Title: Maternal prenatal immune activation associated with brain tissue microstructure			
and metabolite concentrations in newborn infants			
Short title: Maternal immune activation and newborn brain development			
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# 27 Key Points

28	Question: What are the associations of prenatal maternal immune activation (MIA) with
29	newborn brain microstructure, metabolite concentrations, and longitudinal motor development?
30	Findings: In this longitudinal cohort study we recruited 76 adolescent and young adult pregnant
31	women and assessed maternal interleukin (IL)-6 and C-reactive protein (CRP) levels in the 2 <sup>nd</sup>
32	and 3 <sup>rd</sup> trimesters. These pro-inflammatory markers were significantly associated with brain
33	microstructure and metabolite concentrations in newborns, and longitudinal motor development
34	(prenatally, 4- and 14-months of age).
35	Meaning: This study suggests that prenatal exposure to MIA has an influence on brain
36	microstructure, metabolite concentration and motor development in offspring.
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### 40 ABSTRACT

41	Importance: Few translational human studies have assessed the association of prenatal maternal
42	immune activation with altered brain development and psychiatric risk in newborn offspring.
43	
44	Objective: To identify the effects of maternal immune activation during the 2 <sup>nd</sup> and 3 <sup>rd</sup>

45 trimesters of pregnancy on newborn brain metabolite concentrations, tissue microstructure, and
46 longitudinal motor development.

- 47 **Design:** Prospective longitudinal cohort study conducted from 2012 2017.
- 48

49 Setting: Columbia University Irving Medical Center and Weill Cornell Medical College.

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51 Participants: 76 nulliparous pregnant women, aged 14 to 19 years, were recruited in their 2<sup>nd</sup>
 52 trimester, and their children were followed through 14 months of age.

53

54 Exposure: Maternal immune activation indexed by maternal interleukin-6 and C-reactive protein
 55 in the 2<sup>nd</sup> and 3<sup>rd</sup> trimesters of pregnancy.

56

57 **Main Outcomes and Measures:** The main outcomes included (1) newborn metabolite 58 concentrations, measured as N-acetylaspartate, creatine, and choline using Magnetic Resonance 59 Spectroscopy; (2) newborn fractional anisotropy and mean diffusivity measured using Diffusion 60 Tensor Imaging; and (3) indices of motor development assessed prenatally and postnatally at 61 ages 4- and 14-months.

62

63 **Results:** Maternal interleukin-6 and C-reactive protein levels in the 2<sup>nd</sup> or 3<sup>rd</sup> trimester were 64 significantly positively associated with the N-acetylaspartate, creatine, and choline 65 concentrations in the putamen, thalamus, insula, and anterior limb of the internal capsule. 66 Maternal interleukin-6 was associated with fractional anisotropy in the putamen, insula, 67 thalamus, precuneus, and caudate, and with mean diffusivity in the inferior parietal and middle 68 temporal gyrus. C-reactive protein was associated with fractional anisotropy in the thalamus, 69 insula, and putamen. Regional commonalities were found across imaging modalities, though the

direction of the associations differed by immune marker. In addition, a significant positive
association was observed between offspring motor development and both maternal interleukin-6
and C-reactive protein (in both trimesters) prenatally and 4- and 14-months of age.

73

74 **Conclusions and Relevance:** Using a healthy sample, these findings demonstrate that levels of 75 maternal immune activation in mid- to late pregnancy associate with tissue characteristics in 76 newborn brain regions primarily supporting motor integration/coordination and behavioral 77 regulation and may lead to alterations in motor development.

- 78
- 79 Keywords: maternal immune activation, magnetic resonance spectroscopy; diffusion tensor
- 80 imaging; early brain development

### 81 INTRODUCTION

82 Maternal immune activation (MIA) refers to activation of the innate and adaptive 83 immune system following infection, environmental or psychological stress, and chronic or acute 84 physical illness. MIA is a process that is mediated by activation of inflammatory pathways resulting in increased levels of cytokines that cross the placental and blood-brain barriers<sup>1-</sup> it is 85 the resulting molecular response that alters and shapes the neurodevelopment in the fetus<sup>2-4</sup>. 86 87 Increasingly, evidence suggests MIA is an important environmental risk factor for neurodevelopmental brain dysfunction – with long-lasting consequences for offspring<sup>5,6</sup>. Existing 88 89 research (both human and non-human) has focused on long-term changes in brain development 90 and postnatal behavioral outcomes. However, research examining both potential molecular and 91 structural changes that occur in the fetal human brain and relating these potential changes to 92 behavioral markers is limited.

93 Existing research into the influence of MIA on the developing human brain has largely 94 focused on epidemiological data. These studies report associations between MIA during pregnancy and later neurodevelopment conditions (e.g., schizophrenia<sup>3</sup>). More recently human 95 96 research studies have shifted to observing both structural and functional influences MIA can 97 have on the developing brain. During activation the immune system releases several classes of 98 proteins to stimulate an immune response. Two of the most commonly assayed immune 99 biomarkers are interleukin (IL)-6, a pro-inflammatory cytokine, and/or C-reactive protein (CRP), an acute phase reactant<sup>5,7</sup>, both used to assess the presence and severity of low-grade 100 101 inflammation. Prior studies found prenatal exposure to IL-6 can influence newborn brain development – a period reflecting prenatal brain development  $^{3,8}$ . For example, we found 102 maternal IL-6 and CRP levels during the 3<sup>rd</sup> trimester are associated with altered functional 103

104 connectivity of the anterior cingulate and insula with brain regulatory regions, such as the medial 105 prefrontal cortex, in newborns<sup>9</sup>. Others have demonstrated that MIA is associated with an 106 increased strength of anatomical and functional associations across multiple newborn brain networks, including the salience, default mode, and frontoparietal networks<sup>10,11</sup>, as well as 107 108 reduced organization of the uncinate fasciculus, a white matter tract connecting the frontal cortex and amygdala<sup>12</sup>. These findings complement rodent and non-human primate studies suggesting 109 110 that MIA exposure from immune-activating agents disrupt development of the hippocampus, prefrontal cortex, mid-temporal lobe, parietal lobe, insula, and cingulate cortex<sup>13-15</sup>. At a cellular 111 level, these disruptions largely comprise reduced neuron growth, glial cell proliferation<sup>16-23</sup> and 112 altered cerebellar cytokine and synaptic protein expression<sup>24,25</sup> ultimately resulting in remodeling 113 of the embryonic brain $^{26}$ . 114

115 Existing animal models also highlight potential differential influences of exposure on 116 offspring brain and behavioral development. For example, MIA exposure in early pregnancy (first trimester) has been linked to accelerated increase in brain volume<sup>26</sup> and greater deviations 117 118 in postnatal neurodevelopmental trajectories in offspring, (e.g., sensorimotor gating and repetitive behaviors<sup>27</sup>). Conversely, MIA exposure later in pregnancy (second trimester) was not 119 120 associated with behavioral impairments but related to altered developmental trajectories in 121 emotional processing and reward regions of the brain - resulting in decreases in emotional 122 processing ability in adulthood. This demonstrates that MIA during pregnancy can both disrupt 123 and support development of neural systems, in turn this contributes to later offspring capacity for 124 core areas essential for behavioral processes, such as self-regulation. Although pre-clinical 125 findings suggest considerable effects of MIA on the offspring brain, those effects have not been extensively studied in humans<sup>9-11</sup>. Here we aim to provide further insight into low-grade 126

127 inflammation in healthy pregnancies and its influence on offspring brain development, and in 128 turn, later behavioral outcomes. Given the observed differential effects of MIA exposure *in utero* 129 on the developing prenatal brain in animal models and existing research in this area – it is 130 important to determine (1) whether these differential influences of MIA across gestation can be 131 observed in humans, (2) how these differential brain effects may connect to behavior 132 longitudinally from pre- to postnatal development.

133 One of the earliest brain structures to develop is the cerebellum, emerging from the roof of the rhombencephalon between 4-6 weeks post-conception<sup>28</sup>. This area of the brain is 134 135 traditionally associated with motor movement and coordination; however, it also connects 136 cortical and subcortical areas. It is via these connections the cerebellum acts as a modulator for many emotional and behavioural functions<sup>29,30</sup> including memory and language. Therefore, we 137 138 would expect, in humans, to see the influence of low-grade inflammation from the prenatal 139 stages influencing early brain development in offspring, observable via longitudinal behavioral 140 outcomes, particularly in those behaviors associated with the cerebellum (i.e., motor movement).

141 To our knowledge, no studies have assessed the association of MIA with brain metabolite 142 concentrations or tissue microstructure in newborns, which would shed light on the underlying 143 molecular effects of MIA exposure in human newborns. Enhanced understanding of the 144 influence of MIA on the developing brain and later behavioral outcomes will help inform future 145 research and enable researchers and clinicals alike to observe potential deviations. For example, 146 the current pandemic virus, Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2), 147 demonstrated the link between prenatal infections and the cascading inflammatory risk to fetal development <sup>31-37</sup>. This is the first prospective study to assess the association of MIA indices 148 149 (circulating levels of inflammatory markers IL-6 and CRP) during pregnancy with magnetic

150 resonance imaging (MRI) measures of microstructural organization and metabolite 151 concentrations in the newborn brain. Given previous associations of MIA with altered newborn brain development<sup>9,11</sup>. We hypothesized that MIA would be associated with increased 152 153 microstructural organization, as measured by fractional anisotropy (FA) and mean diffusivity 154 (ADC), and elevated concentrations of N-acetylaspartate (NAA), choline (Cho), and creatine 155 (Cr) in prefrontal, temporo-parietal, cingulate, and basal ganglia regions. Furthermore, we 156 hypothesize that these changes in offspring brain organization will be reflected in the 157 longitudinal observations of motor development from pre- to postnatal life.

158

### 159 METHODS

#### 160 **Participants**

Nulliparous adolescent and young women aged 14 to 19 years were recruited in the 2<sup>nd</sup> 161 162 trimester through the Departments of Obstetrics and Gynecology at Columbia University Irving 163 Medical Center (CUIMC) and Weill Cornell Medical College, and through flyers posted in the 164 CUIMC vicinity as part of a longitudinal study examining adolescent pregnancy behaviors and 165 infant outcomes. Participants reported no major health problems and received routine prenatal 166 care. Approval for the study was given by the Institutional Review Boards of the New York State 167 Psychiatric Institute and of CUIMC. All mothers provided informed written consent. Exclusion 168 criteria included use of recreational drugs, tobacco, alcohol, medications with an effect on 169 cardiovascular function (e.g., beta blockers), or lacking English language fluency. Of the 324 170 adolescents enrolled during pregnancy, this report includes a sample of 76 infants from whom 171 usable MRI data was obtained (see supplemental Figure 1 for flow chart of study and data from 172 each timepoint).

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174

- 175 Study Procedures
- 176 Immune markers

During their 2<sup>nd</sup> (24-27 weeks gestation) and 3<sup>rd</sup> (34-37 weeks gestation) trimesters, women underwent phlebotomy to determine maternal IL-6 and CRP levels. IL-6 was measured using an enzyme-linked immunosorbent assay (ELISA) by R&D systems (Minneapolis, MN). The normal range values for healthy pregnant women during their first trimester is <3.52pg/ml and <4.40pg/ml second and third trimester<sup>38</sup>. CRP was measured using the Cobras Integra 400 Plus (Roche Diagnostics) turbid metric. Normal range values for this population are 0.4-20.3mg/L during the second trimester and 0.4-8.1mg/L in the third<sup>39</sup>.

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### 185 Electronic Health Records

186 Obstetrical and newborn electronic health records were used to gather information on the187 participants' pregnancy, labor, and delivery.

188

189 *Imaging techniques* 

Infants underwent an imaging protocol within the first weeks of postmenstrual life (mean 42.4, SD 1.6 weeks postmenstrual age at scan). Postmenstrual age (PMA) at the time of the scan was used to subsume variation in gestational age (GA) at birth and time since birth. Infants were assessed with both DTI and MRS. DTI measures both the direction and rate of diffusion water as influenced by tissue microstructure, utilizing both fractional anisotropy (FA) – indexing the degree to which water has a preferential direction of diffusion and average diffusion coefficient (ADC) – quantifying the overall directionless rate of the diffusion of water in each brain voxel.
Infant scans were conducted during natural sleep with no sedation. Foam/wax ear plugs, and ear
shields (Natus Medical Inc., San Carlos, CA) were used to damper scanner noise. MRI
acquisition, MRS processing and DTI pulse sequence procedures are detailed in the Methods in
the supplement.

201 Longitudinal motor development

Fetal movement (FM) data was collected via a single transabdominal doppler transducer using a Toitu MT 325 fetal echocardiograph (Toitu Co., Ltd, Tokyo, Japan). The Toitu system allows for capturing of fetal heart rate and movement. The received signal is processed through a series of filters, removing frequency components of the Doppler signal that are associated with both fetal and maternal somatic activities allowing for reliable distinction between the two<sup>40</sup>. Postnatal motor development was collected using the BSID-III at 4- and 14-months of age<sup>41</sup>. Scaled (age-standardized) scores were used in statistical analyses.

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#### 210 Statistical Analyses

211 Analysis was conducted through SAS (Version 9.4) and R (Version 4.0.1). IL-6 and CRP 212 were log-transformed due to their skewed distributions. Spearman correlations and ANOVA F-213 tests were used to assess the associations of MIA measures with continuous and categorical 214 demographic variables, respectively. Spearman correlations were also used to assess the 215 associations of MIA and brain measures with standardized scores for motor development (gross 216 and fine) on the BSID-III. All continuous variables were standardized by subtracting their means 217 and being divided by their standardized deviations. We applied multiple linear regression at each 218 voxel in template space within each MRI modality to test our hypothesis that MIA would be

219	associated with motor development in the newborn brain. For DTI analyses, the dependent			
220	measure was either FA or ADC, and for MPCSI analyses, it was NAA, Cr, or Cho concentration.			
221	The independent variable (MIA) was either prenatal CRP or IL-6. Covariates in all analyses were			
222	sex and infant PMA at the time of scan.			
223	We used the topological false discovery rate (FDR) procedure <sup>42</sup> at an FDR=0.05 to			
224	control for false positives when conducting multiple hypotheses testing across all voxels in the			
225	brain; p-values that survived the FDR correction were color-coded and mapped onto the T1-			
226	templateFurthermore, to account for the correlation in test statistics in MRI due to limited			
227	spatial resolution and data smoothing, we applied both a simple conservative modification of the			
228	FDR procedure. For additional post hoc analysis, see Methods in the Supplement.			
229				
230	RESULTS			
231	Demographic characteristics			
233	Maternal and newborn demographic characteristics are summarized in Table 1. The			
234	study included 76 infants (birthweight: M=3224.6g, SD=463.2, GA at birth: M=39.3, SD=1.3			
235	weeks) and were scanned at an average of 42.4 (SD=1.6) weeks PMA. 63.5% of infants were			
236	male.			
237	Confounding variables: All participant characteristic variables (inclusive of maternal,			
238	newborn and pregnancy) and our primary variables of interest were analyzed to observe any			
239	significant relationships. Pregnancy complications (i.e., infections such as chorioamnionitis)			

240 were significantly associated with CRP during the  $3^{rd}$  trimester (p=0.0003). In the newborn

241 characteristics, there was a significant association between CRP during the 3<sup>rd</sup> trimester and GA

at time of birth (r=-0.34, p=0.04). No other significant associations were found between immune
markers and demographic variables.

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Maternal Immune Marker levels: IL-6 values during the second trimester, mean=1.3pg/ml (SD:0.7), and third mean=1.7pg/ml (SD:0.9). CRP in second trimester mean=5.3mg/L (SD:3.0) and mean=5.4mg/L in the third (SD:3.4). The correlation between IL-6 and CRP was not significant (R=0.39, p=0.08, DF=19)

249

#### [Table 1]

250 **Diffusion Tensor Imaging** 

251 CRP in the  $2^{nd}$  and  $3^{rd}$  trimester was significantly and inversely associated with newborn 252 FA values in the putamen, ALIC, and thalamus (p<.0001) (*top panel of Figure 1 and* 253 *Supplemental Figure 2*);  $2^{nd}$  trimester CRP levels were positively associated with ADC values in 254 the orbital gyrus (p values varying between <.001 to <.05).

IL-6 in the  $2^{nd}$  and  $3^{rd}$  trimester was positively associated with FA in the thalamus, insula, and putamen (p<.0001). In addition,  $3^{rd}$  trimester IL-6 was positively associated with FA in the caudate and precuneus (p<.0001). Lastly, IL-6 also demonstrated significant positive correlation with ADC in both the  $2^{nd}$  and  $3^{rd}$  trimester in the inferior parietal and middle temporal gyrus (p values varying between <.001 to <.05) (*see bottom panel of Figure 1 and Supplemental Figure* 2).

261

#### [Figure 1]

#### 262 Magnetic Resonance Spectroscopy

263 CRP in the 2<sup>nd</sup> and 3<sup>rd</sup> trimesters was positively associated with newborn Cho, Cr, and
 264 NAA concentrations in regions identified using DTI, specifically the thalamus, insula, caudate,

265	and precuneus (Figure 2 and Supplemental Figure 3). CRP during the 3rd trimester was also			
266	positively associated with metabolite concentration in the anterior and posterior limb of the			
267	internal capsule (ALIC, PLIC) (Figure 2 and Supplemental Figure 3).			
268	[Figure 2]			
269	IL-6 in the 2nd and 3rd trimesters was inversely associated with newborn Cho, Cr, and			
270	NAA in several regions, with additional inverse associations in the 2 <sup>nd</sup> trimester seen in the			
271	thalamus, putamen, insula and ALIC. IL-6 in the 3 <sup>rd</sup> trimester was inversely associated with Chlo			
272	and Cr in the thalamus, and with Cr in the ALIC and putamen (Figure 3 and scatterplots in			
273	Supplemental Figure 3), and positively with NAA in the putamen and PLIC.			
274	[Figure 3]			
275	Comparison of Associations in 2 <sup>nd</sup> and 3 <sup>rd</sup> Trimesters			
276	When we compared the strength of association between the immune markers and brain			
277	microstructural organization and biochemical levels (see Supplemental Figure 4), we found that			
278	the strength of associations was generally greater with 3 <sup>rd</sup> trimester immune markers and FA, and			
279	2 <sup>nd</sup> trimester immune markers and brain metabolite levels. The differences across the two			
280	trimesters for the strength of association of immune markers with MRI measures were generally			
281	small (<0.2) (Supplemental Figure 4 for values).			
282				
283	Associations of MIA with Longitudinal Motor Development			

284 *Prenatal motor development:* During the  $3^{rd}$  trimester both IL-6 (R=0.34, p=0.03) and 285 CRP (R=0.41, p=0.01) showed a positive correlation with fetal movement. In the  $2^{nd}$  trimester a 286 significant association was only observed with CRP (R=0.41, p=0.01).

*Postnatal motor development:* IL-6 during the 2<sup>nd</sup> trimester was significantly and positively associated with 4-month gross motor scores (R=0.34, p<0.04) and 14-month fine motor movement (R=0.48, p<0.00). IL-6 in the 3<sup>rd</sup> trimester was positively associated with both fine motor (R=0.49, p<0.003) and gross motor scores (R=-0.37, p=0.03) at 14-months. CRP during the 2<sup>nd</sup> trimester was significantly associated with fine motor scores (R=0.35, p=0.03) and overall (composite of fine and gross) motor scores (R=0.33, p=0.04) at 4-months of age.

293

#### 294 Mediation Analyses

295 The left thalamus significantly mediated the effect of maternal immune activation (maternal  $2^{nd}$  trimester IL-6) on gross motor movement at 4-months of age (NIE=0.517, p = 296 297 0.021). The NDE was estimated as -0.290 (95% bootstrap confidence interval: [-0.896, 0.526]) 298 and the NIE was estimated as 0.517 (95% bootstrap confidence interval: [0.172, 1.344]), and the 299 percentage of effect mediated was 228% of the mediation. In addition, the left PLIC mediated the effect of maternal immune activation (maternal 2<sup>nd</sup> trimester IL-6) on fine motor movement 300 301 at 14-months of age (NIE=0.795, p = 0.036). The NIE was estimated as 0.220 (95% bootstrap 302 confidence interval: [-0.667, 2.280]) and the NIE was estimated as 0.795 (95% bootstrap 303 confidence interval: [-0.225, 2.093]), and the percentage of effect mediated was 78.3% of the 304 mediation (see Figure 4). No other significant mediations were observed.

305

#### [Figure 4]

#### 306 **DISCUSSION**

307 In this prospective longitudinal study, we detected significant associations of prenatal 308 MIA (indexed using CRP and IL-6) with microstructural measures of newborn brain tissue (FA 309 and ADC) and metabolite concentrations (NAA, Cr, and Cho). These associations were generally

consistent across the 2<sup>nd</sup> and 3<sup>rd</sup> trimesters, with the direction of associations differing with the 310 311 specific MIA exposure measure and were centered on subcortical gray matter regions (e.g., 312 thalamus, putamen). In addition, a significant association was observed between prenatal MIA (CRP and IL-6) and offspring motor behaviors. CRP concentration in the 2<sup>nd</sup> trimester and both 313 IL-6 and CRP concentrations during the 3<sup>rd</sup> trimester were significantly associated with prenatal 314 315 movement. Similarly, an association between offspring motor movement at 4- and 14-months of age was significantly associated with both immune markers during both 2<sup>nd</sup> and 3<sup>rd</sup> trimesters. 316 Thus, demonstrating maternal inflammation during pregnancy (indexed using CRP and IL-6 317 318 concentrations) appears to have implications for the developing newborn brain that is reflected in 319 observations of pre- and postnatal motor development.

320 The pathogenic importance of the timing of MIA exposure for brain development has 321 been well documented in preclinical studies but has not been well characterized in human studies. Our findings suggest MIA during both 2<sup>nd</sup> and 3<sup>rd</sup> trimesters have comparable strength of 322 323 associations with newborn brain measures and in similar regions across all modalities. During the 2<sup>nd</sup> and 3<sup>rd</sup> trimesters of pregnancy the fetal brain experiences rapid growth characterized by 324 dendritic arborization, synaptogenesis and glial cell proliferation<sup>43</sup>. The observed significant 325 326 inverse association between CRP and FA values putamen, insula, and thalamus during both 327 trimesters, and a positive association of CRP with ADC values in the orbital gyrus during only the 2<sup>nd</sup> trimester, are suggestive of reduced neuronal integrity and connectivity in the context of 328 329 low-grade inflammation. Overall demonstrating regardless of the degree, immune activation 330 during pregnancy, has an influence on the developing fetal brain.

In addition, we demonstrate a significant association between MIA markers and newborn
 microstructural indices and metabolite concentrations, primarily in subcortical brain regions

333 linked to the cortico-striato-thalamic-cortical (CSTC) circuit, including the insula and precuneus. 334 These findings compliment those from extensive rodent and non-human primate studies, and 335 limited human studies, suggesting that prenatal MIA disrupts the development of widespread 336 brain regions that include the hippocampus, prefrontal cortex, mid-temporal lobe, parietal lobe, insula, and cingulate cortex<sup>13-15</sup>. To date, one other study has considered newborn brain 337 338 microstructure, also identifying an association with maternal IL-6, however this study was limited to only a single tract, the uncinate fasciculus<sup>12</sup>, and to our knowledge, none have 339 340 considered brain metabolites.

341 In adults, the CSTC pathway controls important physiological functions, such as control 342 of movement execution, and is a major site of synaptic dysfunction related to behavioral reinforcement and reward<sup>44</sup>. NAA is present primarily in the mitochondria of neurons and 343 therefore is considered a good surrogate marker for neuronal health<sup>45</sup>. It contributes to signaling 344 345 between neurons and oligodendrocytes and participates in myelin synthesis by 346 oligodendrocytes<sup>46</sup>. Cho is involved in membrane synthesis and degradation, and therefore used as a marker of the structural integrity and turnover of cell membranes<sup>47</sup>. Lastly Cr is mainly 347 348 involved in the storage and transfer of energy in metabolically active tissues (e.g., the brain). The 349 observed CRP related elevations in NAA, Cho and Cr suggest the presence of greater neuronal 350 density and higher cell membrane turnover in the cingulate gray matter and associated white 351 matter pathways of CSTC circuits. Conversely, in IL-6, inverse associations (at both trimesters) 352 were observed in relation to NAA, Cho and Cr concentrations suggesting a degradation of 353 neuronal density and cell membrane turnover in these areas of the CSTC circuit. These 354 contrasting findings suggest there may be counter effects of different immune markers, some 355 being protective, supporting the developing fetal brain and others being disruptive, negatively

356 impacting the early formation of neuronal pathways and structural growth. However, further 357 studies are necessary with more extensive immune profiles to further elucidate these early 358 influences. While further study is needed to distinguish between these differing directions of 359 association and the implications - our findings suggest that both immune markers (CRP and IL-360 6) play an important role in supporting the early development of the fetal brain. These results 361 demonstrate a relationship between low-grade inflammation and the developing fetal brain in 362 uncomplicated, healthy pregnancies, supporting the need to further explore this interplay 363 between the maternal immune environment and the fetal brain.

364 Lastly, many of the regions implicated within this study have structural and functional 365 connections with one another and support coordinated higher-order cognition, motor functions 366 and behavioral regulation. For example, basal ganglia, thalamus, and insula are involved in motor coordination, cognitive control, and emotional processing<sup>48</sup>. The anterior and posterior 367 368 limbs of the internal capsule have short- and long-range fibers that interconnect widespread cortical regions with the basal ganglia, thalamus, and brainstem<sup>49</sup>. Prior studies have reported 369 370 that prenatal MIA is associated with offspring behavioral disturbances, including increased 371 behavioral reactivity or disinhibition, and deficits in emotion regulation, attention, cognition and memory<sup>11,12,50-54</sup>. Our findings uniquely contribute to the existing literature by demonstrating the 372 373 longitudinal associations between MIA and motor development from in utero. Results highlight 374 the potential associations between MIA markers, prenatal motor movement, newborn CSTC 375 circuit connectivity and later infant motor coordination. Furthermore, we saw the additional 376 influence of MIA to several brain regions consistent with their roles in motor coordination - the basal ganglia, thalamus, and ALIC<sup>12,55</sup>. Our results are consistent with those of a recent study 377 378 that reported maternal IL-6 at 26 weeks gestation in HIV-exposed but uninfected toddlers was

associated with poorer motor skills at 24 to 28 months of age<sup>55</sup>. IL-6 is associated with a lower number of inhibitory synapses and altered morphology of dendritic spines<sup>56</sup>. In contrast, CRP influences synaptic pruning, among other brain development processes.<sup>57</sup> Therefore, alterations maternal CRP or IL-6 during pregnancy may lead to deviations in neuronal development and reduced connectivity across short and long-range brain networks, leading to these observed disruptions in longitudinal motor development.

### 385 Strengths and Limitations

To our knowledge, this is one of the few infant neuroimaging studies in humans to consider associations with more than one prenatal immune marker and longitudinal motor development, prior to postnatal influences. Interestingly, while directionality of associations sometimes differed between the immune markers, we saw consistency in influence of these markers (CRP and IL-6) across brain regions. In particular in those involved in CSTC pathways. It is also important to note this study has several limitations.

392 Challenges with follow-up assessments through toddler age led to a reduced sample with 393 behavioral outcome data (see Figure 1), limiting statistical power to assess the potential brain-394 based mediation of associations of MIA with infant motor outcomes. As the original study was 395 interested in stress and nutrition in the context of adolescent pregnancy, the majority of 396 participants were adolescent women and of Hispanic descent. As such, the results may not be 397 generalizable to a more diverse population. Our sample had very few major maternal infections 398 during pregnancy, as reflected in the low rate of obstetrical complications. While it is possible 399 that our measures of MIA reflect inflammation due to infection or other physical health 400 conditions, the findings more likely reflect normal variation of immune levels in the context of 401 adolescent pregnancy and minor infectious illnesses during pregnancy, thus only assessing low

402 level inflammation. Results in the context of significant MIA may differ. Lastly, there was a
403 limited sample of cortical mantel due to the need for saturation bands that overlap portions of the
404 cortex and the low number of directions for DTI due to our relatively young (newborn) sample.
405
406 *Conclusion*407 Given neuroinflammation is consistently identified as playing a role in multiple

407 Given neuronitianimation is consistently identified as playing a role in multiple 408 neuropsychiatric and neurodevelopmental conditions it is important for researchers and clinicians 409 alike to understand the prenatal influence on the next generation from low-grade inflammation 410 during uncomplicated, healthy pregnancies. Future studies with MIA measures that can isolate 411 the time course of innate and adaptive immune pathways could have great utility in establishing 412 whether metabolic (e.g., inflammatory cytokines) or environmental (e.g., microbial, particulate 413 matter) stressors are the primary drivers of the effects of MIA on early brain development.

414

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Table 1. Maternal and Newborn Demographics			
Variables	n	Mean (SD) or %	
Maternal			
Age at delivery, years	63	18.2 (1.4)	
Pre-pregnancy Body Mass Index (BMI)	63	25.1 (6.2)	
Years of Education			
8th grade	1	1.6%	
9th grade	7	11.1%	
10th grade	8	12.7%	
11th grade	22	34.9%	
12th grade or higher	25	39.7%	
Ethnicity			
Not Hispanic/Latina	6	9.5%	
Hispanic/Latina	57	90.5%	
Type of Delivery			
Vaginal spontaneous	25	43.1%	
Assisted vaginal	23	39.7%	
Emergent Cesarean section	10	17.2%	
Pregnancy Complications			
None	47	85.5%	
Complications (infection)	8	14.5%	
Newborn			
Gestational Age at Birth, wks	63	39.3 (1.3)	
Birth Weight, gms	63	3224.6 (463.2)	
Birth Head Circumference, cms	52	33.9 (1.3)	
Apgar 1 minute	56	8.5 (1.2)	
Apgar 5 minute	56	8.5 (1.2)	
Postmenstrual age at scan	60	42.4 (1.6)	
Sex			
Female	23	36.5%	
Male	40	63.5%	



Figure 1: Association between diffusion tensor imaging (DTI), fractional anisotropy (FA) and mean diffusivity (ADC), and maternal immune activation through IL-6 and CRP during the 2<sup>nd</sup> and 3<sup>rd</sup> trimester. The red/yellow (positive) and purple/blue (inverse) areas show locations where maternal immune markers are associated with FA and ADC. aCR, anterior region of corona radiata; ALIC, Anterior limb of the internal capsule; Am, Amygdala; Cd, Caudate; CG, cingulum; CR, corona radiata; CC, corpus callosum; Cu, Cuneus; IFG, inferior frontal gyrus; IFO, inferior fronto-occipital; ITG, inferior temporal gyrus; Ins, Insula; IPL, inferior parietal lobule; LL, limbic lobe; MFG, medial frontal gyrus; pCR, posterior region of corona radiata; PCG, precental gyrus; Pcu, Precuneus; PUT, Putamen; ST, stria terminalis; SFG, superior frontal gyrus; SFO, superior fronto-occipital; SLF, superior longitudinal fasciculus; SCR, superior region of corona radiata; SPL, superior parietal lobule; STG, superior temporal gyrus; Th, Thalamus; PLIC, posterior limb internal capsule.



**Figure 2:** 2<sup>nd</sup> and 3<sup>rd</sup> trimester maternal immune marker (CRP) association with neonatal brain metabolites. Using the whole brain, MRS, red/yellow (positive) and purple/blue (inverse) areas show locations where maternal immune markers are associated with Choline, Creatine, and *N*-acetylaspartate. aCC, anterior cingulate gyrus; ALIC indicates anterior limb internal capsule; aCR, anterior region of corona radiata; Cd, Caudate; CR, corona radiata; CC, corpus callosum; Cu, Cuneus; Ins, Insula; MFG, medial frontal gyrus; MB, midbrain; MTG, middle temporal gyrus; pCR, posterior region of corona radiata; PCu, Precuneus; PUT, Putamen; SFG : superior frontal gyrus, STG, superior temporal gyrus; Th, Thalamus; PLIC, posterior limb internal capsule.



Figure 3: 2<sup>nd</sup> and 3<sup>rd</sup> trimester maternal immune marker (IL-6) association with Neonatal brain metabolites. Using the whole brain, MRS, red/yellow (positive) and purple/blue (inverse) areas show locations where maternal immune markers are associated with Choline, Creatine, and *N*-acetylaspartate. ALIC indicates anterior limb internal capsule; aCR, anterior region of corona radiata; Cd, Caudate; CC: cingulate cortex; CR, corona radiata; CC, corpus callosum; Cu, Cuneus; GP, Globus Pallidus; IFO, inferior fronto-occipital; ITG, inferior temporal gyrus; Ins, Insula; MFG, medial frontal gyrus; MB, midbrain; MTG, middle temporal gyrus; pCR, posterior region of corona radiata; SLF, superior longitudinal fasciculus; SCR, superior region of corona radiata; STG, superior temporal gyrus; Th, Thalamus; PLIC, posterior limb internal capsule.



Figure 4: Mediation Model with  $2^{nd}$  trimester IL-6, infant connectivity and BSID-III indices. *Left panel:* mediating effect of  $2^{nd}$  trimester IL-6 to gross motor movement at 4-months of age through the thalamus. *Right panel:* mediating effect of  $2^{nd}$  trimester IL-6 to fine motor movement at 14-months of age through the posterior limb internal capsule. These two data points had significant mediation in our study, but no other significant mediation was observed. C is the direct effect of the exposure on the outcome controlling for the mediator, while C' the mediation effect, that the exposure changed the outcome through the mediator.