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Complex Clinical Cases

MASSIVE BIVENTRICULAR THROMBOSIS IN ASYMPTOMATIC CORONAVIRUS-2019 INFECTION

Poster Contributions

For exact presentation time, refer to the online ACC.22 Program Planner at https://www.abstractsonline.com/pp8/#!/10461

Session Title: Complex Clinical Cases: FIT Flatboard Poster Selections -- Covid Abstract Category: FIT: Coronavirus Disease (COVID-19)

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Background: Coronavirus-2019 infection (COVID-19) triggers consumptive coagulopathy with both venous and arterial thrombotic complications. Intracardiac thrombi are uncommon in COVID-19 and occur primarily in setting of prior heart disease, acute myocardial infarction or systolic dysfunction.

Case: A 39 year old man presented with bilateral lower extremity pain without signs or symptoms of heart disease 3 weeks after COVID-19. D-dimer and troponin were elevated and diffuse ST-elevation was seen on ECG (Figure 1A). CT of chest showed multifocal ground glass opacities in lungs and an incidental left ventricular (LV) mass. Echocardiogram showed normal LVEF (55%) and large, pedunculated multi-lobed and mobile biventricular apical thrombi (Figure 1B, arrows). Thrombosis panel was unremarkable.

Decision-making: Low molecular weight heparin was started with a bridge to warfarin and goal INR of 2-3. The optimal duration of therapy for intracardiac thrombi in setting of COVID-19 is unclear and, thus, early follow up imaging was planned. Repeat ECG and echocardiogram in 2 months showed resolution of ST segment changes (Figure 1C) and significant reduction in the size of apical thrombi (Figure 1D, arrows).

Conclusion: Asymptomatic COVID-19 may be associated with myopericarditis and apical thrombi in the absence of significant ventricular systolic dysfunction. Anticoagulation appears effective and requires monitoring with repeat imaging studies.

