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Intravascular ultrasound-based decision tree model for the optimal endovascular treatment strategy selection of femoropopliteal artery disease—results from the ONION Study-

Yuko Yazu¹, Masahiko Fujihara^{2,3*} , Mitsuyoshi Takahara⁴, Naoya Kurata⁵, Aya Nakata⁶, Hitoshi Yoshimura⁷, Tomoaki Ito⁸, Masashi Fukunaga⁹, Amane Kozuki¹⁰ and Yusuke Tomoi¹¹

Abstract

Background: The role of catheter-based imaging in peripheral interventions for lower extremity artery disease (LEAD) has increased with percutaneous interventions. To clarify the relation between intravascular ultrasound (IVUS) information and procedure selection strategy for endovascular treatment therapy (EVT) of the femoropopliteal artery in the real-world clinical settings wherein new endovascular technologies (NETs), including drug-coated balloon (DCB), drug-eluting stent (DES), and covered stent-graft (CS). Our retrospective multicenter analysis examined symptomatic 970 patients treated by EVT for de novo femoropopliteal lesions with IVUS guidance. The decision tree analysis was performed retrospectively to determine the association of IVUS and angiography parameters with the strategy selection of endovascular procedures. We divided the study population according to the developed tree, and identified the most popular strategy selection in each subgroup. We finally examined whether the restenosis risk would be different among respective subgroups of the tree.

Results: During the study periods, plain old balloon angioplasty, DCB, and bare nitinol stent were most frequently selected (25.3%, 23.9%, and 23.8%, respectively). The drug-eluting stent (DES), covered stent (CS), and spot stent strategies were used in 7.3%, 11.5%, and 8.1%. NETs had the lowest restenosis risk in the overall population. The decision tree had a depth of six branches and divided the patients into 11 subgroups by IVUS and angiography parameters. The restenosis rate was similarly low among these 11 subgroups when the most popular NET in each subgroup was selected ($P=0.94$).

Conclusions: The use of IVUS data along with angiography data would standardize the selection of endovascular procedures and can improve patency outcomes if NETs are used properly.

Keywords: Femoropopliteal segment, Endovascular Therapy, Peripheral artery disease, Intravascular Ultrasound, Drug-Coated stent, Drug-Eluting stent, Covered stent-graft

Background

Endovascular therapy (EVT) for lower extremity artery disease (LEAD) has been widely applied. Notably, atherosclerotic femoropopliteal artery disease is increasingly being treated with an endovascular approach supported by many evidence and guidelines (Aboyan et al. 2018; Allan et al. 2022; Bausback et al. 2019).

*Correspondence: masahiko-fujihara@themis.ocn.ne.jp

² Department of Cardiology, Kishiwada Tokushukai Hospital, Kishiwada-City Osaka, 4-27-1, Kamoricho 596-8522, Japan
Full list of author information is available at the end of the article

Recently, new endovascular technologies (NETs), including drug-coated balloon (DCB), drug-eluting stent (DES), and covered stent (CS), have improved clinical outcomes of EVT, and the indication of EVT has been expanded to more complex lesions. The role of catheter-based imaging in EVT for LEAD has increased. Intravascular ultrasound (IVUS)-guided intervention, a common strategy for femoropopliteal interventions, is used to evaluate the target artery, monitor guidewire position, assess plaque morphology and calcification, measure the precise vessel diameter, evaluate dissection and device selection, and determine the procedure endpoint (Bosiers et al. 2009). Since the beginning of the intervention era, additional IVUS parameters have been advocated to improve clinical outcomes⁵⁶. However, it remained unclear whether IVUS information would be utilized for the selection of endovascular procedures. Furthermore, whether the selection would lead to optimal patency outcomes was also unclear. This study aimed to clarify the relationship between the IVUS information and the selection of endovascular procedures in the real-world clinical settings wherein NETs were clinically available. The patency outcomes according to the procedure selection was also investigated.

Methods

Study design and patient selection

The ONION (the Optimal eNdovascular treatment strategy for femoropopliteal artery disease controlled by Intravascular ultrasound evaluation) study was a retrospective multicenter clinical investigation that analyzed patients treated for symptomatic femoropopliteal de novo occlusive lesions between January 2016 and December 2018 at five centers across Japan. The study examined 970 consecutive patients (718 male and 252 female patients; mean age: 74.1 ± 9 years) who had intermittent claudication symptoms classified as grades 2–3 based on the Rutherford scale (Fujihara et al. 2019) and successfully underwent femoropopliteal EVT with IVUS guidance. The study's main inclusion criterion was the presence of single or sequential de novo lesions ($\geq 70\%$ diameter stenosis or occlusion) of the superficial femoral artery, proximal popliteal artery, or both with a reference vessel diameter of 3–7 mm by angiographic analysis. Significant aortoiliac lesions were treated simultaneously with or before femoropopliteal treatment. Exclusion criteria encompassed the presence of simultaneous lesions of the common femoral artery and the lack of baseline IVUS data. Cases of atherectomy device use were also excluded. Because no atherectomy device was commercially available during this study period.

The study was conducted according to the Declaration of Helsinki and was approved by the participating institutions' institutional review boards.

Endovascular therapy procedure and follow-up

Medications such as aspirin, clopidogrel, oral anticoagulants, and heparin were administered according to local hospital policy and physicians' discretion. A sheath was inserted into the ipsilateral or contralateral common femoral artery. A baseline angiography was performed to evaluate the lesion location, lesion length, and stenotic or chronic total occlusion (CTO). After infusion of 5000–8000 units of heparin, a guidewire was used to cross the lesion, and IVUS evaluation was assessed for whole lesions. After baseline IVUS evaluation, an optimal-sized conventional balloon and/or scoring/cutting balloon were applied to dilate the lesion. After that, commercially available stent implantation, DCB dilatation, or bare balloon alone procedures were performed. The treatment strategies were classified into plain old balloon angioplasty (POBA), bare nitinol stent (BNS), DCB, DES, CS, and spot bare nitinol stent implantation with POBA (spot). Technical success was defined as $< 30\%$ residual stenosis without flow-limiting severe dissection after stent implantation or after the balloon angioplasty strategy (Fujihara et al. 2022). Follow-up clinical evaluations were conducted six and 12 months after the procedure. Follow-up evaluations for clinical symptoms and lesion patency were assessed using duplex ultrasound. The restenosis was defined as an at-rest peak systolic velocity of ≥ 2.5 on duplex ultrasound without reintervention (Hong et al. 2015).

Intravascular ultrasound protocol

In all patients having an IVUS-guided procedure, the pre/post IVUS images were recorded using a 20–60 MHz transducer connected to a console system [60 MHz AltaView IVUS, Terumo, Tokyo, Japan; 40–60 MHz Opticross IVUS, Boston Scientific, Marlborough, MA, USA; and 20-MHz Eagle Eye or Eagle Eye Platinum catheter, Philips Volcano, Rancho Cordova, CA, USA]. The interventional cardiologist advanced the IVUS catheter beyond the lesion to capture images with manual pull-back. If the IVUS catheter could not cross the lesion, it was dilated using a ≤ 2.0 -mm balloon to allow the catheter to pass.

IVUS imaging was used to evaluate the guidewire route, measure vessel diameters and areas, maximum circumferential distribution of calcium, and vessel dissection pattern after pre balloon angioplasty (Iida et al. 2014). The guidewire route was evaluated as all intimal space (True), partial subintimal space (Sub-True), and all subintimal space (Sub). Vessel size and area were

delimited by the external elastic membrane (EEM), and the proximal–distal reference vessel and lesion defined as the most stenotic segment were identified. Reference segments were selected as the most normal-looking sections within 10 mm on either side of the lesion. The lumen diameter and area were also evaluated. The maximum calcification site was defined as the area in which calcification was circumferentially most extensively distributed (Iida et al. 2015).

The severity of vessel dissection after the initial balloon angioplasty procedure was assessed. If several dissection patterns were evident in a single lesion, the worst was used for the analysis. Six grades of dissection (A1, A2, B1, B2, C1, and C2) were employed according to the iDissection classification criteria. This classification combines the depth of injury from intima to adventitia with the circumference of dissection. The iDissection category is defined as (A1) < 180°, intima; (A2) ≥ 180°, intima; (B1) < 180°, media; (B2) ≥ 180°, media; (C1) < 180°, adventitia; (C2) ≥ 180°, adventitia (Iida et al. 2019).

Outcomes

The primary study outcome was the influence of IVUS and angiography parameters for basic procedure strategy selection. The basic procedure strategy included plain old balloon angioplasty (POBA), dug coated balloon (DCB), bare nitinol stent (BNS), drug eluting stent (DES), the covered stent-graft (CS), and spot bare nitinol stent implantation with POBA (SPOT). This outcome was analyzed by decision tree analysis. The secondary outcomes were the six months and one-year restenosis rates associated with the basic procedure strategy. The optimal procedure strategy in each subgroup was also evaluated.

Statistical analyses

If not otherwise mentioned, data were presented as means and standard deviations for continuous variables or percentages for discrete variables. *P* < 0.05 was considered statistically significant, and 95% confidence intervals were reported where appropriate. To explore IVUS and angiography findings associated with the selection of endovascular procedures, we first developed a decision tree. We adopted the decision tree analysis because this analysis can handle nonlinear relationships, explore potential thresholds of covariates, and flexibly treat potential interaction effects among covariates. The candidates for associated factors were lesion length, CTO, popliteal alone, subintimal guidewire passage, distal EEM diameter, distal lumen diameter, calcification, and post-angioplasty dissection. The intergroup difference in the proportion of restenosis was tested by the chi-squared test. Missing data were addressed using the multiple

imputation method. All statistical analysis was performed using R version 3.6.1 (R Development Core Team).

Results

Baseline characteristics of the study population are presented in Table 1. The mean age was 74.1 ± 8.5 years, and the prevalence of hypertension, current smoking habits, diabetes mellitus, and chronic renal failure were 77%, 27%, 54%, and 30%, respectively. The average lesion length was 144 mm, and the percentage of CTO was 43%. The Opticross IVUS, AltaView IVUS, and Volcano IVUS were used for 40.3%, 39.2%, and 20.2%, respectively.

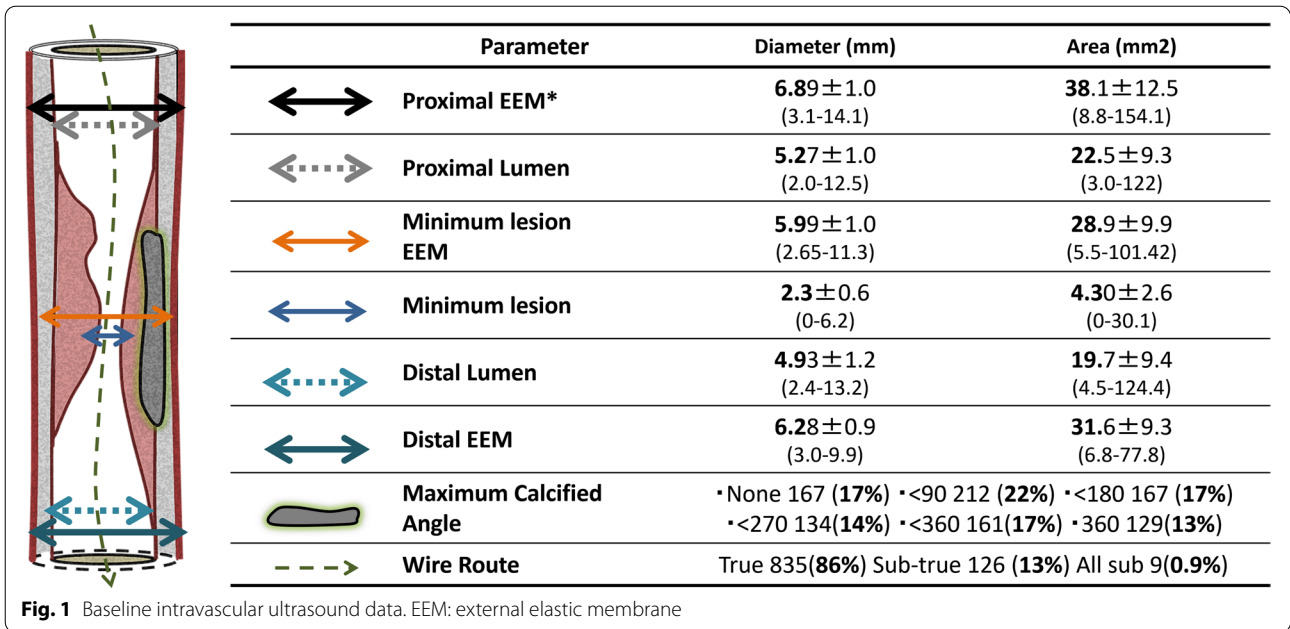
The baseline IVUS parameters are shown in Fig. 1. The distal reference EEM was 6.28 ± 0.90 mm, and the distal reference lumen diameter was 4.93 ± 1.20 mm. The cases with calcification were 83%, and 13% of patients had round shape 360-degree calcification. The percentages of guidewire passage routes that were all true, sub-true, and all sub were 86%, 13%, and 0.9%.

In this study period, POBA, BNS, and DCB were most frequently selected (25.3%, 23.9%, and 23.8%, respectively), whereas DES, CS, and spot stent strategies were

Table 1 Baseline demographic, clinical, and lesion characteristics of 970 patients

| Age (years old) | 74.1 ± 8.5 |
|-----------------------------------|-------------|
| Male (%) | 718 (74.0) |
| Hypertension (%) | 750 (77.0) |
| Diabetes (%) | 527 (54.3) |
| Dyslipidemia (%) | 483 (49.8) |
| Current Smoking (%) | 263 (27.1) |
| Obesity (%) BMI > 25 ^a | 226 (23.2) |
| CRF (%) ^a | 294 (30.3) |
| ESRD ^a on dialysis | 230 (23.7) |
| Rutherford II | 291 (30.0) |
| Rutherford III | 679 (70.0) |
| ABI ^a | 0.65 ± 0.20 |
| CTO ^a (%) | 369 (38.0) |
| Lesion length (mm) | 144.4 ± 01 |
| Popliteal artery alone (%) | 56 (5.8) |
| Aspirin (%) | 851 (87.7) |
| Clopidogrel (%) | 747 (77.0) |
| Cilostazol (%) | 232 (23.8) |
| OAC ^a (%) | 134 (13.8) |
| Statin (%) | 397 (40.9) |
| Opticross IVUS (%) | 391 (40.3) |
| AltaView IVUS (%) | 380 (39.2) |
| Volcano IVUS (%) | 196 (20.2) |
| Other IVUS (%) | 3 (0.3) |

^a ABI Ankle brachial index, BMI Body mass index, CRF Chronic renal failure, CTO Chronic total occlusion, ESRD End-stage renal dysfunction, OAC Oral anticoagulation therapy, IVUS Intravascular ultrasound



used in 7.3%, 11.5%, and 8.1%, respectively (Fig. 2). Table 2 shows the lesion characteristics according to the standard procedure strategy. After the pre balloon angioplasty, grade B2 and C dissection occurred in 26% and 13% of the cases as severe dissection.

Figure 3 shows the developed decision tree for the selection of endovascular procedures retrospective. The

tree had a depth of six branches and divided patients into 11 subgroups. The first branch was for a lesion length > 25 cm or ≤ 25 cm. In lesions of > 25 cm, distal EEM diameter of > 5 mm was associated with a preferable use of CS, whereas the diameter of ≤ 5 mm was associated with a preferable use of DCB. Spot stent strategy was also preferably selected in long lesions with CTO or distal

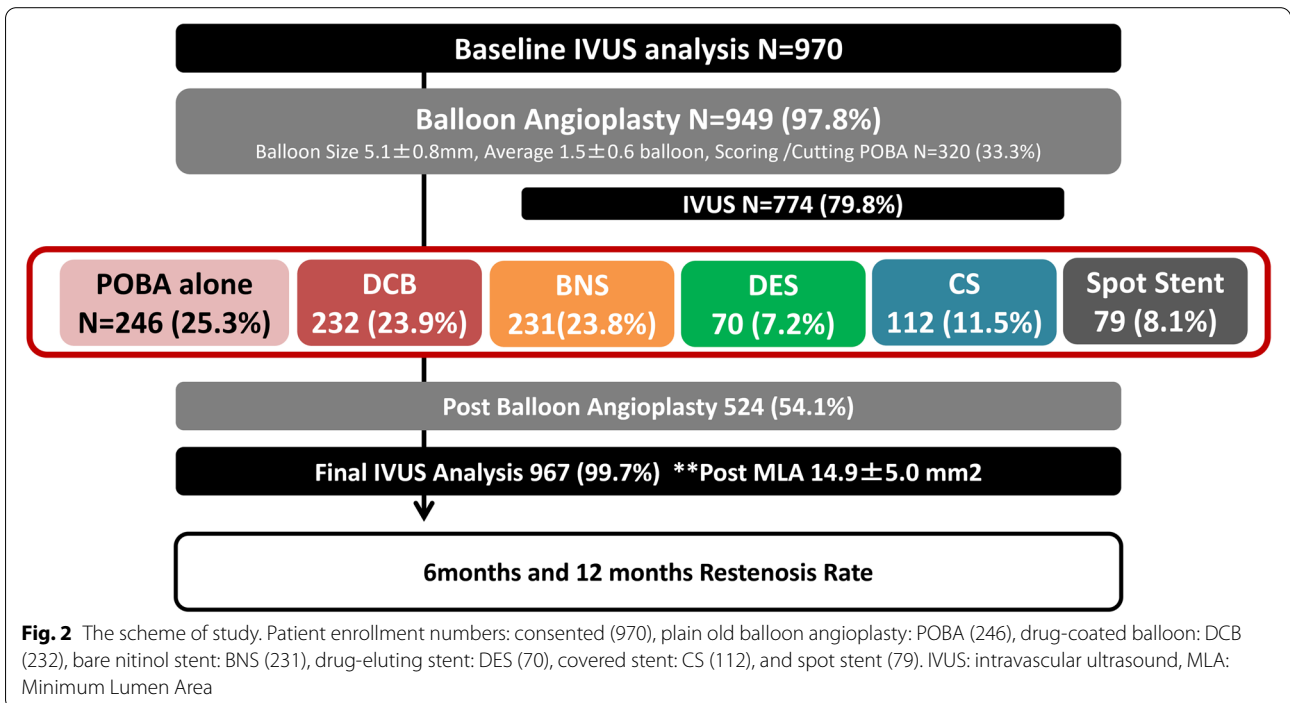
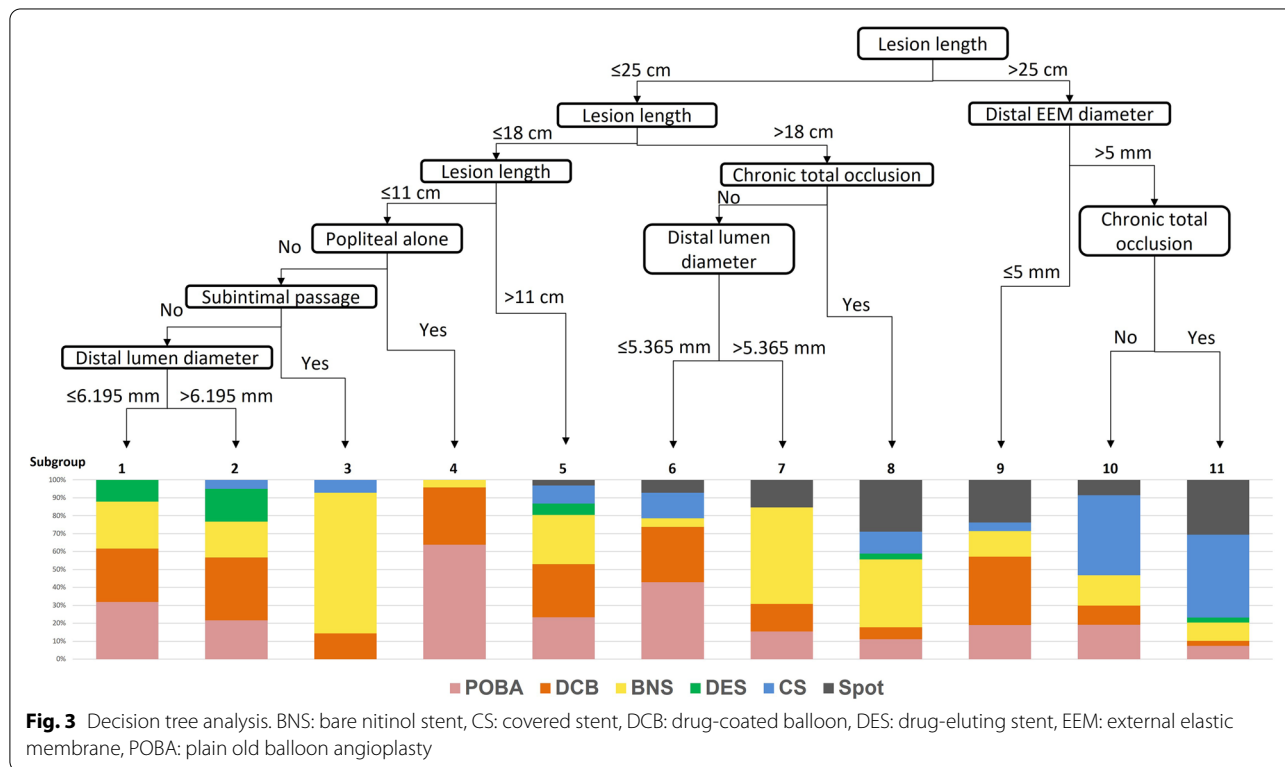


Table 2 The lesion characteristics according to the standard procedure strategy by intravascular ultrasound evaluation

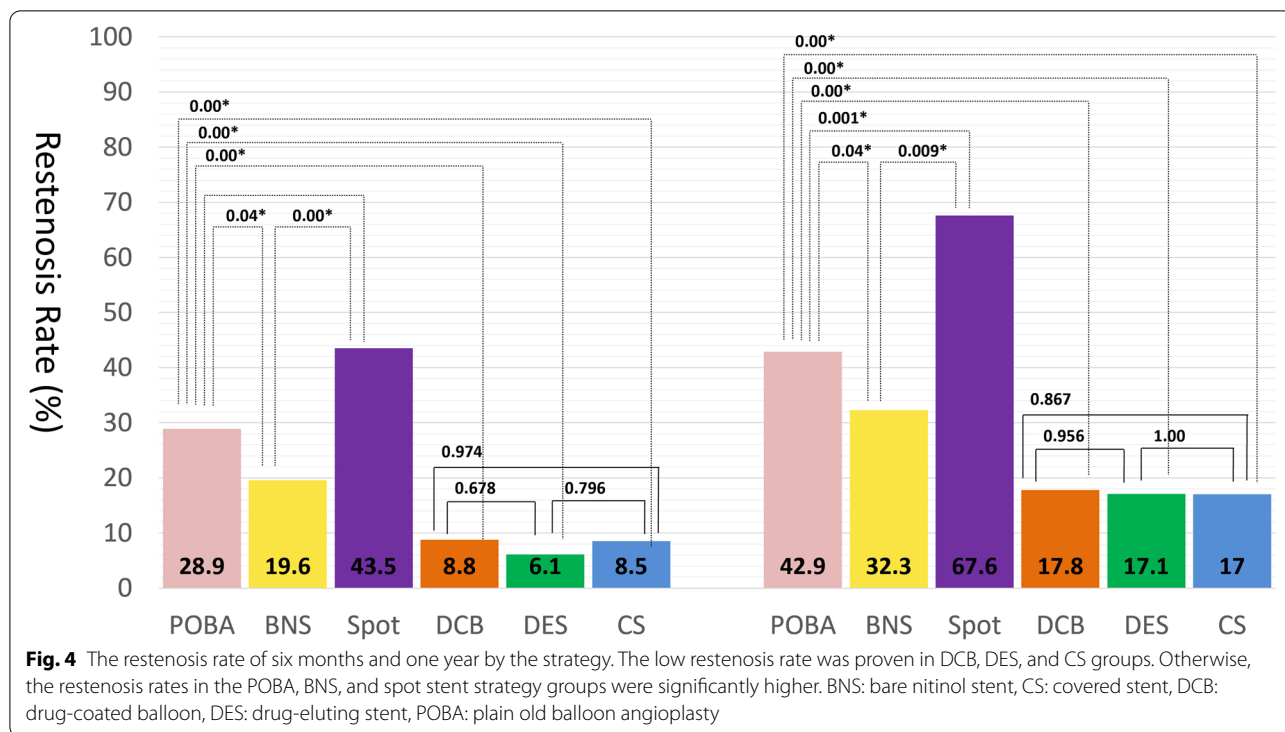
| | All n=970 | POBA n=246 | DCB n=232 | BNS n=231 | DES n=70 | CS n=112 | Spot n=79 |
|---------------------------|------------------|------------|-----------|-----------|-----------|-----------|-----------|
| Chronic total occlusion | 369 (38%) | 60 (24%) | 47 (20%) | 104 (45%) | 22 (31%) | 69 (62%) | 67 (85%) |
| Popliteal alone | 56 (6%) | 30 (12%) | 23 (10%) | 3 (1%) | 0 (0%) | 0 (0%) | 0 (0%) |
| Lesion length (mm) | 144 ± 102 | 110 ± 88 | 111 ± 81 | 131 ± 86 | 93 ± 66 | 268 ± 85 | 259 ± 61 |
| Distal EEM* diameter(mm) | 6.3 ± 0.9 | 6.1 ± 1.0 | 6.2 ± 0.9 | 6.4 ± 0.9 | 6.6 ± 0.7 | 6.5 ± 1.0 | 6.1 ± 1.0 |
| Distal lumen diameter(mm) | 4.9 ± 0.9 | 4.7 ± 1.0 | 4.9 ± 1.0 | 5.0 ± 0.9 | 5.3 ± 0.9 | 5.0 ± 0.9 | 4.7 ± 0.9 |
| Calcification–None | 167 (17%) | 48 (20%) | 42 (18%) | 35 (15%) | 16 (23%) | 12 (11%) | 14 (18%) |
| < 90° | 212 (22%) | 43 (17%) | 62 (27%) | 49 (21%) | 19 (27%) | 23 (21%) | 16 (20%) |
| < 180° | 167 (17%) | 40 (16%) | 40 (17%) | 36 (16%) | 15 (21%) | 20 (18%) | 16 (20%) |
| < 270° | 134 (14%) | 36 (15%) | 37 (16%) | 28 (12%) | 8 (11%) | 18 (16%) | 7 (9%) |
| < 360° | 161 (17%) | 44 (18%) | 33 (14%) | 32 (14%) | 6 (9%) | 29 (26%) | 17 (22%) |
| 360° | 129 (13%) | 35 (14%) | 18 (8%) | 51 (22%) | 6 (9%) | 10 (9%) | 9 (11%) |
| Subintimal route | 135 (14%) | 9 (4%) | 8 (3%) | 39 (17%) | 4 (6%) | 42 (38%) | 33 (42%) |
| Dissection after PTA* | | | | | | | |
| None/Grade A/B1 | 468 (60%) | 155 (67%) | 134 (62%) | 101 (63%) | 22 (56%) | 18 (30%) | 38 (59%) |
| Grade B2 | 205 (26%) | 65 (28%) | 65 (30%) | 41 (25%) | 10 (26%) | 12 (20%) | 12 (19%) |
| Grade C1/C2 | 101 (13%) | 12 (5%) | 18 (8%) | 19 (12%) | 7 (18%) | 31 (51%) | 14 (22%) |
| Missing data | 196 (20%) | 14 (6%) | 15 (6%) | 70 (30%) | 31 (44%) | 51 (46%) | 15 (19%) |

BNS Bare nitinol stent, CS Covered stent, DCB Drug-coated balloon, DES Drug-eluting stent, EEM External elastic membrane, POBA Plain old balloon angioplasty, PTA Percutaneous transluminal angioplasty



EEM diameter ≤ 5 mm. In contrast, shorter lesion, open vessel, and true lumen guidewire passage were associated with a preference for the balloon alone procedure (POBA

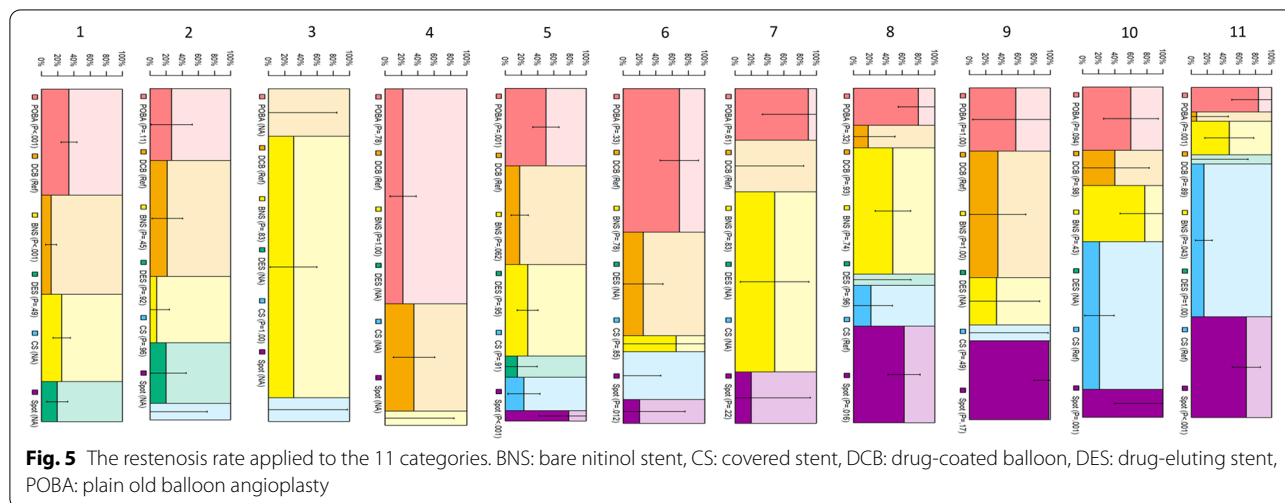
or DCB). The calcification and dissection pattern after post percutaneous transluminal angioplasty (PTA) was not identified as factors associated with the procedure

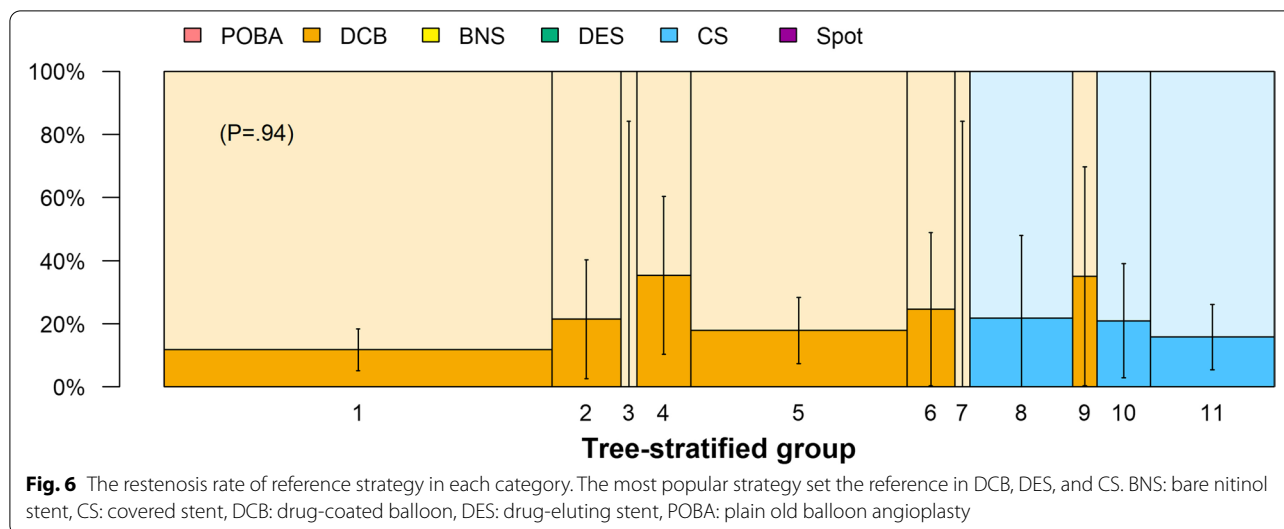


selection. In subgroups 1–7 and 9, DCB was the most popular NETs. In subgroups 1, 8, and 11, CS was the most popular NETs.

The restenosis rate at six months and one year by endovascular procedures in the overall population is shown in Fig. 4. NETs, i.e., DCB, DES, and CS groups had the lowest restenosis risk, whereas POBA, BNS, and spot stent strategy groups were significantly higher restenosis rate. The restenosis rates of each endovascular procedure in the 11 subgroups of the tree are shown in Fig. 5. In each subgroup, endovascular strategies

other than NETs did not have a lower restenosis rate than the most popularly selected NET. As shown in Fig. 6, The restenosis rate was similarly low among these 11 subgroups when the most popular NET in each subgroup was selected ($P=0.94$). These results indicate that favorable patency was maintained in cases in which IVUS information was used in addition to angiographic findings, and appropriate device selection was made from NETs. To begin with, PTA and BNS and their combined therapy had poor results even with IVUS.





Discussion

The current study analyzed 970 femoropopliteal IVUS-supported EVTs and revealed the relationship between the IVUS information and the selection of endovascular procedures. This IVUS data may also be useful as basic information on femoropopliteal lesions treated in routine clinical practice.

As the expansion of indication for peripheral intervention, imaging technology is widely used. IVUS is a reliable imaging modality that reveals vast information during the procedure process. Iida et al. reported that IVUS use in femoropopliteal stenting appears to be associated not only with the procedure’s success but also with a higher primary patency rate⁵⁶. Previous reports were based on the IVUS evaluation methodology, such as vessel size, lumen area, wire route, calcification, lesion morphology, and vessel dissection after balloon angioplasty (Iida et al. 2021; Kozuki et al. 2021; Kurata et al. 2020; Miki et al. 2020a; Miki et al. 2020b). Some parameters that influenced patency outcomes were shown, including calcification, vessel dissection, and post stent area and position (Iida et al. 2015; Mori et al. 2017; Norgren et al. 2007). Many post-hoc analyses accumulated the IVUS data by the individual finalize devices.

Except for these mentioned cases, no reliable data are available on how the operators use the IVUS information to the fullest extent. In particular, data are lacking for completing the procedure strategy selection when DCB, DES, CS, and BNS are considered.

In this study period, the basic procedure strategy was drastically changed due to the approval of a NETs in this territory. POBA alone, DCB, BNS, DES, CS, and spot stent strategy as BNS plus POBA were performed in this period. The first half, POBA alone and BNS were mainly used. The latter half, NETs were mainly used. The first

polymer-free paclitaxel-coated stent, Zilver PTX stent (Cook Medical, Bloomington, IN, USA), was approved in 2012. The spot stent strategy (BNS with POBA) gained popularity between 2015 and 2017 (Rutherford and Becker 1991). However, the strategy was later found to be not so effective (Shammas et al. 2018a) and became unpopular at the end of 2016, when VIABAHN CS (W. L. Gore & Associates, Flagstaff, Ariz) and DCB (IN. PACT Admiral, Medtronic, Santa Rosa, CA, USA and LUTO-NIX, BD, Peripheral Interventions, Tempe, Arizona) obtained clinical approval. These approvals had a significant influence on the selection of the treatment strategy.

Our decision tree analysis identified how the operator’s selection procedure strategy is associated with the IVUS information. The data were finally divided into 11 subgroups, and the first split was associated with lesion length. In long lesion cases >25 cm, the influenced parameters were the vessel size and total occlusion or vessel size. For medium-size vessel and occlusion cases, the CS strategy was performed. This strategy selection for long CTO lesions was also supported by the clinical evidence from VIABAHN studies (Shammas et al. 2018b).

On the contrary, short lesion cases (≤11 cm) led to the balloon alone procedure. In these lesion populations, DCB had shown excellent patency outcomes from extensive clinical evidence (Shammas et al. 2019). Otherwise, in the subintimal guidewire passage situation, the most popular strategy is BNS; whether either the true lumen or subintimal angioplasty is a better solution is still debatable.

In the medium length (>18 cm, ≤25 cm) cases, BNS and DCB were mainly used. It is consistent with the randomized controlled trial of DCB and DES; there was no significant difference in this category (Tomoi et al. 2019).

Interestingly, the degree of calcification (Iida et al. 2015) and vessel dissection pattern after PTA by IVUS (Iida

et al. 2019) have not influenced the operator's decision for two reasons. First, these parameters from IVUS were also predictive only of angiography images. Second, a common understanding of IVUS evaluation was not established yet. Therefore, these results do not preclude the need for IVUS evaluation of calcification and vessel dissection.

After the procedure strategy selection in NETs, the restenosis rate was acceptably low at six months and 12 months. Otherwise, PTA alone, BMS, and the spot stent strategy had a significantly high restenosis rate. The outcomes could be adequately explained by the transition to an improved device. In the later period of this study, NETs were mainly used. For the restenosis rate at 12 months, the decision tree analysis revealed that there was no significant difference in the use of the most selected approach for each subgroup. The results suggest that EVT with IVUS is highly useful in cases with NETs. Conversely, EVT with POBA, BNS, and both Spot stents may be less objectionable due to poor patency to begin with. In a latest RCT, Allan RB et al. demonstrated that the use of IVUS reduces restenosis (Fujihara et al. 2017). In this study, significance was also demonstrated, mainly in the DCB group, which is consistent with the present study.

These results are only informative for this period of treatment devices and methods. Future improvements in new devices and treatment methods may affect the results. Nevertheless, this study period was dominated by the use of NETs, which is likely to become the first choice in practice in the near future. We believe that this will be a useful reference for some time to come.

Although many IVUS data have been published in recent years, it remains to be discussed whether the routine use of IVUS is economically and procedurally justified. More appropriate and conditionally appropriate use of IVUS is expected. Further research in this regard is warranted.

Limitation

There are some limitations to this study. First, This study was a single-arm study without a control arm. Also, this study represents a nonrandomized investigation with selection bias. The strategies for EVT were based on the discretion of the treating physician. These factors may have influenced the clinical outcome and results. The study lacks any core laboratory-based analysis, which may also be considered a limitation.

Conclusion

The use of IVUS data standardizes the procedure selection and can improve patency outcomes for femoropopliteal artery disease. The patency outcomes of NETs strategies were favorable and not significantly different based on the decision tree analysis model.

Abbreviations

IVUS: Intravascular ultrasound; EVT: Endovascular treatment therapy; NETs: New endovascular technologies; DCB: Drug-coated balloon; DES: Drug-eluting stent; CS: Covered stent-graft; CTO: Chronic total occlusion; POBA: Balloon angioplasty; BNS: Bare nitinol stent; EEM: External elastic membrane.

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Conflict of interest

The authors have received no financial support for the research, authorship, and publication of this article.

Authors' contributions

YY was primarily involved in study design, protocol development, and implementation. MF was involved in manuscript preparation with YY. MT aided with the data analysis and statistical prowess. NK, AN, HY, TI patient recruitment, and IVUS analysis at site. MF, AK, YT and MF performed the procedure and follow up. All authors have read and approved the final manuscript.

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Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Declarations

Ethics approval and consent to participate

All procedures were performed in accordance with the ethical standards of the institutional and/or national research committees and the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards.

Consent for publication

Written informed consent was obtained from the patients for publication of this case report and any accompanying images.

Competing interests

The authors declare that they have no competing interests.

Author details

¹Department of Medical Engineering, Kishiwada Tokushukai Hospital, Kishiwada, Japan. ²Department of Cardiology, Kishiwada Tokushukai Hospital, Kishiwada-City Osaka, 4-27-1, Kamoricho 596-8522, Japan. ³Department of Medicine and Biosystemic Science, Kyushu University Graduate School of Medical Sciences, Fukuoka, Japan. ⁴Department of Diabetes Care Medicine, Osaka University Graduate School of Medicine, Osaka, Japan. ⁵Department of Medical Engineering, Kansai Rosai Hospital, Amagasaki, Japan. ⁶Department of Medical Engineering, Morinomiya Hospital, Osaka, Japan. ⁷Department of Medical Engineering, Saiseikai Nakatsu Hospital, Osaka, Japan. ⁸Department of Medical Engineering, Kokura Memorial Hospital, Kitakyushu, Fukuoka, Japan. ⁹Cardiovascular Division, Morinomiya Hospital, Osaka, Japan. ¹⁰Department of Cardiology, Saiseikai Nakatsu Hospital, Osaka, Japan. ¹¹Department of Cardiology, Kokura Memorial Hospital, Kitakyushu, Fukuoka, Japan.

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