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ORIGINAL RESEARCH

One-pot synthesis of dextran-coated iron oxide nanoclusters for real-time regional lymph node mapping

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Abstract: The intraoperative precision cleaning of lymph nodes (LNs) is an essential component of treating neoplastic disease. To develop efficient probes for the targeted detection of LNs that could act as carriers for the specific diagnosis and treatment of metastatic LNs in the future, dextran-coated iron oxide nanoclusters (DIONs) were synthesized using a one-pot coprecipitation procedure. These modified DIONs have good water dispersibility, cytocompatibility, an optimum size, and a stable, dark brown color for LN imaging. In this study, cytotoxicity was evaluated using lymphatic endothelial cells (LECs) to predict biosafety and biocompatibility. Most importantly, the effectiveness of DIONs in mapping perigastric LNs in Sprague Dawley rats following injection into the gastric submucosal layer was demonstrated. In addition, a long-term tracing in vivo (from 4 days to 3 months) indicated that the DIONs had good biosafety and biocompatibility according to an evaluation of the behavior and blood biochemistry of the rat and a histopathological examination of the important organs.

Keywords: dextran-coated iron oxide nanoclusters, lymph node mapping, biosafety, lymphatic endothelial cells

Introduction

The lymphatic system plays an important role in the spread of cancer cells, and lymph node (LN) metastasis is a universal sign of tumor progression, such as in gastrointestinal cancer, esophageal cancer, and breast cancer.¹ Curative surgical resection is the only method for controlling these diseases. To decrease the mortality and morbidity rates, the inclusion of only appropriate candidates for surgical procedures and the selection of the appropriate LNs for dissection are mandatory.² For these reasons, correct intraoperative staging of metastatic LNs is essential for developing an individualized surgery.^{3–5}

Currently, the assessment of regional metastatic LNs is usually conducted via an imagological diagnosis, such as computed tomography (CT), magnetic resonance imaging (MRI) and 18F-fluoro-2-deoxyglucose positron emission tomography (FDG-PET). These methods, especially FDG-PET, have exhibited usefulness in the diagnosis of primary tumors and regional metastatic LNs. However, because of the limitations of the equipment, intraoperative mapping could not be performed with these imaging methods, possibly leading to inadequate removal of metastatic LNs or excessive LN dissection.^{6–10} In addition, certain dyes or isotopes have been used primarily to provide intraoperative visual guidance in mapping regional LNs, but these materials have no tumor specificity, which could cause a high false-negative rate for metastatic LNs.¹¹

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3365

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Therefore, we chose to synthesize modifiable polymeric nanoparticles that not only possess a high degree of lymphatic targeting but can also carry fluorescent material for intraoperative metastatic LN mapping. To address these issues, in this research, we first designed a dextran-coated iron oxide nanocluster (DION), which mainly consists of Fe³⁺/Fe²⁺ and dextran. The diameter of the DIONs was limited to 100-200 nm, similar to CNPs, so that the DIONs will specifically gather together within LNs. Furthermore, because the modifiable dextran contains a large number of hydroxyl groups, which can be conjugated to drugs or fluorescent material either by direct attachment or through a linker, there exists a potential application in the specific diagnosis and treatment of metastatic LNs.13-16 Therefore, the main purpose of this study is to evaluate the effectiveness of DIONs in regional LN mapping and the biosafety of these nanoparticles after injection, thereby laying a foundation for further clinical use and functionalized modifications.

Materials and methods Materials

Dextran was purchased from Thermo Fisher Scientific Inc. (Waltham, MA, USA); iron (III) chloride, iron (II) chloride and ammonium hydroxide were purchased from Energy Chemical Inc. (Shanghai, China) and CNPs were purchased from Chongqing LUMMY Pharmaceutical Co. (Chongqing, People's Republic of China). All other chemicals used were of analytical grade.

Rats and cells

Female Sprague Dawley rats aged 6–8 weeks were purchased from the Central Laboratory of Animal Science at Southern Medical University (Guangzhou, China). The rats had been maintained at the Laboratory Animal Centre of Nanfang hospital in a specific pathogen-free environment. All animal experiments in this study were approved by, and followed the protocols (Application No NFYY-2015-114) of the Nanfang hospital animal ethics committee, Southern Medical University (Guangzhou, China). Human lymphatic endothelial cell (LEC) lines were purchased from Cellbio (Shanghai, China). The cells were cultured in high-sugar DMEM (HyClone, Logan, UT, USA) with 10% fetal bovine serum (FBS; Thermo Fisher Scientific), 8 mg/mL penicillin and 8,000 U/mL streptomycin at 37°C in a humidified 5% CO_2 incubator.

Preparation of DIONs

DIONs were synthesized using a one-pot coprecipitation procedure according to the protocol described by Kamat et al.¹⁷ FeCl₃·6H₂O and FeCl₂·4H₂O at an Fe³⁺/Fe²⁺ molar ratio of 1.8:1 and dextran (3.0 g, low fraction, MW 60-90 kDa) were dissolved in 20 mL of water. The mixture was cooled to 0°C-4°C, and the solution was filtered through a 0.22 µm membrane with continuous stirring under an argon atmosphere, and then, 0.5 mL of ice-cold 25% NH OH was added dropwise to neutralize the reaction mixture, which was then maintained at 0°C-4°C for 15 min. Subsequently, the reaction mixture was heated to 85°C-90°C and maintained at this temperature for 2 h, leading to a stable, dark brown dextran-coated iron oxide solution. The reaction mixture was cooled to room temperature, and the excess dextran and NH₄OH were removed by dialysis against double-distilled water under a nitrogen atmosphere. Using ultrafiltration, the resulting solution was filtered through a 0.22 µm membrane to obtain the DIONs. The Fourier transform infrared (FTIR) spectra were obtained using a Nexus 670 model FTIR spectrophotometer (Thermo Nicolet Corporation, Madison, WI, USA) at a 4 cm⁻¹ resolution using KBr pellets. The particle size distribution and morphology of the DIONs in phosphate buffered saline (PBS, pH = 7.4) were characterized through dynamic light scattering (DLS; Brookhaven, Upton, NY, USA), and transmission electron microscopy (TEM) images were obtained using a JEM-2010HR transmission electron microscope (JEOL Ltd., Tokyo, Japan).

In vivo mapping of LNs

For this experiment, rats underwent preoperative fasting and water deprivation for 24 h. A rat was randomly selected, and after exposing the abdominal wall, local disinfection was carried out 3 times by iodophor, and 1% pentobarbital sodium (0.4 mL/100 g weight) was injected into the rat's abdominal cavity. After the administration of anesthesia and certain routine preoperative preparations, rats were divided into 4 groups (3 rats in each group), and then different concentrations (25, 50, 75 and 100 mg/mL) of DIONs were injected into the rat's gastric submucosal layer at 5 points (0.05 mL for each point) for 24 h to explore an appropriate concentration for the

One-pot synthesis of DIONs for lymph node mapping

next step experiment. Then, 24 rats were regularly fed and randomly divided into 8 groups (3 rats per group). At 6, 12, 18, 24, 30, 36, 42 and 48 h after injection of the applicable concentration of DIONs, the rat's abdomen was exposed and inspected for any complication, such as acute inflammatory exudation, gastric perforation or adhesive intestinal obstruction, etc. Then the stained LNs were recorded using a Canon digital camera and statistically analyzed.

After the in vivo observation, the rats were euthanized with a lethal dose of pentobarbital, and all the stained perigastric LNs were harvested. These LNs were then fixed in 10% neutral buffered formalin. All the samples were then serially sectioned at 40 μ m intervals and stained with hematoxylin and eosin (H&E). To further validate the existence of the DIONs in LNs, microscopy images of Prussian blue-stained tissue slices were obtained, which revealed the presence of iron in the LNs of the DION-injected rat.¹

In vitro cytotoxicity and proliferation assay

The cytotoxicity and proliferation of DIONs in LECs were assessed with a cell counting kit (CCK)-8 assay, and the cells coincubated with DIONs were abbreviated as DIONs-LECs. Cells were seeded into 96-well plates at a density of 2,000 cells per well and cultured for 24 h in high-sugar DMEM plus 10% FBS at 37°C and 5% CO₂. Then, the cells were incubated for 5 days with DIONs at different concentrations (0.5, 1.0, 1.5 and 2.0 mg/mL) as the DIONs-LECs group and without DIONs as the LECs group. In addition, for the blank control group, there was only high-sugar DMEM plus 10% FBS in the plates without any cells. Then, the cells were quantified at various times (0, 6, 18, 24, 48, 72 and 96 h) using the CCK-8 assay (Dojindo, Kumamoto, Japan) and a microplate reader (BioTek, Winooski, VT, USA). The absorbance data (optical density [OD] value) at a wavelength of 450 nm were collected to analyze cytotoxicity and proliferation. Cell viability was used to analyze the cytotoxicity. In addition, the proliferation was evaluated by comparing the DIONs-LECs group's OD value with that in the LECs group. This experiment was repeated 3 times. The following is the calculation formula of cell viability:

Cell viability (%) = $(OD_1 - OD_0)/(OD_2 - OD_0) \times 100\%$

In the calculation formula: OD_1 refers to the OD value for the DIONs-LECs group, OD_2 refers to the OD value for the LECs group and OD_0 refers to the OD value for the blank control group.

In vitro coincubation of LECs and DIONs

To further analyze the influence on morphology at the cellular level, additional experiments were performed by incubating DIONs with LECs. First, Prussian blue staining for iron detection was performed to verify the presence of the DIONs in cells. DIONs were added to high-sugar DMEM plus 10% FBS to 4 final concentrations of 0.5, 1.0, 1.5 and 2.0 mg/mL and coincubated with 5.0×105 LECs for 24 h as the DIONs-LECs group, and then the DIONs-LECs were taken, and the culture medium was removed. They were rinsed with PBS to remove the extracellular free iron particles. After fixing with 4% paraformaldehyde for 10 min, they were washed twice with double-distilled water. Then, they were incubated in 2% potassium ferrocyanide and 6% aqueous hydrochloric acid at 37°C and 5% CO, for 30 min, and washed 3 times with double-distilled water. Nuclear fast red was used to restain the nucleus for 5 min. They were washed with doubledistilled water 3 times and then observed by fluorescence microscopy (IX-70, Olympus Corporation, Tokyo, Japan).¹⁸ Blue particles in the cell indicated success of staining. Then, we chose the DIONs with an appropriate concentration that had a satisfactory blue staining effect for the following comparison. Finally, we compared the DIONs-LECs' morphology, size and proliferation condition with normal LECs and repeated the experiment 3 times.

In vivo biodistribution evaluation

In this experiment, we conjugated DIONs with Cy5 dye (Amersham Pharmacia Biotech UK Ltd. Locations, Little Chalfont, UK). The resultant DIONs were abbreviated as DIONs-Cy5. DIONs-Cy5 were prepared through Cy5-dextrans, and were prepared in a similar way to a previously described protocol.¹⁹ Near-infrared dye Cy5 was applied as the fluorescent probe. Then, 75 mg/mL DIONs-Cy5 was injected into 4 rats' gastric submucosal layers at 5 points (0.05 mL per point). After the operation, the animals were sacrificed at 6, 12, 24 and 48 h; perigastric LNs and major organs, including gastric organs and the liver, kidney, lung, spleen and heart, were excised and imaged with a small animal in vivo fluorescence imaging system (Carestream In-Vivo Imaging System FXPRO; Carestream Health, Inc., Woodbridge, CT, USA). This experiment was repeated 3 times.

In vivo biosafety evaluation

The remaining 54 rats were randomly divided into the following 3 groups (18 rats per group): group I (injected with DIONs), group II (injected with CNPs) and group III (the control group, injected with saline). Behavioral changes and the medicinal residue around the injection point were assessed at predetermined time points (4 days, 1 week, 2 weeks, 1 month, 2 months and 3 months). In addition, using a standard blood collection technique, 1 mL of blood was drawn from the postcava and separated by centrifugation into cellular and plasma fractions for biochemical examination. Upon completion of the blood collection, the rats were sacrificed with a lethal dose of pentobarbital. The major organs (liver, kidney, spleen, heart and brain) in 3 groups of rats were harvested, fixed in 4% neutral buffered formalin, embedded routinely into paraffin, and stained with H&E, and the histopathological lesions were examined and evaluated.

The following experiment was to test the blood iron content. The other 36 rats were regularly fed and randomly divided into the following 2 groups: DIONs group (injected with DIONs, 18 rats) and control group (normal rats, 18 rats). Before this experiment, rats underwent preoperative fasting and water deprivation for 24 h. After the administration of anesthesia and certain routine preoperative preparations as mentioned earlier, 75 mg/mL of DIONs were injected into the DIONs group rats' gastric submucosal layer at 5 points (0.05 mL for each point). At 6, 12, 24, 48, 96 and 168 h after injection, the abdomen of the rats of the 2 groups was exposed (3 rats for each time point), and using a standard blood collection technique, 6 mL of blood was drawn from the abdominal aorta for testing the blood iron content by atomic absorption spectrometry (AAS).²⁰ Then, the blood iron content of the 2 groups was compared. After the experiment, the rats were euthanized with a lethal dose of pentobarbital.

Statistical analysis

Data are expressed as mean \pm SD and were analyzed by SPSS 22.0 statistic software. All experiments were repeated at least 3 times with comparable results, unless indicated otherwise. Statistical evaluation of the data was performed using the unpaired Student's *t*-test and analysis of variance (ANOVA) followed by Scheffe's post hoc test. Significant differences were considered when *P*<0.05.

Results and discussion Structural characterization of DIONs

The DIONs were prepared by coprecipitating Fe³⁺ and Fe²⁺ salts in the presence of dextran (60–90 kDa), as shown in Figure 1A. The DLS data showed that the as-prepared DIONs had a hydrodynamic diameter of 165 nm (Figure 1B) and a zeta potential of -33.4 mV. Furthermore, Figure 1C gives the FTIR spectra of Fe₃O₄, dextran and DIONs. In comparison with the spectrum of Fe₃O₄ without any modification, the spectrum of DIONs showed not only the characteristic bands of Fe₃O₄ at 570 cm⁻¹ (attributed to Fe–O stretching) but also the characteristic band of dextran group at 1,156

and 2,934 cm⁻¹ (attributed to C–O stretching and C–H stretching), which could confirm that the surface of DIONs was coated by dextran. To understand how the DIONs are packed, samples were studied by TEM. Figure 1D shows that the DION nanocrystals are largely present as isolated clusters of iron oxide nanoparticles with dense packing. The TEM images indicated that the DIONs had a diameter of ~150 nm (Figure 1E), a very appropriate particle size for specific LN mapping. The dextran coating is not visible because this material does not significantly attenuate electron beams in TEM. These modified DIONs have good water dispersibility and magnetic properties and a stable, dark brown color, as illustrated in Figure 1F. All these results indicated that DIONs could be successfully fabricated with a proper particle size and superior stability for LN mapping.

In vivo LN mapping

For the in vivo experiments, Sprague Dawley rats were injected with DIONs to evaluate the capacity of these particles to map LNs. After the administration of anesthesia and certain routine preoperative preparations as mentioned earlier, different concentrations (25, 50, 75 and 100 mg/mL) of DIONs were injected into the rats' gastric submucosal layer at 5 points (0.05 mL per point) to determine a concentration that had a satisfactory effect and could be applied to mapping. At 24 h after injection, the results indicate that 75 mg/mL DIONs had a satisfactory labeling effect (Figure 2A). Therefore, 75 mg/mL of DIONs was chosen for injection to evaluate the labeling effect at different time points (from 6 to 48 h). The results revealed that stained LNs gradually appeared at 6 h and could be clearly identified with the naked eye at 24 h after injection, and the number of stained LNs is shown in Figure 2B. The statistical results showed that the number of the stained LNs at 24 h (4.33 ± 1.53 , *P < 0.05) was more than the number at other times. In addition, comparison of numbers at different times indicated statistically significant differences (F=3.354, P<0.05). The color then slowly faded in the next 24 h (Figure 2C). After taking the photo, all the stained perigastric LNs were harvested for Prussian blue-stained tissue slices to further validate the presence of DIONs in LNs. It is known²¹ that Prussian blue staining can give a characteristic blue color in the presence of ferric ions. As seen, tissue at 6 h postinjection showed no obvious blue stains, while the 24 h postinjection led to blue color inside the LNs (Figure 2D). These results confirmed further the specific uptake of DIONs by LNs. In conclusion, all these results suggested that 75 mg/mL of DIONs injected into the submucosal



Figure I (A) Facile one-pot fabrication of DIONs. (B) The size and size distribution of DIONs, and (C) FTIR spectra of Fe₃O₄, dextran and DIONs. (D and E) TEM micrographs. (F) Optical photographs of DIONs solution in the absence and presence of a magnet. Abbreviations: DIONs, dextran-coated iron oxide nanoclusters; FTIR, Fourier transform infrared; PDI, polydispersity index; TEM, transmission electron microscopy.



Figure 2 In vivo LNs mapping.

Notes: (**A**) Different concentrations (25, 50, 75 and 100 mg/mL) of DIONs were injected to explore an appropriate concentration for LN mapping. The scale bars indicate I cm. (**B**) The number of stained LNs. The maximum number of stained LNs at 24 h (4.33 ± 1.53 , *P<0.05). Comparison of numbers at different times indicate statistically significant differences (F=3.354, P<0.05). (**C**) The labeling effect of 75 mg/mL DIONs from 6 to 48 h. The scale bars indicate I cm. The pictures (**A**), (**B**) and (**C**) were recorded using a Canon digital camera, and white arrows point out the stained LNs. (**D**) Prussian blue-stained tissue slices of the stained LNs. Black arrows point out the blue stained iron in the LNs. The photos were recorded using a fluorescence microscope (IX-70; Olympus). The scale bars indicate 40 μ m. **Abbreviations:** LNs, lymph nodes; DIONs, dextran-coated iron oxide nanoclusters.

layer at 5 points (0.05 mL per point) around the primary tumor 24 h before surgery might have a satisfactory labeling effect and could be used as an efficient molecular imaging probe for accurate, sensitive and specific LN mapping.

In vitro biosafety evaluation

Despite the abovementioned advantages, biosafety remains a great concern in determining whether DIONs can be used in future clinical studies.^{22,23} To address this issue, in vitro experiments were performed by incubating DIONs with LECs, a dominant cell type that lines the inner surface of the lymphatic vessels in LNs. The isolation, culture and identification of LECs have been described by Dai et al.²⁴ The cytotoxicity and proliferation assays were conducted using CCK-8. The results suggested that DIONs had a very low cytotoxicity to cells at different concentrations (F=0.684, P=0.665, Figure 3A). The cell growth curves of normal and DIONs-LECs during a period of 96 h showed that cell proliferation was obvious, and the comparison of OD values at different times had statistically significant differences (F=494.101, **P<0.001) but had no significant difference between the 2 groups (F=0.429, P=0.787; Figure 3B). So the



Figure 3 In vitro biosafety evaluation.

Notes: (A) Cell viability (% of control) of LECs after coincubation of DIONs with different concentrations (0.5, 1.0, 1.5 and 2.0 mg/mL) for 0 h to 96 h (F=0.684, P=0.665); (B) cell growth curves of normal and DIONs-LECs during a period of 96 h showed that cell proliferation was obvious (F=494.101, P<0.001), but there was no significant difference between the 2 groups (F=0.429, P=0.787); (C) optical images of LECs-DIONs that were stained with Prussian blue to verify the presence of the DIONs. These were observed using a fluorescence microscope (IX-73, Olympus). The scale bars indicate 100 μ m.

Abbreviations: LECs, lymphatic endothelial cells; DIONs, dextran-coated iron oxide nanoclusters; OD, optical density.

CCK-8 assay showed that DIONs had a very low cytotoxicity to cells and no visible effect on proliferation. Next, LECs were coincubated with 0.5 mg/mL of DIONs for 24 h to show that DIONs had little influence on the morphology of the LECs (Figure 3C). All these in vitro data demonstrated that DIONs had good biocompatibility and biosafety at the cellular level.

Evaluation of in vivo biodistribution

In this experiment, Sprague Dawley rats were injected with DIONs-Cy5 to evaluate the biodistribution of these particles during the LN mapping period. The fluorescent images were captured at 6, 12, 24 and 48 h by a Carestream imaging system. After 48 h, the treated rats were sacrificed with a pentobarbital overdose, and their major organs (liver, spleen, kidney, heart, lung and LNs) were excised and imaged with a small animal in vivo fluorescence imaging system. The ex vivo fluorescence images indicate that the DIONs-Cy5 assemble in the LNs, except around the gastric injection points. Furthermore, only a small amount of fluorescence could be found in the heart, lung, spleen and other important metabolic organs, such as the liver and kidney, which further validates that DIONs only access the lymphatic vessels instead of entering the bloodstream after submucosal injection (Figure 4A and B).

Evaluation of in vivo biosafety

At the third month, a long-term tracing in vivo (4 days, 1 week, 2 weeks, 1 month, 2 months and 3 months) revealed that there was less nanoparticle residue around the injection point in the DIONs group than in the CNPs group (Figure 5A). Furthermore, the DIONs group had no complications, such as acute inflammatory exudation, gastric perforation or adhesive intestinal obstruction, etc., or any abnormal behaviors, compared with the control group (Figure 5B). The histological examination further showed that the major organs (liver, kidney, spleen, heart and brain) of the DIONs group had no appreciable pathological lesion at the 5 time points (4 days, 1 week, 2 weeks, 1 month, 2 months and 3 months), which indicated that the DIONs might not be catabolized in these major organs by blood circulation or through the blood-brain barrier (Figure 5C). In addition, to quantitatively evaluate and compare the long-term toxicity of DIONs and CNPs, the blood biochemistry indices, including



Figure 4 Evaluation of in vivo biodistribution.

Notes: (A) The dynamic distribution of drugs after rats' gastric submucosal layer was injected from 6 h to 48 h. (B) The rats' perigastric LNs and major organs were excised and imaged. Images produced by in vivo fluorescence imaging system (Carestream In-Vivo Imaging System FXPRO). The scale bars indicate 1 cm. Abbreviation: LNs, lymph nodes.

albumin (ALB), alanine transaminase (ALT), aspartate transaminase (AST), blood urea nitrogen (BUN) and creatinine (CREA), were measured. Among the abovementioned indices, the ALT and AST indices are closely related to the liver function of animals, while CREA and BUN levels relate to kidney function.¹⁸ The results revealed that there were no significant differences in any of the indices of the treated rat compared to the untreated rat within an observation period of 3 months, which proved that the DIONs might have no harmful impact on liver and kidney function (Figure 5D). In order to further evaluate the biosafety, the testing of the blood iron content was performed. At 6, 12, 24, 48, 96 and 168 h after injection, the blood iron content exhibited no significant changes between the DIONs group and the normal group (F=4.005, *P*=0.060; Figure 5E). These results showed

that few DIONs spread into the blood circulation after the local injection. All the in vivo results suggested that DIONs have good biosafety for LN mapping.

Conclusion

The current study testified that DIONs could serve as a simple but efficient system for LN mapping. Furthermore, a longterm dynamic investigation (3 months) in vivo revealed the satisfactory biosafety and stability for LN mapping, which could be attributed to proper particle size and the uptake of DIONs by LECs. In addition, both in vitro and in vivo evaluation results indicated that DIONs had acceptable biocompatibility and biosafety, which may facilitate direct assessment of the LNs in gastric cancer staging. In addition, our recent preliminary studies further demonstrated that DIONs could



Figure 5 In vivo biosafety evaluation.

Notes: (A) Drug residues around the injection point of DIONs and CNPs at the third month. Black arrows indicate the drug residues around the injection point and the scale bars indicate 1 cm. In the same way, black arrows indicate the drug residues in the Prussian blue labeling and H&E picture, and the scale bars indicate 400 μ m. (B) Postoperative complications in the DIONs group compared with the control group. The scale bars indicate 1 cm. (C) Pathological lesions in the major organs evaluated by H&E, the scale bars indicate 200 μ m. (D) The blood biochemistry for liver and kidney function. Influence of DIONs on blood biochemistry indices of the treated rats at 4 days, 1 week, 2 weeks, 1 month, 2 months and 3 months. ALT (F=2.238, P=0.086), AST (F=0.83, P=0.535), BUN (F=0.415, P=0.836) and CREA (F=0.3, P=0.912). (E). The testing of the blood iron content from 6 h to 168 h (F=4.005, P=0.060).

Abbreviations: DIONs, dextran-coated iron oxide nanoclusters; CNPs, carbon nanoparticles; H&E, hematoxylin and eosin; ALT, alanine transaminase; AST, aspartate transaminase; BUN, blood urea nitrogen; CREA, creatinine.

also serve as a safe and effective material carrier for tumorspecific tracers and targeted chemotherapy.

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Disclosure

The authors report no conflicts of interest in this work.

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