

Automated cardiac volume assessment and cardiac long- and short-axis imaging plane prediction from electrocardiogram-gated computed tomography volumes enabled by deep learning

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Aims

To develop an automated method for bloodpool segmentation and imaging plane re-slicing of cardiac computed tomography (CT) via deep learning (DL) for clinical use in coronary artery disease (CAD) wall motion assessment and reproducible longitudinal imaging.

Methods and results

One hundred patients who underwent clinically indicated cardiac CT scans with manually segmented left ventricle (LV) and left atrial (LA) chambers were used for training. For each patient, long-axis (LAX) and short-axis planes were manually defined by an imaging expert. A DL model was trained to predict bloodpool segmentations and imaging planes. Deep learning bloodpool segmentations showed close agreement with manual LV [median Dice: 0.91, Hausdorff distance (HD): 6.18 mm] and LA (Dice: 0.93, HD: 7.35 mm) segmentations and a strong correlation with manual ejection fraction (Pearson r : 0.95 LV, 0.92 LA). Predicted planes had low median location (6.96 mm) and angular orientation (7.96°) errors which were comparable to inter-reader differences ($P > 0.71$). 84–97% of DL-prescribed LAX planes correctly intersected American Heart Association segments, which was comparable ($P > 0.05$) to manual slicing. In a test cohort of 144 patients, we evaluated the ability of the DL approach to provide diagnostic imaging planes. Visual scoring by two blinded experts determined $\geq 94\%$ of DL-predicted planes to be diagnostically adequate. Further, DL-enabled visualization of LV wall motion abnormalities due to CAD and provided reproducible planes upon repeat imaging.

Conclusion

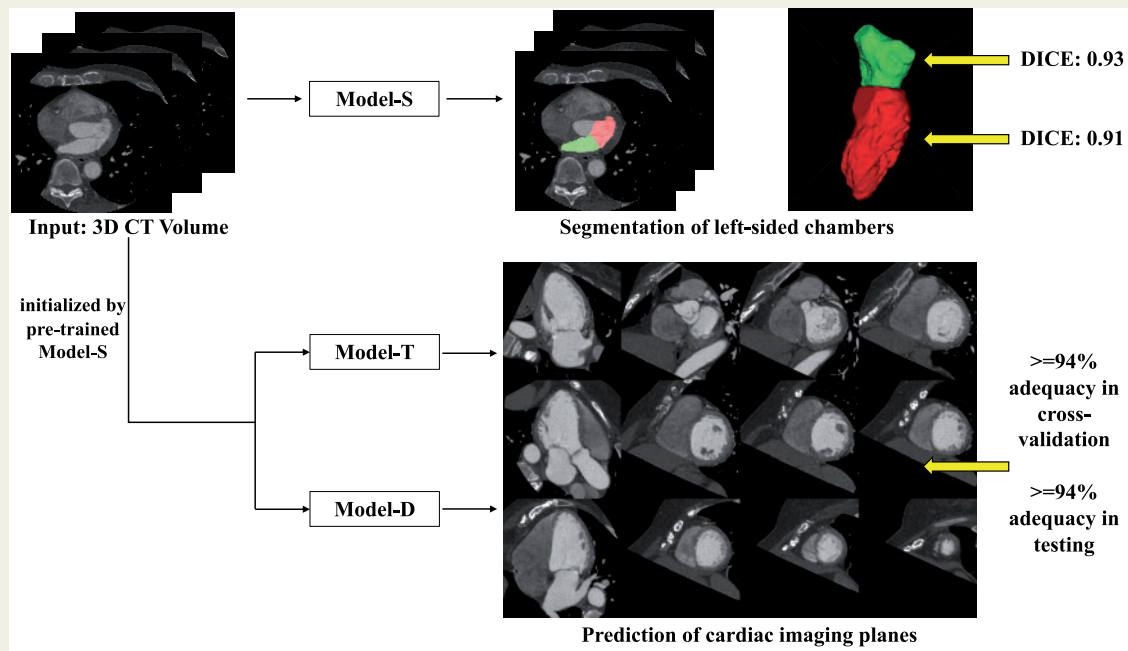
A volumetric, DL approach provides multiple chamber segmentations and can re-slice the imaging volume along standardized cardiac imaging planes for reproducible wall motion abnormality and functional assessment.

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Graphical Abstract



Keywords

Deep learning • Computed tomography • Left ventricle • Left atrium • Wall motion abnormality

Introduction

Accurate and reproducible morphofunctional assessment of the left ventricle (LV) is crucial as LV morphology, volumes, ejection fraction (EF), and regional function are critical parameters used in the diagnosis,¹ clinical management, prognostication, and follow-up of numerous cardiovascular and systemic diseases.^{2,3} The assessment of LV parameters is included in clinical guidelines^{1–3} and is used for both inclusion criteria and endpoints in clinical trials.⁴ In addition, regional LV wall motion abnormalities for 17 American Heart Association (AHA) LV segments are assessed using standardized views and are important for the evaluation of cardiac pathology, including coronary artery disease (CAD).^{5,6} Beyond the LV, the assessment of the left atrium (LA) provides additional insight into cardiovascular disease and function and is particularly important in evaluating patients with atrial fibrillation, valvular disease, and diastolic heart failure.⁷

Cardiac computed tomography (CT) is a safe and cost-effective non-invasive imaging modality for the evaluation of suspected CAD⁸ and acute chest pain.⁹ Cardiac CT is an important prognostic tool in CAD and can be used to follow-up patients with atherosclerosis who are at increased risk of worsening stenosis severity and number of coronary vessels involved.^{10,11} While qualitative morphofunctional assessment is possible by reviewing phases of the cardiac cycle in a cine loop, *quantitative* assessment requires accurate segmentation, often requiring manual annotation of the images. Further, as images

are acquired volumetrically, visualization of wall motion abnormalities requires generating standard imaging planes such as multiple long-axis (LAX) planes and one short-axis (SAX) stack.¹² Currently, this requires specialized viewing software¹³ and manual processing which may lead to inter-reader variability, limiting clinical use.

Several deep learning (DL) algorithms have been developed for cardiac image segmentation^{14,15} but an approach that can perform segmentation *and* determine standard imaging planes has not been described. Previously, regions of interest^{16,17} and three orthogonal projections (axial, coronal, and sagittal)^{18,19} have been used as inputs for neural networks designed to segment cardiac chambers. More recently, fully convolutional networks (FCN) such as the ‘U-Net’²⁰ have been shown to provide high pixel-wise segmentation accuracy and capture more global context. For example, a 2D U-Net with cross-entropy loss has shown the highest LV segmentation accuracy (Dice = 0.968) in the ‘ACDC’ dataset which is the largest publicly available cardiac MRI dataset;²¹ Baskaran et al.²² successfully applied a 2D U-Net to segment four-chamber images in cardiac CT in a 2D slice-by-slice fashion with high accuracy (Dice > 0.91); and Vigneault et al.²³ modified a conventional U-Net to also predict scaling and rotation of 2D MRI images. However, predicting SAX and LAX imaging planes requires significant global context. Unfortunately, 3D approaches significantly increase the memory demands. As a result, input image volumes are typically cropped or downsampled and networks have less features. For example, recent efforts first utilize a

localization network for coarse detection of heart and then applied a 3D U-Net for segmentation of the heart region.^{24,25}

We propose a variant of a 3D U-Net that performs pixel-wise segmentation and simultaneously predicts vectors which define the SAX and LAX imaging planes. We hypothesized that down-sampled 3D volumes will maintain sufficient network complexity and image information for accurate blood-pool segmentation and plane slicing and the shared network architecture will leverage similarities between the tasks. A fast, automatic, and reproducible method to both assess left-sided heart chamber volumes and generate standard cardiac imaging planes from volumetric cardiac CT images would increase clinical utility and reproducibility by avoiding the need for manual interaction. In this article, we test the ability of this DL framework to perform automated multi-chamber segmentation and LAX and SAX plane re-slicing of cardiac CT image volumes.

Materials and methods

Training population

Studies for training were identified from an existing cohort of patients with available expert segmentations. Under institutional review board approval (Study #191797), 100 electrocardiogram (ECG)-gated contrast enhanced, cardiac CT studies between June 2012 and June 2018 were retrospectively identified as meeting the inclusion criteria defined below.

Strict inclusion criteria were utilized to maximize training quality: each study had (i) reconstructed images across the entire cardiac cycle at 10% intervals and (ii) sufficient quality for bloodpool segmentation as determined by image analysis expert (author D.M.V.) and slice planning as determined by a cardiovascular imaging expert (author M.R.). Manual segmentations of LV and LA bloodpool were generated using a standardized processing pipeline (described below). For each patient, two frames [end diastole (ED) and end systole (ES)] served as training samples for the DL model.

Training images were collected at two institutions (67 UCSD, 33 NIH) with three CT systems. Two were long z-axis scanners with 256 detector rows (GE Revolution, $n=41$ studies) and 320 detector rows (Toshiba AquilionONE, $n=47$) allowing for a single heartbeat axial 16 cm acquisition throughout the cardiac cycle. Retrospective gating using a conventional low-pitch (0.18 ± 0.02 , range 0.16–0.22) helical acquisition over several heart beats was used with the third scanner (Siemens SOMATOM Force, $n=12$). The training studies were performed for clinical cardiac indications: pre-operative assessment of patients undergoing transcatheter aortic valve replacement (TAVR, $n=39$), suspected coronary artery disease (CAD, $n=38$), and pre-operative assessment of pulmonary vein ablation (PVA, $n=23$).

Manual segmentation and volumetric assessment

Pixel-wise manual segmentations of the LV and LA blood volumes, LV_m and LA_m respectively, (see Figure 1) were confirmed by an image analysis expert (author D.M.V.) with 7 years of experience in cardiac image segmentation using ITK-SNAP (Philadelphia, PA, USA).²⁶ From each segmentation, blood chamber volumes were obtained, and the function of each chamber was measured via EF ($LVEF_m$ and $LAEF_m$, respectively).

Manual imaging planes and plane vectors

Manual cardiac imaging planes were defined from the volumetric scans according to standardized guidelines²⁷ by a fellowship-trained cardiovascular imaging expert (author M.R.). A SAX plane at the level of the mitral valve (MV_m), a two-chamber plane ($2CH_m$), a three-chamber plane ($3CH_m$), and a four-chamber plane ($4CH_m$) were identified for each patient. The short-axis stack (SAX_m) of images was defined to span from the MV_m to the LV apex using 8 mm slice spacing. Each plane was described by three vectors: x_m and y_m (defining the plane's orientation) and t_m (defining the plane's centre). These vectors are illustrated in Figure 1A.

Model architecture

The DL model is an adaptation of the standard U-Net architecture²⁰ with two modifications: (i) 3D convolution, maxpooling, and upsampling layers were utilized to accommodate 3D CT image volumes as the input and (ii) a fully connected layer was added after the last max-pooling layer in the down-sampling path to regress the plane vectors (Figure 1B). 3D CT images at ED and ES were resampled to 1.5 mm isotropic voxels for all patients. The DL model labels each voxel as one of three classes (LV, LA, or background). The three vectors (\vec{t}_{DL} , \vec{x}_{DL} , and \vec{y}_{DL}) were predicted using three individual fully connected layers. The total loss of the model was defined to be:

$$\text{Total loss} = w_{\text{seg}}L_{\text{seg}} + w_tL_t + w_xL_x + w_yL_y$$

with w_i ($i = \text{seg}, t, x, y$) the weight assigned to each loss: L_{seg} the categorical cross-entropy loss of the segmentation, L_t the mean square error of the predicted translation vector \vec{t}_{DL} , L_x the cosine proximity error for \vec{x}_{DL} , and L_y the cosine proximity error for \vec{y}_{DL} .

Model training

Training was performed in stages. The first stage ('Model-S') was trained to perform LV and LA segmentations (LV_{DL} and LA_{DL} , respectively) by assigning $w_{\text{seg}} = 1$, $w_t = w_x = w_y = 0$. 'Model-S' served as the initialization for the training of subsequent cardiac plane models. For each plane, two models were trained: one predicted the translation vector \vec{t}_{DL} ('Model-T': $w_{\text{seg}} = w_t = 1$, $w_x = w_y = 0$) while another predicted directional vectors \vec{x}_{DL} and \vec{y}_{DL} ('Model-D': $w_{\text{seg}} = w_x = w_y = 1$, $w_t = 0$). Each plane (2CH, 3CH, 4CH, and MV) was trained individually which led to four translation-vector models and four direction-vector models, and independent prediction of planes. Models were trained on ED and ES image volumes.

Training and validation were performed using five-fold cross-validation with random shuffling for robust unbiased evaluation. As a result, each model was trained on 80 studies (160 volumes) and evaluated on 20 validation studies (40 volumes). We report model performance across all folds.

Model evaluation and statistics

Chamber segmentation and assessment of function

Deep learning segmentation accuracy was evaluated using the Dice coefficient (a volumetric metric) and Hausdorff distance (HD, a surface-based metric). Dice coefficient is defined as $2(|V_{\text{manual}} \cap V_{\text{DL}}|) / (|V_{\text{manual}}| + |V_{\text{DL}}|)$ and measures the overlap between manual and DL segmentation. The HD measures the local maximum distance between two surfaces S_{manual} and S_{DL} . Differences in segmentation accuracy between CT vendors and between different clinical indications were evaluated using one-way analysis of variance (ANOVA) for Dice scores.

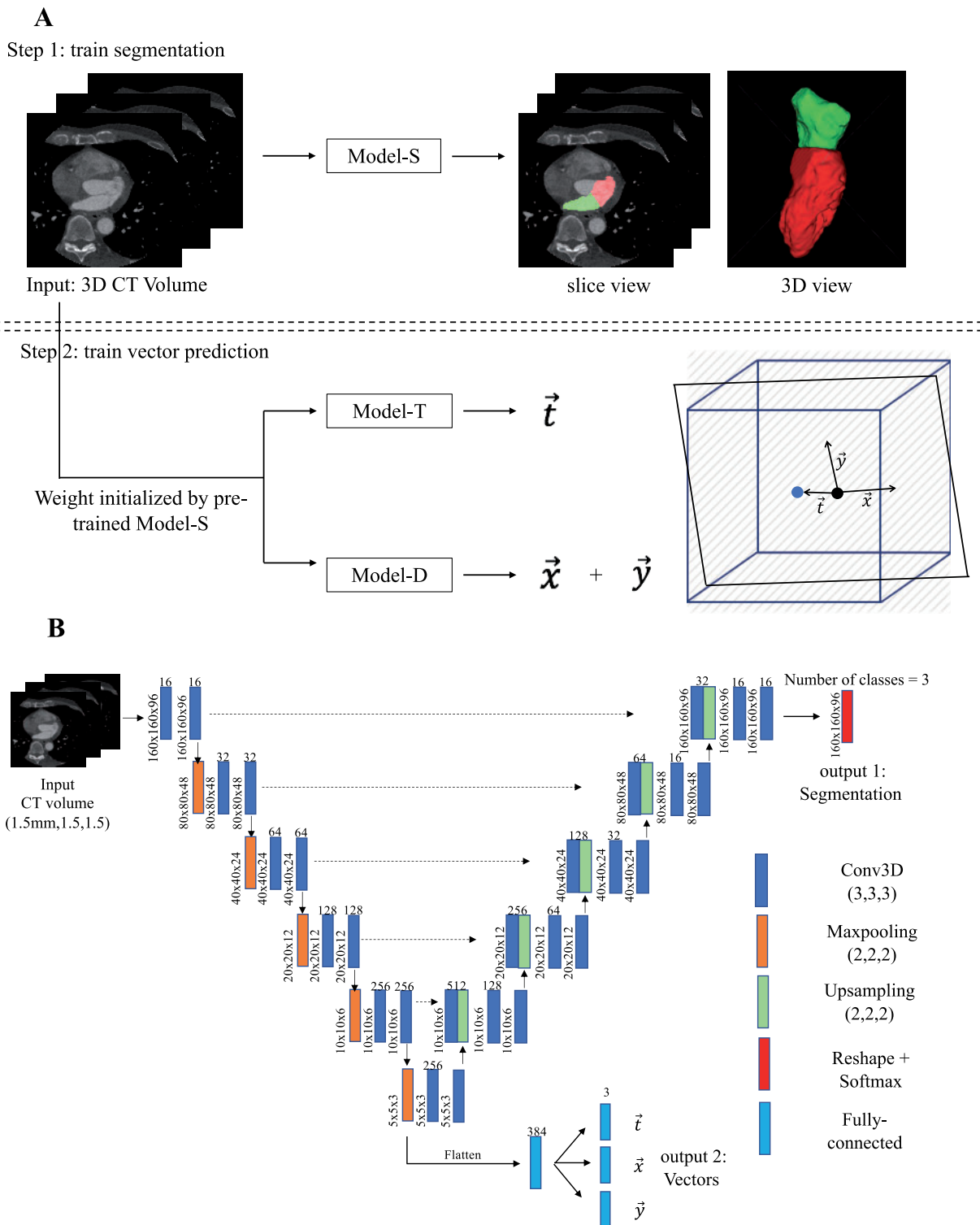


Figure 1 Deep learning model training approach and model architecture. (A) 3D computed tomography volumes were first resampled to uniform spatial resolution (1.5 mm isotopically) and uniform dimension ($160 \times 160 \times 96$) and then served as an input to all models. Step 1: Model-S was trained to predicted LV_{DL} (red) and LA_{DL} (green). Step 2: Model-T and Model-D were initialized by Model-S and then trained to predict imaging plane vectors \vec{t}_{DL} , \vec{x}_{DL} , and \vec{y}_{DL} . A graphic illustration of these three vectors in relationship to the image volume is shown. The blue cube represents the computed tomography volume with a re-sliced plane in black. The blue dot is the centre of volume and black dot is the centre of plane. \vec{t} is the displacement between the blue and black dot and \vec{x} and \vec{y} are directional vectors of the 2D plane in the volume’s coordinate system. (B) U-Net architecture with added branch consisting of four fully connected layers after the last max-pooling layer in the down-sampling path was used. Conv3D, 3D convolution layer.

The accuracy of the segmentation-derived functional assessment was evaluated by comparing EF_{DL} to manually derived EF_m .

Quantitative evaluation of deep learning-predicted imaging plane vectors

$2CH_{DL}$, $3CH_{DL}$, $4CH_{DL}$, and MV_{DL} planes were derived from three predicted vectors output by 'Model-T' and 'Model-D'. SAX_{DL} was defined to be parallel to MV_{DL} and span the LV as defined by the DL segmentation. For each plane, the differences between DL prediction $Plane_{DL}$ and the manual plane $Plane_m$ was assessed via the displacement error Δd between centre of $Plane_{DL}$ and that of $Plane_m$ and angulation error $\Delta\theta$ of $Plane_{DL}$:

$$\Delta d = \sqrt{\sum_{i=1}^3 (\vec{t}_{m,i} - \vec{t}_{DL,i})^2}$$

$$\Delta\theta = \cos^{-1} \left(\frac{\vec{n}_m \cdot \vec{n}_{DL}}{\|\vec{n}_m\| \times \|\vec{n}_{DL}\|} \right),$$

where normal vectors \vec{n} were calculated as the cross-product of \vec{x} and \vec{y} and $\|\vec{n}\|$ is the vector length.

Inter- and intra-reader differences in imaging plane vectors

Ten studies were randomly selected to assess inter- and intra-reader differences in the manual delineation of cardiac planes. Reader 1 was the cardiac imaging expert mentioned above (author M.R.) who generated the plane annotations for DL training and Reader 2 was a fellowship-trained cardiothoracic radiologist with 12 years of experience (author S.K.). Inter-reader differences were assessed by comparison of this 10-study subset of $Plane_{m1}$ defined by Reader 1 to $Plane_{m2}$ defined by Reader 2. Intra-reader differences were assessed via repeat delineation by Reader 1 six months after the initial plane definition.

The DL algorithm was trained on annotations made by Reader 1. Therefore, two tests were used to evaluate DL predicted planes. First, the difference between the DL and Reader 1 on the study subset described above was compared to intra-reader differences. Second, the difference between DL planes and those defined by Reader 2 was compared to inter-reader differences.

Visual assessment of plane quality

For unbiased assessment of the DL performance ([Supplementary material online, Figure S1A](#) and B), Reader 2 assessed, in a randomized, blinded fashion, both the manual planes used for training ($Plane_m$, defined by Reader 1) and resulting DL-predicted planes ($Plane_{DL}$). Each plane was scored as one of four classes: perfect, excellent, good, and inadequate with the first three classes considered as diagnostically adequate. The criteria for each class can be found in the [Supplementary material online](#).

Quantitative assessment of slice position: AHA wall assessment

The AHA 17-segment model was used to assess whether manual and DL-predicted LAX planes intersected the corresponding AHA segment at the mid-ventricular slice ([Supplementary material online, Figure S1C](#)).

Run-time for deep learning-based approach

We performed all DL trainings by using Keras (<https://keras.io/>) with TensorFlow (<https://www.tensorflow.org/>) on an 8-core Ubuntu (version: 18.04.3) workstation with 32 GB RAM equipped with a GeForce GTX 1080 Ti (NVIDIA Corporation, Santa Clara, CA, USA).

The times needed to train the models and to predict the DL chamber segmentations at ED and ES as well as vectors for four planes (three LAX and one MV plane) were recorded for each study.

Testing population

We tested our approach on 144 consecutive ECG-gated cardiac cine CT studies acquired at our institution between January and December 2019 under the same IRB approval. Studies were independent from training data. All studies had complete cardiac cycle reconstructions, radiology reports which assessed cardiac function, and a field-of-view which captured the entire LA and LV chambers. Studies were not included if the patients had congenital heart disease, images were taken for lead extraction planning, or studies showed metal implants in the LA or LV (e.g. mitral valve or leads in the LV chamber). Studies with coronary stents were included. The testing studies were performed for the following clinical cardiac indications: suspected CAD ($n = 74$), pre-operative assessment of PVA ($n = 48$), TAVR ($n = 10$), and others ($n = 12$). For each case, the diagnostic utility of DL-predicted frames was scored independently by Reader 2 and Reader 3 (author L.H., a fellowship-trained cardiovascular radiologist) using the criteria defined above, see [Supplementary material online](#). In addition, each reader made a visual prediction of LVEF (to the nearest 5%) which was compared to the automated segmentation value.

To highlight the utility in the evaluation of segmental LV wall motion abnormality (WMA), we show four studies with a radiologically confirmed diagnosis of coronary artery disease: (i) right coronary artery stenosis with inferior wall WMA, (ii) left anterior descending stenosis with anterior, anteroseptal wall, and apical cap WMA, (iii) left circumflex stenosis with mild WMA in the inferolateral wall, and (iv) three-vessel stenosis with globally reduced cardiac function. All stenoses and corresponding WMA were identified on clinical radiologic assessment. To assess the utility of $Plane_{DL}$ in longitudinal CT imaging, we show $Planes_{DL}$ generated for two CT studies obtained 71 days apart in the same patient (before and after chemotherapy) as part of the cardio-oncology evaluation.

Statistical evaluation

Unless otherwise indicated above, data are reported as median (with interquartile range) given non-normality on Shapiro–Wilk testing. Pearson correlation and two-tailed paired Student's t -test were performed to test agreement between the DL- and manually derived EF. Two-tailed categorical z-test was used to evaluate differences in the proportion of successful intersecting between $Plane_{DL}$ and $Plane_m$. Spearman correlation was used to assess visual and DL-derived EF in the validation cohort. Statistical significance was set at a $P \leq 0.05$. All analyses were performed in Python version 3.6 with scipy (version 1.1.0).

Results

Of the 100 patients used for training, 60 (60%) were male (age: 67 ± 16) and 40 (40%) were female (age 69 ± 18). The bloodpool in the training data had a median intensity of 495 HU (IQR: 401–607, range: 277–885 HU) for the LV and 541 HU (IQR: 429–664, range: 257–1014 HU) for the LA.

Of the 144 patients used for testing, 89 (61.8%) were male (age: 59 ± 16) and 55 (38.2%) were female (age: 63 ± 15). The bloodpool in the testing data had a median intensity of 525 HU (IQR: 433–616, range: 320–1022 HU) for the LV and 544 HU (IQR: 451–632, range: 295–1207 HU) for the LA.

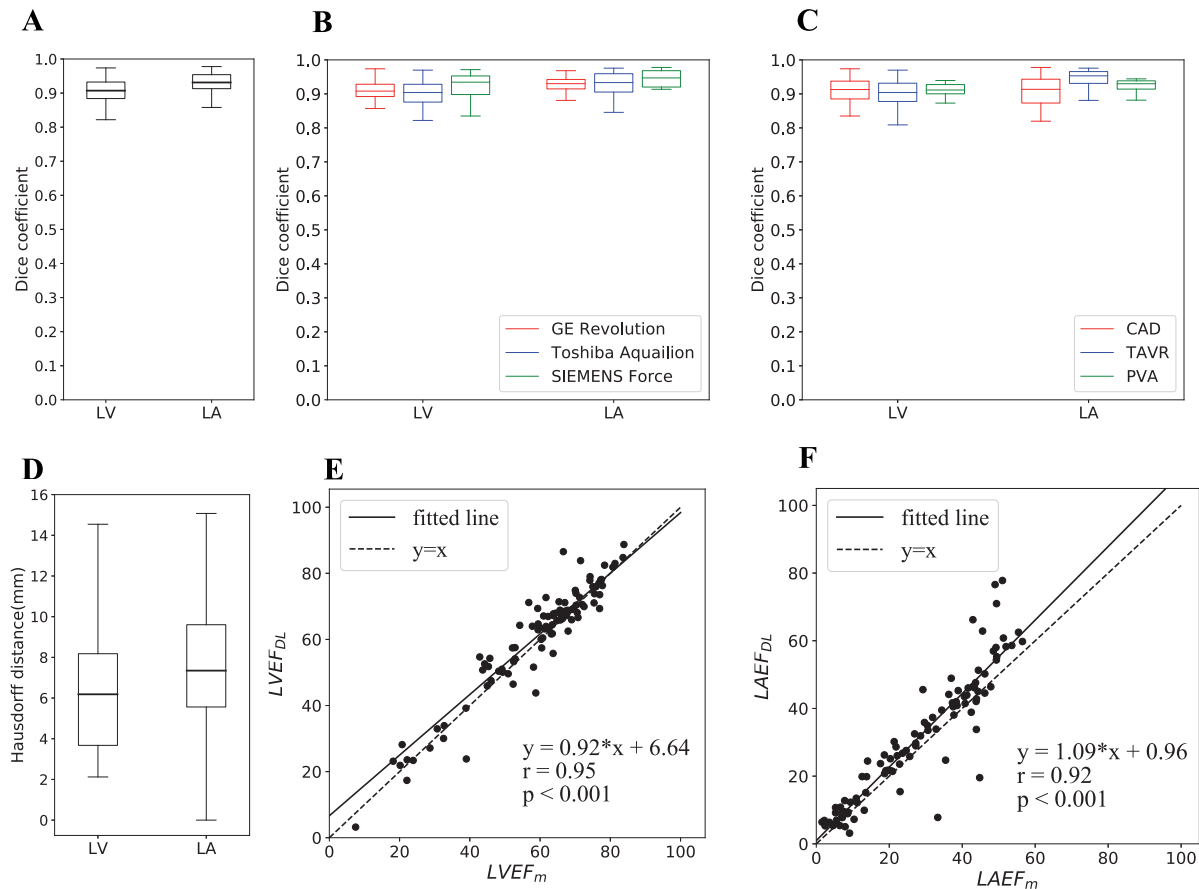


Figure 2 Close agreement between deep learning and manual chamber segmentation and function assessment. (A) Dice coefficient for two chambers of interest, the left ventricle and left atrial was high. (B) Dice coefficient for three computed tomography scanners. (C) Dice coefficient for three types of clinical indications. (D) Hausdorff distance for left ventricle and left atrial. (E) Correlation of left ventricular ejection fraction derived using manual and deep-learning segmentation was close to identity (dashed) line with a fit (solid) of left ventricle $EF_{DL} = 0.92EF_m + 6.64$ and Pearson correlation $r = 0.95$ with $P < 0.001$. (F) Left atrial ejection fraction correlation was close to identity (dashed) line with fit (solid) of left atrial $EF_{DL} = 1.09EF_m + 0.96$, and Pearson correlation $r = 0.92$ with $P < 0.001$.

Chamber segmentation and assessment of function

DL-predicted segmentations had median Dice coefficients of 0.907 (IQR: 0.884–0.932) and 0.931 (IQR: 0.913–0.954) (Figure 2A), and median HDs of 6.2 mm (IQR: 3.7–8.2) and 7.3 mm (IQR: 5.6–9.6) for the LV and LA, respectively (Figure 2D). There were no statistically significant differences ($P > 0.05$) in Dice across vendors but Dice in the LA did vary with respect to clinical indications ($P = 0.001$) on ANOVA testing (Figure 2B and C).

There was close agreement in LVEF (Pearson correlation $r = 0.95$, $P = 0.49$) as well as between LA EF ($r = 0.92$, $P = 0.29$) (Figure 2E and F).

Quantitative evaluation of deep learning-predicted imaging plane vectors

The median displacement error Δd between $Plane_m$ and $Plane_{DL}$ was 7.0 mm (IQR: 5.0–9.5) across all planes, 6.3 mm (IQR: 4.3–8.5) for 2CH, 6.2 mm (IQR: 4.3–8.8) for 3CH, 7.2 mm (IQR: 5.5–

9.6) for 4CH and 7.6 mm (IQR: 5.3–11.0) for MV. The median orientation error $\Delta\theta$ between planes was 8.0° (IQR: 5.0 – 11.7) across all planes, 9.5° (IQR: 6.0 – 13.9) for 2CH, 8.3° (IQR: 4.8 – 13.0) for 3CH, 7.2° (IQR: 4.6 – 11.2) for 4CH and 7.5° (IQR: 4.8 – 9.4) for MV.

Intra and inter-reader differences in imaging plane vectors

Deep learning-reader orientation differences $\Delta\theta$ were not significantly different ($P > 0.05$) compared with the corresponding inter- and intra-reader difference (Figure 3, Table 1). In terms of displacement differences Δd , the 3CH and 4CH DL-reader1 difference was significantly smaller ($P < 0.05$) than the intra-reader difference (Figure 4A).

Visual assessment of plane quality

The deep-learning approach yielded diagnostically adequate imaging planes for a large percentage ($\geq 94\%$) of cases across all slice plane

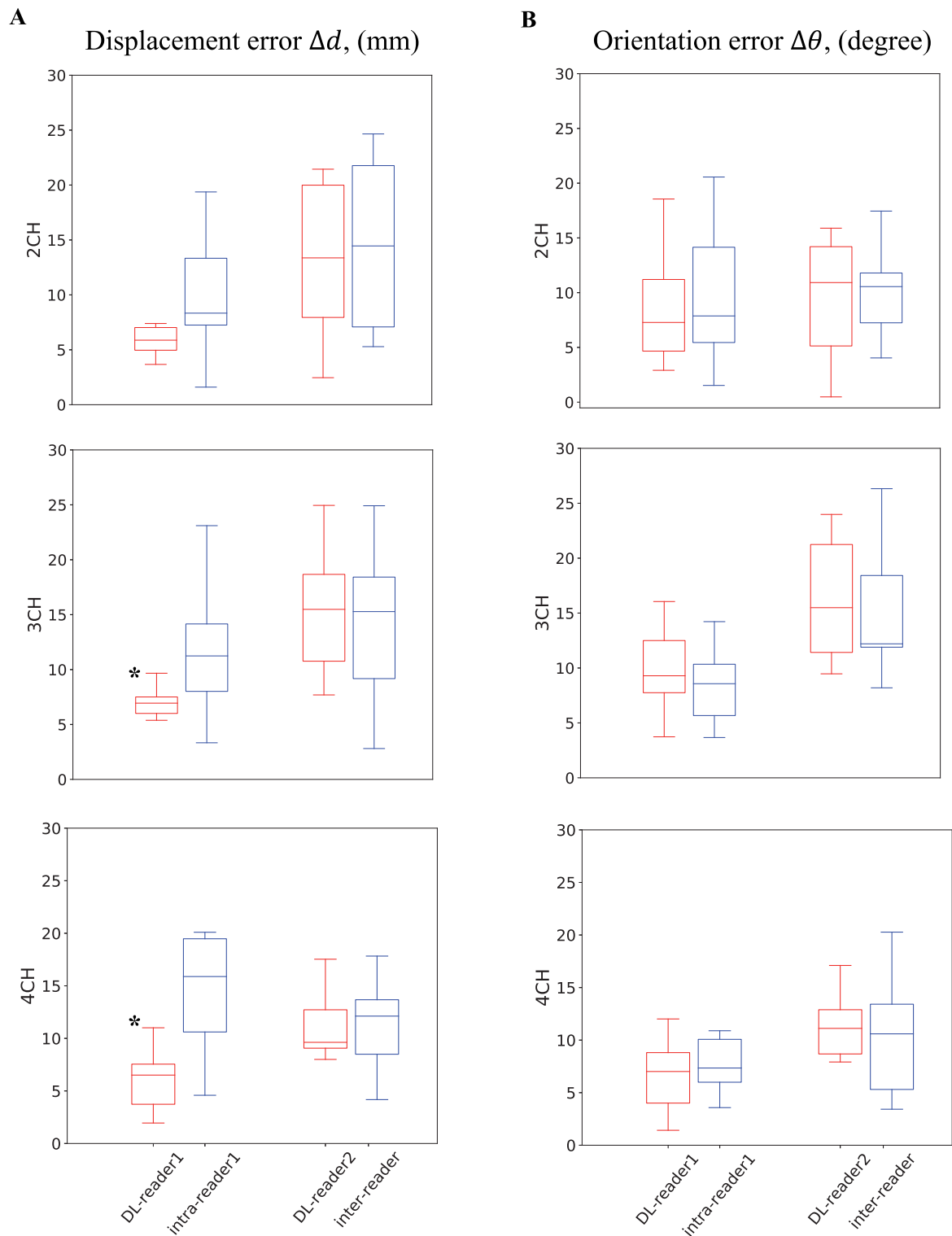


Figure 3 Comparison of long-axis plane location and angulation differences between readers and deep learning. Plane displacement (A) and orientation (B) differences between deep learning and Reader 1 (first red boxplot) were compared to intra-Reader 1 differences (first blue boxplot) and differences between deep learning and Reader 2 (second red boxplot) were compared to inter-Reader differences (second blue boxplot) for each long-axis plane. The asterisk (*) indicates significant differences. CH, chamber.

Table 1 Comparison of LAX plane location and angulation differences between readers and deep learning

		Intra-reader 1 difference	DL-reader 1 difference	P-value	Inter-reader difference	DL-reader 2 difference	P-value
2CH	Δd (mm)	8.3 (7.3,13.3)	5.9 (5.0,7.0)	0.20	14.4 (7.1,21.8)	13.4 (7.9,20.0)	0.91
	$\Delta\theta$ (degree)	7.8 (5.4,14.1)	7.3 (4.7,11.2)	0.57	10.6 (7.2,11.8)	10.9 (5.1,14.2)	0.75
3CH	Δd (mm)	11.2 (8.0,14.2)	6.9 (6.0,7.5) ^a	0.04	15.3 (9.2,18.4)	15.5 (10.8,18.7)	0.76
	$\Delta\theta$ (degree)	8.6 (5.7,10.3)	9.3 (7.7,12.5)	0.35	12.2 (11.9,18.4)	15.5 (11.4,21.2)	0.71
4CH	Δd (mm)	15.9 (10.6,19.5)	6.5 (3.7,7.5) ^a	0.003	12.1 (8.5,13.7)	9.6 (9.1,12.7)	0.84
	$\Delta\theta$ (degree)	7.3 (6.0,10.1)	7.0 (4.0,8.8)	0.35	10.6 (5.3,13.4)	11.1 (8.7,12.9)	0.82

Intra-reader 1 differences represent variation in planes planned by the same reader 6 months apart. Given that the DL approach was trained on slice planning by reader 1, DL-reader 1 differences were compared to intra-reader 1 differences. Inter-reader variation captures variation in slice planning by two different readers. DL-reader 2 differences were compared to inter-reader values. Differences were reported as median (IQR).
^aIndicates a significant difference ($P < 0.05$).

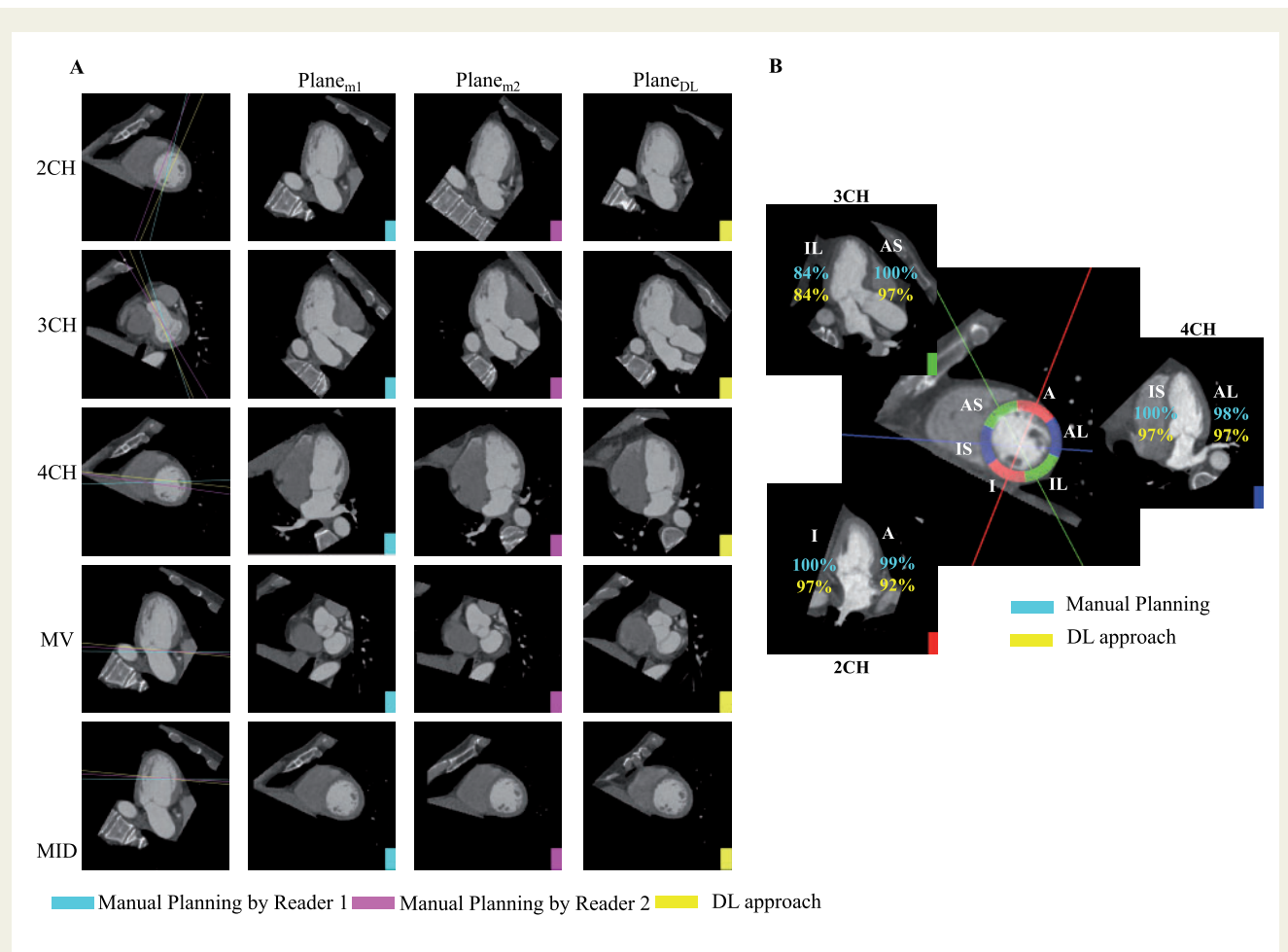


Figure 4 Deep learning agrees with manual slice planning and correctly visualizes corresponding AHA segments. (A) Rows 1–3: For each long-axis imaging plane, Column 1 shows the slice location on the short-axis slice (mid-ventricular slice for 2CH and 4CH and basal slice for 3CH). Columns 2–4 depict the corresponding images. Rows 4–5: For the short-axis mitral valve and mid-ventricular plane, Column 1 shows the slice position of the plane on the 2CH long-axis. Columns 2–4 depict the short-axis images: Plane_{m1}, (plane resliced by Reader 1), Plane_{m2}, (plane resliced by Reader 2) and Plane_{DL} (deep learning-derived slice). (B) Six mid-ventricular AHA segments are shown as arcs on a mid-ventricular short-axis slice. The percentage of cases in which a wall was correctly intersected by the associated long-axis plane are shown for the 2CH (red solid line, lower left), 3CH (green solid line, top left), and 4CH (blue solid line, right) planes. There is close agreement between the manual planes (reported in cyan) and deep learning (yellow). A, anterior; AL, anterolateral; AS, anteroseptal; I, inferior; IL, inferolateral; IS, inferoseptal.

Table 2 Diagnostic adequacy of manual and deep-learning imaging planes as scored by cardiothoracic imaging expert

	Plane _m (%)	Plane _{DL} (%)
2CH	100	100
3CH	100	94
4CH	100	98
SAX	100	100

Plane_m, plane manually resliced; Plane_{DL}, plane predicted by DL model.

Table 3 Assessment of AHA wall visualization for manual and DL-based cardiac planes

		Plane _m (%)	Plane _{DL} (%)	P-value
2CH	Inferior	100	97	0.08
	Anterior	99	92	0.02*
3CH	Inferolateral	84	84	1
	Anteroseptal	100	97	0.08
4CH	Inferoseptal	100	97	0.08
	Anterolateral	98	97	0.65

Percentage of cases in which the LAX plane correctly intersects corresponding AHA wall was shown. Significant P-values are shown by asterisk.

Table 4 Diagnostic adequacy of deep-learning imaging planes in the testing group as scored by imaging experts

	Reader 2 (%)	Reader 3 (%)
2CH	99	99
3CH	100	94
4CH	100	95
SAX	100	100

locations (Table 2, representative patient shown in Figure 4A, distribution of scores in Table S1).

Quantitative assessment of slice position via AHA wall assessment

The proportion of cases with correct AHA segment inclusion was not significantly different between Plane_m and Plane_{DL} for all AHA walls (two-sided z test, $P > 0.05$) except the anterior wall which had a lower likelihood of being visualized by the 2CH plane ($P = 0.02$) (Figure 4B, Table 3).

Run-time for deep learning-based approach

Each model was trained for 50 epochs with each epoch using approximately 170 s in our workstation. The time needed to predict

two segmentations (ED and ES) as well as four imaging planes (2CH_{DL}, 3CH_{DL}, 4CH_{DL}, and MV_{DL}) was 29.7 ± 4.0 s.

Assessment of the utility of deep learning-predicted planes on test cases

DL yielded diagnostically adequate imaging planes for a large percentage ($\geq 99\%$ by Reader 2 and $\geq 94\%$ by Reader 3) of cases across all slice plane locations (Table 4, Table S2).

There was close agreement between the visual estimation of ejection fraction by readers and quantification via automated segmentation. Specifically, linear regression demonstrated a strong correlation (Spearman $\rho = 0.93$ and 0.95 for Reader 2 and 3, respectively). In addition, classification of EF $< 40\%$, $40\text{--}50\%$, and $> 50\%$ with the DL approach agreed with visual prediction in 88.9% and 80.5% of cases for Reader 2 and 3, respectively (Table 5).

Deep learning-predicted planes of four test CT studies with CAD provided visualization of both regional and global LV wall motion abnormalities recorded in the radiology report (Figure 5A, Supplementary material online, Video S1). The DL model generates similar planes in two CT studies of the same patient acquired as part of a longitudinal study (Figure 5B, Supplementary material online, Video S2).

Discussion

In this study, we developed and evaluated a DL network that automatically predicts cardiac chamber volumes as well as standardized cardiac imaging planes from volumetric CT data using a shared model architecture. The DL approach generated high-quality segmentations (median Dice = 0.907 and 0.931 for LV and LA, respectively) and had a strong correlation (Pearson $r > 0.9$) with manually derived EF. Furthermore, DL-predicted planes had low errors in spatial displacement and angulation and intersected the relevant mid-ventricular myocardial segment in a high proportion of cases. Testing the DL network in a series of 144 consecutive cine CT cases demonstrated our approach generates diagnostically useful imaging planes and automated segmentation leads to EF estimation that is in agreement with visual interpretation. We highlight the utility of our DL-predicted planes in the evaluation of LV wall motion abnormality and for reproducible longitudinal assessment in a sample of test cases with known pathological findings.

In our approach, a 3D image volume (at 1.5 mm isotropic voxel size) was utilized as the input for blood pool segmentation and image plane re-slicing. While a 3D approach significantly increases the memory utilization, the choice was intended to preserve volumetric context to enable accurate slicing of the LAX and SAX imaging planes. Other DL approaches for CT chamber segmentation have utilized portions of the volume as the image input; Dormer et al.¹⁶ and Zreik et al.¹⁷ input patches and performed patch-wise image classification while Mortazi et al.¹⁸ and Wang et al.¹⁹ used three orthogonal projections (axial, coronal, and sagittal) as inputs. Despite the feature vector depth being limited due to memory constraints, our 3D approach led to segmentation accuracy comparable to recent work by Baskaran et al.²² which applied a 2D U-Net to segment CT in a 2D slice-by-slice fashion and achieved Dice > 0.91 for all four chambers.

The feasibility of predicting imaging planes was previously shown in 2D by Vigneault et al.²³ in which a conventional U-Net was modified

Table 5 The close agreement of classification of ejection fraction between visual estimation by expert readers and automated quantification via deep learning left ventricle segmentation

		Reader 2			Reader 3		
		<40%	40–50%	>50%	<40%	40–50%	>50%
DL predict	<40%	30	3	0	31	1	1
	40–50%	0	7	4	8	2	1
	>50%	0	9	91	2	15	83

The classification of EF into <40%, 40–50%, and >50% with the DL approach agreed with visual prediction in 88.9% and 80.5% of cases for Reader 2 and 3, respectively.

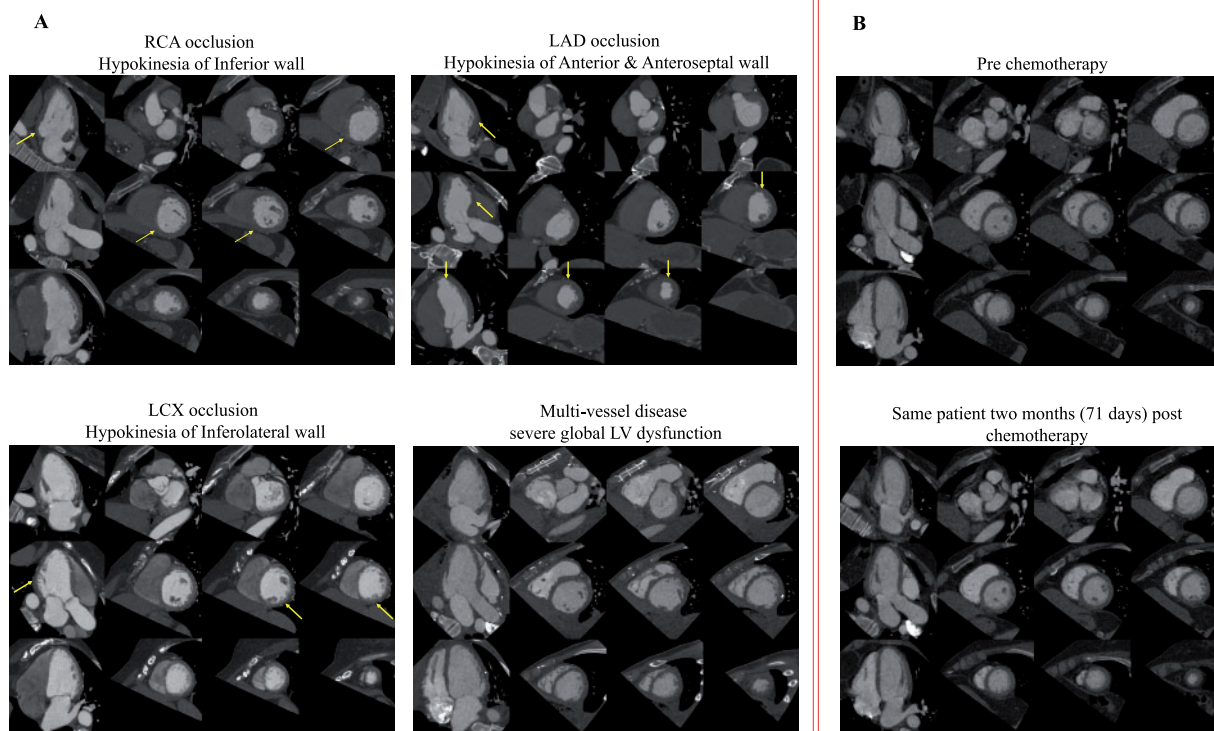


Figure 5 Utility of deep-learning slice planning in evaluation of regional wall motion abnormalities and longitudinal assessment of patients. (A) Four exemplar cases were selected based on radiologically observed with either global (bottom right) or regional (the rest three) left ventricle wall motion abnormality due to coronary artery disease. Yellow arrows point out the walls with regional dysfunction where the readers can refer to in [Supplementary material online, Video S1](#). (B) Deep learning-predicted planes for the same patient imaged before chemotherapy and 2 months after the therapy which shows high reproducibility. The videos for these planes showing the cardiac function in one cardiac cycle are submitted as [Supplementary material online, Videos](#). Window level = 500 HU, width = 900 HU.

to predict a scaling and rotation of MRI images. Other efforts to use DL for plane prediction have focused on cardiac MRI. Le et al.²⁸ and Blansit et al.²⁹ recently presented DL-based cardiac MRI plane prescription by using DL to localize the anatomical landmarks that mimic how an expert performs slice planning on 2D MR. However, this is not required during CT acquisitions as they are volumetric.

Compared with manual annotation, our approach automatically and quickly analyzed the series of 3D CT image volumes (~30 s for volumes at ED and ES). This represents a significant improvement as

it usually takes a trained expert around 20 min to obtain volumes from two 3D image volumes at ED and ES³⁰ and it leads to interobserver variability. Furthermore, the processing time of our approach can be readily improved through parallelization, as we currently predict imaging planes sequentially. While optimization of prediction time was not the focus of this study, the fast computation time increases the likelihood of clinical translation.

Our model was trained using annotations provided by one imaging expert and scored by a second independent blinded reader. The use

of a second, independent reader confirms the utility of our imaging planes as it demonstrates that the DL approach leads to imaging planes that were not significantly different than the observer inter- and intra-reader variations in slice planning. Further, the inter- and intra-reader variations illustrate the extent of uncertainty in planning imaging planes as a range of plane angles and position can provide correct visualization. While this leads to variability between observers, our approach provides robust results that are comparable to a trained expert.

Robust and automated prediction of cardiac volumes and imaging planes could be used to measure multiple important clinical parameters. Apart from EF, the availability of LAX planes can enable the assessment of additional measures such as contour-based global longitudinal and circumferential strain. Furthermore, labelling of other cardiac chambers or the myocardium in the training data would enable measurements such as RV volumes or myocardial masses.

Our fully automated approach may enable rapid and reproducible assessment of global function as well as regional wall motion abnormalities in patients, such as those with CAD and other cardiomyopathies who are frequently evaluated with cardiac CT. In addition, automatic slicing of standardized cardiac planes can be used for reproducible longitudinal assessment of patients undergoing serial cardiac exams and in clinical trials.

Our approach has limitations. First, we observed lower performance for 3CH plane predictions relative to 2CH and 4CH planes. However, the success rate for the inferolateral wall was decreased in both 3CH_m and 3CH_{DL}. This could be explained by the difficulty in planning 3CH views as there is a balance between correct visualization of the left ventricular outflow tract and the intersection of the inferolateral wall. This suggests that anatomical variability may be limiting the performance of the DL approach. Second, the time and effort needed to derive both cardiac planes and blood chamber segmentations limited our training size. However, the achieved accuracy suggests clinical utility is possible even with the limited training data that was available. Lastly, the accuracy of the algorithm in patients with a wider range of phenotypes including implanted medical devices, significant changes in iodine contrast timing/intensity, and decreases in overall image quality were not studied but are planned for future work.

In conclusion, DL can automatically perform multi-chamber volumetric assessments and generate standardized cardiac imaging planes from CT images. This approach has the promise for regional cardiac visualization and reproducible assessment of cardiac function.

Supplementary material

Supplementary material is available at *European Heart Journal – Digital Health*.

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Data availability

The data underlying this article will be shared on reasonable request to the corresponding author. The source code is available in https://github.com/ucsd-fcrl/AI_chamber_segmentation_plane_re-slicing.git.

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