

## Letter to the Editor

# The Importance of Molecular Immune Investigation in Therapeutic Clinical Development for Biomarker Assessment

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We thank Roosenboom *et al.* for their interest in our paper exploring the relative expression of  $\alpha E$  integrin in the colon and ileum in inflammatory bowel disease [IBD] patients and in healthy subjects. The  $\alpha E$  integrin [CD103] is a cell surface molecule that forms a heterodimer with  $\beta 7$  integrin and, through interactions with E-cadherin, serves to retain  $\alpha E\beta 7$ -expressing cells at mucosal surfaces.<sup>1</sup> Therapeutic treatment with etrolizumab, which binds to  $\beta 7$  integrin and blocks both  $\alpha 4\beta 7$ :MAdCAM-1 as well as  $\alpha E\beta 7$ :E-cadherin interactions, led to a reduction in crypt-associated  $\alpha E+$  cell numbers in a phase 2 clinical trial.<sup>2</sup> Baseline levels of colonic  $\alpha E$  expression were also associated with remission in a post-hoc analysis of the same study.<sup>2</sup> Our present study was designed to evaluate the prevalence and localization of  $\alpha E+$  cells in the colon and ileum and the potential impact of inflammation and concomitant medication on  $\alpha E$  expression.<sup>3</sup> We found  $\alpha E$  expression to be stable and not dependent on either concomitant medications or degree of inflammation. These findings are of importance given the future potential of biopsy-based predictive biomarker assessment for etrolizumab treatment.

Roosenboom *et al.* suggest that the role of  $\alpha E+$  cells in IBD pathobiology is not currently understood.<sup>4</sup> While studies are on-going, previous work from our labs and others using enzymatic digestion of intestinal biopsies has shown that  $\alpha E$  integrin is expressed on approximately 90% of intraepithelial lymphocytes in the intestine, 40% of T cells in the lamina propria, and <3% of circulating T lymphocytes.<sup>5,6</sup> As many  $\alpha E+$  cells are intra-epithelial, appropriate digestion of tissue prior to analysis is critical and studies that have used only mechanical isolation of cells have shown lower levels of  $\alpha E+$  cells with high variability.<sup>7</sup> Mechanical isolation techniques have been demonstrated to result in low cell yield, functional alterations<sup>8</sup> and inversion of the CD4:CD8 ratio<sup>9</sup> that may affect the interpretation of studies that have not used enzymatic digestion.<sup>7,10</sup> Our previous studies using enzymatic digestion have shown a potential inflammatory role for CD4+ $\alpha E+$  T helper cells,<sup>6,11</sup> more interferon- $\gamma$  in  $\alpha E+$  CD8+ T cells,<sup>6</sup> and a striking increase in tissue  $\alpha E+$  CD4 T cells during inflammation in ulcerative colitis.<sup>12</sup> Other groups have shown that  $\alpha E$  is induced on Th9 cells, a key CD4 helper T cell population *in vitro*, and blockade of both  $\alpha E\beta 7$  and  $\alpha 4\beta 7$  is superior to blockade of  $\alpha 4\beta 7$  in inhibiting homing of these cells, as well as

CD8 T cells, to the inflamed intestine.<sup>13</sup> Taken together, these data implicate  $\alpha E+$  T cells in the pathophysiology of IBD.

Personalized medicine has been identified as a major unmet research need of importance to patients and clinicians in IBD,<sup>14</sup> and has the potential to direct the right treatment to the right patient at the right time, thereby maximizing the likelihood of a positive clinical outcome whilst aiming to minimize risk of side effects and cost. The potential utility of  $\alpha E$  or other genes<sup>11</sup> as predictive biomarkers for etrolizumab is being tested prospectively in on-going phase 3 clinical trials. To reach the goal of personalized medicine for IBD patients, predictive biomarkers such as  $\alpha E$  for etrolizumab must be prospectively tested as well as evaluated in patient datasets to move the field forward.

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