

Primary non-functional pancreatic paraganglioma: A case report and review of the literature

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Abstract

Primary pancreatic paragangliomas are rare. They are mainly non-functional tumours that lack typical clinical manifestations. Definite diagnosis relies on histopathology and immunohistochemistry, and the main treatment is surgery. We report here a case of primary, non-functional, pancreatic paraganglioma in a 49-year-old woman. The tumour was approximately 5.0 × 3.2 × 4.7 cm in size and located in the pancreatic neck and body. We undertook 3D laparoscopic complete resection of the tumour. The patient developed a pancreatic fistula (biochemical leak) post-surgery, but she recovered and was discharged from hospital 11 days after surgery. We describe this case study and briefly summarize previous related reports.

Keywords

Pancreatic paraganglioma, pancreatic tumour, paraganglioma, pancreas

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Introduction

Pheochromocytomas (PCCs) and paragangliomas (PGLs) are rare neuroendocrine tumours and are collectively called pheochromocytoma/paraganglioma (PPGL).¹ Pheochromocytomas are located in adrenal medulla, whereas paragangliomas are formed outside the adrenals, commonly near nerves.¹ All PPGL exhibit a malignant potential.¹ In a population-based setting, standardized incidence rates of PPGL

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were reported to have increased almost five-fold from 1977 to 2015.² The authors suggested that the increase was due to newly diagnosed patients (>50 years) and incidentally discovered PPGLs of small size (<4 cm). However, it could also be due to improved detection of PPGLs due to an increase in imaging.³ The tumours are slightly more common in women than men with a prevalence of 51–57%, and median age of diagnosis has been estimated to be between 48–55 years.³ Most PPGLs are discovered following signs and symptoms suspected to be related to catecholamine excess (i.e., paroxysmal hypertension and the classic triad of headaches, sweating and palpitations).³ However, only one fifth of patients show the classic triad, and some patients are completely asymptomatic.³

The incidence of PGLs is low and estimated to occur in approximately 2–8 cases/million people, and the tumours can arise in sympathetic and parasympathetic nervous systems.⁴ The parasympathetic PGLs are often located in the head and neck, and are mostly non-functional.^{3,4} The sympathetic PGLs are often located in the abdomen, followed by the chest and pelvis.⁵ Abdominal PGLs can produce, store, and secrete catecholamines; and they can produce typical signs and symptoms such as hypertension, palpitations, dizziness, anxiety, blushing, headaches, and sweating.⁶

Pancreatic PGLs are extremely rare and to the best of our knowledge, only 53 cases have been reported worldwide over the past 50 years. We present here a case of primary, non-functional, pancreatic PGL and briefly summarize and discuss related reports.

Case Report

A 49-year-old woman presented with a complaint of intermittent epigastric pain which had lasted for one month. The patient had undergone cholecystectomy for gallstones five years previously and had

no history of chronic diseases (e.g., hypertension or diabetes). Her personal and family histories were unremarkable. On abdominal examination the patient had abdominal tenderness in the epigastrium.

Routine blood examination, liver, renal, and coagulation function tests, and tumour marker levels (i.e., alpha-fetoprotein, carbohydrate antigen 15-3, carbohydrate antigen 19-9, carbohydrate antigen 72-4, carbohydrate antigen 125, and carcinoembryonic antigen) were within the normal range. Other parameters (i.e., cortisol; angiotensin II; renal activin A; aldosterone; dopamine; adrenaline; noradrenaline) were judged by an endocrinologist, to be within the normal range.

Abdominal computed tomography (CT) showed a pancreatic body tumour approximately 4.6 × 2.9 cm in size and oval in shape with a slightly low-density shadow and clear boundary. Edge enhancement was obvious in the arterial phase and inward-filling enhancement in the portal vein phase. An ectopic pheochromocytoma and splenic arteriovenous compression were considered (Figure 1).

To further define the lesion, magnetic resonance cholangiopancreatography (MRCP) was performed. This showed irregularly long T1 and T2 signal shadows behind the pancreatic body. The diffusion weighted imaging (Dw1) sequence showed a strong signal. Enhancement scanning was uneven, the size was estimated to be 4.3 × 2.7 × 3.9 cm and it was considered a benign neoplastic lesion; the main pancreatic duct was not dilated, and the splenic artery and vein were compressed (Figure 1). Following consultation with endocrinologists and imaging physicians, the final diagnosis was non-functional PGL of the pancreas.

The patient was prescribed oral phenbenzylamine 10 mg bd for a month to keep her hormones stable and prevent her blood pressure from increasing during intraoperative tumour removal. On re-examination

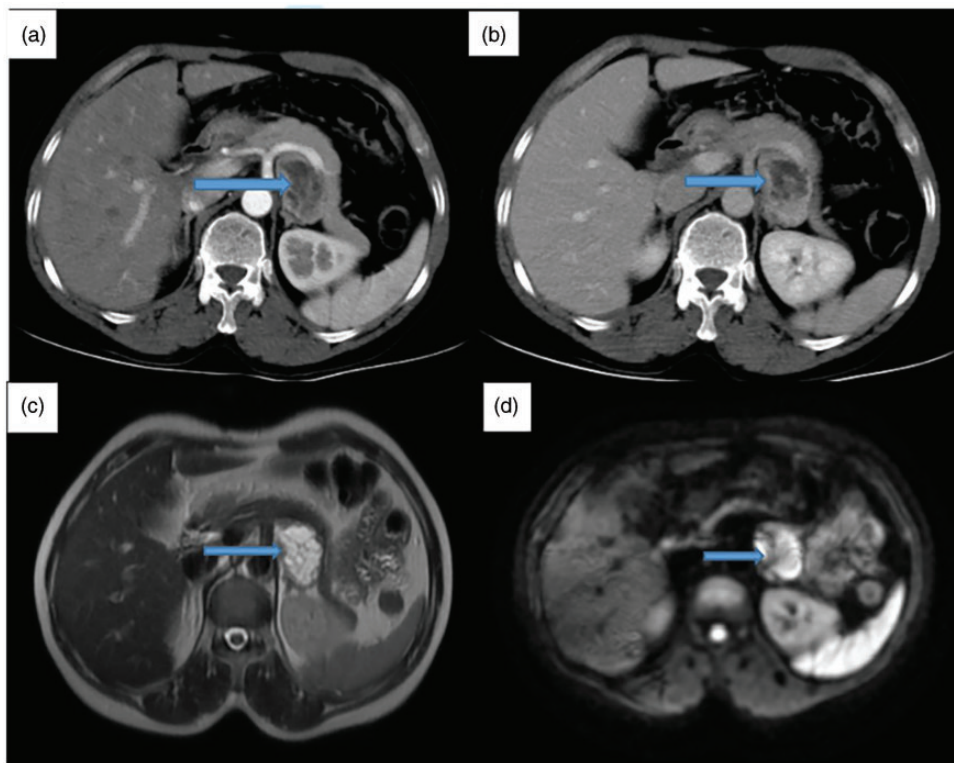


Figure 1. Computed tomography (CT) and magnetic resonance image (MRI) of the tumour: (a) From the CT image, the mass (blue arrow) showed obvious inhomogeneous enhancement in the enhanced arterial phase, (b) From the CT image the mass (blue arrow) showed continuous enhancement in the portal vein stage, (c) An oval, cystic, solid mass (blue arrow) with equal T2 signal in wall and septum, with multiple long T2 hyperintense cystic changes was shown on MRI and (d) The diffusion weighted imaging (Dwl) sequence of the mass (blue arrow) showed a strong signal.

four weeks later, her levels of methoxy epinephrine, methoxy norepinephrine and 3-methoxytyramine were within normal ranges. The patient then underwent 3D laparoscopic complete resection of the pancreatic mass. During the operation, the soft resected mass was located behind the junction of the pancreatic body and neck and was closely related to the pancreas; the size was approximately $5.0 \times 3.2 \times 4.7$ cm and it was adjacent to the left side of the abdominal aorta, in front of the left renal vein, between the splenic artery and vein (with obvious compression), and close to the

confluence of the splenic and portal veins (Figure 2). On the third day post-surgery, a pancreatic fistula (biochemical leak) was detected which was treated conservatively. The patient fully recovered and was discharged from hospital 11 days post-surgery.

Histological examination post-surgery showed that the tumour cells were separated by capillary nests, forming the classic Zellballen pattern (Figure 3). Immunohistochemistry reports showed SYN (+), CGA (+), CD56 (+), Ki-67 ($\leq 2\%$), S-100 (-), Sox-10 (+), p53 (-), ERG (-), CD31 (+), CD34 (+), NSE (+),

GFAP (+), AE1/3 (-), Cam5.2 (-), GATA3(+). These findings were consistent with the characteristics of PGL. Although the patient had no symptoms of

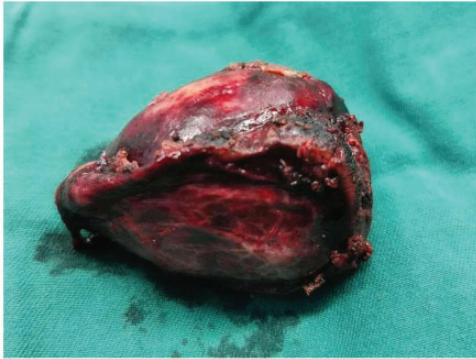


Figure 2. Gross examination of the surgical specimen showed the tumour was approximately $5.0 \times 3.2 \times 4.7$ cm in size with a rough texture.

hypertension or palpitations, and her blood catecholamine hormones were within normal levels, the postoperative pathological results were consistent with a PGL. Following consultation with endocrinologists and pathologists, the patient was diagnosed as having a non-functional pancreatic PGL. According to the grading system for adrenal PCC and PGL, the total score for this patient was 1, indicating a low-risk grade.⁷ Six months following hospital discharge there was no recurrence or evidence of metastasis.

The case study was approved by Ethics Committee of Qinghai Provincial People's Hospital (2021-wjzdx-18) and signed informed consent was obtained from the patient for publishing her anonymised data. The reporting of this study conforms to CARE guidelines.⁸

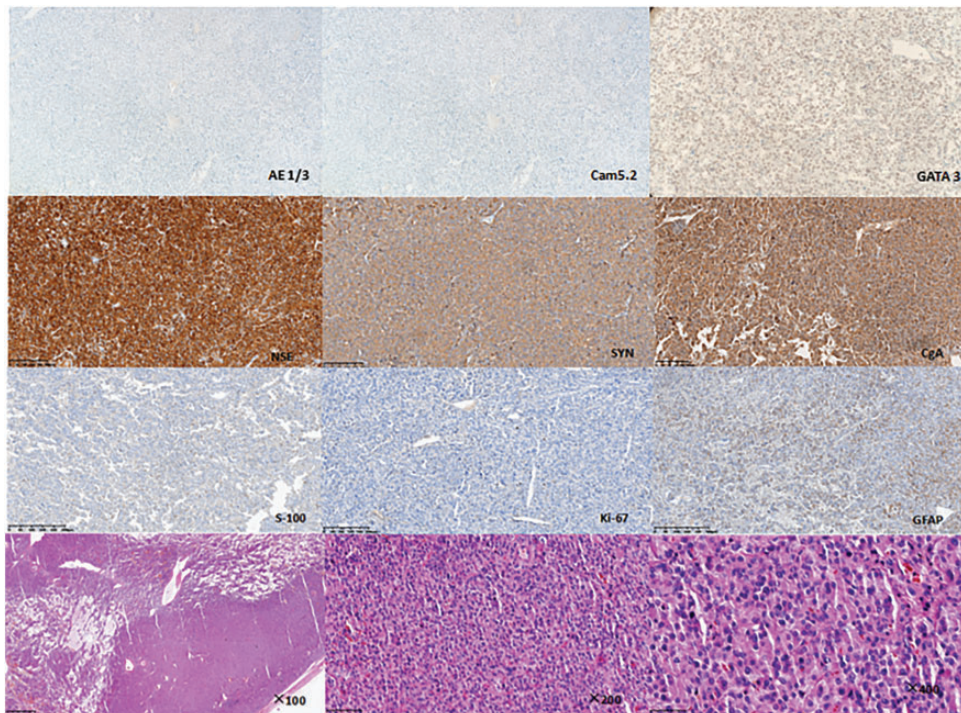


Figure 3. Postoperative histological and immunohistochemical examinations of the resected tumour. Typical "Zellballen" cell nests and lymphocytes were observed.

Discussion

Primary pancreatic PGL is rare and according to our literature review, only 53 cases have been reported worldwide from 1974 to 2021 (Table 1).^{4,9–48} Across the 16 men and 37 women the average age was 52 years (range 19–85 years). Of the 53 cases, 28 cases presented with abdominal pain, low back pain, constipation or dyspepsia, 20 were found on physical examination, and only five cases presented with hypertension, palpitation, headache, or fatigue. Twenty-five cases were located in the pancreatic head (including the uncinata process), one in the pancreatic head, neck and body, one in the pancreatic head and neck, two in the pancreatic neck, twelve in the pancreatic body, two in the pancreatic body and tail, eight in the pancreatic tail, and two in the peripancreatic area. Tumour markers did not show any significant abnormalities (data not shown). Six cases were diagnosed as PGL following examination of fine-needle aspiration (FNA) or frozen section (FS)^{20,27,48} Of the 53 cases, eight had been diagnosed as pancreatic PGL before surgery,^{13,20,24,27,47,48} twenty-five had been diagnosed as pancreatic neuroendocrine neoplasm (pNEN),^{4,10–12,15,20,23,29–38,40,41,44–46} and five had been diagnosed as other diseases (i.e., pancreatic cystadenoma,⁹ insulinoma,¹⁴ pancreatic cancer,¹⁶ pancreatic pseudocyst,²⁰ and gastrointestinal stromal tumour (GIST).⁴² Forty-seven cases underwent surgery (15 tumour local resection (TLR),^{9,11,13,15,20,21,25,27,28,38–40,42,47} one case of TLR + splenectomy,³⁰ 10 cases of pancreaticoduodenectomy (PD),^{10,19,20,22,23,29,31,45,46} one case of PD and hepatectomy,²⁴ three cases of pylorus preserving pancreaticoduodenectomy (PPPD),^{14,26,34} one case of PPPD + distal pancreatectomy (DP) + left adrenalectomy (L-ADX),³⁷ seven cases of DP,^{4,20,41,43} one case of DP + L-ADX,¹⁶ one case of DP + splenectomy,³³ three cases of resection of

the pancreas head (RPH),^{12,18,44} three cases of central pancreatectomy (CP)^{32,35,36} and one case of surgery radiotherapy.¹⁷ Six cases did not specify the surgical procedure. Of the 24 studies that specified follow-up times, the range was 1–60 months; only six tumours were reported as functional,^{13,24,27,43,46} and seven had definite metastases (data not shown).^{17,20,24,27}

Our present case report of a typical, primary, non-functional PGL is consistent with previous findings in that the patient was female and over 40 years of age.²⁷ In addition, our patient sought medical treatment because of the common PGL symptom of abdominal pain. Although tumour markers were within the normal range and we did not perform an FNA, we made a correct diagnosis before the operation based on typical imaging features and the differential diagnosis for similar diseases. During surgery, we located the tumour behind the pancreatic neck, between the splenic artery and vein, and close to the pancreatic parenchyma. We carefully removed the tumour which was both cystic and solid and approximately 4.5 × 4.7 × 5.1 cm in size. The patient developed a pancreatic fistula (biochemical leak) post-surgery suggesting that the pancreas had been damaged during the procedure. However, she fully recovered following conservative treatment and was discharged from hospital 11 days post-surgery. Pathology and immunohistochemical analysis post-surgery confirmed the diagnosis.

Due to the rarity of the condition, and the fact that most pancreatic PGLs are non-functional and lack typical clinical manifestations, the misdiagnosis rate can be high. Therefore, to improve the understanding of PGL, we have summarized its clinical features and compared them to those of other rare pancreatic tumours (i.e., PPGL, pNEN, serous cystadenoma [SCN], mucinous cystadenomas [MCN], and intraductal papillary mucinous tumour [(IPMN]) (Table 2).^{49–51} Currently, there is no clear consensus

Table 1. Summary of reported cases of pancreatic paraganglioma from the literature (1974 to 2021).

| No. | Reference | Sex | Age y | Signs/symptoms | Imaging features | Location* [†] /size, cm | FNA/FS | Preoperative diagnosis | Treatment | Functional | Follow-up |
|-----|--------------------------------------|-----|-------|--------------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------------------|--------------------------------------|---------------------------|-----------------------|------------|-----------|
| 1 | Cope et al. 1974 ⁹ | F | 72 | Physical findings | US: low echo | Head, neck and body; 13 × 11 × 7 | FS: benign | PCN | TLR | no | 48m |
| 2 | Fujino et al. 1998 ¹⁰ | M | 61 | Abdominal pain | CT: solid mass; MRI: T1 and T2 equal signals | Uncinate process; 2.5 × 4.2 × 1.8 | – | pNEN | PD | no | 60m |
| 3 | Parithivel et al. 2000 ¹¹ | M | 85 | Physical findings | CT: abundant blood supply; cystic solid | Head; 6.0 | FS: NET | pNEN | TLR | no | 40m |
| 4 | Ohkawara et al. 2005 ¹² | F | 72 | Abdominal pain | CT: abundant blood supply; cystic solid | Head; 4.0 | – | pNEN | RPH | no | – |
| 5 | Perrot et al. 2007 ¹³ | F | 41 | Weakness; hyperglycaemia | EUS: low echo; CT: abundant blood supply, inhomogeneous density and necrosis; MRI: T1 low signal and T2 high signal | Tail; 4.3 × 3.2 × 2.5 | – | p-PGL | TLR | yes | 18m |
| 6 | Kim et al. 2008 ¹⁴ | F | 57 | Lumbar discomfort | US: blood flow signal; EUS: low echo; CT: clear boundary, arteriovenous phase enhancement (low attenuation) | Head; 6.5 × 6.0 × 6.0 | – | non-functional insulinoma | PPPD | no | – |
| 7 | Tsukada et al. 2008 ¹⁵ | F | 57 | Physical findings | US: low echo; CT: obvious enhancement; MRI: T1 and T2 low signal, obvious enhancement | Uncinate process; 2.5 × 2.0 | – | pNEN | TLR | no | – |
| 8 | Paik. 2009 ¹⁶ | F | 70 | Physical findings | CT: inhomogeneous enhancement | Tail; 5.5 × 4.4 | – | – | DP + L-ADX | no | 12m |
| 9 | Sangster et al. 2010 ¹⁷ | M | 50 | Abdominal pain | CT: abundant blood supply; PET: strong uptake | Uncinate process | FNA: poorly differentiated carcinoma | Pancreatic cancer | Surgery; radiotherapy | no | 36m |
| 10 | He et al. 2011 ¹⁸ | F | 40 | Physical findings | CT: clear boundary; solid; obvious enhancement in arteriovenous phase | Head; 4.5 × 4.2 | – | – | RPH | no | – |
| 11 | Lightfoot et al. 2011 ¹⁹ | M | 66 | Abdominal pain | CT: cystic solid; PET: mild metabolic elevation | Head and uncinate process; 6.0 | – | – | PD | no | – |

(continued)

Table 1. Continued.

| No. | Reference | Sex | Age y | Signs/symptoms | Imaging features | Location ¹ /size, cm | FNA/FS | Preoperative diagnosis | Treatment | Functional | Follow-up |
|-----|-------------------------------------|-----|-------|------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------|--------------------------|------------------------|----------------------------|------------|---------------------|
| 12 | Singhi et al. 2011 ²⁰ | F | 52 | Abdominal pain | unknown | Body; 14.0 | FNA; PGL | p-PGL | – | – | – |
| 13 | Singhi et al. 2011 ²⁰ | F | 61 | Abdominal pain | unknown | Tail; 14.0 | FNA; PPC | PPC | DP; 4 cases; | – | – |
| 14 | Singhi et al. 2011 ²⁰ | F | 54 | Abdominal pain | unknown | Head; 6.5 | FNA; PGL | p-PGL | PD; 2 cases; | – | – |
| 15 | Singhi et al. 2011 ²⁰ | M | 40 | Physical findings | unknown | Body; 5.1 | FNA; NET | pNEN | TLR; 2 cases | – | – |
| 16 | Singhi et al. 2011 ²⁰ | F | 78 | Abdominal pain | unknown | Body; 17.0 | FNA; spindle cell tumour | unknown | – | – | – |
| 17 | Singhi et al. 2011 ²⁰ | M | 44 | Physical findings | unknown | Head; 5.5 | FNA; PGL | p-PGL | – | – | – |
| 18 | Singhi et al. 2011 ²⁰ | M | 38 | Abdominal pain | unknown | Body; 15.0 | FS; PGL | unknown | – | – | – |
| 19 | Singhi et al. 2011 ²⁰ | M | 47 | Abdominal pain | unknown | Body; 7.5 | FS; NET | pNEN | – | – | – |
| 20 | Singhi et al. 2011 ²⁰ | F | 37 | Abdominal pain | unknown | Tail; 5.7 | FS; NET | pNEN | – | – | – |
| 21 | Liu et al. 2011 ²¹ | F | 50 | Physical findings | US: mixed echo; arterial hybrid density; arteriovenous phase enhancement | Tail; 10.0 | – | – | TLR | no | – |
| 22 | Higa and Kapur. 2012 ²² | F | 65 | Physical findings | CT: hybrid density; arterial phase enhancement gradually attenuated | Uncinate process; 2.0 | – | – | PD | no | – |
| 23 | Ganc et al. 2012 ²³ | F | 37 | Physical findings | EUS: low echo | Head; | FNA; NET | pNEN | PD | no | – |
| 24 | Al-Jiffry et al. 2013 ²⁴ | F | 19 | Abdominal pain | CT: solid; hepatic parenchymal infiltration | 4.8 × 3.2 × 4.3 Head and neck; | FNA; NET | p-PGL | PD + hepatic segmentectomy | yes | 36m |
| 25 | Borghain et al. 2013 ²⁵ | F | 55 | Abdominal pain | CT: cystic; pancreatic cancer tendency | 9 × 5 × 9.5 Tail; 17 × 19 | – | – | TLR | no | 10m |
| 26 | Straka et al. 2014 ²⁶ | F | 53 | Abdominal discomfort | CT: abundant blood supply | Head; 8.1 × 8.5 | – | – | PPPD | no | 49m |
| 27 | Zhang et al. 2014 ²⁷ | F | 50 | Hypertension; headache; palpitations; sweating | CT: solid; abundant blood supply; liver metastasis | Head; 6.0 | FNA; PGL | p-PGL | – | yes | death 4 years later |
| 28 | Zhang et al. 2014 ²⁷ | M | 63 | Hypertension | CT: solid; abundant blood supply; 123I-MIBG; abnormal uptake | Head; 4.0 | – | – | TLR | yes | 3m |
| 29 | Meng et al. 2015 ²⁸ | F | 54 | Abdominal pain | US: low echo; abundant blood flow signals; CT: unclear boundary; equal density; | Head; 3 × 2.5 | – | – | TLR | no | – |

(continued)

Table 1. Continued.

| No. | Reference | Sex | Age y | Signs/symptoms | Imaging features | Location ^a /size, cm | FNA/Fs | Preoperative diagnosis | Treatment | Functional | Follow-up |
|-----|------------------------------------|-----|-------|-----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|---------------------------|------------------------|-------------------|------------|-----------|
| 30 | Meng et al. 2015 ²⁸ | F | 41 | Physical findings | inhomogeneous enhancement in arterial phase; homogeneous enhancement in venous phase US: clear boundary; low echo; partial blood flow signal; CT: inhomogeneous density; arterial phase enhancement | Head: 6 × 5 | – | – | – | no | – |
| 31 | Misumi et al. 2015 ²⁹ | F | 47 | Physical findings | US and EUS: low-density inhomogeneous echo; blood flow signal; CT: arteriovenous phase enhancement (low attenuation); MRI: T1 low signal and T2 high signal | Head: 1.5 × 1.2 | – | pNEN | PD | no | 12m |
| 32 | Ünver et al. 2015 ³⁰ | F | 41 | Loss of appetite; tired; weakness | USG: pancreatic tail and splenic hilum mass; MRI: mass invading splenic hilum | Tail: 8 × 7 × 8 | – | – | TLR + splenectomy | no | 6m |
| 33 | Liang and Xu. 2016 ³¹ | M | 41 | Physical findings | CT: arteriovenous phase enhancement (low attenuation); MRI: T1 low signal; T2 slightly high signal; inhomogeneous enhancement | Uncinate process; 4 × 6 | FNA: unidentified | pNEN | PD | no | 1m |
| 34 | Lin et al. 2016 ³² | F | 42 | Abdominal pain | CT: solid low density; arterial phase enhancement | Body: 5.2 × 6.3 | – | pNEN | CP | no | 12m |
| 35 | Tumuluru et al. 2016 ³³ | F | 62 | Physical findings | EUS: solid hypoechoic | Body: 2.8 × 2.8 × 2.7 | FNA: chronic pancreatitis | pNEN | DP + splenectomy | no | 18m |
| 36 | Ginesu et al. 2016 ³⁴ | M | 55 | Lumbago | US: solid; CT: arterial phase enhancement (low attenuation) | Uncinate process; 1.3 | – | pNEN | PPPD | no | 24m |
| 37 | Lin et al. 2016 ³⁵ | F | 42 | Abdominal pain | CT: solid; clear boundary; arterial phase | Body: 5.2 × 6.3 | – | pNEN | CP | no | 15m |

(continued)

Table 1. Continued.

| No. | Reference | Sex | Age y | Signs/symptoms | Imaging features | Location ^a /size, cm | FNA/FS | Preoperative diagnosis | Treatment | Functional | Follow-up |
|-----|-------------------------------------|-----|-------|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|----------------------------|------------------------|-------------------|------------|-----------|
| 38 | Furcea et al. 2017 ³⁶ | F | 53 | Dyspepsia | obvious enhancement; delay phase equal density US: inhomogeneous low echo; CEUS: arterial phase enhancement EUS: low echo; CT: arterial phase enhancement | Neck: 3.5 × 2.5 × 2.5 | – | pNEN | CP | no | – |
| 39 | Nonaka et al. 2018 ³⁷ | F | 68 | Physical findings | EUS: low echo; CT: arterial phase enhancement; venous inhomogeneous enhancement; PET: high intake; malignant possibility | Body: 2.2 × 2.2 × 1.0 | FNA: insufficient material | pNEN | PPPD + DP + L-ADX | no | 12m |
| 40 | Zeng et al. 2017 ³⁸ | F | 58 | Abdominal pain | EUS: low echo; clear boundary; MRI: inhomogeneous signal | Body: 6.5 × 6.1 × 4.4 | FNA: NET | pNEN | TLR | no | – |
| 41 | Zeng et al. 2017 ³⁸ | F | 53 | Abdominal pain | CT: soft tissue mass | Head: 2.5 × 1.7 × 1.8 Tail: 3.6 × 5 × 4.5 | FNA: NET FNA: NET? | pNEN | TLR | no | – |
| 42 | Nguyen et al. 2018 ³⁹ | F | 70 | Constipation; early satiety | EUS: low echo; CT: cystic solid | – | FNA: NET | – | TLR | no | – |
| 43 | Fite & Maleki. 2018 ⁴⁰ | M | 40 | Lumbago; haematuria | Image: abundant blood supply with necrosis | Peripancreatic; 5.1 | FNA: NET | pNEN | – | no | – |
| 44 | Fite & Maleki. 2018 ⁴⁰ | F | 23 | Palpitations | Image: heterogeneous mass | Peripancreatic; 7.0 | FNA: NET | pNEN | – | no | – |
| 45 | Liu et al. 2018 ⁴¹ | F | 73 | Physical findings | Isodensity, central with calcification; arterial phase enhancement; portal vein phase isodensity | Body: 1.2 × 1.4 | – | pNEN | DP | no | 6m |
| 46 | Chattoraj et al. 2019 ⁴² | F | 36 | Abdominal pain | CT: no enhancement | Body and tail; 7 × 4 | – | GIST | TLR | no | – |
| 47 | Zongo et al. 2019 ⁴³ | M | 52 | Abdominal pain | CT: inhomogeneous density | Body and tail; 8.6 × 8.3 | – | – | DP | yes | 17m |
| 48 | Wang et al. 2019 ⁴⁴ | M | 59 | Physical findings | MRI: long T1 long T2 signal; DWI high signal; inhomogeneous enhancement | Head: 2.7 × 2.5 × 2.4 | – | pNEN | RPH | no | – |

(continued)

Table 1. Continued.

| No. | Reference | Sex | Age y | Signs/symptoms | Imaging features | Location ^y /size, cm | FNA/FS | Preoperative diagnosis | Treatment | Functional | Follow-up |
|-----|----------------------------------|-----|-------|-------------------|----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|--------------------------------------|------------------------|-----------|------------|-----------|
| 49 | Xu et al. 2019 ⁴⁵ | M | 50 | Abdominal pain | CT: abundant blood supply MRI: T2 hyperintense; arterial phase enhancement EUS: low echo; CT: solid; inhomogeneous | Head; 17.0 | – | pNEN | PD | no | 3m |
| 50 | Abbasi et al. 2020 ⁴⁶ | F | 61 | Physical findings | MRI: T2 hyperintense; arterial phase enhancement EUS: low echo; CT: solid; inhomogeneous | Head and uncinate process; 7.2 × 6.5 | FNA: NET | pNEN | PD | yes | 12m |
| 51 | Jiang et al. 2021 ⁴ | M | 41 | Physical findings | EUS: low echo; CT: solid; inhomogeneous | Body; 4.1 × 4.2 | FNA: malignant possibility; FS: pNEN | pNEN | DP | no | 12m |
| 52 | Wang et al. 2021 ⁴⁷ | F | 75 | Abdominal pain | CT: abundant blood supply; arterial phase enhancement; MRI: T1WI low or equal signal; T2WI high signal; obvious enhancement EUS: low echo | Neck; 3.1 × 3.8 | – | p-PGL; Castleman; pNEN | TLR | no | – |
| 53 | Lanke et al. 2021 ⁴⁸ | F | 73 | Physical findings | EUS: low echo | Head; 2.0 × 1.1 | FNA: PGL | p-PGL | – | no | 12m |

^yLocation in the pancreas; – not available or unknown.

Abbreviations: 123I-MIBG: metaiodobenzylguanidine; CT: computed tomography; CEUS: contrast-enhanced ultrasound; CP: central pancreatocyst; DP: distal pancreatocyst; DWI, diffusion weighted imaging; EUS: endoscopic ultrasound; F: female; FNA: fine needle aspiration; FS: frozen section; GIST: gastrointestinal stromal tumour; L-ADX: left adrenalectomy; M: male; MRI: magnetic resonance image; NET: neuroendocrine tumour; PCN: pancreatic cystadenoma; PD: pancreaticoduodenectomy; PET: positron emission tomography; pNEN: pancreatic neuroendocrine neoplasm; PPC: pancreatic pseudocyst; p-PGL: paraganglioma of pancreas; PPPD: pylorus preserving pancreaticoduodenectomy; RPH: resection of the pancreas head; TLR: tumour local resection; US: ultrasound; USG: ultrasonogram diagnosis.

Table 2. Summary of the characteristics of several rare pancreatic tumours.^{49–51}

| Feature | PPGL | p-PGL | pNEN | SCN | MCN | IPMN |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| Sex ratio, (male: female) | 1: 1 | 1: 2 | 1: 1 | 3: 7 | 1: 10 | 1: 1 |
| Age, y | 30–50 | 40–70 | 40–70 | 60–70 | 40–50 | 60–70 |
| Predilection site | Adrenal gland and adrenal sympathetic crest | Pancreatic head | No preference | Head, body and tail of pancreas | Body and tail of pancreas | Head and uncinate process of pancreas |
| Clinical signs and symptoms | Hypertension; cephalalgia; palpitations; hyperhidrosis; postural hypotension | Abdominal pain/ asymptomatic (non-functional); hypertension, palpitations and fatigue (functional) | Mostly asymptomatic; non-functional; 33% functional; mainly insulinoma | Mostly asymptomatic; nonspecific nausea due to mass occupying effect | Mostly asymptomatic; abdominal pain (large mass) | Mostly asymptomatic; acute pancreatitis; more prone to clinical symptoms (malignant transformation) CA19.9†; CEA† |
| Tumour markers | CgA†; NSE† (possible) | CgA† (possible) | CgA†; NSE†; FAP, CEA, CA125 and CA19.9† | CA19.9†; CEA†; (malignant tumour) | CA19.9†; CEA† (malignant tumour) | CA19.9†; CEA† (malignant tumour) |
| US features | Clear boundary; round or quasi round; high, low, equal echo; blood flow signal (solid part) | Low or inhomogeneous echo, with blood flow signal | Smooth edges; heterogeneous, with cystic degeneration or necrosis (large mass) | High echo; lobulate; clear boundary | Clear boundary; multilocular cystic, surrounded by walls | Echo (mucin rich); low echo (BD-IPMN); difficult to distinguish from pancreatic tissue |
| CT features | Round or quasi round; inhomogeneous density; mostly necrosis, bleeding and calcification; enhanced by contrast agent | Clear boundary; Abundant blood supply; enhancement (arterial phase) and slightly reduced (venous phase) | Large and inhomogeneous density (non-functional); small and uniform density (functional); obvious enhancement | Clear boundary; marginal lobulated; central fibrous scar; stellate calcification; vesicles (number ≥ 6, size ≤ 2 cm); septum enhanced (portal vein stage); fibrous | Multilocular large vesicles (number < 6, size > 2 cm); single room (minority) | Diffuse or staged expansion of main pancreatic duct (MD-IPMN); cystic lesions communicating with pancreatic duct and “grape cluster” appearance (BD-IPMN) |

(continued)

Table 2. Continued.

| Feature | PPGL | p-PGL | pNEN | SCN | MCN | IPMN |
|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MRI features | T1 low signal; T2 high signal | T1 low signal; T2 high signal | T1 low signal; T2 high signal | T1 low signal; T2 high signal; scattered high signal cysts | T1 slightly high or low signal; T2 high signal | T1 low or high signal; T2 high signal; mural nodule enhancement |
| Pathology | “Zellballen” solid small cell nest with beam cord structure; round, oval or spindle shaped tumour cell surrounded by supporting cells and vascular spaces; rich cytoplasm | “Zellballen” solid small cell nest with beam cord structure; round, oval or spindle shaped tumour cell surrounded by supporting cells and vascular spaces; rich cytoplasm | Nuclei of uniform size; transparent cytoplasm with granules; NSE (+); CGA (+) | scar enhanced (delayed period) Composed of monolayer cuboidal epithelial cells or flat epithelial cells; rich glycogen | Cyst wall containing ovarian like stroma | Viscous mucin and pancreatic duct dilation (MD-IPMA); single cyst or multiple grape clusters communicating cyst, containing liquid, albumin and tumour cells (BD-IPMN) |
| Malignant risk | Metastatic rate: 10–17%. | Metastatic rate: 13% | (Malignant rate); insulinoma 5–10%; gastrinoma 50–60%; glucagon tumour 50–80%; somatostatin tumour 50–60%; neuroendocrine tumours producing ACTH >90%; vasoactive intestinal peptide 40–80%; non-functional tumour 60–90% | Benign and grow slowly | Potential malignancy: 5-year survival rate: 38% | Malignant rate: 57–92%; 5-year survival rate: 80%; (MD-IPMA) malignant rate: 6–46% (BD-IPMN, <3 cm) |

Abbreviations: BD-IPMN: Branch duct intraductal papillary mucinous tumour; CEA, carcinoembryonic antigen; CgA: Chromogranin A; CT: computed tomography; FAP, Fibroblast activation protein; IPMN: intraductal papillary mucinous tumour; MCN: mucinous cystadenomas; MD-IPMN: Main duct intraductal papillary mucinous tumour; MRI: magnetic resonance image; NSE: neuron specific enolase; pNEN: pancreatic neuroendocrine neoplasm; p-PGL: paraganglioma of pancreas; PPGL: pheochromocytoma and paraganglioma; SCN: serous cystadenoma.

regarding treatment of PGL. However, surgery is the principal treatment modality, supplemented by chemotherapy and radiotherapy for patients with malignant tendencies, but, as demonstrated by our present case study, the choice of surgical procedure should be determined according to the close relationship between the tumour and the pancreatic parenchyma and vessels. Definitive diagnosis of this rare pancreatic tumour depends on postoperative histopathological and immunohistochemical examinations.

In summary, pancreatic PGL is a rare entity and so preoperative diagnosis is challenging. The tumour tends to be non-functional and found either incidentally on imaging, or in a patient with abdominal pain. The main treatment is surgical resection and postoperative histopathological and immunohistochemical diagnosis is essential. This present case highlights the importance of a multidisciplinary team approach in the diagnosis of PGL involving radiologists, endocrinologists, pathologists, oncologists, and surgeons.

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