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## Exosomal-mediated transfer of APCDD1L-AS1 induces 5-fluorouracil resistance in oral squamous cell carcinoma via miR-1224-5p/nuclear receptor binding SET domain protein 2 (NSD2) axis

Shen Li<sup>a</sup>, Zhiyan Shi<sup>a</sup>, Suwei Fu<sup>a</sup>, Qingfu Li<sup>a</sup>, Bei Li<sup>b</sup>, Lixiao Sang<sup>c</sup>, and Donghong Wu <sup>®\*</sup>

<sup>a</sup>Department of Stomatology, Henan Provincial People's Hospital, People's Hospital of Zhengzhou University, Zhengzhou, Henan, 450003, China; <sup>b</sup>Department of Gastroenterology, Affiliated Xiaolan Hospital, Southern Medical University, Zhongshan, Henan, 450003, China; <sup>c</sup>Department of Gynecology and Obstetrics Birth Clinic, The Third Affiliated Hospital of Zhengzhou University, Zhengzhou, Henan, 450003, China

#### ABSTRACT

Oral squamous cell carcinoma (OSCC) poses a threat to public health worldwide. LncRNA APCDD1L-AS1 has been reported to participate in tumorigenesis and development of acquired chemoresistance. However, the role of APCDD1L-AS1 in 5-fluorouracil (5-FU) resistance regulation within OSCC is still obscure. In this study, 5-FU-resistant cell models were established with OSCC cell lines (HSC-3 and HN-4). Gene expressions and protein levels were detected by RT-qPCR and Western blotting, respectively. CCK-8, colony forming, and flow cytometry were utilized to measure IC50 value, cell viability, and cell apoptosis of 5-FU-resistant OSCC cells. Dual-luciferase reporter assay and RIP assay were applied to identify the associations between miR-1224-5p and APCDD1L-AS1 or NSD2. Herein, high APCDD1L-AS1 expression was shown in OSCC tissues and cells resistant to 5-FU and related to the worse prognosis of OSCC patients. APCDD1L-AS1 knockdown impaired 5-FU resistance in 5-FU-resistant OSCC cells by reducing IC<sub>50</sub> value, suppressing cell viability, and accelerating cell apoptosis. Besides, extracellular APCDD1L-AS1 could be transferred to sensitive cells via exosome incorporation, thereby transmitting 5-FU resistance in OSCC cells. Besides, miR-1224-5p was a molecular target of APCDD1L-AS1 and directly targeted NSD2 in 5-FU-resistant cells. MiR-1224-5p exhibited a much lower level in 5-FU-resistant tissues and increased 5-FU sensitivity in 5-FU-resistant OSCC cells. Moreover, NSD2 upregulation neutralized the influence of blocking APCDD1L-AS1 in HSC-3/5-FU and HN-4/5-FU cells on 5-FU resistance. To sum up, our study demonstrated that exosomal APCDD1L-AS1 conferred resistance to 5-FU in HSC-3/5-FU and HN-4/5-FU cells via the miR-1224-5p/NSD2 axis, thus providing a novel target for OSCC chemoresistance.

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APCDD1L-AS1; 5-fluorouracil; miR-1224-5p; NSD2; oral squamous cell carcinoma

#### Introduction

As a malignancy derived from oral mucosa, oral squamous cell carcinoma (OSCC) is the most frequently diagnosed subtype of head and neck squamous cell carcinoma (HNSC) [1]. Since there are few typical symptoms for OSCC at early stages, many OSCC patients were diagnosed at advanced stages [2]. Currently, surgery combined with adjuvant chemotherapy or radiotherapy is a major method for patients with advanced OSCC [3]. In spite of progressions made in diagnosis and treatment, OSCC is still a type of human cancer characterized by high mortality [4]. As indicated in multiple studies, OSCC patients may develop drug resistance which greatly impairs the efficacy of chemotherapy and constitutes a major cause for therapeutic failure of OSCC patients [5]. 5-fluorouracil (5-FU) is a standard drug applied for OSCC chemotherapy [6]. Nevertheless, 5-FU resistance brings great obstacles to its application in OSCC chemotherapy [7]. Therefore, to overcome 5-FU resistance in OSCC therapies and assure 5-FU efficacy in OSCC chemotherapy, the underlying mechanism of 5-FU sensitivity should be further investigated in OSCC.

Long noncoding RNAs (lncRNAs) are noncoding RNAs (>200 nucleotides) possessing no protein-coding functions [8]. The active involvement of lncRNAs in the development of human malignancies through gene expression and cellular

\*CONTACT Donghong Wu 🛛 donghong\_wu01@163.com 🗊 Department of Stomatology, Henan Provincial People's Hospital, People's Hospital of Zhengzhou University, No.7 Weiwu Road, Jinshui District, Zhengzhou Henan 450003, China

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Table 1	۱.	Clinicopathologic	details	of	the	patients.
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	Number of Patients
Clinical parameters	(n = 40)
Age	
≤50	17
>50	23
Gender	
Male	29
Female	11
Anatomical site	
Alveolar ridge	4
Buccal mucosa	14
Lip	4
Tongue	8
Other	10
Clinical stage	
-    -	12
III–IV	28
Tumor size	
T1-T2	14
T3-T4	26
Nodal metastasis	
≤N1	18
≥N2	20
Histological grade	
(G1) Well-differentiated	14
(G2) Moderately differentiated	17
(G3) Poorly differentiated	9
Smoking	
Yes	23
No	17
Tobacco/allied chewing	
Yes	16
No	24
Alcohol intake	
Yes	12
No	28

function regulation has been fully evidenced by previous studies [9]. What's more, multiple studies have extensively investigated the development of lncRNA-modulated drug resistance in chemotherapy for human cancers. For example, Wang et al. found lncRNA NUTM2A-AS1 was upregulated and promoted tumor growth, metastasis, and chemoresistance in gastric cancer by elevating TET1 and HIF-1A levels through interaction with miR-376a [10]. A report from Zhou et al. revealed that IncRNA PVT1 attenuated susceptibility to gemcitabine in pancreatic cancer through miR-619-5p/ ATG14 and miR-619-5p/Pygo2 axes by Wnt/βcatenin and autophagy pathways [11]. Besides, Lei et al. also demonstrated that lncRNA H19 conferred was packaged into exosomes, thus attenuating gefitinib susceptibility in non-small cell lung cancer cells [12]. Also, Ghafouri-Fard et al. disclosed that non-coding RNAs play critical roles in regulating the patients' responses to 5-FU [13]. A novel lncRNA, APCDD1L-AS1, showed higher expression in HNSC [14]. Moreover, a report from Wu et al. also indicated that APCDD1L-AS1 impaired lung adenocarcinoma sensitivity to icotinib by upregulating SIRT5 level via miR-1322/miR-1972/ miR-324-3p, thereby restraining EGFR autophagic degradation [15], which indicates a promoting effect of APCDD1L-AS1 in the development of acquired chemoresistance during chemotherapy. Therefore, we supposed that APCDD1L-AS1 promote chemoresistance in OSCC. might However, the specific functions of APCDD1L-AS1 in regulating resistance of OSCC cells to 5-FU haven't been studied yet.

LncRNAs may act as competing endogenous RNAs (ceRNAs) by specifically adsorbing miRNAs to regulate the levels of target genes, thus participating in the regulation of chemoresistance [16,17]. Therefore, we hypothesized that APCDD1L-AS1 increased the chemoresistance of OSCC by serving as a ceRNA to sponge miR-1224-5p and upregulate NSD2 expression. Through a series of functional assays, it was demonstrated that exosomal APCDD1L-AS1 induced 5-FU resistance in OSCC via the miR-1224-5p/NSD2 axis, thereby offering a novel treatment strategy for 5-FUresistant OSCC.

#### Materials and methods

#### **Tissue samples**

Forty pairs of OSCC tissues and adjacent normal tissues were acquired from patients diagnosed and undergoing surgery at Henan Provincial People's Hospital and accepted no radiotherapy or immunotherapy before surgery. The clinicopathologic details of the patients were as shown in Table 1. As 5-FU has a special effect on OSCC, short-term recurrence after 5-FU therapy means insensitivity to 5-FU [18]. Therefore, the OSCC specimens were grouped into the 5-FU-sensitive group (from patients without recurrence or with recurrence after 6 months as of the completion of primary chemotherapy; n = 22) and the 5-FUresistant group (from patients with recurrence within 6 months as of the completion of primary chemotherapy; n = 18). Prior to this study, each participant signed the informed consent. The current study was permitted by the Ethics Committee of Henan Provincial People's Hospital.

## Cell culture and establishment of 5-FU-resistant cellular models

OSCC cell lines (SCC-4, HSC-3, TSCC1, SCC090, and HN-4) and normal human oral keratinocyte cell line (NHOK) were acquired from BeNa Culture Collection (Beijing, China). The cells were cultivated in DMEM (10% FBS) (Invitrogen, USA) in 5% CO<sub>2</sub> at 37°C.

To establish OSCC cells resistant to 5-FU (HSC-3/5-FU and HN-4/5-FU) derived from parental HSC-3 and HN-4 cell lines, HSC-3 and HN-4 cells were treated with gradient 5-FU doses for more than 6 months. Then, HSC-3/5-FU and HN-4/5-FU cells were cultured in DMEM (10% FBS) containing 4  $\mu$ g/mL 5-FU to maintain drug resistance.

#### **Cell transfection**

The short hairpin (sh)-RNA against APCDD1L-(sh-APCDD1L-AS1: CCGGGAGAGUUA AS1 UGGCAUUTT), NSD2 (sh-NSD2: 5'-CCAGCUAAGAAAGAGUCUUTT), and their negative control (sh-NC: UUCUCCGAA CGUGUCACGUTT), pcDNA-APCDD1L-AS1 overexpression vector (oe-APCDD1L-AS1), pcDNA-NSD2 overexpression vector (oe-NSD2), and pcDNA 3.1 empty vector (Vector), as well as miR-1224-5p inhibitor (5'-CCACCUCAC CGUCCCCGAU-3'), miR-1224-5p mimics (5'-GUGAGGACUCGGGAGGUGG-3'), and their corresponding negative controls (NC inhibitor, 5'-CAGUACUUUUGUGUAGUACAA-3'; NC m imics: 5'-UUCUCCGAACGUGUCACGUCC-3') were obtained from GenePharma (Shanghai, China). HSC-3/5-FU or HN-4/5-FU cells were transfected with sh-APCDD1L-AS1 (45 nM), sh-NSD2 (45 nM), sh-NC (15 nM), miR-1224-5p mimics (45 nM), miR-1224-5p inhibitor (45 nM), NC mimics (15 nM), NC inhibitor (15 nM), Vector (15 nM), oe-APCDD1L-AS1 (45 nM), or oe-NSD2 (45 nM) via Lipofectamine® 2000 reagent (Invitrogen). After 48 hours, the transfected cells were used for subsequent experiments.

### RT-qPCR

Trizol reagent (Takara, China) was applied for total RNA extraction in tissues and cells. Then, the complementary DNA (cDNA) was synthesized by reversely transcribing RNA with TaqMan miRNA RT kit (Thermo Fisher Scientific). RTqPCR was conducted on Applied Biosystems 7500 real-time PCR system with SYBR Green PCR Master Mix (Thermo Fisher Scientific). The relative enrichments of APCDD1L-AS1, NSD2, and miR-1224-5p were calculated by  $2^{-\Delta\Delta Ct}$ method. GAPDH or U6 was utilized as the internal reference. RT-qPCR primers were as follows: APCDD1L-AS1: 5'-GAGCCTTGGAAAGGAG GACC-3' 5'-(Forward (F)) and GATCCATGCAGGTGGGGAACA (Reverse (R));

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NSD2: 5'-AATATGACTCCTTGCTGGAGCAGG -3' (F) and 5'-ATTTCAACAGGTGGTCTTTGT CTC-3' (R); GAPDH: 5'-AACGGATTTGGTCGT ATTGGG-3' (F) 5'-CGCTCCTGGAA and GATGGTGATG -3' (R); miR-1224-5p: 5'-ACACTCCAGCTGGGGTGAGGACTGGGG-3' (F) and 5'-TGGTGTCGTGGAGTCG-3' (R); U6: 5'-TGCGGGTGCTCGCTTCGGCAGC-3' (F) and 5'-CCAGTGCAGGGTCCGAGGT-3' (R).

#### CCK-8 assay

To evaluate 5-FU cytotoxicity, the IC<sub>50</sub> (5-FU concentration causing 50% decrease in cell viability) value was assessed by CCK-8 assay. In brief, HSC-3/5-FU or HN-4/5-FU cells were seeded into 96well plates ( $1 \times 10^4$  cells/well) after transfection. Then, the cells were incubated with 5-FU (1, 2, 4, 8, 16, 32, 64 µg/mL) for 24 hours. Thereafter, 10 µL CCK-8 reagent (Dojindo, Japan) was supplemented to each well. The cells were cultivated for 2 hours prior to the absorbance measurement performed at 450 nm with a microplate reader [19].

#### **Colony-forming assay**

Briefly, transfected HSC-3/5-FU or HN-4/5-FU cells were firstly dispersed into single cells and then seeded into 6-well plates (500 cells/well). Then, the cells were cultivated for 2 weeks at  $37^{\circ}$ C with 5% CO<sub>2</sub>. Subsequently, the formed cell colonies were stained with crystal violet (0.1%) after being fixed with paraformaldehyde (4%). The cell colony number was measured under a microscope.

#### Flow cytometry assay

To detect apoptosis of OSCC cells, Annexin V-FITC Apoptosis Detection Kit (Yeasen, China) was utilized for flow cytometry assay [20]. Transfected HSC-3/5-FU or HN-4/5-FU cells were washed in PBS and resuspended in binding buffer. Thereafter, the cell suspension was supplemented with Annexin V-FITC solution (5  $\mu$ l) and PI solution (5  $\mu$ l) followed by 15 minutes' incubation in darkness. The cell apoptotic rate was analyzed with a flow cytometer (Agilent, China).

#### Dual-luciferase reporter assay

To build luciferase reporter vectors, the sequence of APCDD1L-AS1 or NSD2 3' UTR with wild type (WT) or mutant type (MUT) binding sites to miR-1224-5p were cloned into pmirGLO dualluciferase Vector (Promega, USA), respectively. Afterward, APCDD1L-AS1-WT (or APCDD1L-AS1-MUT) as well as NSD2-WT (or NSD2-MUT) were co-transfected into HSC-3/5-FU or HN-4/5-FU cells together with miR-1224-5p mimics or NC mimics via Lipofectamine 2000 (Invitrogen). To assess the luciferase activity, a dual luciferase assay kit (Promega) was employed after 48 hours of transfection [21].

#### Western blotting

Extraction of total protein was performed with RIPA buffer. Thereafter, total protein was qualified with BCA kit (Solarbio). Then, proteins were separated by SDS-PAGE and transferred onto PVDF membranes. After blocked with nonfat milk for 1 hour, the membranes were cultivated with primary antibodies against CD63 (ab59479, 1:1000, Abcam, USA) or CD9 (ab233396, 1:1000, Abcam, USA) at 4°C overnight, respectively. After the secondary antibody (ab205718, 1:2000, Abcam, USA) was added, the membranes were incubated for another 2 hours at room temperature. Finally, the enhanced chemiluminescence detection kit (Pierce Biotechnology, USA) was employed to detect the blots [22].

#### **Exosome isolation**

Exosome extraction from cell culture medium was performed with ExoQuick precipitation kit (System Biosciences, USA). Briefly, cells were collected when 80% confluency was achieved. After 10 minutes' centrifugation at 3000 g, cells and cell debris were discarded. Thereafter, 250  $\mu$ L supernatant was mixed with 63  $\mu$ L ExoQuick precipitation kit and then incubated for 30 minutes at 4°C. After centrifugation at 1500 g for 30 minutes, the supernatant was discarded. Subsequently, the residual liquid was removed by centrifugation at 1500 g for 5 minutes to obtain the final exosome pellets.

#### Transmission electron microscopy (TEM)

The exosome pellets were re-suspended with 200  $\mu$ L PBS. For TEM analysis, 10  $\mu$ l exosome suspension was placed on a parafilm. Next, a carbon-coated copper grid was made floated on the drop of exosome suspension for 5 minutes. Thereafter, the grid was removed and the redundant liquid on the grid was blotted up with clean filter paper. Then, the grid was immersed in 2% phosphotungstic acid (pH = 7.0) for 30 seconds. Afterward, the redundant liquid was removed. Finally, the grid was observed under a transmission electron microscope (Tecnai G2 Spirit Bio TWIN, USA) after 5 minutes' drying.

#### RNA immunoprecipitation (RIP) assay

RIP assay was performed with EZ-Magna Rip Kit (Millipore, USA) [23]. HSC-3/5-FU or HN-4/5-FU

cells were firstly lysed in RIP lysis buffer and then cultured with magnetic beads conjugated with human anti-Ago2 antibody. Thereafter, normal mouse IgG control was applied as the negative control. Trizol reagent was adopted to isolate RNAs from the precipitates. Thereafter, the relative RNA expression levels were assessed by RT-qPCR.

#### Statistical analysis

Each experiment in our study was done in triplicate, independently. All the data were shown as mean  $\pm$  standard deviation. For statistical analysis, the GraphPad Prism 6.0 software was employed. Student's t-test or one-way ANOVA was employed to analyze differences between two or more groups, respectively. Survival curves were plotted and analyzed by Kaplan-Meier method and log-rank test. *P*< 0.05 indicates a statistical significance of difference.



Figure 1. High APCDD1L-AS1 is discovered in OSCC and correlative to poor prognosis of OSCC patients.

(A) APCDD1L-AS1 expression in OSCC tissues and normal tissues was determined by RT-qPCR. (B) The overall survival was analyzed in OSCC patients with high or low APCDD1L-AS1 expression. (C) APCDD1L-AS1 expression was examined in 5-FU-sensitive and 5-FU-resistant OSCC tissues. (D) APCDD1L-AS1 expression was tested in OSCC cell lines (SCC-4, HSC-3, TSCC1, SCC090, and HN-4) and normal human oral keratinocyte cell line (NHOK). (E) APCDD1L-AS1 expression was detected in HSC-3 and HN-4 cells and corresponding 5-FU-resistant cells (HSC-3/5-FU and HN-4/5-FU cells). \*P < 0.05, \*\*P < 0.01.

#### Results

# High APCDD1L-AS1 is discovered in OSCC and correlative to the poor prognosis of OSCC patients

TCGA database revealed that APCDD1L-AS1 expression was apparently lifted in HNSC samples, relative to normal tissues (Figure 1a). Also, HNSC patients with high APCDD1L-AS1 levels exhibited shorter overall survival time than those exhibiting low APCDD1L-AS1 level, as indicated by the survival curve plotted by Kaplan-Meier analysis (Figure 1b). To further inquire into the specific regulatory effects of APCDD1L-AS1 on 5-FU resistance in OSCC, APCDD1L-AS1 abundance was assessed in OSCC tissues sensitive to 5-FU and OSCC tissues resistant to 5-FU. As shown by RT-qPCR, APCDD1L-AS1 level

was mostly upregulated in 5-FU-resistant OSCC tissues and clearly increased in 5-FU-sensitive OSCC tissues, relative to normal tissues (Figure 1c). Furthermore, APCDD1L-AS1 level was determined in OSCC cell lines (SCC-4, HSC-3, TSCC1, SCC090, and HN-4) and normal human oral keratinocyte cell line (NHOK) by RT-qPCR, and OSCC cells exhibited an obvious increase in APCDD1L-AS1 expression, relative to normal cells (Figure 1d). Since APCDD1L-AS1 expression was much higher in HSC-3 and HN-4 cells, the two cell lines were chosen to establish corresponding 5-FU-resistant cellular models (HSC-3/5-FU and HN-4/5-FU) for subsequent experiments. According to RT-qPCR assay, APCDD1L-AS1 level was elevated in HSC-3/5-FU and HN-4/5-FU cells, relative to parental HSC-3 and HN-4 cells (Figure 1e).





(A) RT-qPCR was performed to measure APCDD1L-AS1 level in HSC-3/5-FU and HN-4/5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (B) CCK-8 was performed to assess IC50 of 5-FU in HSC-3/5-FU and HN-4/5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (C) Colony formation assay was conducted to examine the cell viability of HSC-3/5-FU and HN-4/5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (D) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cytometry analysis was conducted to probe the apoptotic rate of HSC-3/5-FU and HN-4/ 5-FU cells transfected with sh-NC and sh-APCDD1L-AS1. (E) Flow cyto

Therefore, it was indicated that APCDD1L-AS1 was remarkably overexpressed in 5-FU-resistant OSCC tissues and cells, suggesting its promoting role in regulating OSCC 5-FU resistance.

#### APCDD1L-AS1 confers resistance to 5-FU in OSCC cells

To confirm the effects of APCDD1L-AS1 on 5-FU resistance in OSCC cells, APCDD1L-AS1 silencing was firstly conducted in HSC-3/5-FU and HN-4/5-FU cells, and RT-qPCR was employed to evaluate the efficiency of APCDD1L-AS1 knockdown (Figure 2a). In addition, it was shown by CCK-8 that APCDD1L-AS1 inhibition significantly alleviated the resistance of HSC-3/5-FU and HN-4/5-FU cells to 5-FU, as

indicated by the reduced IC<sub>50</sub> values (Figure 2b). Thereafter, it was further demonstrated by colony formation and flow cytometry assays that APCDD1L-AS1 silencing visibly impaired the proliferation and accelerated the apoptosis of HSC-3/5-FU and HN-4/5-FU cells) (Figure 2c and d). Taken together, APCDD1L-AS1 exacerbated 5-FU resistance in OSCC cells.

### APCDD1L-AS1 is transferred extracellularly via exosome incorporation in 5-FU-Resistant OSCC Cells

To explore whether APCDD1L-AS1 was exosomeencapsulated and transmitted through exosomes, we collected the culture medium in which 5-FU-resistant



Figure 3. APCDD1L-AS1 is transferred extracellularly via exosome incorporation in 5-FU-Resistant OSCC Cells.

(A) APCDD1L-AS1 expression was detected by RT-qPCR after cells were treated with 1  $\mu$ g/mL RNase A or 1  $\mu$ g/mL RNase A + 0.1% Triton X100 for 30 min. (B) The exosomes images secreted by HSC-3/5-FU and HN-4/5-FU cells were showed by TEM scanning. (C) The levels of CD63 and CD9 proteins were measured by Western blot in HSC-3/5-FU and HN-4/5-FU cells. (D) APCDD1L-AS1 expression in exosomes of parental and 5-FU-sensitive NSCLC cells was detected by RT-qPCR. \*\*P < 0.01.

OSCC cells were cultivated. After treatment with RNase A or RNase A+ Triton X-100, APCDD1L-AS1 abundance in the medium was measured. The results exhibited that RNase A treatment exerted almost no effect on APCDD1L-AS1 level, whereas the combination of RNase A and Triton X-100 treatments caused an obvious decrease expression of APCDD1L-AS1 in HSC-3/5-FU and HN-4/5-FU cells, indicating extracellular APCDD1L-AS1 was encapsulated in membranes (Figure 3a). Thereafter, exosomes were isolated from the culture medium, and a typical lipid bilayer membrane was observed (Figure 3b). Western blotting results showed that the protein levels of exosomeassociated proteins (CD63 and CD9) upregulated in exosomes (Figure 3c). Besides, it was revealed by RTqPCR that APCDD1L-AS1 level was distinctly higher in exosomes extracted from 5-FU-resistant OSCC cells (Figure 3d). These data demonstrated that extracellular APCDD1L-AS1 was transferred via exosome incorporation in 5-FU-resistant OSCC cells.

## APCDD1L-AS1 inhibition attenuates 5-FU resistance mediated by exosomes

To further investigate the role of exosomes and their molecular mechanism, HSC and HN-4 cells were treated with exosomes isolated from the culture medium of HSC-3/5-FU and HN-4/5-FU cells and then transfected with sh-APCDD1L-AS1. The APCDD1L-AS1 enrichment was upregulated after treatment with exosomes and reduced by sh-APCDD1L-AS1 in HSC and HN-4 cells (Figure 4a and b). CCK-8 and colony-forming assays manifested that 5-FU IC<sub>50</sub> and cell viability were enhanced in HSC and HN-4 cells treated with exosomes and abrogated by APCDD1L-AS1 blocking (Figure 4c-f). Furthermore, exosome treatment reduced apoptosis in HSC and HN-4 cells, while APCDD1L-AS1 knockdown abolished this impact (Figure 4g and h). To sum up, these results indicated that exosomes conferred 5-FU resistance by lifting APCDD1L-AS1 level in OSCC cells.

#### APCDD1L-AS1 serves as a sponge for miR-1224-5p in 5-FU-resistant OSCC cells

MiR-1224-5p was predicted as a target of APCDD1L-AS1 by Starbase software (Figure 5a).

To confirm miR-1224-5p as a direct target of APCDD1L-AS1 in 5-FU-resistant OSCC cells (HSC-3/5-FU and HN-4/5-FU cells), a dualluciferase reporter assay was performed. Firstly, miR-1224-5p was overexpressed in 5-FU-resistant OSCC cells, and the overexpression efficiency was evaluated (Figure 5b). It was shown that upregulation of miR-1224-5p level dramatically decreased the luciferase activity of 5-FU-resistant OSCC cells in the APCDD1L-AS1-WT group, relative to the APCDD1L-AS1-MUT group (Figure 5c and d). In addition, it was also demonstrated by RIP assay that APCDD1L-AS1 directly targets miR-1224-5p in 5-FU-resistant OSCC cells (Figure 5e and f). Furthermore, RT-qPCR assay exhibited that miR-1224-5p level was lower in OSCC tissues, relative to normal tissues (Figure 5g). Besides, it was discovered that miR-1224-5p abundance was much lower in 5-FU-resistant OSCC tissues, relative to 5-FU-sensitive OSCC tissues (Figure 5h). Thereafter, APCDD1L-AS1 expression was notably elevated in 5-FU-resistant OSCC cells after APCDD1L-AS1 overexpression transfection, as indicated in Figure 5i. As presented in Figure 5j and K, APCDD1L-AS1 knockdown elevated miR-1224-5p abundance, while APCDD1L-AS1 overexpression exerted an opposite effect in 5-FUresistant OSCC cells. Then, miR-1224-5p knockdown efficiency was detected in HSC-3/5-FU and HN-4/5-FU cells (Figure 5l). As indicated in Figure 5m and N, APCDD1L-AS1 expression was significantly increased after miR-1224-5p inhibition and remarkably decreased after miR-1224-5p These upregulation. results demonstrated APCDD1L-AS1 was negatively correlative to miR-1224-5p in 5-FU-resistant OSCC cells.

## MiR-1224-5p overexpression overcomes 5-FU resistance in 5-FU-resistant OSCC cells

To explore the impact of miR-1224-5p on 5-FU resistance in OSCC cells resistant to 5-FU (HSC-3/ 5-FU and HN-4/5-FU), functional assays were conducted. As shown by CCK-8 assay, miR-1224-5p overexpression increased the sensitivity to 5-FU in HSC-3/5-FU and HN-4/5-FU cells (Figure 6a). Results of colony forming and flow cytometry assays revealed that increased miR-1224-5p abundance attenuate cell viability and increased the



Figure 4. APCDD1L-AS1 inhibition attenuates 5-FU resistance mediated by exosomes.

Exosomes were isolated from 5-FU-sensitive NSCLC cells, and HSC and HN-4 cells were treated with exosome or exosome+sh-APCDD1L-AS1. (A and B) APCDD1L-AS1 expression was detected by RT-qPCR in HSC and HN-4 cells. (C and D) 5-FU IC<sub>50</sub> was detected for HSC and HN-4 cells by cell viability assay. (E and F) The proliferation of HSC and HN-4 cells was determined by CCK-8assay. (G and H) The apoptosis of HSC and HN-4 cells were assessed by flow cytometry analysis. \*P< 0.05, \*\*P < 0.01.

apoptotic rate of HSC-3/5-FU and HN-4/5-FU cells (Figure 6b and c). To further verify whether APCDD1L-AS1 modulated the resistance to 5-FU in OSCC cells resistant to 5-FU by regulating miR-1224-5p level, a series of rescue assays were performed. According to the results of CCK-8, colony forming, and flow cytometry assays, downregulation of miR-1224-5p expression abrogated the alleviating effect on chemoresistance in 5-FU-resistant OSCC cells caused by APCDD1L-AS1 inhibition (Figure 6d-f). To sum up, miR-1224-5p overexpression attenuated 5-FU resistance in 5-FUresistant OSCC cells, whereas APCDD1L-AS1 silencing led to increased miR-1224-5p enrichment, thus weakening 5-FU resistance in 5-FUresistant OSCC cells.

### NSD2 is a direct target of miR-1224-5p in 5-FUresistant OSCC cells

To investigate the downstream mechanism of miR-1224-5p, online tools, including PITA, RNA22, miRmap, and microT, were utilized to find target genes for miR-1224-5p via bioinformatic analysis, and there were 20 candidates (SEC14L1, ZNF107, DERL2, AIF1L, ZNF493, IKZF4, SH3RF1, ZNF91, ARID1A, NID1, NSD2, FYCO1, PCMT1, JAZF1, SIGMAR1, PRICKLE2, NAV1, RNF157, PSME3, and TAOK1) enrolled (Figure 7a). Among the 20 genes screened, nuclear receptor binding SET domain protein 2 (NSD2) has been identified to accelerate the progression of several malignancies and be positively correlated with chemoresistance [24-26]. Hence, NSD2 was selected as the target for miR-1224-5p in this study. Starbase website predicted the latentbinding sites between miR-1224-5p and NSD2 (Figure 7b). After amplifying miR-1224-5p in 5-FU-resistant OSCC cells (HSC-3/5-FU and HN-4/5-FU cells), NSD2 expression was significantly decreased, as indicated by RT-qPCR (Figure 7c). RIP assay confirmed that NSD2 and miR-1224-5p coexisted in RNA-induced silencing complexes (Figure 7d). Thereafter, luciferase reporter assays were performed and the outcomes exhibited that the luciferase activity of HSC-3/ 5-FU and HN-4/5-FU cells transfected with NSD2-WT was declined by miR-1224-5p upregulation, while there was no obvious change found in

the NSD2-MUT group (Figure 7e). As indicated by RT-qPCR assay, NSD2 expression in HSC-3/ 5-FU and HN-4/5-FU cells was markedly downregulated by miR-1224-5p overexpression, while APCDD1L-AS1 addition partly reversed such an inhibitory effect (figure 7f). Taken together, APCDD1L-AS1 positively regulated NSD2 expression via interaction with miR-1224-5p.

## APCDD1L-AS1 knockdown enhances susceptibility to 5-FU in 5-FU-resistant OSCC cells by decreasing NSD2

To investigate how APCDD1L-AS1 knockdown affected 5-FU sensitivity of 5-FU-resistant OSCC cells (HSC-3/5-FU and HN-4/5-FU cells), NSD2 expression was firstly overexpressed in 5-FUresistant OSCC cells, and it was revealed that NSD2 level was upregulated after NSD2 upregulation by RT-qPCR (Figure 8a). As shown in CCK-8 assay, APCDD1L-AS1 blocking increased the sensitivity of HSC-3/5-FU and HN-4/5-FU cells to 5-FU, while NSD2 overexpression abolished this phenomenon, as evidenced by the variation of  $IC_{50}$ value (Figure 8b). Colony forming and flow cytometry assays showed that APCDD1L-AS1 knockdown suppressed proliferation and increased apoptosis of HSC-3/5-FU and HN-4/5-FU cells; however, NSD2 overexpression abolished such impact on HSC-3/5-FU and HN-4/5-FU cells, indicating that APCDD1L-AS1 knockdown alleviated 5-FU resistance in OSCC cells resistant 5-FU via upregulating NSD2 (Figure 8c and d). To sum up, APCDD1L-AS1 knockdown increased 5-FU sensitivity of OSCC cells by downregulating NSD2 level.

## Discussion

5-FU is frequently used in OSCC chemotherapy [27]. However, OSCC cells may acquire resistance to 5-FU during continuous chemotherapy, which greatly impaired the clinical effectiveness of 5-FU in OSCC patients [28]. In the current study, we mainly investigated the effect of APCDD1L-AS1 in regulating OSCC sensitivity to 5-FU.

Accumulated studies have demonstrated that abnormally expressed lncRNAs were heavily involved in the chemoresistance regulation of



#### Figure 5. APCDD1L-AS1 serves as a sponge for miR-1224-5p in 5-FU-resistant OSCC cells.

(A) The binding sites between miR-1224-5p and APCDD1L-AS1 were shown by Starbase software. (B) RT-qPCR was performed to measure miR-1224-5p level in HSC-3/5-FU and HN-4/5-FU cells transfected with NC mimics and miR-1224-5p mimics. (C and D) Dual-luciferase reporter assay was performed to validate the combination between miR-1224-5p and APCDD1L-AS1 in 5-FU-resistant OSCC cells. (E and F) RIP assay was performed to confirm the target relationship between miR-1224-5p and APCDD1L-AS1 in 5-FU-resistant OSCC cells. (G) miR-1224-5p expression in OSCC tissues and normal tissues was determined by RT-qPCR. (H) miR-1224-5p expression was examined in 5-FU-sensitive and 5-FU-resistant OSCC tissues. (I) RT-qPCR was performed to measure APCDD1L-AS1 level in HSC-3/5-FU and HN-4/5-FU cells transfected with Vector and oe-APCDD1L-AS1. (J and K) RT-qPCR was performed to detect miR-1224-5p expression in HSC-3/5-FU and HN-4/5-FU cells transfected with sh-NC, sh-APCDD1L-AS1, Vector or oe-APCDD1L-AS1. (L) MiR-1224-5p expression was detected in HSC-3/5-FU and HN-4/5-FU cells transfected with sh-NC, sh-APCDD1L-AS1, Vector or miR-1224-5p inhibitor. (M and N) RT-qPCR was performed to detect APCDD1L-AS1 expression HSC-3/5-FU and HN-4/5-FU cells transfected with NC inhibitor or miR-1224-5p inhibitor, miR-1224-5p inhibitor, miR-1224-5p mimics. \*\*P < 0.01, \*\*\*P < 0.001.



Figure 6. MiR-1224-5p overexpression overcomes 5-FU resistance in 5-FU-resistant OSCC cells.

(A) CCK-8 revealed the IC<sub>50</sub> value in HSC-3/5-FU and HN-4/5-FU cells transfected with NC mimics or miR-1224-5p mimics. (B) Colony formation assay were used to test cell proliferation and HSC-3/5-FU and HN-4/5-FU cells treated with NC mimics or miR-1224-5p mimics. (C) Flow cytometry analysis was applied to examine apoptosis in HSC-3/5-FU and HN-4/5-FU cells transfected with NC mimics or miR-1224-5p mimics or miR-1224-5p mimics. (D-F) CCK-8, Colony formation assay and flow cytometry were employed to detect IC<sub>50</sub>, cell proliferation and apoptosis in HSC-3/5-FU and HN-4/5-FU cells transfected with NC inhibitor or miR-1224-5p inhibitor. \*P< 0.05, \*\*P < 0.01.

OSCC [29]. For example, Fang et al. demonstrated that lncRNA UCA1 aggravated OSCC tumorigenesis and cisplatin resistance by repressing miR-184 expression [30]. Wang et al. reported that lncRNA MALAT1 conferred OSCC resistance to cisplatin via the PI3K/AKT/m-TOR axis [31]. Lian et al. discovered that higher APCDD1L-AS1 abundance was correlative to shorter survival of patients with bladder cancer [32]. It was also demonstrated by Luo et al. that APCDD1L-AS1 was elevated in lung squamous cell carcinoma (LUSC) positively correlative to unsatisfactory prognosis of LUSC patients [33]. In this study, APCDD1L-AS1 expression was apparently enhanced in OSCC tissues, especially in 5-FU-resistant OSCC tissues. In addition, APCDD1L-AS1 expression was significantly upregulated in OSCC cell lines, compared with normal cells. Moreover, APCDD1L-AS1 expression in



Figure 7. NSD2 is a direct target of miR-1224-5p in 5-FU-resistant OSCC cells.

(A) The Venn diagram showed the downstream target genes which could bind with miR-1224-5p in PITA, RNA22, miRmap, and microT databases. (B) Starbase website predicted putative-binding sites between miR-1224-5p and NSD2. (C) NSD2 expression was detected by RT-qPCR in cells transfected with miR-1224-5p mimics. (D) RIP assays were conducted to confirm miR-1224-5p and NSD2 coexisted in RNA-induced silencing complexes (RISCs). (E) Luciferase reporter assay was conducted to verify the combination between miR-1224-5p and NSD2. (F) NSD2 expression was detected in HSC-3/5-FU and HN-4/5-FU cells transfected with NC mimics, miR-1224-5p mimics, or miR-1224-5p mimics+oe-APCDD1L-AS1. \*\*P < 0.01, \*\*\*P < 0.001.

5-FU-resistant OSCC cell models was markedly higher than that in parental OSCC cells, indicating the positive relation between APCDD1L-AS1 expression and 5-FU resistance in OSCC. Functional analysis revealed that APCDD1L-AS1 inhibition decreased  $IC_{50}$  value of 5-FU, attenuated cell viability, and accelerated cell apoptosis in OSCC cells resistant to 5-FU. Therefore, it was assumed that APCDD1L-AS1 might play a promoting role in the development of 5-FU resistance in OSCC.

It has been widely recognized that exosomes participate in cellular communication and regulation of physiological processes, and exosomal transfer of lncRNAs was also correlative to drug resistance acquired in chemotherapy [34–36]. Wang et al. discovered that exosome-mediated lncRNA HEIH regulated the miR-3619-5p/HDGF pathway to promote the chemoresistance of tongue squamous cell carcinoma to cisplatin [37]. Kang et al. revealed that exosomal transmission of lncRNA PART1 conferred resistance to gefitinib in esophageal squamous cell carcinoma by sponging miR-129 [38]. A report from Tong et al. demonstrated that exosomal lncRNA POU3F3 ESCC resistance to cisplatin by inducing differentiation in cancer-associated fibroblasts [39]. These studies indicate that lncRNAs may exacerbate



**Figure 8.** APCDD1L-AS1 knockdown enhances susceptibility to 5-FU in 5-FU-resistant OSCC cells by decreasing NSD2. (A) NSD2 expression was tested in cells transfected with Vector or oe-NSD2. (B-D) CCK-8, Colony formation assay and flow cytometry were employed to detect  $IC_{50}$ , cell proliferation and apoptosis in HSC-3/5-FU and HN-4/5-FU cells transfected with sh-NC, sh-APCDD1L-AS1, or sh-APCDD1L-AS1+ oe-NSD2. \*P< 0.05, \*\*P < 0.01.

chemoresistance in HNSC via exosomal transmission. Herein, TEM, Western blotting, and RTqPCR assays demonstrated that extracellular APCDD1L-AS1 was packaged into exosomes. Furthermore, exosomes conferred 5-FU resistance by lifting APCDD1L-AS1 level in OSCC cells. Therefore, our data proved that APCDD1L-AS1 could aggravate 5-FU resistance in OSCC in vitro via exosomal transfer.

Numerous microRNAs (miRNAs) have been identified as vital regulators in human cancers [40]. MiR-1224-5p played an anti-cancer role in various cancers, such as rectal cancer [41], pancreatic cancer [42], ovarian cancer [43], and glioma [44]. In addition, a report from Shi et al. also elucidated that miR-1224-5p could impair the development of esophageal squamous cell carcinoma, which is another HNSC subtype [45]. In the current study, miR-1224-5p was targeted and negatively regulated by APCDD1L-AS1 in OSCC cells resistant to 5-FU. We further discovered that miR-1224-5p was lowly expressed in OSCC tissues, particularly 5-FU-resistant OSCC tissues. In addition, miR-1224-5p overexpression attenuated 5-FU resistance in 5-FUresistant OSCC cells, and miR-1224-5p downregulation offset the alleviative effect on 5-FU resistance in OSCC cells due to APCDD1L-AS1 findings that depletion. These suggested APCDD1L-AS1 promoted 5-FU resistance in OSCC via downregulating miR-1224-5p.

Massager RNAs (mRNAs) are deeply involved in cancer development and progression and play important roles in cancer detection and diagnosis [46]. The oncogenic role of NSD2 has been widely studied in many malignancies, such as renal cancer [47], colorectal cancer [48], and prostate cancer [49]. Herein, the binding ability between NSD2 and miR-1224-5p was also confirmed. Rescue assays further revealed that NSD2 abundance could partly neutralize the influence caused by APCDD1L-AS1 suppression on resistance to 5-FU in OSCC cells. Therefore, all these results indicated that APCDD1L-AS1 blocking enhanced 5-FU susceptibility in OSCC cells by reducing NSD2 abundance.

#### Conclusion

To sum up, our results suggested that exosomalmediated transfer of APCDD1L-AS1 interacted with miR-1224-5p to positively regulate NSD2 level, thus promoting resistance to 5-FU in OSCC cells. The current study offers a novel clue for in-depth investigation of OSCC pathogenesis. The results in this paper will be further verified via in vivo experiments in the future.

#### Highlights

1. APCDD1L-AS1 induced 5-FU resistance in OSCC cells 2. APCDD1L-AS1 is transferred extracellularly via exosome incorporation in 5-FU-resistant OSCC

3. APCDD1L-AS1 increased chemoresistance of OSCC cells via miR-1224-5p/NSD2

#### ORCID

Donghong Wu b http://orcid.org/0000-0001-7925-7033

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