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RESEARCH ARTICLE

County Poverty Concentration and Disparities in Unintentional Injury Deaths: A Fourteen-Year Analysis of 1.6 Million U.S. Fatalities

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Abstract

Unintentional injury is the fourth leading cause of death in the United States, and mortality due to injury has risen over the past decade. The social determinants behind these rising trends have not been well documented. This study examines the relationship between county-level poverty and unintentional injury mortality in the United States from 1999-2012. Complete annual compressed mortality and population data for 1999-2012 were obtained from the National Center for Health Statistics and linked with census yearly county poverty measures. The outcomes examined were unintentional injury fatalities, overall and by six specific mechanisms: motor vehicle collisions, falls, accidental discharge of firearms, drowning, exposure to smoke or fire, and unintentional poisoning. Age-adjusted mortality rates and time trends for county poverty categories were calculated, and multivariate negative binomial regression was used to determine changes over time in both the relative risk of living in high poverty concentration areas and the population attributable fraction. Ageadjusted mortality rates for counties with > 20% poverty were 66% higher mortality in 1999 compared with counties with < 5% poverty (45.25 vs. 27.24 per 100,000; 95% CI for rate difference 15.57,20.46), and that gap widened in 2012 to 79% (44.54 vs. 24.93; 95% CI for rate difference 17.13,22.09). The relative risk of living in the highest poverty counties has increased for all injury mechanisms with the exception of accidental discharge of firearms. The population attributable fraction for all unintentional injuries rose from 0.22 (95% CI 0.13,0.30) in 1999 to 0.35 (95% CI 0.22,0.45) in 2012. This is the first study that uses comprehensive mortality data to document the associations between county poverty and injury mortality rates for the entire US population over a 14 year period. This study suggests that injury reduction interventions should focus on areas of high or increasing poverty.

Introduction

Unintentional injury is the fourth leading cause of death in the United States (US)—and the leading cause for individuals under 45 years old—accounting for over 130,000 deaths in 2013 [1]. Injuries are responsible for roughly as many deaths each year as stroke or acute myocardial infarction[2]. Moreover, in contrast to mortality from most diseases, rates of injury mortality in the US have risen over the past decade[3-5]. The social determinants behind these trends are not well understood.

Neighborhood poverty has consistently been associated with a range of individual health outcomes, including overall mortality and life expectancy[6,7], cardiovascular disease[8], low birth weight[9], asthma admission rates[10], and obesity and diabetes[11]. There is a growing appreciation of the role of the social and physical neighborhood environment in differentially shaping individuals' access to health services, influencing health behavior through the built environment, and patterning exposure to violence, stressors, and potentially deleterious social norms[12,13]. In contrast to other health outcomes and behaviors, the relationship between area disadvantage and injury has received relatively little attention.

The poverty rate in the US steadily rose during the first decade of the century, climbing from 12.2% in 2000 to 15.3% in 2010[14], and has remained relatively stable for the past 5 years. In addition to the negative impact on the individuals themselves who have become impoverished, this increase also changes the social and physical environment to which "non-poor" residents are exposed. In 1999, about 5% of the US population lived in counties that had a greater than 20% poverty rate; by 2012, over 15% of the population lived in such counties. As a result, more individuals have become exposed to the potentially detrimental effects of concentrated neighborhood poverty.

The aim of this study is to examine the association between county-level poverty and unintentional injury mortality in the US from 1999–2012, overall and by six specific mechanisms. Associations between area socioeconomic status and injury rates have been observed in other countries [15,16], for particular age groups [17,18], and in site-specific studies [19,20]. To the authors' knowledge, this is the first study that uses comprehensive mortality data to document the associations between county poverty and injury mortality rates for the entire US population.

Study Design and Data

Patients

No patients were involved in setting the research question or the outcome measures, nor were they involved in the design and implementation of the study. There are no plans to involve patients in the dissemination of results as the nature of the data precludes individual patient identification.

Data

Annual compressed mortality and population data for 1999–2012 were obtained from the National Center for Health Statistics (NCHS)[21]. The data provides complete pooled annual mortality and population counts by age, sex, race/ethnicity, and cause of death at the county level. Cause of death is coded in accordance with the International Statistical Classification of Diseases and Related Health Problems, 10th Revision (ICD-10). Population counts are based on bridged-race revised intercensal estimates. We examined combined total unintentional injury mortality, as well as six specific causes of mortality due to injury: motor vehicle collisions (MVC), falls, accidental discharge of firearms, drowning, exposure to smoke or fire, and

unintentional poisoning. For the denominator, the mortality file was linked with Census population data for age, sex, and race/ethnicity categories at the county level.

County poverty rate estimates were obtained through the Census from the Small Area Income and Poverty Estimates website. NCHS 2006 urban-rural county classification was obtained from the CDC and is based on the 2000 census population. County poverty rates, the percentage of the population living below the federal poverty level (\$16,500 for a family of 4 in 1999, \$22,050 in 2010), were divided into 5 groups, less than 5% living in poverty, 5 to <10%, 10 to <15%, 15 to <20% and 20% or more living in poverty, the federal definition of a "poverty area" [22].

Statistical Analyses

Age was coded as a categorical variable, with the following categories: 0–14, 15–24, 25–44, 45– 64, 65–84, and 85 years and older. Race/ethnicity was constructed as a four category variable: white, black, Hispanic, and other (includes Asians and American Indians). For descriptive analyses of trends over time in injury mortality within county poverty categories, we aggregated mortality counts to the county poverty category level using methods outlined in The Public Health Disparities Geocoding Project[23]. We calculated annual age-standardized (with the 2000 population as referent) mortality rates for each county poverty category using age categories and the direct method[24]. The CDC mortality file consists of population data; therefore, it is not subject to sampling error.

For multivariate analyses, we aggregated mortality counts by unique cross tabulation of year, age, race/ethnicity, sex, county poverty category, and county urban/rural classification, yielding 20,160 total observations. Aggregation to this level reduces the level of error for both the numerator (number of deaths) and denominator (population estimates). We performed negative binomial regression due to overdispersion, with the outcome being counts per cell, to calculate the relative risk (RR) for total unintentional injury mortality as well as the six specific causes.

The population attributable fraction (PAF) was calculated using the adjusted RRs from year-specific negative binomial regressions, and takes into account the multiple levels of exposure of the county poverty variable. The PAF represents the proportion of total deaths that are associated with county poverty, or, conversely, the reduction in the number of deaths that could potentially be seen if the exposure were eliminated (i.e. if all counties had poverty rates less than 5%). The PAF was calculated using the following formula to account for multiple levels of the exposure variable [25]. Adjusted RR from the multivariate negative binomial regressions (adjusted for age, sex, race, and urban status) were used to minimize confounding.

$$PAF = \frac{(p_0 + (p_1 * RR_1) + (p_2 * RR_2) \dots (p_n * RR_n)) - 1}{p_0 + (p_1 * RR_1) + (p_2 * RR_2) \dots (p_n * RR_n)}$$

For falls, the PAF for county poverty was negative and so the Preventative Fraction (PF) was calculated in its place (1-PF = 1/[1-PAF]). The PF represents the proportion reduction in deaths that may be seen if all individuals were exposed to the "protective factor". CIs for the PAF were derived using the substitution method[26] and are reported in <u>S3 Table</u>.

Results

Table 1 reports mortality rates (per 100,000) for all unintentional injuries combined, as well as the six specific causes, for the years 1999 and 2012. Overall age-adjusted mortality from unintentional injuries increased 7% over the 14 year period, from 35.23 to 38.64 per 100,000 (Δ 3.41; 95% CI 3.11,3.72). The greatest increases were seen among whites (Δ 8.08; 95% CI

Table 1. Mortality Rates (per 100,000)a for All Unintentional Injuries and Specific Causes, US 1999–2012.

							Spe Cau	cific uses						
	A Uninte Inju	All entional uries	M	vc	Fa	alls	Accie Discha Firea	dental arge of arms	Drov	vning	Fire/S Expo	Smoke osure	Pois	oning
	1999	2012	1999	2012	1999	2012	1999	2012	1999	2012	1999	2012	1999	2012
Age														
0-14	9.73	6.66	4.34	2.21	0.20	0.09	0.15	0.09	1.55	1.16	1.01	0.37	0.14	0.15
15-24	35.31	27.11	26.19	16.07	0.63	0.50	0.65	0.27	1.67	1.23	0.52	0.19	2.49	7.23
25-44	31.81	37.29	15.85	13.20	1.16	0.94	0.33	0.19	1.08	0.97	0.82	0.40	8.10	18.88
45-64	31.35	43.71	13.82	12.40	2.83	4.24	0.23	0.18	0.98	1.18	1.14	1.01	5.82	19.03
65-84	66.87	66.72	21.27	14.74	18.01	29.81	0.18 0.17	1.12	1.18	2.95	2.06	1.84	3.80	
>85	282.35	337.27	30.36	22.10	110.21	222.42	0.24	0.18 0.17 0.24 0.07		1.45	5.90	3.64	3.44	4.05
Race/Ethnicity								0.24 0.07						
White	35.48	43.56	15.44	12.09	5.01	8.86	0.30	0.30 0.19		1.13	1.06	0.74	4.19	14.29
Black	40.77	32.59	16.29	11.86	3.44	3.70	0.43	0.25	1.71	1.41	3.01	1.32	6.38	8.36
Hispanic	30.26	26.24	14.27	9.64	3.92	5.66	0.18	0.09	1.20	0.68	0.69	0.41	4.78	6.16
Other	24.50	22.18	12.35	7.23	3.70	5.39	0.11	0.06	1.35	1.33	0.64	0.39	1.68	4.42
Sex														
Male	49.51	52.06	21.26	16.46	6.50	9.85	0.51	0.51 0.31	2.01	1.77	1.58	0.94	6.43	14.83
Female	22.41	26.12	9.59	6.50	3.57	6.66	0.08	0.05	0.51	0.49	0.89	0.56	2.30	7.96
Urban/Rural ^b														
Large Central Metro	30.51	32.31	10.51	7.81	4.96	7.69	0.17	0.08	1.11	0.96	1.04	0.52	6.37	10.98
Large Fringe metro	29.57	34.66	12.66	9.39	4.49	8.03	0.17	0.10	1.00	0.94	0.85	0.49	3.22	10.80
Medium metro	35.19	40.04	14.97	11.31	4.89	8.55	0.27	0.27 0.19		1.23	1.24	0.69	4.29	12.23
Small metro	38.48	41.80	17.78	13.12	5.06	7.99	0.34	0.34 0.28		1.21	1.44	1.00	3.13	11.13
Micopolitan	44.86	49.77	22.47	17.71	4.67	8.25	0.57	0.57 0.34		1.48	1.66	1.14	3.10	12.62
Rural	55.10	58.56	30.36	24.37	4.88	8.03	0.86	0.41	1.95	1.69	2.00	1.72	2.97	12.61
County Poverty														
0-<5%	27.24	24.93	10.38	5.47	5.54	6.34	0.11	0.04	0.74	0.56	0.47	0.26	2.65	7.03
5-<10%	30.78	32.79	12.79	8.43	4.96	8.54	0.14	0.09	1.06	0.84	0.86	0.44	3.48	9.40
10-<15%	36.91	37.62	15.79	10.40	4.87	8.44	0.34	0.15	1.35	1.10	1.35	0.60	4.65	11.36
15-<20%	38.40	39.04	17.27	11.42	4.44	8.11	0.40	0.16	1.38	1.15	1.50	0.73	5.21	11.80
≥20%	45.25	44.54	21.77	15.27	4.38	6.94	0.59	0.31	1.64	1.32	1.81	1.24	5.89	12.35
Total	35.23	38.64	15.20	11.37	4.81	8.06	0.30	0.17	1.26	1.12	1.20	0.73	4.34	11.37

Source: National Center for Health Statistics (Compressed Mortality File 1999-2010)

^a Rates for Race/Ethnicity, Sex, County Poverty and Urban/Rural Classification are age-standardized to 2000 population

^b The 2006 NCHS urban-rural classification scheme for counties is based on the 2000 census, and includes 6 categories: large central metropolitan (central counties of MSAs of greater than 1 million population), large fringe metropolitan (fringe counties of MSAs of greater than 1 millions population), medium metropolitan (counties within MSAs of 250,000–999,999 population), small metropolition (counties within MSAs of 50,000–249,999 population), micropolitan (counties with an urban core of 10,000 to 49,999 population), and rural (counties with no urban core).

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7.70,8.46) and individuals 45–64 years (Δ 12.36; 95% CI 11.72,12.99), with decreases among blacks (- Δ 8.18; 95% CI

-7.24,-9.11), Hispanics (- Δ 4.02; 95% CI -3.12,-4.93), and young adults 15–24 (- Δ 8.2; 95% CI -7.44,-8.97). The increase in overall injury mortality appears to be driven primarily by increases in falls (Δ 3.25; 95% CI 3.12,3.38) and unintentional poisonings (Δ 7.03; 95% CI 6.89,7.17).

These increases were offset predominantly by a decline in mortality due to motor vehicle collisions (- Δ 3.83; 95% CI -3.64,-4.01) and fire/smoke exposure (Δ -0.47; 95% CI -0.43;-0.51). Mortality rates for falls and poisoning have approached rates of death from motor vehicle collisions.

Overall injury mortality rates are highest for individuals over 85, owing mostly to high rates of death from falls, which by 2012 accounted for 66% of injury mortality for this age group. From 1999–2012, injury rates among children and youth significantly declined, while rates for other age groups increased. The largest percentage increase among the 45–64 age group was driven primarily by the large increase in unintentional poisoning (Δ 13.21; 95% CI 12.86,13.57) in this age group.

Injury mortality rates for whites have risen since 1999, and have surpassed injury mortality rates for blacks. In 2012, whites had a mortality rate of 43.56 compared to 32.59 for blacks, 26.24 for Hispanics, and 22.18 for other racial/ethnic groups. Once again, this jump among whites was driven by disproportionate increases in rates of falls and poisonings.

Age-adjusted mortality rates by county poverty concentration category show that counties with greater than 20% poverty had a 66% higher rate of injury mortality in 1999 than counties with less than 5% poverty (45.25 vs. 27.24 per 100,000; 95% CI for rate difference 15.57,20.46). The gap between counties widened in 2012 to 79% (44.54 vs. 24.93 per 100,000; 95% CI for rate difference 17.13,22.09) due to decreases in mortality within low poverty areas. With the exception of falls, mortality rates were dramatically higher among high poverty counties compared to low poverty counties across all mechanisms.

Fig 1 shows time trends for age-standardized rates by county poverty category for all unintentional injuries and the six specific injury mechanisms. There is a significant and increasing disparity for overall injury mortality between low and high poverty counties from 1999 to 2012, with declining rates found for the lowest poverty counties and steady rates among high poverty counties. In addition, a time-poverty interaction was significant for falls, poisoning, and drownings, indicating more rapidly increasing rates within higher poverty areas. The most striking trend was among poisoning deaths, with greater increases seen within high poverty counties compared with low poverty counties. Interestingly, poverty disparities for accidental firearm mortality have been decreasing over time. Time trends by county poverty category along with CIs for each injury mechanism are available in the <u>S2 Table</u>.

<u>Table 2</u> reports RR for the multivariate negative binomial regressions. Confidence intervals for RR estimates are included in the <u>S1 Table</u>. Adjusting for age, race/ethnicity, sex and urbanism, there is a significant and increasing linear association between county poverty and mortality from unintentional injury. Residents in counties with a poverty rate of greater than 20% had a 49% increased risk of death from injury (RR = 1.49; 95% CI 1.33,1.68) compared to residents in low poverty (less than 5%) counties in 1999, compared with a 72% increased risk of death in 2012 (RR 1.72; 95% CI 1.44,2.05).

Relative risk increased from 1999 to 2012 for all mechanisms with the exception of accidental discharge of firearms. RR of death from MVA for counties with >20% poverty increased from 1.79 (95% CI 1.56,2.06) to 2.44 (95% CI 1.90,3.12) between 1999 and 2012. Similar increases were seen for drowning, exposure to smoke/fire and poisonings.

Table 3 reports the number of deaths per year for each injury mechanism and the corresponding Population Attributable Fraction (PAF) for county poverty. Again, the PAF represents the percentage of deaths that may not have occurred had fatality rates across all counties been equivalent to the counties with the lowest poverty rates. Between 1999 and 2012 over 1.6 million people died from unintentional injuries. The PAF for all unintentional injuries was 0.22 (95% CI 0.13,0.30) in 1999, and rose steadily to 0.35 (95% CI 0.22,0.45) in 2012. The total number of deaths due to unintentional injury was over 127,000 in 2012, meaning that



Source: National Center for Health Statistics (Compressed Mortality File 1999-2010)

^a dotted lines represent significantly different time trends (time-poverty interaction) compared to the lowest poverty category (p<0.05) ^b rates are age-standardized to the 2000 US population

Fig 1. Trends in Mortality for All Unintential Injuries and Specific Causes by County Poverty Rates, US 1999– 2012.

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Relative Risk
Table 2.

								Specific (Cause					
	All Uni In	ntentional juries	ĕ	A\	Е	<u>s</u>	Accid Discha Firea	lental Irge of Irms	Drow	ning	Exposure Smo	e to Fire/ oke	Poiso	ning
	1999	2012	1999	2012	1999	2012	1999	2012	1999	2012	1999	2012	1999	2012
Age														
0-14	0.32**	0.32**	0.19**	0.16**	0.34**	0.2**	0.23**	0.35**	0.99	1.05	1.96**	2.01**	0.07**	0.03**
15-24	-													
25-44	0.95	1.35**	0.68**	0.85**	1.93**	2.05**	0.54**	0.71*	0.67**	0.83*	1.63**	2.17**	3.47**	2.87**
45-64	1.02	1.63**	0.62**	0.79**	5.15**	9.03**	0.37**	0.62**	0.6**	0.94	2.37**	5.24**	2.89**	3.26**
65-84	2.11**	2.57**	0.95	0.96	31.07**	62.34**	0.3**	0.58**	0.78**	0.99	6.62**	10.74**	0.99	0.72**
>85	8.51**	12.11**	1.45**	1.55**	200.66**	429.29**	0.5**	0.31*	1.37*	1.45**	14.19**	21.07**	1.99**	0.7**
Race/Ethnicity														
White	1.00	Reference												
Black	1.12**	0.76**	1.09**	0.99	0.73**	0.48**	1.47**	1.45**	1.56**	1.26**	2.76**	1.82**	1.13+	0.58**
Hispanic	0.88**	0.65**	-	0.89**	0.81**	0.66**	0.65**	0.56**	1.16*	0.65**	0.73**	0.59**	0.89+	0.45**
Other	0.88**	0.69**	1.02	0.79**	0.72**	0.65**	0.5**	0.46**	1.27*	1.31**	0.71**	0.68**	0.44**	0.49**
Sex														
Female	1.00	Reference												
Male	2.25**	2.05**	2.15**	2.36**	2.47**	1.99**	6.24**	6.68**	4.19**	3.74**	1.83**	1.71**	2.65**	2**
Urbanism														
Large Central Metro	1.00	Reference												
Large Fringe Metro	1.23**	1.08+	1.62**	1.44**	0.81**	0.87*	1.58**	1.44+	1.1	1.15+	1.22*	1.23*	0.61**	0.87+
Medium Metro	1.37**	1.25**	1.68**	1.48**	0.92	0.99	1.85**	2.35**	1.31**	1.26**	1.5**	1.42**	0.82**	1.1
Small Metro	1.5**	1.37**	1.86**	1.76**	0.99	0.94	2.07**	3.15**	1.46**	1.23*	1.64**	1.93**	0.61**	0.94
Micropolitan	1.82**	1.62**	2.43**	2.32**	0.92	0.99	3.39**	3.54**	1.55**	1.55**	1.95**	2.14**	0.63**	1.06
Rural	2.34**	1.95**	3.31**	3.14**	0.95	0.99	4.47**	4.18**	1.94**	1.64**	2.3**	2.99**	0.6**	1.03
County Poverty														
0-<5%	1.00	Reference												
5-<10%	1.13*	1.27**	1.21**	1.5**	0.89	1.24	1.22	1.27	1.33+	1.61	1.62**	1.79	1.16	1.19
10-<15%	1.33**	1.44**	1.55**	1.76**	0.9	1.23	2.95**	1.77	1.58**	2.08*	2.45**	2.17	1.23	1.51*
15-<20%	1.41**	1.56**	1.7**	2.11**	0.85	1.21	3.23**	2.09	1.53**	2.29*	2.5**	2.73*	1.32*	1.64**
≥20%	1.49**	1.72**	1.79**	2.44**	0.89	1.13	3.76**	3.02	1.52*	2.26*	2.49**	3.65*	1.49**	1.78**
Source: National Center ** p <0.01	for Health	Statistics (Co	mpressed	Mortality Fi	e 1999–201	N								

* p <0.05 + p<0.10

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												Specific (cause								
	All Uni	intentional	Injuries		MVA			Falls ^a		Accide	ental Disch Firearms	arge of		Drowning		Expos	Ire to Smok	.e/Fire		Poison	
	Total		Attributable	Total		Attributable	Total		Attributable	Total		Attributable	Total		Attributable	Total	A	ttributable	Total		Attributable
Year	Deaths	PAF	Deaths	Deaths	PAF	Deaths	Deaths	PF ^a .	Deaths ^a	Deaths	PAF	Deaths	Deaths	PAF	Deaths	Deaths	PAF	Deaths	Deaths	PAF	Deaths
1999	97860	0.22	21100	42401	0.31	13300	13162	0.11	1421	824	0.58	482	3529	0.32	1119	3348	0.53	1781	12186	0.18	2252
2000	00626	0.16	15476	43354	0.24	10225	13322	0.15	2064	776	0.46	356	3482	0.30	1058	3377	0.46	1550	12757	0.18	2258
2001	101537	0.22	22652	43788	0.27	11943	15019	0.17	2596	802	0.62	497	3281	0.34	1113	3309	0.46	1515	14078	0.39	5542
2002	106742	0.22	23404	45380	0.27	12160	16257	0.21	3380	762	0.57	438	3447	0.36	1248	3159	0.64	2006	17550	0.34	5978
2003	109277	0.23	25089	44757	0.31	13663	17229	0.23	3976	730	0.69	503	3306	0.42	1390	3369	0.71	2377	19457	0.32	6219
2004	112012	0.29	32782	44933	0.35	15825	18807	0.12	2243	649	0.35	225	3308	0.32	1063	3229	0.43	1390	20950	0.42	8890
2005	117809	0.34	40074	45343	0.37	16990	19656	0.06	1250	789	0.74	581	3582	0.35	1266	3197	0.53	1701	23618	0.50	11786
2006	121599	0.35	42350	45316	0.34	15547	20823	0.03	673	642	0.38	244	3579	0.18	657	3109	0.47	1456	27531	0.55	15083
2007	123706	0.38	47184	43945	0.49	21668	22631	0.08	1783	613	0.82	504	3443	0.47	1619	3286	0.37	1217	29846	0.41	12172
2008	121902	0.35	42104	39790	0.46	18431	24013	0.05	1268	592	0.75	446	3548	0.30	1056	2912	0.47	1366	31116	0.43	13434
2009	118021	0.32	37741	36216	0.40	14591	24792	0.12	2877	554	0.58	321	3517	0.49	1735	2756	0.68	1878	31758	0.47	14831
2010	120859	0.40	47813	35332	0.40	14176	26009	0.02 ^b	520 ^b	606	0.53	321	3782	0.79	3002	2782	0.69	1908	33041	0.51	16928
2011	126438	0.36	45518	35303	0.51	18005	27483	0.09	2473	591	0.58	343	3556	0.93	3307	2746	0.68	1867	36280	0.46	16689
2012	127792	0.35	44727	36415	0.50	18208	28753	0.18 ^b	5175 ^b	548	0.52	285	3551	0.54	1918	2464	0.62	1528	36332	0.37	13443
TOTAL	1603454	0.30	488015	582273	0.37	214732	287956	0.12	23011	9478	0.58	5546	48911	0.44	21550	43043	0.55	23541	346500	0.40	145505
Source. ^a PAF fi	Nation: or falls is	al Cent s negat	er for Heal live, and sc	th Statis o the Pr	stics (C	ompressed ive Fractior	l Mortali n (PF) is	ty File 1 s calcula	999–2010) ated in its p) lace (1	-PF = 1	/[1-PAF]).	The PF	is the p	proportion	eductic	n in the	outcome	if all inc	lividuals	s were

Table 3. Injury Fatalities, Population Attributable Fraction, and Attributable Deaths for County Poverty, 1999–2010.

exposed to a protective factor.

^b PAF for falls in 2010 and 2012 was positive, so this number is a true PAF with associated attributable deaths

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approximately 44,700 (95% CI 28,606–58,093) excess deaths occurred in 2012 associated with county poverty. Over the 14 year period from 1999 to 2012, 488,015 (95% CI 317,553–626,187) deaths from injuries may not have occurred if the risk across all counties was the same as those counties with the lowest poverty rates.

Comment

In this study, we use comprehensive annual injury mortality data combined with county-level census poverty measures to characterize disparities in injury mortality in the US from 1999–2012. Injury mortality has increased over the past decade, with disparate trends identified for specific injury mechanisms. In accordance with the growing body of literature documenting the deleterious effects of neighborhood poverty on health, our study shows that county-level poverty confers a greater risk of death from unintentional injury, and that higher poverty areas have shouldered the burden of the recent national increases in unintentional injury mortality rates.

There is an increasing socioeconomic disparity for all combined unintentional injuries. These findings are in line with recent research that has found widening area-based disparities for all-cause mortality and life expectancy[26,6]. Unintentional poisoning deaths have been on the rise since at least the 1980s[27], and the largest driver of this trend has been an increase in prescription drug overdose[28]. In 2008, opioid analgesics (including morphine, oxycodone, methadone, and hydrocodone, among others) were responsible for 55% of deaths due to drug overdose[29]. The disparate increase within high poverty and rural areas deserves greater attention and future research. Recent research has raised concerns regarding nonrandom misclassification of unintentional poisonings based on both area and individual sociodemographic characteristics, due in part to wide variations in the qualifications and training of medical examiners[30].

While the PAF increased for nearly all mechanisms, it is important to note that the equation for PAF takes into account both the prevalence of the exposure and the relative risk. County poverty rates have increased over the past decade. The distribution of counties across poverty categories has shifted such that fewer counties fall within the low poverty group. This increase in exposure can increase the PAF without any change in relative risk. Moreover, caution is advised in interpreting the PAF as a causal statement about county poverty[31]. However, the PAF is powerful in reflecting the impact of increases over time in both the exposure of interest (county poverty) and the relative risk.

Despite the use of comprehensive mortality data, there are several limitations. First, although associations between individual socioeconomic status and injury rates have been documented[32,33], information on socioeconomic status of individuals is not available in the CDC dataset. We should not assume that county poverty reflects the SES socioeconomic status of individuals within counties; however, we also cannot conclude that county-level poverty is associated with injury mortality *above and beyond* an individual's poverty status. What we show as a possible poverty effect may indeed represent a combined effect of individual poverty status and the area poverty[34]. Despite this limitation, the use of area level poverty as a means to determine risk and identify disparity is highly valuable, and rigorous documentation of poverty-based disparities is an important and necessary foundation for future research.

The mechanisms linking area poverty and injury are not explored in this study, and likely vary based on the specific injury outcome. Area poverty may operate through various and interdependent mechanisms that increase injury risk, including decayed physical environments (e.g. deteriorating streets/sidewalks, poor access to safe green space)[35,36], restricted access to health information and safety equipment (e.g. bike helmets, newer/safer cars)[37], and social

isolation and norms regarding risky behaviors (e.g. seat belt use, drug use)[<u>38–41</u>]. Once again, future research is needed to identify which aspects of the social and/or physical environment contribute to the increased likelihood of death from injury.

Conclusion

This study documents area-based socioeconomic disparities in injury mortality across categories of unintentional injury. In contrast to disease mortality, rates of unintentional injuries have risen over the past decade, with the greatest burden shouldered by populations living in high poverty areas. Our findings shed light on the potentially important role of the socioeconomic and physical environment in shaping patterns of injury mortality. Given the trends of *increasing* areal socioeconomic inequality, these results also highlight the importance of community-level intervention. Future research, as well as public health policies aimed at reducing injury rates, should take seriously the neighborhood environments to which individuals are exposed.

Supporting Information

S1 Table. <u>Table 2</u> Supplement: Relative Risk of Mortality from Unintentional Injury: United States 1999–2012.

(XLSX)

S2 Table. <u>Fig 1</u> Supplement: Mortality Trends^a by County Poverty Category. (XLSX)

S3 Table. <u>Table 3</u> Supplement: Injury Fatalities, Population Attributable Fraction, and Attributable Deaths for County Poverty, 1999–2010. (XLSX)

Author Contributions

Analyzed the data: RK. Wrote the paper: RK SS EF.

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