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Circulating tumor cell-derived organoids: Current challenges and promises in medical research and precision medicine

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Abstract

Traditional 2D cell cultures do not accurately recapitulate tumor heterogeneity, and insufficient human cell lines are available. Patient-derived xenograft (PDX) models more closely mimic clinical tumor heterogeneity, but are not useful for high-throughput drug screening. Recently, patient-derived organoid cultures have emerged as a novel technique to fill this critical need. Organoids maintain tumor tissue heterogeneity and drug-resistance responses, and thus are useful for high-throughput drug screening. Among various biological tissues used to produce organoid cultures, circulating tumor cells (CTCs) are promising, due to relative ease of ascertainment. CTC-derived organoids could help to acquire relevant genetic and epigenetic information about tumors in real time, and screen and test promising drugs. This could reduce the need for tissue biopsies, which are painful and may be difficult depending on the tumor location. In this review, we have focused on advances in CTC isolation and organoid culture methods, and their potential applications in disease modeling and precision medicine.

Keywords

Cancer; Organoids; Circulating tumor cells; Precision medicine

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1. Introduction

Circulating tumor cells (CTCs) are shed from primary tumor and/or metastatic lesions into the vasculature and initiate metastatic lesions at distant sites. In 1869, Thomas Ashworth, an Australian physician, first identified cells similar to cancer cells in blood drawn from the saphenous vein [1]. In 1889, Stephen Paget proposed a 'seed and soil' hypothesis, in which certain tumor cells ("seeds") have a specific affinity for the environment of specific organs ('soil'), and compatibility between the seed and soil leads to metastasis [2]. CTCs are considered as 'seeds' distributed by primary tumors for potential initiation of metastatic growth at distant organ sites. CTCs reflect tumor heterogeneity, and could be genotyped and functionally characterized to study and target the evolving mutational landscape of primary and/or metastatic tumors [3–5].

CTCs have opened a new avenue towards combating cancer by acting as important indicators of metastatic disease and prognostic biomarkers. Several studies in different solid cancers such as breast [6,7], lung [8], prostate [9], and esophageal squamous cell carcinoma [10] have suggested that effective chemotherapy or hormonal therapy are associated with decreased CTCs. Correlations between numbers of CTCs, and survival time - both progression-free survival (PFS) and overall survival (OS) before and after surgery are considered important pharmacodynamics data in treatment response studies to determine clinical outcomes and risk of relapse [11,12]. Meta-analyses of patients with ovarian [13] and lung cancer [14] showed a strong link between number of CTCs and cancer progression and treatment response, determined as shorter PFS and OS [15]. Normanno et al. (2013) noted that after the first cycle of chemotherapy, CTCs decreased in patients with small cell lung cancer [16]. In gastrointestinal cancers (e.g. pancreatic, gastric, and colorectal cancers), CTCs are being used to predict distant metastasis and patient survival, and are helpful in tumor staging during chemotherapy and/or radiotherapy [17,18]. Higher expression of multidrug-resistance-related proteins (MRPs) and aldehyde dehydrogenase 1 (ALDH1) in CTCs are associated with shorter PFS and predicts response to chemotherapy in breast cancer [19]. Blassl et al. (2016) identified therapeutic resistance in ovarian cancer cells through gene expression profiling of CTCs [20]. In short, CTCs have now emerged as a 'liquid biopsy', offering a safe, low-cost and repeatable tissue source that is an alternative to invasive biopsies, and can be immensely useful in the diagnosis and prognosis of various cancers.

Immense efforts have been made to isolate live CTCs and culture them for genetic and epigenetic characterization of tumors. Further, CTCs in culture could be useful to screen promising drugs and making important treatment decisions in emerging precision medicine and targeted treatment regimens. This review focuses on the current status of efforts to isolate and culture CTCs, to grow three-dimensional organoids for potential applications in cancer research and drug development.

2. Current methodologies for isolation and characterization of CTCs

For organoid cultures, it is important to isolate sufficient numbers of viable CTCs from blood. In the last few decades, several methods have been developed for isolation of CTCs

using biological characteristics (such as surface marker expression) and physical properties (*e.g.* density, size and electrical charge) (see summary in Table 1 and Fig. 1).

Immunoaffinity-based enrichment techniques are the first reported and most widely used techniques for CTC enrichment [21]. The Cell-Search® system (Veridex LLC) is an FDA-approved technique used for detection of CTCs in samples from patients with prostate [22,23], colorectal [24], and breast cancer [25]. It employs immunomagnetic separation (ferrofluid nanoparticles functionalized with an EpCAM antibody) combined with fluorescence imaging technology using antibodies to identify CTCs (with the criteria of EpCAM+, DAPI+, cytokeratins 8, 18+, and/or 19+, and CD45–) from white blood cells (with the criteria of cytokeratins-, CD45⁺, and DAPI+).

To further improve efficiency and detection speed, several new methods have been developed. These include AdnaTest (Adnagen AG), a commercial platform [26] that detects CTCs through an optimized cocktail of antibodies and a combination of tumor-associated markers. In this method, CTCs are first enriched through antibody-coated magnetic particles (including EpCAM), followed by reverse transcription-polymerase chain reaction (RT-PCR) analysis of tumor-associated genes (*e.g.* CA15-3, GA 733-2, and Her2) [26–28]. OncoCEE (commercialized by Biocept) uses an anti-EpCAM antibody for capture and a cocktail of TROP-2, MUC-1, HER2, EGFR and N-cadherin antibodies for detection of CTCs [29]; this approach had high detection efficiency in samples from patients with metastatic breast cancer [30].

However, two major drawbacks exist with these types of detection systems. First, the epithelial cell surface marker EpCAM is used to isolate CTCs, although EpCAM is not expressed in various sub-types of the same cancer [31]. EpCAM-based detection of CTCs did not recognize breast cancer cells of a normal cell-like subtype characterized by aggressive behavior [32]. Furthermore, downregulation of epithelial markers during epithelial–mesenchymal transition (EMT) is common in CTCs [33,34]. These problems have been overcome by using additional surface marker/s frequently expressed on cells lacking EpCAM, such as N-cadherin, vimentin, EGFR, CD133, and O-cadherin [35–37].

Preprocessing of blood using centrifugation or cell lysis can cause significant loss of CTCs. To resolve this issue, new enrichment techniques have been developed, such as MagSweeper, which used a magnetic rod to separate CTCs (magnetically labelled) from non-magnetically labelled cells [38]. This technique was used for genetic profiling studies in breast cancer [39,40] and prostate cancer [41], and for analyses of stem cells in colorectal cancer [42]. Cell-antibody interaction is the key for efficient capture of CTCs, which can be controlled by sample flow velocity and direction. In 2007, a microfluidic device called CTC-Chip was developed. It consists of a collection of microposts coated with anti-EpCAM antibody specifically designed for CTC enrichment [43]. Precise control of fluid flow promoted isolation of viable CTCs from blood of patients with metastatic prostate, breast, pancreatic, colon, and lung cancer [43]. This lead to further microfluidic-based enrichment techniques, such as a geometrically enhanced differential immunocapture (GEDI) device, which uses a combination of antibody-coated microposts (positive enrichment) and hydrodynamic chromatography (size-based margination) to reduce non-specific leukocyte

adhesion. This technique was used to isolate CTCs in samples from patients with castration-resistant prostate cancer (PSMA+/CD45- cells) [44], as well as breast and gastric cancer [45].

Although promising, these micropost devices have limitations, such as their nontransparent nature combined with post structures (difficult for high-resolution imaging) and complexity of production at a larger scale. As a result, new surface-capture microfluidic devices have been developed, including a herringbone (HB) chip [46], a graphene oxide (GO) chip [47], and a geometrically enhanced mixing (GEM) chip [48]. By using surface-coated antibodies, these transparent devices allow high-resolution imaging of CTCs suited for large-scale production. However, trypsinization is required to retrieve CTCs, which are immobilized on these devices [47,48]; this step could cleave major surface receptors on CTCs important for their characterization. To address this problem, magnetic sifters (small microfluidic chips) were developed with a dense array of magnetic pores arranged in a honeycomb pattern. These chips sieve samples by vertical flow centrifugation and reportedly allow efficient capture of CTCs followed by high-throughput release [49]. Another device called the Ephesia chip contains antibody-coated magnetic beads self-assembled in the microchip; these were reported to capture CTCs in samples from patients with prostate and breast cancer [50,51].

Currently, a few automated commercial hybrid CTC enrichment platforms are also available based on both microfluidic and immunomagnetic principles (Table 1). These include Liquid Biopsy® (Cyvenio), an automated authenticated platform that captures CTCs labelled with magnetic nanoparticles from blood samples, and can be used in next-generation sequencing studies [52]. IsoFlux (Fluxion Biosciences) is a system using three interconnected fluidic reservoirs to separate cells labelled with anti-EpCAM coated magnetic beads from unbound cells, under the influence of a high magnetic field. This method was more sensitive than CellSearch in detecting CTCs in prostate cancer samples [53]. The CTC-iChip (Janssen Diagnostics), a microfluidic immunomagnetic-based CTC enrichment technique [54], allows sequential separation of different blood components through a micropillar array, hydrodynamic size-based sorting, and magnetophoresis. CTC-iChip uses inertial fluidics to focus all the nucleated cells and then use a positive or negative selection using magnetic beads to pull CTCs or WBCs [54,55].

Another class of microfluidics based separation technologies uses inertial hydrodynamic forces in microfluidic channels to separate the cells based on size, hence named "label free technologies" [56]. The advantage of these technologies is their high throughput. Using inertial forces either in linear or curved channels, cells can be focused and diverted into different streamlines based on their size. Spiral Microfluidics (Clearbridge Biomedics), a straightforward spiral microfluidic device with a trapezoidal cross-section for label-free enrichment of CTCs, leads to greater accuracy in genome sequencing and mapping, as well as in single-cell analysis [57,58]. More recently, a microfluidic labyrinth was developed to isolate CTCs at a 2.5 mL/min flow rate entirely based on size, with no positive or negative selection [59].

Other currently used methods are MetaCell®, a size-based enrichment technique for viable CTC enrichment from peripheral blood [60]; and Lymphoprep[™] by Nycomed Pharm AS [61]; and Ficoll-Paque by GE-Amersham Biosciences, a density-based approach followed by RT-PCR analysis which has been used to detect CTCs in colorectal cancer [62]. OncoQuick® Plus by Greiner Bio One uses a combined approach of density gradient centrifugation and filtration to capture CTCs, and its use in samples from patients with metastatic breast cancer has been reported [63]. RosetteSep CTC Enrichment Cocktail (STEMCELL Technologies) is designed to enrich CTCs by negative selection, and unwanted cells are removed using tetrameric antibody complexes recognizing CD2, CD16, CD19, CD36, CD38, CD45, CD66b and glycophorin A, followed by centrifugation over a density gradient medium. Epithelial ImmunoSPOT Assay (EPISPOT), a secreted protein-based approach, has been used to capture CTCs in samples from patients with several different cancers [64,65].

Other commercial kits/systems based on filter-based size exclusion technologies use both molecular and cytopathologic approaches [66]. These include Isolation by Size of Epithelial Tumor cells (ISET technology) by Rare Cell Diagnostics; this technology was used to isolate CTCs as intact cells, without a previous immune-based selection, from a variety of cancer types [67,68]. ScreenCell® is a small filter-based device used to isolate and characterize CTCs [69,70]. These new technologies could overcome the drawbacks of existing technologies and facilitate long-term culture of CTCs in 2D and 3D organoid models.

3. CTC applications in cell culture models

3.1. 2D and 3D cell culture models

Cancer-related mortality rates remain high, in part, because of a high rate of failure in drug development due to the lack of sufficient clinically relevant preclinical models. Currently available cancer cell lines fall short of expectations as an effective clinically relevant model because of issues related to genotypic drift, cross-contamination with other cell lines, difficulty in establishment of permanent cell lines from primary tumors, loss of tumor heterogeneity, and adaptation to *in vitro* growth [71]. Furthermore, for several cancer types, sufficient numbers of clinically relevant cell lines are not available. For example, although prostate cancer is among the most common malignancies, hardly any cell lines representing different races are also not available. These limitations demand novel measures to develop cancer cell culture models more representative of clinical situations. As CTCs are mostly derived from primary tumors, CTCs in culture could be a potential source of information

Due to the rareness of CTCs (*i.e.* approx. 1 in 1,000,000 of circulating cells), it has been challenging to establish cell culture and permanent cell lines *in vitro* or grow them in xenografts (*in vivo*) to perform functional analyses. However, significant advances have been made towards isolation and culture of CTCs. Alix-Panabieres et al. (2005) introduced the concept of short-term culture of CTCs *in vitro* on a membrane coated with antibodies to capture the secreted proteins and detect CTCs [64].

In 2013, Zhang et al. established primary cultures from CTCs (an *ex-vivo* expansion) obtained from patients with advanced stage breast cancer [72]. After isolating EpCAM (–) CTCs with the brain metastasis-selected markers (BMSMs) HER2(+)/EGFR(+)/HPSE(+)/Notch1(+), this group studied the invasiveness of these CTC lines [72]. CTC lines with BMSMs had high invasiveness and led to development of brain and lung metastasis in nude mice [72].

One year later, Yu et al. (2014) established six CTC lines using samples from ER+ breast cancer patients, through CTC-iChip technology [73]. They maintained the CTCs in serumfree media for>6 months, with basic fibroblast growth factor (FGF) and epidermal growth factor (EGF), under hypoxic conditions $(4\% O_2)$ [73]. Genome sequencing confirmed the mutational status of *PIK3CA* gene, estrogen receptor gene (*ESR1*) and fibroblast growth factor receptor gene (FGFR2) in these CTC-derived cell lines. Moreover, they confirmed the cytological similarity between cultured CTCs and primary CTCs (isolated from a patient) and tumorigenic properties of these cell lines in mice [73]. In another study, Zhang et al. (2014) established a three-dimensional (3D) co-culture model for better *in-situ* capture and culture of CTCs [74]. After isolating CTCs in samples from patients with lung cancer, they cultured CTCs on microfluidic chips along with tumor-associated fibroblasts and extracellular matrix proteins to construct a tumor microenvironment favorable for growth of CTCs. Matched mutations were detected between expanded CTCs and primary tumors [74]. In another study, this 3D co-culture model [74] was used to capture and expand CTCs from multiple blood draws through the treatment cycle of a patient with lung adenocarcinoma [75]. This study demonstrated the usefulness of CTCs to assess ALK rearrangement as well as serial genetic alterations, matching similar observations in tumor biopsies [75].

3.2. Organoid culture model

Organoids are miniscule models of tissues grown in a 3D semisolid extracellular matrix with specific growth factor–supplemented medium [76,77]. Single epithelial cells can form organoids in 7–10 days; these can be dissociated into single cells to reinitiate organoid formation. A major achievement in organoid culture emerged in 2009, when Sato et al. established the mini gut culture system from mouse small intestinal crypts with defined media conditions for better growth [77]. The technology was subsequently adapted for other digestive epithelial tissues, such as the epithelium of stomach, colon, pancreatic ducts, and liver bile ducts, as well as various cancer types [76,78–80].

In organoid culture systems, isolated single cells are grown in Matrigel® (as a substitute for basal lamina), a 3D laminin and collagen-rich matrix along with optimal niche factors to form organoids. The niche factors (briefly summarized in Table 2) include B27, N2, R-spondin1, noggin, *N*-acetylcysteine, recombinant EGF, nicotinamide, recombinant FGF, recombinant FGF10, and SB-431542. R-spondin-1 (Wnt signal-enhancer) is considered responsible for long-term expansion of intestinal epithelial organoids [77] and for prostate development, including luminal cell differentiation [81]. Noggin is a known inhibitor of bone morphogenetic protein (BMP) signaling [82] and considered essential for proliferation of epithelial cells and prostate budding. Therefore, it is used to promote organoid formation and expansion. EGF, FGF2, FGF10, and prostaglandin E2 (PGE2) support epithelial cell

proliferation and are important factors in human small intestinal cultures [83,84]. SB202190 (p38 inhibitor) and nicotinamide also are considered essential for human small intestinal cultures [76] and SB202190 is considered important for keratinization [85]. A83–01 (Alk3/4/5 inhibitor) is included to prevent the proliferative block in prostate cells *via* inhibition of the TGF- β signaling cascade [86]. The Rho/ROCK kinase inhibitor Y-27632 is necessary for long-term expansion of primary prostate epithelial and stroma-derived feeder cells [87]. Dihydrotestosterone (DHT) in media significantly enhances the efficiency of prostate organoid formation [85]. Differentiation can be achieved by withdrawing growth factors and simultaneously blocking Notch signaling (dibenzazepine, a γ -secretase inhibitor) [76,83]. In contrast to normal human tissues, several niche factors could be dispensable for the growth of organoids derived from cancerous tissue.

3D organoids have been successfully developed from primary tumors, metastatic lesions, and CTCs [80,88,89]. Patient-derived organoids are easy to initiate, propagate and store; represent and maintain tumor heterogeneity; are biologically stable; can easily be used for genetic manipulations, and are suitable for high-throughput screening assays [88]. Gao et al. (2014) established seven 3D organoid cultures from biopsies of metastatic prostate cancer and CTCs from blood samples of patients with prostate cancer [89]. For isolation of CTCs, they used a simple Ficoll-Paque technique with a CD45 depletion cocktail; and used germline and organoid DNA to characterize the organoid lines at molecular level including mutational status (by whole exome sequencing), copy number alterations (by array comparative genomic hybridization), and identification of the fusion gene and transcriptional landscape (using paired-end RNA sequencing) [89]. These organoid lines showed histologic features highly reminiscent of the parent prostate tumor [89]. Importantly, these organoid lines harbor genetic alterations quite similar to the parent prostate cancer, including PTEN loss, TMPRSS2-ERG interstitial deletion, SPOP and FOXA1 mutations, and CHD1 loss [89]. These genomic alterations remained even after months of subsequent culturing, confirming the maintenance of tumor heterogeneity in organoids [89]. Furthermore, the organoid lines presented the phenotypic diversity of castration-resistant prostate cancer (CRPC), including androgen receptor (AR)-dependent adenocarcinoma, AR-negative adenocarcinoma, neuroendocrine carcinoma, and squamous differentiation [89]. Although, it is easier to develop organoids from metastatic tumor tissues, it is not always practical or possible to obtain a metastatic tumor biopsy for organoid culture. Therefore, CTCs are the most preferred biological tissue for organoid culture.

3.3. Patient-derived xenograft (PDX) versus organoid model

In PDX models, freshly resected tumor pieces are subcutaneously or orthotopically implanted into immunocompromised mice [90]. These models mimic the original tumor conditions more closely than *in vitro* conditions and show less genetic divergence when compared to cancer cell lines [91]. In addition, several sub-clones grow in parallel and partially conserve parental tumor heterogeneity. These benefits make PDX models valid for preclinical research and allow assays to test drug efficacy and develop predictive biomarkers for standard and novel anticancer drugs based studies [92]. However, PDX models have several caveats. These include the delay between murine engraftment and patient treatment, and lymphomagenesis of human tumors in mice. Most importantly, this model is expensive,

time-consuming, labor-intensive, not amenable to high-throughput drug screening, and could be ethically problematic [93]. Further, it is quite challenging to develop PDX models in slow-growing cancers such as prostate cancer.

On the other hand, organoids have architectural and physiological similarities to native organ systems, and are superior to traditional two-dimensional homogeneous cell lines [94]. Additionally, organoids have self-organizing ability, are easy to handle, are accessible to genetic engineering, can be used for large-scale drug screening within a shorter time span, and are cheaper than PDX models [80]. The success rate of establishment of organoids from early-stage tumors is much higher compared to cancer cell lines or PDX models [80]. Organoids fall between purely clonal cancer cell lines and PDX models in terms of tumor heterogeneity. They can also be used as tools for genetic relatedness, identification of biomarkers, screening of drugs, and preclinical evaluation of precision medicine strategies [95,96]. With these advantages, organoids may be poised to become a model that fits research needs between simple cancer cell lines and complex PDX models.

4. Potential applications of CTC-derived organoid cultures

4.1. Disease modeling

Carcinogenesis is a complicated process, and it is challenging to link specific genetic events with different stages in carcinogenesis, such as angiogenesis, metastasis, and drug-resistance development. Organoids could be easily manipulated using retroviruses, inhibitors, and/or CRISPR/Cas9 approaches; therefore, organoids are useful in cancer modeling and in identifying key "driver mutations" involved in cancer development [97-99]. Drost et al. (2015) used a human intestinal organoid model to identify specific genetic alterations involved in colorectal cancer (CRC) growth and progression [97]. They used a CRISPR/Cas 9 genomic editing tool to generate organoids (small intestine and colon) with specific mutations (APCKO, TP53KO, KRASG12D and SMAD4KO); they reported that these organoids could grow in vitro in the absence of all stem-cell-niche factors [97]. In vivo, organoids with triple mutations (APCKO, TP53KO, and KRASG12D) showed slower growth resembling 'adenoma' when injected subcutaneously in immunodeficient mice; however, organoids with quadruple mutations (APCKO, TP53KO, KRASG12D and SMAD4^{KO}) showed highly proliferative and invasive growth similar to 'invasive carcinoma' [97]. Using a similar human colon organoid model, Fumagalli et al. (2017) showed that sequential accumulation of oncogenic mutations (APCKO, TP53KO, KRASG12D and SMAD4^{KO}) facilitates primary tumor growth, migration and metastasis following orthotopic transplantation of organoids [98]. Boj et al. (2015) reported the utility of an organoid model to better understand the development of pancreatic ductal adenocarcinoma (PDA) [99]. Following transplantation, organoids derived from murine and human PDA generated lesions reminiscent of pancreatic intraepithelial neoplasia, which then progressed to invasive PDA [99]. Further, they demonstrated the utility of organoids to identify molecular pathways correlated with PDA progression, offering novel therapeutic and diagnostic opportunities [99]. CTC-derived organoids could be immensely useful to model metastatic progression and drug-induced selection, by establishing multiple organoid lines from the same patient over a period of time (e.g. early, progressing, and metastasized cancers; pre-treatment and

posttreatment) or patients treated in parallel. In future, biobanking of organoids derived from diseased tissues will be useful in better understanding disease pathogenesis and the development of new diagnostic tools (Fig. 2).

4.2. Genetic instability

Genetic instability is considered an absolute requirement for the generation of multiple mutations that underlie cancer. Organoid models have proven useful in characterizing the importance of genetic instability during cancer development and progression [97,100]. Matano et al. (2015) showed that besides driver mutations, genetic instability is required for metastatic progression of CRC [100]. Using a CRISPR/Cas9 genome editing system, genetic alterations (deletion of APC, TP53, and SMAD4; and point mutations in KRASG12V and PIK3CAE545K) were introduced into organoids derived from normal human intestinal epithelium [100]. Importantly, even with these driver mutations, the engineered organoids were largely devoid of an euploidy or copy number alterations, indicative of genomic stability [100]. Importantly, when xenotransplanted in NOG mice, these organoids did not metastasize. However, metastases were produced when driver mutations were introduced into colorectal adenoma organoid lines with proven chromosomal instability [100]. Drost et al. (2015), using a human intestinal organoid model, showed that loss of both APC and p53 promote chromosomal instability and aneuploidy and render cells sensitive of further accumulation of genetic alterations [97]. Van de Wetering et al. (2015) showed the presence of common genomic alterations and microsatellite instabilities of CRCs in organoid culture [101]. Webber et al. (2015) reported similar finding in human CRCs with identical somatic mutations and DNA copy number between organoids and tumor biopsy of the same patient [88]. Zhang et al. (2017) used 3D cultures of CTCs isolated from the blood of a patient with lung adenocarcinoma to detect ALK rearrangement (EML4-ALK fusion) [75], suggesting the usefulness of CTCs-derived organoids in analyzing genetic instability.

4.3. Drug discovery

Patient-derived organoid models are a reliable, robust, and biomimetic screening platform that could bridge the gap between primary 2D cell-based drug screening and PDX animal models. Organoids could be useful for testing drug efficacy, drug toxicity studies in liver organoids, or drug bioavailability studies in intestinal organoids [102,103]. In particular, CTC-derived models with relevant pathologies of patients could be a key link to screening specific drug/s [75,89,104]. Gao et al. (2014) reported the usefulness of prostate cancer patient-derived organoid lines, including CTCs-derived organoids for testing the secondgeneration androgen receptor antagonist (enzalutamide) and PI3K-kinase pathway inhibitors (everolimus and BKM-120) [89]. Hodgkinson et al. (2014) reported that CTCs derived from patients with small-cell lung carcinoma were tumorigenic in immune-compromised mice, and mirrored the donor patient's response to platinum and etoposide treatment [105]. This study suggested that CTC-derived explants could be useful to monitor the changing patterns of a tumor's drug susceptibility and to identify potential new therapeutic targets [105]. Boehnke et al. (2016) demonstrated the usefulness of patient-derived CRC organoids for high-throughput screening and drug discovery [106]. Van de Wetering et al. (2015) also demonstrated the successful application of human CRC organoids in a systematic and unbiased high-throughput screening to identify clinically relevant biomarkers [101].

Therefore, all these studies suggest the possibility and efficacy of organoid technology in unraveling the molecular basis of drug response.

4.4. Precision medicine

Precision medicine is an emerging approach for disease treatment and prevention that takes into account individual variability in genes, environment, and lifestyle for each person [107]. Next-generation sequencing and mutational analyses of tumor tissues have allowed identification of molecular biomarkers predicting success or resistance to specific therapies [108]. In this regard, organoids could be useful both in 'bottom-up' functional oncogene validation in wild-type tissue organoids to identify 'driver mutations', as well as in 'top-down' target validation and drug screening for precision therapy [109]. As mentioned above, several studies have characterized the function of driver mutations in carcinogenesis using organoid models [97–99]. Similarly, Van de Wetering et al. (2015) reported that tumor organoids could be useful to study various CRC molecular subtypes as well as to perform gene-drug association studies [101]. This study also showed that porcupine (a small molecule inhibitor of Wnt secretion) was effective only against a patient-derived organoid line carrying a mutation in the Wnt feedback regulator RNF43 [101], suggesting the usefulness of this inhibitor in a subset of CRC patients carrying the RNF43 mutation.

Bartucci et al. (2016) described an interdisciplinary approach to develop patient-derived organoids by using adaptive T cell and chimeric antigen receptor immunotherapy [110]. Recent studies have also indicated that CTC-derived models could be useful in longitudinal genetic profiling to monitor the evolving mutational landscape and drug sensitivity patterns and customize therapies for individual patients [75,105,111]. For example, CTCs accurately predicted ALK rearrangement as well as ALK mutations over time in a patient with lung adenocarcinoma; and CTC *in vitro* culture also predicted the treatment response to specific ALK inhibitors (ceritinib and crizotinib) [75]. Therefore, CTC-derived organoids offer a useful tool to screen drugs in the pipeline, based on the most recent genetic profiling as patients develop resistance or do not respond to specific treatment (Fig. 2).

5. Challenges and future directions

Because CTCs are extremely rare in the blood, the biggest challenge at present is rapid enrichment and isolation of viable CTCs from patient blood samples. Currently, the CellSearch® system is the only FDA-approved method for CTC detection and enumeration. However, there is increasing interest in developing novel tools and technologies for quick isolation and characterization of CTCs. Sequential analyses of CTCs and/or CTC-derived organoids could answer several important clinical questions, such as: How do metastatic progression and treatment relapse develop over the course of disease in real time? What factors are responsible for cancer dormancy? Answers to such questions could help in targeting metastatic progression, micrometastasis, and disease relapse. Further, CTC-derived organoids offer more predictive drug screening platforms and could play an important role in developing patient-specific treatments (Fig. 2).

However, CTC-derived organoid cultures still have some inherent limitations. These models lack the complexity of the *in vivo* immune system, vascularization, or fibroblasts and cannot

determine the ratelimiting organ toxicity of drugs. Therefore, the efficacy of single organoid models to recapitulate interactions at the tissue level in the human body is still limiting. It is also not clear if CTC-derived organoids capture the complete heterogeneity of the tumor. Further investigations are required to establish sophisticated co-culture organoid models (*e.g.* with cancer-associated fibroblasts, endothelial cells, or immune cells) as reproducible and standardized tools for translational research and drug discovery. By further improving our understanding of the impact of the microenvironment on tumor progression, we may be able to generate predictive data from more biologically relevant organoid models that incorporate multicellular constituents and physical properties of a tumor.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Fig. 1.

Development and characterization of 3D organoids from CTCs. CTCs are isolated from a patient's blood, followed by enrichment and detection as shown. Thereafter, CTCs are cultured in 2D to generate cell lines, or 3D on Matrigel® in defined media conditions to generate organoids.



Fig. 2.

Application of CTC-derived 3D organoids in precision medicine and biomedical research. CTC-derived 3D organoids could be useful in genome and transcriptome profiling, highthroughput drug screening, disease modeling, biobanking, and genome editing.

Com	oarative analysis o	f different isolation	and enrichment tee	chniques for C	TCs.		
SI NO.	Technique	Methods of separation	Detection marker	Cancer	Key feature	Limitation	Reference
-	Cell Search®	Immunomagnetic	EpCAM	Prostate, colorectal, breast	FDA-approved method; clinically relevant automated system; quantitative and highly reproducible	Detection depends on EpCAM-positivity only; expensive and subjective image evaluation	[22-25]
0	AdnaTest	Immunomagnetic	EpCAM	Breast, ovarian, prostate, colorectal	Enrichment through anti-EpCAM-coated magnetic particles followed by RT-PCR analysis of cancer- specific transcripts, highly sensitive; cost-effective; requires less sample	Detection depends on EpCAM and MUC1 positivity: preprocessing of blood leads to loss of CTCs	[26–28]
б	OncoCEE	Immunomagnetic	antibody cocktail	Breast, colorectal	Capture CTCs through EpCAM, detection through cocktail of antibodies (TROP2, MUC1, HER2, EGFR and N-cadherin); high sensitivity	EpCAM based capture; blood needs to be preprocessed	[31,32]
4	MagSweeper	Immunomagnetic	EpCAM	Breast, prostate, colorectal	No preprocessing of blood; CTCs could be separated through magnetic rod labelled with anti EpCAM antibody; genetic analysis can be performed in CTCs	Detection depends on EpCAM-positivity only	[38-42]
2	CTC-Chip	Micropost Array	EpCAM, size	Prostate, breast, pancreatic, colon, lung	Isolation of 99% of viable CTCs from blood; visual confirmation; CTCs could be harvested for genetic analyses	Detection depends on EpCAM-positivity only; potential subjectivity in analysis	[43]
Q	Geometrically enhanced differential immunocapture (GEDI) device	Microfluidic-based enrichment	PSMA/HER2, size	Prostate, breast, gastric	Uses a combine approach of antibody-coated microposts (positive enrichment) and hydrodynamic chromatography (size-based separation)	Nontransparent in nature; larger-scale production is difficult.	[44,45]
L	Herringbone (HB) chip, Graphene oxide (GO) chip and Geometrically enhanced mixing (GEM) chip	Surface-capture microfluidic devices	Surface-coated with EpCAM in the microfluidic device	Prostate, pancreatic, breast, lung	Transparent surface-coated devices useful in high- resolution imaging of CTCs; suited for large-scale production	Requires larger volume of blood; immobilization of captured CTCs on the surface makes it harder to retrieve	[46–48]
×	Magnetic sifters	Microfluidic chip	Size, EpCAM	Lung	Magnetic pores arranged in a honeycomb pattern and uses a flow-through fluidic array configuration; high- throughput capture of CTCs followed by efficient release	Detection depends on EpCAM positivity only	[49]
6	Ephesia chip	Microfluidic and immunomagnetic- based	EpCAM-based sieving method	Prostate and breast	CTCs are captured through antibody coated magnetic beads self-assembled in the microchip	Detection depends on EpCAM-positivity only	[50,51]
10	Liquid Biopsy ®	Microfluidic device	EpCAM-based positive selection	Breast	Authenticated platform that captures CTCs labelled with magnetic nanoparticle from blood sample. Useful for Next Generation Sequencing Studies	Detection depends on EpCAM-positivity only	[52]

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Table 1

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SI no.	Technique	Methods of separation	Detection marker	Cancer	Key feature	Limitation	Reference
11	IsoFlux	Microfluidic platform	Uses flow control and immune- magnetic capture	Prostate	Larger-diameter magnetic beads (4.5 µm) cause larger magnetic moment compared to nanoscale particles employed by the CellSearch System; maximum recovery of low EpCAM-expressing cells with fewer beads; enables molecular characterization of intact viable CTCs	Limited flow rate	[53]
12	CTC-iChip	Microfluidic immunomagnetic- based	EpCAM, CD45/ CD15, CD66b	Melanoma, prostate, breast	Allows sequential separation of different blood components through micropillar array, hydrodynamic size-based sorting and magnetophoresis	Samples not suitable for DNA sequencing	[54,55]
13	Spiral microfluidics	Microfluidic device	Size and deformability	Breast, lung	Label-free, tumor antigen-independent: optically transparent microfluidic device; enumerate CTCs in suspension; high specificity and high purity of sample; greater accuracy	Cannot isolate CTCs < 12 µm in size	[57,58]
14	Labyrinth	Microfluidic device (size-based)	Combination of long loops and sharp corners	Breast, Pancreatic	Label-free and surface expression-independent microfluidic device with high-throughput isolation of CTCs	Needs to be tested further in other cancer models	[59]
15	MetaCell® and Lymphoprep TM	Size, density	Density gradient centrifugation	Colorectal cancer	RT-PCR analysis to detect CTCs	Low specificity	[60,61]
16	Ficoll-Paque	Density	Density gradient centrifugation	Colorectal	Detection of both EpCAM-positive and negative CTCs; easy to handle and inexpensive	Chance of cross contamination between different layers; low specificity	[62]
17	OncoQuick® plus	Density, size	Density gradient centrifugation	Breast	Detection of both EpCAM-positive and negative CTCs; easy to handle; inexpensive: no chance of cross contamination among different layers	Low specificity, preprocessing leads to CTC loss	[63]
18	Epithelial ImmunoSPOT Assay (EPISPOT)	Protein secretion	Cytokeratin-19, mucin-1 and PSA	Breast, Prostate and Colon	Discriminates between viable and apoptotic CTCs using protein secretion; limited number of markers	Proteins must be actively secreted	[64,65]
19	ISET technology	Size	Filtration	Breast, hepatomas, prostate, lung	Isolation of intact CTCs, without a previous immune- based selection; easy and rapid; can isolate EpCAM- negative CTCs; CTCs can be further analyzed for multiplexed imaging and genetic analysis	Retention of larger CTCs (size) of leukocyte range only; lower specificity	[67,68]
20	ScreenCell®	Size	Filtration	Prostate	Isolates live CTCs within minutes with a high recovery rate; immunocytochemistry and FISH assays can be performed directly on the filter; more chances of getting high-quality genetic material	Single use; variations in cell size within a single population lead to CTC loss	[69,70]

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Table 2

Organoid media composition.

Organoids	Culture conditions	Function	Reference
Intestine	WNT3A and FGF4	Differentiation (hindgut specification and morphogenesis)	[76,112]
	R-spondin 1, Noggin, EGF, FGF4, WNT, L-glutamine, HEPES, N2 supplement, B27 supplement	Maturation	
Colon	EGF, R-spondin 1, Noggin, WNT3A, Nicotinamide, Gastrin, TGFβ inhibitor (A-83-01), p38 inhibitor (SB202190)	Establishment	[76]
	Without WNT3A, p38 MAP kinase inhibitor and nicotinamide	Differentiation	
Gastric	EGF, R-spondin 1, Noggin, FGF10, WNT, Gastrin, Nicotinamide, A-83-01, RHOK (Y-27632), insulin-like growth factor (IGF), SB202190, (GSK)3β inhibitor (CHIR99021); prostaglandin E (PGE)2, retinoic acid	Organoid formation	[113,114]
	IGF, p38 inhibitor, GSK3b inhibitor, and A-83-01	Induced budding structures	
Liver	Noggin, WNT, ROCK inhibitor	Establishment	[115]
	N2 supplement, B27 supplement, N-Acetylcysteine, Gastrin, EGF, R- spondin 1, FGF10, Hepatocyte growth factor, Nicotinamide, A83-01, Forskolin	Differentiation	
Pancreas	A83-01, Noggin, R-spondin 1, WNT3A, EGF, FGF10, Nicotinamide, PGE2	Establishment	[99]
Prostate	EGF, R-spondin 1, Noggin, A83-01, SB202190, FGF10, FGF2, PGE2, Nicotinamide and Dihydrotestosterone (DHT)	Establishment	[85,89,116]
Lung	Wnt, FGF, cAMP and Glucocorticoids	Establishment	[117]
Brain (cerebral organoid)	N2 supplement, Glutamax, Non-essential aminoacid (NEAA) and heparin	Formation of neuroepithelial tissues	[118]
	N2 supplement, B27 supplement without vitamin A, Glutamax, NEAA, 2-mercaptoethanol and insulin	Maturation	
	B27 supplement with Vitamin A, Retinoic acid	Differentiation	
Kidney	GSK3a inhibitor (CHIR99021)	Differentiation (Nephrogenesis)	[119]
	FGF9, Heparin	Organoid formation	