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# **Original Article**

# Investigation of a cluster of Legionnaires' disease during the outbreak of coronavirus disease 2019 pandemic in northeastern Taiwan, June 2021

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**KEYWORDS** Legionnaires' disease; Pneumonia; COVID-19

Abstract Purpose: To describe the investigation and intervention of a cluster of Legionnaires' disease detected during the outbreak of coronavirus disease 2019 (COVID-19) pandemic. Methods: From June 7 to 22, 2021, 15 cases in the neighborhood near our hospital were detected. Information about residence, workplace, hospital visit, and potential exposures was collected. Sampling and decontamination were performed for potential sources. Results: All 15 patients had pneumonia when visiting the emergency room with negative COVID-19 test results. Most patients were male (73.3%) with the mean age of 65.7 years. The most common comorbidities were diabetes mellitus (40.0%) and hypertension (40%). The most common symptom was fever (93.3%). Two (13.3%) patients needed mechanical ventilators. Fever subsided within 2 days of treatment for most cases (85.7%). Five cases had exposure history at our hospital, and the other 10 lived or worked in the area within 2 km of our hospital, mostly in buildings A and B. Water sampling was carried out for our hospital, buildings A and B; one water sample from a cooling tower in our hospital cultured positive for Legionella bacteria. Early testing and treatment for suspected cases were carried out for the outbreak, and all cases were discharged with pneumonia resolution.

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*Conclusion:* This was a community outbreak of Legionnaires' disease near our hospital. COVID-19 tests were repeated frequently before testing for Legionnaires' disease during the COVID-19 pandemic. Early recognition of Legionnaires' disease and timely treatment improved outcome. Copyright © 2022, Taiwan Society of Microbiology. Published by Elsevier Taiwan LLC. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/4.0/).

### Introduction

Legionnaires' disease was first identified in 1976 in a pneumonia outbreak among American Legion members attending their annual meeting in Philadelphia.<sup>1</sup> Infection occurs through inhalation of aerosols containing Legionella bacteria.<sup>2</sup> The most frequently identified species isolated from patients with Legionnaires' disease was Legionella pneumophila serogroup 1, which has been recognized as an important cause of both hospital and community-acquired pneumonia.<sup>2</sup> A prior epidemiological study of *L. pneumo*phila infection in Taiwan reported an incidence rate of 4.7% among pneumonia patients.<sup>3</sup> In a retrospective study of Legionnaires' disease in a 1200-bed tertiary hospital in southern Taiwan, 61 cases were identified over a 9-year period. Among them, 30 (49.2%) and 20 (32.8%) had healthcare-associated and community-acquired pneumonia, respectively, including 11 (18.0%) caregivers.

Coronavirus disease 2019 (COVID-19) caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) was first identified in Wuhan, China, in December 2019.<sup>5</sup> The disease rapidly became an ongoing pandemic crisis worldwide.<sup>6</sup> The pandemic had a smaller impact in Taiwan in 2020 than in most other countries; however, an outbreak in northern Taiwan occurred in May 2021, resulting in more than 15,000 confirmed cases with more than 800 deaths within the following three months.

In June 2021, we detected a cluster of Legionnaires' disease during the COVID-19 pandemic. From June 7 to 22, 2021, 15 Legionnaires' disease cases were detected in individuals living or working in the neighborhood near our hospital, including two hospital staff members. This number was three times that observed in our hospital in the previous 3 years combined, including 2 cases, 2 cases, and 1 case detected in 2018, 2019, and 2020, respectively (JJ Ye, unpublished data). This study aimed to determine whether this cluster was a nosocomial or community outbreak, investigate the potential sources, and analyze the clinical features, control measures and outcomes.

### Methods

### Study design, setting and patients

This retrospective study was conducted at Chang Gung Memorial Hospital (CGMH)-Keelung branch, which is a 1100bed regional teaching hospital providing both primary and tertiary health care in northeastern Taiwan. The study protocol was approved by the Institutional Review Board of CGMH-Keelung branch (Number: 202101475B0). The ethics committee granted a waiver for informed consent to be obtained from patients because the existing medical data and investigation reports were analyzed anonymously and maintained with confidentiality.

Legionnaires' disease was defined as a new or progressive pulmonary infiltrate on chest radiography, along with the presence of symptoms and signs of lower respiratory tract infection, and a positive result for the urinary *Legionella* antigen test.<sup>4</sup> A commercial urine antigen test (Abbott BinaxNOW *Legionella* urinary antigen test kit; Abbott Laboratories, Irvine, CA, USA) was used to detect the *L. pneumophila* serogroup 1 soluble antigen. Patients' medical records were reviewed for demographic and clinical data, including comorbidities, symptoms, clinical course, laboratory data, oxygen use, treatment, and outcomes. Delayed treatment was defined as initiation of antibiotic treatment with anti-*Legionella* activity after the second day of hospitalization.

### Epidemiological investigations

The epidemiological investigations were performed by the Infection Control Team of CGMH-Keelung as soon as possible after a diagnosis was confirmed. Each patient was interviewed by phone to collect information about residence, profession, workplace, and potential exposures (including travel, hospital visit, spa/pool, fountains, grocery stores, drinking water supply issues, car washes, and aerosol-generating devices or equipment) within 14 days prior to symptom onset. The data of urinary *Legionella* antigen test in the previous 5 years, and the number of confirmed COVID-19 cases with positive reverse transcription-polymerase chain reaction (RT-PCR) test based on naso-pharyngeal swabs in our hospital from April to July 2021 were collected and analyzed.

### **Environmental investigations**

Routine testing for *Legionella* bacteria with culture and free residual chlorine in water was performed in our hospital every six months for cooling towers and the water supply system in transplant wards, and annually for other water supply systems. A 300 ml water sample was collected from selected sites for culture and testing. The most recent routine testing prior to the reported Legionnaires' disease outbreak was performed in April 2020, and all water samples were negative for *Legionella* bacteria. To investigate potential sources of the reported cluster of Legionnaires' disease, water sampling was carried out by the Infection Control Team of CGMH-Keelung for our hospital and administrative office (on second floor of building A) on June 16, 2021, and by the Health Department, Keelung City, for other places on June 21, 25, and 30, 2021. Twenty samples collected in our hospital and administrative office included 8 water samples from water cooling towers, 4 from cisterns, 4 from faucets in toilets, 2 from water dispensers, and 2 swab samples from air conditioner vents. Thirty-six water samples from building A included 2 from water cooling towers, 17 from cisterns; 9 from garden ponds, fountains, and sprinklers; 5 from bathrooms and 3 from water dispensers. Four water samples from building B included 1 from a garden pond and 3 from cisterns. Each sample was cultured on the media of buffered charcoal yeast extract (BCYE) agar. Colonies suspected to be Legionella were incubated on BCYE agar with L-cysteine.<sup>7</sup> Microscopic examination was used to verify suspect colonies. Identification of isolates was performed using Matrix-assisted laser desorption/ionization-time-of-flight mass spectrometry (MALDI-TOF MS, Autoflex II; Bruker Daltonics, Germany) and MALDI Biotyper 3.1 database system. Samples from our hospital and administrative office were also tested with RT-PCR targeting major intrinsic protein (MIP) gene.

### Results

#### Clinical presentation and outcomes

All patients presented with pneumonia on chest radiograph when arriving at the emergency room (ER), and were then admitted to wards for treatment. Most patients were male (73.3%) with mean age 65.7 years. The most common concomitant diseases were diabetes mellitus (40.0%) and hypertension (40%). Fourteen patients had no smoking history and one had quit smoking years earlier. The most common symptom was fever (93.3%), followed by cough (66.7%) and gastrointestinal upset (26.7%) (Table 3). The days from symptom onset to hospital visit ranged from 1 to 5 days, with mean 2.3 days (Tables 1 and 3). Five (33.3%) patients had bilateral pneumonia and 13 patients had mean C-reactive protein (CRP) of 226.0 mg/L. Other abnormal laboratory data included hyponatremia (60%), elevated liver enzymes (40%) and leukocytosis (40%). Three patients used O2 masks and two used mechanical ventilators (Table 3). The days from hospitalization to diagnosis ranged from 1 to 9 days with mean 3.5 days (Tables 2 and 3). One patient with 9 days until diagnosis had end-stage renal disease with insufficient urine for urinary antigen test. Thirteen cases were treated with levofloxacin, two received azithromycin for pneumonia treatment, and four (26.7%) received delayed treatment. Fever subsided within two days of treatment for most cases (12/14, 85.7%) and all patients were discharged with resolution of pneumonia (Table 3). The hospital stays ranged from three to 58 days with mean 13.7 days (Tables 2 and 3). All cases had at least two negative COVID-19 RT-PCR test results based on nasopharyngeal swabs. Nine cases had sputum cultures and all showed growth of normal flora (Table 2).

#### Epidemiological investigations

Symptom onset date of cases are shown in Fig. 1. The dates of diagnosis are shown in Fig. 2. First case was

detected on June 7, 2021 and the last case on June 22, 2021. During this period, the positive rate of urinary Legionella antigen test was 19.2% (15/78, Fig. 2). From 2016 to 2020, 8 positive cases were detected among 372 patients who were tested for urinary Legionella antigen in our hospital (2.2%). Ten patients (66.7%) lived or worked in buildings A and B, located within 200 and 100 m from our hospital, respectively (Fig. 3). Among them, three patients (cases 1, 11, 12) living in building A, and five patients (cases 2, 4, 5, 9, 10) living or working in building B, had no exposure history in our hospital within 14 days prior to symptom onset. The other two patients (cases 3, 7) were our staff members working at the administrative office on the second floor of building A and in our hospital. Three patients (cases 6, 13, 14) did not live near our hospital, but had regular hemodialysis or outpatient clinic visits within 14 days in our hospital. Two patients (cases 8, 15) had no hospital visit history and lived in places within 750 m and 1800 m from our hospital. In conclusion, 5 cases had exposure history in our hospital, and the other 10 cases lived or worked within two kilometers from our hospital (Fig. 3). The numbers of confirmed COVID-19 cases were 0, 67, 45, and 8 in April, May, June, and July 2021, respectively. The COVID-19 outbreak occurred in May 2021, and the pandemic was controlled gradually within the following months.

#### Environmental investigations, and interventions

Three water samples from cooling towers in our hospital had positive Legionella PCR tests, and one had a positive culture with 130 colony-forming units/liter of Legionella spp. One water sample from the cooling tower in our administration office in building A had positive Legionella PCR test with no Legionella bacteria growth on culture. The screening of Legionnaires' disease with urine antigen test for all pneumonia patients in the ER or wards was performed when the outbreak of Legionnaires' disease was first observed (3 cases on June 15, 2021, Fig. 2). We also advised clinical physicians, in online conferences or meetings, to administer levofloxacin or azithromycin early for suspected cases before Legionnaires' disease was confirmed. Decontamination was carried out for the water cooling towers and cisterns in our hospital on June 17, 2021, and for water systems in other buildings later. The cooling towers were shut down and sodium hypochlorite was added to keep free residual chlorine of at least 5-15 mg/L for at least 1 h. After the disinfection period, the cooling tower water was drained into waste disposal, and all accessible system equipment was physically cleaned. Then the system was refilled with clean water, the recirculating pump was switched on, and sodium hypochlorite was added again. The system was drained after the disinfection period and refilled. Finally, we reinstated comprehensive effective water treatment, including use of biocide, and returned the control equipment to normal operation. Legionella testing with culture was performed for cooling towers after decontamination, and the results were uniformly negative. From June 23 to 30, 2021, 49 patients were tested for Legionnaires' disease, and all results were negative (Fig. 2).

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| Case | Age (y) | Sex    | nd clinical charac<br>Underlying                       | Symptoms                                   | Onset to | Chest                          | Other abnormal  | Oxygen use               |
|------|---------|--------|--|--|----------|--------------------------------|---|--------------------------|
|      | Age (y) |        | diseases   |  | ER (d)   | radiograph<br>findings         | laboratory data<br>(blood sample)   |                          |
| 1    | 67      | Male   | DM,<br>hypertension,<br>gout,<br>hypothyroidism        | Fever, cough,<br>conscious<br>change       | 2        | RUL<br>consolidation           | Creatinine:<br>1.82 mg/dL<br>Sodium: 132<br>meq/L<br>Platelet count:<br>88000/uL                                    | Nasal cannula            |
| 2    | 63      | Male   | Old stroke,<br>CML,<br>Hypertension,<br>hyperlipidemia | Fever                                      | 2        | LUL, LLL, RLL<br>consolidation | CRP: 201 mg/L<br>AST:108 U/L<br>Total bilirubin:<br>1.4 mg/dL<br>Sodium: 126<br>meq/L<br>WBC: 15300/uL              | Mechanical<br>ventilator |
| 3    | 51      | Male   | DM,<br>hyperlipidemia                                  | Fever,<br>headache,<br>general<br>soreness | 3        | RUL, LLL<br>consolidation      | CRP: 342 mg/L<br>Total bilirubin:<br>1.7 mg/dL<br>ALT: 122 U/L<br>WBC: 13100/uL                                     | Nasal cannula            |
| 4    | 52      | Male   | DM,<br>hypertension                                    | Fever,<br>diarrhea,<br>vomiting            | 3        | RUL, RLL<br>consolidation      | CRP: 272 mg/L<br>Creatinine:<br>2.49 mg/dL<br>Sodium: 132<br>meq/L<br>WBC: 14500/uL                                 | Simple mask              |
| 5    | 73      | Male   | None   | Fever, cough                               | 3        | RUL, LUL<br>consolidation      | CRP: 300 mg/L<br>Creatinine:<br>4.76 mg/dL<br>Sodium: 132<br>meq/L<br>WBC: 13900/uL<br>Platelet count:<br>104000/uL | Mechanical<br>ventilator |
| 6    | 45      | Male   | DM, ESRD,<br>Hypertension                              | Fever, vomiting                            | 1        | Bilateral lung<br>infiltration | CRP: 149 mg/L<br>Sodium: 124<br>meq/L<br>WBC: 12200/uL  | Simple mask              |
| 7    | 54      | Male   | Hyperlipidemia   | Fever,<br>diarrhea,<br>vomiting            | 3        | LLL<br>consolidation           | CRP: 229 mg/L<br>ALT: 145 U/L<br>Sodium: 131<br>meq/L   | Nasal cannula            |
| 3    | 65      | Female | None   | Fever, cough                               | 5        | RLL<br>cosolidation            | CRP: 338 mg/L<br>ALT: 89 U/L  | Nasal cannula            |
| )    | 66      | Female | DM   | Cough, dyspnea                             | 1        | RUL, RLL, LLL consolidation    | ALT: 86 U/L<br>WBC: 12100/uL  | Nasal cannula            |
| 10   | 89      | Male   | Hypertension   | Fever, cough, sore throat                  | 4        | RUL, RLL consolidation         | CRP: 170 mg/L<br>Creatinine:<br>1.58 mg/dL  | None                     |
| 1    | 91      | Male   | Prostate cancer  | Fever, cough                               | 2        | RUL<br>consolidation           | CRP: 227 mg/L<br>Creatinine:<br>1.58 mg/dL<br>Sodium: 132<br>meq/L<br>Platelet count:<br>123000/uL                  | Nasal cannula            |
| 12   | 61      | Female | Hyperlipidemia   | Fever,<br>epigastric pain,                 | 1        | RLL<br>consolidation           | CRP: 146 mg/L<br>Sodium: 128  | Nasal cannul             |

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| Table 1 (continued) |         |        |                        |                              |                    |                                 |   |               |
|---------------------|---------|--------|------------------------|------------------------------|--------------------|---------------------------------|---|---------------|
| Case                | Age (y) | Sex    | Underlying<br>diseases | Symptoms                     | Onset to<br>ER (d) | Chest<br>radiograph<br>findings | Other abnormal<br>laboratory data<br>(blood sample) | Oxygen use    |
|                     |         |        |                        | cough                        |                    |                                 | meq/L   |               |
| 13                  | 56      | Male   | DM                     | Fever, cough                 | 2                  | LUL<br>consolidation            | CRP: 326 mq/L<br>Sodium: 125<br>meq/L               | Nasal cannula |
| 14                  | 81      | Male   | Hypertension,<br>CAD   | Fever, cough,<br>sore throat | 1                  | LUL<br>consolidation            | CRP: 27 mg/L  | Simple mask   |
| 15                  | 72      | Female | Hand tremor            | Fever, cough                 | 1                  | RLL<br>consolidation            | CRP: 211 mq/L<br>ALT: 63 U/L                        | Nasal cannula |

Abbreviations: ER, emergency room; DM, diabetes mellitus; RUL, right upper lobe; CML, chronic myeloid leukemia; LUL, left upper lobe; LLL, left lower lobe; RLL, right lower lobe; CRP, C-reactive protein; AST, aspartate aminotransferase; WBC, white blood cell count; ESRD, end stage renal disease; CAD, coronary artery disease.

### Table 2 Diagnosis, treatment, and outcome of each case.

| case | Hospitalization<br>to diagnosis (d) | Other<br>microbiological<br>tests  | Treatment initiation | Regimens     | Treatment to<br>defervescence<br>(d) | Days of<br>hospitalization | Outcome      | Pneumonia<br>follow-up |
|------|-------------------------------------|--|----------------------|--------------|--------------------------------------|----------------------------|--------------|------------------------|
| 1    | 2                                   | COVID-19<br>(-) × 2<br>Sputum<br>culture: normal<br>flora  | Day 1                | Levofloxacin | 1                                    | 21                         | Discharge    | Resolution             |
| 2    | 7                                   | COVID-19<br>(-) × 2<br>Sputum<br>culture: normal<br>flora Sputum<br>PJP PCR test<br>(-)<br>Serum<br>Aspergillus<br>antigen (-) | Day 3                | Levofloxacin | 3                                    | 21                         | Discharge    | Resolution             |
| 3    | 5                                   | COVID-19<br>(-) × 3  | Day 1                | Azithromycin | 1                                    | 7                          | Discharge    | Resolution             |
| 4    | 5                                   | COVID-19<br>(-) × 2<br>Influenza rapid<br>antigen (-)  | Day 4                | Levofloxacin | 5                                    | 14                         | Discharge    | Resolution             |
| 5    | 4                                   | COVID-19<br>(-) $\times$ 2<br>Sputum<br>culture: normal<br>flora   | Day 2                | Levofloxacin | 1                                    | 58                         | Discharge    | Resolution             |
| 6    | 9                                   | COVID-19<br>(-) × 3<br>Serum<br>Cryptococcal<br>antigen (-)  | Day 5                | Levofloxacin | 2                                    | 11                         | Discharge    | Resolution             |
| 7    | 1                                   | COVID-19<br>(-) $\times$ 3<br>Influenza rapid  | Day 2                | Levofloxacin | 2                                    | 8                          | -            | Resolution             |
|      |                                     |  |                      |              |                                      |                            | (continued o | n next page)           |

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| case | Hospitalization<br>to diagnosis (d) | Other<br>microbiological<br>tests                                    | Treatment initiation | Regimens     | Treatment to<br>defervescence<br>(d) | Days of<br>hospitalization | Outcome   | Pneumonia<br>follow-up |
|------|-------------------------------------|--|----------------------|--------------|--------------------------------------|----------------------------|-----------|------------------------|
| 8    | 1                                   | antigen (–)<br>COVID-19<br>(–) × 3                                   | Day 1                | Levofloxacin | 1                                    | 7                          | Discharge | Resolution             |
| 9    | 3                                   | COVID-19<br>( $-$ ) $\times$ 3<br>Sputum<br>culture: normal<br>flora | Day 1                | Levofloxacin |                                      | 7                          | Discharge | Resolution             |
| 10   | 2                                   | COVID-19<br>(-) × 3<br>Sputum<br>culture: normal<br>flora            | Day 1                | Azithromycin | 1                                    | 3                          | Discharge | Resolution             |
| 11   | 5                                   | COVID-19<br>(-) $\times$ 3<br>Sputum<br>culture: normal<br>flora     | Day 5                | Levofloxacin | 1                                    | 16                         | Discharge | Resolution             |
| 12   | 2                                   | COVID-19<br>(-) × 2  | Day 2                | Levofloxacin | 1                                    | 6                          | Discharge | Resolution             |
| 13   | 4                                   | COVID-19<br>(-) × 2<br>Sputum<br>culture: normal<br>flora            | Day 1                | Levofloxacin | 1                                    | 12                         | Discharge | Resolution             |
| 14   | 2                                   | COVID-19<br>(-) × 2<br>Sputum<br>culture: normal<br>flora            | Day 1                | Levofloxacin | 1                                    | 11                         | Discharge | Resolution             |
| 15   | 1                                   | COVID-19<br>(-) × 2<br>Sputum<br>culture: normal<br>flora            | Day 1                | Levofloxacin | 1                                    | 3                          | Discharge | Resolution             |

# Discussion

This study reports a 15-case cluster of Legionnaires' disease occurring over a 16-day period in June 2021 during the COVID-19 pandemic. The case numbers and positive rate of urinary *Legionella* antigen tests significantly exceeded those noted during ordinary times. All patients diagnosed with Legionnaires' disease had pneumonia before admission. Some cases were hospital staff members or regular patients, and most patients lived or worked within 2 km of our hospital without exposure history in our hospital within 14 days prior to symptom onset. Based on the sharp surge in Legionnaires' cases, the geographic clustering, and the investigation of environmental exposures, a community outbreak was determined.

Some previous community outbreaks of Legionnaires' disease were associated with water cooling tower systems,  $^{8-10}$  which may transmit bacteria for miles<sup>10</sup>;

however, a definitive infection source is not always found.<sup>11-13</sup> A water sample from a cooling tower in our hospital showed growth of Legionella bacteria. Although most patients had no exposure history in our hospital and had pneumonia outside the hospital, the contaminated water system was a probable source of the outbreak. The outbreak of Legionnaires' disease occurred during the COVID-19 pandemic, and the strict control policy implemented for COVID-19 made the community outbreak of Legionnaires' disease unusual. In mid-May 2021, the Taiwan government ordered that all civilians must wear face masks when in any public space, including outdoors, and all swimming pools, water parks, spas, or entertainment places were ordered to be closed. Several reports mentioned that Legionnaires' disease cases may increase in recently reopened buildings during the COVID-19 pandemic, probably due to growth of Legionella in low-flow water pipes

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 Table 3
 Clinical characteristics, treatment, and outcomes of the 15 cases.

| Characteristics                      | Value <sup>a</sup>                 |  |  |  |
|--------------------------------------|------------------------------------|--|--|--|
| Demographic parameters               |                                    |  |  |  |
| Age, years                           | $\textbf{65.7} \pm \textbf{13.6}$  |  |  |  |
| Male/Female                          | 11/4                               |  |  |  |
| Underlying diseases                  |                                    |  |  |  |
| Diabetes mellitus                    | 6 (40.0)                           |  |  |  |
| Hypertension                         | 6 (40.0)                           |  |  |  |
| Hyperlipidemia                       | 4 (26.7)                           |  |  |  |
| Malignancy                           | 2 (13.3)                           |  |  |  |
| End stage renal disease              | 1 (6.7)                            |  |  |  |
| Symptoms                             |                                    |  |  |  |
| Fever                                | 14 (93.3)                          |  |  |  |
| Cough                                | 10 (66.7)                          |  |  |  |
| Gastrointestinal upset               | 4 (26.7)                           |  |  |  |
| Onset to visit hospital, days        | $\textbf{2.3} \pm \textbf{1.2}$    |  |  |  |
| Clinical conditions                  |                                    |  |  |  |
| Bilateral pneumonia                  | 5 (33.3)                           |  |  |  |
| C-reactive protein, mg/L (n = 13)    | $\textbf{226.0} \pm \textbf{91.1}$ |  |  |  |
| Leukocytosis                         | 6 (40.0)                           |  |  |  |
| Thrombocytopenia                     | 3 (20.0)                           |  |  |  |
| Hyponatremia                         | 9 (60.0)                           |  |  |  |
| Acute renal insufficiency            | 5 (33.3)                           |  |  |  |
| Increasing liver enzymes             | 6 (40.0)                           |  |  |  |
| Oxygen use                           |                                    |  |  |  |
| Nasal cannula                        | 9 (60.0)                           |  |  |  |
| Simple mask                          | 3 (20.0)                           |  |  |  |
| Mechanical ventilator                | 2 (13.3)                           |  |  |  |
| Hospitalization to diagnosis, days   | $\textbf{3.5} \pm \textbf{2.4}$    |  |  |  |
| Treatment                            |                                    |  |  |  |
| Delayed treatment                    | 4 (26.7)                           |  |  |  |
| Levofloxacin treatment               | 13 (86.7)                          |  |  |  |
| Treatment to defervescence $>2$ days | 2 (13.3)                           |  |  |  |
| Days of hospitalization              | $\textbf{13.7} \pm \textbf{13.5}$  |  |  |  |
| Outcomes                             |                                    |  |  |  |
| Discharge                            | 15 (100.0)                         |  |  |  |
| Resolution of pneumonia              | 15 (100.0)                         |  |  |  |

 $^{\rm a}$  Categorical data are no. (%) of subject, continuous data are expressed as means  $\pm$  standard deviations.

with inadequate disinfection.<sup>14–16</sup> However, this was not the situation of our cluster. After decontamination of the water cooling towers and cisterns in the potential sources, no additional cases were reported.

Clinical manifestations may be indistinguishable between COVID-19 and Legionnaires' disease. During the COVID-19 pandemic, all pneumonia patients must be admitted via ER to isolated wards, and tested for COVID-19 repeatedly. The American Thoracic Society (ATS) and the Infectious Diseases Society of America (IDSA) guidelines for community-acquired pneumonia recommend that only severe cases be tested with *Legionella* urinary antigen test or those with epidemiological indications,<sup>17</sup> and our first six cases required more days for diagnosis and initiation of treatment for Legionnaires' disease than the cases that followed. Cases 2 and 5 needed mechanical ventilator use, and Legionnaires' disease was tested and confirmed after respiratory failure. When the outbreak was observed, we informed clinicians at ER and wards to perform Legionella urinary antigen tests for all pneumonia patients, and this helped to shorten the time for diagnosis. Early empiric use of fluoroquinolones or macrolides to cover suspected Legionnaires' cases was also carried out based on ATS/IDSA guidelines,<sup>17</sup> and most cases detected later had adequate regimens on the first or second hospital days. Finally, all 15 cases were discharged with pneumonia resolution.

In prior studies of community-acquired Legionnaires' disease in Taiwan, the mortality rates ranged from 9.8% to 24.1%, and ventilator use rates ranged from 18.4% to 50%.<sup>4,18-21</sup> The characteristics, comorbidities, and initial presentations of our cases were similar to those reported in previous studies. Most patients were older adult males with underlying diseases, including diabetes mellitus, hypertension, or malignancy. Fever, cough, and gastrointestinal upset were common, with abnormal laboratory findings, including leukocytosis, hyponatremia, increasing liver enzymes, and high CRP levels. Smoking history was common in prior studies<sup>4,18–21</sup>; however, only one case among those in the present study had smoking history. Among studies in Taiwan, about 70% of patients had bilateral pneumonia,<sup>20,21</sup> but other studies showed that the most common pattern was patchy, unilobar infiltrate progressing to consolidation of the lung tissue.<sup>22,23</sup>

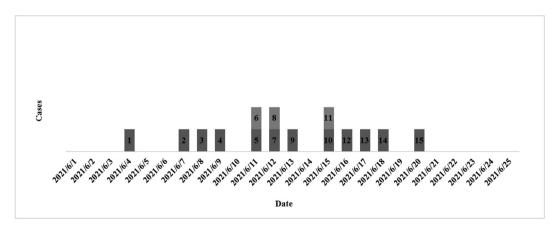


Figure 1. Symptom onset date of the 15 cases of Legionnaires' disease.

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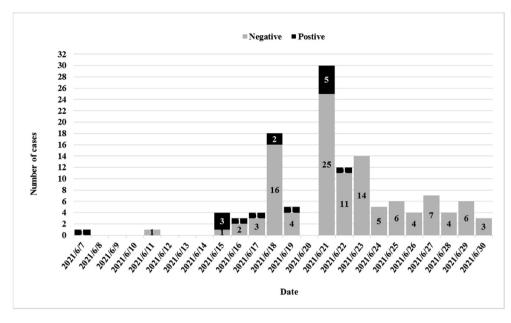
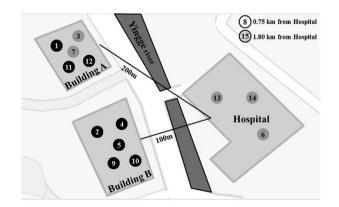


Figure 2. Cases tested with urinary Legionella antigen test from 7 to 30 June 2021, and the results.

Compared with other studies in Taiwan, patients in the present study had lower rates of mortality and ventilator use, and most cases (10/15, 66.7%) had unilateral pneumonia. With proactive screening for Legionnaires' disease during the outbreak, more cases may be detected with minor severity or at an early stage than prior studies in Taiwan. Besides, most of our cases (11/15, 73.3%) received azithromycin or levofloxacin on the first or second hospital day, and a prior study had a 24-h delayed treatment rate of 50% (16/32), which was associated with a higher proportion (11/16 [68.7%]) of intensive care unit admission and mechanical ventilation than among patients with adequate initiation of treatment (5/16 [31.2%]).<sup>21</sup>

Legionnaires' disease accounts for 2%–9% of pneumonia patients<sup>3,24</sup>; however, the exact incidence worldwide may be underestimated mainly because of underdiagnosis and under-reporting.<sup>2,25</sup> Detection of clusters of Legionnaires'



**Figure 3.** The cases of Legionnaires' disease and their locations. a Case 3, 7 were our staff members and case 6, 13, 14 were our regular patients. b Case 1, 11, 12 lived or worked in building A and case 2, 4, 5, 9, 10 in build B, with no visit history of our hospital in prior 14 days. c Case 8, 15 had no visit history of our hospital in prior 14 days.

disease needs clinicians' awareness and understanding of the clinical characteristics of Legionnaires' disease, sound disease reporting, notification and investigation systems. Severe *L. pneumophila* pneumonia is associated with high rates of mortality and intensive care unit admission.<sup>4,18–21,26</sup> Early, targeted therapy improves outcomes,<sup>21,27</sup> and timely investigation and intervention for potential sources limit the scale and recurrence of outbreaks.

This study has several limitations. First, blood and respiratory samples were not collected from these cases for culture and isolation, and serogroup or sequence-based typing was not performed. Therefore, we do not know if these cases were caused by the same strain, or whether the strain detected in the cooling tower in our hospital was at cause. Another important challenge was the lack of comprehensive investigation of potential sources. Water samples were only collected from our hospital and buildings A and B, and other public and private construction sites or water systems in this area were not investigated. As a result, some potential sources may have been overlooked.

### Conclusions

In conclusion, this study examined and reported a community outbreak of Legionnaires' disease in the neighborhood around our hospital. COVID-19 testing was repeated frequently before testing for Legionnaires' disease during the COVID-19 pandemic. Early recognition of Legionnaires' disease, detecting the outbreak, and providing timely treatment and intervention improved the individual and overall outcomes.

## Declaration of competing interest

The authors declare that they have no competing interests. No funding sources had any role in the design or conduct of the study; collection, management, analysis, or + MODEL

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interpretation of the data; or preparation, review, or approval of the manuscript.

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