Supplementary Material

Supplementary Figures
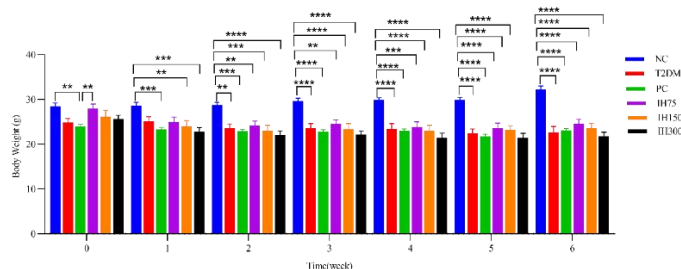

Figure S1. Effects of IH on body weight. All data are expressed as mean ± standard error of the mean (SEM). n=6, P<0.05(*), P<0.01 (**), P<0.001 (***), and P<0.0001 (****).
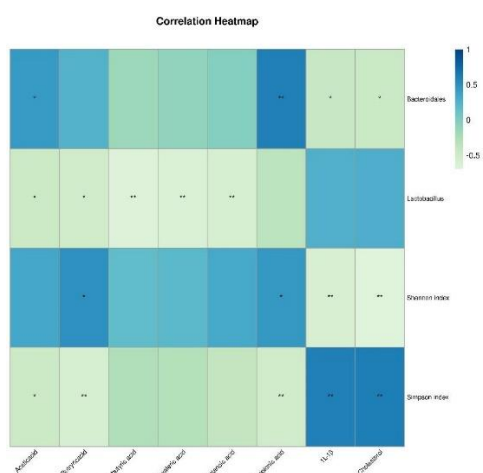

Figure S2. Correlation analysis of short-chain fatty acids, biochemical indicators and intestinal flora. All data are expressed as mean ± standard error of the mean (SEM). n=6, P<0.05(*), P<0.01 (**).

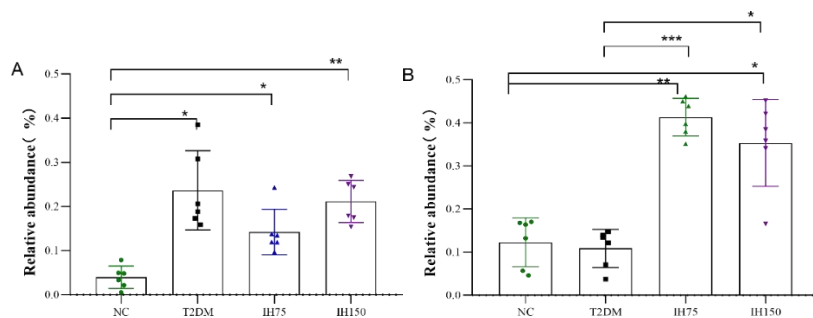**Figure S3.** Analysis of the intestinal flora. All data are expressed as mean ± standard error of the mean (SEM). n=6, P<0.05(*), P<0.01 (**), P<0.001 (***), and P<0.0001 (****).T2DM: type 2 diabetes mellitus.