

# Oncolytic Viruses for Cancer Therapy: Barriers and Recent Advances

Meijun Zheng,<sup>1,4</sup> Jianhan Huang,<sup>3,4</sup> Aiping Tong,<sup>2</sup> and Hui Yang<sup>1</sup>

<sup>1</sup>Department of Otolaryngology, Head and Neck Surgery, West China Hospital, West China Medical School, Sichuan University, Chengdu, Sichuan Province, P.R. China;

<sup>2</sup>State Key Laboratory of Biotherapy, West China Medical School, Sichuan University, Chengdu, Sichuan Province, P.R. China; <sup>3</sup>Department of Neurosurgery, West China Hospital, West China Medical School, Sichuan University, Chengdu, Sichuan Province, P.R. China

**Oncolytic viruses (OVs) are powerful new therapeutic agents in cancer therapy. With the first OV (talimogene laherparepvec [T-vec]) obtaining US Food and Drug Administration approval, interest in OVs has been boosted greatly. Nevertheless, despite extensive research, oncolytic virotherapy has shown limited efficacy against solid tumors. Recent advances in viral retargeting, genetic editing, viral delivery platforms, tracking strategies, OV-based gene therapy, and combination strategies have the potential to broaden the applications of oncolytic virotherapy in oncology. In this review, we present several insights into the limitations and challenges of oncolytic virotherapy, describe the strategies mentioned above, provide a summary of recent preclinical and clinical trials in the field of oncolytic virotherapy, and highlight the need to optimize current strategies to improve clinical outcomes.**

Over the past few decades, immunotherapy has emerged as an effective therapeutic option against multiple malignancies. Oncolytic viruses (OVs), which can be engineered to replicate selectively in and lyse tumor tissues while sparing the normal non-neoplastic host cells and simultaneously restoring antitumor immunity, offer a novel immunotherapeutic approach for the treatment of tumors.<sup>1</sup> Since it was reported that a 42-year-old female patient with myelogenous leukemia underwent tumor remission after an influenza infection, the attempt to use viruses to eliminate tumors has never stopped.<sup>2</sup> The antitumor effect of OVs acts in two ways: by directly infecting and lysing tumor cells, or by arousing the immune system to generate an immune attack.<sup>3</sup> These two functions of OVs result in two potential directions for therapeutic improvement. One is to improve the tumor targeting of OVs, such as using tumor-specific promoters, viral gene knockout, and even capsid modification, so that the OV can infect tumor tissue more efficiently without damaging normal tissue.<sup>4</sup> The other one is to equip the virus with immune system-activating agents such as antibodies, cytokines, and costimulatory molecules to reverse the immunosuppressive tumor microenvironment.<sup>5</sup> Compared with traditional administration routes, immune system-activating agents produced by OVs enable the infected tumor cells to be localized and concentrated, reducing the apparent side effects. The oncolytic agent based on the herpes virus, talimogene laherparepvec (T-vec), is an oncolytic herpes virus lacking ribonucleotide reductase and also expressing granulocyte-macrophage colony-stim-

ulating factor (GM-CSF), combining two functions of OVs, and it became the first OV product approved by the US Food and Drug Administration.<sup>6</sup> Since then, numerous kinds of viral products, from natural viruses to vectors, have been engineered to promote the safety and efficacy of virotherapy.<sup>7-9</sup>

The unique ability of OVs to target malignancies without dependence on specific antigen expression patterns makes them superior to other immunotherapy approaches.<sup>10</sup> Moreover, OVs can promote the recruitment of tumor-infiltrating lymphocytes (TILs), reprogram the immunosuppressive tumor microenvironment (TME), and boost systemic antitumor immunity.<sup>11</sup> All of these features make them ideal candidates against diverse malignancies.<sup>12</sup> Nevertheless, despite extensive research, oncolytic virotherapy has shown limited efficacy against solid tumors because of physical barriers, tumor heterogeneity, and an immunosuppressive TME.<sup>10</sup> Therefore, we must acknowledge the limitations and challenges, which include issues with manufacturing OVs, immunological barriers to viral delivery, and limitations to the success of oncolysis. Thanks to the advance of modern genetic engineering technology, some of these challenges and limitations are being addressed in various scientific areas. Today, both preclinical and early-stage clinical trials are intensively investigating the approach to improve oncolytic virotherapy. In this review, we aim to provide an overview of oncolytic virotherapy. We briefly introduce the barriers to oncolytic virotherapy, as well as a summary of recent promising strategies that have been developed to overcome the aforementioned barriers and to enhance the therapeutic potential of OVs.

## Current Barriers to Oncolytic Virotherapy

Despite the potential of OVs, there are still many limitations that should be tackled to improve their efficacy in virotherapy. These include factors such as viral tropism, delivery platforms, viral distribution, dosing strategies, antiviral immunity, and oncolysis by the OVs.

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<sup>4</sup>These authors contributed equally to this work.

**Correspondence:** Hui Yang, PhD, Department of Otolaryngology, Head and Neck Surgery, West China Hospital, West China Medical School, Sichuan University, No. 37 Guo Xue Xiang, Chengdu, 610041, P.R. China.

**E-mail:** [yh8806@163.com](mailto:yh8806@163.com)





In solid tumors, there is a range of hurdles that the OV must circumvent to reach the tumor site. First, physical barriers pose a big challenge to delivery because viruses must get past the endothelial layer to reach the target cells.<sup>13</sup> In addition, the abnormal lymphatic networks and vascular hyperpermeability inside tumors and the dense extracellular matrix (ECM) of solid tumors result in interstitial hypertension,<sup>14</sup> which can impair viral infiltration. Furthermore, OVs can induce a strong innate immune response because of interactions between them and antigen-presenting cells (APCs), together with widespread antiviral immunity, preexisting circulating antibodies, and blood factors such as the coagulation factors FIX, FX, and complement protein C4BP. Subsequently, OVs are more likely to be cleared by the host's immune system, and it is difficult to make sure whether sufficient numbers reach the tumor site.<sup>14,15</sup>

Another critical hurdle for OVs is the overwhelming number of individual barriers in the immunosuppressive TME of solid tumors. Tumor cells can escape immune surveillance, proliferate rapidly, and metastasize when coupled with the dysfunction of the TME. Solid tumors can secrete chemokines and cytokines such as interleukin (IL)-10, transforming growth factor  $\beta$  (TGF- $\beta$ ), and arginase-1,<sup>16</sup> which suppress the immune cell population and serve to recruit immunosuppressive cells, including T-regulatory cells, myeloid-derived suppressor cells, tumor-associated macrophages (TAMs), tumor-associated fibroblasts, and neutrophils. These can protect tumors from functional antitumor immune responses.<sup>17</sup> Consequently, inhibitory signals and immune checkpoint receptors, such as PD-1, CTLA-4, TIM-3, and LAG-3, are upregulated in TILs, contributing to an immunosuppressive tumor environment. Equally importantly, the abnormal organization and structure of the tumor vasculature can impair blood supply.<sup>13</sup> The subsequent localized hypoxia and low-pH microenvironment might inhibit tumor cell apoptosis, promote angiogenesis, upregulate tumor growth factors, and make tumor cells more resistant to standard therapeutic methods such as radiotherapy, cytotoxic drugs, and immunotherapy.<sup>18–20</sup> Therefore, once OVs reach the tumor site, it is crucial for them to maintain their functions within the immunosuppressive TME, which plays a key role in the proliferation and survival of cancer cells.

As outlined above, the challenges posed by physical barriers, tumor heterogeneity, antiviral immunity, and an immunosuppressive TME prevent OVs from reaching the target tumor cells specifically, infiltrating into the tumors, and retaining their functions. Several approaches are now being developed to increase the efficiency of tumor targeting, virion delivery, and distribution, as well as techniques arming them with therapeutic transgenes to enhance potency without increasing toxicity and combining with other treatments. Therefore, in this review, we present several further insights into the strategies that are currently being constructed to improve the efficiency of oncolytic virotherapy.

### Reinforcing the Selective Replication Strength of OVs

For optimal efficacy and safety, OVs must reach the tumors and destroy cancer cells specifically but should also avoid damaging

normal cells. Given each virus with its unique properties, the optimal virus species and suitable design of OVs are crucial for tumor targeting.

### Choosing the Optimal OV

A wide range of different viral species have been investigated as prospective cancer therapeutic agents, including oncolytic adenoviruses, type 1 herpes simplex virus (HSV), polioviruses, measles virus (MV), Newcastle disease virus (NDV), reoviruses, vesicular stomatitis virus (VSV), and Zika virus. Here, we discuss some key factors that should be considered when choosing an optimal OV. Given different kinds of tumors of diverse histologic origins, although some viruses exhibit a native tropism for tumors, they cannot readily match given OVs specifically with a certain kind of malignancy. In contrast, most OV studies now show a relatively broad spectrum of antitumor activity, especially for hematological and epithelial malignancies.<sup>21</sup> In general, RNA viruses (e.g., reovirus, MV, and coxsackievirus) kill tumor cells faster than do DNA viruses because they replicate in the cytoplasm and do not need to reach the nuclei of the target cells. However, they show fewer tumor-selective properties for the same reason.<sup>16</sup> The presence of an envelope is also an important factor when selecting an OV because the oncolytic properties of enveloped viruses are less efficient than those of naked viruses, and enveloped viruses are more likely to be cleared by host immunity. The size of the OV also determines its oncolytic properties. Smaller viruses are easier to infiltrate and are diffuse throughout the tumor, while larger viruses are better able to insert the therapeutic genes. Furthermore, tumor tropism, potential pathogenicity, immunogenicity, druggability, and viral stability are important factors to be considered in virus selection.<sup>22</sup> In this regard, many drug engineering approaches have emerged with recent improvements in modern genetic engineering techniques. The pros and cons of these approaches and clinical trials are discussed in the following subsections.

### Retargeting OVs

To enhance an OV's tropism and to reduce its adverse effects, different technologies varying from genetics to chemistry have been used to re-target OVs, and some are being evaluated in clinical trials.<sup>15</sup> Retargeting approaches can be divided into three main categories: capsid development, genome engineering, and chemical modifications.

The capsid can be modified to enhance the binding between the virus and the target cell entry receptors. For example, genetically inserting peptides or protein domains into the viral capsid can help to increase transduction efficiencies in some cell lines and facilitate attachment of the OVs to target tumor cell membranes, thereby promoting viral internalization.<sup>15,23,24</sup> In these ways, to enhance the OV's tumor tropism, researchers have recently constructed a kind of random peptide-displaying library to develop vectors that target specific tumor cells.<sup>24</sup> However, there is still insufficient knowledge on each OV's surface binding, internalization, and gene expression properties.

Adaptive strategies comprise other notable directed-evolution approaches. This methodology employs the insertion of a gene coding



for single-chain Fv fragments (scFv) that targets receptors only on the tumor cells and increases infection selectivity. For example, an IL-12-armed, human epidermal growth factor receptor 2 (HER2)-retargeted oncolytic HSV showed great efficacy at inhibiting the growth of HER2<sup>+</sup> lung cancer in an animal model.<sup>25,26</sup> Furthermore, the fiber can be modified to generate a chimeric OV vector, and it is thereby used to circumvent coxsackievirus-adenovirus receptor efficiency.<sup>24</sup> Notably, a novel Ad3/Ad11p chimeric oncolytic Ads (ColoAd1) was designed rationally.<sup>27</sup> This capsid exhibits improved tumor cell transduction efficacy.

Apart from capsid modification, there are two main genome engineering approaches that have been used to construct conditionally replicating OVs. One is to delete the essential viral genes that are required for viral replication in normal cells, such as those in the E1A or E1B regions,<sup>28</sup> and HSV-thymidine kinase (*HSV-TK*). In addition, cancer-related genes can also be deleted to enhance tumor tropism, such as *TP53*, *RAS*, *RBI*, *PTEN*, and genes coding proteins involved in the WNT signaling pathway,<sup>29</sup> because mutations in the tumor-suppressor genes mentioned above result in defects in cell cycle control in tumor cells, thereby making them more sensitive to viral infection.<sup>29</sup> Engineered OVs with deletions in certain genes involved in the inhibition of apoptotic cell death can lead to lower viral replication in normal cells compared with tumor cells. For example, ONYX-015, an oncolytic adenovirus with the gene for the viral protein E1B55kd deleted, shows increased tumor-selective replication potency resulting from an inability of the mutant protein to degrade p53.<sup>30</sup> Alternatively, tumor-specific promoters of transcription, which are active only in tumor cells, are also targets for regulating tumor selectivity, such as human telomerase reverse transcriptase (hTERT), prostate-specific antigen,  $\alpha$ -fetoprotein, carcinoembryonic antigen, or Survivin, which are located upstream of the genes required for viral replication. For instance, hTERT is inactive in most normal cells and can regulate telomerase activity, thus inhibiting the growth of cancer cells, making it a good therapeutic agent to control viral selective transcription.<sup>4,31,32</sup> Another approach is the use of simpler and less expensive chemical modification strategies to retargeting OVs, such as the use of polyethylene glycol (PEG), poly-*N*-(2-hydroxypropyl) methacrylamide, mine-based PEGylation, and thiol-based coupling of transferrin to the fiber knob HI loop.<sup>33,34</sup> Similarly, because the pH within tumor sites is lower than that of normal tissue, to this end constructing OV-pH-sensitive polymer complexes is also a viable method to target the TME, resulting in tumor-specific infection.<sup>35</sup>

However, the strategies outlined above still have limitations in that capsid modifications are not usually heritable. The genetic strategies are limited by the size of the viral genome and may impair viral titers. As well as chemical modification, viral bioactivity might be impaired by excessive polymer shielding. Therefore, a rational design of OVs using combined genetic and chemical modification approaches is needed urgently. Of note, although the strategies discussed above might improve the tumor tropism of OVs, they might also negatively impact other properties of viruses, such as their safety and stability.

### Constructing Efficient OV Delivery Platforms

Although the greatest effect of OVs consists of their selective infection and replication in cancer cells, the ability to deliver OV particles efficiently to tumors still constitutes a huge hindrance. The rapid growth of tumors, impaired blood supply,<sup>13</sup> abnormal lymphatic networks, vascular hyperpermeability inside tumors, the dense ECM of solid tumors, and the antiviral functions of the host's immune system<sup>14</sup> all reduce the efficacy and delivery of OVs.

### OVs Delivered Systemically or via Local Injection

Oncolytic adenoviruses can be delivered systemically or by intratumoral injection, both of which have been applied broadly in studies. Theoretically, a systemic approach is an ideal delivery method because it enables a broad distribution of viruses, which can infect both primary and metastatic tumors, and this relatively noninvasive route can be repeated frequently.<sup>36</sup> Nevertheless, viral particles are rapidly sequestered and degraded by the host immune system. Consequently to this, enhancing the homing of OVs to the tumor sites efficiently is another promising strategy for improving their antitumor activity and preventing adverse effects. To avoid these issues, capsid modification has been explored as a means to deliver OVs to tumor sites.<sup>15</sup> Apart from engineering the OV itself, making use of other cells and materials is an alternative approach. Ran et al.<sup>37</sup> developed a novel carrier system to deliver oncolytic adenoviruses by tumor cell-derived microparticles, which was able to avoid the antiviral effect of host antibodies and induce highly efficient cytolysis of tumor cells. Consistent with this notion, myeloid-derived suppressor cells (MDSCs) have been used to deliver oncolytic VSVs to tumors because they can recruit and specifically migrate to neoplastic lesions by tumor tropism. Importantly, the loading of viruses onto MDSCs enhances their ability to promote tumor regression without affecting their tumor tropism.<sup>38</sup> Similarly, chemokine-dependent cellular vehicles, such as cytokine-induced killer cells, neural stem cells,<sup>39,40</sup> mesenchymal stem cells,<sup>41</sup> or even irradiated tumor cells, have been used for viral delivery. Thus, agents such as nanoparticles, liposomes, PEG, and polymeric particles<sup>35</sup> have been employed to transport OVs from the systemic circulation to cancer cells.<sup>42,43</sup> Notably, OVs coated with synthesized nanoparticles have longer survival, which can prevent virus clearance by antibodies.<sup>14</sup> Another promising strategy is the application of ultrasound<sup>44</sup> and magnetic drug-targeting systems.<sup>45,46</sup> These are different kinds of strategies for the delivery of OVs because they are noninvasive and have been used for many years in the biomedical imaging field. What is more, magnetic drug-targeted viruses are able to pass through human tissues without attenuation.<sup>47</sup>

In contrast to systemic delivery, the common route by which OVs have been delivered in preclinical or clinical trials is intratumoral delivery. However, this cannot be employed in multifocal or inaccessible tumors, such as brain tumors or pancreatic cancers. Moreover, functioning cells at the tumor site are needed for viral transfection and immune cell recruitment, and thus it is essential for us to locate the tumor and establish the targets of antineoplastic agents for precise injection. Of note, image-guided delivery might be a promising



approach to circumvent these barriers and maximize local virus availability, through directly visualizing the locus in which the OV was administered, and monitor the targeted neoplasm with morphological and molecular analyses.<sup>12</sup>

### Enhancing OV Infiltration and Diffusion

One of the key issues hindering the effectiveness of oncolytic virotherapy is the limited OV distribution throughout tumors, as both the properties of viruses (envelope type and size)<sup>16</sup> and the microenvironment of tumors can affect the penetration and diffusion of the OVs. The dense ECM of tumors represents one such hindrance to efficient viral spread because the tumor-associated stroma in the ECM limits their entrance. To address the barriers of the ECM, a promising approach to augment OV infiltration into tumor sites is to construct a novel recombinant virus targeting fibroblast activation protein (FAP), which is expressed on several stromal cells. For instance, de Sostoa et al.<sup>48</sup> tried to combine the viral oncolysis of cancer cells and FAP-targeting bispecific T cell engager (FBiTE)-mediated cytotoxicity of FAP-expressing cancer-associated fibroblasts (CAFs) (ICO15K-FBiTE) to enhance the viral spread and T cell-mediated cytotoxicity against the stroma to improve therapeutic activity. Chondroitinase ABC (chase ABC), a natural bacterial enzyme that removes the sugar side chains from proteoglycans found within the ECM,<sup>49,50</sup> can be inserted into the HSV genome under an IE4/5 promoter to enhance viral spread. In line with this strategy, collagenase and hyaluronidase can also be inserted to promote the therapeutic OV to spread better.<sup>51,52</sup>

Another strategy to enhance viral infiltration is to use engineered OVs to express virus fusion proteins, such as fusion-associated small transmembrane (FAST) protein, and fusion proteins of the gibbon ape leukemia virus (GALV), with MV (MV-F) and NDV (NDV-F), which can induce virus-cell fusion and mediate fusion of the infected cells to neighboring uninfected cells, subsequently facilitating cell entry and viral spread.<sup>53</sup> For example, Le Boeuf et al.<sup>54</sup> engineered a recombinant oncolytic VSV to express the p14 FAST protein of a reovirus (VSV-p14) and demonstrated that VSV-p14 could lead to extensive cell-cell fusion and induce increased dissemination of the viral infection, leading to a 10- to 20-fold increase in virus titers. This subsequently increased OV-induced oncolysis and prolonged survival in animal models of breast cancer. Several other OVs, such as HSV and adenoviruses, have been engineered to express fusion proteins to enhance tumor cell killing and promote the spreading of the OV throughout tumors *in vivo*.<sup>55,56</sup>

### Maintaining the Balance between Antiviral Immunity and Antitumor Immunity

Regardless of using intravenous delivery or intratumoral injections, another challenging aspect is the presence of innate and adaptive antiviral immune responses evoked by OVs, which can lead to the quick clearance of OVs and limit their antitumor efficacy. Given the significant negative effects of antiviral immunity on OV therapy, multiple strategies have been envisaged to suppress antiviral immunity and the emission of danger signals, including the use of immunomodula-

tors,<sup>57,58</sup> genetic manipulation,<sup>59,60</sup> histone deacetylase inhibitors, antioxidant sulforaphane,<sup>61</sup> cytokines,<sup>62</sup> depletion of antibodies,<sup>63</sup> and magnetic nanoparticles (MNPs).<sup>64</sup> The strategies hinder antiviral immunity, promoting viral replication and enhancing cytotoxicity. However, some investigators advocate that OV-induced antiviral immune responses are beneficial to antitumor immunity because they can overturn tumor-associated immunosuppression, home immune cells to tumors, and lead to virus-induced immunogenic cell death, thereby activating antitumor immunity.<sup>65</sup> Thus, another important challenge is to develop strategies to manage antiviral immunity, to enhance antitumor immune activity, and to maintain the balance between them.

### Tracking Virotherapy

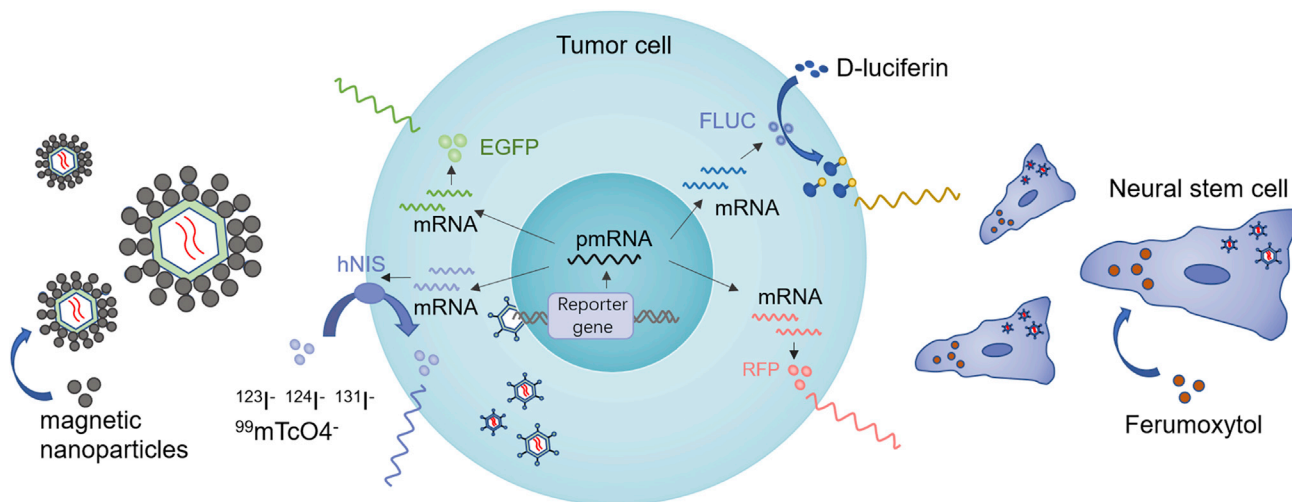
It is becoming increasingly realized that the microenvironment of malignant tumors is complex. Equally complex are the challenges of improving the delivery of OVs, developing strategies to track OV activity, and improving means for *in vivo* analysis, thereby enabling clinicians to select optimal OV dosing and develop more effective and personalized treatments. Initial localization of viruses has been performed using biopsy specimens, but this procedure is highly invasive for patients, and the data obtained reflect only one time point.<sup>66</sup> Accounting for the efficacy of OVs is linked to their effective infection and replication in target cells. Therefore, strategies to track directed virotherapy linked to the viral life cycle are needed. Thus, genes associated with real-time noninvasive imaging of viral replication, such as those encoding luciferase,<sup>67</sup> GFP, red fluorescent protein,<sup>68</sup> human norepinephrine transporter,<sup>69</sup> or the human sodium iodide symporter,<sup>70</sup> can be inserted genetically into viral genomes or capsids to track virotherapy. In the case of Ad5luc3 and CF33 (a novel recombinant orthopoxvirus), this has been demonstrated clearly, in which D-luciferin expression can be used for noninvasive quantitation of the amplitude, persistence, and dynamics of viral replication *in vivo*, which would allow clinicians to track viral activity.<sup>67,71</sup> Other investigators have also demonstrated that the intensity of bioluminescence correlates with viral titers.<sup>21</sup> Consistent with these possibilities, strategies to load OVs with materials such as iron oxide nanoparticles (ferumoxytol) and MNPs, which allow for magnetic resonance imaging for monitoring OV distribution, are another noninvasive imaging feedback choice (Figure 1).<sup>40,64</sup>

Unfortunately, given the differences in genome size, as well as packaging, safety, and efficacy issues, not all oncolytic agents can be modified genetically to express such kinds of genes. Thus, soluble marker peptides—for example, the  $\beta$  chain of human chorionic gonadotropin or human carcinoembryonic antigen, which can be tested from blood or urine samples—can also be used to track the activity of virotherapy.<sup>72</sup>

### Overcoming the Immunosuppressive TME and Enhancing Oncolysis

On arrival at the tumor, the immunosuppressive TME is another main hindrance that prevents OVs from reaching their full therapeutic potential. To improve viral replication and persistence, overcome





**Figure 1. Multimodality Tracking Strategies of OVs**

Expression of the EGFP reporter gene (EGFP) and red fluorescent protein reporter gene (RFP) in cytoplasm leads to the emission of fluorescent light (green light/red light). Transcription and translation of the firefly luciferase (FLUC) gene lead to cytosolic accumulation of the firefly luciferase enzyme, which subsequently catalyzes a photochemical reaction when D-luciferin is present. The resultant fluorescent light emission can be detected by imaging instruments. The human sodium iodide symporter (hNIS) gene may allow infected tumor cells to concentrate several free radionuclide probes such as  $^{123}\text{I}$ ,  $^{124}\text{I}$ ,  $^{131}\text{I}$  and  $^{99\text{m}}\text{TcO}_4$ , which could facilitate viral imaging. Ferumoxytol-labeled neural stem cells loaded with OVs allow us to visualize the accumulation of the virus via MRI. In the same manner, magnetic nanoparticle (MNP)-assembled OV particles can be detected by MRI, enabling noninvasive viral monitoring.

the effects of the immunosuppressive TME, and thereby extend the oncolysis function of OVs, novel treatment options have been introduced, and are ongoing, by constructing recombinant OVs to deliver therapeutic genes, such as those encoding cytokines, tumor-associated antigens (TAAs), T cell costimulatory molecules, immune checkpoint inhibitors (ICIs), and cell suicide genes.<sup>29</sup> In this section, we briefly review the approaches outlined above. In principle, the recombinant transgenes should not compromise the infectivity and replication potency of the OVs. Above all, they should not alter the safety profile of oncolytic virotherapy.<sup>17</sup> A summary of these strategies is illustrated in Table 1, and a schematic depiction of OV-based gene therapies is shown in Figure 2.

### Cytokines and Chemokines

In the cancer microenvironment, the function of APCs is usually impaired, prompting the need for innovative strategies to facilitate the presentation and recognition of TAAs.<sup>73</sup> Because immunostimulatory genes—such as those encoding GM-CSF, tumor necrosis factor alpha (TNF- $\alpha$ ), and interleukin—play pivotal roles in T cell migration and homing,<sup>5</sup> a number of OVs have been engineered to express these transgenes. The goal is to generate more potent OVs to overcome the immunosuppressive TME and enhance oncolysis.<sup>36</sup> For example, GM-CSF is a regulatory cytokine that can activate APCs, promote their maturation, increase both CD4<sup>+</sup> and CD8<sup>+</sup> T cells, as well as polarize TAMs to the more beneficial M1 phenotype.<sup>17,74</sup> This should promote potent, long-lasting, specific immunity and prolonged viral replication. Therefore, a great variety of OVs, including oncolytic adenoviruses,<sup>75,76</sup> type I HSV, reovirus,<sup>77</sup> and poxvirus,<sup>17</sup> have been engineered to express GM-CSF, and some have shown compelling

outcomes in preclinical tumor models or clinical trials. Importantly, the successful approval of T-vec (a GM-CSF-armed oncolytic HSV) shows that cytokine-secreting OVs have a promising future in effective antitumor therapy and lay a firm foundation for future approvals for other cytokine-encoding OVs. The interferon (IFN) response is important in the immune activities that it improves the adaptive immune and cytotoxic response, and IFN production both enhances antigen presentation and increases antitumor activity.<sup>78</sup> Accordingly, several researchers have armed OVs to express type I IFNs ( $\alpha$  and  $\beta$ )<sup>79,80</sup> or type II IFN (IFN- $\gamma$ )<sup>81</sup> to enhance the immune response and antitumor function. Currently, IFN ( $-\alpha$ ,  $-\beta$ , or  $-\gamma$ )-encoding oncolytic VSV or oncolytic adenoviruses have demonstrated promise in treating diverse tumor types, including hepatocellular and pancreatic carcinomas, mesotheliomas, myelomas, squamous cell carcinomas of the head and neck, and breast cancers.<sup>82–84</sup> However, excessive IFN production can increase the expression of checkpoint molecules, including PD-1, PDL-1, LAG-3, and TIM-3, leading to the suppression of immunity. However, the increase in these checkpoint molecules provides a suitable environment for combined therapy with ICIs and OVs.<sup>22</sup>

Similarly, other OV-expressing cytokines (such as IL-2, IL-12, IL-15, IL-18, IL-21, and IL-24)<sup>78,85–87</sup> or chemokines (such as CCL5, CCL20, CCL21, CXCL4L1, and CXCL10)<sup>88,89</sup> have been tested in mouse tumor models or clinical trials to stimulate T cell proliferation and differentiation, enhance the proliferation of both cytotoxic T lymphocytes (CTLs) and natural killer cells, stimulate the production of IFN- $\gamma$ , induce antitumor inflammation, and improve the therapeutic activity of these OVs.<sup>5,90</sup>



**Table 1. Main Recombinant Transgenes Tested for Enhancing Antitumor Function of OV<sub>s</sub>**

Strategy	Detailed Genes
Cytokine	GM-CSF, IFN ( $\alpha$ , $\beta$ or $\gamma$ ), IL-2/IL-12/IL-15/IL-18/IL-21/IL-24...
Chemokine	CCL5, CCL20, CCL21, CXCL4L1, CXCL10...
Tumor-associated antigens	CEA, PSA, hDCT, CLND6
Immune co-stimulatory molecules	CD28, ICOS, OX40, CD30, CD40, and 4-1BB
Immune checkpoint inhibitors	PD-1, CTLA4, LAG3, TIM3...
Suicide genes	HSV-TK, CD, nitroreductase, cytochrome P450
Tumor suppressor genes	P53, PTEN, P16, Rb, MnSOD
Proapoptotic proteins and genes	Apoptin, Lactaptin, TRAIL, SMAC
Anti-angiogenesis	VEGI, VEGFR-1-Ig, anti-VEGF single-chain antibody, VEGF promoter-targeting transcriptional repressor (KOX), VEGF promoter-targeted transcriptional repressor zinc finger protein, vasculostatin, canstatin, plasminogen kringle 5, fibroblast growth factor receptor

GM-CSF, granulocyte-macrophage colony-stimulating factor; CEA, carcinoembryonic antigen; PSA, prostate specific antigen; hDCT, human dopachrome tautomerase; CLND6, claudin 6; ICOS, inducible costimulatory molecule; HSV-TK, herpes virus thymidine kinase; CD, cytosine deaminase; TRAIL, tumor necrosis factor-related apoptosis-inducing ligand; SMAC, second mitochondria-derived activator of caspases; VEGI, vascular endothelial cell growth inhibitor; VEGFR-1-Ig, vascular endothelial growth factor receptor 1-Ig fusion protein; VEGF, vascular endothelial growth factor.

### TAA<sub>s</sub>

Besides the strategies discussed above, OV<sub>s</sub> armed with relevant TAA-like tumor vaccines also provide promising therapeutic approaches to retarget solid tumors by inducing a potent and persisting systemic antitumor response.<sup>91</sup> The potential of OV<sub>s</sub> as recombinant cancer vaccine vectors has been explored in diverse animal models. For instance, Hutzler et al.<sup>92</sup> developed a novel recombinant oncolytic MV encoding the oncofetal tight junction molecule Claudin 6 that produces virus-like particles (VLPs) expressed on the surface of cells *in situ*, or as membrane-bound VLPs. This approach has produced promising results in treating highly aggressive tumors and inhibiting tumor metastasis. Furthermore, other novel potentially targetable TAAs include carcinoembryonic antigen (CEA), prostate-specific antigen (PSA), or human dopachrome tautomerase.<sup>93–95</sup> However, because of their heterogeneity, solid tumors represent considerable variability in antigen expression, so it is more difficult to find an ideal target antigen compared with hematological tumors,<sup>91</sup> and there are potential risks of TAAs being expressed on healthy tissues.

### Immune Costimulatory and Coinhibitory Molecules

The activation status of T cells is regulated by diverse cell receptors through multiple different interactions. Currently, numerous such receptors have been identified, including costimulatory molecules such as CD28 and inducible costimulatory molecule (ICOS), as well as co-inhibitory receptors such as PD-1, CTLA-4, VISTA, B7-H3, LAG3, and TIM3. Significant attention has been devoted to modifying

OV<sub>s</sub> to encode T cell costimulatory molecules, to enhance cancer-specific T cell activation, antigen release, and production of IFN, and subsequently to enhance dendritic cell (DC) maturation and antigen presentation of tumor cells, resulting in more potent systemic antitumor immunity.<sup>96,97</sup> For instance, poxvirus<sup>17</sup> and vaccinia virus<sup>98</sup> encoding the costimulatory molecules B7.1, intercellular adhesion molecule 1, and lymphocyte function-associated antigen 3, termed collectively as TRICOM and the enhancer of antigen-presenting DC/pathways, showed activity in animal models and clinical trials.<sup>17</sup> Furthermore, NDV that was engineered to express the inducible costimulator ligand was shown to enhance T cell activation and infiltration, enhancing the systemic efficacy of ICIs.<sup>99</sup> Furthermore, OV<sub>s</sub> armed with immune checkpoint molecules that block T cell suppression might also be an effective therapeutic approach,<sup>22</sup> as tumor cells usually escape from CTL-mediated lysis through upregulation of inhibitory immune checkpoint proteins,<sup>11</sup> such as PDL-1, CTLA-4, and CD40,<sup>100</sup> which impede the activity of cytotoxic T cells.

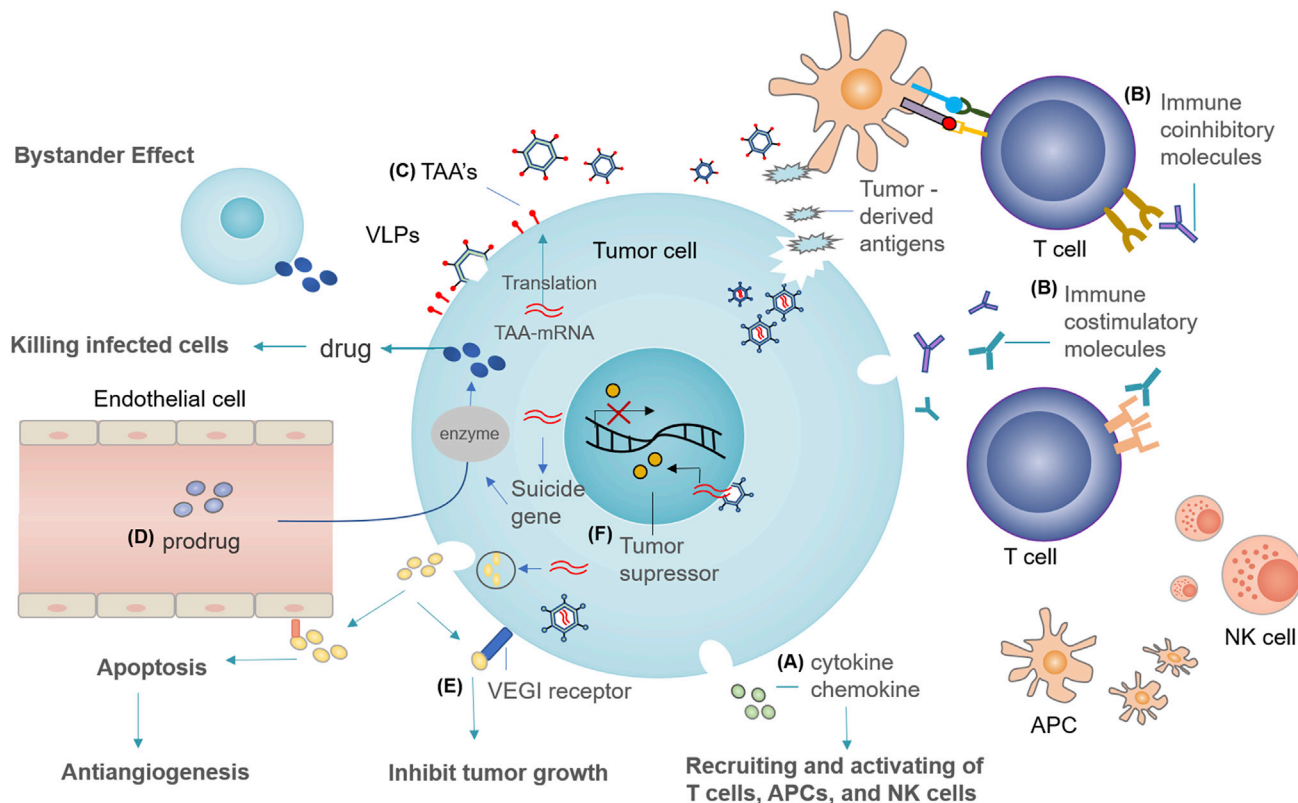
In addition, several studies have been modified or are ongoing to target other costimulatory members of the TNF receptor superfamily, such as OX40, CD30, CD40, and 4-1BB, with evidence of immune activation by these agents in diverse malignancies.<sup>97</sup> For example, a modified oncolytic adenovirus Delta-24-RGDOX expressing OX40L has shown high antitumor efficacy because it binds to a unique costimulatory OX40 on T cells, and it is more potent to enhance the *in situ* expansion of cancer-specific T cells.<sup>101</sup>

### Suicide Genes and Prodrug Conversion

Suicide genes, such as those encoding HSV thymidine kinase (*HSV-TK*), and cytosine deaminase (*CD*),<sup>102</sup> which are harmless to the cells expressing suicide genes but can induce cell death when activated by an antibody or drug, can also be inserted into OV genomes to enhance viral oncolysis. For example, the thymidine kinase enzyme encoded by the *HSV-TK* gene is able to convert the antiviral drug ganciclovir into the toxic ganciclovir monophosphate, subsequently interfering with DNA replication and leading to cell apoptosis, and has been tested as a treatment for pancreatic cancer.<sup>103</sup> Similarly, *CD* can convert nontoxic 5-fluorocytosine (5-FC) to the highly toxic anti-cancer agent 5-fluorouracil, resulting in the killing of infected tumor cells.<sup>22,104</sup> Another approach is to engineer OV<sub>s</sub> to express the fused suicide gene *FCU1*, which contains *CD* coupled with the gene for uracil phosphoribosyl transferase, to enhance the sensitivity of tumor cells to 5-FC and increase antitumor efficacy.<sup>105</sup> Other suicide genes, such as those encoding nitroreductase and cytochrome P450, have shown compelling results in preclinical tumor models.<sup>106,107</sup> Above all, suicide genes have a special “bystander” effect and can kill peripheral tumor cells by enabling the spread of toxic metabolic products.<sup>108</sup>

### Tumor-Suppressor Genes and Proapoptotic Genes

In line with suicide gene strategies, other OV<sub>s</sub> have been created to express tumor-suppressor or proapoptotic genes, which augment the stimulation of immune responses and promote antitumor effects. Tumor-suppressor genes include *P53*, *PTEN*, *P16*, *Rb*, and *MnSOD*.<sup>94</sup> Among these, the most common examples are *P53* or other family



**Figure 2. Schematic Depiction of OV-Based Gene Therapies**

(A) Virus-based immunostimulatory cytokine and chemokine expression can recruit and activate T cells, antigen-presenting cells (APCs), and natural killer (NK) cells, and subsequently improve the therapeutic activity of OVs. (B) Combination of OV with agents targeting costimulatory and/or coinhibitory molecules on T cells could lead to a more effective antitumor response. (C) Tumor-associated antigen (TAA)-encoding OVs can give rise to virus-like particle (VLP) presentation, inducing a potent antitumor effect. (D) The enzyme encoded by suicide gene can convert nontoxic prodrugs into toxic products in tumor cells, inducing tumor cell death. In addition, suicide genes also have a unique “bystander” effect. They can diffuse the toxic metabolic products to peripheral uninfected tumor cells through intercellular contact, thereby killing peripheral tumor cells. (E) Encoding OVs with anti-angiogenic transgenes (such as vascular endothelial cell growth inhibitor [VEGI]) can enhance viral permeability and inhibit endothelial cell proliferation. (F) Encoding OVs with tumor-suppressor genes can promote tumor regression and apoptosis.

members (*P63* or *P73*). Many types of malignancies have a *P53* mutation, and the introduction of these transgenes into the cancer cell genome can enhance OV efficacy and promote tumor apoptosis.<sup>108,109</sup> Likewise, Russell et al.<sup>110</sup> created an oncolytic HSV coexpressing *PTEN* to boost immune responses toward tumor cells. This had similar potency in replication and cancer cell killing as its parental control OV. A similar strategy involving recombinant oncolytic adenoviruses encoding apoptosis-inducing proteins, such as apoptin and Lactaplin, or apoptosis-inducing genes, such as *TRAIL* and *SMAC*,<sup>87</sup> have also been reported to have the potential ability to promote tumor cell apoptosis in diverse malignancies.<sup>32,111</sup>

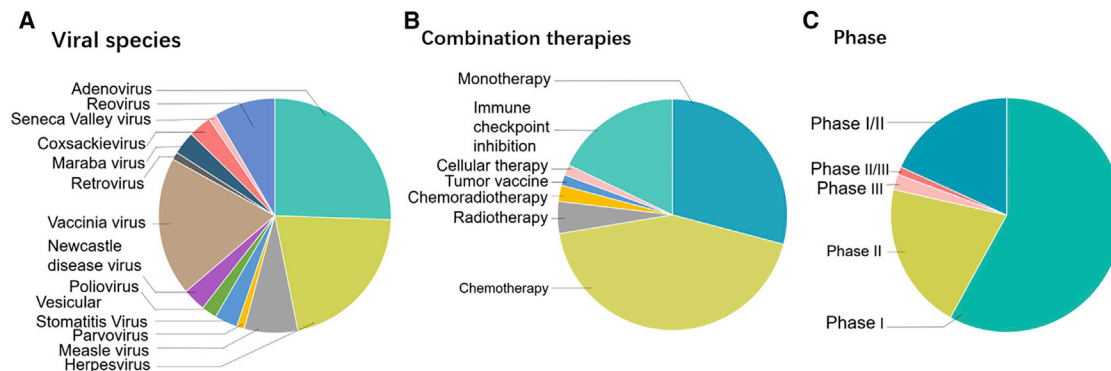
### Anti-angiogenesis

Considering that angiogenesis plays a crucial role in tumor growth and invasion, another antitumor strategy is the engineering of OVs that encode anti-angiogenic transgenes or the direct targeting of viruses to the tumor-associated vascular endothelial cells and partially enhancing their permeability.<sup>21</sup> To this end, a range of viruses have been armed with the vascular endothelial cell growth inhibitor,

vascular endothelial growth factor (VEGF) receptor 1-Ig fusion protein, anti-VEGF single-chain antibody, VEGF promoter-targeting transcriptional repressor (KOX), or VEGF promoter-targeted transcriptional repressor zinc finger protein, aiming to induce apoptosis in proliferating endothelial cells and inhibition of neovascularization.<sup>112–116</sup> Similarly, the endostatin- or angiostatin-encoding genes have been engineered to be expressed by oncolytic adenoviruses, oncolytic vaccinia viruses, adeno-associated viruses, and oncolytic HSV, showing promising efficacy in diverse tumor types, directly disrupting the delivery of nutrients and oxygen to the tumor, tumor clearance, and animal survival. Furthermore, Vasculostatin, Canstatin, Plasminogen kringle 5, and fibroblast growth factor receptor are among potential anti-angiogenesis transgene candidate targets for a similar strategy to enhance OV function.<sup>117–120</sup>

### Combination Therapies

Although various OVs and numerous modified strategies have been constructed to enhance efficiency and overcome the barriers in solid tumors, the clinical results of OV-like monotherapy remain to be



**Figure 3. Overview of OV Clinical Trials**

The dataset is from [ClinicalTrials.gov](http://ClinicalTrials.gov), accessed on July 16, 2019. The 118 clinical trials are categorized on the basis of viral species (A), combination therapies (B), and clinical trial phase (C).

improved. With recent advances in tumor immunology, the combination of OVS and immunotherapy has become an appealing choice. However, there are multiple treatment options for combination therapies, including ICIs,<sup>97,121</sup> adoptive cell therapy,<sup>22,122</sup> radiotherapy,<sup>123</sup> and chemotherapy.<sup>124</sup> To ensure the best possible responses, it is essential for us to have a thorough understanding of the rationale of each combination therapy. Here, we briefly review two potent therapies for combination with OVs.

The first and most common strategy to increase the potency of oncolytic virotherapies is to combine them with ICIs. Because tumor cells usually escape from CTL-mediated lysis through upregulation of inhibitory immune checkpoints,<sup>11</sup> combining these two therapies has been shown to relieve the tumor's immunosuppressive environment. Simultaneously, infection with OVs stimulates antitumor immune responses that in turn augment the efficacy of ICIs.<sup>121</sup> For this reason, there have been multiple preclinical and clinical trials that combined oncolytic virotherapy and ICIs. For example, a phase Ib trial ([ClinicalTrials.gov](http://ClinicalTrials.gov): NCT02263508) combining T-vec with an anti-PD-1 antibody (pembrolizumab) in 21 patients with surgically unresectable and previously untreated stage IIB and IV melanomas reported an increased overall objective response rate up to 62% without any dose-limiting toxicities.<sup>125,126</sup> Consistent with this, an anti-CTLA-4 antibody (ipilimumab) was used with T-vec in a phase II trial ([ClinicalTrials.gov](http://ClinicalTrials.gov): NCT01740297), and 198 patients with stages IIIIB to IV melanomas were randomly allocated combination therapy or ipilimumab alone. The objective response rate to T-vec plus ipilimumab (39%) was significantly higher than with ipilimumab alone (18%;  $p = 0.002$ ).<sup>127</sup> Furthermore, the combination of ICIs with various OVs, such as vaccinia virus, adenovirus, reovirus, coxsackieviruses, maraba virus, and VSV, is under evaluation in different phase I or phase II clinical trials.<sup>121</sup>

Another strategy to improve the potency of oncolytic virotherapy is in combination with adoptive cell therapy because OVs can kill cancer cells specifically, and they have the potential to convert the TME from an immunosuppressive to an immunostimulatory environment

that is permissive to T cell entry and activation.<sup>122</sup> Another interesting aspect of this type of combination therapy is that OV-induced necrosis of tumor cells leads to the release of TAAs, thus promoting the priming and activation of neoantigen-specific T cells.<sup>122</sup> OVs can also be modified genetically to deliver the therapeutic transgenes outlined above locally in the TME, which makes OVs appealing partners for adoptive cell therapy. A preclinical study of this combination strategy, using GD2-chimeric antigen receptor (CAR) T cells and a recombinant oncolytic adenovirus (armed with CCL5 and IL-15) in a xenogeneic mouse model of neuroblastoma, reported significantly increased overall survival of mice compared with either of the monotherapies.<sup>89</sup> Similarly, the combination of OAd-TNF- $\alpha$ -IL-2 (a recombinant oncolytic adenovirus expressing TNF- $\alpha$  and IL-2) with meso-CAR T cells in an animal model of pancreatic ductal adenocarcinoma induced significantly better tumor regression and increased the antitumor efficacy of CAR T cells.<sup>128</sup> In different preclinical trials, OVs armed with ICIs,<sup>127</sup> cytokines,<sup>128</sup> or bispecific T cell engagers<sup>129</sup> enhanced the antitumor functions of CAR T cells and promoted CAR T cell homing, accumulation, and activation in the tumor, addressing tumor escape caused by the loss of antigen or heterogeneity of antigen expression and enhancing animal survival.<sup>130</sup>

Thus, by combining oncolytic virotherapy with other immunotherapies, researchers are now about to open a new chapter in oncotherapy. Many preclinical studies have confirmed such combinations to enhance therapeutic responses in animal models. However, note that further studies focusing on the optimal timing of the delivery of immune checkpoint inhibition, adoptive cells, or other therapeutic agents are needed urgently.

### Clinical Trials

A number of clinical trials and translational studies involving OV have been registered at [ClinicalTrials.gov](http://ClinicalTrials.gov). As of July 16, 2019, there are 118 clinical trials testing OVs. To date, 13 kinds of viruses have been investigated, and most have focused on oncolytic adenoviruses, HSV, and the vaccinia virus (Figure 3A). Oncolytic virotherapy has functioned well across different cancers, routes of administration,



**Table 2. A Selection of Ongoing Recruiting OV Clinical Trials**

Viral Species	Virus Name	Condition	Route of Administration	Co-therapy	Phase	ClinicalTrials.gov Identifier
Adenovirus	DNX-2401	CNS cancer	intra-arterial	therapeutic conventional surgery	I	NCT0389656
		CNS cancer	i.t.	chemoradiotherapy	I	NCT03178032
	NSC-CRAAd-Survivin-pk7	CNS cancer	i.t.	surgery; chemoradiotherapy	I	NCT03072134
	Ad5-yCD/mutTKSR39rep-ADP	NSCLC	i.t.	chemoradiotherapy; valacyclovir	I	NCT03029871
	Ad5-yCD/mutTKSR39rep-hIL12	pancreatic cancer	i.t.	5-FU; chemotherapy	I	NCT03281382
		prostate cancer	i.t.	radiation	I	NCT02555397
	DNX-2440	CNS cancer	i.t.	–	I	NCT03714334
	LOAd703	pancreatic cancer	i.t.	gemcitabine; nab-paclitaxel	I/IIa	NCT02705196
		pancreatic, ovarian, biliary, colorectal cancer	i.t.	chemotherapy	I/II	NCT03225989
	ADV/HSV-tk	NSCLC	i.t.	valacyclovir; pembrolizumab; SBRT	II	NCT03004183
	ONCOS-102	melanoma	i.t.	cyclophosphamide; pembrolizumab	I	NCT03003676
		prostate cancer	i.t.	DCVac/Pca; cyclophosphamide	I/II	NCT03514836
	NG-350A	metastatic cancer; epithelial tumor	i.t./i.v.	–	I	NCT03852511
	Enadenotucirev	rectal cancer	i.t.	capecitabine; radiotherapy	I	NCT03916510
		ovarian cancer	i.t./i.p.	–	I	NCT02028117
VCN-01	head and neck cancer	i.t.	durvalumab	I	NCT03799744	
Telomelysin (OBP-301)	esophageal cancer	i.t.	radiation	I	NCT03213054	
Herpes virus	OH2	solid tumor; gastrointestinal cancer	i.t.	HX 008	I	NCT03866525
	rQNestin34.5v.2	CNS cancer	i.t.	cyclophosphamide	I	NCT03152318
	T-VEC	melanoma	i.t.	CD1c (BDCA-1); myeloid DCs	I	NCT03747744
		peritoneal surface malignancies	i.p.	–	I	NCT03663712
		breast cancer	i.t.	paclitaxel	I/II	NCT02779855
	M032	CNS cancer	i.t.	–	I	NCT02062827
	G207	CNS cancer	i.t.	radiotherapy	I	NCT02457845
Vaccinia virus	Pexa-Vec (JX-594)	colorectal cancer	i.v.	durvalumab; tremelimumab	I/II	NCT03206073
		HCC	i.t.	nivolumab	I/IIa	NCT03071094
		HCC	i.t.	sorafenib	III	NCT02562755
		metastatic tumor; advanced tumor	i.t.	ipilimumab	I	NCT02977156
		solid tumors; soft-tissue sarcoma; breast cancer	i.v.	cyclophosphamide	I/II	NCT02630368
		renal cell carcinoma	i.v.	REGN2810	I	NCT03294083
	GL-ONC1	ovarian cancer	i.p.	chemotherapy; bevacizumab	I/II	NCT02759588
	TG6002	CNS cancer	i.v.	5-FU	I/II	NCT03294486
ASP9801	solid tumors	i.t.	--	I	NCT03954067	
Poliovirus/ rhinovirus	PVSRIPO	CNS cancer	i.t.	–	II	NCT02986178
		CNS cancer	i.t.	–	Ib	NCT03043391
		triple-negative breast cancer	i.t.	surgery	I	NCT03564782
		melanoma	i.t.	–	I	NCT03712358

(Continued on next page)



Table 2. Continued

Viral Species	Virus Name	Condition	Route of Administration	Co-therapy	Phase	ClinicalTrials.gov Identifier
Measles virus	MV-NIS	multiple myeloma	i.t.	cyclophosphamide	II	NCT02192775
		ovarian, fallopian, peritoneal cancer	i.p.	paclitaxel; pegylated liposomal doxorubicin hydrochlorid	II	NCT02364713
		ovarian cancer	i.p.	mesenchymal stem cell transplantation	I/II	NCT02068794
		CNS cancer	i.t.	--	I	NCT02700230
VSV	VSV-IFN $\beta$ -NIS	solid tumor; HCC; NSCLC	i.v.	pembrolizumab	I	NCT03647163
		endometrial cancer	i.v.	--	I	NCT03120624
Reovirus		plasma cell myeloma	i.v.	carfilzomib; dexamethasone; nivolumab	I	NCT03605719
		multiple myeloma	i.v.	lenalidomide; pomalidomide	I	NCT03015922
Coxsackie virus	CVA21	NSCLC	i.v.	pembrolizumab	I	NCT02824965

VSV, vesicular stomatitis virus; HCC, hepatocellular carcinoma; CNS, central nervous system; NSCLC, non-small cell lung cancer; i.t., intratumoral; i.v., intravenous; i.p., intraperitoneal; 5-FC, 5-fluorocytosine; SBRT, stereotactic body radiation therapy.

and monotherapy as well as in combination therapies. Apart from the traditional therapeutic approaches—for instance, chemoradiotherapy—the recent more efficient combination therapies mentioned above are also being tested in patients with different cancers (Figure 3B). Among these, immune checkpoint inhibition and cellular therapies are increasingly being utilized in clinical trials with or without OV, indicating enormous potential for combination therapies, especially in patients with refractory tumors. A selection of ongoing clinical trials is summarized in Table 2.

### Conclusions

Oncolytic virotherapy is a promising immunotherapy for malignancies. With the development of modern genetic engineering techniques, increasing numbers of researchers are discovering strategies to optimize the construction of OVs, to reduce their clinical toxicity, to construct efficient OV delivery platforms, and to increase the efficacy of OVs, with the aim of achieving the greatest therapeutic benefit. In this review, we have described the multiple strategies that have been constructed for improving the efficacy of oncolytic virotherapy. Our comprehensive understanding of the challenges posed by physical barriers, antiviral immunity, and an immunosuppressive TME preventing OV delivery, infiltration, and oncolysis functions will be important for the rational design of recombinant OVs. Of note, genetically manipulating viruses might also lead to unexpected toxic reactions as well. It is essential for us to consider all factors in the safety analysis of OVs, either natural or engineered. Furthermore, because solid cancers usually have high mutational burdens, it is hard for a single agent to achieve promising long-term remission. Therefore, the combination of oncolytic virotherapy with other possible immune-based therapies is eagerly awaited.<sup>97</sup> Future studies in oncolytic virotherapy can focus on systemic delivery approaches and OV-based gene therapies. The strategies outlined above highlight the vast expanse of preclinical and clinical research that is yet to be explored. To harness OVs in developing innovative strategies and overcoming current challenges, contributions from the fields of mo-

lecular biology, structural biology, immunology, genomics, and bioinformatics are required. Increased understanding of the challenges and limitations in cancer therapy and continued study of advances in recombinant OVs should lay solid foundations for future clinical success.

### AUTHOR CONTRIBUTIONS

All listed authors contributed to the writing of this review. All authors read and provided critical revision of the manuscript and approved the final version.

### CONFLICTS OF INTEREST

The authors declare no competing interests.

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