



The effect of HIF on metabolism and immunity

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Abstract | Cellular hypoxia occurs when the demand for sufficient molecular oxygen needed to produce the levels of ATP required to perform physiological functions exceeds the vascular supply, thereby leading to a state of oxygen depletion with the associated risk of bioenergetic crisis. To protect against the threat of hypoxia, eukaryotic cells have evolved the capacity to elicit oxygen-sensitive adaptive transcriptional responses driven primarily (although not exclusively) by the hypoxia-inducible factor (HIF) pathway. In addition to the canonical regulation of HIF by oxygen-dependent hydroxylases, multiple other input signals, including gasotransmitters, non-coding RNAs, histone modifiers and post-translational modifications, modulate the nature of the HIF response in discreet cell types and contexts. Activation of HIF induces various effector pathways that mitigate the effects of hypoxia, including metabolic reprogramming and the production of erythropoietin. Drugs that target the HIF pathway to induce erythropoietin production are now approved for the treatment of chronic kidney disease-related anaemia. However, HIF-dependent changes in cell metabolism also have profound implications for functional responses in innate and adaptive immune cells, and thereby heavily influence immunity and the inflammatory response. Preclinical studies indicate a potential use of HIF therapeutics to treat inflammatory diseases, such as inflammatory bowel disease. Understanding the links between HIF, cellular metabolism and immunity is key to unlocking the full therapeutic potential of drugs that target the HIF pathway.

The Earth's outer crust is coated with a thin layer of air upon which most animals depend for the provision of sufficient levels of molecular oxygen to fuel their metabolism and survival¹. This delicate sheath comprises a gradient of oxygen partial pressure (pO₂) that ranges from 159 mmHg at sea level to 52.8 mmHg at the summit of mount Everest — the highest point on earth at 8,848 m (REF.²). Notably, the oxygen levels in the Earth's atmosphere have fluctuated over the course of geological time and continue to do so¹. Most multicellular animals (metazoans) that inhabit the earth's terrestrial and oceanic surfaces have evolved aerobic respiration as a metabolic strategy. This process breaks down glucose and uses oxygen as a final electron acceptor in the electron transport chain (ETC); the efficient extraction of energy from this step produces the primary cellular fuel, ATP, at levels sufficient to fuel cellular processes³. An important payoff for the evolution of this highly-efficient oxygen-dependent cellular metabolic strategy is the absolute dependence of most metazoan cells on a constant supply of oxygen in order to simply maintain bioenergetic homeostasis and survival on a minute-to-minute basis. However, exposure to conditions of hypoxia is a metabolic challenge that is common

to a wide range of physiological and pathophysiological states⁴. For this reason, metazoan cells evolved oxygen-dependent signalling in tandem with the evolution of the capacity for oxidative metabolism, such as that involving hypoxia-inducible factor (HIF), to elicit metabolic and other adaptations to oxygen deprivation.

A growing body of evidence demonstrates that such hypoxia-dependent changes in cellular metabolism have profound implications for the effective functioning of immune cells. In this Review, we discuss the canonical and non-canonical inputs that shape the hypoxic response in individual immune cell types and contexts. We describe the implications of this response for cellular metabolism and associated alterations in immune cell function. Finally, we discuss the regulation of immunity and inflammation in the context of the therapeutic application of drugs that target hypoxia-sensitive pathways.

Physiological hypoxia

Hypoxia is frequently encountered in physiological situations, including fetal development and physical exertion⁵. pO₂ gradients exist around every blood vessel, decreasing with increasing distance from the vessel². During fetal development, tissues outgrow their local

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<https://doi.org/10.1038/s41581-022-00587-8>

Key points

- Hypoxia is a common feature of particular microenvironments and at sites of immunity and inflammation, resulting in increased activity of the hypoxia-inducible factor (HIF).
- In addition to hypoxia, multiple inputs modulate the activity of the HIF pathway, allowing nuanced downstream responses in discreet cell types and contexts.
- HIF-dependent changes in cellular metabolism mitigate the effects of hypoxia and ensure that energy needs are met under conditions in which oxidative phosphorylation is reduced.
- HIF-dependent changes in metabolism also profoundly affect the phenotype and function of immune cells.
- The immunometabolic effects of HIF have important implications for targeting the HIF pathway in inflammatory disease.

vascular supply, leading to regional hypoxia⁶. In addition, multiple tissues in the healthy adult body, including the kidney and the mucosal surface of the gastrointestinal tract, experience steep gradients of oxygen relative to other tissues as a consequence of high levels of oxygen consumption and/or limited perfusion. Importantly, the oxygen gradients in the kidney are relatively stable^{7–9}. In skeletal muscle, higher contractile activity during exercise increases oxygen consumption, which can also lead to physiological hypoxia¹⁰. Finally, exposure to lower atmospheric pO₂ caused by ascent to high altitude can lead to decreased blood oxygen levels (hypoxaemia) and systemic hypoxia¹¹. Thus, exposure to hypoxia and its associated threats to bioenergetic homeostasis is a frequent event associated with a range of common physiological processes; however, the enhanced expression of a large number of specific genes — particularly those regulated by HIF — ensure that metabolic homeostasis is maintained.

Pathophysiological hypoxia

Tissue hypoxia is also associated with a number of pathological states and influences the activation of cellular signals, which in turn can contribute to the development and/or progression of disease¹². For example, tumours that outgrow the existing local blood supply frequently develop regions of profound hypoxia, which activates a number of effector processes that promote tumour growth¹³. Chronic inflammation, such as that associated with rheumatoid arthritis, inflammatory bowel disease or in the context of inflammatory kidney disease can also induce tissue hypoxia by causing damage to blood vessels. This hypoxia also occurs at least in part as a consequence of increased oxygen consumption by immune cells, such as activated neutrophils, following their recruitment to the site of inflammation⁵. Pathophysiological hypoxia is a key feature of virtually all ischaemic diseases, including myocardial infarction, stroke and ischaemic kidney injury, and is the primary cause of necrotic cell death in these diseases^{14,15}. Chronic pulmonary diseases such as chronic obstructive pulmonary disease are a major cause of death driven by the generation of a hypoxic state due to dysfunctional gas exchange in the lung. Many patients with obstructive sleep apnoea syndrome experience an intermittent form of hypoxia during sleep^{16,17}. Hypoxia may also increase susceptibility to kidney injury⁸ and contribute to the progression of chronic kidney disease (CKD)^{18,19}, although controversy exists as to the

causality of this association²⁰. Finally, pulmonary viral infections such as COVID-19, which is caused by the SARS-Co-V2 virus, lead to local as well as systemic pathological hypoxia^{21,22}. Many of these conditions have a notable immune and/or inflammatory component. Indeed, hypoxia is a common microenvironmental manifestation at sites of inflammation.

Thus, as well as being a common physiological occurrence, tissue hypoxia is frequently encountered in a range of pathophysiological states associated with immunity and inflammation. Importantly, however, although the nature of physiological hypoxia is relatively stable and moderate, pathological hypoxia is often more varied in its severity and extent within the affected tissue or area, and can therefore have adverse consequences for cells, tissues and organisms⁵.

Responses to hypoxia

Cells require an adequate level of oxygen to maintain bioenergetic homeostasis. However, and as outlined above, cellular hypoxia is a frequent microenvironmental feature in a range of physiological and pathological conditions. Therefore, it is logical that adaptive responses to perceived hypoxia evolved coincident with the evolution of oxidative metabolism in multicellular organisms to avoid bioenergetic crisis and prevent extensive tissue damage.

Rapid responses by chemosensors

Chemosensors are neuron-like tissues that can detect systemic hypoxia and elicit a rapid, non-transcriptional adaptive response at the organism level, for example, by stimulating the respiratory centres in the medulla oblongata of the central nervous system to increase the rate and depth of breathing. For example, acute decreases in arterial pO₂ induce rapid changes in ion channel activity in the carotid body that are non-transcriptional but are dependent on mitochondria-derived signals such as reactive oxygen species (ROS) and ATP levels (although the exact nature of the oxygen-sensing mechanism remains controversial). This rapid response to systemic hypoxia, though important for physiological adaptation, has been reviewed elsewhere^{23,24} and is not further discussed here.

Transcriptional responses to hypoxia

In addition to the systemic, adaptive response to hypoxia elicited by chemosensors, hypoxia induces a ubiquitous and highly evolutionarily conserved pathway that activates an adaptive transcriptional response at the cellular level. This pathway was first identified in studies that investigated how specific cells of the kidney sense hypoxia^{25–28}, revealing that in response to hypoxia, these cells could increase their production of erythropoietin (EPO) through activation of HIF signalling^{29–33}. This process amplified erythrocyte production to increase the oxygen-carrying capacity of the blood and to counteract a systemic decrease in pO₂.

Subsequent studies demonstrated that all cells are armed with HIF and the associated capacity to drive a transcriptional adaptive response that is functionally executed by the expression of proteins that promote a series of responses^{34–40}. These responses include

metabolic adaptation, angiogenic switches and vasoactive responses that promote cell and organism survival under hypoxic conditions and stimulate increases in tissue oxygen levels, to overcome the causative hypoxic insult. Although HIF is the most frequently studied hypoxia-sensitive transcription factor and the focus of this Review, multiple other transcriptional pathways display hypoxia sensitivity^{41,42} and may contribute to the orchestration of the overall transcriptional response to hypoxia⁴².

The HIF pathway

Canonical HIF regulation

As mentioned above, the HIF pathway is evolutionarily conserved across metazoans¹. The oxygen-sensitive nature of HIF has been well described and robustly studied in many cell types^{3,24,28}. Briefly, the transcription

factor HIF1 α (encoded by *HIF1A*) is constitutively produced at a high level in most cell types, whereas HIF2 α (encoded by *EPAS1*) is expressed in a more tissue-restricted manner. In the presence of sufficient levels of molecular oxygen (as experienced in normoxia), HIF α -subunits are hydroxylated on defined prolyl residues by three 2-oxoglutarate-dependent prolyl hydroxylase domain-containing proteins (PHD1, PHD2 and PHD3, encoded by *EGLN2*, *EGLN1* and *EGLN3*, respectively), which leads to HIF α ubiquitination by the von Hippel–Lindau (VHL) protein-recruited E3 ubiquitin ligase complex and proteasomal degradation (FIG. 1). Hydroxylation by the 2-oxoglutarate-dependent factor inhibiting HIF (FIH, encoded by *HIF1AN*) renders the HIF α -subunits unable to bind to their transcriptional co-activators, the histone acetyl transferases CBP and p300, preventing the formation of a functional

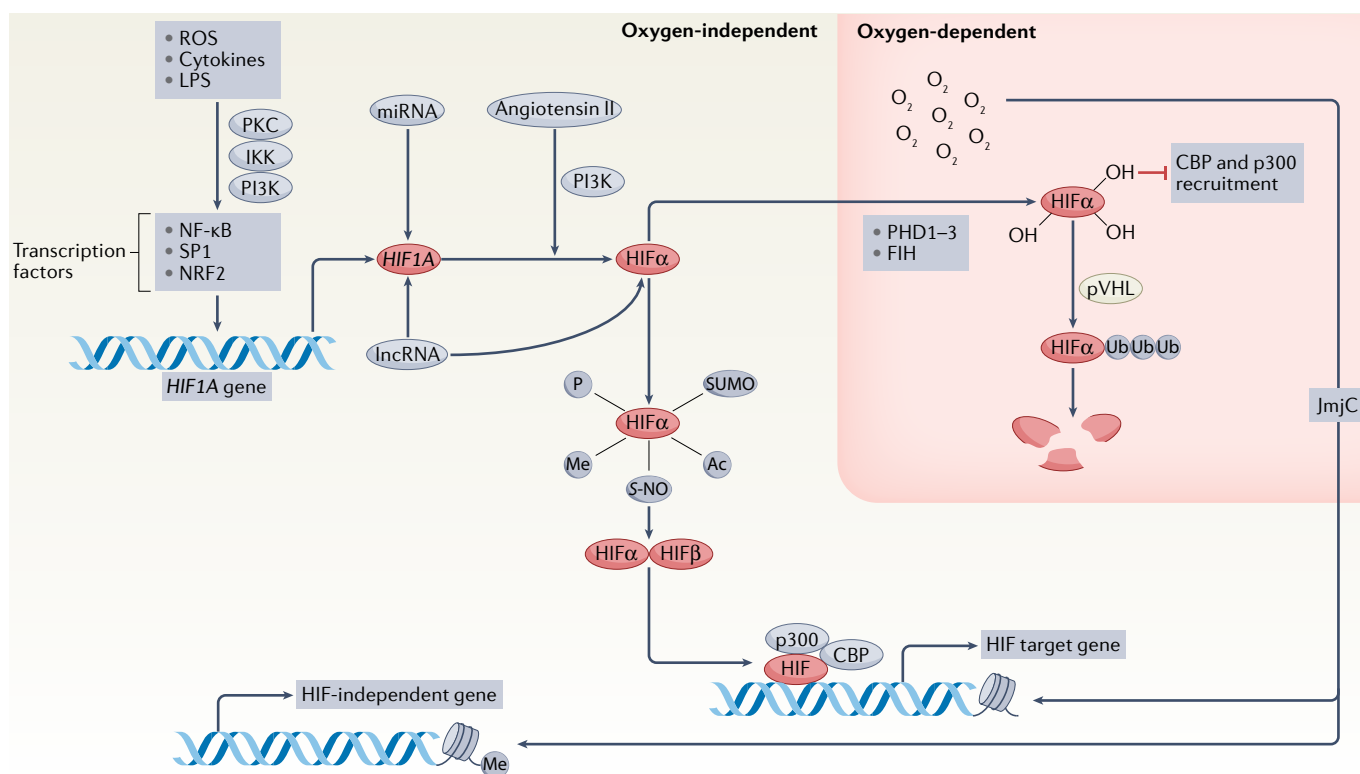


Fig. 1 | Mechanisms that regulate HIF. The activity of the dimeric transcription factor hypoxia-inducible factor (HIF) is regulated in a complex manner through both oxygen-dependent and oxygen-independent mechanisms directed towards the HIF α -subunit. Oxygen-independent mechanisms include the regulation of *HIF1A* gene expression, through the actions of transcription factors such as nuclear factor- κ B (NF- κ B), specific protein 1 (SP1) and NF-E2-related factor 2 (NRF2), which in turn can be regulated by reactive oxygen species (ROS), cytokine and/or lipopolysaccharide (LPS)-dependent signalling via pathways involving protein kinase C (PKC), inhibitor of NF- κ B kinase (IKK) and/or phosphoinositide 3-kinase (PI3K). *HIF1A* mRNA levels and/or translation can be regulated by microRNAs (miRNAs), long non-coding RNAs (lncRNAs) and/or by angiotensin II-mediated signalling involving PI3K. The stability and/or activity of HIF α can be modulated by a variety of oxygen-independent post-translational modifications, including phosphorylation, sumoylation (SUMO), acetylation (Ac), S-nitrosylation (S-NO) and methylation (Me), although the exact contribution of each of these modifications remains to be clarified. The best characterized mechanism of HIF α regulation occurs in an

oxygen-dependent manner through the cellular oxygen sensors prolyl hydroxylase domain-containing proteins (PHDs) and the asparagine hydroxylase factor inhibiting HIF (FIH). In normoxia, hydroxylation of two distinct HIF α proline residues by PHD is recognized by the E3 ubiquitin ligase adaptor von Hippel–Lindau (VHL) protein, leading to HIF α poly-ubiquitination and its subsequent degradation. FIH-catalysed hydroxylation of a single HIF α asparagine prevents the recruitment of the adaptor proteins p300 and CBP, which reduces HIF transactivation activity. Under conditions of hypoxia, molecular oxygen is no longer available to the PHDs and FIH, resulting in HIF α stabilization and increased transactivation activity, which leads to the formation of the dimeric HIF transcription factor and the enhanced transcription of HIF target genes. An additional oxygen-dependent regulation occurs via Jumonji C (JmjC) domain-containing histone demethylases, which use molecular oxygen to regulate histone methylation and thereby hypoxia-dependent gene expression. Thus, the activity of the HIF transcription factor is regulated in a complex manner, which allows for a variability of the temporal and dynamic nature of the HIF-dependent response to hypoxia adjusted to the specific needs of each individual cell type.

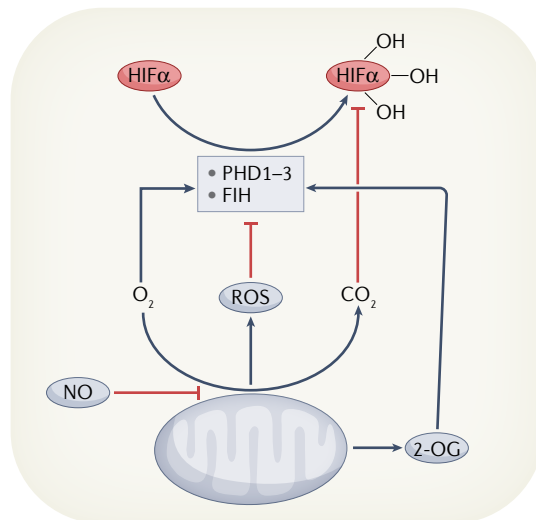


Fig. 2 | Biological signals that regulate HIFα. In addition to the oxygen-dependent functions of prolyl hydroxylase domain-containing proteins 1–3 (PHD1–3) and factor inhibiting HIF (FIH), multiple other inputs can modulate hypoxia-inducible factor α (HIFα) stability and/or activity. These include reactive oxygen species (ROS), the physiological gases NO, CO₂ and H₂S, and the HIF hydroxylase cofactor 2-oxoglutarate (2-OG).

transcriptional complex and thereby repressing HIF activity in an oxygen-dependent manner⁴³. Under conditions of hypoxia, however, the enzymatic activity of the PHD and FIH HIF hydroxylases is reduced, thereby stabilizing the HIF α-subunits and increasing their transcriptional activity, respectively. The stabilized HIF α-subunits can translocate to the nucleus where they bind hypoxia response elements (HREs) within regulatory DNA regions of HIF-responsive genes to enhance transcription⁴⁴. Several hundred genes are known to be HIF-responsive, including *EPO*, *VEGF* and *CA9*. Notably, HIF1 and HIF2 control the expression of discreet yet overlapping gene cohorts^{3,45}. The temporal and quantitative nature of the canonical HIF response in individual cell types is variable and depends on the degree and duration of hypoxic exposure as well as the expression and isoforms of components of the oxygen sensing pathway.

Additional mechanisms of HIF regulation

Although the ubiquitous, oxygen-dependent canonical HIF pathway has been robustly demonstrated in all investigated cell types, over the past decade, studies have shown that it can also be modified by additional inputs⁴⁶ (FIGS 1 and 2). These findings are important as the existence of such inputs enables qualitatively, quantitatively and temporally distinct patterns of the HIF response in specific cells and contexts. Indeed, strong evidence now demonstrates that a number of inputs beyond oxygen levels are important in shaping the temporally and spatially dynamic nature of the HIF-dependent response to hypoxia, and provide a level of signalling complexity that permits individual cells to set their own sensitivity to oxygen levels. As outlined below, the levels and activity of HIF can be regulated through a number of

transcriptional, translational and post-translational mechanisms beyond oxygen-dependent regulation of HIF α-subunit stability.

Transcriptional regulation of HIF. At a transcriptional level, the production of *HIF1A* mRNA is controlled by a number of transcription factors. Although basal rates of *HIF1A* transcription are generally high, differences in transcription rates can be mediated in part by altering the occupation of SP1 binding sites in the *HIF1A* promoter by transcription factors that recognize *cis*-acting elements within the 5' UTR⁴⁷.

Stimuli such as ROS can induce transcription of *HIF1A* mRNA expression in a manner dependent on the activation of the NF-κB pathway⁴⁸. Angiotensin II (ANGII) increases *HIF1A* mRNA expression in vascular smooth muscle cells via ROS-dependent activation of the PI3 kinase and PKC pathways⁴⁹. In support of this finding, ROS increased *HIF1A* expression through PI3K and PKC-dependent mechanisms in hypoxic tumour cells under conditions of oxidative stress⁵⁰. Inflammatory mediators and bacterial products such as lipopolysaccharide can also stimulate *HIF1A* and *EPAS1* transcription via NF-κB-dependent pathways^{51–53}. The antioxidant transcription factor NRF2 also regulates *HIF1A* mRNA expression in normoxia and more markedly in the context of reoxygenation following hypoxia⁵⁴. STAT3 — a transcription factor with wide-ranging roles in processes such as development and inflammation — further regulates *HIF1A* expression⁵⁵. Thus, beyond the well-described oxygen-dependent regulation of HIFα protein stability in cells, transcription of *HIF* genes is regulated through a number of mechanisms.

Post-transcriptional regulation of HIF. MicroRNAs are short non-coding RNAs that destabilize and/or inhibit the expression and/or translation of their target mRNAs. A subgroup of microRNAs — referred to as HypoxamiRs — regulate the hypoxic response in cells⁵⁶. For example, the hypoxia-inducible HypoxamiR miR-155 targets *HIF1A*⁵⁷, whereas miR-30c-2-3p and miR-30a-3p target *EPAS1* (REF.⁵⁸). miR-122 is induced by ischaemia and upregulates HIF levels through downregulation of PHD1 (REF.⁵⁹). The role of miRNAs in sculpting the spatial and temporal nature of the hypoxic response has been reviewed elsewhere^{60,61}.

Long non-coding RNAs (lncRNAs) are another large and diverse family of non-coding RNAs. Like microRNAs, lncRNAs are also involved in the regulation of transcriptional, post-transcriptional and translational events⁶². Modification of the HIF pathway by lncRNAs has been reported in multiple studies. For example, the HIF1α antisense lncRNA (*HIFAL*) has an important positive feedforward role in the maintenance of HIF1 signalling⁶³. A myeloid-specific extracellular vesicle-packed *HIF1A* lncRNA (which works by blocking the interaction between PHD2 and HIF1α, thereby stabilizing HIF1α) has been proposed to promote glycolysis in breast cancer cells⁶⁴. Similarly, *SNHG* lncRNA promotes tumour metastasis through HIF stabilization and direct activation of HIF-dependent genes⁶⁵. HIF1α antisense RNA 2 (*HIF1A-AS2*) is a hypoxia-inducible

Cis-acting elements
Regions of non-coding DNA that regulate the transcription of genes.

lncRNA that is present in mesenchymal glioblastoma multiforme cells and is important in the maintenance of stemness in hypoxic niches⁶⁶. These few examples implicate important and extensive roles for non-coding RNAs in modulating the HIF response to hypoxia.

Translational regulation of HIF. In addition to the regulation of HIF at the transcriptional level, the translation of HIF α proteins can also be controlled⁶⁷. For example, ANGII increases ROS–PI3K-mediated translation of HIF α ⁴⁹. Although much remains to be learned about the control of HIF α translation, a number of specific pharmacological inhibitors, including topoisomerase, mTOR and PI3K inhibitors, have been shown to interfere with HIF translation, implicating these pathways in the control of this process⁶⁷.

Post-translational modifications. Hydroxylation and the resultant ubiquitination of HIF1 α via the VHL-recruited E3 ligase complex in the canonical pathway are the primary post-translational modifications responsible for the oxygen-dependent regulation of HIF stability. Several other post-translational modifications of HIF α -subunits have been proposed as potential regulatory mechanisms⁶⁸. Small ubiquitin-like modifier (SUMO) proteins, which mediate sumoylation, demonstrate sensitivity to hypoxia and can modify HIF^{69–75}. However, the effect of sumoylation on HIF1 α stability and activity remains controversial. Other post-translational modifications of HIF1 α , including phosphorylation, acetylation, S-nitrosylation and methylation, have been extensively reported and can also influence the stability and activity of HIF α -subunits⁶⁸. Therefore, the stabilized HIF α protein is heavily decorated with post-translational modifications, which likely differ in nature and degree between cell types to enable fine tuning of the HIF response in specific cell types and contexts. Importantly, post-translational modification by modifiers such as ubiquitin and SUMO are also counter-regulated by the activity of deubiquitinases and sentrin-specific proteases (SENPs), respectively^{76,77}.

Transcriptional complex formation. The HIF pathway is also regulated through the formation of the HIF transcriptional complex — a process that requires assembly of the HIF1 α and HIF2 α subunits with their transcriptional co-activators (CBP and p300) and recruitment of RNA polymerase 2. As mentioned earlier, the affinity of the HIF α -subunit for CBP and p300 is controlled by the HIF hydroxylase FIH, whereby FIH-mediated hydroxylation of an asparagine residue in HIF α reduces the affinity of HIF for CBP and p300 (REFS^{38–40,43,78,79}).

Binding and recruitment of HIF to target genes. HIF-mediated enhancement of target gene transcription requires the presence of at least one HRE, but is also heavily influenced by other factors, including epigenetic modifications, DNA accessibility, chromatin structure and the presence of additional transcription factors^{45,80–82}. The relevance of such additional regulatory factors in the control of HIF target gene selectivity is highlighted by the fact that approximately only 1,000 functional HREs

exist despite the HRE DNA sequence occurring more than 1 million times within the human genome⁸⁰. Studies from the past few years have furthered our understanding of the regulation of gene expression in response to hypoxia with the finding that hypoxia can inhibit 2-oxoglutarate-dependent hydroxylases other than the PHDs, including the Jumonji C (JmjC) domain-containing histone demethylases KDM5A and KDM6A. Inhibition of these demethylases increases histone methylation and thereby typically facilitates hypoxia-dependent gene expression by loosening the chromatin structure^{80,83,84}. The extent to which this process facilitates the transcriptional response to HIF activation remains unclear, but may be of key importance in sculpting the overall cell type-specific transcriptional response to hypoxia.

Regulation of HIF by other biological signals. In addition to the mechanisms outlined above, the overall level of HIF activity in a specific cell type or context can be modulated by a number of other cellular signals, including physiological gases other than oxygen (for example, nitric oxide (NO), carbon dioxide (CO₂) and hydrogen sulphide (H₂S)), ROS and the availability of HIF hydroxylase co-factors, including Fe²⁺ and 2-oxoglutarate (also known as α -ketoglutarate) (FIG. 2).

NO is a gasotransmitter that is important for the control of vascular tone, and thus tissue perfusion and overall blood pressure⁸⁵. However, another important biological role for NO is in the regulation of mitochondrial oxygen consumption by controlling oxygen availability to HIF hydroxylases, and thereby affecting the overall HIF response^{85,86}. Under conditions of hypoxia, whereby PHDs are inhibited and HIF is activated, NO-mediated inhibition of cytochrome *c* oxidase (COX; also known as complex IV) of the mitochondrial respiratory chain leads to a redistribution of oxygen to the HIF hydroxylases, resulting in increased HIF hydroxylation and subsequent ubiquitination and degradation of HIF^{85,86}.

CO₂ is another physiological gas that is generated in mitochondria as the primary gaseous product of respiration. It suppresses HIF1 α stability by reducing intracellular pH, which promotes HIF1 α degradation via an alternative lysosomal pathway⁸⁷. Other products of metabolism, including ROS, H₂S, iron and tricarboxylic acid (TCA) cycle metabolites (including 2-oxoglutarate, succinate and citrate) modulate the HIF response through the regulation of PHD or FIH activity^{88–96}. Thus, although the availability of oxygen provides the primary signal that determines levels of HIF activity in a cell (via HIF hydroxylase activity), multiple other biological signals can shape the quantitative, spatial and temporal nature of the overall response, thereby providing for a mechanism with which to fine tune the hypoxic response in a cell type- and context-specific manner.

Implications of HIF for metabolism

The HIF pathway has an important role in controlling the expression of genes involved in the regulation of cellular metabolism. We now understand that the metabolic

Sumoylation

Post-translational protein modification by attachment of SUMO (small ubiquitin-related modifier) proteins, involving the formation of isopeptide bonds with ϵ -amino groups of acceptor Lys residues of target proteins.

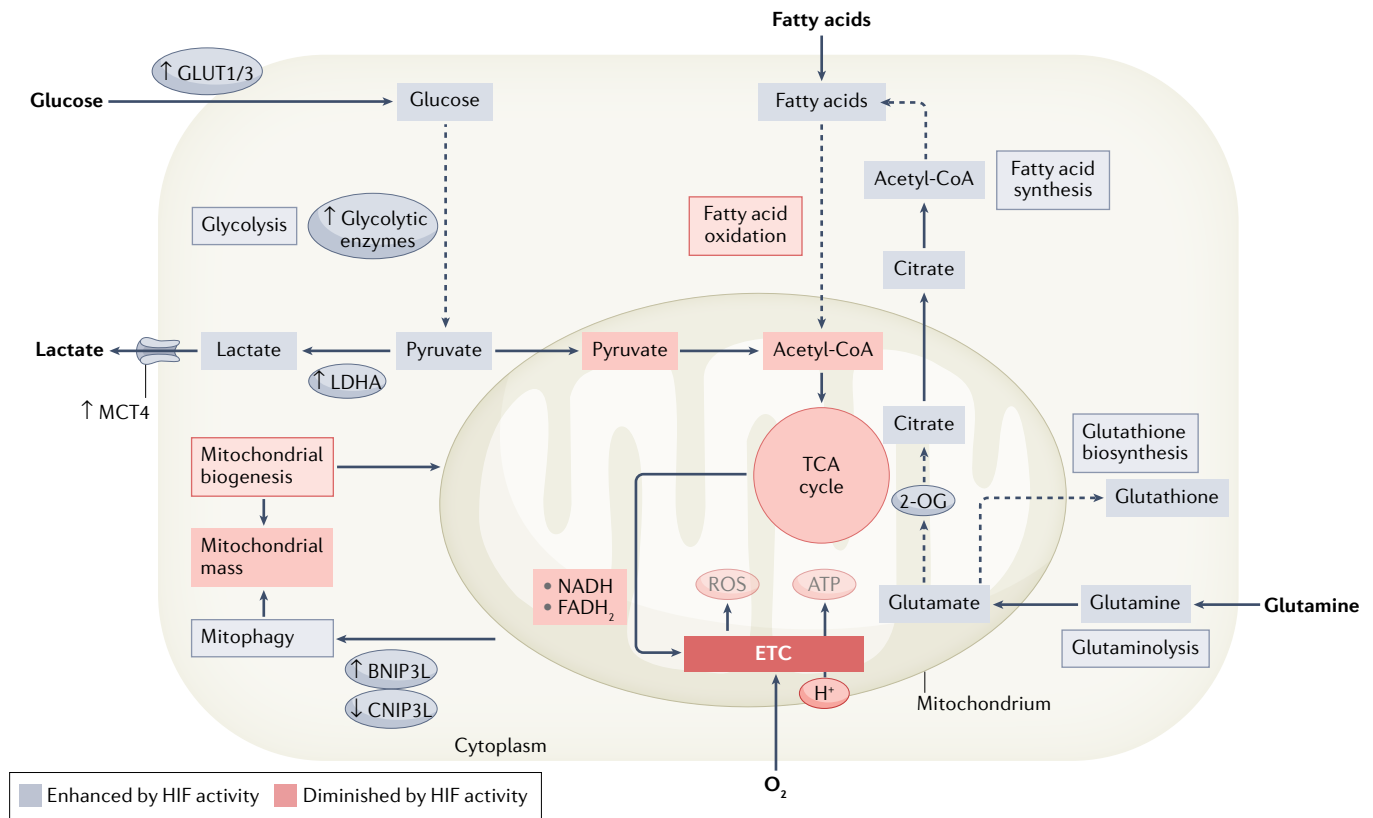


Fig. 3 | HIF-mediated adaptations of cellular metabolic pathways. Hypoxia-inducible factor (HIF) activity has pronounced effects on cellular metabolism, adjusting cellular glucose, fatty acid and glutamine utilization to decrease metabolic oxygen consumption while maintaining appropriate concentrations of ATP and other necessary metabolic intermediates and products. Under hypoxic conditions, increased HIF activity therefore decreases mitochondrial oxygen consumption and mitochondrial mass, and increases glycolysis, fatty acid synthesis and glutaminolysis. Upregulation of glutathione biosynthesis enhances cellular resistance against oxidative stress. 2-OG, 2-oxoglutarate; BNIP3, BCL-2/adenovirus E1B 19-kDa interacting protein 3; ETC, electron transport chain; GLUT, glucose transporter; LDHA, lactate dehydrogenase A; MCT4, monocarboxylate transporter 4; ROS, reactive oxygen species; TCA, tricarboxylic acid cycle.

function of a cell, as well as being central to cellular bioenergetics, is also a key driver of cellular behaviour. This function seems to be of particular importance in rapidly proliferative cells, such as leukocytes during an immune response and endothelial cells during angiogenesis. This function is also likely to be of major importance for cells with a high turnover, such as intestinal epithelial cells and for cells that experience physiological hypoxia, such as those in some regions of the kidney. Furthermore, these insights raise the intriguing question as to whether pathological alterations in tumour cell metabolism, which fuels tumour cell proliferation, harness the same physiological processes used by rapidly reproducing immune, endothelial and epithelial cells to alter their metabolism when a period of rapid growth is required. Therefore, better understanding of the mechanisms by which HIF activity regulates cellular metabolism is of key importance to understand both cellular bioenergetics and the control of cell function. Here, we summarize the role of HIF in the metabolic regulation of cells and processes in the human body, which forms the foundation of our emerging understanding of the importance of HIF-dependent metabolic changes in rapidly dividing immune cells.

Metabolic processes affected by HIF activity

HIFs transcriptionally regulate genes involved in energy metabolism under both physiological and pathological conditions, and HIF activity has been associated with metabolic processes such as the Pasteur effect⁹⁷ and the Warburg effect⁹⁸. Under normoxic conditions, the majority of cellular ATP is produced by oxidative phosphorylation in the mitochondria — a process that uses approximately 90% of the available oxygen⁹⁹. HIF-dependent regulation of cellular energy metabolism serves to adjust ATP production when oxygen is limited, thus enabling cell and tissue survival. HIF adapts energy metabolism by enhancing the expression of metabolic enzymes, many of which display an HIF1 (over HIF2) isoform specificity¹⁰⁰. HIF1 is therefore considered to be the main driver of metabolic adaptation to hypoxia¹². These HIF1-dependent genes control cellular glucose utilization and decrease oxygen consumption to reduce metabolic dependence on oxygen while maintaining appropriate ATP concentrations. In addition, HIF can reduce mitochondrial mass by increasing mitophagy and decreasing mitochondrial biogenesis. Therefore, HIF1 is a major regulator of cellular metabolic strategy during periods in which oxygen availability is limited (FIG. 3).

Pasteur effect
The increased glucose utilization for anaerobic ATP production in response to diminished oxygen availability.

Warburg effect
The preferential use of aerobic glycolysis rather than oxidative phosphorylation by tumour cells for energy production.

Mitophagy
The selective degradation of mitochondria by autophagy.

Interestingly, some HIF hydroxylases can also regulate metabolic processes through mechanisms that are at least in part independent of HIF^{101–104}.

Glycolysis. Under normoxic conditions, glycolysis provides the first step in the oxidative metabolism of glucose and converts glucose to pyruvate, which is transported into the mitochondria and used for the production of acetyl-CoA. Acetyl-CoA is then fed into the TCA cycle to generate electrons for the ETC in the form of NADH and FADH₂. The ETC establishes a proton gradient across the inner mitochondrial membrane, which ATP synthase uses to produce ATP. In hypoxia, HIF1 increases the expression of pyruvate dehydrogenase kinase 1 (PDK1)^{105,106}. This enzyme inhibits the mitochondrial enzyme pyruvate dehydrogenase (PDH) by phosphorylation, preventing the conversion of pyruvate into acetyl-CoA, thereby limiting its availability for the TCA cycle. This represses mitochondrial oxygen consumption, and redirects pyruvate towards glycolysis^{105,106}. This switch from oxidative to glycolytic metabolism effectively diminishes the necessary cellular oxygen availability for ATP production. Furthermore, the reduction of the mitochondrial oxygen consumption leads to reduced mitochondrial production of ROS¹⁰⁰, protecting the cell from ROS-induced damage.

Glycolysis is less efficient in terms of ATP production per glucose molecule than oxidative metabolism. To prevent a bioenergetic crisis, increased HIF activity therefore enhances glucose flux through glycolysis by increasing the expression of the glucose transporters

GLUT1 (encoded by *SLC2A1*)^{107–109} and GLUT3 (encoded by *SLC2A3*)^{107,110}, which increases cellular glucose uptake. Moreover, HIF1 increases the expression of all glycolytic enzymes^{100,107} (TABLE 1), including hexokinases (HK1 and HK2)¹¹¹, phosphofruktokinases (PFKL and PFKP)^{112,113}, aldolases (ALDA and ALDC)^{112,114}, glyceraldehyde 3-phosphate dehydrogenase (GAPDH)¹¹⁵, phosphoglycerate kinase 1 (PGK1)¹¹², enolases (ENO1 and ENO2)¹¹⁴ and pyruvate kinase M (PKM)¹¹⁶. Whether hypoxia also drives a spatial reorganization or compartmentalization of the glycolytic pathway into a so-called metabolon to enhance glycolytic metabolism remains to be determined. Finally, HIF1 enhances the expression of lactate dehydrogenase A (LDHA)^{114,117} and monocarboxylate transporter 4 (MCT4; encoded by *SLC16A3*)¹¹⁸. LDHA converts pyruvate to lactate and regenerates NAD⁺, which is required by GAPDH for additional glycolytic cycles. MCT4 removes lactate from the cell, transporting it into the extracellular space. Therefore, HIF1 drives a switch from oxidative to glycolytic metabolism during periods of hypoxia, an event that has implications not only for cellular bioenergetics but also for cell function and fate.

Oxidative phosphorylation. While enhancing glycolysis, HIF1 activity also reduces oxidative phosphorylation. HIF1 activity can decrease mitochondrial oxygen consumption by reducing mitochondrial mass through various mechanisms. For instance, enhanced HIF-1 activity promotes mitophagy^{119,120} by increasing the expression of BCL-2/adenovirus E1B 19-kDa interacting

Table 1 | Glycolytic proteins that are transcriptionally upregulated by hypoxia-inducible factor

Protein (encoding genes)	Catalysed reaction (per glucose molecule) ¹⁹⁶	Refs
Hexokinases (HK1, HK2)	1× Glucose phosphorylation utilizing 1× ATP	107,197
Glucose-6-phosphate isomerase (GPI)	Conversion of 1× glucose-6-phosphate to 1× fructose-6-phosphate	197–199
Phosphofruktokinases (PFKL, PFKP)	Conversion of 1× fructose-6-phosphate to 1× fructose-1,6-bisphosphate utilizing ATP	107,112,113,197
Aldolases (ALDA, ALDC)	Splitting of 1× fructose-1,6-bisphosphate into 1× dihydroxyacetone phosphate and 1× glyceraldehyde-3-phosphate	107–109,112,114,197
Triosephosphate isomerase (TPI)	Conversion of 1× dihydroxyacetone phosphate to 1× D-glyceraldehyde-3-phosphate	97,107
Glyceraldehyde 3-phosphate dehydrogenase (GAPDH)	Conversion of 2× glyceraldehyde 3-phosphate to 2× 1,3-bisphosphoglycerate producing 2× NADH + 2× H ⁺	97,107,197
Phosphoglycerate kinase 1 (PGK1)	Conversion of 2× 1,3-bisphosphoglycerate to 2× 3-phosphoglycerate producing 2× ATP	97,107–109,112,197
Phosphoglycerate mutase (PGAM1)	Conversion of 2× 3-phosphoglycerate to 2× 2-phosphoglycerate	197
Enolases (ENO1, ENO2)	Conversion of 2× 2-phosphoglycerate to 2× phosphoenolpyruvate producing 2× H ₂ O	107,112,114,197
Pyruvate kinase M (PKM)	Conversion of 2× phosphoenolpyruvate to 2× pyruvate producing 2× ATP	107,112,197
Other regulated proteins that support increased glycolytic flux		
Glucose transporters 1 and 3 (GLUT1, GLUT3)	Cellular glucose uptake	107–110
Lactate dehydrogenase A (LDHA)	Conversion of 2× pyruvate and 2× NADH + 2× H ⁺ to 2× lactate and 2× NAD ⁺	107,109,114,117
Monocarboxylate transporter 4 (MCT4)	Cellular lactate efflux	118

protein 3 (BNIP3) and BNIP3-like (BNIP3L)^{121,122}. HIF1 also reduces mitochondrial biogenesis¹²³ by increasing the expression of MAX interactor 1 (MXI1)^{123,124}. This transcriptional repressor negatively regulates expression of the transcription factor MYC, which decreases MYC-mediated expression of peroxisome proliferator-activated receptor- γ coactivator 1 β (PGC1 β)¹²³. PGC1 β regulates mitochondrial biogenesis and its decrease reduces mitochondrial mass. HIF1 also modifies the mitochondrial ECT — a series of four protein complexes that transfers electrons received from NADH and FADH₂ to generate ATP through oxidative phosphorylation. COX is the final electron acceptor of the ECT and consumes the largest amount of oxygen. Under normoxic conditions, COX contains the subunit COX4-1. Under hypoxic conditions, HIF1 activity enhances the expression of the alternative COX subunit COX4-2 and of the mitochondrial protease LON, which degrades the COX4-1 subunit¹²⁵. Thus, HIF activity changes the COX subunit composition, which may increase the electron transfer efficiency and optimize mitochondrial respiration under hypoxic conditions¹²⁵. Therefore, hypoxia-induced increases in HIF1 activity reduce oxygen consumption by COX, which in turn likely reduces the production of mitochondrial ROS — a by-product of oxidative phosphorylation.

Fatty acid metabolism. Fatty acid oxidation (FAO) generates acetyl-CoA for the TCA cycle through cyclical shortening of fatty acids by two carbon units per cycle, yielding acetyl-CoA, NADH and FADH₂. The last cycle generates two acetyl-CoA molecules. HIF activity indirectly decreases the expression of the medium-chain acyl-CoA dehydrogenase (MCAD) and of the long-chain acyl-CoA dehydrogenase (LCAD)¹²⁶, which are involved in the first reaction of FAO; thus, decreased levels of MCAD and/or LCAD suppress FAO. A second mechanism of HIF-mediated reduction of FAO has been described in clear-cell renal cell carcinoma, involving inhibition of carnitine palmitoyltransferase 1A (CPT1A) expression¹²⁷. CPT1A is a key protein in mitochondrial fatty acid transport; reductions in CPT1A levels lower FAO substrate availability and thus decrease FAO¹²⁷.

HIF1 activity can also enhance the expression of the VLDL receptor (VLDLR), increasing LDL and HDL uptake¹²⁸. HIF1 activity further upregulates the expression of insulin-induced gene 2 protein (INSIG2), facilitating the degradation of the enzyme 3-hydroxy-3-methylglutaryl (HMG)-CoA reductase¹²⁹, which catalyses the rate-limiting step of cholesterol synthesis.

HIFs have also been associated with lipogenesis, including fatty acid synthesis (FAS). FAS requires acetyl-CoA as a substrate, but the above-mentioned HIF1-mediated increase in PDK1 reduces cellular acetyl-CoA levels. To counteract the PDK1-mediated reduction in acetyl-CoA, glutaminolysis — the reductive carboxylation of glutamine — generates 2-oxoglutarate, which is either oxidized to succinate as part of the TCA cycle or used by isocitrate dehydrogenase 1 (IDH1) and IDH2 to produce isocitrate, which is further converted to citrate by aconitase. The ATP citrate lyase (ACLY) converts citrate into acetyl-CoA, which fuels FAS.

Increased HIF activity promotes acetyl-CoA production from glutamine via IDHs to fuel lipogenesis^{130,131}. HIF activity can also decrease the activity of the oxoglutarate dehydrogenase complex (OGDH; the TCA cycle enzyme that oxidizes 2-oxoglutarate to succinyl-CoA) likely by enhancing the expression of SIAH2, an E3 ubiquitin ligase that targets a key OGDH subunit for proteasomal degradation¹³². A decrease in the OGDH activity increases the likelihood that 2-oxoglutarate is converted in the TCA cycle in the reverse direction into isocitrate and citrate, for its utilization for FAS.

Thus, increased HIF activity suppresses FAO, reducing mitochondrial oxygen consumption and thereby adjusting cellular metabolism to meet conditions imposed by limited oxygen availability. In addition, HIF activity enhances lipogenesis, which is necessary to supply fatty acids for membrane synthesis (required for cell growth and proliferation), for the production of signalling molecules and for storage. Hence, HIF plays an important but complex role in the regulation of fatty acid metabolism.

Glutaminolysis and glutathione biosynthesis. An intermediate metabolite of glutaminolysis — a process for the conversion of glutamine to 2-oxoglutarate — is glutamate, and HIF1 activity increases intracellular glutamate levels by enhancing the expression of glutamine transporters^{133–135} and glutamine-converting glutaminases^{133,136,137}. Glutamate is necessary for the production of glutathione, which protects cells against oxidative stress. HIF1 may drive glutathione generation not only by increasing the availability of glutamate but also by directly enhancing the expression of a glutamate-cysteine ligase modifier subunit (GCLM) — a regulatory subunit of the glutamate-cysteine ligase, which is involved in glutathione biosynthesis¹³⁸. Thus, HIF1 activity promotes the cellular resilience against oxidative stress.

Amino acid metabolism. HIF1 activity also has an important role in the metabolism of other amino acids¹³⁹. HIF1 represses levels of the TCA cycle enzyme succinate dehydrogenase subunit A (SDHA) and SDHB^{140,141}, decreasing not only TCA cycle activity but also limiting the production of oxaloacetate. In addition, levels of glutamic-oxaloacetic transaminase 1 (GOT1) and GOT2 are suppressed in an HIF1-dependent manner¹⁴⁰. The GOT enzymes convert oxaloacetate into aspartate, thereby reducing aspartate biosynthesis. Furthermore, HIF1 activity affects serine and one-carbon metabolism. One-carbon metabolism supports many physiological processes, including the generation of NADPH; it is mediated by folate metabolism and uses the amino acid serine as a fuel¹⁴². HIF activity can increase serine synthesis from glycolytic intermediates by enhancing the expression of the three enzymes in the serine synthesis pathway¹⁰⁰. In addition, mitochondrial one-carbon metabolism is upregulated in a HIF-dependent manner by increasing the expression of enzymes such as serine hydroxymethyltransferase 2 (SHMT2) and methylene tetra-hydrofolate dehydrogenase 2 (MTHFD2) that upregulate the production of mitochondrial NADPH, which in turn can fuel glutathione biosynthesis¹⁰⁰.

One-carbon metabolism

A series of interlinking metabolic pathways that provide 1 C units (methyl groups) for the synthesis of nucleotides, polyamines, amino acids, creatine and phospholipids.

Pentose phosphate pathway. The pentose phosphate pathway (PPP) is connected to the glycolysis pathway, using the glycolytic intermediate glucose-6-phosphate as substrate to generate ribulose-5-phosphate, protons and NADPH via an oxidative and a non-oxidative arm¹⁴³. Ribulose-5-phosphate can be used to produce nucleic acids or in the non-oxidative PPP arm to generate glyceraldehyde-3-phosphate and fructose-6-phosphate, which are fed back into the glycolysis pathway¹⁴³. NADPH is required for a variety of processes, including FAS, signalling, and in cellular antioxidant defence via glutathione. Glucose-6-phosphate dehydrogenase (G6PD), which catalyses the first step of the PPP that diverts glucose-6-phosphate away from glycolysis, is upregulated in response to hypoxia in some cancer cells¹⁴⁴. However, it remains unclear whether this response is regulated by HIF. By contrast, hypoxia represses G6PD expression in breast cancer cells¹⁴⁵. In addition, HIF can regulate the expression of transketolase, an enzyme involved in the non-oxidative arm, which increases glucose flux through this part of the PPP¹⁴⁶. Thus, HIF is likely to contribute to the regulation of the PPP, but the detailed mechanism(s) may be cell-type specific and needs further investigation.

These examples and many others make clear that HIF — particularly HIF1 — is a major regulator of cellular metabolic strategy under conditions in which oxygen is limited. Although these effects are driven at the cellular level through alterations in gene expression, they have profound implications for metabolism at the organism level.

Role of HIF in human organismal metabolism

A large part of our understanding of the specific role of HIF in the regulation of metabolic processes has been derived from analyses of cultured cells. Although more difficult to assess, insight into the role of HIF in integrated whole-body energy metabolism in humans can be acquired from the study of patients with *VHL* mutations, resulting in a higher constitutive level of HIF activity. For example, the autosomal-recessive *VHL* mutation c.598 C > T reduces the ability of VHL to bind to hydroxylated HIF1 α , leading to HIF1 α stabilization, and increasing its transcriptional activity¹⁴⁷. In patients, this mutation causes Chuvash polycythaemia, which is characterized by increased haemoglobin and haematocrit levels, and abnormalities in cardiopulmonary function. Analyses of metabolic markers in these patients reveal increased blood lactate levels and acidosis in the skeletal muscle during exercise¹⁴⁸. The expression of GLUT1 and glycolytic enzymes was also upregulated^{147,148}, supporting the notion that glycolysis is enhanced in patients with increased HIF1 activity.

A 2020 report described a patient with a different *VHL* mutation (c.222 C > A, p.V74V)¹⁴⁹. This mutation differed from the mutation underlying Chuvash polycythaemia and led to a reduced amount of VHL, thereby increasing HIF1 α levels¹⁴⁹. The patient presented with familial erythrocytosis type 2, but also with metabolic alterations that partly differed from those typical of Chuvash polycythaemia¹⁴⁹. Persistent hypoglycaemia was observed alongside changes in carbohydrate and lipid

metabolism, combined with decreased skeletal muscle mitochondrial respiration, decreased FAO and uncoupling of ATP production from oxygen consumption¹⁴⁹. The expression of several HIF target genes was enhanced, including those encoding GLUT1, BNIP3L and MXI1. Analysis of the metabolome demonstrated increased glycolytic flux and decreased TCA cycle activity. Findings also indicated increased glutamine and altered aspartate metabolism. Seven additionally analysed amino acids were decreased in the blood, likely because they were used as a carbon source. HDL levels were also reduced, indicating alterations in lipid metabolism. The patient further exhibited a higher-than-normal ratio of oxidized-to-reduced glutathione levels¹⁴⁹, which may be indicative of increased oxidative stress. Alternatively, glutathione levels may be upregulated by HIF to enhance the cellular defence against future oxidative stress. As described earlier, increased HIF activity generally occurs during hypoxia, which if resolved, is followed by re-oxygenation. In the context of ischaemia–reperfusion injury, oxidative stress caused by re-oxygenation is a major contributor to tissue injury. Thus, glutathione levels may be increased to attenuate the damage otherwise inflicted by oxidative stress in the likely event of re-oxygenation.

The role of HIF in the regulation of energy metabolism also has clinical relevance in the context of HIF PHD inhibitors (PHIs), which have now been approved for the treatment of renal anaemia. Clinical studies of roxadustat and daprodustat reported decreased triglycerides, total serum cholesterol, LDL and HDL cholesterol following PHI treatment¹⁵⁰.

Therefore, *VHL* mutations or pharmacological hydroxylase inhibition in humans manifest as changes in human metabolism that broadly reflect the role of HIF in metabolism at the cellular level. The variability in the metabolic effects between patients with different *VHL* mutations or with HIF hydroxylase inhibitor treatment may be explained by the extent to which HIF α is stabilized. *VHL* also regulates proteins other than HIF α ¹⁵¹ and some of the metabolic effects observed in patients with *VHL* mutations may thus not be solely dependent on HIF α stabilization. Of note, PHI administration to patients with renal anaemia leads to lower EPO peak levels than achieved with erythropoiesis-stimulating agents and *EPO* is considered to be one of the most sensitive genes for HIF activity¹⁵⁰. The amount of PHI administered may therefore only induce a subset of HIF-regulated genes in some patients and in selected organs. This area, especially the potential additional effects of PHIs, will need further analyses in the future.

Implications of HIF-mediated changes in cell metabolism

As outlined above, HIF activation is tightly controlled in a cell-type and context-specific way with a complex array of inputs determining overall HIF activity in an individual cell at any given time. This mechanism enables temporal and spatial heterogeneity of the HIF response across a tissue. As a major regulator of cellular metabolism, HIF has a key role in maintaining cellular bioenergetic homeostasis, which enables highly

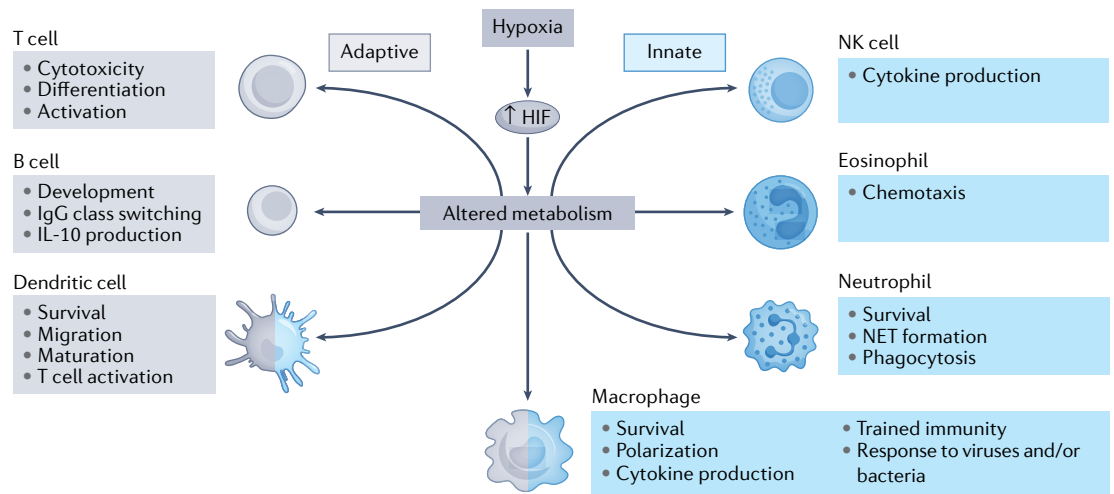


Fig. 4 | HIF-dependent regulation of immunometabolism. Hypoxia increases hypoxia-inducible factor (HIF) activity, which affects the phenotype and function of innate and adaptive immune cells, including epithelial cells, neutrophils, macrophages, dendritic cells, T and B lymphocytes, natural killer (NK) cells and innate lymphoid cells through regulation of immune cell metabolism. NET, neutrophil extracellular trap.

energy-dependent processes, such as cellular growth and proliferation, to continue under hypoxic conditions. These metabolic effects of HIF also have important consequences in pathological situations. It is well recognized that tumour cells require an alternative to oxidative phosphorylation to support their growth, which is achieved primarily through increased glycolysis, even in the presence of available oxygen (a process known as the Warburg effect or aerobic glycolysis). The pathological role of HIF in tumour cell metabolism is profound^{100,152} and is not further discussed here. Instead, we focus on a physiological role for HIF and its metabolic effects in rapidly dividing cells of the immune system during immune and inflammatory responses. The diverse roles of HIF in the control of immune cell function have been covered elsewhere^{5,153–156}, and so here we focus on more recent findings — mainly from the past few years — on the role of HIF in regulating immune cell phenotype and function, and the physiological consequences of these effects for infection and inflammation.

Implications for immune cell function

When activated, immune cells typically undergo rapid increases in activity and expansion to induce an effective immune response¹⁵⁷. This process is highly energy dependent, and requires cells to have the capacity to alter their metabolic strategy to maintain sufficient levels of ATP to support this process. Furthermore, active inflammation is a highly metabolically demanding process and as a result, sites of inflammation are often profoundly hypoxic¹⁵⁸. Therefore, resident and infiltrating immune cells are exposed to steep oxygen gradients and can experience hypoxia while at the same time needing to proliferate and function. As described earlier, oxidative metabolism is compromised under hypoxic conditions, leading to cellular reliance on oxygen-independent pathways, such as glycolysis, to provide ATP¹⁵⁷. We now appreciate that HIF has an important role not only in the control of immune cell phenotype and

function^{5,153,154,159} but also in the regulation of immune cell metabolism, thereby acting as a key regulator of immunometabolism¹⁵⁴ (FIG. 4).

Since the first report of a role for HIF in the control of macrophage function in 2003 (REF.¹⁶⁰), multiple studies have demonstrated that HIF contributes to the regulation of all cell types involved in the innate and adaptive immune response, including epithelial cells, neutrophils, macrophages, dendritic cells, T cells, B cells, natural killer cells and innate lymphoid cells^{155,161}. A consistent theme of these studies is that a clear relationship exists between HIF and immunometabolism. Of particular note, the degree to which a cell depends on glycolysis for ATP production seems to be associated with the phenotype in a cell type-specific manner.

For example, activation of HIF1 has been shown to promote glycolysis and phenotypic changes in innate immune cells, such as neutrophils, macrophages and dendritic cells. In neutrophils, the switch to glycolysis is associated with the promotion of survival, phagocytic capacity and neutrophil extracellular trap formation¹⁵⁴, thereby enhancing their innate immune activity. In macrophages, the promotion of glycolysis is associated with polarization to an M1 pro-inflammatory phenotype as opposed to an M2 anti-inflammatory phenotype, which uses oxidative phosphorylation for ATP generation^{162,163}. Other macrophage functions affected by HIF activation include survival, cytokine production, trained immunity and their response to viruses and bacteria¹⁵⁴. HIF-dependent changes in dendritic cells that have been associated with altered cellular metabolism include effects on cell survival, migration, maturation and T cell activation¹⁶⁴. HIF activation also promotes eosinophil migration, although whether this effect is a consequence of alterations in metabolism remains unclear¹⁶⁵.

HIF activation also increases glycolysis in adaptive immune cells. HIF-mediated glycolysis is associated with the differentiation and development of T cells and B cells. In T cells, the HIF-dependent induction of glycolysis has

been associated with the activation and differentiation of different T cell subtypes, as well as effects on T cell cytotoxicity, and memory¹⁵⁴. In B cells, HIF-dependent changes in glycolysis are associated with B cell development, IgG class switching and IL-10 production¹⁵⁴. In natural killer cells, HIF has been associated with altered cytokine production and improved wound healing¹⁶⁶.

More recent studies have expanded our understanding of the effects of HIF on immune cell function, with the identification of roles for HIF in innate lymphoid cell plasticity in the gut¹⁶⁷, regulatory T cell abundance¹⁶⁸ and neutrophil motility¹⁶⁹. These studies further support a central role for HIF in immunity that is heavily cell-type and context specific. As outlined below, our understanding of how these cell-type specific roles of HIF relate to the relevance of HIF in overall inflammation and immunity (which of course involves many immune cell types) is evolving.

A growing body of research implicates a role for HIF in the overall physiological immune response to infection and pathological inflammation.

Effects of HIF on infection. A number of studies have investigated the impact of inflammation and infection in mice with conditional deletion of HIF pathway components in immune cells. Mice with myeloid cell-specific knockdown of *HIF1A* display increased susceptibility to infection with *Mycobacterium tuberculosis*^{156,170}. HIF was also found to be protective in a zebrafish model of tuberculosis¹⁷¹. Similarly, the presence of HIF1 in macrophages contributed to the induction of pro-inflammatory genes in response to *Helicobacter pylori* infection, whereas myeloid cell-specific deletion of *HIF1A* in mice led to worsening of inflammation and gastritis following *Helicobacter pylori* colonization¹⁷². HIF also has a key role in host defence against uropathogenic *Escherichia coli* infection¹⁷³. Thus, HIF activity in immune cells seems to be largely associated with a protective response to pathogenic infections.

Effects of HIF on inflammation. The anti-inflammatory effects of HIF activation have been extensively demonstrated^{5,11,154}. This understanding suggests that pharmacological activation of HIF may represent a potentially important new approach to the control of inflammation^{5,11,154}. Indeed, pharmacological activation of HIF using PHIs has demonstrated anti-inflammatory effects in a range of in vivo models⁵. This finding is supported by results from phase 1B clinical trial for the treatment of ulcerative colitis, in which protective effects of treatment with the PHI GB004 were reported¹⁷⁴. A 2018 study demonstrated that deficiency of HIF in B cells increased susceptibility to collagen-induced arthritis, suggesting a key role of HIF for B cell function in the context of autoimmunity¹⁷⁵. However, in some inflammatory conditions such as colitis, HIF isoforms may exert opposing roles. For example, HIF1 α expressed in intestinal epithelial cells is protective in colitis¹⁷⁶ whereas HIF2 α is detrimental^{177,178}. Thus, the role of HIF in inflammation is complex, although evidence to date suggests that activation of the HIF pathway is largely anti-inflammatory.

Implications for PHD therapeutics

As we have described, HIF is a central regulator of human cellular and organism metabolism. Interestingly, living under hypoxia at high altitude has been associated with a decreased prevalence of obesity and type 2 diabetes in humans^{179–181}. This observation raises the question of whether increasing HIF activity with use of PHIs could be harnessed as a novel treatment option for metabolic disorders. A possible beneficial effect of PHI treatment in metabolic disorders is supported by the observation that use of PHIs in patients with renal anaemia can decrease levels of triglycerides, total serum cholesterol, and LDL and HDL cholesterol¹⁵⁰. Similarly, in mice, PHI treatment decreased levels of serum cholesterol and circulating fatty acids^{182,183}, and attenuated the deterioration of glucose tolerance induced by a high-fat diet¹⁸³. PHI treatment also protected obese mice against the development of atherosclerosis¹⁸⁴. Thus, available evidence supports the notion that pharmacological activation of HIF can induce metabolic reprogramming and suggests that PHIs may represent a novel treatment option for metabolic disorders and their adverse sequelae.

The activation of HIF also has profound implications for the function of immune cells through the regulation of immunometabolic processes^{5,153,154}. Preclinical studies, predominantly in models of intestinal inflammation, have largely demonstrated PHIs to be strongly anti-inflammatory¹⁵³ and as a consequence, pharmacological PHIs are now being explored for the treatment of colitis in patients^{174,185}. Interestingly, a key mechanism by which PHIs seem to provide protection in colitis is through the promotion of intestinal epithelial barrier function. This barrier protective mechanism likely works in combination with effects on immune cell function^{186,187}. Thus, pharmacological efficacy of PHIs in diseases such as colitis might be enhanced by using drug delivery techniques to target the tissue of interest¹⁸⁸. Furthermore, combining PHIs with more traditional anti-inflammatory therapeutics may have added benefits in inflammatory disease.

The kidney experiences an oxygen gradient, which is likely a prerequisite for its function as an oxygen-sensing organ^{9,189}; however, the kidney is also frequently exposed to pathophysiological hypoxia as a consequence of, for example, inflammatory processes, ischaemia and/or fibrosis in the context of acute kidney injury, CKD and in specific conditions such as systemic lupus erythematosus^{20,190,191}. Furthermore, injury or disease-mediated changes in metabolic processes in proximal tubule epithelial cells (which are influenced by HIF) may also affect the susceptibility of these cells to damage in response to stressors^{192–195}. On the other hand, the fact that preclinical analyses have mostly demonstrated a protective effect of pharmacological HIF hydroxylase inhibition in murine models of CKD, must be taken into account²⁰. By contrast, genetic modifications of proteins of the HIF pathway in murine glomerular cells, renal epithelial cells or endothelial cells have more often been detrimental than protective in murine CKD models²⁰. Thus, genetic modulations of the HIF pathway in specific cell types may not necessarily reflect the outcome of systemic PHI administration.

These points need to be kept in mind when considering the long-term nephrological implications of PHI treatment for patients with renal anaemia.

Conclusions

The role of HIF in the cellular, tissue and organismal adaptation to hypoxia remains an important and highly active field. Of particular and growing interest are the metabolic consequences of HIF and their effects on immune cell phenotype and function. The multiple inputs into the HIF pathway provide individual cell types with the ability for nuanced and context-specific HIF responses to microenvironmental situations of hypoxia. Furthermore, individual leukocyte sub-types respond to hypoxia with cell-type specific changes in their cellular metabolism with consequences for immune cell function. Our understanding of the full effects of HIF-dependent changes on immune cell metabolism and associated changes in cell function is in its infancy, but some themes are emerging, such as the consequences associated with a change to glycolytic metabolism on macrophage and lymphocyte phenotype. However, little is currently known about how hypoxia-dependent changes in other metabolic pathways can influence immune cell function and the (patho)physiological consequences of this for organs such as the kidney. This is an exciting and important emerging area of research

that will have major implications for our understanding of immune responses.

Several areas relevant to our understanding of the importance of HIF-dependent changes in metabolism in immune cell function require further research. These include the impact of HIF activation in in vivo models of inflammatory disease for which HIF activators such as PHIs have been found to be strongly anti-inflammatory. Indeed, phase 2 clinical trials studying the potential use of hydroxylase inhibitors in inflammatory bowel disease are ongoing^{174,185}.

With respect to our understanding of the regulators of the HIF pathway in immune cells, an area in its infancy is our understanding of the role of non-coding RNAs in their regulation of the HIF pathway. Indeed, the complex nature of the multiple inputs into HIF signalling implicate the potential use of mathematical and systems biology approaches to understanding the spatial, temporal and quantitative nature of the HIF response in individual cells and contexts. Finally, an area of controversy and importance with respect to our understanding of the role of oxygen sensing in general is whether PHIs might also affect non-HIF targets. The near future should provide the answers to these fascinating and important questions.

Published online 20 June 2022

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Author contributions

The authors contributed equally to all aspects of the article.

Competing interests

C.T.T. has consulted for Gossamer Bio and Akebia. C.C.S. declares no competing interests.

Peer review information

Nature Reviews Nephrology thanks Holger Eltzhig, Masaomi Nangaku, and the other, anonymous, reviewer(s) for their contribution to the peer review of this work.

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