

Methodological considerations concerning the development of oral dental erosion indexes: literature survey, validity and reliability

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Abstract Within the context of preventing non-communicable diseases, the World Health Report (2002) and the WHO Global Oral Health Program (2003) put forward a new strategy of disease prevention and health promotion. Greater emphasis is placed on developing global policies in oral health promotion and oral disease prevention. The Decayed, Missing, Filled Teeth (DMFT) index does not meet new challenges in the field of oral health. Dental erosion seems to be a growing problem, and in some countries, an increase in erosion of teeth is associated with an increase in the consumption of beverages containing acids. Therefore, within a revision of the WHO Oral Health Surveys Basic Methods, new oral disease patterns, e.g. dental erosion, have to be taken into account. Within the last 20 years, many studies on dental erosion have been carried out and published. There has been a rapid growth in the number of indexes quantifying dental erosion process in different age groups. However, these indexes are not comparable. This article discusses quality criteria which an index intended for assessing tooth erosion should possess.

Keywords Tooth erosion · Gold standard · Index · Validity · Reliability

Introduction

Within the context of preventing non-communicable diseases, the World Health Report (2002) and the WHO

Global Oral Health Program (2003) put forward a new strategy of disease prevention and health promotion [52]. The main orientation of the WHO Oral Health Program (2003) is that oral health is integral, essential and interrelated to general health and a determinant factor for quality of life. Proper oral health care reduce the burden of disease as well as premature mortality. Risk factors for oral diseases are common with cardiovascular diseases, diabetes, cancer and chronic obstructive pulmonary diseases.

The actual WHO Global Oral Health Program focuses on priority action areas as: “Diet, nutrition and oral health”, “Oral health and fluorides”, “Tobacco and oral health”, “School children”, “Elderly people” and “Oral health services”. Nutrition affects oral health in many ways, e.g. dental erosion. To minimize the occurrence of dental erosion which is particularly related to acidic beverages, the WHO/FAO (Food and Agricultural Organization of the UN) recommends (within their recently published Global Strategy on Diet, Physical Activity and Health) a reduction in the amount and frequency of intake of soft drinks and juices. WHO recommends that the Ministries of Health should ensure that the mechanisms for intersectorial collaboration are strengthened. Strategies include taxation and pricing, food labeling, school lunch policies and nutrition programs. This WHO Programme is elaborated for all countries of the World. The Regional Offices of WHO play an important role in the improvement of oral health within risk factor approach in disease prevention and health promotion. Therefore, the Global Oral Health Programme will help to achieve greater equity in oral health. But to evaluate the Global Oral Health Programme, we need suitable and validated indicators and indexes [52]. There is currently only one global oral health index to measure oral health. It is the Decayed, Missing, Filled Teeth (DMFT) index. According to the WHO Oral Health Data

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Bank in the year 2000 from 184 countries, 68% had a DMFT index less than 3 [52]. Up to now, there is only the DMFT index for 12-year-old children in the Health for all 21 Database (www.euro.who.int: HFA-21 DB, downloaded June 13, 2007).

The European Commission launched from 2003 to 2005 the EU-Project: European Global Oral Health Indicators coordinated by the Université Claude Bernard de Lyon, to support European Member States in their efforts to reduce the toll of morbidity, disability related to oral health diseases and especially [18]:

- a) To identify indicators of oral health, of critical oral health care, its quality of care and of essential health resources
- b) To strengthen the ability at the local, national and regional levels to measure, compare and determine the effects of oral health services and use of resources
- c) To identify indicators of oral health (problems, determinants and risk factors related to lifestyle) of critical oral health care
- d) To identify the types of data generation and management problems within the Health Information System
- e) To identify principles for guiding the selection and use of oral health indicators
- f) To identify a set of core indicators for oral health
- g) To review the recent oral health-indicator selection efforts

In total, 66 indicators are proposed, but no indicator for dental erosion is considered [18]. Therefore up to now, the only international reference in the area of oral health is the DMFT index. The European Commission assesses the quality of oral health data as inadequate for planning, implementation, management and evaluation. The number of internationally recommended indicators complicates the national selection of indicators and the comparability of indicators and indexes [18]. The statements of the European Global Oral Health Indicators Report coincide with the experience in the field of development and using of different erosion indexes. Therefore, it would be necessary to strengthen the international alliance of dentists, epidemiologists, statisticians and other scientists and politicians, to develop an adequate oral health indicators set, i.e. as a subset or user-window of the ECHI-Database (European Community Health Indicators-Database) and within the Oral Databank of the WHO and to develop an internationally agreed and accepted erosion index.

Societies around the world today are increasingly witnessing significant changes in diets and lifestyles which have an impact on oral health. Dental erosion seems to be a growing problem, and in some countries, an increase in

erosion of teeth is associated with a higher consumption of beverages containing acids [52]. Within a revision of the WHO Oral Health Surveys Basic Methods, new oral disease patterns, e.g. dental erosion, have to be taken into account [52]. The WHO urges the development of methodologies and approaches for evaluating the effectiveness of community oral health programs focusing on health promotion and disease prevention. Additionally, the formulation of new WHO oral health goals up to the year 2020 have been initiated [52].

Most indexes use different clinical examination standards for measuring tooth erosion especially in preschool- and schoolchildren [25]. Such examination standards could be:

- The full mouth or partial recording
- The examination of primary and/or of only permanent teeth
- The examination of all surfaces or partial recording of surfaces

On this basis, a lot of indexes for the clinical diagnosis of erosive tooth wear have been proposed, which are more or less modifications of combinations of the index published by Eccles [17] or Smith and Knight [48]. The most cited examples of Erosion Indexes developed during the last 20 years are [adopted from 20]:

- The Smith and Knight Tooth Wear Index (TWI) (1984) [48]
- The Eccle's Index (1979) [17]
- UK National Survey of Children's Dental Health Index (1999/2003) [35]
- Erosion Index according to Lussi (1996) [33]
- Modified scoring system of Linkosalo and Markkanen (1985) [19]
- Aine Index 1993 [1]
- The Larsen and Westergaard Index (2000) [30]
- The O'Sullivan Index (2000) [39]

Recently, the question has arisen how reliable and valid current diagnostic criteria and data on erosion are. The indexes developed and used during the last 20 years are not comparable; a gold standard does not exist, and validation studies have not had the effect of identifying an index that could be used as a standard for assessing tooth erosion. The following questions should be answered to advance the definition and assessment of tooth erosion:

- Which erosion indexes are mostly used in the scientific literature?
- Which quality criteria should indexes possess?
- What differences exist between individual- and population-based erosion indexes?

Finally in the discussion, we will debate whether it is possible to involve erosion indexes into Health Indicator Sets and into International Classification of Diseases (ICD; e.g. ECHI, HFA21, country databases on oral Health, ICD-11).

Erosion index in the scientific literature

A literature analysis with regard to erosion indexes for the period 2000–2006 was carried out. For this purpose, a Medline research was done considering mesh terms and keywords “tooth erosion” and “dental erosion” in connection with “index”. All human studies published in English found by this search strategy were analyzed for the erosion indexes used. In the literature analyses, a total of 1,380 articles were found with regard to the mesh terms and keywords “tooth erosion” or “dental erosion”. Approximately 326,112 articles were found with regard to the mesh term and keyword “index”. The conjunction of both revealed a total of 91 articles. From these articles, 40 were excluded as they were published before the year 2000, three were excluded because they were not English-language publications, eight studies were not included as no humans were involved, and one review was excluded. In total, 40

publications were considered in the literature review. Of 22 publications, 14 cross sectional studies were found in children, and 18 publications/cross sectional studies were found in adults. The erosion indexes used are presented in Tables 1 and 2 for children and adults, respectively. In children, the UK children dental health survey index [35] was used in four studies, the O’Sullivan Index [39] in three, an index developed in 1993 by Aine et al. [1] was used in two studies, and the Smith and Knight TWI [48] in one study. However, in most studies ($n=4$), differently designed erosion indexes were considered. In adults, the Smith and Knight TWI [48] was used in most studies ($n=10$) followed by the Eccle’s Index [17] ($n=2$), Lussi Index [33] ($n=1$), UK adult dental health survey index ($n=1$) and an index developed by Schweizer-Hirt et al. 1978 [47]. In one study, the method for estimating the tooth erosion was not mentioned.

Quality criteria of indexes for measuring tooth erosion

Instruments or indexes for measuring a construct of interest—quality of life or intelligence, mental health status or tooth erosion—should possess certain quality characteristics.

Table 1 Used dental erosion indexes in human cross-sectional studies for children found in Medline from the years 2000–2006

Aim of the study	<i>n</i>	Study population	Referred index	Source
Erosive tooth wear	463	Kindergarten, 3- to 5-year-old children	O’Sullivan Index	Wiegand et al. [54]
Dental erosion	153	11-year-olds	O’Sullivan Index	Caglar et al. [10]
Prevalence of dental erosion	499	School setting; 12-year-old children	O’Sullivan Index	Peres et al. [43]
Prevalence of dental erosion	1,949	Preschool children; 3- to 5-year-old children	UK Children dental health survey index	Luo et al. [32]
Prevalence of dental erosion	832	6- and 12-year-old school children	Own erosion index	Truin et al. [50]
SES and ethnicity and oral health	1,753	Random sample of 12- and 14-year-old children	UK Children dental health survey index	Dugmore and Rock [16]
Accuracy and reproducibility of school dental screening	570	Primary-school children	New index was developed	Hetherington and White [24]
Prevalence of and risk factors for dental erosion	95	Children and adults	Own erosion index	Johansson et al. [28]
Oral health and gastro-oesophageal reflux	52	Children with gastro-oesophageal reflux disease	Aine Index	Linnett et al. [31]
Asthma and dental erosion	418	Random Sample of 14-year-old children	Smith and Knight TWI	Al-Dlaigan et al. [2]
Prevalence of dental erosion				
Oral health and gastro-oesophageal reflux	37	Children with gastro-oesophageal reflux disease	Aine Index	Dahshan et al. [15]
Prevalence of dental erosions	987	Preschool children, 2- to 5-year-old children	UK Children dental health survey index	Al-Malik et al. [4]
Oral health of children with clefts	91	4-, 8-, and 12-year-old children	UK Children dental health survey index	Chapple and Nunn [11]
Dental erosion and consumption of oranges	1,010	12-year-old children	Own erosion index	Künzel et al. [29]

Table 2 Used dental erosion indexes in human cross-sectional studies for adults found in Medline from the years 2000–2006

Aim of the study	<i>n</i>	Study population	Referred index	Source
Tooth survey (surface?) check! loss	155	Patients attending a dental hospital	UK Adult dental health survey index	Rafeek et al. [44]
Tooth wear among psychiatric patients	143	Psychiatric patients	Smith and Knight TWI	Al-Hiyasat et al. [3]
Tooth wear in elderly	690	Local survey, elderly	Eccles Index	Taiwo et al. [49]
Tooth surface in winemakers	36	Winemakers	Schweizer-Hirt et al. 1978	Chikte et al. [12]
Workplace and dental erosion	20	Silicon workers	Own erosion index	Johansson et al. [27]
Oral and dental health	34	Inpatients in treatment of alcohol disorders	No information given	Araujo et al. [6]
Dental erosion and gastro-oesophageal reflux	?	Patients with gastro-oesophageal reflux disease	Smith and Knight TWI	Moazzez et al. [36]
Prevalence of dental erosion	18,555	Permanent dentition	Smith and Knight TWI	Borcic et al. [9]
Dental erosion and gastro-oesophageal reflux	253	Patients with gastro-oesophageal reflux disease	Eccles Index	Munoz et al. [37]
Monitoring of tooth wear	500	Patients referred for a variety of restorative procedures	Smith and Knight TWI	Bartlett [7]
Risk factors of tooth wear	506	Patients attending a dental hospital	Smith and Knight TWI	Chuajedong et al. [13]
Sport drinks and dental erosion	304	Athletes	Lussi Index	Mathew et al. [34]
Prevalence of tooth wear	126	Patients attending a dental hospital	Smith and Knight TWI	Oginni and Olusile [41]
Recreational drug and tooth surface loss	13	Undergraduate students	Smith and Knight TWI	Nixon et al. [38]
Risk factors for dental erosion	10	Male military Saudi inductees	Own erosion index	Johansson et al. [28]
Oral health status of workers	68	Workers exposed to acid fumes	Smith and Knight TWI	Amin et al. [5]
Methamphetamine and tooth wear	43	Methamphetamine users	Smith and Knight TWI	Richards and Brofeldt [45]
Dental erosion and gastro-oesophageal reflux	20	Patients with gastro-oesophageal reflux disease	Smith and Knight TWI	Gregory-Head et al. [21]

Otherwise, the scientific value of the obtained results is questionable [8]. Important quality characteristics are validity and reliability as well as sensitivity and specificity, which will be explained in the following paragraphs.

The *validity* of an instrument indicates to what extent it measures what it is supposed to measure. There are different—partly overlapping—types of validity which emphasize different aspects [42]. The most important types are *content*, *construct*, and *criterion* validity which will be explained in the following paragraphs.

Content validity describes whether all aspects, which are relevant to grasp the construct of interest, have been considered adequately. For example, a test that is supposed to measure the ability to calculate should not be restricted only to addition and subtraction but include *all* basic arithmetic operations. In our context, e. g. the erosion of surfaces of *all* teeth has to be considered, not only the erosion of incisors. The extent to which an instrument possesses content validity cannot be determined numerically. It is solely based upon the subjective meaning of established experts [8, 23]. Therefore, a major step in developing a new instrument is a thorough discussion of which aspects should be included.

The optimal method to validate a newly developed instrument is the comparison with a so-called *gold standard*, which measures the same construct. A gold standard is “the method, procedure or measurement that is widely accepted as being the best available” [46]. The so-called *criterion validity* is high if the results of the new instrument and the gold standard are highly correlated. For example, a thermometer might serve as a gold standard for self-reported temperature [23].

However, because a gold standard is seldom available, *construct validity* is of major importance [8]. Construct validity is subdivided into *convergent* and *discriminant validity*. There is *convergent validity* if the results obtained by the new instrument are correlated with the results of an established instruments that measures similar aspects. If, for example, results of a new instrument for measuring physical health are correlated with the results of an established instrument which measures activity of daily living, convergent validity is indicated [8]. Or in our context: if the results of a tooth-wear index is correlated with tooth-erosion index, convergent validity is indicated. On the other hand, an instrument possesses *discriminant validity* if the results of this instrument are not too highly

correlated with the results of an established instrument that measures a different construct. For example, results of an instrument for measuring mental health should not be too highly correlated with an instrument for measuring physical function [23]. With regard to teeth, a high correlation between tooth erosion and wedge-shaped defects might indicate insufficient discriminant validity. Both convergent and discriminant validity have to be given for a complete confirmation of construct validity.

The *reliability* of an instrument indicates how precise it is able to measure, independent of whether it really measures what it is supposed to (this is a question of validity) [42]. There are different aspects of reliability. For our purposes, inter-examiner reliability and intra-examiner reliability are important.

Inter-examiner reliability can be determined if two or more dentists (the “examiner”) assess dental erosion of a number of patients independently of each other [14]. Roughly spoken, the more often the examiners agree in their assessment, the higher the inter-examiner reliability. Intra-examiner reliability or test–retest reliability can be determined if each dentist rates dental erosion of a group of patients twice [23]. The period of time between the two assessments should be fairly long, otherwise the examiners may be overly consistent because they remember their former ratings. On the other hand, if the time interval between the two assessments is too long, changes in the erosion status might bias the reliability estimates. The more often the assessments at the two points in time concerning each examiner are identical, the higher the intra-examiner reliability. A widespread index to calculate the degree of agreement is Cohen’s Kappa [14], which “is now fairly well disseminated as one of the standard summary statistics used in the medical literature” [22]. The calculation of Kappa is based on the percentage of agreement which is adjusted for agreement expected by chance.

The *sensitivity* of an instrument indicates its ability to detect—in our case—dental erosion. In contrast, an instrument with high *specificity* is able to indicate *no* dental erosion if dental erosion is not present. Both assessment of sensitivity and specificity require the comparison with a gold standard. Comparing a new instrument that is *supposed* to detect dental erosion with an instrument that is known to be *able* to detect dental erosion, i.e. a gold-standard instrument, can yield one of the four following outcomes: (1) dental erosion is indicated by the new instrument if there is in fact dental erosion (correct positive), (2) dental erosion is indicated if there is no dental erosion (false positive), (3) dental erosion is not indicated if there is dental erosion (false negative) and (4) dental erosion is not indicated if there is no dental erosion (correct negative). The degree of sensitivity is calculated by dividing the frequency of correct positive results by the sum

of correct positive and false negative results, while the degree of specificity is determined by dividing the frequency of correct negative results by the sum of correct negative and false positive results [46].

Individual versus population-based erosion indexes

An individual-based index should fulfill other criteria than a population-based index. The first should allow assessment of the full truth of the construct “tooth erosion”. Therefore, a very good individual-based erosion index should nearly be a gold-standard instrument. Using a population-based erosion index, the individual assessment should take less time to allow an assessment in big population samples. Therefore, for practical reasons, a population-based erosion index is often a short form of an individual-based index. However, a good population-based erosion index should possess very high validity as well as high reliability.

Discussion

There is no common sense in the usage of the above-mentioned erosion indexes. A wide range of different forms and indexes was used in the last 6 years. Therefore, comparability between different studies was not given, and meta-analyses were not possible. If anything, it can be stated that for adults, the Smith and Knight TWI [48] has been widely used in most Medline-cited cross-sectional studies. For children, there is no index that is most used. However, the literature analysis is limited. Only one search strategy was used. Some articles which do not use the mentioned key words or mesh headings might not be included in the analysis. However, the results presented help to get a first view on the different indexes on tooth erosion cited in the last 6 years.

In all these indexes, the criteria to record the grading for erosion differed [26]. Most of the indexes used are based on the clinical severity of erosion, focusing on accessible teeth but not all [29]. For example, the structure of the Smith and Knight TWI is shown in Table 3. However, this index is made for scoring tooth wear in general irrespective of its predominant aetiology. It is only a system for quantifying and grading the amount of tissue loss but does not include diagnostic criteria for erosion. The UK National Survey of Children’s Dental Health Index was a modified version of the Smith and Knight TWI assessing only buccal or palatal surfaces of maxillary incisors and added erosion criteria. However, while using the first index, the conclusion was drawn that the figures might not be completely accurate [40]. The next version focused on erosion of the palatal surface of at least one maxillary anterior tooth with the

Table 3 Smith and Knight Tooth Wear Index [48]

Score	Surface	Criterion
0	B/L/O/I/C	No loss of surface characteristic, no loss of contour
1	B/L/O/I/C	Loss of enamel surface characteristics, minimal loss of contour
2	B/L/O	Loss of enamel exposing dentine for less than one third of the surface
	I	Loss of enamel just exposing dentine
	C	Defect less than 1 mm deep
3	B/L/O	Loss of enamel exposing dentine for more than one third of surface
	I	Loss of enamel and substantial loss of dentine not exposing secondary dentine or pulp
	C	Defect 1–2 mm deep
4	B/L/O	Complete loss of enamel, or pulp exposure, or exposure of secondary dentine
	I	Pulp exposure or exposure of secondary dentine
	C	Defect more than 2 mm deep, or pulp exposure, or exposure of secondary dentine

B Buccal or labial, L lingual or palatal, O occlusal, I incisal, C cervical

majority of surfaces having dentin involvement [29]. To date, literature assessing the prevalence of erosion has been published from different countries. Erosion was recorded using various indexes. In addition, selection criteria of study populations, sampling techniques and considered age groups differed. The prevalence of dental erosion of different studies is therefore difficult and nearly impossible to compare [29].

A good index is characterized by a conducted validation study. For those indexes for which a validation study has not been conducted so far, that should be made up to check whether they possess the quality criteria as described above. In a validation study, it is not only the validity of an index that is examined but also aspects of reliability as well. Intra-examiner and inter-examiner reliability should be checked. That is done quite easily as described in “Quality criteria of indexes for measuring tooth erosion”. At the beginning of the study, it has to be considered how many patients and how many examiners respectively have to be involved. This is because the number of patients and examiners should be as small as possible for practical and economic reasons. On the other hand, the number of patients and examiners has to be sufficiently high because otherwise a certain degree of reliability, which actually exists, might be overlooked. Therefore, solid sample-size calculations should be conducted with the help of an experienced statistician.

So far, there is no consensus concerning a gold-standard instrument. However, a gold standard is important for comparison. Otherwise, criterion validity cannot be checked. If one attempts to develop a gold-standard instrument, the first step would be a thorough discussion of which aspects of the construct “tooth erosion” have to be included. This should be conducted by established experts to ensure content validity. When the instrument is constructed, inter-examiner reliability and intra-examiner reliability can be examined as described above. However, this should be done not only in a national but in an international context.

A gold-standard instrument would explain the full truth of the construct “tooth erosion”. Nevertheless, the measurement procedure in general takes a long time. It is not possible to deal with such a comprehensive assessment instrument in a population-based study design. Therefore, more simple assessment instruments should be available. These assessment instruments should fulfill the following qualifications: (a) a validation study should be available where all quality criteria of the assessment instrument were tested and (b) the instrument should be used in other scientific studies, too. If the population-based short version of an assessment instrument and the gold-standard instrument are measuring the same construct, and when both conditions are fulfilled, calibration studies might be possible. Calibration refers to a process in which values from one method are quantitatively related to values from a superior, gold-standard method. The aim of such an analysis is to ensure that the measurement uncertainty is known and is consistent with the required measurement capability. In a so-called *calibration study*, known data on the observed relationship between an independent variable of the population-based short version of the assessment

Table 4 Code description for K03.2—Erosion of teeth (ICD 10 code) [51]

ICD 10 code	Description
K03.2	Erosion of teeth
K03.20	Occupational erosion of teeth
K03.21	Erosion of teeth due to persistent regurgitating or vomiting
K03.22	Erosion of teeth due to diet
K03.23	Erosion of teeth due to drugs and medicaments
K03.24	Idiopathic erosion of teeth
K03.28	Other specified erosion of teeth
K03.29	Erosion of teeth, unspecified

instrument and the dependent variable of the gold-standard instrument are used to make estimates of other “true” values of the independent variable from new observations of the gold standard.

One of the prospective targets ought to be the inclusion of indexes on dental health prevention especially of an internationally agreed “erosion index” into the existing Health Indicator Sets. These would be the Health for All Database of the WHO (HFA21), The European Community Health Indicator Set (ECHI), Country Databases on Oral Health and the inclusion of Dental Erosion into the International Classification of Diseases and Health-Related Problems.

In April 2007, the World Health Organization announced plans to revise the ICD-10, in other words, to prepare for ICD-11. Within the actual ICD-10, there exists two codes for Dental Diseases: “K02” for Caries and “K03” for “Other diseases of hard tissues of teeth” including with “K03.2—Erosion of teeth.” On the four-digit level, we find the following different diagnoses presented in Table 4.

The Updating and Revision Committee proposes major changes like addition of new codes or deletion of codes and developed submission guidelines. Therefore, it would be possible to check critically if the codes for dentistry within the Application of the International Classification of Diseases to Dentistry and Stomatology are adequate to future developments or have to be replaced or completed [53].

Conclusion

Further efforts have to be made in the development of an internationally agreed index which is able to assess dental erosion with as much reliability and validity as possible. Current recommendations of the WHO and the European Union and health task forces within countries and Dental Associations should be used to develop and to discuss the concept of tooth erosion and the development of a unified erosion index.

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