

Prenatal ambient air pollution associations with DNA methylation in asthma- and allergy-relevant genes: findings from ECHO

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Abstract

Prenatal exposure to air pollution is an important risk factor for child health outcomes, including asthma. Identification of DNA methylation changes associated with air pollutant exposure can provide new intervention targets to improve children's health. The aim of this study is to test the association between prenatal air pollutant exposure and DNA methylation in developmental and asthma-/allergy-relevant biospecimens (placenta, buccal, cord blood, nasal mucosa, and lavage). A subset of 2294 biospecimens collected from 1906 child participants enrolled in the Environmental Influences on Child Health Outcomes program with prenatal air pollutant and high-quality Illumina Asthma&Allergy DNA methylation array measures ($n = 37\,197$ probes) were included. Prenatal ozone, nitrogen dioxide, and fine particulate matter were derived using residential history during pregnancy and spatiotemporal models. For each pollutant, biospecimen type, and prenatal exposure window, we estimated the effects of air pollution on gene DNA methylation levels. We compared results across pollutants, biospecimen types, and trimesters and tested for critical months of exposure using distributed lag models. DNA methylation levels at 154 out of 4746 tested genes were associated with air pollution; over 95% were exposure window, pollutant, and biospecimen-type specific. The fewest gene associations were detected in trimester 2, relative to other exposure windows. A variety of trends in methylation patterns were observed in response to lagged monthly pollution levels. Child DNA methylation changes at

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specific respiratory- and immune-relevant genes are associated with prenatal air pollutant exposures. Future studies should examine the relationship between these pollution-sensitive genes and child health.

Keywords: DNA methylation; Environmental influences on Child Health Outcomes (ECHO); prenatal air pollution

Introduction

Air pollution exposure is associated with adverse health outcomes [1] and shorter-life expectancy [2]. In particular, prenatal and early-life exposure to air pollution is an important risk factor for the development of asthma and allergic disease in childhood [3–7]. Policy efforts to improve air quality are urgently needed to reduce or eliminate these exposures. Additionally, identifying biological mechanisms through which pollution exposure affects health outcomes could provide a complementary approach to reduce the health impacts of air pollution, especially if exposure occurs and/or policies are not fully effective.

Epigenetic modifications likely mediate the effects of pollution exposure on health outcomes [8], and DNA methylation is the most studied epigenetic modification to date [9]. The effects of DNA methylation changes on clinical or phenotypic outcomes are mediated through their effects on gene regulation [10]. DNA methylation patterns in placenta, cord blood, and infant buccal cells and blood spots have been associated with prenatal exposures to maternal smoking, folate and iron levels, glycaemic index, chemicals, and air pollution [9]. Moreover, DNA methylation patterns at birth have been associated with a broad spectrum of health outcomes, including late-life health [11], adult cardiovascular traits [12], neurodevelopmental outcomes [13], and asthma and allergic phenotypes [14, 15].

Several studies have examined prenatal exposure to particulate matter with an aerodynamic diameter <10 μm (PM_{10}) and fine particulate matter <2.5 μm in diameter ($\text{PM}_{2.5}$), nitrogen dioxide (NO_2), ozone (O_3), or traffic (distance to major roadways) and DNA methylation patterns in placenta or cord blood using the 450k DNA methylation array (Illumina, Inc.). One focused on NO_2 specifically [16], seven focused on one or two pollutants [17–23], one included three pollutants [24], and one considered distance to heavily trafficked roadways [25]. Overall, few individual CpGs were associated with pollutant exposures (0–21 significant CpG associations across the studies; median = 4 CpG associations) among ~400 000 CpGs tested in sample sizes ranging from 128 to 1506 (in placenta and cord blood, respectively; median sample size = 384). In contrast, three studies performed analyses of differentially methylated regions (DMRs): one study reported nine significant DMRs with O_3 or NO_2 in 133 placenta or 175 cord blood samples [21]; one reported 42 and 41 significant DMRs with O_3 or NO_2 , respectively, in 429 cord blood samples [23]; and another reported 18 DMRs associated with NO_2 in 128 cord blood samples [16]. Among the DMRs, there was negligible overlap of genes annotated to the DMRs across pollutants or tissues.

The paucity of associations between specific pollutants and DNA methylation patterns in cord blood or placenta cells across these studies could be due to the relatively small sample sizes, the accuracy of the measurements, or their focus on few biospecimen sources [9]. Moreover, all previous studies used the 450k array, which is enriched for hypomethylated ($<20\%$ methylation) or hypermethylated ($>80\%$) CpGs. CpGs with methylation levels in those ranges tend to show lower reproducibility of DNA methylation measurements compared to those in the intermediate range [9], and intermediate methylated CpGs, which are

under-represented on these arrays, are a signature of regions characterized by gene regulation [26].

To address this limitation of the 450k and Illumina Methylation EPIC arrays, we designed a 50k DNA methylation array that includes CpGs with (i) prior evidence of association with asthma or allergic diseases or locations at a genome-wide association study locus for asthma or allergic disease, and (ii) overlap with transcription start sites, predicted transcription factor-binding sites, or predicted enhancers [27]. The final content of the array, referred to as the Asthma&Allergy array, included probes for 37 863 CpGs, of which 94% overlapped with a predicted enhancer and 90% overlapped with a predicted transcription factor-binding site. Moreover, compared to the EPIC and 450k arrays, this array is enriched for intermediate methylated CpGs and depleted for hypomethylated and hypermethylated CpGs. Additional details on the design, characteristics, and performance of the Asthma&Allergy array can be found in Morin et al. [27].

In this study, we address gaps in earlier studies by using an array with high-value content, by including standardized assessments of daily prenatal exposures to $\text{PM}_{2.5}$, NO_2 , and O_3 , and by studying newborn and delivery tissues (cord blood, placenta, and newborn buccal swabs), as well as biospecimens collected through young adulthood (nasal mucosal cells, nasal lavage cells, and buccal swabs). In addition, we used a novel gene-based test that reduces the multiple testing burden and harnesses information across all CpGs assigned to each of the 4746 genes. We used this unique data set to explore tissue-specific responses, at multiple life stages, to prenatal exposures to $\text{PM}_{2.5}$, NO_2 , and O_3 averaged over pregnancy, by trimester, and by gestational month among participants enrolled in the National Institutes of Health (NIH)-funded Environmental Influences on Child Health Outcomes (ECHO) program [28].

Materials and methods

Overall study population

This study included a subset of participants enrolled in the ECHO program, a national study of over 60 000 children and their caregivers from across the USA and Puerto Rico [28]. The goal of the program is to investigate the role of the environment, from pre-conception through adolescence, on perinatal and child health outcomes and development. A subset of ECHO participants participated in this study. Eligibility for this analysis required participants to have residential history data from the pregnancy time window and available DNA methylation measurements from the Asthma&Allergy array.

The ECHO Cohort protocol was approved by the ECHO single Institutional Review Board (IRB) and/or the cohorts' local IRBs. Written informed consent or parental/guardian permission with child assent was obtained prior to collecting data.

DNA methylation measures

DNA from child participants was extracted at each ECHO cohort site and sent to the University of Chicago Genomics Facility for sodium bisulphite conversion and hybridization to the Asthma&Allergy array v1.0 (Illumina [27]). Raw IDAT files for

2990 samples (1482 nasal mucosa, 960 nasal lavage, 218 buccal, 245 cord blood, and 85 placenta) and 43 661 probes were shared with the ECHO Data Analysis Center, where the data underwent quality control checks to remove poorly performing samples and probes. A flowchart describing our overall approach to implementing sample and probe quality control filters is shown in [Supplementary Fig. S1](#). Samples with discrepancies between methylation-predicted sex and reported sex were removed ($n=7$). After sex checks, probes located on the X chromosome were excluded, which led to the omission of one gene from analysis (PPP1R3F). Samples with low overall array intensity (methylated and unmethylated intensities <10), $>1\%$ of probes with detection P -values $>.05$ ($n=24$), and technical replicates ($n=6$) were removed. We removed probes that were not present in the 'minfi' Illumina Asthma&Allergy array v1.0 manifest file ($n=5120$), with low quality (detection P -value >0.05) reported in $>1\%$ of samples, cross-reactive probes, and probes that overlapped a single-nucleotide polymorphism ($n=685$) or did not unambiguously map to the genome ($n=659$). Samples that passed quality control were background corrected using the 'preprocessIllumina()' function and normalized within a sample using the 'preprocessNoob()' function in 'minfi' (version 1.36.0) [29]. Quantile normalization was applied using the 'ENmix' package in R version 4.1.2, stratified by tissue type to account for batch differences between samples [30]. Methylation M -values, calculated as the log2 ratio of proportion methylated over proportion unmethylated, were used in the analysis.

Analytic dataset derivation

Our final analytic sample consisted of ECHO child participants with (i) high-quality Asthma&Allergy array [27] DNA methylation data from a buccal, placenta, cord blood, nasal mucosa, or nasal lavage biospecimen; (ii) daily air pollutant exposure measures available from all three trimesters of pregnancy for at least one of the three air pollutants we examined: O_3 , NO_2 , and $PM_{2.5}$; and (iii) age at biospecimen collection. Within a biospecimen type, if a child had repeated DNA methylation measures, only the data from the sample with the earliest age at collection were included. Lastly, we excluded 12 siblings to minimize potential genetic and environmental correlation between related individuals. Data management was conducted using the 'tidyverse' and 'data.table' packages in R version 4.2.0 [31, 32].

Air pollutant estimates

We estimated ambient concentrations of O_3 , NO_2 , and $PM_{2.5}$ at the home address of participants during pregnancy by applying previously developed and validated spatiotemporal models. Daily estimates for all pollutants were available for the contiguous USA at a $1\text{ km} \times 1\text{ km}$ spatial resolution from 1 January 2000 through 31 December 2016 from a neural network model (i.e. the 'Schwartz model') that incorporates satellite-based measurements, chemical transport model output, meteorology, and other data [33]. Because some participants were born prior to 2000 (or prenatal exposures occurred prior to 2000), we obtained monthly $PM_{2.5}$ estimates at a $6\text{ km} \times 6\text{ km}$ spatial resolution from a previously developed and validated model (i.e. the 'Yanosky model') for the years 1988–2007 [34] and performed a previously described calibration step [4] to address differences in spatial and temporal resolution between the two models. Briefly, among participants with $PM_{2.5}$ estimates available from both models ($n=1247$), a linear regression model was fitted with Schwartz monthly averages as the dependent variable and Yanosky monthly averages as the independent variable. Among participants with both Yanosky and

Schwartz model estimates available, there was high concordance: 113 out of 125 calibrated Yanosky measures (90.4%) fell within $5\text{ }\mu\text{g}/\text{m}^3$ of the Schwartz estimate, and there was a mean difference of $0.10\text{ }\mu\text{g}/\text{m}^3$ between measures. Parameter estimates from the linear model were applied to estimates from the Yanosky model when only these were available (i.e. dates prior to 2000). These calibrations to the Yanosky model estimates were applied within ECHO cohorts. The Yanosky model provides estimates for $PM_{2.5}$ only, and therefore, three cohorts (CAS, COAST, and EHAAS; see full names in [Supplementary Table S1](#)) only contributed $PM_{2.5}$ measures, as participants in these studies were born prior to 2000. O_3 and NO_2 concentrations are provided as parts per billion (ppb), and $PM_{2.5}$ was estimated as micrograms per cubic meter ($\mu\text{g}/\text{m}^3$).

Monthly pollution estimates obtained from averages of daily pollution estimates were further averaged into pregnancy trimester and total pregnancy estimates, which were used in subsequent analyses. If prenatal air pollution data were available for a participant as both calibrated Yanosky estimates and Schwartz estimates, the Schwartz model prenatal estimate was prioritized for analysis due to the higher resolution of air pollution exposure it provides and greater data availability across cohorts and pollutants.

Mapping CpG probes to genes

Our statistical analyses focused on aggregate gene-level DNA methylation measures rather than single CpG positions. We were interested in identifying methylation changes associated with air pollutants at the gene level given the enrichment of probes on the Asthma&Allergy array in gene bodies and in or near genes relevant to respiratory and immunologic health and their regulatory regions [27]. Moreover, previous studies have focused on individual CpGs with few discoveries, and there is a gain in power in our moderate-sized sample due to a smaller number of statistical tests when performing gene-level analyses. As detailed further, we performed two types of statistical tests, including a 'signed' and 'unsigned' association. The latter was used to accommodate known differences in methylation levels across a gene—e.g. promoters and gene bodies often have inverse relationships between methylation levels and gene expression.

Gene-level analyses required first assigning individual CpGs measured on the Asthma&Allergy array to genes. CpG probes were mapped to the nearest gene that showed expression in any biospecimen type per the Ensembl database [35] using the GRCh37 build. The 'GenomicRanges' package in Bioconductor was used to merge array probe and gene positional information [36].

Statistical analyses

All analyses were conducted using Bioconductor and R versions 3.15 and 4.2.0. Air pollutant exposure estimates were modelled as a continuous measure in all analyses. For each pollutant (O_3 , NO_2 , and $PM_{2.5}$), biospecimen type (placenta, buccal, cord blood, nasal lavage, and nasal mucosa), and exposure window (throughout pregnancy, first trimester, second trimester, and third trimester), we estimated the effects of prenatal air pollution on gene methylation using unsigned and signed gene-based tests. Both test the null hypothesis that methylation levels are independent of pollution levels at every CpG mapped to the gene, although the signed and unsigned tests differ in their power to reject certain alternatives. The unsigned test will reject the null if methylation levels at ≥ 1 CpGs are truly related to pollution levels (regardless of the direction of association at each pollution-related CpG), while the signed test will reject if the directions of association at pollution-related CpGs are consistent. For test statistics, we let $z \sim N_p(0, \Sigma)$

be a length P -vector of z -scores for each of the P CpGs that map to a gene, where z -scores were defined to be the pollution beta coefficient estimates divided by their standard errors; these are marginally standardized and normally distributed under the null hypothesis. The joint distribution of z -scores under the null is therefore Σ , where the diagonal elements of $z^T \Sigma^{-1} z$ are all one and the off-diagonal elements represent the spatial correlation between neighbouring CpGs (we used a Matérn covariance function to model this correlation; see the [Supplementary Statistical Methods](#)). The unsigned and signed test statistics were then taken to be $1_p^T \Sigma^{-1} z (1_p^T \Sigma^{-1} 1_p)^{-1/2}$ and z , which are chi-squared with p degrees of freedom and standard normal, respectively, under the null. Mathematical derivations of these test statistics are given in the [Supplementary Statistical Methods](#).

To correct for genomic inflation, we adjusted P -values using the empirical null distribution of z -scores calculated by the R package 'locfdr' (Comprehensive R Archive Network; <https://CRAN.R-project.org/package=locfdr>). For signed test results, we computed z -scores using the effect estimates and their corresponding P -values. For unsigned test results, z -scores were taken to be the inverse of the standard normal cumulative distribution function applied to P -values. P -values were recalculated by applying the standard normal cumulative distribution function to z -scores after dividing them by the standard deviation of the fitted empirical null distribution. To control for multiple testing, gene associations were considered significant if they reached a Benjamini–Hochberg false discovery rate q -value threshold of 0.05.

All statistical models were adjusted for child's sex (male/female), prenatal smoking exposure (yes/no), continuous gestational age (cord and placenta), or age at sample collection (nasal and buccal), an ECHO recruitment site indicator, season of birth (spring/summer/winter/fall), and DNA methylation latent factors (estimated separately for each pollutant, biospecimen, and exposure window; modelled continuously). Variances were corrected for CpG correlations within array SentrixIDs. Missing values for covariates, which ranged from 0% to 8%, were imputed with the mean value, conditional on a cohort of origin. Latent factors were computed using the 'FALCO' package in R version 3.4 to adjust for unwanted variation that was not related to air pollution exposure averages [37]. The relationships between the methylation latent factors, batch, array, and self-reported characteristics of the participant, such as race, ethnicity, and sex, were also explored. Cell composition is also an important covariate to consider. Based on prior studies showing that cell composition variability is captured by latent factors [38], we used these factors as covariates in these analyses.

Distributed lag analysis

Genes that were significant in gene tests were tested for critical time windows for air pollution exposure associations using distributed lag models. For buccal specimens, only those collected within 1 month of birth were included in this analysis. Monthly prenatal air pollution exposure averages were lagged for each month prior to birth. Since CpG sites were allowed to vary in their direction of effects in the trimester average gene tests, we modelled the mean of the absolute value of methylation levels at each CpG site as the dependent variable in distributed lag models. Models were adjusted for the same covariates mentioned earlier and up to the first 10 latent factors from the gene average tests. We selected a maximum of 10 latent factors to best balance having a statistical model that would converge and capturing a sufficient proportion of variance. Distributed lag models were fit with polynomials varying in degree from 1 to 3 using the 'dlnm' package in

R version 3.4 [39]. The Akaike information criterion (AIC) was used to determine the model with the best fit among the varying polynomial models. Effect estimates and P -values were reported from the best-fitting model for each tissue and pollutant. Distributed lag model results were only selected for significance if there was a significant positive effect, indicating an increase in methylation changes in either direction (i.e. hypo- or hypermethylation), for any lagged month prior to birth. A flowchart of the number of genes included in each analysis is shown in [Supplementary Fig. S2](#).

Results

Analytic sample derivation

The subset of ECHO cohorts that met our inclusion criteria differed in their original recruitment and eligibility criteria ([Supplementary Table S1](#)). Four cohorts enrolled families who had a parent with asthma and/or allergy (COAST, CCAAPS, EHAAS, and URECA), one cohort enrolled pregnant women who smoked for a clinical trial of vitamin C supplementation during pregnancy (VCSIP), and three cohorts specifically recruited underserved or low-income populations (CCCEH/M and N, URECA, and NuMoM2b-Utah). The remaining cohorts recruited mothers and children from the general population across multiple states (HOPEUtah, MADREs, NCS-ARS, NCS-IVS, TTP-Utah, CAS, CCCEH, INSPIRE, and WHEALS). Our analytic sample includes children born between 1988 and 2017. Most cohorts recruited children born over the span of 1–3 years. The largest spread of birth years covered by a cohort site (NCS-IVS) was 14 years (2001–2015), with an interquartile range of 4 years. The year of specimen collection was also determined by cohort site membership, with the maximum range of collection dates spanning 5 years. Most cohort sites had all three air pollutant measures; three cohorts (CAS, COAST, and EHAAS) had only $PM_{2.5}$ available for analyses.

As shown in [Supplementary Fig. S3](#), of the 2990 biospecimens that underwent DNA methylation measurements on the Asthma&Allergy array, a total of 2953 samples and 37 197 CpG probes passed our methylation quality control filters. Participants without at least one air pollutant measured across all three pregnancy trimesters ($n = 518$), lacking age at time of sample collection ($n = 32$), and repeated samples or related individuals ($n = 109$) were removed. Our final analytic dataset contained 2294 biospecimens from 1906 participants ([Supplementary Fig. S3](#)). It consisted of 77 cord blood and 72 placenta birth specimens, 88 infant (0–1 year of age) buccal specimens, 1258 nasal mucosal cell specimens collected from ages 1 to 21 (median of 6.65) years, and 799 nasal lavage specimens collected from ages 11 to 30 (median of 14.7) years ([Table 1](#)). Multiple biospecimen types were contributed by 359 participants, as follows: 278 with nasal lavage and nasal mucosa (collected at different ages); 50 with cord blood, placenta, and buccal; 7 with cord blood and buccal; 14 with cord blood and placenta; and 10 participants with buccal and placenta.

Analytic sample characteristics

As shown in [Table 1](#), gestational age at birth ranged from 30 to 43 weeks. Males and females were nearly equally represented (50.5% and 49.5%, respectively), with slight variations by specimen type. The most frequent parent-reported child races and ethnicities were White (49.8%), Black (34.6%), Hispanic (14.3%), and multiple (7.2%), with all other categories <7%. There were notable exceptions in nasal mucosa and lavage, with 30.9% and 49.4%, respectively, parent-reported Black race, and in cord blood and buccal specimens, where 22.1% and 18.2%, respectively, reported

Table 1. Descriptive characteristics of ECHO participants included in our analytic sample, by biospecimen type

| | Placenta (N = 72) | Cord blood (N = 77) | Buccal (N = 88) | Nasal mucosa (N = 1258) | Nasal lavage (N = 799) | Overall (N = 2294) |
|---|----------------------|------------------------|--------------------|----------------------------|---------------------------|-----------------------|
| Age at specimen collection | | | | | | |
| Days, median (min, max) | 0 (0, 0) | 0 (0, 0) | 3.00 (0, 4.39) | 2430 (504, 7760) | 5370 (4040, 11 200) | 4020 (0, 11 200) |
| Years, median (min, max) | — | — | 0.01 (0, 1.2) | 6.65 (1.4, 21.3) | 14.7 (11.1, 30.7) | 11.0 (0, 30.7) |
| Estimated gestational age at birth, weeks | | | | | | |
| Median (min, max) | 39.0 (36.0, 41.0) | 39.0 (34.0, 41.0) | 38.0 (30.0, 41.0) | 39.0 (31.0, 43.0) | 39.0 (30.0, 43.0) | 39.0 (30.0, 43.0) |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 8 (0.6%) | 180 (22.0%) | 188 (7.9%) |
| Child sex | | | | | | |
| Female | 34 (47.2%) | 38 (49.4%) | 43 (48.9%) | 612 (48.6%) | 408 (51.1%) | 1135 (49.5%) |
| Male | 38 (52.8%) | 39 (50.6%) | 45 (51.1%) | 646 (51.4%) | 391 (48.9%) | 1159 (50.5%) |
| Parent-reported race of the child participant | | | | | | |
| American Indian or Alaska Native | 0 (0%) | 0 (0%) | 0 (0%) | <5 (<1%) | <5 (<1%) | <5 (<1%) |
| Asian | 0 (0%) | 0 (0%) | 0 (0%) | <10 (<1%) | 10 (1.3%) | <20 (<1%) |
| Black | <5 (<5%) | <5 (<2%) | 6 (6.8%) | 389 (30.9%) | 395 (49.4%) | 794 (34.6%) |
| Multiple identities | 14 (19.4%) | 14 (18.2%) | 16 (18.2%) | 78 (6.2%) | 43 (5.4%) | 165 (7.2%) |
| Native Hawaiian or other Pacific Islander | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) |
| Other ^a | 0 (0%) | <5 (<3%) | 0 (0%) | 10 (0.8%) | 6 (0.8%) | 18 (0.8%) |
| White | 55 (76.4%) | 59 (76.6%) | 66 (75.0%) | 696 (55.3%) | 266 (33.3%) | 1142 (49.8%) |
| Missing | 0 (0%) | <5 (<2%) | 0 (0%) | 76 (6.0%) | 78 (9.8%) | 155 (6.8%) |
| Ethnicity of the child participant | | | | | | |
| Hispanic | 11 (15.3%) | 17 (22.1%) | 16 (18.2%) | 165 (13.1%) | 118 (14.8%) | 327 (14.3%) |
| Non-Hispanic | 61 (84.7%) | 59 (76.6%) | 72 (81.8%) | 1092 (86.8%) | 673 (84.2%) | 1957 (85.3%) |
| Missing | 0 (0%) | <5 (<2%) | 0 (0%) | <5 (<1%) | 8 (1.0%) | 10 (0.4%) |
| Ever used nicotine during pregnancy | | | | | | |
| No | <17 (<23%) | <23 (<29%) | <20 (<20%) | 1081 (85.9%) | 663 (83.0%) | 1798 (78.4%) |
| Yes | 53 (73.6%) | 51 (66.2%) | 70 (79.5%) | 146 (11.6%) | 79 (9.9%) | 399 (17.4%) |
| Missing | <5 (<5%) | <5 (<6%) | <5 (<3%) | 31 (2.5%) | 57 (7.1%) | 97 (4.2%) |

(continued)

Table 1. (Continued)

| | Placenta (N = 72) | Cord blood (N = 77) | Buccal (N = 88) | Nasal mucosa (N = 1258) | Nasal lavage (N = 799) | Overall (N = 2294) |
|---|----------------------|------------------------|--------------------|----------------------------|---------------------------|-----------------------|
| Education of biological mother | | | | | | |
| Less than high school | 6 (8.3%) | 10 (13.0%) | 9 (10.2%) | 86 (6.8%) | 81 (10.0%) | 192 (8.4%) |
| High school degree, GED, or equivalent | 19 (26.4%) | 20 (26.0%) | 30 (34.1%) | 206 (16.4%) | 119 (14.9%) | 394 (17.2%) |
| Some college, no degree; Associate's degree (AA and AS); and trade school | 25 (34.7%) | 27 (35.1%) | 29 (33.0%) | 328 (26.1%) | 231 (28.9%) | 640 (27.9%) |
| Bachelor's degree (BA, BS) | 14 (19.4%) | 12 (15.6%) | 12 (13.6%) | 329 (26.2%) | 167 (20.9%) | 534 (23.3%) |
| Master's degree, professional, or Doctor's degree | 8 (11.1%) | <10 (<10%) | 8 (9.1%) | 168 (13.4%) | 107 (13.4%) | 298 (13.0%) |
| Missing | 0 (0%) | <5 (<2%) | 0 (0%) | 141 (11.2%) | 94 (11.8%) | 236 (10.3%) |
| Ever reported diagnosis of eczema | | | | | | |
| No | 47 (65.3%) | 46 (59.7%) | 54 (61.4%) | 293 (23.3%) | 287 (35.9%) | 727 (31.7%) |
| Yes | 25 (34.7%) | 24 (31.2%) | 34 (38.6%) | 546 (43.4%) | 383 (47.9%) | 1012 (44.1%) |
| Missing | 0 (0%) | 7 (9.1%) | 0 (0%) | 419 (33.3%) | 129 (16.1%) | 555 (24.2%) |
| Ever reported diagnosis or symptoms of asthma | | | | | | |
| No | 67 (93.1%) | 63 (81.8%) | 77 (87.5%) | 874 (69.5%) | 452 (56.6%) | 1533 (66.8%) |
| Yes | <5 (<6%) | 5 (6.5%) | <11 (<12%) | 361 (28.7%) | 347 (43.4%) | 727 (31.7%) |
| Missing | <5 (<2%) | 9 (11.7%) | <5 (<2%) | 23 (1.8%) | 0 (0%) | 34 (1.5%) |
| Ever reported diagnosis of allergic rhinitis | | | | | | |
| No | 19 (26.4%) | 19 (24.7%) | 17 (19.3%) | 42 (3.3%) | 78 (9.8%) | 175 (7.6%) |
| Yes | 12 (16.7%) | 13 (16.9%) | 19 (21.6%) | 368 (29.3%) | 245 (30.7%) | 657 (28.6%) |
| Missing | 41 (56.9%) | 45 (58.4%) | 52 (59.1%) | 848 (67.4%) | 476 (59.6%) | 1462 (63.7%) |
| Season of birth | | | | | | |
| Winter | 22 (30.6%) | 24 (31.2%) | 23 (26.1%) | 171 (13.6%) | 195 (24.4%) | 435 (19.0%) |
| Spring | 17 (23.6%) | 15 (19.5%) | 23 (26.1%) | 250 (19.9%) | 199 (24.9%) | 504 (22.0%) |
| Summer | 15 (20.8%) | 19 (24.7%) | 25 (28.4%) | 463 (36.8%) | 194 (24.3%) | 716 (31.2%) |
| Fall | 18 (25.0%) | 19 (24.7%) | 17 (19.3%) | 374 (29.7%) | 211 (26.4%) | 639 (27.9%) |

Min = minimum; max = maximum; GED = General Educational Development Test; AA = associate of arts; AS = associate of science; BA = bachelor of arts; BS = bachelor of science.

Data shown are n (%) except where indicated.

^aThe participants reported something other than one of the categories available for selection or some combination of categories.

Table 2. Air pollution distributions and missingness by biospecimen type

| | Placenta (N = 72) | Cord blood (N = 77) | Buccal (N = 88) | Nasal mucosa (N = 1258) | Nasal lavage (N = 799) | Overall (N = 2294) |
|---|----------------------|------------------------|--------------------|----------------------------|---------------------------|-----------------------|
| Pregnancy O ₃ exposure (ppb) | | | | | | |
| Median (Min, Max) | 42.3 (30.2, 50.6) | 41.6 (30.2, 51.7) | 41.5 (30.2, 50.4) | 38.0 (26.1, 62.9) | 37.2 (24.9, 48.3) | 38.0 (24.9, 62.9) |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 38 (3.0%) | 111 (13.9%) | 149 (6.5%) |
| Pregnancy NO ₂ exposure (ppb) | | | | | | |
| Median (Min, Max) | 18.1 (9.64, 28.6) | 18.2 (8.58, 29.6) | 18.0 (8.71, 30.9) | 25.9 (2.33, 52.5) | 33.3 (11.0, 51.7) | 29.3 (2.33, 52.5) |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 38 (3.0%) | 111 (13.9%) | 149 (6.5%) |
| Pregnancy PM _{2.5} exposure (μg/m ³) | | | | | | |
| Median (Min, Max) | 7.99 (3.01, 13.2) | 8.01 (3.01, 14.2) | 8.40 (3.32, 13.2) | 9.81 (3.31, 18.9) | 13.8 (9.01, 21.3) | 11.5 (3.01, 21.3) |
| Missing | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) | 0 (0%) |

Column denominators are the total N from [Table 1](#) per biospecimen type. Missing is computed across exposures within a biospecimen type.

Hispanic ethnicity. Prenatal exposure to smoking was more prevalent in cord blood (66.2%), placenta (73.6%), and buccal specimens (79.5%) compared to nasal specimens. This is expected, since these three biospecimen types originated from a study that recruited mothers who smoked (VCSIP). Most participant mothers had at least a high school degree (81.3%). Lastly, 19.0% of samples were collected from children born in winter (defined as 20 December through 19 March), 22.0% in the spring (20 March through 19 June), 31.2% in the summer (20 June through 20 September), and 27.9% in the fall (21 September through 19 December).

Prenatal air pollution exposure distributions

As shown in [Table 2](#), the median pregnancy O₃ exposure level was 38.0 ppb, ranging from 24.9 to 62.9 ppb. There were higher median levels of pregnancy O₃ exposure for placenta, cord blood, and buccal than those for nasal mucosa (38.0 ppb; range: 26.1–62.9 ppb) and nasal lavage specimens. The median pregnancy NO₂ exposure was 29.3 ppb across biospecimens, ranging from 2.33 to 52.5 ppb. The median NO₂ exposure levels for placenta, cord blood, and buccal specimens were lower than those for nasal mucosa and lavage specimens. Nasal biospecimens were missing both O₃ and NO₂ data at a rate of 3.0% for mucosa and 13.9% for lavage. Median pregnancy PM_{2.5} levels were slightly lower for placenta, cord blood, and buccal than for nasal mucosa and lavage specimens.

Gene methylation associations with air pollutants

Using the signed association tests, we identified a total of 25 unique genes that were associated with at least one of the pollutants and exposure time periods that we examined in any of the biospecimen types. All but five of these genes (RP11-108P20.2, CTD-2384B11.2, RP5-1028K7.2, AL662890.3, and CITF22-92A6.1) were also identified by the unsigned test. Thus, we focused subsequent analyses, and results reported below, on the unsigned test results. All 25 genes that reached significance for the signed gene association tests, their effect estimates, and P-values are listed in [Supplementary Table S2](#). The effect sizes for each of these 25 gene associations ranged from a 0.19% to 9.98% change in DNA methylation per 1 ppb or μg/m³ of pollution (or a 0.95% to 49.9% change in DNA methylation per 5-unit increase in pollution exposure). For example, as shown in [Supplementary Table S2](#), AHRR showed a 1.90% increase in methylation for each 1 μg/m³ increase in PM_{2.5} exposure among nasal lavage biospecimens. Methylation decreases were also observed—e.g. GLRX showed a percent methylation decrease of 6.58 for each 1 ppb increase in pregnancy O₃ exposure in placenta biospecimens ([Supplementary Table S2](#)).

The unsigned test revealed 154 unique genes (a false discovery rate of <0.05) with methylation associations with at least one air pollutant, exposure window, and biospecimen type. Our quantile–quantile plots and lambda values show reasonable control of potential genomic inflation, with λ_{GC} ranging from 0.98 to 1.08, depending on the specific pollutant and biospecimen examined ([Supplementary Figs S4–S7](#)). All significant unsigned gene associations, their beta coefficient estimates, and P-values for each biospecimen type and each exposure window are shown in [Supplementary Table S3](#).

O₃-associated gene methylation

Among the set of 154 genes associated with any exposure using the unsigned association test, 77 (50%) were associated with O₃ levels ([Fig. 1a](#), [Supplementary Fig. S8](#)), including 8 that were detected in two exposure windows. The greatest number of genes was discovered for third-trimester O₃ exposure (n = 31), followed by the first trimester (n = 26). We also observed differences in the number of genes identified by biospecimen type: 29 for placenta, 19 for cord blood, 17 for nasal mucosa, 8 for nasal lavage, and 6 for buccal. Two genes (HIST1H3PS1 and KIAA1875) were associated with O₃ in more than one biospecimen type ([Supplementary Table S4](#)). Each exposure window showed a different pattern in the number of gene methylation associations detected within a biospecimen type; i.e., there were no biospecimens with consistently higher numbers of genes detected across all exposure windows. For example, the biospecimen with the largest number of gene associations in the first trimester was cord blood (n = 11 genes), the second trimester was nasal mucosal (n = 7), and the third trimester was placenta (n = 18).

NO₂-gene methylation associations

Among the 154 genes associated with any exposure using the unsigned association test, 36 (23%) were associated with NO₂ exposure ([Fig. 1b](#), [Supplementary Fig. S8](#)), including 12 genes detected in more than one exposure window ([Fig. 1b](#)). The greatest number of gene methylation associations with NO₂ were observed in the third trimester (n = 22). The number of associations differed by biospecimen type, with most observations in cord blood (n = 14), followed by buccal (n = 9), placenta (n = 5), nasal lavage (n = 5), and nasal mucosa (n = 3). Two genes (ADCY9 and SERPINB6) were associated with NO₂ in more than one biospecimen type ([Supplementary Table S5](#)). Similar to O₃, we observed differences in the number of associations by biospecimen type across exposure windows ([Fig. 1b](#)).

Venn Diagram intersection numbers are in this order (top to bottom):

Nasal mucosal
Nasal lavage
Cord blood
Placenta
Buccal

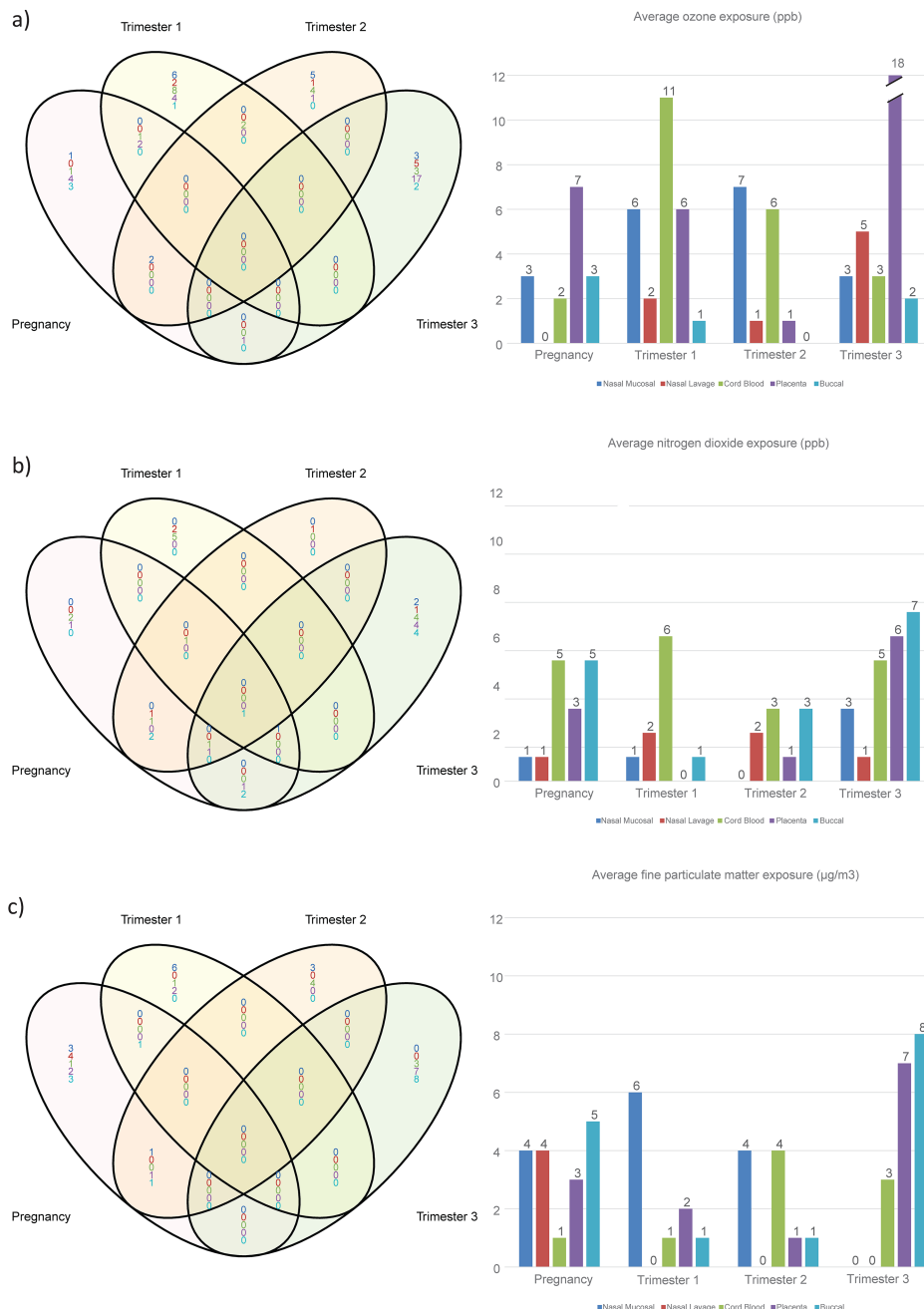


Figure 1. Total number of genes in each exposure window showing significant methylation changes associated with prenatal exposure to (a) O_3 , (b) NO_2 , and (c) $PM_{2.5}$ levels. The right side of each panel shows the number of gene associations with the pollutant in bar plots. Genes in the bar plots are not mutually exclusive across time periods. Patterns in the bar charts denote each biospecimen source. On the left of each panel is a Venn diagram comparing overlap across time periods within a biospecimen type.

$PM_{2.5}$ -associated gene methylation

Among the set of 154 genes associated with any exposure by the unsigned association test, 49 (32%) were associated with $PM_{2.5}$ levels (Fig. 1c, Supplementary Fig. S8), including four genes detected in two exposure windows (Fig. 1c). The third trimester showed the greatest number of associations ($n = 18$) followed closely by pregnancy ($n = 17$). Differences in the number of associations detected differed by biospecimen type, with 13 in buccal, 13 in nasal mucosa, 12 in placenta, 9 in cord blood, and 4 in nasal lavage. Two genes (FBXO17 and RTEL1) were associated with $PM_{2.5}$ in more than one biospecimen type (Supplementary Table S6).

Consistent with O_3 and NO_2 , there were no biospecimens with consistently higher numbers of genes detected across all exposure windows (Fig. 1c).

Comparison of associations across biospecimen types

We were interested in determining which, if any, genes showed pollutant-specific methylation changes across different biospecimen types. For O_3 , the results of the cross-tissue comparison revealed that only 2/77 (2.6%) genes were associated with O_3 exposure in more than one biospecimen type. *HIST1H3PS1* was

associated with first-trimester O_3 exposure levels in both buccal and cord blood specimens, and *KIAA1875* was associated with buccal and cord blood for the third- and first-trimester exposure windows, respectively (Supplementary Table S4).

Of the 36 unique genes identified for NO_2 , 2 (5.5%) were associated in more than one biospecimen type (Supplementary Table S5). One of these genes, *ADCY9*, was associated in the third-trimester exposure window for both placenta and cord blood. *SERPINB6* was associated in pregnancy and all three trimesters in placenta and cord blood samples. *SERPINB6* is particularly notable due to its consistent detection across birth and nasal biospecimen types and across exposure time windows.

Of the 49 genes associated with $PM_{2.5}$, 2 (4.1%) were detected in multiple biospecimen types (Supplementary Table S6). *FBXO17* was associated in cord blood and buccal consistently in the first and second trimesters, and also in pregnancy for buccal specimens. *RTEL1* was associated in the third trimester for both cord blood and placenta.

Comparison of Associations across air pollutants

Overall, 146 (94%) of the genes we identified were specific to one pollutant: 70 genes were associated with O_3 , 31 with NO_2 , and 45 with $PM_{2.5}$ (Supplementary Fig. S8). One gene was associated with both NO_2 and $PM_{2.5}$, four genes with both O_3 and NO_2 , and three genes with both O_3 and $PM_{2.5}$ air pollutant exposures. No genes were associated with all three air pollutants. Genes that were associated with more than one pollutant are reported in Supplementary Table S7.

Placenta association findings

As shown in Fig. 1, a total of 55 genes were identified in placenta: 32 genes for O_3 , 10 for NO_2 , and 13 genes for $PM_{2.5}$ exposures. Of those, only six genes (10.9%) were identified in more than one exposure time interval. This included two genes identified in pregnancy and first-trimester exposure windows for O_3 (*ENO1* and *HPN*); one gene identified in pregnancy and third-trimester exposure windows for O_3 (*GLRX*); one gene in pregnancy, second, and third trimesters for NO_2 (*SERPINB6*); one gene (*C21orf119*) identified in both pregnancy and third trimester for NO_2 ; and one gene (*HIST1H1A*) identified in pregnancy and second trimester for $PM_{2.5}$.

Cord blood association findings

For cord blood, we identified a total of 50 gene associations, including 22 for O_3 , 19 for NO_2 , and 9 for $PM_{2.5}$. Of these, six (12%) were associated in more than one exposure time interval. For O_3 exposure, we detected associations with one gene in both pregnancy and first trimester (*TMEM116*), and two genes (*JARID2* and *KIAA0513*) overlapped pregnancy and second trimester (Fig. 1a, left panel). NO_2 exposure was associated with one gene (*MIR4309* and *EGLN3*) in pregnancy and second trimester; one gene for pregnancy, first, and second trimesters (*PLEKHF1*); and one gene across pregnancy, second, and third trimesters (*SERPINB6*) (Fig. 1b, left panel). No genes were associated with $PM_{2.5}$ in more than a single time window in cord blood specimens (Fig. 1c, left panel).

Buccal association findings

Methylation levels at a total of 37 genes were associated with O_3 ($n=6$), NO_2 ($n=16$), and $PM_{2.5}$ ($n=15$) prenatal exposure levels. Of these, seven genes (18.9%) were associated in more than one exposure window. No genes were associated with O_3 in more than a single time window (Fig. 1a, left panel). Associations with NO_2 exposure levels included one gene (*RP11-59H1.1*) in every exposure window—i.e. pregnancy and all trimesters. Additionally, for NO_2 ,

two genes were associated in pregnancy and second-trimester exposure windows (*RPSAP2* and *ARID5B*), and two genes (*PHF2* and *ARFRP1*) were associated in both pregnancy and third-trimester exposure windows (Fig. 1b, left panel). One gene was associated with $PM_{2.5}$ in pregnancy and first-trimester exposure windows (*GRK4*), and another (*FBXO17*) was associated in both pregnancy and second-trimester exposure windows in buccal specimens (Fig. 1c, left panel).

Nasal lavage association findings

A total of 18 genes showed methylation associations with prenatal air pollution, including eight associations for O_3 , six for NO_2 , and four for $PM_{2.5}$. Figure 1a and c shows that none of the genes associated with O_3 or $PM_{2.5}$ exposure levels were detected in multiple exposure windows. One NO_2 -associated gene (*MXRA8*) was identified in both the second-trimester and pregnancy windows (Fig. 1b, left panel).

Nasal mucosal findings

In nasal mucosal cells, 31 total genes were associated with either O_3 ($n=19$), NO_2 ($n=5$), or $PM_{2.5}$ ($n=14$). Of those, associations were observed across time intervals for four genes (13%). Two genes (*PLEKHA2* and *PRPF38AP1*) were associated with O_3 in pregnancy and the second trimester (Fig. 1a, left panel); one gene (*RERE*) with NO_2 in pregnancy, first, and third trimesters (Fig. 1b, left panel); and one gene with $PM_{2.5}$ (*HIST1H2AK*) in pregnancy and second-trimester exposure windows (Fig. 1c, left panel).

Evaluation of critical months of exposure

We used distributed lag models to determine whether there were specific critical months of exposure associated with DNA methylation patterns. We classified the distributed lag model results into trend types based on the best-fitting model, as determined by the AIC, and the slope for polynomial coefficients of its line of best fit. A conceptual overview of the trend types can be found in Fig. 2.

This analysis revealed 21 gene associations with at least one lagged exposure month in the positive direction, indicating increased risk for changes in DNA methylation, for a given month, in response to a specific pollutant (Table 3). Of these, three were in buccal (Supplementary Fig. S9), three in cord blood (Supplementary Fig. S10), six in nasal mucosa (Supplementary Fig. S11), four in nasal lavage (Supplementary Fig. S12), and five were in placenta tissue (Supplementary Fig. S13; Supplementary Table S8).

Eight of the 21 genes best fit a third-order polynomial distributed lag relationship between air pollutant exposure and methylation levels. As shown in Table 3, two genes (*AL662890.3* and *TNFRSF14*) were classified as trend type A ('negative serpentine') and six genes (*EGLN3*, *MIR4309*, *CCDC88C*, *ADAT3*, *PPP1R1B*, and *VPS45*) were classified as trend type B ('positive serpentine'). These results showed that the associations between monthly air pollution exposure and DNA methylation at these genes vary throughout pregnancy, with two or more periods of increased effect. This may indicate multiple critical windows of exposure at various time periods in pregnancy.

Six genes best fit a nonlinear model, as determined by the AIC. Of these, two genes (*PCSK7* and *SERPINB6*) were classified as trend type C ('downward U-shaped') and four additional genes (*BAIAP2L1*, *GNG7*, *MALT1*, and *MXRA8*) were classified as trend type D ('upward U-shaped'; Table 3). For these genes, the association between monthly air pollution exposure and DNA methylation at the gene was significant at one or two distinct periods. This

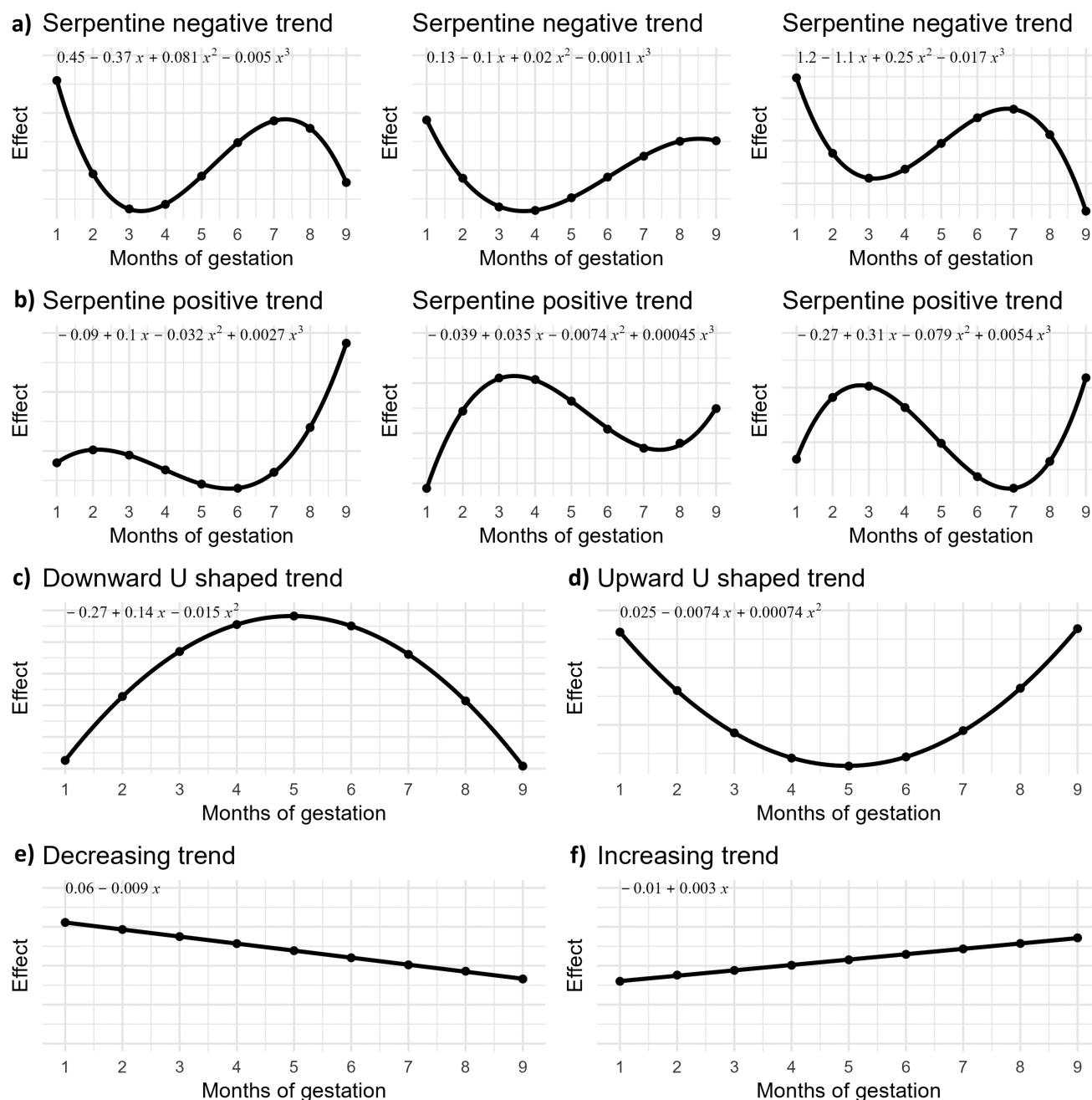


Figure 2. Conceptual overview of how genes were categorized into distributed lag result types. (a) Serpentine trend where the coefficient for the third-order polynomial was negative. (b) Serpentine trend where the coefficient for the third-order polynomial was positive. (c) U-shaped trend where the coefficient for the second-order polynomial was negative. (d) U-shaped trend where the coefficient for the second-order polynomial was positive. (e) Linear trend where the coefficient for the first-order polynomial was negative. (f) Linear trend where the coefficient for the first-order polynomial was positive.

may indicate critical windows of exposure in the middle of pregnancy (downward U-shaped) or at the very beginning and end of pregnancy (upward U-shaped).

Eight genes best fit a linear model as determined by the AIC. Of these, three genes (*SRSF10P1*, *HPN*, and *ZNF184*) were classified as trend type E ('decreasing'), and four genes (*CCNL2*, *RP4-536B24.3*, *RP5-1028K7.2*, and *ENO1*) were classified as trend type F ('increasing'). These trends reflected a gradual increase or decrease in the association between monthly air pollution exposure and DNA methylation at the gene throughout gestation and may indicate additive or decreasing effects of exposure across pregnancy.

Discussion

We conducted one of the largest investigations to date on DNA methylation associations with prenatal exposure to ambient air pollutants in US children. This study examined an enriched set of genes where methylation changes were previously associated with asthma and allergic sensitization and also showed evidence for having functional relevance. Thus, the DNA methylation changes we identified to be associated with air pollutant exposure levels are also directly relevant to functional biological changes and have been previously linked to asthma and allergy outcomes. Unlike prior studies, we focused on regions of the genome given high

Table 3. Trends of air pollution exposure

| Trend | Gene symbols | Interpretation |
|-------|--|--|
| A | AL662890.3 TNFRSF14 | Methylation changes in response to air pollution may start early, but rapidly become more stable. There are fewer methylation changes in midpregnancy. Later in pregnancy, methylation changes may increase rapidly again and taper off leading up to birth. This may indicate 'critical windows' in months where methylation changes are more responsive to air pollution exposure. |
| B | EGLN3 MIR4309 CCDC88C ADAT3 PPP1R1B VPS45 | Methylation changes in response to air pollution may not start immediately but may rapidly increase in the following months. There are relatively fewer methylation changes in midpregnancy. Later in pregnancy, methylation changes may increase rapidly again. This may indicate 'critical windows' in months where methylation changes are more responsive to air pollution exposure. |
| C | PCSK7 SERPINB6 | There are few methylation changes in response to air pollution in the early months and later months. Most changes take place midpregnancy. This may indicate a 'critical window' in midpregnancy where methylation changes are more responsive to air pollution exposure. |
| D | BAIAP2L1 GNG7 MALT1 MXRA8 | Methylation changes in response to air pollution are frequent at the beginning of pregnancy and rapidly become more stable midpregnancy. Changes may rapidly increase again later in pregnancy. This may indicate 'critical windows' in early and late pregnancy where methylation changes are more responsive to air pollution exposure. |
| E | SRSF10P1 HPN ZNF184 | Methylation changes in response to air pollution start at the beginning of pregnancy, but methylation gradually becomes more stable as pregnancy continues. |
| F | CCNL2 RP4-536B24.3 RP5-1028K7.2 ENO1 | Fewer methylation changes in response to air pollution occur at the beginning of pregnancy, but changes gradually increase as pregnancy continues. This could also be indicative of cumulative effects of air pollution on methylation change over pregnancy. |

Linear and nonlinear regression models were fit to the coefficients from the distributed lag model to classify the functional form of the trends. Trends were classified into A: 'Serpentine negative', B: 'Serpentine positive', C: 'Downward U-shaped', D: 'Upward U-shaped', E: 'Decreasing', or F: 'Increasing' based on the directions of slopes of the polynomial coefficients in the best-fitting model, determined by the lowest AIC. 'Increasing' and 'Decreasing' trends were further confirmed by a Mann-Kendall test. [Figure 2](#) contains a conceptual illustration of how the trends were determined for each gene.

priority for contributing to asthma and allergy risk, evaluated critical months of exposure, and compared findings across air pollutant and biospecimen types to identify shared and exposure- and biospecimen-specific effects. We identified 154 genes showing methylation associations with O₃ (n = 77), NO₂ (n = 36), or PM_{2.5} (n = 49). Most of the associations were pollutant-specific (95%) and biospecimen-specific (96%), with a variety of trends in critical windows of exposure. The magnitude of methylation differences varied by air pollutant and tissue type, ranging from ~1% up to 50% for each one- to five-unit increase in exposure. While the specific gene methylation probes we examined here have not been studied in prior air pollutant studies, the magnitudes of effect we observed exceeded or were consistent with those reported in prior studies.

We observed differences in the number of genes showing methylation-exposure associations by trimester, with the largest number of associations in the first and third trimesters. Previous studies have supported both early and late pregnancy critical windows for impacts of O₃ exposure on adverse birth outcomes, including one study [40] that even identified an increased risk of low birth weight and preterm related to O₃ exposure in the final week of pregnancy [41, 42]. Interestingly, some genes associated with O₃ also followed a pattern of abrupt increased risk of methylation change in the last month of gestation in distributed lag models (LZTS2 and CCDC88C). NO₂ exposure late in pregnancy was associated with adverse birth outcomes, but exposure during all of pregnancy has been associated with asthma, allergic outcomes, and child lung function trajectories [4, 6, 7, 42–45]. Particulate matter exposure during the third trimester, in particular, has been associated with a wide range of adverse offspring health outcomes [43, 46]. Overall, our results are consistent with prior literature showing that exposure to air pollutants at critical windows

in early pregnancy, late pregnancy, and all of pregnancy impacts a wide range of child health outcomes (e.g. respiratory, immune, and birth) and provides potential clues into the corresponding biology relevant to these associations. Nasal mucosal and lavage biospecimens followed a pattern of a larger number of pregnancy average or early-to-mid-pregnancy gene associations with fewer third-trimester associations. Distributed lag models further elucidated critical months of exposure associated with DNA methylation at 21 genes, which were observed in each biospecimen type. Most of the associations with these 21 genes were with two or more critical windows during pregnancy, while only a few showed linear effects with either a consistent increase or decrease in exposure effects on methylation with each increasing month of pregnancy. Our results provide insights into the effects of prenatal exposure to ambient air pollutants on child biology and highlight high-priority genes in which DNA methylation may mediate the effects of prenatal air pollutant exposure on health outcomes in offspring.

While most of the associations we identified were pollutant-specific, some were with multiple pollutants. In particular, one gene, SERPINB6, was associated with NO₂ exposure in every trimester for placenta and cord blood, as well as third trimester O₃ for nasal lavage biospecimens, suggesting a biologic target of ambient pollution that is shared across cell types and persistent throughout pregnancy. This gene, which is highly expressed in mast cells [47], is a member of the serpin superfamily, which is critical to regulating airway physiology [48] and has also been linked to pulmonary diseases [49] and inflammatory response regulation, as well as asthma [50–52]. This is a strong candidate for future studies to investigate whether DNA methylation at this locus mediates the risk effects observed with prenatal air pollutant exposure on respiratory health outcomes in offspring.

There were also multiple genes associated with other pairwise combinations of exposures, including O_3 - NO_2 ($n=4$), O_3 - $PM_{2.5}$ ($n=3$), and NO_2 - $PM_{2.5}$ ($n=1$). Given the inverse correlation between NO_2 and O_3 levels, due to atmospheric chemical reactions, it is not surprising that some of the methylation changes are detected for both exposures. The large number of pollutant-specific changes suggests distinct biological impacts of different components of ambient air pollutants.

The age at biospecimen collection varied from birth (placenta and cord blood) through childhood and early adulthood (buccal and nasal). Overall, we observed fewer associated genes in the nasal and buccal biospecimens related to ambient air pollution exposures compared to the birth specimens. It is possible that this reflects differences in the effects of exposure by cell type, that stronger DNA methylation effects are observed with more recent exposure, or that some prenatal exposure effects on methylation do not persist into later childhood. Future longitudinal studies are needed to clarify these possibilities. The first- and second-trimester specificity of the exposure timing and methylation changes in nasal lavage and nasal mucosal swabs, which are primarily composed of immune cells, is particularly intriguing, given that human immune cells undergo development, maturation, and transitions to compartmentalization in organs between pregnancy weeks 4 and 20 [53]. Air pollution exposure during this critical window may shape DNA methylation patterns in immune cells that migrate to the airway and persist into later childhood. Another notable exception is for $PM_{2.5}$ exposure. In particular, $PM_{2.5}$ exposure was associated with a larger number of genes in nasal mucosal and buccal swabs relative to other biospecimen types.

Previous reports identified up to 21 CpGs or genomic regions associated with prenatal O_3 , NO_2 , or $PM_{2.5}$ exposures. From our search of the literature regarding methylation changes associated with prenatal ambient air pollutants, one gene was observed in our study and previous studies in different paediatric population samples. A DMR in *NUDT12*, a gene that was associated with O_3 exposure in placenta tissue in our study, was previously discovered in cord blood and also associated with O_3 exposure [23]. Replication of this gene result in the ECHO program cohorts further supports O_3 associations with methylation changes in *NUDT12* and extends prior results by showing changes in the placenta, another developmentally important tissue. In addition, a DMR annotated to this gene was previously reported in cord blood and associated with lung function measures (FEV_1/FVC) and with the expression of *NUDT12* in childhood [54]. Overall, we were limited in our ability to replicate prior findings in this large independent sample of US children and across biospecimen types due to the different CpG content on the Asthma&Allergy array. Nonetheless, this array allowed us to identify novel DNA methylation associations between specific genes and prenatal ambient air pollution exposure, and overall many more associations than reported previously despite testing a much smaller number of CpGs (~45 000 vs. 450 000 or 800 000 on the 450K or EPIC arrays, respectively). The enrichment of CpGs near genes involved in immune responses on the Asthma&Allergy array may have contributed to this finding. Our results showing pollutant-specific methylation effects are also largely consistent with prior literature and add new insights into critical windows of exposure- and biospecimen-specific and shared methylation changes.

The strengths of this study include our inclusion of a large cohort of children from the USA, ability to assess the effects of prenatal ambient air pollutant exposures on multiple tissue types, exposure windows, and child life stages, ranging from infancy

through adolescence. Furthermore, our focus on CpGs enriched for characteristics reflecting gene-regulatory properties and for regions of the genome relevant to asthma and allergic diseases that are not currently measured on other platforms provides novel biologic insights and potential biologic targets of environmental risks for asthma and allergy, including air pollution, examined here. Despite these strengths, we recognize there are some limitations. First, postnatal air pollutant exposure could influence DNA methylation in nasal lavage and nasal mucosal samples collected in childhood. However, this is unlikely to be a major concern for the following reasons: (i) for postnatal exposure to impact our nasal results, it would have to be highly correlated with prenatal exposure levels, and (ii) strong evidence showing prenatal-specific changes can persist from birth through adulthood and are independent of postnatal exposure has been shown for other exposure domains [55–57]. This is not a concern in the buccal, cord blood, or placenta results because there was no postnatal exposure at the time of collection (birth). This suggests the mode of exposure (i.e. maternal prenatal vs. postnatal) may influence DNA methylation patterns differently. Additionally, this distinguishable pattern of methylation from prenatal exposure may be identifiable later in life. A second limitation is the possible influence of unmeasured confounders in our analyses. For example, we did not have estimates of relative humidity or the temperature at the time of the air pollution measurement across cohorts available to include as covariates and instead opted for a seasonal indicator. Other variables we investigated, like maternal diet, education, income, and insurance, were either mostly or completely missing in several cohort sites, so we could not reasonably impute missing values. The second cycle of data collection in the ECHO program attempts to address these limitations by ensuring cohort sites collect the same set of measures [58]. Also, there are likely environmental and health exposures that alter childhood DNA methylation, which have not yet been investigated in the CpG sites covered by the Asthma&Allergy array. Since pollution exposure is the focus of this study, we did not delve into other environmental exposures. The novel array will bring many opportunities for future investigation. Third, it is possible that a lack of complete adjustment occurred in our analyses. However, we carefully considered our modelling choices to account for confounding without introducing additional bias. One consideration was the downward trend of air pollution exposure levels over time. Long-term temporal differences can be addressed by model adjustments for cohort site because cohorts recruited pregnancies over the course of shorter time windows. We ultimately decided not to include birth year as an additional covariate because adjusting for variables that are predictive of exposures (i.e. air pollution) but not outcomes (i.e. DNA methylation) can induce bias [59], and there is limited evidence to support interannual differences in DNA methylation within shorter time windows that individual cohorts collected data. Other differences across cohort sites, such as DNA extraction methods and years of sample collection, could impact variability in DNA methylation measures. Beyond adjusting for cohort site, we took multiple steps to reduce technical variation. We applied between-sample normalization methods, corrected models for within-array correlations of CpGs, and included latent factors that adjusted for unobserved variation induced by different collection and extraction methodologies, such as cell-type composition differences. Finally, different cohorts provided different specimen sources, which may limit comparability of associations across biospecimen types. To extend our results and enable direct cross-specimen comparisons as well as to assess longitudinal persistence of air pollution-associated methylation changes, future

cohort studies will need to collect multiple biospecimen types from the same participants across multiple life stages.

Consistent with the developmental origins of health and disease hypothesis [60], DNA methylation changes in specific genes, enriched for their relevance to asthma and allergy health outcomes, may be mechanistically involved in prenatal air pollutant exposure effects on offspring health outcomes in a tissue-, exposure window-, and pollutant-specific manner.

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Author contributions

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Supplementary data

Supplementary data is available at *EnvEpig* online.

Conflict of interest. Dr C.L.-A. reports consulting fees from the University of Iowa for providing expertise on autism epigenetics, outside the scope of this work. All other authors have no conflicts to declare.

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Data availability

Select de-identified data from the ECHO Program are available through NICHD's Data and Specimen Hub (DASH). Information on study data not available on DASH, such as some Indigenous datasets, can be found on the ECHO study DASH webpage.

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