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ORIGINAL PAPER

Respiratory Medicine



Is pulse oximeter a reliable tool for non-critically ill patients with COVID-19?

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Abstract

Introduction: Guidelines recommend using a pulse oximeter rather than arterial blood gas (ABG) for COVID-19 patients. However, significant differences can be observed between oxygen saturation measured by pulse oximetry (SpO₂) and arterial oxygen saturation (SaO₃) in some clinical conditions. We aimed to assess the reliability of the pulse oximeter in patients with COVID-19.

Methods: We retrospectively reviewed ABG analyses and SpO2 levels measured simultaneously with ABG in patients hospitalised in COVID-19 wards.

Results: We categorised total 117 patients into two groups, in whom the difference between SpO₂ and SaO₂ was \leq 4% (acceptable difference) and >4% (large difference). A large difference group exhibited higher neutrophil count, C-reactive protein, ferritin, fibrinogen, D-dimer and lower lymphocyte count. Multivariate analyses revealed that increased fibrinogen, increased ferritin and decreased lymphocyte count were independent risk factors for a large difference between SpO2 and SaO2. The total study group demonstrated the negative bias of 4.02% with the limits of agreement of -9.22% to 1.17%. The bias became significantly higher in patients with higher ferritin, fibrinogen levels and lower lymphocyte count.

Conclusion: Pulse oximeters may not be sufficient to assess actual oxygen saturation, especially in COVID-19 patients with high ferritin and fibrinogen levels and low lymphocyte count with low SpO₂ measurements.

1 | INTRODUCTION

Coronavirus disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) has quickly become a global pandemic since it was first reported in December 2019. Patients with COVID-19 need different levels of hospital care because of hypoxemic respiratory failure. Monitoring oxygenation status and providing effective oxygen therapy on time are also essential on these patients.² Arterial blood gas analysis (ABG) is considered the gold standard in assessing oxygenation, but it is an invasive, painful and expensive procedure, therefore inconvenient for frequent monitoring. A pulse oximeter has been developed as a safer noninvasive alternative to ABG analysis and has become the

standard of care to assess oxygenation in clinical practice, which utilises the different light absorption of spectra of oxygenated and deoxygenated haemoglobin. It was found that the expected error for a single measurement of oxygen saturation measured by pulse oximetry (SpO₂) is 3%-4%. However, the deviation of SpO₂ from oxygen saturation in the arterial blood (SaO₂) is even more significant at saturations below 70%. Furthermore, SpO₂ can underestimate SaO₂ in low perfusion states, arrhythmias, vasoconstriction, oedema and severe anaemia.3-5

In our clinic, we observed that SpO₂ levels were lower than the SaO₂ in most COVID-19 patients. A study by Wilson-Baig et al suggested that SpO2 does not reliably predict SaO2 in critical care patients with COVID-19.6 Also, previous data proposed that SpO2 is

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an unreliable surrogate marker for ${\rm SaO_2}$ in critically ill patients. However, the data are lacking about ${\rm SpO_2}$ accuracy in hospitalised non-critically ill COVID-19 patients.

We aimed to determine the reliability of pulse oximetry in noncritically ill patients who were hospitalised in wards due to COVID-19.

2 | SUBJECTS AND METHODS

2.1 | Study participants

We retrospectively reviewed patients hospitalised in the COVID-19 wards of Ankara University Faculty of Medicine from 1 September 2020 to 31 January 2021. Among patients with confirmed COVID-19 infection based on a positive real-time reverse transcriptasepolymerase chain reaction (RT-PCR) testing, the patients whose ABG was sampled during their hospitalisation and simultaneously $\ensuremath{\mathrm{SpO}_{2}}$ measurement by pulse oximetry was recorded were enrolled in the study. The following patients were excluded from the study: patients with hypotension (mean arterial pressure <65 mmHg); patients with hypothermia (body temperature <35°C); patients with low haemoglobin level (Hb <10 gr/dL); patients with hematological malignancy; patients with peripheral vascular disease; patients who had been under long-term oxygen therapy due to chronic respiratory failure; patients with connective tissue disease that can affect skin thickness and peripheral vascular structures; patients with methemoglobinemia and patients with missing laboratory data. The study was approved by the Human Research Ethics Committee of Ankara University (16.02.21/12-129-21).

2.2 | Clinical and laboratory data

Demographic features and comorbid conditions of the patients, the date of hospitalisation, the date of symptom onset, the date of ABG sampling, the results of ABG analysis, ${\rm SpO_2}$ level measured simultaneously with ABG, the laboratory results (hemogram, C-reactive protein-CRP, D-dimer, fibrinogen and ferritin) for the same day of ABG sampling, anticoagulant therapy status and the outcome of the disease (death, transfer to ICU or discharge) obtained from the patients' hospital file and the electronic medical record system of the hospital were recorded on a data form.

2.3 | Arterial blood gas analyses and measurement of SpO₂

As a routine practice of our clinic, ABG samples were taken from punctures of the radial artery without placing an arterial catheter. Brachial or femoral artery was punctured when arterial blood could not be taken from the radial artery. The indications of ABG sampling in our clinic were as follows: a SpO₂ below 90%, presence of unexplained or clinically inconsistent hypoxemia, a significant increase in

What's known

- Arterial blood gas (ABG) analyses remain the gold standard for the measurement of oxygen saturation.
- The pulse oximeter is a non-invasive alternative to ABG analysis to assess oxygenation in clinical practice.
- Especially in patients with COVID-19, monitoring oxygenation status by pulse oximetry is essential to detect any clinical deterioration early.

What's new

- The pulse oximeter can underestimate the arterial oxygen saturation obtained from ABG analysis in noncritically ill patients who were hospitalised due to COVID-19.
- Increased fibrinogen and ferritin levels, and decreased lymphocyte count were associated with a large difference between SaO₂ and SpO₂ (>4%).

the fraction of inspired oxygen (${\rm FiO_2}$) to achieve target oxygen saturation; the presence of acute dyspnoea, lethargy or other signs of carbon dioxide retention in a patient with risk factors for hypercapnic respiratory failure and patients at risk for metabolic conditions. If the patient required any oxygen supplementation, oxygen therapy was administered via low flow oxygen systems, including a nasal cannula, simple face mask or non-rebreathing mask with the target oxygen saturation >90%. All the ABG samples were analysed within 15 minutes using the ABL800 blood gas analysers (Radiometer Medical ApS, Denmark).

As our standard of care in wards, blood pressure, heart rate, body temperature and SpO_2 of patients were measured and recorded to patients' files at least four times a day. The number of these measurements was increased according to the patients' clinical condition. In addition to these daily measurements, SpO_2 was measured simultaneously with ABG sampling and recorded. We routinely placed two pulse oximetry probes on both hands finger for at least two measurements of SpO_2 using finger pulse oximeters (Contec CMS50D Fingertip Pulse Oximeter, Qinhusangdao, China). Then the mean of SpO_2 measurements was recorded to reduce the risk of measurement error.

2.4 | Statistical analyses

The data were analysed using SPSS 22.0 software (SPSS, Inc, Chicago, IL, USA). Continuous variables with normal distribution were presented as mean \pm standard deviation and median [25th–75th percentiles, interquartile range (IQR)] for non-normal variables. Kolmogorov–Smirnov test was used to analyse the distribution of variables and a Levene test to assess the equality of variances. An unpaired Student's t-test or a Mann–Whitney U test was

used to compare the two groups. Categorical data were expressed as numbers and percentages and compared by chi-square test or Fisher's exact test as appropriate. We compared the demographic and clinical features between subjects that showed absolute difference between SpO₂ and SaO₂ ≤4% (acceptable difference) or >4% (large difference). This cut-off value was chosen due to a potential error of 3%-4% between SpO2 and SaO2 according to the previous data. 8-10 The relationships between age, gender and comorbid diseases and laboratory data with a large difference between SpO₂ and SaO₂ were analysed using binary logistic regression analyses. We used a receiver operating characteristic curve analysis to determine the optimal cut-off value of fibrinogen, ferritin, D-dimer levels and lymphocyte counts to predict large differences between SpO2 and SaO2 (>4%), the best combination of sensitivity and specificity. The Bland-Altman method was performed to display bias (systematic error - mean difference between SpO₂ and SaO₂) and precision (random error - standard deviation of mean difference) and were calculated. Limits of agreement were defined at a mean difference ±2SD.

The statistical significance level was expressed as ${\sf P} < .05$ for all tests.

3 | RESULTS

A total of 174 patients with COVID-19 required ABG sampling in our hospital wards during the study period. After the exclusion of 57 patients, a total of 117 patients' data were evaluated (Figure 1). The mean age of study patients was 69.4 ± 12.0 years, and 65% (n:76) were male. Of all study patients, 97 (82.9%) had at least one comorbid disease. The computed tomography findings of thorax were compatible with COVID-19 pneumonia in 110 (94%)

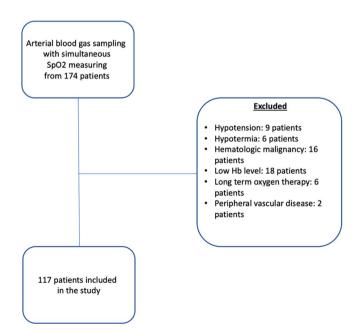


FIGURE 1 Flowchart of study patients

patients. The patients were hospitalised at the median 4th [2-6] day, and the ABG samples were analysed at the median 11th [8-15] day after symptom onset. Among the patients, 98.3% received anticoagulant, and 45.3% received anti-aggregant agents during hospitalisation.

Twenty-nine (24.8%) patients were transferred to the intensive care units and 14 (12.0%) died.

The median SpO_2 and SaO_2 levels of the patients were 88% [84-90] and 91.8% [88.3-94.4], respectively. In 10 out of 117 patients, SpO_2 levels were higher than SaO_2 (mean difference $1.1\pm0.7\%$). We categorised the patients into two groups, in whom the difference between SaO_2 and SpO_2 was $\leq 4\%$ (acceptable difference group) and $\geq 4\%$ (large difference group). In 59 patients (50.4%), the difference between SpO_2 and SaO_2 measurements was greater than 4% (large difference), and within this group, all SaO_2 levels measured were higher than SpO_2 . The baseline features and comorbid conditions of these two groups were given in Table 1.

Patients with a large difference have higher neutrophil count d-dimer, ferritin, fibrinogen and C-reactive protein (CRP) levels than the patients with an acceptable difference (Table 2). To determine the effect of clinical and laboratory parameters on a large difference risk, a binary logistic regression analysis was employed, revealing that increased d-dimer, fibrinogen, ferritin level and decreased lymphocyte count were significantly associated with large SaO₂-SpO₂ (Table 3).

We performed receiver operating characteristic (ROC) curve analyses to determine cut-off values for ferritin, fibrinogen and lymphocyte count that would predict the large difference between ${\rm SpO_2}$ and ${\rm SaO_2}$. The best cut-off value was 4.8 g/dL (area under curve-AUC: 0.761, 95% CI: 0.674-0.848, P<.001, sensitivity:71%; specificity:73%) for fibrinogen, 228 g/dL (AUC: 0.813, 95% CI: 0.734-0.892, P<.001, sensitivity:86%; specificity:57%) for ferritin, and 1,04 x $10^3/{\rm mm}^3$ (AUC: 0.806, 95% CI: 0.722-0.890, P<.001, sensitivity:86%; specificity:70%) for lymphocyte count

Bland-Altman analysis comparing SpO2 with SaO2 within the total study group demonstrated the negative bias (mean difference) of 4.02% with an SD of 2.65 (precision) and the limits of agreement of -9.22% to 1.17% (Figure 2). This indicates that the SpO_2 underestimated the SaO_2 value by an average $4.02 \pm 2.65\%$ and limits of agreement were clinically important since SpO2 could be measured 9% lower or 1% greater than actual arterial oxygen saturation. Also, we performed Bland-Altman analyses to calculate mean differences and precision separately in subgroups of patients with increased and normal serum ferritin, with increased and normal serum fibrinogen, and normal and decreased lymphocyte count. The results showed a significant increase of the bias in patients with high fibrinogen level, high ferritin level and low lymphocyte count compared to those with normal values (Figures 3-5, respectively). Within all subgroups, we showed that SpO2 underestimated SaO₂. These findings suggested that the reliability of the pulse oximeter is further reduced in patients with high fibrinogen, high ferritin and low lymphocyte counts.

| | SaO ₂ -SpO ₂ ≤4% (n: 58) | SaO ₂ -SpO ₂ >4% (n: 59) | P |
|------------------------------------|---|---|------|
| Age | 69.45 ± 12.13 | 69.41 ± 11.97 | .985 |
| Gender (male) | 31 (53.4%) | 45 (76.3%) | .010 |
| Any comorbid disease | 48 (82.8%) | 49 (83.1%) | .999 |
| Hypertension | 35 (60.3%) | 40 (67.8%) | .401 |
| Diabetes mellitus | 18 (31.0%) | 24 (40.7%) | .277 |
| Obstructive lung disease | 14 (24.1%) | 9 (15.3%) | .227 |
| Chronic heart disease ^a | 23 (39.7%) | 20 (33.9%) | .518 |
| Chronic renal failure | 4 (6.9%) | 6 (10.2%) | .743 |
| Malignancy ^b | 5(8.6%) | 8(13.6%) | .395 |

TABLE 1 Demographic characteristics and comorbid conditions of patients with an acceptable difference (≤4%) and large difference (>4%)

Bold values indicate statistical significance with a P-value less than .05.

SaO₂-SpO₂ SaO₂-SpO₂ ≤4% (n: 58) >4% (n: 59) Ρ ABG На 7.44 [7.39-7.46] 7.44 [7.41-7.47] .460 PaO₂ (mmHg) 60.50 [52.37-69.90] 60.20 [51.90-70.30] .677 PaCO₂ (mmHg) 33.60 [28.95-36.95] 31.80 [29.20-37.50] .376 SaO₂ (%) 91.4 [86.70-94.17] 92.60 [88.70-94.80] .227 HCO3 (mEq/L) 24.10 [22.20-25.70] 24.50 [22.20-26.30] .549 1.30 [0.90-1.80] Lactate (mmol/L) 1.55 [1.10-2.10] .097 Symptom day on the 12.50 [8.00-17.00] 10 [7.00-13.00] .070 ABG Hemogram Hb (mg/dL) 11.55 [10.30-13.45] 12.70 [10.40-13.80] .226 Hematocrit (%) 35.75 [32.05-39.25] 36.30 [32.40-41.40] 347 Platelet count (10³/ 234.50 [179.75-308.25] 238.00 [201.00-319.00] .744 mm^3) Leucocyte (10³/mm³) 8.67 [6.45-10.30] 9.72 [6.57-12.02] .083 Neutrophil (10³/mm³) 6.58 [4.06-7.83] 8.47 [5.52-10.99] .003 Lymphocyte (10³/mm³) 1.28 [0.91-1.89] 0.68 [0.52-0.90] <.001 Other D-dimer (ng/mL) 288.00 [200.50-441.75] 447 [272.00-1298.00] .002 Ferritin (ng/mL) 206.50 [83.07-352.75] 683.00 [345.00-979.00] <.001 Fibrinogen (g/dL) 3.92 [2.90-4.90] <.001 5.23 [4.35-6.42] CRP (mg/L) 17.40 [5.82-59.12] 110.00 [68.90-140.30] <.001

TABLE 2 Comparing ABG and other laboratory parameters of patients with an acceptable difference (≤4%) and large difference (>4%)

Bold values indicate statistical significance with a P-value less than .05.

Abbreviations: ABG, arterial blood gases; CRP, C-reactive protein; HCO3 $^{\circ}$, bicarbonate; PaCO $_{2}$, partial arterial carbon dioxide pressure; PaO $_{2}$, partial arterial oxygen pressure; SaO $_{2}$, arterial oxygen pressure.

4 | DISCUSSION

The present study showed that oxygen saturation measured by pulse oximetry underestimated the arterial oxygen saturation obtained from ABG analysis in non-critically ill patients who were hospitalised

due to COVID-19. Increased fibrinogen and ferritin level, and decreased lymphocyte count were independently associated with a large difference (SaO₂-SpO₂>4%). Bland-Altman analysis comparing SpO₂ with SaO₂ within the total study group demonstrated the negative bias of 4.02% with limits of agreement of -9.22% to 1.17%.

^aHeart failure, coronary artery disease.

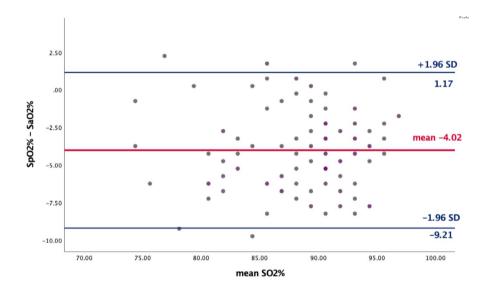
^bNon-small lung cancer, colon cancer, stomach cancer, mandibular squamous cell cancer, prostate cancer and mesothelioma.

TABLE 3 Binary logistic regression analysis between the large difference on SaO2-SpO2 and other clinical variables

| | Univariate analyse | Univariate analyses | | Multivariate analyses | |
|-------------------------|------------------------|---------------------|------------------------|-----------------------|--|
| | OR (95% CI) | P-value | OR (95% CI) | P-value | |
| Age | 1.000 (0.970-1.030) | .985 | | | |
| Gender (male) | 2.800 (1.269-6.176) | .011 | 1.322 (0.424-4.120) | .630 | |
| Lactate | 0.643 (0.358-1.156) | .140 | | | |
| Leucocyte | 1.077 (0.978-1.187) | .132 | | | |
| Neutrophil | 1.168 (1.045-1.306) | .006 | 1.018 (0.951-1.089) | .607 | |
| Lymphocyte | 0.076 (0.025-0.236) | <.001 | 0.107 (0.030-0.379) | .001 | |
| D-dimer (per 100 unit) | 1.120 (1.029-1.218) | .130 | 1.072 (0.980-1.174) | .130 | |
| Ferritin (per 100 unit) | 1.317 (1.150-1.507) | <.001 | 1.155 (1.001-1.334) | .049 | |
| Fibrinogen | 1.913 (1.426-2.568) | <.001 | 1.705 (1.070-2.716) | .025 | |
| CRP (per 10 unit) | 1.242 (1.141-1.351) | <.001 | 1.098 (0.987-1.220) | .084 | |

Bold values indicate statistical significance with a *P*-value less than .05. Abbreviation: CRP, C-reactive protein.

FIGURE 2 Bland-Altman plots for comparing SpO_2 with SaO_2 within the total study group. The X-axis represents the mean of SpO_2 and SaO_2 ((SpO_2 %+ SaO_2 %)/2) and the Y-axis represents the difference between SpO_2 and SaO_2 (SpO_2 %- SaO_2 %). Red line shows the mean bias. Blue lines represent upper and lower limits of agreement at ± 1.96 SD



The bias became significantly higher in patients with higher ferritin, fibrinogen and lower lymphocyte count.

Hypoxemia is one of the hallmarks of severe COVID-19. Patients hospitalised in hospital wards due to severe disease should be monitored closely for vital signs, including oxygen saturation to detect any worsening or respiratory failure. 11,12 ABG analyses remain the gold standard for measurement of oxygen saturation, but it is invasive and painful, therefore inconvenient for frequent monitorisation. Pulse oximeters are widely used as a standard medical instrument for noninvasively monitoring arterial oxygen saturation (SpO $_2$ %). Previous studies suggested that pulse oximetry is an accurate

method to assess ${\rm SaO_2}$ in most adult patients in the clinical setting. However, studies indicated clinically meaningful differences between ${\rm SaO_2}$ and ${\rm SpO_2}$ in some clinical conditions such as sepsis, septic shock, hyperbilirubinemia, anaemia and hypovolemia. ^{4,13,14} Guidelines recommend using a pulse oximeter rather than invasive ABG for the monitoring of COVID-19 patients, unless there is a suspicion of carbon dioxide retention. ^{15,16}

Wilson-Baig and colleagues reported 17 patients with COVID-19 pneumonia under critical care suggesting that ${\rm SpO}_2$ is underestimating ${\rm SaO}_2$ by a mean difference of 5.3% with 95% limits of agreement. They explained their findings with possible different spectral

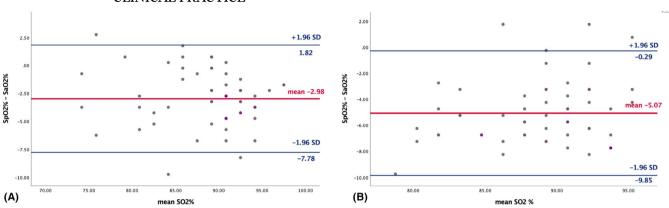


FIGURE 3 Bland-Altman plots for comparing SPO_2 with SaO_2 among patients with normal serum fibrinogen (<4.8 g/dL) (A) and with high serum fibrinogen (≥4.8 g/dL) (B). The X-axis represents the mean of SPO_2 and SaO_2 (($SPO_2\%+SaO_2\%$)/2) and the Y-axis represents the difference between SPO_2 and SaO_2 ($SPO_2\%-SaO_2\%$). Red line shows the mean bias. Blue lines represent upper and lower limits of agreement at ± 1.96 SD. The mean difference was higher in patients with high fibrinogen levels than those with normal levels (5.07 \pm 2.44% vs \pm 2.98 \pm 2.44%, P < .001)

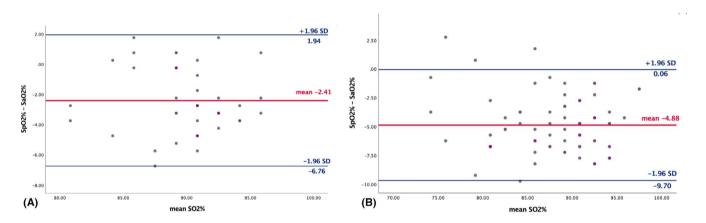


FIGURE 4 Bland-Altman plots for comparing SpO_2 with SaO_2 among patients with normal serum ferritin level (<228 ng/mL) (A) and with increased serum ferritin (\geq 228 ng/mL) (B). The X-axis represents the mean of SpO_2 and SaO_2 (($SpO_2\%+SaO_2\%$)/2) and the Y-axis represents the difference between SpO_2 and SaO_2 (($SpO_2\%-SaO_2\%$). Red line shows the mean bias. Blue lines represent upper and lower limits of agreement at \pm 1.96 SD. The mean difference was higher in patients with high ferritin levels than those with normal levels (4.88 \pm 2.46% vs 2.41 \pm 2.22%, P < .001)

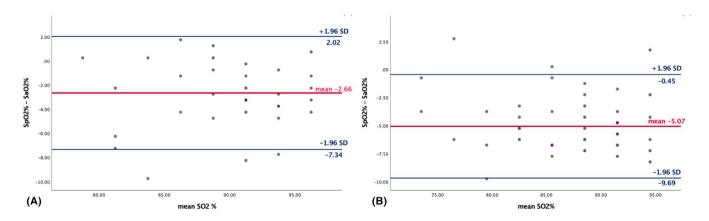


FIGURE 5 Bland-Altman plots for comparing SpO_2 with SaO_2 among patients with normal lymphocyte count (>1.04 × 10^3 /mm³) (A) and low lymphocyte count ($\le 1.04 \times 10^3$ /mm³) (B). The X-axis represents the mean of SpO_2 and SaO_2 (($SpO_2\% + SaO_2\%$)/2) and the Y-axis represents the difference between SpO_2 and SaO_2 ($SpO_2\% - SaO_2\%$). Red line shows the mean bias. Blue lines represent upper and lower limits of agreement at ± 1.96 SD. The mean difference was higher in patients with low lymphocyte count than those with normal levels (5.07 $\pm 2.36\%$ vs $2.66 \pm 2.39\%$, P < .001)

properties of high ferritin, d-dimer or other proteins at 660 and 940 nm: arteriolar dilatation and microvascular complications secondary to tissue hypoxia in patients with COVID-19.6 Recently, Philip et al reported another study evaluating the accuracy of the pulse oximeter for stepping down from critical care in patients with COVID-19. In this study, it was reported that pulse oximetry has a slightly suboptimal level of agreement with SaO₂ measurement (bias of 0.4% with limits of agreement of -4.3% to 5.2%). The authors expressed potential causes of differences in their study including skin colour of patients, the allowable time between SpO2 and SaO2 measurement of up to 15 minutes, the peripheral vasoconstriction due to hypothermia or vasopressor use. However, the authors emphasised that their study aimed to determine the limits of agreement of the pulse oximeter, so the possible factors that caused suboptimal measurement were not evaluated in the study.¹⁷ In both studies on the reliability of pulse oximetry in COVID-19, the laboratory findings of the patients were not evaluated.

To our current knowledge, hyperinflammation and coagulopathy are responsible for disease severity on the pathogenesis of COVID-19. SARS-CoV-2 leads systemic inflammation and diffuse microvascular thrombosis by triggering a unique endothelial response and endothelial exocytosis, which simultaneously activates two parallel pathways. Also, inflammatory cytokines releasing from endothelium are the major mediators involved in coagulation activation.¹⁸ Consistently, patients with moderate to severe COVID-19 often have a hypercoagulable state, suggesting widespread thrombosis and fibrinolysis, as well as elevated levels of D-dimer and fibrinogen. 19,20 Fibrinogen is a macromolecular plasma protein that causes an increase in blood viscosity or stasis, especially in microvascular structures by causing erythrocytes to form large aggregates, called rouleaux.^{21,22} D-dimer is a degradation product of fibrin, reflecting the coagulation system's turnover and previous data showed D-dimer might be used as a marker of microcirculatory failure.²³ Besides coagulation markers, ferritin, CRP and IL-6 levels are used as biomarkers of inflammation, and the increased levels of these biomarkers predict disease severity in COVID-19.24 Decreased lymphocyte count is also associated with COVID-19 severity and a predictor of hyperinflammation.²⁵ As a result of these mechanisms and published studies, increased ferritin, CRP, fibrinogen, D-dimer levels and decreased lymphocyte count are known to be clinical predictors of disease severity.²⁶⁻²⁸

Based on the previous data and results of our study, we hypothesise that causing microvascular damage-related inflammation and hypercoagulation may be the cause of large differences between ${\rm SpO}_2$ and ${\rm SaO}_2$ in patients with COVID-19. This difference may tend to be greater in the presence of ferritin, fibrinogen, D-dimer elevation and lymphopenia, which indicate increased severity of inflammation and hypercoagulability. Another possible explanation may be that high body temperature-related severe inflammation in these patients may give rise to temperature-dependent arteriovenous shunts in the periphery, resulting in changes in SpO2 due to altered transmission of arterial pulsations to venous blood the finger. 29,30 Also, as Wilson-Baig

et al emphasised, different spectral properties of these serum proteins might have caused errors in the measurement of the oximeter.⁶ Further physiological studies are required to support this view.

Another point to mention, our study group (N = 117) showed negative bias on difference between ${\rm SpO_2}$ and ${\rm SaO_2}$. In only 10 patients (8.54%), ${\rm SpO_2}$ levels were measured higher than ${\rm SaO_2}$ with a mean difference of $1.1\%\pm0.7\%$. Studies of pulse oximeter accuracy in different patient groups have shown mixed results; although some studies have found that ${\rm SpO_2}$ has overestimated ${\rm SaO_2}$, others have found the opposite. $^{9,31\cdot33}$ Similar to our research, both two previous studies evaluating pulse oximetry in COVID-19 revealed that ${\rm SpO_2}$ underestimated the ${\rm SaO_2}$ level. 6,17 This situation may also cause clinically inconsistent hypoxemia in a group of COVID-19 patients, which has also been described as silent hypoxemia. We think pulse oximetry may not be sufficient to assess actual oxygen saturation in hospitalised COVID-19 patients, especially with increased inflammatory and coagulation biomarkers.

To the best of our knowledge, this is the first study to compare ${\rm SpO}_2$ and ${\rm SaO}_2$ in non-critically ill COVID-19 patients. As distinct from two previous studies with COVID patients in intensive care, ^{9,24} the present study included a higher number of patients and additionally the ${\rm SpO}_2$ - ${\rm SaO}_2$ difference was evaluated with the laboratory parameters.

Our study has some limitations. First, this study conducted retrospectively and we evaluated the blood pressure and body temperature on a daily record of patients' file, but real-time data were lacking. The other limitation was that we measured patients' ${\rm SpO}_2$ via the same pulse oximeter type, and we do not know whether the results would differ if we used another model pulse oximeter. On the other hand, the pulse oximeters in our wards were approved by Food and Drug Administration (FDA) and European Conformity (CE). The third limitation of the study was that it did not have a control group with non-COVID to compare results.

To conclude, pulse oximetry may not be sufficient to assess actual oxygen saturation in hospitalised COVID-19 patients. Therefore, especially in patients with high ferritin and fibrinogen levels and low lymphocyte count, low ${\rm SpO}_2$ measurements may be confirmed by ABG. Further studies are needed to assess discrepancies of ${\rm SpO}_2$ and ${\rm SaO}_2$ in COVID-19.

DISCLOSURES

The authors declared no conflict of interest.

AUTHOR CONTRIBUTIONS

Concept and design: AGK, MÖ, İAK, EG, GÇ, AA, AK. Data collection: AGK, MÖ, İAK, EG, GÇ, AA, AK. Data analysis: AGK, MÖ. Review the literature: AGK, MÖ, İAK, EG, GÇ, AA, AK. Writing the manuscript: AGK, MÖ, AA, AK.

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