

## Letter to the Editor

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#### Correspondence to

Mirela Curin, PhD

Division of Immunopathology, Department of Pathophysiology and Allergy Research, Center for Pathophysiology, Infectiology and Immunology, Medical University of Vienna, Waehringer Guertel 18-20, 1090 Vienna, Austria.

Tel: +43-1-40400-51090

Fax: +43-1-40400-51300

E-mail: mirela.curin@meduniwien.ac.at

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#### **ORCID** iDs

Antonina V. Karsonova https://orcid.org/0000-0002-8697-9816 Ksenja A. Riabova https://orcid.org/0000-0003-0520-0936 Musa R. Khaitov https://orcid.org/0000-0003-4961-9640 Olga G. Elisyutina https://orcid.org/0000-0002-4609-2591 Nataliya Ilina https://orcid.org/0000-0002-3556-969X Elena S. Fedenko https://orcid.org/0000-0003-3358-5087

# Milk-Specific IgE Reactivity Without Symptoms in Albumin-Sensitized Cat Allergic Patients

Antonina V. Karsonova (),<sup>1</sup> Ksenja A. Riabova (),<sup>1</sup> Musa R. Khaitov (),<sup>2</sup> Olga G. Elisyutina (),<sup>2</sup> Nataliya Ilina (),<sup>2</sup> Elena S. Fedenko (),<sup>2</sup> Daria S. Fomina (),<sup>1,3</sup> Evgeny Beltyukov (),<sup>4</sup> Natalya L. Bondarenko (),<sup>1</sup> Irina V. Evsegneeva (),<sup>1</sup> Polina A. Glazkova (),<sup>5</sup> Dmitry Yu. Semenov (),<sup>5</sup> Marianne van Hage (),<sup>6</sup> Hans Grönlund (),<sup>7</sup> Alexander V. Karaulov (),<sup>1</sup> Rudolf Valenta (),<sup>12,8,9</sup> Mirela Curin () <sup>8\*</sup>

<sup>1</sup>Department of Clinical Immunology and Allergology, Laboratory of Immunopathology, Sechenov Fist Moscow State Medical University, Moscow, Russian Federation

<sup>2</sup>National Research Center - Institute of Immunology FMBA of Russia, Moscow, Russian Federation <sup>3</sup>Clinical City Hospital #52 Moscow City Centre of Allergology and Immunulogy, Moscow, Russian Federation

<sup>4</sup>Ural State Medical University, Yekaterinburg, Russian Federation

<sup>5</sup>Moscow Regional Research and Clinical Institute ("MONIKI"), Moscow, Russian Federation <sup>6</sup>Division of Immunology and Allergy, Department of Medicine Solna, Karolinska Institutet and Karolinska University Hospital, Stockholm, Sweden

<sup>7</sup>Department of Clinical Neuroscience, Therapeutic Immune Design Unit, Karolinska Institutet, Stockholm, Sweden

<sup>8</sup>Division of Immunopathology, Department of Pathophysiology and Allergy Research, Center for Pathophysiology, Infectiology and Immunology, Medical University of Vienna, Vienna, Austria <sup>9</sup>Karl Landsteiner University for Health Sciences, Krems, Austria

To the Editor,

Serum albumin (Fel d 2) is a cross-reactive animal dander allergen, which can be found in animal-derived foods such as meat and milk.<sup>1</sup> In a population study conducted in Moscow, Russia, we noted that milk albumin, Bos d 6, was more frequently recognized than the major milk allergens caseins, lactalbumin and lactoglobulin.<sup>2-4</sup>

We hypothesized that immunoglobulin E (IgE) sensitization to Bos d 6 could be attributed to original IgE-sensitization to cat dander via the respiratory tract and may be caused by IgE cross-reactivity between Fel d 2 and Bos d 6. Therefore, we studied a cohort of 85 patients with clinically documented allergy to cat. Using a panel of purified cat allergen molecules (**Supplementary Data S1**), we identified 15 patients who showed specific IgE reactivity (0.45–100 kU<sub>A</sub>/L) to cat albumin, Fel d 2 as tested by quantitative IgE ImmunoCAP (**Supplementary Table S1**, patients 1–15). These patients suffered from various symptoms of allergy upon contact with a cat; however, each of them regularly consumed cow's milk and albumin-containing food, such as pork and beef, without experiencing any allergic symptoms. Further testing of these 15 Fel d 2-positive patients' sera showed that 7 out of the 15 patients showed IgE reactivity > 0.1 kU<sub>A</sub>/L to Bos d 6, 9 displayed IgE reactivity to cow's milk allergen extract and 5 were even positive to fx5, the mix of food allergen extracts including cow's milk in ImmunoCAP (**Supplementary Table S1**).

Interestingly, IgE levels were always higher to Fel d 2 than to Bos d 6, suggesting that respiratory sensitization to Fel d 2 may have induced IgE antibodies in these patients which cross-reacted with Bos d 6.

#### IgE Cross-Reactivity With Animal Serum Albumin



Daria S. Fomina 匝 https://orcid.org/0000-0002-5083-6637 Evgeny Beltyukov 厄 https://orcid.org/0000-0003-2485-2243 Natalya L. Bondarenko 厄 https://orcid.org/0000-0002-1418-2517 Irina V. Evsegneeva 🕩 https://orcid.org/0000-0002-6624-1363 Polina A. Glazkova 🕩 https://orcid.org/0000-0002-8830-7503 Dmitry Yu. Semenov 🕩 https://orcid.org/0000-0003-2845-1703 Marianne van Hage 厄 https://orcid.org/0000-0003-3091-1596 Hans Grönlund 问 https://orcid.org/0000-0003-4882-7624 Alexander V. Karaulov 问 https://orcid.org/0000-0002-1930-5424 Rudolf Valenta 🕩 https://orcid.org/0000-0001-5944-3365 Mirela Curin 问 https://orcid.org/0000-0003-2575-4127

#### Disclosure

There are no financial or other issues that might lead to conflict of interest.

To investigate this, we performed a series of ELISA IgE inhibition experiments with sera from additional cat-allergic patients who were Fel d 2-sensitzed according to ELISA testing and from whom we had sufficient volumes of serum available (**Supplementary Table S1**, patients 16–19).<sup>5</sup> Also, these patients regularly consumed cow's milk and meat without showing any allergic symptoms.

Pre-incubation of these sera with Fel d 2 inhibited IgE binding to BSA in the range of 44%– 84% (**Figure**, left panels), whereas pre-incubation of sera with BSA had almost no effect on IgE binding to Fel d 2 with inhibitions rates of 3%–12% (**Figure**, right panels). BSA inhibited IgE binding to BSA (25%–75%) (**Figure**, left panels), while Fel d 2 inhibited IgE-binding to Fel d 2 almost completely (83%–93%) (**Figure**, right panels). Pre-incubation of sera with the unrelated control allergen, Alt a 1, had no effects on IgE binding to Fel d 2 and BSA giving similar OD values as buffer alone (**Figure**, Alt a 1 columns). As in the ImmunoCAP measurements, we noted that, in the ELISA experiments, the IgE levels specific for BSA (**Figure**, left panels, OD values Alt a 1) were much lower than those specific for Fel d 2 (right panels, OD values Alt a 1), corroborating that Fel d 2, but not Bos d 6, was the originally sensitizing allergen.

A previous study by Vicente-Serrano *et al.*<sup>6</sup> reported a group of patients who were sensitized first to milk and then showed cross-reactivity with dander-derived albumin without direct contact with animals. However, our findings are different from their results because we describe patients with first sensitization to cat albumin and subsequent cross-reactivity with milk, without milk-related clinical symptoms. In summary, cross-reactivity between Fel d 2 and Bos d 6 may give false positive IgE test results for albumin-sensitized cat allergic patients when cow's milk allergen extracts are used to determine allergen-specific IgE and insinuate IgE sensitization to cow's milk. Since a considerable proportion of the world population suffers from clinical symptoms caused by non-IgE-mediated cow's milk intolerance (10%–100%),<sup>7</sup> our finding is clinically relevant and should be considered in the serological detection of IgE sensitization to cow's milk.<sup>8</sup> According to birth cohort studies,<sup>9</sup> almost 7% of the population in Sweden is sensitized to Fel d 2 and at the same time approximately 30% will suffer from adverse reactions to milk due to lactose intolerance<sup>7</sup> making the differential diagnosis a relevant clinical problem.



**Figure.** IgE cross-reactivity between Fel d 2 and Bos d 6 (BSA). IgE binding (*y*-axes: OD values corresponding to bound IgE) of cat allergic patients (#16, 17, 18, and 19) to BSA (left panels) or Fel d 2 (right panels) are shown after pre-incubation of sera with an unrelated control allergen (Alt a 1), Fel d 2 or BSA (x-axes). ODs are displayed as means ± standard deviation of duplicates. Percentages of the inhibition of IgE binding are indicated on the tops of the bars. OD, optical density; IgE, immunoglobulin E.



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# SUPPLEMENTARY MATERIALS

### **Supplementary Data S1**

Supplementary methods

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## **Supplementary Table S1**

Demographic, clinical and immunological characterization of Fel d 2-positive cat allergic patients

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