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Repairing rat calvarial defects by adipose mesenchymal stem cells and novel freeze-dried three-dimensional nanofibrous scaffolds

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Abstract

Introduction: Treatment of criticalsized bone defects is challenging. Tissue engineering as a state-of-the-art method has been concerned with treating these nonself-healing bone defects. Here, we studied the potentials of new three-dimensional nanofibrous scaffolds (3DNS) with and without human adipose mesenchymal stem cells (ADSCs) for reconstructing rat criticalsized calvarial defects (CSCD).



Methods: Scaffolds were made from 1-

polytetrafluoroethylene (PTFE), and polyvinyl alcohol (PVA) (PTFE/ PVA group), and 2- PTFE, PVA, and graphene oxide (GO) nanoparticle (PTFE/ PVA/GO group) and seeded by ADSCs and incubated in osteogenic media (OM). The expression of key osteogenic proteins including Runt-related transcription factor 2 (Runx2), collagen type Ia (COL Ia), osteocalcin (OCN), and osteonectin (ON) at days 14 and 21 of culture were evaluated by western blot and immunocytochemistry methods. Next, 40 selected rats were assigned to five groups (n=8) to create CSCD which will be filled by scaffolds or cell-containing scaffolds. The groups were denominated as the following order: Control (empty defects), PTFE/PVA (PTFE/PVA scaffolds implant), PTFE/PVA/GO (PTFE/PVA/GO scaffolds implant), PTFE/PVA/Cell group (PTFE/PVA scaffolds containing ADSCs implant), and PTFE/PVA/GO/Cell group (PTFE/PVA/GO scaffolds containing ADSCs implant). Six and 12 weeks after implantation, the animals were sacrificed and bone regeneration was evaluated using computerized tomography (CT), and hematoxylin-eosin (H&E) staining.

Results: Based on the in-vitro study, expression of bone-related proteins in ADSCs seeded on PTFE/ PVA/GO scaffolds were significantly higher than PTFE/PVA scaffolds and TCPS (P<0.05). Based on the in-vivo study, bone regeneration in CSCD were filled with PTFE/PVA/GO scaffolds containing ADSCs were significantly higher than PTFE/PVA scaffolds containing ADSCs (P<0.05). CSCD filled with cell-seeded scaffolds showed higher bone regeneration in comparison with CSCD filled with scaffolds only (P<0.05).

Conclusion: The data provided evidence showing new freeze-dried nanofibrous scaffolds formed from hydrophobic (PTFE) and hydrophilic (PVA) polymers with and without GO provide a suitable environment for ADSCs due to the expression of bone-related proteins. ADSCs and GO in the implanted scaffolds had a distinct effect on the bone regeneration process in this in-vivo study.



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Introduction

Critical-size bone defects which are non-self-healing lesions are caused by trauma, cancer, postmenopausal osteoporosis, congenital deformity, and metabolic diseases.^{1,2} Current therapeutic methods such as metal implants, autografts, and allografts require multiple surgeries. They have a limited supply and may lead to an immunological response. The bone tissue engineering (BTE) approach is a promising alternative.^{2,3} The success of the tissue engineering approach depends on applying the three major elements; 3D bio-scaffolds, stem cells, and tissue regeneration factors.⁴

Design and fabrication of a 3D scaffold as a temporary carrier and supporter of cells and tissue regeneration factors is a very important step in BTE.⁴⁻⁶ Bone tissue scaffolds should mimic the hierarchical structures of natural bone extracellular matrix (ECM) ranging from the millimeter to the nanometer scale with suitable porosity and mechanobiology.^{7,8} Micro and nanotopographical features of scaffolds have a tremendous impact on enhancing the cell attachment, proliferation, migration, and differentiate.⁹⁻¹² Besides scaffold morphology and topography, the type of scaffold biomaterials and their properties play an important role in cell-scaffold interactions⁷.

Hydrogels are one of the most attractive types of biomaterial to fabricate 3D scaffolds13 because of their soft three-dimensional network structure with high capacity of absorbing water similar to natural ECM.4,14 Hydrogels provide a suitable surface for cell attachment that is vital to other cellular behaviors like migration and differentiation.¹⁵ However, 3D hydrogel as a scaffold for hard tissue engineering exhibits poor mechanical properties because of the amount of water in its structure.¹⁶ Researchers have been focused to finding a way to solve this complex scientific area in the best manner. There are many established kinds of methods to improve the mechanical properties of hydrogels such as copolymerization, incorporation, interpenetrating polymer networks, hydrophobic association hydrogels, and nanocomposites.17,18

Among the above-mentioned approaches, taking the advantage of hydrophobic sequence and biomaterial to make hydrophobic interaction in forming hydrogel have been considered for tissue scaffolds because of the hydrophobic-hydrophilic composite face of natural ECM. Studies showed that hydrophobic amino acids and domains in two abundant fibrous proteins in human ECM organization, collagen, and elastin have a determining effect on cell behavioral¹⁹⁻²¹ and structural properties of ECM.²²⁻²⁴

Several studies focused on different hydrophobic polymers and nanoparticles for modifying the structural properties of hydrogels.¹⁸ Recently we have made new 3D scaffolds by the incorporation of PTFE as a hydrophobic polymer, and polyvinyl alcohol (PVA) as a hydrophilic polymer with and without graphene oxide (GO) as an osteoinductive nanoparticle.²² Randomly discontinued nanofibers in the range of 2-600 nm diameter were expanded in both 3D scaffolds were fabricated by freezedrying methods under defined circumstances. Moreover, both scaffolds (PTFE/PVA and PTFE/PVA/GO) have shown multi-scale pore architecture with suitable porosity, hydrophilicity, cell attachment, and osteo-differentiation, as well as tuned mechanical and thermal properties.²²

This study aimed to evaluate the potential of 3D nanofibrous scaffolds in the in-vivo study and to compare the effect of GO nanoparticles on in-vitro key osteogenic proteins expression by seeded human adipose mesenchymal stem cells (ADSCs). We also evaluated the regeneration of critical-sized calvarial defects (CSCD) at rat model when implanted by cell-free and cell-containing scaffolds.

Materials and Methods Scaffolds preparation

Multiscale porous nanofibrous discoid scaffolds were made from ternary composition PVA (16% w.t solution, Mw 85000-124000, 99+% hydrolyzed), PTFE (CAS Number 9002-84-0), with and without synthesized GO nanoparticles (Sigma-Aldrich, Germany) in the following steps: mixing and stirring PTFE/PVA solutions (78:22) at 80°C for about 2 hours, adding 0.005 g of GO nanoparticles (only in GO incorporating groups) and sonicating for 30 minutes, crosslinking by 1 μ L/mL boric acid (4%), and freeze-drying -40°C for 18 hours at Christ GAMMA 1-16 LSC Freeze Dryers. Finally, two types of cylinder-shaped (0.8 mm diameter, 2 mm height) 3D scaffold (PTEFE/ PVA and PTFE/PVA/GO) were obtained.²²

Stem cells isolation and characterization

Adipose tissues of healthy women (n=3, 36 \pm 12 years old) were obtained through abdominoplasty under the support of Shahid Beheshti University's Medical Research Ethics Committee, Tehran, Iran. ADSCs were extracted enzymatically from the adipose tissues and were cultured in the following way: washing with PBS, dissecting, digesting by collagenase type I (0.075%, Sigma-Aldrich), inactivating the enzymes by Dulbecco's modified Eagle's medium (DMEM, high glucose, Gibco) with 10% fetal bovine serum (Gibco), centrifuging at 500 $g \times 4$ minutes, collecting cell pellets, culturing in growth medium containing DMEM, 10% fetal bovine serum, and streptomycin/ penicillin (1% antibiotic, Gibco) for 24 hours at 37°C, 5% CO2. Every 2 days, the cells medium was refreshed until the 70-80% cell confluency was obtained. The isolated cell's multi linage differentiation potential was confirmed by adipose- and osteogenic differentiation assays using respectively Oil Red O and Alizarin Red Stain. Mesenchymal cell surface markers (CD) including CD14, CD20, CD34, CD45, CD73, CD90, and CD105 (Chemicon)²⁵ were investigated by flow cytometry (Partec ice-cold formaldehyde (2%, Gibco), washed with PBS (Sigma-Aldrich), incubated at 4°C with above-mentioned antibodies conjugated with peridinin chlorophyll protein complex (PerCP), allophycocyanin (APC), fluorescein isothiocyanate (FITC), and phycoerythrin (PE) for 30 minutes, and analyzed by FlowJo V10 software. Isotype control was used for all the experiments.

Cell seeding and characterization

In summary, cultured ADSCs were detached using Trypsin-EDTA, counted by hemocytometer, transferred (4× 106 cells) into 50 ml centrifuge tube, centrifuged (5×g for 5 minutes), and resuspended in DMEM-F12 containing 10% FBS. Then, the scaffolds were sterilized (ethanol 70%, UV), were seeded by ADSCs ($4 \times 10^6/1$ µL), and incubated in osteogenic differentiation media (Bioidea, Iran) containing DMEM-F12, 10% FBS, antibiotic solution, 100 nM dexamethasone, 10 mM bglycerophosphate, and 0.2 mM ascorbic acid 2-phosphate for 14 or 21 days (in defining study's time points) at 37°C and 5% CO2. For in-vitro analysis, ADSCs seeded on tissue culture polystyrene (TCPS) were used as a control, and all procedures were done in triplicate samples. To characterize the seeded cells, one scaffold was selected randomly and underwent imaging by scanning electron and fluorescent microscope.22

Western blot

For evaluating the key osteogenic proteins (Runx2, Col1a, ON and OCN) expressed by seeded cells within 14 and 21 days of culture under OM, western blot was done on samples of three individual groups; PTFE/ PVA/Cell, PTEFE/PVA/GO/cell, and TCPS. The steps were as follows^{26,27}: washing samples with cold PBS buffer, extracting the proteins using ice-cold radioimmunoprecipitation assay buffer (Cytomatingene) containing protease inhibitor cocktail (Sigma), counting the proteins using BCA protein assay kit (Sigma), separating the proteins (30 µg for each group) on 10% SDSpolyacrylamide gels, transferring the separated proteins into PVDF membrane (Roth), blocking nonspecific sites of membrane by tris-buffered saline containing tween and 5% nonfat milk (Sigma), incubating the membrane with primary antibodies Runx2, Col1a, ON and OCN (Santa Cruz Biotechnology, 1:1000 dilution) at 4°C overnight, washing the membrane extensively with PBS-Tween, incubating the membrane with corresponding secondary HRP-conjugated antibodies (1:5000) for 1 hour at room temperature, washing membrane with PBS, developing the membrane using DAB (3, 3'-diaminobenzidine) substrate, capturing the image of blot, and semi-quantifying the image blots using ImageJ software. For normalizing the results, glyceraldehyde 3-phosphate dehydrogenase was used as a housekeeping protein.

Immunocytochemistry

To confirm the expression of above mentioned key osteogenic proteins, immunocytochemistry method^{28,29} was used on day 14 and 21 of culture under OM according to the following steps: fixing the samples using 4% phosphate-buffered paraformaldehyde, embedding in paraffin, sectioning into 5 µm thickness slices, selecting appropriate samples randomly, de-waxing in xylenes, rehydrating in ethanol baths, washing twice with PBS, immersing in 0.1% Triton X-100, washing extensively with PBS, incubating with primary antibodies (Runx2, ColIa1, ON, OCN, Santa Cruz Biotechnology) at 4°C, washing samples with PBS, and incubating with fluorescenceconjugated secondary anti-mouse IgG (Santa Cruz Biotechnology) for 1 h at 37°C. Eventually, after nuclear staining with DAPI (40, 6-diamidino-2-phenylindole, Sigma), samples were imaged using a fluorescent microscope (Leica DMI 6000/NIKON).

Experimental groups and surgical procedure

To evaluate the bone regeneration potential of scaffolds and cell-containing scaffolds, forty healthy male Sprague Dawley rats (60 days old, 250-300-g weight) were provided by Pasture Institute (Tehran, Iran). All animal protocols were completely approved by the Animal Ethics Committee of Shahid Beheshti University of Medical Sciences and Health Services (Tehran, Iran). First, animals were randomly divided into 5 individual groups (n=8) as follows: (1) defect only (blank control); (2) PTFE/ PVA scaffolds; (3) PTFE/PVA/GO scaffolds; (4) PTFE/ PVA/Cell (PTFE/PVA scaffolds containing ADSCs); and (5) PTFE/PVA/GO/Cell (PTFE/PVA/GO scaffolds containing ADSCs). All rats were anesthetized with xylazine (5 mg/kg) and methyl-4-hydroxybenzoate (0.3 mg/kg) and skulls were sterilized with povidone-iodine and shaved. The skin and periosteum were slit at the sagittal plane and the skull bone was perforated by dental drill under constant saline irrigation (0.9% NaCl) until an 8 mm bony defect was created while the dura matter was kept intact. Bare scaffolds, PTFE/PVA and PTFE/ PVA/GO, and cell-containing scaffolds, PTFE/PVA/ Cell and PTFE/PVA/GO/Cell (caring 4×106 cells) were incubated in growth medium at 37°C and 5% CO2 since 24 hours prior of implantation. All mentioned scaffolds were implanted while defects at the control group were left without implantation and the skin incision was closed. Randomly selected rats were sacrificed at 6 and 12 weeks after implantation for computerized tomography (CT) analysis and H&E staining (Fig. 1).

CT analysis

At two important time points of bone regeneration (6 and 12 weeks after transplantation), 15 animals (3 animals of each group) were selected randomly and were sacrificed to get examined by the X-ray CT system (InspeXio SMX-90CT; Shimadzu, Kyoto, Japan; resolution, 105 lm;



Fig. 1. Surgical procedure. Rat skulls sterilization and shaving (A), skin and periosteum slitting (B), skull bone perforating by dental drill (C), Critical sized calvarial defect (8 mm-diameter) (D), Implanting of bare scaffolds, PTFE/PVA and PTFE/PVA/GO, and cell containing scaffolds, PTFE/PVA/Cell and PTFE/PVA/GO, and cell containing scaffolds, PTFE/PVA/Cell and PTFE/PVA/GO/Cell (E, F), skin incision suturing (G), fixed sample (H).

section-to-section distance, 105 lm) using an InspeXio scanner. Samples were imaged in an arbitrary manner (10 images/each sample) and were analyzed by ImageJ software. Equivalent sites in samples were measured for standardization of analysis.³⁰

Histological analysis

To get histological evidence from calvaria after imaging by CT scan, the calvarial bones were removed and prepared for H&E staining taking the following steps: fixing in neutral buffered formalin 10% for 72 hours at room temperature, washing three times with PBS, decalcifying in 10% (w/v) ethylene diamine tetraacetic acid (EDTA) for 3 weeks at 37°C, dehydrating using a graded alcohol series, fixing in 4% paraformaldehyde (Wako, Japan), embedding in paraffin, cutting into 5-µm-thick sections, staining using hematoxylin-eosin (HE; Sigma), and capturing the images.³⁰

Results

Scaffolds topography

The scaffolds were completely prepared similar to our previous study.²² As shown in the scaffolds SEM images in Fig. 2, both scaffolds have multiscale porous and nanofibrous architecture. As we reported before, the porosity of the scaffolds containing graphene oxide nanoparticles was higher (56%) than PTFE/PVA scaffolds (41%). The pores diameter in PTFE/PVA/GO scaffolds (Fig. 2C) were in the range of 800 nm and 750 μ m, while the diameters of pores were 417-750 μ m in PTFE/PVA scaffolds (Fig. 2A,). Moreover, discontinuous nanofibers with 2-600 nm diameter were expanded into both 3D structures, but the density of the nanofibers was higher in PTFE/PVA/GO scaffolds (Fig. 2D) compared to PTFE/PVA scaffolds (Fig. 2B).

Stem cells characterization

To confirm the expression of mesenchymal stem cells surface markers, flowcytometry analysis was done on ADSCs at the third passage (Fig. 3A). The results showed that ADSCs slightly expressed CD 14, CD20, CD 35, and CD45 (less than 1.29% of the cell population), while significantly expressed CD73, CD90, and CD105 (more than 90% cell population) that were completely compatible with mesenchymal stem cells surface markers profile. As shown in differentiation assay (Fig. 3B, 3C), cultured ADSCs under adipose and osteoinduction medium were successfully differentiated to adipose (Fig.



Fig. 2. SEM analysis. Pore and nanofiber topography of PTFE/PVA (A, B, scale bare: 10, 20 $\mu m)$ and PTFE/PVA/GO scaffolds (C, D, scale bar: 100, 10 $\mu m).$



Fig. 3. Flowcytometry analysis (A). ADSCs were slightly expressed CD 14, CD20, CD 35, and CD45, while significantly expressed CD73, CD90, and CD105. Adipose and osteo differentiation assay (B, C). Fat vacuoles inside the cytoplasm of those cells which differentiate to adipose cells stained by oil red O (B, scale bar: 100 μ m), Mineralization of those cell which differentiate to osteo visualized by alizarin red S staining (C, scale bar: 100 μ m).

3B) and osteogenic cells (Fig. 3C), and their multi linage differentiation capacity was confirmed.

Cell seeding determination

To confirm the quality of cell seeding through the cell culture on scaffolds, SEM analysis at day 1 (Fig. 4A, 4B) and 14 (Fig. 4C, 4D), and DAPI stating at day 7 (Fig. 4E, 4F) were done on randomly selected samples. As shown in Fig. 4, cells were successfully seeded on the scaffolds at two different days of culture.

Osteogenic proteins expression

To confirm the key osteogenic proteins expression through ADSCs seeded on the scaffolds, western blot (Fig. 5) and immunocytochemistry (Fig. 6) were done on days 14 and 21 of culture. As mentioned before, TCPS used as a control for western blot analysis, and nuclei staining with DAPI was used as the control for immunocytochemistry. Fig. 5A shows the related proteins bands including RunX2, Col1a, OCN, and ON in three different groups on days 14 and 21. Semi-quantifying results based on bands image using ImageJ software (Fig. 5B, 5C) showed that the expression of all proteins marker was significantly higher in ADSCs seeded on PTFE/PVA/ GO scaffolds compared to ADSCs seeded on PTFE/PVA and TCPS (*P<0.05). Furthermore, ADSCs seeded on PTFE/PVA showed a higher amount of all protein markers expression compared to TCPS (*P<0.05). These findings



Fig. 4. SEM analysis (A, B, C, D). ADSCs successfully seeded on PTFE/ PVA scaffolds (A, C, scale bar: 100, 20 μ m) and PTFE/PVA/GO scaffolds (B, D, scale bar: 50, 20 μ m) at day 1 (A, B) and 14 (C, D) of culture. DAPI staining (E, F). ADSCs existed on PTFE/PVA (E, scale bar: 20 μ m) and PTFE/PVA/GO scaffolds (F, scale bare: 20 μ m) at day 7 of cell culture.

were confirmed by immunocytochemistry results. Fig. 6 (A-X) shows the merged images of the test groups with related control (DAPI staining) showing the expression of all mentioned osteogenic markers at all groups at two different time points (day 14, 21). These images that were semi-quantified using ImageJ software (Fig. 6Y, 6Z) showed that the expression of osteogenic markers was significantly higher in ADSCs seeded on PTFE/PVA/GO scaffolds compared to PTFE/PVA scaffolds.

CT scan analysis

To confirm the quality of the morphology of the defects, CT scan analyses were done at 6 and 12 weeks of implantation. The 2-dimensional defects diameters were measured using CT scan software (Fig. 7 A-H) and the bone healing rate was estimated statistically (Fig. 7I, 7J).³¹ Based on the evidence, the defect area diameters at the experimental group implanted by PTFE/PVA/GO scaffolds (Fig. 7B, 7F) were significantly decreased compared to the group implanted by PTFE/PVA scaffolds (Fig. 7A, 7E) at both times points measurements (6, 12 weeks) (*P<0.005). The healing rate of the defects implanted by the ADSCs containing scaffolds was significantly higher than the group implanted by bare scaffolds at 6 and 12 weeks



Fig. 5. Western blots of Runx2, Col 1α, ON, OCN at day 14 and 21 of culture (A). Semi-quantifying western blots using ImageJ software (B, C). The results showed that all key osteogenic protein markers were significantly expressed in higher amounts at ADSCs seeded on PTFE/PVA/GO scaffolds compared with ADSCs seeded on PTFE/PVA scaffolds and TCPS (**P*<0.05).

(**P<0.001, ***P<0.005). Furthermore, the defects filled by PTFE/PVA/GO/Cell scaffolds at 6 (Fig. 7D) and 12 (Fig. 7H) weeks after implantation showed a higher bone healing rate compared to other groups (***P<0.005). It should be noted that to enhance the osteogenic potential of hADSCs, the cell containing scaffolds had undergone osteoinduction (OI) for 7 days in vitro.

Hematoxylin & eosin analysis

To investigate new bone-like form development, H&E staining was done at 6 and 12 weeks after implantation. Images of the H&E-stained sections are shown in Fig. 8. Based on the results, there was no sign of new bone-like form tissue in control groups (Fig. 8A, 8B) at 2-time points of investigation. Only finite connective tissue appeared at weeks 6 (Fig. 8A) and 12 (Fig. 8B) in the edge of the defect. On the contrary, a new bone-like form developed from the host bone in all experimental groups (Fig. 8 C-J). Lots of spindle-shaped fibroblast-like cells and a few large round basophilic osteoblast-like cells appeared at week 6 and their number was increased in time in all experimental groups. Based on qualitative images, compared to other groups, the defects filled with PTFE/PVA/GO/Cell scaffolds (Fig. 8I, 8J) showed higher amounts of developing new bonelike tissue and endogenous cell migration from host bone at weeks 6 and 12. Furthermore, new bone-like tissue was developed and expanded more effectively in GOcontaining scaffolds (Fig. 8E, 8F, 8I, 8J) compared to other groups.

Discussion

This study aimed to evaluate the potentials of newly designed nanofibrous 3D scaffolds with or without ADSCs

for CSCD repair of a rat model. Two types of scaffolds, PTFE/PVA and PTFE/PVA/GO, were synthesized by freeze-drying method as instructed by previously published articles.²² Scaffolds characterization by SEM confirmed scaffolds multiscale porous and nanofibrous architectures (Fig. 2). The scaffolds' porosity in PTFE/ PVA (Fig. 2A) and PTFE/PVA/GO (Fig. 2C) were 41% and 56%, respectively. The pore diameters ranged from 417 to750 µm for PTFE/PVA and 800 nm to 750 µm for PTFE/ PVA/GO scaffolds. It was shown that applying GO in scaffold structure increases the average pore size due to its hydrophilic nature. Two main hydrophilic groups in GO structure, -OH and -COOH, provide water absorption sites which ultimately causes more porous structure through ice crystal formation at the freeze-drying process.³² The nanofiber diameters were 2 to 600 nm in both scaffolds while the fiber density in PTFE/PVA/GO (Fig. 2D) was higher than PTFE/PVA scaffolds (Fig. 2B). These results were attributed to GO unique nano-topography.33 Many studies investigated the effect of scaffolds topography such as the size of the pores, porosity, fibers density, and orientation, and scaffolds stiffness on stem cells behavior and tissue ingrowth.³⁴⁻³⁶ It was shown that the bone-tissue-like ingrowth on different scaffolds needs a range of pore size between 5µm and more than 500 µm. Based on these studies, 100 to 350 µm pores are necessary for bone regeneration while 5 μ m and over 500 μ m are needed for new functional microvascular networks and rapid vascularization, respectively. Furthermore, pores in the range of 40 to 100 µm influence osteoid ingrowth. Moreover, pore size directly has an impact on the porosity and mechanical properties of scaffolds. Average human bone porosity is 50-90% in trabecular bone and 3-12%

Fig. 6. Immunocytochemistry analysis (A-X, scale bar: 20 µm). Based on the images, expression of RUNX2 by ADSCs at day 14 of culture (A, B, C) was 44.95% at PTFE/PVA (A), 21.9% at TCPS (B), and 64.77% at PTFE/PVA/GO (C) while its expression at day 21 of culture (D, E, F) was 24,54% at PTFE/ PVA (D), 19.6% at TCPS (E), and 60.28% at PTFE/ PVA/GO (F). Expression of Col 1α by ADSCs at day 14 of culture (G, H, I) was 48.21% at PTFE/PVA (G), 30.46% at TCPS (H), and 63.44% at PTFE/PVA/GO (I) while its expression at day 21 of culture (J, K, L) was 41.7% at PTFE/PVA (J), 25.33% at TCPS (K), and 61.05% at PTFE/PVA/GO (L). Expression of ON by ADSCs at day 14 of culture (M, N, O) was 24.12% at PTFE/PVA (P), 18.4% at TCPS (Q), and 65.9% at PTFE/PVA/GO (R) while its expression at day 21 of culture (P, Q, R) was 49.38% at PTFE/PVA (S), 21.7% at TCPS (T), and 67.8% at PTFE/PVA/GO (U). Expression of OCN by ADSCs at day 14 of culture (S, T, U) was 19.4% at PTFE/PVA (S), 17.85% at TCPS (T), and 51.22% at PTFE/PVA/GO (U) while its expression at day 21 of culture (V, W, X) was 38.4% at PTFE/PVA (S), 19.4% at TCPS (T), and 53.08% at PTFE/PVA/GO (U). Green colour showed detected proteins using specific antibodies, while blue color showed the cells nuclei detected using DAPI staining. Semi-quantifying immunocytochemistry analysis using ImageJ software (Y, Z). The results confirm that the expression of mentioned osteogenic protein markers were significantly higher at ADSCs seeded on PTFE/PVA/GO scaffolds compared with ADSCs seeded on PTFE/PVA scaffolds and TCPS (*P<0.05).







Fig. 7. CT scan images at weeks 6 (Upper row, A, B, C, D) and 12 (lower row, E, F, G, H) after implantation in experimental groups. As shown in the images, the defects dimeter that filled by PTFE/PVA/Cell (C, G) and PTFE/PVA/GO/Cell (D, H) were obviously decreased compared to PTFE/PVA scaffold (A, E) and PTFE/PVA/GO (B, F). Healing rate analysis based on CT scan images at 6 (I) and 12 weeks (J). The results showed that healing rate at defects were filled by GO containing scaffolds were significantly higher than defects were filled by PTFE/PVA at weeks 6 and 12 (** P < 0.01). Defects were filled by PTFE/PVA/GO/Cell showed higher healing rate as compared to other groups at weeks 6 and 12 (** P < 0.005). As well as, healing rate at defects were filled by cell containing scaffolds were significantly higher than defects were filled by scaffolds without cells (**P < 0.05).

in cortical bone. In literature, there are many successful bone tissue scaffolds with different porosity in the range mentioned above. According to previous findings, besides pore size and porosity, fiber diameter and orientation have an impact on cell attachment, migration, expansion, and differentiation.37,38 Bone scaffolds need to be able to provide topographical cues of the cell niche, down to 5 nm, to get better cells response.³⁹ It was reported that stem cell migration on 200-700 nanometer fibers are better than 1.4-4 µm fiber.8 Also, human mesenchymal stem cells on nanofibers with a diameter less than 400 nanometers are differentiated to osteogenic cell lineage better than on microfiber with a diameter of 1.1-5.7 µm.8 The natural human bone ECM has the hierarchal structure of aligned tightly packed fibrils proteins that contain mostly collagen type I. This structure provides structural features to control cell attachment, growth, gene expression, migration, and expansion. Recreating the same features in scaffolds will guarantee the scaffolds application outcome.37 Reduction in fiber diameter and rise in fiber density on GO incorporated scaffolds which was observed in SEM images was consistent with previous reports.22

After ensuring the structure of the prepared scaffolds, ADSCs isolated from the human fat pad were cultured in a growth medium. At the third passage, the multi linage differentiation capacity and cell surface markers were detected by Oil Red O (Fig. 3B) and Alizarin S stain (Fig. 3C), as well as flowcytometry (Fig. 3A) The cell samples

with spindle morphology were expanded at the bottom of the cell culture flask and successfully differentiated into adipose and osteogenic cells. Moreover, the stem cells significantly expressed CD73, CD90, and CD105 while CD 14, CD20, CD 35, and CD45 expression on the cell surface were less prominent as is expected in mesenchymal stem cells.²⁵ After cell seeding on two types of scaffolds, the cell existence was detected at the first (Fig. 4A, 4B) and fourteenth day (Fig. 4C, 4D) using SEM, and at the seventh day of culture using DAPI sating (Fig. 4E, 4F). ADSCs on GO-containing scaffolds were higher in number comparing the other group. It might be because of the effect of GO on cell adhesion.^{40,41}

In the next step, at days 14 and 21 of culture under osteogenic medium, protein expression of key osteogenic markers including Runx2, COL Ia1, OC, and ON by seeded ADSCs were detected by western blot (Fig. 5) and immunocytochemistry analysis (Fig. 6). Runx2 gene encodes the 56 kD protein that acts as a "master switch" to regulate other genes involved in the development and maintenance of the osteoblast. These genes include alkaline phosphatase, Col Ia1, and OC. They facilitate bone cell phenotype development.^{42,43} The results showed that Runx2 protein expression was significantly higher at PTFE/PVA/GO scaffolds compared to PTFE/PVA and TCPS (*P < 0.05). It might be due to taking the advantage of GO nanoparticle's OH containing groups that facilitate cells attachment and development on the scaffolds. The expression of Runx2 at PTFE/PVA scaffolds



Fig. 8. Hematoxylin eosin staining at 6 (first column, A, C, E, G, K) and 12 (second column, B, D, F, H, L) weeks after implantation (scale bar: 400 µm). The results showed that new bone like tissue (NB) expanded to the scaffolds at defects filled by PTFE/PVA (C, D), PTFE/PVA/GO (E, F), PTFE/PVA/Cell (G, H), and PTFE/PVA/GO/Cell (K, L) as compare to control group (A, B). Host bone (B), Defect cavity (DC), Connective tissue (CT), Osteocyte (OSC), New bon like form tissue (NB).

was higher than TCPS (*P < 0.05). It might be a result of providing three-dimensional structure for cells in PTFE/ PVA scaffolds compared to TCPS. Notably, inconsistent with previous findings, the expression peak of Runx2 was detected on the 14th day of culture and after that day, Runx2 expression started to decrease. Col Ia1, the most abundant ECM protein, organizes the ECM structure and enhances osteogenesis.⁴⁴ This protein as an early osteogenic marker was expressed in a higher amount at GO incorporating scaffolds compared to PTFE/PVA and TCPS (P < 0.05). Similar to Runx2 protein expression, maximum expression of Col Ia1 was detected on the 14th day of culture and then the expression slightly decreased in the rest of the culture days. ON, a secretory glycoprotein has an affinity binding to calcium and collagen. ON has an important role in bone mineralization and facilitates the acquisition of differentiated phenotypes. ON protein expression, as a late osteogenic marker, was detected on the 14th day of culture and then slightly increased during culture. Based on the results, similar to Runx2 and Col Ia1, ON expression were higher on the cells seeded on PTFE/ PVA/GO compared to PTFE/PVA and TCPS groups (P < 0.05) which are attributed to the GO nanoparticles and cells growth on the structure that mimics bone ECM. OCN is secreted only by the osteoblast during the bone formation process. OCN acts as a regulatory protein in the metabolic activity of human cells, bone mineralization, and calcium ion homeostasis. OCN protein is another late osteogenic marker that slightly increased during cell culture in the three mentioned groups. The highest amount was detected on the cells cultured on PTFE/PVA/ GO groups (P < 0.05). The immunocytochemistry assay confirmed all the results acquired by western blot analysis. It is worth mentioning that these findings confirmed our previously published results which were acquired using real-time PCR.22

All mentioned proteins were significantly expressed on GO incorporated scaffolds more than other groups (PTFE/ PVA and TCPS) (P < 0.05). Furthermore, the protein expression of Runx2 and COL Ia1 as early osteogenic markers were increased through 14 days of culture. The expression of these markers started to decrease while the protein expression of OC and ON as a late osteogenic marker was slightly increased through 21-day culture under OM. This observation was correlated with GO as a valuable derivation of graphene. It was shown that GO has a tremendous effect on bone regeneration which could be a result of the positive effect of GO on stem cells attachment, growth, expansion, and even differentiation and also on capturing of growth factors from culture media and accumulating them on the scaffold because of its unique nano-topography.45,46 Furthermore, it was shown that GO affects fiber diameter through fibrous scaffolds fabrication which helps mimic the natural hierarchical bone ECM structure.36,47

After confirming the successful osteogenic proteins expression by ADSCs seeded on the two types of scaffolds in the in-vitro study, bare scaffolds and scaffolds with ADSCs were prepared to implant on rat calvarial defects. For this purpose, five groups were defined for implanting: PTFE/PVA and PTFE/PVA/GO with and without ADSCs, as well as a control group with no cells and scaffolds.

Among different types of small and large animals used for BTE including mice, rats, rabbits, dogs, etc rat models are considered the best due to simple and less time taking surgical procedure and exitance of multiple postoperative studies, reproducibility, associate cost, and little morbidity and mortality rate through the study.^{48,49} The other important thing is the "critical size defect" term which is accepted as the smallest size of tissue defect that will not heal without intervention. In rat calvarial defect cases, the 8 millimeters (mm) size is accepted as a critical size defect but many researchers designed their study on the rat models with two 5 mm subcritical sized defects per animal based on their studies objects.⁴⁹ In the current study, one 8 mm defect per animal was applied to investigate the bone regeneration potential of the designed constructs. After making defects on the animal's calvarial bone, 4 different types of constructs were implanted and the control group (empty defects) were followed for 6 and 12 weeks. It has been reported that 12 weeks of postoperative follow up is sufficient to estimate bone healing at rodent models. The 4th and 8th weeks after injury, are also critical times in small rodent bone defect healing.^{30,49} In this study, 6 and 12 weeks after surgery were chosen to estimate the rate of the healing procedure.

As mentioned above, to compare in-vivo bone formation capabilities of newly designed bare scaffolds (PTFE/PVA, PTFE/PVA/GO) and scaffolds containing ADSCs, they were implanted to the 8 mm circular rat calvarial defects, and the outcomes were evaluated by CTscan analysis (Fig. 7), and H&E staining (Fig. 8). Blank defects were used as the control group and the experiment were followed at 6 and 12 weeks after implantation. CT images which were captured from the coronal section of the rats' head center between eyes and external acoustic meatus showed that in the groups in which the defects were filled by a cell containing scaffolds (Fig. 7C, 7D, 7G, 7H) finding bone-like tissue was significantly more likely than the groups filled by bare scaffolds (Fig. 7A, 7B, 7E, 7F) (P < 0.05). This result showed that using ADSCs significantly improves the bone-induced regeneration process when compared to the effect of bare scaffolds. This observation ties well with previous studies wherein culturing ADSCs in scaffolds induces the regeneration of new bone in critical-size defects. It has been demonstrated that it could be a result of pro-osteogenic cytokines secretion by ADSCs in the bone defect areas, osteoblastlike cells derived from ADSCs which produces sufficient osteoid before the maturation of bone by deposition of inorganic salts, and cell-cell interaction between engrafted ASCs and host calvarial osteoblasts which are critical in bony healing of calvarial defects.^{50,51} Furthermore, GOcontaining scaffolds were more effective than PTEF/PVA scaffolds and showed a dramatic bone defect reduction at two time-point evaluations which are associated with osteoinduction and osteoinductive capabilities of GO nanoparticles. Moreover, histological observation (Fig. 8) showed that bone-like tissue with the typical structure of osteocyte lacunae were formed better in the groups with GO nanoparticles and/or ADSCs while in the controls, the defect sites were mostly filled with fibrous connective tissue. Over time, cells changed their morphology to large round osteoblast-like cells with basophilic cytoplasm and bone ingrowth at the margin of the defect and the central area were observed. There were no wound infections,

Research Highlights

What is the current knowledge?

 $\sqrt{}$ Freeze drying method could be used for nanofibrous scaffolds production.

What is new here?

 $\sqrt{\rm PTFE/PVA/GO/ADSCs}$ construct has a promising result in in-vivo bone regeneration and could be useful on clinical application.

paralysis, convulsions, or signs of pain during the observation period.

Conclusion

The data provide evidence that new freeze-dried nanofibrous scaffolds formed from hydrophobic (PTFE) and hydrophilic (PVA) polymers with and without GO make a suitable environment for ADSCs confirmed by the expression of bone-related proteins. Furthermore, bone regeneration at rat calvarial defects were significantly boosted by taking the advantage of ADSCs and GO nanoparticle. PTFE/PVA/GO/ADSCs showed better invivo results and is a good candidate for a new cell-scaffold BTE construct for clinical usage.

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Authors' contribution

All authors equally contributed to this study.

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Ethical statement

This study is under the support of Shahid Beheshti University's Medical Research Ethics Committee.

Competing interests

There are no competing interests to declare.

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