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Effects of complement inhibition on the ABC phenomenon in rats



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ABSTRACT

Researchers reported that intravenously injected PEGylated colloidal drug carriers lose their long-circulating characteristic and accumulated extensively in liver when they are administered twice in the same animal with certain intervals. This phenomenon was referred to as the “accelerated blood clearance (ABC) phenomenon”. Some former studies had found that complement-mediated phagocytosis, activated by antigen–antibody complex, was responsible for inducing the phenomenon. According to the theory, we have used cobra venom factor to deplete complement *in vivo* and to investigate the effect of complement inhibition on the ABC phenomenon. Rats were administered by injection of cobra venom factor solution to build up the model of complement exhaustion/inhibition, and the effect of the inhibition of complement on ABC phenomenon was carried out. It seemed that inhibition of complement didn’t affect the pharmacokinetic of the first infection. By contrast, in rats of which complement had been depleted, the second dose of PEGylated nanoemulsions showed enhanced circulation time compared with normal rats in a complement inhibition-independent manner, but the ABC phenomenon was not completely eliminated. It indicated that complement inhibition could certainly weaken the accelerated clearance; meanwhile, there were other factors causing the ABC effect. These findings provide novel insights into the attenuating of ABC phenomenon and lay foundation for further study of immune mechanism.

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1. Introduction

Colloidal drug delivery system endows the drug unique pharmacokinetic characteristics and effectively improves the

therapeutic index. However, due to the nonspecific adhesion of plasma proteins on carrier surface, it is easy to be identified and captured by mononuclear phagocyte system (MPS), which stimulates the rapid disappearance from the blood circulation. In recent years, PEGylation, namely surface

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modification with amphiphilic polyethylene glycol (PEG), has been extensively used to protect nanocarriers from the interference of opsonins, with the aim of increasing the circulation time [1–4]. Undoubtedly, PEGylation, offering sufficient steric hindrance and dense hydration layer, brings new vitality for the application and development of nanocarriers.

It is generally believed that liposomes modified with PEG have no or lower immunogenicity. Nevertheless, recent reports have demonstrated that intravenous injection of PEGylated carriers or drugs significantly alters the pharmacokinetics and biodistribution of the second dose (after an interval of several days), which is referred to as the “accelerated blood clearance (ABC) phenomenon” [5]. Furthermore, this phenomenon is elicited by pretreatment with not only PEGylated liposomes but also polymeric micelles [6] and PEG-containing polymeric nanoparticles [7,8]. These changes will affect the therapeutic outcomes or even cause side effects. Therefore, ABC phenomenon puts forward unavoidable challenges for further study of PEGylation technology, which deserves considerable attention.

The universally accepted mechanism is as follows [9–11]: primarily injected PEGylated carriers, in a manner of class-2 of thymus-independent antigens (TI-2), stimulate proliferation and differentiation of specific B cells in the splenic marginal zone (MZ), and consequently trigger the production of anti-PEG IgM. Upon administration of the second dose, anti-PEG IgM instantly recognizes and combines with PEGylated preparations, which activate the complement system, resulting in opsonization by C3 fragments and enhanced uptake by Kupffer cells via complement receptor-mediated endocytosis; therefore, ABC phenomenon is elicited. Although the mechanism of ABC phenomenon has not been elucidated fully, it is obvious that the activation of complement system plays an essential role in the accelerated clearance.

Complement is a group of proteins with enzyme activity when revitalized in the blood and tissue fluid of normal human and animals. The complement system is broadly involved in anti-microbial defensive response and immune regulation of the body, and can mediate injury reaction of immune pathology, which is the effective system with important biological significance *in vivo*. It is widely accepted that complement activation via the classical pathway by antigen–antibody complex is a vital aspect for ABC phenomenon, while there are no reports focused on the application of complement inhibitors to study the relationship between the complement and ABC phenomenon so far. Cobra venom factor (CVF) has no neurotoxicity or cardiotoxicity, and has been widely used for the complement researches [12–14]. Consequently, we adopted CVF to establish the rat model of complement inhibition and explored the role of complement in the ABC phenomenon. In a previous study, we observed that the repeated intravenous administration of PEGylated nanoemulsions (PE) evoked a significant immune response in rats [15]. Therefore, in this research, PE was used as the suitable carrier to investigate the elimination or attenuation of ABC phenomenon by complement inhibition. To evaluate the ABC phenomenon, we calculated the ratio of the area under the blood concentration–time curve ($AUC_{(0-4h)}$) of the second injection to that of the first one as the ABC index, due to the high sensitivity of AUC in ANOVA (analysis of variance) tests [16].

2. Materials and methods

2.1. Materials

Tocopheryl nicotinate (TN) was purchased from Northeast Pharmaceutical Group Co. Ltd. (Shenyang, Liaoning, China). Medium chain triglycerides (MCT) were from North Medicinal Oil Co. Ltd. (Tieling, China). Soy lecithin (S75) was from Lipoid GmbH (America). N-(Carbonyl-methoxypolyethyl-ene glycol-2000)-1,2-distearoyl-sn-glycero-3-phosphoethanolamine (mPEG₂₀₀₀-DSPE) was purchased from Genzyme Corporation (Cambridge, MA). Vitamin E acetate (VE) was bought from BASF (Germany). Glucose injection was produced by the South of Kunming Pharmaceutical Limited Company. Sterile water for injection was offered by Shijiazhuang Pharmaceutical Co. Ltd. Four percent sheep red blood cell and rabbit anti-sheep red blood cell hemolysin was obtained from Yuhuan South Reagent Factory. CVF was purchased from Kunming Institute of Animal Science (Chinese Academy of Science). All the other reagents were of chromatographic grade.

2.2. Animals

Male Wistar rats (each weighing 180–220 g) were purchased from the Laboratory Animal Center of Shenyang Pharmaceutical University (Shenyang, Liaoning, China). All animal care and experiments were carried out in accordance with the guidelines of the Animal Welfare Committee of Shenyang Pharmaceutical University.

2.3. Preparation of PEGylated nanoemulsion

Briefly, TN, MCT, S75 (20.0/100.0/23.3, *wt/wt/wt*), and mPEG₂₀₀₀-DSPE (S75 and mPEG₂₀₀₀-DSPE, 9/1, molar ratio) were mixed as oil phase with constant stirring at 55 °C until dissolved. Sterile water for the injections, heated to 55 °C, was added. The mixture was immediately and quickly stirred, and incubated at 55 °C for 10 minutes to produce the prime emulsion. The entire product was sonicated using a laboratory ultrasonic cell pulverizer (JY92-II; Ningbo Scientz Biotechnology Co., Ltd, Zhejiang, China), at 200 W for 2 min and at 400 W for 6 min. The obtained emulsion was sized by extrusion through microporous membrane filters with pore sizes of 0.22 μm and was adjusted to an isotonic level with the injection of 50% glucose before administration. Nicomp 380™ Inc. (Santa Barbara CA, USA) was used to determine the particle size distribution and zeta potential. The procedures were performed in the dark.

2.4. Processing method of plasma samples and tissue samples

The concentration of TN in plasma and tissue was analyzed by high performance liquid chromatography (HPLC) using a P230 pump and a UV230 UV/Vis detector (Dalian Elite Analytical Instruments Co., Ltd., Liaoning, China) and separated using a Hypersil® BDS C18 column (200 mm × 4.6 mm) containing particles measuring 5 μm in diameter at 30 °C. The ultraviolet wavelength was 264 nm. The mobile phase was methanol/isopropanol (80/20, *v/v*) at a flow rate of 1 ml/min. Before the

Table 2 – Injection scheme of PE to observe the effect of complement depletion on ABC phenomenon.

Group	First treatment (5 µmol phospholipids/kg)	CVF treatment 1 day before the second dose	Second dose (5 µmol phospholipids/kg)
1	5% glucose solution	5% glucose solution	PE
2	5% glucose solution	CVF (20 µg/kg)	
3	5% glucose solution	CVF (50 µg/kg)	
4	5% glucose solution	CVF (100 µg/kg)	
5	PE	5% glucose solution	
6	PE	CVF (20 µg/kg)	
7	PE	CVF (50 µg/kg)	
8	PE	CVF (100 µg/kg)	

control groups were given 5% glucose solution, and test groups were injected with CVF solution at the dose of 20, 50 and 100 µg/kg respectively. Seven days after first dose, all groups received an intravenous injection of PE at the dose of 5 µmol phospholipids/kg. At 0.083, 0.25, 0.5, 1, 2 and 4 h after the injection, blood samples were obtained via eye punctures, and then centrifuged at 4000 rpm for 10 min to separate the plasma. After obtaining the last blood sample at 4 h, the livers and spleens were excised and rinsed in ice-cold normal saline. The blood samples and tissue samples were treated as "2.4".

2.8. Effects of different extent of complement inhibition on ABC phenomenon in rats

Fifteen healthy Wistar rats were randomly divided into 5 groups with 3 rats each, and injected via tail vein as shown in Table 3. All groups received the first dose of PE at 5 µmol phospholipids/kg. Five days later, two groups were injected with 5 and 10 µg/kg CVF respectively. Six days after the first dose, the control group was given 5% glucose solution, and the rest of the two groups were injected with 2 and 5 µg/kg CVF respectively. Seven days after the first dose, all groups received intravenous injection of PE at the dose of 5 µmol phospholipids/kg. At 0.083, 0.25, 0.5, 1, 2 and 4 h after the injection, blood samples were obtained via eye punctures, and then centrifuged at 4000 rpm for 10 min to separate the plasma. After obtaining the last blood sample at 4 h, the livers and spleens were excised and rinsed in ice-cold normal saline. The blood samples and tissue samples were treated as "2.4".

2.9. Statistical analysis

The data are presented as the mean ± standard deviation. The statistical analysis was performed using Student's t-test using SPSS software. $P < 0.05$ was considered statistically significant.

3. Results and discussion

3.1. The characteristics of PEGylated nanoemulsion

The lipid emulsion stabilized with emulsifiers such as phospholipids is a promising drug-delivery system. Nanoemulsions meet most requirements for a good parenteral delivery system since they are biodegradable, biocompatible, and physically stable [17,18]. Once PEGylated, PE has been shown to markedly reduce recognition by the MPS and produce a prolonged blood circulation time when injected intravenously [19,20]. As Wang et al. reported, the repeated intravenous injection of PE could elicit a significant immune response [15]. Therefore, we chose PE as proper nanocarrier to carry out further researches. Mean diameter and zeta potential of PE were 119.2 ± 1.8 nm and -30.82 ± 2.77 mV ($n = 6$), respectively, which showed good stability.

3.2. The relationship between ABC phenomenon and complement activation

By calculation, the CH50 value of blank serum was 44.4 U/ml, and after incubation with PE it turned out to be 40 U/ml, which indicated that there was no activation or consumption of complement components in blank serum. While incubated with rat serum given PE before, the residual total activity decreased significantly. The OD value was only 0.069 far from the 50% hemolysis tube (OD value = 0.871); hence, the residual total activity was much less than 0.670 U/ml (tube no. 15 was deemed as the terminal tube). The OD value of inactivated serum (56 °C, 30 min) was 0.051. It can be seen that complements were almost depleted via incubation with rat serum given PE before under this experimental condition. Meanwhile, it revealed that there was inevitable connection between complement activation and

Table 3 – Injection scheme of PE to observe the effect of different extent of complement inhibition on ABC phenomenon.

Group	First treatment (5 µmol phospholipids/kg)	CVF treatment before the second dose	Second dose (5 µmol phospholipids/kg)
1	PE	5% glucose solution (1 day before)	PE
2	PE	2 µg/kg CVF (1 day before)	
3	PE	5 µg/kg CVF (1 day before)	
4	PE	5 µg/kg CVF (2 days before)	
5	PE	10 µg/kg CVF (2 days before)	

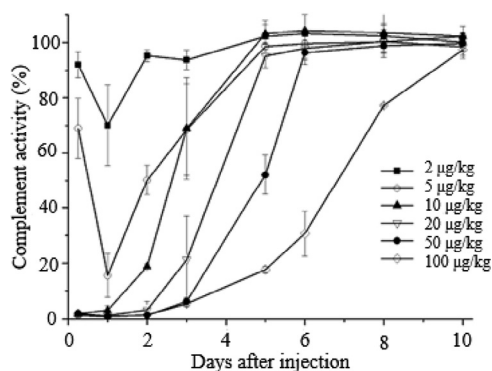


Fig. 1 – Serum complement activity in rats after i.v. injection of CVF. Data are shown as mean \pm S.D., $n = 5$.

ABC phenomenon induced by the second dose of PEGylated preparations.

The complement system, an essential part of immune response, is activated by trigger enzyme cascade. Complement works through three means: one is opsonization, that is, via production of a mass of activated complement proteins and covalent bonding with pathogens, phagocytosis of macrophages carrying complement receptors is enhanced; another way is to recruit more phagocytes to the activated sites by some complement protein fragments with chemotactic properties; the last is to kill the bacteria through punching holes on their membrane [21]. Complement can be activated by pathogens in three different ways: classical pathway, alternative pathway and mannose-binding pectin pathway. All of them will lead to the production of a protease called C3 convertase through a series of reactions. In the early stage of complement activation, C3 is cleaved into C3a and C3b fragments by C3 convertase after binding with the surface of pathogen. The C3b fragments are the main effective molecules and can prompt corresponding phagocytes to function directionally.

Normally, PEG coating can provide dense hydration layer for nanoemulsions to avoid the adsorption of opsonic proteins effectively. Our result showed that when PE was incubated with blank serum, the residual total activity of complement did not change obviously, namely there was no consumption of complement. Accordingly, complement did not play a key role in the metabolism process of the first injected PE. After incubation with rat serum pre-injected with PE, the residual total activity of complement was almost 0, which indicated that a great deal of complement activation and consumption occurred during the incubation. It can be concluded that complement activation in blood is one of the important contributors to ABC phenomenon.

3.3. Effects of CVF on complement activity of rats

Fig. 1 showed that, at 6 h after injection, the total complement activity of other groups decreased significantly to below 2% besides the low dose groups. The complement activity of 2 µg/kg group was slightly reduced ($70.05\% \pm 14.57\%$) at 1 d after injection, and it was $15.64\% \pm 7.82\%$ of the initial value for 5 µg/kg group. At the same time, the complement activity of middle dose groups and high dose groups fell to the smallest,

Table 4 – The ABC index of each dosage regimen after the second injection ($n = 3$).

Treatment before the second dose	ABC index _(0–4 h)
5% glucose solution	0.12 ± 0.04
20 µg/kg CVF solution	0.54 ± 0.24
50 µg/kg CVF solution	0.51 ± 0.01
100 µg/kg CVF solution	0.54 ± 0.21

$0.93\% \pm 0.03\%$ and $0.83\% \pm 0.17\%$ respectively. Then the total complement activity rose gradually; it took 2 d to return to normal level for 2 µg/kg group. As for 5 µg/kg group, 10 µg/kg group and 20 µg/kg group, it required 5 d, while 50 µg/kg group and 100 µg/kg group returned to the initial after 6 d and 10 d respectively. In conclusion, the rat model of complement depletion can be established at 1 d after injection of CVF solution at a dose of 20, 50 and 100 µg/kg.

In fact, Flexner and Noguchi [12] proposed that the cobra venom had the anti-complementary activity in 1903, and then CVF, a certain glycoprotein in cobra venom, proved to be the active ingredient [13,14]. CVF and factor B can form CVF-Bb complex with the function of C3 convertase to activate and deplete complement. CVF has 70% structural homology with complement C3, which activates the complement in blood via alternative pathway, resulting in the depletion of C3 and C5–C9 components. When the dose was higher than 10 µg/kg, CVF could basically deplete complement at 6 h after intravenous injection into rats. At no less than 20 µg/kg, the complement activity fell to the smallest at 1 d after administration, and the recovery time of complement activity extended with increasing dose. However, it is worth mentioning that, as a heterologous protein, CVF has antigenicity and can elicit the rapid production of anti-CVF antibody after injection. In addition, complement depletion of CVF is systemic, thus increasing the chances of infection. Considering all these factors, we chose the smaller effective dose of CVF as complement inhibitor to reduce the risk of side effects.

3.4. Effects of complement depletion on ABC phenomenon in rats

With 20, 50 and 100 µg/kg CVF solution to deplete complement the day before single injection of PE, the concentration–time curves and tissue distribution of all the groups had no significant difference; namely, complement depletion had no effect on the *in vivo* behavior of single injection. Taking ABC phenomenon of repeated injection of PE as a reference, ABC phenomenon of groups pre-injected with CVF was obviously attenuated, with ABC index increasing more than 3 times and drug concentration in tissues dramatically reducing ($P < 0.05$) (Tables 4 and 5).

As shown in the complement activity–time curves, the complement activities of each test group were 70.05%, 15.64%, 50.21% and 18.84% of the activity before inhibition in this regimen, respectively. All the groups induced serious ABC effect and there was no difference with the control group. This result indicated that ABC phenomenon did not exactly rely on the complement activity.

Table 5 – The ABC index of PE after administrated the second injection (n = 3).

Treatment before the second dose	ABC index (0-4 h)
5% glucose solution	0.12 ± 0.04
2 µg/kg CVF solution (1 day before)	0.08 ± 0.01
5 µg/kg CVF solution (1 day before)	0.10 ± 0.01
5 µg/kg CVF solution (2 days before)	0.12 ± 0.01
10 µg/kg CVF solution (2 days before)	0.11 ± 0.03

Our experiments showed that the rats injected with (20, 50 and 100 µg/kg) CVF exhibited weakened ABC phenomenon after repeated injection of PE. The total complement activity in serum of lower dose groups was reduced in some degree, but it did not have much influence on the *in vivo* behavior of repeated injection of PE, with the strong ABC phenomenon. To sum up, all the rats without complement depletion could make the same

disposal to repeatedly injected PE, even if there was a different total complement activity of serum. As can be seen, residual complements still played an important part in the clearance of second dose. This was highly related to the great efficiency of the body defense mechanism: repeated injection of PE, as the antigen, and anti-PEG IgM formed antigen-antibody complex, which could result in quick covalent adhesion of a small amount of complement proteins distributed in the body. Some complement fragments with chemotactic property could also be produced to recruit more phagocytes and mediate the elimination of immune complex.

Furthermore, the results showed that although CVF could cause complement depletion, the ABC phenomenon induced by PE could not be completely eliminated. This suggests that there are other mechanisms besides opsonization jointly participating in the accelerated clearance. Similar conclusion was obtained in the research of Ishida et al. [22]: in rats that were splenectomized after the first injection, the ABC phenom-

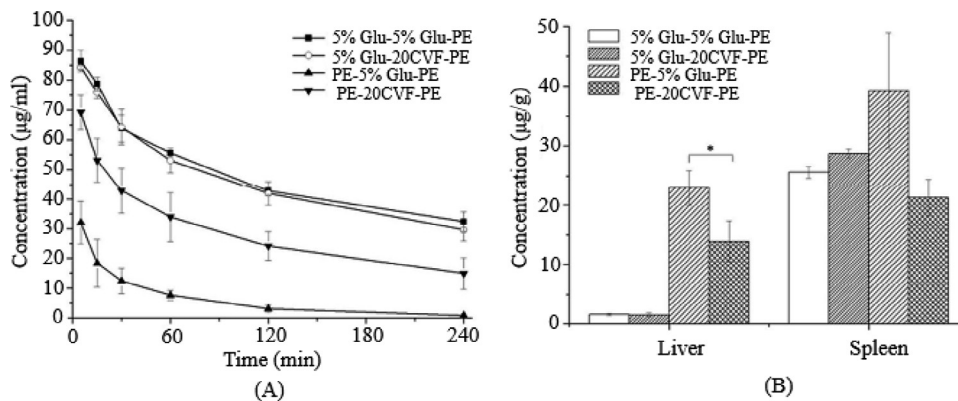


Fig. 2 – The blood clearance profile and tissue distribution after i.v. injection of PE in rats. Each group received i.v. injections of 5% glucose solution or CVF (20 µg/kg) 1 d before the PE treatment. (A) Blood clearance and (B) hepatic and splenic accumulation 4 h after i.v. injection of the test dose. Data are shown as mean ± S.D., n = 3. P values apply to differences between the 5% glucose solution treated and CVF (20 µg/kg) treated rats before the second dose.*P < 0.05, **P < 0.01, *P < 0.001.**

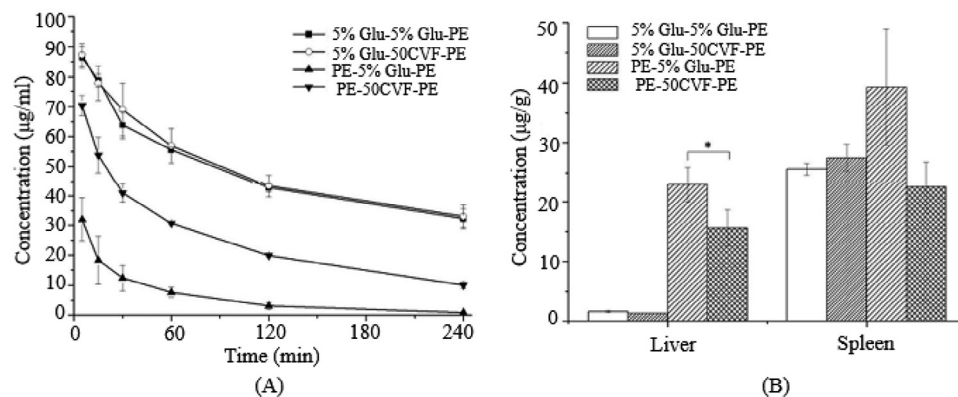


Fig. 3 – The blood clearance profile and tissue distribution after i.v. injection of PE in rats. Each group received i.v. injections of 5% glucose solution or CVF (50 µg/kg) 1 d before the PE treatment. (A) Blood clearance and (B) hepatic and splenic accumulation 4 h after i.v. injection of the test dose. Data are shown as mean ± S.D., n = 3. P values apply to differences between the 5% glucose solution treated and CVF (50 µg/kg) treated rats before the second dose.*P < 0.05, **P < 0.01, *P < 0.001.**

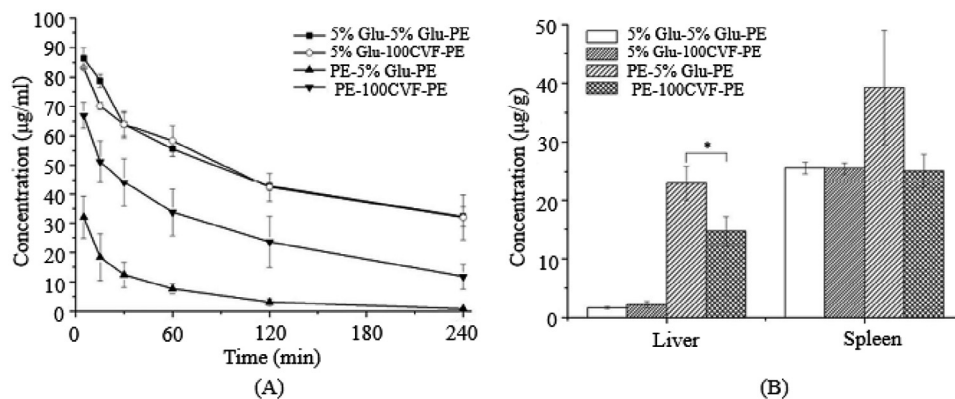


Fig. 4 – The blood clearance profile and tissue distribution after i.v. injection of PE in rats. Each group received i.v. injections of 5% glucose solution or CVF (100 µg/kg) 1 d before the PE treatment. (A) Blood clearance and (B) hepatic and splenic accumulation 4 h after i.v. injection of the test dose. Data are shown as mean ± S.D., $n = 3$. P values apply to differences between the 5% glucose solution treated and CVF (100 µg/kg) treated rats before the second dose. * $P < 0.05$, ** $P < 0.01$, * $P < 0.001$.**

enon could not be totally abolished even though it was greatly attenuated. Therefore, it can be speculated that the rapid uptake and clearance of the second dose of PEGylated preparations are not entirely induced by opsonization related to the complement system.

The immune system is a complicated and delicate defense system of the body, consisting of varieties of proteins, cells, tissues and organs. Complement is the major humoral molecules of the innate immune system, but beyond that, other components of the immune system also participate in the identification and removal of alien invaders. For instance, the first dose of PEGylated preparations can irritate the lymphocytes in the thymus or the blood to produce a mass of cytokines or inflammatory chemokine factors, and then activate Kupffer cells in an opsonin-independent manner [22,23] (Figs. 2–8).

Above all, it can be concluded that complement activity is not the unique factor affecting the ABC phenomenon, and there are other contributors playing an important role in the induction of ABC phenomenon. In this study, we discussed the crucial part that complement system plays in the phenomenon, and

further perfected the possible mechanism of ABC phenomenon. Meanwhile, the study found that the strategy of complement inhibition can attenuate the ABC phenomenon in some degree, which provides references for making administration regimens of PEGylated preparations.

4. Conclusion

The complement activation in the blood after repeated injection of PEGylated preparations is one of the vital reasons resulting in the ABC phenomenon. The rat model of complement depletion can be well established at 1 d after injection of CVF solution at higher dose. However, the strength of ABC phenomenon does not entirely rely on the extent of the complement inhibition, and there are other contributors for the induction of ABC phenomenon besides opsonization. These findings may provide new perspectives in abrogating or attenuating the ABC phenomenon and contribute to the research of immune mechanism.

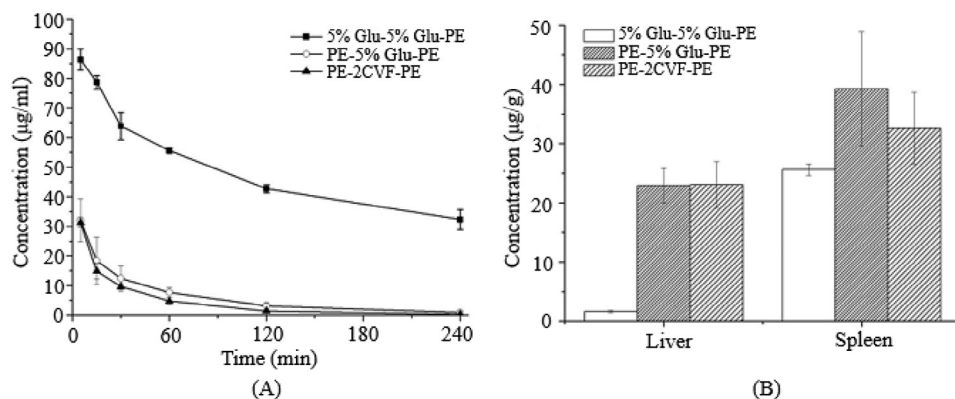


Fig. 5 – The blood clearance profile and tissue distribution after i.v. injection of PE in rats. Each group received i.v. injections of 5% glucose solution or CVF (2 µg/kg) 1 d before the second treatment of PE. (A) Blood clearance and (B) hepatic and splenic accumulation 4 h after i.v. injection of the test dose. Data are shown as mean ± S.D., $n = 3$.

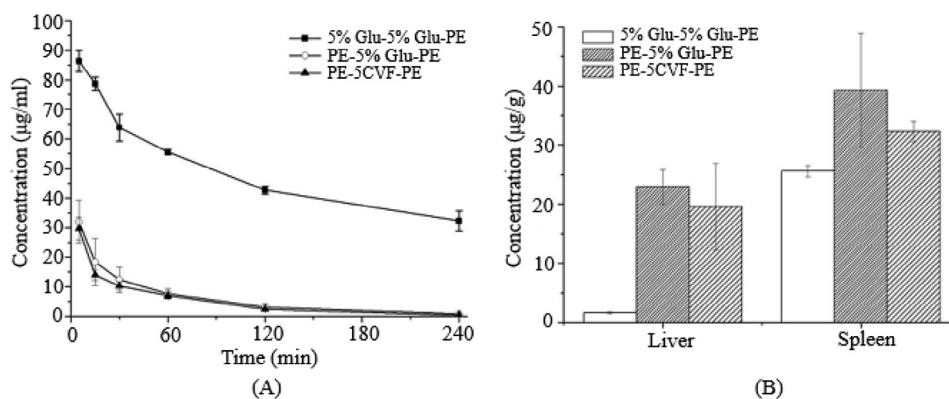


Fig. 6 – The blood clearance profile and tissue distribution after i.v. injection of PE in rats. Each group received i.v. injections of 5% glucose solution or CVF (5 µg/kg) 1 d before the second treatment of PE. (A) Blood clearance and (B) hepatic and splenic accumulation 4 h after i.v. injection of the test dose. Data are shown as mean ± S.D., n = 3.

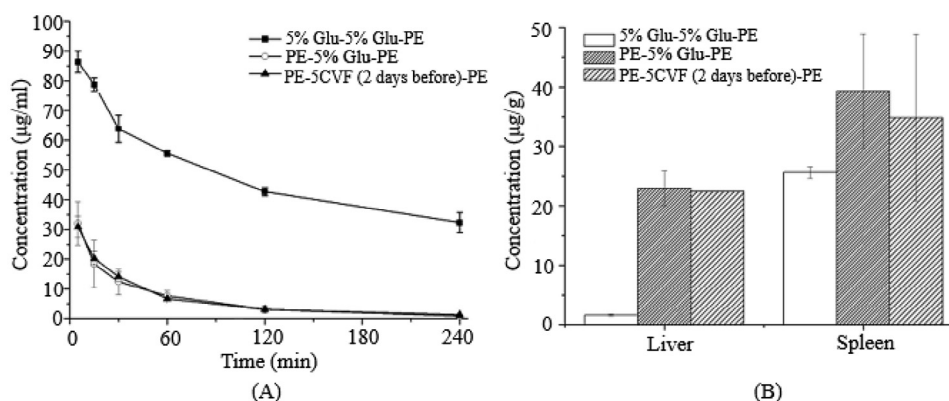


Fig. 7 – The blood clearance profile and tissue distribution after i.v. injection of PE in rats. Each group received i.v. injections of 5% glucose solution or CVF (5 µg/kg) 2 d before the second treatment of PE. (A) Blood clearance and (B) hepatic and splenic accumulation 4 h after i.v. injection of the test dose. Data are shown as mean ± S.D., n = 3.

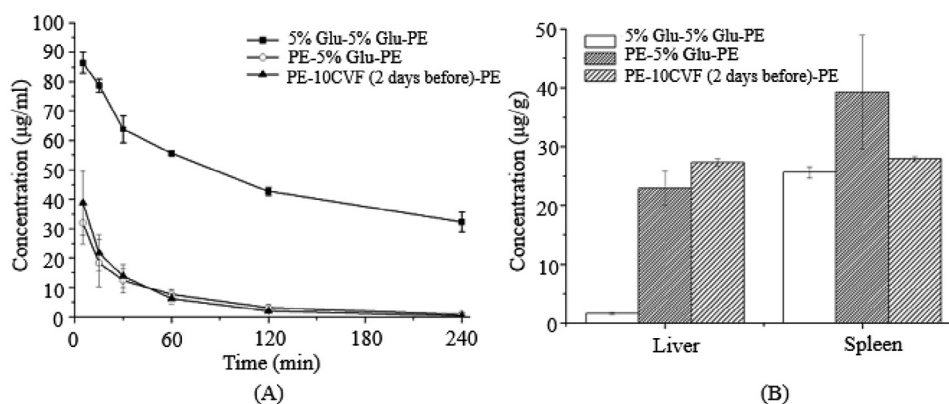


Fig. 8 – The blood clearance profile and tissue distribution after i.v. injection of PE in rats. Each group received i.v. injections of 5% glucose solution or CVF (10 µg/kg) 2 d before the second treatment of PE. (A) Blood clearance and (B) hepatic and splenic accumulation 4 h after i.v. injection of the test dose. Data are shown as mean ± S.D., n = 3.

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