



## Common variation of the *CYP17* gene in Iraqi women with endometriosis disease



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### ABSTRACT

Common variants among genes coding for enzymes in sex steroid biosynthetic pathways may influence the risk of endometriosis in Iraqi women patients in the last years. Cytochrome P450c17a1 (*CYP17*), a gene that codes for a key enzyme (cytochrome P450c17a1) in a rate-limiting step of estrogen biosynthesis has attracted considerable attention as an important gene for endometriosis. To evaluate the relationship between common genetic variations in *CYP17* and endometriosis risk and determine the main effects of those variations on the gene expression. A women-based case control study of Iraqi women aged range (23–46), the associations between selected single-nucleotide polymorphisms (SNPs) in the *CYP17* gene and endometriosis diagnosis in fifty women and thirty disease-free controls were evaluated. The study found a significant association ( $P \leq 0.01$ ) between endometriosis and selected SNPs of *CYP17* gene, with the homozygous genotype conferring decreased risk. A highly significant difference ( $P \leq 0.01$ ) in *CYP17* gene expression from women with versus without endometriosis and increased by 1.56-fold in women with endometriosis. These findings suggest that variation in or around *CYP17* may be associated with endometriosis development in the Iraqi women.

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### 1. Introduction

A common and painful condition of the female reproductive system and influences female health negatively by causing abdominopelvic pain and infertility is endometriosis [1]. It affects about 10% of women of reproductive age. Nearly two-thirds of adolescents with dysmenorrhea or chronic pelvic pain have laparoscopic evidence of endometriosis. The most widely accepted theory is the retrograde reflux hypothesis, which suggests that endometrial tissues can regurgitate into pelvic cavity during menstruation and develop into endometriosis [2]. Endometriosis is a complex disease arising from the interplay between multiple genetic and environmental factors. The genetic variants potentially underlying the hereditary component of endometriosis were widely investigated through hypothesis-driven candidate gene studies, an approach that generally was proven to be inherently difficult and problematic for a number of reasons [3]. *CYP17A1* gene encodes a member of the cytochrome P450 superfamily of enzymes. It has eight coding exons, which is located on chromosome 10q24.3 and spanning 6569 base pair (bp) and encodes cytochrome p450c17 $\alpha$  (*CYP17A1*), an enzyme which catalyzes the activity of both the 17 $\alpha$ -hydroxylase and the 17,20-lyase. These two enzymes play critical roles in two

sequential rate-limiting steps in the biosynthesis of testosterone [4]. Genetic variation in *CYP17A1* was associated with steroid hormone levels, menstrual factors and risk of endometrial, breast and prostate cancers [5]. The allele variant T/C at the –34 bp position relative to the start codon in the 5'-UTR promoter region of *CYP17A1* rs743572 was associated with an increased risk of endometriosis [6]. Genotyped G/T and C/T of exon 1 (rs6162) and (rs6163) were a highly correlated with (rs743572), the minor allele of (rs6163) was associated with a modest increase in levels of plasma androstenedione in premenopausal women [7–8]. Genetic studies of *CYP17A1* variants to date have followed a defined biological hypothesis suggesting the 5'UTR promoter region (rs743572) is associated with gene expression [9]. To study further a possible role of *CYP17A1* in endometriosis, we evaluated the risk of endometriosis in relation to common genetic variation of *CYP17A1* and determine the main effects of those variations on the gene expression in a population based case control study conducted in Iraqi women with endometriosis.

### 2. Materials and methods

#### 2.1. Study population

The present investigation was carried out at Kamal AL-Samarai Hospital between (January–July 2015), in Baghdad, Iraq. The data were

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collected from fifty women patients as referred by a Gynecologist for endometriosis investigation. A total of thirty healthy female volunteers served as controls, aged (23–46) years. Blood samples (3 mL) were placed into containing EDTA tubes, and stored at  $-20^{\circ}\text{C}$  until assayed for genotyping analysis (DNA & RNA extraction) and using conventional-PCR and qRT-PCR technique.

## 2.2. Genetic analysis (gene polymorphisms)

The Genomic DNA Mini Kit supplied by Geneaid-Taiwan provides an efficient method for purifying total DNA from whole fresh blood. Also Magnesia 16 Genomic DNA whole blood Kit was designed for automated extraction by using automated instrument of Magnesia 16 of Anatolia (Turkey). DNA concentration was measured by nanospectrophotometer (Quawell-USA). DNA amplification was carried with a KAPA2G Robust HotStart PCR Kit which contains an engineered DNA polymerase and uniquely-formulated buffers, and requires specialized reaction conditions. Each reaction contained 12.5  $\mu\text{L}$  ( $1\times$ ) master mix, 1.5  $\mu\text{L}$  (10  $\mu\text{M}$ ) each primer (Table 1), primers were designed for CYP17 gene from GenBank (NCBI reference sequence NM-000102.3), Template DNA 3  $\mu\text{L}$  (50 ng/ $\mu\text{L}$ ), 6.5  $\mu\text{L}$  deionized distilled-water (dd-water). An initial denaturation step was run at  $94^{\circ}\text{C}$  for 3 min, followed by 30 cycles of amplification with denaturation at  $94^{\circ}\text{C}$  for 20 s, annealing at  $59^{\circ}\text{C}$  for 30 s, extension at  $72^{\circ}\text{C}$  for 30 s and final extension at  $72^{\circ}\text{C}$  for 10 min. Amplified PCR products were detected by agarose gel electrophoresis. A DNA marker 100 bp (Promega/USA) was run with each gel, and the genotype was determined by direct sequencing as well as for detecting SNPs within these sequences. Our sequences were compared with reference sequence of CYP17 in NCBI GenBank.

## 2.3. DNA sequence analysis

The DNA fragments for sequencing were obtained by PCR amplification, the fragments of each PCR products were sequenced with the set of primers by Macrogen Company, Korea. The program (BioEdit) was used for bioinformatic analysis of nucleotide sequences.

## 2.4. Gene expression (RNA extraction and one-step real time-PCR protocol)

Total RNA purification from white blood cells of 0.4 mL human whole blood was used with automated instrument Magnesia 16 of Anatolia (Turkey). RNA concentration was measured by nanospectrophotometer (Quawell-USA). Quantitative PCR was performed using an Agilent Technologies PCR 8800 supercycle-USA. The KAPA SYBR\*FAST One-Step qRT-PCR kit was used for real-time PCR using RNA as template. A suitable amount of RNA template 6  $\mu\text{L}$  (100 ng/ $\mu\text{L}$ ) mixed with 0.5  $\mu\text{L}$  (0.2  $\mu\text{M}$ ) of each primer, (10  $\mu\text{L}$ ) of KAPA SYBR\*FASTqPCR Master mix, dNTP 0.5  $\mu\text{L}$  (200 nM), KAPA RT Mix 1  $\mu\text{L}$  and 1.5  $\mu\text{L}$  of double distilled-water. The reaction after brief spin was submitted to the following PCR condition: cDNA synthesis at  $42^{\circ}\text{C}$  for 5 min, inactivation reverse transcriptase at  $95^{\circ}\text{C}$  for 3 min, denaturation at  $95^{\circ}\text{C}$  for 3 s, annealing  $59^{\circ}\text{C}$  for 20 s, and polymerization at  $72^{\circ}\text{C}$  for 20 s for 40 cycles. At the end of PCR run, a melt curve analysis was performed to ensure that only a single product was amplified. The experiment was repeated in triplicate.

**Table 1**  
Primers used for gene analysis.

Gene	Primer sequences(5'-3')	Size (base pair)
CYP17	F-GGAGAATCTTCCACAAGGCAAG	366
	R-TGGTGGCCGACAATCACTGTAG	
GAPDH	F-ATCACTGCCACCCAGAAGACTG	216
	R-AGGTTTTTCTAGACGGCAGGTCAG	

F: Forward primer, R: Reverse primer.

## 2.5. Statistical analysis

All data were expressed as mean  $\pm$  standard deviation (mean  $\pm$  SD). Statistical analysis was performed using LSD, considering  $P < 0.05$  as the lowest limit of significance. Statistical analysis was performed using a software program (SAS. 2012. Statistical Analysis System, User's Guide. Statistical Version 9. 1st ed. SAS.Inst.Inc. Cary, NC, USA).

## 3. Results

Three SNPs in the CYP17 gene (T/C rs 743572) in the 5'UTR, G/T (rs 6162) and C/T (rs 6163 in exon 1) were typed in this study based on their role in hormones action, biosynthesis and metabolism. This is the first study to our knowledge to give frequency distribution genotypes of CYP17 gene in Iraqi population. The 5'-UTR of CYP17 contains a single-bp polymorphism T/Cat 34 bp upstream from the initiation of translation. After analysis of T/C genotypes for fifty individuals in this study, it reached to (31) 62.00% of all individuals had TT, (18) 36.00% had CC and only one of them 2.00% had TC alleles as shown in Table 2. The second SNP in exon 1 of CYP17 gene rs 6162 contains a single-bp polymorphism G to T upstream from the initiation of translation, Table 2 showed analysis of G/T genotypes for fifty individuals in this study, it reached to (34) 68.00% of all individuals had GG, (15) 30.00% had TT and only one of them (2.00%) had GT alleles. The third SNP in exon 1 of CYP17 gene rs 6163 contains a single-bp polymorphism C to T upstream from the initiation of translation. Analysis of C/T genotypes for fifty individuals in this study has shown that (29) 58.00% of all individuals had CC, (20) 40.00% had TT and only one of them (2.00%) had CT alleles as showed in Table 2. The frequency distribution of CYP17T/C, G/T and C/T genotypes according to demographic characteristics is shown in Tables 3 to 5. Fifty-five samples of amplified products (forward and reverse strand) for CYP17 gene from healthy and endometriotic subjects were further analyzed by direct sequencing for detecting SNPs within these sequences. After alignment of product amplification of CYP17 gene for five samples having homozygous genotypes T/T, G/G and C/C from healthy subjects with the CYP17 of *Homo sapiens* from the GenBank using the BioEdit software, we found that part of CYP17 gene from healthy subjects having 100% compatibility with standard CYP17 in GenBank. The sequence was submitted to gene bank National Center Biotechnology Information (NCBI), DNA data bank of Japan (DDBJ) and European Bioinformatics institutes (EMBL) under the accession number (LC145028). Sequence alignment for eighteen, fifteen and twenty endometriotic patients have homozygous mutant genotype C/C, T/T and T/T respectively, this sequence were submitted under the accession numbers LC144988.1, LC145026.1 and LC145024.1 respectively. Alignment of the sequences of nucleotides for only sample has heterozygous genotype T/C, G/T and C/T from endometriotic sample with standard CYP17 gene that was submitted to gene bank under the accession numbers LC145027.1, LC145025.1 and LC145028.1 respectively. The data obtained from real time experiments were detected according to the Ct values which calculated from cycles and was proportional to the starting target copy number (logarithmic scale) used for

**Table 2**  
Distribution of samples study of CYP17 according to T/C, G/T and C/T genotypes.

Polymorphism	CYP17 according to T/C		CYP17 according to G/T		CYP17 according to C/T	
	No.	(%)	No.	(%)	No.	(%)
CC	31	62.00	34	68.00	29	58.00
TT	18	36.00	15	30.00	20	40.00
CT	1	2.00	1	2.00	1	2.00
Total	50	100	50	100	50	100
Chi-square ( $\chi^2$ )	11.438*		12.692*		10.957*	
P-value	0.00219		0.0001		0.00388	

\* Significant at  $P \leq 0.01$ .

**Table 3**  
The frequency distribution of T/C genotype of *CYP17* according to demographic characteristics.

Factor	T/C			Chi-square
	TT N (%)	CC N (%)	TC N (%)	
Total, N = 50	31 (62.00)	18 (36.00)	1 (2.00)	11.43*
Age (years)				
20–29, N = 20	8 (40.00)	12 (60.00)	0 (0.00)	14.073*
30–39, N = 22	17 (77.27)	4 (18.18)	1 (4.54)	
40–49, N = 8	6 (75.00)	2 (25.00)	0 (0.00)	
BMI (kg/m <sup>2</sup> )				
19–24.9, N = 15	10 (66.66)	4 (26.66)	1 (6.66)	14.758*
25–29.9, N = 17	7 (41.17)	10 (58.82)	0 (0.00)	
≥ 30, N = 18	14 (77.77)	4 (22.22)	0 (0.00)	
WHR				
0.65–0.91, N = 19	10 (52.63)	8 (42.10)	1 (5.26)	10.963*
0.92–1.24, N = 31	21 (67.74)	10 (32.25)	0 (0.00)	
WHtR				
0.49–0.53, N = 20	11 (55.00)	8 (40.00)	1 (5.00)	10.342*
0.54–0.68, N = 30	20 (66.66)	10 (33.33)	0 (0.00)	
Family history				
Yes, N = 29	16 (55.17)	12 (41.37)	1 (3.44)	12.574*
No, N = 21	15 (71.42)	6 (28.57)	0 (0.00)	
Duration of disease				
4–6 months, N = 20	7 (35.00)	12 (60.00)	1 (5.00)	14.210*
1–2 years, N = 30	24 (80.00)	6 (20.00)	0 (0.00)	
Allele frequency	T = 0.63, C = 0.37			

\* Significant at  $P \leq 0.01$ .

amplification (the point that the fluorescence signal increased above baseline is the threshold cycle). The results of Table 6 demonstrate a highly significant difference ( $P \leq 0.01$ ) in *CYP17* gene expression from women with versus without endometriosis and increased by 1.56-fold in women with endometriosis. Data in Table 7 showed a single-bp polymorphism T/C at 5'-untranslated promoter region (5'-UTR) of *CYP17* which has a significant ( $P < 0.05$ ) effect on gene expression, while the other two polymorphisms G/T (rs 6162) and C/T (rs 6163) in exon 1) have non-significant effect on gene expression.

#### 4. Discussion

Genetic variation in *CYP17* was associated with steroid hormone levels, menstrual factors and risk of endometrial, breast and prostate cancers. Polymorphisms are not directly linked to a certain disease. However, polymorphisms involved in steroid hormone biosynthesis and signaling may be useful genetic biomarkers for hormone-related diseases, *CYP17* polymorphism may play a crucial role in the etiology of hormone related disease such as endometriosis [10]. The 5'-UTR of *CYP17* contains a single-bp polymorphism T/C at 34 bp upstream from the initiation of translation. The minor allele variant (CC) was associated with elevated serum estrogen and progesterone levels in

premenopausal women and increase risk of endometriosis [11]. This polymorphism is common; the (CC) genotype is present in 11–19% of North American whites and 6–16% of African-Americans [12]. Further, the C allele was associated with increased risk of uterine leiomyomas which is consistent with the proliferative effect of estrogen on the endometrium [13]. A number of studies showed no association between endometriosis and this minor allele [14–16]. Interestingly, germline variation of *CYP17* polymorphism (rs 6162), associated with outcomes herein and in previous studies [17–18], is located in the exon 1 raising the possibility of a functional impact on transcriptional activity of the gene. Eric et al. found that there was the relationship of prognostic markers positive in both Caucasian and Taiwanese population with circulating sex steroids was then assessed in the Caucasian cohort. Remarkably, *CYP17* (rs6162) variation was associated with significant changes in plasma steroid levels. The *CYP17* rs6162 variation is associated with a 20% difference in DHEA-S levels [19]. *CYP17* is relatively small, approximately 7 kilobase (kb) in size. Several single nucleotide polymorphisms (SNPs) were described in *CYP17*. However, apart from the T to C polymorphism, only two SNPs were validated by frequency (rs 6162, rs 6163) this SNP is very close and are situated at the 5' end of the gene. Also likely to be in strong linkage disequilibrium with each other and with the T to C polymorphism, which is in the promoter

**Table 4**  
The frequency distribution of G/T genotype of *CYP17* according to demographic characteristics.

Factor	G/T			Chi-square
	GG N (%)	TT N (%)	GT N (%)	
Total, N = 50	34 (68.00)	15 (30.00)	1 (2.00)	12.796*
Age (Years)				
20–29, N = 20	7 (35.00)	13 (65.00)	0 (0.00)	16.034*
30–39, N = 22	20 (90.90)	1 (4.54)	1 (4.54)	
40–49, N = 8	7 (87.50)	1 (12.5)	0 (0.00)	
BMI (Kg/m <sup>2</sup> )				
19–24.9, N = 15	12 (80.00)	2 (13.33)	1 (6.66)	14.689*
25–29.9, N = 17	9 (52.94)	8 (47.05)	0 (0.00)	
≥ 30, N = 18	13 (72.22)	5 (27.77)	0 (0.00)	
WHR				
0.65–0.91, N = 19	13 (68.42)	5 (26.31)	1 (5.26)	14.318*
0.92–1.24, N = 31	21 (67.74)	10 (32.25)	0 (0.00)	
WHtR				
0.49–0.53, N = 20	13 (65.00)	6 (30.00)	1 (5.00)	13.566*
0.54–0.68, N = 30	21 (70.00)	9 (30.00)	0 (0.00)	
Family history				
Yes, N = 29	21 (72.41)	7 (24.13)	1 (3.44)	14.629*
No, N = 21	13 (61.90)	8 (38.09)	0 (0.00)	
Duration of disease				
4–6 months, N = 20	10 (50.00)	9 (45.00)	1 (5.00)	16.538*
1–2 years, N = 30	27 (90.00)	3 (10.00)	0 (0.00)	
Allele frequency	G = 0.69, T = 0.31			

\* Significant at  $P \leq 0.01$ .

**Table 5**  
The frequency distribution of C/T genotypes of *CYP17* according to demographic characteristics.

Factor	C/T			Chi-square
	CC N (%)	TT N (%)	CT N (%)	
Total, N = 50	29 (58.00)	20 (40.00)	1 (2.00)	10.664*
Age (Years)	20–29, N = 20	6 (30.00)	14 (70.00)	16.298*
	30–39, N = 22	20 (90.90)	1 (4.54)	
	40–49, N = 8	3 (37.50)	5 (62.50)	
BMI (Kg/m <sup>2</sup> )	19–24.9, N = 15	13 (86.66)	1 (6.66)	14.873*
	25–29.9, N = 17	9 (52.94)	8 (47.05)	
	≥ 30, N = 18	7 (38.88)	11 (61.11)	
WHR	0.65–0.91, N = 19	14 (73.68)	4 (21.05)	14.215*
	0.92–1.24, N = 31	15 (48.38)	16 (51.61)	
WHtR	0.49–0.53, N = 20	18 (90.00)	1 (5.00)	15.552*
	0.54–0.68, N = 30	11 (36.66)	19 (63.33)	
Family history	Yes, N = 29	19 (65.51)	9 (31.03)	14.956*
	No, N = 21	12 (57.14)	9 (42.85)	
Duration of disease	4–6 months, N = 20	11 (55.00)	8 (40.00)	11.037*
	1–2 years, N = 30	20 (66.66)	10 (33.33)	
Allele frequency	C = 0.59, T = 0.41			

\* Significant at  $P \leq 0.01$ .

**Table 6**  
Statistical analysis of *CYP17* gene expression in women of endometriosis compared to control group.

Groups	Mean (Ct)	SD	SE	95% C.I. for Mean	Min.	Max.	$\Delta\Delta Ct$ (Cycle)	Fold change $2^{-\Delta\Delta Ct}$	P-value
A	20.322	0.471	0.070	0.191–0.580	18.940	21.132	-0.643	1.561	<0.01
C	20.711	0.450	0.061		19.401	21.421			

Group A: without treatment, Group C: Healthy women.

region of *CYP17* [20]. Strong linkage disequilibrium (LD) was detected between SNP rs743572 and the other two SNPs in the gene (rs6162 and rs6163) in Australian sample [9]. Nichola et al. genotyped 10 variants in *CYP17*, including rs6163, which is highly correlated with rs743572, the minor (A) allele of rs6163 was associated with a modest reduction in levels of urinary estrone glucuronide and a modest increase in levels of plasma androstenedione in premenopausal women [7]. In women, *CYP17* is expressed in the ovarian theca cells, the corpus luteum, adrenals, and adipose tissue [21]. Our results were in agreement with Konstantinos et al., who suggested that the C allele of (T/C) polymorphism may provide additional promoter activity with an increased rate of *CYP17* mRNA transcription [22]. The polymorphism is thought to induce *CYP17* gene expression resulting in higher levels of androgens and, consequently, in a higher risk of the development and progression of prostate disease [23–24].

## 5. Conclusion

In this study, we observed significant associations between *CYP17* SNPs (rs743572, rs6162 and rs6163) and genotypes of Iraqi women with endometriosis disease. Specifically, we observed a decreased risk for endometriosis in homozygotes for these three *CYP17* SNPs. In addition, the result of our study demonstrates a highly significant difference in

**Table 7**  
Effect of T/C, G/T and C/T genotypes of *CYP17* on fold change for endometriosis patients.

Genotype	T/C genotype Mean ± SE	G/T genotype Mean ± SE	C/T genotype Mean ± SE
TT	1.551 ± 0.030	1.601 ± 0.042	1.562 ± 0.040
CC	1.591 ± 0.041	1.552 ± 0.031	1.583 ± 0.032
TC	1.360 ± 0.001	1.360 ± 0.001	1.364 ± 0.002
LSD value	1.011	NS	NS
P-value	0.041*	0.378	0.477

NS: non-significant at  $P > 0.05$ .

\* Significant at  $P < 0.05$ .

*CYP17* gene expression from women with versus without endometriosis and only SNPs rs743573 had a significant effect on *CYP17* gene expression.

## Conflict of interest

The authors declare that they have no conflict of interest.

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