users and therapists' perceptions of exergames in assisted living facilities and provides valuable insight into the barriers, facilitators, contextual factors and perceived benefits or drawbacks following 12 weeks use.

### PSYCHOLOGICAL PREDICTORS OF FALLS EFFICACY AMONG FILIPINO OLDER ADULTS IN AN ELDERLY DEVELOPMENT PROGRAM

Godfrey Josef R. Torres, <sup>1</sup> Katrina Marie Jolejole, <sup>1</sup> Nephtaly Joel Botor, <sup>1</sup> Teri-Marie Laude <sup>1</sup>, 1. *University of the Philippines - Los Banos, Los Banos, Laguna, Philippines* 

Falls, common among aging persons, typically lead to catastrophic health consequences. Studies show several factors influencing an older person's risk to falling. Depression, a psychological condition, was identified as one of these factors. With the goal of determining potential psychosocial interventions for older persons, the present study explores what other psychological variables may explain falls efficacy, i.e., perceived concern about falling. 81 older adults who were participants in an elderly development program answered a socio-demographic survey and several scales (i.e., Satisfaction with Life Scale, Flourishing Scale, Geriatric Depression Scale - Short Form, Falls Efficacy Scale - International) to measure falls efficacy and other psychological variables. Bivariate correlation revealed that falls efficacy significantly increases as family problems (r=.228, p=.045), health concerns (r=.231, p=0.040), financial difficulties (r=.345, p=.002), and depression (r=.403, p<.001) increase. Conversely, it significantly decreases as psychological well-being (r=-.255, p=.022) and perceived resilience (r=-.459, p<.001) decrease. Multiple regression analysis confirmed that while depression is a significant positive predictor, F (1,79)=15.31, p<.001, R=.403, explaining 16.2% of falls efficacy variance, anxiety-provoking situations (i.e., family problems, health worries, financial worries) also explain additional falls efficacy (6.6% variance), F (4, 71)= 5.234, p<.001, R=.477, wherein financial worry is a significant positive predictor. Furthermore, entering psychological well-being and resilience in the model adds an additional variance of 6.6%, F (6, 69)=4.533, p<.001, R=.532, but only resilience is a significant negative predictor. This paper culminates with recommendations on potential research on the psychosocial dimension of falls and possible interventions to mitigate falls among older persons.

# SOCIAL AND BIOLOGICAL PREDICTORS OF HOSPITAL ADMISSIONS FOR A FALL IN THE ENGLISH LONGITUDINAL STUDY OF AGEING (ELSA)

Jessica G. Abell¹ Camille Lassale² Andrew Steptoe,¹ G. David Batty,¹ and Paola Zaninotto¹, 1. *University College London, London, United Kingdom, 2. IMIM (Hospital del Mar Medical Research Institute), Barcelona, Spain* 

Falls are the most frequent type of accidents among older people, with one in three people aged over 65 falling each year. Falls serious enough to result in hospital admission are especially problematic, since they can lead to an increased likelihood of future disability, loss of independence, and premature mortality. Understanding the factors that may determine the risk of experiencing a fall, which requires admission to hospital, is therefore an important priority. This paper seeks to examine this issue using Hospital Episode Statistics (HES) data

- administrative data from English hospitals in the National Health Service (NHS). These data have recently been linked with the English Longitudinal Study of Ageing (ELSA). We examine the association between a range of predictors (demographic, social environment, physical and mental functioning) drawn from wave 4 of ELSA with the first occurrence of hospitalisation due to an accidental fall, identified using ICD-10 codes. Analysis using Cox regression suggest a range of factors are negatively associated with admission to hospital with diagnosis of a fall, such as living alone (HR=1.42; 95% CI: 1.19, 1.68), urinary incontinence (HR=1.33; 95% CI: 1.09, 1.61) and depressive symptoms (HR=1.50; 95% CI: 1.23, 1.82). High walking speed (HR=0.30; 95% CI: 0.23, 0.39) and good hand-grip strength (HR=0.97; 95% CI: 0.96, 0.98) were found to be protective. The prevention of serious falls amongst older people will require determinants to be identified and managed effectively by health and social care services.

### **SESSION 735 (SYMPOSIUM)**

### GERONTOLOGICAL PEDAGOGY: PASSION, PARADOX, AND PROMISE

Chair: Sarah J. Hahn, Mercy College, Dobbs Ferry, New York, United States

Discussant: Rona J. Karasik, St. Cloud State University, Saint Cloud, Minnesota, United States

Gerontology programs in the United States are on the decline despite the need for trained professionals who can serve a growing aging population (Pelham, Schafer, Abbott, & Estes, 2012). For many students, a gerontology course may be their only formal exposure to the concepts of aging. The development of gerontological pedagogy is important, but there is limited knowledge about what is being taught around the nation and to what extent course content reflects the current scope of the discipline. This symposium explores the role of individual instructors, the larger environment, and the efforts of organizational level criteria (i.e., AGHE standards to advance the field) to promote higher-quality gerontological education. The first presenter reports dissertation findings that examined college students' self-perceptions of aging and how stereotypes impact them even after taking an introduction to gerontology course. The second presenter discusses the need for service-learning and community engagement in gerontology, while reporting on theoretical and practical suggestions, as well as potential pitfalls to avoid. The third presenter reports on student evaluations in a Master of Science program before and after the implementation of the Association for Gerontology's proposed competencies. And our final presenter provides insights on applied perspectives and pedagogical approaches in and out of the classroom, including pitfalls and possibilities. Our discussant brings our ideas together to report on the discipline of gerontology and our potential to advance to the next level of pedagogical strategies.

## THE INFLUENCE OF REVISING AN ONLINE GERONTOLOGY PROGRAM ON THE STUDENT EXPERIENCE

Kara B. Dassel¹ Katarina Felsted,² and Jacqueline Eaton², 1. *University of Utah, Salt Lake City, Utah, United States*, 2.

University of Utah College of Nursing, Salt Lake City, Utah, United States

The University of Utah's Gerontology Interdisciplinary Program (UUGIP), a fully online program recently aligned all courses to meet the 2014 Academy of Gerontology in Higher Education (AGHE) "Gerontology Competencies for Undergraduate and Graduate Education" and to meet best practices in online teaching. These efforts led to the GIP Masters of Science program being recognized in 2017 by AGHE as a Program of Merit as well as a publication in the AGHE Journal of Gerontology & Geriatrics Education (Dassel, Eaton, & Felsted, 2018). In an effort to further this work, we analyzed student evaluations in core Master of Science program courses prior to and following these program revisions, assessed by qualitative and quantitative evaluation data from two semesters immediately prior and two semesters immediately following revisions. This presentation will discuss results, implications, and future applications of this analysis.

### COMMUNITY ENGAGEMENT AND SERVICE LEARNING: PROMISING PEDAGOGICAL PRACTICES FOR TEACHING GERONTOLOGY

Tina M. Kruger<sup>1</sup>, 1. Indiana State University, Terre Haute, Indiana, United States

In terms of studying human development, gerontology is unique in that most college students have not experienced this aspect of the life course yet. While personal experience cannot be generalized, our students can at least relate to the idea of being a child, an adolescent, and a young adult. What they cannot do it relate to the experience of being old, and they may have limited contact with the older adult population, with the exception of grandparents, who tend to be viewed differently from older non-relatives. One way to facilitate students connecting with the older adult population is through community engagement or service-learning (CE/SL) projects. Such projects are ripe for facilitating learning, but there are also potential pitfalls to consider. Here we discuss the need for CE/SL in gerontology, theoretical and practical suggestions, and potential pitfalls to avoid.

## GERONTOLOGICAL EDUCATION: APPLIED PERSPECTIVES AND PEDAGOGICAL APPROACHES

Kelly Niles-Yokum<sup>1</sup>, 1. University of La Verne, La Verne, California, United States

The art and science of gerontological pedagogy is a balance of multidisciplinary paradigms that provide students with a pathway to the depth and breadth of the field of gerontology. This session will explore a variety of issues, including possibilities and challenges within the context of pedagogical approaches to gerontology education both in and out of the classroom. Topics include applied and theoretical perspectives and the what, why, and how gerontological educators do what they do and how it can impact the learning environment not only for students but for the community at large.

### WHEN I'M 75: COLLEGE STUDENTS' SELF-PERCEPTIONS OF AGING IN AN INTRODUCTORY GERONTOLOGY COURSE

Sarah J. Hahn¹ and Jennifer Kinney², 1. Mercy College, Dobbs Ferry, New York, United States, 2. Miami University, Oxford, Ohio, United States

This presentation examines college students' self-perceptions of aging using written essays from the assignment "When I'm 75" that was assigned at the beginning and end of the semester in an introductory gerontology course. Despite robust literature on people's attitudes toward aging and older adults, far less is known about attitudes toward one's own aging, especially among college students. Interpretive Phenomenological Analysis was used to analyze the students' perception of their aging experience in their written assignment. Three overarching superordinate themes were identified: challenges of aging, proactive steps to avoid negative consequences of aging, and housing considerations. Findings suggest that after completing an introductory gerontology course, students demonstrated an understanding of some age-related changes yet still had a stereotypical understanding of what it is like to be age 75. This suggests the need to engage students in moving beyond stereotypes and to better link older age with their own future experience.

### SESSION 740 (PAPER)

#### LONG-TERM CARE I

### A NATIONAL ASSESSMENT OF THE RELATIONSHIP BETWEEN NURSING HOME CULTURE CHANGE AND RESIDENT OUTCOMES

Margot L. Schwartz,¹ Julie C. Lima,² Pedro L. Gozalo,² Melissa A. Clark,² and Susan C. Miller², 1. Brown University School of Public Health, Providence, Rhode Island, United States, 2. Brown University, Providence, Rhode Island, United States

Literature is mixed regarding the relationship between Nursing Home (NH) culture change and resident outcomes, and the majority of studies are limited to small samples. We evaluated this relationship separately for five unique domains of NH culture change (physical environment, resident care, staff empowerment, leadership, and family and community involvement practices) using a 2016/2017 survey administered to a stratifiedrandom national sample of NHs; 74% of NH administrators responded (n=1,583). We assessed the relationship between each culture change domain and 8 outcomes (calculated with MDS 3.0 and Medicare claims data) using resident-level multivariable logistic regression models, that accounted for resident and NH characteristics, and were weighted by facility-level inverse probability weights (to address NH Selection). We found the relationship between NH culture change and resident outcomes varied by culture change domain. High scores on leadership practices (i.e., two-way communication, staff involvement, education/training, respect for workers, and coaching) were most strongly associated with outcomes. Compared to the lowest quartile, performance in the highest quartile (most implementation of practices) on the leadership domain was associated with 13% lower odds (OR: 0.87, 95%CI: 0.78, 0.96) of urinary tract infections, 15% lower odds (OR: 0.85, 95%CI: 0.80, 0.91) of worsened locomotion, and 41% lower odds (OR: 0.59, 95%CI: 0.42, 0.83) of physical restraint use. For the other domains the estimates (and statistical significance) of the relationship with outcomes varied more than observed for leadership. Our findings emphasize the importance of high-quality NH leadership. Investments in improved leadership practices may result in higher-quality resident outcomes.