



# Late pregnancy is vulnerable period for exposure to BPA

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**ABSTRACT.** Bisphenol A (BPA) is among the better-known endocrine disruptors. BPA is used in various food-contacting materials and is easily eluted into food; as a result, we are exposed to BPA on a daily basis. In adults, BPA is metabolized and eliminated rapidly from the body. However, numerous reports suggest that fetuses and young children are susceptible to BPA. One of the concerning adverse effects of BPA is disruption of behavior, especially anxiety-like behavior. In order to study the mechanism of influences on offspring, it is important to clarify the most vulnerable gestation period. We hypothesized that offspring in late pregnancy would be more susceptible to BPA, because late pregnancy is a critical time for functional brain development. In this study, C57BL/6 mouse fetuses were exposed prenatally by oral dosing of pregnant dams, once daily from gestational day 5.5 to 12.5 (early pregnancy) or 11.5 to 18.5 (late pregnancy), with BPA (0 or 10 mg/kg body weight). Following birth and weaning, the resulting pups were tested using an elevated plus maze at postnatal week 10. The behavior of the offspring was altered by prenatal BPA exposure during late pregnancy but not during early pregnancy. These results indicated that offspring are more vulnerable to exposure to BPA in late pregnancy.

**KEY WORDS:** anxiety-like behavior, bisphenol A, endocrine disruptors, late pregnancy

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Bisphenol A (BPA, 2,2-bis[4-hydroxyphenyl]propane) has weak estrogenic activity and is one of the better-known endocrine disruptors. There are reports suggesting that human health may be affected even with exposure to low levels of BPA [63, 66]. However, the detailed mechanism of BPA influence remains to be elucidated.

BPA is used in various food-contacting materials by incorporation into polycarbonate plastics and epoxy resins. BPA is easily eluted from these materials, resulting in human exposure to BPA on a daily basis. Indeed, BPA has been detected in urine, blood, and fetal samples [7, 8, 17, 55]. Previously, we found that, in adult rats, BPA is rapidly metabolized to BPA-glucuronide (BPA-GA) by UGT2B1, UDP-glucuronosyltransferase (UGT) [68]. In humans, UGT2B7 mediates metabolism of BPA [33]. BPA-GA is a hydrophilic molecule, lacking the estrogenic activity of BPA. Given the high activity of such hepatic UGTs in adults, BPA is rapidly excreted in urine and feces. However, in fetuses, the expression of such a UGT is very weak [27, 36, 40], indicating that fetuses are more susceptible to BPA than adults.

Numerous studies have reported a variety of BPA effects on fetuses and infants, including disruptions of the reproductive system [49, 54, 59], brain [28, 45, 52] and behavior [66]. One of the most infamous behavioral effects of BPA is anxiety-like behavior in rodents. Many studies have conducted behavioral tests to measure anxiety-like behavior of offspring that were exposed to BPA during various gestation periods from mating through weaning [14, 18, 25, 31, 53]. The effects of BPA were observed even when the period of exposure was limited to lactation [15, 44] or pregnancy [10, 67]. Behavioral abnormalities are considered likely to reflect changes in the brain, but the degree and nature of brain development varies during different periods of gestation. The identification of the vulnerable period for BPA exposure would be of great use in elucidating the mechanism of BPA's influence on the developing brain.

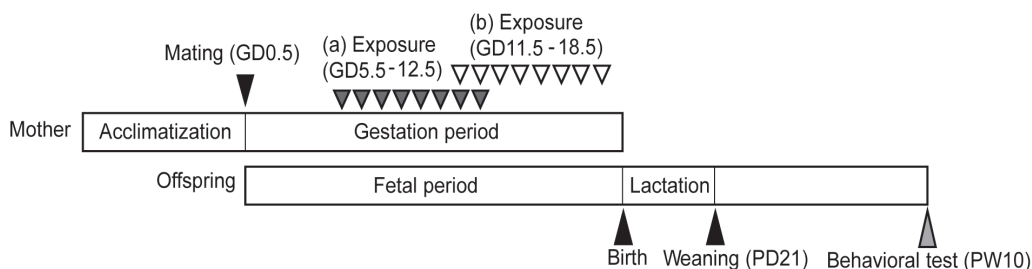
Thus, the purpose of this study was to evaluate the association between the behavioral influence of prenatal BPA exposure and the stage of pregnancy. In this study, pregnant mice were exposed to BPA during different gestation periods, and anxiety-like behavior in their offspring was measured.

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**Fig. 1.** Schematic summary of the experimental procedure. Dams were administered orally with vehicle or BPA during (a) early pregnancy (dark gray arrowheads) or (b) late pregnancy (white arrowheads). Behavioral tests were performed at postnatal week (PW) 10 (light gray arrowheads).

**Table 1.** The number and sex ratio (male/female) of offspring in each group

	Early pregnancy		Late pregnancy	
	Number	Sex ratio	Number	Sex ratio
Control	6.5 ± 0.9	1.1 ± 0.3	7.0 ± 0.3	1.4 ± 0.4
BPA	7.5 ± 0.5	1.3 ± 0.4	7.0 ± 1.0	1.0 ± 0.2

## MATERIALS AND METHODS

### Animals

Male and female C57BL/6NCRSlc mice, 7 weeks of age, were purchased from Sankyo Lab Co. (Tokyo, Japan). Our facility's animal rooms were maintained at controlled temperature ( $22 \pm 2^\circ\text{C}$ ) and humidity ( $50 \pm 5\%$ ) on a 12-hr light/12-hr dark cycle (lights on at 7:00 AM). Mice were provided with free access to food and water. After acclimatizing for 2 weeks, mating was conducted; the date on which a vaginal plug was discovered was regarded as gestational day (GD) 0.5. In this study, dams (4–6 per group) were randomly assigned to 1 of 4 treatment groups, with 2 groups each dosed with olive oil (vehicle control) or BPA (10 mg/kg bw/d, Kanto Chemical Co., Tokyo, Japan) dissolved in olive oil. For each pair of treatment groups (each pair consisting of one control group and one experimental group), vehicle or BPA were administered once daily by oral gavage (1 ml/kg bw) from GD 5.5 to 12.5 (early pregnancy) (Fig. 1 [a]) or GD 11.5 to 18.5 (late pregnancy) (Fig. 1 [b]). Dams were not dosed at the beginning of each pregnancy (i.e., GD 0.5 until GD 5.5) in order to preclude failure of embryo implantation due to stress [29]. After weaning, at postnatal day (PD) 21, offspring were group housed with same-sex littermates. The elevated plus maze test (EPM) was conducted at postnatal week (PW) 10. The test was recorded and automatically analyzed by a computer equipped with software (TimeEP1 for EPM) purchased from O'Hara & Co., Ltd. (Tokyo, Japan). All experimental procedures were in accordance with the guidelines of the Committee for Animal Welfare at Rakuno Gakuen University (Ethics Committee protocol number VH25A4, approved 26 June 2013).

### Elevated plus maze test (EPM)

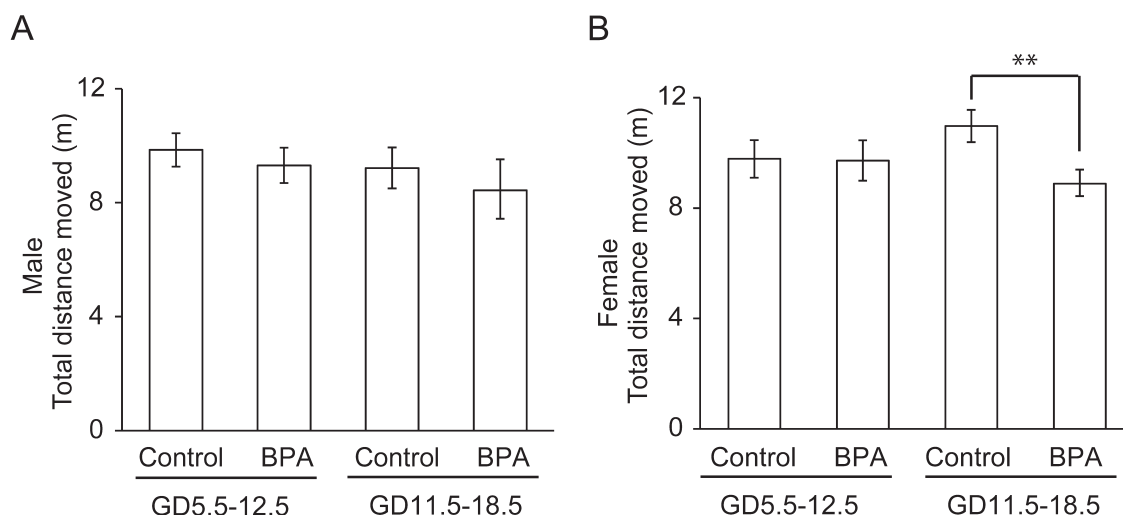
The EPM is well-established paradigm and one of the most commonly used test for assessing the anxiety in rodents [3]. The EPM has 2 open arms ( $25 \times 5 \times 15$  cm), 2 closed arms ( $25 \times 5 \times 15$  cm), and a central region ( $5 \times 5$  cm) connecting these 4 arms into a cross shape. The maze was elevated 45 cm above the floor. Individual mice were allowed to search the maze freely during a 5-min interval under 110-lux light intensity. We measured total distance moved (a measure of locomotor activity; locomotor activity to novelty is an animal index of anxiety), along with the time spent in each arm and the frequency of entries in each arm (measures of anxiety). Heightened anxiety was indicated by the following results: a decrease in the total distance moved, a decrease in the amount of time / number of entries in the open arms, or an increase in the amount of time / number of entries in the closed arms. To avoid biasing the evaluation, we excluded data if the offspring slept or remained immobile for the majority of the test duration.

### Statistical analysis

Results were compared between groups using a Student's *t* test. A *P* value of less than 0.05 was considered significant. All results are presented as means ± standard errors (SE).

## RESULTS

Offspring were divided into 4 groups according to BPA administration and administration period. There was no significant difference between the control and BPA groups for a given dosing period in terms of the number of offspring or the male/female ratio in litters (Table 1). When the offspring reached PW 10, the EPM was used to evaluate the anxiety of offspring exposed to BPA



**Fig. 2.** Effects of BPA on locomotor activity of offspring in the elevated plus maze test (EPM). The parameter is the total distance moved (mean  $\pm$  standard error [SE]). \*\* $P < 0.01$  compared with control.

**Table 2.** Numerical details for the EPM data

	Male				Female			
	Early pregnancy		Late pregnancy		Early pregnancy		Late pregnancy	
	Control (n=9)	BPA (n=12)	Control (n=11)	BPA (n=9)	Control (n=9)	BPA (n=10)	Control (n=11)	BPA (n=15)
Total distance (m)	9.9 $\pm$ 0.6	9.3 $\pm$ 0.6	9.3 $\pm$ 0.7	8.5 $\pm$ 1.0	9.8 $\pm$ 0.7	9.7 $\pm$ 0.7	11.0 $\pm$ 0.6	8.9 $\pm$ 0.5 <sup>b)</sup>
Time spent in the OA (%)	20.4 $\pm$ 4.1	23.6 $\pm$ 4.2	28.0 $\pm$ 5.0	28.8 $\pm$ 5.9	32.9 $\pm$ 4.3	36.3 $\pm$ 6.3	33.4 $\pm$ 5.4	22.0 $\pm$ 4.0 <sup>a)</sup>
Time spent in the CA (%)	34.9 $\pm$ 4.6	31.7 $\pm$ 3.5	30.0 $\pm$ 4.3	38.9 $\pm$ 6.5	26.0 $\pm$ 4.4	25.5 $\pm$ 4.3	28.9 $\pm$ 4.0	35.3 $\pm$ 3.8
Time spent in the CE (%)	44.7 $\pm$ 3.9	44.8 $\pm$ 2.9	42.0 $\pm$ 3.5	32.3 $\pm$ 3.4 <sup>a)</sup>	41.1 $\pm$ 3.5	38.2 $\pm$ 3.1	37.7 $\pm$ 2.9	42.7 $\pm$ 2.6
Entries in the OA	5.9 $\pm$ 0.9	5.5 $\pm$ 0.7	5.9 $\pm$ 1.4	6.2 $\pm$ 1.1	8.7 $\pm$ 1.1	7.3 $\pm$ 1.1	8.1 $\pm$ 1.1	5.3 $\pm$ 0.7 <sup>a)</sup>
Entries in the CA	9.7 $\pm$ 1.2	9.4 $\pm$ 1.0	9.5 $\pm$ 1.3	7.7 $\pm$ 1.5	6.2 $\pm$ 1.0	8 $\pm$ 1.2	10.0 $\pm$ 1.1	8.7 $\pm$ 1.0

OA, open arms; CA, closed arms; CE, center region; a)  $P < 0.05$  compared with controls; b)  $P < 0.01$  compared with controls.

in early or late pregnancy.

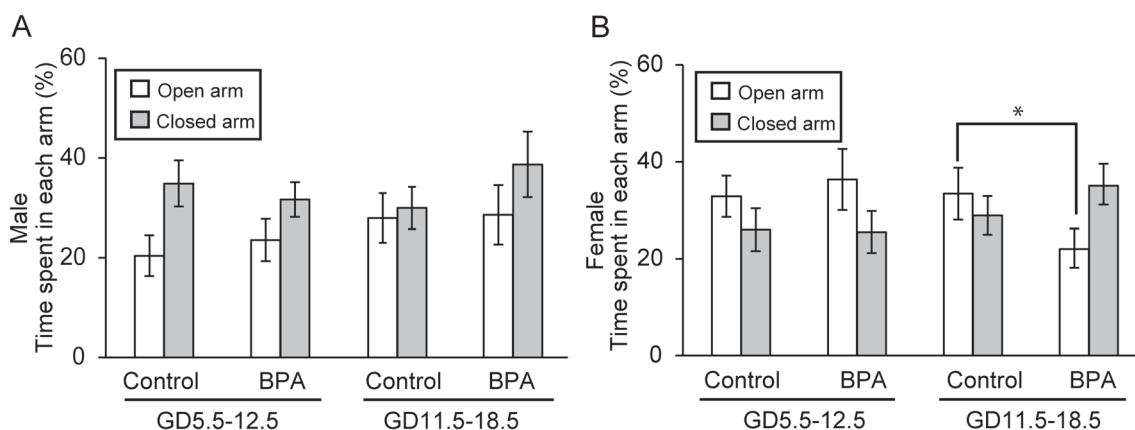
First, the total distance moved in the EPM was calculated (Fig. 2 and Table 2). This parameter is generally used as a measure of locomotor activity, which can be an indicator of anxiety. A significant effect (a decrease in activity compared to the respective control group) was observed in female offspring that had been exposed to BPA during late pregnancy ( $P < 0.01$ ; Fig. 2B).

Second, the time spent and the frequency of entries in each arm were assessed (Figs. 3 and 4, respectively). Table 2 provides the numerical data. For most measures in the control groups, the results revealed sexual dimorphism; control males tended to spend more time and make more entries in the closed arms than in the open arms and control females showed roughly opposite behavior. This observation was in agreement with literature results showing that adult exploration of the EPM is sexually dimorphic, with males typically spending less time and making less entries in the open arms [23]. For animals exposed to BPA during early pregnancy, no significant effect was found and typical sexually dimorphic behavior was maintained among the offspring (Figs. 3 and 4). However, female offspring exposed to BPA during late pregnancy exhibited a significant decrease in the time spent in the open arms ( $P < 0.05$ ; Fig. 3B) and the frequency of entries in the open arms ( $P < 0.05$ ; Fig. 4B) compared to the respective control group. In male, offspring exposed to BPA during late pregnancy showed significant decrease of the time spent in the center region ( $P < 0.05$ ; Table 2). In addition, the time spent in the closed arm increased by almost as much as the difference.

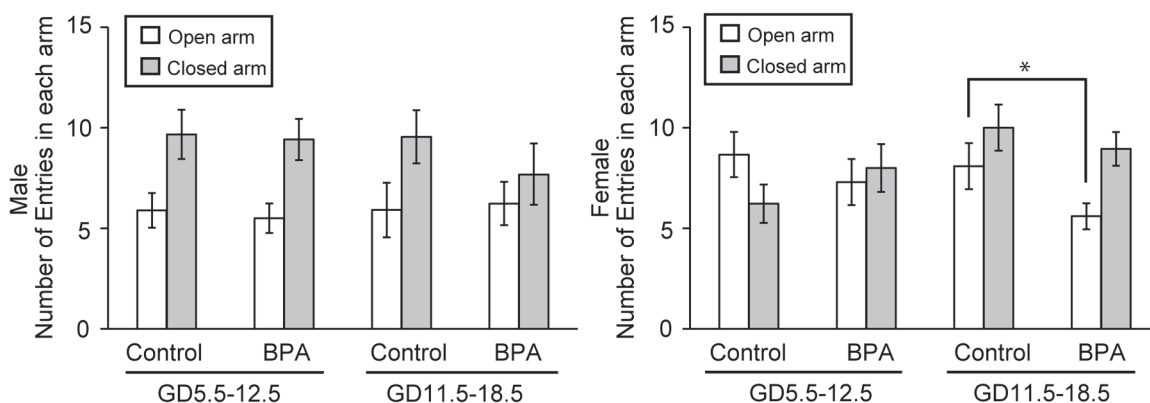
These findings indicate that BPA exposure during late pregnancy is associated with heightened anxious behavior in offspring; notably, this effect appears to abolish the typical sexual dimorphism of the assessed behavioral patterns.

## DISCUSSION

Previous reports suggested that maternal exposure to BPA causes behavioral disorder in offspring. However, none of those reports compared behavioral effects of prenatal BPA exposure during different periods of pregnancy. The development of the brain is greatly different, and the outcome of the prenatal chemical insult can vary widely, depending on the stage of pregnancy [35, 65]. Identification of the pregnancy period during which animals are most sensitive to BPA exposure would be of great use



**Fig. 3.** Effects of BPA on anxiety-like behavior of offspring in the elevated plus maze test (EPM). The parameter is the percentage of the time spent in each arm for males (A) and females (B) (mean  $\pm$  SE). \* $P$ <0.05 compared with control in the results for the open arm.



**Fig. 4.** Effects of BPA on anxiety-like behavior of offspring in the elevated plus maze test (EPM). The parameter is the frequency of total entries in each arm for males (A) and females (B) (mean  $\pm$  SE). \* $P$ <0.05 compared with control in the results for the open arm.

for tracing the mechanism of BPA's prenatal influence on brain function. In the present study, the administration period was from GD 5.5 to 12.5 (early pregnancy) or from GD 11.5 to 18.5 (late pregnancy). The resulting offspring were subjected to the EPM in adulthood to assess anxious behavior. In Male offspring exposed to BPA during late pregnancy, the time spent in the closed arms had a tendency to increase by as much as the decreasing the time spent in the center region. It might have been difficult to observe significant influence of BPA on male offspring because control males originally prefer staying in the closed arms to staying in open arms. Female offspring exposed to BPA during late pregnancy displayed significant decreases in the time spent and the frequency of entries in the open arms of the maze. Although control females tended to stay in the open arms, female offspring exposed to BPA during late pregnancy tended to stay in the closed arms like males. The results suggested that offspring exposed to BPA during late pregnancy showed higher anxiety than controls, corresponding to an apparent loss of sexual dimorphism of anxiety-like behavior.

Some previous reports indicated that gestational BPA exposure induces loss of sexual dimorphism of anxiety-like behavior, though the BPA dosing period differed among the specific studies (Table 3) [15, 18, 31, 52]. Our results are consistent with these reports of loss of sexual dimorphism of anxiety-like behavior, and extend those results by indicating that late pregnancy is the period of greater vulnerability to BPA exposure.

In early pregnancy, embryogenesis is initiated and organogenesis occurs. Early pregnancy includes periods of high sensitivity to embryonic lethality and teratogenic action in the brain, eye, heart, and axial skeleton. As for palate and urogenital organs, their highest sensitivity occurs in late pregnancy. Major processes during late pregnancy include brain development and functional maturation [35, 65]. In previous studies, BPA was not found to have effects on the survival number of offspring per litter except at fairly high doses of BPA (e.g., 500 mg/kg) [61, 62]. On the other hand, BPA's influence on behavior and development of the urogenital system has been observed even at low doses [49, 66]. In the present study, litter sizes and sex ratios were not significantly altered by prenatal BPA exposure, consistent with previous reports [61, 62]. Notably, our results demonstrated that the observed behavioral changes were associated with BPA exposure during late pregnancy, but not with exposure during early pregnancy. Additionally, our results suggested that the window for behavioral effects of prenatal BPA exposure likely occurs from GD13.5, given that dosing on GD11.5 and GD12.5 occurred in both the early and late pregnancy cohorts in our study.

**Table 3.** Literature reports of effects of BPA on sexually dimorphic anxiety-like behavior

Reference	Species	Dosing period	Dose of BPA	Age	Test	Measurement	Control	BPA
Kubo, <i>et al.</i> 2003 [31]	wistar rats	During pregnancy and lactation	30, 300 $\mu\text{g}/\text{kg}/\text{d}$	6 weeks	Open field test	Time spent in the center region	F>M	F=M
						Frequency of rearing	F>M	F=M $\uparrow$
Rubin, <i>et al.</i> 2006 [52]	CD-1 mice	from GD 8 to PD 16	250 $\text{ng}/\text{kg}/\text{d}$	4 weeks	Open field test	Frequency of rearing	F>M	F $\downarrow$ =M
						Time stopped	F<M	F=M
			25, 250 $\text{ng}/\text{kg}/\text{d}$	6–9 weeks	Open field test	Frequency of rearing	F>M	F=M
						Time spent in the center region	F>M	F=M
						Time stopped	F<M	F=M (25 $\text{ng}/\text{kg}/\text{d}$ )
Gioiosa, <i>et al.</i> 2007 [18]	CD-1 mice	from GD 11 to PD 8	10 $\mu\text{g}/\text{kg}/\text{d}$	30 days	Novelty-seeking test	Time spent in novel compartment	F>M	F $\downarrow$ =M
						Locomotor activity in the novel compartment	F<M	F=M
						Self-grooming	F<M	F $\uparrow$ =M
						Time spent in the open field	F>M	F=M
			70 days	Free-exploratory open field test	Time spent in the center region	F>M	F=M	
					Elevated plus maze	Time spent in the center region	F>M	F=M $\uparrow$
				Elevated plus maze	Time spent in the closed arms	F<M	F=M	
					Frequency of entrance in open arms	F>M	F=M	
Fujimoto, <i>et al.</i> 2013 [15]	C57BL/6J mice	from birth to PD 7	24 $\mu\text{g}/\text{kg}/\text{d}$	6 weeks	Open field test	Frequency of rearing	F>M	-
						Duration of rearing	F>M	F=M $\uparrow$
						Time spent in the center region	F>M	-
						Total distance moved	F>M	-

F>M, numerical value of behavioral measurement is significant higher in females than males; F=M, numerical value of behavioral measurement shows no significant difference between females and males; F<M, numerical value of behavioral measurement is significant higher in males than females;  $\uparrow$  or  $\downarrow$ , significant increase or decrease of numerical value of behavioral measurement by BPA exposure, respectively; -, no effect.

Our study demonstrated loss of sexual dimorphism in anxiety-related behavior, as assessed by the EPM. With regard to BPA's influences on the prenatal brain, the compound has been reported to cause loss of sex differences in some areas of the brain, including the size of the locus coeruleus (LC) [31], the population of corticotropin-releasing hormone neurons in the bed nucleus of the stria terminalis (BST) [16], and the number of neurons in the anteroventral periventricular preoptic area (AVPV) [52]. The influence of BPA on the sexual dimorphism of these brain regions are summarized in Table 4 [16, 31, 38, 46, 52]. The critical period for development of sexually dimorphic regions is known to correspond to the late pregnancy and early postnatal periods [34]. For example, neurogenesis of the AVPV occurs between GD 13 and GD 18 [41]. During this critical period, gonadal steroids such as estrogen play a role in regulating the sexual dimorphism of the brain [26, 34, 39, 56]. Some studies have reported that gonadal steroids influence the volume and number of neurons in some brain areas [2, 26, 50], including the AVPV [43], LC [19] and BST [11, 20]. In one study, gonadal steroid exposure during the perinatal period resulted in abolishment of sexually dimorphic behavior, as assessed by the open-field test (an initial screening test for anxiety-related behavior in rodents) [6]. Prenatal BPA exposure has been demonstrated to exhibit the same influence in the open-field test [30, 31, 52]. The estrogen activity of BPA may influence estrogen-sensitive cells and thereby disrupt sexual differentiation of the brain. Estrogen receptors (ERs) such as ER $\alpha$  and ER $\beta$  have region-specific distribution and sex-specific expression patterns [39, 43, 56]. Decreased ER $\beta$  levels are associated with enhanced anxiety [21, 24, 58, 60], and prenatal BPA exposure has been reported to result in decreases of ER $\beta$  in the amygdala, a brain area known to be associated with anxiety [47]. In addition, estrogens have effects on neuronal migration and differentiation in the developing brain [5, 64], and prenatal BPA exposure has been shown to influence neurogenesis in the developing neocortex [28]. Although the mechanism whereby BPA affects anxiety-related behavior remains unknown, ERs are thought to play a role. Indeed, some studies have reported that BPA exposure yields changes in the expression of ERs in various regions of the brain [9, 32, 51]. BPA is thought to influence multiple segments of the brain during periods critical to the complex interconnection of various brain areas, resulting in behavioral changes, including processes that affect anxious behavior.

Notably, however, the binding affinity of BPA to ER $\alpha$  and ER $\beta$  is much weaker (by a factor of approximately 4 to 5 logs) than

**Table 4.** Literature reports of effects of BPA on sexually dimorphic brain regions

Reference	Species	Dosing period	Dose of BPA	Sampling	Brain region	Measurement	Control	BPA
Kubo, <i>et al.</i> 2003 [31]	Wistar rats	During pregnancy and lactation	30, 300 $\mu\text{g}/\text{kg}/\text{d}$	14 weeks	Whole brain	weight	F<M	-
					POA	volume	F<M	-
					LC	volume	F>M	F↓<M↑ (30 $\mu\text{g}/\text{kg}/\text{d}$ ), F↓<M (300 $\mu\text{g}/\text{kg}/\text{d}$ )
					cell number	F>M	F↓<M↑	
Funabashi <i>et al.</i> 2004 [16]	Wistar rats	During pregnancy and lactation	2.5 mg/kg/d	4–7 months	POA	number of CRH neurons	F>M	-
					BST	number of CRH neurons	F>M	F=M
Rubin, <i>et al.</i> 2006 [52]	CD-1 mice	from GD 8 to PD 16	25, 250 ng/kg/d	22–24 days	AVPV	number of TH neurons	F>M	↓F=M (250 ng/kg/d)
Patisaul, <i>et al.</i> 2006 [46]	Sprague Dawley rats	PD 1 and 2	500 $\mu\text{g}/\text{d}$	19 days	AVPV	number of TH neurons	F>M	F=M↑
McCaffrey, <i>et al.</i> 2013 [38]	Long Evans rats	from GD 12 to PD 10	10, 100, 1,000, 10,000 $\mu\text{g}/\text{kg}/\text{d}$	65–68 days	POA	volume	F<M	M↓
						cell number	F<M	F=M↓ (10, 100 $\mu\text{g}/\text{kg}/\text{d}$ ), F=M (10,000 $\mu\text{g}/\text{kg}/\text{d}$ )
					AVPV	number of TH neurons	F>M	F↓ (10, 10,000 $\mu\text{g}/\text{kg}/\text{d}$ ), M↓ (10, 100, 10,000 $\mu\text{g}/\text{kg}/\text{d}$ )

POA, preoptic area; LC, locus coeruleus; BST, bed nucleus of the stria terminalis; AVPV, anteroventral periventricular preoptic area; F>M, numerical value of measurement is significant higher in females than males; F=M, numerical value of measurement shows no significant difference between females and males; F<M, numerical value of measurement is significant higher in males than females; ↑ or ↓, significant increase or decrease of numerical value of measurement by BPA exposure, respectively; -, no effect.

that of estrogen [1, 4]. It is difficult to imagine that all of BPA's influences on brain development come solely from effects on ER $\alpha$  and ER $\beta$ . Recently, it was reported that BPA exhibits strong binding to estrogen-related receptor  $\gamma$  (ERR $\gamma$ ) [37, 42]. ERR $\gamma$  is a member of the ERR subfamily, proteins known as orphan nuclear receptors because their physiological activating ligands are unknown. ERR $\gamma$  is expressed in the central nervous system during mouse fetal development [22, 57], and ERR $\gamma$  has been reported to regulate neuronal metabolism involved in memory formation by the brain [48]. These reports suggest that ERR $\gamma$  may be involved in the differentiation of the brain. Details of how ERR $\gamma$  regulates brain development remain unknown, but BPA's interaction with ERR $\gamma$  may influence (and disrupt) brain development.

BPA's placental migration is also believed to play an interesting role in BPA's influences on the fetus. Previously, Domoradzki *et al.* [12] administered <sup>14</sup>C-BPA (10 mg/kg bw) orally to Sprague-Dawley rats at different stages of pregnancy, and found that the highest fetal free-BPA concentrations occurred with administration during late pregnancy [12]. In our own work, we have demonstrated that BPA-GA can pass through the placenta, with subsequent release of free-BPA in the fetus as a result of deconjugation of GA from BPA-GA [40]. We speculate that placental transfer of BPA is an important factor in adverse effects on fetuses in late pregnancy.

In summary, we demonstrated that the BPA sensitivity of the fetus is elevated in late pregnancy, as assessed by behavioral effects observed in pups exposed at different prenatal periods. In human studies, BPA and BPA-GA have been detected in fetuses and amniotic fluid [13, 69]. In humans, the fetus may be especially vulnerable to BPA exposure because the length of human gestation provides an extended period for BPA exposure in late pregnancy. In order to clarify the mechanism of fetal influence of BPA, it is necessary to investigate the BPA influence of more limited period of the late pregnancy and to focus on any factor other than simple estrogenic activity of BPA.

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