CO of another molecule (Table 2). The structure was stabilized by seven intramolecular hydrogen bonds: Five  $C_{10}$  hydrogen bonds (N- and C-termini) and two central C<sub>12</sub> hydrogen bonds across the  $\alpha\gamma/\gamma\alpha$  segments. (b) In the other crystal for P3, grown from the later eluting HPLC fraction (retention time 12.4 min), the peptide adopted a righthanded CE310 helical conformation with no reversal of handedness at the helix termini. This structure was also stabilized by a total of seven hydrogen bonds, five C<sub>10</sub>'s and two  $C_{12}$ 's. The backbone dihedral angles of the  $\gamma^{4,4}$  amino acid residue adopted a usual (++-+) and (--+-) combination in the left and right-handed C<sub>12</sub> helical conformations, respectively, as was earlier reported by Gopi and coworkers.<sup>25</sup> Both the structures obtained for P3 were enantiomeric to each other (in the middle stretch), except at the C-terminal Val (9) residue.

P3 adopted both left and right-handed CE3<sub>10</sub> helical

Solution Conformational Studies. Infrared Spectroscopy. Figure S26 demonstrates the stacked plots of solution Fourier transform infrared (FTIR) spectroscopy for P1–P3 in CDCl<sub>3</sub> (1 mM) at room temperature. The characteristic peak at ~1650 cm<sup>-1</sup> in the spectra of all of the peptides P1–P3 indicated that all of them adopted a helical conformation.<sup>38,39</sup>

**NMR Spectroscopy.** The chemical shift index for the peptides **P1–P3** was calculated by comparing the  $C^{\alpha}H$  chemical shifts observed in CDCl<sub>3</sub> with the random coil shifts obtained from the Bio Mag Res Bank (BMRB)<sup>40</sup> and the original report of Wishart, Sykes, and Richards<sup>41</sup> (Figure S27). Upfield shifts in the  $C^{\alpha}H$  resonances (negative chemical shift index) of the residues 1, 3, and 7 in both the conformers of **P1**, **P2**, and **P3** indicated helical conformations in them. It should be noted here that the positive chemical shift index observed for the C-terminal residue Val (9) might have resulted in local deviation in the secondary structure due to C-terminal fraying.

The helical conformation of **P1–P3** was further confirmed by low values (~5–7 Hz) of  ${}^{3}J_{\text{NH-C}^{\alpha}\text{H}}$  coupling constants for all chiral L amino acid residues [Leu (1), Val (3), Leu (7), Val (9)] (Tables S2–S7).

#### ROESY

In an attempt to further understand the secondary structure of the two conformations of P1–P3 in detail, we performed the ROESY experiment. Figures 5a–b and S28 represent the partial NH– $C^{\alpha}H/C^{\gamma}H$  and NH–NH regions, respectively, of the ROESY spectrum of P1. Most of the sequential d<sub>NN</sub> NOEs

were present for both the conformers. However, both in the major and the minor conformers, the  $5/6 \text{ d}_{NN}$  NOE was not observed. The NOEs observed for both the conformers were more or less similar with some exceptions. For example, NOEs  $\gamma^{2,2}$  (5) C<sup>7</sup>H  $\leftrightarrow$  Leu (7) NH and  $\gamma^{2,2}$  (5) C<sup>7</sup>H  $\leftrightarrow$  Aib (8) NH were weak and medium for the major conformer, while they were both strong in intensity for the minor conformer. Leu (1) $C^{\alpha}H \leftrightarrow Aib$  (2) NH NOE was stronger and Leu (7)  $C^{\alpha}H \leftrightarrow$ Leu (7) NH NOE was weaker in intensity for the major conformer with respect to the minor. A careful examination of the interproton distances in the conformation of P1 obtained from crystals (Figure 4a) and comparison with the intensities of the observed NOEs matched it to the major conformation obtained in solution (Figure 5). A large interproton distance of 5.6 Å between the  $\gamma^{2,2}$  (5) NH and Aib (6) NH in the major conformer (Figure 5c) explained the absence of the NOE in between them. Thus, the major conformer of P1 present in solution was the ambidextrous helix, while the minor conformer was still unknown. In the case of P2 (Figure S29), all of the sequential  $d_{NN}$  NOEs were present in both conformers. However, the intensity of the 5/6 d<sub>NN</sub> NOE across the  $\gamma^{3,3}$  residue was weaker compared to all of the other sequential  $d_{NN}$  NOEs across the  $\alpha$  amino acid residues (Figure S29b). This could be explained by the shorter interproton  $d_{NN}$ distances across the  $\alpha$  residues (~2.4–2.8 Å) in contrast to longer interproton  $d_{NN}$  distances across the  $\gamma$  residues (~3.6– 4.2 Å) in the helical conformations obtained in crystals (Figures 4c and S29d). Alternating strong and weak NOEs across  $\alpha$  and  $\gamma$  amino acid residues in the helical conformation of  $\alpha\gamma$  peptides have been reported earlier in the literature.<sup>24</sup> Moreover, long-range NOEs like 2/4  $d_{NN}$  NOE and 1/4  $C^{\alpha}H$  $\leftrightarrow$  NH NOE were observed for the minor conformer, while 7/ 9 long-range  $C^{\alpha}H \leftrightarrow NH$  NOE was observed for both of them (Figure S29a,b). These observations accompanied by stronger intraresidue  $C^{\alpha}H_{(i)} \leftrightarrow NH_{(i)}$  NOEs over inter-residue  $C^{\alpha}H_{(i)}$  $\leftrightarrow$  NH<sub>(i+1)</sub> NOE intensities, suggested that both the conformers were helical. Careful analysis of the differences in the NOE intensities of the two conformers correlated to the interproton distances observed in the conformations obtained in crystals confirmed that the major and the minor conformers for P2 in solution were the ambidextrous helix and the righthanded  $CE3_{10}$  helix, respectively (Figure S29). A crucial NOE that helped in the identification of the conformers was the 5/7 $C^{\gamma}H \leftrightarrow NH$  NOE, which was present in the minor conformer (interproton distance of 2.7 Å) and absent for the major conformer (interproton distance of 5.0 Å). In the case of P3, all of the characteristic NOE features (presence of sequential  $d_{NN}$  NOEs, weaker  $d_{NN}$  NOE intensities across the  $\gamma^{4,4}$  residue in comparison to the  $\alpha$  residues, stronger intraresidue  $C^{\alpha}H \leftrightarrow$ NH NOEs) complying with the helical conformation were observed (Figure S30). The NOEs for both the conformers were identical and matched well with the CE310 helical conformation observed in crystals (Figure S30). Thus, it can be concluded that the two conformers for P3 were the left and right-handed CE3<sub>10</sub> helices. The observation of two distinct

# Table 2. Intramolecular and Intermolecular Hydrogen Bond Parameters from Various Conformations of P1–P3 Obtained in Crystals and DFT Studies (Mentioned in Parentheses)<sup>a</sup>

peptide	H-bonded ring size	H-bonds	D…A (Å)	H…A (Å)	$\angle$ D–H···A (°)
P1 (AH)	intermolecular				
		N1-H1····O7 <sup>a</sup>	2.85	1.98	170.3
		N2-H2···O8 <sup>a</sup>	3.24	2.51	140.3
		N6-H6···O3 <sup>b</sup>	3.12	2.29	157.4
		N7-H7O1W	2.92 (3.0)	2.14 (2.0)	148.3 (167.3)
		O6…O1W	3.23		
		O4…O1W	(2.7)	(1.7)	(177.1)
	intramolecular		<i>,</i> ,	<i>.</i>	<i>.</i>
	C <sub>10</sub>	N3-H3-O0	3.03 (3.3)	2.21 (2.3)	155.7 (173.1)
	C <sub>10</sub>	N4-H4…O1	3.03 (3.2)	2.31 (2.2)	138.6 (168.0)
	C <sub>10</sub>	N5-H5-02	3.01 (3.1)	2.16 (2.1)	162.1 (162.6)
	C <sub>10</sub>	N8-H8…O5	3.21 (3.2)	2.38 (2.2)	157.1 (165.7)
( )	C <sub>10</sub>	N9-H9-06	3.24 (3.2)	2.36 (2.2)	173.3 (167.4)
P1 (RHH)	C <sub>10</sub>	N3-H3-00	(3.4)	(2.4)	(172.8)
	C <sub>10</sub>	N4-H4…O1	(3.1)	(2.1)	(167.2)
	C <sub>10</sub>	N5-H5-02	(3.1)	(2.1)	(163.9)
	C <sub>12</sub>	N7-H7…O4	(2.9)	(2.0)	(159.3)
	C <sub>10</sub>	N8-H8…O5	(3.3)	(2.3)	(166.7)
(>	C <sub>10</sub>	N9–H9…O6	(3.3)	(2.3)	(170.1)
P2 (AH)	C <sub>10</sub>	N3-H3-00	2.94 (3.4)	1.96 (2.4)	173.9 (177.8)
	C <sub>10</sub>	N4-H4…O1	2.92 (3.1)	1.96 (2.1)	164.6 (169.8)
	C <sub>10</sub>	N5-H5-O2	2.98 (3.3)	2.02 (2.3)	164.5 (165.1)
		O3…O1W	4.05 (3.0)	4.11 (2.1)	79.7 (150.9)
		04…01W	2.96 (3.0)	2.61 (2.1)	101.2 (154.2)
		N7…O1W	2.99 (3.1)	2.03 (2.1)	165.0 (166.9)
	C <sub>9</sub>	N6-H6…O4	2.82 (3.0)	1.85 (2.0)	169.8 (171.9)
	C <sub>10</sub>	N8-H8…O5	2.87 (3.2)	1.92 (2.2)	161.7 (166.2)
<i>,</i> ,	C <sub>10</sub>	N9-H9-06	3.22 (3.5)	2.28 (2.5)	157.6 (168.2)
<b>P2</b> (LHH)	intermolecular				
		N1-H1····O7 <sup>c</sup>	3.14	2.31	164.2
		N2- H2…O8 <sup>c</sup>	3.03	2.19	167.4
	intramolecular		<i>(</i> )		
	C <sub>10</sub>	N4-H4…O1	3.13 (3.1)	2.28 (2.1)	168.9 (168.0)
	C <sub>10</sub>	N5-H5-02	3.43 (3.7)	2.60 (2.7)	163.3 (167.1)
	C <sub>12</sub>	N6-H6…O3	2.88 (3.1)	2.02 (2.1)	173.0 (169.1)
	C <sub>12</sub>	N7-H7-04	2.94 (3.0)	2.12 (2.0)	158.4 (159.5)
	C <sub>10</sub>	N8-H8-05	2.99 (3.2)	2.16 (2.2)	160.7 (169.3)
()	C <sub>10</sub>	N9-H9-06	3.09 (3.2)	2.25 (2.2)	165.1 (173.4)
P2 (RHH)	intermolecular	and the optical			
		N1-H1···O2W <sup>d</sup>	3.24	2.37	169.6
		$N2-H2\cdotsO1W^{a}$	2.9/	2.21	144.5
	in turne a la avlar	N3-H3-00	3.16 (3.18)	2.45 (2.23)	139.0 (156.8)
	C	N4-H400	2.04(3.3)	2.07(2.3)	1716 (1708)
	$C_{13}$	N4-11400	2.94(3.3)	2.07(2.3)	1/1.0(1/0.8)
	$C_{13}$	NS-HS-02	3.00(3.3)	2.14(2.3)	102.4 (104.7)
	$C_{12}$	N7- H7-04	2.92(3.1)	2.04(2.1)	1/3.0(1/1.0)
	$C_{12}$	$N_{-} = 11/04$	2.90(3.0)	2.03(2.1)	102.0 (100.8)
	$C_{10}$	N0-H006	3.03(3.1)	2.21(2.2)	139.9 (100.8)
<b>P3</b> (LHH)	0 intermolecular	N9-119-00	3.33 (3.4)	2.49 (2.4)	100.4 (109.1)
	internititetalai	N1-H1····O8 <sup>e</sup>	2.82	1.97	160.9
		N2-H2···O1w	3.28	2.40	171.9
	intramolecular				······································
	C <sub>10</sub>	N3-H3-O0	2.95 (3.3)	2.09 (2.3)	167.8 (172.9)
	C <sub>10</sub>	N4- H4…O1	2.93 (3.1)	2.14 (2.1)	149.3 (168.1)
	C <sub>10</sub>	N5- H5-02	3.15 (3.3)	2.39 (2.3)	145.5 (162.8)
	C <sub>12</sub>	N6-H6 O3	2.87 (3.1)	2.01 (2.0)	165.6 (171.9)
	C <sub>12</sub>	N7-H704	2.97 (3.2)	2.16 (2.2)	152.5 (156.3)
	C <sub>10</sub>	N8-H8…O5	3.01 (3.2)	2.21 (2.2)	150.5 (168.6)
	C <sub>10</sub>	N9-H9…O6	2.96 (3.2)	2.10 (2.2)	163.8 (167.6)

## Table 2. continued

peptide	H-bonded ring size	H-bonds	D…A (Å)	H…A (Å)	$\angle$ D–H···A (°)
P3 (RHH)	intermolecular				
		N1-H1···O8 <sup>f</sup>	2.86	2.00	172.5
		N2-H2···O9 <sup>f</sup>	3.08	2.31	148.6
	intramolecular				
	C <sub>10</sub>	N3-H3-O0	3.05 (3.4)	2.21 (2.4)	164.8 (172.4)
	C <sub>10</sub>	N4-H4…O1	2.90 (3.1)	2.11 (2.1)	151.8 (167.3)
	C <sub>10</sub>	N5-H5-02	3.19 (3.3)	2.43 (2.4)	147.2 (162.3)
	C <sub>12</sub>	N6-H6-O3	2.91 (3.0)	2.05 (2.0)	170.9 (173.6)
	C <sub>12</sub>	N7-H7O4	3.19 (3.6)	2.35 (2.7)	164.2 (163.8)
	C <sub>10</sub>	N8-H8-05	3.00 (3.1)	2.19 (2.2)	155.9 (167.6)
	C <sub>10</sub>	N9-H9-06	3.11 (3.3)	2.27 (2.3)	164.2 (165.4)

"AH: Ambidextrous helix, LHH: left-handed helix, and RHH: right-handed helix.



**Figure 5.** Partial 600 MHz ROESY spectra of **P1** representing (a) NOEs between NH  $\leftrightarrow C^{\alpha}$ H and (b) NH  $\leftrightarrow C^{\gamma}$ H ( $\gamma^{2,2}$  residue) protons in CDCl<sub>3</sub> at 298 K. (c) Crystal structure of ambidextrous helical **P1** showing the notable NOEs [red (strong), green (medium) and orange (weak) arrows] observed for the major conformer in solution. The d<sub>NN</sub> distance across the  $\alpha$  residues and the  $\gamma^{2,2}$  (5)-Aib (6) segment are shown by black and cyan blue arrows, respectively.

sets of peaks (with nearly equal intensities) in NMR for these two almost enantiomeric (in the middle stretch of the helix) helices might be justified by a minor deviation in the conformation at the helix termini (Val (9) residue), giving rise to diastereomeric helices.

**DMSO-** $d_6$  **Titration.** To further confirm the secondary structures of the conformers of P1–P3 from their hydrogen bonding pattern, DMSO- $d_6$  solvent titration was performed and its results were compared with the crystal structures. Upon addition of polar DMSO- $d_6$  to solution of peptides in nonpolar CDCl<sub>3</sub>, solvent-accessible nonhydrogen-bonded NHs form H-bonds with DMSO- $d_6$  and move downfield. The intramolecularly H-bonded NHs on the other hand are solvent inaccessible and do not move. Figures 6, S31 and Table S8

show the change in the chemical shift values of the NH resonances of the conformers of **P1–P3** upon addition of 40% DMSO- $d_6$  to their CDCl<sub>3</sub> solution (~5–7 mM). In **P1**, both the major and the minor conformers have completely solvent-exposed Leu (1) and Aib (2) NH's ( $\Delta\delta > 1.3$  ppm) and partially solvent-exposed Aib (6) NH ( $\Delta\delta \sim 0.6$  ppm) (Figure 6a). Earlier, from the NOE studies, the **P1** major conformer was determined to be an ambidextrous helix as observed in the crystals (Figure 4a). In the crystal structure, all of Leu (1), Aib (2) and Aib (6) NH's were nonhydrogen-bonded intramolecularly and hence expected to be solvent-exposed, showing similar shifts ( $\Delta\delta$  ppm) in the DMSO- $d_6$  titration. The lesser shift for Aib (6) observed could be attributed to its crowded hydrophobic environment, limiting the approach of



Figure 6. Plot of the change of the NH chemical shift value of the residues with increasing concentration of DMSO-d<sub>6</sub> (0-40%) in (a) P1, (b) P2, and (c) P3.

the DMSO-d<sub>6</sub> molecules in contrast to the terminal NH protons. In the case of the minor conformer of P1, Leu (1), Aib (2), and Aib (6) were nonhydrogen-bonded, suggesting a helical structure with six intramolecular hydrogen bonds. In P2, Leu (1) and Aib (2) NHs were completely solventexposed in both the conformers, while all of the other NHs seemed solvent-shielded. Earlier NOE studies suggested the ambidextrous helix and the right-handed CE310 helix to be the major and minor conformers of P2 in solution. Leu (7) NH though nonhydrogen-bonded intramolecularly in the ambidextrous helical conformation observed in crystals (Figure S25) appeared as a hydrogen-bonded NH in the major conformer of **P2** in the solvent titration experiment (Figure 6b) owing to the hydrogen bonding of Leu (7) NH to a water molecule. Though Val (3) NH was nonhydrogen-bonded in the  $CE3_{10}$ helical conformation observed in crystals due to the formation of the N-terminal three residue C<sub>13</sub> hydrogen bond (Figure 4c), it seemed hydrogen-bonded in the minor conformer of P2 from the titration experiment. This discrepancy might be due to the nonaccessibility of DMSO- $d_6$  molecules in the hydrophobic pocket of Val (3). In P3, Leu (1) and Aib (2) NHs were completely solvent-exposed or nonhydrogenbonded in both the conformers, while all of the other NHs were solvent-shielded or hydrogen-bonded (Figure 6c). This observation corroborated exactly with the hydrogen bonding pattern observed in the CE310 helices witnessed in the crystals (Figure 4d,e).

**CD Spectroscopy.** We have performed circular dichroism (CD) in acetonitrile on both the conformers present in the solution for P1-P3 (Figure 7). We separated the peaks via analytical HPLC, lyophilized them separately, and performed CD with each of the conformers. For the minor conformers of P1 and P2 and the later eluting conformer of P3, a prominent negative cotton effect peak was observed at around 206 nm and a minor peak was observed at around 225 nm, suggesting the presence of a right-handed helical conformation in them.<sup>42,43</sup> For the major conformers of P1 and P2, positive cotton effect peaks were observed at 206 (for P1), 209 nm (for P2) (strong), and 220 nm (weak), respectively. Ambidextrous helices in DL peptides with left-handedness at the N-terminus were previously shown to manifest a positive cotton effect, while ambidextrous helices in LD peptides manifested a negative cotton effect.<sup>5</sup> The observation of the positive cotton effect in the major conformers of P1 and P2 thus established ambidexterity with left-handedness at the N-terminus followed by right-handedness at the C-terminus, which was exactly in



Figure 7. CD spectra of all of the conformers of P1-P3 in ACN at 600  $\mu$ M. All of the latter eluting conformers adopted a right-handed helical conformation in solution. The earlier eluting conformers adopted ambidextrous (for P1 and P2) and left-handed (for P3) helical conformations in solution, respectively. AH: Ambidextrous helix, LHH: left-handed helix, and RHH: right-handed helix.

line with our conclusions from the crystal structure and NMR data. A positive cotton effect was also observed for the early eluting conformer of P3, which was almost the mirror image of the negative cotton effect peak observed in the later eluting right-handed helical conformation of P3. This suggested a lefthanded helical conformation in the earlier eluting peak. The greater intensity of the peak at 206 nm for the right-handed helical conformation in comparison to the left-handed helical conformation might be owing to the C-terminal fraying of the left-handed helix, as observed from the crystal structure. It should be noted that the right-handed helical conformations in the solution eluted later in comparison to the ambidextrous helical conformation or the left-handed helical conformation. This was in line with a report where LL dipeptides eluted later in comparison to the LD/DD dipeptides.<sup>44</sup> In summary, CD experiments established the presence of a major ambidextrous helical conformation and a minor right-handed helical conformation in solution for P1 and P2, while the coexistence of both left and right-handed helical conformations for the case of P3.

**DFT-Optimized Structures and Energetics.** In order to gain insights into the structure of the minor conformation of **P1** (observed in solution but not in crystals) and to understand the energetic origin of the population distribution of the various conformations in solution, we performed DFT calculations (see SI). As no crystals were obtained for the

minor conformer of **P1**, the DFT calculations in this case were performed on a **P1** model having a right-handed CE3<sub>10</sub> helical conformation (decided primarily considering the ROESY, solvent titration studies and the observation of a CE3<sub>10</sub> righthanded helical conformation in the case of **P2** and **P3**). Figures 8 and S32 show the optimized structures of **P1–P3**. The



Figure 8. Optimized structures of (a) minor conformer of P1 (right-handed  $CE3_{10}$  helix) and (b) major conformer of P2 (ambidextrous helix) from DFT calculations.

torsion angle values and the hydrogen bond parameters in the optimized structures were in close agreement with the crystal structure parameters (Tables 1 and 2). All of the optimized structures were found to be true minima in the potential energy hypersurface (supported by all positive frequencies obtained from normal mode analysis). The optimized structure of the P1 minor conformer (Figure 8a) was helical and stabilized by a series of six two-membered hydrogen bonds. There were three N-terminal C<sub>10</sub> hydrogen bonds, followed by one  $\gamma \alpha$  C<sub>12</sub> hydrogen bond and two C-terminal C<sub>10</sub> hydrogen bonds. One of the C<sub>12</sub> hydrogen bonds across the Aib (4)- $\gamma^{2,2}$ (5) segment was absent, resulting in the solvent exposure of Aib (6) NH, which was seen earlier in the DMSO- $d_6$  titration experiments (Figure 6a). The  $\gamma^{2,2}$  residue adopted a folded conformation about the disubstituted  $C^{\alpha}$  carbon atom ( $\theta_2$  =  $-62.1^{\circ}$ ,  $\psi = -54.6^{\circ}$ ) and a (-+--) combination of signs of the torsion angles. Right-handed CE3<sub>10</sub> helices formed by the  $\gamma^{3,3}$  and  $\gamma^{4,4}$  amino acid residues (Figure 4c,e) were seen to form two C<sub>12</sub> hydrogen bonds each, unlike the  $\gamma^{2,2}$  residue (Figure 8a). This might be an indication that the  $\gamma^{2,2}$  residue was less prone to adopt a  $C_{12}$  helical conformation in comparison to the  $\gamma^{3,3}$  and  $\gamma^{4,4}$  residues. The computed structure for the major conformer of P2 (Figure 8b) had torsion angles and hydrogen bond parameters in good agreement (Table 2) with that obtained from the crystal structure (low-resolution structure, Figure S25). Placement of the hydrogen atoms of the cocrystalized water molecule in the computed structure enabled the observation of three intermolecular hydrogen bonds between P2 [Leu (7) NH, Val (3) CO and Aib (4) CO] and the water molecule. These

three intermolecular hydrogen bonds seemed to have induced a reversal of helix handedness in **P2**, unlike two such hydrogen bonds in the case of **P1**.

Figure 9 shows the relative energies of all of the conformations of P1-P3 realized in solution and crystals.



**Figure 9.** Relative energy diagram of the different conformations adopted by P1-P3 in solid and solution states: Ambidextrous helices of P1 and P2 (blue line), right-handed  $CE3_{10}$  helix of P1-P3 (red line), and left-handed  $CE3_{10}$  helix of P2 and P3 (green line). Ambidextrous helices of P1 and P2 are lower in energy and form major conformers in solution. Left- and right-handed  $CE3_{10}$  helices (enantiomeric except at the termini) have close energies and are equipopulated in the case of P3.

Several interesting observations were made from the energy calculations: (a) ambidextrous helices were the most stable conformers for P1/P2 (which explained them being the major conformers in solution), (b) the ambidextrous helical conformation for P2 was relatively more stable than that of P1, owing to one more water-mediated hydrogen bond in the former (Figures 4a and S25 and 8b), and (c) the energy difference between the major and minor conformers (~8, 11 and 2 kcal/mol for P1, P2 and P3 resp.) was proportional to their relative populations (60:40, 70:30 and 50:50 for P1, P2 and P3 resp.) in solution. The greater stability of the ambidextrous helices over the right-handed CE310 helices of P1 and P2 might be owing to the greater number of hydrogen bonds in the former (7, 8 for P1, P2) with respect to the later (6, 6 for P1, P2) (Figures 4a-c and 8 and Table 2). A greater difference in the number of hydrogen bonds between the major and the minor conformers in the case of P2 relative to P1 led to a greater energy difference that consequently resulted in the higher population difference in P2 (70:30) with respect to P1 (60:40). High energy of the right-handed helical conformation of **P1** (minor conformer in solution) might have limited its realization in the crystal state. The left- and the right-handed helices of P2 and P3 have similar energies (0.5 and 2 kcal/mol), being almost enantiomeric (throughout the middle part of the helix with small differences at the termini) (Figure 4b-e). The small energy difference between the left and right-handed helical conformation in P3 (Figure 9) led to similar populations of the two being observed in solution (Figures 1b and 2).

We performed DFT calculations with the single ambidextrous P3 helix in the presence and absence of the key water



Figure 10. Ramachandran plot showing the  $\phi$  and  $\psi$  values for the torsion angles of the  $\alpha$  amino acid residues of the different conformations of P1–P3 in the crystals and the DFT-computed structures. Red icons represent right-handedness, while black icons represent left-handedness. Open circles and triangles represent torsion angle values from crystal structures and DFT structures, respectively. Population distribution of the various conformations in solution is denoted in parentheses in each case. (a) P1 ambidextrous helix (major conformer), (b) P1 right-handed CE3<sub>10</sub> helix (minor conformer), (c) P2 ambidextrous helix (major conformer), (d) P2 left-handed CE3<sub>10</sub> helix, (e) P2 right-handed (minor conformer), and (f) P3 left- and right-handed CE3<sub>10</sub> helices (almost equipopulated conformers).

molecule (responsible for the reversal of handedness in the P1 and P2 ambidextrous helix). The results suggest that the ambidextrous P3 is +14.3 kcal/mol (in the absence of the water molecule) and +4.6 kcal/mol (in the presence of the water molecule) higher in energy relative to the most stable P2 ambidextrous isomer. (Figure S34) Thus, the P3 ambidextrous helix including the key water molecule does not seem experimentally unrealizable from the energy point of view. However, it should be noted that a single P3 molecule may not be an appropriate model for representing the self-assembly in a solution or solid state. Neighboring P3 molecules might have a role in restricting water accessibility, thus disallowing the ambidextrous population of P3 in solution or crystals.

**Observation of Novel Conformations in P1–P3: A Discussion.** The experimental and computational studies represented above established multiple distinct conformations adopted by **P1–P3. P1–P3** were composed of  $\alpha$  amino acid residues of two types, the achiral Aib and the chiral L amino acid residues, Leu and Val, with a single centrally located achiral  $\gamma$  amino acid residue  $\gamma^{x,x}$  (x,x = 2,2/3,3/4,4), thus making it overall chiral. As L amino acid residues are known to give rise to right-handed helical structures, **P1–P3** would have been expected to generate right-handed conformations as well. However, in addition to the usually encountered right-handed CE3<sub>10</sub> helical conformation of the chiral L  $\alpha$  amino acidcontaining peptides, **P1–P3** adopted other striking and unprecedented conformations like:

- 1. Ambidextrous helical conformation (containing both right and left-handedness).
- 2. Left-handed  $CE3_{10}$  helical conformation.

Figure 10 represents a conformational diagram that permits the understanding of the conformations of P1–P3 with different handedness. Peptides P1 and P2 adopted the ambidextrous helical conformation. Though ambidextrous helices have been reported in  $(\alpha\gamma^{3,3})_n$  hybrid peptides by Gopi and coworkers,<sup>7</sup> they were achiral in nature. This, to the best of our knowledge, is the first report of the observation of ambidexterity in chiral peptides containing L amino acid residues. A closer look at the crystal structures revealed that the ambidextrous helical conformation was induced by the presence of a water molecule at the central part of the helix (close to the  $\gamma$  residue) in P1 and P2. Both the peptides had right-handedness at the C-terminus and left-handedness at the N-terminus. The change in the handedness from right to left occurred at the Aib (4) residue (i.e. after the  $\gamma^{2,2}$  residue) in P1, while it occurred at the  $\gamma^{3,3}$  residue for P2. A water molecule formed two hydrogen bonds with the Leu (7) NH and left-handed Aib (4) CO in P1 and three hydrogen bonds with Leu (7) NH and left-handed Aib (4) CO and Val (3) CO in P2, respectively, inducing the change in handedness. This change in handedness obliterated the usual C12 hydrogen bonds across the Aib (4)- $\gamma^{x,x}$  (5) and  $\gamma^{x,x}$  (5)-Aib (6) segments (x = 2, 3). To access the stabilizing effect of the water molecule in the ambidextrous conformers of P1 and P2, the water molecule was removed, and the resulting structures were subjected to geometry optimization. Ambidexterity was preserved even without the water, but a significant energy penalty was evident from the estimated energetics. The energy difference ( $\Delta E = E^{\text{ambidextrous}(\text{without water})} + E^{\text{water}} - E^{\text{ambidextrous}}$ ) was calculated. Estimated energetics ( $\Delta E$ ) suggested that deleting the water destabilized the ambidextrous conformers by +10.6 and +10.74 kcal/mol for P1 and P2, respectively. The destabilization was due to the loss of water-mediated hydrogen bonds (Figure S33). In a separate study on hexapeptides of this series, ambidextrous helices were seen to be stabilized by methanol-mediated H-bonds. Thus, water/solvent-mediated H-bond seems indispensable in the formation of the ambidextrous helical structure. The inability to accommodate a water molecule in the central region of P3 (even in the presence of water in the crystallization solvent) might have led to the absence of the ambidextrous helix in this case. The position of disubstitution in the  $\gamma^{4,4}$  amino acid residue might be responsible for this preferential inability in the recruitment of the water molecule in P3.

Achiral amino acid residues can adopt both left- and righthanded conformations with equal ease. The centrally located achiral  $\gamma$  amino acid residues  $\gamma^{3,3}$  and  $\gamma^{4,4}$  could thus adopt either right- or left-handedness and could induce this on its neighboring amino acid residues, irrespective of their chirality. However, this effect of induction of handedness on the neighboring residues (by the  $\gamma$  amino acid residue) seemed to be prominent only up to three amino acid residues, which resulted in the observation of diastereomers in the left- and right-handed helices of **P2** and **P3** (differing in stereochemistry at the 4<sup>th</sup> amino acid residues from  $\gamma$ ).

In the left-handed CE3<sub>10</sub> helices of **P2** and **P3**, the L amino acid residues [Val (3) and Leu (7)] in close proximity to the central achiral  $\gamma$  amino acid residues adopted left-handedness. However, residues Leu (1) and Val (9), which were further away from the central  $\gamma$  amino acid residue reverted back to their usual right-handed conformation in **P2** (Figure 4b and Table 1). In the case of **P3**, though Val (9) changed back to its usual right-handed conformation in the crystals. Thus, the observation of the left-handedness in **P2** and **P3** was a direct consequence of the centrally located achiral  $\gamma$  amino acid residue. No left-handed helices were experimentally realized either in a solution or a crystal for **P1**. Thus, similar abilities for  $\gamma^{2,2}$  remain inconclusive.

# CONCLUSIONS

Chiral peptides P1-P3, containing L amino acid residues, were established to be adopting a rare ambidextrous helical conformation and left-handed CE3<sub>10</sub> helical conformation, in addition to the regular right-handed CE3<sub>10</sub> helical conformation. Ambidexterity needing the reversal of handedness around the central part of the helix was induced by hydrogen bonds to a centrally positioned water molecule. The differential position

of disubstitution of the  $\gamma$  amino acid residue backbone in  $\gamma^{4,4}$  of P3 might have prevented the recruitment of water in the structure, thus preventing the formation of the ambidextrous helix in P3. The central achiral  $\gamma$  amino acid residues adopted either handedness and induced it on the flanking  $\alpha$  amino acid residues irrespective of their configuration, thus generating leftand right-handed CE3<sub>10</sub> helical conformations. This ability of induction of handedness of the central  $\gamma$  amino acid residues on the neighboring  $\alpha$  amino acid residues (L or achiral) wore off with distance beyond three amino acid residues. The difference in stabilities between the different conformations of P1-P3 determined their populations in solution. Among the three differentially disubstituted  $\gamma$  amino acid residues,  $\gamma^{4,4}$  was most prone to adopting the CE3<sub>10</sub> helical structure followed by  $\gamma^{3,3}$ .  $\gamma^{2,2}$  seemed to be least prone to adopting the CE3<sub>10</sub> helical structure among all three. The present study opens up different possibilities for the design of hybrid peptide architectures with mixed handedness through a rational design of peptides using appropriately disubstituted  $\gamma$  amino acid residues.

# MATERIALS AND METHODS

All of the amino acids (expect three unnatural  $\gamma$  amino acids<sup>45</sup>) and coupling reagents 1-ethyl-3-(3dimethylaminopropyl) carbodiimide hydrochloride (EDC·HCl) and 1-hydroxybenzotriazole (HOBt) were purchased from GL Biochem (Shanghai, China). Dioxane, trifluoroacetic acid (TFA), HPLC-graded acetonitrile, and methanol were obtained from Merck. Di-tertbutyl dicarbonate (Boc), thionyl chloride (SOCl<sub>2</sub>) N,Ndiisopropylethylamine (DIPEA), calcium hydride, lithium hydroxide (LiOH), and other chemicals were purchased from Sigma-Aldrich. Methanol and dichloromethane were dried using magnesium turnings and calcium hydride (CaH<sub>2</sub>), respectively. All reagents for peptide synthesis were used as received without further purification. Column chromatography was done using silica gel (60-120 mesh size) as the stationary phase and hexane/ethyl acetate as an eluent. Thin-layer chromatography (TLC) was performed using TLC Silica Gel 60  $F_{254}$  and visualized by ultraviolet (UV) light or stained with iodine vapor and a KMnO<sub>4</sub> solution.

Peptide purification was done by reverse-phase highperformance liquid chromatography (RP-HPLC) using a Thermo Scientific Dionex Ultimate 3000 on a semipreparative Luna 5  $\mu$ m C18(2) 100 Å, LC column (250 × 21.20 mm<sup>2</sup>). The purity of the peptides was confirmed using an Agilent 1260 Infinity II Prime LC analytical HPLC system with an Agilent Technilogies ZORBAX Eclipse Plus C18 analytical column (5  $\mu$ m, 4.6 × 250 mm<sup>2</sup>). Matrix-assisted laser desorption/ionization-time of flight (MALDI-TOF) was measured using a Bruker Daltonics Autoflex speed analysis instrument. Electrospray ionization-MS (ESI-MS) was measured using an Agilent-Q-TOF LC/MS 6500 instrument by electrospray ionization positive mode, equipped with Mass Hunter workstation software.

1D and 2D NMR spectra were recorded on Bruker Ascend TM Aeon 400 and 600 MHz spectrometers. All spectra were recorded in CDCl<sub>3</sub>. The coupling constant (*J*) was measured in Hertz. The chemical shift values are reported in ppm downfield from tetramethylsilane, using CDCl<sub>3</sub> ( $\delta$  = 7.26 ppm for <sup>1</sup>H NMR).

General Procedure of Peptide Synthesis (P1–P3). All peptides (P1–P3) were synthesized through conventional solution-phase chemistry using a fragment condensation strategy involving a 3 + 6 coupling in the final step. *tert*-

Butyloxycarbonyl (Boc) was used for N-terminus protection, and the C-terminus was protected as a methyl ester. Peptide coupling was mediated by EDC·HCL and HOBt. Deprotection of the Boc group was achieved by TFA in DCM (1:1), and the methyl group was removed by saponification using LiOH in a mixture of methanol and water (2:1). (Scheme S1)

**Purification.** Crude peptides were purified by reversephase HPLC using a binary methanol/water (92-100%) solvent system at a flow rate of 10 mL/min using dual UV detection at 214 and 220 nm. To check the purity, analytical HPLC was performed with a flow rate of 1 mL/min and a linear gradient of 50-100% in an acetonitrile/water system. (Figure 1b).

Characterization of Peptides P1-P3. Boc-Leu-Aib- $Val-Aib-\gamma^2-Aib-Leu-Aib-Val-OMe$  (**P1**). <sup>1</sup>H NMR (600 MHz, chloroform-d) (Figure S5):  $\delta$  7.92 (d, J = 6.3 Hz), 7.72 (s), 7.58 (s), 7.53 (s), 7.38 (s), 7.33 (d, *J* = 8.2 Hz), 7.26 (br) 7.24-7.20 (br), 7.19 (s), 7.12 (d, J = 6.0 Hz), 7.06 (s), 6.96(s), 6.77 (s), 6.67 (s), 5.16 (s), 5.11 (s), 4.43-4.39 (m), 4.27 (ddd, J = 10.4, 6.5, 2.8 Hz), 4.00-3.95 (m), 3.90 (t, J = 5.9)Hz), 3.87-3.81 (m), 3.78 (t, J = 6.1 Hz), 3.70-3.69 (br), 3.28-3.22 (m), 3.21-3.13 (m), 3.08-2.97 (m), 2.22 (dh, J =19.4, 6.7 Hz), 1.86–1.71 (m), 1.66–1.57 (m), 1.56–1.43 (m), 1.17 (br, I = 8.8 Hz), 1.11 (br), 1.01–0.90 (m).  ${}^{13}C{}^{1}H{}$ NMR (150 MHz, chloroform-d) (Figure S8): δ 177.9, 175.6, 175.5, 175.3, 172.6, 172.5, 172.0, 170.7, 156.3 (d, J = 86.7 Hz), 80.9, 65.8, 61.7, 61.6, 58.2, 57.9, 57.3, 57.2, 56.9, 56.8, 56.7, 56.7, 55.3, 53.8, 53.4, 53.1, 51.8, 51.7, 42.0, 41.7, 40.2, 40.1, 39.6, 39.4, 38.9, 38.6, 37.0, 36.9, 30.7, 30.6, 29.3, 29.1, 28.3, 28.2, 27.7, 27.6, 27.3, 27.2, 27.1, 27.1, 26.4, 26.1, 25.9, 25.4, 25.2, 25.0, 24.9, 24.9, 24.9, 24.8, 24.8, 24.6, 23.9, 23.5, 23.4, 23.4, 23.3, 23.2, 23.0, 22.7, 21.8, 21.7, 21.1, 21.0, 19.3, 19.1, 19.1, 19.1, 18.7, 18.4, 18.3, 18.2. MALDI-TOF of P1, analytical HPLC peak at (a) 9.7 min [calc.  $(M + Na + 2H)^+$  for  $C_{50}H_{91}N_9O_{12} = 1034.6841$  Da obs. = 1034.093 Da] and (b) 10.3 min [calc.  $(M + K)^+$  for  $C_{50}H_{91}N_9O_{12} = 1048.6424$  Da obs. = 1049.186 Da] (Figure S2).

 $Boc-Leu-Aib-Val-Aib-\gamma^3-Aib-Leu-Aib-Val-OMe$ (P2). <sup>1</sup>H NMR (600 MHz, chloroform-d) (Figure S6):  $\delta$  8.36 (d, J = 5.0 Hz), 8.17 (s), 7.86-7.78 (br), 7.75 (s), 7.67 (s),7.58 (s), 7.51 (s), 7.44 (d, J = 8.8 Hz), 7.42 (d, J = 8.8), 7.00 (d, J = 6.5), 6.96 (s), 6.86 (d, J = 10.4 Hz), 6.77 (d, J = 8.4Hz), 6.70 (s), 6.65 (s), 5.20 (s), 5.11 (s), 4.41 (dt, J = 8.1, 6.0 Hz), 4.18 (q, J = 6.4 Hz), 40.3–3.96 (m), 3.88 (t, J = 6.0 Hz), 3.86–3.81 (m), 3.75–3.71 (br), 3.71 (s), 3.68 (s), 3.54 (t, J = 11.6 Hz), 2.74 (d, J = 13.7 Hz), 2.54 (d, J = 13.7), 2.34–2.29 (m), 2.27-2.19 (m), 1.96 (d, J = 13.7 Hz), 1.94-1.87 (m), 1.86-1.77 (m), 1.75-1.62 (m), 1.58 (s), 1.57-1.43 (m), 1.20 (s), 1.13 (br), 1.02-0.91 (m). <sup>13</sup>C{<sup>1</sup>H} NMR (150 MHz, chloroform-*d*) (Figure S9): δ 175.6, 175.3, 174.8, 172.5, 172.5, 172.2, 171.8, 171.3, 156.3 (d, I = 95.9 Hz), 81.0, 65.8, 61.2, 58.3, 58.0, 57.4, 57.2, 57.0, 56.9, 56.8, 56.7, 56.6, 54.1, 53.8, 53.4, 51.8, 51.6, 48.3, 43.6, 40.3, 39.3, 38.2, 35.2, 30.6, 30.6, 29.7, 29.2, 28.3, 28.2, 27.9, 27.8, 27.7, 27.5, 27.3, 27.2, 26.7, 26.6, 26.6, 25.4, 25.0, 24.9, 24.8, 24.6, 24.2, 23.6, 23.5, 23.2, 23.2, 23.0, 22.9, 22.6, 21.9, 21.7, 21.0, 20.8, 19.3, 19.2, 19.1, 18.4, 18.3, 18.2, 17.9, 15.2. MALDI-TOF of P2, analytical HPLC peak at (a) 11.3 min [calc.  $(M + Na + H)^+$  for  $C_{50}H_{91}N_9O_{12} = 1033.6763$  Da Obs. = 1033.411 Da] and (b) 12.7 min [Calc.  $(M + Na + H)^+$  for  $C_{50}H_{91}N_9O_{12} = 1033.6763$ Da obs. = 1033.299 Da] (Figure S3).

Boc-Leu-Aib-Val-Aib- $\gamma^4$ -Aib-Leu-Aib-Val-OMe (**P3**). <sup>1</sup>H NMR (600 MHz, Chloroform-d) (Figure S7):  $\delta$  8.18

(s), 8.02 (s), 7.58 (s), 7.55 (s), 7.54–7.51 (br), 7.46 (d, *J* = 6.7 Hz), 7.39 (s), 7.29 (d, J = 8.4 Hz), 7.25 (d, J = 8.3), 7.12 (d, J= 5.4 Hz), 6.79 (s), 6.72 (s), 6.58 (s), 6.48 (s), 5.39 (s), 5.22 (s), 4.41 (ddd, *J* = 8.2, 6.2, 3.5 Hz), 4.25–4.19 (m), 4.12 (ddd, *J* = 11.2, 7.1, 4.4 Hz), 3.90–3.83 (m), 3.82–3.76 (m), 3.71 (s), 3.69 (s), 2.70-2.62 (m), 2.48 (dd, J = 15.5, 7.3 Hz), 2.28-2.16 (m), 1.90–1.77 (m), 1.69–1.60 (m), 1.59–1.56 (m), 1.54-1.48 (m), 1.48-1.43 (m), 1.33 (s), 1.31 (s), 1.20 (s), 1.16 (s), 1.03–0.95 (m), 0.93–0.89 (m). <sup>13</sup>C{<sup>1</sup>H} NMR (150 MHz, Chloroform-d) (Figure S10): δ 175.8, 175.6, 175.5, 172.6, 172.5, 172.0, 156.1, 80.8, 65.8, 61.9, 61.7, 58.2, 58.1, 57.3, 57.2, 57.1, 57.0, 56.9, 56.6, 56.5, 56.4, 55.5, 53.8, 53.7, 53.6, 53.2, 51.8, 51.7, 40.3, 39.4, 38.6, 34.7, 34.6, 31.0, 30.7, 30.7, 30.2, 29.6, 29.2, 28.3, 28.2, 27.9, 27.8, 27.6, 27.4, 27.4, 27.3, 27.2, 27.0, 26.8, 26.7, 25.6, 25.3, 25.0, 24.9, 24.8, 24.6, 24.6, 23.5, 23.5, 23.4, 23.4, 23.3, 23.2, 23.0, 22.6, 22.5, 21.9, 21.6, 21.1, 20.8, 19.3, 19.2, 19.1, 19.0, 18.8, 18.3, 18.3, 15.2. MALDI-TOF of P3, analytical HPLC peak at (a) 10.9 min  $[\text{calc.} (M + \text{Na} + H)^{\dagger} \text{ for } C_{50}H_{91}N_9O_{12} = 1033.6763 \text{ Da obs.} =$ 1033.171 Da] and (b) 12.4 min [calc. (M + Na + H) for

1033.171 Da] and (b) 12.4 min [calc. (M + Na + H) for  $C_{50}H_{91}N_9O_{12}$  = 1033.6763 Da obs. = 1033.145 Da.] (Figure S4). Single-Crystal X-ray Diffraction. Crystallization of all of

the peptide conformers was carried out primarily in an acetonitrile/H2O system either from mixtures of conformations or HPLC-separated fractions. For P1, crystals were grown from a mixture of conformers in an ACN/H<sub>2</sub>O solvent system. Crystals could not be grown from the isolated minor peak. More than one crystals could be grown for P2 and P3. In the case of P2, distinct crystals could be grown from the mixture of conformations in ACN/H2O and ACN/MeOH/ H<sub>2</sub>O solvent systems. The third crystal for P2 was grown from the separated minor conformer fraction from the ACN/H<sub>2</sub>O solvent system. In the case of P3, distinct crystals were grown from the mixture of conformers and from the isolated fraction (the later eluting peak in the HPLC chromatogram) in the ACN/H<sub>2</sub>O solvent system. Data were collected at temperatures of 105, 176, and 297 K, respectively. One of the crystal structures of P2 (grown from a mixture in ACN/H<sub>2</sub>O) could not be refined well. Tables S9 and S10 provide the crystal and refinement parameters for all of the peptide structures. Intensity data were collected with Mo-K $\alpha$  radiation ( $\lambda$  = 0.71073 Å) by a Bruker (D8 Quest) diffractometer. Data were processed using the Bruker SAINT package. All of the structures were solved by direct methods using either SHELXS (right-handed helix of P3) or SHELXD (all except right-handed helix of P3) $^{46,47}$  and were refined using the leastsquares method in SHELXL-14.48 All hydrogen atoms were fixed in ideal geometries and were refined as riding against the atoms to which they are bonded. The crystal structures have been deposited at the Cambridge Crystallographic Data Centre (CCDC) with deposition numbers 2206582-2206586.

**FTIR Spectroscopy.** Solution IR spectroscopy of all peptides was carried out by using a PerkinElmer Spectrum Two spectrometer. All FTIR spectra were recorded in the region of 400-4000 cm<sup>-1</sup>. For this study, peptides were dissolved in CDCl<sub>3</sub> at 1 mM concentrations, and before casting the sample, the solvent as a sample was recorded to prevent the appearance of solvent peaks in the spectrum.

**NMR Spectroscopy.** All NMR experiments were carried out on a Bruker Ascend Aeon 600 and 400 MHz spectrometer, respectively. The peptide concentrations were in the range of

5-7 mM in CDCl<sub>3</sub> for both 1D and 2D NMR experiments. The chemical shift values and coupling constants were measured from 1D NMR spectra. Variable temperature 1D NMR experiments were carried out between 273 and 323 K. Complete resonance assignments of the protons of P1-P3 were done by TOCSY and ROESY experiments. All of the 2D experiments were done in phase-sensitive mode by using the time-proportional phase incrementation (TPPI) method. For all peptides, TOCSY spectra were recorded with a mixing time of 80 ms, but for ROESY spectra, three different mixing times of 150 (for P1), 250 (for P2), and 300 ms (for P3) were used, respectively. The spectral width was 6009.6 Hz in both dimensions. The total number of scans was fixed to 32 for TOCSY and ROESY, respectively. Data points were set to 2048 and 300 in f2 and f1 dimensions, respectively, for both TOCSY and ROESY spectra. Zero filling was done to finally yield a data set of  $4K \times 2K$ . All NMR spectra were processed using Topspin 3.6 software.

**CD** Spectroscopy. The CD spectra of all of the solution conformers of P1–P3 were recorded by using a 200  $\mu$ L quartz cuvette of a 1 mm path length with a Jasco J-1500 spectropolarimeter at room temperature. The CD studies were performed in acetonitrile at 600  $\mu$ M concentrations for all peptides. Spectra were collected at a scan rate of 100 nm·min<sup>-1</sup> and 2 nm bandwidth from 190 to 260 nm with five scans for averaging. Before running the sample, acetonitrile was run to correct the baseline.

**Electronic Structure Calculations.** 2D NMR experiments confirmed that the peptides (P1, P2, and P3) are helical and have two distinct conformations. DMSO- $d_6$  titration experiments also highlighted the backbone NHs that are solvent-exposed. However, the structure of the one conformer could not be crystallized. To gain insights into the structures, we performed computational modeling. Using the experimental data as an input, we modeled helical peptides in PyMOL software<sup>49</sup> and subjected these models to geometry optimization using the Gaussian 16 program<sup>50</sup> employing density functional theory (B3LYP/6-311++G\* level).<sup>51–53</sup> Calculations also included normal mode frequency calculations to identify the nature of the structures in the energy hypersurface. The optimized coordinates of the two conformers of peptides (P1, P2, and P3) are provided at the end of this document.

Relative Energies of Different Conformers Shown in Figure 9. The energy difference between two different optimized conformers ( $\Delta E$ ) was calculated with respect to the stable conformer. Thus, the estimated  $\Delta E$  was always > 0.

A. If two conformers did not contain a water molecule, then the relative energy between the two conformers was calculated using the equation

$$\Delta E = E^{C2}(Px) - E^{C1}(Px)$$

where Px = (P1 or P2 or P3) and C1/C2 = conformer1/2. The above equation was used to calculate +0.48 and +2.02 in Figure 9.

B. If a water molecule was present in one of the conformations, then the energy of water was subtracted. E.g., the energy difference between two conformers C1 = ambidextrous helix and C2 = right-handed CE3<sub>10</sub> helix of **P1** was estimated from

$$\Delta E = [E^{\text{right-handed CE3}}_{10} \text{ (P1)} + E(\text{water})]$$
$$- E^{\text{ambidextrous helix}}(\text{P1})$$

Thus, +7.71 and +10.93 were calculated from the above equation.

C. The most stable conformer was the **P2** ambidextrous helix. Thus, all of the other energy levels were placed with respect to the **P2** ambidextrous helix (0.0 of Figure 9).

# ASSOCIATED CONTENT

## Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsomega.3c05124.

Reaction scheme, chemical structures, characterization spectra (<sup>1</sup>H NMR, <sup>13</sup>C NMR, MALDI-TOF), ESI-MS, analytical HPLC traces, TOCSY, temperature dependence of NH resonances, major conformer of **P2** in the crystal, solution FTIR spectra, CSI plot, ROESY spectra, DMSO- $d_6$  titration plots, DFT structures, HPLC retention times, <sup>1</sup>H NMR parameters (chemical shifts, <sup>3</sup>J<sub>NH-C<sup>a</sup>H</sub> values,  $\Delta\delta$  from DMSO- $d_6$  titration), crystallographic parameters, and Cartesian coordinates of DFTcalculated structures (PDF)

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## **Author Contributions**

This manuscript was written through the contributions of all authors. All authors have given approval to the final version of the manuscript.

#### Notes

The authors declare no competing financial interest.

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