

Elevated Serum Levels of *Wisteria floribunda* Agglutinin-Positive Human Mac-2 Binding Protein Predict the Development of Hepatocellular Carcinoma in Hepatitis C Patients

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The *Wisteria floribunda* agglutinin-positive human Mac-2-binding protein (WFA⁺-M2BP) was recently shown to be a liver fibrosis glyco biomarker with a unique fibrosis-related glycoalteration. We evaluated the ability of WFA⁺-M2BP to predict the development of hepatocellular carcinoma (HCC) in patients who were infected with the hepatitis C virus (HCV). A total of 707 patients who had been admitted to our hospital with chronic HCV infection without other potential risk factors were evaluated to determine the ability of WFA⁺-M2BP to predict the development of HCC; factors evaluated included age, sex, viral load, genotypes, fibrosis stage, aspartate and alanine aminotransferase levels, bilirubin, albumin, platelet count, alpha-fetoprotein (AFP), WFA⁺-M2BP, and the response to interferon (IFN) therapy. Serum WFA⁺-M2BP levels were significantly increased according to the progression of liver fibrosis stage ($P < 0.001$). In each distinctive stage of fibrosis (F0-F1, F2, F3, and F4), the risk of development of HCC was increased according to the elevation of WFA⁺-M2BP. Multivariate analysis identified age > 57 years, F4, AFP > 20 ng/mL, WFA⁺-M2BP ≥ 4 , and WFA⁺-M2BP 1-4 as well as the response to IFN (no therapy vs. sustained virological response) as independent risk factors for the development of HCC. The time-dependent areas under the receiver operating characteristic curve demonstrated that the WFA⁺-M2BP assay predicted the development of HCC with higher diagnostic accuracy than AFP. **Conclusion:** WFA⁺-M2BP can be applied as a useful surrogate marker for the risk of HCC development, in addition to liver biopsy. (HEPATOLOGY 2014;60:1563-1570)

The annual incidence of hepatocellular carcinoma (HCC) in patients with hepatitis C virus (HCV)-related cirrhosis ranges from 1% to 7%.^{1,2} Therefore, reliable methods for the early identification of liver fibrosis progression and compensated

liver cirrhosis are an essential part of an efficient surveillance program for the detection of HCC.³

Until recently, liver biopsy was considered the gold standard for assessing the severity of liver fibrosis and cirrhosis.^{4,5} Although liver biopsy is generally accepted

Abbreviations: Ab, antibody; AFP, alpha-fetoprotein; AIH, autoimmune hepatitis; ALT, alanine aminotransferase; ANOVA, analysis of variance; AST, aspartate aminotransferase; AUROC, area under the ROC; CT, computed tomography; HCC, hepatocellular carcinoma; HCV, hepatitis C virus; IFN, interferon; MRI, magnetic resonance imaging; Peg-IFN, pegylated IFN; RBV, ribavirin; ROC, receiver operating characteristic; RT-PCR, reverse-transcriptase polymerase chain reaction; SVR, sustained virological response; US, ultrasound; WFA⁺-M2BP, *Wisteria floribunda* agglutinin-positive human Mac-2-binding protein.

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to be a safe procedure, it can cause discomfort and carries a small risk of life-threatening complications.^{6,7} Recently, an assay for *Wisteria floribunda* agglutinin-positive human Mac-2-binding protein (WFA⁺-M2BP) was reported as a novel, noninvasive, and rapid bedside method to assess liver fibrosis.⁸ M2BP has been shown to have multibranching and sialylated N-glycans. WFA is considered to recognize the GalNAc residue of N-glycans and O-glycans or the clustered LacNAc (Gal-GlcNAc) structure. Currently, we are analyzing the glycan structures of WFA⁺-M2BP in detail using mass spectrometry-based technology.⁹ Glycans can reflect the differentiation stage of cells, but not necessarily the level of cellular damage, and therefore they can be very effective markers for chronic disease. In the case of hepatitis, glycans are considered to reflect the progression of fibrosis more specifically than viral load. Several reports have identified M2BP as a potential marker of fibrosis progression in proteome study.¹⁰⁻¹³ Kuno et al. were the first to report that a rapid, simple glycan-based immunoassay for WFA⁺-M2BP can quantify fibrosis.^{8,14}

On the other hand, we reported that alpha-fetoprotein (AFP) is a noninvasive predictive marker for the development of HCC in patients infected with HCV, which can be used to complement the information of fibrosis stage.¹⁵

In this report, we evaluated the utility of WFA⁺-M2BP to predict the development of HCC in patients who were infected with HCV.

Patients and Methods

Patients. Between January 1992 and December 2003, 832 patients were determined to be positive for both anti-HCV by a second- or third-generation enzyme-linked immunosorbent assay and HCV RNA by polymerase chain reaction (PCR). They underwent liver biopsy guided by ultrasonography at the National Hospital Organization, Nagasaki Medical Center (Ōmura, Japan). Among them, 125 (15.0%) patients were excluded from enrollment in this retrospective analysis for the following reasons: (1) positivity for hep-

atitis B surface antigen (n = 12); (2) a heavy habitual drinking habit defined by an average daily consumption of >100 g of ethanol (n = 26); (3) autoimmune hepatitis (AIH), primary biliary cirrhosis, or idiopathic portal hypertension (n = 8); (4) positive antinuclear antibody (Ab; defined as titer >320×) without the diagnosis of AIH (n = 8); or (5) a short follow-up period <180 days (n = 71). The remaining 707 patients were analyzed retrospectively for the incidence of HCC.

For all patients in our cohort, a blood sample was taken on the day of the liver biopsy at our hospital. All samples were preceded to separate serum and stored at -20°C. At the time of blood withdrawal, all patients underwent liver biopsy. Their medical histories had been recorded, along with the results of routine tests for blood cell counts, liver biochemical parameters, and markers for HCV infection at the time of ultrasound (US)-guided liver biopsy and at regular intervals thereafter. Complete blood cell counts and biochemical tests were performed using automated procedures in the clinical pathological laboratories of our hospital.

Staging of Hepatic Fibrosis. Liver biopsies were taken by fine-needle aspiration (16G or 18G sonopsy) guided by US. Liver tissue specimens were fixed in 10% formalin, embedded in paraffin, and stained with hematoxylin and eosin. They were evaluated for the stage of hepatic fibrosis by a pathologist according to the criteria of Desmet et al.¹⁶

Measurement of WFA⁺-M2BP. WFA⁺-M2BP quantification was measured based on a lectin-Ab sandwich immunoassay using the fully automatic immunoanalyzer, HISCL-2000i (Sysmex Co., Hyogo, Japan).⁸ The measured values of WFA⁺-M2BP conjugated to WFA were indexed with the obtained values using the following equation:

$$\text{Cutoff index (COI)} = \frac{([\text{WFA}^+\text{-M2BP}]_{\text{sample}} - [\text{WFA}^+\text{-M2BP}]_{\text{NC}})}{([\text{WFA}^+\text{-M2BP}]_{\text{PC}} - [\text{WFA}^+\text{-M2BP}]_{\text{NC}})}$$

where $[\text{WFA}^+\text{-M2BP}]_{\text{sample}}$ is the WFA⁺-M2BP count of serum sample, PC is positive control, and NC is negative control. The positive control was supplied as

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a calibration solution preliminarily standardized to yield a COI value of 1.0.¹⁴

HCV RNA, HCV Core Antigen, and HCV Genotypes. HCV RNA was determined by reverse-transcriptase (RT)-PCR using a commercial kit (Amplacor HCV; Roche Diagnostic Systems, Basel, Switzerland). HCV core antigen was determined using the Lumispot Eiken HCV antigen assay (Eiken Chemicals, Tokyo, Japan). HCV core antigen levels were classified into low and high with a cutoff at 1,000 fmol/mL.¹⁷ Genotypes of HCV were determined by RT-PCR with genotype-specific primers (HCV RNA core genotype; Roche Diagnostics, Tokyo, Japan).¹⁸

Interferon Therapy. During the observation period, 373 of the 707 (52.8%) patients received interferon (IFN) monotherapy, pegylated (Peg)-IFN monotherapy, or combination therapy with IFN plus ribavirin (RBV) or Peg-IFN plus RBV. Sustained virological response (SVR) was defined as the absence of detectable HCV RNA at the end of 6 months or more of treatment, whereas patients who failed to meet these criteria were judged as having non-SVR. There was no relapse of viremia after 6 months among the SVR patients.

Diagnosis of HCC. Patients were followed up by hematological and biochemical tests at an interval of 1-12 months. Diagnostic imaging by US, computed tomography (CT), and magnetic resonance imaging (MRI) were performed in most patients. HCC was diagnosed by typical vascular patterns on CT, MRI, and angiography or by fine-needle biopsy of space-occupying lesions detected in the liver.

Ethical Considerations. Informed consent was obtained from each patient included in the study, and the study protocol conformed to the ethical guidelines of the 1975 Declaration of Helsinki as reflected in the *a priori* approval by the institution's human research committee.

Statistical Analysis. Continuous variables (platelet counts, albumin, total bilirubin, aspartate aminotransferase [AST], alanine aminotransferase [ALT], AFP, HCV core antigen, and WFA⁺-M2BP) were dichotomized with respect to the median value or clinically meaningful values in the multivariate analysis. To estimate the cumulative risk of developing HCC, Kaplan-Meier's method and the log-rank test were used. Cox's proportional hazards regression analysis was performed to evaluate risk factors for HCC. Regression analysis was performed to calculate Spearman's rank-correlation coefficient. Kruskal-Wallis' analysis of variance (ANOVA), followed by the Games-Howel's posthoc test, was used to assess whether there were any

Table 1. Demographic, Clinical, and Virological Characteristics of the 707 Patients Persistently Infected With HCV

Age, years	57.0 (19-79)
Male, N (%)	351 (49.6)
Observation period, years	8.2 ± 4.4*
IFN therapy	373 (52.8%)
Habitual alcohol intake	135 (19.1%)
Pathological findings	
Fibrosis (N) 0-1/2/3/4	274/193/120/120
Activity (N) 0-1/2/3	199/365/143
Platelet count, ×10 ⁴ /mm ³	15.6 (3.0-39.1)
Albumin, g/dL	4.2 (2.7-5.3)
Bilirubin, mg/dL	0.7 (0.1-2.5)
AST, IU/mL	53 (11-422)
ALT, IU/mL	82 (1-1,057)
AFP, ng/mL	6 (0.7-510)
HCV core antigen ≥1,000 fmol/L (%)	539 (76.2)
HCV genotype, N (%) 1b	510 (72.1)
2a/2b	195 (27.6)
Unknown	2 (0.3)
WFA ⁺ -M2BP	1.9 (0.2-19.2)

Values are the medians with ranges in parentheses.

*Results are expressed as the mean ± standard deviation.

significant differences in terms of fibrosis stages (F0-F1, F2, F3, and F4). The diagnostic performances of WFA⁺-M2BP and AFP for censored development of HCC were assessed by using time-dependent receiver operating characteristic (ROC) curves by examining the area under the ROC (AUROC).¹⁹ Inclusion of variables was assessed using a step-wise selection method. Cochran-Armitage's test for trend was used in the categorical data analysis to assess for the presence of an association between a variable with two categories and a variable with more than three categories. A *P* value of 0.05 was considered statistically significant. Data analysis was performed with SPSS statistical software (version 22.0; (SPSS, Inc., Chicago, IL) and JMP 10 (SAS Institute Inc., Cary, NC).

Results

Characteristics at Enrollment. The baseline characteristics of the 707 patients at enrollment are summarized in Table 1. Median age was 57.0 years; 120 (17.0%) patients were diagnosed histologically with liver cirrhosis (fibrosis stage F4) and the remaining 587 had chronic hepatitis (fibrosis stage F0, F1, F2, or F3). The median value of AFP was 6 ng/mL. The median value of WFA⁺-M2BP was 1.9 (range, 0.2-19.2). The average follow-up period was 8.2 years.

WFA⁺-M2BP Value and Fibrosis Stage. The average values (mean ± 1 standard error) for each fibrosis stage were 1.3 ± 0.1 in F0-F1 (n = 274), 2.2 ± 0.1 in F2 (n = 193), 3.3 ± 0.2 in F3 (n = 120),

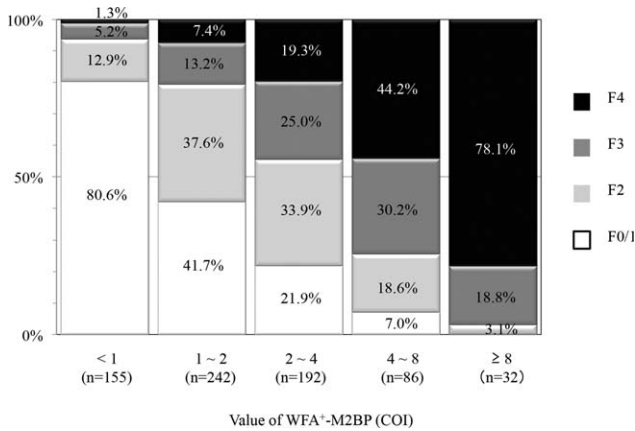


Fig. 1. Proportions of patients with different WFA⁺-M2BP levels stratified by the fibrosis stage. The proportion of patients with F1 was diminished across increasing quintiles of WFA⁺-M2BP level ($P < 0.0001$; Cochran-Armitage's trend test), whereas that with F4 was increased ($P < 0.0001$; Cochran-Armitage's trend test).

and 5.2 ± 0.3 in F4 ($n = 120$). The degree of fibrosis was positively correlated with the median value of WFA⁺-M2BP ($P < 0.001$) by a nonparametric method (Kruskal-Wallis' one-way ANOVA). Games-Howel's test confirmed that the WFA⁺-M2BP value increased significantly with increasing stage of liver fibrosis: $P < 0.0001$ (F0-F1, compared with F2, F3, and F4); $P < 0.0001$ (F2, compared with F3 and F4); and $P < 0.0001$ (F3, compared with F4).

We estimated the diagnostic accuracy of WFA⁺-M2BP for detecting stage F3-F4 disease. The AUROC in the prediction of $\geq F3$ was 0.815 (range, 0.782-0.842). The desired specificity level of 95% was achieved for a 4.0 threshold, and the sensitivity was 40.0%.

We analyzed the proportions of the patients with different WFA⁺-M2BP levels stratified by the fibrosis stage (Fig. 1). The proportion of patients with F1 was 125 cases (80.7%) in WFA⁺-M2BP < 1 ($n = 155$), 101 cases (41.7%) in WFA⁺-M2BP ≤ 1 and < 2 ($n = 242$), 42 cases (21.9%) in WFA⁺-M2BP ≤ 2 and < 4 ($n = 192$), 6 cases (7.0%) in WFA⁺-M2BP ≤ 4 and < 8 ($n = 86$), and 0 cases (0.0%) in WFA⁺-M2BP ≥ 8 ($n = 32$). The proportion of patients with F4 was 2 cases (1.3%) in WFA⁺-M2BP < 1 ($n = 155$), 18 cases (7.4%) in WFA⁺-M2BP ≤ 1 and < 2 ($n = 242$), 37 cases (19.3%) in WFA⁺-M2BP ≤ 2 and < 4 ($n = 192$), 38 cases (44.2%) in WFA⁺-M2BP ≤ 4 and < 8 ($n = 86$), and 25 cases (78.1%) in WFA⁺-M2BP ≥ 8 ($n = 32$). The proportion of

Table 2. Step-wise Multiple Linear Regression Model to Identify Significant Independent Factors Affecting Serum WFA⁺-M2BP Level

Final Fitted Model	Adjusted R ²	Standardized Coefficient β	P Value
Fibrosis stage		0.258	<0.001
AFP		0.187	<0.001
Albumin		-0.202	<0.001
AST (1: <53 IU/L; ≥ 2 : ≥ 53 IU/L)		0.186	<0.001
Platelet	0.501	-0.147	<0.001
Sex (1: male; 2: female)		0.111	<0.001
HCV core antigen		-0.098	<0.001
Total bilirubin		0.091	0.001
Age		0.071	0.014

patients with F4 was increased with increasing quintiles of WFA⁺-M2BP level ($P < 0.0001$; Cochran-Armitage's trend test).

Relationship Between the WFA⁺-M2BP Value and Baseline Biochemical Markers. To determine whether the WFA⁺-M2BP value was associated with fibrosis stage, age, gender, platelet count, albumin, bilirubin, AST, ALT, AFP, HCV core antigen, HCV genotype, or histological grading, a step-wise multiple linear regression analysis was performed. Our results showed that independent variables, except for ALT, genotype, and histological grading, remained in the final equation (Table 2), suggesting that fibrosis stage was most closely associated with serum WFA⁺-M2BP value (coefficient β , 0.258; $P < 0.001$).

Risk Factors for HCC. Cox's regression analysis was performed on several variables, including age, sex, alcohol consumption, IFN therapy during the observation period, biochemical and virological parameters, and serum WFA⁺-M2BP level. The following factors were identified as posing an increased risk for HCC by the univariate analysis: age; response to IFN therapy (no therapy vs. SVR; $P < 0.001$); fibrosis stage (F3 and F4 vs. F0-F1; $P < 0.001$); platelet count ($< 15 \times 10^4/\text{mm}^3$ vs. $\geq 15 \times 10^4/\text{mm}^3$; $P < 0.001$); albumin (< 4.2 vs. ≥ 4.2 g/mL; $P < 0.001$); AST (< 53 vs. ≥ 53 IU/mL; $P < 0.001$), ALT (< 82 vs. ≥ 82 IU/mL; $P = 0.035$), and AFP levels (≥ 20 and 6-20 vs. < 6 ng/mL; $P < 0.001$); HCV genotype (1b vs. non-1b; $P = 0.025$); and serum WFA⁺-M2BP level (≥ 4 and 1-4 vs. < 1 ; $P < 0.001$). Multivariate analysis was performed on these factors (Table 3) and the following were identified as independent risk factors: fibrosis stage (F4); AFP (≥ 20 ng/mL); age (≥ 57 years); response to IFN therapy (no therapy vs. SVR); and WFA⁺-M2BP (1-4 and ≥ 4).

Development of HCC. During the follow-up period, HCC developed in 110 (15.6%) patients. Of

Table 3. Factors Associated With Risk for HCC*

Features		HR (95% CI)	P Value
Fibrosis	F0-F1	1	
	F2	0.883 (0.411-1.897)	0.749
	F3	1.347 (0.624-2.906)	0.448
	F4	3.133 (1.536-6.390)	0.002
AFP	<6 ng/mL	1	
	6-20 ng/mL	1.710 (0.963-3.038)	0.067
	≥20 ng/mL	3.417 (1.807-6.460)	<0.001
Age	<57 years	1	
	≥57 years	2.039 (1.278-3.252)	0.003
IFN therapy	No therapy	1	
	Non-SVR	0.729 (0.467-1.137)	0.163
	SVR	0.089 (0.027-0.288)	<0.001
WFA ⁺ -M2BP	<1	1	
	1-4	5.155 (1.180 – 22.500)	0.029
	≥4	8.318 (1.784 – 38.791)	0.007

Abbreviations: HR, hazard ratio; CI, confidence interval.

*Determined by multivariate analysis.

the 110 patients with HCC, 58 (52.7%) were diagnosed with the disease by histological examination of biopsy-obtained or resected liver specimens. Of these 58 patients, 24 (41.3%) had hypovascular HCC.

Figure 2 shows the relation between Kaplan-Meier's estimates of the cumulative risk of HCC and the different WFA⁺-M2BP levels at entry. The 10-year cumulative risk of HCC was 1.1% in the patients with WFA⁺-M2BP <1 at entry, 14.8% among the patients with WFA⁺-M2BP 1-4, and 54.1% in patients with WFA⁺-M2BP >4. The incidence rate differed significantly among the three groups ($P < 0.001$, by the log-rank test), increasing in accord with WFA⁺-M2BP level.

Figure 3 shows the relation between the cumulative incidence of HCC and WFA⁺-M2BP levels, stratified by the fibrosis stage. In patients with fibrosis stage F0-F1, there were significant differences in HCC incidence between those with WFA⁺-M2BP levels of 1-4 and those with levels of <1 ($P < 0.01$) and between those with WFA⁺-M2BP levels of ≥4 and those with levels of <1 ($P < 0.01$). In patients with fibrosis stage F2-F3, there were significant differences in HCC incidence between those with WFA⁺-M2BP levels of ≤1 and those with levels of >4 ($P < 0.01$) and between those with WFA⁺-M2BP levels of 1-4 and those with levels of >4 ($P < 0.001$). In patients with fibrosis stage F4, there were significant differences in HCC incidence between those with WFA⁺-M2BP levels of 1-4 and those with levels of >4 ($P < 0.05$). As with

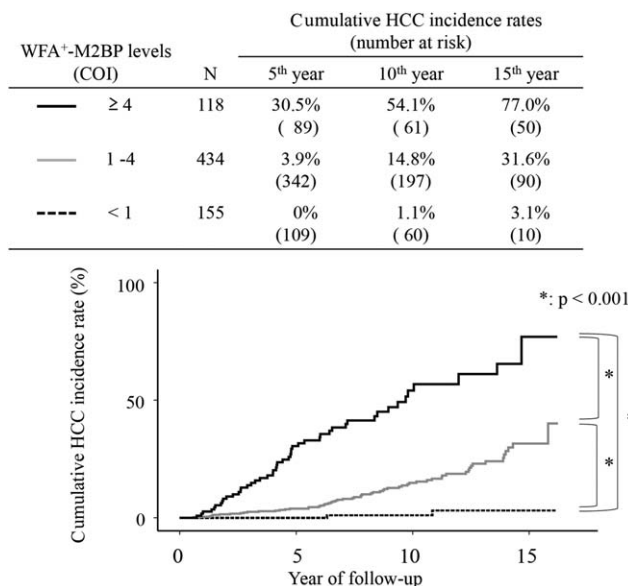


Fig. 2. Cumulative incidence of HCC according to WFA⁺-M2BP level. Cumulative incidences of HCC according to the WFA⁺-M2BP level were analyzed using Kaplan-Meier's method. Black solid, gray solid, and dotted lines indicate stratified WFA⁺-M2BP level, ≥4, 1-4, and <1, respectively. Incidence rate differed significantly among the three groups ($P < 0.001$, by the log-rank test), increasing in accord with WFA⁺-M2BP level.

WFA⁺-M2BP levels, incidence rates increased with fibrosis stage, and the change in incidence was significant for each fibrosis stage.

Predictive Accuracy of Cumulative Incidence of HCC Compared With WFA⁺-M2BP and AFP. AUROC analyses for prediction of the development of HCC at 1, 2, 3, 5, 7, and 10 years (range) were 0.762 (0.553-0.971), 0.792 (0.669-0.915), 0.832 (0.751-0.914), 0.858 (0.805-0.911), 0.821 (0.767-0.876), and 0.800 (0.745-0.855) in WFA⁺-M2BP and 0.791 (0.684-0.898), 0.790 (0.723-0.857), 0.772 (0.693-0.850), 0.800 (0.741-0.858), 0.796 (0.745-0.848), and 0.821 (0.773-0.868) in AFP, respectively. The WFA⁺-M2BP assay was superior to AFP for predicting the development of HCC at 3, 5, and 7 years.

Discussion

Liver biopsy has long been considered the gold standard for assessment of hepatic fibrosis,²⁰⁻²³ and the Metavir²⁴ and Desmet et al.¹⁶ staging systems are most commonly used. A higher degree of liver fibrosis is known to be the strongest risk factor for hepatocarcinogenesis in hepatitis C patients.^{1,20} However, it also has its limitations for the staging of fibrosis because of the heterogeneous distribution of fibrosis in the liver,²⁵ and liver biopsy is an invasive procedure with

WFA ⁺ -M2BP levels (COI)	N	Cumulative HCC incidence rates (number at risk)		Cumulative HCC incidence rates (number at risk)		Cumulative HCC incidence rates (number at risk)			
		5 th year	10 th year	N	5 th year	10 th year	N	5 th year	10 th year
— ≥4	6	16.7% (5)	16.7% (2)	49	19.1% (34)	39.7% (20)	63	40.5% (50)	67.4% (39)
— 1-4	143	1.6% (118)	3.8% (56)	236	2.0% (174)	11.8% (99)	55	17.1% (49)	46.9% (42)
— <1	125	0.0% (89)	0.0% (49)	28	0.0% (18)	6.2% (10)	2	0.0% (2)	0.0% (1)

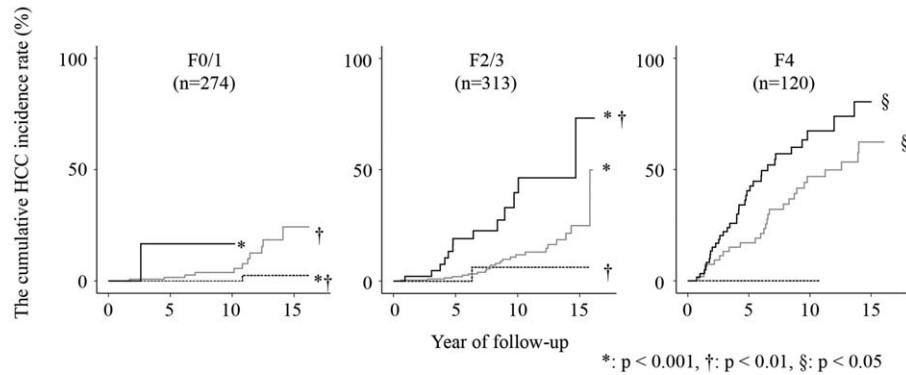


Fig. 3. Cumulative incidence of HCC according to WFA⁺-M2BP levels, stratified by the fibrosis stage. Cumulative incidences of HCC, according to the WFA⁺-M2BP level, stratified by the fibrosis stage were analyzed using Kaplan-Meier's method. Black solid, gray solid, and dotted lines indicate stratified WFA⁺-M2BP level, ≥4, 1-4, and <1, respectively. Incidence rates increased in accord with WFA⁺-M2BP level.

associated morbidity (pain, bleeding, or hemobilia).²⁶ For these reasons, patients are often reluctant to undergo this invasive procedure and instead choose one of several noninvasive methods available for assessing the degree of liver fibrosis.

Nevertheless, in the past, no significant progress was made in the development of noninvasive biomarkers to guide clinical usage. WFA⁺-M2BP was recently validated as a liver fibrosis glyco-biomarker with a fully automated immunoassay.⁸ In the present study, we assessed the performance of the WFA⁺-M2BP assay in comparison with liver fibrosis stage and several serum markers, and, based on the results, we estimated whether WFA⁺-M2BP is a useful predictor of the development of HCC as well as liver biopsy stage.

The first main finding of our study was that there was a significant correlation between the WFA⁺-M2BP value and the fibrosis stage (Fig. 1). Moreover, step-wise multiple linear regression analysis showed that liver fibrosis stage was most closely associated with serum WFA⁺-M2BP level. In addition, the degree of necroinflammation had no apparent effect on the WFA⁺-M2BP value. Based on these results, we proposed a clinical management algorithm using a WFA⁺-M2BP assay to predict the fibrosis stage. This approach could be used reliably for the first-line pre-therapeutic evaluation of fibrosis in HCV-infected patients. On the other hand, the most widely used noninvasive techniques have recently shifted to physical measurements, such as FibroScan,²⁷⁻³⁰ acoustic radiation force impulse, and real-time strain elastography. FibroScan has the advantages of being rapid and technically simple; however, operator skill affects its diagnostic success rate. Also, stiffness measurements

can be difficult to obtain in obese patients and impossible in patients who have ascites. This is regarded as a limitation of transient elastography.^{27,28} Therefore, we suggest that FibroScan, in conjunction with an assay of serum fibrosis biomarkers, would improve the diagnostic accuracy.

The second main finding of our study was the significant association between the WFA⁺-M2BP level and the risk of HCC development in hepatitis C patients (Figs. 2 and 3). The diagnostic performance of WFA⁺-M2BP, based on the AUROC values, was superior to that of AFP for predicting the development of HCC at 3, 5, and 7 years. The WFA⁺-M2BP value can be used as a noninvasive predictor of HCC development and can be considered a surrogate marker for liver fibrosis. Various risk factors have been reported for HCC development among patients with HCV, including older age,¹ male sex,¹ heavy alcohol consumption,³¹ obesity,³² cirrhosis,^{1,33} lower platelet count,³⁴⁻³⁶ high serum AFP level,^{15,36-44} low serum albumin level,³¹ and high serum ALT and AST level.⁴⁵⁻⁴⁷ Our results were consistent with these findings. Among them, liver fibrosis stage was the strongest prognostic indicator of chronic hepatitis. However, liver biopsy has several disadvantages. In our study, we have shown that the WFA⁺-M2BP value is also a significant risk factor of HCC development independent of these factors. However, even though WFA⁺-M2BP can be considered a surrogate marker for liver fibrosis, a distinct advantage of WFA⁺-M2BP over liver biopsy is its wider dynamic range for the evaluation of liver cirrhosis. In the Metavir and Desmet et al. scoring systems, cirrhosis is represented by a single category (F4). However, the degree of fibrosis may vary widely

among patients in this category, and the risk of HCC may not be uniform. In our study, the risk of HCC development increased with increasing WFA⁺-M2BP level as well as with increasing fibrotic stage. According to the elevation of WFA⁺-M2BP value, the risk of development of HCC was increased (Fig. 3). In other words, each fibrosis stage can be further stratified with clinical relevance based on the WFA⁺-M2BP level.

In our study, multivariate analysis identified fibrosis stage, high AFP level, older age, SVR to IFN therapy (no therapy vs. SVR), and high WFA⁺-M2BP value as independent predictors of HCC development. The stratified WFA⁺-M2BP value was independently associated with HCC development. These results indicate that the correlation between high WFA⁺-M2BP and HCC development remains significant, even if HCC develops from a noncirrhotic background. Tateyama et al.¹⁵ reported that AFP was a noninvasive predictive marker for the development of HCC in this same cohort; furthermore, not only high AFP levels (≥ 20 ng/mL), but also slightly elevated AFP levels of between 6 and 20 ng/mL could indicate substantial risks for the development of HCC, complementing the fibrosis stage. Our present study was redesigned by the addition of one parameter (WFA⁺-M2BP). Multivariate analysis did not identify slightly elevated AFP levels (6-20 ng/mL) as an independent risk factor, but did identify both stratified WFA⁺-M2BP levels (1-4 and ≥ 4) as independent risk factors. Also, the time-dependent AUROC analysis suggested that WFA⁺-M2BP is superior to AFP as a predictor for the development of HCC. These results mean that the WFA⁺-M2BP level is the most reliable noninvasive predictive marker for the development of HCC in patients infected with HCV.

One of the limitations of the present study is that this cohort of 707 patients was analyzed retrospectively. There is thus need of a future study to prospectively analyze the efficacy of WFA⁺-M2BP as a predictor of HCC development.

Another limitation is that the hepatocarcinogenesis of the patients who underwent IFN therapy was not evaluated. In this study, among the patients who achieved SVR (n = 139), 3 cases developed HCC during the follow-up period. The WFA⁺-M2BP titers were 6.4, 5.6, and 1.5, respectively, in the 3 patients. All 3 cases obtained titers higher than 1, and 2 cases obtained titers higher than 4. This result suggests that patients with a high WFA⁺-M2BP value should be monitored for the development of HCC even after achieving SVR. However, future assessments of the WFA⁺-M2BP values at IFN administration and at

posttreatment will be needed to verify this recommendation.

In conclusion, this study revealed an association between WFA⁺-M2BP and the risk of HCC development in chronic hepatitis C patients. The results suggested that the WFA⁺-M2BP assay should not be limited to use as a surrogate for liver biopsy, but rather could be applied as dynamic indicator of the risk of HCC development.

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