



Machine learning prediction model for the rupture status of middle cerebral artery aneurysm in patients with hypertension: a Chinese multicenter study

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Background: Hypertension is a common comorbidity in patients with unruptured intracranial aneurysms and is closely associated with the rupture of aneurysms. However, only a few studies have focused on the rupture risk of aneurysms comorbid with hypertension. This retrospective study aimed to construct prediction models for the rupture of middle cerebral artery (MCA) aneurysm associated with hypertension using machine learning (ML) algorithms, and the constructed models were externally validated with multicenter datasets.

Methods: We included 322 MCA aneurysm patients comorbid with hypertension who were being treated in four hospitals. All participants underwent computed tomography angiography (CTA), and aneurysm morphological features were measured. Clinical characteristics included sex, age, smoking, and hypertension history. Based on the clinical and morphological characteristics, the training datasets (n=277) were used to fit the ML algorithms to construct prediction models, which were externally validated with the testing datasets (n=45). The prediction performances of the models were assessed by receiver operating characteristic (ROC) curves.

Results: The areas under the ROC curve (AUCs) of the k-nearest-neighbor (KNN), neural network (NNet), support vector machine (SVM) and logistic regression (LR) models in the training datasets were 0.83 [95% confidence interval (CI): 0.78–0.88], 0.87 (95% CI: 0.82–0.92), 0.91 (95% CI: 0.88–0.95), and 0.83 (95% CI: 0.77–0.88), respectively, and in the testing datasets were 0.74 (95% CI: 0.59–0.89), 0.82 (95% CI: 0.69–0.94), 0.73 (95% CI: 0.58–0.88), and 0.76 (95% CI: 0.61–0.90), respectively. The aspect ratio (AR) was ranked as the most important variable in the ML models except for NNet. Further analysis showed that the AR had good diagnostic performance, with AUC values of 0.75 in the training datasets and 0.77 in the testing datasets.

Conclusions: The ML models performed reasonably accurately in predicting MCA aneurysm rupture comorbid with hypertension. AR was demonstrated as the leading predictor for the rupture of MCA aneurysm with hypertension.

Keywords: Machine learning (ML); intracranial aneurysm; middle cerebral artery; hypertension; morphology; computed tomography angiography (CTA)

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Introduction

Subarachnoid hemorrhage caused by ruptured aneurysm is a subtype of stroke. It has of high morbidity, high mortality, and a younger trend (1,2). Recently, with the development and popularization of noninvasive techniques such as computed tomography angiography (CTA) and magnetic resonance angiography (MRA), unruptured intracranial aneurysms are more likely to be detected. Unruptured intracranial cerebral aneurysms are most frequently found on the middle cerebral artery (MCA) (3,4). Approximately 80% of unruptured MCA aneurysms are located at the bifurcation of the MCA, surrounded by many perforating vessels and complicated hemodynamics (3). Previous studies have shown that most unruptured aneurysms may be stable throughout patient's entire life (5,6). It is important to predict aneurysm rupture because the risks might be caused by prophylactic invasive treatment of unruptured aneurysms (7,8).

Hypertension is a common comorbidity in patients with unruptured intracranial aneurysms, and approximately half of unruptured intracranial aneurysms are comorbid with hypertension (9). A pooled analysis based on 6 prospective cohort studies showed a 1-point increase in the PHASES (Population, Hypertension, Age, Size, Earlier subarachnoid hemorrhage, and Site) risk score for unruptured aneurysms with hypertension (10). A recent Chinese Intracranial Aneurysm Research and Development Project study retrospectively analyzed the prospective data of 3,965 patients with saccular aneurysms from 20 medical centers and showed that 71.02% of hypertensive patients without regular blood pressure monitoring had ruptured intracranial aneurysms (11). Hypertension is thought to be closely related to the formation, development and rupture of aneurysms. The formation of a high hemodynamic pressure region resulting from hypertension is prone to increase the wall shear stress (WSS) of the bifurcation of the intracranial artery and induce destructive reconstruction of the arterial wall (12-14). Meanwhile, high wall tension of injured vasculature promotes the formation and development of aneurysms (15,16). In addition to the pure mechanical effects, the structural changes and dysfunctions of the arterial wall caused by hypertension, such as the imbalance of vasoactive substances and the expression of

proinflammatory factors, play an important role in the occurrence and development of aneurysms and will destroy the normal structure of the arterial wall and hinder the repair of damaged blood vessels (17-19). However, to our knowledge, few studies have focused on the rupture of intracranial aneurysms in patients with hypertension, which leads to the lack of a prediction model for rupture risk. A stratified analysis of the rupture risk of intracranial aneurysms is necessary because of China's huge population base. We previously reported a single-center study in which it was feasible to predict the rupture risk of MCA aneurysm in patients with hypertension based on a nomogram (20).

Recently, machine learning (ML) has been widely used and recognized as a promising tool in prediction. In theory, ML models have better flexibility and scalability than their traditional counterparts when dealing with high-dimensional data (21,22). In addition, ML can determine the hidden patterns of data and identify relevant variables (23). At present, ML has been widely used in the medical field, including in aneurysm rupture prediction. We performed a study to construct prediction models of aneurysm rupture using ML algorithms based on clinical and morphological features in MCA aneurysm patients with hypertension and externally validated the constructed models with multicenter datasets. We present this article in accordance with the TRIPOD reporting checklist (available at <https://qims.amegroups.com/article/view/10.21037/qims-22-918/rc>).

Methods

Patients and characteristics

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013) and was approved by the Medical Ethics Committees of the First Affiliated Hospital of Wenzhou Medical University, the Wenzhou Central Hospital, the Second Affiliated Hospital of Wenzhou Medical University, and the Zhejiang Hospital. As this was a retrospective study, the need for written informed consent was waived. From January 2009 to January 2021, 629 hospitalized patients from Hospital A with MCA aneurysm underwent CTA.

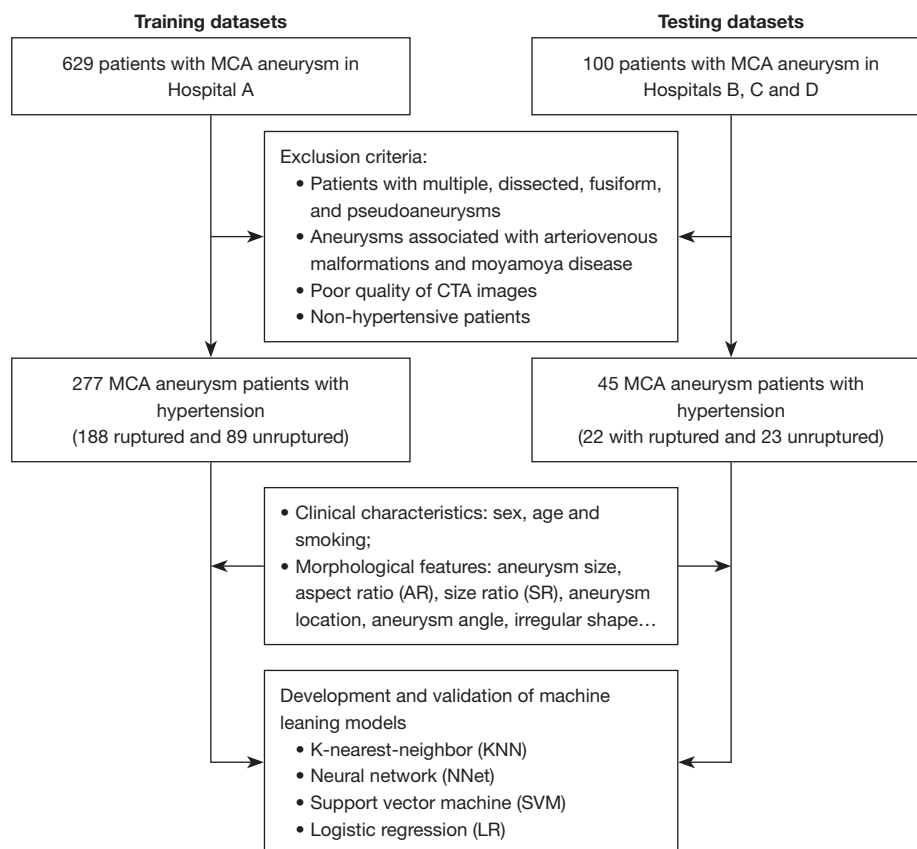


Figure 1 The flowchart summarizes the selection of patients. CTA, computed tomography angiography; MCA, middle cerebral artery.

The exclusion criteria were as follows: (I) patients with multiple, dissected, fusiform, and pseudoaneurysms, (II) aneurysms associated with arteriovenous malformations and Moyamoya disease, (III) poor quality of CTA images, and (IV) non-hypertensive patients. Finally, 277 MCA aneurysm patients with hypertension at Hospital A were screened as the training datasets for the study. The process of patient selection is shown in *Figure 1*. Clinical data were collected from the Electronic Medical Record System and included sex, age, smoking, and hypertension history. Hypertension was defined as a long-term history of hypertension with systolic blood pressures greater than 140 mmHg and/or diastolic blood pressures greater than 90 mmHg (24). Ruptured aneurysms were defined as those adjacent to the cisternal clots of subarachnoid hemorrhage and those that were not adjacent but were confirmed intraoperatively by digital subtraction angiography (DSA), while unruptured aneurysms were defined as those with neither subarachnoid hemorrhage nor positive symptoms (25).

In addition, 45 patients from Hospital B (from May 2018

to June 2021), Hospital C (from January 2018 to May 2021), and Hospital D (from January 2019 to December 2019) were screened with the same criteria and were incorporated into one external testing datasets. All characteristics, such as sex, age, and smoking history, were collected through in-hospital electronic medical records. Each hospital in this study was a tertiary center with similar profiles and configurations.

Examination and reconstruction of CTA

All CTA images were obtained with the use of three computed tomography (CT) scanners, including a 320-detector row CT scanner (Aquilion ONE, Toshiba Medical Systems, Tochigi, Japan), a 64-channel multidetector CT scanner (LightSpeed VCT, General Electric Medical Systems, Milwaukee, WI, USA), and a 16-channel multidetector CT scanner (LightSpeed pro, General Electric Medical Systems, Milwaukee, WI, USA). The scanning parameters of CTA were reported in previous

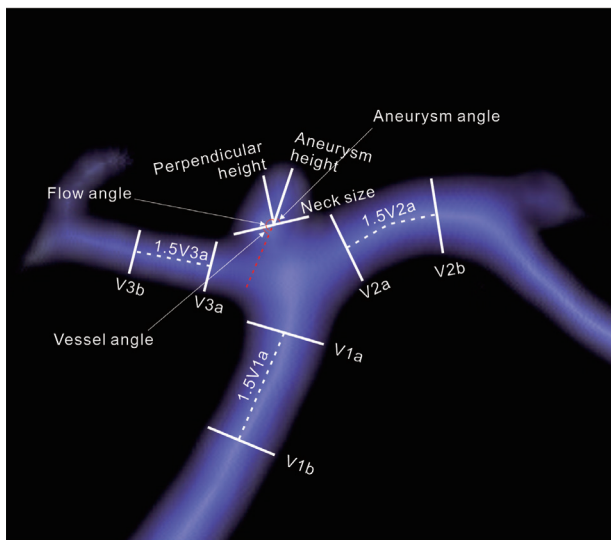


Figure 2 Aneurysm morphology measurements.

studies (26,27). The reconstructions of all CTA images were performed on a workstation (Version 4.6; General Electric Medical Systems, Milwaukee, Wisconsin, USA) to fully reveal the aneurysm and surrounding vasculature.

Morphological features of aneurysms

Aneurysm morphology features included aneurysm size, aneurysm neck, aneurysm height, perpendicular height, aspect ratio (AR), size ratio (SR), vessel size, aneurysm angle, vessel angle, flow angle, aneurysm location, aneurysm orientation, irregular shape, and daughter sac. Aneurysm location was classified according to whether it was at the main bifurcation of the MCA. Aneurysm orientation was divided into transverse orientation (anterior, posterior, and neutral) and coronal orientation (superior, inferior, and neutral). Vessel size referred to the mean cross-sectional diameter of all arteries related to the aneurysm. The specific definitions and measurements of the morphological features were consistent with the descriptions in previous studies and independently evaluated by an experienced neuroradiologist who was blinded to the rupture status of the aneurysm (26,28). The morphological parameters are described in *Figure 2*.

Prediction model construction

To predict rupture of an MCA aneurysm in patients with hypertension, we input all clinical and morphological

features into k-nearest-neighbor (KNN), neural network (NNet), support vector machine (SVM) and logistic regression (LR) to construct the prediction models. The predictive importance of the features was evaluated and ranked in the KNN, NNet and SVM models. The training datasets were used to develop ML prediction models, and considering the possible overfitting effect from model training, the established models were 10-fold cross-validated. The performance of each model was evaluated using the area under the receiver operating characteristic (ROC) curve (AUC), sensitivity, specificity, and accuracy. The performance of the model was tested using training datasets, and the effectiveness was verified in independent external testing datasets. Model fitting was performed using the caret package (title: Classification and Regression Training; version 6.0-93; URL <https://github.com/topepo/caret/>) in R (version 3.6.3).

KNN, NNet and SVM are supervised ML algorithms. KNN classifies the input samples into the category of its nearest group based on the k-value, which is adjusted in the training datasets according to the distance computation for each unknown sample in the feature space (29). In this KNN model, the k parameter was tuned in the range of 3 to 20. NNet is a feed-forward NNet with a single hidden layer flowing left to right. The input sample information starts from the input layer, passes through the hidden layer, and is finally forwarded to the output layer (30). Default parameters were selected for NNet in this study, and the final values used for the model were size =1 and decay =0.1. SVM classifies data points by maximizing the distance between classes in a high-dimensional space (31). The SVM model was built using a radial basis function kernel, and the sigma hyperparameter was determined from the estimation based upon the 0.1 and 0.9 quantiles of the samples. For soft margins, the C parameter that achieved the best performance was in the range of 2^{-2} to 2^7 . LR models the conditional probability using a logistic function, which is used to find the logistic distribution by measuring the relationship between the dependent and independent variables. A stepwise selection was applied using the likelihood ratio test with Akaike's information criterion as the stopping rule.

Statistical analysis

Statistical analyses were conducted using IBM SPSS Statistics for Windows, version 25 (IBM Corp., Armonk, NY, USA). Continuous variables of training datasets,

Table 1 Clinical and morphological characteristics of hypertensive-related MCA aneurysm patients in the training datasets

Characteristics	Ruptured (n=188)	Unruptured (n=89)	P value
Clinical variables			
Sex (male/female)	80/108	48/41	0.076
Age (years)	56.0 (55.9, 58.9)	65.0 (62.2, 66.3)	<0.001
Smoking (yes)	50 (26.6)	27 (30.3)	0.516
Morphological characteristics			
Aneurysm size (mm)	6.5 (6.6, 7.4)	5.0 (5.2, 6.8)	<0.001
Aneurysm neck (mm)	3.7 (3.9, 4.3)	3.9 (4.0, 4.9)	0.576
Vessel size (mm)	2.3 (2.2, 2.4)	2.5 (2.3, 2.5)	0.056
AR	1.0 (1.1, 1.2)	0.6 (0.7, 0.9)	<0.001
SR	2.1 (2.3, 2.7)	1.3 (1.4, 2.1)	<0.001
Aneurysm angle (°)	64.1 (60.2, 65.7)	73.2 (67.7, 74.6)	0.001
Vessel angle (°)	61.1 (51.9, 59.1)	53.2 (42.7, 53.9)	0.035
Flow angle (°)	142.9 (133.9, 142.0)	137.7 (127.2, 139.3)	0.167
Irregular shape	119 (63.3)	21 (23.6)	<0.001
Daughter sac	74 (39.4)	14 (15.7)	<0.001
Aneurysm location			<0.001
Main MCA bifurcation	137 (72.9)	43 (48.3)	
Non-main MCA bifurcation	51 (27.1)	46 (51.7)	
Transverse orientation			0.002
Anterior	104 (55.3)	30 (33.7)	
Posterior	31 (16.5)	18 (20.2)	
Neutral	53 (28.2)	41 (46.1)	
Coronal orientation			0.247
Superior	69 (36.7)	26 (29.2)	
Inferior	52 (27.7)	33 (37.1)	
Neutral	67 (35.6)	30 (33.7)	

Data are presented as median (interquartile range) or n (%). The P value level chosen to determine significance was established to be 0.05. AR, aspect ratio; MCA, middle cerebral artery; SR, size ratio.

analyzed with Mann-Whitney U tests, are presented as median and interquartile range (IQR); categorical variables, analyzed with χ^2 tests, are presented as frequencies. Multivariate LR analysis was performed for variables with $P < 0.1$ in the univariate analysis. In addition, we performed a ROC curve analysis for AR, calculated the AUC value, and employed the highest Youden index to find cutoff values. Significance was set at a P value < 0.05 .

Results

Clinical and morphological characteristics

The clinical and morphological characteristics of the training datasets are shown in *Table 1*, and the baseline characteristics of the testing datasets are shown in *Table S1*. Of all the 277 MCA aneurysm patients with hypertension, 188 ruptured and 89 unruptured. In the univariate analysis,

Table 2 Logistics regression analysis of hypertensive-related MCA aneurysm patients

Variables	Univariate analysis			Multivariate analysis		
	Odds ratio	95% CI	P value	Odds ratio	95% CI	P value
Sex	1.580	0.952–2.625	0.077	–	–	–
Age	0.935	0.911–0.961	<0.001	0.939	0.909–0.969	<0.001
Aneurysm size (mm)	1.103	1.013–1.202	0.024	0.867	0.769–0.976	0.018
Vessel size (mm)	0.589	0.351–0.987	0.045	–	–	–
AR	4.741	2.311–9.726	<0.001	4.822	2.029–11.459	<0.001
SR	1.699	1.311–2.202	<0.001	–	–	–
Aneurysm angle	0.975	0.960–0.989	0.001	0.975	0.957–0.995	0.013
Vessel angle	1.011	1.001–1.021	0.032	–	–	–
Irregular shape	5.585	3.151–9.896	<0.001	4.034	1.951–8.342	<0.001
Daughter sac	3.477	1.831–6.603	<0.001	–	–	–
Aneurysm location	2.874	1.699–4.861	<0.001	2.695	1.422–5.105	0.002
Transverse orientation			0.003			
Anterior	–	–	–	–	–	–
Posterior	2.682	1.508–4.768	0.001	–	–	–
Neutral	1.332	0.655–2.709	0.428	–	–	–

The P value level chosen to determine significance was established to be 0.05. AR, aspect ratio; CI, confidence interval; MCA, middle cerebral artery; SR, size rat.

the patients with ruptured MCA aneurysms were younger than those with unruptured MCA aneurysms (56.0 versus 65.0 years, $P<0.05$). There were no significant differences in sex or smoking between the two groups ($P>0.05$). For morphological characteristics, the aneurysm size, AR, SR, and vessel angle were higher in the aneurysm ruptured group ($P<0.05$), while the aneurysm angle was smaller ($P<0.05$). In the ruptured group, irregular shape (63.3% versus 23.6%, $P<0.05$) and daughter sac (39.4% versus 15.7%, $P<0.05$) were more frequent. Aneurysm location and transverse orientation were also associated with aneurysm rupture ($P<0.05$).

The results of the multivariate LR analysis are shown in *Table 2*. For hypertensive patients, age [odds ratio (OR) =0.939, 95% confidence interval (CI): 0.909–0.969, $P<0.001$], aneurysm size (OR =0.867, 95% CI: 0.769–0.976, $P=0.018$), AR (OR =4.822, 95% CI: 2.029–11.459, $P<0.001$), aneurysm angle (OR =0.975, 95% CI: 0.957–0.995, $P=0.013$), irregular shape (OR =4.034, 95% CI: 1.951–8.342, $P<0.001$) and aneurysm location (OR =2.695, 95% CI: 1.422–5.105, $P=0.002$) were significantly associated with MCA aneurysm rupture.

Performance of the ML models

The performance in prediction of each model is shown in *Figure 3*. The AUC values of the KNN model in the training and testing datasets were 0.83 (95% CI: 0.78–0.88) and 0.74 (95% CI: 0.59–0.89), respectively. The NNNet model achieved an AUC value of 0.87 (95% CI: 0.82–0.92) in the training datasets, and an AUC value of 0.82 (95% CI: 0.69–0.94) in the testing datasets. The SVM model obtained an AUC value of 0.91 (95% CI: 0.88–0.95) in the training datasets, and of 0.73 (95% CI: 0.58–0.88) in the testing datasets. The LR model achieved AUC values of 0.83 (95% CI: 0.77–0.88) and 0.76 (95% CI: 0.61–0.90) in the training and testing datasets, respectively.

Variable importance of the ML models

All clinical and morphological characteristics were introduced into the KNN, NNNet and SVM models, and the importance ranks of all features in the different models are shown in *Figure 4*. AR was ranked as the dominant predictor that contributed to the prediction of the KNN and SVM

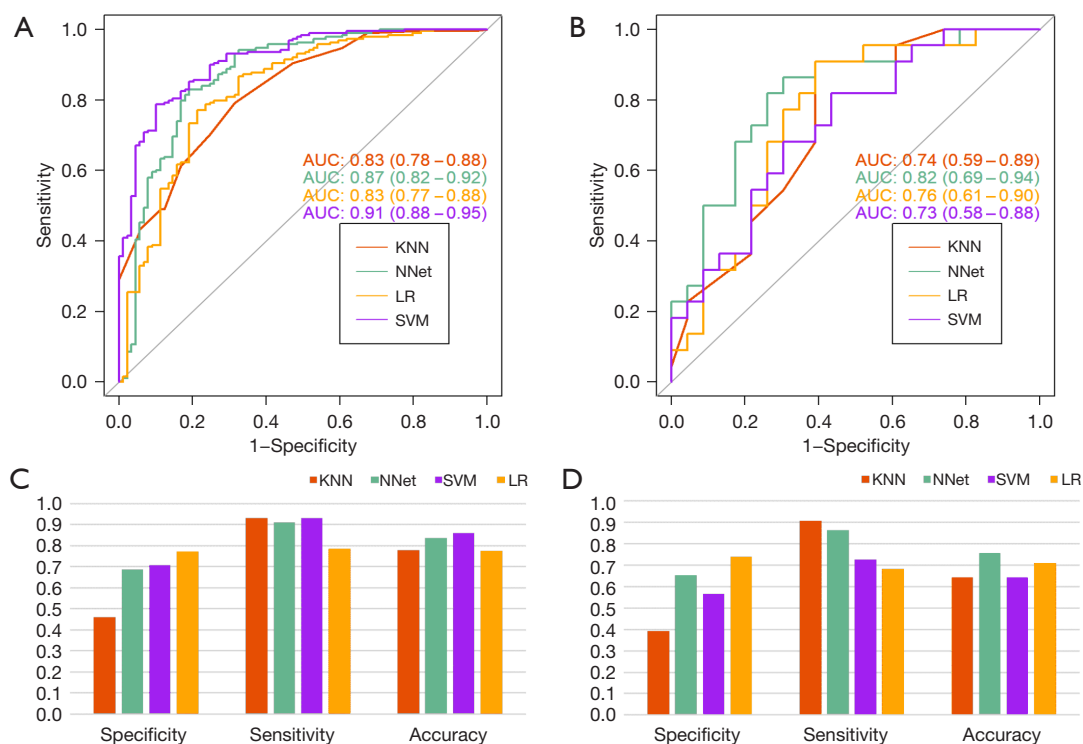


Figure 3 The ROC curves, specificity, sensitivity, and accuracy of the KNN, NNNet, SVM, and LR models. The ROC curves of four models in training (A), and testing datasets (B). The specificity, sensitivity, and accuracy of four models in training (C), and testing datasets (D). AUC, area under the ROC curve; KNN, k-nearest-neighbor; LR, logistic regression; NNNet, neural network; SVM, support vector machine; ROC, receiver operating characteristic.

models, apart from NNNet. In addition, AR also showed the highest OR in the multivariate LR analysis.

Further analysis with the ROC curve showed that the AUC of AR was 0.75 (95% CI: 0.69–0.82) in the training datasets, and the cutoff value was 0.80, with a sensitivity of 0.77, a specificity of 0.65, and an accuracy of 0.70. Meanwhile, in the testing datasets, the AUC of AR was 0.77 (95% CI: 0.63–0.91), with a sensitivity of 0.96, a specificity of 0.52, and an accuracy of 0.64.

Discussion

In this Chinese multicenter study, we developed and validated the ML prediction models based on clinical and CTA morphological features for the rupture status of MCA aneurysms in patients with hypertension, and we found that the ML prediction models showed reasonable performances. In addition, the results showed that AR was the leading predictor for rupture.

In recent years, many studies have constructed ML

prediction models of intracranial aneurysm rupture risk based on parameters such as aneurysm morphology, hemodynamics and radiomics, with good prediction performance. Chen *et al.* combined clinical, morphological, and hemodynamic characteristics to construct random forest, multilayer perceptron, and SVM models to predict aneurysm rupture with AUCs of 0.851–0.871 (32). Liu *et al.* applied radiomics-extracted morphological features to construct general linear, ridge regression, and lasso regression models to predict the stability of aneurysms, and reached AUCs of 0.732–0.745 (33). To our knowledge, few studies have reported a prediction ML model of MCA aneurysm rupture risk: one study used morphological features to construct a generalized linear model to predict the rupture risk of MCA aneurysms with an AUC of 0.77 (27); the other study developed their MCA aneurysm rupture prediction model based on radiomics, clinical and morphological features, with the use of the SVM method and acquired an AUC of 0.856 (34). In this study, we focused on the rupture risk assessment of MCA aneurysms

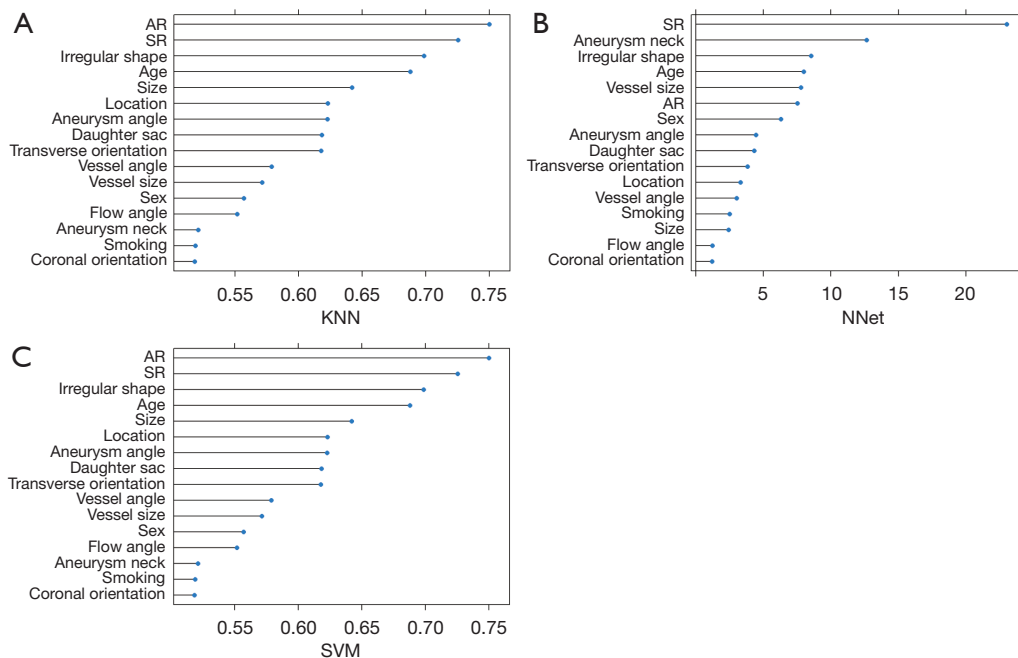


Figure 4 Features importance ranks of hypertensive-related MCA aneurysm of the ML models. (A) Features ranks driven by KNN. (B) Features ranks driven by NNNet. (C) Features ranks driven by SVM. AR, aspect ratio; KNN, k-nearest-neighbor; NNNet, neural network; MCA, middle cerebral artery; ML, machine learning; SR, size ratio; SVM, support vector machine.

comorbid with hypertension. The performance of ML models is largely dependent on the datasets (35,36), and ML models based on different features perform differently in predicting aneurysm rupture. For the operability and convenience of clinical practice and promotion, clinical and aneurysm morphological features that are relatively easily available in clinical work were selected for model construction in this study. Similar to the ML models developed in previous studies, our ML models also have good prediction performance based on clinical and morphological characteristics. The results demonstrated that the achieved AUCs of our ML models ranged from 0.83–0.91 in the training datasets and 0.73–0.82 in the testing datasets.

AR is defined as the ratio of the perpendicular height to the neck size, and AR is closely related to aneurysm rupture. AR, as previously demonstrated, was positively associated with aneurysm rupture risk (37,38). Our study also demonstrated that AR was the strongest predictor in patients with MCA aneurysm complicated by hypertension. The AR of the ruptured aneurysms was significantly higher than that of the unruptured aneurysms (1.0 versus 0.6, $P < 0.01$). Although many studies have proposed the importance of AR for aneurysm rupture, the cutoff value

of AR in each study was not consistent with different thresholds that varied between 1.1 and 1.6 (39–41). We found that the AUC and accuracy were 0.75 and 0.70, respectively, for an AR cutoff value of 0.8 in MCA aneurysm patients with hypertension. The threshold of AR in this study was significantly lower than that in previous studies, which may be related to the presence of hypertension as a comorbidity in our study subjects.

Previous studies have demonstrated that hypertension is an independent risk factor for intracranial aneurysm rupture (42,43). High blood pressure can lead to a complex intravascular hemodynamic environment, especially at intracranial vascular bifurcations (13). Hypertension can induce a long-term low WSS environment in intra-aneurysms, which initiates endothelial dysfunction, triggers the proinflammatory signaling pathways and activates atherosclerosis, causing low resistibility of aneurysm walls and increasing the rupture risk of aneurysms (44–47). It has been proposed that the WSS of the intra-aneurysm cavity decreases significantly as AR exceeds the upper limit of a certain interval, which leads to a high risk of aneurysm rupture (40,48,49). Sun *et al.* conducted fluid-structure interaction analyses of intracranial aneurysms

and found that the maximum wall stresses increased by 30–40% as the blood pressure increased from 120/80 to 160/100 mmHg, and the increase was higher in cases of aneurysms with large AR (45). In addition, they proposed that the decrease in the time-averaged WSS of the aneurysm models with high blood pressure would have a long-term impact on intracranial aneurysms, which would increase the risk of rupture (45). Therefore, we speculate that AR is a morphological feature reflecting the relationship between hypertension and the rupture of MCA aneurysms. However, this needs to be confirmed by further research.

This study has some limitations. First, a large multicenter study is needed to validate our study, as larger dimensional datasets could improve the quality of ML models. Second, we were unable to monitor the development of unruptured aneurysms or provide evidence of causality due to the nature of retrospective and cross-sectional analyses. Third, we were unable to determine whether daily blood pressure control in hypertensive patients would have an impact on the results of our study. In addition, the ML algorithms used in this study were common, and the more recent algorithms were not used to build the prediction models in this study. Finally, hemodynamic features were not included in this study.

Conclusions

The ML prediction model based on clinical and CTA morphological features showed reasonable performance for predicting the rupture status of MCA aneurysms in patients with hypertension. This study provides potential guidance for the stratified management of unruptured intracranial aneurysm patients with hypertension. Furthermore, AR was demonstrated as the leading predictor for the rupture of MCA aneurysm with hypertension.

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Footnote

Reporting Checklist: The authors have completed the TRIPOD reporting checklist. Available at <https://qims.amegroups.com/article/view/10.21037/qims-22-918/rc>

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://qims.amegroups.com/article/view/10.21037/qims-22-918/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013), and was approved by the Medical Ethics Committees of the First Affiliated Hospital of Wenzhou Medical University, the Wenzhou Central Hospital, the Second Affiliated Hospital of Wenzhou Medical University, and the Zhejiang Hospital. As this was a retrospective study, the need for written informed consent was waived.

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