Bacterial cell size modulation along the growth curve across nutrient conditions

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Abstract

Under stable growth conditions, bacteria maintain cell size homeostasis through coordinated elongation and division. However, fluctuations in nutrient availability result in dynamic regulation of the target cell size. Using microscopy imaging and mathematical modelling, we examine how bacterial cell volume changes over the growth curve in response to nutrient conditions. We find that two rod-shaped bacteria, *Escherichia coli* and *Salmonella enterica*, exhibit similar cell volume distributions in stationary phase cultures irrespective of growth media. Cell resuspension in rich media results in a transient peak with a five-fold increase in cell volume \approx 2h after resuspension. This maximum cell volume, which depends on nutrient composition, subsequently decreases to the stationary phase cell size. Continuous nutrient supply sustains the maximum volume. In poor nutrient conditions, cell volume shows minimal changes over the growth curve, but a markedly decreased cell width compared to other conditions. The observed cell volume dynamics translate into nonmonotonic dynamics in the ratio between biomass (optical density) and cell number (colony-forming units), highlighting their non-linear relationship. Our findings support a heuristic model comparing modulation of cell division relative to growth across nutrient conditions and providing novel insight into the mechanisms of cell size control under dynamic environmental conditions.

Keywords: cell size regulation, dynamic nutrient conditions, growth curve dynamics, cell size distributions

Introduction

² Bacteria modulate their cell size by balancing cell elongation and division timing in response to environmen-

tal conditions, which is crucial for the optimal use of resources [1]. Changes in cell size are subject to cell functionality optimization [2–5] as well as limitations imposed by the differing kinetics of chemical fluxes across

⁵ growth conditions [3, 6–8]. The efficiency of nutrient uptake and waste excretion, for example, is determined

⁶ by the physical dimensions of a cell, including volume, shape, and surface-to-volume ratio [9]. Furthermore, ⁷ fluctuations in cell size are a key source of noise in gene expression, potentially decreasing cellular functionality

and fitness [10–12]. This physiological efficiency, in turn, affects the cell elongation and replication rates, i.e.,

• the fitness of a population. Therefore, controlling cell size is crucial for bacterial fitness, indicating evolutionary

¹⁰ pressure to optimize its regulation across nutrient conditions [13].

¹¹ Understanding cell size under variable nutrient conditions is of particular relevance, as natural growth con-¹² ditions are rarely constant and require bacterial cells to adjust their size to these changing conditions [14]. With ¹³ population growth, nutrients are depleted, leading to a slowing and eventually halting of cell growth. Recent ¹⁴ developments in cell trapping, tracking and imaging techniques have revealed significant changes in bacterial ¹⁵ cell volume during different stages of the growth curve [15–17] with larger cells found during exponential growth ¹⁶ (in nutrient-rich conditions) and smaller cells during nutrient-poorer phases [18]. In such time-varying nutrient

environments, cell volume appears to be determined by the balance between prioritizing investment in biomass production or cell division [15, 19]. Investigating the dynamics and mechanisms of this balance is important to understand the synchronization of processes connected to growth and division, such as cell elongation, chromosome replication, and protein synthesis [15, 19], which are responsible for the rapid adaptation of bacterial cells to new nutrient environments [14, 19].

In this study, we used single-cell microscopy and modelling approaches to follow cell volume dynamics along the growth curve under various nutrient conditions for two gram-negative rod-shaped bacterial species *– Escherichia coli* and *Salmonella enterica*. We expand the scope of previous investigations by analyzing cell volume distributions over a wider set of nutrient conditions, revealing complex trends in volume dynamics that are not directly related to growth rate but the nutrient environment.

We used microscopy images of rod-shaped bacterial cells at different stages of the growth curve to esti-27 mate their volume using recent cell segmentation techniques. We found that cell volume peaked in the early 28 exponential phase and that the volume distribution at this peak could be sustained for several hours by culture 29 dilution with fresh media. In nutrient-limited growth environments, however, cell volume peaks were transient. 30 We found that the timing of the cell volume peaks was not correlated with maximum growth rate but rather the 31 timing of growth rate decrease, i.e., nutrient depletion. Similarly, the magnitude of the peak was affected by 32 nutrient composition. Further, cell volume converged in stationary phase across all conditions, aligning with 33 the hypothesis of a minimum bacterial volume [20, 21]. We propose a heuristic mathematical model to explore 34 the synchronization of growth and division processes necessary to produce and understand the observed cell 35 volume dynamics [22]. 36



Figure 1: Cell volume dynamics of *E. coli* cells along the growth curve and for sustained exponential growth in rich media. (A) Optical density (OD_{600}) and (B) mean cell volume of an *E. coli* culture along the growth curve (blue). (C) Examples of cells at different sampling points along the growth curve. (D) OD_{600} and (E) mean cell volume of an *E. coli* culture in sustained exponential growth conditions (pink), which was achieved through consecutive dilutions. The comparison with the regular growth curve is shown in light blue. (F) Examples of cells at different sampling points for sustained exponential growth. Colored contours show the cell segmentation and black lines show the dimension used as cell length.

37 Results

38 Cell volume peaks early in the growth curve

First, we studied the growth curve in Lysogeny broth (LB), a standard, but undefined rich medium, by taking 39 consecutive samples for microscopy imaging from an E. coli MG1655 culture that was grown under shaking 40 conditions at 37 °C (Materials and methods). The first sample was taken from an overnight culture, which had 41 depleted most nutrients and reached stationary phase. These cells were then diluted into fresh LB medium 42 1:1000 (t = 0) and regularly sampled (Fig. 1A-C). Cell volume was estimated from segmented bacterial contours 43 in microscopy images, using the approximation that *E. coli* cells are rod-shaped. We also recorded the optical 44 density of the population (OD_{600}) as a proxy for biomass at each sampling point to characterize the growth curve 45 dynamics (Fig. 1A) and link them to the estimated mean cell volume (Fig. 1B). 46

Stationary overnight bacteria had a very small cell volume of $\approx 1 \mu m^3$, which increased rapidly to $\approx 5 \mu m^3$ 47 over 2h (Fig. 1B,C). This peak volume was maintained only for \approx 30min and then decreased over the next 48 2h until it stabilized at a volume slightly larger than that of overnight cells. As previously observed [15], this 49 peak in cell volume results in an opposing, albeit less pronounced, dip in the surface-to-volume ratio (Fig. S1). 50 Analyzing the contributions of cell lengths and widths to volume changes, we observed an pprox 1.5-fold increase in 51 cell width and an pprox 2.5-fold increase in cell length. The width increased pprox 30min earlier than the length, while 52 both decreased over similar time scales (Fig. S1A, S3). Cell length also showed a distinct broadening of the 53 distributions and an increase in noise between 1 and 3h after t = 0 (Fig. S2A, S3), coinciding with the time frame 54 of cell volume peak dynamics (Fig. 1B). Notably, the cell culture was still growing for several hours after the cell 55 volume started to decrease. We hypothesized that the observed dynamics can be explained in two ways: either 56 as a transient reaction to cell resuspension and awakening or as a consequence of changes in nutrient levels. 57

⁵⁸³ Sustained exponential growth preserves peak cell volume distributions

To test whether the decrease in cell volume was a transient event after leaving the lag phase or rather dependent 59 on the changing growth environment, we kept the cell culture under sustained exponential growth conditions for 60 6h. To do so, we diluted the culture 1:2 into fresh medium every 20min, beginning 2h after t = 0, i.e., around 61 the time when cell volume peaked (Fig. 1D) (Materials and methods). Under sustained exponential growth, 62 cells maintained a larger mean volume of $\approx 5\mu m^3$ (Fig. 1E) and a broadened volume distribution (Fig. S4) for 63 the entire 6h. When we stopped diluting the culture, the cell volume immediately began to decrease. Cell size 64 homeostasis under steady conditions has previously been reported, mainly from microfluidic experiments [23] 65 and theoretically predicted [24, 25]. Our experiments demonstrate that the transient peak in cell volume in 66 nutrient-limited growth is a physiological adaptation to changes in the growth environment – most likely nutri-67 ent depletion - and not a transient effect of growth initiation. This is supported by the fact that cell volume 68 distributions remain broadened as long as the nutrient environment is maintained. 69

70 Poor nutrient conditions lead to almost constant cell volume

To understand how the dynamics of cell volume correlate with population growth, we next investigated cell volume along the growth curve under poor media conditions. We used a defined, minimal medium (M9) with glucose as the sole carbon source [26], which leads to slow growth, as cells need to synthesize amino acids rather than import them from the environment. Under these conditions, cell volume remained roughly constant throughout the growth curve around its stationary phase value of approximately $1\mu m^3$ (Fig. 2A). Cell length increased slightly during growth in M9 glucose while cell width remained constant, overall keeping the cell volume (as well as surface-to-volume ratio) constant (Fig. S1B).

As cell volume dynamics in rich and poor nutrient media differed drastically, we repeated these experiments in another gram-negative microorganism, *Salmonella enterica* LT2. As *S. enterica* is also rod-shaped and divides



Figure 2: Cell volume dynamics across different nutrient conditions for *E. coli* and *S. enterica. OD*₆₀₀ of the cell culture (left) and mean cell volume (right) over time in different conditions: (A) rich to poor nutrient growth curves (blue, dark and light green, orange) and sustained exponential growth (pink) for *E. coli*; (B) rich (purple) and poor (red) nutrient growth curves for *S. enterica*.

⁸⁰ by symmetric binary fission, we would expect similar cell volume regulation as in *E. coli*, even though this has ⁸¹ not been extensively studied before. Indeed, we found peak dynamics in rich (LB) media and almost constant ⁸² cell volume in minimal (M9 glucose) media (Fig. 2B, S1A) as seen with *E. coli* (Fig. 2A, S1A).

⁸³ Peak cell volume is dependent on nutrient composition

The contrasting cell volume dynamics in rich and poor nutrient conditions led us to investigate the nutrient 84 dependence of cell volume changes. We studied *E. coli* in two intermediate nutrient conditions: defined M9 85 medium with glycerol, supplemented with 0.25% or 0.5% casamino acids (partially digested amino acids). Sur-86 prisingly, both media resulted in similar growth curves but different cell volumes (Fig. 2A). The timing of the 87 cell volume peak in both supplemented M9 media was very similar (around 2h after resuspension), but the 88 mean peak volume was much larger for 0.5% casamino acid supplementation compared to 0.25%. Cells grown 89 in M9 with 0.5% casamino acids had a similar peak cell volume to that seen with LB, while growth in 0.25% 90 casamino acid supplementation resulted in a peak volume approximately halfway between poor and rich media 91 $(\approx 3\mu m^3)$ (Fig. 2A). Similarly, when calculating the surface-to-volume ratio, we found a much smaller change 92 for M9 supplemented with 0.25% casamino acids, although the difference was not as pronounced as for cell 93 volume (Fig. S1B). Generally, for LB and M9 supplemented with casamino acids, the surface-to-volume ratio 94 decreased during the first 2h of growth and then increased during the transition to stationary phase, opposite to 95 cell volume changes, but slower and with a lower magnitude of change (Fig. S1). The surface-to-volume ratio 96 in M9 glucose remained relatively constant throughout the growth curve and was higher than in all richer media. 97 This is correlated with the cell width in M9 glucose being consistently smaller than in the other media (Fig. S1). 98 Overall, we found a strong nutrient dependence of the maximum cell volume and the cell width, whereas the 99 timing of the volume peak was similar. 100

The ratio between biomass (OD_{600}) and cell numbers (CFU) shows similar peak dynamics as cell volume

As we found a highly dynamic cell volume behaviour over the exponential growth phase in most media, we realized that this could affect our measurements of population growth. Population growth or increase in biomass of bacterial cultures in liquid media is commonly measured through optical density (OD_{600}) [28], assuming that OD_{600} correlates linearly with biomass and that biomass correlates approximately linearly with cell density. However, this relationship is highly dependent on the assumption that the biomass contributed by each cell is con-



Figure 3: The ratio between cell numbers and biomass shows a similar pattern as cell volume over the growth curve. (A) Cell numbers as colony-forming units (CFU) (three biological replicates with four technical replicates each) and (B) biomass as OD_{600} (three biological replicates) along the growth curve in LB, where lines show the best-fit curve to measurements. (C) The ratio between biomass (OD_{600}) and cell numbers (CFU) over the growth curve. Confidence intervals were estimated using inference methods based on Gaussian processes [27].

sistent over time [29]. The drastic changes in cell volume observed within the first hours of growth indicate that
 this assumption does not hold under most media conditions.

To test the dynamic relationship between cell numbers and biomass, we sampled *E. coli* cultures grown in LB 110 over 4h after resuspension of overnight cultures and determined colony forming units (CFUs) as well as biomass 111 (OD₆₀₀) (Fig. 3A,B). We used three biological replicates plus four technical replicates each for CFU counts, 112 taking measurements every 30min (Materials and methods). We fitted curves through these measurements 113 and calculated the biomass per cell as OD₆₀₀/CFU using inference based on Gaussian processes [27]. We 114 found a similar peak pattern as for cell volume, although the peak occurs slightly earlier, at 1.5h instead of 2h 115 after resuspension (Fig. 3C). The peak pattern agrees with the idea that our estimate of biomass per cell is 116 approximately proportional to the average cell volume in the culture at any given time point. 117

The peak in the ratio between OD_{600} and CFU is caused by a discrepancy between cell and population growth. Although cell elongation began soon after resuspension as visible in the increase in OD_{600} after 0.5-1h, cells were not yet dividing, meaning that CFU counts only increased after 1.5-2h. Hence, biomass increased soon after inoculation, but population growth was delayed by \approx 1h under these conditions. Conversely, after 2.5h, CFU numbers still indicate exponential population growth, while biomass growth is already levelling off, indicating a decrease in biomass per cell, i.e., cell volume (Fig. 3).

¹²⁴ A heuristic model relates changes in cell size to dynamic resource allocation

The relationship between population growth (cell division) and biomass growth (cell growth) is dynamic, regulating cell volume under varying nutrient conditions. To understand these changes in cell division and growth over the growth curve, we used a simple discrete-event model. As the model does not take cell shape into account, we are going to refer to cell size instead of cell volume here, but for our results, the two terms can be seen as equivalent. We describe the change in cell size s(t) by assuming that cells grow exponentially at a time-dependent rate $\mu(t)$:

$$\frac{ds(t)}{dt} = \mu(t)s(t). \tag{1}$$

¹³¹ We can estimate $\mu(t)$ from the increase in biomass in our experiments (Fig. 4A,B): we fitted a logistic curve ¹³² to the OD_{600} measurements and used it to calculate the growth rate over time (Materials and methods). As ¹³³ expected, $\mu(t)$ is high after resuspension (t = 0) and then decreases over the growth curve until it approaches ¹³⁴ zero with entry into the stationary phase. For simplicity, we ignore the slow growth phase during the transition



Figure 4: A model of cell volume dynamics shows the modulation of division rate and resource allocation over the growth curve. (A) Biomass (OD_{600}) over time for various nutrient conditions as shown in different colours; points show measurements (Fig. 2A), solid lines are the fit to a logistic curve. The biomass growth for sustained exponential growth conditions (pink line) was approximated using the biomass growth in LB. (B) Growth rates obtained from fitted curves. (C) Comparison of the mean cell volumes shown in Fig. 2A (points and error bars) and the prediction of the mean-field model of cell volume regulation (solid lines). (D) Dynamics of the division rate *k* over the growth curve in different nutrient conditions. (E) Dynamics of the division-growth allocation parameter λ over the growth curve in different nutrient conditions.

into the stationary phase and focus on the main trends along the curve. Strikingly, $\mu(t)$ is well described by a constant growth rate until \approx 2h after cell resuspension in all rich-nutrient conditions, which is the time point after which volume typically decreased as well (Fig. 4B).

¹³⁸ Cell division can be described by halving the cell size at discrete time points, as determined by the division ¹³⁹ rate. We assume that the division rate depends on cell size, resulting in *adder* size control if the division rate is ¹⁴⁰ directly proportional to cell size [30, 31]. *Adder* size control means that, on average, cells add a constant size ¹⁴¹ between divisions, and is the cell size control model generally associated with *E. coli* [32–34] and other bacterial ¹⁴² species [35–38]. Hence, we assume that the division rate scales with the cell size as well as the growth rate ¹⁴³ following $k(t)\mu(t)s(t)$, where $\mu(t)s(t)$ is the rate of change in cell size and k(t) is defined as the time-dependent ¹⁴⁴ division coefficient. The division event can then be described as a discrete jump:

$$s \xrightarrow{k(t)\mu(t)s(t)} s/2.$$
 (2)

Using the mean-field approach (Materials and methods), we can now describe the dynamics of the mean table cell size $\langle s(t) \rangle$ ($\langle . \rangle$ indicating the mean at any given time point) through growth and division:

$$\frac{d\langle s(t)\rangle}{dt} = \underbrace{\mu(t)\langle s(t)\rangle}_{\text{cell growth}} - \underbrace{k(t)\mu(t)\frac{\langle s(t)\rangle^2}{2}}_{\text{cell division}}.$$
(3)

For constant *k*, cell division and growth are synchronized and the mean cell volume will approach the steadystate value: $\langle s \rangle = \frac{2}{k}$. In this case, the mean cell volume is independent of the growth rate as the effect of μ on growth and division balances out.

However, our experiments showed that cell volume, and therefore the division coefficient k, was not constant over the growth curve under most nutrient conditions (Fig. 4B,C). We approximated the dynamics of k using

a sigmoidal function over time (Eq. (14)) and solved the equation for mean cell size (Eq. (3)) numerically by using our measurements for cell size (volume) and cell growth (biomass) dynamics over the growth curve (Materials and methods). We found that the division coefficient *k* starts low, increases when the growth rate begins to decrease, and then plateaus at its highest value when the growth rate also plateaus (Fig. 4B, 4D). The steepness of *k* increase differs between nutrient conditions and highlights that a combination of growth rate and cell volume determines division (see, for example, M9 supplemented with 0.25% and 0.5% casamino acids in Fig. 4B-D).

¹⁵⁹ How then does the relationship between cell growth and division determine cell volume? Changing nutrient ¹⁶⁰ conditions require bacterial cells to dynamically navigate the balance between cell growth and division by ad-¹⁶¹ justing their proteome allocation between biomass accumulation and division machinery synthesis [19]. Here, ¹⁶² we avoid the complexities of modelling proteome allocation change and focus on understanding the qualitative ¹⁶³ changes in division-growth allocation. We can calculate the division-growth allocation coefficient λ as the pro-¹⁶⁴ portion of division compared to all size regulation processes (i.e., division and growth) (Materials and methods):

$$\lambda = \underbrace{\frac{\langle k\mu s^2 \rangle / 2}{\langle \mu s \rangle + \langle k\mu s^2 \rangle / 2}}_{\text{growth}} \approx \frac{k \langle s \rangle}{2 + k \langle s \rangle}, \tag{4}$$

 λ describes the proportional allocation of resources to division or growth, with all resources allocated to division 165 for $\lambda = 1$ and all resources allocated to growth for $\lambda = 0$. The allocation is exactly 50:50 for $\lambda = 0.5$, which 166 we can see for sustained growth in LB as well as for M9 with glucose, where the division coefficient and cell 167 size remained constant (Fig. 4E). While λ starts to increase again in the sustained growth experiment after the 168 dilutions are stopped, for M9 with glucose, the almost perfect balance of division and growth led to constant 169 cell volume over 10h of growth. In all other nutrient conditions, division-growth allocation started from \approx 20% 170 (balanced towards growth) and increased to 60-70% (balanced towards division) when entering stationary phase 171 (Fig. 4E), which is gualitatively consistent with studies using more sophisticated proteome allocation models 172 [19]. Interestingly, growth rates and division-growth allocation are very similar for M9 supplemented with 0.25% 173 or 0.5% casamino acids, but the division coefficient k has to differ to result in the experimentally observed 174 differences in cell volume. This means that slight differences in nutrients can change the relationship of growth 175 rate and cell volume with the propensity for division. 176

177 Discussion

¹⁷⁸ Our study reveals general trends of cell volume dynamics and its link to growth rate and nutrient conditions over ¹⁷⁹ the growth curve. We found that the timing of cell volume dynamics was not directly correlated with maximum ¹⁸⁰ growth rate: in all nutrient-rich media (LB, M9 supplemented with casamino acids) cell volume peaked \approx 2h after ¹⁸¹ cell resuspension. The magnitude of the cell volume peak correlated however with the nutrient composition, ¹⁸² with richer media leading to larger maximum cell volumes, which was most clearly visible across different M9 ¹⁸³ conditions (Fig. 2). While richer media also led to higher growth rates, growth rate and cell volume seemed to ¹⁸⁴ be related through different functions with the nutrient composition of the growth medium (Fig. 4B,C).

In nutrient-rich media, growth rate estimates showed a decrease after 2-3h. Across nutrient conditions, there is a coincidence between the instant when this growth started to decrease and the peak in cell volume (Fig. 4). This would imply that a decrease in growth rate, likely caused by the onset of nutrient depletion, determines the cell volume peak. The rate of volume decrease toward the common cell volume in stationary phase was different between nutrient conditions, but not directly correlated with growth rate or nutrient composition. Generally, the increase and decrease in cell volume were steepest in LB, where we also saw the fastest growth rates. The trends in cell size dynamics were less clear for M9 supplemented with 0.25% or 0.5% casamino acids, where

¹⁹² growth rates were very similar along the growth curve, but the maximum cell volume and cell volume dynamics ¹⁹³ were markedly different (Fig. 2A). This surprising independence of cell volume changes and growth rate can be ¹⁹⁴ understood through our model: growth rate can affect both processes involved in cell volume regulation, growth ¹⁹⁵ and division, differently, potentially as a function of the nutrient conditions. In our model, size regulation through ¹⁹⁶ division is quantified by the division coefficient *k* (Eq. (3)), which can be understood as how nutrients (and ¹⁹⁷ potentially other physiological factors) are translated into the division rate.

Cell volume is just one of the dimensions that we can consider for cell size dynamics. Other measures are 198 cell length and width, which can be determined from the segmentation masks of the microscopy images [39]. 199 We found that cell width increased earlier than cell length, with a delay of \approx 30min (Fig. S1), which is consistent 200 with previous studies [15, 40]. Surprisingly, there seemed to be more variation between nutrient conditions 201 for cell width changes, although changes over the growth curve were greater in cell length (Fig. S1). The 202 difference in cell volume dynamics between cells grown in M9 supplemented with 0.25% and 0.5% casamino 203 acids, for example, was mainly because cells were significantly wider in the latter, while lengths were similar 204 (Fig. S1). Such changes are particularly interesting, as bacteria can use changes in cell shape, specifically 205 changes in surface-to-volume ratio, as a means of antibiotic resistance by reducing the intracellular or membrane 206 concentration of an antibiotic [41]. Hence, understanding changes in cell length and width across nutrient 207 conditions is important to determine the potential for cell-shape-based antibiotic resistance. 208

Poor medium (M9 with glucose) presented a special case, in which cells did not show appreciable changes 209 in cell volume or surface-to-volume ratio over the growth curve (Fig. S1B,C). This was mainly due to the constant 210 cell width throughout the growth curve, although the cell length increased slightly (Fig. S1B,C). Interestingly, cells 211 were thinner and longer than cells with similar volume in other growth conditions (which usually occurs during 212 their transition to stationary phase) (Fig. S1B,C). In S. enterica, the increase in cell length in M9 with glucose 213 was more pronounced than in E. coli, giving an overall slight increase in cell volume, which only decreased 214 again pprox 7h into the experiment (Fig. S1) at which point the growth rate also started to decrease (Fig. 4B). 215 These results suggest that the conserved 2h peak in all other nutrient conditions was coincidental and that the 216 peak is related to the change in growth rate, potentially caused by nutrient depletion. However, given the small 217 change, lack of a proper peak in volume dynamics and very slow growth rate, the poor medium does not seem 218 to allow for conclusive evidence about the regulation of cell volume dynamics. Furthermore, our model showed 219 an almost perfect 50:50 balance of resource allocation between growth and division over most of the growth 220 curve in M9 with glucose (Fig. 4E), suggesting little change in size regulation. 221

While cells in minimal media already started with a 50:50 balance of cell growth and division allocation (λ) , 222 this allocation usually started from a low value under other nutrient conditions. In these conditions, cells showed 223 a growth-biased allocation that rose toward 50:50 allocation within the first 2h. This dynamics is indicative of 224 drastic changes in cell volume during the first 2h of the growth curve, but not necessarily of cell division. In fact, 225 our results showed that the ratio between cell number (CFU) and biomass (OD₆₀₀) is non-monotonic (Fig. 3). 226 This means that during the first \approx 1.5h, the increase in biomass appeared to be mainly due to an increase in cell 227 volume in individual cells, but not an increase in the number of cells. From these measurements, we estimate 228 that the maximum biomass per cell was reached after pprox 1 doubling time. The peak in cell size occurs half an hour 229 later, which would amount to 2-3 cell doublings. The difference in those estimates could be due to inaccuracies 230 in OD measurements and difficulties in determining when cells have finished dividing from microscopy images. 231 Overall, the ratio between OD and CFU showed a peak similar to that of cell volume, which makes sense since 232 this ratio can be associated with the biomass per cell, i.e., is roughly equivalent to cell volume (Fig. 1A, 3C). 233 This highly non-linear relationship can lead to significant overestimation of cell numbers based on optical density 234 or turbidity, yet these measures are commonly used in microbiology experiments. Non-linearity also makes the 235 accuracy of cell number estimates using OD₆₀₀ highly dependent on the use of the same conditions and the 236 timing of the measurements to make them comparable, which could be alleviated by using calibration curves to 237 establish the OD_{600} -CFU relationship for each nutrient condition [42, 43]. 238

The main part of our analysis focused on the mean cell size behaviour, but we also observed interesting patterns in the random size variability between individual cells (Fig. S2). We observed that the awakening of

cells after resuspension led to a broadening of the cell volume distribution that lasted throughout most of the 241 peak dynamics (Fig. S3). This variation appeared to come from variation in cell length rather than cell width 242 (Fig. S2, S3), indicating heterogeneity in the timing of the first division between cells. Surprisingly, the increase 243 in cell volume and length variation did not seem to be a transient phenomenon, as sustained exponential growth 244 conditions preserved not only the maximum cell volume but also the broadness of the distribution (Fig. S4). 245 Using a stochastic model of cell size regulation, we found that sustained high variation in cell volume during 246 sustained exponential growth (Fig. S5) can be explained if the noise in size regulation has a weak dependence 247 on cell size itself. In general, the increase and decrease in the mean and variation of cell volume appear to be 248 related to a change in the nutrient environment. 249

Our study opens intriguing avenues for further experiments and modelling. First, the convergence to a 250 common cell size during stationary phase raises important questions. Current models based on growth-division 251 allocation capture general trends in cell size dynamics but fail to explain the robustness of this convergence 252 across growth conditions [19]. Possibly, the common cell size corresponds to a minimal threshold size below 253 which cell division is disabled [21, 44]. Since this minimum cell size is related to the initiation of chromosome 254 replication, cell size dynamics in fluctuating environments could be examined by labelling the replication origins 255 [20]. Second, the potential size dependence of noise is intriguing and a deeper understanding of its origin 256 could shed light on the constraints governing cell size regulation. Previous studies indicate that understanding 257 stochasticity in cell division mechanisms allows us to distinguish between various model types that predict similar 258 mean dynamics [44]. Coupling such modelling frameworks with time-dependent dynamics has proven useful for 259 characterizing cell size homeostasis in diverse systems such as cancer cells [45], yeast [46, 47] and different 260 bacterial species [25]. Third, modelling the growth curve itself is challenging. While we used a logistic model to 261 describe the population dynamics, models such as the Gompertz model provide a more accurate fit in certain 262 contexts (e.g., tumour growth) [48]. Gompertz models are particularly relevant when accounting for multiple 263 cell phenotypes, such as quiescent and proliferating subpopulations, which vary in proportion along the growth 264 curve [49], or subpopulations metabolizing different nutrient sources, arising from diauxic growth [50]. Including 265 these subpopulations could enhance the predictive power and biological relevance of our approach. Our work 266 also highlights the importance of considering how nutrient shifts affect resource allocation for predicting cell 267 volume regulation across changing environments [19], similar to how these shifts influence growth transition 268 kinetics [6]. Mechanistic models of nutrient consumption could be coupled with experiments that modulate the 269 type and concentration of nutrients (e.g., nitrogen and carbon sources) to gain a more comprehensive picture 270 of cell volume mean and noise dynamics [51]. Further, RNAseq at multiple time points (e.g., 1 and 2 hours 271 after resuspension) could link gene expression patterns with cell volume changes, offering deeper insights into 272 cellular responses to nutrient shifts [52, 53]. These approaches could serve as a starting point for exploring 273 size-dependent noise and population heterogeneity, addressing the questions highlighted above. 274

In this study, we investigated cell volume dynamics in two rod-shaped bacteria, *E. coli* and *S. enterica*, along the growth curve, revealing a strong dependence of cell size regulation on nutrient conditions. Our findings reveal the remarkable plasticity and adaptability of bacterial cells in regulating their size in response to environmental changes by balancing resource allocation between cell growth and division in response to nutrient availability and potentially nutrient type. The relationship between cell size and nutrient conditions is highly relevant to understanding the behaviour of natural microbial communities, but also clinical phenotypes, such as resistance to antibiotics and persister cells [17, 41].

282 Materials and methods

Bacterial growth conditions and media

Experiments were carried out using the *E. coli* K-12 substrain MG1655 and the *S. typhimurium* LT2 derivative, TH437. Bacterial cells were grown overnight at 37C with shaking and aeration in 15 ml culture tubes filled with ²⁸⁶ 2 ml of growth medium. Minimal media consisted of 1X M9 salts, 1mM thiamine hydrochloride, 0.4% glucose, ²⁸⁷ 0.5% or 0.25% casamino acids, 2mM MgSO4, 0.1mM CaCl2. M9 salts, casamino acids and LB media were ²⁸⁸ autoclaved, and other ingredients were sterilized with filter sterilization. Overnight cultures were diluted 1:1000 ²⁸⁹ v/v into 10ml of the same medium and grown on the shaking incubator with aeration at 37C. Samples were taken ²⁹¹ at 30- or 60-min intervals and imaged under the microscope. At each sampling point, OD_{600} measurements were ²⁹² taken with a spectrophotometer using either 1ml of the undiluted culture or at later time points, by diluting the ²⁹³ culture in the same medium to an OD_{600} less than 1 to obtain accurate measurements.

For cultures that were kept in an early exponential phase in rich media, half of the culture was diluted with the same amount of fresh media every 20min and sampled for imaging at every second dilution.

²⁹⁵ Single-cell microscopy

Between 1 and 6 μ *l* of the sample (diluted 2- or 4-fold at later time points to avoid cell clusters) were spotted on an agar pad (made of minimal media with 1.5% agarose) and left to dry for a few minutes. The agar pad was inverted and placed into a microscopy dish (μ -Dish 35mm, low; Ibidi). The microscope dish was mounted on an inverted microscope stage (Eclipse Ti2-E, Nikon) and bright-field images were taken with a Nikon DS-Qi2 camera using a 100× oil immersion objective (Plan Apo λ , N.A. 1.45, Nikon).

301 CFU count plating

For cell number counts, we diluted overnight cultures of *E. coli* K-12 substrain MG1655 1:1000 into fresh LB media. 3 biological replicates were measured every 30min for 4h to obtain OD_{600} via a spectrophotometer (see above) and CFU by plating. For plating, we used the running droplet method where 10ul of each sample dilution ($10^0 - 10^{-7}$) are dropped onto a square plate, which is then tilted so that droplets can run down to half of the plate. We plated each dilution twice and used all dilutions with countable colony numbers for analysis.

Segmentation and analysis of microscopy data

We estimated the cell volume from the bright-field microscopy images by segmenting cells using the pixelclassification module of Ilastik (v.1.3.3) [54]. As each nutrient medium influenced the cell shape differently along the growth curve, we trained an Ilastik neural network for each condition. The training process involved outlining an arbitrary set of cells to define the contours and conducting manual checks to resolve instances where cell clusters posed segmentation challenges. We devoted special attention to exponential phase images, to differentiate between cells that had not yet undergone division and cells that had undergone division but remained physically connected. This is exemplified in Figure 1C and 1F at the 2-hour mark.

From the estimated contours we measured the projected area A_p , which corresponded to the number of pixels inside the contour times the pixel area ($\approx 0.005 \mu m^2 / pixel$). We defined the cell length *L* as the longest side of the minimum-bounding rectangle of the contour. The projected area A_p and the cell length *L* are related to the effective cell width *w* through the projected area of a capsule:

$$A_{\rho} = w(L-w) + \pi \left(\frac{w}{2}\right)^2.$$
(5)

Thus, from A_p and L, w is estimated by solving Eq. (5). The cell surface area A and volume V can then be estimated from L and w as follows:

$$A = \pi L w;$$

$$V = \pi (L - w) \left(\frac{w}{2}\right)^2 + \frac{3}{4} \pi \left(\frac{w}{2}\right)^3 = \frac{\pi L w^2}{4} - \frac{\pi w^3}{16}.$$
(6)

After obtaining these dimensions for all segmented cells, we filtered the outliers (usually imaging artefacts) considering only cells satisfying the following criteria:

- Cell width greater than 0.35 μ m.
- Cell length greater than 1.05 μ m and less than 10 μ m.
- Cell aspect ratio (L/w) greater than 1 and less than 7.
- Cell area greater than 0.73 μm^2 .

Further, for each time point, we applied a final outlier filtering step. We discarded any cells where the deviation in the log-transformed cell volume from the log-transformed population mean cell volume exceeded three times the log-transformed population standard deviation of the cell volume. This assumes that the cell size distributions follow a log-normal distribution and therefore, this range should include approximately 99.7% of the data. Statistics and confidence intervals were estimated using Bayesian methods [55].

Estimation of OD and CFU time curves

To estimate the ratio OD/CFU over 4h after resuspension, we ran an inference algorithm [27] separately on the replicates of cell number and population biomass respectively. As a result, we obtained the most probable trajectory of the mean with its 95% confidence interval (Fig. 3A, B). Given the most probable mean OD *x* with its confidence interval Δx , and the most probable CFU *y* with its confidence interval Δy , the most probable ratio *z* and its confidence interval Δz were estimated using the formulas:

$$z = \frac{x}{y}$$

$$\Delta z \approx (\Delta x) \left| \frac{\partial z}{\partial x} \right| + (\Delta y) \left| \frac{\partial z}{\partial y} \right| = \left| \frac{\Delta x}{y} \right| + \left| \frac{x}{y} \frac{\Delta y}{y} \right|,$$
(7)

³³⁶ Standard methods for propagation of uncertainty were used for this estimation.

337 Mean-Field cell size dynamics

A more detailed approach to the theoretical model was published recently [30]. Briefly, assuming that cells grow following the dynamics in Eq. (1) and halve their size at each division, the expected value of any arbitrary function of cell size f(s) follows the dynamics:

$$\frac{d\langle f(s)\rangle}{dt} = \left\langle \mu s \frac{df(s)}{ds} + k \mu s \left(f(s/2) - f(s) \right) \right\rangle.$$
(8)

To estimate the *n*-th moment of cell size, we replaced $f(s) = s^n$ and obtained the differential equation governing the dynamics of $\langle s^n \rangle$:

$$\frac{d\langle s^n \rangle}{dt} = \left\langle \mu s \frac{d(s^n)}{ds} + k \mu s \left(\left(\frac{s}{2} \right)^n - s^n \right) \right\rangle = n \mu \langle s^n \rangle - k \mu \left(1 - \frac{1}{2^n} \right) \langle s^{n+1} \rangle.$$
(9)

The main issue with equation (9) is that the dynamics of $\langle s^n \rangle$ depend on $\langle s^{n+1} \rangle$. This problem is known as unclosed moments dynamics [56] and has been explored recently [57]. The mean-field approximation neglects the random fluctuations of *s* and its correlation with other variables. Therefore, we approximate the secondorder moment as $\langle s^2 \rangle \approx \langle s \rangle^2$ and ignore the equations for higher-order moments to obtain the equation (3) in the main text.

Fitting procedure for the division coefficient

To simplify our approach, we first fitted the OD curves to a logistic curve of time. This simplification assumes that the growth rate is proportional to the nutrients and that the rate of nutrient depletion is proportional to the biomass. In summary, we assumed that the biomass *B* follows:

$$\frac{dB}{dt} = \mu_{max} B \left(1 - \frac{B}{B_{max}} \right), \tag{10}$$

where μ_{max} and B_{max} are the maximum growth rate and the carrying capacity of the growth medium, respectively. We adjusted the OD dynamics to the solution of (10):

$$B(t; t_s, B_{max}, \mu_{max}) = \frac{B_{max}}{1 + e^{-\mu_{max}(t - t_s)}},$$
(11)

where the free parameter t_s , depending on the initial conditions of *B* can be interpreted as the time for entering stationary phase. The parameters t_s , B_{max} and μ_{max} were fitted to data by minimizing the error function:

$$\sum_{i} (\ln(B_{i}) - \ln[B(t_{i}; t_{s}, B_{max}, \mu_{max})])^{2},$$
(12)

in which $B(t_i; t_s, B_{max}, \mu_{max})$ is calculated from the equation (11) at $t = t_i$ for each *i*-th point. Note that the error function is the Euclidean distance between the logarithm of the data and the logarithm of the model with t_s, B_{max}, μ_{max} as fitting parameters. After fitting, from the equation for biomass over time (11) we could then obtain the growth rate over time:

$$\mu(t) = \frac{1}{B} \frac{dB}{dt} = \frac{\mu_{max}}{1 + e^{\mu_{max}(t-t_s)}}.$$
(13)

The division dynamics were assumed for simplicity to be described by the division coefficient that follows the dynamics:

$$k(t) = k_0 + \frac{k_{max} - k_0}{1 + e^{-\lambda(t - t^*)}},$$
(14)

with four free parameters: the basal coefficient k_0 , the maximum coefficient k_{max} , the rate of change λ and the time of reallocation t^* is the value of time where k(t) reaches the halfway point between k_0 and k_{max} . Proposing a set of parameters k_0 , k_{max} , λ and t^* , we can numerically integrate the mean cell size $\langle s \rangle$ from the differential equation (3) with initial condition $\langle s \rangle|_{t=0} = s_1$. The mean cell size at time t = 0 was taken as the mean cell size from overnight cultures. The optimized parameters for k(t) were selected after a comparison between the observed mean sizes $\{\langle s \rangle_1, \dots, \langle s \rangle_N\}$ and the predictions $\{\langle s(t_i) \rangle, \dots, \langle s(t_i) \rangle_N\}$, where $\langle s(t) \rangle$ is the numerical solution of Eq. (3). This optimization minimized the error function:

$$\sum_{i} \left(\frac{\langle \boldsymbol{s} \rangle_{i} - \langle \boldsymbol{s}(\boldsymbol{t}_{i}; \boldsymbol{k}_{0}, \boldsymbol{k}_{max}, \lambda, \boldsymbol{t}^{*}) \rangle}{\langle \boldsymbol{s} \rangle_{i}} \right)^{2}.$$
(15)

Note that this error function corresponds to the square of the difference in mean cell size between theory and experiment divided by the observed mean cell size.

371 Author Contributions

- **Conceptualization:** C.I. C.N., A.S.
- Investigation: C.I.

- **Data Curation:** C.N.
- Formal Analysis: C.I. C.N., A.S.
- Funding Acquisition: C.I., A.S.
- Methodology: C.I. C.N., A.S.
- **Resources:** C.I., A.S.
- Software: C.N.
- Supervision: A.S.
- Visualization: C.I., C.N.
- Writing: C.I., C.N., A.S.
- Writing Review Editing: C.I., C.N., A.S.

Competing interests

³⁸⁵ The authors have no conflict of interest to declare.

Acknowledgements

We thank M. Lagator for helpful comments on the manuscript and M. La Fortezza for his support with the microscopy setup. This work was supported by the Wellcome Trust (225565/Z/22/Z) and an ETH Zurich Postdoctoral Fellowship (19-2 FEL-74) received by CI. AS and CN acknowledge the support of NIH-NIGMS through grant R35GM148351.

Artificial intelligence

³⁹² The authors declare that they did not use generative AI and AI-assisted technologies in the writing process.

Data accessibility statement

³⁹⁴ The data set and data processing scripts are publicly available at https://doi.org/10.5281/zenodo.13208281 [58].

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