BRAIN COMMUNICATIONS

Low frequency novel interictal EEG biomarker for localizing seizures and predicting outcomes

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Localizing hyperexcitable brain tissue to treat focal seizures remains challenging. We want to identify the seizure onset zone from interictal EEG biomarkers. We hypothesize that a combination of interictal EEG biomarkers, including a novel low frequency marker, can predict mesial temporal involvement and can assist in prognosis related to surgical resections. Interictal direct current wide bandwidth invasive EEG recordings from 83 patients implanted with 5111 electrodes were retrospectively studied. Logistic regression was used to classify electrodes and patient outcomes. A feed-forward neural network was implemented to understand putative mechanisms. Interictal infraslow frequency EEG activity was decreased for seizure onset zone electrodes while faster frequencies such as delta (2-4 Hz) and beta-gamma (20-50 Hz) activity were increased. These spectral changes comprised a novel interictal EEG biomarker that was significantly increased for mesial temporal seizure onset zone electrodes compared to non-seizure onset zone electrodes. Interictal EEG biomarkers correctly classified mesial temporal seizure onset zone electrodes with a specificity of 87% and positive predictive value of 80%. These interictal EEG biomarkers also correctly classified patient outcomes after surgical resection with a specificity of 91% and positive predictive value of 87%. Interictal infraslow EEG activity is decreased near the seizure onset zone while higher frequency power is increased, which may suggest distinct underlying physiologic mechanisms. Narrowband interictal EEG power bands provide information about the seizure onset zone and can help predict mesial temporal involvement in seizure onset. Narrowband interictal EEG power bands may be less useful for predictions related to non-mesial temporal electrodes. Together with interictal epileptiform discharges and high-frequency oscillations, these interictal biomarkers may provide prognostic information prior to surgical resection. Computational modelling suggests changes in neural adaptation may be related to the observed low frequency power changes.

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Abbreviations: AUC = area under the curve; DC = direct current; HFOs = high-frequency oscillations; ILAE = International League Against Epilepsy; IQR = interquartile range; ROC = receiver operating characteristics; SOZ = seizure onset zone

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Graphical Abstract



Introduction

Approximately one-third of epilepsy patients are resistant to anti-seizure medications and are candidates for secondline treatments, including surgical resection or neuromodulation. Often it is imperative to precisely localize the epileptogenic zone, the region of brain tissue that generates spontaneous unprovoked seizures. This is typically accomplished by determining the location from which seizures arise, or the seizure onset zone (SOZ), with intracranial EEG monitoring. Appropriately sampling seizures in order to localize the SOZ remains challenging due to the unpredictability of seizures, sparse spatial sampling of EEG and associated morbidities. In addition, the optimal EEG spectral range for mapping the SOZ remains unclear.¹

Improved interictal biomarkers to assist in the localization of the SOZ could decrease patient morbidity and improve outcomes. Prior work on interictal localization of SOZ has focused on interictal epileptiform spikes^{2–4} and high-frequency oscillations (HFOs).^{5–11} Both spikes and HFOs have been associated with hyperexcitable tissue. In contrast to spikes and HFOs, here we focus on lower frequency activity. The appearance of slow-wave EEG shifts is well-described at the onset of focal seizures.^{12–14} However, the role of pathological focal interictal low frequency activity in epileptogenic brain has received less attention.¹⁵ Recent work from eight patients suggested that for SOZ electrodes infraslow activity is decreased relative to fast delta activity, and gamma (30–50 Hz) activity is increased.¹⁶

Single neuron physiology and modelling suggest that activity less than approximately 4 Hz may be related to neural mechanisms controlling excitability.^{17–20} Low frequency EEG activity has been shown to modulate cortical excitability: Low frequency activity modulates interictal epileptiform activity and sleep architecture,^{1,21,22} is related to periods of increased and decreased neuronal activity during sleep,²³ and may be transiently decreased during activation tasks as gamma activity increases.²⁴

Delta activity during sleep is correlated with local synaptic strength,^{25–27} and during wakefulness increased focal delta is often considered a marker of cortical dysfunction.²⁸ Our hypothesis is that interictal EEG slowing can be used as a feature in a statistical model to: (i) classify electrodes as involved in seizure onset or not and (ii) provide prognostic information regarding outcome following surgical resection.

We examine the utility of these interictal biomarkers to localize seizure onset without ictal data. For example, although unilateral mesial temporal lobe epilepsy can be effectively treated with surgical resection,²⁹ a common challenge is to accurately determine whether patients have only unilateral temporal onset seizures. The average time to record the first contralateral seizure in patients with bilateral seizures was approximately 6 weeks,³⁰ longer than typical admissions for invasive monitoring. Patients with bilateral onset seizures can be effectively treated with electrical stimulation.³¹ Here, we find that mesial temporal electrodes can be classified as SOZ electrodes with a high specificity and positive predictive value. Finally, we show that by using the available electrodes for each patient, patient outcome following resective epilepsy surgery can be predicted with high specificity and positive predictive value. Results from a feedforward neural network suggest that infraslow activity is related to in inhibitory neuronal and synaptic mechanisms.

Methods

Data acquisition and processing

This retrospective analysis was approved by the Mayo Clinic Institutional Review Board. As described previously,^{32,33} wide-bandwidth intracranial EEG were acquired on a direct current (DC)-capable (0–5 kHz) Neuralynx (Bozeman, MT) electrophysiology system from standard clinical electrodes during evaluation of patients for epilepsy surgery between October 2005 and February 2014. All patients with DC-coupled invasive EEG recordings (83 patients and 5111 total electrode contacts) were included. 39 patients had contacts in the mesial temporal brain regions. Depth electrode platinum-iridium contacts (n = 485) were 2.3 mm long, 1 mm diameter, and spaced 5 or 10-mm centre-to-centre. Subdural grid and strip contacts (n = 4626) were 4.0 mm diameter (2.3 mm exposed) with 10 mm centre-to-centre distance. Referential data (inverted subgaleal electrode as reference) were chosen from between 1 am and 3 am from the first night following electrode implantation. Data were sampled at 32 kHz, filtered using a Bartlett-Hanning window finite impulse response low-pass filter with 1 kHz cut-off, and downsampled to 5 kHz.

Electrode localization

Three-dimensional coordinates were obtained for all electrode contacts in standard space, as previously described.³² Briefly, using the Freesurfer image analysis suite (http://surfer.nmr.mgh.harvard.edu/, Accessed 12 October 2021) preoperative MRIs were mapped from patient space to the FreeSurfer average pial surface and coregistered with post-operative CT scans. Electrode locations were manually labelled in BioImage Suite 3.34 Using iELVis,³⁵ electrode locations were determined in average FreeSurfer brain space with segmentation labels from the Desikan-Killiany brain atlas.³⁶ Electrode segmentation labels were categorized as follows: mesial temporal lobe included labels for amygdala, hippocampus, entorhinal and para-hippocampal brain regions; non-mesial temporal lobe regions were termed neocortex and included all other grey matter segmented brain regions.

Electrophysiology analysis

1.5-2-h epochs of DC-coupled referential EEG data with inverted subgaleal reference were analysed per patient for EEG power, interictal discharges and HFOs. Candidate SOZ electrodes were determined from the clinical invasive EEG report; SOZ electrodes were determined by a board certified epileptologist (GW) as the earliest EEG change in a clear electrographic seizure. Distance to the SOZ was defined as the Euclidean distance to the nearest SOZ electrode. Non-SOZ electrodes were contacts from which no initial seizure activity was observed. For each patient, baseline seizure frequency prior to admission was determined from retrospective chart review. HFOs were identified as previously reported³² using an automated detector³³ for the full epoch. For analysis of low frequency activity, data were decimated to 250 Hz, and a multi-taper spectrum was computed using Chronux (http://chronux.org/, Accessed 12 October 2021) with time-bandwidth product of 5 and 9 tapers.³⁷ Frequency spectra were filtered with a 0.012 Hz median filter and down sampled by 25-50 to facilitate data analysis.

Similar to previous work,³² interictal spike times and amplitudes were found using an automated detector with standard parameters,³⁸ and HFOs were identified using a high specificity and sensitivity automated detector.³³

Classification

We performed classification for two cases: electrodes and patient outcomes. To assess the ability of biomarkers to classify electrodes, biomarker values were used in a logistic regression model (linear terms only) to generate probability scores for each contact and were compared to electrode labels, i.e. SOZ or non-SOZ. Features for the model included a Novel Marker (median powerband ratio 2-50 Hz/0.02-0.5 Hz), derived from physiological results. Additional features included the rate of interictal discharges per hour, the rate of HFOs, and the patient's baseline seizure frequency. Multicollinearity was evaluated with the variance inflation factor,³⁹ with values <1.6suggesting predictor variables were not closely related to one another. The scores and labels were used to create a receiver operating characteristics (ROC) curve. The area under the curve (AUC) is a performance measure of the classifier that reflects trade-offs between sensitivity and specificity. For a given threshold value, particular values for sensitivity, specificity, positive predictive value and negative predictive value are generated. Electrodes were grouped by patient. To classify electrodes for a given patient, model training did not include electrodes for that patient, i.e. leave-one-patient-out cross validation was performed.

To classify patient outcomes, patients were divided into those with good outcomes (seizure-free or only auras, International League Against Epilepsy (ILAE) outcome scale 1 or 2) and poor outcomes (continued seizures, ILAE outcome scale 3 or greater). To obtain a single feature value for each patient, the standard deviation of all electrode values for a given biomarker was used. In all, three features were used: the Novel Marker, interictal epileptiform discharge rates and the patient's baseline seizure frequency. Logistic regression then classified patient outcome, which was compared to known outcomes. Ten-fold cross-validation was performed across patients.

Statistical analysis

Statistical testing was conducted using the non-parametric Wilcoxon rank sum test for equal medians, with distributions considered to be significantly different when P < 0.05. Boxplots represent the median value, interquartile range (IQR) and $1.5 \times$ IQR with the horizontal line, rectangle and whiskers, respectively. Statistical significance for AUC values is reported via the *P*-value for the Chi-squared test between the logistic regression model and a constant model. 95% confidence intervals (bias corrected and accelerated) were obtained by bootstrapping (1000 to 10000 iterations), which is a widely

accepted statistical resampling technique that relies on random sampling with replacement of the distribution in question to provide a non-parametric and robust confidence interval estimate.⁴⁰

Neural network modelling

Similar to previously,¹⁹ the feed-forward neural network consisted of conductance-based Hodgkin-Huxley neurons and synapses that incorporated facilitation and depression.⁴¹ Three slow adaptation currents were added to the Hodgkin-Huxley neurons as previously¹⁷ with time constants of $\tau = 0.3$, 1 and 6s and conductances of $g_1 = 0.05$, $g_2 = 0.006$ and $g_3 = 0.004$ times the leak conductance, respectively. For synapses, parameters were similar to those fitted to physiologic data⁴¹ and those used previously.¹⁹ Facilitation and depression variables (F, d and D) in the synapses relaxed exponentially to one with time constants of 0.1, 0.7 and 9s for facilitation, fast depression and slow depression, respectively. For facilitation, each input spike increased F by 0.2, and for depression each input spike decreased d and D to new values of 0.4d and 0.975D, respectively. The synaptic conductance amplitude (F d D) for each neuron was then summed and filtered by an exponential with a time constant of 300 ms. Equations were solved numerically using fourth-order Runge-Kutta integration with a fixed time step of 0.05 ms. Spike times were identified as the upward crossing of the voltage trace at $-10 \,\mathrm{mV}$ (resting potential = -65 mV). Input to each neuron of the neural network was zero-mean exponential filtered ($\tau = 1 \text{ ms}$) Gaussian white-noise stimuli with standard deviations of 10 and 16 μ A cm⁻². For the loss of adaption conditions, D = 0, $g_2 = 0$ and $g_3 = 0$.

Data availability

De-identified data are available upon request.

Results

Overnight DC-EEG recordings from between 1 am and 3 am for 83 patients (53 women) were included in this retrospective Institutional Review Board-approved analysis. Forty-five (76%) patients were right-handed, and median age was 40 years (range 5-75 years). Median age of seizure onset was 13 years (range 0-55 years). Prior to implantation the median seizure frequency was 6 seizures per month (range 0.4-360 seizure per month). Of the 83 patients, 61 had post-implant imaging sufficient for electrode localization (Fig. 1). Thirty-nine patients had electrodes located in the mesial temporal head region, and 56 had electrodes in identifiable neocortex. Fortyeight patients (58%) underwent surgical resection. Median follow-up time was 5.4 years (range 0.3-14.5 years), and 31 (65%) patients were free of disabling seizures with either an ILAE Class 1 or Class 2 response. SOZ and



the Desikan–Killiany atlas. Seizure onset zone (SOZ) contacts (n = 512, red dots) and non-SOZ contacts (n = 2758, black dots) are displayed on the pial surface of the atlas.

non-SOZ contacts that were in identifiable grey matter brain regions included: 162 mesial temporal lobe contacts (110 depth contacts), 940 non-mesial temporal lobe contacts (34 depth contacts), 1297 frontal lobe contacts (5 depth contacts) and 578 parietal-occipital lobe contacts (17 depth contacts).

Given our prior results from eight patients,¹⁶ we examined the power spectra of all 5111 electrodes from 83 patients and found that infraslow activity was decreased for SOZ electrodes compared to non-SOZ electrodes (Fig. 1). We used the same powerbands 2–4 Hz and 20–50 Hz. However, here we choose the powerband 0.02–0.5 Hz as 0.02 was the lower limit used in prior work¹ and 0.5 Hz is often considered to be the upper limit of infraslow activity (or lower limit of delta frequency activity); we take advantage of DC-coupled amplifiers that were not used in our prior results.¹⁶ We found that the ratios of powerbands 2–4 Hz to 0.02–0.5 Hz and 20–50 Hz to 0.02–0.5 Hz were significantly increased for SOZ compared to non-SOZ electrodes (Fig. 2C).

Then, we focused on electrodes in the mesial temporal head region and found similar results with decreased infraslow activity relative to beta-gamma activity (Fig. 3). With increasing distance from SOZ electrodes, infraslow power increased relative to 2–4 Hz and 20–50 Hz power (Fig. 3C).

Next, we wanted to see whether these power differences between SOZ and non-SOZ electrodes could help classify electrodes. Specifically, we wanted to know the extent to which interictal data could predict ictal onset in individual electrode contacts. We constructed a straightforward logistic regression classifier based on interictal EEG features: a Novel Marker (powerband ratio 20–50 Hz/0.02–0.5 Hz), interictal epileptiform discharges



Figure 2 SOZ electrodes show broadband increased EEG power above 1 Hz and decreased lower frequency power. (A) Mean EEG power is increased across a broad range of frequencies for SOZ (n = 780) compared to non-SOZ electrodes (n = 4331) from 83 patients. (B) EEG examples showing SOZ (red) and nearby non-SOZ (black) electrodes. (C) For SOZ electrodes, a ratio of fast delta activity (2–4 Hz) to infraslow activity (0.02–0.5 Hz) is increased as well as a ratio of beta-gamma activity (20–50 Hz) to infraslow activity (0.02–0.5 Hz). For smoothing in panel (A), the outlying 1 percentile of powers were removed prior to averaging. Boxplots show the median value (horizontal line), interquartile range (IQR) (rectangle), and 1.5 × IQR (whiskers). Statistical testing was conducted using the non-parametric Wilcoxon rank sum test.



Figure 3 Increased relative fast delta and beta-gamma power from SOZ electrodes is observed in mesial temporal brain regions. (A) Mean EEG power is increased across a broad range of frequencies for SOZ (n = 77) compared to nSOZ electrodes (n = 85) while infraslow activity is decreased. (B) SOZ electrodes show increased fast delta (2–4 Hz) and increased beta-gamma (20–50 Hz) activity compared to infraslow (0.02–0.5 Hz) activity. (C) These ratios decrease with distance away from the SOZ. Error bars are bootstrapped 95% confidence intervals. Statistical testing was conducted using the non-parametric Wilcoxon rank sum test.

and HFOs. Using all mesial temporal electrodes (n = 163) (Fig. 4A), results of the classifier are shown for the three features separately as well as with all three features together (Fig. 4B). Spikes, HFOs and the Novel Marker all perform similarly alone but show improved results when combined, which suggests that each contributes distinct information to the classifier; higher AUC values reflect improved overall performance (P < 0.001 for each value). There is a trade-off between sensitivity and specificity such that as the decision threshold increases specificity increases and sensitivity decreases (Fig. 4C); a threshold of 0.5 yielded a sensitivity of 72% and specificity of 86%.

To emphasize increased specificity, we chose a threshold of 0.6. Classifier results are shown for five individual example patients (Fig. 4D). The classifier is not trained using data from the patient for whom results are shown, i.e. leave-one-patient-out cross validation was performed. Thus, these examples suggest real-world performance for a similar patient cohort. The specificity and positive predictive value of this classifier suggest high per patient accuracy. The classifier correctly lateralized the SOZ (i.e. left, right, bilateral or neither) in 89% (95% confidence intervals are 79 and 95%) of patients using interictal data. Accuracy dropped from 89% to 77% (95% confidence intervals are 66 and 85%) when the Novel Marker was excluded. Overall, specificity was 87% and positive predictive value was 80% for individual contacts.

We used a similar classifier to predict whether electrodes were involved in the SOZ for all neocortical electrodes (Fig. 5). The high prevalence of non-SOZ electrodes compared to SOZ electrodes led to a high negative predictive value for this classifier with overall lower performance than for mesial temporal structures. For threshold 0.15 with leave-one-patient-out cross-validation, sensitivity



Figure 4 Classifying electrodes as SOZ or non-SOZ in the mesial temporal lobe. (**A**) 77 SOZ (red) and 85 non-SOZ (black) electrodes from 39 patients are displayed from the left (upper) and right (lower) mesial temporal brain regions. (**B**) Receiver operating characteristic (ROC) curve showing logistic regression classification for four models with features based on the novel marker, high-frequency oscillations (HFOs), and interictal epileptiform spikes. Increased area under the curve (AUC) reflects improved classification (*P* < 0.001 for all AUC values; Chi-squared statistics are 47, 19, 37 and 55, respectively). False positive rate equals one minus the specificity. True positive rate is equal to the sensitivity. (**C**) Sensitivity and specificity for varying threshold levels when all features are used for classification. (**D**) Predicted SOZ electrodes shown for example patients with threshold 0.6. Data for the tested patient is excluded from the training data, i.e. leave-one-patient-out cross-validation. (**E**) Predicted and Actual results for all 39 patients show sensitivity of 58%, specificity 87%, positive predictive value 80%, negative predictive value 70% and correct laterality 89% (i.e. left, right, bilateral or neither). Error bars are bootstrapped 95% confidence intervals.



Figure 5 Classifying neocortical electrodes as SOZ or non-SOZ. (**A**) 378 SOZ and 2437 non-SOZ electrodes were classified using logistic regression classification for four models with features based on the novel marker, high-frequency oscillations (HFOs), and interictal epileptiform spikes. Increased Area Under the Curve (AUC) reflects improved classification (P < 0.005 for all AUC values; Chi-squared statistics are 11, 33, 55 and 75, respectively). (**B**) Sensitivity and specificity for varying threshold levels when all features are used for classification. (**C**) Predicted and Actual results (threshold 0.15) show sensitivity of 36%, specificity 79%, positive predictive value 21%, and negative predictive value 89%. Error bars are bootstrapped 95% confidence intervals. Data for the tested patients is excluded from the training data, i.e. leave-one-patient-out cross-validation.

was 36% and specificity was 79% with negative predictive value of 89% and positive predictive value of 21%. In other words, although the classifier missed many SOZ electrodes, the prediction that an electrode was non-SOZ was 89% correct. Classification for extra-temporal electrodes (SOZ = 235; non-SOZ = 1640) yielded similar results with 31% sensitivity, 79% specificity, 89% negative predictive value and 17% positive predictive value. These results suggest increased performance and utility for this biomarker when applied to the mesial temporal lobe brain regions.

Given the overall promising classifier performance for SOZ electrodes, we wondered whether these interictal

EEG markers could classify patients by outcome following surgical resection. Patients were divided into those with good outcomes (seizure-free or only auras, ILAE outcome scale 1 or 2) and poor outcomes (continued seizures, ILAE outcome scale 3 or greater). For each patient, the standard deviation of the Novel Marker values and the standard deviation of interictal spike rates across electrodes was used. Patients with a good outcome had a greater variance of these interictal biomarkers across electrodes compared to poor outcome patients (Fig. 6A). This may result from a more optimal electrode coverage or more distinct spatial borders for good outcome



Figure 6 Classifying 48 patients as good (ILAE Outcome scale 1 or 2) or poor (ILAE >2) outcomes. (A) Sensitivity and specificity for varying threshold levels. Linear logistic regression classified patients using three features: the novel marker, spike amplitudes and reported baseline seizure frequency. The standard deviation of spikes and delta power across electrodes for a given patient was increased for patients with good versus poor outcomes. (B) Prediction (correct and incorrect) of patient outcome demonstrated for two features. (C) Predicted and actual results (threshold 0.7) show sensitivity of 52%, specificity 91%, positive predictive value 87%, and negative predictive value 64%. Error bars are bootstrapped 95% confidence intervals. Results are for 10-fold cross-validation.

patients that lead to greater differences between SOZ and non-SOZ brain regions. These two features are plotted against one another showing high specificity for good outcome patients (Fig. 6B). Results from 10-fold crossvalidation show that a predicted good outcome is rarely wrong (Fig. 6C), with a positive predictive value of 87%. Thus, although good outcome patients were not always detected, if the model predicted a good outcome that prediction was likely correct. The addition of HFOs as a feature did not improve performance (sensitivity was the same and specificity was decreased to 87% from 91%). To compare results with those that would be predicted using existing interictal biomarkers, we predicted patient outcomes using the rate of interictal epileptiform discharges and rate of HFOs. Using the same logistic regression model, results showed a sensitivity of 36%, specificity of 87%, positive predictive value of 75% and negative predictive value of 56%. These measures are reduced compared to those of the model using the novel biomarker presented above.

Finally, we wanted to gain further insight into the possible mechanisms underlying the decreased infraslow and increased fast activity for SOZ electrodes. We constructed a feed-forward neural network of 100 conductance-based neurons (Fig. 7A). Each neuron included multiple timescale rate adaptation.¹⁷ Neuron outputs were filtered by a



Figure 7 Neural network with loss of adaptation shows similar power spectra to SOZ electrodes. (A) Feed-forward neural network includes conductance-based neurons with multiple timescale adaptation and synapse with two timescales of synaptic depression. (B) Distributions of interspike intervals. (C) Summed time-series of membrane voltage following synaptic filtering. (D) Power spectra show increased high frequency power and decreased low frequency power compared to baseline.

synapse with facilitation and two timescales of depression, consistent with physiologic data and prior modelling.⁴¹ The stimulus for this network was exponential-filtered Gaussian white noise with low and high standard deviations to simulate baseline and high firing rate conditions (Fig. 7B and C). With the baseline stimulus, the simulated EEG power is similar to non-SOZ electrodes (Fig. 7D, black line). With the high firing rate stimulus and loss of adaptation (reduced rate adaptation and reduced synaptic depression), infraslow activity is decreased while fast activity is increased relative to baseline (Fig. 7D, red line). This signature may represent reduced or suboptimal adaptation in the face of increased inputs, as could be the case near the SOZ. These results suggest one plausible explanation for the observed power spectra results of Figs 2A and 3A, that changes in neural adaptation may be related to low frequency spectral changes.

Discussion

We show that interictal EEG biomarkers including a novel marker comprised of a ratio of infraslow activity and faster EEG frequencies can predict SOZs and patient outcomes. The novel marker is based on the observation that infraslow activity (0.02–0.5 Hz) is decreased near the SOZ and faster frequencies (2–50 Hz) are increased. A neural network with decreased long-timescale adaptation

shows decreased infraslow activity. These findings support the hypothesis that distinct physiologic processes underlie infraslow activity. In general, a power-based interictal marker such as the novel marker offers distinct advantages in terms of detection and computation compared interictal spike rates and HFOs. Combined with interictal spike rates and HFOs, these novel interictal features appear related to cortical excitability and offer predictive power related to SOZ localization and patient outcomes following resection.

Interictal low frequency activity

There remains a need for interictal biomarkers of brain hyperexcitability.⁴² In clinical practice, the epileptogenic zone is approximated by recording multiple seizures to estimate the SOZ. However, recording enough seizures to properly estimate the SOZ is often difficult and associated with increased time, expense, and patient morbidity. Interest in high-frequency EEG phenomena such as HFOs has been driven in large part by the desire for a better interictal biomarker of hyperexcitability.⁴³ Previous work suggests that increased rates of gamma range HFOs^{5,6} and increased interictal epileptiform spike rates^{2,3,44,45} are associated with SOZs or hyperexcitable brain regions. Relatively less attention has been paid to lower frequency activity despite evidence that it modulates higher frequency activity,¹ can be coupled to HFOs,⁴⁶ and is related to neural mechanisms that modulate excitability.^{18,20,23}

We recently examined interictal data (recorded without DC-coupled amplifiers) from eight drug-resistant epilepsy patients with extensive subdural grid electrode coverage and found that 0.3–1 Hz activity was decreased near the SOZ relative to higher frequency activity.¹⁶ This decreased activity was most evident during the sleep state but was also seen during the postictal state and wakefulness. 0.02–0.2 Hz activity modulates interictal epileptiform spikes.¹ During sleep, an increase in interictal 1–4 Hz activity was seen in scalp EEG near the SOZ²⁵ and has been localized to the likely epileptogenic zone using source imaging.⁴⁷

Underlying mechanisms

Delta activity has been associated with increased excitability. During sleep, increased delta activity appears to be a signature of hyperexcitable cortex, associated with seizures and interictal spikes.²⁵ According to the synaptic homeostatic hypothesis,²⁶ increased neuronal activity requires increased synaptic renormalization, which then leads to increased delta activity during sleep. Delta activity has been associated with thalamocortical inputs, in contrast to activity less than 1 Hz that persisted without thalamic input.²³

Activity less than 1 Hz has been associated with modulation of cortical excitability, such as during sleep when there are alternating periods of excitation termed 'up' and 'down' states.^{1,23,48,49} One mechanism implicated in the determination of this slow oscillation frequency and the cessation of the 'up' states⁵⁰ is related to activity-dependent potassium conductances; this single neuron mechanism regulates action potential firing via firing rate adaptation.⁵¹ A balance between the activity of these channels and incoming inhibition affected the slow oscillation frequency in brain slices.²⁰ Firing rate adaptation and synaptic depression^{52,53} are important for gain control, especially for activity with lower frequencies. These same mechanisms are modulated by many antiepileptic medications including those affecting sodium⁵⁴ or potassium channels.⁵² These results highlight the importance of firing rate adaptation and synaptic depression for controlling excitability.

Infraslow activity may be related to fractional differentiation, a form of multiple timescale feedback inhibition.^{17–19} Fractional differentiation results from a balanced form of inhibition in which a wide range of timescales are treated in a scale invariant manner. Thus, changes in infraslow activity may be associated with hyperexcitability.

Gamma oscillations have been associated with GABArelated networks, interneurons, inhibition and pre-ictal activity.⁵⁵ Interictal epileptiform spikes that were preceded by gamma oscillations were found to have a high association with the SOZ.⁵⁶ Here, we measure power in the 20–50 Hz frequency range and not necessarily gamma oscillations. The increase in gamma power seen in the SOZ may reflect increased neural activity over a wide range of frequencies.⁵⁷ HFOs have been postulated to reflect epileptogenic brain,⁵ although perhaps not on an individual patient level.⁶

The reason for the relative decrease of infraslow activity in the SOZ electrodes remains unclear. Results from the neural network model suggest that decreased infraslow power may be related to changes in action potential rate adaptation and synaptic depression in the setting of increased neural firing rates. The input to this neural network model is filtered white nose. Increased standard deviation of filtered white noise input has been taken to approximate the effects of increased input synchrony,⁵⁸ as might be expected near the SOZ. When properly balanced, adaptation mechanisms yield scale invariant power law dynamics consistent with fractional differentiation¹⁷ that may alter slow oscillations.¹⁸ Thus, decreased infraslow activity could be related to a relative loss of inhibition.

Predicting SOZs

Localizing seizures remains challenging for patients with medication-resistant focal seizures. Patients are often admitted to the hospital for a week or more in order to record seizures for presurgical evaluation.⁵⁹ Interictal biomarkers predicting, for example, laterality of involvement of mesial temporal lobes would be especially helpful. We showed that a combination of interictal biomarkers including the novel marker, spike rate, and HFO rate correctly predicted whether the left, right, both or neither temporal lobes were involved for almost 90% of patients. The utility of the novel marker for predicting SOZs appears to be most promising for mesial temporal head regions.

Quantification of HFOs has been the focus of a recently reported prospective trial where patient level predications were not helpful.⁶ Classification by HFO rates has yielded an AUC of 0.61,60 while Support Vector Machine classification using multiple HFO features from single channels yielded an AUC of 0.65. Here, the novel marker compares favourably with an AUC of 0.75 for mesial temporal lobe electrodes, compared to 0.67 for HFOs (Fig. 4B). More sophisticated machine learning approaches with larger numbers of features can improve results.⁷ Here, we focused on a straightforward approach using logistic regression and a minimal number of features. In general, the Novel Marker seems to confer comparable but distinct diagnostic information as other markers. This physiology-based biomarker may be most useful in combination with other biomarkers, as has also been suggested for HFOs and interictal spikes.⁶¹

Ideally, one wants to know the epileptogenic zone rather than the SOZ. Therefore, one may question the utility of predicting the SOZ. Nonetheless, defining the SOZ remains standard-of-care clinically. Thus, predicting the SOZ is of practical clinical benefit and, at least partially, overlaps with the epileptogenic zone. In terms of classification, the SOZ is well-defined, in contrast to the epileptogenic zone. Even when accounting for patient outcomes to predict the epileptogenic zone, unknown details of resection size and resection boundaries in relation to the epileptogenic zone make it difficult to define as a concrete clinical tool.

Predicting patient outcomes

One of the primary challenges in treating patients with irreversible therapeutic approaches such as surgical resection is determining on an individual patient level who may benefit. For this reason, additional information that may help determine whether benefits outweigh risks would improve patient care. The described interictal model has a high positive predictive value, which would indicate patients most likely to benefit from irreversible treatments. The ability of interictal markers to predict patient outcomes suggests that patient-level characteristics of the EEG differ between patient groups. Here, results suggest the variance of interictal biomarkers is increased when a single SOZ is well-covered and bounded by non-SOZ electrodes. However, we did not account for differing numbers of electrodes between patients, which could affect standard deviation measures. We also note that 42% of patients did not undergo resective surgery following invasive monitoring, similar to other data.⁶²

Limitations

Multiple factors may limit the predictive potential of low frequency activity. There is not necessarily a clear divide between different frequency bands. Multiple processes likely contribute to low frequency activity. Interictal epileptiform activity likely contributes to observed power changes, as the shape and frequency of spikes change near the SOZ. Interictal epileptiform activity contains a wide range of frequencies, including delta and beta activity, which affects multiple frequency bands. Although these data come from 1 to 3 am in early morning, sleep was not staged due to the absence of scalp data. It is likely that for at least some epochs patients were awakened for clinical care. Finally, neocortical data were typically recorded with subdural electrodes, whereas depth electrodes are now more commonly used; mesial temporal activity was primarily recorded with depth electrodes.

Conclusions

Interictal low frequency activity differs near hyperexcitable cortex and may reflect distinct underlying physiological processes related to cortical excitability. Continued work is needed to explore the utility of interictal biomarkers and low frequency activity for predicting cortical hyperexcitability and patient outcomes.

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Competing interests

B.N.L., B.B. and G.W. are named inventors for intellectual property developed at Mayo Clinic and licensed to Cadence Neuroscience Inc. B.N.L. has waived contractual rights to royalties. G.W. has licensed intellectual property developed at Mayo Clinic to NeuroOne, Inc. G.W. and B.N.L. are investigators for the Medtronic Deep Brain Stimulation Therapy for Epilepsy Post-Approval Study (EPAS). B.N.L., B.B. and G.W. are investigators for Mayo Clinic and Medtronic NIH Public Private Partnership (UH3-NS95495). G.W. assisted in a Mayo Clinic Medtronic sponsored FDA-IDE for the investigational Medtronic Activa PC+S device.

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