

1 **Constitutive activity of an atypical chemokine receptor revealed by**
2 **inverse agonistic nanobodies**

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26 **Abstract**

27 Chemokine stimulation of atypical chemokine receptor 3 (ACKR3) does not activate G proteins
28 but recruits arrestins. It is a chemokine scavenger that indirectly influences responses by
29 restricting the availability of CXCL12, an agonist shared with the canonical receptor CXCR4.
30 ACKR3 is upregulated in numerous disorders. Due to limited insights in chemokine-activated
31 ACKR3 signaling, it is unclear how ACKR3 contributes to pathological phenotypes. One
32 explanation may be that high constitutive activity of ACKR3 drives non-canonical signaling
33 through a basal receptor state. Here we characterize the constitutive action of ACKR3 using
34 novel inverse agonistic nanobodies to suppress basal activity. These new tools promote an
35 inactive receptor conformation which decreased arrestin engagement and inhibited
36 constitutive internalization. Basal, non-chemotactic, breast cancer cell motility was also
37 suppressed, suggesting a role for ACKR3 in this process. The basal receptor activity in
38 pathophysiology may provide a new therapeutic approach for targeting ACKR3.

39 Introduction

40 Atypical Chemokine Receptor 3 (ACKR3, formerly CXCR7) is a β -arrestin-biased
41 chemokine receptor¹ that lacks detectable G protein activation in most cell types (with the
42 exception of primary rodent astrocytes and human glioma cells)¹⁻³. Activation of the receptor
43 leads to phosphorylation of C-terminal serine and threonine residues by GPCR kinases
44 (GRKs)⁴⁻⁷. These modifications are critical for coordinating arrestin coupling. ACKR3 is best
45 described as a scavenger, where its primary function is to regulate the extracellular
46 concentrations of ligands and restrict the ligand availability for canonical receptor activation.
47 The receptor shares chemokine ligands with both CXCR4 (CXCL12) and CXCR3 (CXCL11),
48 both of which drive cell migration along chemokine gradients. Scavenging by ACKR3 therefore
49 indirectly supports chemotaxis by generating directional information and preventing
50 overstimulation and desensitization of CXCR4 or CXCR3. This regulatory activity is dependent
51 on GRK phosphorylation, but not arrestin engagement^{4,6}, suggesting the receptor might better
52 be regarded as a GRK-biased receptor⁵. Besides chemokines, ACKR3 is activated by opioid
53 peptides (BAM22, enkephalins, and dynorphins)^{8,9} and pro-adrenomedullin derivatives
54 (adrenomedullin and PAMP-12)^{10,11}. The wide range of natural ligands binding ACKR3
55 suggests a flexible binding pocket and a promiscuous receptor¹². ACKR3 is involved in many
56 physiological functions¹³ as well as in a plethora of pathophysiological processes, including
57 inflammatory¹⁴, autoimmune¹⁵, and neurodegenerative diseases¹⁶ in addition to different types
58 of cancer¹⁷. ACKR3 overexpression is associated with neurodegeneration in the central
59 nervous system and poor cancer prognosis, while it provides a cardioprotective role in
60 cardiovascular diseases¹⁸.

61 GPCR signaling plays an important role in controlling various cancer hallmarks¹⁹. The
62 CXCL12-CXCR4-ACKR3 axis contributors are key to cancer cell migration, survival, and
63 proliferation^{20,21}. Enhanced ACKR3 expression in numerous cancer types (e.g. glioma, lung,
64 breast, colorectal, lymphoma), has been associated with the shaping of CXCL12 gradients,
65 by internalizing with the chemokine and recycling the receptor back to the plasma

66 membrane²². Through this mechanism, ACKR3 appears pivotal for tumorigenesis,
67 angiogenesis, cell adhesion, and tumor growth²³⁻²⁷. Despite ACKR3's evident role in cancer
68 development, the specific downstream signaling pathways modulated by this receptor are still
69 unclear. Numerous studies have suggested that CXCL12-stimulated ACKR3 signals via β -
70 arrestin-dependent pathways activating ERK and AKT^{1,28-30}. However, recent reports indicate
71 that these may be ascribed to background CXCR4 signaling by G proteins^{5,31}.

72 In addition to chemokine-induced responses, ACKR3 displays considerable
73 constitutive activity in the apo (empty) receptor state. The receptor readily interacts with
74 arrestin in the absence of stimulation, both in cells¹² and detergent purified form³². Without a
75 ligand bound, ACKR3 flexibly interconverts between active and inactive conformation³³, which
76 leads to basal phosphorylation by GRKs that coordinates arrestin binding⁴. Additionally, the
77 receptor constitutively internalizes by mechanisms independent of C-terminal
78 phosphorylation^{4,5}. This internalization contributes to scavenging, but is unable to dynamically
79 respond to large fluxes in chemokine concentration³⁴. This high level of constitutive activity
80 may explain difficulties in antagonizing the receptor, as only a handful of inhibitors have been
81 described^{32,33,35,36}. It is unknown whether the constitutive activity of ACKR3 contributes to other
82 cellular processes and if these deviate from chemokine-induced responses. Different signaling
83 states for constitutive and agonist-stimulated activation have been observed for a virally-
84 encoded chemokine receptor, US28³⁷. Uncharacterized signaling by the apo-receptor may
85 play an unappreciated role in ACKR3 physiology and pathophysiology.

86 In order to resolve the constitutive mechanisms of ACKR3 function, we developed new
87 nanobody-based inhibitors to suppress basal activation of the atypical receptor. Nanobodies,
88 also known as single-domain antibodies or VHHs, are the variable domains from heavy chain-
89 only antibodies found in the Camelidae family. Nanobodies display high affinity and specificity
90 for their target and tend to interact with non-linear, 3-dimensional epitopes. These features
91 make them ideal molecules for targeting and stabilizing GPCRs in specific conformational
92 states³⁸⁻⁴¹, which may be particularly important for a promiscuous protein like ACKR3. Using

93 advanced structural dynamics methods, we showed that the nanobodies stabilize inactive
94 receptor conformations that correlate with inhibited basal engagement with arrestins and
95 constitutive internalization. Inhibition of receptor constitutive activity led to slower cell motility.
96 These data highlight the potential consequences of ACKR3 basal activity.

97

98 **Results:**

99 **Basal ACKR3 engagement with arrestins is suppressed by inverse agonistic**
100 **nanobodies**

101 An antagonistic nanobody targeting ACKR3, VUN701, was recently characterized⁴².
102 Here, we present two additional nanobodies, VUN700 and VUN702, which were not previously
103 characterized pharmacologically. All three nanobodies bind the receptor extracellularly and
104 compete with CXCL12 (Supplementary Fig. 1, Supplementary Table 1). Due to the bulky and
105 relatively large binding interface of nanobodies and chemokines, nanobodies sterically prevent
106 co-binding. As a consequence, nanobodies binding to extracellular domains of chemokine
107 receptors generally act as antagonists^{39,43-45}, though some are agonists⁴⁶ or have been
108 engineered to activate receptors⁴⁷. To resolve the pharmacological effects of these molecules,
109 ACKR3 engagement with arrestin was tracked by BRET between the receptor with a C-
110 terminal nanoluciferase (ACKR3-Nluc) and β -arrestin2 C-terminally tagged with mVenus (β -
111 arr2-mV), following addition of CXCL12 agonist or the nanobodies. Activation by the agonist
112 CXCL12 led to a robust increase in BRET ratio, indicating a recruitment of arrestin to the
113 receptor in HEK293T cells (Fig. 1A, B). When the cells are treated with neutral antagonist
114 VUN701, no change in association of ACKR3 with β -arrestin was detected, consistent with its
115 previous pharmacological classification⁴⁸. Interestingly, VUN700 and VUN702 both decreased
116 the BRET ratio between ACKR3 and β -arrestin2 below the measured basal interaction. This
117 suggests that these nanobodies are acting as inverse agonists and suppressing the previously
118 reported constitutive ACKR3 activity^{12,33}. Similar results were observed with β -arrestin1
119 recruitment (Supplementary Fig. 2).

120 ACKR3 requires phosphorylation by GRKs to engage β -arrestins in response to
121 CXCL12^{5,6,49}, while constitutively active arrestin can interact with unmodified apo-ACKR3 in
122 vitro³². To ascertain the role of GRK phosphorylation in basal association in cells, arrestin
123 recruitment was also tested in CRISPR-knockout cells of the four ubiquitously expressed

124 GRKs, GRK2, 3, 5, and 6 (GRK2/3/5/6 KO)⁵⁰. In these cells, the response to CXCL12 was
125 completely abolished, consistent with previous results (Fig. 1C, D). Additionally, the inverse
126 agonistic effects of VUN700 and VUN702 disappeared in the absence of GRKs. Together,
127 these data suggest that the basal arrestin association to ACKR3 is GRK-dependent and likely
128 reflects the phosphorylation of constitutively active receptors by these kinases.

129 To further resolve differences between agonist-induced and basal arrestin
130 engagement with ACKR3, the conformational changes within the arrestins were monitored
131 using Nluc/FIAsH arrestin intramolecular BRET biosensors^{51,52}. These sensors report subtle
132 differences in arrestin conformations, corresponding to the active conformations arrestin
133 adopts due to its interaction with GPCRs (Fig. 1E). As reported by the FIAsH 5 (F5 sensor),
134 activation by CXCL12 promoted a robust decrease in BRET, indicating the adoption of an
135 active arrestin state. None of the nanobodies produced a change in the signal from this sensor.
136 Similar responses were observed for two other arrestin conformational sensors with different
137 FIAsH positions (Supplementary Fig. 3). This implies that either the basal interaction of ACKR3
138 and β -arrestin2 does not induce a conformational change in arrestin or the reversion is not
139 detectable by these sensors.

140 **Distinct ACKR3 conformational states are stabilized by antagonist and inverse agonist** 141 **nanobodies**

142 The inhibition of basal arrestin interactions of ACKR3 by VUN700 and VUN702
143 suggests that these nanobodies act as inverse agonists, possibly by inducing a more inactive-
144 like receptor conformation. Two structural dynamics methods were used to determine how the
145 nanobodies were specifically altering the conformation of ACKR3; nuclear magnetic
146 resonance (NMR) and hydrogen-deuterium exchange mass spectrometry (HDX-MS).

147 First, ¹³CH₃-e-Met labelled ACKR3 was purified and analyzed by NMR spectroscopy⁵³.
148 As previously described⁴⁸, two of ACKR3's eight native methionines (M212^{5x39} and M138^{3x46},
149 GPCRdb nomenclature in superscript⁵⁴ Supplementary Fig. 4) can be used to track receptor

150 conformational dynamics at the ligand binding site and in the intracellular region, respectively
151 (Fig. 2A). At first glance, the NMR analysis of ACKR3 bound to VUN700 or VUN702 results in
152 similar spectra to that of ACKR3 bound to the neutral antagonist VUN701 (Fig, 2B). However,
153 overlaying the spectra from the different ACKR3-nanobody complexes does reveal subtle
154 shifts in the peaks for M212^{5x39} (Fig. 2C) and M138^{3x46} (Fig. 2D). Upon CXCL12 binding, the
155 M212^{5x39} position was previously shown to be in a gauche rotameric state with a peak at 16.25
156 ppm. This shifted downfield to 17.0 ppm with the neutral antagonist VUN701⁴⁸. Binding of
157 VUN700 or VUN702 further altered the M212^{5x39} peak as compared to the ACKR3-VUN701
158 complex (Fig. 2C). In all three complexes, the ¹³C position of ~17.0 ppm is consistent with
159 rotamer averaging and the absence of stabilizing interactions at the M212^{5x39} position. In
160 contrast, the M138^{3x46} position showed a slight downfield shift in the ¹³C and ¹H dimensions
161 for VUN701, compared to the inverse agonists (Fig. 2D). Given the previous evidence that
162 M138^{3x46} exists as a mixture of active and inactive states, the shift along this line suggests that
163 VUN700 and VUN702 binding shift the ACKR3 conformational equilibrium relative to VUN701,
164 potentially indicating a more “OFF” state of the receptor (Figure 2D).

165 To further structurally substantiate the subtle conformational changes observed by
166 NMR, induced by the inverse agonist and antagonist nanobodies, HDX-MS was performed to
167 track changes in the rate of isotopic exchange between amide hydrogens on ACKR3 and
168 deuterium in the solvent. The exchange rate depends on solvent accessibility and hydrogen
169 bonding networks, and comparing these rates provides insights into changes to the protein
170 conformational state and protein-binding interfaces. This technique has recently been
171 optimized for ACKR3 to monitor conformational changes due to small molecule ligands³².

172 Using differential HDX (Δ HDX) analyses, we compared the unbound (apo) and
173 nanobody-bound states of ACKR3 (Fig. 3A, Supplementary Fig. 5A). Binding of the
174 nanobodies protected the extracellular face from deuteration, confirming the nanobody binding
175 interface proposed from CXCL12 competition assays (Supplementary Fig. 1). Differences in
176 deuteration were localized to peptides corresponding to the orthosteric (CXCL12) binding

177 pocket at the N-terminus (N-term, residues 27-33) and TM5 (residues 204-211) which
178 displayed large protection (respective Δ HDX of up to 15% and 30% for each nanobody)
179 (Supplementary Fig. 5B). The nanobodies significantly protected peptides in the N-terminus
180 and extracellular loops (ECLs) of ACKR3 that correspond to the CXCL12 binding interface¹²,
181 suggesting that the nanobodies bind similarly to these receptor regions in agreement with our
182 previous model⁴².

183 While the overlapping interacting sites between CXCL12 and the nanobodies with
184 ACKR3 explain their competitive binding mode, nanobody binding also induced
185 conformational changes to the intracellular side of the receptor (Fig. 3B). It is known that the
186 position of the cytoplasmic ends of TM6 and TM7 reflect the active state of GPCRs including
187 ACKR3^{12,32,33}. Only slight differences were observed for these regions with the neutral
188 antagonist VUN701 bound. In contrast, both inverse agonists VUN700 and VUN702 showed
189 robust protection at the intracellular face of TM6, residues 248^{6x31} to 257^{6x40}. Likewise, the
190 inverse agonists induced protection at the linker region connecting TM7 to H8, residues 315^{7x53}
191 to 320^{8x48}, whilst VUN701 did not. These differences in HDX protection suggest that the
192 inverse agonism observed for VUN700 and VUN702 is due to the promotion of an inactive
193 ACKR3 conformation, while the neutral antagonist VUN701 does not impact the basal state of
194 the receptor. Both results are consistent with the biological responses observed in Fig. 1.
195 Together with the NMR-based analysis, this HDX analysis suggests a unique conformational
196 state for the inverse agonist-bound ACKR3 compared to when bound to an antagonist.

197 **Inverse agonistic nanobodies trap ACKR3 at the plasma membrane**

198 Constitutive internalization of ACKR3 contributes to chemokine scavenging^{4,7,22,55} and
199 is independent of receptor phosphorylation⁵. Therefore, we examined whether the inverse
200 agonism displayed by these nanobodies had functional consequences on receptor trafficking
201 from the plasma membrane (PM) to early endosomes. First, we examined how the different
202 nanobodies modulate ACKR3 internalization by monitoring the presence of ACKR3 at the

203 plasma membrane with flow cytometry (Fig. 4A). CXCL12 internalized 25% of ACKR3 after
204 15 min exposure of cells, and after 45 min ACKR3 returned back to basal surface levels. In
205 contrast, all nanobodies induced an increased level of ACKR3 on the membrane over time.
206 The inverse agonists VUN700 and VUN702 increased the receptor level on the membrane by
207 up to ~70% after 60 min of incubation. Interestingly, the neutral antagonist VUN701 also
208 increased membrane presence of ACKR3, but to a lesser extent (~50%) and with a delay (Fig
209 4A). We then investigated the subcellular trafficking of ACKR3 upon nanobody binding by
210 employing BRET between ACKR3 and two different localization markers, mVenus-CAAX (mV-
211 CAAX) for the plasma membrane and Rab5a-mVenus (Rab5a-mV) for the early endosomes⁵⁶
212 (Fig. 4B, C). Upon CXCL12 binding, ACKR3 rapidly internalized away from the plasma
213 membrane (Fig. 4B) and appeared in early endosomes (Fig. 4C). All three nanobodies
214 inhibited constitutive internalization, causing the receptor to be retained at the membrane,
215 consistent with the flow cytometry results. This was more prominent for the inverse agonists
216 VUN700 and VUN702 than for neutral antagonist VUN701 (Fig. 4B). Similarly, VUN700 and
217 VUN702 impaired the basal trafficking of ACKR3 to the early endosomes, while VUN701 had
218 little effect (Fig. 4C). Taken together, nanobody binding blocks receptor intracellular trafficking
219 by retaining the receptor on the membrane and this is more efficient for the inverse agonists
220 than for the neutral antagonist VUN701.

221 **All nanobodies inhibit GRK-independent internalization of ACKR3**

222 CXCL12-mediated internalization of ACKR3 is β -arrestin-independent⁶ but GRK-
223 dependent⁵, while constitutive internalization is independent of both effectors. To determine if
224 the nanobodies also impacted phosphorylation-independent internalization, the membrane
225 presence of ACKR3 was observed by BRET in GRK2/3/5/6 KO HEK293 cells. In the parental
226 cells, containing all GRKs, CXCL12 and the nanobodies showed the same order of
227 effectiveness as shown in the HEK293T cells (Fig. 4B, 5A), with the inverse agonists VUN700
228 and VUN702 inducing greater retention on the membrane than the antagonist VUN701 (Fig.
229 5A, B). In the absence of GRKs, the internalization response from CXCL12 treatment is

230 abolished, consistent with previous reports^{5,49}. Unexpectedly, the effects of the inverse agonist
231 and antagonist nanobodies were nearly identical without GRKs (Fig. 5C, D). The plasma
232 membrane trapping effect by the nanobodies was independent of β -arrestins (Supplementary
233 Fig. 6). These results suggest that constitutive internalization by ACKR3 can be divided into a
234 phosphorylation-dependent component, which is suppressed by inverse agonism, and a
235 phosphorylation-independent mechanism that is inhibited by both types of nanobodies tested
236 here.

237 **Basal motility of metastatic breast cancer cells is reduced by ACKR3-directed inverse** 238 **agonist nanobody**

239 ACKR3 is reported to contribute to cancer cell migration⁵⁷, but not due to activation by
240 CXCL12^{21,58}. Instead, we hypothesize that ACKR3's constitutive activity might play a role in
241 cell migration. To resolve the influence of ACKR3 on non-chemokine driven migration, the
242 basal or random movement of metastatic breast cancer cells, MDA-MB-231, was tracked by
243 live-single cell microscopy. MDA-MB-231 cells express relatively high levels of both ACKR3
244 and CXCR4 endogenously, which suggests an invasive phenotype and is associated with
245 aggressive behavior⁵⁹. This allows for examination of potential roles for ACKR3 in a relevant
246 cellular context and in the presence of CXCR4. The cells showed considerable motility even
247 without chemotactic stimulation (Fig. 6A). This basal motility was reduced when treated with
248 either VUN700 or VUN701 (Fig. 6B). The degree of motility attenuation was quantified by
249 comparing both the accumulated distance (total distance travelled) and Euclidean distance
250 (straight line distance from cell starting point to end point). Both metrics decreased on average
251 by ~30% with inverse agonist VUN700 treatment. In the case of the neutral antagonist
252 VUN701, only the accumulated distance was significantly impaired, while the change in overall
253 position was only slightly altered (Fig. 6C). VUN400, a CXCR4 targeting nanobody that inhibits
254 CXCL12 binding and CXCL12-induced chemotaxis³⁹, had no effect on basal cell motility.
255 Overall, these results suggest that basal activity of ACKR3 may influence MDA-MB-231
256 cancer cells motility in the absence of chemokine stimulation.

257 Discussion

258 ACKR3 is an atypical receptor that is best described as a chemokine scavenger.
259 Although the receptor is implicated in many other physiological responses, they have not been
260 explicitly tied to chemokine-mediated receptor activation or ligand scavenging. Here we
261 present facets of ACKR3 constitutive activity with downstream responses using antagonistic
262 and inverse agonistic ACKR3 nanobodies. The nanobodies had profound effects on the basal
263 receptor events. While only the inverse agonistic nanobodies lead to a disruption of the
264 arrestin-apo-ACKR3 complex, both inverse agonists and antagonists, albeit to a lower extent,
265 suppressed constitutive internalization and trapped the receptor on the plasma membrane
266 (Fig. 7). These effects appear to be due to subtle changes in the receptor's conformational
267 state and may manifest into attenuation of basal, or random, cellular migration. These data
268 provide insight into hidden functions of the atypical receptor that are independent of
269 chemokine receptor activation.

270 Outward movement of TM6 is a common hallmark of GPCR activation^{60,61} and ACKR3
271 is no different^{12,32,33}. The atypical receptor also displays extensive constitutive activity¹² and
272 readily adopts an active conformation in the absence of stimulation³³. This constitutive activity
273 drives basal GRK phosphorylation and subsequent arrestin engagement (Fig. 1). VUN700 and
274 VUN702 act as inverse agonists to suppress basal β -arrestin engagement, while the
275 previously characterized VUN701⁴⁸ only blocked CXCL12-induced interactions. This suggests
276 that different conformations are being stabilized by the nanobodies, leading to different effects
277 on ACKR3 phosphorylation and arrestin interactions. Indeed, both HDX and NMR studies
278 show slightly different conformations being promoted by the inverse agonists compared to
279 VUN701. The protection observed at the cytoplasmic ends of TM6 and TM7 (Fig. 3B) as well
280 as the chemical shifts of M138^{3x46} and M212^{5x39} (Fig. 2B, C) are consistent with inactive
281 receptor states. The inverse agonists VUN700 and VUN702 appear to stabilize an even more
282 inactive conformation than VUN701 (Fig. 2, 3). These structural observations are in line with
283 the more profound effects observed for the inverse agonistic nanobodies on ACKR3 arrestin

284 engagement and membrane localization compared to the antagonist. In addition to
285 scavenging ligands to regulate canonical receptor function, ACKR3 outcompetes CXCR4 for
286 arrestins⁶². This is thought to protect CXCR4 from downregulation and desensitization due to
287 overstimulation by CXCL12^{4,62,63}. By freeing arrestins basally engaged with ACKR3, while also
288 blocking activation by CXCL12, the inverse agonists could act as tools to indirectly target
289 CXCR4 or CXCR3 for downregulation.

290 All three nanobodies had profound inhibitory effects on the constitutive internalization
291 of ACKR3. The atypical receptor undergoes both agonist-promoted internalization which is
292 dependent on GRK phosphorylation as well as a 'passive' GRK-independent cycling between
293 the plasma membrane and endosomes⁵. This second mechanism of receptor turnover is
294 observed in other chemokine receptors⁶⁴ and contributes to chemokine scavenging, but is
295 insufficient to fully replace the active internalization response⁴. All three nanobodies retain the
296 receptor at the plasma membrane, with the inverse agonists exhibiting significantly greater
297 effects than the neutral antagonist in WT HEK293 cells. The nanobodies also retained ACKR3
298 at the plasma membrane in GRK2/3/5/6 KO cells, suggesting that even the neutral antagonist
299 impacts the previously described passive internalization. These results clearly show that
300 ACKR3 constitutive internalization occurs through both a GRK-dependent pathway, which
301 requires receptor constitutive activation, and a GRK-independent pathway, operating via a
302 heretofore undescribed mechanism. ACKR3 internalization does not require arrestins, which
303 suggests a clathrin-independent mechanism, potentially through coordination via adenosine
304 diphosphate ribosylation factors (ARFs), which regulate internalization and recycling
305 pathways⁶⁵. Alternatively, local membrane domains with specific lipid composition or curvature
306 could sort GPCRs and mediate endocytosis during the natural turnover of the plasma
307 membrane⁶⁶⁻⁶⁸. Thus, stabilization of ACKR3 by nanobody binding may segregate the receptor
308 away from membrane regions primed to internalize, thereby leading to the trapping effect we
309 observe.

310 The effects of VUN700 and VUN701 on basal cancer cell motility suggest that the
311 constitutive activity of ACKR3 is implicated in migratory signaling. The degree of inhibition was
312 greater for VUN700 than VUN701 in agreement with the efficacy of the inactivating responses
313 to the two nanobodies. The cells tested also express CXCR4 and an attractive explanation for
314 the inhibition might be that the cells secrete CXCL12 and the balance of chemokine
315 scavenging by ACKR3 is needed for CXCR4-mediated migration. However, blocking CXCR4
316 with VUN400³⁹ had no impact on the basal migration of these cells, indicating the motility
317 observed is not due to CXCL12 stimulation of CXCR4. This therefore implies that inhibition of
318 CXCL12 scavenging is not the mechanism for the impaired migration with ACKR3 nanobodies.
319 We propose a chemokine-independent role for ACKR3 in basal motility of cancer cells.
320 However, further studies are required to unravel how exactly and by which signaling pathways
321 ACKR3 affects cell motility.

322 Biologics, including nanobodies, constitute an increasing proportion of FDA-approved
323 therapeutics^{41,69,70} The inverse agonist nanobodies developed in this study may possess
324 several features with therapeutic potential. Besides their antagonistic properties, the ability of
325 these nanobodies to shift the receptor into an inactive conformation may also prevent crosstalk
326 between ACKR3 and interacting proteins and receptors (like CXCR4, EGFR, Cx43⁷¹⁻⁷³). As
327 noted above, ACKR3 protects CXCR4 from desensitization⁴. Such a mechanism could have
328 important implications for targeting this axis in cancer therapeutics. A dual-targeted approach
329 could on one hand antagonize CXCR4 while also downregulate the canonical receptor via
330 ACKR3 inverse agonism, as CXCL12 and arrestins would further desensitize CXCR4 and
331 complement the direct inhibition. ACKR3 complexes with the gap junction protein Cx43 upon
332 CXCL12 activation in astrocytes⁷³. The atypical receptor coordinates the internalization of
333 Cx43 in a β -arrestin-dependent manner, which inhibits gap intercellular communication. The
334 inverse agonistic nanobodies could therefore preserve Cx43 on the plasma membrane and
335 protect these structures. Knowing the capabilities of the current inverse agonists, expanding
336 their modulatory activity through structural engineering would be interesting. Antibody

337 engineering also generated a universal platform to support nanobody structural determination
338 of membrane proteins⁷⁴. New computational methods for designing nanobodies targeting
339 specific epitopes with high affinity binders will continue to expand possible applications^{75,76}.
340 Further studies are necessary to ascertain whether differentially modulating ACKR3 is
341 essential and/or beneficial when targeting ACKR3-related diseases including cardiovascular
342 diseases (as atherosclerosis)⁷⁷, autoimmune diseases (as multiple sclerosis)^{78,79}, and
343 cancer^{57,80}.

344 In summary, we have identified a basal state of ACKR3 that displays constitutive
345 activity that is involved in cancer cell motility. We investigated this through new nanobodies
346 binding to the extracellular site of ACKR3 with unique properties. The inverse agonistic
347 properties of two of these molecules emphasize the constitutive activity of the receptor by
348 impairing basal β -arrestin engagement as well as its constitutive internalization by stabilizing
349 an inactive receptor conformation. Inhibition of basal ACKR3 activity attenuated basal cell
350 motility, which reveals a new role for ACKR3 in cell biology and cancer in particular. These
351 results open new avenues and strategies for therapeutically targeting ACKR3.

352

353 **Methods**

354 *Cell culture and transfection*

355 The generation of the Clustered Regularly Interspaced Short Palindromic Repeats
356 (CRISPR) genome-edited NanoLuc-ACKR3 Knock In (KI) HeLa cell line was described
357 previously. Human embryonic kidney 293T (HEK293T) and MDA-MB-231 breast cancer cells
358 were obtained from ATCC. HEK293 Parental and CRISPR HEK293 β -arrestin1/ β -arrestin2
359 Knock Out (KO) cells were provided by Asuka Inoue from Tohoku University. Stable HEK293
360 expressing ACKR3 were kindly provided by Meritxel Canals from University of Nottingham.
361 The stable, homogenous ACKR3 expression was necessary to resolve changes to the surface
362 receptors by flow cytometry. HEK293 Parental and CRISPR GRK2/3/5/6 KO HEK293 cells
363 were provided by Julia Drube and Carsten Hoffmann from University Hospital Jena. NanoLuc-
364 ACKR3 HeLa, HEK293T, HEK293, HEK293 β -arrestin1/2 KO and stable ACKR3 HEK293
365 were cultured in Dulbecco's Modified Eagle's Medium (DMEM, Thermo Fisher Scientific,
366 Gibco, #41966) supplemented with 100 Units of penicillin, 100 g/mL streptomycin (Pen/Strep,
367 Gibco, #15140-122) and 10% (v/v) Fetal Bovine Serum (FBS, Bodinco). ACKR3 stable cell
368 line was maintained under antibiotic selection with G418 500ug/ml (#A1720 Sigma-Aldrich).

369 HEK293T, HEK293 and HEK293 β -arrestin1/2 KO cells were transfected in
370 suspension with a total of 1 μ g DNA and 6 μ g 25 kDa linear polyethyleimine (PEI, Polysciences
371 Inc.) in 150 mM NaCl solution per 1 million cells. DNA encoding ACKR3 and biosensors was
372 supplemented with empty pcDEF3 to obtain a total DNA amount of 1 μ g. The DNA-PEI mixture
373 was vortexed for 5 seconds and incubated for 15 min at room temperature (RT). Cells were
374 detached with Trypsin (Gibco) and resuspended in DMEM. A 3×10^5 cells/mL HEK293T cell
375 suspension was added to DNA-PEI mixture and cells were seeded at a density of 30,000 in
376 white flat-bottom 96-well plates (Greiner Bio-One) and incubated for 48h.

377 *ACKR3 Nanobodies selection via phage-display*

378 Llama immunization, library construction, and nanobody selection were performed as
379 described previously⁸¹⁻⁸³. Briefly, two llamas were immunized with ACKR3-encoding plasmid
380 DNA, cDNA was generated from peripheral blood mononuclear cells, nanobody sequences
381 were amplified by PCR, and nanobody phage display libraries were constructed. Selections
382 for ACKR3-specific binders were performed using three consecutive rounds of phage panning
383 on ACKR3-expressing or empty (null) virus-like particles (Integral Molecular, Philadelphia, PA,
384 USA) immobilized in MaxiSorp plates (Nunc, Roskilde, Denmark).

385 *Nanobodies production*

386 Nanobody-FLAG-6xHis proteins purification was performed as previously described⁸⁴.
387 pMEK222-transformed BL21 codon+ DH5alpha cells, respectively, were grown in LB/2%
388 glucose O/N at 37 °C. The O/N preculture was inoculated in regular terrific broth and grown
389 for 3 h at 37 °C, after which periplasmic expression of nanobodies was induced for another 4
390 h by addition of 1 mM isopropyl-b-D-thiogalactopyranoside (IPTG, Sigma-Aldrich) to the
391 culture medium. After production, cultures were spun down for 30 min at 3500 × g and the
392 pellets were frozen overnight at -20 °C. The next day, pellets were thawed and resuspended
393 in PBS. The resuspended pellet was incubated at 4 °C for 2 h. Cultures were spun down for
394 30 min at 3500 × g at 4 °C and, after filtering using a 0.45 µM filter (VWR), the periplasmic
395 fraction (supernatant) was stored at 4 °C until purification.

396 Nanobody-FLAG-6xHis proteins were purified using ROTI®Garose-His/Co Beads
397 (Carl Roth GmbH & Co, DE). Samples were first eluted in a buffer containing 500 mM
398 imidazole PBS (Sigma-Aldrich, St. Louis, MO, USA) and after dialyzed using Snakeskin
399 Dialysis Tubing 10 kDa molecular weight cut off (MWCO) membranes (Thermo Fisher
400 Scientific) in phosphate-buffered saline (PBS). Purity of all produced and purified nanobodies
401 was verified by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE)
402 under reducing conditions.

403 *NanoBRET CXCL12 competition assay*

404 30k cells per well of NanoLuc-ACKR3 Knock In (KI) HeLa cells were seeded in white
405 flat-bottom 96-well plate. 24 h later, cells were washed with PBS once, and Hank's Buffered
406 Saline Solution (HBSS) supplemented with 0.1% bovine serum albumin (BSA), 10 mM
407 HEPES, 1 mM MgCl₂ and 2 mM CaCl₂ was added to the cells. Subsequently, increasing
408 concentrations of unlabelled CXCL12 (Almac) or unlabelled nanobodies were added as
409 indicated in the figures, and incubated for 45 min at RT. Next, 3.3 nM CXCL12-AF647 (Almac)
410 was added and incubated for 15 min at RT. Next, luciferase substrate (Furimazine, Nano-
411 Glo® substrate (Promega, #N1110, final concentration of 15 μM)) was added and
412 luminescence was measured using a PheraSTAR plate reader (BMG) with 460 ± 80 nm and
413 610-LP nm filters. BRET data were normalized to full homologous displacement (0%) and
414 fluorescent CXCL12 only (100%). Data were analyzed with a nonlinear fit to create a dose-
415 response curve in Graph Pad Prism Version 10.2.0. Data from all independent experiments
416 were used in the analysis and calculation of standard deviation.

417 *NanoBRET assays*

418 1 million cells were transfected with 2 μg total DNA, consisting of BRET donor, BRET
419 acceptor, supplemented with empty plasmid. Position of genetically fused sensors is given
420 when stating the construct (e.g. in Nluc-ACKR3 Nluc tag is located in the N-terminus of
421 ACKR3, while ACKR3-Nluc, Nluc is on the C-terminus). In the β-arr1/2 recruitment and
422 internalization experiments, 30-50 ng of HA-ACKR3 WT-Nluc was used in combination with
423 150-250ng of the different acceptors, β-arr1/2-mVenus, mVenus-CAAX or Rab5a-mVenus
424 (donor:acceptor ratio 1:5). Cells were transfected in suspension with PEI in a ratio of PEI
425 ug:DNA ug 6:1, with a total amount of 2ug of DNA per million cells. Cell suspension of 300k/ml
426 is used to seed 30k/well cells in 96 well plate. 48h after transfection, cells were washed with
427 PBS once, and HBSS supplemented with 0.1% BSA, 10 mM HEPES, 1 mM MgCl₂ and 2 mM
428 CaCl₂ was added to the cells. Incubation with the luciferase substrate (Furimazine, Nano-
429 Glo® substrate (Promega, #N1110, final concentration of 15 μM)) followed and the basal
430 BRET was measured for 5 minutes. BRET for this pair Nluc and mVenus was measure at 460

431 ± 30 nm and 535 ± 30 nm respectively. Next, cells were treated with CXCL12 or nanobodies
432 indicated in the legend of the figures and BRET was measured for 60 minutes. Normalized
433 BRET ratio was then calculated by dividing the raw BRET values of each well from the ligand
434 induced results by the basal BRET measured before stimuli (baseline). For vehicle
435 normalization, normalized BRET value was divided by the vehicle condition (without ligand)
436 over time, to normalize for effects of the drop in furimazine availability. Data were analyzed
437 with a nonlinear fit (three parameters model, with equation $y = bottom * \frac{(top-bottom)}{1+10^{\log EC50-x}}$) to create
438 a dose-response curve in GraphPad Prism. Data from all independent experiments were used
439 in the analysis and calculation of standard deviation. Graph Pad Prism Version 10.2.0.

440 *Intramolecular FIAsH-NanoBRET assays*

441 β -arrestin2 conformational change biosensors used in this work were previously
442 described⁵². CRISPR control cells were transfected with 1.2 μ g of untagged ACKR3, 0.12 μ g
443 of a β -arrestin2 FIAsH-tagged biosensor C-terminally coupled to NanoLuc, and 0.25 μ g of an
444 empty vector, following the Effectene transfection reagent protocol by Qiagen. In total, three
445 sensors were used, numbered as β -arrestin2 FIAsH-3,5 10-NanoLuc sensors. The following
446 day, 40,000 cells were seeded per well into poly-D-lysine-coated 96-well plates and incubated
447 overnight at 37 °C. For this study, the FIAsH (fluorescein arsenical hairpin-binder)-labeling
448 procedure, previously described by Hoffmann et al.⁸⁵, was adjusted for 96-well plates. Briefly,
449 the cells were washed twice with PBS, then incubated with 250 nM FIAsH or mock DMSO in
450 labeling buffer (150 mM NaCl, 10 mM HEPES, 25 mM KCl, 4 mM CaCl₂, 2 mM MgCl₂, 10 mM
451 glucose; pH 7.3), complemented with 12.5 μ M 1,2-ethane dithiol (EDT) for 1 hour at 37 °C.
452 After aspiration of the FIAsH labeling and mock labeling solutions, the cells were incubated for
453 10 min at 37 °C with 100 μ l of 250 μ M EDT in labeling buffer, per well. The NanoLuc substrate
454 was added and a basal measurement was recorded for 3 min. Subsequently, either CXCL12
455 or VUN700, VUN701 or VUN702 nanobodies were added in the required concentrations and
456 BRET was measured for 20 minutes. Analysis of the BRET change was performed as

457 described above (see Section “NanoBRET assays”). Measurements were performed using
458 the Synergy Neo2-provided BRET2 filter (Emission wavelengths 400/510).

459 *Expression and purification of ACKR3 (HDX)*

460 For production in insect cells, the full-length gene of human ACKR3 was subcloned
461 into pFastBac1 to enable infection of sf9 insect cells. The construct bore a hemagglutinin
462 signal peptide followed by a Flag-tag preceding the receptor sequence. ACKR3 N13, N22 and
463 N33 residues were substituted with a Glutamine in order to avoid N-glycosylation.

464 Flag-ACKR3 was expressed in sf9 insect cells using the pFastBac baculovirus system
465 (Thermo Fisher Scientific). Cells were grown in suspension in EX-CELL 420 medium (Sigma-
466 Aldrich) and infected at a density of 4×10^6 cells/ml with the recombinant baculovirus. Flasks
467 were shaken for 48 h at 28 °C, subsequently harvested by centrifugation (3,000 x g, 20 min)
468 and stored at -80 °C until usage. Cell pellets were thawed and lysed by osmotic shock in a
469 buffer containing 10 mM Tris (pH 7.5), 1 mM EDTA, 2 mg/ml iodoacetamide, 1 μ M ACKR3
470 agonist VUF11207 and protease inhibitors: 50 μ g/ml Leupeptin (Euromedex), 0.1 mg/ml
471 Bensamidine (Sigma-Aldrich), and 0.1 mg/ml Phenylmethylsulfonyl fluoride (PMSF;
472 Euromedex). Lysed cells were centrifuged for (38,400 x g, 10 mins) and the resulting pellet
473 was solubilised and dounce-homogenised 20 x in buffer containing 50 mM Tris (pH 7.5), 150
474 mM NaCl, 2 mg/ml iodoacetamide, 1 μ M VUF11207, 0.5% (w/v) dodecyl maltoside (DDMm
475 Anatrace), 0.1% (w/v) cholesteryl hemisuccinate (CHS) and protease inhibitors. The
476 homogenate was subsequently stirred for 1 h at 4 °C and centrifuged (38,400 x g, 30 min).
477 The supernatant was then loaded onto M2 anti-Flag affinity resin (Sigma-Aldrich) using gravity
478 flow. Resin was subsequently washed with 10 column volumes (CV) of DDM wash buffer
479 containing 50 mM Tris, 150 mM NaCl, 0.1 μ M VUF11207, 0.1% (w/v) DDM, 0.02% (w/v) CHS.
480 Detergent was then gradually exchanged from DDM to lauryl maltose neopentyl glycol (MNG,
481 Anatrace) using decreasing ratios of DDM wash buffer and buffer containing 50 mM Tris, 150
482 mM NaCl, 0.02 μ M VUF11207, 0.2% (w/v) MNG, 0.05% (W/V) CHS. Once detergent was fully

483 exchanged, MNG and CHS concentration were steadily reduced to 0.005% and 0.001%
484 respectively. ACKR3 was finally eluted in 50 mM Tris, 150 mM NaCl, 0.02 μ M VUF11207,
485 0.005% (w/v) MNG, 0.001% (w/v) CHS and 0.4 mg/ml Flag peptide (Covalab). The eluate was
486 concentrated using a 50 kDa MWCO concentrator (Millipore), then ACKR3 was purified by
487 size exclusion chromatography (SEC) using a Superdex 200 Increase (10/300 GL column)
488 connected to an ÄKTA purifier system (GE Healthcare) and eluted in buffer elution buffer
489 without Flag peptide or VUF11207. Fractions containing monomeric ACKR3 were
490 concentrated to between 20 and 25 μ M, aliquoted, flash-frozen and stored at -80 °C prior to
491 HDX experiments.

492 *HDX-MS experiments*

493 HDX-MS experiments were performed using a Synapt G2-Si HDMS coupled to
494 nanoAQUITY UPLC with HDX Automation technology (Waters Corporation). ACKR3 in LMNG
495 detergent was concentrated up to 20-25 μ M and optimization of the sequence coverage was
496 performed on undeuterated controls. Various quench times and conditions were tested; in the
497 presence or absence of different denaturing or reducing reagents with or without longer
498 trapping times to wash them out. The best sequence coverage and redundancy for ACKR3
499 were systematically obtained without the addition of any denaturing agents in the quench
500 buffer. Mixtures of receptor and nanobody were pre-incubated to reach equilibrium prior to
501 HDX-MS analysis. Analysis of freshly prepared ACKR3 apo, ACKR3: nanobody (1: 2 ratio)
502 were performed as follows: 3 μ L of sample are diluted in 57 μ L of undeuterated for the
503 reference or deuterated last wash SEC buffer. The final percentage of deuterium in the
504 deuterated buffer was 95%. Deuteration was performed at 20 °C for 0.5, 2, 5, 30 and 120
505 mins. Next, 50 μ L of reaction sample are quenched in 50 μ L of quench buffer (50 mM KH_2PO_4
506 , 50 mM K_2HPO_4 , 200 mM tris(2-carboxyethyl)phosphine (TCEP) pH 2.3) at 0 °C. 80 μ L of
507 quenched sample are loaded onto a 50 μ L loop and injected on a Nepenthesin-2 column
508 (Affipro) maintained at 15 °C, with 0.2% formic acid at a flowrate of 100 μ L/min. The peptides
509 are then trapped at 0 °C on a Vanguard column (ACQUITY UPLC BEH C18 VanGuard Pre-

510 column, 130Å, 1.7 µm, 2.1 mm X 5 mm, Waters) for 3 min, before being loaded at 40 µL/min
511 onto an Acquity UPLC column (ACQUITY UPLC BEH C18 Column, 1.7 µm, 1 mm X 100 mm,
512 Waters) kept at 0 °C. Peptides are subsequently eluted with a linear gradient (0.2% formic
513 acid in acetonitrile solvent at 5% up to 35% during the first 6 min, then up to 40% and 95%
514 over 1 min each) and ionized directly by electrospray on a Synapt G2-Si mass spectrometer
515 (Waters). Maldi Imaging High Definition MSE (HDMSE) data were obtained by 20-30 V trap
516 collision energy ramp. Lock mass accuracy correction was made using a mixture of leucine
517 enkephalin and GFP. For every tested condition we analyzed two to three biological replicates,
518 and deuteration timepoints were performed in triplicates for each condition.

519 Peptide identification was performed from undeuterated data using ProteinLynx global
520 Server (PLGS, version 3.0.3, Waters). Peptides are filtered by DynamX (version 3.0, Waters)
521 using the following parameters: minimum intensity of 1000, minimum product per amino acid
522 of 0.2, maximum error for threshold of 10 ppm. All peptides were manually checked, and data
523 was curated using DynamX. Back exchange was not corrected since we are measuring
524 differential HDX and not absolute one. Statistical analysis of all ΔHDX data was performed
525 using Deuterios 2.048 and only peptides with a 99% confidence interval were considered.

526 *pFastBac constructs and mutant generation (NMR)*

527 Human ACKR3 WT pFastBac1 plasmid was generously provided by Dr. Tracy Handel
528 (UC San Diego). The construct is comprised of a gp64 promoter, N-terminal HA signal
529 sequence for membrane localization, human WT ACKR3 (unmodified expect with removal of
530 the N-terminal methionine), a C-terminal PreScission protease cleavage tag, and FLAG / 10x
531 His tags as described previously⁸⁶.

532 *Baculovirus preparation and ACKR3 expression (NMR)*

533 Baculovirus generation and ACKR3 expression was performed as described
534 previously^{86,87}. Briefly, recombinant baculovirus was produced using the Bac-to-Bac

535 Baculovirus Expression System (Invitrogen). A pFastBac1 plasmid containing the described
536 ACKR3 construct was transformed into DH10Bac *E. coli* (Thermo Fisher) and subsequently
537 plated onto LB agar with 50 µg/ml, kanamycin, 7 µg/ml gentamicin, 10 µg/ml tetracycline,
538 100 µg/ml Bluogal and 40 µg/ml, IPTG (Teknova). Blue/white screening identified recombinant
539 (white) colonies, of which individual clones were inoculated in 5mL of LB with 50 µg/ml⁻¹,
540 kanamycin, 7 µg/ml⁻¹ gentamicin, and 10 µg/ml⁻¹ tetracycline and placed in a 37 °C shaking
541 incubator overnight. Cultures were pelleted, lysed, and neutralized using buffers from the
542 GeneJET Plasmid Midiprep Kit (Thermo Fisher) and bacmid was purified by isopropanol
543 precipitation (see reference⁸⁶ for details). Final bacmid pellets were solubilized in 40 mM Tris,
544 pH 8 and 1 mM EDTA. To transfect Sf9 cells a mixture of purified bacmid (5 µl – 1 µg total
545 DNA), X-TremeGENE HP DNA (3 µl) and Expression Systems Transfection Medium (100 µl)
546 was mixed and added to 2.5 ml of Sf9 cells at ~ 1.2 x 10⁶ cells/ml and the bacmid-cell mixture
547 was placed in a 24-well, deep-well plate (Thomson Instrument Company) covered with a
548 polyurethane sealing film (Diversified Biotech). Cells were incubated at 27 °C for 96 h at 300
549 rpm. Cells were subsequently pelleted, and the supernatant was collected to isolate P0 (“zero
550 passage”) virus. P0 virus titers were determined using gp64 titer assay as described
551 previously⁸⁶. Next, P1 (“first passage”) virus was produced by infecting 50 ml of Sf9 cells at a
552 density of ~ 2.0 x 10⁶ cells/ml with titered P0 virus at an MOI of 0.1-0.5. Cells were incubated
553 at 27 °C for 72 h shaking at 144rpm. Cells were pelleted and the supernatant was collected
554 and titered using the same gp64 titrating assay⁸⁶. Large scale expression of labeled ACKR3
555 was performed by adding high titer P1 virus ($\geq 1 \times 10^9$ IU/ml) to ~2 L of Sf9 cells in methionine
556 deficient medium (Expression Systems) at a density of 3.5-4.0 x 10⁶ cells/ml at an MOI of 5⁸⁷.
557 After 5 hours post-infection, 250 mg/L ¹³CH₃-methionine (Cambridge Isotope Laboratories)
558 was added to cells. Cells were incubated at 27 °C for 48 h then pelleted and stored at -80 °C.

559 *ACKR3 purification (NMR)*

560 Receptor was purified described previously⁸⁷ with some modifications. Briefly, frozen
561 cell pellets (~50 ml frozen cells per 2 L of cell culture) were diluted 1:1 in hypotonic buffer

562 (10 mM HEPES pH 7.5, 20 mM KCl, 10 mM MgCl₂, Roche Complete Protease Inhibitor
563 Cocktail, 2 mg/ml iodoacetamide) and thawed on ice. Direct solubilization was performed by
564 passing the cell slurry through a 16-gauge needle four times to aid solubilization by lysing
565 cells. Cell slurry was added to solubilization buffer (100 mM HEPES pH 7.5, 800 mM NaCl,
566 1.5% (w/v) MNG, 0.3% (w/v) CHS) and incubated at 4 °C for 4 h with stirring. The mixture was
567 spun down at 50,000 x g for 30 min and the supernatant (~200 ml) was transferred to 4 x 50
568 ml conical tubes. 4 ml TALON cobalt resin slurry (Takara Bio Inc.) was added (1 ml/tube) with
569 10mM imidazole final concentration to limit non-specific binding, and the supernatant mixture
570 was rocked overnight at 4 °C. This mixture was added to columns the following day, and cobalt
571 resin was washed with 20 ml of two wash buffers (Wash Buffer 1: 50 mM HEPES pH 7.5, 400
572 mM NaCl, 0.1% (w/v) MNG, 0.02% (w/v) CHS, 10% glycerol, 20 mM imidazole; Wash Buffer
573 2: 50 mM HEPES pH 7.5, 400mM NaCl, 0.025% (w/v) MNG, 0.005% (w/v) CHS, 10% glycerol,
574 10 mM imidazole). ACKR3 was eluted with a high imidazole buffer (50 mM HEPES pH 7.5,
575 400 mM NaCl, 0.025% (w/v) MNG, 0.005% (w/v) CHS, 10% glycerol, 250 mM imidazole.
576 Elutions were concentrated to 500 µl using a 30,000 MWCO Amicon Ultra-4 Centrifugal Filter
577 Unit (Millipore Sigma) and buffer exchanged into Exchange Buffer (25 mM HEPES pH 7.5,
578 150 mM NaCl, and 0.025% (w/v) MNG, 0.005% (w/v) CHS) using a PD-10 desalting column
579 (GE). Precision Protease and PNGaseF were added to purified ACKR3 overnight. The next
580 day, 500 µl TALON cobalt resin was added, and the mixture was incubated with rocking for 2
581 h at 4 °C. The mixture was added to a new column to separate cleaved receptor from the tag-
582 bound cobalt resin and washed with Exchange Buffer to collect the flow through. Flow through
583 was concentrated to ~1 ml before quantifying.

584 *Nuclear magnetic resonance (NMR)*

585 Purified protein samples concentrated to ~350 µl with 10% D₂O by volume were loaded
586 into a 5 mm Shigemi microtube. Heteronuclear single quantum coherence (HSQC) spectra
587 were collected on a Bruker Avance 800 MHz spectrometer equipped with a triple-resonance
588 cryogenic probe with experiments collected at 310 K. Experimental times were 27 h. Data

589 were processed using NMRPipe⁸⁸ and visualized in XEASY⁸⁹. CXCL12 used in this assay was
590 purchased from Protein Foundry, L.L.C.

591 *Expression and Purification of VUN700, VUN701, VUN702 (NMR)*

592 The sequences of VUN700, VUN701, VUN702 were codon-optimized for *E. coli*
593 expression and ordered from GenScript. The nanobodies were cloned into a pET28a-6xHis-
594 SUMO3 vector and expressed in BL21 DE3 *E.coli*. Cells were expressed at 37 degrees C in
595 Luria-Bertani (LB) medium and induced with 1 mM IPTG at an OD600 of 0.8. Cultures
596 continued to grow for 5 and a half hours before bacteria were pelleted by centrifugation and
597 stored at -20°C. Bacterial pellets were resuspended in ~20 mL of Buffer A (50 mM Na₂PO₄
598 (pH 8.0), 300 mM NaCl, 10 mM imidazole, 1 mM PMSF, and 0.1% (v/v) 2-mercaptoethanol
599 (BME)) per pellet and lysed via sonication. Lysed cells were clarified at 18,000 x g and the
600 supernatant was discarded. Pellets were resuspended by sonication in ~20 mL of Buffer AD
601 (6 M guanidinium, 50 mM Na₂PO₄ (pH 8.0), 300 mM NaCl, 10 mM imidazole) and spun down
602 at 18,000 x g for 20 min. Using an AKTA-Start system (GE Healthcare), the supernatant was
603 loaded onto a Ni-NTA column equilibrated in Buffer AD. The column was washed with Buffer
604 AD, and proteins were eluted using Buffer BD (6 M guanidinium, 50 mM sodium acetate (pH
605 4.5), 300 mM NaCl, and 10 mM imidazole). Proteins were refolded overnight via drop-wise
606 dilution into a 10-fold greater volume of Refold Buffer (50 mM Tris (pH 7.6), 150 mM NaCl)
607 with the addition of 30 mM cysteine, and 1 mM cystine. Refolded protein was concentrated in
608 an Amicon Stirred Cell concentrator (Millipore Sigma) using a 10 kDa membrane.
609 Concentrated protein was added to 6-8 kDa dialysis tubing with the addition of ULP1 to cleave
610 the N-terminal 6xHis-SUMO3-tag and dialyzed at 25 °C against Refold Buffer overnight. The
611 AKTA-Start system was used to load the cleaved protein onto a Ni-NTA column equilibrated
612 in VUN701 Buffer A (Refold Buffer + 10 mM Imidazole). The column was washed with VUN701
613 Buffer A, and the protein was eluted using VUN701 Buffer B (Refold Buffer + 500 mM
614 Imidazole). VUN701 underwent four rounds of dialysis in 5 mM ammonium bicarbonate,
615 lyophilized, and stored at -80°C for further use. The purity and identity of nanobodies were

616 confirmed by electrospray ionization mass spectrometry using a Thermo LTQ instrument and
617 SDS-PAGE with Coomassie staining.

618 *Flow cytometry*

619 HEK293 cells stably expressing ACKR3 were washed with PBS and lifted with
620 Accumax (Invitrogen). 150k cells were transferred per well of conical 96 well plates (Greiner).
621 Cells were washed with cold FACS buffer (0.5% (w/v) BSA in PBS) and treated with
622 corresponding ligands (316 nM of VUN700, VUN701 or VUN702, or 100 nM CXCL12) or vehicle
623 (untreated) over 60 min at 37 °C with Assay media (0.5% (w/v) BSA, 25 mM HEPES in
624 DMEM). After treatments, cells were treated with ice-cold buffers and kept on ice until readout.
625 Cells were washed once with FACS buffer, followed by 2 acidic washes (0.2 M acetic acid,
626 0.5 M NaCl). Cells were washed 3 times with FACS buffer and labeled with 10 μ L/10⁶ cells of
627 PE-conjugated anti-ACKR3 antibody (11G8-PE, #FAB4227 R&D Systems) in FACS buffer for
628 1 h at 4 °C. Unbound antibody was then 3x washed away with FACS buffer. Surface ACKR3
629 was assessed by flow cytometry using a Guava easyCyte benchtop flow cytometer (Luminex).
630 The mean fluorescence intensity (MFI) representing the amount of surface labeling for each
631 experiment was quantified using Floreada Software (Floreada.io). The constitutive
632 internalization was then represented by the ratio of the MFI of the treated samples to the non-
633 treated controls, over each time point. Graph Pad Prism Version 10.2.0 (335), multiple
634 comparisons two-way ANOVA Tukey test (*p<0.05).

635 *Basal motility*

636 MDA-MB-231 metastatic breast cancer cells were detached from a subconfluent flask
637 and plated at high density in the central imaging chambers of 'Ibidi μ -Slide Chemotaxis' and
638 allowed to attach. The central imaging chamber was flushed twice with (-/+) 100 nM nanobody-
639 containing media, and then reservoirs filled with the same treatment, giving a stable uniform
640 concentration over the cells throughout the experiment. 1 h after the commencement of
641 treatment, cells were imaged on the Nikon Ti2 microscope at 10X objective within a controlled

642 chamber of 37 °C and 5% CO₂, using a motorized stage to image each central chamber every
643 30 min for 16 h. The migration of 40 randomly chosen cells in each group were manually
644 tracked using the ImageJ/Fiji Plugin 'Manual Tracking', and these tracks were compiled and
645 analyzed for their trajectories by the plugin 'Chemotaxis and migration tool' (Ibidi).
646 Accumulated distance (total distance travelled), Euclidean distance (straight line distance from
647 cell starting point to end point) and velocity (accumulated distance/time) were analyzed. The
648 data shows the mean +/- SD of each group relative to their internal control, combined from
649 multiple independent repeats. Significance determined by one-way ANOVA Dunnett test
650 ($p < 0.05$ (*), 0.005 (**), 0.0005 (***), < 0.0001 (****)).

651 *Data availability*

652 The HDX mass spectrometry data have been deposited to the ProteomeXchange
653 Consortium via the PRIDE partner repository with the dataset identifiers PXD051149.

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667

668 **Competing interests**

669 B.F.V. has an ownership interest in Protein Foundry, L.L.C. and XLock Biosciences,
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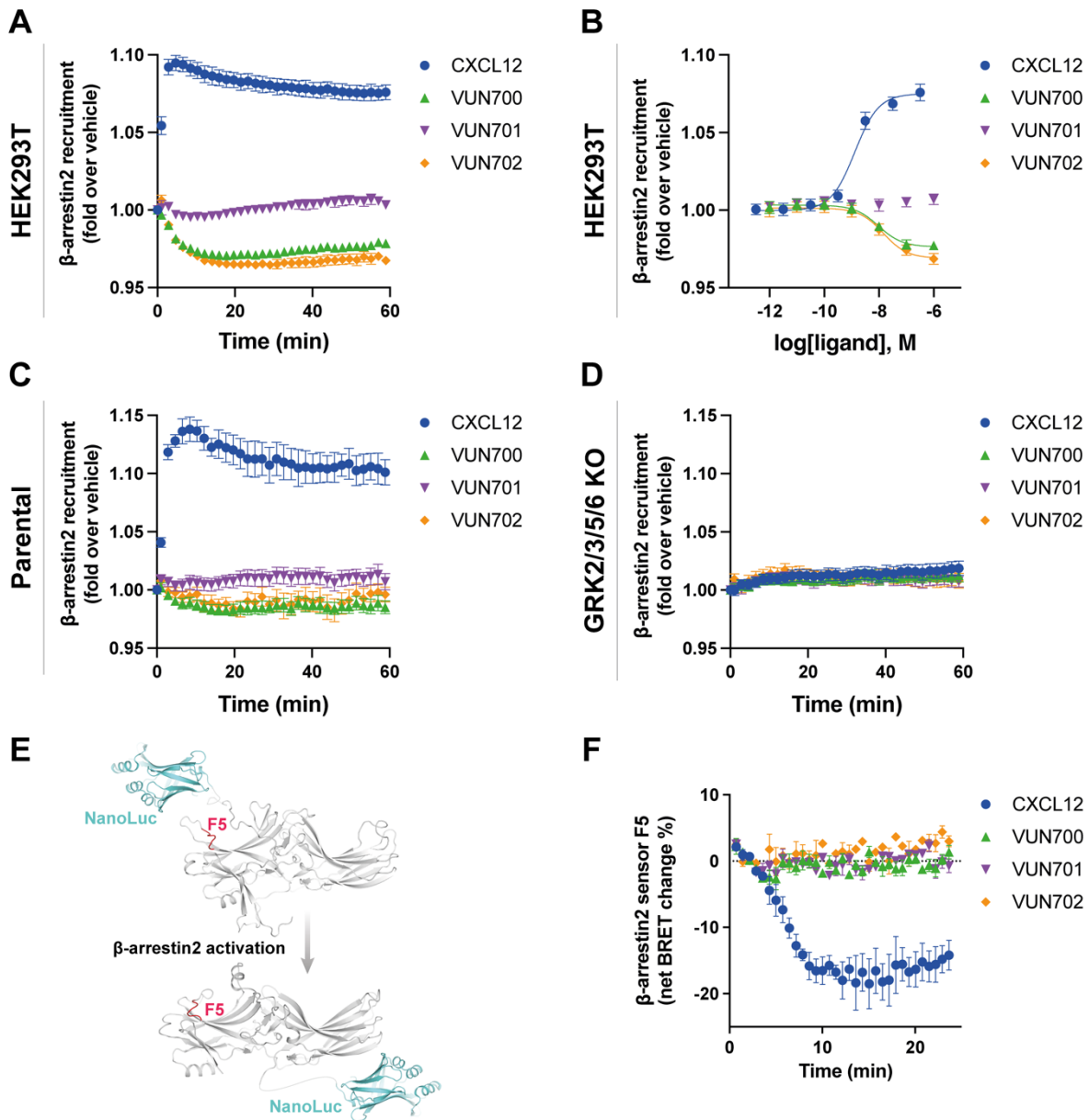
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934 **Figure 1. ACKR3 nanobodies suppress basal β -arrestin2 recruitment. A-B)** Recruitment of β -

935 arr2-mV to ACKR3-Nluc measured by BRET **(A)** Time-dependent change in BRET over 60 min

936 with either 316 nM of CXCL12 (blue circle) or 1 μ M of nanobody (VUN700 (green triangle), VUN701

937 (purple inverted triangle), VUN702 (yellow diamond)) and **(B)** dose response curves of CXCL12 or

938 nanobodies at 60 min recorded at 37°C in HEK293T cells. **C-D)** β -arrestin2 recruitment measured

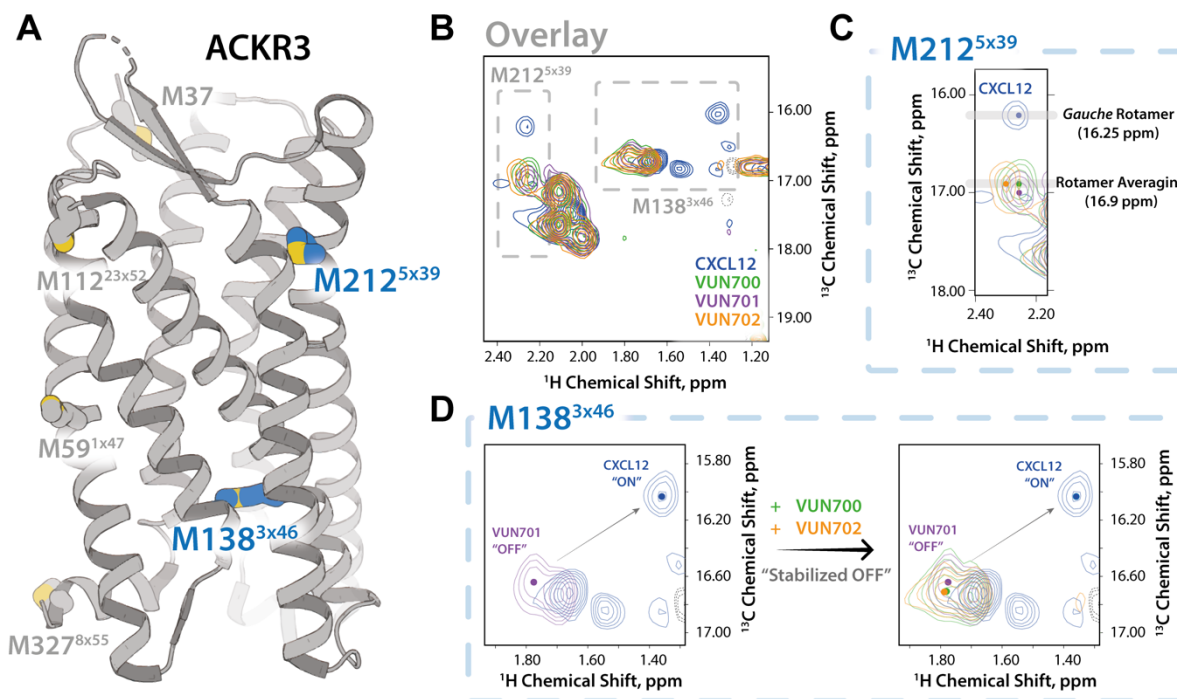
939 by BRET in agonist mode between donor ACKR3-Nluc and β -arr2-mV in **(C)** parental HEK293 or

940 in **(D)** GRK2/3/5/6 KO HEK293 cells. **E)** Schematic illustration of BRET-based FIASH-tagged

941 (CCPGCC) sensor F5 (between residues 156 and 157) on β -arrestin2. **F)** Time-resolved changes

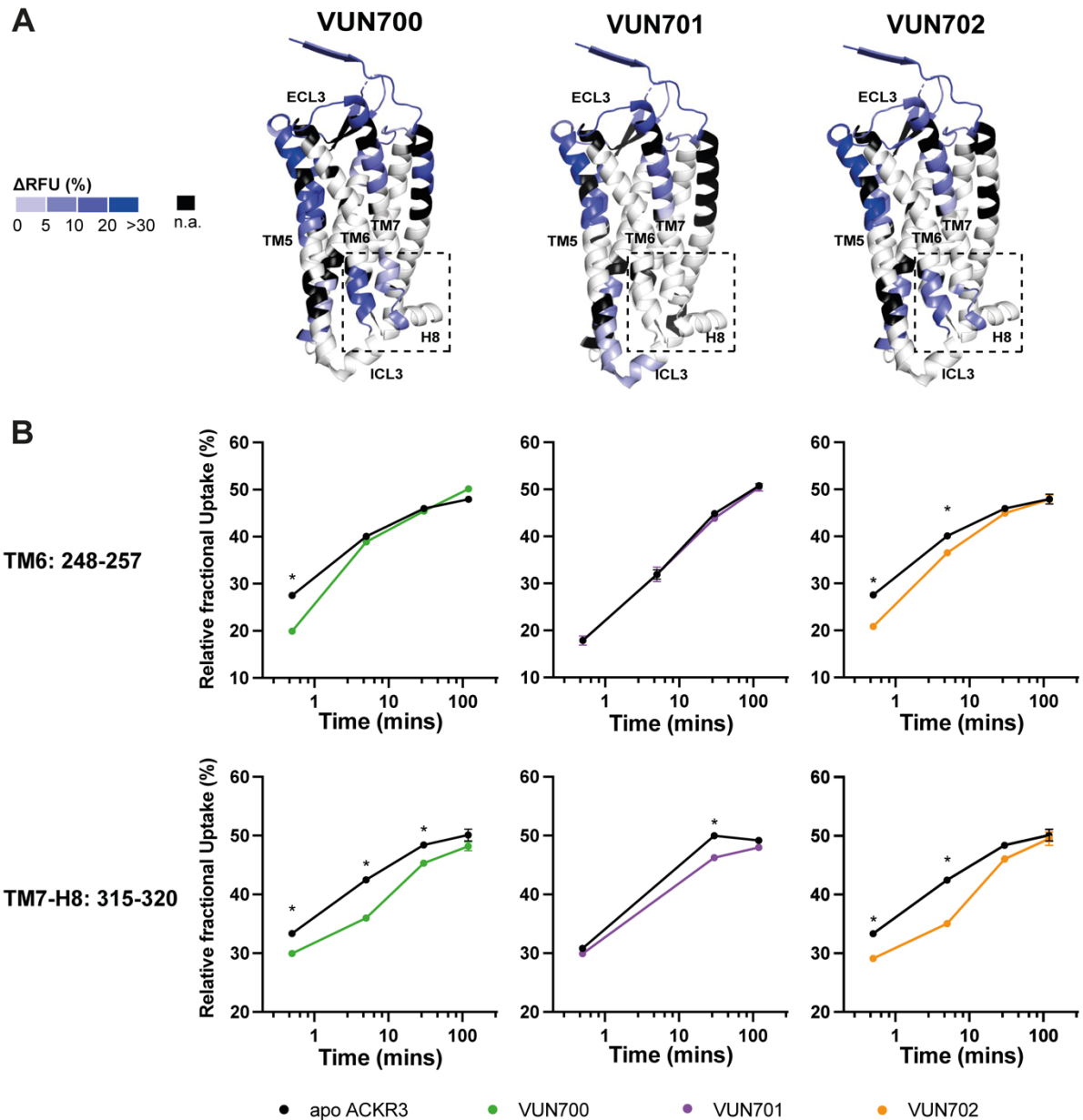
942 in the NanoBRET β -arrestin2 conformational biosensor F5 signal upon ACKR3 activation, following

943 the addition of 316nM of CXCL12 or 1 μ M of VUN700, VUN701 or VUN702 at 37°C in parental
944 HEK293 cells. Data are shown as the average \pm SD of three independent experiments performed
945 in technical triplicates.



946
947 **Figure 2. NMR-based structural characterization of ACKR3 upon nanobodies VUN700**
948 **binding reveals a relatively more pronounced "OFF" state of ACKR3 than VUN701-bound**
949 **state. A)** ACKR3 structure (7SK6 PDB)¹² with NMR peaks M138^{3x46} and M212^{5x39} depicted. **B)**
950 Overlay of M212^{5x39} peaks from all nanobodies and CXCL12 ligand-bound ACKR3 complexes. **C)**
951 Overlay of M138^{3x46} peaks in all nanobodies and CXCL12 ligand-bound states. Upfield peak
952 positions (¹H: ~1.3 ppm) of M138^{3x46} among agonist-bound states supports ring-current shifts due
953 to aromatic side chain interactions.

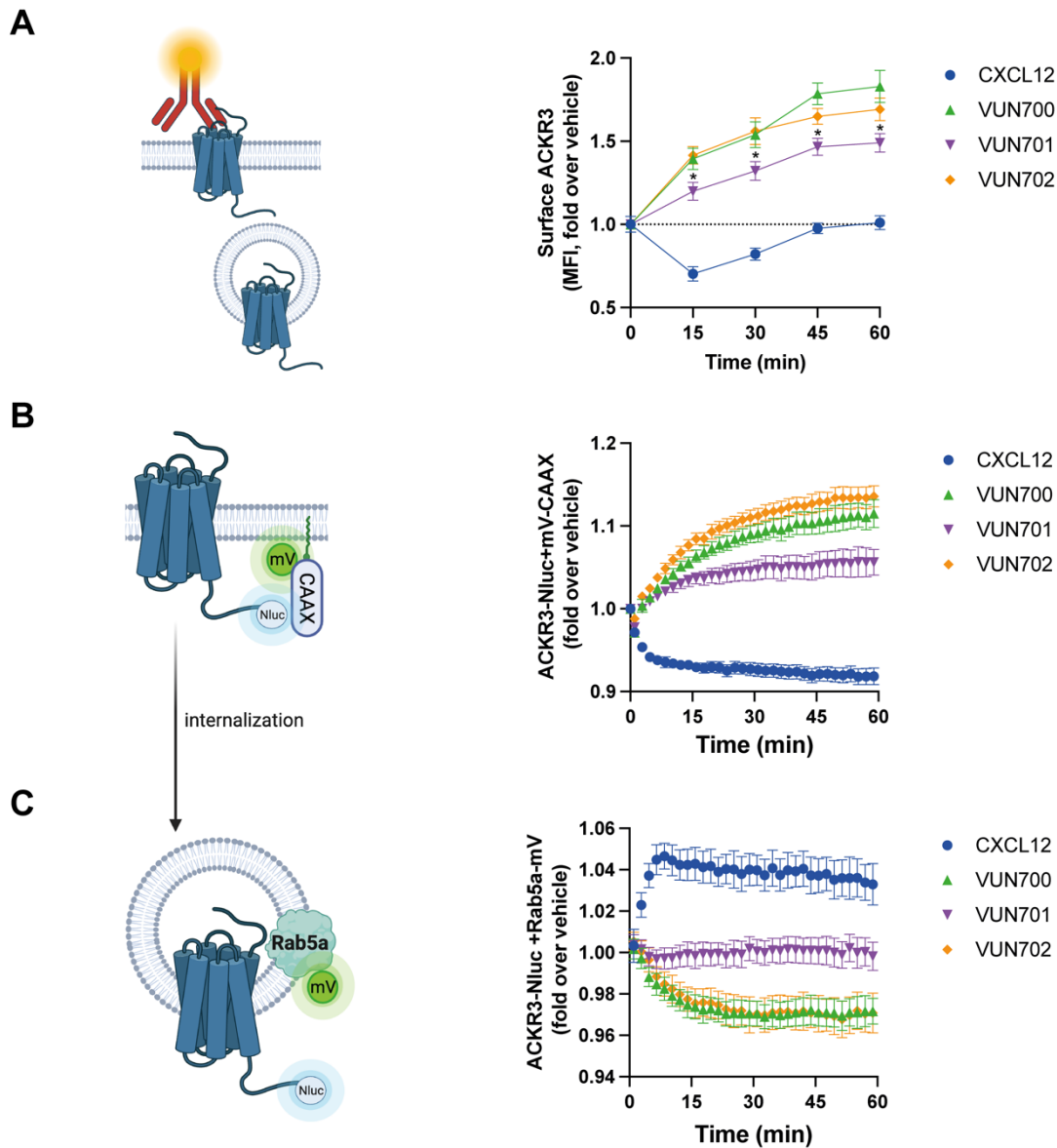
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956 **Figure 3. Conformational changes in ACKR3 induced by nanobody binding. A).** Structural
957 representation of the % differential relative fractional uptake (Δ RFU) data (apo ACKR3 – Nb-bound
958 ACKR3) mapped onto the cryo-EM structure of ACKR3 (PDB:7SK5). This depicts reproducible
959 and statistically significant Δ HDX over 120 minutes deuteration. The degree of Δ HDX (% Δ RFU)
960 Δ RFU is represented according to the color scale. Black regions represent those with no sequence
961 coverage. **B)** Deuterium uptake plots showing time-dependent change in RFU for ACKR3 peptides
962 on the intracellular side upon nanobodies binding, compared to apo ACKR3 (in black). Uptake
963 represents the average and SD of three technical replicates from one biological preparation of

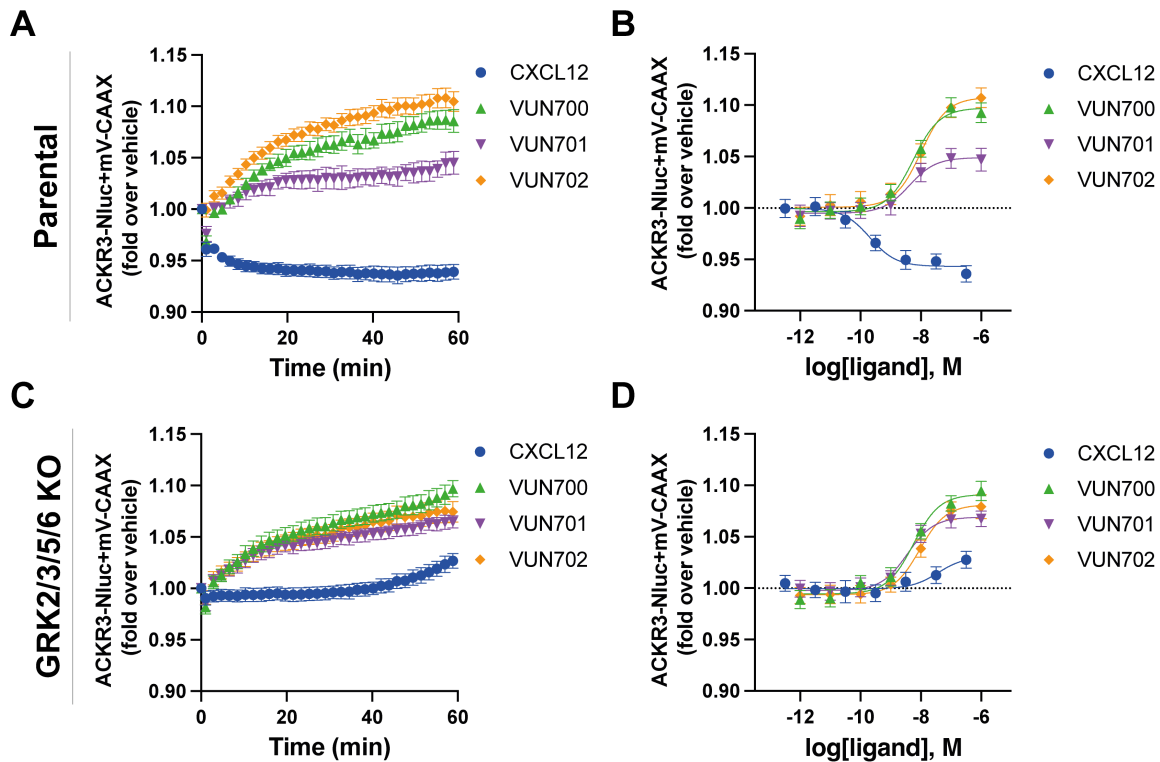
964 ACKR3. Data is representative of three biological replicates. Statistically significant changes were
965 determined using Deuterios 2.0 software⁹⁰ (*, $p \leq 0.01$).



966

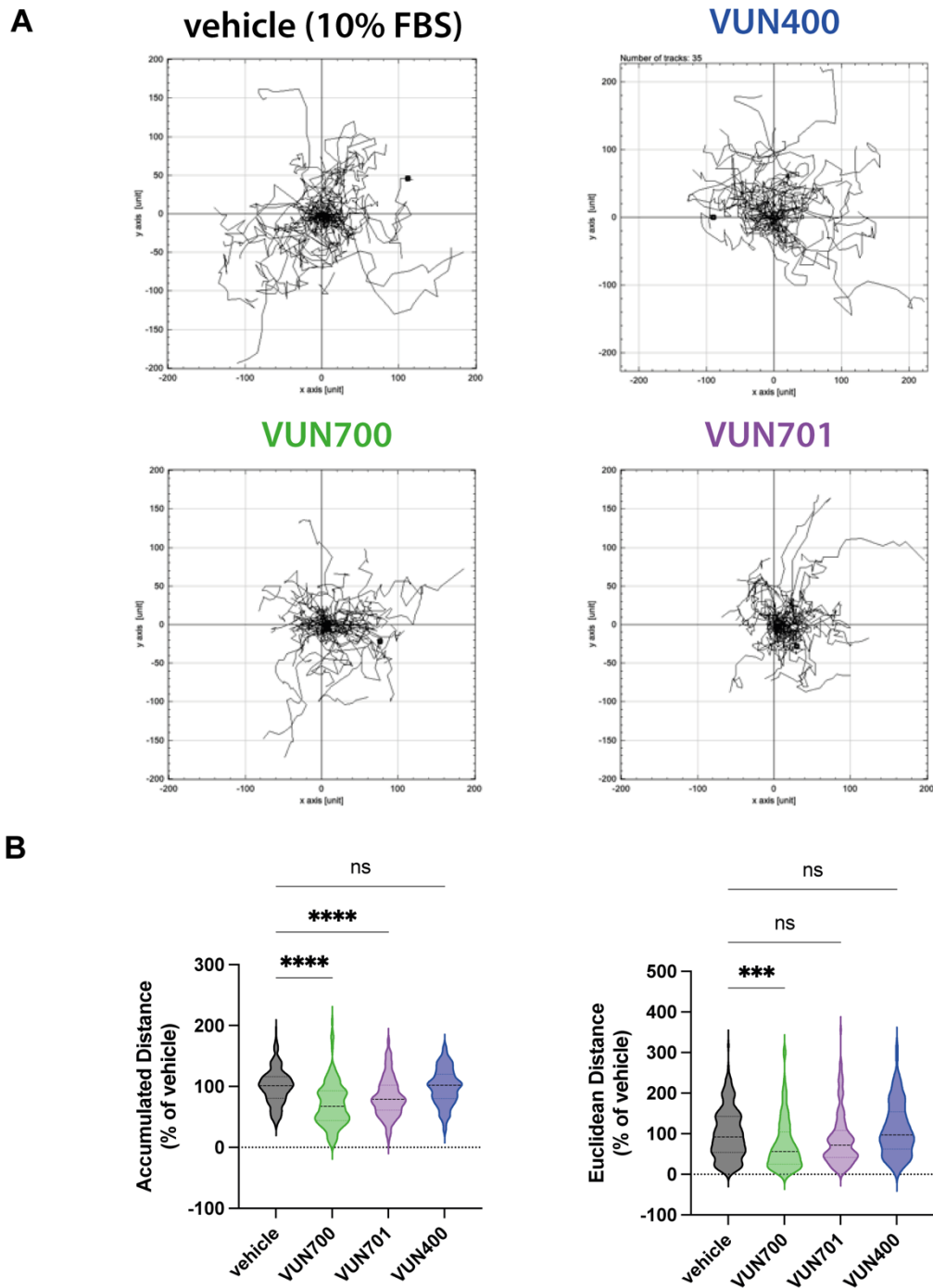
967 **Figure 4. ACKR3 nanobodies differentially change the localization of ACKR3 by capturing**
968 **ACKR3 at the membrane. A)** Surface ACKR3 detected by flow cytometry upon 316 nM of
969 VUN700 (green triangle), VUN701 (purple inverted triangle) or VUN702 (yellow diamond), or 100
970 nM CXCL12 (blue circle) over 60 min at 37°C in HEK293 cells. **B)** Time-dependent internalization
971 measured by BRET, between donor ACKR3-Nluc with mV-CAAX over 60 min with either 316nM
972 of CXCL12 or 1 μ M of VUN700, VUN701 or VUN702 at 37°C in HEK293T cells. **C)** Time-dependent
973 ACKR3 localized in the early endosomes measured by BRET, between donor ACKR3-Nluc with

974 Rab5a-mV, over 60 min with either 316nM of CXCL12 or 1 μ M of VUN700, VUN701 or VUN702 at
975 37°C in HEK293T cells. Data is shown as the average \pm SD of at least three independent
976 experiments performed in duplicates or triplicates. One-way ANOVA, multiple comparisons
977 Dunnett test (* p<0.05).



978

979 **Figure 5. ACKR3 nanobodies mediate GRK-independent and dependent constitutive**
980 **internalization. A-D)** Internalization of ACKR3-Nluc measured by BRET to the PM probe mV-
981 CAAX in (A-B) parental HEK293 or in (C-D) GRK2/3/5/6 KO HEK293 cells at 37°C. **(A, C)** Time-
982 dependent change in BRET over 60 min with either 316 nM of CXCL12 (blue circle) or 1 μ M of
983 VUN700 (green triangle), VUN701 (purple inverted triangle) or VUN702 (yellow diamond) and **(B,**
984 **D)** dose response curves of CXCL12 or nanobodies at 60 min. Data is shown as the average \pm SD
985 of four independent experiments performed in triplicate.



986

987 **Figure 6. Basal motility in metastatic breast cancer cells is reduced upon inverse**

988 **agonist nanobody targeting ACKR3. A)** Representative basal motility paths of MDA-MB-

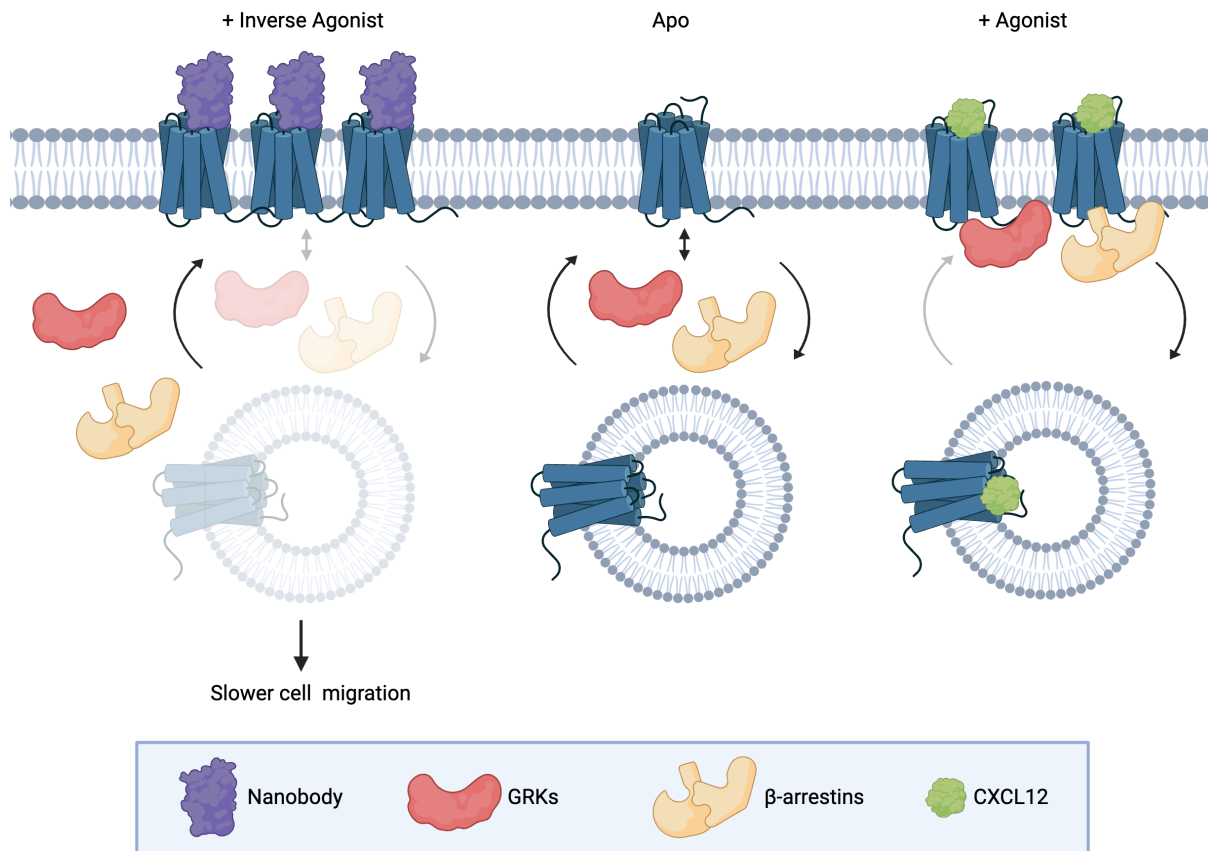
989 231 metastatic breast cancer cells for 16h in 10% FBS, vehicle condition (in black) or with

990 100nM of VUN700 (in green), VUN701 (in purple) or VUN400 (in blue). **B)** Accumulated

991 distance (total distance traveled) and Euclidean distance (Start to end point distance) for

992 individual cells from each of the conditions in **A**. The positions of at least 120 cells, selected

993 across three replicates (~40 cells/repeat), were tracked and normalized to the vehicle
994 condition. Significance was determined by one-way ANOVA Dunnett test ($p < 0.0005$ (***)
995 < 0.0001 (****)).



996

997 **Figure 7. Constitutive activity of atypical chemokine receptor revealed by inverse**
998 **agonistic nanobodies.** Apo-ACKR3 is constitutively active, which leads to the receptor basal
999 GRK phosphorylation, arrestin recruitment, and internalization. Stimulation with an agonist like
1000 CXCL12 fully activates ACKR3 and drives robust phosphorylation, arrestin complexing, and
1001 endocytosis. Inverse agonistic nanobodies suppress the constitutive activity of ACKR3,
1002 trapping the receptors at the cell surface and reducing interactions with arrestins or GRKs,
1003 thereby allowing GRKs and arrestins to be available for other GPCRs. These nanobodies also
1004 slow basal cell migration, suggesting a role for ACKR3 constitutive activity in cell motility.