# Reactions to Uncertainty and the Accuracy of Diagnostic Mammography

Patricia A. Carney, PhD<sup>1,2</sup>, Joyce P. Yi, MS, PhC<sup>3</sup>, Linn A. Abraham, MS<sup>4</sup>, Diana L. Miglioretti, PhD<sup>4</sup>, Erin J. Aiello, MPH<sup>4</sup>, Martha S. Gerrity, MD, PhD<sup>5</sup>, Lisa Reisch, PhD<sup>3</sup>, Eric A. Berns, PhD<sup>6</sup>, Edward A. Sickles, MD<sup>7</sup>, and Joann G. Elmore, MD, MPH<sup>3</sup>

<sup>1</sup>Department of Community and Family Medicine, Dartmouth Medical School, Hanover and Lebanon, NH, USA; <sup>2</sup>Department of Family Medicine, Oregon Health and Science University, 3181 SW Sam Jackson Park Road, FM, Portland, OR 97239, USA; <sup>3</sup>Division of General Internal Medicine, University of Washington School of Medicine, Harborview Medial Center, Seattle, WA, USA; <sup>4</sup>Center for Health Studies, Group Health Cooperative, Seattle, WA, USA; <sup>5</sup>Department of Medicine, Oregon Health Sciences University, Portland Veteran's Administration Medical Center, Portland, OR, USA; <sup>6</sup>Lynn Sage Comprehensive Breast Center, Northwestern University Medical School, Chicago, IL, USA; <sup>7</sup>Department of Radiology, University of California, San Francisco, San Francisco, CA, USA.

**BACKGROUND:** Reactions to uncertainty in clinical medicine can affect decision making.

**OBJECTIVE:** To assess the extent to which radiologists' reactions to uncertainty influence diagnostic mammography interpretation.

**DESIGN:** Cross-sectional responses to a mailed survey assessed reactions to uncertainty using a well-validated instrument. Responses were linked to radiologists' diagnostic mammography interpretive performance obtained from three regional mammography registries.

**PARTICIPANTS:** One hundred thirty-two radiologists from New Hampshire, Colorado, and Washington.

**MEASUREMENT:** Mean scores and either standard errors or confidence intervals were used to assess physicians' reactions to uncertainty. Multivariable logistic regression models were fit via generalized estimating equations to assess the impact of uncertainty on diagnostic mammography interpretive performance while adjusting for potential confounders.

**RESULTS:** When examining radiologists' interpretation of additional diagnostic mammograms (those after screening mammograms that detected abnormalities), a 5-point increase in the reactions to uncertainty score was associated with a 17% higher odds of having a positive mammogram given cancer was diagnosed during follow-up (sensitivity), a 6% lower odds of a negative mammogram given no cancer (specificity), a 4% lower odds (not significant) of a cancer diagnosis given a positive mammogram (positive predictive value [PPV]), and a 5% higher odds of having a positive mammogram (abnormal interpretation).

**CONCLUSION:** Mammograms interpreted by radiologists who have more discomfort with uncertainty have higher likelihood of being recalled.

 $\it KEY WORDS$ : physician uncertainty; medical malpractice; breast cancer screening; mammography.

Received April 5, 2006 Revised June 19, 2006 Accepted October 9, 2006 Published online January 18, 2007 DOI: 10.1007/s11606-006-0036-9

© 2007 Society of General Internal Medicine 2007;22:234–241

#### INTRODUCTION

Studies on mammography interpretive performance indicate significant variability exists among radiologists. <sup>1–4</sup> Sensitivity of screening and diagnostic mammography range from 72.4–88.6% to 78.1–85.8%, respectively. <sup>5–8</sup> Sources of this variability have been attributed to radiologists' interpretive volume and years of interpretive experience, but even the most recent studies on these factors reported conflicting results. <sup>9,10</sup> Variability in interpretive performance, especially in diagnostic mammography, is an important clinical problem because low recall rates can result in missed cancer or delay in diagnosis, whereas high recall rates can lead to unnecessary work-up with associated costs, patient anxiety, and potential for patient morbidity.

Several factors may affect radiologists' thresholds of concern as they view mammographic images and decide whether the film is positive, negative, or inconclusive. The practice environment is one such factor, as interpreting mammography occurs in a highly litigious environment in the United States. Failure or delay in breast cancer diagnosis is the most frequent medical malpractice allegation in the United States, 11 likely making interpreting mammography quite stressful. One study in Internal Medicine found that physicians' reactions to uncertainty led to excessive resource use. 12 In a previous study, 13 we found that reactions to uncertainty, including stress or anxiety, were associated with sex and years of interpretive experience but had no affect on interpretive performance of screening mammography. We concluded that interpreting screening mammography where cancer detection rates are quite low, approximately 4 out of 1,000, 5-7,14 is not as stressful as hypothesized. In contrast, diagnostic mammography has a reported cancer detection rate of 25 out of 1,000, 15 and may be associated with higher levels of stress from uncertainty than screening mammography.

We used a well-validated instrument  $^{16,17}$  to assess reactions to uncertainty among radiologists who interpret diagnostic mammography in three distinct regions in the United States.

In addition, we explored the extent to which radiologists' reactions to uncertainty explain variability in interpretive performance of diagnostic mammography. We hypothesized that more stressful reactions to uncertainty would be associated with the likelihood of recalling women for additional work-up.

#### **METHODS**

# **Study Population**

Three regional mammography registries participated in this study: Group Health Cooperative, a nonprofit integrated health care organization in the Pacific Northwest; the New Hampshire Mammography Network, <sup>18</sup> which captures 90% of women undergoing mammography in New Hampshire; and the Colorado Mammography Program, which captures approximately 50% of the women in the six-county metropolitan area of Denver. These three registries are members of the federally funded Breast Cancer Surveillance Consortium. <sup>19</sup> Although certain characteristics of the registries differ, they represent the spectrum of health delivery systems providing mammography in the U.S. Federal, state and local confidentiality and data security protections obtained to guard this research data are described elsewhere. <sup>20</sup>

Eligible radiologists included those interpreting screening and diagnostic mammograms around the time of the survey, identified through the three registries. Radiologists were excluded if they planned to move or retire during the study period. After we obtained approval from the Institutional Review Board of each site, we used mail and telephone follow-up to recruit eligible radiologists. Subjects were informed that their participation would involve completing a survey about their demographic, clinical, and other mammography-related experience, which would then be linked to their interpretive performance of mammography as obtained from their respective registries.

## Instrument Development and Data Collection

A detailed description of the radiologist survey and its psychometric properties is provided elsewhere. 13 Briefly, the survey ascertained sex, years of interpreting mammography, interpretive volume, reimbursement mechanism, medico-legal experience, and reactions to uncertainty involved in patient care. The survey section on reactions to uncertainty, adapted from an instrument developed by Gerrity et al., 16,17 characterizes physicians' reactions to uncertainty in three domains: (1) anxiety from uncertainty, (2) concern about bad outcomes, and (3) reluctance to disclose information to physician colleagues. This analysis is limited to the first 2 domains. The third was not a significant domain in the analysis. Table 1 outlines the two domains of this analysis and their respective items as well as means and standard errors as reported by the radiologists in our sample. Individual items were revised to make them relevant to the practice of mammography interpretation. 13 Radiologists rated items using a 6-point Likert scale (1=strongly disagree, 2=moderately disagree, 3=slightly disagree, 4=slightly agree, 5=moderately agree, and 6=strongly agree). An uncertainty score with the 2 domains combined could range from 8 to 48, with 8 indicating low reactions to uncertainty and 48 indicating high reactions to uncertainty. A

Table 1. Reactions to Uncertainty by Individual Items and Scales

Reaction to uncertainty scales and individual items	Mean score*	Standard error
Anxiety because of uncertainty scale (≈= 0.89)	19.4	0.49
Uncertainty in mammography makes me uneasy	4.2	0.12
I am quite comfortable with the uncertainty in mammography practice <sup>†</sup>	3.9	0.12
I find the uncertainty involved in mammography disconcerting	3.9	0.12
The uncertainty in mammography often troubles me	3.6	0.12
I usually feel anxious when I am not sure of a mammographic interpretation	3.8	0.11
Concern about bad outcomes scale (≈= 0.69)	10.2	0.29
When I am uncertain of a mammographic interpretation, I imagine all sorts of bad scenarios—patient dies, patient sues, etc.	3.0	0.12
I fear being held accountable for the limits of my knowledge	3.2	0.13
I worry about malpractice when I am not sure of a mammographic interpretation	4.0	0.12

Items were adapted to mammography practice.

prior study demonstrated that alpha coefficients for the revised subscales ranged from 0.69 to  $0.89.^{13}$  When removing the third domain the alpha coefficient for the reaction to uncertainty measure was 0.89, indicating a high level of internal consistency for this measure.

## **Data Linkages**

Survey data were merged with interpretation and outcome data obtained from the three registries for diagnostic mammograms that occurred between January 1, 1996 and December 31, 2002 allowing 1 year of follow-up to ascertain a breast cancer diagnosis (through December 2003). We defined diagnostic mammograms as (1) additional evaluation performed after a recent screening mammogram to assess an abnormality, (2) those performed at short interval to evaluate stability in a previously detected abnormality, (3) those performed to evaluate a breast concern that was *not* reported to be a lump, and (4) those performed to evaluate a self-reported breast lump. Mammograms of women with breast implants or a history of breast reconstruction or reduction were excluded from the analysis.

Core variables obtained from each registry included date; type of mammogram (see above); BI-RADSTM interpretation and recommendation categories;  $^{21}$  patient demographic, clinical, and risk characteristics; and breast cancer outcome. Standardized variable definitions allowed for merging of data from different screening programs while ensuring both uniformity and confidentiality of all data.  $^{16}$  Linkages between radiologists' uncertainty scores from the mailed survey and performance data were made by a centralized data-coordinating center.

#### **Analytic Definitions**

Mammograms were considered positive if assigned a final BI-RADS<sup>TM</sup>  $code^{21}$  of 0 with a recommendation for biopsy, FNA or

<sup>\*</sup>Based on response scale of 1 (strongly disagree) to 6 (strongly agree).

<sup>†</sup>Item is reverse scored.

surgical consult, 4 (suspicious abnormality) or 5 (highly suggestive of cancer) at the end of the imaging work-up. The most severe interpretation of either breast on a bilateral mammogram was used to classify the overall assessment. We classified mammograms as negative if assigned a BI-RADS<sup>TM</sup> code of 1 (negative), 2 (benign finding), 3 (probably benign), or 0 without a recommendation for biopsy.

The follow-up period for cancer outcomes associated with each examination was 365 days. Breast pathology outcomes (benign and malignant) were identified through pathology data banks and/or regional cancer registries. Only invasive breast cancer and ductal carcinoma in situ cases were included. Lobular carcinoma in situ cases were excluded because they are not visible on mammography.

# **Analytic Calculations and Statistical Analysis**

Examinations were false positive when the assessment was positive and a breast cancer diagnosis did not occur within the follow-up period (365 days). Examinations were true positive when the assessment was positive and a cancer diagnosis followed. A false negative examination was a negative assessment with a diagnosis of cancer within the follow-up period. A true negative examination was a negative assessment with no subsequent cancer diagnosis within the follow-up period. Sensitivity was calculated as true positive/(true positive+false negative). Specificity was calculated as true negative/(true negative+false positive). Positive predictive value (PPV) was calculated as true positive/(true positive+false positive). Recall rate was calculated as positive examinations/(positive examinations+negative examinations).

Performance measures may vary among the 4 types of diagnostic mammograms described above. <sup>15</sup> Therefore, analyses were stratified by type of diagnostic mammogram. Analyses examining sensitivity, specificity, and PPV were based on radiologists interpreting diagnostic mammograms (of a specific type) resulting in breast cancers or not. Each radiologist characteristic was initially examined univariately with respect to the combined uncertainty scale as well as the individual subscale. The means and 95% confidence intervals (CI) were computed for each scale by radiologist characteristic. Statistically significant differences between means were assessed using the SAS procedure GLM. <sup>22</sup>

For each type of diagnostic mammogram, we used a multivariable analysis to examine the association between the combined reactions to uncertainty scale (as well as the 2 subscales) and each performance measurement. The analysis adjusted for mammography registry, radiologist sex, age, and interpretive volume. We also adjusted for patient age at mammogram and time since last mammogram. Odds ratios were used to quantify the influence of these variables on the probability of a true positive or true negative outcome.

The combined uncertainty score was divided by 5 for ease of interpretation of the odds ratios. Thus, we are able to discuss the changes in the odds of a positive mammogram, negative mammogram, or cancer diagnosis associated with a 5-point change in reactions to uncertainty score. We undertook this approach for 2 reasons. First, a 5-point increase represents an approximate 17% change in score based on our mean uncertainty score of 30, felt to be more reflective of clinically relevant change than a 1-point increase. We used this approach in our prior paper on uncertainty in screening

Table 2. Physician Characteristics by Level of Uncertainty (Includes 132 Radiologists with Diagnostic Mammograms During 1996–2002)

	Number of radiologists	Percent		because of certainty	Concern about bad outcomes		Combined uncertainty score	
			Mean	95% CI	Mean	95% CI	Mean	95% CI
Physician characteristics								
Overall	132		19.4	(18.4-20.3)	10.2	(9.7-10.8)	29.6	(28.2-31.0)
Sex								
Male	102	77.9	19.9	(18.8-21.0)	10.6	(10.0-11.2)	30.5	(28.9-32.1)
Female	29	22.1	17.4	(15.4-19.4)	9.0	(7.8-10.3)	26.4	(23.4-29.5)
Years of interpretation								
≤9	30	22.9	20.8	(18.9-22.7)	11.0	(9.8-12.3)	31.9	(29.0-34.8)
10-19	59	45.0	19.2	(17.7-20.6)	10.6	(9.7-11.4)	29.7	(27.7-31.8)
≥20	42	32.1	18.9	(17.0-20.7)	9.3	(8.3-10.4)	28.2	(25.4-30.9)
Interpretive volume								
<500	4	3.1	20.0	(11.1-28.9)	11.0	(5.5-16.5)	31.0	(16.9-45.1)
500-1,000	32	24.6	20.6	(18.6-22.5)	11.4	(10.2-12.6)	32.0	(29.0-35.0)
1,001-2,000	49	37.7	19.4	(17.7-21.1)	9.9	(8.9-10.9)	29.3	(26.8-31.9)
2,001-5,000	40	30.8	18.7	(17.0-20.4)	9.8	(8.8-10.8)	28.5	(26.1 - 30.9)
>5,000	5	3.9	16.2	(8.5-23.9)	8.8	(4.7-12.9)	25.0	(14.6-35.4)
Method of reimbursement								
Annual set salary	45	34.4	19.9	(18.4-21.4)	10.6	(9.5-11.6)	30.4	(28.2-32.7)
Per mammogram	5	3.8	16.4	(10.4-22.4)	9.2	(6.0-12.4)	25.6	(18.4-32.8)
Shared partnership profits	71	54.2	19.6	(18.4-20.9)	10.4	(9.7-11.2)	30.1	(28.2-32.0)
Some combination	10	7.6	17.5	(11.3-23.7)	8.4	(5.3-11.5)	25.9	(17.1-34.7)
Medical practice-related law suit	*							
Any	69	52.3	19.9	(18.6-21.3)	10.5	(9.8-11.3)	30.4	(28.5-32.4)
None	63	47.7	18.8	(17.4-20.2)	9.9	(9.0-10.8)	28.7	(26.6-30.8)

Items in bold show statistically significant differences at P<.05 level. CI=confidence interval.

<sup>\*</sup>Not necessarily mammography-related.

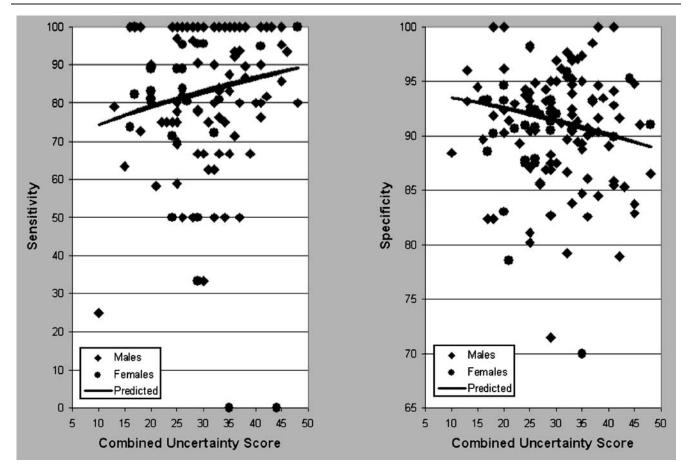


Figure 1. Radiologist sensitivity and specificity by uncertainty scores (based on mammograms performed as additional evaluations).

mammography interpretation,  $^{13}$  and wanted to make comparisons between our findings for screening and diagnostic mammograms. Each diagnostic mammogram was associated with an assessment and breast cancer outcome. Therefore, the analysis was performed at the mammogram level but accounted for the correlation within each radiologist. Logistic regression models were fit using generalized estimating equations,  $^{23}$  assuming an independent working correlation matrix to account for potential correlation among mammograms interpreted by the same radiologist. For all analyses, tests were two-sided with P values  $\leq$  .05 considered to be statistically significant.

#### **RESULTS**

One hundred and eighty-one eligible radiologists were invited to participate by completing the survey. Of these, 139 consented and completed all or a portion of the survey for a response rate of 76.8%. One hundred and thirty-two participating radiologists (95% of those who completed the survey) interpreted diagnostic mammograms during the time period and had complete responses on the reactions to uncertainty scale.

Table 2 outlines the mean uncertainty scores with 95% CI by demographic and practice characteristics of participants. The majority of radiologists were male (78%), most had 10 or

more years of experience (77%), and there was a fairly even distribution across annual interpretive volume (screening and/or diagnostic) categories of 500–5,000, with very few (7%) interpreting more or less than these categories. Most radiologists were reimbursed through shared partnership profits or through annual set salary with few being reimbursed per screening mammogram. Approximately half (52.3%) reported a prior medical malpractice lawsuit. Only 14% (19/132) reported a previous mammography-related lawsuit (data not shown).

The mean reactions to uncertainty score with the two domains combined was 29.6 (95% CI, 28.2–31.0) of a total possible score of 48 (Table 2). Scores were lower among female versus male radiologists (26.4 vs 30.5; P=.018) (Table 2). Radiologists with more years interpreting mammography and higher interpretive volume had slightly lower uncertainty scores. A test for trend indicated that the reduction in uncertainty scores with higher years of interpretation was borderline statistically significant (P=.058). This was especially significant for reduction in concern about bad outcomes and higher years of interpretation (P=.03). Method of reimbursement was not associated with uncertainty scores. Radiologists reporting any prior medico-legal experience had slightly higher uncertainty scores (30.4 vs 28.7), although this was not significant.

Performance data linked to survey responses included a mean of 996 diagnostic mammograms per radiologists (range

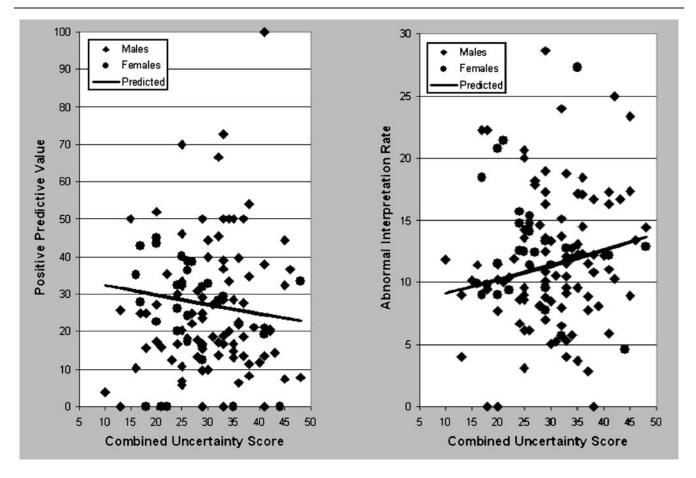


Figure 2. Radiologist PPV and abnormal interpretation rate by uncertainty scores (based on mammograms performed as additional evaluations).

1-5,285) in the study time period. Of the 131,482 diagnostic mammograms included in the analysis, 3,080 were true positive examinations, 120,991 were true negative examinations, 6,470 were false positive examinations, and 941 were false negatives.

Figures 1 and 2 illustrate the relationship between overall uncertainty scores and performance measures based on diagnostic mammograms that were additional evaluations performed after a recent screening mammogram to assess an abnormality. The trend line on each figure is based on predictive probabilities obtained from unadjusted logistic regression models. Higher uncertainty scores are associated with higher sensitivity (P=.0013) and lower specificity (P=.0015) (Fig. 1). Similarly, higher uncertainty scores are associated with higher recall (abnormal interpretation rate; P=.0006) (Fig. 2). The inverse relationship between uncertainty scores and PPV is not statistically significant (P=.13).

Table 3 illustrates the results of the multivariable analysis after adjustments for mammography registry, radiologist characteristics, and patient characteristics. When examining radiologists' interpretation of additional evaluations after a recent mammogram, after adjustment a 5-point increase in reactions to uncertainty was associated with a 17% higher odds of having a positive mammogram given cancer was diagnosed during follow-up (sensitivity), a 6% lower odds of a negative mammogram given no cancer (specificity), a 4% lower odds (not significant) of a cancer diagnosis given a positive mam-

mogram (PPV), and a 5% higher odds of having a positive mammogram (abnormal interpretation). Similar relationships were found within the other subtypes of diagnostic mammograms, although the associations were not usually statistically significant. Results were unchanged after additionally adjusting for whether the radiologist had a prior medical malpractice lawsuit.

# **DISCUSSION**

Radiologists who are more bothered by the uncertainty inherent in clinical medicine have higher recall rates, lower specificity, and lower PPV in diagnostic mammography interpretation when the diagnostic mammogram was done to evaluate an abnormality found on a recent screening mammogram. It appears that this type of diagnostic mammogram generates more concern among radiologists than other types of diagnostic mammograms. Perhaps this is because of the equivocal nature of a new finding versus tracking a prior finding, which is usually assessed for stability. These radiologists also appear to have higher sensitivity, a finding that is consistent across all subtypes of diagnostic mammograms. After adjusting for radiologist factors, within additional evaluations a 5-point increase in reactions to uncertainty was associated with a 17% higher odds of having a positive mammogram given cancer, a 5% higher odds of having a

Table 3. Adjusted Odds of Various Mammographic Diagnostic Interpretations by Uncertainty Score

	Odds of a positive mammogram given a cancer diagnosis during follow-up		Specificity  Odds of a negative mammogram given no cancer diagnosis during follow-up		Positive predictive value  Odds of cancer diagnosis given a positive mammogram		Odds of abnormal interpretation	
	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI
Additional evaluation*								
Anxiety because of uncertainty score (every 5-point increase)	1.29	(1.11, 1.50)	0.93	(0.85, 1.02)	0.94	(0.85, 1.03)	1.06	(0.98, 1.14)
Concern about bad outcomes score (every 5-point increase)	1.21	(0.89, 1.66)	0.85	<b>(0.75</b> , <b>0.97</b> )	0.93	(0.81, 1.05)	1.14	(1.03, 1.26)
Combined uncertainty score (every 5-point increase) Short interval follow-up <sup>†</sup>	1.17	(1.05, 1.31)	0.94	(0.89, 0.99)	0.96	(0.90, 1.01)	1.05	(1.01, 1.10)
Anxiety because of uncertainty score (every 5-point increase)	1.10	(0.89, 1.35)	0.95	(0.84, 1.08)	1.07	(0.92, 1.25)	1.06	(0.94, 1.19)
Concern about bad outcomes score (every 5-point increase)	1.20	(0.87, 1.65)	1.08	(0.91, 1.29)	1.11	(0.90, 1.37)	0.95	(0.81, 1.12)
Combined uncertainty score (every 5-point increase) Evaluation of breast problem (no known lump <sup>‡</sup> )*	1.08	(0.94, 1.25)	0.99	(0.91, 1.08)	1.05	(0.95, 1.17)	1.02	(0.94, 1.10)
Anxiety because of uncertainty score (every 5-point increase)	0.95	(0.80, 1.12)	1.00	(0.90, 1.12)	1.01	(0.89, 1.15)	1.00	(0.92, 1.09)
Concern about bad outcomes score (every 5-point increase)	0.84	(0.61, 1.16)	1.08	(0.93, 1.26)	0.98	(0.81, 1.17)	0.92	(0.83, 1.03)
Combined uncertainty score (every 5-point increase) Evaluation of beast problem (lump <sup>‡</sup> )*	0.94	(0.83, 1.07)	1.02	(0.94, 1.10)	1.00	(0.91, 1.10)	0.98	(0.93, 1.04)
Anxiety because of uncertainty score (every 5-point increase)	1.11	(0.93, 1.32)	0.88	(0.79, 0.98)	0.90	(0.80, 1.01)	1.08	(1.00, 1.17)
Concern about bad outcomes score (every 5-point increase)	0.92	(0.71, 1.2)	0.88	(0.75, 1.03)	0.85	(0.73, 0.98)	1.05	(0.92, 1.19)
Combined uncertainty score (every 5-point increase)	1.04	(0.92, 1.17)	0.92	(0.85, 0.99)	0.92	(0.85, 0.99)	1.05	(0.99, 1.10)

Items in bold show statistically significant differences at P<.05 level.

diagnostic mammogram interpreted as positive (abnormal interpretation), a 6% lower odds of having a diagnostic mammogram accurately interpreted as negative, a 4% lower odds (not significant) of detecting a cancer when the mammogram was interpreted as positive (PPV).

We conducted this study in an attempt to identify specific factors affecting radiologists' interpretive thresholds in higher stakes mammography interpretation, which might be amenable to change. Identifying these might then lead to a better understanding of how to modify these factors to enhance interpretive accuracy. Reducing unnecessary recall in the United States, while maintaining sensitivity, could result in both significant cost savings  $^{24}$  and a reduction in the anxiety women experience when receiving an abnormal mammographic interpretation.  $^{25-27}$ 

The high likelihood of cancer in women obtaining diagnostic mammography might trigger an affective reaction among radiologists who are less comfortable with possibly missing an important finding on mammography. Interestingly, our previous study<sup>13</sup> found no association between reactions to uncertainty and interpretive performance or decision making in screening mammography. A previously published paper

from this study  $^{28}$  indicated that radiologists have misperceptions about breast cancer risk in the women for whom they interpret mammograms. We are currently conducting a study to determine whether we can help radiologists recalibrate their thresholds of concern by educating them about risk of breast cancer in their patient populations and about their own risk of medical malpractice.

Other important questions to address in intervention research include the following: Would double reading policies reduce uncomfortable reactions to uncertainty? Would certain radiologists be more likely to benefit from double reading than others? Will the ability to obtain supplemental consultation reduce negative reactions to uncertainty? Why does sex of the radiologist appear to play a significant role in stress associated with uncertainty? We hope to address several of these questions in our next study, which may assist us in determining how to improve interpretive performance.

One concern raised by our study is the relationship between uncertainty in clinical decision making and physician burn-out. Radiologists in our study reported high reactions to uncertainty as well as a high desire to leave the field of mammography.<sup>29</sup> Two previous studies have shown that

CI=confidence interval, OR=odds ratio.

<sup>\*</sup>Models adjusted by mammography registry, radiologist age, radiologist volume (>1,000 vs  $\leq$ 1,000), radiologist sex, patient age, and time since last mammogram.

<sup>&</sup>lt;sup>†</sup>Models adjusted by mammography registry, radiologist age, radiologist volume (>1,000 vs ≤1,000), radiologist sex, patient age; not adjusted for time since last mammogram because of lower number of observations in this subtype of diagnostic mammogram.

<sup>&</sup>lt;sup>‡</sup>Self-reported symptom as indicated by the woman undergoing the mammogram.

negative responses to uncertainty or ambiguity among psychologists and primary care providers are associated with burnout. So.31 The recent Institute of Medicine Report, Improving Breast Imaging Quality Standards, dientified several workforce concerns regarding available radiologists to interpret mammography. Their findings indicate that as the population of women over age 40 increases by nearly 50%, the number of radiologists per 10,000 women in the same age group is expected to decline by 14% in 2015 and 23% by 2025. Thus, understanding the relationship between discomfort with uncertainty and performance is important if it is causing radiologists to discontinue mammography interpretation. More research is needed to understand this phenomenon more fully.

No study is without limitations. Our study population included a representative sample of radiologists practicing in three distinct regions of the United States. Although our high response rate allows us to generalize to other radiologists in these regions, it does not allow us to generalize to radiologists around the country. The strengths of our study include a high response rate to a mailed survey, the ability to link wellvalidated responses to this survey to actual interpretive performance data, and inclusion of the breadth of settings where mammography is performed, including communitybased, academic, and open as well as single-payer health maintenance organizations. Although this allows us to capture mammography interpretative practice as it is commonly performed in the United States, we were not able to conduct analyses by specific practice settings, such as among radiologists whose practice is confined specifically to mammography interpretation, as this was not common in our study population. A final potential limitation is that some radiologists had a sensitivity of 0, which is probably because those radiologists interpreted a small number of examinations and because breast cancer is relatively rare, thus, no cancers were detected in their small samples. Because the analysis was conducted at the level of the mammogram (not at the level of the provider), there is no need to repeat the analyses while excluding radiologists who had outlier values for sensitivity.

In conclusion, mammograms interpreted by radiologists who have more discomfort with uncertainty have higher likelihood of being recalled. Interventions should be designed to address uncertainty in clinical practice when it is found to affect clinical performance.

**Acknowledgement:** This work was supported by the Agency for Healthcare Research and Quality (HS-10591) and the National Cancer Institute (U01 CA63731, U01 CA86082, U01 CA63736, and U01 CA86076).

Potential Financial Conflicts of Interest: None disclosed.

**Corresponding Author:** Patricia A. Carney, PhD, Department of Family Medicine, Oregon Health and Science University, 3181 SW Sam Jackson Park Road, FM, Portland, OR 97239, USA (e-mail: carneyp@ohsu.edu).

# **REFERENCES**

 Elmore J, Wells C, Lee C, Howard D, Feinstein A. Variability in radiologists' interpretations of mammograms. New Engl J Med. 1994;331(22):1493-99.

- Beam CA, Layde PM, Sullivan DC. Variability in the interpretation of screening mammograms by US radiologists. Arch Intern Med. 1996:156:209–13.
- Brown M, Houn F, Sickles E, Kessler L. Screening mammography in community practice: positive predictive value of abnormal findings and yield of follow-up procedures. AJR Am J Roentgenol. 1995;165:1373–77.
- Beam CA, Conant EF, Sickles EA. Factors affecting radiologist inconsistency in screening mammography. Acad Radiol. 2002;9:531–40.
- Poplack SP, Tosteson AN, Grove M, Wells WA, Carney PA. The practice of mammography in 53,803 women from the New Hampshire Mammography Network. Radiology. 2000;217:832–40.
- Barlow WE, Lehman CD, Zheng Y, et al. Performance of diagnostic mammography for women with breast signs or symptoms of breast cancer. J Natl Cancer Inst. 2002;94:1151–9.
- Yankaskas BC, Taplin SH, Ichikawa L, et al. Association between mammography timing and measures of screening performance in the US. Radiology. 2005;234(2):363–73.
- Kerlikowske K, Carney PA, Geller B, et al. Performance of screening mammography among women with and without a family history of breast cancer. Ann Intern Med. 2000;133:855–63.
- Barlow WE, Chi chen, Carney PA, et al. Accuracy of screening mammography interpretation by characteristics of radiologists. J Natl Cancer Inst. 2004;96(24):1840-50.
- Smith-Bindman R, Chu P, Miglioretti DL, et al. Physician predictors of mammographic accuracy. J Natl Cancer Inst. 2005;97(5):358–67.
- Physicians Insurers Association of America Data Sharing Committee.
   Cumulative Reports, January 1st, 1985-June 30, 1996. Rockville:
   Physicians Insurers Association of America: 1996.
- Allison JJ, Kiefe CI, Cook EF, Gerrity MS, Orav EJ, Centor R. The association of physician attitudes about uncertainty and risk taking with resource use in a Medicare HMO. Med Decis Mak. 1998;18(3):320–29.
- Carney PA, Elmore JG, Abraham LA, et al. Radiologist uncertainty and the interpretation of screening mammography. Med Decis Mak. 2004;24 (3):255–64.
- 14. Carney PA, Miglioretti DL, Yankaskas BC, et al. Individual and combined effects of breast density, age, and hormone replacement therapy use on the accuracy of screening mammography. Ann Intern Med. 2003;138(3):168–75.
- Sickles EA, Miglioretti DL, Ballard-Barbash B, et al. Performance benchmarks for diagnostic mammography. Radiology. 2005;235(3): 775–90
- Gerrity MS, DeVellis RF, Earp J. Physicians' reactions to uncertainty in patient care. Med Care. 1990;28(8):724–36.
- Gerrity MS, White KP, DeVellis RF, Dittus. Physicians' reactions to uncertainty: refining the constructs and scales. Motiv Emot. 1995;19 (3):175-91.
- Carney PA, Poplack SP, Wells WA, Littenberg B. Development and design of a population-based mammography registry: the New Hampshire Mammography Network. AJR Am J Roentgenol. 1996;167(Aug): 367–79
- Ballard-Barbash R, Taplin SH, Yankaskas BC, et al. Breast Cancer Surveillance Consortium: a national mammography screening and outcomes database. AJR Am J Roentgenol. 1997;169:1001–08.
- Carney PA, Geller BM, Moffett H, et al. Current medico-legal and confidentiality issues in large multi-center research programs. Am J Epidemiol. 2000;152(4):371–8.
- D'Orsi CJ, Bassett LW, Feig SA, et al. Breast imaging reporting and data system, 3rd ed. Reston, VA: American College of Radiology; 1998.
- SAS Institute Inc. SAS/STAT user's guide, version 8. Cary NC: SAS Institute Inc; 1999
- Liang, K-Y, Zeger, SL. Longitudinal data analysis using generalized linear models. Biometrika. 1986;73(1):13–22.
- Poplack SP, Carney PA, Weiss JE, Titus-Ernstoff L, Goodrich ME, Tosteson ANA. Screening mammography: costs and screening-related services. Radiology. 2005;234:79–85
- Lerman C, Rimer BK, Jepson C, Brody D, Boyce A. Psychological side effects of breast cancer screening. Health Psychol. 1991;10(4): 259–26.
- Lerman C, Trock B, Rimer BK, Boyce A, Jepson C, Engstrom PF.
   Psychological and behavioral implications of abnormal mammograms.
   Ann Intern Med. 1991:114(8):657-61.
- Gram IT, Lund E, Slenker SE. Quality of life following a false positive mammogram. Br J Cancer. 1990;62:1018–22.
- Egger JR, Cutter GR, Carney PA, et al. Mammographers' perception of women's breast cancer risk. Med Decis Mak. 2005;25:283–9.

- D'Orsi C, Tu SP, Nakano C, et al. The current realities of delivering mammography in the community: do challenges with staffing and scheduling exist? Radiology. 2005;235:391–5.
- Wittenberg KJ, Norcross JC. Practitioner perfectionism: relationship to ambiguity tolerance and work satisfaction. J Clin Psychol. 2001;57 (12):1543–50.
- Linzer M, Gerrity M, Douglas JA, McMurray JE, Williams ES, Konrad TR. Physician stress results from the physician worklife study. Stress Health. 2002;18:37–42.
- 32. Nass S, Ball J (Eds). Improving breast Imaging Quality Standards. Institute of Medicine and National Research Council. Washington DC: The National Academies Press; 2005.