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Hospital-Acquired Infections in Critically Ill Patients With COVID-19



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BACKGROUND: Few small studies have described hospital-acquired infections (HAIs) occurring in patients with COVID-19.

RESEARCH QUESTION: What characteristics in critically ill patients with COVID-19 are associated with HAIs and how are HAIs associated with outcomes in these patients?

STUDY DESIGN AND METHODS: Multicenter retrospective analysis of prospectively collected data including adult patients with severe COVID-19 admitted to eight Italian hub hospitals from February 20, 2020, through May 20, 2020. Descriptive statistics and univariate and multivariate Weibull regression models were used to assess incidence, microbial cause, resistance patterns, risk factors (ie, demographics, comorbidities, exposure to medication), and impact on outcomes (ie, ICU discharge, length of ICU and hospital stays, and duration of mechanical ventilation) of microbiologically confirmed HAIs.

RESULTS: Of the 774 included patients, 359 patients (46%) demonstrated 759 HAIs (44.7 infections/1,000 ICU patient-days; 35% multidrug-resistant [MDR] bacteria). Ventilator-associated pneumonia (VAP; n = 389 [50%]), bloodstream infections (BSIs; n = 183 [34%]), and catheter-related BSIs (n = 74 [10%]) were the most frequent HAIs, with 26.0 (95% CI, 23.6-28.8) VAPs per 1,000 intubation-days, 11.7 (95% CI, 10.1-13.5) BSIs per 1,000 ICU patient-days, and 4.7 (95% CI, 3.8-5.9) catheter-related BSIs per 1,000 ICU patient-days. Gram-negative bacteria (especially *Enterobacterales*) and *Staphylococcus aureus* caused 64% and 28% of cases of VAP, respectively. Variables independently associated with infection were age, positive end expiratory pressure, and treatment with broad-spectrum antibiotics at admission. Two hundred thirty-four patients (30%) died in the ICU (15.3 deaths/1,000 ICU patient-days). Patients with HAIs complicated by septic shock showed an almost doubled mortality rate (52% vs 29%), whereas noncomplicated infections did not affect mortality. HAIs prolonged mechanical ventilation (median, 24 days [interquartile range (IQR), 14-39 days] vs 9 days [IQR, 5-13 days]; $P < .001$), ICU stay (24 days [IQR, 16-41 days] vs 9 days [IQR, 6-14 days]; $P = .003$), and hospital stay (42 days [IQR, 25-59 days] vs 23 days [IQR, 13-34 days]; $P < .001$).

INTERPRETATION: Critically ill patients with COVID-19 are at high risk for HAIs, especially VAPs and BSIs resulting from MDR organisms. HAIs prolong mechanical ventilation and hospitalization, and HAIs complicated by septic shock almost double mortality.

TRIAL REGISTRY: ClinicalTrials.gov; No.: NCT04388670; URL: www.clinicaltrials.gov

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KEY WORDS: COVID-19; critical care; hospital-acquired infections; SARS-CoV-2

FOR EDITORIAL COMMENT, SEE PAGE 387

Take-home Points

Study Question: What characteristics of critically ill patients with COVID-19 are associated with HAIs and how are HAIs associated with outcomes in these patients?

Results: Among 774 included patients, 359 patients (46%) demonstrated 759 HAIs, 35% of them caused by MDR bacteria. VAP (50%), BSIs (34%), and catheter-related BSIs (10%) were the most frequent HAIs. Variables independently associated with infection were age, positive end expiratory pressure, and treatment with broad-spectrum antibiotics at admission. Mortality during ICU stay was 30%. Patients with HAIs complicated by septic shock showed almost doubled mortality (52% vs 29%), whereas noncomplicated infections did not affect mortality.

Interpretation: Critically ill patients with COVID-19 are at high risk of HAIs, in particular VAPs and BSIs resulting from MDR organisms. HAIs prolong mechanical ventilation and hospitalization, and HAIs complicated by septic shock almost double mortality.

Patients affected by SARS-CoV-2 infection can demonstrate COVID-19, which is associated with a high rate of hospitalization, admission to the ICU,¹ and death.² For several weeks, starting February 20, 2020, Italy was the epicenter of the first COVID-19 outbreak in the Western world.³ In two previous studies,^{1,4} we reported that critically ill patients with COVID-19 primarily were relatively old men with several comorbidities (eg, hypertension, diabetes, COPD) who experienced severe respiratory failure and needed invasive mechanical ventilation (IMV) in almost 90% of the cases. Comorbidities, immune suppression associated with SARS-CoV-2 infection^{5,6} and with the critical illness per se, use of immunomodulators (particularly steroids), and the frequent need for invasive life support procedures predispose patients with COVID-19 to a high risk of hospital-acquired infections (HAIs). To date, few studies have described HAIs during COVID-19 illness, mostly without a specific focus on patients in the ICU.⁷⁻¹⁴ This retrospective, single-nation, multicenter study aimed to evaluate the incidence, microbial cause, resistance patterns, risk factors, and impact on outcome of HAI in a large cohort of patients with COVID-19 admitted to the ICU.

Methods

This was a retrospective analysis of prospectively collected data of all consecutive patients with COVID-19 admitted to the ICUs of eight Italian hub hospitals (e-Appendix 1) from February 20, 2020,

through May 20, 2020. Follow-up ended on July 23, 2020. The participating centers shared the following management approaches for HAIs: (1) routine antibiotic prophylaxis was not recommended, (2) stress ulcer and DVT prophylaxes were provided, (3) ventilator-associated pneumonia (VAP) bundles¹⁵

ABBREVIATIONS: BSI = blood stream infection; HAI = hospital-acquired infection; IMV = invasive mechanical ventilation; IQR = interquartile range; LOS = length of stay; MDR = multidrug-resistant; VAP = ventilator-associated pneumonia

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were applied, and (4) no selective digestive decontamination was used. The participating centers shared the same policy for microbiological surveillance: routine surveillance cultures for bacterial and fungal infections (perineal and nasal swabs for multidrug-resistant (MDR) bacteria, tracheal aspirate, and urine cultures) were obtained at ICU admission and then at least once weekly, whereas further microbiological examinations were performed in the presence of a clinical or laboratory suspicion of infection.

The study was approved by the ethical committee of the promoting center (Comitato Etico Milano Area 2; Protocol: 0008489) and by the local ethical committees and was preregistered at clinicaltrials.gov (Identifier: NCT04388670). Written informed consent was waived because of the retrospective nature of the analysis.

All consecutive patients with laboratory-confirmed SARS-CoV-2 infection (positive reverse-transcription polymerase chain reaction results)¹⁶ admitted to the participating ICUs were considered for inclusion. Exclusion criteria were: (1) age < 18 years, (2) ICU length of stay (LOS) < 24 h, (3) nosocomial COVID-19, (4) bacterial coinfections at ICU admission, and (5) reason for ICU admission different from COVID-19.

The following patient data were collected at admission: demographics; weight, height, and BMI; comorbidities stratified according to Charlson Comorbidity Index; immunocompromised status (ie, chronic immunosuppressive therapies, active hematologic or solid malignancies, autoimmune diseases); hypertension; diabetes; Sequential Organ Failure Assessment score; Pao₂ to Fio₂ ratio; arterial blood gas analyses; ventilatory settings (ie, positive end expiratory pressure, respiratory rate, tidal volume, and plateau pressure); and blood examination results (ie, complete blood count, bilirubin, creatinine, lactate dehydrogenase, C-reactive protein, D-dimers, ferritin, and IL-6). We recorded the use of remdesivir, hydroxychloroquine, lopinavir and ritonavir, corticosteroids (low dosage, < 2 mg/kg/die; high dosage, > 2 mg/kg/die of methylprednisolone or equivalents), anakinra, and tocilizumab and assessed the use of renal replacement therapy, extracorporeal membrane oxygenation, and pronation. Finally, we assessed the antibiotics administered before ICU admission and then before and during each infectious episode. For the analysis, fluoroquinolones, third-generation or later cephalosporins, and carbapenem were defined as broad-spectrum antibiotics. The following outcomes were recorded: survival at ICU and hospital discharge, ICU and hospital LOS, and duration of IMV.

Infections were identified and recorded considering all microbiologic isolates obtained during the ICU course, independently reviewed and classified in light of the available clinical, laboratory, and radiographic data by dedicated intensivists (one for each center) and infectious disease specialists (one for each center), following international guidelines.^{17,18} The timeframe for diagnosing HAIs was limited to the ICU stay, without follow-up after ICU discharge. Infections were considered as ICU acquired infections whether they occurred \geq 48 h from ICU admission. Furthermore, a specialized intensivist (V. S.) and an infectious disease specialist (A. B.) from the promoting center were available to support other participating centers' decisions. The following HAIs were diagnosed: VAP, hospital-acquired pneumonia, catheter-associated urinary tract infection, bloodstream infection (BSI), catheter-related bloodstream infection, *Clostridioides difficile* colitis, suspected or proven invasive candidiasis, and invasive pulmonary aspergillosis (e-Table 1, e-Appendix 1).^{19,20} VAPs were

classified further as early onset (ie, occurring < 5 days from intubation) or late onset (ie, \geq 5 days from intubation). Viral infections were not included in the analysis. Finally, for every infectious episode, the presence of sepsis or septic shock²¹ was recorded.

We defined as MDR all microorganisms resistant to at least one agent in three or more antimicrobial classes of agents²² or the microorganisms with specific antibiotic resistance mechanisms (eg, methicillin-resistant *Staphylococcus aureus*). Each antibiotic susceptibility testing was analyzed, and resistance patterns for each antimicrobial agent were classified. Of note, the presence of extended-spectrum β -lactamases and carbapenemases in surveillance specimens was tested directly either with phenotypic assays (growth-based assays or immunochromatographic methods) or with molecular tests, depending on the clinical workflow of the microbiology laboratory. Conversely, the antimicrobial resistance profile of bacterial strains isolated from other clinical specimens was either tested (immunochromatographic or molecular tests) or deduced as per clinical practice.

Statistical Analyses

Descriptive statistics were produced for demographic, clinical, and laboratory characteristics of patients. Mean and SD (or, in case of skewed distribution, median and interquartile range [IQR]) are reported for continuous variables, and number and percentages are reported for categorical variables.

Groups were compared with parametric or nonparametric tests, according to data distribution, for continuous variables and with Pearson χ^2 test (or Fisher exact test when appropriate) for categorical variables. The crude incidence rate per 1,000 patient-days of ICU stay and relative 95% CIs were calculated. All the infectious episodes, including multiple infectious episodes for each patient, were considered. The analysis time scale was the time since ICU admission until the date of ICU discharge. Time at risk of ICU HAIs was from ICU admission to HAIs, death, or discharge from ICU. Risk factors for HAI were explored through multilevel Weibull regression models, with random intercepts for hospital and patient, with drugs as time-dependent variables.

Univariate and multivariate models were fitted; variable selection strategy for multivariate models was clinically relevant variables, not colinear (ie, $\rho < 0.30$), < 10% missing data, with no further selection. Competing risk analysis was used to estimate the cumulative incidence of HAIs, with death as a competing event. Patients were censored at discharge from ICU. In this analysis, only the first HAI was included. Fine and Gray competing risk regression models were used to assess independent risk factors for HAIs; subhazard ratios and their corresponding 95% CIs are reported. Death was considered a competing event for an infection developing. Univariate and multivariate models were fitted, with the same analysis strategy as described. As exploratory subgroup analyses, the distributions of microorganisms identified in HAIs were calculated by the type of infection. Also, mortality risk in VAP, BSI, and other relevant subgroups was assessed. Other secondary analyses included risk factors for HAI resulting from MDR pathogens.

All tests were two-sided, and $P < .05$ was chosen to indicate statistical significance. JMP version 11 software (SAS Institute) and Stata version 16.1 software (StataCorp) were used for statistical analysis. Additional details on statistical analysis are provided in e-Appendix 1.

Results

From February 20, 2020, through May 20, 2020, 813 patients were admitted to the participating ICUs for COVID-19 pneumonia. No single case of nosocomial-acquired COVID-19 was documented. After excluding 39 patients, 774 patients were included in the analysis (e-Fig 1).

Patient characteristics at ICU admission are summarized in Table 1. Median age was 62 years (IQR, 54-68 years), and 77% were men. Median Pao₂ to Fio₂ ratio was 123 mm Hg (IQR, 90-174 mm Hg), and IMV was necessary in 89% of the patients. The median hospital and ICU LOSs were 29 days (IQR, 17-47 days) and 14 days (IQR, 8-26 days). IMV lasted a median of 14 days (IQR, 8-26 days). Renal replacement therapy and extracorporeal membrane oxygenation were used in 72 patients (9%) and 20 patients (2.5%), respectively.

Three hundred fifty-nine patients (47%) demonstrated a total of 759 microbiologically confirmed HAIs during the ICU course, corresponding to a median of 1 episode (IQR, 0-3 episodes) per patient (range, 0-9 episodes) and an incidence rate of the first HAI of 44.7 infections/1,000 ICU patient-days. The first HAI occurred after a median of 12 days (IQR, 8-18 days) from hospital admission, 8 days (IQR, 5-12 days) from ICU admission, and 7 days (IQR, 5-12 days) from intubation. Of note, none of the 82 nonintubated patients demonstrated an HAI during ICU stay. The probability of an infection developing increased rapidly with the number of days since admission after considering the competing event of death (Fig 1).

Univariate analysis comparing clinical characteristics of infected and noninfected patients is presented in Table 1. In the multivariate analysis, variables independently associated with infection were age, positive end expiratory pressure, and broad-spectrum antibiotic treatment at admission (Table 2). Notably, the multilevel Weibull regression model showed that higher age was associated with a lower risk of infection. This association was absent at Fine and Gray analysis, which accounts for the competing risk of death (e-Table 2).

No association was observed between the use of immunomodulating drugs and infections. The timing and clinical characteristics of patients treated with immunomodulators is shown in e-Table 3. Two hundred forty patients (31%) did not receive antibiotics at admission, 534 patients (69%) received at least one

antibiotic at admission, and of these, 240 patients received broad-spectrum antibiotics (e-Table 4). e-Table 5 presents antibiotic use before, during, and after the infectious episodes.

The cause and incidence of each infection type are detailed in Table 3. VAP was the most common infection (389/759 [51%]), followed by BSI (257/759 [34%]). Sixty-four percent of VAP episodes were caused by gram-negative bacteria (especially *Enterobacteriales*), whereas *S aureus* was the most frequent gram-positive agent causing VAPs (110/389 [28%]). HAIs were the result of MDR bacteria in 38% (272/723) of all infectious episodes. In particular, 55% of *S aureus* isolates were methicillin-resistant, whereas gram-negative bacteria were producers of extended-spectrum β -lactamase and carbapenemases in 19% and 42% of patients, respectively (e-Table 6). e-Table 7 shows the univariate risk factors for MDR HAIs. We observed that among patients treated with antibiotics at ICU admission ($n = 229/359$ infected patients [63%]), 93 (40%) had an MDR HAI, whereas among patients not receiving antibiotics at ICU admission ($n = 130/359$ patients [36%]), only 40 (ie, 31%) had a MDR HAI, with a hazard ratio of 1.014 (95% CI, 0.777-1.324) and $P = .918$. e-Table 8 presents the microbiologic agents causing early ($n = 35$ [9%]) vs late ($n = 354$ [91%]) VAP. Late-onset VAP mostly was the result of gram-negative bacteria, whereas gram-positive bacteria more commonly caused early VAP. We observed only 16 episodes of hospital-acquired pneumonia. Invasive pulmonary aspergillosis and invasive candidiasis occurred in 17 and 17 patients, respectively. Finally, 2 cases of *C difficile* colitis were documented.

Figure 2 shows the onset time of the different HAIs. Infections resulting from gram-negative bacteria occurred later than infections resulting from gram-positive and fungi (median, 15 days (IQR, 9-26 days) vs 10 days (IQR, 6-18 days) and 9 days (IQR, 5-20 days) from ICU admission; $P < .001$ and $P = .014$, respectively). Onset times did not differ among VAP, urinary tract infection, BSI, and catheter-related BSI (e-Table 9) and between MDR and non-MDR infections (e-Table 10).

Sepsis and septic shock were documented in 168 of 759 (22%) and 161 of 759 (21%) of all infectious episodes, respectively. Gram-negative and gram-positive bacteria were the causative agents in similar proportions (ie, 53% v. 46%), and VAP was the most frequent HAI

TABLE 1 Patient Characteristics at ICU Admission, Comorbidities, and Therapies Used and Univariate Risk Factors for Infection

Variable	Total (N = 774)	Available Observations	Infected (n = 359 [46%])	Not Infected (n = 415 [54%])	P Value	HR (95% CI)
Sex, female	177 (23)	774 (100)	74 (21)	103 (25)	.762	0.97 (0.81-1.16)
Age, y	62 (54-68]	774 (100)	62 (54-68)	62 (54-69)	.290	0.99 (0.98-1.01)
BMI, kg/m ²	28 (25-31)	713 (92)	28 (25-31)	28 (25-31)	.452	1.00 (0.99-1.02)
Charlson's Comorbidity Index	2 (1-3)	774 (100)	2 (1-3)	2 (1-3)	.242	0.97 (0.93-1.02)
Immunologic comorbidity ^a	91 (12)	774 (100)	34 (9)	57 (14)	.027	0.74 (0.56-0.97)
Hypertension	350 (45)	774 (100)	170 (47)	180 (44)	.562	1.04 (0.90-1.21)
Diabetes	130 (17)	774 (100)	57 (16)	73 (18)	.461	1.08 (0.88-1.33)
SOFA score	4 (3-5)	755 (98)	4 (3-5)	4 (3-5)	.080	0.95 (0.90-1.00)
Nonrespiratory SOFA score	1 (1-2)	755 (98)	1 (1-2)	1 (1-2)	.027	0.88 (0.80-0.98)
SAPS II score	37 (30-44)	774 (100)	38 (32-44)	36 (30-44)	.988	0.99 (0.99-1.01)
APACHE II score	10 (7-12)	774 (100)	9 (7-12)	10 (7-13)	.867	1.00 (0.98-1.01)
Pao ₂ to Fio ₂ ratio, mm Hg	123 (90-174)	750 (97)	119 (87-161)	127 (93-182)	.337	0.99 (0.98-1.00)
Pao ₂ to Fio ₂ ratio						
> 200 ^b	118 (15)	...	46 (13)	72 (17)
< 100 and ≥ 200 ^b	382 (49)	...	180 (50)	202 (49)	.626	0.94 (0.75-1.18)
≤ 100 ^b	250 (32)	...	122 (34)	128 (31)	.602	0.94 (0.74-1.19)
Respiratory rate, beats/min	22 (18-28)	726 (94)	22 (18-28)	22 (18-27.25)	.582	0.99 (0.98-1.00)
TV/PBW, mL/kg	6.8 (6.2-7.7)	433 (56)	6.9 (6.2-7.7)	6.8 (6.1-7.8)	.397	1.04 (0.96-1.13)
PEEP, cm H ₂ O	12 (10-14)	706 (91)	12 (10-14)	10 (10-14)	.207	1.02 (0.99-1.05)
Plateau pressure, cm H ₂ O	24 (22-26)	447 (58)	24 (22-27)	24 (21-26)	.091	1.02 (0.99-1.05)
pH, units	7.41 (7.34-7.46)	755 (98)	7.40 (7.32-7.46)	7.42 (7.35-7.47)	.471	0.74 (0.32-1.68)
≥ 7.35 and < 7.45	301 (39)	...	137 (38)	164 (40)
< 7.25 ^c	41 (5)	...	25 (7)	16 (4)	.595	1.08 (0.81-1.45)
≥ 7.25 and < 7.35 ^c	188 (24)	...	102 (28)	86 (21)	.203	1.13 (0.94-1.35)
≥ 7.45 ^c	225 (29)	...	89 (25)	136 (33)	.688	1.04 (0.86-1.26)
Paco ₂ , mm Hg	42 (36-51)	753 (97)	44 (36-53)	41 (35-48)	.019	1.01 (1.00-1.01)
WBC count, 10 ³ /mm ³	8.68 (6.24-11.7)	762 (98)	9.1 (6.6-12.48)	8.38 (6.12-11.29)	.796	1.00 (0.99-1.01)
Neutrophil count, 10 ³ /mm ³	7.26 (5.02-10.33)	685 (88)	7.91 (5.63-11)	6.8 (4.81-9.78)	.127	1.01 (0.99-1.03)
Lymphocyte count, 10 ³ /mm ³	0.7 (0.47-1)	646 (83)	0.7 (0.48-1)	0.7 (0.44-1)	.491	0.99 (0.95-1.03)
Neutrophil to lymphocyte ratio	10 (5.9-17.1)	646 (83)	10.6 (6-17.4)	9.1 (5.83-16.8)	.525	1.00 (0.99-1.01)
Platelet count, 10 ³ /mm ³	241 (180-314)	761 (98)	232 (179-307)	245 (181-316)	.638	1.00 (0.99-1.01)

(Continued)

TABLE 1] (Continued)

Variable	Total (N = 774)	Available Observations	Infected (n = 359 [46%])	Not Infected (n = 415 [54%])	P Value	HR (95% CI)
Serum bilirubin, mg/dL	0.7 (0.5-1)	739 (95)	0.7 (0.5-1.1)	0.7 (0.5-0.9)	.543	0.97 (0.88-1.07)
INR	1.19 (1.1-1.29)	513 (67)	1.19 (1.09-1.29)	1.18 (1.1-1.29)	.308	0.78 (0.48-1.26)
Creatinine, mg/dL	0.86 (0.69-1.08)	758 (98)	0.82 (0.7-1.06)	0.89 (0.67-1.1)	.118	0.92 (0.82-1.02)
LDH, units/L	458 (356-600)	657 (85)	469 (368-597.5)	448 (340-606.25)	.183	1.00 (0.99-1.01)
D-dimer, ng/mL	1,201 (517-4,215)	593 (77)	1,663 (610-6,160)	1,039 (447-3,013.5)	.284	1.00 (0.99-1.01)
C-reactive protein, mg/dL	14.3 (6-23)	679 (88)	14.9 (7.07-24.6)	13.2 (5.2-20.65)	.930	1.00 (0.99-1.01)
Procalcitonin, ng/mL	0.4 (0.2-1.1)	458 (59)	0.4 (0.2-1.2)	0.3 (0.19-0.9)	.993	1.01 (0.98-1.02)
Ferritin, ng/mL	1,437 (822-2,472)	210 (37)	1,573 (1,026-2,553)	1,213 (639-1,994)	.403	1.00 (0.99-1.01)
IL-6, ng/L	200 (82-755)	156 (21)	166 (72-304)	277 (93-1,206)	.942	1.00 (0.99-1.01)
Antibiotic therapy	...	774 (100)
No antibiotic	240 (31)	...	130 (36)	110 (27)
Narrow spectrum ^d	294 (38)	...	130 (36)	164 (40)	.559	0.94 (0.75-1.17)
Broad spectrum ^d	240 (31)	...	99 (28)	141 (34)	.038	0.82 (0.68-0.99)
Corticosteroids ^e						
High dose	36 (5)	774 (100)	17 (5)	19 (5)	.347	0.90 (0.72-1.12)
Low dose	171 (22)	774 (100)	80 (22)	91 (22)	.023	0.66 (0.46-0.94)
Anakinra ^e	89 (12)	774 (100)	52 (14)	37 (9)	.821	0.94 (0.58-1.54)
Tocilizumab ^e	187 (24)	774 (100)	85 (24)	102 (25)	.099	2.12 (0.87-5.16)

Data are presented as No. (%) of included patients or as median (interquartile range), unless otherwise indicated. APACHE = Acute Physiology and Chronic Health Evaluation; HR = hazard ratio; INR = international normalized ratio; LDH = lactate dehydrogenase; NC = not calculable; PBW = predicted body weight; PEEP = positive end expiratory pressure; SAPS = Simplified Acute Physiology Score; SOFA = Sequential Organ Failure Assessment; TV = tidal volume.

^aIncluding chronic immunosuppressive therapies, active hematologic malignancies, neoplastic diseases, and autoimmune diseases.

^bvs Pao₂ to Fio₂ ratio of > 200.

^cvs pH of ≥ 7.35 and < 7.45.

^dvs no antibiotic.

^eAt least 24 h before infection.

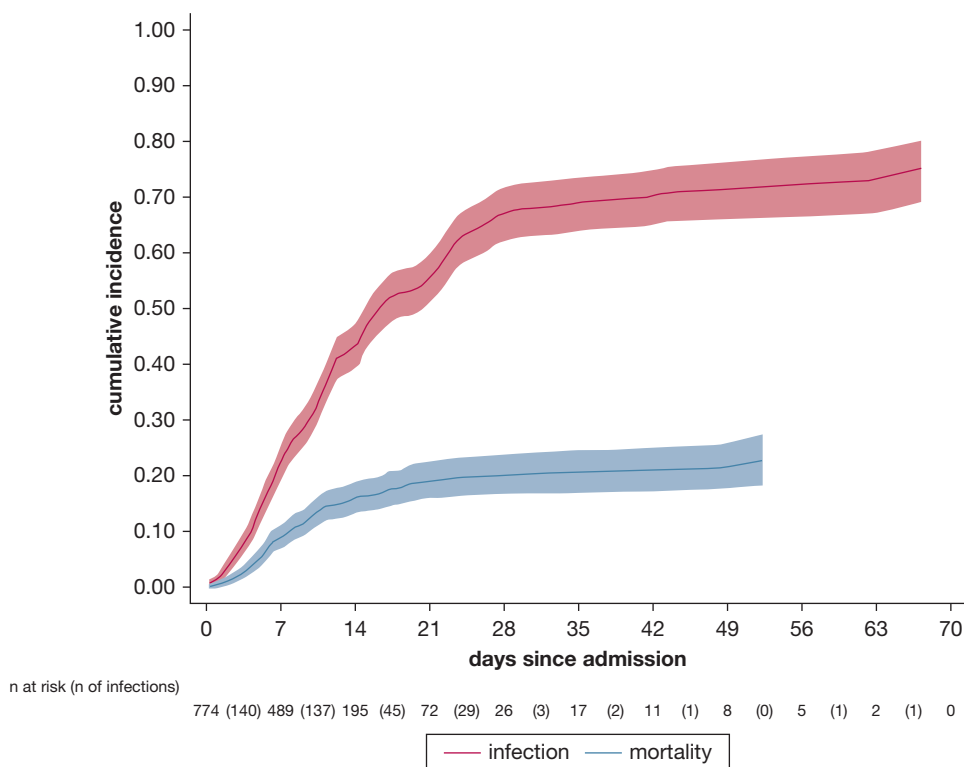


Figure 1 – Line graph showing cumulative incidence function of infection and death.

associated with septic shock (ie, 54% of the overall septic shock events). Gram-negative and gram-positive agents caused septic shock in 23.6% and 18.0% of the HAIs, respectively.

Complete follow-up of the patients until ICU discharge was achieved. Two hundred thirty-four of 774 patients (30%) died during the ICU stay. The ICU death rate was 15.3 deaths/1,000 ICU patient-days. Only 8 nonintubated patients (9%) died during the ICU stay. On July 23, of the 540 patients discharged alive from the ICU, 474 patients (87.7%) had been discharged from hospital, 25 patients (4.6%) had died, and 41 patients (7.5%) were still hospitalized. Overall in-hospital mortality was 33% (259/774). Infected patients showed similar ICU mortality (31.5%) compared with noninfected patients (29.1%; $P = .483$). Patients with at least one infection who experienced septic shock (98/774 [13%]) showed higher ICU mortality (52%) as compared with noninfected patients (415/774 [54%]; mortality, 29%), patients with infection (168/774 [22%]; mortality, 21%), and patients with sepsis (93/774 [12%]; mortality, 28%; $P < .001$). The same mortality risk (ie, 31%) was observed in patients with infections resulting from MDR bacteria ($n = 135$) and in those with infections resulting from non-MDR bacteria ($n = 224$; $P = .903$). Finally,

patients who experienced infectious complications had a significantly longer duration of IMV (median, 24 days [IQR, 14-39 days] vs 9 days [IQR, 5-13 days]; $P < .001$), ICU LOS (median, 24 days [IQR, 16-41 days] vs 9 days [IQR, 6-14 days]; $P = .003$), and hospital LOS (42 days [IQR, 25-59 days] vs 23 days [IQR, 13-34 days]; $P < .001$).

Discussion

In this study, we analyzed the epidemiologic and etiologic factors and impact on outcomes of ICU-acquired infections in a large cohort of critically ill patients with COVID-19. The incidence of infectious complications was very high, with almost half of the patients experiencing at least one infectious episode during the ICU stay. Specifically, 14 days after ICU admission, the probability of having an infection was more than 40%.

Previous reports documented a frequency of HAIs in patients with COVID-19 ranging from 10% to 45%,²³⁻²⁶ but provided limited information about microbial cause and impact on outcomes. Giacobbe et al,⁸ in a small cohort ($n = 78$) of critically ill patients, reported an incidence of BSI of 47 episodes (95% CI, 35-63 episodes)

TABLE 2] Multivariate Risk Factors Associated With Infection

Variable	Total (N = 774)	Infected (n = 359 [46%])	Not Infected (n = 415 [54%])	P Value	HR (95% CI)
Sex, female	177 (23)	74 (21)	103 (25)	.668	1.06 (0.80-1.41)
Age, y	62 (54-68)	62 (54-68)	62 (54-69)	.004	0.98 (0.97-0.99)
Nonrespiratory SOFA score	1 (1-2)	1 (1-2)	1 (1-2)	.108	0.91 (0.81-1.02)
Pao ₂ to Fio ₂ ratio					
> 200	118 (15)	46 (13)	72 (17)
≥ 200 and < 100 ^a	382 (49)	180 (50)	202 (49)	.762	1.06 (0.74-1.50)
≤ 100 ^a	250 (32)	122 (34)	128 (31)	.196	1.28 (0.88-1.87)
PEEP, cm H ₂ O	12 (10 -14)	12 (10 -14)	10 (10 -14)	.021	1.05 (1.01-1.10)
pH					
≥ 7.35 and < 7.45	301 (39)	137 (38)	164 (40)
< 7.25 ^b	41 (5)	25 (7)	16 (4)	.716	1.07 (0.73-1.58)
≥ 7.25 and < 7.35 ^b	188 (24)	102 (28)	86 (21)	.519	0.92 (0.70-1.19)
≥ 7.45 ^b	225 (29)	89 (25)	136 (33)	.309	0.85 (0.62-1.16)
Antibiotic therapy ^c					
No antibiotic	240 (31)	130 (36)	110 (27)
Narrow spectrum ^d	294 (38)	130 (36)	164 (40)	.121	0.78 (0.56-1.07)
Broad spectrum ^d	240 (31)	99 (28)	141 (34)	.002	0.61 (0.44-0.84)
Anakinra ^e	89 (12)	52 (14)	37 (9)	.799	0.93 (0.53-1.62)
Tocilizumab ^e	187 (24)	85 (24)	102 (25)	.425	1.60 (0.50-5.12)
Corticosteroids ^e					
High dose	36 (5)	17 (5)	19 (5)	.822	1.07 (0.58-1.97)
Low dose	171 (22)	80 (22)	91 (22)	.178	0.80 (0.57-1.11)

Data are presented as No. (%) of the included patients or median (interquartile range), unless otherwise indicated. HR = hazard ratio; PEEP = positive end expiratory pressure; SOFA = Sequential Organ Failure Assessment.

^avs Pao₂ to Fio₂ ratio of > 200.

^bvs pH of ≥ and < 7.45.

^cAt ICU admission.

^dvs no antibiotic.

^eAt least 24 h before infection.

per 1,000 patient-days, mainly resulting from *S aureus*, *Enterococcus* species, and coagulase-negative *Staphylococci*. He et al,⁷ in a single-center study of a mixed patient population (ie, 33% with critical disease and 66% with severe disease), described the microbial cause of 65 HAIs and showed that patients with HAIs had a higher mortality rate.

Our work provides a detailed description of infectious complications in critically ill patients with COVID-19. Infections occurred relatively early (about 1 week after intubation), and their frequency increased with extended ICU stays. The most common infections were VAP resulting from *Enterobacteriales*, whereas *S aureus* was the most frequent gram-positive organism. Bloodstream

infections accounted for one-quarter of all HAIs and were caused almost equally by gram-positive and gram-negative bacteria. This rate of BSIs was significantly higher than that reported in the largest study published so far in the general population of ICU patients²⁷ and higher even than that observed in patients undergoing extracorporeal membrane oxygenation for refractory respiratory failure.²⁸ Another key finding with potentially important clinical implications is that MDR bacteria caused about one-third of the infectious episodes. Although patients were treated in ICUs where methicillin-resistant *S aureus* prevalence was reported previously to be low,²⁹ this organism accounted for more than 50% of all *S aureus* infections. A high incidence of methicillin-resistant *S aureus* infections has been

TABLE 3] Microorganisms of the Nosocomial Infections Resulting From a Bacterial Agent (N = 723)^a

Variable	VAP	BSI	CRBSI	UTI	HAP	Overall	MDR
Included patients	389 (50)	183 (24)	74 (10)	60 (8)	17 (2)	723 (44)	272 (35)
Incidence, No. infections/ 1,000 ICU patient-days	26.03 (23.57-28.76) ^b	11.71 (10.13-13.54)	4.74 (3.78-5.95)	3.84 (2.98-4.95)	1.09 (0.68-1.75)	42.78 (39.78-46.01)	16.05 (14.25-18.07)
Gram-staining microorganisms							
Gram-positive microorganisms	140 (36)	97 (54)	40 (54)	33 (55)	7 (40)	317 (44)	138 (51)
<i>S. aureus</i>	110 (28)	26 (14)	11 (16)		4 (24)	151 (21)	83 (31)
<i>Enterococcus</i> species	21 (5)	45 (25)	18 (24)	33 (55)	...	117 (16)	29 (11)
Coagulase-negative staphylococci	...	21 (12)	9 (12)	30 (4)	24 (9)
<i>Streptococcus pneumoniae</i>	3 (1)		1 (1)	...	1 (5)	5 (1)	1 (1)
Other	6 (2)	5 (3)	1 (1)	...	2 (11)	14 (2)	2 (1)
Gram-negative microorganisms	249 (64)	86 (46)	34 (46)	27 (45)	10 (60)	406 (56)	133 (49)
<i>Pseudomonas aeruginosa</i>	85 (21)	17 (9)	6 (8)	8 (13)	3 (18)	119 (16)	34 (12)
<i>Enterobacterales</i> (other)	53 (14)	30 (17)	13 (18)	4 (7)	1 (6)	101 (14)	29 (11)
<i>Klebsiella</i> species	43 (11)	11 (5)	5 (7)	3 (5)	1 (6)	63 (9)	25 (9)
<i>Escherichia coli</i>	31 (8)	9 (5)	1 (1)	12 (20)	1 (6)	54 (8)	18 (7)
<i>Acinetobacter baumannii</i>	6 (2)	10 (6)	5 (7)	...		21 (3)	19 (7)
Other	31 (8)	9 (4)	4 (5)	...	4 (24)	48 (7)	8 (3)

Data are presented as No. (%) of the subgroup or crude rate (95% CI). BSI = blood stream infection; CRBSI = catheter-related blood stream infection; HAP = hospital-acquired pneumonia; MDR = multidrug resistant; UTI = urinary tract infection; VAP = ventilator-associated pneumonia.

^aExcluding two *C. difficile* infections.

^bIncidence (No. of infections/1,000 ventilation days).

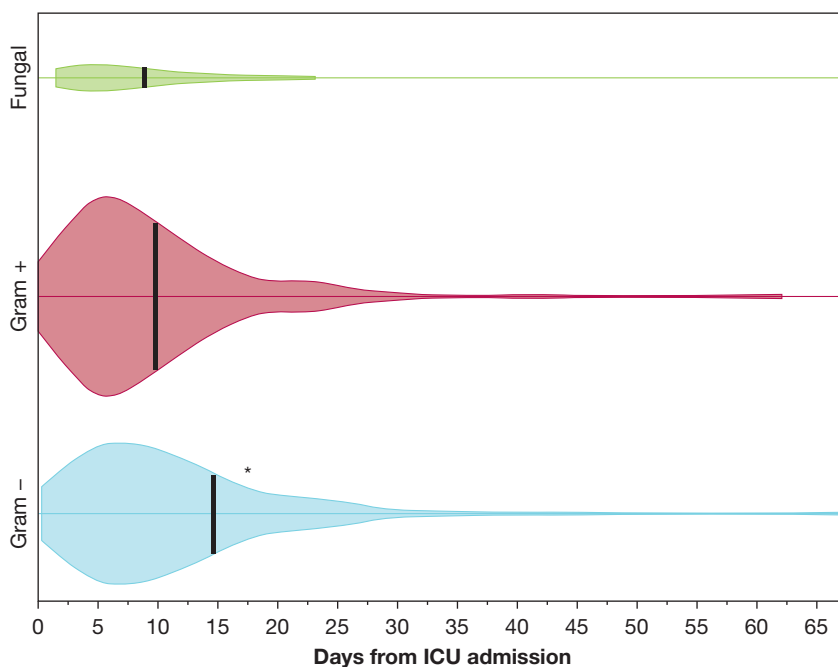


Figure 2 – Kernel density plot (violin plot) showing infection onset time. Black tick marks represent median onset time. * $P < .05$ vs gram-positive and fungal infections.

reported also in patients with severe H1N1 influenza, possibly favored by excessive mucus production, impaired mucociliary clearance, and epithelial cell breakdown.³⁰ However, because our ICUs were overwhelmed by an unexpected number of critically ill patients and personnel from different wards had to be recruited to surge the ICU capacity, the high incidence of infections resulting from MDR germs may be attributed at least in part to suboptimal adherence to the standard infection control policies. In addition, infections by MDR bacteria may have been favored by the selective pressure of antibiotic therapies.

Regarding the use of antimicrobial prophylaxis, the recent Surviving Sepsis Campaign Guidelines suggest, with a weak level of evidence, the use of empiric antibacterial agents in patients with COVID-19 and respiratory failure. As expected, a high rate of the current patients (68%) already were receiving broad-spectrum antibiotic treatment (usually with cephalosporins, fluoroquinolones, or both) before ICU admission. The policy of all participating ICUs is to interrupt empiric antimicrobial treatments if culture results at admission are negative for bacterial coinfections. Notably, only 8 patients (1%) in this study demonstrated a coinfection at ICU admission, and a low rate of coinfections (8%) also was reported in a recent meta-analysis.³¹ Even if we observed an apparently protective effect of broad-spectrum antibiotics at ICU admission on the occurrence of infection, our study was

not designed specifically to evaluate this aspect. Thus, this observation should be taken with caution; given the high rate of infections resulting from MDR organisms, recommending routine antimicrobial prophylaxis with broad-spectrum antibiotics does not seem justified in our setting.

At the primary Weibull multilevel analysis, we observed older patients to have a lower risk of death. This counterintuitive association is reasonably the result of the immortal time bias; that is, older patients have a higher risk of death and die before an HAI develops. Accordingly, the secondary Fine and Gray competing risk analysis, which accounts for the competing risks of death and infection, did not confirm such an association.

Treatment with the IL-1 receptor antagonist anakinra, corticosteroids, or tocilizumab was not associated with an increased risk of secondary infections. However, this finding must be interpreted with caution for the following reasons: (1) treatment was not undertaken according to a protocol and the indications differed among centers; (2) anakinra and tocilizumab were administered on a compassionate basis to the most severe patients, possibly introducing a selection bias; and (3) significant variability occurred in dosing and timing, especially for corticosteroids. Because the study design does not allow ruling out the effect of these confounders, our findings should be considered as merely explorative, and no definitive conclusions can be drawn about the

association of treatment with immunomodulators and the risk of secondary infections.

Infected and noninfected patients showed similar mortality. We did not analyze the factors associated with mortality because a specific study design and causal inferencing to disentangle multiple covariates would have been required. Nevertheless, HAIs complicated by septic shock almost doubled mortality, and overall, HAIs were associated with significantly increased mechanical ventilation and ICU and hospital LOS. However, we cannot exclude a cause-and-effect relationship between the duration of IMV or ICU LOS and the risk of infection.

Our study has several limitations. First, because it is a retrospective analysis of data collected primarily for clinical reasons in one of the regions most severely hit by the pandemic, not all data were available for all patients. Second, no standard management approach was undertaken during the study period across different centers. In particular, the antibiotic strategy and medical treatment were not uniform among the centers. Third, because we included in the analysis exclusively microbiologically confirmed infections, we may have underestimated the incidence of infectious episodes, neglecting some difficult-to-diagnose infections (eg, invasive aspergillosis) or infections characterized by low-yield cultures (eg, culture samples obtained while the patients were receiving an antibiotic treatment). Fourth,

a formal blind revision of chest radiography was not performed. However, an intensivist and an infectious disease specialist from the promoting center were available to adjudicate independently the diagnosis of HAI. Fifth, the study was conducted in a single western European country with a high incidence of MDR infection. Hence, it may be improper to generalize and extrapolate the study findings to the worldwide population of patients with COVID-19. Also, sample size was dictated by contingencies, and the study was not designed or powered to detect the effect of HAIs on mortality; thus, all results should be viewed as hypothesis generating only. Finally, the study design does not allow a comparison between the cohort of patients with COVID-19 with that of patients with ARDS of a different cause, and we cannot draw any conclusion about a causal association between COVID-19 and an increased risk of HAIs.

Interpretation

Critically ill patients with COVID-19 are at high risk of HAIs, especially VAP and BSIs, frequently caused by MDR bacteria. Patients with HAIs complicated by shock showed almost double mortality, and infected patients experienced prolonged IMV and hospitalization. Clinicians should make every effort to implement protocols for surveillance and prevention of infectious complications.

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Data sharing statement: The authors commit to making the relevant anonymized patient level data available on reasonable request.

Additional information: The e-Appendix, e-Figure, and e-Tables can be found in the Supplemental Materials section of the online article.

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