# Review Article

# Visual system and motor development in children: a systematic review

María Carmen Sánchez-González,<sup>1</sup> Rocío Palomo-Carrión,<sup>2</sup> Concepción De-Hita-Cantalejo,<sup>1</sup> Rita Pilar Romero-Galisteo,<sup>3</sup> Estanislao Gutiérrez-Sánchez<sup>4</sup> and Elena Pinero-Pinto<sup>5</sup>

<sup>1</sup>Department of Physics of Condensed Matter, Optics Area, University of Seville, Seville, Spain

<sup>2</sup>Department of Nursing, Physiotherapy and Occupational Therapy, Faculty of Physiotherapy, University of Castilla-La Mancha, Ciudad Real, Spain

<sup>3</sup>Department of Physiotherapy, Faculty of Science Health, University of Málaga, Málaga, Spain

<sup>4</sup>Department of Surgery, Ophthalmology Area, University of Seville, Seville, Spain

<sup>5</sup>Department of Physiotherapy, University of Seville, Seville, Spain

## ABSTRACT.

#### Purpose.

The aim of this study was to review the available scientific literature on the possible relationship between the visual system and motor development in children.

### Methods.

This study was performed according to the Preferred Reporting Items for Systematic Reviews (PRISMA) statement recommendations. The review protocol is available in PROSPERO (CRD42021245341). Four different databases, namely Scopus, PubMed, CINAHL and Web of Science, were assessed from April 2005 to February 2021. To determine the quality of the articles, we used the Critical Appraisal Skills Programme (CASP) Quality Appraisal Scale, and a protocol was followed to define the levels of evidence on the basis of the Centre for Evidence-Based Medicine Levels of Evidence. The search strategy included terms describing motor development in children and adolescents with visual disorders.

#### Results.

Among the identified studies, 23 were included in the study. All selected articles examined the relationship between the visual system and development in children. The quality of most of the studies was moderate-high, and they were between evidence levels 2 and 4.

#### Conclusions.

Our systematic review revealed that all included studies established a relationship between the visual system and development in children. However, the methods for measuring the visual system and motor skills lacked uniformity.

Key words: amblyopia - child development - motor skills - ocular motility disorders - visual disorders

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# Introduction

Infant motor development includes the acquisition of basic skills, such as moving the head and eyes to look around, moving the arms and hands to grasp objects and moving the body to sit or go somewhere. It also includes higher-order skills, such as wielding a hammer to hit a peg and stacking boxes to reach a high object. The opportunities for motor action depend on the current state of the body: therefore, the systems involved must remain in the correct state (Adolph & Hoch 2019). In all these cases, vision plays a fundamental role in the correct acquisition of skills.

Normal visual development begins at birth and continues throughout childhood. It involves changes in visual acuity, convergence and accommodation until adequate binocular vision and stereopsis are achieved (Zimmermann et al. 2019). Binocular vision provides the visual information required to accurately perceive depth (stereopsis). In this way, the child will be able to adequately execute the movements of the upper and lower extremities (Goodale 2011; Chapman et al. 2012).

When a child suffers from visual disturbance, an alteration in motor development normally occurs. Vagge et al. (2021) reported that the presence of binocular dysfunction may be one of the factors that contribute to

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alterations in the development of a child. Other authors reported that the surgical correction of strabismus in a group of children led to the partial recovery of binocular vision and improved hand-eye coordination skills al. 2007). (Caputo et Zipori et al. (2018) stated that the proper development of the visual system is crucial for the development of correct balance. They showed that postural instability was greater in a group of children with amblyopia and strabismus than in children with normal vision

In addition, several studies show that children with amblyopia experience a deterioration of motor skills (Engel-Yeger 2008; Suttle et al. 2011; Webber et al. 2016; Birch et al. 2019a, 2019b). In general, these children have slower and less controlled movements than children with normal vision. Amblyopia is associated with longer saccades that decrease reading speed (Birch et al. 2019a, 2019b). Webber et al. (2016) reported that 5 weeks of treatment with visual therapy improved the fine motor skills of a group of children with amblyopia.

Other authors have established a relationship between the presence of refractive error and motor development. Atkinson et al. (2005) showed that the motor performance of hyperopic children aged between 3 and 6 years was significantly worse than that of emmetropic children of the same age. Children with hyperopia had deficits in manual dexterity, ball skills and balance.

The close relationship between visual and motor development is a topic of interest in the scientific community, although there is a lack of homogeneity, probably due to its multidisciplinary nature. Therefore, there is a need to conduct a systematic review to study the accumulated evidence.

The objective of this systematic review was to establish a relationship between visual and motor development in children. Additionally, we analysed the risk of bias assessment and publication certainty in all included studies.

# Method

This systematic review was conducted according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines (Liberati et al. 2009; Moher et al. 2009). The PRISMA statement has been designed for systematic reviews of studies that evaluate the effects of health interventions, irrespective of the design of the included studies. However, the checklist items are applicable to reports of systematic reviews evaluating other non-healthrelated interventions and many items are applicable to systematic reviews with objectives other than evaluating interventions (evaluating aetiology, prevalence, prognosis *etc.*). It includes a checklist to guide the reporting of systematic reviews (Page et al. 2021).

The revision was registered in PROSPERO (Registration No. CRD42021245341). For the interpretation of all results,  $p \le 0.05$  was considered statistically significant.

## Search strategy

A systematic literature search was performed using the following databases: PubMed/MEDLINE (502 articles), Web of Science (27 articles), CINAHL (479 articles) and Scopus (27 articles).

The search strategy included terms describing a child's developmental stage (toddlers OR children OR Infant [Medical Subject Headings, MeSH]), terms describing motor development ("motor development" OR "motor function" OR "early motor development" OR "motor outcomes" OR "motor system" OR "motor coordination" OR "coordination skills" OR "motor skills") and terms describing visual development ("visual disorders" OR vision OR exophoria OR vergence OR exotropia OR esotropia OR heterophoria OR "ocular motility disorders" OR amblyopia OR stereoacuity OR "visual function" OR binocular OR accommodation OR accommodative OR "vertical deviation" OR "vertical disorder" OR "vertical anomalies" OR "vertical anomaly" OR "hyperdeviation" OR "strabismus" OR "eye movements" OR "visual complaints" OR "visual deterioration" OR phoria "visual development" OR stereovision OR "visual Skills" OR stereoacuity OR "Refractive errors" OR "visual acuity"). The search was updated from January to June 2021.

## Inclusion criteria

Studies evaluating motor development in children with visual disorders were included. This evaluation had to be applied to children and adolescents with hyperopia, amblyopia and strabismus. The inclusion criteria were (1) studies with humans; (2) case reports; (3) case series, (4) cohort, crosssectional and case-control studies and (5) randomized clinical trials.

## **Exclusion criteria**

Articles were excluded if: (1) they did not report data on motor or visual development; (2) the patients included were adults; (3) the patients had undergone eye surgery; (4) the patients had any motor developmental disorder or were blind; (5) the article was a letter, conference abstract, study protocol or literary review; or (6) the article was not available in English or Spanish.

If full-text reading led to the conclusion that the article did not analyse motor and visual development in typically developing healthy children and adolescents, the article was excluded.

# Quality of articles, levels of evidence and data extraction

Article grading and data extraction were independently performed by two authors: MCSG and EPP. To determine the quality of the articles, two reviewers with adequate reliability (EPP and MCSG) worked independently and blindly to create a summary table (Table 1) on the basis of the Critical Appraisal Skills Programme (CASP) Quality Appraisal Scale ('CASP CHECKLISTS - CASP -Critical Appraisal Skills Programme' n.d.). CASP is a tool that analyses the quality of the articles selected in a systematic review, and it also ensures sufficient representation of the items in case-control, cohort, randomized controlled trials, as well as in cross-sectional studies. Some of the elements analysed are as follows: theoretical basis for the study; approprimethodological design; hiring ate information; description and representativeness of the participants; robustness of the research, including control or risk of bias; sufficiently appropriate and rigorous data analysis (including qualitative analysis, where appropriate); control of confounding factors; and clear discussion of the implications of the findings.

If the quality of the included articles was considered sufficient, a protocol was followed to define the levels of evidence on the basis of the Centre for Evidence-Based Medicine (CEBM) Levels of Evidence ('OCEBM Levels

Table 1. Quality appraisal of articles.

Author and date	Yes/total
Engel-Yeger (2008)	7/11
Webber et al. (2008)	8/11
Suttle et al. (2011)	7/11
Niechwiej-Szwedo et al. (2017)	6/11
Kelly et al. (2020)	7/11
Atkinson et al. (2005)	9/12
O'Connor et al. (2010)	8/12
Wilson and Welch (2013)	5/12
Alramis et al. (2016)	5/12
Chakraborty et al. (2017)	10/12
Fang et al. (2017)	7/12
Thompson et al. (2017)	9/12
Zipori et al. (2018)	6/12
Birch et al. (2019a)	9/12
Birch et al. (2019b)	9/12
Birch et al. (2020)	5/12
Hemptinne et al. (2020)	8/12
Niechwiej-Szwedo et al. (2020a)	9/12
Niechwiej-Szwedo et al. (2020b)	9/12
Pinero-Pinto et al. (2020)	8/12
Sá et al. (2021)	6/12
Vagge et al. (2021)	7/12
Webber et al. (2016)	7/11

Critical Appraisal Skills Programme (CASP) Quality Appraisal Scale.

of Evidence – Centre for Evidence-Based Medicine (CEBM), University of Oxford' n.d.). The CEBM levels of evidence were produced to enable the process of finding appropriate evidence and making its results explicit.

Any disagreements between the two reviewers were solved by a third unblinded reviewer (RPC). This analysis did not discard any articles. The main summary measures used in this systematic review were measures of visual development and assessment of motor development in all the included studies.

The quality of the included articles was classified into 3 outcome levels of equal measure: low (yes = 0-3), moderate (yes = 4-7) and high (yes = 8-12) for observational cohorts and crosssectional studies, and low (yes = 0-3), moderate (yes = 4-7)and high (yes = 8-11) for case-control studies and controlled intervention studies. On the basis of this classification, we found that all case-control studies (Engel-Yeger 2008; Webber et al. 2008; Suttle al. 2011; Niechwiej-Szwedo et et al. 2017; Kelly et al. 2020) were of moderate-high quality and that the single controlled intervention study (Webber et al. 2016) was of moderate quality. Regarding the cohort and crosssectional studies, we found seven studies (Wilson & Welch 2013; Alramis et al. 2016; Fang et al. 2017; Zipori et al. 2018; Birch et al. 2020; Sá et al. 2021; Vagge et al. 2021) with high quality, and the remaining 10 (Atkinson et al. 2005; O'Connor et al. 2010; Chakraborty et al. 2017; Thompson et al. 2017: Birch et al. 2019a, 2019b: Hemptinne et al. 2020: Niechwiei-Szwedo et al. 2020a. 2020b; Pinero-Pinto et al. 2020) had moderate quality.

On the basis of the classification of the Oxford CEBM Levels of Evidence ('OCEBM Levels of Evidence - Centre for Evidence-Based Medicine (CEBM), Oxford' n.d.), University of we 12 articles (O'Connor obtained et al. 2010; Alramis et al. 2016; Webal. 2016; ber et Chakraborty et al. 2017; Fang et al. 2017; Zipori et al. 2018; Birch et al. 2019a, 2019b; Birch al. 2020; Pinero-Pinto et et al. 2020; Sá et al. 2021; Vagge et al. 2021) from level 2, six articles (Atkinson et al. 2005; Wilson & Welch 2013; Thompson et al. 2017; Hemptinne et al. 2020; Niechwiej-Szwedo et al. 2020a, 2020b) from level 3 and five articles (Engel-Yeger 2008; Webber et al. 2008; Suttle et al. 2011; Niechwiej-Szwedo et al. 2017; Kelly et al. 2020) from level 4.

Table 1 shows the representation of the agreed-upon ratings for the CASP Quality Appraisal Scale.

## Results

A total of 1035 articles were identified. After removing duplicates, 865 articles were subjected to title and abstract reading by two authors, excluding 745 articles. If there was a conflict with the selection of an article, the third author decided the outcome. The full texts of the 120 articles were read, and 97 were excluded based on the exclusion criteria. A total of 23 articles were finally included in the review.

Figure S1 shows the Preferred Reporting Items for the Systematic Reviews and Meta-Analysis Flow Chart.

## Characteristics of the studies

A total of 3980 children aged 2– 18 years were evaluated for visual and motor development.

The systematic review suggests that there is a relationship between the visual system and motor development. Among all the reviewed articles, 9 articles established a relationship between amblyopia and fine and gross motor (Engel-Yeger 2008; skills Webber et al. 2008; Suttle et al. 2011; Wilson & Welch 2013; Birch et al. 2019a, 2019b; Birch et al. 2020; Kelly et al. 2020; Sá et al. 2021), 10 articles associated binocular vision and motor development (O'Connor et al. 2010: Alramis et al. 2016: Chakraborty et al. 2017: Niechwiej-Szwedo et al. 2017; Thompson et al. 2017; Zipori et al. 2018; Hemptinne et al. 2020; Niechwiej-Szwedo et al. 2020a, 2020b; Pinero-Pinto et al. 2020; Vagge et al. 2021), 1 article associated the presence of hyperopia and the impairment of manual balance dexterity and (Atkinson et al. 2005), 1 article described how visual perception and motor coordination change in preschool children (Fang et al. 2017), and 1 article studied the state of binocular vision and the accommodative system in children with typical motor development (Niechwiej-Szwedo et al. 2020a, 2020b).

The only intervention study included in the review, Webber et al. (2016), describes the efficacy of a visual therapy treatment for 5 weeks in a group of children with amblyopia. In this research, they trained binocular vision skills by using an iPod game. Fine motor skills improved in all children, and the results were maintained over time.

Regarding the motor development assessment tests, five studies (Atkinson et al. 2005; Engel-Yeger 2008; Chakraborty et al. 2017; Kelly et al. 2020; Sá et al. 2021) used the Movement Assessment Battery for Children (MABC), and three studies (Webber et al. 2008; Webber et al. 2016; Zipori et al. 2018) used the Bruininks-Oseretsky Test of Motor Proficiency. Three studies (O'Connor et al. 2010; Suttle et al. 2011; Niechwiej-Szwedo et al. 2020a, 2020b) used tests that were specifically designed for the study, and seven studies (Wilson & Welch 2013; Alramis et al. 2016; Niechwiej-Szwedo et al. 2017; Birch et al. 2019a, 2019b; Birch et al. 2020; Hemptinne et al. 2020; Niechwiej-Szwedo et al. 2020a, 2020b) did not report the test they used or did not provide data. Regarding the remaining four studies (Fang et al. 2017; Thompson et al. 2017; Pinero-Pinto et al. 2020; Vagge et al. 2021), each study used a different test that has not been used in any other study.

Among all the articles, four articles reported data on gross motor development (Atkinson et al. 2005; Engel-Yeger 2008; Webber et al. 2008; Zipori et al. 2018), another four reported on fine motor development (O'Connor et al. 2010; Suttle et al. 2011; Webber et al. 2016; Fang et al. 2017), seven articles analysed fine and coarse motor development (Chakraborty et al. 2017; Thompson et al. 2017; Kelly et al. 2020; Niechwiej-Szwedo et al. 2020a, 2020b; Pinero-Pinto et al. 2020; Sá et al. 2021; Vagge et al. 2021), and eight did not report data on motor development (Wilson & Welch 2013; Alramis et al. 2016; Niechwiej-Szwedo et al. 2017; Birch et al. 2019a, 2019b; Birch et al. 2020; Hemptinne et al. 2020; Niechwiej-Szwedo et al. 2020a, 2020b).

Table 2 provides the study characteristics of all included articles.

The results of each study were classified by vision outcomes (Table 3) and motor outcomes (Table 4).

# Discussion

The prevalence of visual dysfunction in the paediatric population has increased significantly in recent years (Cacho-Martínez et al. 2010; Jang & Park 2015; Hussaindeen et al. 2017). An early diagnosis of visual abilities in children is necessary to prevent the appearance of possible non-strabismic binocular and accommodative alterations that could affect motor development and quality of life. There are several symptoms and

 Table 2.
 Studies characteristics.

Autor (date)	Design	Conflict of interest	Follow-up (months)	n (subjects)	Sex (F/M)	Age
Atkinson et al. (2005)	OC	NR	24	HG 1st: 110; 2nd: 99	HG 1st: 63/47; 2nd:56/43	1st: 3 years, 7 ± 1.6MM
				CG 1st: 131; 2nd:113	CG 1st: 70/61; 2nd: 62/51	2nd: 5 years, $6 \pm 1.7$ MM
Engel-Yeger (2008)	CC	NR	No	AG: 22	AG: 11/11	AG: $5.65 \pm 0.91$ years
				CG: 25	CG: 13/12	CG: $5.53 \pm 0.71$ years
Webber et al. (2008)	CC	NR	No	AG: 82	AG: 45/37	AG: $8.2 \pm 1.7$ years
				CG: 37	CG: 18/19	CG: $8.3 \pm 1.3$ years
O'Connor et al. (2010)	CS	NR	No	SG: 121 SG: 91/30		18.8 years (12-28)
Suttle et al. (2011)	CC	NR	No	AG: 21	Not described	AG: 4–8 years
				CG: 47		CG: 4-8 years; 20-42 years
Wilson and Welch (2013)	OC	No	No	AG: 1032	AG: 493/539	3–32 years
Alramis et al. (2016)	CS	NR	No	52 Children	Children: 30/22	Children: 5–13 years
				19 Adults	Adults: 10/9	Adults: 18-38 years
Webber et al. (2016)	CI	NR	5 weeks	AG: 20	AG: 11/9	AG: $8.5 \pm 1.3$ years
			17 weeks	CG: 10	CG: 4/6	CG: $9.63 \pm 1.6$ years
Chakraborty et al. (2017)	CS	NR	No	606	287/319	4.5 years
Fang et al. (2017)	CS	No	No	151	70/81	4–6 years
Niechwiej-Szwedo	CC	NR	No	SG: 19	SG: 10/10	SG: $8.68 \pm 1.89$ years
et al. (2017)				CG: 19	CG: 10/100	CG: $8.68 \pm 1.89$ years
Thompson et al. (2017)	OC	No	24	375	177/198	24 months (23–25)
Zipori et al. (2018)	CS	No	No	AG: 18	AG: 10/8	AG: $8.5 \pm 2.0$ years
I the second second				SG: 16	SG: 6/10	SG: $10.9 \pm 3.6$ years
				CG: 22	CG: 12/10	CG: $10.6 \pm 3.2$
Birch et al. (2019a)	CS	NR	17	AG: 50	AG: 31/19	AG: $10.6 \pm 1.3$ years
				NAG: 13	NAG: 7/6	NAG: $10.7 \pm 1.2$ years
				CG: 18	CG: 10/8	CG: $10.6 \pm 1.4$ years
Birch et al. (2019b)	CS	Yes	28	AG: 60	AG: 28/32	AG: $6.3 \pm 1.3$ years
				NAG: 30	NAG: 16/14	NAG: $5.9 \pm 1.3$ years
				CG: 20	CG: 11/9	CG: 6.1 $\pm$ 1.1 years
Birch et al. (2020)	CS	NR	No	AG: 15	AG: 5/10	AG: $4.6 \pm 1.0$ years
2020)	00	1.11	110	CG: 20	CG: 8/12	CG: $5.0 \pm 1.0$ years
Hemptinne et al. (2020)	OC	NR	No	SG: 40	SG: 19/21	SG: $7.25 \pm 3.83$ years
110mpunite et un (2020)	00	1.11	110	CG: 18	CG: 6/12	CG: $8.33 \pm 5.42$ years
Kelly et al. (2020)	CC	No	No	AG: 96	AG: 43/53	AG: $8.2 \pm 2.5$ years
12011y et un (2020)	00	110	110	NAG: 47	NAG: 22/25	NAG: $7.0 \pm 2.6$ years
				CG: 35	CG: 18/17	CG: $8.3 \pm 2.8$ years
Niechwiej-Szwedo	OC	No	No	57	31/26	F: $10.63 \pm 1.93$ years
et al. (2020a)	00	110	110	51	51/20	M: $10.74 \pm 2.03$ years
Niechwiej-Szwedo	OC	NR	No	226	110/116	F: 9.21 $\pm$ 2.58 years
et al. (2020b)	00	1110	110	220	110/110	M: $9.70 \pm 2.56$ years
Pinero-Pinto et al. (2020)	CS	No	No	116	63/53	$29.57 \pm 3.45$ months
Sá et al. (2021)	CS	No	No	NAG: 97	NAG: 46/51	NAG: 7.6 $\pm$ 1.2 years
Su et ul. (2021)	00		110	CAG: 37	CAG: 22/15	CAG: 7.6 $\pm$ 1.2 years
				NCAG: 31	NCAG: 20/11	NCAG: $6.9 \pm 1.0$ years
Vagge et al. (2021)	CS	No	No	SG: 23	SG: 9/14	SG: 7.5 $\pm$ 2.0 years
, ubbe et ul. (2021)	05	110	110	CG: 24	CG: 10/14	CG: $7.2 \pm 1.7$ years
				00.24	0. 10/14	$CO. 1.2 \pm 1.7$ years

AG = amblyopic group, CAG = corrected-amblyopic group, CC = case-control study, CG = control group, CI = controlled Intervention study, CS = cross-sectional study, F/M = female/male, HG = hyperopic group, NAG = non-amblyopia group, NCAG = non-corrected-amblyopic group, NR = not reported, OC = observational cohort study, SG = strabismus group.

## Table 3. Vision outcomes.

Author et al. (year)	Vision measures			
Atkinson et al. (2005)	Refraction greatest axis D, mean (SD)		Hyperopic group	3 years, 7 months: +5.33 (1.48) 5 years, 6 months:
Engel-Yeger (2008)	Not described			+5.30 (1.49)
Webber et al. $(2008)$	Vision assessment		Amblyopia	
			group $(n = 82)$	
	Stereopsis	Nil	50 (61)	
	sec arc	800–60 ≤40	27 (33) 5 (6)	
	Interocular difference VA (logMAR)	<u>_</u> 40	0.31 (0.06)	
	VA better eye (logMAR)		0.10 (0.01)	
	VA worse eye (logMAR)		0.38 (0.05)	
	Refractive error (D)		2.30 (0.25)	
O'Connor	Vision assessment		Strabismus group	
et al. (2010)	VA		of the poorer seeing eye ranged from 0.2 to 1.6 logMAR of the fellow eyes from 0.24 to 0.30 logMAR	
	Worth 4 dot test		Fusion $(n = 99)$ (a response of four lights)	
			Suppression $(n = 16)$ (a response of two or three lights)	
	4 (D) base-out test		Bifoveal $(n = 94)$ (Vergence movement of eye not under prism following conjugate version movements by both eyes) Central suppression $(n = 6)$	
	Motor fusion		(no vergence movement) Prism bar	Risley prism
			Normal $(n = 101)$ Reduced $(n = 7)$ Nil $(n = 13)$	Normal $(n = 84)$ Reduced $(n = 17)$ Nil $(n = 14)$
	Positive vergence		Normal $(n = 97)$	Normal $(n = 61)$
	(convergence)		Reduced $(n = 9)$	Reduced $(n = 41)$
			Nil $(n = 15)$	Nil $(n = 14)$
Suttle	Vision assessment		Group normal child	Amblyopic children
et al. (2011)	VA, binocular (logM	lar)	Early = 0.01 (0.05)	-
	Mean (SD)		Middle = -0.02 (0.07) Late = -0.06 (0.06)	
	VA, dom eye (logMa	ar)	Early = $0.06 (0.07)$	_
	Mean (SD)		Middle = $0.04 (0.08)$	
	~ /		Late = $0.01 (0.08)$	
	VA, non-dom		Early = 0.08 (0.06)	-
	eye (logMar)		$Middle = 0.02 \ (0.07)$	
	Mean (SD)		Late = $0.03 (0.08)$	
	Interocular		Early = $0.05 (0.04)$ Middle = $0.04 (0.04)$	Mild amblyopia (IOD = $0.11-0.3$ )
	difference (IOD) Mean (SD)		Late = $0.04 (0.03)$	Moderate-to-severe amblyopia (IOD ≥0.3)
	Stereo acuity crossed	l	Early = 45 (13)	-
	(arc sec)		Middle = 44 (24)	
	Mean (SD)		Late = $51 (15)$	
	Stereo acuity uncros	sed	Early = 57 (21)	-
	(arc sec)		Middle = $63 (28)$	
	Mean (SD)	2)	Late = 50 (19)	Mild amply are 1
	Stereo acuity (arc see Mean (SD)	()	_	Mild amblyopia and Moderate-to-severe amblyopia
				Coarse and negative

3.5(0.47)

Wilson and

Welch (2013)

TNO best

Alramis et al. (2016)

Webber et al. (2016)

Chakraborty et al. (2017)

Fang et al. (2017)

Niechwiej-Szwedo et al. (2017)

score (arc sec) Absent 480 240120 60 30 15 Mean (SD) Vision assessment VA Stereoacuity range (arc sec) Vision assessment VA worst eye (logMAR) Mean (±SD) VA both eyes (logMAR) Mean (±SD) BF score (log stereoacuity) Mean (±SD) Vision assessment VA; N (%) Stereoacuity; N (%) (arc sec) Vision assessment Visual motor integration Mean (±SD) Visual perception Mean (±SD) Vision assessment VA (logMAR) distance/ near (n = 19) $(Mean \pm SD)$ Stereopsis (sec of arc) (n = 19)(Mean ± SD) [range] Positive fusional vergence (BO) Near - break/recovery (n = 17) $(Mean \pm SD)$  [range] Negative fusional vergence (BI) Near - break/recovery (n = 17) $(Mean \pm SD)$  [range] Binocular accommodation facility (cpm) (n = 15) $(Mean \pm SD)$  [range] Monocular accommodation facility

Amblyopia Possible amblyopia 6 (24%) 5 (20%) 0 (0%) 3 (27%) 2 (14%) 3 (22%) 1 (4%) 6 (24%) 5 (1%) 27 (6%) 1 (<1%) 19 (6%) 0 (0%) 0 (0%) 2.1(0.05) 3.7(0.19) Group child Monocular RE ≥0.1 log MAR Monocular LE ≥0.1 log MAR Binocular ≥0.1 log MAR Young = 20-70Middle = 20-70 Older = 20-30Treated amblyopes Baseline = 0.46 (0.16)5 weeks (post-treatment) = 0.37 (0.16)17 weeks (12 weeks after treatment ceased) = 0.36(0.18)Baseline = -0.03 (0.09)5 weeks (post-treatment) = -0.06 (0.09) 17 weeks (12 weeks After Treatment Ceased) = -0.03 (0.06)Baseline = 3.44(1.27)5 weeks (Post-treatment) = 2.88 (1.05)17 weeks (12 weeks After Treatment Ceased) = 2.74(1.06)Group child  $\leq 0.3 \log MAR = 578 (95.37)$  $>0.3 \log MAR = 28 (4.62)$ <100 = 476 (78.54) >100-800 = 84 (13.86)>800 = 46 (7.59)Group child 4 years = 107.58 (10.98); Range = 83-141 5 years = 112.38 (10.99); Range = 95-138 6 years = 105.80 (10.46); Range = 90-138 4 years = 111.53 (16.10); Range = 67–144 5 years = 117.70 (11.45); Range = 92–146 6 years = 115.07 (8.94); Range = 92-146 Group child  $-0.01 \pm 0.02$  (-0.10 to  $0.00)/0.01 \pm 0.02 (0.00-0.10)$ Snellen range: 20/15-20/25 28 ± 10 (20-50)  $27 \pm 12 (12 - 45)/17 \pm 8 (8 - 30)$ 12  $\pm$  5 (6–20)/9  $\pm$  5 (2–20) 8 ± 3 (3-11.5)  $8 \pm 3 (3-13)/8 \pm 3 (3-13)$ 

Recovered	No
amblyopia	amblyopia
1 (4%)	13 (52%)
1 (9%)	7 (64%)
0 (0%)	9 (64%)
1 (4%)	17 (68%)
6 (2%)	394 (91%)
2 (1%)	313 (93%)
0 (0%)	33 (100%)

4.3(0.03)

	RE and LE (cpm) (n = 16) (Mean $\pm$ SD) [range] Amplitude of accommodation RE and LE (D) $(n = 18)$ (Mean $\pm$ SD) [range]		$12 \pm 2 (8-16)/12 \pm 2 (8-16)/12 \pm 2 (8-16)$
Thompson et al. (2017)	Vision assessment Binocular visual acuity (LogMAR) mean (SD) [range] Stereoacuity (sec of arc) mean (SD) [range] Vision impairment score, <i>n</i> (%)	Group child 0.06 (0.15) [-0.20, 1.00] 366 (196) [200, 1200] n = 290 (77%) (normal) n = 69 (18%) (internal or external ocular health problem or strabismus or abnormal motility or absence of stereopsis or binocular visual acuity worse than 0.5 logMAR) $n = 16 (4%) (two or more visual dysfunctions)$	
	Refractive error score, <i>n</i> (%)	n = 177 (90.5%) (normal) n = 17 (9%) (Hyperopia (mean sphere [M] $\geq +4.00$ diopter [D])) or myopia (M $\leq -1.00$ D) or astigmatism (cylinder [C] $\leq -1.50$ D in any meridian) or anisometropia (difference in M between eyes of $\geq 3.00$ D in either the most positive or negative meridian) n = 1 (0.5%) (two or more refractive errors)	
Zipori et al. (2018)	Vision assessment	Unilateral amblyopia	Strabismus without
	VA (logMAR)	BCVA between (0.3 logMAR) and (1.3 logMAR) in the amblyopic eye VA of (0.1 logMAR) or better in the non- amblyopic eye	amblyopia Normal VA in both eyes
	Strabismus Stereoacuity	-3000 (n = 2)	Esotropia $(n = 9)$ Exotropia $(n = 7)$ 3000 $(n = 10)$
Birch et al. (2019a)	(arcsecond) <b>Vision assessment</b> <b>VA (logMAR)</b> $\leq 0.1$ 0.2-0.3 0.4-0.5 0.6-0.7 > 0.7 Mean (SD); (range) <b>Fellow eye visual</b> <b>acuity (logMAR)</b> -0.1 0.0 0.1 Mean (SD); (range) Stereoacuity (log arcsec). Median (range) (Nil stereoacuity was assigned a value of 4.0 log arc per second) <b>Vision assessment</b>	140 (n = 1)         Group child         With amblyopia $0 (0%)$ $30 (60%)$ $12 (24%)$ $4 (8%)$ $4 (8%)$ $4 (8%)$ $0.41 (0.33); (0.2-1.9)$ With amblyopia $34 (68%)$ $13 (26%)$ $3 (6%)$ $-0.06 (0.06); (-0.1 to 0.1)$ With amblyopia $4.00 (1.6-nil)$	$20-60 \ (n = 8)$ Without amblyopia $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $0 \ (0\%)$ $-0.01 \ (0.03); \ (-0.1 \ to \ 0.1)$ Without amblyopia         7 \ (50\%)         5 \ (43\%)         1 \ (7\%) $0.00 \ (0.02); \ (-0.1 \ to \ 0.1)$ Without amblyopia         2.30 \ (1.6-nil)

Birch	VA (logMAR)	With Amblyopia
et al. (2019b)	≤0.1	
	0.2–0.3	22 (37%)
	0.4–0.5	21 (35%)
	0.6–0.7	5 (8%)
	>0.7	12 (20%)
	Mean (SD); (Range)	0.49 (0.27; [0.2–]
	Fellow eye visual acuity (logMAR)	With amblyopia
	-0.1 (20/16)	12 (20%)
	0.0 (20/20)	27 (45%)
	0.1 (20/25)	21 (35%)
	Mean (SD) [range]	0.01 (0.07); [-0.
	Snellen equivalent	20/20; [20/16-20]
	Stereoacuity (log arcsec).	3.75 (0.58); [1.8
	Median (range)	
	(Nil stereoacuity	
	was assigned	
	a value of 4.0 log	
	arc per second)	
Birch et al. $(2020)$	Vision assessment	Amblyopia group
	VA (logMAR)	
	Amblyopic eye BCVA	0.4–2.0; (20/50–2
	Mean (SD) [range]	
	Fellow eye visual acuity	-0.1 to 0.2; (20/
	Mean (SD) [range]	
	VA in each eye	-
	Stereoacuity (arcsecond)	Nil
Hemptinne	Vision assessment	Strabismus group
et al. (2020)	Strabismus type	Infantile esotrop secondary es
	Din coulority, dograd	acquired esot
	Binocularity degree	Absent $(n = 21)$ ,
	Deviation angle	normal $(n = 0 \land 12 \land (n = 20))$
	Deviation angle,	$0\Delta - 12\Delta (n = 29)$
	corrected	$(n = 5), \ge 20\Delta$
	Distance VA (logMAR)	RE
		Nihil $(n = 2)$
		Hand motions ( $i$
		0.0 (n = 22)
		0.1 (n = 7)
		0.2 (n = 4)
		0.3 (n = 3)
		0.4 (n = 0)
IZ -11	V:-::/	0.5 (n = 1)
Kelly	Visión assessment	Amblyopic $0.4 \pm 0.3$
et al. (2020)	BCVA (logMAR) (amblyopic eye)	$0.4 \pm 0.3$ 0.1-1.9
	Mean $\pm$ SD; range	0.1-1.9
	BCVA (logMAR)	$0.0 \pm 0.1$
	(fellow eye)	-0.1 to 0.2
	Mean $\pm$ SD; range	-0.1 to 0.2
	Stereoacuity (arcsecond)	$3.4 \pm 0.8$
	Mean $\pm$ SD; range	(1.8–4)
	Extent of suppression (log deg)	(1.0-4) $0.4 \pm 0.4$
	Mean $\pm$ SD; range	(-0.2  to  1.2)
	Depth of suppression (CBI)	(-0.2, 10, 1.2) $4.8 \pm 3.6$
	Mean $\pm$ SD; range	(0.2-11.0)
Niechwiej-Szwedo et al. (2020a)	Vision assessment	(0.2 11.0)
	Visual acuity (logMAR) distance/near	
	Stereopsis (secof arc)	
	Phoria (PD) distance/near	
	Negative fusional vergence (BI,	
	divergence) near – break/	
	recovery (PD)	

Vergence facility (cpm)

# [0.2 - 1.4]yopia [-0.1 to 0.1] 6-20/25] [1.8 to nil] group 0/50-2000) 2; (20/15-30) group sotropia (n = 13), ary esotropia (n = 6), d esotropia (n = 21) = 21), partial (n = 13), (n = 6) $= 29), 12\Delta - 20\Delta$ $\geq 20\Delta$ (*n* = 6) 2) ons (n = 1)) 2) Typically developing children. Mean $\pm$ SD (range) $-0.02 \pm 0.07 (-0.10 - 0.18)/$ $0.01\,\pm\,0.03\,\,(0.00\text{--}0.18)$ Snellen range: 20/15-20/25 24 $\pm$ 7 (20–50) $24 \pm 10 (8-45)/18 \pm 11 (2-45)$ $14 \pm 4 \ (4-25)/11 \pm 4 \ (4-20)$

LE Nihil (n = 1)

Hand motions (n = 1)

 $0.0 \ (n = 25)$ 

Non-amblyopic  $0.1 \pm 0.1$ 

-0.1 to 0.3

(-0.2 to 1.2)  $3.0\,\pm\,2.9$ (0.2 - 11.0)

 $0.1\,\pm\,0.1$ -0.1 to 0.3 $3.1\,\pm\,1.0$ (1.6-4) $0.3\,\pm\,0.6$ 

0.1(n = 1)0.2(n=6)0.3(n = 1)0.4(n = 3)0.5(n=2)

0 (0%)

14 ± 4 (5–24)

#### Without Amblyopia

	Binocular accommodative	8 ± 3 (0.5–14.5)	
	facility (cpm) Amplitude of accommodation– RE and LE (D)	11 ± 2 (7–16)/11 ± 2 (6–16)	
	Accuracy of accommodation	$1.06 \pm 0.40 \; (0.25 - 2.00) /$	
	(MEM)–RE and LE (D)	$21.06 \pm 0.40 \ (0.25 - 2.00)$	
Niechwiej-Szwedo et al. (2020b)	Vision assessment	Typically developing children. Mean $\pm$ SD (range)	
	Binocular visual acuity (logMAR) distance	$0.00 \pm 0.11 \; (-0.2 \text{ to } 0)$	
	Monocular visual acuity (logMAR) distance	$0.04 \pm 0.12 \; (-0.1 \; \text{to} \; 0)$	
	Interocular visual acuity difference (logMAR)	0.06 ± (0.10) (0.0-0.6)	
	stereoacuity (sec of arc)	45 ± 27 (20–200)	
Pinero-Pinto	Visual development parameter	Gross motor quotient < 100	Gross motor quotient > 100
et al. (2020)	Visual acuity (CardiffTest—	$0.18 \pm 0.10/0.18 \pm 0.10$	$0.18 \pm 0.10/0.18 \pm 0.09$
	LogMAR) (RE)/(LE)		
	Visual acuity (Broken Wheels—LogMAR) (RE)/(LE)	$0.36\pm0.05/0.36\pm0.04$	$0.37\pm0.04/0.37\pm0.04$
	Retinoscopy refraction (Diopters D) (RE)/(LE)	$+1.27\pm0.91/+1.35\pm0.92$	$+1.35 \pm 0.73/+1.49 \pm 0.74$
	Spherical equivalent refraction		
	Kappa angle (negative/0/positive) (RE)	4 (10%)/7 (17.5%)/29 (72.5%)	1 (1.3%)/28 (36.8%)/47 (61.8%)
	Kappa angle (negative/0/positive) (LE)	4 (10%)/8 (20%)/28 (70%)	2 (2.26%)/26 (34.3%)/48 (63.2%)
	Hirshberg reflex (temporal/ centred/nasal) (RE)	3 (7.7%)/7 (17.95)/29 (74.4%)	1 (1.3%)/30 (39.5%)/45 (59.2%)
	Hirshberg reflex (temporal/ centred/nasal) (LE)	3 (7.9%)/8 (21.1%)/27 (71.1%)	2 (2.6%)/30 (39.5%)/44 (57.9%)
	Krismky test (normal/deviated)	70 (87.5%)/10 (12.5%)	36 (100%)/0 (0%)
	Near point of convergence	$2.46 \pm 4.07$	$1.00 \pm 2.02$
	(centimetre, cm)		
	Base-out 6∆Prism Test	27 (33.8%)/53 (66.3%)	16 (44.4%)/20 (55.6%)
	(prism diopters, $\Delta$ )		
	(negative/positive)		
	Base-In 6 $\Delta$ Prism Test	60 (75%)/20 (25%)	26 (72.2%)/10 (27.8%)
	(prism, diopters, $\Delta$		
	(negative/positive)		
	Stereopsis lang test	$303.89 \pm 143.67$	$282.35 \pm 131.35$
	(second arc) (200", 400" y 600")		
	Bruckner test	71 (88.8%)/9 (11.3%)	36 (100%)/0 (0%)
	(normal/deviated)		
	Fixation test	64 (80%)/16 (20%)	26 (72.2%)/10 (27.8%)
	(passed/not passed)		
	Reflection and head	46 (57.5%)/34 (42.5%)	21 (58.3%)/15 (41.0%)
	(saccades movements)		
	Head (saccades movements)	12(15%)/33(41.3%)	3(8.3%)/21(58.3%)
	(motionless/slight/	24(30%)/11(13.85)	6(16.7%)/6(16.7)
	medium/strong)		
Sá et al. (2021)	Amblyopic group		
	Visual acuity values <0.7 on the Snellen scale in one or both		
	eyes or difference in vision between		
	the eyes greater than two lines		
	on that scale.		
Vagge et al. (2021)	Vision assessment	Strabismus group	
	Stereopsis	Normal $(n = 11)$ ; absent $(n = 12)$	
	Amblyopia	n = 9	
	Non-amblyopia	n = 14	

BCVA = best-corrected visual acuity, BCVA = monocular best-corrected visual acuity, BF = binocular function, BI = base-in, BO = base-out, CBI = Contrast Balance Index, CPM = cycles per minute, D = diopters, Dom Eye = dominant eye, LE = left eye, Log deg = log degrees (Extent of suppression scotoma), MEM = monocular estimate method, Non-dom eye = nondominant eye, PD = prism diopter; Positive fusional vergence (BO, convergence) near – break/recovery (PD), RE = right eye, SD = standard deviation,  $\Delta$  = prism diopter.

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### Table 4. Motor outcomes.

Author et al. (yea	ar)	Motor measures							
Atkinson et al. (2	2005)	Movement Asses Battery for C		Parameters		Hyperopic Age 31/2 y	~ .	A	ge 51/2 years
		(MABC-2)		Catch bean bag (b	bags caught)	6 (5.9)			(8.2)
		Mean (SD)		Roll ball (balls ro		4 (3.9)		6	(6.4)
			V	Walk (steps walke	ed)	5 (6.4)		13	3 (12.1)
			J	lump score		0 (1.5)		0	(0.6)
			I	Balance (PL) (seco	onds balanced)	4 (4.3)		11	(9.5)
			I	Balance (NPL) (se	econds balanced)	3 (4.5)		7	(7.9)
			(	Coin (PH) (second	ds taken)	26 (26.3)		19	9 (19.8)
			(	Coin (NPH) (seco	nds taken)	28 (30.5)		22	2 (22.3)
				Beads: (6 beads) (		46 (49.2)		59	9 (63.0)
				Bicycle trail (error		6 (7.0)			(0.6)
Engel-Yeger (200	8)	Balance and ball		•	ŕ			A	mblyopic group
		sub-tests fron	n the S	Static balance		Standing o	n one leg	1.4	9 ± 1.99
		Movement A	ssessment I	Dynamic balance		Jumping or	-	0.3	$85 \pm 1.76$
		Battery for C		2		Walking he			$45 \pm 1.81$
		(MABC-2)		Mean dynamic ba	lance score	e			$15 \pm 1.09$
		Mean $\pm$ SD		Fotal mean balan					$4 \pm 1.05$
				Ball skills		Catch			$9 \pm 1.86$
			-	Juli Skills		Roll			$04 \pm 1.43$
			7	Fotal mean ball s	kills score	Ron			$47 \pm 1.17$
Wahhar at al (20	000	Dunininka Oceanot		Amblyopic group	kills scole			1.4	+/ ± 1.1/
Webber et al. (20	(80	Bruininks-Oserets	sky lest A		1		U		
		of Motor Proficiency (BOTMP)		Visual motor contr	r01	4 (0, 4)		peed and dexte	•
				Cutting circle	d	4 (0-4)	Pennies in box		(1-6)
				Drawing crooked		4 (0-4)	Penny cards		(1-10)
				Drawing straight		4 (0-4)	Sorting cards		(1-7)
				Drawing curved path		3 (0-4)	Stringing bea		(1-4)
				Copying circle		2 (0-2)	Displacing p		(2-7)
				Copying triangle		2 (0–2) Drawing			(0-8)
			(	Copying diamond		1 (0–2)	Dots in circle	es 4	(1-8)
			(	Copying pencils		2 (0-2)	Making dots	5	(1-9)
			S	Sum item 7		21 (6–24)	Sum item 8	37	7 (11–50)
O'Connor	Visio	n assessment			Pegboard	Bead task tin	ne (s)	Water task	
et al. (2010)					Mean $\pm$ SD	Mean $\pm$ SD		Mean $\pm$ SD	
						Large	Small	Error (ml)	Time (s)
	Wort	h 4 dot	Worth 4 do		$16.8 \pm 1.6$	$49.2~\pm~5.2$	$57.2~\pm~7.9$	$1.1 \pm 1.0$	$43.4 \pm 10.7$
	re	esponse		Suppression	$15.2 \pm 1.3$	$58.4~\pm~7.0$	$72.3\pm9.9$	$1.56 \pm 1.09$	
			4 D	Bifoveal	$16.8 \pm 1.5$	$48.9\pm5.2$	$56.5\pm7.4$	$1.1 \pm 0.9$	$43.5 \pm 10.7$
				CS	$15.3 \pm 2.0$	$52.5\pm3.8$	$66.7~\pm~7.1$	$1.0\pm0.6$	$48.0 \pm 11.0$
	Prisn	n fusion range	Prism bar	Normal	$16.7 \pm 1.6$	$49.4\pm5.3$	$57.1~\pm~7.6$	$1.1\pm1.0$	$43.2\pm10.6$
	to	otal amplitude		Reduced	$17.0 \pm 1.3$	$51.7\pm9.9$	$66.4 \pm 11.0$	$1.4 \pm 0.5$	$44.1 \pm 11.6$
				Nil	$15.0 \pm 1.4$	$58.5\pm5.7$	$72.2 \pm 11.0$	$1.5\pm1.2$	$47.2 \pm 12.1$
			Risley	Normal	$16.6 \pm 1.6$	$49.3 \pm 5.4$	$58.1~\pm~7.7$	$1.2\pm0.9$	$42.3\pm9.3$
			- 2	Reduced	$17.2 \pm 1.6$	$49.8 \pm 7.0$	$55.6 \pm 9.8$	$0.9 \pm 1.0$	$45.6 \pm 14.5$
				Nil	$15.1 \pm 1.4$	$58.1 \pm 5.7$	$72.2 \pm 10.5$	$1.5 \pm 1.2$	$45.8 \pm 12.8$
	Prisn	n fusion-adjusted	Prism bar	Normal	$16.7 \pm 1.6$	$49.2 \pm 5.2$	$57.0 \pm 7.6$	$1.3 \pm 1.2$ $1.1 \pm 1.0$	$43.3 \pm 12.3$ $42.7 \pm 10.2$
		ositive vergence	i nom Uai	Reduced	$10.7 \pm 1.0$ $17.3 \pm 1.5$	$49.2 \pm 52.1$ $49.8 \pm 59.1$	$62.1 \pm 10.6$	$1.0 \pm 0.7$	$42.7 \pm 10.2$ $51.7 \pm 11.4$
	*	easure		Nil			$62.1 \pm 10.0$ $72.0 \pm 10.2$	$1.0 \pm 0.7$ $1.5 \pm 1.1$	$31.7 \pm 11.4$ $45.3 \pm 12.5$
	11	leasure	Risley	Normal	$15.1 \pm 1.4$ 167 ± 16	$59.1 \pm 6.7$ 49.3 + 5.7		$1.3 \pm 1.1$ $1.4 \pm 1.0$	
			MISICY		$16.7 \pm 1.6$	$49.3 \pm 5.7$	$58.3 \pm 8.4$		$41.0 \pm 9.4$
				Reduced	$16.7 \pm 1.6$	$49.5 \pm 5.8$	$56.8 \pm 7.6$	$0.8 \pm 0.7$	$45.8 \pm 11.2$
				Nil	$15.1 \pm 1.4$	58.1 ± 5.7	$72.2 \pm 10.5$	$1.5 \pm 1.2$	45.8 ± 12.8
Suttle et al. (2011	l)	Parameter			blyopic group				
		Mean ± S			locular			Dom eye	Non-don eye
			t time (ms)	105	$56 \pm 66$		1	$122 \pm 45$	$1118~\pm~52$
		Reaching							
			city, mm/s	579	$0 \pm 25$		5	$549 \pm 28$	$537\pm25$
		Reach dui	ration, ms	844	$\pm$ 52		8	$377 \pm 43$	$889\pm46$
		Time to p	eak dec, ms	511	$\pm 21$		5	$512 \pm 26$	$512 \pm 22$
			city phase, ms		$5 \pm 47$			$55 \pm 38$	$364 \pm 42$
		Grasping	• • • • • •						
			aperture, ms	73	± 2		7	$75 \pm 2$	$75 \pm 2$
									$57 \pm 2$
		Grip size	contact, mm	51	·		5	• •	JI ± 4
		Grip size	contact, mm	51	± 1		5	$54 \pm 1$	5/±

Wilson and Welch (2013) Alramis et al. (2016) Webber et al. (2016) Chakraborty et al. (2017)	Time to peak grip, ms Grip closure time, ms Grip application time, ms <i>Reach-grasp coupling</i> Peak dec-to-peak grip, ms At object contact, ms NR ND Bruininks-oseretsky test of motor proficiency Mean (SD) Movement Assessment Bat for Children (MABC-2) Mean (SD)	237 174 66 70 FM Fin FM Fin FM Gro	$\begin{array}{c} \pm 38\\ \pm 20\\ \pm 16\\ \end{array}$ $\begin{array}{c} \pm 25\\ \pm 8\\ \end{array}$ S e motor skills (FI S age-standardize e motor control p ss motor control al motor control	ed scaled percentile percentile	(n = 594) e $(n = 587)$	$\begin{array}{l} 603 \pm 26\\ 251 \pm 21\\ 174 \pm 16\\ \\ 88 \pm 19\\ 75 \pm 5\\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\$	654 ± 34 244 ± 28 185 ± 23 95 ± 21 85 ± 9
Fang et al. (2017)	Beery developmental test package (motor coordination task-MC task)Motor coord predicting skills of children $B = 0.27$ (p		ing the VMI predicting the VMI of 4–6-year-old skills of 4-year-old n children		Motor coordination		
Niechwiej-Szwedo et al. (2017) Thompson et al. (2017) Zipori et al. (2018)	ND Bayley Scales Subtest of Infant Development Composite r (Bayley III) Fine motor Mean ± SD Gross moto The Bruininks- Amblyopia g		r subtest $-0.05 (-0.07, -0.03)$ or subtest $-0.02 (-0.04, 0.00)$		Association with visual accuity -0.65 (-1.08, -0.21) -0.94 (-1.41, -0.47) -0.12 (-0.54, 0.30)		
Birch et al. (2019a) Birch et al. (2019b) Birch et al. (2020)	Oseretsky Test of Motor Proficiency (Balance subtest) Mean ± SD NR NR NR	9.0 ± 3.1	5 1		<b>lyopia group</b> 2.4 pia	Exotropia 9.9 ± 3.1	
Hemptinne et al. (2020)	NR						
Kelly et al. (2020)	Movement Assessment Batt for Children, Second Ec Mean ± SD	•	Total motor Manual dexterin Aiming & catch Balance	ty ning	Amblyopic $7.4 \pm 2.7$ $7.6 \pm 2.7$ $8.8 \pm 3.4$ $7.8 \pm 3.1$	Non-amblyopic 8.2 ± 2.9 8.5 ± 3.0 9.3 ± 3.2 8.3 ± 3.1	
Niechwiej-Szwedo et al. (2020a)	Bead threading measures Mean ± SD		Total movemen Peak velocity (r Reach duration Grasp duration Placement dura Reach-to-bead duration (m Reach-to-bead duration (m Reach-to-needle interval dura Reach-to-needle	at time (m n/s) (ms) (ms) tion (ms) acceleration s) deceleration s) e acceleration (ms) e deceleration (ms)	s) on interval on interval ion	$\begin{array}{c} 3.5 \pm 3.1 \\ 1551 \pm 302 \\ 0.886 \pm 0.137 \\ 411 \pm 48 \\ 173 \pm 78 \\ 559 \pm 190 \\ 182 \pm 32 \\ 236 \pm 34 \\ 212 \pm 32 \\ 193 \pm 28 \end{array}$	
Niechwiej-Szwedo et al. (2020b)	NR		interval dura			72.04 + 10.00	(0.00.00.00)
Pinero-Pinto et al. (2020)	Peabody Developmental Motor Scale-Second Version (PDMS-II) Mean ± SD (range)		Static percentile Locomotion percentile Handling percentile Grasp percentile Coordination percentile Gross motor percentile Fine motor percentile Overall motor percentile Gross motor quotient Fine motor quotient Overall motor quotient		$\begin{array}{l} 72.04 \pm 19.90 \ (9.00-99.00) \\ 15.87 \pm 11.08 \ (2.00-50.00) \\ 43.43 \pm 21.20 \ (5.00-95.00) \\ 73.53 \pm 24.16 \ (5.00-99.00) \\ 37.79 \pm 18.76 \ (2.00-84.00) \\ 42.40 \pm 21.00 \ (8.00-95.00) \\ 56.68 \pm 24.33 \ (12.00-99.00) \\ 49.71 \pm 22.32 \ (4.00-96.00) \\ 96.81 \pm 9.15 \ (79.00-124.00) \\ 104.52 \pm 14.90 \ (14.00-151.00) \\ 98.66 \pm 14.55 \ (0.00-126.00) \end{array}$		

Sá et al. (2021)	Motor competence assessment (MA Mean (SD) Physical activity questionnaire (I Mean (SD)	AC) Shifting Jumping Standing Shuttle Ball thro Ball kicl MC con Locomo Manipu MCA to	owing velocity (km/h) king velocity (km/h) nponents stability tor lative	Non-amblyopia group 82.18 (22.33) 50.31 (24.96) 68.46 (23.13) 50.54 (24.21) 64.73 (26.77) 51.94 (29.67) 66.24 (19.36) 59.50 (20.18) 58.33 (22.47) 66.24 (19.36) 2.5 (0.3)	Corrected amblyopia $69.32 \pm 31.94$ $42.70 \pm 24.75$ $57.92 \pm 27.61$ $39.59 \pm 27.29$ $56.51 \pm 30.02$ 51.19 (26.91) 56.01 (23.5) 48.75 (24.40) 53.85 (21.40) 56.01 (23.57) 2.5 (0.3)	Non-Corrected amblyopia $67.29 \pm 25.63$ $36.13 \pm 27.68$ $61.97 \pm 23.57$ $31.26 \pm 23.31$ $50.71 \pm 28.90$ 46.26 (31.64) 51.71 (23.20) 46.61 (20.01) 48.48 (25.19) 51.71 (23.20) 2.4 (0.3)
Vagge et al. (2021)	Developmental Coordination Disorder Questionnaire (DCDQ) 2007 Mean ± SD	Strabismus group $(n = 23)$ Total DCDQ score $58.7 \pm 11.3$ Control during movement $24.2 \pm 6.5$ Fine motor $13.3 \pm 4.4$ General coordination $22.3 \pm 3.4$	Normal stereopsis group $(n = 11)$ Total DCDQ score $67.3 \pm 4.8$ Control during movement $28.8 \pm 1.8$ Fine motor $14.3 \pm 4.2$ General coordination $24.2 \pm 2.2$	Absent stereopsis ( $n = 12$ ) Total DCDQ score $50.8 \pm 9.5$ Control during movement $19.9 \pm 6.3$ Fine motor $12.3 \pm 4.6$ General coordination $20.7 \pm 3.6$	Amblyopia $(n = 9)$ Total DCDQ score $55.4 \pm 5.9$ Control during movement $22.9 \pm 3.3$ Fine motor $11.3 \pm 3.8$ General coordination $21.2 \pm 2.8$	No amblyopia ( $n = 14$ ) Total DCDQ score $60.7 \pm 13.5$ Control during movement $25.0 \pm 7.9$ Fine motor $14.5 \pm 4.9$ General coordination $23.1 \pm 3.8$

CS = central suppression, NR = not reported, VMI = visual motor integration.

signs that define the visual state of a subject (Cacho-Martínez et al. 2014; Cacho-Martínez et al. 2015). However, in the paediatric population, there is a lack of consensus on the diagnostic criteria, mainly in preschool-age children, in whom visual and cognitive abilities are still developing.

The presence of visual disturbances negatively affects the development of motor skills. Children follow a developmental pattern that is highly dependent on the subject's ability to focus, as well as on eye movements and refraction. The studies included in this review established a relationship between amblyopia, binocular vision, accommodative alterations and refractive status with gross and fine motor development in children.

#### Amblyopia and development

Amblyopia is a decrease in visual acuity without any organic lesion to justify it. The involvement is generally unilateral and occurs as a consequence of a lack of adequate visual stimulation during the critical period of visual development. Amblyopia may affect both eyes, if both have suffered a long period of visual deprivation (DeSantis 2014), and it is related to the presence of an asymmetric refractive error that has not been detected or treated during childhood.

There is a close relationship between visual acuity deficit and motor delay. Several studies revealed the importance of vision in relation to balance and coordination (Atkinson et al 2005; Chakraborty et al. 2017; Fang et al. 2017; Thompson et al. 2017; Zipori et al. 2018; Hemptinne et al. 2020; Sá et al. 2021), although no study found significant results in this association (Wilson & Welch 2013).

Most of the studies indicated that fine motor skills may be affected if there is any alteration of vision, particularly in the case of amblyopia and strabismus, and can be improved in cases of correct binocular vision (O'Connor et al. 2010; Suttle et al. 2011; Alramis et al. 2016; Webber et al. 2016; Niechwiej-Szwedo et al. 2017; Webber 2018; Kelly et al. 2019; Niechwiej-Szwedo et al. 2020a, 2020b; Vagge et al. 2021). Gross and fine motor skills have been shown to be reduced in children with amblyopia (Engel-Yeger 2008; Webber et al. 2008). Manual dexterity tasks require more time for execution and planning. Reading speed and hand-eye coordination are also

affected (Suttle et al. 2011; Birch et al. 2019a, 2019b; Birch et al. 2020).

The deficiencies in motor performance were greater in manual dexterity tasks, which require speed and precision. Children with amblyopia are slower in planning and executing reaching movements and have a less precise grip than children without amblyopia.

In addition, children with amblyopia present postural instability, which is a consequence of poor static balance (Kelly et al. 2020; Sá et al. 2021). Children with amblyopia are more cautious when walking, take shorter steps and slow down as a result of poor visual processing (Buckley et al. 2010).

Several studies have identified that lower self-perception of peer acceptance and physical competence identity is associated with worse motor skills, which may be related to the wideranging effects of impaired visual development in children with amblyopia in their daily lives (Birch et al. 2019a, 2019b; Birch et al. 2020). One study also revealed that amblyopia can negatively affect children's motor skills, as expressed by objective measures in daily life, whereas selfperception is less affected (Engel-Yeger 2008).

### Binocular vision and development

Binocular vision is the ability to integrate two images into one. This requires both eyes to be perfectly aligned on the fixation point. Normal binocular vision positively influences the optimal development of fine motor skills and tasks related to reading. Niechwiej-Szwedo et al. (2017) assessed motor performance in a group of children with reading difficulties by using two tasks: threading beads and pegboard. Children with reading problems had difficulty in the task of threading beads but not with the pegboard. This group performed poorly on a single task that relied heavily on binocular information.

Chakraborty et al. (2017) and Thompson et al. (2017) evaluated binocular vision (visual acuity, stereopsis, alignment of visual axes, ocular motility and self-refraction) and showed that it is strongly related to motor function by using the MABC-2 scales, Peabody Developmental Motor Scale-2nd Version and Bayley Scales of Infant Development, all of which are valid and reliable for measuring infant motor development. In addition, Pinero-Pinto et al. (2020) performed a comprehensive study of binocular vision in a group of typically developing children. They confirmed that children with slower motor development had greater exophoria and a closer convergence point further away, which hindered fusion and binocular vision. In addition, other authors have highlighted the influence of age and affirm that the role of vision in the performance of fine motor skills depends on both the task and age (Alramis et al. 2016; Niechwiej-Szwedo et al. 2020a, 2020b).

Strabismus is an anomaly of binocular vision consisting of the loss of parallelism of both eyes. The lack of binocularity and stereopsis in children with strabismus is associated with the significant impairment of motor skills, particularly for static balance and capture tasks (Hemptinne et al. 2020; Vagge et al. 2021). Furthermore, when normal binocular vision is interrupted in childhood due to strabismus and/or amblyopia, vision and posture are affected, and balance is reduced (Zipori et al. 2018).

### Hyperopia and development

Toddlers typically have uncorrected hyperopes (Mayer et al. 2001). Uncorrected hyperopia presents a greater accommodative demand that causes a closure of the visual axes (endophoria) (Leone et al. 2010). A total of 20% of children with high hyperopia (>3.5 D) develop convergent strabismus (Anker et al. 2004; Babinsky and Candy 2013). Atkinson et al. (2005) compared motor skills in hyperopic and emmetropic children by using the MABC-2 as a motor development measurement tool. Hyperopic children performed worse on at least one test in each category (manual dexterity, balance and ball skills). This implies an impairment in fine motor skills in hyperopic children.

This review has several limitations, particularly with regard to the difficulty of extracting data via varied methodologies and different visual systems and motor development assessment tools. Furthermore, there could be some inherent bias due to the professional interests of the authors that are unknown to us. To the best of our knowledge, this is the first review to analyse the relationship between motor development and the visual system. Therefore, this review provides valuable information for the evaluation and treatment of children by professionals from different disciplines in relation to paediatrics.

## Conclusions

All included studies confirmed a relationship between the visual system and development in children, although they also demonstrated a lack of uniformity in the methods of visual system measurement and developmental assessment.

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Correspondence:

María Carmen Sánchez-González, OD, PhD Department of Physics of Condensed Matter, Optics Area University of Seville 41012 Seville Spain Tel: +34 649532854 Fax: +34 954552870

Email: msanchez77@us.es

# **Supporting Information**

Additional Supporting Information may be found in the online version of this article:

Figure S1. Flow chart.