

# Vasopressin Analog [V<sup>4</sup>Q<sup>5</sup>]dDAVP Exerts Cooperative Anticancer Effects in Combination With Low-Dose 5-Fluorouracil on Aggressive Colorectal Cancer Models

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# Abstract

**Background:** Colorectal cancer (CRC) is a leading cause of cancerassociated mortality worldwide. Despite being an essential component of systemic chemotherapy for advanced CRC, 5-fluorouracil (5-FU) clinical use has severe limitations, such as high toxicity, low selectivity and drug resistance.  $[V^4Q^5]dDAVP$  (1-deamino-4-valine-5-glutamine-8-D-arginine vasopressin) is a peptide vasopressin analog and a selective agonist of the arginine vasopressin type 2 membrane receptor (AVPR2), expressed in microvascular and tumor tissue. This synthetic compound has well-proven antitumor and antimetastatic activity in different tumor types, including metastatic CRC. The objective of this work was to assess the potential combinational benefits in preclinical CRC models after  $[V^4Q^5]dDAVP$  addition to 5-FU.

**Methods:** Effects on cellular viability, cell cycle progression, apoptosis and molecular mechanisms associated to  $[V^4Q^5]$ dDAVP treatment in combination with 5-FU were evaluated in murine CT-26 and human COLO-205 cell lines. *In vivo*, impact of dual therapy was explored on CRC tumor growth and metastatic spread.

**Results:** In CRC cells,  $[V^4Q^5]$ dDAVP (1 µM) addition to sub-IC<sub>50</sub> 5-FU concentrations resulted in the enhancement of cytostatic effects induced by chemotherapy. Reduction of cell viability after combined treatment was associated with cell cycle arrest in the  $G_0/G_1$  phase,

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induction of apoptosis and increased gene expression of the cyclindependent kinase inhibitor p21 (CDKN1A) and the tumor suppressor p53 (TP53) in malignant cells, as assessed by flow cytometry, terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate (dUTP) nick end labeling (TUNEL), and quantitative reverse transcription polymerase chain reaction (qRT-PCR), respectively. *In vivo*, intravenous administration of [V<sup>4</sup>Q<sup>5</sup>]dDAVP (0.3 µg/kg) in combination with safe low doses of 5-FU (50 or 80 mg/kg for CT-26 or COLO-205 tumor models, respectively) effectively abrogated CRC growth, reducing aggressiveness of primary lesions and increasing survival of tumor-bearing mice. In addition, concomitant administration of [V<sup>4</sup>Q<sup>5</sup>]dDAVP and 5-FU inhibited pulmonary metastasis formation by CT-26 cells in immunocompetent mice, especially reducing macrometastatic disease.

**Conclusions:**  $[V^4Q^5]$ dDAVP seems to enhance the efficacy of 5-FUbased chemotherapy in CRC by modulating tumor progression, as well as metastatic dissemination, suggesting its potential role as a safe and cost-effective co-adjuvant agent for the management of advanced CRC.

**Keywords:** Colorectal cancer; [V<sup>4</sup>Q<sup>5</sup>]dDAVP; 5-FU; Antimetastatic; AVPR2; Co-adjuvant therapy

## Introduction

Colorectal cancer (CRC) is the third most commonly diagnosed malignancy and the second cause of cancer-associated mortality, with incidence expected to increase over the next two decades [1]. Nearly one-fifth of the patients suffer from metastatic CRC (mCRC) at diagnosis, of which liver and lungs are the most frequent affected organs. Moreover, 50% of patients with localized disease will develop metastases after curative treatment. While survival rates have improved globally over the past years for CRC in general, stage IV disease portends a very poor prognosis, with a 5-year overall survival of approximately 15% [2].

In patients with advanced stage disease, cytotoxic therapy options and response remain limited. In particular, antimetabolite chemotherapeutic agent 5-fluorouracil (5-FU) represents

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This article is distributed under the terms of the Creative Commons Attribution Non-Commercial 4.0 International License, which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited one of the main constituents of cytotoxic combination regimens used for CRC management. Unfortunately, the 5-FU regimen is markedly associated with high toxicity and severe side effects, including life-threatening myelosuppression, gastrointestinal complications, and neurotoxicity [3]. In this scenario, the wide availability of various doses and treatment schedules of this antimetabolite allows clinicians to select specific 5-FUbased regimens with the most acceptable patterns of toxicity aiming at a more personalized approach. Combining 5-FU with other cytotoxic drugs, such as oxaliplatin, capecitabine, irinotecan and others, can enhance chemotherapy outcomes. However, the efficacy of these agents is still limited as many colorectal tumors develop chemoresistance [4]. As a result, identifying novel, effective, and well-tolerated therapeutic alternatives for their potential application when combined with 5-FU during CRC treatment is of paramount importance in order to overcome adverse effects and improve patient outcome.

Due to their ease of rational design, low production costs, high target specificity, and good tolerability, peptide-based drugs, including synthetic hormone derivatives, have enormous potential as therapeutic tools for cancer management. The peptide compound [V<sup>4</sup>Q<sup>5</sup>]dDAVP (1-deamino-4-valine-5-glutamine-8-D-arginine vasopressin) is a second-generation synthetic analog of naturally occurring antidiuretic hormone, also known as arginine vasopressin (AVP) [5]. This novel agent is a result of a structure-based drug design aiming to increase its biological activity [6, 7]. [V4Q5]dDAVP preserves several key structural features of its parental compound, and first-generation AVP derivative, desmopressin (dDAVP), a widely used hemostatic compound that has been repurposed for the management of different types of cancer as a result of its angiostatic and antimetastatic activity, with promising results in clinical trials for breast cancer surgery (NCT01606072) and symptom control in CRC patients with rectal bleeding (NCT01623206) [8-10]. [V<sup>4</sup>Q<sup>5</sup>]dDAVP, which is also a cyclic nonapeptide, retains dDAVP extended half-life and target-specificity as a result of a deaminated cysteine in position 1 and substitution of L-arginine with its D-enantiomer in position 8. In addition, this novel analog added second-generation sequence modifications at the N-terminal of the peptide such as replacement of glutamine by valine in position 4, enhancing the strength of ligand-receptor binding [11], and asparagine by glutamine in position 5, preventing aminoacidic deamination [12]. Both parental drug dDAVP and novel analog [V<sup>4</sup>Q<sup>5</sup>]dDAVP activate the adenylate cyclase/cyclic adenosine monophosphate (cAMP)/protein kinase A (PKA) axis after selective stimulation of arginine vasopressin type 2 membrane receptor (AVPR2), a receptor subtype which is expressed in microvascular endothelium, normal colonic tissue and colorectal malignant cells [13-15]. Therapeutic profile of the novel compound was evaluated using a large variety of clinically relevant experimental cancer models including, but not limited to, CRC, pancreatic adenocarcinoma, small cell and nonsmall cell lung cancer, melanoma and different molecular subtypes of malignant breast tumors. As a result, [V<sup>4</sup>Q<sup>5</sup>]dDAVP consistingly showed enhanced cytostatic, antimetastatic and angiostatic effects in comparison to parental peptide dDAVP [5]. Particularly in CRC, in a previosuly published study, we showed that direct cytostatic action and clonogenic growth inhibition by [V<sup>4</sup>Q<sup>5</sup>]dDAVP was strictly AVPR2-mediated and that sustained intravenous (IV) administration of the peptide at clinically relevant doses was capable of reducing CRC-driven angiogenesis and metastatic dissemination and outgrowth in both liver and lung, without overt signs of toxicity [16].

As previously described, considering that cytotoxic efficacy in CRC is often limited by tumor drug resistance caused by prior exposure, and risk of cumulative toxicities due to lack of target selectivity, the potential combination with novel highly selective cytostatic agents such as  $[V^4Q^5]dDAVP$  is highly interesting. The main objective of the present work was to assess the antineoplastic activity of  $[V^4Q^5]dDAVP$  in addition to low-dose 5-FU on aggressive experimental CRC models, characterizing the impact of dual therapy on key biological events in this disease, such as cancer cell growth and survival, cell cycle progression, apoptosis induction, tumor progression and metastatic spread.

## **Materials and Methods**

#### Cell culture conditions and reagents

KRAS<sup>G12C</sup>-mutant and highly metastatic CT-26 mouse colon carcinoma cells and BRAF<sup>V600E</sup>-mutant COLO-205 human colon adenocarcinoma cell line, were obtained from the American Type Culture Collection (ATCC CRL-2638 and CCL-222, respectively), and were maintained in Roswell Park Memorial Institute 1640 culture medium (RPMI-1640, Sigma-Aldrich) supplemented with 10% fetal bovine serum (FBS), 2 mM glutamine and 80 µg/mL gentamicin, in a humidified incubator (37°C, 5% CO<sub>2</sub>). All tumor cells were harvested using a 0.025% trypsin/0.01% EDTA solution (Gibco) diluted in phosphate-buffered saline (PBS). [V<sup>4</sup>Q<sup>5</sup>]dDAVP (Mpr-Tyr-Phe-Val-Gln-Cys-Pro-DArg-Gly-NH<sub>2</sub>) was purchased from the American Peptide Company Inc. (BACHEM Group; lot number 1507008T). Peptide purity was 99% as assessed by highperformance liquid chromatography-mass spectrometry. [V<sup>4</sup>O<sup>5</sup>] dDAVP was diluted in PBS for in vitro and in vivo studies. The chemotherapeutic agent 5-FU was provided by Microsules S.A.

#### Tumor cell viability

For viability assays COLO-205 or CT-26 cells were seeded in 96-well plates with 2.5 or  $3.0 \times 10^3$  cells per well, respectively. After 72 h of exposure to treatment, MTS reagent ([3-(4,5-di-methylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium]) (Promega) was added to each well and absorbance at 490 nm was measured after 3 h.

#### Cell cycle distribution by flow cytometry

Semi-confluent cultures were starved for 24 h in serum-free medium and then treated with  $[V^4Q^5]dDAVP$  (1  $\mu$ M), 5-FU (5  $\mu$ M) or its combination for other 24 h. COLO-205 cells were harvested with trypsin/ethylenediaminetetraacetic acid (EDTA) solution, permeabilized and fixed using 70% v/v

methanol for cytometric analysis. Washed cells were stained with a propidium iodide (PI) solution ( $50 \mu g/mL$ , Thermo Scientific), incubated for 30 min at 37 °C and 1 × 10<sup>4</sup> events were acquired with a FACSCalibur (BD Life Sciences) flow cytometer. Compensated data were analyzed and the distribution of cells in three major phases of the cycle ( $G_0/G_1$ , S and  $G_2/M$ ) was calculated with FlowJo v7.2 Software (BD Life Sciences).

## Apoptosis

Detection of DNA fragmentation was evaluated by the terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate (dUTP) nick end labeling (TUNEL) assay with an in situ cell death detection kit (DeadEnd<sup>TM</sup> Fluorometric TUNEL System, Promega) according to the supplier's recommendations. Briefly, COLO-205 cells were seeded on coverslips, treated for 48 h with  $[V^4Q^5]$ dDAVP (1  $\mu$ M), 5-FU (5 µM) or its combination, and then fixed with 4% paraformaldehyde for 15 min at room temperature, washed with PBS and permeabilized with 0.2% Triton X-100. Free DNA 3'-OH ends were labeled with fluorescein-12-dUTP, using a recombinant terminal deoxynucleotidyl transferase (rTdT) in a humidified chamber at 37 °C for 1 h. Cells were stained with DAPI-containing mounting medium (Vectashield Vectorlabs) and viewed under a fluorescence microscope (Cytation 5, BioTek). The ratios of viable/apoptotic cells for each group were quantified in 10 high-power fields (HPFs) of × 200 magnification. The number of apoptotic cells evaluated by TUNEL was expressed as (number of TUNEL-positive cells/total cells) × 100 in each specific condition ( $\pm$  95% confidence limits), and analyzed by the  $\chi^2$  test.

## Quantitative real-time polymerase chain reaction (PCR)

Total RNA was extracted using the Easy Pure RNA Purification Kit (TransGen Biotech) according to the manufacturer's recommendations and was reverse-transcribed with the Super Script III-First Strand transcriptase (Invitrogen). Quantitative real-time PCR was performed using the SYBRGreen PCR Master Mix (ThermoFisher) and the QuantStudio 3 qPCR system (Applied Biosystems). Relative quantification was calculated by the  $2^{-\Delta\Delta Ct}$  method, normalized to the endogenous HPRT1 gene expression. Multiple comparisons between experimental groups were conducted using mixed-effects analysis with Sidak's test. The following target specific primers were used (forward and reverse, respectively): HPRT1, 5'-AACGTCTTGCTCGAGATGTG-3' and 5'-GCTTTGATG-TAATCCAGCAGG-3; CDKN1A, 5'-GGCCGGGTTGTCGC-CCTTTT-3' and 5'-GGCCGGGTTGTCGCCCTTTT-3'; and p53, 5'-GGATGCCTTTGTGGAACTGTAC-3' and 5'-TTCAC TTGTGGCCCAGATAGG-3'.

## Animals

Immunocompetent BALB/cAnNLAE and athymic nude

NLAE:NIH (S)-Fox1<sup>nu</sup> female mice were purchased from UNLP (National University of La Plata, Buenos Aires, Argentina), with an age of 8 - 12 weeks and a weight of approximately 20 g. Animals were housed at five mice per cage with food and water provided *ad libitum*. All animal protocols have been carried out in accordance with the Guide for the Care and Use of Laboratory Animals as adopted by the US National Institutes of Health (NIH Publications No. 8023, revised 1978) and were approved by our institutional Animal Care Committee UNQ-CICUAL (Resolution CD CyT No. 075/14). Results from animal studies were reported following ARRIVE guide-lines.

## **Pulmonary experimental metastases**

A total of  $2 \times 10^5$  CT-26 cells in SFB-free RPMI medium were injected into the lateral tail vein of immunocompetent BALB/ cAnNLAE mice. IV [V<sup>4</sup>Q<sup>5</sup>]dDAVP (0.3 µg/kg), alone or plus 5-FU-based chemotherapy, was administered twice, 30 min prior to tumor cell injection and 24 h later. After 72 h of CRC cell inoculation, three suboptimal intraperitoneal (IP) doses of 5-FU (50 mg/kg) were injected weekly on days 4, 11, and 18 post-tumor cell challenge. On day 21 mice were euthanized, lungs were recovered, weighed and fixed in 4% formaldehyde.

## Histological assessment of metastatic lung colonization

After pulmonary lesions were confirmed by histopathology, color bright field images of the entire hematoxylin and eosin (H&E) stained lung sections were generated using the Cytation 5 Cell Imaging Multi-Mode Reader (BioTek Instruments) at  $\times$  2.5 magnification. A series of images were collected using a 4  $\times$  5 grid and the stitching was performed using the Image Montage function of the Gen5 Image software, setting a tile overlapping of 10%. The quantification of metastatic *versus* healthy lung tissue was performed on the stitched images using the "Color Threshold" tool from the Image J 1.5p Software (NIH, USA), setting the units in "µm" using the scale bar in each photograph as reference.

## **CRC tumor progression protocols**

First, human COLO-205 xenografts were established by subcutaneous (SC) injection of  $2.5 \times 10^6$  cells in 0.3 mL of RPMI 1640 and Matrigel (BD Biosciences) mixture (1:1 volume ratio), in the flanks of female NLAE:NIH (S)-Fox1<sup>nu</sup> mice. Tumor latency was monitored by periodic palpation and treatment started at day 9, when tumor engraftment was confirmed in 100% of the animals. Chemotherapeutic 5-FU (80 mg/kg) was administered IP once a week for 3 weeks, alone or in combination with [V<sup>4</sup>Q<sup>5</sup>]dDAVP (0.3 µg/kg, IV), given three times per week until animal sacrifice. Tumor diameters (length and width) were recorded three times per week using a digital caliper for tumor growth assessment. Xenograft volume was estimated using the formula  $\pi/6 \times$  Length  $\times$  Width<sup>2</sup>. During the tumor progression protocols, animal weights and tumor growth rates (TGRs) were also assessed. TGRs represent the slopes of the linear regressions of tumor growth curves over time. In addition, the effect of combinational therapy on survival of COLO-205 xenograft-bearing mice was also evaluated. Log-rank test and Cox regression analysis were applied to establish the association of each treatment with survival. Xenograft-bearing mice were euthanized by cervical dislocation when humane tumor burdens of 1,500 mm<sup>3</sup> were reached. When CRC xenografts exhibited early signs of ulceration (day 29), incidence of skin infiltration was analyzed using a nonparametric one-tailed binomial proportions test (setting the expected outcome for skin infiltration at 50%) and animals were photographed at high resolution.

Secondly, to generate CRC tumors in immunocompetent hosts,  $1 \times 10^5$  CT-26 cells were injected SC in syngeneic BALB/c mice. Treatment started 20 days later, after all incipient tumors were detected by palpation. The 5-FU was administered using weekly IP injections at a dose of 50 mg/kg, alone or in combination with [V<sup>4</sup>Q<sup>5</sup>]dDAVP (administered as mentioned previously), until the end of the protocol at day 36.

#### Statistical analysis

Statistical analysis was performed using the GraphPad Prism v8.0.0 (GraphPad Software Inc.) [17]. In order to compare differences between two experimental groups, Mann-Whitney or *t*-tests were used for non-parametric or normal distribution of data, respectively. In case of more than two experimental groups, analysis of variance (ANOVA) analysis with Tukey's multiple comparisons post-test was used when normal distribution of data was determined. Kruskal-Wallis analysis with Dunn's multiple comparisons post-test was used in case of non-parametric distribution of data. Data corresponds to at least two or three independent experiments unless stated otherwise. Data were presented as mean  $\pm$  standard deviation (SD) or standard error of mean (SEM), unless stated otherwise. Differences were considered statistically significant at a level of P < 0.05.

#### Results

First, we addressed the characterization of the *in vitro* antineoplastic activity after [V<sup>4</sup>Q<sup>5</sup>]dDAVP addition to 5-FU-based chemotherapy and the molecular mechanisms associated to such combinational effects. Evaluation of potential benefits of [V<sup>4</sup>Q<sup>5</sup>]dDAVP plus suboptimal concentrations of cytotoxic therapy was conducted on exponentially growing human and murine CRC cells. As shown in Figure 1a, IC<sub>50</sub> values of 5-FU on COLO-205 and CT-26 cells were found as 24.7 and 1.4  $\mu$ M, respectively. [V<sup>4</sup>Q<sup>5</sup>]dDAVP at 1  $\mu$ M as a single agent and specially in combination with 5-FU at IC<sub>25-35</sub> (5 or 0.5  $\mu$ M for COLO-205 and CT-26 cells) significantly impaired CRC cell viability, reducing metabolic activity in malignant cells by up to 56% (Fig. 1b) (P < 0.0001). These results were in accordance with previously reported data, in which [V<sup>4</sup>Q<sup>5</sup>]dDAVP plus taxane-, alkylating- or antimetabolite-based therapy deployed synergistic inhibitory activity of cellular growth on high density cultures of aggressive breast and colorectal carcinomas [16, 18].

The molecular mechanisms associated with the control of cell cycle progression and the induction of apoptosis are strongly dysregulated in CRC [19, 20]. Our group has previously reported that [V<sup>4</sup>Q<sup>5</sup>]dDAVP induces a partial arrest in the  $G_0/G_1$  cell cycle phase on triple-negative breast cancer cells and that this effect is associated with the increase of intracellular cAMP and subsequent activation of PKA [6]. Furthermore, it has been previously reported that chemo-resistant CRC cells are addicted to low cAMP levels [21]. Following this rationale, we sought to investigate the impact of  $[V^4Q^5]$ dDAVP (1  $\mu$ M) treatment plus 5-FU (5 µM) over the cell cycle progression of human CRC cells. After 24 h of drug incubation, combined treatment was associated with a significant cell cycle arrest in the  $G_0/G_1$  phase, increasing the tumor cell population from 57.5% in the vehicle-treated group to 72.1% for  $[V^4Q^5]dDAVP$ + 5-FU (P < 0.001), as well as a sixfold decrease in the percentage of cells in the G<sub>2</sub>/M in comparison to control (Fig. 1c and Supplementary Material 1, www.wjon.org) (P < 0.0001). Interestingly, [V<sup>4</sup>Q<sup>5</sup>]dDAVP as a single was also capable of decreasing the percentage of cells in the synthesis phase of the cycle (S) (P < 0.05).

In addition, the ability of  $[V^4Q^5]$ dDAVP (1 µM), alone or in combination with chemotherapy, of inducing apoptosis in human CRC cells was also studied by fluorescence microscopy and the TUNEL assay. While after 48 h of treatment, TUNEL-positive rates for the control and  $[V^4Q^5]$ dDAVP groups were below 2%, combined treatment after addition of the novel synthetic analog to 5-FU (5 µM) caused a significant increase in the percentage of apoptotic cells from 1.2% to 18.45%, improving not only  $[V^4Q^5]$ dDAVP activity but also the pro-apoptotic effect of 5-FU as a monotherapy (13.45%) (Fig. 1d, e) (P < 0.001).

To further investigate the molecular mechanisms responsible for the ability of the drug combination to regulate tumor cell viability, cell cycle, apoptosis and survival, gene expression of the cyclin-dependent kinase inhibitor p21 (CDKN1A) and the tumor suppressor p53 (TP53) were studied using quantitative reverse transcription (RT)-PCR. After the first 12 h of drug exposure, a significant increase in p21 expression was observed as a consequence of 5-FU treatment (5  $\mu$ M) (P < 0.01). After 12 h,  $[V^4Q^5]$ dDAVP (1 µM) addition resulted in a 15.7-fold gene expression increase *versus* control (P < 0.001), improving the effect of 5-FU as a single agent (7.7-fold increase in comparison to control group) (Fig. 1f, left) (P < 0.001). Moreover, the expression of p53 was rapidly stimulated and maintained as a result of the [V<sup>4</sup>Q<sup>5</sup>]dDAVP and 5-FU dual treatment, showing a 110% and 70% increase in the relative amount of transcripts found in the vehicle-treated CRC cells after 12 (P < 0.01) and 24 (P < 0.001) h of drug exposure, respectively.

Despite the fact that 5-FU continues to be the basis of adjuvant treatment for patients with mCRC, patient survival after treatment still remains poor and adverse effects are alarmingly common. In this setting, lung metastatic disease ranks as the second site of dissemination in CRC after liver, representing an important clinical challenge. For this reason, the effect of  $[V^4Q^5]$ dDAVP, alone or in combination with 5-FU, on CRC



**Figure 1.** *In vitro* cytostatic activity of [V<sup>4</sup>Q<sup>5</sup>]dDAVP in combination with 5-fluorouracil on COLO-205 (left) and CT-26 (right) colorectal cancer cells and lc<sub>50</sub> calculation after a 72-h exposure to chemotherapeutic agent. (b) Effect on colorectal cancer cell viability of [V<sup>4</sup>Q<sup>5</sup>]dDAVP (1  $\mu$ M) addition to 5  $\mu$ M 5-fluorouracil for COLO-205 cells (left) or 0.5  $\mu$ M for CT-26 cells (right). Direct cytotoxic/ cytostatic effects on cancer cells were assessed by the metabolic MTS assay. (c) Cell cycle phase distribution evaluated by flow cytometry for COLO-205 cells after 24 h treatment with [V<sup>4</sup>Q<sup>5</sup>]dDAVP (1  $\mu$ M), 5-fluorouracil (5  $\mu$ M) or dual combined therapy. (d) Percentage of apoptotic cells after 48 h treatment with [V<sup>4</sup>Q<sup>5</sup>]dDAVP (1  $\mu$ M), 5-fluorouracil (5  $\mu$ M) or dual combination in human colorectal cancer cell cultures. Apoptosis was assessed by terminal deoxynucleotidyl transferase-mediated deoxyuridine triphosphate (dUTP) nick end labeling (TUNEL). (e) Representative images of TUNEL labeling in human COLO-205 cell cultures under different treatments (× 200 magnification. Scale bar = 200  $\mu$ m). (f) Relative gene expression of cyclin-dependent kinase inhibitor p21 (CD-KN1A) and the tumor suppressor p53 (TP53) by quantitative reverse transcription polymerase chain (qRT-PCR) in colorectal cancer cells after 24 h treatments. \*P < 0.001, \*\*\*P < 0.001 and \*\*\*\*P < 0.0001.

cell metastatic dissemination and lung colonization, was explored. For experimental metastasis studies, a suboptimal cytotoxic dose of 5-FU was selected for drug combinations with  $[V^4Q^5]$ dDAVP. As a result,  $[V^4Q^5]$ dDAVP (0.3 µg/kg IV) was administered 30 min before and 24 h after IV injection of mCRC cells, as a single agent or in addition to weekly doses of 5-FU (50 mg/kg IP) until the end of the protocol at day 21. As observed in Figure 2a, the therapeutic effects of the different compounds were first assessed on macrometastatic disease, after quantifying superficial pulmonary tumor nodules > 2 mm in diameter. Lungs belonging to saline-treated animals evidenced a high number of large metastatic lesions with a median of 11 macronodules per animal, with a range of 5 - 17 nodules. In contrast, concomitant administration of 5-FU with [V<sup>4</sup>Q<sup>5</sup>]dDAVP caused a 70% reduction in macrometastatic disease, *versus* control group (P < 0.001). Although not reaching statistical significance, suboptimal 5-FU treatment was associated to a partial inhibitory activity of 45% (P > 0.05). Finally, [V<sup>4</sup>Q<sup>5</sup>]dDAVP monotherapy resulted in a significant but smaller antimetastatic effect, reducing the median number of large metastatic lesions from 11 to 4, in comparison to animals treated with saline vehicle (P < 0.05). These results were confirmed after performing computer-assisted histopathological analysis of CRC cell-colonized lungs and measuring total metastatic burden (Fig. 2b), in which, once again, [V<sup>4</sup>Q<sup>5</sup>]dDAVP administration in combination with 5-FU resulted in greater therapeutic benefits (P < 0.0001). Representative images of H&E-stained sections of colonized lungs bearing subpleural and intrapulmonary mCRC nodules from different experimental groups are depicted in Figure 2c.

Having found both decreased growth and increased apoptosis in human CRC cells after [V<sup>4</sup>Q<sup>5</sup>]dDAVP addition to low-dose chemotherapy, we further explored the potential cooperative effects of the peptide analog plus 5-FU on tumor progression in vivo. COLO-205 xenografts were generated in athymic nude mice and treatments started after 9 days of tumor challenge and engraftment confirmation. The 5-FU was administered IP once a week for 21 days at a suboptimal 80 mg/kg IP dose, alone or in combination with [V<sup>4</sup>Q<sup>5</sup>]dDAVP at 0.3 µg/kg, IV, given three times per week. After 4 weeks of drug administration, despite all treatments were associated to an inhibition of CRC xenograft progression (mean TGR values were  $37.1 \pm 3.2$ ,  $25.9 \pm 3.0$ ,  $26.4 \pm 2.5$ , and  $13.1 \pm 2.8$ mm<sup>3</sup>/day for control,  $[V^4Q^5]$ dDAVP (P < 0.05), 5-FU (P < 0.05) or  $[V^4Q^5]$ dDAVP + 5-FU (P < 0.001) groups, respectively), the combined treatment was capable of enhancing the anti-CRC activity of 5-FU (P < 0.05) and  $[V^4Q^5]dDAVP$  (P < 0.001) when administered as monotherapies, significantly reducing primary tumor burden by 57% against saline vehicletreated group  $(1,034.6 \pm 130.4 \text{ mm}^3 \text{ for control and } 375.8 \pm 130.4 \text{ mm}^3 \text{ for control and } 375$ 122.1 mm<sup>3</sup> for  $[V^4Q^5]$ dDAVP + 5-FU, mean ± SEM) (Fig. 2d). Cooperative inhibition of CRC growth was also assessed and confirmed in immunocompetent BALB/c mice bearing highly aggressive CT-26 syngeneic tumors, after administration of  $[V^4Q^5]$ dDAVP (also at 0.3 µg/kg, IV, three times per week) in addition to weekly IP doses of 5-FU (Supplementary Material 2, www.wjon.org) (P < 0.001).

The effect of  $[V^4Q^5]$ dDAVP treatment, alone or in combination with cytotoxic therapy, on survival of CRC xeno-

graft-bearing animals was also evaluated. Despite low-dose 5-FU-based chemotherapy regimen ending after 4 weeks of treatment, [V<sup>4</sup>Q<sup>5</sup>]dDAVP administration continued until a tumor burden of 1,500 mm<sup>3</sup> was reached and mice were euthanized. Sustained IV administration of [V<sup>4</sup>Q<sup>5</sup>]dDAVP in combination with 5-FU resulted in a significant increase in survival in comparison to control or single agent treatments (Fig. 2e) (P < 0.01). At day 50, survival fractions were 16.6%, 40%, 0% and 83% for control, [V<sup>4</sup>Q<sup>5</sup>]dDAVP, 5-FU and [V<sup>4</sup>Q<sup>5</sup>]dDAVP + 5-FU, respectively. Additionally, when the CRC xenografts exhibited signs of ulceration and necrosis, animals were photographed at high resolution and the incidence of skin infiltration was analyzed for each group (Fig. 2f). COLO-205 tumors corresponding to the vehicle-treated group showed invasive growth, causing visible ulceration and necrosis in 50% (3/3) of the experimental animals. Similarly, 60% (3/5) of the animals treated with 5-FU alone showed lesions in the superficial laver of the skin, but of a qualitatively smaller size, as shown in the representative images in Figure 2g. Animals treated with [V<sup>4</sup>Q<sup>5</sup>]dDAVP alone, or especially in combination with lowdose 5-FU, only showed a 20% incidence or a total inhibition of ulceration, respectively, indicating a strong modulation of local tumor aggressiveness (P < 0.05). Animal body weight variations, before and after treatments, and across different in vivo protocols were also assessed as a direct measure of treatment tolerability (Supplementary Material 3, www.wjon.org, for CT-26 experimental lung metastasis, COLO-205 xenograft progression and survival, and CT-26 tumor growth protocols, respectively). All evaluated therapies, including the  $[V^4Q^5]$ dDAVP + 5-FU combined treatment, were well tolerated, without significant changes in body weight or overt signs of toxicity (P > 0.05).

## Discussion

To our knowledge, the present study establishes for the first time the efficacy and combinational effects of the synthetic peptide  $[V^4Q^5]$ dDAVP in addition to chemotherapeutic agent 5-FU using different CRC preclinical models. As previously described, despite the fact that 5-FU is a key antineoplastic drug in multiple chemotherapy combination regimens for CRC management, its use is widely associated with severe adverse effects and toxicity [3], as well as chemoresistance, even when administered in addition to other cytotoxic agents, such as oxaliplatin, irinotecan or capecitabine [4]. In this regard, exploring novel co-adjuvant drugs that have the capacity to selectively modulate different aspects of tumor aggressiveness and enhance the antitumor activity of chemotherapy, especially at lower and safer doses, is highly relevant.

CRC carcinogenesis and progression is widely associated with cell cycle deregulation and blockage of apoptosis induction, resulting in increased tumor cell survival and proliferative potential. *In vitro* we showed that [V<sup>4</sup>Q<sup>5</sup>]dDAVP addition to suboptimal 5-FU concentrations, results in cooperative cytostatic anti-CRC activity, reducing tumor cell viability and enhancing chemotherapy-induced apoptosis and cell cycle arrest. It is well described that [V<sup>4</sup>Q<sup>5</sup>]dDAVP direct cytostatic



Figure 2. In vivo combinational effects of [V4Q5]dDAVP addition to low doses of 5-fluorouracil on colorectal cancer metastatic spread and tumor growth. Effects of combined therapy on CT-26 cell metastatic dissemination to lung (a, b and c) and COLO-205 xenograft progression (d, e, f and g) are shown. (a) Quantification of surface macrometastatic (> 1 mm of diameter) pulmonary lesions 21 days after highly metastatic CT-26 cells were injected intravenously (IV) in BALB/c mice. Animals were treated with [V<sup>4</sup>Q<sup>5</sup>]dDAVP (0.3 µg/ kg IV) and 5-fluorouracil (50 mg/kg intraperitoneal (IP)), alone or in combination. (b) Metastatic burden in lungs was also assessed and guantified by computer-assisted histopathological analysis as area of CT-26 lung metastasis per total lung area. (c) Representative photographs of hematoxylin and eosin (H&E)-stained sections of lungs colonized by CT-26 metastatic cells from control mice receiving saline solution, [V<sup>4</sup>Q<sup>5</sup>]dDAVP or 5-fluorouracil alone, or [V<sup>4</sup>Q<sup>5</sup>]dDAVP plus 5-fluorouracil dual treatment. Scale bar = 2 µm. (d) Assessment of primary COLO-205 xenograft progression in nude mice. Curves representing tumor volume over time in mice receiving saline solution, [V<sup>4</sup>Q<sup>5</sup>]dDAVP (0.3 µg/kg IV), 5-fluorouracil (80 mg/kg IP) or its combination are shown. Statistical analysis was conducted on tumor growth rates calculated from day 10 to 31. (e) Effect of [V<sup>4</sup>Q<sup>5</sup>]dDAVP treatment, alone or co-administered with 5-fluorouracil-based chemotherapy, on survival of mice bearing COLO-205 xenografts. Kaplan-Meier survival plot for different experimental groups. (f) Incidence of skin infiltration in mice bearing COLO-205 xenografts treated with saline solution, [V<sup>4</sup>Q<sup>5</sup>]dDAVP, 5-fluorouracil (50 mg/kg IP) or dual concomitant therapy. (g) Representative high-resolution photographs of nude mice bearing COLO-205 primary tumors belonging to the different experimental groups were taken at day 29 of the colorectal cancer progression protocol and are representative of five or six animals per experimental group. Data are presented as scatter dot blots showing median with range (a), mean ± standard error of mean (SEM) (b, d) or percentages (e, f). \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001 and \*\*\*\*P < 0.0001.

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effects on tumor cells are AVPR2-dependent, as they were reverted by siRNA-mediated receptor knockdown or chemical blockade using specific receptor antagonists, and associated with AVPR2/AC/cAMP/PKA axis-related signaling pathways [6, 16]. cAMP/PKA pathway activation after exposure to 8-Br-cAMP analog or forskolin favors the arrest of tumor cell growth via extracellular signal-regulated kinase (ERK) inhibition and inhibits vascular mimicry and angiogenesis in CRC cells [22]. Interestingly, it has been previously shown that some chemo-resistant CRC cells are addicted to low cAMP levels, and that treatment with cAMP-elevating agents synergizes with phosphodiesterase (PDE)4/5 inhibitor rolipram, inducing mitogen-activated protein kinase (MAPK)-mediated apoptosis [21]. Here, it is also shown that short-term exposure to  $[V^4Q^5]$ dDAVP plus 5-FU treatment resulted in a significant increase in the expression of p53 and CDKN1A/p21. p53 modulates a large plethora of cellular responses such as DNA repair, cell survival, tumor metabolism, cell differentiation, among others, mainly acting as a central tumor suppressor [19]. CDKN1A/ p21 is transcriptionally activated by p53, and is a main regulator of cell cycle progression, cellular senescence and stem cell aging [20]. In our study, p53 expression doubled in comparison to control or both monotherapies. When analyzing CD-KN1A/p21, a dramatic 16-fold increase was observed in the dual therapy group, in contrast to vehicle-treated CRC cells, and a twofold increase against the chemotherapy-induced expression. In this setting, activation of AVPR2/AC/cAMP/PKA axis and associated downstream signaling pathways, may collaborate with and enhance the direct antineoplastic activity of antimetabolite 5-FU through different molecular mechanisms.

In the *in vivo* protocols, sustained treatment with [V<sup>4</sup>Q<sup>5</sup>] dDAVP in addition to low-dose 5-FU (50 or 80 mg/kg/day IP) significantly reduced the progression rates of CRC xenografts or syngenic tumors, enhancing therapeutic benefits and survival without apparent signs of toxicity. Increased antineoplastic activity as a result of [V<sup>4</sup>Q<sup>5</sup>]dDAVP addition to cytotoxic agents was previously reported for other tumor types, in which combination of this second-generation AVP analog to alkylating or taxane-based chemotherapy increased cytostatic effects of monotherapies, as well as decreased tumor growth and distant metastases in preclinical animal models [18]. Beyond the described molecular mechanisms of action in malignant cells associated with cell cycle arrest and apoptosis induction, efficacy of [V<sup>4</sup>Q<sup>5</sup>]dDAVP plus 5-FU dual therapy could also be associated with other indirect or stroma-associated events, such as angiogenesis inhibition. It is well known that high vascular density and overexpression of pro-angiogenic biomarkers in CRC correlate with disease progression [23]. The capacity of [V<sup>4</sup>Q<sup>5</sup>]dDAVP administration to modify *in vivo* angiogenesis triggered by human AVPR2-expressing CRC cells was previously evaluated in incipient tumor implants using basement membrane extract plugs in nude mice. Two weeks of IV treatment using [V<sup>4</sup>Q<sup>5</sup>]dDAVP was capable of reducing COLO-205-induced angiogenic response by nearly 60% in contrast with saline vehicle-treated animals [16]. Control of angiogenesis by [V<sup>4</sup>Q<sup>5</sup>]dDAVP seems to be associated with an increased cancer-mediated production of angiogenesis inhibitor ANG and a reduction of the expression of different proangiogenic markers such as platelet-derived growth factor (PDGF), vas-

cular endothelial growth factor (VEGF) and hypoxic-induced factor (HIF)-1 $\alpha$  [9, 24]. On the other hand, several studies have shown that sustained administration of low and nontoxic doses of 5-FU or 5-FU prodrugs impairs angiogenesis in CRC tumors by favoring the production of thrombospondin-1 and decreasing VEGF expression [23]. Considering the angiostatic effects of [V<sup>4</sup>Q<sup>5</sup>]dDAVP, the combination of this AVPR2 novel agonist with sustained suboptimal treatment of 5-FU could favor a cooperative suppression of mitogenic potential of CRC cells as well as an inhibition of tumor-associated vasculature. Moreover, skin infiltration and superficial necrosis of human CRC xenografts were reduced in animals treated with  $[V^4Q^5]$ dDAVP, especially in addition to chemotherapy. These results are in line with previously published results by our group and others, in which exposure of malignant cells to first- and second-generation AVP analogs, alone [6, 9] or in combination with cytotoxic therapy [17, 25] resulted in a significant inhibition of local tumor aggressiveness. Reduction of migration and invasion after AVPR2 stimulation by [V<sup>4</sup>Q<sup>5</sup>]dDAVP, or parental compound desmopressin, were observed in a wide variety of tumor cell types, including breast, osteosarcoma, lung and prostate cancer. In this context, at the molecular level, modulation of urokinase plasminogen activator (uPA) and matrix metalloprotease (MMP)-2/MMP-9 secretion seems to be associated to such cooperative anti-invasive effects [6, 9, 18, 25].

With an about 44% and 10% prevalence, KRAS and BRAF mutations, respectively, are mostly studied in mCRC, as clinical reports demonstrated that first-line chemotherapy in combination with biologics targeting the epidermal growth factor receptor confers limited benefits. As a result, therapeutic response and prognosis of mCRC bearing KRAS or BRAF mutations are alarmingly poor [26]. Our work focused on different key biological aspects during tumor growth and metastatic progression, using highly aggressive and mCRC models with relevant molecular and mutational landscapes. For this study, we used the KRAS<sup>G12C</sup>-mutant CT-26 mouse colon carcinoma cellular model and the human CRC COLO-205 cell line bearing the BRAF<sup>V600E</sup>-mutation for different *in vitro* and *in vivo* protocols. In particular, [V<sup>4</sup>Q<sup>5</sup>]dDAVP activity, given alone or as a dual therapy in addition to 5-FU, was tested on pulmonary metastatic spread and outgrowth by CT-26 cells. Besides being the second most common site of metastatic seeding in CRC, it has been reported that the lung metastatic niche is associated to decreased sensitivity to different cytotoxic agents, including 5-FU, being directly linked to multidrug resistance 1 (MDR1) overexpression by malignant disseminated cells [27]. It was previously shown that PKA activation, as observed after AVPR2 canonical activation, can modulate MDR1 activity [28]. Also, p53 and its transcriptional target p21, which are both upregulated after [V<sup>4</sup>Q<sup>5</sup>]dDAVP and 5-FU dual treatment, are known to reduce MDR1 expression, increasing drug sensitivity or even reverting drug resistance [29]. Moreover, hemostatic factor von Willebrand factor (vWF), a complex glycoprotein which is systemically released from AVPR2-expressing endothelial cells after [V<sup>4</sup>Q<sup>5</sup>]dDAVP administration, is known to modulate vascular inflammation and leucocyte recruitment, as well as angiogenesis and blood vessel normalization [30-32]. In this regard, other potential mechanisms associated to the release of vWF and other vascular mediators after [V<sup>4</sup>Q<sup>5</sup>]dDAVP administration, such as increased lymphocyte infiltration and immune function, or improved drug delivery into tumors, could be playing a role in the observed cooperative antimetastatic benefits and should be considered in the future. Integrating the above mentioned biological and molecular events, our hypothesis is that the antitumor activity observed after combining  $[V^4Q^5]$ dDAVP peptide to low doses of 5-FU is associated with both direct effects on AVPR2-expressing CRC cells as well as indirect stroma-mediated antineoplastic mechanisms, such as additive angiogenesis inhibition and vascular normalization, or even enhanced lymphocyte recruitment and effector function. In this scenario, cooperative cytostatic activity on tumor cells could be directly linked to AVPR2/cAMP/ PKA axis activation by [V<sup>4</sup>Q<sup>5</sup>]dDAVP and enhanced expression of p53 and CDKN1A/p21, leading to cell cycle arrest, decreased survival and increased sensitivity to chemotherapy.

The present study confirmed an interesting anti-CRC activity of the evaluated peptide analog at IV doses of 0.3  $\mu$ g/ kg, alone or in addition to chemotherapy, showing no evident signs of toxicity, even in athymic animals administered up 18 times with tested compound. The observed exceptional tolerability is in line with previoulsy reported preclinical studies using different experimental animal models. In breast carcinoma-bearing mice, [V<sup>4</sup>Q<sup>5</sup>]dDAVP was administered intravenously 50 times using the same dose over a 3-month period of time with no clear signs of toxicity [18]. Moreover, in acute toxicology studies in naive Wistar rats, novel analog [V<sup>4</sup>Q<sup>5</sup>] dDAVP was well tolerated after being injected at 100 µg/kg doses,  $\geq$  300-fold above that required for antineoplastic activity [6]. However, despite its good safety profile, it should be born into mind that AVPR2 agonists such as [V<sup>4</sup>Q<sup>5</sup>]dDAVP or parental repurposed hemostatic agent dDAVP, also act on renal AVPR2 after systemic administration, modulating water reabsorption and hydrosaline balance. Considering that euvolemic hyponatremia was previously associated to tumor-secreted AVP in patients with syndrome of inappropriate antidiuretic hormone secretion [33] or after dDAVP administration in some cancer patients [8, 10], [V<sup>4</sup>Q<sup>5</sup>]dDAVP should be used under strict monitoring of fluid intake and output, as well as patient serum sodium levels.

Our work has several limitations worth noting. It is widely recognized that experimental animal models of CRC should recapitulate the tumor microenvironment as closer to the clinical setting as possible, considering its impact on disease progression and response to therapies [34]. It is known that AVP analogs such as [V<sup>4</sup>Q<sup>5</sup>]dDAVP target both cancer cells and different cellular components of its associated stroma. Taking that into account, the influence of CRC tumor microenvironment should not be neglected, and the use of orthotopic colorectal tumor models should be considered for future studies. In addition, it is known that CRC is characterized by high interand intra-tumor heterogeneity and complex genotypic landscapes. With the objective of reproducing this complex clinical heterogeneity, the use of CRC patient-derived xenografts in immunosuppressed animals should be addressed as a priority. Finally, considering its poor prognosis and elevated incidence, as well as relevant biological functions of the hepatic tissue, liver metastatic lesions associated to CRC attract particular interest of both clinicians and researchers [2]. Taking into account that  $[V^4Q^5]$ dDAVP was shown to be capable of impairing spread and growth of CRC cells in the liver [16], further studies should be conducted in the future assessing the impact of  $[V^4Q^5]$ dDAVP addition to standard-of-care cytotoxic agents on CRC liver metastasis. In this regard, the preclinical development of  $[V^4Q^5]$ dDAVP should also include combinational studies with oxaliplatin and irinotecan, in addition to 5-FU.

As a conclusion, this is the first study that demonstrated cooperative anti-CRC actions of the novel AVPR2-selective agonist  $[V^4Q^5]$ dDAVP in combination with non-toxic low doses of 5-FU. Considerable progress has been made in the treatment of CRC in recent years; however, challenges still remain, especially for advanced disease or aggressive and chemotherapy-refractory molecular subtypes. It is proposed that  $[V^4Q^5]$ dDAVP-based treatment strategy could be promising for the adjuvant setting of CRC management, potentially mitigating toxicities associated to high 5-FU doses and enhancing antineoplastic activities on both primary and metastatic lesions. Despite these encouraging results, additional research is still required to determine the precise therapeutic value in CRC management.

# **Supplementary Material**

**Suppl 1.** Flow cytometry analysis and histograms showing distribution of tumor cells in the different phases of the cell cycle after 24 h *in vitro* exposure to  $[V^4Q^5]$ dDAVP (1  $\mu$ M) added to suboptimal doses of 5-fluorouracil (5  $\mu$ M).

**Suppl 2.** Assessment of primary CT-26 progression in BALB/c syngeneic mice. Curves representing tumor size over time in mice receiving saline solution,  $[V^4Q^5]$ dDAVP (0.3 µg/kg IV), 5-fluorouracil (50 mg/kg IP) or dual combined treatment are depicted. Statistical analysis was conducted on tumor growth rates calculated from day 20 to 36. Data are presented as mean  $\pm$  SEM. \*P < 0.05, \*\*P < 0.01 and \*\*\*P < 0.001.

**Suppl 3.** Body weight of animals belonging to CT-26 experimental lung metastasis (a), COLO-205 xenograft progression and survival (b), and CT-26 tumor growth (c) protocols. Weight variations at the end of the protocols are relativized to the mean body weight value registered prior to treatment initiation (taken as 100%). Data are presented as mean  $\pm$  SEM.

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# **Conflict of Interest**

All authors have no conflict of interest to declare.

# **Informed Consent**

Not applicable.

# **Author Contributions**

NTS and LMS: formal analysis; investigation; methodology; validation. CL: investigation; methodology. DFA: conceptualization; funding acquisition; project administration; resources; software; writing - review and editing. JG: conceptualization; formal analysis; funding acquisition; investigation; project administration; supervision; validation; visualization; writing - original draft; writing - review and editing.

# **Data Availability**

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

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