



MEETING ABSTRACT

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# P02-031 - Phenotype of V198M and Q703K NLRP3 variants

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From 7th Congress of International Society of Systemic Auto-Inflammatory Diseases (ISSAID) Lausanne, Switzerland. 22-26 May 2013

## Introduction

The term CAPS (cryopyrin-associated periodic syndromes) identifies a spectrum of autoinflammatory diseases caused by heterozygous mutations of the *CIAS1/NLRP3*. Affected individuals may present three different phenotypes: familial cold autoinflammatory syndrome (FCAS), Muckle-Wells syndrome (MWS) and CINCA syndrome, the most severe form of the clinical spectrum. Clinical manifestations include urticaria-like rash, recurrent fever, arthralgia, conjunctivitis; chronic aseptic meningitis, cerebral atrophy and bone malformations in the severe cases.

## Objectives

To describe the long-term clinical course of a cohort of patients carrying two different low-penetrance *NLRP3* mutations (V198M and Q703K)

## Methods

Six patients were identified carrying the *NLRP3* V198M mutation (mean age  $10,35 \pm 4,73$  years, 4 males and 2 females), and 5 patients were identified carrying the *NLRP3* Q703K (mean age  $9,72 \pm 4,55$  years, 3 males and 2 female). All were Caucasians.

## Results

In the V198M cohort the mean age at disease onset was  $5,85 \pm 4,08$  years. All patients had symptoms consistent with recurrent inflammatory syndrome: 6/6 presented recurrent episodes of skin lesions and arthralgia, 4/6 of fever attacks, 3/6 of arthritis, 2/6 of headache and subcutaneous edema. One patient showed fatigue, conjunctivitis and recurrent abdominal pain. Half of the patients had a positive family history for recurrent inflammatory episodes. In 3 out of 6 patients the severity of phenotype

and the persistence of elevated acute phase reactants, led to initiation of anti IL-1 therapy with immediate benefit. In the cohort of patients with Q703K variant the mean age at disease onset was  $3,73 \pm 3,33$  years. All patients had skin rash, 4/5 patients presented recurrent fever, 3/5 arthralgia and myalgia, 2/5 subcutaneous edema, pharyngitis and lymphadenitis; 1 patient had mild arthritis, headache and abdominal pain. Only in 1 case, symptoms were triggered or worsened by cold exposure. None of our patients had a family history relevant for autoinflammatory symptoms. Laboratory test showed no increase in acute phase reactants, with one exception. This patient presented also with recurrent fevers, treatment resistant epilepsy and carries an heterozygous *MEFV* mutation. She failed colchicine and anti IL-1 therapy was started.

## Conclusion

The pathogenic significance of these *NLRP3* mutations is still discussed [2]. In our experience patients carrying Q703K mutation appear to have a milder and self-limited phenotype than those with V198M variant in which therapy with IL-1 inhibitor drugs is often necessary. The factors that affect the pathogenic consequences of these variants are still to be established.

## Disclosure of interest

None declared.

Published: 8 November 2013

doi:10.1186/1546-0096-11-S1-A138

Cite this article as: Messia et al.: P02-031 - Phenotype of V198M and Q703K *NLRP3* variants. *Pediatric Rheumatology* 2013 11(Suppl 1):A138.