



Pre-existing Autoantibodies Neutralizing High Concentrations of Type I Interferons in Almost 10% of COVID-19 Patients Admitted to Intensive Care in Barcelona

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Abstract

Background It is important to predict which patients infected by SARS-CoV-2 are at higher risk of life-threatening COVID-19. Several studies suggest that neutralizing auto-antibodies (auto-Abs) against type I interferons (IFNs) are predictive of critical COVID-19 pneumonia.

Objectives We aimed to test for auto-Abs to type I IFN and describe the main characteristics of COVID-19 patients admitted to intensive care depending on whether or not these auto-Abs are present.

Methods Retrospective analysis of all COVID-19 patients admitted to an intensive care unit (ICU) in whom samples were available, from March 2020 to March 2021, in Barcelona, Spain.

Results A total of 275 (70.5%) out of 390 patients admitted to ICU were tested for type I IFNs auto-antibodies ($\alpha 2$ and/or ω) by ELISA, being positive in 49 (17.8%) of them. Blocking activity of plasma diluted 1/10 for high concentrations (10 ng/mL) of IFNs was proven in 26 (9.5%) patients. Almost all the patients with neutralizing auto-Abs were men (92.3%). ICU patients with positive results for neutralizing IFNs auto-Abs did not show relevant differences in demographic, comorbidities, clinical features, and mortality, when compared with those with negative results. Nevertheless, some laboratory tests (leukocytosis, neutrophilia, thrombocytosis) related with COVID-19 severity, as well as acute kidney injury (17 [65.4%] vs. 100 [40.2%]; $p = 0.013$) were significantly higher in patients with auto-Abs.

Conclusion Auto-Abs neutralizing high concentrations of type I IFNs were found in 9.5% of patients admitted to the ICU for COVID-19 pneumonia in a hospital in Barcelona. These auto-Abs should be tested early upon diagnosis of SARS-CoV-2 infection, as they account for a significant proportion of life-threatening cases.

Keywords COVID-19 · SARS-CoV-2 · acute kidney injury · type I interferons · auto-antibodies

Abbreviations

8-OS	8-Point ordinal scale
AKI	Acute kidney injury
ALB	Mass concentration of albumin in plasma

ALT	Catalytic concentration of alanine transaminase in plasma
apH	PH in arterial blood
ARDS	Acute respiratory disease syndrome
aSatO ₂	Substance fraction of oxygen in arterial blood
AST	Catalytic concentration of aspartate transaminase in plasma
auto-Abs	Auto-antibodies
BMI	Body mass index
BIL	Substance concentration of bilirubin in plasma

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CI	Confidence interval	TMB	3,3',5,5'-Tetramethylbenzidine
CoV	Coronavirus	TROP-T	Mass concentration of troponin T in plasma
COVID-19	Coronavirus disease 2019	WHO	World Health Organization
CREA	Substance concentration of creatinine in plasma	UREA	Substance concentration of urea in plasma
CRP	Mass concentration of C-reactive protein in plasma		
CRRT	Continuous renal replacement therapy		
DD	Mass concentration of D-dimer in plasma		
DVT	Deep vein thrombosis		
ECMO	Extracorporeal membrane oxygenation		
FERRI	Mass concentration of ferritin in plasma		
FiO ₂	Fraction of inspired oxygen		
GFR	Glomerular filtration rate		
HPE	High-performance Elisa		
HRP	Horseradish peroxidase		
HUB	Hospital Universitari de Bellvitge		
ICU	Intensive care unit		
IL	Interleukin		
IL6	Mass concentration of interleukin-6 in plasma		
IFNs	Interferons		
IFN- α 2	Interferon-alfa-2		
IFN- γ	Interferon-gamma		
IFN- ω	Interferon-omega		
IgG	Immunoglobulin G		
IMV	Invasive mechanical ventilation		
IQR	Interquartilic range		
IV	Intravenous		
KDIGO	Kidney Disease Improving Global Outcomes		
LEU	Number concentration of leucocytes in blood		
LDH	Catalytic concentration of lactate dehydrogenase in plasma		
LYM	Number concentration of lymphocytes in blood		
NEU	Number concentration of neutrophils in blood		
OR	Odds ratio		
$paCO_2$	Partial pressure of carbon dioxide in arterial blood		
paO_2	Partial pressure of oxygen in arterial blood		
PBS	Phosphate-buffered saline		
PLT	Number concentration of platelets in blood		
PROCAL	Mass concentration of procalcitonin in plasma		
PT	Relative time of prothrombin in plasma		
RT-PCR	Reverse transcription polymerase chain reaction		
SARS-CoV-2	Severe acute respiratory syndrome coronavirus 2		

Introduction

In December 2019, an emerging disease (COVID-19), caused by a newly identified human coronavirus (SARS-CoV-2), was first recognized in Wuhan, China, and spread worldwide [1, 2]. The WHO declared the COVID-19 epidemic to be a pandemic on March 12, 2020 [3], and it continues to spread globally, causing considerable morbimortality and economic damage.

Age is the greatest risk factor for life-threatening COVID-19 pneumonia [4], and other epidemiological risk factors (men gender, obesity, diabetes, common genetic variants...) can contribute but with a modest effects [5–8]. These conditions do not allow physicians to accurately predict which patients infected by SARS-CoV-2 are at risk to transit into the most severe stages of COVID-19.

Type I interferons (IFNs) are a family of cytokines that mediate the early innate immune response to viral infections limiting viral spread. When SARS-CoV-2 enters human cells, its viral RNA is recognized by endosomal Toll-like receptors such as TLR3 and TLR7, as well as cytosolic MDA-5, which drive a pathway that leads to gene expression of type I IFNs [5, 9].

In the past months, several human genetic variants associated with higher viral binding and entry have been identified, as well as genes related to higher COVID-19 severity [10, 11]. In addition, rare deleterious variants impairing TLR3- and TLR7-driven type I IFNs induction via IRF7 and amplification via IFNAR1 have been identified in about 5% of life-threatening COVID-19 cases younger than 60 years [12, Asano in press].

Recently, an international consortium reported that 101 of 987 patients (10.2%) with life-threatening COVID-19 pneumonia had neutralizing auto-antibodies (auto-Abs) against type I IFNs (IFN- α 2, IFN- ω , or both) [13]. All of the patients tested had low or undetectable serum IFN- α values during acute disease. Interestingly, these auto-Abs were present before SARS-CoV-2 pandemic in the patients tested. Nonetheless, these antibodies were absent in 663 individuals with asymptomatic or mild SARSCoV-2 infection. Half of these patients were over 65 years old, and notably, 95 (94%) of the 101 patients with auto-Abs were men. More recently, it was found that auto-abs neutralizing 100-fold lower concentrations of type I IFN were more frequent, found in about 15% of critical cases (Bastard in press).

These findings may provide a first explanation for the excess of older men among patients with life-threatening COVID-19. Furthermore, they might also offer a means in identifying individuals at-risk of evolving into severe or critical stage of COVID-19 [5], as it has been replicated worldwide [14–17]. In addition, the detection of neutralizing auto-Abs against type I IFNs is technically straightforward and not expensive, so that it could be advantageous to apply in routine clinical practice. Finally, these findings might also pave the way for prevention and treatment by using plasmapheresis, plasmablast depletion, or recombinant type I IFNs not targeted by the auto-Abs (e.g., IFN- β) [18–20].

In the present study, we aimed to describe clinical, analytical, and evolutive data of life-threatening COVID-19 patients admitted to the ICU depending on whether or not auto-Abs neutralizing high concentrations of type I IFNs are present.

Methods

Study Design and Patients

This study was conducted at the Hospital Universitari de Bellvitge (HUB), a 750-bed tertiary-care public hospital for adults in Barcelona, Spain. HUB is the referral hospital for 2 million inhabitants with high-complexity diseases from the Southern area of Catalonia. We performed a retrospective study of COVID-19 patients admitted to the ICU during the first year of the pandemic (from March 2020 to March 2021) in whom samples were available. SARS-CoV-2 infection was confirmed by RT-PCR in all patients.

Data were obtained from routine daily practice and anonymized. Personal and clinical data were collected in accordance with the Spanish Data Protection Act (*Ley Orgánica 3/2018 de 5 de diciembre de Protección de Datos Personales*). Informed consent was waived due to the study's retrospective nature, and the mandatory isolation measures applied during in-hospital care. The protocol was approved by the Ethics Committee of the Hospital Universitari de Bellvitge (Barcelona, Spain; approval number PR40/21).

Clinical and Laboratory Variables

Demographic data and main comorbidities were collected from each patient. Laboratory data were registered at admission to the ICU. The WHO 8-point ordinal scale was calculated in each participant (https://www.who.int/blueprint/priority-diseases/key-action/COVID-19_Treatment_Trial_Design_Master_Protocol_synopsis_Final_18022020.pdf). Complications were documented as follows: (1) Thrombotic complications included deep vein thrombosis (DVT), pulmonary embolism (PE), myocardial infarction, mesenteric

ischemia, lower limb ischemia, cerebral ischemic attack confirmed by an imaging study; (2) Hemorrhagic complications included major bleeding according to the definition of the International Society on Thrombosis and Haemostasis [21]; (3) Cardiovascular complications included no coronary heart disease (heart failure, arrhythmias, myocarditis); (4) Acute kidney injury (AKI) was defined using the Kidney Disease Improving Global Outcomes (KDIGO) staging. So, patients were classified as stage 1 if they present an increase of concentration of creatinine in plasma (CREA) of 26.5 $\mu\text{mol/L}$ within 48 h, or increase in CREA ≥ 1.5 times baseline, which is known or presumed to have occurred within the prior 7 days; stage 2 AKI was considered when CREA increase 2.0 to 2.9 times baseline; and stage 3 AKI, when CREA increase ≥ 3.0 times baseline or increase in CREA to $\geq 353.6 \mu\text{mol/L}$, or the initiation of renal replacement therapy (RRT), or in patients < 18 years a decrease in eGFR to $< 35 \text{ mL/min/1.73m}^2$ [22]; (5) Superinfection included a second infection with a bacterial agent at the time or during ICU admission; (6) Sepsis was defined as an increase in the Sequential (sepsis-related) Organ Failure Assessment (SOFA) score of 2 points or more with respect to baseline SOFA; and (7) Septic shock was identified by a vasopressor requirement to maintain a mean arterial pressure of 65 mmHg or greater and serum lactate level greater than 2 mmol/L ($> 18 \text{ mg/dL}$) in the absence of hypovolemia [23]; (8) Multiple organ failure was defined as the SOFA score alteration of two or more organs with a score of ≥ 3 [24]. Treatments specifically used to treat COVID-19, mechanical ventilation duration and other organ support during ICU stay as vasopressors, RRT, nitric oxide, and extracorporeal membrane oxygenation (ECMO) were also analyzed. Length of hospital and ICU stay and death during hospitalization were also recorded. All drugs and procedures were used according to HUB protocol which is detailed in the supplementary materials.

Auto-Abs Against Type I IFNs

Analysis of auto-Abs against type I IFNs (IFN- $\alpha 2$ and IFN- ω) were performed using an ELISA technique according to St. Giles procedure [13]. In brief, NUNC MaxiSorp™ high protein-binding capacity 96 well ELISA plates (Thermo Fisher Scientific Inc., Waltham, MA, USA) were coated with recombinant human IFN- $\alpha 2$ or IFN- ω by incubation of the diluted cytokine in 100 μL of coating buffer (1 mg/L) overnight at 4° C. Plates were washed three times with PBS, blocked by incubation with PBS supplemented with 5% nonfat milk powder 1 h at room temperature on an agitator, washed again with PBS-Tween 0.005% (v/v), and incubated with 100 μL of 1:50 dilution of serum samples from patients or controls in HPE dilution buffer (Sanquin, Amsterdam, The Netherlands) for 2 h at room temperature

in the agitator. After wash, Fc-specific HRP-conjugated IgG fractions of polyclonal goat antiserum against human IgG (Nordic-MUBio, Susteren, The Netherlands) were added to a final concentration of 2 mg/L. Plates were incubated for 1 h at room temperature and washed. Then, substrate (TMB) was added and incubated 10 min. The reaction was stopped by adding H₂SO₄ 0.18 M, and optical density at 450 nm was measured. We considered as positive results of both auto-Abs against type I IFNs any result greater than a cutoff value calculated as the mean value plus two standard deviations of a control group of healthy non-COVID-19 patients with a similar age and gender.

Neutralizing Auto-Abs Against Type I IFNs

The neutralizing ability in vitro of anti-Abs against IFN- α 2 and anti-IFN- ω , i.e., their blocking activity, was determined by assessing a reporter luciferase activity [13]. Briefly, HEK293T cells were transfected with the firefly luciferase plasmids under the control of human ISRE promoters in the pGL4.45 backbone, and a constitutively expressing Renilla luciferase plasmid for normalization (pRL-SV40). Next, cells were transfected in the presence of the X-tremeGene 9 transfection reagent (Millipore-Sigma, Burlington, MA, USA) for 36 h. Then, Dulbecco's modified Eagle medium (DMEM, Thermo Fisher Scientific) medium supplemented with 10% healthy control or patient serum/plasma and were either left unstimulated or were stimulated with IFN- α 2 or IFN- ω (10 ng/mL) for 16 h at 37 °C. Each sample was tested once. Finally, luciferase levels were measured with the Dual-Glo reagent, according to the manufacturer's protocol (Promega Corp., Madison, WI, USA). Firefly luciferase values were normalized against Renilla luciferase values.

Statistical Analysis

Continuous variables were presented as the median and interquartile range (IQR) and categorical data as frequency rates and percentages. Comparisons of the cohorts were made using a chi-square test or Fisher's exact test for categorical variables and a Mann–Whitney *U* test for continuous or ordinal variables. From June 2020, there were significant changes in the treatment of COVID-19 patients, and for this reason, it has been performed a subanalysis of these two periods (first wave vs. second/third wave in Spain). Statistical significance was defined as *p*-value < 0.05, and we also used odds ratios (OR) and their 95% confidence intervals (CI) for categorical variables. Calculations were performed with the statistical package SPSS version 19 (IBM Corp. Endicott, NY, USA).

Results

From March 10, 2020, to March 6, 2021, 3216 COVID-19 patients were hospitalized at our hospital, and 390 (12.1%) were admitted to the ICU due to respiratory failure. Of them, 275 (70.5%) ICU patients had frozen serum samples stored in the HUB immunology department, and type I IFNs auto-Abs could be tested.

Main characteristics of all included patients are shown in Tables 1, 2, and 3. Patients included belonged to the different epidemic waves (first 125 [45.4%], second 23 [8.4%], and third 127 [46.2%]). Overall, the median age was 64 years old (IQR 55–71), and male gender represented 76.7% of all patients. The most prevalent pre-existing comorbidities were hypertension (53.1%), obesity (49.8%), dyslipidemia (49.1%), and diabetes mellitus (28.4%). The median number of days from the appearance of clinical symptoms to admission to the hospital was 8 (IQR 6–11), and later with a median of 2 (IQR 0–6) days, they were admitted to the ICU. The main laboratory parameters at ICU admission showed a median of 0.64 (IQR 0.38–0.96) lymphocytes $\times 10^9$ cells/L, a median LDH of 471.5 (IQR 367.5–610.8) U/L, a median CRP of 136.1 (IQR 52.8–238.3) mg/L, a median ferritin of 1495 (874–2325) mg/L, and a median d-dimer of 879 (454–2862) μ g/L. The median *paO*₂/*FiO*₂ at ICU admission was 116.5 (IQR 86–166) mmHg/%. Overall, 38 (13.8%) patients belonged to group 5 of the WHO 8-point ordinal scale, 78 (28.4%) to group 6, 16 (5.8%) to group 7, and 143 (52.0%) to group 8 (Table S1). Regarding the drugs administrated during their hospital stay, 92.0% of patients were treated with corticosteroids, 91.2% with enoxaparin, 30.5% with tocilizumab, 19.3% with remdesivir, and 10.5% with interferon beta 1. Most prevalent complications during ICU stay were superinfection 207 (75.3%), sepsis 134 (48.7%), and acute kidney injury 117 (42.5%). In hospital, all-cause mortality was 52.0%.

We found that 49 (17.8%) of these 275 patients were positive for auto-Abs against type I IFNs (IFN- α 2 and/or IFN- ω) by ELISA, of which 19 (6.9%) only against IFN- α 2, 8 (2.9%) only against IFN- ω , and 22 (8.0%) against both. Next, we aimed to confirm the neutralizing activity of these auto-Abs. A blocking activity of 10 ng/mL was observed in 26 (53.1%) of these 49 patients with positive auto-Abs against IFNs results. Auto-Abs were neutralizing against both IFN- α 2 and IFN- ω in 21 (80.8%) of these 26 patients, against only IFN- α 2 in four patients (15.4%), and in only one patient (3.8%) for IFN- ω .

We further assessed the clinical, analytical, and evolutive data of life-threatening COVID-19 patients admitted to the ICU depending on whether or not auto-Abs neutralizing high concentrations of type I IFNs are present

Table 1 Main demographic, comorbidities, clinical, and laboratory data of ICU patients with severe COVID-19 infection considering the presence of positive results of auto-Abs IFN- α 2 or auto-Abs IFN- ω obtained by ELISA and luciferase activity techniques

Variable	All results for auto-Abs to type I IFNs (n=275)	Neutralizing positive results for some or both auto-Abs to type I IFNs (n=26)	Neutralizing negative results for both auto-Abs to type I IFNs (n=249)	p-value	OR (95% CI)
Pandemic wave					
First; n (%)	125 (45.5)	13 (50.0)	112 (45.0)	0.820	n.a
Second; n (%)	23 (8.4)	1 (3.8)	22 (8.8)		
Third; n (%)	127 (46.2)	12 (46.2)	115 (46.2)		
Demographics					
Age; median (IQC)	64 (55–71)	63 (57–73)	64 (55–71)	0.712	n.a
Sex (male); n (%)	211 (76.7)	24 (92.3)	187 (75.1)	0.048	3.979 (0.914–17.32)
Comorbidities					
Cancer; n (%)	31 (11.3)	2 (7.7)	29 (11.6)	0.750	0.632 (0.142–2.815)
Cardiac disease; n (%)	44 (16.0)	4 (15.4)	40 (16.1)	1.000	0.950 (0.311–2.905)
Chronic kidney disease; n (%)	38 (13.8)	3 (11.5)	35 (14.1)	1.000	0.798 (0.227–2.798)
Chronic liver disease; n (%)	24 (8.7)	3 (11.5)	21 (8.4)	0.484	1.416 (0.392–5.111)
Chronic obstructive pulmonary disease; n (%)	45 (16.4)	3 (11.5)	42 (16.9)	0.590	0.643 (0.185–2.239)
Diabetes; n (%)	78 (28.4)	7 (26.9)	71 (28.5)	0.864	0.924 (0.372–2.293)
Dyslipidemia; n (%)	135 (49.1)	13 (50.0)	122 (49.0)	0.922	1.041 (0.464–2.335)
Hypertension; n (%)	146 (53.1)	13 (50.0)	133 (53.4)	0.740	0.872 (0.389–1.957)
Obesity; n (%)	137 (49.8)	11 (42.3)	126 (50.6)	0.421	0.716 (0.316–1.620)
Smoking; n (%)	20 (7.3)	0 (0.0)	20 (8.0)	0.233	n.a
Symptom onset and admission					
Number of days from the appearance of clinical symptoms to admission to the hospital; median (IQR)	8 (6–11)	7 (6–8)	8 (6–11)	0.009	n.a
Number of days from the hospital admission to the ICU; median (IQR)	2 (0–6)	3.5 (1–7)	2 (0–6)	0.352	n.a
Biological quantities at the first day in ICU					
LEU, $\times 10^9$ cells/L; median (IQR)	9.75 (8.59–14.3)	13.7 (9.40–20.0)	9.30 (6.65–13.5)	0.001	n.a
NEU, $\times 10^9$ cells/L; median (IQR)	8.41 (5.72–12.7)	12.7 (8.63–19.0)	8.10 (5.65–11.9)	0.001	n.a
LYM, $\times 10^9$ cells/L; median (IQR)	0.64 (0.38–0.96)	0.51 (0.41–0.72)	0.66 (0.37–0.98)	0.067	n.a
PLT, $\times 10^9$ cells/L; median (IQR)	232 (173–303)	260.5 (217–325)	230 (168–298)	0.038	n.a
apH, l; median (IQR)	7.35 (7.29–7.43)	7.35 (7.30–7.39)	7.35 (7.29–7.43)	0.800	n.a
paCO ₂ , mmHg; median (IQR)	46 (40–56.5)	47 (40–53)	46 (40–57)	0.856	n.a
paO ₂ , mmHg; median (IQR)	96.5 (76–125)	90 (73–127)	97 (76–124.5)	0.574	n.a
aSatO ₂ , %; median (IQR)	97.1 (94.5–98.7)	96.7 (94.3–98.4)	97.2 (94.5–98.7)	0.420	n.a
ALB, g/L; median (IQR)	31.6 (27.4–35.0)	32.0 (26.4–35.0)	31.5 (27.7–35.0)	0.741	n.a
LDH, U/L; median (IQR)	471.5 (367.5–610.8)	444.5 (354–538)	474.5 (370–613)	0.395	n.a
ALT, U/L; median (IQR)	34 (23–56.3)	38.5 (28–61)	34 (23–56)	0.421	n.a
AST, U/L; median (IQR)	45 (31–64.8)	41 (27–52)	45 (32–68)	0.165	n.a

Table 1 (continued)

Variable	All results for auto-Abs to type I IFNs (n=275)	Neutralizing positive results for some or both auto-Abs to type I IFNs (n=26)	Neutralizing negative results for both auto-Abs to type I IFNs (n=249)	p-value	OR (95% CI)
BIL, $\mu\text{mol/L}$; median (IQR)	9.2 (6.5–13.9)	10.4 (6.0–15.0)	9.0 (6.7–13.7)	0.819	n.a
CREA, $\mu\text{mol/L}$; median (IQR)	81 (61–114)	80 (61–117)	81 (60–111)	0.767	n.a
UREA, mmo/L ; median (IQR)	7.9 (5.2–11.5)	8.1 (5.7–11.7)	7.9 (5.2–11.4)	0.588	n.a
TROP-T, ng/L ; median (IQR)	14.7 (9.4–28.2)	11.3 (8.4–14.7)	15.8 (9.8–30.9)	0.121	n.a
DD, $\mu\text{g/L}$; median (IQR)	879 (454–2862)	963 (482–3507)	878 (452–2811)	0.671	n.a
PT, 1; median (IQR)	1.16 (1.08–1.28)	1.23 (1.11–1.25)	1.15 (1.08–1.29)	0.230	n.a
PROCAL, $\mu\text{g/L}$; median (IQR)	0.26 (0.13–0.68)	0.29 (0.14–0.51)	0.26 (0.13–0.73)	0.875	n.a
CRP, mg/L ; median (IQR)	136.1 (52.8–238.3)	212.1 (62.2–366.3)	130.1 (52.7–229.1)	0.055	n.a
FERRI, mg/L ; median (IQR)	1495 (874–2325)	1240 (919–2389)	1498 (862–2291)	0.664	n.a
IL6, ng/L ; median (IQR)	91.3 (19.5–455.2)	40.4 (30.2–207.9)	95.3 (19.7–474)	0.778	n.a

OR, odds-ratio; CI, confidence interval; ICU, intensive care unit; IQR, interquartile range; n.a., not applicable; LEU, number concentration of leucocytes in blood; NEU, number concentration of neutrophils in blood; LYM, number concentration of lymphocytes in blood; PLT, number concentration of platelets in blood; apH, pH in arterial blood; $paCO_2$, partial pressure of carbon dioxide in arterial blood, paO_2 , partial pressure of oxygen in arterial blood; $aSatO_2$, substance fraction of oxygen in arterial blood; ALB, mass concentration of albumin in plasma; LDH, catalytic concentration of lactate dehydrogenase in plasma; ALT, catalytic concentration of alanine transaminase in plasma; AST, catalytic concentration of aspartate transaminase in plasma; BIL, substance concentration of bilirubin in plasma; CREA, substance concentration of creatinine in plasma; UREA, substance concentration of urea in plasma; TROP-T, mass concentration of troponin T in plasma; DD, mass concentration of D-dimer in plasma; PT, relative time of prothrombin in plasma; PROCAL, mass concentration of procalcitonin in plasma; CRP, mass concentration of C-reactive protein in plasma; FERRI, mass concentration of ferritin in plasma; IL6, mass concentration of interleukin-6 in plasma

ALB, LDH, ALT, AST, BIL, CREA, UREA, TROP-T, PROCAL, CRP, FERRI, and IL6 were measured using a Cobas 6000 or Cobas 8000 analyzers (Roche Diagnostics, Risch-Rotkreuz, Switzerland). LEU, NEU, LYM, and PLT were measured using a Sysmex XN-2000 analyzer (Sysmex, Kobe, Japan), and DD, PT from ACL TOP 500 analyzer (Instrumentation Laboratory, Bedford, MA, USA). On the other hand, apH, $paCO_2$, paO_2 , and $aSatO_2$ were obtained from GEM Premier 5000 gasometers (Instrumentation Laboratory)

Numbers in bold indicate a p -value < 0.05

(Tables 1, 2, and 3). Table S1 shows the same data but classifies ICU patients following the WHO 8-point ordinal scale. Almost all the patients with positive results of neutralizing auto-Abs were men, being statistically higher than in the group of patients showing negative results (24 [92.3%] vs. 187 [75.1]; $p = 0.048$). No relevant differences were observed in the main comorbidities between the two groups.

The median number of days from the onset of symptoms to admission to the hospital was significantly lower in neutralizing auto-Abs group (7 [IQR 6–8] vs. 8 [IQR 6–11]; $p = 0.009$), while the number of days from the hospital admission to the ICU (3.5 [IQR 1–7] vs. 2 [IQR 0–6]; $p = 0.352$) was not different between the two groups. Overall, the median number of days admitted to the hospital was similar in both groups (30.5 [IQR 14–46] vs. 29 [IQR 16–50]; $p = 0.819$). The specific ICU treatment and

mechanical ventilation data between both groups were not significantly different.

Regarding analytical variables, those patients with neutralizing auto-Abs showed significantly higher median values of leukocytes (13.710^9 cells/L [IQR 9.40–20.0] vs. 9.30×10^9 cells/L [IQR 6.65–13.5]; $p = 0.001$), neutrophils (12.7×10^9 cells/L [IQR 8.63–19.0] vs. 8.10×10^9 cells/L [IQR 5.65–11.9]; $p = 0.001$), platelets (260.5×10^9 cells/L [IQR 217–325] vs. 230×10^9 cells/L [IQR 168–298]; $p = 0.038$) than negative neutralizing auto-Abs patients. Furthermore, median CRP values were numerically higher (212.1 mg/L [IQR 62.2–366.3] vs. 130.1 mg/L [IQR 52.7–229.1]; $p = 0.055$) in those patients with neutralizing auto-Abs. Drugs specifically used to treat COVID-19 at any time during admission were not different between the two groups.

Table 2 Drugs, mechanical ventilation and other specific ICU treatments of severe COVID-19 patients admitted to ICU considering the presence of positive results of auto-Abs IFN- α 2 or auto-Abs IFN- ω obtained by ELISA and luciferase activity techniques

Variable	All results for auto-Abs to type I IFNs (n=275)	Neutralizing positive results for some or both auto-Abs to type I IFNs (n=26)	Neutralizing negative results for both auto-Abs to type I IFNs (n=249)	p-value	OR (95% CI)
Specific ICU treatment and mechanical ventilation data					
Patients with CRRT; n (%)	28 (10.2)	3 (11.5)	25 (10.0)	0.736	1.169 (0.328–4.170)
Patients with ECMO; n (%)	25 (9.1)	2 (7.7)	23 (9.2)	1.000	0.819 (0.182–3.688)
paO ₂ /FiO ₂ , mmHg/%; median (IQR)	116.5 (86–166)	111 (85–153)	120 (86.5–167)	0.313	n.a
Patients treated with IMV; n (%)	232 (84.4)	22 (84.6)	210 (84.3)	1.000	1.021 (0.334–3.127)
Patients with nitric oxide administration during IMV; n (%)	38 (13.8)	4 (15.4)	34 (13.7)	0.767	1.150 (0.373–3.542)
Patients positioned in prone position during IMV; n (%)	205 (74.5)	18 (69.2)	187 (75.1)	0.513	0.746 (0.309–1.800)
Number of days with IMV; median (IQR)	13 (4–27)	11 (3–17)	13 (4–28)	0.291	n.a
Drugs administration					
Patients treated with hydroxychloroquine; n (%)	126 (45.8)	13 (50.0)	113 (45.4)	0.653	1.204 (0.536–2.701)
Patients treated with lopinavir/ritonavir; n (%)	85 (30.9)	11 (42.3)	74 (29.7)	0.186	1.734 (0.761–3.954)
Patients treated with remdesivir; n (%)	53 (19.3)	5 (19.2)	48 (19.3)	0.995	0.997 (0.358–2.778)
Patients treated with azithromycin; n (%)	69 (25.1)	5 (19.2)	64 (25.7)	0.469	0.688 (0.249–1.901)
Patients treated with tocilizumab; n (%)	84 (30.5)	9 (34.6)	75 (30.1)	0.636	1.228 (0.524–2.880)
Patients treated with corticosteroids; n (%)	253 (92.0)	25 (96.2)	228 (91.6)	0.705	2.303 (0.297–17.85)
Patients treated with interferon beta 1; n (%)	29 (10.5)	3 (11.5)	26 (10.4)	0.744	1.119 (0.314–3.983)
Patients treated with enoxaparin; n (%)	250 (91.2)	26 (100.0)	224 (90.3)	0.144	n.a
Patients treated with anticoagulants with prophylactic or therapeutic goal; n (%)	275 (100)	26 (100.0)	249 (100.0)	n.a	n.a

OR, odds-ratio; CI, confidence interval; ICU, intensive care unit; IQR, interquartile range; n.a., not applicable; CRRT, continuous renal replacement therapy; ECMO, extracorporeal membrane oxygenation; IMV, invasive mechanical ventilation; FiO₂, fraction of inspired oxygen; paO₂, partial pressure of oxygen in arterial blood

Numbers in bold indicate a p-value < 0.05

No significant association between the presence of neutralizing auto-Abs and mortality (12 [46.2%] vs. 131 [52.6%]; $p = 0.531$) or other complications was found (Table 3), except for acute kidney injury (AKI) (17 [65.4%] vs. 100 [40.2%]; $p = 0.013$). Patients with positive auto-Abs showed approximately three times more probability

to present AKI (OR 2.814 [95%CI 1.207–6.563]) than those with negative results. Significant differences were observed in patients at KDIGO-AKI stages 1 ($p < 0.001$), 2 ($p < 0.001$), and 3 ($p < 0.001$) when they were compared with those patients with non AKI. AKI was significantly higher in neutralizing auto-Abs patients who finally died (12 [100%]

Table 3 Length of hospital and ICU stay, and complications of severe COVID-19 patients admitted to ICU considering the presence of positive results of auto-Abs IFN- α 2 or auto-Abs IFN- ω obtained by ELISA and Luciferase activity techniques

Variable	All results for auto-Abs to type I IFNs (n = 275)	Neutralizing positive results for some or both auto-Abs to type I IFNs (n = 26)	Neutralizing negative results for both auto-Abs to type I IFNs (n = 249)	p-value	OR (95% CI)
Length of hospital and ICU stay					
Number of admitted days to the ICU; median (IQR)	15 (7–31)	13.5 (4–24)	15 (7–31)	0.500	n.a
Number of admitted days to the hospital; median (IQR)	29 (15–49)	30.5 (14–46)	29 (16–50)	0.819	n.a
Complications during ICU stay					
Patients with neurological complications; n (%)	77 (28.0)	5 (19.2)	72 (28.9)	0.295	0.585 (0.213–1.612)
Patients with thrombotic complications; n (%)	50 (18.2)	5 (19.2)	45 (18.1)	0.795	1.079 (0.389–3.015)
Patients with hemorrhagic complications; n (%)	27 (9.8)	4 (15.4)	23 (9.2)	0.301	1.787 (0.567–5.634)
Patients with cardiovascular complications; n (%)	56 (20.4)	5 (19.2)	51 (20.5)	0.880	0.924 (0.332–2.570)
Patients with acute kidney injury; n (%)	117 (42.5)	17 (65.4)	100 (40.2)	0.013	2.814 (1.207–6.563)
Patients with superinfection; n (%)	207 (75.3)	19 (73.1)	188 (75.5)	0.785	0.881 (0.353–2.195)
Patients with sepsis; n (%)	134 (48.7)	11 (42.3)	123 (49.4)	0.491	0.751 (0.332–1.700)
Patients with septic shock; n (%)	70 (25.5)	4 (15.4)	66 (26.5)	0.215	0.504 (0.167–1.517)
Patients with multiple organ failure; n (%)	56 (20.4)	5 (19.2)	51 (20.5)	0.880	0.924 (0.332–2.570)
Final status					
Exitus; n (%)	143 (52.0)	12 (46.2)	131 (52.6)	0.531	0.772 (0.343–1.736)

OR, odds-ratio; CI, confidence interval; ICU, intensive care unit; IQR, interquartile range; n.a., not applicable

Numbers in bold indicate a p -value < 0.05

vs. 60 [45.8%]; $p < 0.001$), but not in the rest of the 8-point ordinal scale groups (Table S1). When AKI-related variables were selected and a binary logistic regression analysis was performed, a higher risk of AKI was independently associated with the presence of type I IFNs neutralizing auto-Abs (multivariate OR 7.672 [95% CI 2.286–25.75]), as well as, a glomerular filtrate rate (GFR) < 60 mL/min/1.73m² at hospital admission, the need for ECMO, the development of multiple organ failure, the seventh and eighth points of the ordinal scale, and the use of interferon beta 1 during ICU admission (Table S2).

Discussion

From March 2020 to March 2021, a sample of 275 ICU patients could be tested for type I IFNs auto-Abs (α 2 and ω), representing 70.5% of all patients admitted to the ICU

during the study period. One-fifth (49 (17.8%)) showed positive results, with blocking activity in half of them (26 (9.5%)). There were no relevant differences in the main demographic, comorbidities, and clinical data. Patients with positive neutralizing auto-Abs had a significantly higher leukocytes, neutrophils, and platelet values than negative ones. Interestingly, acute kidney injury was also significantly more frequent in positive patients. Overall, half of these patients (52.0%) died without significant differences between positive and negative neutralizing auto-Abs groups.

A recent study by Koning et al. [14] showed that auto-Abs against IFN- α 2 and IFN- ω tested by multiplex particle-based assay and ELISA were found in 35 (16.6%) out of 210 COVID-19 patients, of whom 6 (17.1%) out of 35 had neutralizing auto-Abs using STAT1 phosphorylation assay. Eighty-eight (41.9%) of these 210 COVID-19 patients were admitted to ICU, belonging all 6 patients with neutralizing auto-Abs to this group of greater severity. Accordingly,

Bastard et al. [13] reported that auto-Abs against IFN- α 2 and IFN- ω were detected in 135 (13.7%) out of 987 life-threatening COVID-19 patients, showing blocking activity in 101 (74.8%) of these 135 ones. Altogether, these findings suggest that the greater the severity, the higher the proportion of neutralizing antibodies, but even in the critically ill COVID-19 patients, it is important to determine the blocking activity against type I IFNs. In our cohort, half (53.1%) of auto-Abs determined by ELISA showed blocking activity for 10 ng/mL of IFNs using luciferase reporter assays.

According to previous reports [13–17], type I IFN neutralizing auto-Abs may help physicians to identify patients at higher-risk to develop severe COVID-19, at the early stages of the disease. However, there is still limited data on whether characteristics of ICU patients with neutralizing IFN auto-Abs are different from those ICU patients without these auto-Abs. Our results did not show demographic, comorbidity or clinical differences between both groups, except for an excess of men in patients with auto-Abs positive results. It could be explained because an inadequate type I IFN response is a common feature in critical COVID-19 patients [5, 9, 25, 26] regardless of whether this defect is due to auto-Abs against type I IFNs [15, 17], rare inborn errors of immunity, or any other mechanism.

However, some laboratory differences were detected in our COVID-19 patients admitted to ICU considering the presence of neutralizing IFN auto-Abs. Higher CRP values were close to statistical significance in the group of patients with neutralizing auto-Abs, as reported by Troya et al. in a smaller group of ICU patients [16]. In addition, our patients with auto-Abs positive results also showed significantly higher leukocytes, neutrophils, and platelet values. All these blood parameters have been used to stratify patients at higher risk for COVID-19 complications [8, 9] suggesting that positive neutralizing auto-Abs patients may develop more severe forms of COVID-19.

In contrast with previously described in smaller cohorts [14, 16], mortality in our patients was not different between those ICU patients with and without neutralizing type I IFNs auto-Abs. Interestingly, we found a significant association between AKI and neutralizing type I IFNs auto-Abs. AKI can be caused by several mechanisms in critical COVID-19 patients [27], and it should be determined if these auto-Abs play a role in its pathogenesis. It is possible, but only speculative, that type I IFN auto-Abs predisposes to the formation of immune complexes that in turn activate complement. The abnormal presence of plasma-derived complement components in the tubular lumen leads to the assembly of the C5b-9 in the tubular epithelial cells, and it could be involved in the pathogenesis of tubulointerstitial damage. In this regard, a retrospective series of six post-mortem COVID-19 patients showed complement C5b-9 deposition on tubules in all kidneys examined [28]. Although, these findings have to be

confirmed, neutralizing IFN auto-Abs might be a biomarker to identify those critical COVID-19 patients with greater risk of developing AKI, helping physicians to make earlier preventive and therapeutic decisions.

Unlike other factors related to increased COVID-19 severity, detection of neutralizing type I IFNs auto-Abs in ICU patients may pave the way for specific therapeutic interventions. In this regard, plasmapheresis was recently reported to decrease the titers of blood auto-Abs in four hospitalized patients with life-threatening COVID-19 pneumonia, even though mortality still was 50% [19]. Little is also known whether the administration of IFN- β , B-cell depletion, or other therapies might be beneficial to treat these patients with auto-Abs against type I IFNs admitted to ICU [20].

Our study has several limitations that deserve further comment. First, it was not possible to obtain plasma samples from all the patients admitted to the ICU during the study period, although we were able to analyze more than 70% of them. Nevertheless, this was a representative group with little potential for bias. Second, we exclusively detected the most frequent type I IFNs (α 2 and ω) by ELISA, and, therefore, it is possible that some study patients presented other antibodies that were not detected (i.e., auto-Abs against IFN- β). Third, we analyzed blocking activity for 10 ng/mL of IFNs according with previous reports [13–16], but blood IFN- α concentrations of mild/moderate COVID-19 patients typically range from 1 to 100 pg/mL, and they are even lower in severe and critical ones [25], so auto-Abs neutralizing concentrations of type I IFNs below 10 ng/mL may underlie life-threatening COVID-19 pneumonia in more than 9.5% of cases, as suggested by a recent study [Bastard in press]. Fourth, since our study was retrospective, confounders could be overlooked, and missing data might have altered some results. Fifth, the study design does not permit us to establish if the antibodies play a pathogenic role or are simply a biomarker of increased risk for developing renal failure among such patients. Finally, the present study does not allow assessing the usefulness of auto-Abs in those patients at earlier or milder stages of the disease.

In summary, one-fifth of COVID-19 patients admitted to ICU presented auto-Abs against type I IFNs (IFN- α 2 and/or IFN- ω), and blocking activity against 10 ng/mL of type I IFNs in half of them. In such life-threatening COVID-19 population, the presence of neutralizing IFNs auto-Abs was remarkably and statistically greater in men, associated with increased inflammatory laboratory parameters related to COVID-19 severity, and also related with a higher risk for developing acute kidney injury. Conversely, mortality between both groups was not different. Therefore, the early identification of these auto-Abs help to identify a significant proportion of patients at higher risk to develop critical COVID-19 pneumonia, its usefulness being more limited when patients are in the ICU. Further

research is needed to assess the clinical and pathogenic role of neutralizing auto-Abs against type I IFNs in order to better select the most appropriate therapies.

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Author Contribution XS and RR-B contributed equally to this work. XS, RR-B, FM, and JS-R devised the study. XS, RR-B, FM, and JS-R had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. XS, RR-B, VDG, PB, AR-M, XC, JLC, FM, and JS-R provided input on the trial design. XS, VDG, XLP-F, MPF-C, MAG-B, GS-C, EB-H, AA, GR-B, and JS-R assisted in patient management. RR-B, PB, JR, QP, RC, JLC, and FM designed and performed the laboratory analysis. XS, RR-B, VDG, FM, and JS-R were responsible for acquiring, analyzing, and interpreting data. XS, RR-B, PB, FM, and JS-R drafted the manuscript. VDG, JR, QP, XLP-F, AR-M, RC, XC, and JLC critically revised the manuscript. XS and RR-B contributed to the statistical analysis. XS, RR-B, FM, and JS-R verified the underlying data. All authors contributed to conducting the trial and read and approved the final manuscript.

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Availability of Data and Material The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Code Availability Not applicable.

Declarations

Ethics Approval Ethical approval for the study was obtained from the Hospital Universitari de Bellvitge – IDIBELL (L'Hospitalet de Llobregat, Barcelona, Spain) Research Ethics Committee (approval number PR40/21). Informed consent was waived due to the study's retrospective nature and the mandatory isolation measures applied during in-hospital care.

Consent to Participate Not applicable.

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Conflict of Interest The authors declare no competing interests.


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