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### Korean traditional herbal formula Soshiho-tang attenuates memory impairment and neuronal damage in mice with amyloid-beta-induced Alzheimer's disease

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#### ABSTRACT

*Background:* Soshiho-tang (SST), also known as Xiaochaihu-tang in China and Sho-saiko-to in Japan, is an Oriental herbal formula traditionally used to treat febrile diseases. Recently, several *in vitro* and *in vivo* studies have reported the anti-cancer, anti-liver disease, and anti-inflammatory activities of SST. However, there is little evidence of its effects on neurological diseases. We previously reported the inhibitory effects of SST on *in vitro* acetylcholinesterase (AChE) activation and amyloid- $\beta$  (A $\beta$ ) aggregation, which are crucial hallmarks of Alzheimer's disease (AD). In the present study, we report that SST has preventive effects on memory impairment and neuronal cell changes in an A $\beta$ -induced AD-like mouse model.

*Methods:* Male mice underwent injection of  $A\beta$  aggregates and administered SST (500, 1,000, or 2,000 mg/kg/day) for 20 days. Behavioral tests (passive avoidance task [PAT] and Morris water maze [MWM] test) were conducted. Lastly, brain sections were obtained from sacrificed mice for quantitative analysis.

*Results:* Intracerebroventricular (ICV) injection of A $\beta$  aggregates significantly decreased the latency time in the PAT and MWM test compared to normal control. In contrast, SST administration markedly reversed the latency caused by A $\beta$  injection. Additionally, our data revealed that SST-mediated improvements in memory impairment are related to its neuroprotective and anti-neuroinflammatory effects. On histological analysis, SST treatment protected neuronal loss and damage as well as microglial activation, and ameliorated amount of A $\beta$  in brain of mouse model of AD.

*Conclusion:* Our findings suggest that SST may be a promising candidate for the development of novel drugs for AD.

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#### 1. Introduction

Soshiho-tang (SST) is a herbal formula firstly introduced in the Sang-Han-Ron in China and also described in the Dong-Eui-Bo-Gam, a traditional Korean medicine book. The herbal composition of SST includes seven medicinal herbs Bupleuri Radix, Scutellariae Radix, Ginseng Radix, Pinelliae Tuber, Glycyrrhizae Radix et Rhizoma, Zingiberis Rhizoma Crudus, and Zizyphi Fructus. SST was traditionally used to control febrile diseases in several Asian countries.<sup>1</sup> Recent studies support the notion that SST has potential anti-tumor,<sup>2–5</sup> anti-inflammatory,<sup>6–8</sup> immune regulatory,<sup>9,10</sup>

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and hepatoprotective<sup>5,7</sup> activities in preclinical investigations. Most clinical studies using SST have shown its efficacy for liver problems such as hepatic dysfunction,<sup>11</sup> chronic liver diseases,<sup>12</sup> hepatitis B and C,<sup>13,14</sup> and liver cancer.<sup>15</sup>

In relation to the effects of SST on neuronal diseases, Su *et al.* suggested the presence of anti-depressant effects in a rodent model.<sup>16,17</sup> In addition, Koo *et al.* reported that SST is effective in improving the symptoms of Parkinson's disease in patients with pontine infarction.<sup>18</sup> We recently reported the inhibitory effects of SST extracts on acetylcholinesterase (AChE) activation and amyloid- $\beta$  (A $\beta$ ) aggregation, which are crucial major hallmarks for the pathogenesis of Alzheimer's disease (AD), suggesting the potential of SST as a dual target drug for AD.<sup>19</sup> AD is an irreversible dementia caused by genetic and environmental factors.<sup>20</sup> According to the information provided at 'alzheimers.net (www.alzheimers.net)', around 50 million people worldwide are affected by AD, and





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#### Table 1

Composition	of	SST.
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	r r		
Latin name		Scientific name	Amount (g)
	Bupleuri Radix	Bupleurum falcatum L.	2.33
	Pinelliae Tuber	Pinellia ternata (Thunb.) Breit.	1.67
	Zingiberis Rhizoma Crudus	Zingiber officinale Roscoe	1.33
	Scutellariae Radix	Scutellaria baicalensis Georgi	1.00
	Zizyphi Fructus	Ziziphus jujuba Mill.	1.00
	Ginseng Radix	Panax ginseng C. A. Meyer	1.00
	Glycyrrhizae Radix et Rhizoma	Glycyrrhiza uralensis Fisch.	0.67

the number of patients is increasing continuously. Symptoms of early stage of AD include impairment of memory, thinking, language, and behavior skills, which eventually worsen and leads to death.<sup>21,22</sup>

However, no effective therapy has been developed for AD, in part due to its complex pathogenesis.<sup>23</sup> Therefore, alternative approaches that do not involve targeting single molecule are necessary to overcome the limitations associated with development of AD drugs. Multi-component or multi-drug therapies are new strategies to design multi-target drugs for complex diseases caused by multiple pathophysiological factors. The interaction of multiple components concurrently and synergistically affects multiple targets, and results in better outcome for patients.<sup>24</sup> Herbal medicines are characterized by multi-component and multi-target properties.<sup>25</sup> Intriguingly, we and others have suggested the possibility of herbal formulas as being anti-AD drug candidates.<sup>26-29</sup> In the present study, we investigated the effects of the herbal medicine SST on memory deficiency and neuronal cell changes using an ADlike animal model to corroborate our previous in vitro data. We established an AD-like mouse model by injecting  $A\beta$  aggregates into the brain and conducted behavioral tests to explore memory capacity of the mice. Histological analysis was performed to determine the effects of SST on neuronal loss and inflammation in brain tissues.

#### 2. Methods

#### 2.1. SST and reagents

SST was obtained from Kyungbang Pharm. Co., Ltd. (Incheon, Korea). The specific composition of SST is shown in Table 1. There are five standard compounds of SST, including liquiritin, baicalin, baicalein, and wogonin, which were purchased from Sunny Biotech (Shanghai, China), and glycyrrhizin, which was obtained from ChemFaces Biochemical (Wuhan, China; (purity >98% by high-performance liquid chromatography [HPLC]). HPLC grade solvents acetonitrile and water were obtained from J. T. Baker Chemical (Phillipsburg, NJ, USA), and analytical grade acetic acid (AA) was purchased from Sigma-Aldrich (St. Louis, MO, USA).

#### 2.2. Apparatus and chromatographic conditions

For the quantitative analysis of the five standard compounds in SST, we used the Waters Alliance e2695 HPLC system (Waters Corp., Milford, MA, USA) equipped with photodiode array (PDA) detector (#2998; Waters Corp.) was used. The data were acquired and processed using Empower software (version 3; Waters Corp). Gemini C<sub>18</sub> analytical column (4.6 mm × 250 mm, 5  $\mu$ m; Phenomenex, Torrance, CA, USA) was used for the chromatographic separation of the five compounds. The column temperature was maintained at 30°C. The mobile phases consisted of two solvents 1.0% (v/v) AA in water (A) and 1.0% (v/v) AA in acetonitrile (B). The gradient conditions were programed as follows: 15-40% B for 20 min, 40-55% B for 20 min, 55-100% B for 5 min, and 100% B for 10 min. The PDA detector recorded ultraviolet (UV) wavelengths ranging from 210 nm to 400 nm for scanning chromatograms. The flow rate and injection volume were 1.0 mL/min and 10  $\mu$ L, respectively.

#### 2.3. Preparation of sample solutions

SST was dissolved in 80% aqueous methanol to a final concentration of 10 mg/mL and filtered through a syringe filter (0.45- $\mu$ m pore size). The stock solutions (1.0 mg/mL) of five standard compounds were mixed and diluted with methanol to obtain various concentrations of a standard mixture for quantitative analysis.

#### 2.4. Animals

Male C57BL6 mice  $(24 \pm 2 \text{ g})$  were purchased from the Orient Bio (Seoul, Korea) and acclimated for 1 week prior to the study with a standard rodent diet (2918C, ENVIGO, UK) and water was supplied *ad libitum* in individual polycarbonate cages. The animals were maintained at a temperature of  $23 \pm 3^{\circ}$ C, with a relative humidity of  $55 \pm 15\%$ , ventilation frequency of 10-20 times/hr, lighting time of 12 hours (lighted at 8 AM-light offed at 8 PM), and an illumination of 150-300 lux. The experiment was carried out according to the National Institutes of Health (NIH) Guide for the Care and Use of Laboratory Animals and approved by the Institutional Animal Care and Use Committee in Nonclinical Research Institute, Chemon Inc. (IACUC Approval No.2019-04-002).

## 2.5. Intracerebroventricular (ICV) injection of $A\beta$ aggregates and SST administration

The  $A\beta_{1-42}$  peptides were obtained from Tocris Bioscience (Pittsburgh, PA, USA), dissolved in sterilized 0.1 M phosphatebuffered saline (PBS, pH 7.4) to a concentration of 1  $\mu g/\mu L$ , and incubated at -20 °C for 4 weeks to encourage the formation of A $\beta$ aggregates. Mice were anesthetized with mixed zoletil (tiletaminezolazepam, Verbac, Carros, France) and rompun (Bayer, Leverkusen, Germany) (4:1 v/v) at a dose of 1 mL/kg before the injection of A $\beta$ . The incubated  $A\beta$  aggregates were injected at the ICV area using a stereotaxic apparatus (Harvard Apparatus, Holliston, MA, USA), which was fixed at the anterior/posterior (AP) -1.0 mm, mediolateral/lateral +1.0 mm, and dorsal/ventral -2.5 mm. Aggregated  $A\beta$ (5  $\mu$ L) was infused at a rate of 2  $\mu$ L/min speed. Saline was injected in the same way to the control mice. One day after the  $A\beta$  injection, mice were divided into six groups (n = 9 per group), as follows: NOR (normal group), A $\beta$  (A $\beta$  aggregates-injected group), SST -0.5, -1, and -2 (500, 1,000, and 2,000 mg/kg of SST-treated groups into A $\beta$  mice), and M (morin [10 mg/kg]-treated group). SST or morin was orally administered for 20 days from the day after A $\beta$  injection. These animal study procedures were performed according to the Animal Research: Reporting of In Vivo Experiments (ARRIVE) guidelines. Animals were housed in the facility accredited by the Association for Assessment and Accreditation of Laboratory Animal Care (AAALAC) International in accordance with the Guide for the Care and Use of Laboratory Animals (Guide, NRC2011).

#### 2.6. Behavioral tests

The passive avoidance task (PAT) was performed using an electronic shock generator with lighted and darkened compartments (Jeungdo Bio & Plant Co. Ltd., Seoul, Korea) and assessed on the 8<sup>th</sup> to 10<sup>th</sup> day after A $\beta$  injection. Transfer latency time, representing the time that the mice remained in the lighted compartment within 5 min, was recorded. The Morris water maze (MWM) test was conducted for 7 days between the 15<sup>th</sup> and 21<sup>st</sup> day after the injection of A $\beta$ . Mice were put in a pool of four designated release points and allowed to find the platform for 60 sec. After finding

the platform, the animals were allowed to rest for 30 sec on the platform. If mice failed to find the platform within 60 sec, the animals were guided to rest on the platform for 30 sec. After all animals finished the first trial, the next trial was started. The release points were randomly chosen every time without overlap. The time taken to find the platform (escape latency) was monitored (training: 2 days, behavioral test: 4 days, and probe trial: 1 day). On the last day (7<sup>th</sup> day), the platform was removed one hour after SST administration and the probe trial was performed for 60 sec to measure the crossing number on the platform. Experimental mice were administrated SST or morin prior to the behavioral tests and all efforts were made to minimize animal suffering.

#### 2.7. Nissl staining and immunohistochemistry

All mice were sacrificed under anesthesia at the end of the experimental period, and the hippocampal and cortical tissues were immediately isolated on ice and stored at -80°C for further analysis. Three mouse brains from each group were perfused intracardially with PBS (pH 7.4) and fixed in 4% paraformaldehyde. Brain paraffin blocks (5- $\mu$ m thick) were prepared. The section slides were deparaffinized in xylene and hydrated with a series of graded ethanol. To quench endogenous peroxidase activity, slides were treated with 0.3% hydrogen peroxide in methanol for 25 min and briefly rinsed in PBS. For Nissl staining, slides were immersed in 1% cresyl violet acetate solution, washed with water, and dehydrated through 90% and 100% ethanol for 5 min before mounting in xvlene. For antigen retrieval on the brain sections, slides were boiled in citrate buffer (pH 6.0) in a microwave for 15 min. Sections were incubated with horse serum for blocking for 1 hr at 37°C and then incubated overnight at 4°C with primary antibodies anti-neuronal nuclei (NeuN) (Abcam, Cambridge, UK, 1: 250 dilution) and antiionized calcium-binding adaptor molecule-1 (Iba-1) (Wako Pure Chemicals, Osaka, Japan. 1:100 dilution), and anti-A $\beta$  (QED Bioscience, San Diego, CA, USA, 1:250 dilution). The slides were incubated with the labeled streptavidin-biotin for 30 min and visualized by diaminobenzidine tetrahydrochloride (DAB, Vector Laboratories, Burlingame, CA, USA). Images were viewed using an Olympus DP71 microscope (Tokyo, Japan) at 400 x magnification. Quantitative analysis of stained cells was performed by blinded investigators using Image J software (Java-based image processing program, NIH, Bethesda, MD, USA).

#### 2.8. Measurement of AChE activity

AChE activity in mouse brain lysates were measured according to the commercial manufacture's protocol using an Acetylcholinesterase Activity Assay Kit (Biomax, Seoul, Korea). The brain homogenates were applied onto the incubated 96-well plates with substrate buffer for 30 min at 37°C and measured for the absorbance of mixture using a microplate reader (Benchmark Plus, Bio-Rad, Hercules, CA, USA) at 570 nm.

#### 2.9. Statistical analysis

All data were expressed as the mean  $\pm$  SEM and statistical analyses were evaluated via a one-way analysis of variance (ANOVA) followed by an unpaired Student's *t*-test or Tukey's multiple comparison test. All experiments were performed individually at least three times. GraphPad Prism 8.0 software program (GraphPad Software Inc., San Diego, CA, USA) was used for all analyses. Differences at p < 0.05 were considered statistically significant.

#### 3. Results

### 3.1. Simultaneous analysis of five standard compounds of SST using HPLC analysis

To simultaneously quantify the five standard compounds in SST, the optimized HPLC method was used. The chromatograms showed good separation using mobile phases consisting of 0.1% (v/v) AA in water and 0.1% (v/v) AA in acetonitrile. The UV wavelengths to detect compounds were 275 nm for liquiritin, baicalin, baicalein and wogonin, and 254 nm for glycyrrhizin. The retention times of liquiritin, baicalin, baicalein, wogonin, and glycyrrhizin were 10.95, 17.44, 24.49, 30.64, and 31.66 min, respectively. HPLC chromatograms of standard mixture and SST are presented in Fig. 1A and the chemical structures of the five compounds are shown in Fig. 1B. The calibration curves for the five compounds were calculated by the linear relationships between the peak area (y) and concentration (x,  $\mu g/mL$ ) from the following ranges: 1.5625-50  $\mu$ g/mL for liquiritin and baicalein, 12.5-400  $\mu$ g/mL for baicalin, 3.125-100  $\mu$ g/mL for glycyrrhizin, and 0.78125-25  $\mu$ g/mL for wogonin (Table 2). All correlation coefficient values showed good linearity ( $r^2 \ge 1.0000$ ). The limit of detection (LOD) for the five compounds ranged from 0.051-0.816  $\mu$ g/mL and the limit of quantification (LOQ) ranged from 0.156-2.474  $\mu$ g/mL. The amounts of liquiritin, baicalin, baicalein, wogonin, and glycyrrhizin in SST were 0.671, 6.693, 0.897, 2.419, and 0.332 mg/g, respectively (Table 2).

# 3.2. Ameliorating effects of SST on memory impairment in an $A\beta$ -induced mouse model of AD

To investigate whether SST could improve impaired memory,  $A\beta$ -induced AD-mice were utilized. As shown in Fig. 2A, a mouse model of AD was established by injecting prepared  $A\beta$  aggregates into the ICV regions. From the first day after  $A\beta$  injection, the mice were given a daily gavage treatment of vehicle, SST (500, 1,000, or 2,000 mg/kg), or morin (10 mg/kg) for 20 days. No significant difference in body weight was observed among the six groups during the experimental period (Fig. 2B).

Animal behavioral tests were performed in the middle of the experimental period. Between the 8<sup>th</sup> and 10<sup>th</sup> day after A $\beta$  injection, mice underwent the PAT. In the acquisition trial, there was no significant difference between the  $A\beta$  and NOR groups, or between the A $\beta$  and SST-0.5, -1, or -2 groups. In the retention trial, the transfer latency was significantly reduced in the A $\beta$  group. whereas  $A\beta$ -mediated inhibition was reversed in the SST -0.5, -1, or -2 groups (Fig. 3). The MWM test was carried out from the 15<sup>th</sup> day for 7 days (trainings for 2 days, memory tests for 6 days, and probe trial for 1 day) after the A $\beta$  injection. On the 17<sup>th</sup> day after A $\beta$  injection, the latency to find the platform was significantly increased in the A $\beta$  group compared with the NOR group. However, no difference in latency was found between the SST groups and the A $\beta$  group. From the 18<sup>th</sup> to 20<sup>th</sup> day, SST -0.5, -1, or -2 groups experienced a significant decrease in the latency time (Fig. 4A). Consistent with results of the latency, a significant decrease in the distance to find the platform was seen in the SST groups compared with the A $\beta$  group from the 18<sup>th</sup> to 20<sup>th</sup> day (Fig. 4B). In the probe trial,  $A\beta$  group significantly shortened the number of crossings at the platform location compared with the NOR group. In contrast, SST significantly blocked A $\beta$ -mediated suppression of the crossings in the SST groups (Fig. 4C). The tracking patterns in Fig. 4D further confirmed the ameliorating effects of SST on memory loss in the A $\beta$ -induced AD mouse model. Morin, a positive control for A $\beta$  aggregation inhibitor<sup>30</sup>, also produced a significant inhibition of memory dysfunction.



**Fig. 1.** HPLC chromatograms of the ethanol extract of Soshiho-tang (SST) and standard mixture. (A) The five standard compounds liquiritin (a), baicalin (b), baicalein (c), wogonin (d), and glycyrrhizin (e) were separated by a Gemini  $C_{18}$  analytical column at 30°C at 275 or 254 nm. (B) Chemical structures of the standard compounds of SST. Liquiritin (a), baicalein (c), wogonin (d), glycyrrhizin (e).

 Table 2

 Regression equation, linearity, LOD, LOQ, and content of five compounds.

Compound	Linear range(µg/mL)	Regression eq Slope (a)	uation $(y = ax + b)^{a}$ Intercept (b)	$r^2$	LOD <sup>b)</sup> (µg/mL)	LOQ <sup>c)</sup> (µg/mL)	Content(mg/g)
Liquiritin	1.5625 - 50	16198	1075.6	1.0000	0.160	0.485	0.671 ± 0.003
Baicalin	12.5 - 400	63846	21716	1.0000	0.816	2.474	$6.693\pm0.002$
Baicalein	1.5625 - 50	56559	-9649.7	1.0000	0.162	0.490	$0.897\pm0.002$
Glycyrrhizin	3.125 - 100	4984.7	-973.07	1.0000	0.184	0.557	$2.419 \pm 0.005$
Wogonin	0.78125 - 25	56066	1851	1.0000	0.051	0.156	$0.332\pm0.001$

a) y=ax+b, y means peak area and x means concentration ( $\mu$ g /mL).

<sup>b)</sup> LOD: 3.3  $\times$  (standard deviation (SD) of the response / slope of the calibration curve).

 $^{\rm c)}$  LOQ: 10  $\times$  (SD of the response / slope of the calibration curve).

3.3. Inhibitory effects of SST on neuronal injury and inflammation in an  $A\beta$ -induced AD mouse model

Histological analysis was performed to examine whether the inhibitory effects of SST on memory impairment are associated with neuronal cell changes. The results of Nissl staining displayed that A $\beta$  group significantly reduced the number of surviving neurons (Nissl-stained cell bodies) in the hippocampus and cortex compared to the NOR group. Additionally, neuronal shrinkage or disappearance in the brain tissues were observed in the A $\beta$  group. SST groups significantly attenuated neuronal loss induced by AD relative to that seen in the A $\beta$  group (Fig. 5A-C). Immunohistochemistry with anti-NeuN antibody showed the neuroprotective effects of SST in a mouse model of AD. SST treatment significantly blocked the decrease in the number of NeuN positive cells in the hippocampus and cortex (Fig. 6A-C). We also analyzed the influence of SST on neuroinflammation in the microglia by evaluating the levels of key cellular mediators of neuroinflammation.<sup>31</sup> As shown in Fig. 7A-C, the number of Iba-1 positive cells were markedly increased in the A $\beta$  group in the hippocampus and cortex compared with the NOR group. In contrast, the SST groups showed a significant inhibitory activity against microglial activation relative to the A $\beta$  group. Damage of neuronal cells and microglial activation were also restored with morin.

# 3.4. Preventive effects of SST on the $A\beta$ deposition and AChE activation in an $A\beta$ -induced AD mouse model

Our previous study demonstrated that SST suppressed the AChE activity and enhanced the  $A\beta$  disaggregation using *in vitro* analysis systems.<sup>19</sup> In the present study, the inhibitory effects of SST on AChE and  $A\beta$  were confirmed using brain tissues of an AD-like mouse model. As shown in Fig. 8A,  $A\beta$  injection significantly increased the activity of AChE whereas SST administration significantly reversed the  $A\beta$ -mediated AChE inhibition in an AD-like mouse model. We also performed the immunohistochemical analysis using anti- $A\beta$  antibody to examine the effects of SST on  $A\beta$  accumulation in neuronal cells. SST treatment into  $A\beta$ -injected mice significantly decreased the number of  $A\beta$ -positive cells in both hippocampus and cortex areas compared with  $A\beta$ -injected AD mice (Fig. 8B-D).



**Fig. 2.** Establishment of the  $A\beta$ -induced AD mouse model. (A) Experimental timeline of  $A\beta$  injection into the brain and SST administration.  $A\beta$  aggregates were prepared and injected in the intracerebroventricular (ICV) area of male C57BL6 mice with a stereotaxic apparatus. One day after  $A\beta$  injection, SST extracts were orally administered at 500, 1,000, or 2,000 mg/kg/day for 20 days. Passive avoidance task (PAT) and Morris water maze (MWM) tests were performed between the 8<sup>th</sup>-10<sup>th</sup> day and 15<sup>th</sup>-21<sup>st</sup> day, respectively. Morin was used as a positive control of  $A\beta$  inhibition. (B) Mean body weight changes of the experimental mice during the three weeks of schedule. NOR: normal group,  $A\beta$ :  $A\beta$ -injected group, SST-0.5, -1, or -2: 500, 1,000, or 2,000 mg/kg of SST-treated groups into  $A\beta$  mice, and M: morin (10 mg/kg)-treated group into  $A\beta$  mice.



**Fig. 3.** Effects of Soshiho-tang (SST) on memory impairment in an  $A\beta$ -induced AD mouse model using passive avoidance task. The passive avoidance task was performed on the 8<sup>th</sup> to 10<sup>th</sup> day after  $A\beta$  injection with or without SST administration. Transfer latency time was recorded as the time that mice remained in the lighted compartment within a 5 min period. The results are presented as the mean  $\pm$  SD (n=9/group). \*\*p<0.01 vs NOR group and #p<0.05 vs A $\beta$  group. NOR: normal group,  $A\beta$ :  $A\beta$ -injected group, SST-0.5, -1, or -2: 500, 1,000, or 2,000 mg/kg of SST-treated groups into  $A\beta$  mice, respectively, and M: morin (10 mg/kg)-treated group into  $A\beta$ 

#### 4. Discussion

We here demonstrate that the traditional herbal formula SST inhibits memory impairment and neuronal injury in an AD-like mouse model. We reported the preventive effects of SST on AChE activation and  $A\beta$  aggregation in a previous study.<sup>19</sup> In the present study, we developed our former study to further confirm the effects of SST on AD-related events using an *in vivo* model. An AD mouse model was established by the ICV injection of  $A\beta$  aggregates. An  $A\beta$ -injected AD mouse model has been utilized for AD-related investigations.<sup>32-34</sup> Of note, we recently reported the value of the  $A\beta$ -injected AD mice by comparing the differentially gene expression (DEG) pattern with human AD patients.<sup>35</sup> Memory problems and cognitive impairment are typical initial symptoms of AD in accordance with the National Institute of Aging (NIA), NIH (https://www.nia.nih. gov/health/what-are-signs-alzheimers-disease). Thus, memory improvement is an important target when developing AD medications, even those targeting the early stage of the disease.

We conducted behavioral tests (PAT and MWM) to examine the effects of SST on memory deficits in a mouse model of AD. The PAT is a fear-aggravated experiment to test memory and learning in rodent models.<sup>36</sup> The MWM test aims to evaluate spatial and long term memory in rodents.<sup>37</sup> Oral administration dosage of SST for mice were determined by converting from the dose in humans provided by the US FDA guidelines.<sup>38</sup> The single administration dose of SST in humans is 9,000 mg/day. In an average human body weight of 60 kg, a single dosage of SST is 150 mg/kg. The equivalent dose for mice was calculated by multiplying the "single dosage in humans" by the "dosage conversion factor to mouse (12.3)". That is, the calculation equation is as follows: human equivalent dose (HED) to mouse = 150 mg/kg x 12.3 = 1,845 mg/kg. We used three different dosages (500, 1,000, or 2,000 mg/kg) of SST, one above and two below the value of HED in mice. Shin's group previously reported the safety of SST in subacute and subchronic oral toxicity tests.<sup>39,40</sup> They demonstrate that the SST treatment did not result in any toxicologically significant changes in mortality, clinical signs, body weights, food and water consumption, ophthalmoscopy, urinalysis, hematological and serum biochemical parameters, gross findings, organ weights, and histopathology. A noobserved-adverse-effect level (NOAEL) of SST was suggested more than 2000 mg/kg. Our results revealed a significant reduction in the transfer latency in AD-like mice. In contrast, A $\beta$ -induced AD mice treated with SST significantly increased the latency compared with  $A\beta$ -induced AD mice in both behavioral tests, suggesting the attenuating effects of SST on memory impairment in AD.



**Fig. 4.** Effects of Soshiho-tang (SST) on memory impairment in an  $A\beta$ -induced AD mouse model using the Morris water maze (MWM) test. The MWM test was performed on the 15<sup>th</sup> to 21<sup>st</sup> day after the injection of  $A\beta$ . (A) The time to reach the platform during triaining trials (escape latency). (B) The swimming distance traveled to the platform in the training trials. (C) The number of crossings of the platform area in the spatial probe trial. The results are presented as the mean  $\pm$  SD (n=9/group). \*p<0.05 or \*\*p<0.01 vs NOR group, and #p<0.05 or ##p<0.01 vs A $\beta$  group. (D) Representative swimming traces of mice in the spatial probe trial test. NOR: normal group,  $A\beta$ : A $\beta$ -injected group, SST-0.5, -1, or -2: 500, 1,000, or 2,000 mg/kg of SST-treated groups into  $A\beta$  mice, and M: morin (10 mg/kg)-treated group into  $A\beta$  mice.



**Fig. 5.** Effects of Soshiho-tang (SST) on neuronal loss in the brain tissues of  $A\beta$ -induced AD mice. (A) Multiple 5- $\mu$ m paraffin sections of the hippocampus and cortical regions were prepared from the sacrificed mouse brains. Nissl staining was conducted using cresyl violet solution. Representative photomicrographs are shown at magnification of x400. (B and C) Graphs display the quantitative analysis of Nissl stained cell bodies in hippocampus (B) and cortex (C). The results are presented as the mean  $\pm$  SD (n=3/group). \*\*p<0.01 vs NOR group and #p<0.05 vs A $\beta$  group. NOR: normal group, A $\beta$ : A $\beta$ -injected group, SST-0.5, -1, or -2: 500, 1,000, or 2,000 mg/kg of SST-treated groups into A $\beta$  mice, respectively, and M: morin (10 mg/kg)-treated group into A $\beta$  mice.

The hippocampus and cortex are major brain areas responsible for memory formation. Hence, brain damage in the hippocampus or cortex is considered as a principal cause of memory loss in AD.<sup>41</sup> We performed histological Nissl staining using cresyl violet and immunohistochemistry for expression of NeuN, a major neuronal marker<sup>42</sup>, in hippocampal and cortical tissues of the AD-mice with or without SST treatment. As expected, A $\beta$  injection markedly diminished the number of Nissl stained and NeuN positive cells in the hippocampus and cortex compared with control, indicating neuronal loss and death by  $A\beta$  aggregation. In contrast, SST treatment significantly reversed the  $A\beta$ -mediated neuronal damage. These results suggest the neuroprotective effects of SST in an *in vivo* model of AD.

Neuroinflammation plays a central role in the progression of pathological changes in the brains of patients with AD.<sup>43</sup> Inflammatory reactions in the brains induce the release of inflammatory cytokines and mediators, which ultimately lead to neuronal cell death. Targeting neuroinflammation in the treatment of AD



**Fig. 6.** Effects of Soshiho-tang (SST) on NeuN in the brain tissues of  $A\beta$ -induced AD mice. (A) Multiple 5- $\mu$ m paraffin sections of hippocampus and cortical regions were prepared from the sacrificed mouse brains. The expression of NeuN, a neuronal marker, was determined by immunohistochemistry at a magnification of x400. (B and C) Graphs display the quantitative analysis of NeuN positive cells in the hippocampus (B) and cortex (C). The staining intensities are reported in arbitrary units (AU). The results are presented as the mean  $\pm$  SD (n=3/group). \*\*p<0.01 vs NOR group and #p<0.05 vs A $\beta$  group. NOR: normal group, A $\beta$ : A $\beta$ -injected group, SST-0.5, -1, or -2: 500, 1,000, or 2,000 mg/kg of SST-treated groups into A $\beta$  mice, respectively, and M: morin (10 mg/kg)-treated group into A $\beta$  mice.



**Fig. 7.** Effects of Soshiho-tang (SST) on microglial activation in brain tissues of A $\beta$ -induced AD mice. (A) Multiple 5- $\mu$ m paraffin sections of hippocampus and cortical regions were prepared from the sacrificed mouse brains. The expression of Iba-1, a microglial activation marker, was determined by immunohistochemistry at a magnification of x400. (B and C) Graphs display the quantitative analysis of Iba-1 positive cells in the hippocampus (B) and cortex (C). The staining intensities are reported in arbitrary units (AU). The results are presented as the mean  $\pm$  SD (n=3/group). \*\*p<0.01 vs NOR group and #p<0.05 vs A $\beta$  group. NOR: normal group, A $\beta$ : A $\beta$ -injected group, SST-0.5, -1, or -2: 500, 1,000, or 2,000 mg/kg of SST-treated groups into A $\beta$  mice, respectively, and M: morin (10 mg/kg)-treated group into A $\beta$  mice.

has been thought to control progression of AD over the past two decades.<sup>44</sup> Non-steroidal anti-inflammatory drugs (NSAIDs) and tumor necrosis factor alpha (TNF- $\alpha$ ) inhibitors have resulted in improvement in memory and cognition, and suppressed A $\beta$  accumulation in preclinical and clinical studies.<sup>45,46</sup> To test the effects of SST on neuroinflammation, immunohistochemical analysis was performed with anti-Iba-1 antibody. Iba-1 is a marker of microglial activation.<sup>47</sup> Microglia are the immune cells in the central nervous system which play a major role in the neuroinflammation and are associated with amyloid plaque formation in the brain.<sup>48</sup> Our data showed that SST administration significantly decreased the number of Iba-1 expressed cells in the hippocampus and cortex of AD mice compared with  $A\beta$ -injected AD mice, indicating the anti-neuroinflammatory activity of SST. Taken together with our previous results, we suggest that SST has multi-target actions in pathogenesis-related factors of AD, such as AChE,  $A\beta$ , neuronal damage and neuroinflammation.

Importantly, inflammation is a crucial protective response to neuronal cell and tissue injuries in the neurodegenerative diseases. Damaged neurons cause the sustained activation of glia including



**Fig. 8.** Inhibitory effects of Soshiho-tang (SST) on the  $A\beta$  deposition and of AChE activity in  $A\beta$ -induced AD mice. (A) AChE activity in mouse brain lysates were measured according to the commercial manufacture's protocol using an Acetylcholinesterase Activity Assay Kit (Biomax, Seoul, Korea). (B) Multiple 5- $\mu$ m paraffin sections of hippocampus and cortical regions were prepared from the sacrificed mouse brains. The expression of  $A\beta$  was determined by immunohistochemistry at a magnification of x400. (C and D) Graphs display the quantitative analysis of  $A\beta$ -positive cells in the hippocampus (C) and cortex (D). The staining intensities are reported in arbitrary units (AU). The results are presented as the mean  $\pm$  SD (n=3/group). \*\*p<0.01 vs NOR group and  $^{+}p<0.05$  vs  $A\beta$  group. NOR: normal group,  $A\beta$ -injected group, SST-0.5, -1, or -2: 500, 1,000, or 2,000 mg/kg of SST-treated groups into  $A\beta$  mice, respectively, and M: morin (10 mg/kg)-treated group into  $A\beta$  mice.

microglia and astrocytes that can produce reactive oxygen species (ROS). Excessive generation of toxic ROS induces oxidative stress to neurons, and further promotes neuronal damage and subsequent inflammation.49,50 During the neuroinflammatory process, the expression of nicotinamide adenine dinucleotide phosphate (NADPH) oxidase 2 (NOX2) and inducible nitric oxide synthase (iNOS) is enhanced in microglia, resulting in high levels of superoxide and nitric oxide (NO) can induce the subsequent neuronal damage.<sup>51</sup> The activation of signaling pathway by ROS involves the environmental changes in the redox state. Main mechanisms controlled by the redox signaling are activation of the nuclear factor kappa B (NF- $\kappa$ B), and induction of the stress-activated protein kinases c-jun N-terminal kinase (JNK) and p38 mitogen-activated protein kinase (MAPK). In the development of chronic inflammatory and neurodegenerative diseases, NF- $\kappa$ B activation mediates production of the proinflammatory cytokines such as TNFs and interleukines.<sup>52,53</sup> In addition, roles of NF- $\kappa$ B in the neuroinflammation promote the constant activation of p38 or JNK by ROS thereby inducing apoptosis related to mitochondrial dysfunction.<sup>54,55</sup> We preliminarily examined antioxidant activity of SST by measuring the level of ROS and activation of antioxidant enzymes such as superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GPX) (unpublished data). Our next step is planned to investigate the signaling pathways related to oxidative stress and neuroinflammation to determine the pharmacological mechanisms of SST responsible for the neuroprotective effects in an AD model. Previously, a potential of SST has been reported as anti-inflammatory medication in various diseases such as asthma, atopic dermatitis and liver injury.<sup>6,7,8</sup> These reports may support to address the main mechanisms thereby protecting neuronal damages by the SST treatment through activation of the proinflammation-related signaling pathways.

 $A\beta$  and acetylchoine (ACh) play pivotal roles in the pathological process of AD. A $\beta$  is a core component of the amyloid plaques observed in the brains of patients with AD.<sup>56</sup> Aggregation of A $\beta$ peptides is the consequence of the cleavage of amyloid precursor protein (APP) by  $\beta$ - and  $\gamma$ -secretases, and initiate the pathogenic cascade of AD that results in neuronal death.<sup>57</sup> Cholinergic neurodegeneration is one of major pathologic features in the brains of AD patients. AChE is a cholinergic hydrolase found in the central nervous system and terminates termins the synaptic transmission by hydrolyzing acetylcholine into acetate and choline. AChE accelerates  $A\beta$  formation and plays a role during amyloid deposition in the brains of AD patients.<sup>58</sup> In addition, several studies reported that AChE inhibitors such as donepezil and tacrine protect the neurotoxicity induced by  $A\beta$  in both animal and neuronal cell models.<sup>59,60</sup> As mentioned above, we previously reported inhibitory effects of SST on the A $\beta$  aggregation and AChE activity in *vitro.*<sup>19</sup> In the present study, we confirmed inhibitory effects of SST on the AChE activation and  $A\beta$  aggregation *in vivo*. Consistent with the results of in vitro assays, the administration of SST extract significantly reduced the AChE activity and the amount of  $A\beta$  in the brain of A $\beta$ -induced AD mice. We also observed the protection by SST against the neuronal loss induced by  $A\beta$  aggregation using histological analysis. Taken together, our data demonstrate that SST ameliorates the A $\beta$ -mediated neuronal death by inhibiting AChE activity in an AD mouse model, indicating a crucial role of AChE in the neuroprotective action of SST.

Multi-targeting is an attractive property of natural plants composed of multiple components. Herbal formulas are typical multitarget multi-component (MCMT) agents. Several studies provide scientific evidences on the multi-targeting effects of herbal formulas on the pathogenesis of AD using in vitro or in vivo data. For instance, we reported that Bojungikgi-tang possesses positive effects on memory improvement via the inhibition of  $A\beta$  aggregation, antioxidation, and neuronal cell death in A $\beta$ -induced AD mice.<sup>26</sup> Liu et al. reported that the modified Huang-Lian-Jie-Du decoction ameliorates  $A\beta$  synaptotoxicity via the regulation of glutamatergic transmission and the adenosine-related signaling pathway in  $A\beta$ induced AD mice.<sup>28</sup> Since donepezil was firstly approved by U.S. FDA as an AD medication in 1996, a number of candidate drugs for AD treatment have been investigated. However, candidates for the treatment of AD had a failure rate of 99% or more. One of the main causes in the drug development failure is that it has focused on amyloid protein removal. According to the Alzheimer's Association's report, there are twenty-nine drugs in phase 3 clinical trials including putative disease-modifying agents (59%) and symptomatic agents (41%).<sup>61</sup> Putative disease-modifying agents target the biomolecules  $A\beta$  or tau, inflammation/infection/immunity, synaptic plasticity/neuroprotection and so on. Symptomatic agents are cognitive enhancers or behavioral symptom therapies. In comparison to past research, recent studies have expanded to control symptoms of AD rather than focusing on single molecule. Our data reveal the potential of SST as multi-targeting agent for AD to control memory and cognitive impairment, neuronal damage, neuroinflammation, and  $A\beta$ . If the multi-targeting potential of SST is proven to be effective and safe in clinical trials, it could be a powerful treatment with the characteristics of both putative diseasemodifying agents and symptomatic agents for AD compared to chemical drugs.

Additionally, we carried out the simultaneous quantification of five standard compounds that make up SST to establish the quality control using the HPLC system. SST is composed of seven medicinal herbs Bupleuri Radix, Scutellariae Radix, Ginseng Radix, Pinelliae Tuber, Glycyrrhizae Radix et Rhizoma, Zingiberis Rhizoma Crudus, and Zizyphi Fructus. The standard compounds we used in the HPLC analysis were baicalin, baicalein, and wogonin from Scutellariae Radix, and liquiritin as well as glycyrrhizin from Glycyrrhizae Radix et Rhizoma. The quantitative analysis of the five standard compounds in SST was performed using the established HPLC-PDA method. Consequently, baicalin (6.693  $\pm$  0.002 mg/g) was the most abundant compound in SST. Of the five standard compounds, baicalin, baicalein, and wogonin from Scutellariae Radix have been reported to be effective in treating AD or AD-related memory impairment in vitro and in vivo studies.<sup>62-66</sup> Based on our results, Scutellariae Radix seems to be the main medicinal herb that is most likely to be involved in the protection process of SST.

In conclusion, we demonstrate the potential of SST as a therapeutic drug for patients with AD. Our findings imply that SST improves memory impairments in AD-like mice by protecting neurons and inhibiting inflammation in the hippocampus and cortex. In order to proceed on to the AD drug development stage, welldesigned clinical studies will be required as a next step to further verify the efficacy of SST.

#### **Author contributions**

Conceptualization: S-JJ Methodology: ES and YK. Validation and analysis: ES and YK. Original Draft: ES and S-JJ. Writing - Review & Editing: S-JJ. Supervision: S-JJ.

#### **Conflict of interest**

The authors declare no conflict of interest.

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#### **Ethical statement**

All animal experiments in this study were performed according to the ethical standards of the institution and approved by institutional animal care and use committee.

#### Data availability

The data supporting the findings in this research are provided within the manuscript

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