

Treatments for chronic myeloid leukemia: a qualitative systematic review

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Background: Chronic myeloid leukemia (CML) is a myeloproliferative disorder of blood stem cells. The tyrosine kinase inhibitor (TKI) imatinib was the first targeted therapy licensed for patients with chronic-phase CML, and its introduction was associated with substantial improvements in response and survival compared with previous therapies. Clinical trial data are now available for the second-generation TKIs (nilotinib, dasatinib, and bosutinib) in the first-, second-, and third-line settings. A qualitative systematic review was conducted to qualitatively compare the clinical effectiveness, safety, and effect on quality of life of TKIs for the management of chronic-, accelerated-, or blast-phase CML patients.

Methods: Included studies were identified through a search of electronic databases in September 2011, relevant conference proceedings and the grey literature.

Results: In the first-line setting, the long-term efficacy (up to 8 years) of imatinib has been confirmed in a single randomized controlled trial (International Randomized Study of Interferon [IRIS]). All second-generation TKIs reported lower rates of transformation, and comparable or superior complete cytogenetic response (CCyR), major molecular response (MMR), and complete molecular response rates compared with imatinib by 2-year follow-up. Each of the second-generation TKIs was associated with a distinct adverse-event profile. Bosutinib was the only second-generation TKI to report quality-of-life data (no significant difference compared with imatinib treatment). Data in the second- and third-line setting confirmed the efficacy of the second-generation TKIs in either imatinib-resistant or -intolerant patients, as measured by CCyR and MMR rates.

Conclusion: Data from first-line randomized controlled trials reporting up to 2-year follow-up indicate superior response rates of the second-generation TKIs compared with imatinib. Current evidence from single-arm studies in the second-line setting confirm that nilotinib, dasatinib, and bosutinib are valuable treatment options for the significant subgroup of patients who are intolerant or resistant to imatinib treatment.

Keywords: chronic myeloid leukemia, imatinib, nilotinib, dasatinib, bosutinib

Introduction/background

Chronic myeloid leukemia or chronic myelogenous leukemia (CML) is a myeloproliferative disorder of blood stem cells. It is primarily due to a single genetic anomaly: a reciprocal chromosomal translocation between the *C-ABL* (Abelson leukemia virus) oncogene on chromosome 9 and the *BCR* (breakpoint cluster region) on chromosome 22.^{1,2} The resulting *BCR-ABL* gene encodes a fusion tyrosine kinase, which causes cell-cycle deregulation and apoptosis, as well as affecting differentiation and DNA repair.³

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The incidence of CML ranges from 0.6 to 2.0 cases per 100,000 per year.⁴ Since the introduction of tyrosine kinase inhibitors (TKIs), prevalence rates have increased (due to their efficacy in controlling CML).⁴ The median age of onset of CML was reported to be between 45 and 55 years in 2001,⁵ but has more recently been reported to be 66 years.⁶

Early treatments for CML included chemotherapeutic agents such as hydroxyurea and busulfan, which were able to control the symptoms of the disease but did not slow disease progression. The introduction of interferon- α (IFN- α) and stem cell transplantation enabled patients to achieve cytogenetic responses and durable remission.⁷ However, increasing understanding of the abnormal activity of the BCR-ABL protein and its role in CML led to the development of targeted therapies such as TKIs, eg, imatinib, dasatinib, nilotinib, and bosutinib. Imatinib was the first targeted therapy licensed for patients with chronic-phase (CP) CML, although dasatinib and nilotinib have also received approval in this setting. Dasatinib and nilotinib are extensively used in the second-line setting for patients with intolerance and/or resistance to imatinib. They have recently also received regulatory approval in the US, the EU, and Japan in the first-line setting. Bosutinib has been shown to be efficacious with an acceptable safety profile in an open-label phase 2 trial in the second and third line,^{8–10} as well as in an ongoing phase 3 trial in patients with newly diagnosed CP CML.^{11,12}

Objective

To provide a qualitative overview of the clinical effectiveness, safety, and quality of life of TKI treatments in CP, accelerated- and blast-phase (AP/BP) CML patients.

Methods

Study inclusion criteria

Inclusion criteria are detailed in Table 1. Only randomized controlled trials (RCTs) evaluating a TKI, as well as registrational studies of TKIs, published before September 2011, were included. Participants had to be adults (≥ 18 years) with chronic, AP, and/or BP CML. First to third-line treatment with bosutinib, imatinib, dasatinib or nilotinib was considered. Studies on IFN- α and older agents as well as studies on stem cell transplantation were excluded. There were no restrictions placed on comparators used in the studies.

Efficacy outcomes were included, but were not restricted to duration and time to response, response rates (cytogenetic, molecular, and hematological), overall survival (OS), event-free survival (EFS), time to treatment failure (TTF), time to and

Table 1 Summary of inclusion and exclusion criteria for the systematic review

| | |
|-------------------------|---|
| Study design | <ul style="list-style-type: none"> • Randomized controlled trials of parallel or crossover design • Registrational single arm studies Relevant systematic reviews/meta-analyses were identified. Reference lists were checked to ensure all relevant studies were included in the review. |
| Population | <ul style="list-style-type: none"> • Adult patients (≥ 18 years) with chronic-, accelerated-, and/or blast-phase CML • Treatment-naïve and/or newly diagnosed Ph-chromosome-positive patients for the first-line setting • Pretreated and intolerant/resistant patients for the 2nd-/3rd-line setting |
| Interventions | First-line therapy: <ul style="list-style-type: none"> • Imatinib (CP standard dose 400 mg OD up to 400 mg BID; AP/BC 600 mg OD up to 400 mg BID) • Dasatinib (CP 100 mg/day; CP 70 mg BID) • Nilotinib (400 mg BID) • Bosutinib (standard dose, 500 mg/day), Second-line therapy: <ul style="list-style-type: none"> • Imatinib • Imatinib-intolerant: dasatinib and nilotinib • Imatinib resistance: dasatinib and nilotinib • Imatinib resistance: bosutinib Third-line therapy: <ul style="list-style-type: none"> • Dasatinib • Nilotinib • Bosutinib |
| Outcomes | Included, but not restricted to: <p>Efficacy</p> <ul style="list-style-type: none"> • Treatment response rates (including molecular, cytogenetic and hematologic responses) • Time to and duration of response • Transformation rate to AP or BP • Overall survival • Event-free survival • Progression-free survival • Time to treatment failure • Health-related quality of life <p>Safety/tolerability</p> <ul style="list-style-type: none"> • Adverse events (all grades) • Incidence of serious adverse events |
| Language of publication | No restriction |

Abbreviations: AP, accelerated phase; BP, blast phase; OD, once daily; CP, chronic phase; CML, chronic myeloid leukemia; BID, twice daily

rate of transformation to AP or BP, and health-related quality of life (HRQoL). Reported safety outcomes included adverse events (AE) (all grades) and the incidence of serious AEs.

Search strategy

The following electronic databases were searched: the Cochrane Library (incorporating the Central Register of Controlled Trials, Central), OVID Medline, and OVID Embase. No restrictions on date of publication or language were applied.

Search terms included both free text and Medical Subject Headings terms (eg, leukemia, myelogenous, myeloid, chronic, imatinib, dasatinib, nilotinib, bosutinib). The following conference proceedings were also searched (2007–2011): American Society of Hematology, American Society of Clinical Oncology, and the European Hematology Association. Pfizer provided copies of two conference posters, the abstracts of which had been identified in the database searches.^{11,12}

Quality assessment

The methodological quality of RCTs was assessed independently by two reviewers, according to methods recommended in section six of the *Cochrane Handbook for Systematic Reviews of Interventions*, version 5.1.0.¹³ The likelihood of bias was assessed according to three criteria: adequacy of randomisation and allocation concealment procedures, adequacy of blinding procedures, and completeness of follow-up.

Results

Electronic and manual searches identified 3248 potentially relevant publications, of which 3186 were excluded on the basis of title and abstract. Upon examination of the full texts, a further 47 were excluded. Thirty-one additional publications were identified via hand searching. In total, 46 publications, describing eleven RCTs and twelve single-arm studies, were included for detailed analysis (Figure 1). Of the 11 RCTs identified,^{11,14–23} eight investigated first-line^{11,14–20} and three second-line treatments.^{21–23} Only CP CML patients were included in the RCTs. No RCTs on third-line treatments were identified for inclusion in this systematic review, although one second-line trial included extensively pretreated patients.^{21,24} Of the single-arm studies, eight investigated second-line treatments,^{9,25–31} three third-line treatments,^{10,32,33} and one study enrolled both second- and third-line patients.³⁴ CP patients were enrolled

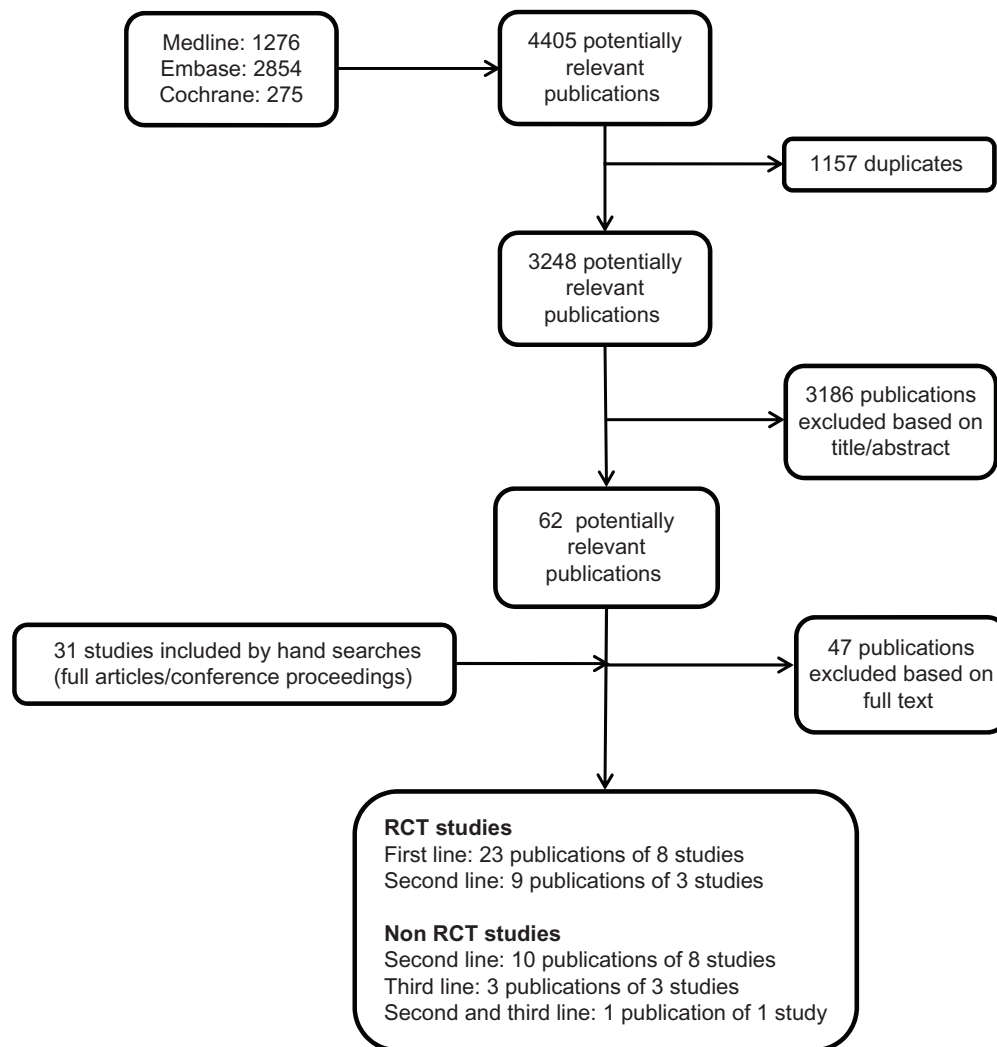


Figure 1 Trial flow.

in six trials,^{9,10,25,30,31,33} AP patients in one trial,²⁶ BP patients in one trial,²⁷ acute lymphoblastic leukemia (ALL) patients in a subgroup of one trial,²⁹ and mixed-patient populations were enrolled in three trials.^{28,32,34}

First-line treatments

One study (International Randomized Study of Interferon and STI571 [IRIS]) (eight publications) compared imatinib with IFN- α plus cytarabine.^{14,35–41} Two trials (Dasatinib vs Imatinib Study In Treatment-Naïve CML [DASISION]^{15,42,43} and S0325¹⁶), compared imatinib with dasatinib. Imatinib was also compared with nilotinib in one trial (Evaluating Nilotinib Efficacy and Safety in Clinical Trials – Newly Diagnosed Patients [ENESTnd]).^{17,44–46} A single RCT (Bosutinib Efficacy and Safety in Newly Diagnosed Chronic Myeloid Leukemia [BELA]) compared bosutinib with imatinib.^{11,12,47} Different doses/administration schedules of imatinib were compared in two trials.^{18,19,48} Different dose regimens of dasatinib were compared in one trial.²⁰ An overview of the included publications, including patient baseline characteristics and main efficacy outcomes, is provided in Tables 2 and 3.

Imatinib versus interferon- α plus cytarabine (IRIS)

A total of eight publications reported results from a prospective, multicenter, open-label, phase 3 RCT comparing imatinib 400 mg/day with IFN- α (target dose of 5 MU/m²/day) plus cytarabine (20 mg/m² for 10 days per month, once maximum IFN- α dose was reached). Overall, 1106 patients were randomized in the IRIS trial.

In 2003, O'Brien et al¹⁴ published the first data (after a median follow-up of 19 months): estimated complete cytogenetic response (CCyR) rates at 18 months were 76.2% with imatinib versus 14.5% with IFN- α plus cytarabine ($P < 0.001$). At 18 months, the estimated rate of freedom from progression to AP or BP was 96.7% with imatinib and 91.5% with the combination-therapy ($P < 0.001$). The most common AEs reported with imatinib were superficial edema, nausea, muscle cramps, and rashes. Rates of discontinuation (for any reason) and crossover to the alternative treatment were higher in the IFN- α group than in the imatinib group (discontinuations 12.3% with imatinib vs 31.6% with IFN- α ; crossover 2.0% with imatinib vs 57.5% with IFN- α). Further results from this study were published in 2006,³⁶ when (after a median follow-up of 60 months) cumulative CCyR rates were estimated at 69% by 12 months and 87% by 60 months. Newly occurring or worsening grade 3/4 AEs were infrequent after 4 years of therapy, and there had been no change in the AE profile. Hochhaus et al³⁷ published 6-year follow-up data

(focusing on patients treated with imatinib), and they reported no further cases of disease progression and an unchanged AE profile. Seven-year data reported a best CCyR of 82%, and a total of 317 (57%) of all randomized patients remained on imatinib and were in CCyR (38). At 8 years,³⁹ 55% of patients initially randomized to imatinib were still on study treatment. The estimated OS rate was 85% (or 93% for CML-related deaths only). The authors also concluded that most progression events occurred within 3 years of imatinib treatment, with a very low risk of progression thereafter. A retrospective analysis of the trial data³⁵ favored imatinib dose escalation for the initial treatment of CML patients with suboptimal CCyR or cytogenetic resistance.

Guilhot et al⁴¹ investigated the relationship between time to CCyR and long-term outcomes in patients treated with imatinib. Results were reported in an abstract and indicated that the durability of major cytogenetic response did not differ significantly, regardless of when CCyR was achieved ($P = 0.76$) in patients who were treated for at least 1 year and achieved CCyR during therapy. Patients who did not achieve CCyR had significantly worse outcomes than those who did achieve CCyR ($P < 0.001$). However, there was a nonstatistically significant difference observed when categorized according to time to response.

In 2010, Hughes et al⁴⁰ published an analysis of the long-term prognostic significance of an early molecular response (in imatinib-treated patients taking part in the IRIS trial). The authors found that EFS was shorter and rates of progression higher in patients with *BCR-ABL* transcripts $> 10\%$ at 6 months and $> 1\%$ at 12 months. Also, only 3% of patients who had achieved a major molecular response (MMR) by 18 months lost CCyR by 7 years, compared with 26% of patients without MMR (but with CCyR) at 18 months ($P < 0.001$). Of patients with MMR (at 12 or 18 months), 99% did not progress to AP or BP, compared with approximately 90% of patients without MMR (at 12 or 18 months). The authors concluded that molecular response status early during treatment may serve as a predictor of optimal response to therapy.

Nilotinib versus imatinib (ENESTnd)

A single phase 3, open-label RCT (ENESTnd) compared nilotinib (300 mg or 400 mg twice daily [BID]) with imatinib 400 mg once daily (OD) in 846 patients.¹⁷ Rates of MMR at 12 months were significantly higher in the nilotinib treatment groups (44% with 300 mg, and 43% with 400 mg) compared with imatinib (22%, $P < 0.001$ for both comparisons). The difference in cumulative CCyR rates by 12 months was also

Table 2 Overview of included publications: study details and baseline patient characteristics

| Study | Patient population | Treatment arm (number of patients) | Sokal risk score, n (%) | White cell count, median (range) ($10^9/L$) | Platelet count, median (range) ($10^9/L$) | Age, median years (range) | Male sex, n (%) | Time from diagnosis to entry, median months (range) |
|--|---|--|--|---|---|---------------------------|------------------|---|
| First-line RCTs | | | | | | | | |
| Imatinib versus IFN-α plus cytarabine | | | | | | | | |
| IRIS ^{14,33-41} | CP Ph+ CML | Imatinib 400 mg OD (553) | Low: 201 (52.5) Intermediate: 11 (29) High: 71 (185) | 17.9 (1.6-421.3) | 336 (47-2950) | 51 (18-70) | 341 (61.7) | 2.1 (0-10.4) |
| | | Imatinib 400 mg OD, IFN- α , and AraC (553) | Low: 190 (48.2) Intermediate: 117 (29.7) High: 87 (22.0) | 20.2 (2.0-500.0) | 340 (18-3412) | 51 (18-70) | 310 (56.1) | 1.8 (0-8) |
| Dasatinib versus imatinib | | | | | | | | |
| DASISION ^{15,42,43} | CP CML; treatment-naïve; ECOG 0-2 | Dasatinib 100 mg OD (259) | NR | 25.1 (2.5-493.0) | 448 (58-1880) | 46 (18-84) | 144 (56) | 1 (0.03-9.7) |
| SO325 ¹⁶ | Newly diagnosed CP CML | Imatinib 400 mg OD (260) Dasatinib 100 mg OD (123) | NR Intermediate: 35% High: 30% | 23.5 (1.4-475.0) NR | 390 (29-2930) NR | 49 (18-78) 49 (28-90) | 163 (63) (60) | 1 (0.1-8.0) NR |
| Nilotinib versus imatinib | | | | | | | | |
| ENESTnd ^{17,44-46} | CP CML, ECOG ≥ 2 | Imatinib 400 mg OD (123) Nilotinib 300 mg BID (282) | Low: 103 (37) Intermediate: 101 (36) High: 78 (28) | 23 (2-247) | 424 (90-3880) | 47 (18-85) | 158 (56) | 31 (1-182) days |
| | | Nilotinib 400 mg BID (281) | Low: 103 (37) Intermediate: 100 (36) High: 78 (28) | 23 (2-435) | 374 (103-1819) | 47 (18-81) | 175 (62) | 31 (3-189) days |
| | | Imatinib 400 mg OD (283) | Low: 104 (37) Intermediate: 101 (36) High: 78 (28) | 26 (2-482) | 375 (66-2232) | 46 (18-80) | 158 (56) | 28 (1-183) days |
| Bosutinib versus imatinib | | | | | | | | |
| BELA ^{11,12,47} | Ph+ CP CML; ECOG 0 or 1 | Bosutinib 500 mg OD (250) Imatinib 400 mg OD (252) | Low: 88 (35) Intermediate: 117 (47) High: 45 (18) | NR | NR | 48 (18-91) | (56.6) | 0.7 (-0.3 to 7.9) |
| | | Imatinib 400 mg OD (252) | Low: 89 (35) Intermediate: 118 (47) High: 45 (18) | NR | NR | NR | NR | NR |
| Imatinib dose regimen comparisons | | | | | | | | |
| Baccarani ⁴⁸ | CP CML; Ph+ and BCR-ABL-positive; previously untreated; at high Sokal risk | Imatinib 400 mg OD (108) | Low: NA Intermediate: NA High: 108 (100) | 160 (19-478) | 480 (80-4553) | 51 (18-81) | 62 (43) | NR |

(Continued)

Table 2 (Continued)

| Study | Patient population | Treatment arm (number of patients) | Sokal risk score, n (%) | White cell count, median (range) (10 ⁹ /L) | Platelet count, median (range) (10 ⁹ /L) | Age, median (range) years | Male sex, n (%) | Time from diagnosis to entry, median months (range) |
|--|--|---|--|---|---|---------------------------|-----------------|---|
| TOPS ^{8,19} | CP Ph+ CML | Imatinib 400 mg BID (108) | Low: NA Intermediate: NA High: 108 (100) Low: 62 (39.5) Intermediate: 53 (33.8) High: 42 (26.8) Low: 135 (42.3) Intermediate: 111 (34.8) High: 73 (22.9) | 148 (15–500) | 520 (130–2586) | 51 (18–84) | 60 (55) | NR |
| | | Imatinib 400 mg OD (157) | | NR | NR | 45 (18–75) | 84 (53.5) | 28 days (–6 to 193) |
| | | Imatinib 400 mg BID (319) | | NR | NR | 48 (18–75) | 183 (57.4) | 28 days (1–217) |
| Dasatinib dose regimen comparison Cortes ²⁰ | CP CML; no prior CML therapy | Dasatinib 100 mg OD (31) | Low: 24 (77) Intermediate: 5 (16) High: 2 (6) Low: 26 (84) Intermediate: 3 (10) High: 2 (6) | 384 (94–1906) | 384 (94–1906) | 47 (22–76) | NR | 0.9 (0–6) |
| | | Dasatinib 50 mg BID (31) | | 278 (131–1769) | 278 (131–1769) | 46 (18–70) | NR | NR |
| Second-line studies Dasatinib single-arm (registrational) studies | | | | | | | | |
| Hochaus ²⁵ | Patients with imatinib-resistant or -intolerant CP CML | Dasatinib 70 mg BID (186) | NR | NR | NR | 59 (24–79) | (46) | 64 |
| Talpa ²⁸ | Patients with imatinib-resistant or -intolerant CML or with Ph+ ALL | Dasatinib (15–240 mg/day OD or BID in 4-week treatment cycles) (84) | NR | NR | NR | 56 (15–79) | 47 (56) | 71 (5–216) |
| START-B/START-L Cortes ²⁷ | MBC CML resistant or intolerant of imatinib therapy (74) LBC CML resistant or intolerant of imatinib therapy (42) | Dasatinib 70 mg BID | NR | NR | NR | 55.0 (21–71) | (55) | 49 (3–216) |
| START-C MaurO ³⁰ | Patients with imatinib-resistant or -intolerant CP CML | Dasatinib 70 mg BID (387) | NR | NR | NR | NR | NR | 28 (2–186) |
| Ottman ²⁹ | Patients with imatinib-resistant or -intolerant Ph+ ALL | Dasatinib 70 mg BID (36) | NR | NR | NR | 46 (15–85) | 23 (64) | 20 (3–97) |
| Guilhot ²⁶ | Patients with imatinib-resistant or -intolerant AP-CML | Dasatinib 70 mg BID (107) | NR | NR | NR | 57 (23–86) | (51) | 90.9 |

| | | | | | | | |
|--|---|--|--|---|--|--|--|
| Bosutinib single-arm (registrational) study NCT00261846 ^{3,51} Ph+ CP CML, resistant/intolerant to 600 mg/day imatinib (200) Ph+ CP CML, intolerant to 600 mg/day imatinib (88) | Bosutinib 500 mg OD | NR | NR | NR | 51 (18–86) | 116 (58) | NR |
| | Nilotinib single-arm (registrational) study Kantarjian ³¹ Kantarjian ⁵⁰ Patients with resistance/ intolerance to imatinib | Nilotinib 400 mg BID (280) | NR | NR | NR | 58 (21–85) | 144 (51) |
| Nilotinib/dasatinib Garg ³⁴ CML patients who were sequentially treated with two TKIs, both of which resulted in treatment failure (imatinib and dasatinib or nilotinib) | Dasatinib (n = 34) Nilotinib (n = 14) | NR | NR | NR | 53 (18–70) 49 (19–70) | NR | NR |
| | Dasatinib dose/administration schedule comparisons (RCTs) CA180-035/ NCT00123487 ^{22,52} AP CML; resistance or intolerance to imatinib; ECOG 0–2 MBP-CML; resistance or intolerance to imatinib LBP-CML; resistance or intolerance to imatinib CP CML; primary or acquired resistance or intolerance to imatinib | Dasatinib 140 mg OD (158) Dasatinib 70 mg BID (159) Dasatinib 140 mg OD (75) Dasatinib 70 mg BID (74) Dasatinib 140 mg OD (33) Dasatinib 70 mg BID (28) Dasatinib OD 140 mg (167) Dasatinib BID 70 mg (168) Dasatinib OD 140 mg (167) Dasatinib BID 50 mg (168) | NR NR NR NR NR NR NR NR NR NR | NR NR 22 (0.4–223) 21 (0.1–258) 12 (1–300) 7 (1–127) NR NR NR NR | NR NR 46 (2–1495) 49 (7–3993) 47 (2–331) 41 (6–611) NR NR NR NR | 56 (17–81) 56 (19–84) 48 (16–78) 52 (18–76) 49 (21–76) 56 (21–78) 56 (20–78) 55 (21–84) 54 (20–84) 55 (18–83) | 88 (56) 94 (59) NR NR NR NR 84 (50) 85 (51) 70 (42) 77 (46) |
| High-dose imatinib versus dasatinib (RCT) START-R ^{21,24} CP CML; primary or acquired resistance or intolerance to imatinib | Dasatinib 70 mg BID (101) Imatinib 70 mg BID (49) | NR NR | 7.5 (2–153) 7.4 (2–133) | 256 (55–1903) 248 (80–2318) | 51 (24–85) 51 (24–80) | 53 (52) 22 (45) | 64 (6–166) 52 (14–133) |
| | Third-line single-arm studies Bosutinib Khoury ⁵⁷ IM+DAS resistant (37) IM+DAS intolerant (50) IM+NIL resistant (27) IM+NIL ± DAS (fourth-line setting) (4) | Bosutinib 500 mg OD | NR | NR | NR | 54 (23–69) 58 (25–79) 52 (20–73) 54.5 (31–62) | 14 (38) 23 (46) 14 (52) 2 (50) |

(Continued)

Table 2 (Continued)

| Study | Patient population | Treatment arm (number of patients) | Sokal risk score, n (%) | White cell count, median (range) (10 ⁹ /L) | Platelet count, median (range) (10 ⁹ /L) | Age, median years (range) | Male sex, n (%) | Time from diagnosis to entry, median months (range) |
|--|---|------------------------------------|-------------------------|---|---|---------------------------|-----------------|---|
| Nilotinib Giles ³² | IM + DAS intolerant (52) Adults AP/CP-CML, imatinib intolerance/resistance and failure to respond to dasatinib treatment | CP-CML (39) | NR | NR | NR | 62 (34–78) | NR | 89 (8–262) |
| | | Nilotinib 400 mg BID | | | | | | |
| | | AP-CML (21) | | | | | 58 (19–73) | |
| Nilotinib/dasatinib Garg ³⁴ | CML patients who were sequentially treated with two TKIs, both of which resulted in treatment failure (imatinib and dasatinib or nilotinib) | Dasatinib (n = 34) | NR | NR | NR | 53 (18–70) | NR | NR |
| | | Nilotinib (n = 14) | | | | 49 (19–70) | | |
| Ibrahim ³³ | CP-CML pts having failed two lines of TKI therapy (imatinib and dasatinib or nilotinib) | Dasatinib or Nilotinib (26) | NR | NR | NR | 64 | 14 | 63 |

Abbreviations: AP, accelerated phase; BID, twice daily; BP, blast phase; CP, chronic phase; CML, chronic myeloid leukemia; DAS, dasatinib, NR, not reported; TKI, tyrosine kinase inhibitor; IFN, interferon; IM, imatinib; AraC, cytarabine; ALL, acute lymphoblastic leukemia; MBC, myeloid blast crisis; LBC, lymphoid blast crisis; NA, not applicable; NIL, nilotinib.

statistically significant: 80% and 78% for nilotinib 300 mg and 400 mg, respectively, compared with 65% for imatinib ($P < 0.001$ for both comparisons). Transformation to AP or BP occurred in eleven patients (4%) receiving imatinib, two patients (<1%) receiving nilotinib 300 mg, and one patient (<1%) on nilotinib 400 mg. There were some differences in the AE profile between nilotinib and imatinib. With nilotinib, the incidence of rash, headache, and pruritus increased, as did levels of bilirubin, lipase, alanine aminotransferase (ALT) and aspartate aminotransferase (AST). There were, however, fewer cases of nausea, vomiting, diarrhea, muscle spasms, edema, neutropenia, and creatinine increase. Discontinuation rates were comparable between the treatment arms. At 18-month follow-up,⁴⁴ MMR was reported in 66% of patients treated with nilotinib 300 mg and 62% of those receiving nilotinib 400 mg, compared with 40% of imatinib-treated patients ($P < 0.0001$ vs imatinib for both nilotinib doses). A complete molecular response (CMR) was reported in 21% of patients treated with nilotinib 300 mg and 17% of those receiving nilotinib 400 mg, compared with 6% of imatinib-treated patients ($P < 0.0001$ vs imatinib for both nilotinib doses). Similarly, CCyR rates of 85% ($P < 0.001$) and 82% ($P = 0.017$) were reported for nilotinib 300 mg and 400 mg treated patients, respectively, versus 74% of imatinib-treated patients. The 24-month follow-up data confirmed the previous results favouring nilotinib.^{45,46} The MMR rates at 24 months were 37% for imatinib and 62% ($P < 0.001$) and 59% ($P < 0.001$) for nilotinib 300 mg and 400 mg, respectively.⁴⁵ Rates of CCyR were also significantly better with nilotinib (87%, $P = 0.0018$ with 300 mg, and 85%, $P = 0.016$ with 400 mg) than with imatinib (77%).^{45,46} In addition, CMR (4.5-log reduction) at any time was achieved by 26% and 21% of nilotinib 300 mg and 400 mg-treated patients, respectively, versus 10% of imatinib-treated patients ($P < 0.0001$ vs imatinib for nilotinib 300 mg, and $P = 0.0004$ for nilotinib 400 mg).⁴⁶ Progression rates were 4.2% with imatinib compared with 0.7% ($P = 0.006$) and 1.1% ($P = 0.020$) with nilotinib 300 mg and 400 mg, respectively. There was, however, no significant difference in OS: 96.3% for imatinib, and 97.4% ($P = 0.65$) and 97.8% ($P = 0.21$) for nilotinib 300 mg and 400 mg, respectively. There were no notable changes in the AE profile of nilotinib.

Dasatinib versus imatinib (DASISION, SO325)

The open-label, phase 3 DASISION RCT (519 patients) compared imatinib 400 mg OD with dasatinib 100 mg OD.¹⁵ Confirmed cumulative rates of CCyR by 12 months and MMR by 12 months were significantly higher with dasatinib

Table 3 Overview of included publications – efficacy results

| Study | Publication | CCyR | MMR | Other outcomes reported |
|--|--------------------------------|---|---|---|
| First-line RCTs | | | | |
| Imatinib versus IFN-α plus cytarabine | | | | |
| IRIS | O'Brien et al ¹⁴ | At 18 months: • IFN, 14.5% • Imatinib, 76.2%, $P < 0.001$ | NR | PFS rate at 12 months: • Imatinib, 96.6% • Imatinib and IFN- α , 79.9%, $P < 0.001$ PFS rate at 18 months: • Imatinib, 92.1% • Imatinib and IFN- α , 73.5%, Estimated OS rate at 18 months: • Imatinib, 97.2% • Imatinib and IFN- α , 95.1%, $P = 0.16$ Estimated PFS at 60 months: • Imatinib, 93% (95% CI, 90–96) Estimated EFS at 60 months: • Imatinib 400 mg OD, 83% (95% CI, 79–87) Disease progression to AP/BC: • Imatinib, 6% |
| | Druker et al ³⁶ | By 12 months: • Imatinib 69% By 60 months: • Imatinib, 87% | NR | Estimated PFS at 7 years: • Imatinib, 93% Estimated EFS at 6 years: • Imatinib, 67.3% (high Sokal risk group) • Imatinib, 81.3% (intermediate Sokal risk group) • Imatinib, 90.8% (low Sokal risk group), $P < 0.001$ OS rate at 6 years: • Imatinib, 76.3% (high Sokal risk group) • Imatinib, 86.9% (intermediate Sokal risk group) • Imatinib, 93.9% (low Sokal risk group), $P < 0.001$ Estimated OS rate at 8 years: • Imatinib, 85% |
| | Hochhaus et al ³⁷ | NR | NR | Estimated EFS at 7 years: • Imatinib, 93% Estimated OS rate at 8 years: • Imatinib, 81% |
| | O'Brien et al ³⁸ | NR | With imatinib, at 12 and 48 months: 53% and 80%, respectively | Estimated OS rate at 8 years: • Imatinib, 85% |
| | Deninger et al ³⁹ | NR | NR | Estimated EFS at 7 years: • Imatinib, 81% |
| | Kantarjian et al ³⁵ | NR | NR | Estimated OS rate at 8 years: • Imatinib, 85% Estimated PFS rates at 12 months after dose escalations (for 106 patients with dose escalations): • Imatinib, 94% Estimated PFS rates at 36 months after dose escalations (for 106 patients with dose escalations): • Imatinib, 89% |
| | Guilhot et al ⁴¹ | NR | NR | In 551 pts of imatinib treatment arm at 6 years: Estimated OS: 88% Estimated EFS: 83% Estimated freedom from progression to AP/BC: 93% No significant correlation between the achievement of CCyR and the durability of MCyR ($P = 0.76$) |

(Continued)

Table 3 (Continued)

| Study | Publication | CCyR | MMR | Other outcomes reported |
|----------------------------------|--------------------------------|---|--|---|
| | Hughes et al ⁴⁰ | NR | NR | 476 pts of imatinib treatment arm: <ul style="list-style-type: none"> EFS was shorter and rates of progression higher in patients with BCR-ABL transcripts > 10% at 6 months and > 1% at 12 months 3% of patients who had achieved an MMR by 18 months lost CCyR by 7 years, compared with 26% of patients without MMR (but with CCyR) at 18 months ($P < 0.001$) patients with MMR (at 12 or 18 months), 99% did not progress to AP or BP, compared with around 90% of patients without MMR |
| Dasatinib versus imatinib | | | | |
| DASISION | Kantarjian et al ¹⁵ | By 12 months: <ul style="list-style-type: none"> Dasatinib, 83% Imatinib, 72% By 12 months: (confirmed CCyR): <ul style="list-style-type: none"> Dasatinib, 77% Imatinib, 66%, $P = 0.007$ | By 12 months: <ul style="list-style-type: none"> Dasatinib, 46% Imatinib, 28%, $P < 0.0001$ | Progression to AP/BP by 12 months: <ul style="list-style-type: none"> Dasatinib, 2.3% Imatinib, 3.5% Estimated PFS rate at 12 months: <ul style="list-style-type: none"> Dasatinib, 96% Imatinib, 97% Estimated OS rate at 12 months: <ul style="list-style-type: none"> Dasatinib, 97% Imatinib, 99% OS rate at 18 months: <ul style="list-style-type: none"> Dasatinib, 96% Imatinib, 97.9% Estimated PFS rate at 18 months: <ul style="list-style-type: none"> Dasatinib, 94.9% Imatinib, 93.7% Progression to AP/BP by 18 months: <ul style="list-style-type: none"> Dasatinib, 1.9% Imatinib, 3.5% Transformation to AP/BP by 24 months: <ul style="list-style-type: none"> Dasatinib, 2.3% Imatinib, 5.0% PFS rate at 24 months: <ul style="list-style-type: none"> Dasatinib, 93.7% Imatinib, 92.1% FFS rate at 24 months: <ul style="list-style-type: none"> Dasatinib, 91.2% Imatinib, 87.8% OS rate at 24 months: <ul style="list-style-type: none"> Dasatinib, 95.3% Imatinib, 95.2% OS rate at 12 months: <ul style="list-style-type: none"> Dasatinib, 100% Imatinib, 99%, $P = 0.60$ PFS rate at 12 months: <ul style="list-style-type: none"> Dasatinib, 99% Imatinib, 96%, $P = 0.19$ |
| | Shah et al ⁴² | By 18 months (confirmed CCyR): <ul style="list-style-type: none"> Dasatinib, 78% Imatinib, 70%, $P = 0.04$ | By 18 months: <ul style="list-style-type: none"> Dasatinib, 57% Imatinib, 41%, $P < 0.0002$ | |
| | Kantarjian ⁴³ | By 24 months: <ul style="list-style-type: none"> Dasatinib, 86% Imatinib, 82% By 24 months: (confirmed CCyR): <ul style="list-style-type: none"> Dasatinib, 80% Imatinib, 74% | By 24 months: <ul style="list-style-type: none"> Dasatinib, 64% Imatinib, 46%, | |
| SO325 | Radich ¹⁶ | At 12 months (data only available for 55% of patients): <ul style="list-style-type: none"> Dasatinib, 57% Imatinib, 69%, $P = 0.097$ | NR | |
| Nilotinib versus imatinib | | | | |
| ENESTnd | Saglio et al ¹⁷ | By 12 months: <ul style="list-style-type: none"> Nilotinib, 80% (300 mg), 78% (400 mg) Imatinib, 65%, $P < 0.001$ | At 12 months: <ul style="list-style-type: none"> Nilotinib, 44% (300 mg), 43% (400 mg) Imatinib, 22%, $P < 0.0001$ | Progression to AP/BP (median 14 months treatment): <ul style="list-style-type: none"> Nilotinib 300 mg BID, < 1% Nilotinib 400 mg BID, < 1% Imatinib, 4% |

(Continued)

Table 3 (Continued)

| Study | Publication | CCyR | MMR | Other outcomes reported |
|--|--|---|--|--|
| | Hughes et al ⁴⁴ | At 18 months overall best CCyR rates: <ul style="list-style-type: none"> • Nilotinib, 85% (300 mg), $P < 0.001$, 62% (400 mg), $P = 0.017$ • Imatinib, 74% | At 18 months overall best MMR rates: <ul style="list-style-type: none"> • Nilotinib, 66% (300 mg), 62% (400 mg) • Imatinib, 40%, $P < 0.0001$ | Progression to AP/BP (median 18 months follow-up): <ul style="list-style-type: none"> • Nilotinib 300 mg BID, 0.7% • Nilotinib 400 mg BID, 0.4% • Imatinib, 4.2% Estimated OS at 18 months: <ul style="list-style-type: none"> • Nilotinib 300 mg BID, 98.5%, $P = 0.28$ (vs imatinib) • Nilotinib 400 mg BID, 99.3% $P = 0.03$ (vs imatinib) • Imatinib, 96.9% |
| | Kantarjian et al ^{45,46} | By 24 months: <ul style="list-style-type: none"> • Nilotinib 300 mg, 87%, $P = 0.002$ vs imatinib • Nilotinib 400 mg, 85%, $P = 0.02$ vs imatinib • Imatinib, 77% | At 24 months: <ul style="list-style-type: none"> • Nilotinib 300 mg, 62%, $P = 0.002$ vs imatinib • Nilotinib 400 mg, 59%, $P = 0.02$ vs imatinib • Imatinib, 37%, $P < 0.0001$ By 24 months: <ul style="list-style-type: none"> • Nilotinib 300 mg, 71%, $P = 0.002$ vs imatinib • Nilotinib 400 mg, 67%, $P = 0.02$ vs imatinib • Imatinib, 44%, $P < 0.0001$ | Progression to AP/BP at 24 months: <ul style="list-style-type: none"> • Nilotinib 300 mg BID, $< 1%$, $P = 0.006$ vs imatinib • Nilotinib 400 mg BID, 1.1%, $P = 0.02$ vs imatinib • Imatinib, 4.2% Estimated OS at 24 months: <ul style="list-style-type: none"> • Nilotinib 300 mg BID, 97.4%, $P = 0.65$ vs imatinib • Nilotinib 400 mg BID, 97.8% $P = 0.21$ vs imatinib • Imatinib 400 mg OD, 96.3% |
| Bosutinib versus imatinib | | | | |
| BELA | Gambacorti-Passerini et al ¹¹ | Only pooled results reported | | |
| | Gambacorti-Passerini et al ¹² | At 1 year: <ul style="list-style-type: none"> • Bosutinib, 70% • Imatinib, 68% Cumulative by 1 year: <ul style="list-style-type: none"> • Bosutinib, 79% • Imatinib, 75% At 18 months: <ul style="list-style-type: none"> • Bosutinib, 62% • Imatinib, 67% Cumulative by 18 months: <ul style="list-style-type: none"> • Bosutinib, 79% • Imatinib, 79% | At 1 year: <ul style="list-style-type: none"> • Bosutinib, 41% • Imatinib, 27%, $P = 0.002$ Cumulative by 1 year: <ul style="list-style-type: none"> • Bosutinib, 47% • Imatinib, 32%, $P < 0.001$ At 18 months: <ul style="list-style-type: none"> • Bosutinib, 46% • Imatinib, 38% Cumulative by 18 months: <ul style="list-style-type: none"> • Bosutinib, 55% • Imatinib, 45%, $P < 0.05$ | Transformation to AP/BC (median treatment duration 16.6/16.8 months): <ul style="list-style-type: none"> • Bosutinib, 2% • Imatinib, 4% Transformation to AP/BC (median treatment duration 19.3/19.5 months): <ul style="list-style-type: none"> • Bosutinib, 2% • Imatinib, 5% EFS estimates at 18 months: <ul style="list-style-type: none"> • Bosutinib, 95% • Imatinib, 91% OS estimates at 18 months: <ul style="list-style-type: none"> • Bosutinib, 99% • Imatinib, 95% |
| | Cortes et al ⁴⁷ | At 24 months: <ul style="list-style-type: none"> • Bosutinib, 58% • Imatinib, 65% Cumulative by 24 months: <ul style="list-style-type: none"> • Bosutinib, 79% • Imatinib, 80% | At 24 months: <ul style="list-style-type: none"> • Bosutinib, 49% • Imatinib, 42% Cumulative by 24 months: <ul style="list-style-type: none"> • Bosutinib, 61% • Imatinib, 50%, $P < 0.05$ | Transformation to AP/BC (24 months): <ul style="list-style-type: none"> • Bosutinib, 2% • Imatinib, 5% OS estimates at 24 months: <ul style="list-style-type: none"> • Bosutinib, 97% • Imatinib, 95% |
| Imatinib dose regimen comparisons | | | | |
| | Baccarani et al ⁴⁸ | At 1 year: <ul style="list-style-type: none"> • Imatinib 400 mg, 58% • Imatinib 800 mg, 64%, $P = 0.435$ | NR | PFS at 36 months: <ul style="list-style-type: none"> • Imatinib OD, 86% (95% CI, 82–90) • Imatinib BID, 88% (95% CI, 84–92) $P = 0.63$ EFS at 36 months: <ul style="list-style-type: none"> • Imatinib OD, 66% (95% CI, 61–71) $P = 0.89$ |

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Table 3 (Continued)

| Study | Publication | CCyR | MMR | Other outcomes reported |
|--|-------------------------------|---|---|--|
| TOPS | Cortes et al ¹⁸ | At 12 months: <ul style="list-style-type: none"> • Imatinib 400 mg, 66% • Imatinib 800 mg, 70%, P = 0.347 | At 12 months: <ul style="list-style-type: none"> • Imatinib 400 mg, 40% • Imatinib 800 mg, 46%, P = 0.2035 | <ul style="list-style-type: none"> • Imatinib BID, 62% (95% CI, 58–68) FFS at 36 months: <ul style="list-style-type: none"> • Imatinib OD, 74% (95% CI, 70–78) P = 0.89 • Imatinib BID, 72% (95% CI, 66–78) OS at 36 months: <ul style="list-style-type: none"> • Imatinib OD, 84% (95% CI, 78–90) P = 0.79 • Imatinib BID, 91% (95% CI, 87–94) Estimated PFS rate at 18 months: <ul style="list-style-type: none"> • Imatinib OD, 95% (95% CI, 90.2–99.8) • Imatinib BID, 97.4% (95% CI, 95.3–99.6) P = 0.63 Estimated OS rate at 18 months: <ul style="list-style-type: none"> • Imatinib OD, 98.7% • Imatinib BID, 98.2%, P = 0.56 |
| | Baccarani et al ¹⁹ | At 24 months: <ul style="list-style-type: none"> • Imatinib 400 mg, 76% • Imatinib 800 mg, 76% | At 24 months: <ul style="list-style-type: none"> • Imatinib 400 mg, 51% • Imatinib 800 mg, 54%, P = 0.2035 | PFS rate at 24 months: <ul style="list-style-type: none"> • Imatinib OD, 97% • Imatinib BID, 98% EFS rate at 24 months: <ul style="list-style-type: none"> • Imatinib OD, 95% • Imatinib BID, 95% OS rate at 24 months: <ul style="list-style-type: none"> • Imatinib OD, 97% • Imatinib BID, 98% |
| Dasatinib dose regimen comparison | | | | |
| | Cortes et al ²⁰ | 12 months: <ul style="list-style-type: none"> • Dasatinib OD, 100% • Dasatinib BID, 95% | 12 months: <ul style="list-style-type: none"> • Dasatinib OD, 71% • Dasatinib BID, 71% | Projected EFS rate at 24 months for all patients: <ul style="list-style-type: none"> • 88% (90% when excluding the two patients who experienced relapse due to noncompliance) |
| Second-line studies | | | | |
| Dasatinib single-arm (registrational) studies | | | | |
| | Hochaus et al ²⁵ | At 6 months: <ul style="list-style-type: none"> • Overall, 33% • Imatinib resistant patients, 22% • Imatinib-intolerant patients, 56% At 8 months: <ul style="list-style-type: none"> • Overall, 39% • Imatinib-resistant patients, 28% • Imatinib-intolerant patients, 64% | NR | NR |
| | Talpaz et al ²⁸ | Follow-up duration unclear: <ul style="list-style-type: none"> • CP CML patients, 35% • AP CML patients, 18% • MBP CML patients, 26% • LBP CML patients, 30% | NR | NR |
| START-B/ START-L | Cortes et al ²⁷ | At 6 months: <ul style="list-style-type: none"> • MBC-CML patients, 27% • LBC-CML patients, 43% At 8 months: <ul style="list-style-type: none"> • MBC-CML patients, 27% • LBC-CML patients, 43% | NR | NR |

(Continued)

Table 3 (Continued)

| Study | Publication | CCyR | MMR | Other outcomes reported |
|--|---|--|--|--|
| START-C | Mauro et al ³⁰ | 2-year follow-up rates: <ul style="list-style-type: none"> • Overall 53% • Imatinib-intolerant patients, 78% | 2-year follow-up rates: <ul style="list-style-type: none"> • Overall 47% • Imatinib-intolerant patients, 78% | PFS at 2 years: <ul style="list-style-type: none"> • Overall 80% • Imatinib-resistant patients, 75% • Imatinib-intolerant patients, 94% OS 2 years: <ul style="list-style-type: none"> • Overall 94% • Imatinib-resistant patients, 92% • Imatinib intolerant patients, 100% |
| START-L | Ottman et al ²⁹ | At 6 months: <ul style="list-style-type: none"> • Overall, 58% At 8 months: <ul style="list-style-type: none"> • Overall, 58% | NR | NEL at 6 months: <ul style="list-style-type: none"> • Overall, 11% NEL at 8 months: <ul style="list-style-type: none"> • Overall, 8% Median duration of PFS, 3.3 months |
| | Guilhot et al ²⁶ | At 6 months: <ul style="list-style-type: none"> • Imatinib-resistant patients, 23% • Imatinib-intolerant patients, 0% • Overall, 22% At 8 months: <ul style="list-style-type: none"> • Overall, 24% • Imatinib-resistant patients, 25% • Imatinib-intolerant patients, 13% | NR | NR |
| Bosutinib single-arm (registrational) study | | | | |
| NCT00261846 | Cortes et al ⁵¹ | At 24 weeks: <ul style="list-style-type: none"> • IM-resistant, 23% • IM-intolerant, 23% • Overall, 23% By 24 weeks: <ul style="list-style-type: none"> • IM-resistant, 41% • IM-intolerant, 41% • Overall, 41% | NR | PFS at 1 year: <ul style="list-style-type: none"> • IM-resistant, 89% • IM-intolerant, 95% • Overall, 91% PFS at 2 years: <ul style="list-style-type: none"> • IM-resistant, 73% • IM-intolerant, 95% • Overall, 79% OS at 1 year: <ul style="list-style-type: none"> • Overall, 97% OS at 2 years: <ul style="list-style-type: none"> • IM-resistant, 92% • IM-intolerant, 89% • Overall, 97% |
| | Gambacorti-Passerini et al ⁹ | 31.6 months median follow-up: <ul style="list-style-type: none"> • IM-resistant, 43% • IM-intolerant, 43% • Overall, 43% | 31.6 months median follow-up: <ul style="list-style-type: none"> • IM-resistant, 41% • IM-intolerant, 46% • Overall, 43% | Estimated PFS at 1 year: <ul style="list-style-type: none"> • Overall, 91% Estimated PFS at 2 years: <ul style="list-style-type: none"> • Overall, 81% Estimated OS at 1 year: <ul style="list-style-type: none"> • Overall, 97% Estimated OS at 2 years: <ul style="list-style-type: none"> • Overall, 91% |
| Nilotinib single-arm (registrational) study | | | | |
| | Kantarjian et al ⁵¹ | At least 6 months follow-up: <ul style="list-style-type: none"> • IM-resistant, 30% • IM-intolerant, 35% • Overall, 31% | NR | Estimated 12-month OS rate: 95% |
| | Kantarjian et al ⁵⁰ | At least 24 months follow-up: <ul style="list-style-type: none"> • IM-resistant, 41% • IM-intolerant, 51% • Overall: 44% | At least 24 months follow-up: <ul style="list-style-type: none"> • With baseline CHR: 38%, <i>P</i> = 0.0036 • Without baseline CHR: 22% • Overall: 28% | Estimated PFS at 24 months: <ul style="list-style-type: none"> • With baseline CHR: 77% • Without baseline CHR: 56% • Overall: 64% Estimated OS at 24 months: <ul style="list-style-type: none"> • Overall: 87% |

(Continued)

Table 3 (Continued)

| Study | Publication | CCyR | MMR | Other outcomes reported |
|---|-----------------------------------|--|--|--|
| Nilotinib/dasatinib | | | | |
| | Garg et al ³⁴ | Best overall CCyR: <ul style="list-style-type: none"> • Nilotinib therapy, 9% • Dasatinib, 14% | Best overall MMR: <ul style="list-style-type: none"> • Nilotinib therapy, 15% | NR |
| Dasatinib dose/administration schedule comparisons | | | | |
| CA180-035/ NCT00123487 | Kantarjian et al ²² | <ul style="list-style-type: none"> • Dasatinib 140 mg OD, 32% • Dasatinib 70 mg BID, 33% | NR | <p>Estimated PFS rate at 12 months:</p> <ul style="list-style-type: none"> • Dasatinib OD, 68% • Dasatinib BID, 69% <p>Estimated PFS rate at 24 months:</p> <ul style="list-style-type: none"> • Dasatinib OD, 51% • Dasatinib BID, 55%, $P = 0.566$ <p>Estimated OS rate at 12 months:</p> <ul style="list-style-type: none"> • Dasatinib OD, 78% • Dasatinib BID, 84% <p>Estimated OS rate at 24 months:</p> <ul style="list-style-type: none"> • Dasatinib OD, 63% • Dasatinib BID, 72%, $P = 0.140$ <p>Estimated PFS rate at 12 months:</p> <p>Myeloid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, 18% • Dasatinib BID, 25% <p>Lymphoid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, not reached • Dasatinib BID, 9% <p>Estimated PFS rate at 24 months:</p> <p>Myeloid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, 11% • Dasatinib BID, 18% <p>Lymphoid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, not reached • Dasatinib BID, not reached <p>Estimated OS rate at 12 months:</p> <p>Myeloid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, 34% • Dasatinib BID, 39% <p>Lymphoid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, 46% • Dasatinib BID, 39% <p>Estimated OS rate at 24 months:</p> <p>Myeloid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, 24% • Dasatinib BID, 28% <p>Lymphoid blast phase</p> <ul style="list-style-type: none"> • Dasatinib OD, 21% • Dasatinib BID, 16% |
| | Saglio et al ⁵² | <p>Myeloid blast phase:</p> <ul style="list-style-type: none"> • Dasatinib 140 mg OD, 14% • Dasatinib 70 mg BID, 21% <p>Lymphoid blast phase:</p> <ul style="list-style-type: none"> • Dasatinib 140 mg OD, 38% • Dasatinib 70 mg BID, 36% | NR | |
| NCT00123474 | Shah et al ²³ | 8 months median: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 41% • Dasatinib 50 mg BID, 42% • Dasatinib 140 mg OD, 44% • Dasatinib 70 mg BID, 45% | NR | NR |
| | Shah et al ⁵⁴ | 2 years minimum: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 50% | 2 years minimum: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 37% | PFS at 24 months: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 80% • All other arms 75%–76% |
| | Shah et al ⁵³ | <ul style="list-style-type: none"> • Dasatinib 50 mg BID, 54% • Dasatinib 140 mg OD, 50% • Dasatinib 70 mg BID, 50% | <ul style="list-style-type: none"> • Dasatinib 50 mg BID, 38% • Dasatinib 140 mg OD, 38% • Dasatinib 70 mg BID, 38% | Estimated PFS at 24 months: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 80% • Dasatinib 50 mg BID, 76% • Dasatinib 140 mg OD, 75% • Dasatinib 70 mg BID, 76% |

(Continued)

Table 3 (Continued)

| Study | Publication | CCyR | MMR | Other outcomes reported |
|--|--------------------------------|--|---|--|
| | Shah et al ⁵⁵ | NR | NR | PFS at 36 months: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 73% • Dasatinib 50 mg BID, 72% • Dasatinib 140 mg OD, 60% • Dasatinib 70 mg BID, 67% OS at 36 months: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 87% • Dasatinib 50 mg BID, 84% • Dasatinib 140 mg OD, 80% • Dasatinib 70 mg BID, 80 |
| | Shah et al ⁵⁶ | Best overall response rate within 5 years: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 50% | Within 5 years: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 44% | PFS at 60 months: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 57% OS at 60 months: <ul style="list-style-type: none"> • Dasatinib 100 mg OD, 78% • Transformation to AP • Dasatinib 100 mg OD, 5% |
| High-dose imatinib versus dasatinib | | | | |
| START-R | Kantarjian et al ²¹ | At 12 weeks: <ul style="list-style-type: none"> • Dasatinib, 22% • Imatinib 800 mg, 8%, $P = 0.041$ 15 months median follow-up: <ul style="list-style-type: none"> • Dasatinib, 40% • Imatinib, 800 mg, 16%, $P = 0.004$ | 15 months median follow-up: <ul style="list-style-type: none"> • Dasatinib, 16% • Imatinib, 800 mg, 4%, $P = 0.038$ | PFS (median follow-up 15 months) <ul style="list-style-type: none"> • Risk reduction of 86% relative to high-dose imatinib (HR, 0.14; 95% CI, 0.1 to 0.26; $P < 0.001$) Treatment failure at 6 months: <ul style="list-style-type: none"> • Dasatinib, 15/101, 15% • Imatinib, 37/49, 76% Treatment failure (median, 15 months) <ul style="list-style-type: none"> • Dasatinib, 28% • Imatinib, 82 |
| | Kantarjian et al ²⁴ | At 24 months: <ul style="list-style-type: none"> • Dasatinib, 44% • Imatinib, 18%, $P = 0.0025$ | At 24 months: <ul style="list-style-type: none"> • Dasatinib, 29% • Imatinib, 12%, $P = 0.028$ | PFS at 24 months: <ul style="list-style-type: none"> • Dasatinib OD, 86% • Imatinib OD, 65%, $P = 0.01$ |
| Third-line single arm studies | | | | |
| Bosutinib | | | | |
| | Khoury et al ⁵⁷ | Median 28.5-month follow-up (best cumulative responses): <ul style="list-style-type: none"> • IM+DAS resistant, 14% • IM+DAS intolerant, 28% • IM+NIL resistant, 27% • IM+NIL ± DAS, 50% • Overall, 24% | NR | Transformation to the AP phase, n = 4 <ul style="list-style-type: none"> • Estimated PFS at 1 year: <ul style="list-style-type: none"> • Overall, 77% • Estimated PFS at 2 years: <ul style="list-style-type: none"> • Overall, 73% • Estimated OS at 1 year: <ul style="list-style-type: none"> • Overall, 91% • Estimated OS at 2 years: <ul style="list-style-type: none"> • Overall, 83% |
| Nilotinib | | | | |
| | Giles et al ³² | Median 12-month follow-up: <ul style="list-style-type: none"> • CP CML pts, 24% • AP CML pts, 0% | | Discontinuations due to disease progression: <ul style="list-style-type: none"> • 11 CP, 8 AP Estimated OS at 18 months: <ul style="list-style-type: none"> • CP CML pts, 86% • AP CML pts, 80% Estimated PFS at 18 months: <ul style="list-style-type: none"> • 59% Median TTF: <ul style="list-style-type: none"> • 19.5 (range, 0.9–28.8) months |
| Nilotinib/dasatinib | | | | |
| | Garg et al ³⁴ | Median follow up of 13 months (cumulative): <ul style="list-style-type: none"> • Dasatinib therapy <ul style="list-style-type: none"> • CP CML pts, 31% • AP CML pts, 25% | Median follow up of 13 months (cumulative): <ul style="list-style-type: none"> • Dasatinib therapy <ul style="list-style-type: none"> • CP CML pts, 13% • AP CML pts, 13% | Discontinuations due to transformation: <ul style="list-style-type: none"> • Dasatinib, 21% • Nilotinib, 14% |

(Continued)

Table 3 (Continued)

| Study | Publication | CCyR | MMR | Other outcomes reported |
|-------|-----------------------------|--|--|---|
| | | <ul style="list-style-type: none"> • BP CML pts, 20% Nilotinib therapy | <ul style="list-style-type: none"> • BP CML pts, 10% Nilotinib therapy | Median overall survival, 20 months Median EFS, 13 months Median PFS, 5 months |
| | | <ul style="list-style-type: none"> • CP CML pts, 11% • AP CML pts, 0% • BP CML pts, 33% Overall | <ul style="list-style-type: none"> • CP CML pts, 33% • AP CML pts, 0% • BP CML pts, 0% Overall | |
| | | <ul style="list-style-type: none"> • CP CML pts, 24% • AP CML pts, 10% • BP CML pts, 23% | <ul style="list-style-type: none"> • CP CML pts, 20% • AP CML pts, 10% • BP CML pts, 8% | |
| | Ibrahim et al ³³ | Median 21.5 month follow up: <ul style="list-style-type: none"> • 34.6% 30 month cumulative incidences: <ul style="list-style-type: none"> • 32.4% | Median 21.5 month follow up: <ul style="list-style-type: none"> • 19.2% 30 month cumulative incidences: <ul style="list-style-type: none"> • 21.1% | 30 month probability of EFS, 45.7% 30 month probability of OS, 46.7% |

Note: ^aConfirmed complete cytogenetic response.

Abbreviations: AP, accelerated phase; BC, blast crisis; BP, blast phase; CCyR, complete cytogenetic response; EFS, event free survival; FFP, freedom from progression; FFS, failure-free survival; GM-CSF, granulocyte-macrophage colony stimulating factor; MMR, major molecular response; NEL, no evidence of leukemia; OS, overall survival; PFS, progression-free survival CP, chronic phase; CML, chronic myeloid leukemia; pts, patients; HR, Hazard ratio; NR, not reported; CI, Confidence interval; CHR, complete hematologic response.

compared with imatinib (77% v 66%, $P = 0.007$, and 46% vs 28%, $P < 0.0001$). This difference in CCyR and MMR was observed across all Hasford risk (HR) categories. In addition, the times to CCyR and MMR were significantly shorter with dasatinib compared with imatinib (HR 1.5, $P < 0.0001$, and HR 2.0, $P < 0.0001$, respectively). In the dasatinib and imatinib treatment arms, 1.9% and 3.5% of patients, respectively, progressed to AP/BP. Rates of progression-free survival (PFS) at 12 months were similar between the treatment arms. Notable differences in the incidence of AEs were grade 3/4 thrombocytopenia (19% with dasatinib vs 10% with imatinib), fluid retention (19% vs 42%), nausea (8% vs 20%), myalgia (6% vs 12%), and muscle inflammation (4% vs 17%). Discontinuation rates were similar between the treatment groups. Efficacy and safety results at 18-month follow-up⁴² were consistent with those published at 12 months. The rates of cumulative confirmed CCyR and MMR rates at any time for dasatinib vs imatinib were 78% vs 70% ($P = 0.0366$), and 57% vs 41% ($P = 0.0002$), respectively. Transformation to AP or BP occurred in six (2.3%) patients on dasatinib and nine (3.5%) patients on imatinib. After 24 months of minimum follow-up, cumulative rates of confirmed CCyR and MMR were 80% and 64% for dasatinib and 74% and 46% for imatinib, respectively.⁴³ The cumulative rate of CMR (4.5-log reduction) by 24 months was 17% for dasatinib compared with 8% for imatinib ($P = 0.002$). The transformation rates for dasatinib and imatinib were 2.3% ($n = 6$) and 5% ($n = 13$), respectively (during treatment). With regards to the AE profile, most cytopenias occurred in the first 12 months.

Radich et al¹⁶ compared imatinib 400 mg OD with dasatinib 100 mg OD in an open-label phase 2 trial, randomising 253 patients. The rates of CCyR were not significantly different between the treatment arms at 12 months (69% with imatinib, 82% with dasatinib, $P = 0.097$), although data were only available for 51% of patients. Progression data were not reported. In the dasatinib and imatinib arms, 15% and 11% of patients, respectively, discontinued due to toxicity. Hematologic AEs were the most common grade 3/4 AEs (eg, thrombocytopenia reported in 18% and 8% of patients in the dasatinib and imatinib treatment groups, respectively, $P = 0.024$). Several nonhematologic grade 4 AEs (not defined in the publication) were reported for 6% of dasatinib-treated patients and no imatinib patients. Pleural effusion (any grade) was more common with dasatinib compared with imatinib (11% vs 2%, $P = 0.0017$).

Bosutinib versus imatinib (BELA)

A single ongoing, open-label, phase 3 RCT (BELA) (502 patients randomized) of bosutinib (500 mg OD) compared with imatinib (400 mg OD) in the first-line setting has been reported with patients followed for up to 24 months.^{11,12,47} Numerically higher CCyR at 1 year (70% versus 68%) and cumulative CCyR rates by 1 year (79% versus 75%) were reported for bosutinib-treated versus imatinib-treated patients, although these differences were not statistically significant.¹² Bosutinib-treated patients reported both significantly higher MMR at 1 year (41% vs 27%, $P = 0.002$) and a 1-year cumulative MMR rate (47% vs 32%, $P < 0.001$) compared with imatinib-treated patients.¹² Adverse events that

were more frequent with bosutinib compared with imatinib at 12 months were mainly gastrointestinal (GI), and included diarrhea (69% vs 22%) and vomiting (32% vs 14%).¹² With imatinib, the incidence of edema (peripheral, 11% vs 4%; periorbital, 14% vs 1%), muscle cramps (20% vs 4%), and bone pain (10% vs 4%) were higher compared with bosutinib.¹² Imatinib was also associated with a higher incidence of hematological AEs, including neutropenia (21% vs 3%). With regard to laboratory abnormalities, hypophosphatemia was reported more frequently with imatinib compared with bosutinib (17% vs 4%), while more bosutinib-treated patients experienced elevated ALT (23% vs 3%) or AST (11% vs 3%) compared with imatinib. The rates of discontinuation due to AEs were 22% for bosutinib and 5% for imatinib at 18 months (12-month discontinuation data: 19% vs 6%); none of these discontinuations were due to diarrhea.¹² By 18-month follow-up,¹² the rates of cumulative CCyR were identical for bosutinib and imatinib (both 79%). However, cumulative CMR (18% vs 10%) and MMR (55 vs 45%) remained significantly in favor of bosutinib. By 24 months,⁴⁷ the reported CCyR was similar for bosutinib (79%) and imatinib (80%), although the cumulative MMR remained significantly in favor of bosutinib (61% vs 50%, $P < 0.05$). At 24 months, the times to CCyR and MMR were also significantly in favor of bosutinib ($P < 0.001$). The cumulative rate of CMR (4.5-log reduction) by 24 months was 23% for bosutinib compared with 16% for imatinib ($P = 0.002$). Transformation to AP or BP occurred in a numerically higher percentage of patients treated with imatinib at both 12 (4% vs 2% with bosutinib, $P = 0.053$) and 18 and 24 months (5% vs 2% at both time points). Treatment failure was less common with bosutinib compared with imatinib (4% vs 13%). At the time of reporting, median OS had not been reached at 24-month follow-up (survival estimates for bosutinib and imatinib were 97% and 95%, respectively).⁴⁷ Patient-reported outcome measures of functioning and health status showed that the different AEs associated with bosutinib and imatinib had minimal overall impact.⁴⁹

Dose-finding studies (imatinib, n = 2; dasatinib, n = 1)
The two imatinib studies (Baccarani et al⁴⁸ and the Tyrosine Kinase Inhibitor Optimization and Selectivity [TOPS] study¹⁸) randomized patients (n = 200⁴⁸ and n = 460¹⁸) to treatment with imatinib 400 mg/day or 800 mg/day. A numerically higher, nonsignificant response was reported for patients in the 800 mg/day group compared with 400 mg/day for both CCyR^{18,48} and MMR¹⁸ at 1 year, which was confirmed

at 2-year follow-up in the TOPS study.¹⁹ With imatinib 800 mg/day, a higher incidence of edema, GI AEs, and rash, as well as grade 3/4 hematological toxicities, was reported with imatinib 800 mg/day.

Cortes et al²⁰ randomized 62 patients to dasatinib 100 mg OD or 50 mg BID. No significant difference between treatment arms was reported with regard to response (CCyR and MMR rates) or the incidence of AEs at 1-year follow-up.

Second-line treatments

Of the nine included single-arm studies, six were on dasatinib,^{25–30} one reported on nilotinib,^{31,50} one on bosutinib,^{9,51} and a further study enrolled second-line patients to treatment with either nilotinib or dasatinib.³⁴ Three RCTs investigated second-line treatments, all with dasatinib. One trial (START-R) compared high-dose imatinib with dasatinib.^{21,24} Different dose regimens of dasatinib were compared in two trials.^{22,23,52–56} An overview of the included publications, including patient baseline characteristics and main efficacy outcomes, is provided in Tables 2 and 3.

Dasatinib single-arm (registrational) studies

In an international, open-label, phase 2 study,²⁵ 387 imatinib-resistant or -intolerant CP CML patients were treated with dasatinib. Results were only available for the first 186 patients. The best confirmed CCyR rate at 8-month follow-up was 39% (n = 73). Rates of MMR and OS were not reported, whereas the PFS rate was 92.4%. Baseline *BCR-ABL* mutational status was analysed in 180 of 186 patients. With the exception of a single mutation (T315I, identified in 2% of patients, none of whom attained a major CyR [MCyR] or a complete hematological response), there was no notable influence on the response rate. Imatinib-resistance mutations were only identified in 41% of patients analyzed. After 8 months, 9% (n = 6) of patients had discontinued due to AEs. The most frequent all-grade AEs were AST and ALT elevation (60% and 52%, respectively), followed by headache (34%), diarrhoea (30%), fatigue (28%), and dyspnea (27%). Cytopenias were the most common grade 3/4 AEs (ranging from 22% for anemia to 49% for neutropenia).

Talpaz et al²⁸ enrolled 40 CP CML patients, as well as 44 patients with AP CML, BP CML, or ALL, in a phase 1, open-label dose-escalation study. All patients were resistant or intolerant to imatinib. The overall CCyR rate was 30% (n = 25). Whereas the responses were maintained after 2–19 months in CP or AP CML patients, the responses of BP CML and ALL patients were

of short duration. Mutational testing was performed in all patients, although mutations were only detected in 71% of patients at baseline. Responses were observed across all *BCR-ABL* genotypes, with the exception of T315I (associated with resistance to both imatinib and dasatinib). Diarrhea (23%), peripheral edema (19%), and headache (10%) were commonly reported AEs. Neutropenia and thrombocytopenia (grade 3/4) were reported in 45% and 35% of CP CML patients and 89% and 80% of BP CML and ALL patients.

Cortes et al²⁷ reported data from 74 myeloid BP (MBP) CML and 42 lymphoid BP (LBP) CML patients, who took part in two phase 2, open-label, single-arm, international studies on dasatinib (START-B and START-L), respectively. The CCyR rates at 8 months were 27% (n = 20) and 43% (n = 43) for MBP and LBP patients, respectively. After 8 months, the discontinuation rates (due to AEs) were 11% and 2% for MBP and LBP patients, respectively. Disease progression was reported for three imatinib-resistant and no imatinib-intolerant patients. Baseline *BCR-ABL* mutation data were available from about 95% of patients. Mutations associated with very high imatinib resistance (M244V, G250E, Y253H, E255K, E255V, T315I, F359V, H396R) were associated with the lowest response rates to dasatinib. Among MBP CML patients, the most frequently reported AEs (any grade) were diarrhea (36%), pleural effusion (28%), peripheral edema (19%), and dyspnea (18%). The most common grade 3/4 AEs in MBP patients were pleural effusion (14%), diarrhea (8%), GI hemorrhage (8%), and dyspnea (7%). Diarrhea (31%), fatigue (29%), and nausea and vomiting (24%) were the most common AEs (any grade) reported by LBP CML patients. The most frequent grade 3/4 AE in LBP CML patients was febrile neutropenia (12%).

Ottmann et al²⁹ reported results from the START-L trial, focusing on ALL patients (n = 36). The rate of best CCyR at 8-month follow-up was 58% (n = 21). Of the 67% (n = 15) of patients who had achieved a major hematologic response (MHR), five had experienced disease progression by the 8-month follow-up. In this study, the T315I mutation was found in six patients (17%), and was, as expected, associated with a lack of response. However, overall response rates for patients with resistance mutations were comparable to those for the total population (eg, MCyR was achieved by 56% of patients with any mutation, compared with 58% of the total patient population). The most frequently reported AEs of any grade were diarrhea (31%), pyrexia (25%), and nausea (22%), whereas the most common grade 3/4 events were febrile neutropenia (11%), diarrhea (8%), and asthenia (8%).

In the international phase 2 START-C study, 387 CP CML patients who were resistant (n = 288) or intolerant (n = 99) to imatinib were enrolled. Rates of CCyR and MMR after a minimum follow-up of 24 months were 53% and 47%, respectively. Rates of PFS and OS at 24 months were 80% and 94%, respectively. With the exception of the T315I mutation, responses were observed across all mutations. Thrombocytopenia (49%), neutropenia (50%), pleural effusion (9%), dyspnea (6%), bleeding (4%), diarrhea (3%), and fatigue (3%) were among the most common grade 3/4 AEs.

Guilhot et al²⁶ recruited 107 AP CML patients (resistant or intolerant to imatinib) to an international, open-label phase 2 study. At 8-month follow-up, the CCyR rate was 24%. After a minimum of 8 months of follow-up, 76% of patients were progression-free. Imatinib-resistance mutations were identified in 60% of patients tested at baseline. With the exception of T315I, the identified imatinib-resistance mutations were generally not associated with low response rates to dasatinib. Grade 3/4 hematological AEs occurred in 61% (leukopenia) to 82% (thrombocytopenia) of patients. The most frequent nonhematological AEs of any grade were diarrhea (50%), headache (28%), pyrexia, fatigue, and pleural effusion (23%), and of grade 3/4 were GI bleeding (7%) and diarrhea (6%).

Nilotinib single-arm (registrational) study

In a phase 2, open-label, international study, 318 CP CML patients intolerant or resistant to imatinib received nilotinib 400 mg BID.³¹ Rates of CCyR and MCyR at 6 months were 31% and 48%, respectively, and 12-month OS was estimated at 95%. Baseline *BCR-ABL* mutation status data were available for 56% of patients. Rates of MCyR and CCyR were lower in patients with mutations than in those without (42% and 23% vs 51% and 35%, respectively). T315I was the only mutation associated with MCyR and complete hematologic response (CHR) rates of 0%. Rash, nausea, pruritus, fatigue, and headache were the most common AEs (all grades, 28%–19%), with rash, headache, and diarrhea as the most frequent grade 3/4 AEs (3%, 2%, and 2%, respectively). In 2011, Kantarjian et al⁵⁰ published 24-month follow-up data: 44% of patients achieved a cumulative CCyR (41% of imatinib-resistant and 51% of imatinib-intolerant patients). The median time to CCyR was approximately 3.2 months. MMR was reported in 28% of patients (294 of 321 were evaluated). At 24 months, the estimated PFS was 64%. Baseline CHR was found to be a predictive factor for achieving MCyR, CHR, MMR, and PFS. No changes in the overall AE profile were observed after 24 months.

Bosutinib single-arm study

Bosutinib was evaluated in 288 CP CML patients resistant or intolerant to imatinib in a phase 1/2 open-label, multicenter study by Cortes et al.⁵¹ After a median follow-up period of 24.2 months, the cumulative CCyR rate was 41% (n = 110), and 64% (n = 50) of these patients achieved an MMR. Rates of OS were 97% and 92% at 1 and 2 years, respectively. Baseline mutation status was available for 40% of patients (42% of imatinib-resistant and 36% of imatinib-intolerant patients). Rates of CHR and MCyR were similar for patients with and without mutations. Diarrhea (84%), nausea (44%), rash (44%), and vomiting (35%) were the most frequent nonhematological AEs. Reported grade 3/4 hematological abnormalities were thrombocytopenia (24%), neutropenia (18%), and anemia (13%). On-treatment grade 3/4 elevations of ALT and AST were reported by 10% and 5% of patients, respectively. Gambacorti-Passerini et al⁹ reported 31.8-month (median) follow-up data. The best cumulative CCyR observed was 43% (n = 114). MMR was also observed in 43% (n = 85) of evaluable patients. The authors estimated the OS to be 97% and 91% at 1 and 2 years, respectively. At 1 and 2 years, the estimated PFS rates were 91% and 81%. Rates of CHR between 33% and 100% were reported for the different mutations identified, including one of three patients with the T315I mutation. Rates of MCyR ranged from 0% (T315I) to 75%. Diarrhea, nausea, and vomiting were the most common AEs, and the AE profile was broadly similar to that previously reported for bosutinib. The study also collected HRQoL data.⁸ Significant improvements in five subscales were reported by imatinib-resistant patients at 12, 24, and 48 weeks, exceeding the minimally important difference (MID) at 48 weeks. At 96 weeks, changes were significant for all but two subscales (imatinib-resistant patients), all but one exceeding the MID. Imatinib-intolerant patients first reported significant changes in four subscales at 24 weeks, six subscales at 48 weeks (of which the MID was exceeded for five), and similar to the imatinib-resistant patients, experienced improvement in all but two subscales, of which all but one exceeded the MID at 96 weeks (see Table 4).

Nilotinib/dasatinib after imatinib

Garg et al³⁴ reported both second- and third-line results. Of the 34 patients treated with second-line nilotinib, 17 were in CP, ten in AP, and seven in BP. The best observed CCyR and MMR rates were 9% (n = 3) and 15% (n = 5), respectively. In the second-line dasatinib arm, eight CP, three AP and three BP patients were treated. Best responses included 14% CCyR (n = 2) and no MMR. The median time on the second-line

treatment was 8.3 months. Data on AEs are reported in the third-line section.

Dasatinib dosing studies

Two dasatinib dosing studies were identified. Dasatinib 140 mg OD was compared with 70 mg BID in an open-label phase 3 trial, with results for two separate populations reported.^{22,52} Enrolling 317 AP patients resistant or intolerant to imatinib, Kantarjian et al²² reported results after a minimum of 0.16 months and a median of 15 months of follow-up. The CCyR rates were 32% with the OD and 33% with the BID administration schedule, respectively (MMR rates were not reported). At 24 months, estimated PFS rates were 51% and 55% with the OD and BID administration schedules, respectively. The administration schedule did not appear to affect the response rate by mutation status. The most common AEs were diarrhea, fluid retention, nausea, headache, and fatigue. The incidence of GI bleeding and fluid-retention events was lower with the OD administration schedule. Saglio et al⁵² reported results for 149 patients in myeloid and 61 patients in LBP. Both groups were randomized 1:1 to dasatinib 140 mg OD or 70 mg BID. In MBP patients, the CCyR rates were 14% with the OD and 21% with the BID administration schedule. In LBP patients, the CCyR rates were higher, with 38% and 36% for OD and BID administration schedules, respectively (no MMR rates reported). The 24-month PFS rate was 11% for the OD and 18% for the BID administration schedule. Rates of MHR were similar for patients with or without baseline mutations for both dosing schedules, except for patients with the T315I mutation, none of whom achieved an MHR. Safety results were generally consistent with those reported by Kantarjian et al;²² only pleural effusion was less frequent with the OD regimen versus BID administration in LBP but not MBP patients.

Shah et al²³ randomized 670 patients to dasatinib 100 mg OD, 50 mg BID, 140 mg OD, or 70 mg BID in an open-label phase 3 trial. The minimum and median follow-ups at the time of the analysis were 6 and 8 months, respectively. No major differences in response rates were observed: CCyR rates were 41% with 100 mg OD, 42% with 50 mg BID, 44% with 140 mg OD, and 45% with 70 mg BID. Rates of MMR were not reported. Rates of disease progression or death were 8% with 100 mg OD, 50 mg BID, and 140 mg OD, and 11% with 70 mg BID. The dose/administration schedule did not appear to affect the response rate by mutation status. Patients in the 100-mg OD treatment arm experienced fewest treatment-related AEs (eg, pleural effusion, thrombocytopenia, or nausea). Two-year follow-up results were reported in subsequent publications.^{53,54} The observed

Table 4 QoL data

| Study | Publication | QoL outcomes | | |
|---|----------------------------|--------------|-----------------------------------|-----------------------------------|
| First-line RCT – bosutinib versus imatinib | | | | |
| BELA | Lipton et al ⁴⁹ | Mean (SD) | Bosutinib (n = 237) | Imatinib (n = 241) |
| | | Baseline | | |
| | | FACT-G | 83.8 (12.0) | 83.5 (14.9) |
| | | FACT-Leu | 137.8 (18.6) | 136.4 (23.0) |
| | | Month 3 | | |
| | | FACT-G | 83.5 (14.2); $\Delta 0.4$ (11.3) | 84.1 (16.3); $\Delta 0.6$ (10.7) |
| | | FACT-Leu | 138.1 (20.7); $\Delta 0.3$ (16.1) | 139.0 (24.2); $\Delta 2.4$ (16.7) |
| | | Month 12 | | |
| | | FACT-G | 83.9 (14.1); $\Delta 0.1$ (12.1) | 84.5 (17.1); $\Delta 1.1$ (13.0) |
| | | FACT-Leu | 138.4 (22.2); $\Delta 0.5$ (19.1) | 140.3 (23.9); $\Delta 3.5$ (18.8) |
| Second-line bosutinib study | | | | |
| NCT00261846 | Trask et al ⁸ | Mean (SD) | Imatinib-intolerant | Imatinib-resistant |
| | | Baseline | | |
| | | FACT-G | 79.1 (16.8) | 82.2 (14.4) |
| | | FACT-Leu | 130.3 (24.6) | 134.8 (21.6) |
| | | Week 12 | | |
| | | FACT-G | $\Delta 0.1$ | $\Delta 1.1$ |
| | | FACT-Leu | $\Delta 1.7$ | $\Delta 3.1$ |
| | | Week 48 | | |
| | | FACT-G | $\Delta 5.8$ | $\Delta 1.1$ |
| | | FACT-Leu | $\Delta 9.6$ | $\Delta 3.2$ |
| | | Week 96 | | |
| | | FACT-G | $\Delta 5.2$ | $\Delta 1.2$ |
| | | FACT-Leu | $\Delta 9.3$ | $\Delta 4.3$ |

CCyR rates were 54% with 50 mg BID, and 50% with each of the other three administration schedules; MMR rates were 37% with 100 mg OD, and 38% with each of the other three administration schedules. Response rates for patients with any or no mutations were comparable between the treatment groups (except for T315I, which was associated with no CCyR). The differences between the AE profiles of the different dose/administration schedules were consistent with those reported earlier. In 2010, Shah et al⁵⁵ presented 4-year follow-up results, reporting that response rates were similar in all treatment arms. Results were presented for the 100-mg OD arm only,⁵⁶ as the percentage remaining on treatment was highest in this arm (35%, compared with 31% on 50 mg BID or on 70 mg BID, and 27% on 140 mg OD). The best overall response within 24 months was 50% CCyR. Within 5 years, the cumulative MMR rate was 44%, and 5% (n = 8) of patients had experienced transformation. It was reported that nonhematological and hematological AEs first occurred generally within 24 and 12 months of treatment.

High-dose imatinib versus dasatinib in extensively pretreated patients

In a study by Kantarjian et al²¹ 150 patients who were resistant to imatinib were randomized (2:1) to either dasatinib

140 mg or imatinib 800 mg. Patients had undergone previous treatments for between 6 and 166 months. Crossover was permitted upon progression, lack of response, or intolerance. After 12 weeks of randomized treatment, CCyR rates with dasatinib were significantly higher than those with high-dose imatinib (22% vs 8%, $P = 0.041$). After a median follow-up of 15 months, the superiority of dasatinib was maintained, with CCyR rates of 40% (dasatinib) and 16% (imatinib, $P = 0.004$); MMR rates also favored dasatinib (16%) over imatinib (4%, $P = 0.038$). In total, 15% of patients crossed from the dasatinib group to the imatinib group, and 80% of patients randomized to imatinib crossed over to dasatinib. At baseline, 52 patients (38%) had an imatinib-resistant *BCR-ABL* mutation. Of these, 19 of 41 patients (46%) in the dasatinib group and three of 11 patients (27%) on imatinib achieved an MCyR ($P = 0.282$). The observed AEs corresponded to the known safety profile of the treatments, and there was no major difference between treatments. Two-year follow-up data indicated that favorable response rates were maintained with dasatinib.²⁴ The CCyR was 44% with dasatinib versus 18% with imatinib ($P = 0.0025$), and the MMR rates were 29% with dasatinib versus 12% with imatinib ($P = 0.028$). Compared with imatinib, dasatinib-treated patients reported

a higher incidence of grade 3/4 neutropenia, thrombocytopenia, and leukopenia.

Third-line treatments

Bosutinib¹⁰ and nilotinib³² have been investigated as third-line treatment options in single-arm studies, whereas two studies allowed a choice of either nilotinib or dasatinib as treatment.^{33,34} An overview of the included publications, including patient baseline characteristics and main efficacy outcomes, is provided in Tables 2 and 3.

Nilotinib

Patients with CML in CP (n = 37) or AP (n = 17) were enrolled in an international phase 2 study by Giles et al.³² After a median follow-up of 12 months, no patients in AP and 24% (n = 9) of patients in CP achieved CCyR. At 18 months, the PFS was estimated to be 59%, with a survival rate of 86%; median OS was not reached at that point. Disease progression (n = 19, 35%), AEs (n = 10, 19%), and death (n = 2, 4%) were the most common reasons for discontinuation. The most common grade 3/4 AEs were neutropenia (23% CP, 33% AP), thrombocytopenia (28% CP, 19% AP), hyperphosphatemia (13% CP, 24% AP), and elevated lipase levels (25% CP, 10% AP).

Nilotinib/dasatinib

Ibrahim et al³³ and Garg et al³⁴ evaluated 26 CP CML patients and 48 CML patients (25 in CP, 10 in AP, 13 in BP) who had failed on imatinib therapy as well as on dasatinib or nilotinib. The third-line study treatment was nilotinib or dasatinib in both studies. In the study by Ibrahim et al,³³ cumulative rates of CCyR and MMR after a median of 21.5 months' follow-up were 34.6% (n = 9) and 19.2% (n = 5), respectively. Probabilities of EFS and OS at 30 months were 45.7% and 46.7%, respectively. AEs were not reported. The authors found that previous achievement of a cytogenetic response was a predictor for third-line treatment success as well as OS.

During third-line treatment in the study by Garg et al,³⁴ CCyR was achieved by five patients (31%) in CP, two (25%) in AP, and two (20%) in BP in patients receiving dasatinib third-line. In the nilotinib group, one (11%) patient in CP, no patients in AP, and one (33%) in BP achieved CCyR. The corresponding numbers of patients reaching MMR were two (13%) in CP, one (13%) in AP, and one (10%) in BP in patients receiving dasatinib, and three (33%) in CP, one (50%) in AP, and no patients in BP in nilotinib-treated patients. AEs were not reported. The median EFS was 13 months overall, ranging from 20 months for CP patients,

over 5 months for AP patients, and only 3 months for BP patients.

Bosutinib

In a phase 1/2, open-label, multicenter study,⁵⁷ bosutinib 500 mg/day was evaluated in CP CML patients in the third-line setting. Of the 118 enrolled patients, 64 were resistant to prior imatinib and either dasatinib (n = 37) or nilotinib (n = 27), 50 were intolerant to prior imatinib and dasatinib, and four received fourth-line treatment (having received prior imatinib, nilotinib, and dasatinib). After a median follow-up time of 28.5 months (ranging from 20.0 months in the dasatinib-resistant group to 34.5 months in the dasatinib-intolerant group), the best cumulative CCyR rate in the overall study population was 24% (n = 26). Within the separate cohorts, the reported CCyR rates were 14% (n = 5) and 27% (n = 7) in the dasatinib- and nilotinib-resistant groups, respectively, 28% (n = 12) in the dasatinib-intolerant group, and 50% (n = 2) in the fourth-line patients. Estimated OS was 91% at 1 year and 83% at 2 years. Within the separate cohorts, the estimated 2-year OS was 75% and 92% in the dasatinib- and nilotinib-resistant groups, respectively, 85% in the dasatinib-intolerant group and 75% in the fourth-line patients. Five patients (three dasatinib-resistant, one nilotinib-resistant, and one fourth-line) progressed to AP CML. The most common AEs were GI-related. The most common grade 3/4 AEs were thrombocytopenia (25%, n = 30), neutropenia (19%, n = 23), hypermagnesemia (12%, n = 14), diarrhea (8%, n = 10), and elevated ALT (7%, n = 8).

Discussion

This qualitative review is limited by the small number of trials investigating any given drug or combination treatment. Initially, the second-generation TKIs were investigated in the second- and third-line setting, as there were no active comparators available to be used in clinical trials and a license in this setting could therefore be obtained on the basis of a single-arm trial.

The structured literature search, including conference abstracts, and the assessment of the methodological quality of the included articles by two individuals separately, contribute to the strength of evidence provided by this systematic review.

First-line treatments

First-generation TKIs represent the first targeted therapy for CML, superseding chemotherapeutic agents and IFN- α . The comparison of imatinib with IFN- α (plus cytarabine)

in a key trial (IRIS), follow-up data which is reported up to 8 years, demonstrated the clear superiority of imatinib over IFN- α .^{14,35–39} Imatinib was the first TKI to be extensively used for the treatment of CML. The two included dose-finding studies^{18,19,48} did not report a difference between 400 mg/day and 800 mg/day in CCyR rates at 1 year, although results up to 24 months favored the higher dose.^{18,19}

When second-generation TKIs became available, they were naturally compared with imatinib. Dasatinib was found to result in significantly higher cumulative response rates by 12 and 18 months than imatinib in the single trial comparing the treatments.^{15,42} At 24-month follow-up, CCyR, MMR, and CMR were higher in the dasatinib treatment group compared with imatinib,⁴⁵ although the difference was no longer statistically significant for CCyR. Nilotinib was also associated with higher response rates reported at 12, 18, and 24 months,^{17,44,46} compared with imatinib in a single trial. At 12 and 24 months, CCyR, MMR, and CMR rates were significantly higher in both nilotinib treatment groups than in the imatinib group ($P < 0.001$). With bosutinib,^{11,12} CCyR rates at 1 year were numerically higher than those in the imatinib group, whereas MMR rates at and by 1 year were significantly higher with bosutinib than with imatinib ($P = 0.002$ and $P < 0.001$, respectively). With bosutinib, responses were also achieved significantly faster ($P < 0.001$). Superior rates of MMR, CMR, and similar rates of CCyR were reported for bosutinib compared with imatinib at 24 months of follow-up.⁴⁷ QoL data from the bosutinib study were published,⁴⁹ indicating that after a minimum follow-up period of 12 months (median 16.6 months), no significant between-group difference was reported between the bosutinib and imatinib treatment arms.

Therefore, although relatively few RCTs have been published to date, available results indicate that treatment with the second-generation TKIs is associated with higher response rates for most outcomes at 2-year follow-up compared with imatinib.^{43,46,47} There are also indications that a faster response can be achieved with second-generation TKIs,¹² and there is emerging evidence that a quicker response may be associated with a more favorable outcome for imatinib.⁵⁸ All second-generation TKIs reported higher rates of CMR (≤ 4.5 -log reduction) by 24 months compared with imatinib. Achievement of a “deeper” response appears to be clinically relevant, as indicated by results from the Stop Imatinib (STIM) study,⁵⁹ in which imatinib treatment was stopped in 100 patients who had been on the drug for at least 2 years and who had achieved CMR during treatment. After stopping imatinib treatment, 41% of patients maintained CMR

at 1-year follow up, suggestive of a TKI-induced “cure” in a subset of patients.

In the absence of head-to-head RCTs comparing the second-generation TKIs, it is challenging to make robust conclusions on their relative efficacy. A recent indirect comparison reported on the relative efficacy of nilotinib and dasatinib and concluded that patients treated with nilotinib 300 mg BID experienced significantly higher MMR by 12 months compared with dasatinib-treated patients.⁶⁰

Second-line treatments

The second-line single-arm studies on dasatinib, nilotinib, and bosutinib showed that these agents can elicit responses (CyRs, HRs, and MRs) in patients who are resistant or intolerant to imatinib. Indeed, results from the studies conducted for nilotinib and dasatinib resulted in these agents being granted a license for this indication. Recently published data for bosutinib are also encouraging, and it is currently undergoing regulatory review in several countries. In contrast to the included RCTs (regardless of first- or second-line), which enrolled only CP CML patients, four of the five registrational single-arm studies on dasatinib focused on patients in BP, AP, or mixed-patient populations. In the course of the bosutinib single-arm study,^{9,51} QoL data were collected⁸ with a statistically significant and clinically meaningful increase reported at weeks 36, 48, and 96 follow-up.

Third-line treatments

No RCTs on third-line treatments were eligible for inclusion in this systematic review. This is primarily a result of the small numbers of eligible patients who are resistant/intolerant to multiple TKIs and therefore available for enrollment into a study and the paucity of active comparators in this setting. However, four single-arm studies were identified. Garg et al,³⁴ who followed 48 patients treated successively with three TKIs (starting with imatinib, followed by dasatinib and nilotinib second- or third-line), found that while a response was induced in some patients, it was not durable. Nilotinib was also found to be efficacious as a third-line TKI treatment.³² Another similar study on third-line TKIs concluded that while therapy was only efficacious in a small proportion of patients, prior CCyR on first- or second-line TKI treatment could serve as a predictor for CCyR to third-line TKI treatment.³³ The largest study to date has been conducted with bosutinib,⁵⁷ and demonstrated clinical activity (comparable with other second-generation TKIs) with an acceptable AE profile.

Table 5 Incidence (percentage) of adverse events reported in included studies (all grade and grade 3/4)

| Adverse event | % of patients with adverse event; (no of patients); (follow-up) | | | |
|--|---|-------------------------|-------------------------|-------------------------|
| | Imatinib, 400 mg OD up to 400 mg BD | Dasatinib, 100 mg OD | Nilotinib, 400 mg BD | Bosutinib 500 mg OD, |
| First-line RCTs | | | | |
| Incidence of neutropenia: number of studies | 5 (1589) (12–24 months) | 1 (260) (24 months) | 1 (281) (24 months) | 1 (250) (18 months) |
| Incidence of neutropenia: all grades | 22–68 (610) | 11 (260) | 38 (281) | NR |
| Incidence of neutropenia: grade 3/4 | 7–24 (1712) | 21 (260) | 10 (281) | 11 (250) |
| Incidence of thrombocytopenia: number of studies | 6 (1712) (12–24 months) | 2 (383) (24 months) | 1 (281) (24 months) | 1 (250) (18 months) |
| Incidence of thrombocytopenia: all grades | 8–56 (610) | NR | 12 (281) | NR |
| Incidence of thrombocytopenia: grade 3/4 | 8–18 (1720) | 18–20 (383) | 40 (281) | 11 (250) |
| Incidence of diarrhea: number of studies | 5 (1589) (12–24 months) | 1 (260) (24 months) | 1 (281) (24 months) | 1 (250) (18 months) |
| Incidence of diarrhea: all grades | 0–69 (1113) | 21 (260) | 6 (281) | 69 (250) |
| Incidence of diarrhea: grade 3/4 | 0–21 (1338) | NR | 0 (281) | 11 (250) |
| Incidence of vomiting: number of studies | 4 (1129) (12–24 months) | 1 (260) (24 months) | 1 (281) (24 months) | 1 (250) (18 months) |
| Incidence of vomiting: all grades | 4–32 (1113) | 5 (260) | 1 (281) | 32 (250) |
| Incidence of vomiting: grade 3/4 | 0–2 (862) | NR | 9 (281) | 3 (250) |
| Incidence of nausea: number of studies | 4 (1113) (12–24 months) | 1 (260) (24 months) | 1 (281) (24 months) | 1 (250) (18 months) |
| Incidence of nausea: all grades | 11–35 (1113) | 10 (260) | 19 (281) | 31 (250) |
| Incidence of nausea: grade 3/4 | 0–1 (862) | NR | 1 (281) | 1 (250) |
| Incidence of rash: number of studies | 5 (1589) (12–24 months) | 1 (260) (24 months) | 1 (281) (24 months) | 1 (250) (18 months) |
| Incidence of nausea: all grades | 1–22 (1121) | 11 (260) | 11 (281) | 22 (250) |
| Incidence of nausea: grade 3/4 | 1–36 (1589) | NR | 1 (281) | 2 (250) |
| Treatment discontinuations due to AEs: number of studies | 5 (1393) (12–24 months) | 1 (260) (24 months) | 1 (281) (24 months) | 1 (250) (18 months) |
| Treatment discontinuations due to AEs | 4.5–12 (1393) | 7 (260) | 12 (281) | 23 (250) |

Toxicity profiles

Each of the TKIs is associated with a characteristic AE profile (Table 5). Treatment with imatinib is predominantly accompanied by superficial edema, nausea, muscle cramps, and elevated rates of some hematological AEs (neutropenia and hypophosphatemia). Considering the second-generation TKIs, treatment with nilotinib is associated with increased incidence of rash, dasatinib with certain hematological AEs, and fluid retention (including pleural effusion), and bosutinib-treated patients report increased GI AEs.

Conclusion

There are a number of findings from the present systematic review. Firstly, there is now a wealth of data available over a long follow-up period (up to 8 years) to indicate that imatinib is clinically superior to IFN plus cytarabine,¹⁴ and that the efficacy of imatinib is not improved by the addition of IFN- α , cytarabine, or granulocyte-macrophage colony-stimulating factor. Secondly, despite relatively short follow-up (2 years), there is increasing evidence to indicate that treatment with the second-generation TKIs dasatinib, nilotinib, and bosutinib offers improved, “deeper” responses

that are achieved more rapidly compared with standard-dose imatinib in CP CML patients in both the first- and second-line setting. Although each of these therapies is associated with a distinct AE profile, the majority of AEs are low-grade and manageable. However, longer follow-up is required to confirm that the improved efficacy of the second-generation TKIs is maintained and to allow robust conclusions with regard to the effect of these improved response rates on OS. Although outside the scope of the current review, there are several therapies currently under investigation. In particular, ponatinib, a TKI inhibitor active against the *BCR-ABL* gene, is a promising agent. The single-arm, phase 2 Ponatinib Ph+ ALL and CML Evaluation (PACE) trial⁶¹ was conducted in 397 patients with refractory CML in CP, AP, or BP, or Ph+ ALL, resistant or intolerant to dasatinib or nilotinib, or with the resistant T315I mutation. Initial data at a median follow-up of 57 days suggest that ponatinib has activity in heavily pretreated patients and in patients with the T315I mutation.

The current availability of several second-generation TKIs should allow selection of the most relevant treatment on an individualized basis, taking into account any comorbid conditions and mutation status if known. Currently,

there is a paucity of data reporting on the effects of treatment on QoL outcomes (of importance in the management of CML, which requires long-term therapy) and in the third-line setting, where patients currently have limited treatment options. Further studies are required to address both these issues.

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