ORIGINAL RESEARCH

Acetylsalicylic Acid Is Associated With a Lower Prevalence of Ascending Aortic Aneurysm and a Decreased Aortic Expression of Cyclooxygenase 2

Carl Granath, MD*; David Freiholtz*; Fredrik Bredin, MD, PhD; Christian Olsson (D, MD, PhD; Anders Franco-Cereceda, MD, PhD; Hanna M. Björck (D, PhD)

BACKGROUND: Acetylsalicylic acid (ASA) therapy has been associated with a reduced prevalence and growth rate of abdominal as well as intracranial aneurysms, but the relationship between ASA and ascending aortic aneurysm formation remains largely unknown. The aim of the present study was to investigate whether ASA therapy is associated with a lower prevalence of ascending aortic aneurysm in a surgical cohort.

METHODS AND RESULTS: One thousand seven hundred patients undergoing open-heart surgery for ascending aortic aneurysm and/or aortic valve disease were studied in this retrospective cross-sectional study. Aortic dilatation was defined as an aortic root or ascending aortic diameter \geq 45 mm. Medications were self-reported by the patients in a systematic questionnaire. Cyclooxygenase gene expression was measured in the intima-media portion of the ascending aorta (n=117). In a multivariable analysis, ASA was associated with a reduced prevalence of ascending aortic aneurysm (relative risk, 0.68 [95% CI, 0.48–0.95], P=0.026) in patients with tricuspid aortic valves, but not in patients with bicuspid aortic valves (relative risk, 0.93 [95% CI, 0.64–1.34], P=0.687). Intima-media cyclooxygenase expression was positively correlated with ascending aortic dimensions (P<0.001 for cyclooxygenase-1 and P=0.05 for cyclooxygenase-2). In dilated, but not nondilated tricuspid aortic valve aortic specimens, ASA was associated with significantly lower cyclooxygenase-2 levels (P=0.034).

CONCLUSIONS: Our findings are consistent with the hypothesis that ASA treatment may attenuate ascending aortic aneurysmal growth, possibly via cyclooxygenase-2 inhibition in the ascending aortic wall and subsequent anti-inflammatory actions.

Key Words: ascending aortic aneurysm ■ aspirin ■ COX-2

A scending aortic aneurysm (AscAA) is a progressive potentially life-threatening disease of the ascending aorta with multiple causes. Medial degeneration in combination with a low-grade inflammation is a common feature of some, but not all types of AscAA. For example, aortopathy in patients with bicuspid aortic valves (BAVs) does not seem to be driven by inflammatory factors, but rather being a consequence of a dysfunctional endothelium¹ and/or a repair

deficiency.^{2,3} The diverse pathogenic mechanisms behind AscAA development and progression remains, however, poorly understood, and treatment strategies to prevent or slow AscAA growth are lacking.

Acetylsalicylic acid (ASA) therapy has emerged as a promising pharmaceutical agent in the management of aneurysmal disease. Specifically, an inverse relation between low-dose ASA therapy and expansion rate of medium-sized abdominal aortic aneurysms (AAA) has

Correspondence to: Hanna M. Björck, PhD, Cardiovascular Medicine Unit, Department of Medicine Solna, Karolinska Institutet, NKS Bioclinicum J8:20, Visionsgatan 4, SE-171 64 Stockholm, Sweden. Email: hanna.bjorck@ki.se

^{*}C. Granath and D. Freiholtz contributed equally.

Supplemental Material for this article is available at https://www.ahajournals.org/doi/suppl/10.1161/JAHA.121.024346

For Sources of Funding and Disclosures, see page 8.

^{© 2022} The Authors. Published on behalf of the American Heart Association, Inc., by Wiley. This is an open access article under the terms of the Creative Commons Attribution-NonCommercial-NoDerivs License, which permits use and distribution in any medium, provided the original work is properly cited, the use is non-commercial and no modifications or adaptations are made.

JAHA is available at: www.ahajournals.org/journal/jaha

CLINICAL PERSPECTIVE

What Is New?

- Acetylsalicyclic acid therapy may reduce the risk of ascending aortic aneurysm in patients with significant valve disease, possibly through suppression of cyclooxygenase-2-mediated inflammation.
- The risk reduction associated with acetylsalicyclic acid treatment was seen only in patients with tricuspid aortic valves, not bicuspid aortic valves.

What Are the Clinical Implications?

 Acetylsalicylic acid is widely used and rarely harmful and could thus be an appealing preventive measure in patients with tricuspid aortic valves at risk of ascending aortic aneurysm that do not meet criteria for valve or aortic surgery (ie, patients with mild aortic dilatation and mildto-moderate valve disease).

Nonstandard Abbreviations and Acronyms

ASA	acetylsalicylic acid						
AscAA	ascending aortic aneurysm						
BAV	bicuspid aortic valve						
TAV	tricuspid aortic valve						

been shown.⁴ Recently, in a large systematic review and meta-analysis,⁵ low-dose ASA treatment was also associated with reduced risk of growth of unruptured intracranial aneurysm. Moreover, animal models support a protective role of ASA on aneurysmal expansion and rupture,^{6–8} specifically via cyclooxygenase 2 and prostaglandin inhibition,^{9–11} and targeting this pathway has been shown to attenuate AAA development.^{7,12,13} In the present study, the relation between ASA therapy and AscAA was evaluated in a surgical cohort of patients undergoing elective open-heart surgery for aortic valve disease and/or AscAA repair.

METHODS

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Patients

A total of 1700 patients (n=808 patients with tricuspid aortic valve [TAV], n=892 patients with BAV) aged

≥18 years and undergoing elective open-heart surgery for aortic valve disease and/or AscAA at the Karolinska University hospital, Solna, Sweden between February 2007 and August 2021 were included in the study. Patients with monogenic forms of AscAA (10 TAV and 6 BAV), diabetes (98 TAV and 108 BAV), and missing data regarding ASA therapy (7 TAV and 3 BAV) were excluded from the analysis, resulting in a final study population of 1468 individuals (693 TAV and 775 BAV) (see flowchart in Figure 1). Patients with diabetes were excluded from the analyses because of the protective association between diabetes and aneurysm formation,¹⁴ and thus a potentially differential underlying pathogenic mechanism. The study was approved by the Regional Research Ethics Approval Committee in Stockholm (application no. 2006/784-31/1 and 2012/1633-31/4) and was conducted in accordance with the Declaration of Helsinki. Written consent was obtained from all 1700 patients initially screened.

All patients underwent intraoperative transesophageal echocardiography, and the maximum ascending aortic diameter was measured leading edge to leading edge in end-diastole at the level of the aortic root (annulus, sinus of Valsalva, sinotubular junction) and the tubular segment. Aortic dilatation was defined as an aortic root or ascending aortic diameter ≥45 mm, based on current guidelines for management of patients with thoracic aortic disease.¹⁵ Tissue biopsies were collected from the anterior part of the proximal aorta. In patients undergoing isolated aortic valve procedures, a $\leq 2\times 5$ cm² full-thickness aortic wall biopsy was recovered from the site of the aortotomy. No complications



Figure 1. Flow chart of the patient selection.

BAV indicates bicuspid aortic valve; and TAV, tricuspid aortic valve.

were reported related to this sampling procedure. The intima-medial layer was separated from the adventitia before storage in the RNA stabilizing solution RNA/ater (Invitrogen) at -80 °C. Body surface area was calculated using the Mosteller formula using height and weight measurements recorded preoperatively. Medications and comorbidities were self-reported via a study questionnaire, which was completed together with a research nurse. High-sensitivity C-reactive protein levels were assessed before surgery as a measure of systemic inflammation.

Valve disease was classified as either aortic stenosis or aortic insufficiency based on the primary surgical indication. Hypertension was defined as a diagnosis of hypertension and treatment with any class of antihypertensive medication. Known vascular disease included a diagnosis of any form of ischemic heart disease, peripheral arterial disease, or cerebrovascular disease, as well as angiographic evidence of significant coronary atherosclerosis. Anticoagulant medications included warfarin, apixaban, rivaroxaban, and dabigatran.

mRNA Extraction and Gene Expression Analysis

Total mRNA was extracted from the intima-medial portion using RNeasy kit (Qiagen), according to the manufacturer's instructions. Gene expression was measured in 117 consecutive patients from which good-quality RNA was obtained (RNA integrity number \leq 6). (20 TAV with dilatation (D), 23 TAV without dilatation (ND), 43 BAV-D and 31 BAV-ND), using the Affymetrix GeneChip Human Exon 1.0 ST array and protocols.¹⁶ All expression measurements were RMA normalized and log2 transformed before analysis. The arrays have previously been validated by quantitative real-time polymerase chain reaction for 11 genes.¹⁶

Statistical Analysis

Continuous variables are presented as mean±SD. Nominal variables were summarized using frequencies and proportions. Independent samples t test with Welch's correction was used to assess differences in continuous variables between individuals with and without ASA treatment. The χ^2 test, or Fisher exact test when appropriate, compared differences in nominal variables. A modified Poisson regression model with robust error variance was used to estimate relative risk of aortic dilatation associated with ASA treatment with adjustment for potential confounding variables. All statistical analyses were performed using SPSS, version 25.0 (IBM), with cases stratified according to valve type (BAV and TAV) because of the known differences in disease mechanism. A 2-tailed P value <0.05 was considered statistically significant.

RESULTS

Patient Characteristics

In total, 693 patients with TAV and 775 patients with BAV were analyzed. Clinical characteristics of all patients are shown in Table 1. In short, patients on ASA therapy were older (P<0.001 for both TAV and BAV patients), were more frequently treated with antihypertensive medication (P<0.001 for both TAV and BAV patients) and lipid-lowering agents (P<0.001 for both TAV and BAV patients) and BAV patients), and more often diagnosed with vascular disease (P<0.001 for both TAV and BAV patients). Moreover, there were more male patients with TAV on ASA therapy than without ASA (P=0.036). Among patients with BAV, there were more smokers among ASA-treated individuals (P=0.009). Concurrent treatment with both ASA and anticoagulants was uncommon (Table 1).

The prevalence of AscAA was 30.9% (n=214) in patients with TAV and 28.0% (n=217) in patients with BAV, respectively, predominantly involving the tubular segment. In patients with TAV, but not BAV, ASA therapy was associated with smaller aortic dimensions (at the sinus of Valsalva, sinotubular junction and ascending aorta, P<0.001 for all 3 locations), and a lower prevalence of aortic root and/or ascendence aneurysm (P<0.001) (Table 1).

ASA Treatment Is Associated With a Lower Prevalence of AscAA in Patients With TAV But Not BAV

To further evaluate the impact of ASA treatment on the prevalence of aortic dilatation in patients with TAV and BAV, respectively, a modified Poisson regression model was used, including known potentially confounding covariates (age, sex, body surface area, known vascular disease, treated hypertension, chronic inflammatory disease, valve disease, anticoagulants, other thrombocyte inhibitors, and lipid-lowering medication). The analysis showed that in patients with TAV, preoperative ASA therapy was associated with a significantly lower prevalence of AscAA at the time of surgery (relative risk, 0.68 [95% CI, 0.48–0.95], P=0.026), whereas in patients with BAV, no such association could be found (relative risk, 0.93 [95% CI, 0.64–1.34], P=0.687) (Table 2).

Increased Cyclooxygenase 2 Expression in Dilated Aortic Tissue of Patients With TAV

To further investigate the observed inverse association between ASA therapy and aortic dilatation in patients with TAV, and the possible influence on cyclooxygenase signaling in the ascending aortic wall, gene expression

Table 1. Patient Characteristics

	Patients with TAV			Patients with BAV		
	Without ASA (n=458)	With ASA (n=235)	P value	Without ASA (n=609)	With ASA (n=166)	P value
Male sex, n (%)	293 (63.6)	166 (71.6)	0.036	452 (74.2)	126 (75.9)	0.659
Age, y (SD)	67.7 (10.7)	71.6 (8.1)	<0.001	57.5 (13.4)	63.3 (9.7)	<0.001
BSA, m ² (SD)	1.98 (0.24)	1.98 (0.21)	0.906	2.0 (0.22)	1.99 (0.23)	0.655
hsCRP, mg/L (SD)	3.4 (7.8)	3.6 (7.5)	0.697	2.22 (5.2)	2.14 (3.7)	0.935
HDL-cholesterol, mmol/L (SD)	1.4 (0.4)	1.4 (0.5)	0.615	1.4 (0.4)	1.4 (0.4)	0.721
LDL-cholesterol, mmol/L (SD)	2.7 (1.0)	2.6 (2.5)	0.466	2.9 (0.9)	2.6 (1.0)	0.071
Treated hypertension, n (%)	338 (73.3)	198 (85.3)	<0.001	317 (52.1)	121 (72.9)	<0.001
Known vascular disease, n (%)	99 (21.5)	134 (57.8)	<0.001	58 (9.5)	71 (42.8)	<0.001
Chronic inflammatory disease, n (%)	33 (7.3)	22 (9.5)	0.372	36 (6.2)	11 (6.7)	0.810
Current smoking, n (%)	22 (7.0)	11 (6.8)	0.968	45 (7.5)	23 (14.0)	0.009
Lipid-lowering agents, n (%)	149 (32.5)	153 (65.1)	<0.001	134 (22.0)	94 (56.6)	<0.001
Corticosteroids, n (%)	16 (3.5)	10 (4.3)	0.617	11 (1.8)	1 (0.6)	0.478*
Anticoagulants, n (%)	93 (20.3)	7 (3.0)	<0.001	55 (9.0)	2 (1.2)	0.001
Other thrombocyte inhibitors	43 (9.4)	13 (5.5)	0.078	21 (3.4)	5 (3)	0.782
Aortopathy						
Sinus of Valsalva, mm (SD)	37.4 (8.0)	34.5 (6.4)	<0.001	35.7 (5.8)	35.9 (5.2)	0.273
Sinotubular junction, mm (SD)	32.1 (7.7)	28.9 (6.0)	<0.001	31.1 (5.8)	30.8 (5.4)	0.210
Ascending, mm (SD)	39.5 (10.5)	35.6 (8.0)	<0.001	39.3 (7.8)	39.2 (8.5)	0.292
Root and/or ascending aortic dilatation, n (%)	178 (38.9)	36 (15.8)	<0.001	173 (28.9)	44 (27)	0.627
Isolated root dilatation, n (%)	45 (9.8)	6 (2.6)	0.068	13 (2.2)	1 (0.6)	0.323*
Aortic dilatation without valve disease, n (%)	53 (11.6)	8 (3.4)	<0.001	21 (1.1)	8 (1.2)	0.409
Valve disease						
Aortic valve stenosis, n (%)	173 (37.5)	159 (68.5)	<0.001	411 (67.5)	133 (80.1)	0.002
Aortic valve insufficiency, n (%)	224 (48.6)	66 (28.4)	< 0.001	191 (31.4)	31 (18.7)	0.001

ASA indicates acetylsalicylic acid; BSA, body surface area; HDL, high-density lipoprotein; hsCRP, high-sensitivity C-reactive protein; LDL, low-density lipoprotein; and TAV, tricuspid aortic valve.

*Fisher exact test.

analysis was performed on ascending aortic biopsies. First, cyclooxygenase-1 and cyclooxygenase-2 gene expression levels were measured in nondilated and dilated aortic specimen. As shown in Figure 2, both cyclooxygenase-1 and cyclooxygenase-2 expression correlated positively with ascending aortic dimensions

Table 2.	ASA Therapy and Ascending	Aortic Dilatation in Patients With	TAV and BAV, Multivariable Analysis
			· · · · · · · · · · · · · · · · · · ·

Multivariable analysis	Patients with TAV		Patients with BAV		
Variable	Relative risk (95% CI)	P value	Relative risk (95% CI)	P value	
Age	1.01 (1.00–1.02)	0.152	1.02 (1.01–1.03)	0.001	
BSA (0.1 m ²)	1.63 (0.94–2.82)	0.084	2.54 (1.34–4.82)	0.004	
Male sex	1.06 (0.80–1.43)	0.677	1.07 (0.74–1.54)	0.720	
Known vascular disease	1.13 (0.83–1.54)	0.434	0.76 (0.49–1.18)	0.210	
Treated hypertension	1.11 (0.82–1.50)	0.485	1.07 (0.83–1.39)	0.589	
Chronic inflammatory disease	0.90 (0.52–1.56)	0.710	0.74 (0.40–1.40)	0.356	
Anticoagulants	0.88 (0.62–1.26)	0.493	0.72 (0.42–1.23)	0.228	
Other thrombocyte inhibitors	0.82 (0.52–1.29)	0.398	1.15 (0.57–2.32)	0.705	
Lipid-lowering agents	0.94 (0.71–1.24)	0.648	0.86 (0.63–1.17)	0.323	
ASA	0.68 (0.48–0.95)	0.026	0.93 (0.64–1.34)	0.688	
Valve disease, aortic insufficiency	23.60 (10.91–51.06)	<0.001	1.82 (1.37–2.43)	<0.001	

ASA indicates acetylsalicylic acid; BAV, bicuspid aortic valve; BSA, body surface area; and TAV, tricuspid aortic valve.





(P>0.001 for cyclooxygenase-1 and P=0.05 for cyclooxygenase-2). Then, ascending aortic cyclooxygenase expression was analyzed in relation to ongoing ASA therapy (yes/no). Interestingly, cyclooxygenase-2 expression was significantly lower in ascending aortas of patients on ASA therapy compared with individuals without ASA medication (P=0.03) (Figure 3). In nondilated aortas, however, there was no difference in aortic cyclooxygenase-2 expression between ASA-treated and individuals without ASA (P=0.42) (Figure 3), which is in line with the inflammatory induction of cyclooxygenase-2 expression. Of note, there was no correlation

between cyclooxygenase-2 gene expression and age (Pearson correlation 0.050, *P*=0.751, Figure S1). Similarly, patients with and without ASA treatment did not differ in variables included in the multivariable model (age, body surface area, known vascular disease valve disease and lipid-lowering agents, Table S1). Moreover, cyclooxygenase-2 expression correlated positively with several macrophage markers, such as CD163, CD14, and CD86, as well as macrophage-related inflammatory cytokines (ie, IL-1B, IL-6, and IL-8 in dilated TAV aortas (Figure 4). There was no difference in cyclooxygenase-1 expression in relation to ASA therapy



Figure 3. COX-2 expression and ASA treatment.

Cyclooxygenase-2 (COX-2) expression in dilated and nondilated ascending aortic tissue in patients with TAV with (+) and without (-) ASA treatment. N=20 patients with TAV with dilatation (-ASA n=15, +ASA n=5), and n=23 patients with TAV without dilatation (-ASA n=17, +ASA n=6). Differences were evaluated using independent samples *t* test with Welch's correction. **P*=0.034. ASA indicates acetylsalicylic acid; ns, not significant; and TAV, tricuspid aortic valve.

(Figure S2). Of note, ASA was not associated with any changes in aortic cyclooxygenase-2 expression in patients with BAV (Figure S3).

DISCUSSION

The present study shows an inverse association between preoperative ASA treatment and ascending aortic dilatation at the time of aortic valve surgery in patients with TAV, but not BAV. Gene expression analysis showed a positive correlation between cyclooxygenase-1 and cyclooxygenase-2 and maximum aortic diameter in TAV, and a lower expression of cyclooxygenase-2 in dilated aortic tissue from patients treated with ASA. Interestingly, ASA therapy was not associated with cyclooxygenase-2 expression in nondilated aortas, indicative of an inflammation-induced association. Indeed, as expected, cyclooxygenase-2 expression correlated positively with the expression of proinflammatory cytokines and markers of innate immune cells in the ascending aortic wall. Together these findings are consistent with the hypothesis that ASA treatment may attenuate ascending aortic aneurysmal growth and expansion in patients with TAV, and that this may be mediated via inhibition of cyclooxygenase-2 inflammatory actions. In addition, the study further supports the involvement of inflammation in the pathogenesis of TAV-associated AscAA but not BAV-associated AscAA, which is in line with previous findings.¹⁶

Reports on ASA treatment on the outcome of established AscAA and AAAs have shown conflicting results,^{6,17,18} and its use is not supported by current guidelines.^{15,19} However, low-dose ASA has previously been associated with a reduced expansion rate of medium-sized AAA,⁴ and in a recent large systematic review and meta-analysis,⁵ low-dose ASA treatment was associated with a reduced risk of growth of unruptured intracranial aneurysm, irrespective of treatment duration and frequency. This highlights a potential role of ASA therapy in delaying aneurysmal growth. Moreover, several studies using animal models of aortic aneurysms support a protective effect of ASA and other cyclooxygenase- and platelet inhibitors on aneurysmal growth and rupture.⁶⁻⁸ The potential mechanism for the protective effect of ASA on aneurysm development has thus been proposed to be via cyclooxygenase inhibitory actions. Specifically, ASA inhibits both cyclooxygenase-1 and cyclooxygenase-2 expression,²⁰ thus affecting both platelet aggregation and inflammation. Particularly, cyclooxygenase-2 and prostaglandins have been implicated in AAA progression,⁹⁻¹¹ and targeting this pathway attenuates aortic aneurysms in animal models,7,12,13 ostensibly by decreasing aortic inflammation and matrix metalloproteinase activity.²¹ Here, we show that ascending aortic cyclooxygenase-2 expression levels were inversely associated with ASA therapy in dilated aortic tissue, which is in line with the inhibitory effect of ASA on cyclooxygenase-2 mRNA synthesis.²²

While cyclooxygenase-1 is constitutively expressed in most tissues,²³ cyclooxygenase-2 expression is undetectable under physiological conditions but induced, predominantly in immune cells, during inflammatory conditions.²⁴ In accordance with this, the inverse correlation of ASA therapy and cyclooxygenase-2 expression could not be observed in nondilated aortas where low-grade inflammation is mainly absent. Moreover, some studies also suggest an alternative protective mechanism of ASA beyond its anti-inflammatory actions, where cyclooxygenase-2 inhibition prevents detrimental effects of prostaglandins on smooth muscle cell survival.⁹ Lastly, ASA has also been shown to downregulate vascular endothelial growth factor expression in myeloma cells,²⁵ independently of cyclooxvgenase inhibition.

Platelet inhibition alone may attenuate AAA and decrease inflammation in animal models,²⁶ but AscAAs are rarely associated with thrombus formation, and selective cyclooxygenase-1 inhibition is ineffective in animal models of aortic aneurysms.^{11,15} This suggests that any protective effect of ASA in AscAA is unlikely to be mediated by cyclooxygenase-1, but rather is being mediated by effects on cyclooxygenase-2. Indeed, while both ASA and the platelet inhibitor clopidogrel may be associated with improved outcomes in AAA, only ASA correlated with improved outcomes in thoracic aortic aneurysms.⁶

There are limitations to the present study. Surgical cohorts are associated with a selection bias, which may

IL8	0.588	0.643	0.675	0.766	0.857	0.677		
IL6	0.463	0.48	0.579	0.573	0.462		0.677	
IL1B	0.67	0.699	0.7	0.705		0.462	0.857	Correlation
CD86	0.478	0.901	0.946		0.705	0.573	0.766	0
CD163	0.532	0.928		0.946	0.7	0.579	0.675	-1
CD14	0.532		0.928	0.901	0.699	0.48	0.643	
PTGS2		0.532	0.532	0.478	0.67	0.463	0.588	
	PTGS2	CD14	CD163	CD86	IL1B	IL6	IL8	

Figure 4. Gene expression correlation matrix.

Cyclooxygenase-2 gene expression in relation to expression levels of inflammatory cytokines (IL1B, IL6, IL8), and macrophage markers (CD14, CD86, CD163) in dilated ascending aortic media of patients with TAV (n=20). Significant Pearson correlation values are presented. IL indicates interleukin; and TAV, tricuspid aortic valve.

affect the generalizability of the results. Moreover, the cross-sectional design of the study also leaves the specific relation between ASA therapy and AscAA growth rate to be further elucidated. In addition, the potential influence of other unknown residual confounders cannot be ruled out. However, the study covers one of the largest cohorts of patients undergoing aortic valve and/or ascending aortic surgery, and includes comprehensive data on comorbidities, medications, aortic dimensions, and cardiovascular risk factors. Findings are also supported by gene expression data from a large number of patients.

CONCLUSIONS

There is an inverse association between preoperative ASA treatment and TAV-associated AscAA in

patients undergoing cardiac surgery, accompanied by a decreased aortic expression of cyclooxygenase-2 and inflammatory markers in ASA-treated individuals. These findings are consistent with the hypothesis that ASA treatment may attenuate ascending aortic aneurysmal growth, possibly mediated via inhibition of cyclooxygenase-2-mediated vascular inflammation, which could delay or possibly even mitigate the need for aortic replacement in select patients. Further studies explicitly evaluating the potential mediation by cyclooxygenase-2 inhibition are needed, however. ASA is widely used and rarely harmful and could thus be an appealing preventive measure in patients at risk of AscAA who do not meet criteria for valve or aortic surgery (ie, patients with TAV and mild-to-moderate aortic stenosis or aortic insufficiency with mild aortic dilatation, <4.5 cm).

ARTICLE INFORMATION

Received October 18, 2021; accepted March 18, 2022.

Affiliations

Section of Cardiothoracic Surgery, Department of Molecular Medicine and Surgery, Karolinska Institutet, Stockholm, Sweden (C.G., D.F., F.B., C.O., A.F.); and Cardiovascular Medicine Unit, Center for Molecular Medicine, Department of Medicine, Karolinska Institutet, Stockholm, Karolinska University Hospital, Solna, Sweden (H.M.B.).

Sources of Funding

This work was supported by the Swedish Research Council [12660]; the Swedish Heart-Lung Foundation [20180451]; the Stockholm County Council [20180072]; the Magnus Bergvall Foundation; Sigurd and Elsa Goljes Minne Foundation, The Schörling Foundation, and a donation by Mr Fredrik Lundberg.

Disclosures

None.

Supplemental Material

Table S1 Figures S1–S3

REFERENCES

- Maleki S, Bjorck HM, Paloschi V, Kjellqvist S, Folkersen L, Jackson V, Franco-Cereceda A, Eriksson P. Aneurysm development in patients with bicuspid aortic valve (BAV): possible connection to repair deficiency? *Aorta Stamford*. 2013;1:13–22. doi: 10.12945/j.aorta.2013.12.011
- Paloschi V, Kurtovic S, Folkersen L, Gomez D, Wågsäter D, Roy J, Petrini J, Eriksson MJ, Caidahl K, Hamsten A, et al. Impaired splicing of fibronectin is associated with thoracic aortic aneurysm formation in patients with bicuspid aortic valve. *Arterioscler Thromb Vasc Biol.* 2011;31:691–697. doi: 10.1161/ATVBAHA.110.218461
- Forte A, Corte AD. The aortic wall with bicuspid aortic valve: immature or prematurely aging? *J Thorac Cardiovasc Surg.* 2014;148:2439–2440. doi: 10.1016/j.jtcvs.2014.07.015
- Lindholt JS, Sorensen HT, Michel JB, Thomsen HF, Henneberg EW. Low-dose aspirin may prevent growth and later surgical repair of medium-sized abdominal aortic aneurysms. *Vasc Endovascular Surg.* 2008;42:329–334. doi: 10.1177/1538574408315205
- Yang S, Liu T, Wu Y, Xu N, Xia L, Yu X. The role of aspirin in the management of intracranial aneurysms: a systematic review and metaanalyses. *Front Neurol.* 2021;12:421. doi: 10.3389/fneur.2021.646613
- Owens AP, Edwards TL, Antoniak S, Geddings JE, Jahangir E, Wei W-Q, Denny JC, Boulaftali Y, Bergmeier W, Daugherty A, et al. Platelet inhibitors reduce rupture in a mouse model of established abdominal aortic aneurysm. *Arterioscler Thromb Vasc Biol.* 2015;35:2032–2041. doi: 10.1161/ATVBAHA.115.305537
- Ghoshal S, Loftin CD. Cyclooxygenase-2 inhibition attenuates abdominal aortic aneurysm progression in hyperlipidemic mice. *PLoS One*. 2012;7:e44369. doi: 10.1371/journal.pone.0044369
- Liu O, Jia L, Liu X, Wang Y, Wang X, Qin Y, Du J, Zhang H. Clopidogrel, a platelet P2Y12 receptor inhibitor, reduces vascular inflammation and angiotensin II induced-abdominal aortic aneurysm progression. *PLoS One*. 2012;7:e51707. doi: 10.1371/journal.pone.0051707
- Walton LJ, Franklin IJ, Bayston T, Brown LC, Greenhalgh RM, Taylor GW, Powell JT. Inhibition of prostaglandin E2 synthesis in abdominal aortic aneurysms. *Circulation*. 1999;100:48–54.
- Hiromi T, Yokoyama U, Kurotaki D, Mamun AL, Ishiwata R, Ichikawa Y, Nishihara H, Umemura M, Fujita T, Yasuda S, et al. Excessive EP4 signaling in smooth muscle cells induces abdominal aortic aneurysm by amplifying inflammation. *Arterioscler Thromb Vasc Biol.* 2020;40:1559– 1573. doi: 10.1161/ATVBAHA.120.314297
- King VL, Trivedi DB, Gitlin JM, Loftin CD. Selective cyclooxygenase-2 inhibition with celecoxib decreases angiotensin II-induced abdominal aortic aneurysm formation in mice. *Arterioscler Thromb Vasc Biol.* 2006;26:1137–1143. doi: 10.1161/01.ATV.0000216119.79008.ac

- Gitlin JM, Trivedi DB, Langenbach R, Loftin CD. Genetic deficiency of cyclooxygenase-2 attenuates abdominal aortic aneurysm formation in mice. *Cardiovasc Res.* 2007;73:227–236. doi: 10.1016/j.cardi ores.2006.10.015
- Liu B, Kong J, An G, Zhang K, Qin W, Meng X. Regulatory T cells protected against abdominal aortic aneurysm by suppression of the COX-2 expression. *J Cell Mol Med.* 2019;23:6766–6774. doi: 10.1111/ jcmm.14554
- D'cruz RT, Wee IJY, Syn NL, Choong AMTL. The association between diabetes and thoracic aortic aneurysms. J Vasc Surg. 2019;69:263– 268.e1. doi: 10.1016/j.jvs.2018.07.031
- 15. Hiratzka LF, Bakris GL, Beckman JA, Bersin RM, Carr VF, Casey DE, Eagle KA, Hermann LK, Isselbacher EM, Kazerooni EA; et al. American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines: American Association for Thoracic Surgery; American College of Radiology; American Stroke Association; Society of Cardiovascular Anesthesiologists; Society for Cardiovascular Angiography and Interventions; Society of Interventional Radiology; Society of Thoracic Surgeons; Society for Vascular Medicine. 2010 ACCF/ AHA/AATS/ACR/ASA/SCA/SCAI/SIR/STS/SVM guidelines for the diagnosis and management of patients with Thoracic Aortic Disease: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines, American Association for Thoracic Surgery, American College of Radiology, American Stroke Association, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, Society of Interventional Radiology, Society of Thoracic Surgeons, and Society for Vascular Medicine. Circulation. 2010;121:e266-e369.
- Folkersen L, Wågsäter D, Paloschi V, Jackson V, Petrini J, Kurtovic S, Maleki S, Eriksson MJ, Caidahl K, Hamsten A, et al. Unraveling divergent gene expression profiles in bicuspid and tricuspid aortic valve patients with thoracic aortic dilatation: the ASAP study. *Mol Med.* 2011;17:1365– 1373. doi: 10.2119/molmed.2011.00286
- Wemmelund H, Jørgensen TMM, Høgh A, Behr-Rasmussen C, Johnsen SP, Lindholt JS. Low-dose aspirin and rupture of abdominal aortic aneurysm. *J Vasc Surg.* 2017;65:616–625.e4. doi: 10.1016/j. jvs.2016.04.061
- Chen C-Y, Huang J-W, Tzu-Chi Lee C, Lai W-T, Huang Y-B. Long-term outcome of patients with aortic aneurysms taking low-dose aspirin: a population-based cohort study. *J Investig Med Off Publ Am Fed Clin Res.* 2013;61:1004–1012. doi: 10.2310/JIM.0b013e318297d0f9
- Chaikof EL, Dalman RL, Eskandari MK, Jackson BM, Lee WA, Mansour MA, Mastracci TM, Mell M, Murad MH, Nguyen LL, et al. The society for vascular surgery practice guidelines on the care of patients with an abdominal aortic aneurysm. *J Vasc Surg.* 2018;67:2–77.e2. doi: 10.1016/j. jvs.2017.10.044
- Awtry EH, Loscalzo J. Aspirin. *Circulation*. 2000;101:1206–1218. doi: 10.1161/01.CIR.101.10.1206
- Yokoyama U, Ishiwata R, Jin M-H, Kato Y, Suzuki O, Jin H, Ichikawa Y, Kumagaya S, Katayama Y, Fujita T, et al. Inhibition of EP4 signaling attenuates aortic aneurysm formation. *PLoS One*. 2012;7:e36724. doi: 10.1371/journal.pone.0036724
- Xu X-M, Sansores-Garcia L, Chen X-M, Matijevic-Aleksic N, Du M, Wu KK. Suppression of inducible cyclooxygenase 2 gene transcription by aspirin and sodium salicylate. *Proc Natl Acad Sci.* 1999;96:5292–5297. doi: 10.1073/pnas.96.9.5292
- McAdam BF, Catella-Lawson F, Mardini IA, Kapoor S, Lawson JA, FitzGerald GA. Systemic biosynthesis of prostacyclin by cyclooxygenase (COX)-2: the human pharmacology of a selective inhibitor of COX-2. *Proc Natl Acad Sci.* 1999;96:272–277. doi: 10.1073/pnas.96.1.272
- Masferrer JL, Zweifel BS, Seibert K, Needleman P. Selective regulation of cellular cyclooxygenase by dexamethasone and endotoxin in mice. J *Clin Invest.* 1990;86:1375–1379. doi: 10.1172/JCI114850
- Ding J-H, Yuan L-Y, Huang R-B, Chen G-A. Aspirin inhibits proliferation and induces apoptosis of multiple myeloma cells through regulation of Bcl-2 and Bax and suppression of VEGF. *Eur J Haematol.* 2014;93:329– 339. doi: 10.1111/ejh.12352
- Dai J, Louedec L, Philippe M, Michel J-B, Houard X. Effect of blocking platelet activation with AZD6140 on development of abdominal aortic aneurysm in a rat aneurysmal model. *J Vasc Surg.* 2009;49:719–727. doi: 10.1016/j.jvs.2008.09.057

SUPPLEMENTAL MATERIAL

	without ASA	with ASA	P-value
Age, y (SD)	64.2 (13.4)	67.5 (14.1)	0.444
BSA, m² (SD)	2.0 (0.21)	1.9 (0.23)	0.261
Known vascular disease, n (%)	3 (9.7)	3 (25)	0.325*
Lipid-lowering agents, n (%)	6 (19.4)	1 (8.3)	0.652*
Valve disease (aortic regurgitation), n (%)	9 (34.6)	5 (41.7)	0.728*
*Field and an at the st			

Table S1. Characteristics of patients without and with ASA treatment.

*Fishers exact test.

Figure S1. Correlation COX-2 gene expression and age. Pearson correlation coefficient 0.050, P=0.751



Figure S2. COX-1 expression and ASA treatment in patients with TAV. COX-1 expression in dilated and non-dilated ascending aortic tissue in TAV patients with (+) and without (-) ASA treatment. N=20 TAV patients with dilatation (-ASA n=15, +ASA n=5), and n=23 TAV patients without dilatation (-ASA n=,17 +ASA n=6). Differences were evaluated using unpaired t-test with Welch's correction.



Figure S3. COX-2 expression and ASA treatment in patients with BAV. COX-2 expression in dilated and non-dilated ascending aortic tissue in BAV patients with (+) and without (-) ASA treatment. N=44 BAV patients with dilatation (-ASA n=35, +ASA n=9), and n=31 BAV patients without dilatation (-ASA n=27, +ASA n=4). Differences were evaluated using unpaired t-test with Welch's correction.

