International Journal of Nursing Sciences 9 (2022) 107-113

Contents lists available at ScienceDirect



International Journal of Nursing Sciences

journal homepage: http://www.elsevier.com/journals/international-journal-ofnursing-sciences/2352-0132

Research Paper

Associated factors of professional identity among nursing undergraduates during COVID-19: A cross-sectional study



Man Tang ^a, Yumie Sun ^b, Kaili Zhang ^a, Ruzhen Luo ^c, Yanhui Liu ^c, Hongyu Sun ^{b, *}, Fang Zhou ^{a, **}

^a Xuzhou Medical University, School of Nursing, Jiangsu Province, China

^b Peking University, School of Nursing, Beijing, China

^c Tianjin University of Traditional Chinese Medicine, Tianjin, China

A R T I C L E I N F O

Article history: Received 15 July 2021 Received in revised form 5 September 2021 Accepted 14 September 2021 Available online 21 September 2021

Keywords: COVID-19 Epidemics Nursing specialties Nursing students Professional identity Surveys and questionnaires

ABSTRACT

Objectives: Professional identity plays an important role in the long-term development of nurses, and it will change when public health emergency occurs. The objective of this study is to investigate the factors associated with the professional identity of nursing undergraduates in the epidemic of COVID-19. *Methods:* A cross-sectional survey design with convenience sampling was used. A total of 3,875 nursing undergraduates were recruited from seven universities across China from March to April 2020. A general information questionnaire was used to collect students' information, and the Professional Identity Questionnaire for Nurse Students was used to survey their professional identity during the early and later stages of the first wave of the COVID-19 epidemic.

Results: The score of professional identity in the later stage (59.49 ± 12.41) was higher than that in the early stage (56.96 ± 12.61). The stepwise regression indicated that several factors were associated with professional identity, including gender, residential area, major, impact of the epidemic on intention to work after graduation, reasons for choosing nursing major and students' scores of professional identity in early stage.

Conclusions: Nursing educators can utilize the positive impact of responding to public health emergencies to increase the professional identity of students. Meanwhile, educators should give those students with lower professional identity more targeted education to cultivate their professional identity after the occurrence of public health emergencies.

© 2021 The authors. Published by Elsevier B.V. on behalf of the Chinese Nursing Association. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).

What is known?

- Career satisfaction and the professional identity of nursing undergraduates play an important role in the future career stability and the reduction of turnover rate.
- The professional identity of nursing students changed when public health emergencies occurred.

What is new?

Peer review under responsibility of Chinese Nursing Association.

- The score of professional identity in the late stage was higher than that in the early stage of COVID-19.
- Nursing undergraduates' gender, residential area, major (eg. rehabilitation nursing), impact of the epidemic on intention to work after graduation, reasons for choosing nursing and total scores of professional identity in the early stage were associated with their professional identity in the later stage of COVID-19.
- Nursing educators could utilize the positive impact of response to a public health emergency to enhance students' professional identity.

1. Introduction

Professional identity (PI) is an individual's view of the goal, social value and other factors of the occupation, which is consistent with the social evaluation and expectation of the occupation [1].

https://doi.org/10.1016/j.ijnss.2021.09.005

2352-0132/© 2021 The authors. Published by Elsevier B.V. on behalf of the Chinese Nursing Association. This is an open access article under the CC BY-NC-ND license (http:// creativecommons.org/licenses/by-nc-nd/4.0/).



^{*} Corresponding author.

^{**} Corresponding author.

E-mail addresses: mantang567@163.com (M. Tang), sym8022@163.com (Y. Sun), xiaokai20060@xzhmu.edu.cn (K. Zhang), 1870325633@qq.com (R. Luo), yh_liu888@ 163.com (Y. Liu), sunhongyu@bjmu.edu.cn (H. Sun), zhoufang@xzhmu.edu.cn (F. Zhou).

Research shows that the PI of nursing students refers to the state of their own identity to the nature and characteristics of nursing work and the perception and identity of their professional cognition, emotion, expectation, will, values and abilities [2,3]. As the backup force of the future domestic nursing team, the career satisfaction and professional identity of undergraduate nursing students play an important role in the future career stability and the reduction of turnover rate [4,5]. Previous studies have shown that the PI of nursing students is related to the factors of satisfaction, professional interest, grade and so on. However, few studies have focused on the PI during public health emergencies [6,7].

According to the former study, nursing students' PI was not high, but it will change when public health emergency occurs. Sun found that only less than 30% of nursing students appreciated nursing work and felt that it was respected. Less than 20% were proud to choose nursing major, 25% of the students regretted choosing nursing major, and nearly 40% would like to work in fields other than nursing after graduation [8]. The previous report showed that the SARS event in 2003 enhanced students' understanding of nursing, further increasing students' professional identity, which indicated that when public health emergencies occur, students' professional knowledge and professional identity were constantly changing [9]. This also demonstrates the significance of education, where students change their PI through practice or experience.

Since the end of December 2019, COVID-19 was first reported in Wuhan, Hubei province [10]. In the front line of fighting against COVID-19, nurses are the most powerful force in the rescue team.

Nursing undergraduates witnessed the important role of medical staff during COVID-19, which might inevitably impact their PI. At the later stage of the first wave of COVID-19, with the decrease of new cases, the epidemic was gradually controlled, and the frontline doctors and nurses gradually returned to their homes. They were not only affirmed and appreciated by Wuhan residents, but also warmly welcomed by their hometown people. Numerous reports about medical staff gave nursing undergraduates the opportunity to feel the sanctity and sublimity of being a medical staff.

Previous studies have reported various factors influencing the PI of nursing students. We intended to explore nursing students' PI during the first wave of the COVID-19 epidemic and the relevant factors that affect their PI to provide a basis for formulating effective strategies to promote nursing students' PI.

2. Materials and methods

2.1. Design

A cross-sectional survey design with convenience sampling was used for this study.

2.2. Participants and settings

Using the convenience sampling method, we selected seven universities in China, and the nursing students in these universities were target participants. The inclusion criteria were: 1) studying in Nursing School/Faculty; 2) full-time undergraduate; 3) willing to participate in this study.

2.3. Measure instrument

The Professional Identity Questionnaire for Nurse Students (PIQNS) was used to measure students' PI. The self-designed general information questionnaire and professional identity scale for nursing students were used to collect the general information. The general information included gender, age, grade, university, residential area, nation, family monthly income per capita, professional interest, professional satisfaction, work intention, etc.

The PIQNS was developed by Yufang Hao [11], which included five dimensions and 17 items. The five dimensions were professional self-concept, benefit of retention and risk of turnover, social comparison and self-reflection, independence of career choice and social persuasion.

The scale adopts five-level Likert scoring method, with options from "very inconsistent" to "very consistent" scoring 1 to 5. The higher the student's score means the stronger PI. The Cronbach's α coefficient of the questionnaire is 0.827, the half-reliability is 0.842, and the structural validity is good. This questionnaire is currently mostly used for cross-sectional surveys of nursing students' professional identity.

2.4. Procedure

Ethical approval of this study was given by the Biomedical Ethics Committee of Peking University (IRB00001052-20010). The study was conducted during the first wave of the COVID-19 epidemic from March 28th to April 9th, 2020. An online survey platform (https://www.wjx.cn) in China was used in this study. We contacted the head or dean of nursing schools and invited them to send the online questionnaire to their students. After explaining the purpose and significance of the survey to nursing students and obtaining their oral consent, the students were asked to complete two identical PI questionnaires simultaneously and voluntarily. One was used to describe their PI in the early stage of the epidemic (January 2020), and another was to describe their PI in the later stage, i.e. the current time they filled in the questionnaire. Questionnaires were anonymous, and confidentiality was committed. The students were also informed that they were free not to answer. Each set of the questionnaire could be submitted if there were no missing options. The exclusion criteria for invalid questionnaires were as follows: questionnaires with obvious regular answers, such as selecting the same option for all items; questionnaires with abnormal answers, such as filling in the residential area as plane; questionnaires with inconsistent responses; questionnaires with identical answers.

2.5. Data analysis

Percentages were used to describe participant's general characteristics and *Mean* (*SD*) for the PI scores. Paired *t*-test was used to compare the PI scores in the early and late stages. Independent *t*test and one-way analysis of variance (ANOVA) were conducted to compare differences in total PI score in the late stage between or among different demographic groups. Multiple linear stepwise regression was used to determine associated factors of total PI score in the late stage. Statistical analyses were performed using IBM SPSS Statistics (version 20.0).

3. Results

3.1. Demographic characteristics

A total of 4,498 students were recruited in this study, and 3,875(86.1%) of them submitted valid questionnaires. The mean age of the 3,875 participants was 20.1 (SD = 1.53) years, with a range of 15–33 years. There were 467 (12.1%) male students and 3,408 (87.9%) female students. Among which 1,437 (37.1%) were freshmen, 1,014 (26.2%) were sophomores, 938 (24.2%) were junior students, 486 (12.6%) were senior students.

3.2. Professional identity scores of nursing students in different stages of COVID-19

The total scores of PI in the two stages, scores of five dimensions of professional identity were presented in Table 1. Paired *t*-test showed that the total score of PI and the scores of five dimensions in the later stage of COVID-19 were higher than those in the early stage (P < 0.001, see Table 1).

3.3. Comparison of total PI score between/among different demographic groups in the late stage of COVID-19

The independent *t*-test and ANOVA analysis results showed that gender, residential area, university, major, grade, the impact of the epidemic on one's intention to work after graduation, family's attitude to clinical care, and whether the students had friends, classmates, or familiar medical personnel involved in fighting against COVID-19 were associated with nursing students' PI score (Table 2).

3.4. Associated factors of PI in the later stage of COVID-19

Multiple linear stepwise regression analysis was conducted with the total PI score in the later stage as the dependent variable and the total PI score in the early stage and the variables with statistical significance in the univariate analysis as the independent variables. Dummy variable coding and hierarchical variable assignment are shown in Table 3. Stepwise regression indicated that the final variables in the regression equation were gender (Female, $\beta = 0.015$, P = 0.016), living in the southwest of China ($\beta = 0.018$, P = 0.004) or northwest of China ($\beta = 0.029$, P < 0.001), majoring in rehabilitation nursing ($\beta = -0.032$, P < 0.001), the impact of the epidemic on the intention to work after graduation($\beta = 0.103$, P < 0.001), realizing professional ideal ($\beta = 0.024$, P < 0.001), with suitable character ($\beta = 0.013$, P = 0.048) and the PI score in the early stage ($\beta = 0.861$, P < 0.001) (Table 4).

The total PI scores of female students, students from Southwest or Northwest China, nursing students were higher than that of male students, students from Central China, and students majoring in rehabilitation nursing, respectively. The total score of professional identity in the early stage is proportional to professional identity in the later stage of COVID-19, while the negative impact of the epidemic situation on work intention was negatively associated with it.

4. Discussion

Previous studies showed that the PI of nursing undergraduates in China is relatively low [12,13], and the PI score in this study was in a middle level. Nursing student's future career positioning is not clear enough, and there is also a lack of specific interventions to improve the PI. This is extremely detrimental to the stability and sustainable development of the nursing team. Therefore, it is very important to explore the status quo and associated factors of nursing students' PI and cultivate positive, active, and stable PI of them.

Reports on public health emergencies found that nursing students' PI increased significantly after the outbreak of SARS [9]. In this study, the total scores of students' PI and the five dimensions of PI increased significantly in the late stage of COVID-19 compared to the early stage; moreover, the PI score was also higher than in former studies [14]. Consistent with the research of Heung [15], in which it was stated that the outbreak of SARS promoted a strong sense of professional identity among nursing students. Nursing undergraduates felt an unprecedented sense of moral responsibility, changed their understanding of nursing work and achieved self-growth [15]. Among various dimensions of the PI, the professional self-concept score increased most in the later stage of the epidemic. The professional self-concept includes the perception of the social role and function of the profession, the practitioner's understanding of the value of life, and the understanding of professional value [16,17]. Studies have shown that, especially when public health emergencies occur, nurses play an important role in fighting against disease, and they are urgently needed [18]. The students will redefine their understanding of the occupational value and career gains by redefining the social role of nurses [19].

In the later period of COVID-19, the positive effect of the epidemic on work intention was positively correlated to the PI scores of nursing students. The stronger the internal interest motivation, the stronger the self-identity. The PI is considered as part of self-identity [20,21]. In addition, the PI scores of nursing students in the early stage of COVID-19 were directly proportional to the scores in the later stage. Considering that the PI score in the early stage was highly correlated with the PI score in the later stage, we included this variable in the multiple linear stepwise regression analysis.

Our results showed that female students have a higher professional identity than male students, consistent with previous research [22]. Browne reported that nursing was seen as a predominantly female profession; nursing was often portrayed as feminine, with males in nursing seen as effeminate [23,24]. Male nursing students might think that nursing lacked a sense of pride and happiness, and part of these students chose to change careers after graduation. They tended to think that nursing could not meet the needs of a male being respected and self-realization. Therefore, not only in China but also in other countries, the proportion of male nursing students was low [25,26]. Under this situation, nursing educators should cultivate male students' professional interests according to their advantages and needs in order to change their traditional concepts for formulating career planning and increasing self-value. According to the theory of social cognitive occupation, the self-efficacy and result expectation of a specific occupation can shape an individual's professional interest and enhance professional identity.

Table 1

Scores of nursing undergraduates' professional identity in the early and late stages of COVID-19 (n = 3,875).

ltem	Early stage	Late stage	D _{Late-Early}	t	Р
Total score of professional identity	56.96 ± 12.61	59.49 ± 12.41	2.53 ± 5.14	30.58	< 0.001
Professional self-concept	19.94 ± 5.48	21.05 ± 5.36	1.11 ± 2.52	27.50	< 0.001
Retention benefits and turnover risks	12.43 ± 3.67	12.92 ± 3.65	0.49 ± 1.45	21.08	< 0.001
Social comparison and self-reflection	10.75 ± 2.30	11.15 ± 2.24	0.40 ± 1.11	22.25	< 0.001
Autonomy of career choice	6.81 ± 1.45	6.92 ± 1.42	0.12 ± 0.82	8.99	< 0.001
Social persuasion	7.05 ± 2.01	7.45 ± 1.94	0.41 ± 1.01	25.00	< 0.001

Note: Data are *Mean* \pm *SD*. D = difference value.

M. Tang, Y. Sun, K. Zhang et al.

Table 2

Nursing undergraduates' characteristics and professional identity scores in the early and late stages of COVID-19 (n = 3,875).

Characteristics		n (%)	Early stage	Late stage	
			Mean \pm SD t/F P	Mean \pm SD t/F	Р
Gender	Male	467 (12.1)	55.80 + 14.76 1.85 0.064	57.96 + 14.69 2.45	0.015
Gender	Female	3,408 (87.9)	57.12 ± 12.28	59.70 ± 12.05	01010
Age	<18 years	25 (0.6)	$56.72 \pm 12.61 \ 0.10 \ 0.924$	$61.16 \pm 10.71 \ 0.68$	0.499
	≥18 years	3,850 (99.4)	56.96 ± 12.62	59.47 ± 12.43	
Residential area	Central China	170 (4.4)	54.38 ± 11.89 4.06 < 0.001	57.90 ± 11.92 4.99	< 0.001
	North China	981 (25.3)	58.36 ± 13.29	60.80 ± 13.01	
	East China	1,588 (41.0)	56.44 ± 12.01	58.68 ± 11.86	
	Northeast China	243 (6.3)	56.93 ± 14.47	59.45 ± 14.42	
	South China	342 (8.8)	56.55 ± 11.51	58.51 ± 11.59	
	Southwest China	308 (7.9)	56.27 ± 11.88	59.64 ± 11.83	
	Northwest China	241 (6.2)	58.14 ± 13.87	61.99 ± 13.13	
Ethnic groups	Han	3,534 (91.2)	$56.94 \pm 12.57 \ 0.37 \ 0.711$	$59.44 \pm 12.40 \ 0.83$	0.408
	Others	341 (8.8)	57.21 ± 13.09	60.02 ± 12.44	
Per capita monthly income of	<2,000 CNY	1,062 (27.4)	$56.90 \pm 12.44 \ 0.30 \ 0.827$	$60.15 \pm 12.17 \ 1.95$	0.119
family	2,000–6,000 CNY	2,103 (54.3)	57.03 ± 12.28	59.33 ± 12.03	
	6,001–10,000 CNY	548 (14.1)	57.09 ± 13.73	59.26 ± 13.71	
	>10,000 CNY	162 (4.2)	56.10 ± 14.07	58.01 ± 13.96	
University	University 1	833 (21.5)	$56.64 \pm 12.46 \ 10.03 \ < 0.001$	$58.69 \pm 12.36 \ 12.43$	< 0.001
	University 2	469 (12.1)	57.21 ± 10.91	59.67 ± 10.72	
	University 3	507 (13.1)	57.17 ± 12.55	59.63 ± 12.08	
	University 4	558 (14.4)	55.89 ± 13.52	58.18 ± 13.39	
	University 5	525 (13.5)	59.69 ± 12.79	62.90 ± 12.06	
	University 6	368 (9.5)	59.04 ± 12.02	62.17 ± 11.59	
	University /	295 (7.6)	55.65 ± 13.70	58.36 ± 13.33	
Maion	Mussing	320 (8.3)	53.34 ± 11.80	$55./2 \pm 12.38$	- 0.001
Major	Nursing	3,394 (87.6)	$57.34 \pm 12.46 \ 27.79 \ < 0.001$	$59.91 \pm 12.19 \ 37.12$	< 0.001
	Rehabilitation pursing	307 (7.9)	50.09 ± 11.00	59.25 ± 11.01	
Passons for major in pursing	Character suitable	174 (4.5) Voc 006 (25.7)	50.09 ± 15.75 64.22 + 11.57.22.20 < 0.001	51.06 ± 15.92	< 0.001
Reasons for major in nursing	Character suitable	$N_{0} = 2.870(23.7)$	$04.22 \pm 11.37 \ 22.33 \ < 0.001$	57.04 ± 11.05	< 0.001
	Poplizo professional ideal	$V_{00} = \frac{762}{10.7} (10.7)$	54.45 ± 11.57 65.22 \ 11.55.21.22 < 0.001	57.04 ± 11.95	< 0.001
	Realize professional ideal	105 / 05 (19.7)	$65.22 \pm 11.55 \ 21.52 \ < 0.001$	$07.71 \pm 10.47 \ 25.46$	< 0.001
	Facu amployment	$V_{00} = 2.246 (58.0)$	54.54 ± 12.02	57.47 ± 12.01	< 0.001
	Easy employment	105 2,240 (30.0)	54.50 ± 12.57	$61.22 \pm 11.20 \ 10.02$	< 0.001
	Convenient for yourself or your family to	V_{0} 1,029 (42.0) V_{0} 1,069 (25.6)	54.55 ± 15.57 60.09 $\pm 11.98.9.65 < 0.001$	57.11 ± 15.54 $62.62 \pm 11.53 0.83$	< 0.001
	go to the bospital	No. $2.806(23.0)$	55.77 ± 12.64	58.20 ± 12.52	< 0.001
	Forced to transfer to pursing	V_{0} 1 365 (35.2)	53.77 ± 12.04 52.44 ± 12.09 17.11 < 0.001	55.29 ± 12.32 55.34 ± 12.28 15.84	< 0.001
	Forceu to transfer to nursing	No. $2510(64.8)$	52.44 ± 12.09 17.11 < 0.001	53.54 ± 12.28 13.84 61 75 \pm 11 89	< 0.001
	Others	$V_{0} = 164 (4.2)$	$51.75 \pm 12.97.5.43 < 0.001$	$53.95 \pm 12.99 5.87$	< 0.001
	others	No. $3.711(95.8)$	51.75 ± 12.57 5.45 < 0.001	59.33 ± 12.33 5.87	< 0.001
Crade	First vear	1437(371)	57.13 ± 12.53 57.27 $\pm 12.70 \pm 186 = 0.114$	55.75 ± 12.55	0 009
Grade	Second year	1,437 (37.1)	57.27 ± 12.70 1.00 0.114	59.36 ± 11.96	0.005
	Third year	938 (24.2)	56.01 ± 12.21 56.44 + 13.20	58.86 ± 13.09	
	Fourth year	484 (12.4)	57.47 ± 11.92	59.00 ± 12.00	
	Fifth year	2(01)	_		
In internship or not during this	Ves	40(10)	59 30 + 16 29 0 92 0 398	61 20 + 15 59 0.82	0 439
enidemic	Yes the internship was interrupted due t	n the 491(12.7)	57.30 ± 12.30	58.98 ± 12.36	0.155
epideime	epidemic	o the 101 (1217)	57150 <u>1</u> 12150	20120 - 12130	
	No	3,344 (86,3)	56.89 + 12.61	59.54 ± 12.37	
The impact of the epidemic on	Very positive	699 (18.0)	65.77 ± 12.70 164.18 < 0.001	68.88 ± 11.38 229.36	< 0.001
vour intention to work after	Relatively positive	1.796 (46.3)	57.13 + 10.55	60.26 ± 9.94	
graduation	No impact	1.088 (28.1)	53.07 + 12.38	54.55 + 12.28	
0	Relatively negative	258 (6.7)	50.24 ± 12.21	51.68 ± 12.83	
	Very negative	34 (0.9)	42.59 ± 17.01	42.97 ± 15.83	
Family's attitude to clinical care	Strong support	787 (20.3)	$61.98 \pm 13.97 \ 100.20 \ < 0.001$	$64.44 \pm 13.49 \ 95.59$	< 0.001
5	Noninterference	2,675 (69.0)	56.65 ± 11.61	59.12 ± 11.46	
	Try to change your career	399 (10.3)	49.63 ± 11.79	52.72 ± 12.09	
	Strongly opposed	14 (0.4)	42.71 ± 13.96	44.29 ± 15.53	
Ever contact with persons at	Yes	20 (0.5)	53.25 ± 16.58 1.01 0.327	$55.60 \pm 16.61 - 1.41$	0.160
high risk, suspected or	No	3,855 (99.5)	56.98 ± 12.59	59.51 ± 12.38	
diagnosed with COVID-19					
Ever care for persons at high	Yes	16 (0.4)	50.31 ± 16.77 1.59 0.132	54.63 ± 18.55 - 1.05	0.309
risk, suspected or diagnosed	No	3,859 (99.6)	56.99 ± 12.59	59.51 ± 12.38	
with COVID-19					
Have any family members	Yes	195 (5.0)	57.88 ± 13.43 1.04 0.299	60.22 ± 13.34 0.84	0.402
involved in the fight against	No	3,680 (95.0)	56.91 ± 12.57	59.45 ± 12.36	
COVID-19					
Have any friends or classmates	Yes	360 (9.3)	59.67 ± 12.47 4.29 < 0.001	62.01 ± 12.21 4.05	< 0.001
involved in the fight against	No	3,515 (90.7)	56.69 ± 12.60	59.23 ± 12.40	
COVID-19					
Have any medical staff you are	Yes	1,192 (30.8)	58.39 ± 12.13 4.71 < 0.001	$60.89 \pm 11.90 \ 4.70$	< 0.001
familiar with involved in the	No	2,683 (69.2)	56.33 ± 12.77	58.87 ± 12.58	
fight against COVID-19					

Note: Data are n (%) or *Mean* \pm *SD*.

Table 3

Dummy variable coding and hierarchical variable assignment.

Independent variables	Assignment or coding
Gender	Male = 0, $Female = 1$
Residential area	Central China (0,0,0,0,0,0), North China (1,0,0,0,0,0), East China (0,1,0,0,0,0), Northeast China (0,0,1,0,0,0), South China (0,0,0,1,0,0), Southwest China (0,0,0,0,1,0), Northwest China (0,0,0,0,0,1)
Major	Nursing (0,0), Midwifery (1,0), Rehabilitation nursing (0,1)
The impact of the epidemic on your intention to work after graduation	Very negative $=$ 1, Relatively negative $=$ 2, No impact $=$ 3, Relatively positive $=$ 4, Very positive $=$ 5
Family's attitude to clinical care	Strong support = 1, Noninterference = 2, Try to change your career = 3, Strongly opposed = 4
Do you have any friends or classmates involved in the fight against COVID-19?	No = 0, Yes = 1
Is there any medical staff close to you involved in the fight against COVID-19?	No = 0, Yes = 1
Reasons for choosing your major	Character suitable (No = 0, Yes = 1), Realize professional ideal (No = 0, Yes = 1), Easy employment (No = 0, Yes = 1), Convenient for yourself or your family to go to the hospital (No = 0, Yes = 1), Forced to transfer to nursing (No = 0, Yes = 1) $(N = 1)$

Table 4

Stepwise Regression Analysis for factors that affected professional identity scores (n = 3,875).

Variable	В	SE	β	t	Р
Constant	13.19	0.67	_	19.75	< 0.001
Gender					
Female	0.57	0.24	0.02	2.41	0.016
Scores of professional identity in early stage	0.85	0.01	0.86	119.53	< 0.001
The impact of the epidemic on your intention to work after graduation	1.48	0.10	0.10	15.20	< 0.001
Major					
Rehabilitation nursing	-1.93	0.38	-0.03	-5.10	< 0.001
Residential area					
Northwest China	1.51	0.32	0.03	4.73	< 0.001
Southwest China	0.83	0.29	0.02	2.90	0.004
Reasons for major in Nursing					
Realize professional ideal	0.74	0.21	0.02	3.56	< 0.001
Character suitable	0.38	0.19	0.01	1.98	0.048

Note: $R^2 = 0.85$, Adjusted $R^2 = 0.81$, F = 2768.59, P < 0.001.

The PI scores of students in Southwest and Northwest China were significantly higher than those in Central China, where the epidemic situation was relatively serious. When the epidemic occurred, people did not know the infectivity and harmfulness of the virus, which would inevitably cause panic. Medical staff still resisted the pressure and stood in the front line of fighting against COVID-19. Therefore, the increase of occupational risk on the nursing staff was inevitable. It was reported that occupational risk and pressure were key factors affecting PI scores [27]. The more serious the epidemic was in the affected area, the greater the psychological pressure medical staff faced [28,29]. Therefore, educators should pay more attention to students from areas where the epidemic was relatively serious and give them more care to stabilize their PI.

This study also showed that the PI scores of students majoring in rehabilitation nursing were lower than those of other nursing students in early and later periods. This might be associated with the fact that rehabilitation nursing, as one of the new branches of nursing, had a relatively low degree of social recognition, more than this, they may think they are not majoring in nursing and their professional activities have little to do with the COVID-19, which affected the students' understanding of this major. Nursing educators should create a good teaching environment, help students realize the importance and practicability of rehabilitation nursing, and improve their interest in learning.

Our study found that the students who believed that nursing could realize their career ideal and those with suitable character scored higher than those who chose not. Worthington also found that the reason for choosing nursing major had a greater impact on students' professional identity; students who believed that nursing could fulfill their self-worth scored higher on professional identity [30]. Researchers believe that college learning is an important stage of students' career development, and the PI plays an important role in their career development [31,32]. Seaman proposed that the PI is also closely related to understanding the value and meaning of profession [33]. Students have a clear self-awareness of themselves, and the identification of their major is an important factor affecting their professional learning and growth. Therefore, nursing educators should recruit students who are interested and qualified in nursing. At the same time, entrance education is important too, and it can help students discover the value of nursing and enhance their professional interest and recognition.

In addition to the influence of general information, the PI might certainly be related to other associated factors, such as psychology, social support and working pressure [27,34]. This study also verified that the positive effect of the epidemic on work intention was positively related to the PI scores. The promotion of PI of undergraduate nursing students during the COVID-19 epidemic is related to the public support and recognition for nurses. As nursing students, they will undoubtedly pay more attention to the progress of COVID-19 and related reports. It can be said that this epidemic provides a lively classroom for students to understand nursing indepth and comprehensively and makes students more aware of the value and social responsibility of the nursing profession. Once students become more enthusiastic about their profession, their desire for learning and future jobs will increase.

This study has several limitations. On the one hand, the participated students in our study were recruited from universities of six provinces in China, so the ability of the data to represent the national nursing students may be limited. On the other hand, their PI at the early stage was collected through self-reported recall; therefore, recall bias was likely existent.

5. Conclusions

The epidemic outbreak has allowed the whole society to understand nursing and realize the importance of nursing truly. For this reason, nurses' social status has been improved. Nursing students have deeply felt the professional value of nursing, so they will be more confident in nursing. However, for some students, the epidemic has made them see the risks of the nursing profession, which may reduce their professional identity. Therefore, nursing educators can utilize the positive impact of responding to public health emergencies to enhance students' PI. More importantly, all nursing practitioners should be committed to developing nursing and improving the quality of nursing services. Thus the whole society will recognize the value of nursing, which will have a positive impact on nursing students' PI.

Funding

This work was supported by the General Program of Natural Science Foundation of Beijing Municipality (project no. 9212008).

CRediT authorship contribution statement

Man Tang: Formal analysis, Writing – original draft, preparation, Writing – review & editing. **Yumie Sun:** Methodology, Formal analysis, Writing – original draft, preparation, Writing – review & editing, Visualization. **Kaili Zhang:** Formal analysis, Data curation, Writing – review & editing. **Ruzhen Luo:** Data curationData curation, Investigation, Writing – original draft, preparation. **Yanhui Liu:** Data curation, Investigation. **Hongyu Sun:** Conceptualization Conceptualization, Supervision, Project administration, Writing – review & editing. **Fang Zhou:** Conceptualization Conceptualization, Supervision, Project administration, Writing – review & editing.

Declaration of competing interest

The authors declare no conflict of interest.

Acknowledgement

We kindly thank the Nursing schools for helping us with participant recruitment. Furthermore, we would like to thank all nursing undergraduates for sharing their opinions on professional identity.

Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.ijnss.2021.09.005.

References

- Fitzgerald A. Professional identity: a concept analysis. Nurs Forum 2020;55(3): 447-72. https://doi.org/10.1111/nuf.12450.
- [2] Mitchell R, Parker V, Giles M, Boyle B. The ABC of health care team dynamics: understanding complex affective,behavioral,and cognitive dynamics in interprofessional teams. Health Care Manag Rev 2014;39(1):1–9. https://doi.org/ 10.1097/hcm.0b013e3182766504.
- [3] Johnson M, Cowin LS, Wilson I, Young H. Professional identity and nursing: Contemporary theoretical developments and future research challenges. Int Nurs Rev 2012;59(4):562–9. https://doi.org/10.1111/j.1466-7657.2012.01013.x.
- [4] Machin AI, Machin T, Pearson P. Maintaining equilibrium in professional role identity:a grounded theory study of health visitors' perceptions of their changing professional practice context. J Adv Nurs 2012;68(7):1526–37.

https://doi.org/10.1111/j.1365-2648.2011.05910.x.

- [5] Mao A, Lu SE, Lin Y, He M. A scoping review on the influencing factors and development process of professional identity among nursing students and nurses. J Prof Nurs 2021;37(2):391–8. https://doi.org/10.1016/ j.profnurs.2020.04.018.
- [6] Sweet JJ, Benson LM, Nelson NW, Moberg PJ. The American academy of clinical neuropsychology, national academy of neuropsychology, and society for clinical neuropsychology (APA division 40) 2015 TCN professional practice and 'salary survey': professional practices, beliefs, and incomes of US neuropsychologists. Clin Neuropsychol 2015;29(8):1069–162. https://doi.org/10.1080/ 13854046.2016.1140228.
- [7] Neishabouri M, Ahmadi F, Kazemnejad A. Iranian nursing students' perspectives on transition to professional identity: a qualitative study. Int Nurs Rev 2017;64(3):428–36. https://doi.org/10.1111/inr.12334.
- [8] Sun Y, Guo J, Guan R, Li X. The relationship between the professional attitude of nursing students and SARS. Chinese Journal of Nursing 2004;39(4):278–80. https://doi.org/10.3321/j.issn:0254-1769.2004.04.017.
- [9] Sun Y, Guo J, Li X, Guan R. Comparison and analysis of professional attitude of nursing undergraduates before and after SARS. Mod Nurs 2007;13(10):892–4. https://doi.org/10.3760/cma.j.issn.1674-2907.2007.10.004.
- [10] Shi L, Lu ZA, Que JY, Huang XL, Liu L, Ran MS, et al. Prevalence of and risk factors associated with mental health symptoms among the general population in China during the coronavirus disease 2019 pandemic. JAMA Netw Open 2020;3(7):e2014053. https://doi.org/10.1001/ jamanetworkopen.2020.14053.
- [11] Hao Y. Study of the model of self-education in enhancing the level of professional identity and professional self-efficacy in nursing students. (Ph.D. dissertation)Shanghai. Second Military Medical University; 2011.
- [12] Guo YJ, Yang L, Ji HX, Zhao Q. Caring characters and professional identity among graduate nursing students in China-A cross sectional study. Nurse Educ Today 2018;65:150-5. https://doi.org/10.1016/j.nedt.2018.02.039.
 [13] Li L, Gan Y, Yang Y, Jiang H, Lu K, Zhou X, et al. Analysis on professional
- [13] Li L, Gan Y, Yang Y, Jiang H, Lu K, Zhou X, et al. Analysis on professional identity and related factors among Chinese general practitioners: a National Cross-sectional Study. BMC Fam Pract 2020;21(1):80. https://doi.org/10.1186/ s12875-020-01155-4.
- [14] Wu M, Xie L, Zhang Q, You Z, Li Y, Zou Q. A study on the correlation between the undergraduate nursing students' hope level and professional identity. J Nurs 2017;24(13):61–4. https://doi.org/10.16460/j.issn1008-9969.2017.13.061.
- [15] Heung YY, Wong KY, Kwong WY, To SS, Wong HC. Severe acute respiratory syndrome outbreak promotes a strong sense of professional identity among nursing students. Nurse Educ Today 2005;25(2):112–8. https://doi.org/ 10.1016/j.nedt.2004.11.003.
- [16] Çöplü M, Tekinsoy Kartın P. Professional self-concept and professional values of senior students of the nursing department. Nurs Ethics 2019;26(5): 1387–97. https://doi.org/10.1177/0969733018761171.
- [17] Kim JS. Relationships between reality shock,professional self-concept,and nursing students' perceived trust from nursing educators: a cross-sectional study. Nurse Educ Today 2020;88:104369. https://doi.org/10.1016/ j.nedt.2020.104369.
- [18] Chamboredon P, Roman C, Colson S. COVID-19 pandemic in France:health emergency experiences from the field. Int Nurs Rev 2020;67(3):326–33. https://doi.org/10.1111/inr.12604.
- [19] Li ZY, Zuo QT, Cheng JX, Zhou Y, Li YY, Zhu LL, et al. Coronavirus disease 2019 pandemic promotes the sense of professional identity among nurses. Nurs Outlook 2021;69(3):389–98. https://doi.org/10.1016/j.outlook.2020.09.006.
- [20] Hing N, Russell A, Blaszczynski A, Gainsbury SM. What's in a name? assessing the accuracy of self-identifying as a professional or semi-professional gambler. J Gambl Stud 2015;31(4):1799–818. https://doi.org/10.1007/ s10899-014-9507-9.
- [21] Wilson C, Stock J. The impact of living with long-term conditions in young adulthood on mental health and identity:What can help? Health Expect 2019;22(5):1111–21. https://doi.org/10.1111/hex.12944.
- [22] Wan Chik WZ, Salamonson Y, Everett B, Ramjan LM, Attwood N, Weaver R, et al. Gender difference in academic performance of nursing students in a Malaysian university college. Int Nurs Rev 2012;59(3):387–93. https:// doi.org/10.1111/j.1466-7657.2012.00989.x.
- [23] Browne C, Wall P, Batt S, Bennett R. Understanding perceptions of nursing professional identity in students entering an Australian undergraduate nursing degree. Nurse Educ Pract 2018;32:90–6. https://doi.org/10.1016/ j.nepr.2018.07.006.
- [24] Kelly J, Fealy GM, Watson R. The image of You:constructing nursing identities in YouTube. J Adv Nurs 2012;68(8):1804–13. https://doi.org/10.1111/j.1365-2648.2011.05872.x.
- [25] Haydon A. Student life where are all the male nursing students? Nurs Stand 2017;31(33):35. https://doi.org/10.7748/ns.31.33.35.s41.
- [26] Jing X, Chen X, Jin Y, Wang X, Niu C, Zhuang H. Relationship among the occupational benefit, psychological capital and job burnout of male nurses in Anhui province. Nursing Journal of Chinese People's Liberation Army 2020;37(6):32–5. https://doi.org/10.3969/j.issn.1008-9993.2020.06.008.
- [27] Devery H, Scanlan JN, Ross J. Factors associated with professional identity job satisfaction and burnout for occupational therapists working in eating disorders: a mixed methods study. Aust Occup Ther J 2018;65(6):523–32. https://doi.org/10.1111/1440-1630.12503.
- [28] Lai JB, Ma SM, Wang Y, Cai ZX, Hu JB, Wei N, et al. Factors associated with

mental health outcomes among health care workers exposed to coronavirus disease 2019. JAMA Netw Open 2020;3(3):e203976. https://doi.org/10.1001/jamanetworkopen.2020.3976.

- [29] Xu CJ, Zhang XY, Wang YG. Mapping of health literacy and social panic via web search data during the COVID-19 public health emergency:infodemiological study. J Med Internet Res 2020;22(7):e18831. https://doi.org/10.2196/ 18831.
- [30] Worthington M, Salamonson Y, Weaver R, Cleary M. Predictive validity of the macleod clark professional identity scale for undergraduate nursing students. Nurse Educ Today 2013;33(3):187–91. https://doi.org/10.1016/ j.nedt.2012.01.012.
- [31] Price SL, McGillis Hall L, Murphy GT, Pierce B. Evolving career choice narratives of new graduate nurses. Nurse Educ Pract 2018;28:86-91. https://

doi.org/10.1016/j.nepr.2017.10.007.

- [32] Guo B, Zhao L, Gao Y, Peng X, Zhu Y. The status of professional identity and professional self-efficacy of nursing students in China and how the medical documentaries affect them:a quasi-randomized controlled trial. Int J Nurs Sci 2017;4(2):152–7. https://doi.org/10.1016/j.ijnss.2017.03.006.
- [33] Seaman K, Saunders R, Dugmore H, Tobin C, Singer R, Lake F. Shifts in nursing and medical students' attitudes, beliefs and behaviours about interprofessional work: An interprofessional placement in ambulatory care. J Clin Nurs 2018;27(15–16):3123–30. https://doi.org/10.1111/jocn.14506.
- [34] Venema E, Otten S, Vlaskamp C. The efforts of direct support professionals to facilitate inclusion: The role of psychological determinants and work setting. J Intellect Disabil Res 2015;59(10):970–9. https://doi.org/10.1111/jir.12209.