



OPEN

## <sup>89</sup>Zr-pro-MMP-9 F(ab')<sub>2</sub> detects colitis induced intestinal and kidney fibrosis

Nicole Dmochowska<sup>1</sup>, William Tieu<sup>2</sup>, Marianne D. Keller<sup>1,3</sup>, Courtney A. Hollis<sup>2</sup>, Melissa A. Campaniello<sup>1</sup>, Chris Mavrangelos<sup>1</sup>, Prab Takhar<sup>2</sup> & Patrick A. Hughes<sup>1</sup>

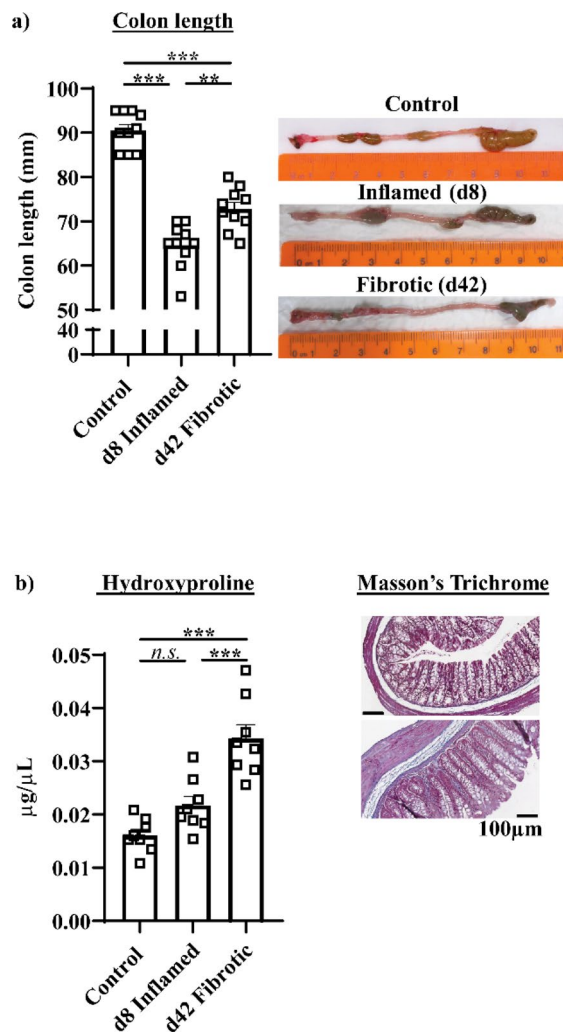
Intestinal fibrosis is a common complication of inflammatory bowel disease but remains difficult to detect. Matrix metalloproteinases (MMPs) have key roles in fibrosis and are therefore potential targets for fibrosis detection. We determined whether immunoPET of F(ab')<sub>2</sub> antibody fragments targeting MMPs detects colitis induced colonic fibrosis. Mice were administered 2% dextran sulfate sodium treated water for 1 cycle (inflamed) or 3 cycles (fibrotic), or were untreated (control). Colonic and kidney collagen, innate cytokine, MMPs and fecal MPO concentrations were analyzed by multiplex/ELISA. α-pro-MMP-9 F(ab')<sub>2</sub> fragments were engineered and conjugated to <sup>89</sup>Zr for PET imaging, ex-vivo Cherenkov analysis and bio-distribution. Colonic innate cytokine concentrations and fecal myeloperoxidase were increased in inflamed mice but not fibrotic mice, while collagen concentrations were increased in fibrotic mice. MMPs were increased in inflamed mice, but only pro-MMP-9 remained increased in fibrotic mice. <sup>89</sup>Zr-pro-MMP-9 F(ab')<sub>2</sub> uptake was increased in the intestine but also in the kidney of fibrotic mice, where collagen and pro-MMP-9 concentrations were increased. <sup>89</sup>Zr-pro-MMP-9 F(ab')<sub>2</sub> detects colitis induced intestinal fibrosis and associated kidney fibrosis.

Inflammatory bowel disease (IBD), incorporating Crohn's disease and ulcerative colitis, is characterised by remitting and relapsing inflammation of the lower gastrointestinal (GI) tract<sup>1</sup>. Intestinal fibrosis is one of the most common IBD related complications, with severe fibrosis leading to stricture and stenosis in ~30% of IBD patients<sup>2-4</sup>. Intestinal fibrosis is not currently treatable and can become life threatening, leaving endoscopic mechanical manipulation or surgical resection as the only options<sup>5,6</sup>. Importantly, no validated diagnostic tools or biomarkers currently exist for detecting or staging intestinal fibrosis<sup>5,6</sup>.

Fibrosis is characterised by the excessive deposition of extracellular matrix (ECM) proteins including collagen by persistently activated fibroblasts<sup>7-9</sup>. Fibrosis typically occurs in a progressive manner following repeated episodes of inflammatory damage and remission, or healing, such as occurs in IBD and in the dextran sodium sulphate (DSS) pre-clinical model of intestinal fibrosis<sup>8,10,11</sup>. Matrix metalloproteinases (MMPs) regulate fibrosis by degrading the ECM that is normally laid down as the tissue renews<sup>7,12</sup>. MMP function is tightly regulated by tissue inhibitors of matrix metalloproteinases (TIMPs), which inhibit MMP activity in a 1:1 ratio. MMP-2, -3, -8 and -9, and TIMP-1 are altered to varying extents in fibrotic tissue resected from IBD patients and in pre-clinical models of intestinal fibrosis<sup>10,11,13-15</sup>. However, MMPs and TIMPs are also increased in inflamed intestinal tissue and it remains unclear how their expression is altered in inflamed relative to fibrotic tissue.

Diagnostic tools are ideally sensitive, quantitative and selective for their pathology, non-invasive to the patient, provide information rapidly and do not influence the disease process<sup>5,16</sup>. Stricture can be detected by endoscopy, however endoscopy is limited to imaging only the mucosal surface and not the deeper layers of the colon wall where fibrosis develops<sup>17</sup>. Molecular imaging approaches including positron emission tomography (PET) have superior sensitivity and provide quantitative information<sup>16,18</sup>. ImmunoPET combines the superior target selectivity provided by antibodies with the sensitivity of PET and we, amongst others, have previously demonstrated that immunoPET strategies effectively detect intestinal inflammation<sup>16,19-21</sup>. However, the use of intact antibodies as molecular imaging probes is challenging as their relatively high molecular weight results in long half-lives, potentially translating into increased patient exposure to ionizing radiation, and it may also impede the penetration of fibrotic tissue<sup>22</sup>. Engineering F(ab')<sub>2</sub> antibody fragments from intact antibodies by cleaving

<sup>1</sup>Centre for Nutrition and Gastrointestinal Diseases, Adelaide Medical School, Level 7, University of Adelaide and South Australian Health and Medical Research Institute, Adelaide, South Australia 5000, Australia. <sup>2</sup>Molecular Imaging and Therapy Research Unit (MITRU), South Australian Health and Medical Research Institute, Adelaide, Australia. <sup>3</sup>Preclinical, Imaging and Research Laboratories (PIRL), South Australian Health and Medical Research Institute, Adelaide, Australia. ✉email: patrick.hughes@adelaide.edu.au



**Figure 1.** Colonic collagen content increases in inflamed (1 DSS cycle) and fibrotic (3 DSS cycles) mice. **(a)** Colon length did not shorten to the same extent in fibrotic mice as in inflamed mice. **(b)** Repeated DSS cycles increased the colonic collagen content as indicated by hydroxyproline concentration (left) and Masson's trichrome staining (right)  $**P < 0.01$ ,  $***P < 0.001$ .

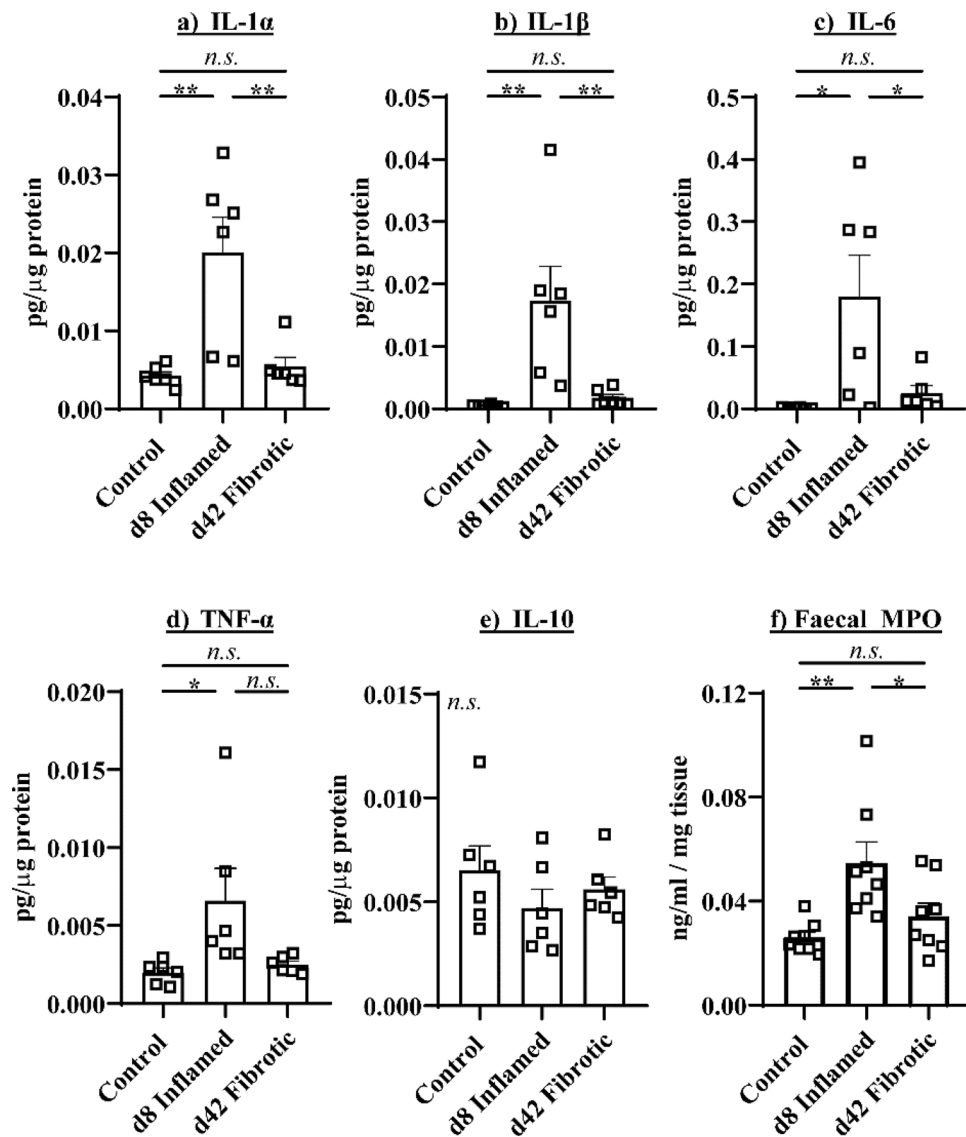
the effector  $F_C$  region retains the target specificity of the antibody whilst reducing its molecular weight, thereby increasing excretion and promoting tissue penetration.

Here we aimed to undertake the first immunoPET study of fibrosis in any tissue, pre-clinical or clinical, to determine whether immunoPET of  $F(ab')_2$  antibody fragments targeting MMPs can detect DSS colitis induced colonic fibrosis.

## Results

**Repeated cycles of DSS induces colonic fibrosis.** Colon length was significantly ( $P < 0.001$ ) reduced in d8 inflamed mice, however colonic shortening did not occur in fibrotic mice to the same extent as inflamed mice ( $P < 0.01$ ) (Fig. 1a). Collagen deposition was significantly increased in the colons of fibrotic mice relative to inflamed mice and controls as indicated by hydroxyproline content ( $P < 0.001$  both) and Masson's trichrome staining (Fig. 1b).

**Innate cytokines are not altered in fibrotic mice.** The colonic concentrations of innate cytokines IL-1 $\alpha$  (Fig. 2a), IL-1 $\beta$  (Fig. 2b), IL-6 (Fig. 2c) and TNF- $\alpha$  (Fig. 2d), and fecal MPO (Fig. 2f) were significantly increased in inflamed mice relative to controls ( $P < 0.01$  IL-1 $\alpha$ , IL-1 $\beta$ , faecal MPO.  $P < 0.05$  IL-6, TNF- $\alpha$ ). However, the colonic concentrations of IL-1 $\alpha$ , IL-1 $\beta$ , IL-6 and TNF- $\alpha$  and fecal MPO did not differ between controls and fibrotic mice. IL-10 intestinal concentrations did not differ between d8 inflamed, d42 fibrotic and control mice (Fig. 2e). These results indicate that the key innate immune mediators of intestinal inflammation are not altered in the fibrotic colon.



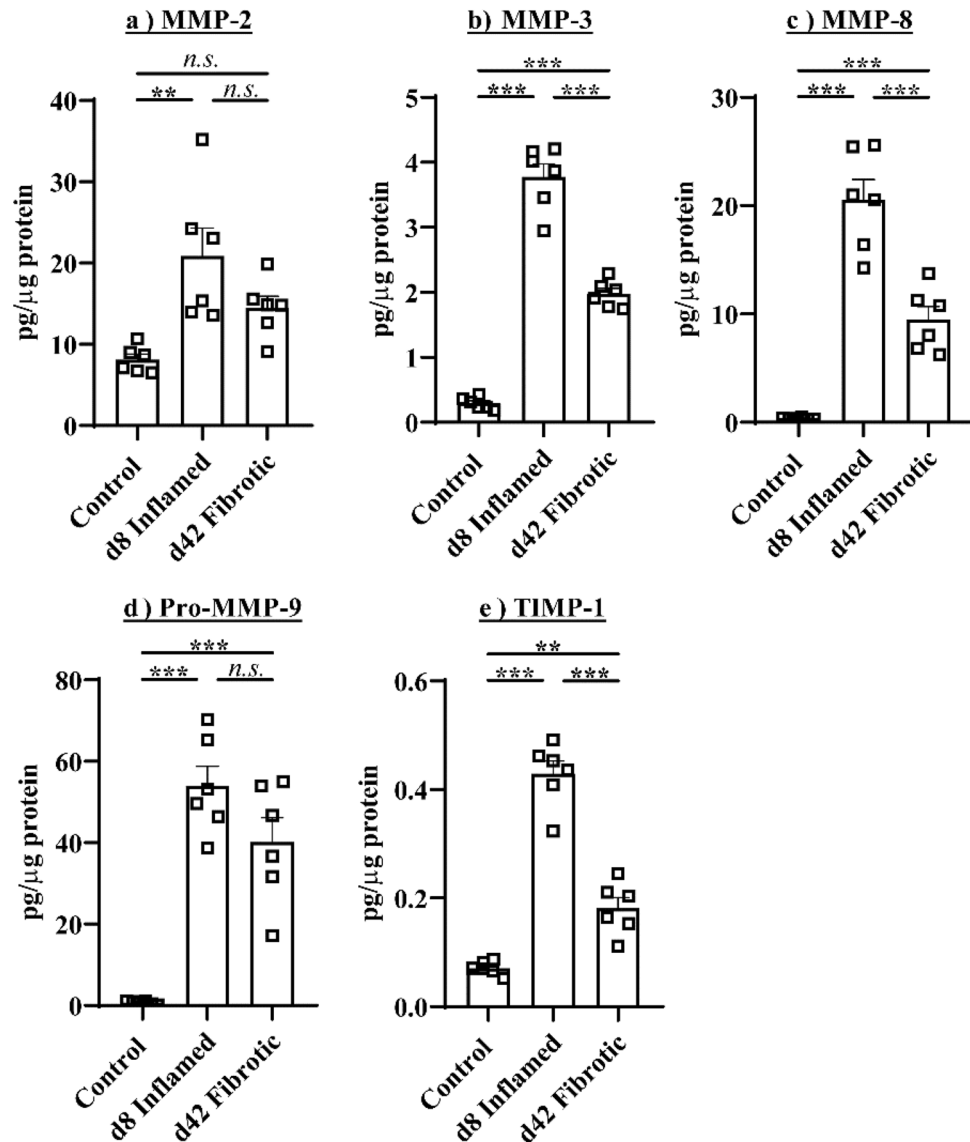
**Figure 2.** Innate immune mediators are not altered in colonic fibrosis. (a) Colonic concentrations of (a) IL-1 $\alpha$ , (b) IL-1 $\beta$ , (c) IL-6 and (d) TNF- $\alpha$  were increased in inflamed but not fibrotic colons, as are (f) faecal MPO concentrations, while (e) IL-10 concentrations were not altered in inflamed or fibrotic mice. \* $P < 0.05$ , \*\* $P < 0.01$ .

**Pro-MMP9 remains increased in the fibrotic colon.** The colonic concentrations of the MMP members MMP-2 (Fig. 3a), MMP-3 (Fig. 3b), MMP-8 (Fig. 3c), Pro-MMP-9 (Fig. 3d) and TIMP-1 (Fig. 3e) were significantly increased in inflamed mice relative to control mice ( $P < 0.001$  MMP-3, MMP-8, pro-MMP-9, TIMP-1,  $P < 0.01$  MMP-2). However, while the colonic concentrations of MMP-3, MMP-8 and TIMP-1 were significantly ( $P < 0.001$ ) higher in fibrotic mice than controls, they were substantially reduced compared to inflamed mice. MMP-2 concentrations did not differ in d42 fibrotic mice relative to control mice. Importantly, only pro-MMP-9 concentrations remained as high in fibrotic colons as in inflamed colons.

**$^{89}\text{Zr}$ -Pro-MMP-9 F(ab') $_2$  immuno-PET Detects Intestinal fibrosis.**  $\alpha$ -pro-MMP9 F(ab') $_2$  fragments had a retention time of 10.24 min and a molecular weight of 103 kDa, while the intact pro-MMP-9 antibody had a retention time of 9.82 min. and a molecular weight of 138 kDa (Fig. 4a). The specificity of our tracer was confirmed by the reduction in pro-MMP-9 signal in samples co-incubated with  $\alpha$ -pro-MMP9 F(ab') $_2$  (Fig. 4b).

PET imaging revealed intestinal uptake of  $^{89}\text{Zr}$ -Pro-MMP-9 F(ab') $_2$  was significantly increased in the colon ( $P < 0.01$ ) (Fig. 5a), but, unexpectedly, also in the kidney ( $P < 0.001$ ) (Fig. 5b) relative to controls [See supplementary video 1 (control) and 2 (fibrotic)].

These findings were confirmed by *ex-vivo* analysis that demonstrated that  $^{89}\text{Zr}$ - $\alpha$ -pro-MMP-9 F(ab') $_2$  uptake was significantly increased in the large intestine ( $P < 0.01$ ) and kidney in d42 fibrotic mice relative to controls by analysis of Cherenkov luminescence (Fig. 6a,  $P < 0.01$ ) and  $\gamma$ -counts ( $P < 0.05$  large intestine and kidney, Fig. 6b).  $^{89}\text{Zr}$ - $\alpha$ -pro-MMP-9 F(ab') $_2$  uptake was not observed in other gastrointestinal sites including the small intestine



**Figure 3.** Pro-MMP-9 concentrations remain increased in fibrosis. (a) MMP-2, (b) MMP-3, (c) MMP-8, (d) pro-MMP-9 and (e) TIMP-1 were increased in inflamed and fibrotic mice, but only pro-MMP-9 remained as high in fibrotic colons as in inflamed colons. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

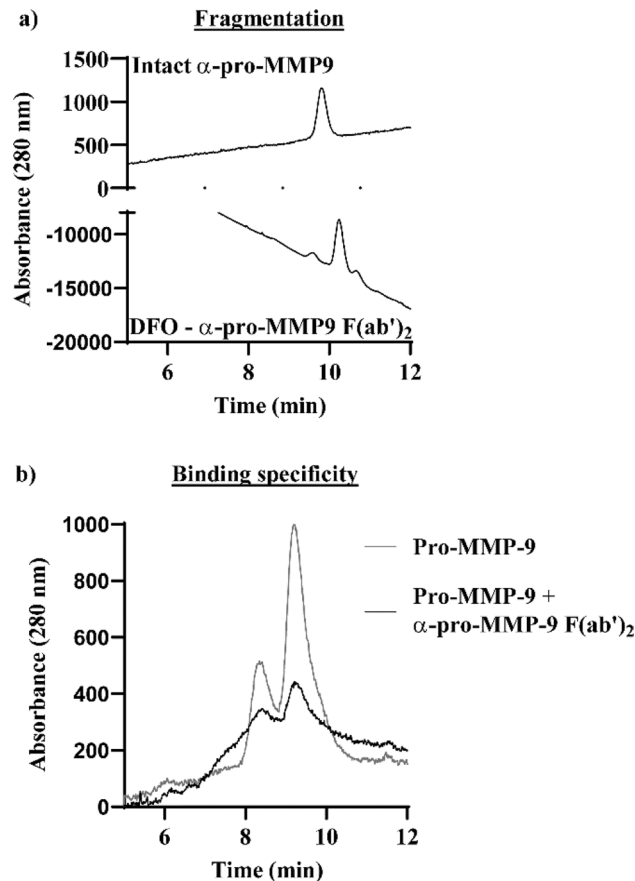
and caecum, but was significantly increased the spleen and liver ( $P < 0.001$  spleen,  $P < 0.05$  liver, Fig. 6b). Uptake was similar between DSS treated and control mice in all other tissues investigated.

**Repeated DSS cycles induce kidney fibrosis.** Hydroxyproline (Fig. 7a) and pro-MMP-9 (Fig. 7b) concentrations were significantly increased in the kidney of fibrotic mice relative to inflamed mice and controls ( $P < 0.001$  hydroxyproline and pro-MMP-9).

## Discussion

Fibrosis is a common and serious complication of IBD but remains difficult to detect and treat. We conducted the first immunoPET study of fibrosis to demonstrate that  $^{89}\text{Zr}$  labelled  $\text{F(ab')}_2$  antibody fragments directed against pro-MMP-9 reliably detects colonic fibrosis in the absence of inflammation. We also demonstrate that the pro-MMP-9 signal in the colon co-exists with a strong signal in the kidney, which we also reveal becomes fibrotic in this model. These findings highlight the utility of immunoPET for detecting changes in specific mediators of fibrosis in the organ of interest and also in organs that are distant from the initially affected site.

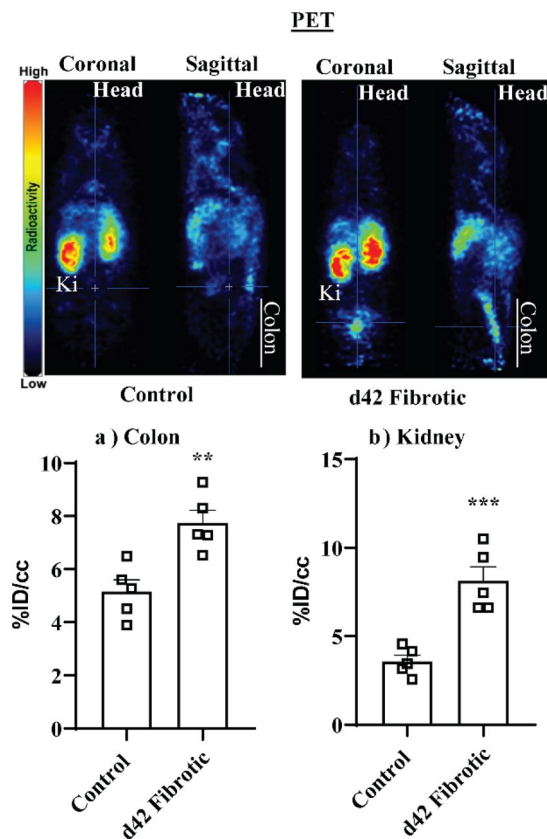
We compared MMP, TIMP and innate immune cytokine concentrations in inflamed and fibrotic intestines and demonstrate that pro-MMP-9 selectively remains as high in fibrotic tissue as in inflamed tissue. Our findings of increased MMP-2, -3, -9 and TIMP-1 in fibrotic intestinal tissue confirm previous findings in pre-clinical models of intestinal fibrosis<sup>10,11,23</sup>. However MMP and TIMP expression in fibrotic intestinal resections from IBD



**Figure 4.** (a)  $\alpha$ -pro-MMP-9 F(ab')<sub>2</sub> fragments had a longer retention time than intact antibody and (b) specifically bound pro-MMP-9.

patients remains controversial; MMP-2, -3, -9 and TIMP-1 are reportedly increased to a similar extent in fibrotic and inflamed intestinal tissue relative to tissue from healthy subjects<sup>14,15</sup>, while others observed that TIMP-1 is increased but MMP-3 is reduced in intestinal fibrosis relative to nearby unstricted tissue<sup>13</sup>. Furthermore, MMPs and TIMPs are typically also upregulated in inflamed regions of IBD patients, and some have suggested that serum MMP concentrations may be suitable as biomarkers of intestinal inflammation<sup>14,24–28</sup>. These observations highlight the difficulty in identifying unique markers of fibrosis as inflammation and fibrosis can co-exist<sup>6</sup>, highlighting the importance of comparing inflamed and fibrotic tissue. We found that of all the MMPs and innate cytokines investigated, only pro-MMP-9 remained as high in fibrotic tissue as in inflamed tissue indicating that pro-MMP-9 concentrations remain high in the absence of inflammation. Our findings related to MPO are particularly important as MPO is closely related to calprotectin in humans and fecal calprotectin content is a clinically useful marker of intestinal inflammation. Therefore our study demonstrates that high pro-MMP-9 is a biomarker of intestinal fibrosis in the absence of inflammation, and would potentially be of use in IBD patients experiencing symptoms of fibrosis that are concomitant with low faecal calprotectin levels.

There are no validated diagnostic tests for intestinal fibrosis, highlighting a major unmet need as early intervention is prevented. Furthermore, there are no endorsed end-points for clinical trials of urgently needed therapeutics. Endoscopy has long been the backbone tool for diagnosis of intestinal disease, but is only useful for detecting fibrosis in its later stages when stricture and stenosis manifest, and the jejunum and proximal ileum are normally difficult to access by endoscopy<sup>17,29</sup>. Furthermore, there is no accepted histopathological scoring system for grading the severity of intestinal fibrosis in biopsies obtained from endoscopy. Recent developments in MRI, CT and intestinal ultrasound have provided some promise for imaging intestinal fibrosis<sup>5</sup>, however their sensitivity is typically lower than PET and generating quantifiable data can be difficult<sup>18</sup>. Additionally, these technologies typically focus on discrete body regions and therefore potentially miss concurrent disease in other organs, as we observed in the kidney in the current study. Only one study to date has assessed PET/SPECT approaches for detecting fibrosis in IBD patients, demonstrating that PET combined with MR enterography could differentiate fibrotic strictures from inflammation while PET/CT did not perform as well<sup>17,30</sup>. However, the metabolic marker <sup>18</sup>F-FDG was used as the probe in this study and discriminating the changes in metabolism that are induced in fibrosis from those that are related to inflammation involved changes is likely to be difficult. Advances in the molecular imaging of fibrosis have been made in other tissues, and clinical/pre-clinical studies have now identified useful probes targeting the stomatostatin receptor, ECM constituents including collagen and fibrin, cathepsins and integrins involved in TGF- $\beta$  activation<sup>18</sup>. However, these are yet to be applied to intestinal

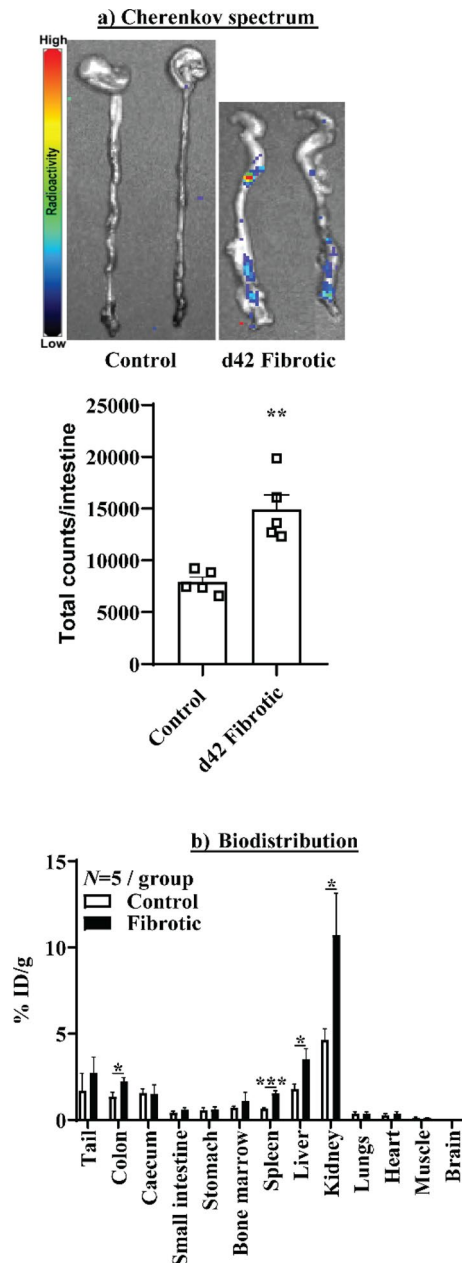


**Figure 5.**  $^{89}\text{Zr}$ - $\alpha$ -pro-MMP-9  $\text{F}(\text{ab}')_2$  PET detection of (a) colonic and (b) kidney fibrosis. Volume of interest (VOI) analysis with representative PET image (coronal and sagittal) of control and fibrotic mice. *Ki* kidney. \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

fibrosis in clinical or pre-clinical studies, and, to the best of our knowledge, our study is the first immunoPET based approach to identify fibrosis in any tissue.

ImmunoPET directed against immune cells or mediators has demonstrated efficacy for detecting colonic inflammation in pre-clinical models<sup>16,19–21</sup>. We recently demonstrated that targeting inflammation induced immune mediators such as IL-1 $\beta$  results in a substantially more localized bio-distribution than targeting immune cells, presumably as while immune cells migrate to inflamed sites they are also widely distributed throughout the body<sup>20</sup>. These findings prompted our examination of inducible mediators of fibrosis as opposed to markers on the surface of fibroblasts or constitutively secreted mediators such as TGF- $\beta$ 1. Here, using the same model of colonic inflammation as our previous study, we confirmed that IL-1 $\beta$  is the most favorable innate immune cytokine for detecting intestinal inflammation as it had the highest fold increase. While there was also a substantial increase in colonic IL-6 concentrations during inflammation, targeting IL-6 for imaging is complicated by its constitutive secretion from a range of non-immune cell types including muscle, its relatively high serum concentration, and its known variability in human disease states<sup>31</sup>.

Enthusiasm for developing antibody based probes for PET imaging has been tempered by concerns related to the use of ionizing radiation, which are amplified by the high molecular weight of antibodies, and the potential for the probe to interfere with the disease process<sup>5</sup>. Our use of engineered antibody fragments to detect fibrosis extends from studies employing antibody fragments against the  $\text{T}_{\text{HELPER}}$  immune cell surface marker CD4 and the gut homing immune cell integrin  $\beta_7$  to detect colonic inflammation in pre-clinical models<sup>19,21</sup>.  $\text{F}(\text{ab}')_2$  antibody fragments have a substantially reduced size compared to intact antibodies which promotes tissue penetration and increases clearance, thereby reducing patient exposure to ionizing radiation<sup>16,22</sup>. Furthermore,  $\text{F}(\text{ab}')_2$  antibody fragments retain target specificity and removal of the effector  $\text{F}_C$  region effectively renders the antibody inert as  $\text{F}_C$  mediated activation of innate immune cells and the complement cascade is eliminated.  $\text{F}(\text{ab}')_2$  fragments may theoretically influence the disease process by neutralizing their target, however this effect is improbable as the antibody dose for their use as probes for immunoPET is much lower than when they are used as conventional drugs<sup>18</sup>. The dose of ionizing radiation we used in our current study was similar to that used in these previous studies and much lower than the dose we previously used with conjugated intact antibodies to detect colonic inflammation<sup>20</sup>, reducing exposure to radiation<sup>19,21</sup>. Furthermore, it should be noted that the ionizing radiation dose for whole body  $^{18}\text{F}$ -FDG PET scans is much lower than typically used for abdominal pelvic CT scans, but much more information regarding distant organs can be obtained<sup>16,32,33</sup>. Importantly, immunoPET offers the potential for both early detection and theranostic treatment which are critically needed for treatment in the intestine and other fibrotic tissues.

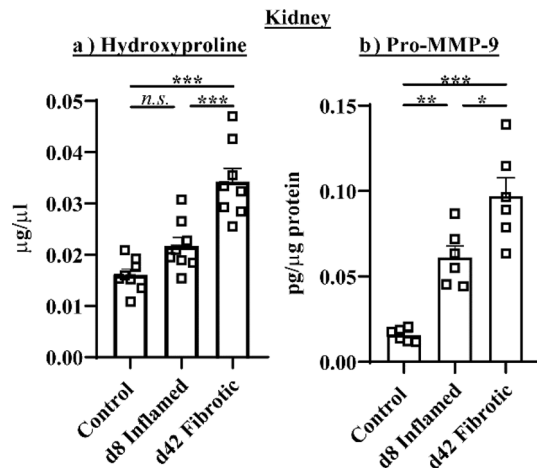


**Figure 6.** Ex-vivo (a) Cherenkov luminescence analysis and (b) biodistribution of  $^{89}\text{Zr}$ - $\alpha$ -Pro-MMP-9 F(ab')<sub>2</sub>. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

We observed that the increased pro-MMP-9 signal in the fibrotic colon occurred concurrently with increased signal in the kidney, which we demonstrate for the first time develops fibrosis in this model. IBD is frequently associated with extra-intestinal manifestations. Nephritis and nephrolithiasis, or stone formation, is the most frequently experienced renal diseases in IBD patients, and is particularly prevalent in those with long standing disease<sup>34</sup>. MMP-9 expression is increased in nephritis and nephrolithiasis has been linked to MMP-9 polymorphisms, however in relation to IBD it remains difficult to determine whether these diseases result from immune mechanisms that are shared or distinct to those in the intestine, or whether they result from drug toxicity<sup>34,35</sup>. Kidney injury and increased inflammatory mediator content has previously been demonstrated in DSS induced colitis<sup>36</sup>. However, our study is the first to investigate the kidney in a model of intestinal fibrosis. The mechanisms underlying colitis induced kidney fibrosis that we observed warrant further study.

## Conclusions

We performed the first immunoPET study in any organ, clinical or pre-clinical, and demonstrated that pro-MMP-9 F(ab')<sub>2</sub> fragments detected inflammation induced intestinal fibrosis after inflammation had resolved. Furthermore, we also established the kidney becomes fibrotic in this model, underscoring the benefit of PET for detecting disease in organs that are distant from the original disease site and are therefore potentially ignored.



**Figure 7.** Repeated DSS cycles increased (a) hydroxyproline and (b) pro-MMP-9 concentrations in the kidney \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

As the mechanisms underlying fibrosis are broadly similar across all organs, and ~45% of all natural deaths in the western world can be attributed to fibroproliferative disease<sup>8</sup>, we propose that immunoPET of pro-MMP-9 antibody fragments are a valuable addition to the detection of fibrosis in all tissues.

## Methods

All experiments were approved by the Animal Ethics Committee of the South Australian Health and Medical Research Institute (SAHMRI) and The University of Adelaide. All experiments were performed in accordance with the guidelines and regulations of the Animal Welfare Act 1985 (South Australia) and the NHMRC Code for the care and use of animals for scientific purposes (2013, Australia).

**Mice.** Male C57BL/6jSah mice aged 10–14 weeks (20–30 g) were bred and group housed in a specific pathogen-free environment at the South Australian Health and Medical Research Institute (SAHMRI). Animals had ad libitum access to food and water. Experiments were conducted with only male mice to eliminate the potential confounding effects of the estrus cycle. Mice were humanely euthanized via CO<sub>2</sub> inhalation and cervical dislocation to remove tissues.

**DSS colitis model.** Colonic inflammation was induced by the addition of 2% (w/v) dextran sodium sulphate (DSS) (molecular mass 40–50 kDa, Alfa Aesar, Lancashire, United Kingdom) for 5 days followed by an additional 3 days of normal drinking water for inflamed mice (d8 inflamed)<sup>20</sup>, while fibrosis was induced by repeating 3 cycles of 5 days DSS treatment followed by 9 days of normal drinking water. Mice were assessed daily for signs of colitis including body weight and diarrhea. Healthy mice were age and weight matched. Colon length was measured from the tip of the anus to the distal end of the colon.

**Hydroxyproline assay.** Hydroxyproline concentrations were determined essentially as described in the manufacturer's protocol (Abcam, Cambridge, UK). Briefly, ~1 cm sections of distal colon or kidney were excised free of surrounding fat and blood vessels and homogenized in 100 µL dH<sub>2</sub>O/10 mg tissue before being hydrolyzed in 10 N NaOH (Sigma, Sydney, Australia) for 1 h. at 120 °C, then neutralized with 10 N HCl (Chem Supply, Gillman, Australia) and the supernatant collected after centrifugation. Samples and standards were evaporated on a 96 well flat bottom plate, oxidized (Chloramine-T for 20 min), and absorbance measured at 560 nm after 4-(dimethylamino)benzaldehyde incubation for 45 min at 65 °C. Hydroxyproline concentrations were determined based on their relationship with standards of known concentration and normalized to tissue weight.

**Histology.** 1 cm sections of distal colon were excised with surrounding fat, stored in 4% formalin at 4 °C and mounted in paraffin blocks. 10 × 4 µm sections of formalin fixed (4 °C overnight) paraffin embedded sections were stained with Masson's Trichrome and processed for image capture [Nanozoomer (Hamamatsu, Japan)].

**Innate cytokine and matrix metalloprotease concentrations.** Proteins were extracted from a 1 cm section of distal colon or kidney as previously described<sup>20,37–39</sup>. Concentrations of the innate cytokines IL-1α, IL-1β, IL-6, IL-10 and TNF-α (Merck Millipore, Massachusetts, USA) and matrix metalloproteases (MMP) MMP-2, MMP-3, MMP-8 and Pro-MMP9 (Merck Millipore) were determined by multiplex assay, while TIMP-1 concentrations were determined by ELISA (R&D systems, Minnesota, USA). Kidney pro-MMP-9 concentrations were determined by ELISA (R&D systems). Concentrations were normalized to total protein concentration as determined by a BCA assay (Abcam, UK) as previously described<sup>20,38,39</sup>.



**MPO concentrations.** Luminal fecal pellets were removed and homogenized for MPO processing and supernatants collected as previously described<sup>20,37</sup>. MPO concentrations were determined by ELISA essentially as per manufacturer's instructions (ThermoFisher Scientific, Waltham, MA, USA), with MPO concentrations determined based on a relationship to standards of known concentration and results standardized to fecal wet weight. The limit of sensitivity was < 14 ng/mL.

**F(ab')<sub>2</sub> generation, conjugation and radiolabeling.** Rat  $\alpha$ -mouse pro-MMP-9 IgG<sub>2A</sub> (R&D Systems Clone # 116134) F(ab')<sub>2</sub> fragments were generated by digesting on an immobilized pepsin agarose resin for 4 h at 37 °C, followed by purification on a protein A column essentially as per manufacturer's instructions (ThermoFisher Scientific). Intact and fragmented antibodies were collected and analysed by SEC-HPLC (LC-20, Shimadzu, Kyoto, Japan) with an AdvanceBio SEC 300 column (7.8 × 300 mm, 2.7  $\mu$ m, Agilent Technologies, Foster City, USA) under isocratic conditions, with peaks detected at 280 nM. Mass was calculated from a 15–600 kDa protein standard mix (Sigma). <sup>89</sup>Zirconium (<sup>89</sup>Zr) production and antibody radiolabelling and conjugation was performed essentially as previously described<sup>20</sup>. Briefly, <sup>89</sup>Zr-oxalate was produced via proton irradiation of an <sup>89</sup>Y target on a PETtrace 880 cyclotron (GE Healthcare, Illinois, USA) and purified on the ALECO solid target processing system (Comecer, Italy). NCS-Bz-DFO (Macrocyclics, Texas, USA) was conjugated to  $\alpha$ -pro-MMP-9 F(ab')<sub>2</sub> fragments and radiolabelled with <sup>89</sup>Zr. Purity was confirmed by SEC-HPLC as described above. Specificity was determined by shift assay (SEC-HPLC) following incubation of recombinant pro-MMP-9 (R&D systems, 5 mg/mL) in the presence or absence of  $\alpha$ -pro-MMP9 F(ab')<sub>2</sub> in 1:10 ratio for 2 h at room temp.

**MRI-PET.** 1–2 MBq of <sup>89</sup>Zr- $\alpha$ -pro-MMP-9 F(ab')<sub>2</sub> (71  $\mu$ g) in 100–200  $\mu$ L of normal saline was administered intravenously (tail vein) 18 h prior to imaging and PET scans performed 18 h later over 30 min using a submillimetric-resolution (0.7 mm) (Albira PET-SPECT small animal scanner, Bruker Biospin GmbH) as previously described<sup>20</sup>. Manually drawn volumes of interest (VOI) were analyzed as previously described<sup>20</sup>.

**Ex-vivo analysis.** Organs were dissected immediately after PET imaging, weighed and intestinal <sup>89</sup>Zr accumulation counted by Cherenkov luminescence imaging performed with an optimal imager (IVIS Lumina, Perkin Elmer USA) equipped with a CCD camera (exposure time 600 s, binning factor 8, field of view 23 cm, in open filter mode), with counts background corrected. <sup>89</sup>Zr biodistribution was determined in organs using a Hidex  $\gamma$ -counter (Hidex, Finland) with counts background and decay-corrected as previously described<sup>20</sup>.

**Statistical analysis.** Data are expressed as mean  $\pm$  SEM in all cases. All data was determined by Shapiro Wilk testing to have normalized distribution. The significance of results were determined by two-tailed unpaired *t* test or one-way ANOVA with Tukey's post-hoc test. Differences with *P* < 0.05 were considered statistically significant.

### Data availability

All data generated or analysed during this study are included in this published article and its Supplementary Information files.

Received: 6 December 2019; Accepted: 4 November 2020

Published online: 23 November 2020

### References

1. Abraham, C. & Cho, J. H. Inflammatory bowel disease. *N. Engl. J. Med.* **361**, 2066–2078. <https://doi.org/10.1056/NEJMra0804647> (2009).
2. Lawrance, I. C. *et al.* Cellular and molecular mediators of intestinal fibrosis. *J. Crohns Colitis* **11**, 1491–1503. <https://doi.org/10.1016/j.crohns.2014.09.008> (2017).
3. Rieder, F. & Fiocchi, C. Intestinal fibrosis in IBD—a dynamic, multifactorial process. *Nat. Rev. Gastroenterol. Hepatol.* **6**, 228–235. <https://doi.org/10.1038/nrgastro.2009.31> (2009).
4. Pittet, V. *et al.* Penetrating or stricturing diseases are the major determinants of time to first and repeat resection surgery in Crohn's disease. *Digestion* **87**, 212–221. <https://doi.org/10.1159/000350954> (2013).
5. D'Haens, G. *et al.* Challenges in the pathophysiology, diagnosis and management of intestinal fibrosis in inflammatory bowel disease. *Gastroenterology* <https://doi.org/10.1053/j.gastro.2019.05.072> (2019).
6. Rieder, F., Fiocchi, C. & Rogler, G. Mechanisms, management, and treatment of fibrosis in patients with inflammatory bowel diseases. *Gastroenterology* **152**, 340–350. <https://doi.org/10.1053/j.gastro.2016.09.047> (2017).
7. Jun, J. I. & Lau, L. F. Resolution of organ fibrosis. *J. Clin. Invest.* **128**, 97–107. <https://doi.org/10.1172/JCI93563> (2018).
8. Wick, G. *et al.* The immunology of fibrosis. *Annu. Rev. Immunol.* **31**, 107–135. <https://doi.org/10.1146/annurev-immunol-032712-095937> (2013).
9. Wynn, T. A. & Ramalingam, T. R. Mechanisms of fibrosis: therapeutic translation for fibrotic disease. *Nat. Med.* **18**, 1028–1040. <https://doi.org/10.1038/nm.2807> (2012).
10. Breynaert, C. *et al.* Genetic deletion of tissue inhibitor of metalloproteinase-1/TIMP-1 alters inflammation and attenuates fibrosis in dextran sodium sulphate-induced murine models of colitis. *J. Crohns Colitis* **10**, 1336–1350. <https://doi.org/10.1093/ecco-jcc/jjw101> (2016).
11. Lawrance, I. C. *et al.* A murine model of chronic inflammation-induced intestinal fibrosis down-regulated by antisense NF-kappa B. *Gastroenterology* **125**, 1750–1761. <https://doi.org/10.1053/j.gastro.2003.08.027> (2003).
12. Giannandrea, M. & Parks, W. C. Diverse functions of matrix metalloproteinases during fibrosis. *Dis. Model. Mech.* **7**, 193–203. <https://doi.org/10.1242/dmm.012062> (2014).
13. Di Sabatino, A. *et al.* Transforming growth factor beta signalling and matrix metalloproteinases in the mucosa overlying Crohn's disease strictures. *Gut* **58**, 777–789. <https://doi.org/10.1136/gut.2008.149096> (2009).
14. Meijer, M. J. *et al.* Increased mucosal matrix metalloproteinase-1, -2, -3 and -9 activity in patients with inflammatory bowel disease and the relation with Crohn's disease phenotype. *Dig. Liver Dis.* **39**, 733–739. <https://doi.org/10.1016/j.dld.2007.05.010> (2007).

15. Warnaar, N. *et al.* Matrix metalloproteinases as profibrotic factors in terminal ileum in Crohn's disease. *Inflamm. Bowel Dis.* **12**, 863–869. <https://doi.org/10.1097/01.mib.0000231568.43065.ed> (2006).
16. Dmochowska, N., Wardill, H. R. & Hughes, P. A. Advances in imaging specific mediators of inflammatory bowel disease. *Int. J. Mol. Sci.* **19**, 2471. <https://doi.org/10.3390/ijms19092471> (2018).
17. Bettenworth, D. *et al.* Assessment of Crohn's disease-associated small bowel strictures and fibrosis on cross-sectional imaging: a systematic review. *Gut* **68**, 1115–1126. <https://doi.org/10.1136/gutjnl-2018-318081> (2019).
18. Montesi, S. B., Desogere, P., Fuchs, B. C. & Caravan, P. Molecular imaging of fibrosis: recent advances and future directions. *J. Clin. Invest.* **129**, 24–33. <https://doi.org/10.1172/JCI122132> (2019).
19. Dearling, J. L., Daka, A., Veiga, N., Peer, D. & Packard, A. B. Colitis ImmunoPET: defining target cell populations and optimizing pharmacokinetics. *Inflamm. Bowel Dis.* **22**, 529–538. <https://doi.org/10.1097/MIB.0000000000000677> (2016).
20. Dmochowska, N. *et al.* Immuno-PET of innate immune markers CD11b and IL-1beta detects inflammation in murine colitis. *J. Nucl. Med.* **60**, 858–863. <https://doi.org/10.2967/jnumed.118.219287> (2019).
21. Freise, A. C. *et al.* Immuno-PET in inflammatory bowel disease: imaging CD4-positive T cells in a murine model of colitis. *J. Nucl. Med.* **59**, 980–985. <https://doi.org/10.2967/jnumed.117.199075> (2018).
22. Freise, A. C. & Wu, A. M. In vivo imaging with antibodies and engineered fragments. *Mol. Immunol.* **67**, 142–152. <https://doi.org/10.1016/j.molimm.2015.04.001> (2015).
23. Ehrhardt, K. *et al.* Persistent *Salmonella enterica* Serovar Typhimurium infection induces protease expression during intestinal fibrosis. *Inflamm. Bowel Dis.* <https://doi.org/10.1093/ibd/izz070> (2019).
24. Louis, E. *et al.* Increased production of matrix metalloproteinase-3 and tissue inhibitor of metalloproteinase-1 by inflamed mucosa in inflammatory bowel disease. *Clin. Exp. Immunol.* **120**, 241–246. <https://doi.org/10.1046/j.1365-2249.2000.01227.x> (2000).
25. von Lampe, B., Barthel, B., Coupland, S. E., Riecken, E. O. & Rosewicz, S. Differential expression of matrix metalloproteinases and their tissue inhibitors in colon mucosa of patients with inflammatory bowel disease. *Gut* **47**, 63–73. <https://doi.org/10.1136/gut.47.1.63> (2000).
26. Koelink, P. J. *et al.* Collagen degradation and neutrophilic infiltration: a vicious circle in inflammatory bowel disease. *Gut* **63**, 578–587. <https://doi.org/10.1136/gutjnl-2012-303252> (2014).
27. Jakubowska, K. *et al.* Expressions of matrix metalloproteinases (MMP-2, MMP-7, and MMP-9) and their inhibitors (TIMP-1, TIMP-2) in inflammatory bowel diseases. *Gastroenterol. Res. Pract.* **2016**, 2456179. <https://doi.org/10.1155/2016/2456179> (2016).
28. Gao, Q. *et al.* Expression of matrix metalloproteinases-2 and -9 in intestinal tissue of patients with inflammatory bowel diseases. *Dig. Liver Dis.* **37**, 584–592. <https://doi.org/10.1016/j.dld.2005.02.011> (2005).
29. Rieder, F., Zimmermann, E. M., Remzi, F. H. & Sandborn, W. J. Crohn's disease complicated by strictures: a systematic review. *Gut* **62**, 1072–1084. <https://doi.org/10.1136/gutjnl-2012-304353> (2013).
30. Pellino, G. *et al.* PET/MR versus PET/CT imaging: impact on the clinical management of small-bowel Crohn's disease. *J. Crohns Colitis* **10**, 277–285. <https://doi.org/10.1093/ecco-jcc/jjv207> (2016).
31. Hunter, C. A. & Jones, S. A. IL-6 as a keystone cytokine in health and disease. *Nat. Immunol.* **16**, 448–457. <https://doi.org/10.1038/ni.3153> (2015).
32. Brix, G. *et al.* Radiation exposure of patients undergoing whole-body dual-modality 18F-FDG PET/CT examinations. *J. Nucl. Med.* **46**, 608–613 (2005).
33. Smith-Bindman, R. *et al.* Radiation dose associated with common computed tomography examinations and the associated lifetime attributable risk of cancer. *Arch. Intern. Med.* **169**, 2078–2086. <https://doi.org/10.1001/archinternmed.2009.427> (2009).
34. Corica, D. & Romano, C. Renal involvement in inflammatory bowel diseases. *J. Crohns Colitis* **10**, 226–235. <https://doi.org/10.1093/ecco-jcc/jjv138> (2016).
35. Zakiyanov, O., Kalousova, M., Zima, T. & Tesar, V. Matrix metalloproteinases in renal diseases: a critical appraisal. *Kidney Blood Press. Res.* **44**, 298–330. <https://doi.org/10.1159/000499876> (2019).
36. Ranganathan, P., Jayakumar, C., Santhakumar, M. & Ramesh, G. Netrin-1 regulates colon-kidney cross talk through suppression of IL-6 function in a mouse model of DSS-colitis. *Am. J. Physiol. Renal Physiol.* **304**, F1187–1197. <https://doi.org/10.1152/ajprenal.00702.2012> (2013).
37. Campaniello, M. A. *et al.* Acute colitis chronically alters immune infiltration mechanisms and sensory neuro-immune interactions. *Brain Behav. Immun.* **60**, 319–332. <https://doi.org/10.1016/j.bbi.2016.11.015> (2017).
38. Hofma, B. R. *et al.* Colonic migrating motor complexes are inhibited in acute tri-nitro benzene sulphonic acid colitis. *PLoS ONE* **13**, e0199394. <https://doi.org/10.1371/journal.pone.0199394> (2018).
39. Wardill, H. R. *et al.* Acute colitis drives tolerance by persistently altering the epithelial barrier and innate and adaptive immunity. *Inflamm. Bowel Dis.* **25**, 1196–1207. <https://doi.org/10.1093/ibd/izz011> (2019).

## Acknowledgements

This study was funded by a project development grant, University of Adelaide with <sup>89</sup>Zr radiochemistry supported by Bellberry Limited and Bellberry Molecular Imaging Program. Further support was provided by an Australian Government RTP and a William T Southcott Nuclear Medicine Scholarship to ND and a NHMRC R.D. Wright Biomedical Research Fellowship (#APP1105028) to PAH. The authors acknowledge the facilities and scientific and technical assistance of the National Imaging Facility, a National Collaborative Research Infrastructure Strategy (NCRIS) capability, at the South Australian Health and Medical Research Institute (SAHMRI).

## Author contributions

N.D. and P.A.H. conceptualized the study. N.D., W.T., M.D.K., P.T. and P.A.H. designed the study. N.D., W.T., M.D.K., C.A.H., M.A.C. and C.M. curated and analysed data. N.D., W.T., M.D.K. and P.A.H. interpreted the results and wrote the manuscript. All authors commented on and approved the manuscript.

## Competing interests

The authors declare no competing interests.

## Additional information

**Supplementary information** is available for this paper at <https://doi.org/10.1038/s41598-020-77390-7>.

**Correspondence** and requests for materials should be addressed to P.A.H.

**Reprints and permissions information** is available at [www.nature.com/reprints](http://www.nature.com/reprints).

**Publisher's note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



**Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2020