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# Review



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# Synaptic dysfunction in neurodegenerative and neurodevelopmental diseases: an overview of induced pluripotent stemcell-based disease models

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Synaptic dysfunction in CNS disorders is the outcome of perturbations in physiological synapse structure and function, and can be either the cause or the consequence in specific pathologies. Accumulating data in the field of neuropsychiatric disorders, including autism spectrum disorders, schizophrenia and bipolar disorder, point to a neurodevelopmental origin of these pathologies. Due to a relatively early onset of behavioural and cognitive symptoms, it is generally acknowledged that mental illness initiates at the synapse level. On the other hand, synaptic dysfunction has been considered as an endpoint incident in neurodegenerative diseases, such as Alzheimer's, Parkinson's and Huntington's, mainly due to the considerably later onset of clinical symptoms and progressive appearance of cognitive deficits. This dichotomy has recently been challenged, particularly since the discovery of cell reprogramming technologies and the generation of induced pluripotent stem cells from patient somatic cells. The creation of 'disease-in-a-dish' models for multiple CNS pathologies has revealed unexpected commonalities in the molecular and cellular mechanisms operating in both developmental and degenerative conditions, most of which meet at the synapse level. In this review we discuss synaptic dysfunction in prototype neurodevelopmental and neurodegenerative diseases, emphasizing overlapping features of synaptopathy that have been suggested by studies using induced pluripotent stem-cell-based systems. These valuable disease models have highlighted a potential neurodevelopmental component in classical neurodegenerative diseases that is worth pursuing and investigating further. Moving from demonstration of correlation to understanding mechanistic causality forms the basis for developing novel therapeutics.

# 1. Introduction

Central nervous system (CNS) disorders are a group of diseases with significant socioeconomic impact and growing relevance due to the increase in life expectancy of the world population. Since only symptomatic or palliative therapies are currently available for most of these diseases, the development of innovative therapeutic strategies is an unmet need. CNS disorders, traditionally dichotomized between early-onset neurodevelopmental and late-onset neurodegenerative diseases, are associated with dysfunction of neuronal activity due to perturbations at the synapse level [1]. They may therefore be collectively regarded as diseases of the synapse or synaptopathies. Synaptic defects are causally associated with early appearing neurological diseases, including autism spectrum disorders (ASD), schizophrenia (SCZ) and bipolar disorder (BP). On the other hand, in late-onset degenerative pathologies, such as Alzheimer's (AD), Parkinson's (PD) and Huntington's (HD) diseases, synaptopathy is

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thought to be the inevitable end-result of an ongoing pathophysiological cascade. However, understanding the initiation and contribution of synaptic dysfunction in neurological disorders has been challenging because of (i) limited and usually late-stage access to human tissue, and (ii) inadequate recapitulation of key features of the human diseases in existing experimental animal models. Recent advances in cell reprogramming technologies that allow generation of human induced pluripotent stem cells (hiPSCs) [2] from somatic cells of patients with a variety of diseases have opened new perspectives for studying the pathogenesis of CNS disorders. The establishment of robust protocols for directing the differentiation of hiPSCs into various neuronal cell types has permitted disease-in-a-dish modelling and analysis of the phenotypic characteristics of numerous CNS pathologies. More recently, the development of three-dimensional (3D) organoid cultures has created new possibilities for studying disease emergence and progression in the closest situation to the human brain [3]. Due to these revolutionizing technologies it is now possible to shed light into cellular and molecular mechanisms underlying neuronal dysfunction in patient cells and follow over time the emergence of disease phenotypes, particularly those appearing early.

In this review we discuss findings from hiPSC-based cellular models of neurodevelopmental neuropsychiatric disorders, including ASD and SCZ, and of neurodegenerative diseases, focusing on HD and PD. We present evidence that support synaptopathy as a central feature of these pathologies and raise the intriguing hypothesis that defects in synaptic function may comprise an early and, possibly, triggering event in the pathogenesis of not only neurodevelopmental but also neurodegenerative diseases. The experimental challenges and limitations of using hiPSCbased models for understanding synaptic dysfunction in neurological diseases are also considered, together with the potential of overcoming these significant drawbacks to gain a deeper understanding of disease mechanisms and develop effective therapeutic strategies.

# 2. Structural and molecular overview of 'one healthy synapse'

The synapse comprises the major information transfer unit in the nervous system, and proper brain function relies on the accurate establishment of synaptic contacts during development. As a number of mutations in synaptic proteins have been linked to neurodevelopmental disorders [4] and impaired function at various sites of the synapse comprises a dominant feature of neurodegenerative diseases [5], it is important to present here a short overview of synaptogenesis and synapse organization in the healthy nervous system, and identify key molecules that orchestrate these processes.

CNS synapses are intercellular junctions between neurons that transmit action-potential encoded information [6]. They are largely divided into *electrical*, which allow direct transfer of charged ions and small molecules through pores known as gap junctions, and *chemical*, which transfer electrical activity uni-directionally from one neuron to another via chemical mediators, the neurotransmitters [7]. Depending on the nature of these molecules, synapses are further subdivided in excitatory and inhibitory, with glutamatergic and GABAergic synapses being the dominant sources of excitation and



**Figure 1.** Schematic diagram depicting the molecular organization of excitatory and inhibitory synapses. The excitatory neurotransmitter glutamate is released from presynaptic neurons and binds to glutamate receptors NMDA and AMPA located in postsynaptic dendritic spines. Inhibitory neurotransmitters (gamma aminobutyric acid GABA or glycine) are released from presynaptic neurons and bind to GABA<sub>A</sub> and glycine receptors clustered by gephyrin, the best-known inhibitory PSD protein. Synapse-organizing adhesion molecules include neurexins and neuroligins, cadherins, SLITRKs and others.

inhibition, respectively, throughout the mammalian brain (figure 1). Excitatory synapses are mainly located at the tip of tiny dendritic protrusions, the dendritic spines, while inhibitory synapses are formed on the shaft of dendrites or on cell bodies and axon initial segments [8]. Despite distinct morphology, function and molecular composition, the overall organization of the synapse comprises a presynaptic terminal loaded with neurotransmitter-containing vesicles, perfectly juxtaposed to the postsynaptic compartment, which is decorated with an array of surface receptors responsive to neurotransmitter release. The two compartments are held together by synaptic cell adhesion molecules [9–11].

The presynaptic terminal is formed early during development when the navigating axon projects to distant target regions and, in the presence of appropriate signals, the undifferentiated portion of the axoplasm undergoes changes to become a specialized area of clustered synaptic vesicles (SVs) [6,9]. Despite minor differences between organisms and synapse type, all presynaptic terminals share an identical structure. Microscopically, the membrane region where SVs are clustered to be exocytosed is spotted as an electrondense thickening designated as the presynaptic active zone. This area forms an intrinsic part of the synaptic vesicle release machinery where docking and priming of synaptic vesicles occurs, followed by recruitment of Ca<sup>2+</sup> channels to allow fast synchronous excitation/release coupling. The molecular composition of the active zone has been analysed extensively [12] and the number of proteins associated with the presynaptic terminal is significantly higher than anticipated, with around 450 proteins being identified so far [6,13-15]. Apart from the highly conserved protein complex of Rab3interacting molecules (RIMs), RIM-binding proteins, aliprin, Munc13 and ELKS, that is enriched in the active zone, other pre-synaptic molecules include piccolo and bassoon, synapsin, synaptophysin, synaptogyrin and SV2, components of the SNARE-complex such as VAMP2/synaptobrevin, small GTPases, neurotransmitter transporters such

as vGLUT1 and VGAT, channel proteins such as proton pumps, calcium sensors and axonal trafficking proteins such as kinesins and dyneins. Synapse formation is initiated in different ways; when at close proximity, axons and dendrites will interact by extension of dendritic filopodia or the axonal branches, including the growth cone [16]. In the conventional synaptogenesis model, the presynaptic material is recruited and clustered on sites of axodendritic contact in an inherited way, but complete differentiation of a stable presynaptic terminal requires contact with a post-synaptic partner and is dependent on synaptogenic cues that are either trans-synaptic or soluble synaptic molecules.

The trans-synaptic adhesion molecules organize the synaptic junctions bridging the synaptic cleft. Rather than just a gap, this area is a protein-rich environment initially identified as an electron-dense material in the extracellular space [17]. We now know that this area has extensive bridging fibrils anchored to intra-membrane particles as well as fibril-like structures oriented parallel to the synaptic membranes [18,19]. Insights into the molecular identity of the synaptic cleft complexes has identified that their role is not only to physically connect the pre- and post-synaptic compartment but also to mediate recognition and signalling processes that are essential for the establishment, specification and plasticity of synapses. Such synapse-organizing adhesion molecules include neurexins and neuroligins, cadherins, integrins, Ig-domain proteins SynCAMs, receptor phosphotyrosine kinases and phosphatases such as ephrins and Rho GTPases, and leucine-rich repeat (LRRTMs) proteins such as SLITs, SALMs and netrins [11,20,21]. Specific adhesion proteins seem to induce functional pre-synaptic release sites while others activate post-synaptic specializations, however this process largely depends on the synapse type and has not been well characterized [22].

Opposed to the pre-synaptic zone is the post-synaptic side of the synapse (PSD), a disc-like structure specialized to receive the neurotransmitter signal released from the pre-synaptic terminal and transduce it into electrical and biochemical changes in the post-synaptic cell [23]. The cardinal functional components of post-synaptic specialization into excitatory or inhibitory synapses are the ionotropic receptors (ligand-gated channels) for glutamate and  $\gamma$ -aminobutyric acid (GABA), respectively. These receptor channels are concentrated at the post-synaptic membrane and are embedded in a dense and rich protein network composed of anchoring and scaffolding molecules, signalling enzymes, cytoskeletal components, as well as other membrane proteins. Overall more than 400 protein components have been described to date [10].

The excitatory and inhibitory synapses differ significantly in morphology, composition and organization. Due to its large abundance and distinctive structure, the glutamatergic synapse mediated by NMDA and AMPA glutamate receptors has been studied most extensively [23]. As with the synaptic cleft, the post-synaptic side has a striking architecture patterned in three dimensions where glutamate receptor subtypes have a distinctive distribution, with AMPARs enriched in the extrasynaptic membrane and NMDARs found towards the centre [24]. This compartmentalization is facilitated by the membrane-associated guanylate kinase scaffold proteins (MAGUK), typified by PSD-95 in most mature synapses. Other MAGUK proteins include Shank3, Homer1 $\alpha$  and GKAP2, which together with the glutamate receptors form 'supercomplexes' that act as seeds for further structures enriched in the highly abundant CamKIIa and CamKIIb kinases [22]. The GABAergic post-synaptic side is less dense than the glutamatergic, suggesting a much less elaborate specialization [25]. The major receptors identified are GABA<sub>A</sub> and glycine receptors clustered by gephyrin, the best-known inhibitory PSD protein [26]. Analysis of the inhibitory and excitatory PSD shows a molecular overlap; yet, unique components remain to be identified for understanding circuit wiring and function, as well as cognitive disorders.

The establishment of stable functional synapse includes three major stages: the initial synapse establishment upon contact of an axon with a target cell, organization of synapse components to construct the canonical synaptic machinery and, last, the specification of synapse properties to confer the unique characteristics for any given synapse. This is a multi-step process orchestrated by numerous molecules acting in a highly controlled manner in space and time [27], occurs both during development and in the adult brain, and is a dynamic, activity-dependent process that regulates the balance between excitatory and inhibitory signals in neural circuits [28].

# 3. Synaptopathy: a common denominator of neurological diseases

Synapses operate as ensembles within defined neural networks to direct the level of neuronal activity, critical for learning, memory and behaviour, therefore it is not surprising that synaptic disturbances can have detrimental consequences. Synaptic dysfunction results from alterations in cell-intrinsic molecular mechanisms or from changes in biochemical processes occurring in the surrounding environment [29].

An early or late synaptic dysfunction is a common denominator of a number of diseases, collectively termed synaptopathies [5,29]. This increasingly popular term attempts to bring under the same umbrella quite diverse pathologies. These include neurodegenerative diseases, such as PD, HD, AD and prion pathologies, characterized by progressive loss of neural tissue that is accompanied by a slow decline in cognitive and behavioural function. This has been largely attributed to the slow accumulation of protein aggregates in neurons that might differ in composition depending on the pathology, but have similar detrimental consequences to neuronal integrity [30]. Pathological species of specific 'hallmark-of-disease' proteins such as alpha-synuclein (aSyn) in PD [31], Tau in AD [32] and Huntingtin (HTT) in HD [33] accumulate and mislocalize in diseased neurons. This results to proteostasis imbalance that affect greatly synaptic terminal composition, organization and function by various mechanisms including local proteins synthesis and clearance, described elsewhere in detail [34-37]. The correlation between pathological protein aggregation and neuronal dysfunction serves as the basis for the development of anti-aggregation compounds that have shown promising results in pre-clinical studies [37-39].

Neurodevelopmental disorders, including ASD, intellectual disability (ID) and SCZ, characterized by abnormal behavioural or cognitive phenotypes originating either *in utero* or during early post-natal life, have also been

associated with synaptic defects mainly due to the preponderance of penetrant mutations associated with synaptic structure and function [40] and dendritic spine alterations in post-mortem tissue [41].

Evidence for synaptic dysfunction in neurological diseases has been largely relying on three traditional approaches: genetic studies in patients, analysis of postmortem diseased tissue and animal models. The genetic studies have confirmed high heritability and risk withinfamily for a number of neurodevelopmental and degenerative disorders. Genome sequencing has identified a large number of disease-associated risk loci, and complementary transcriptomic analysis has aided assessment of functional consequences of some of these genetic variants; however, they cannot provide answers relating to primary or secondary disease phenotypes. In a similar manner, the cellular and molecular analysis of disease-relevant post-mortem tissue reveals important clues for disease progression and endpoint characteristics, but not for early or initiating events, which might include alterations in circuit formation and function during pre-natal stages of development. The next best tool available, animal models, have failed to show significant predictive validity for drug discovery. This could be due to their inability to simulate unique human functions, and therefore recapitulate key manifestations characterizing a particular disorder. Especially in neurological diseases, modelling cognitive dysfunction and psychiatric behaviour has been challenging, with limited success [42]. Despite the contribution of these approaches in understanding that synaptopathy lies at the core of many neurological diseases, the distinction between primary and secondary synaptic phenotypes and how these eventually lead to specific neurological symptoms remain unknown. At the same time the dysregulation of common cellular pathways between neuropsychiatric conditions and late-onset neurodegenerative disorders has been overlooked due to the very different nature of these pathologies and time of clinical onset.

However, as we gain a deeper insight into fundamental mechanisms of neurogenesis, synapse formation, maintenance and plasticity, and develop novel systems and tools for studying early pathogenic events for late-appearing neurological diseases, the classical lines of dichotomy become blurred and an emergent picture suggests more complex and probably overlapping mechanisms of synaptic dysfunction.

# 4. Investigating synaptic dysfunction in hiPSC-based models of neurological disorders

Even though clinical symptoms of neurological diseases can appear in childhood, early adulthood or late adulthood, the time of initiation of the pathological cascades remains a black box and there is evidence to support neuronal circuitry perturbations during early neuronal development despite later manifestation of clinical symptoms. To investigate these critical pathological events in the developing human brain or in early childhood seemed unimaginable until the recent era of cell reprogramming technologies and advances in organogenesis.

# 4.1. Human induced pluripotent stem cells: reprogramming and differentiation

Human induced pluripotent stem cells have similar selfrenewal and pluripotency properties as human embryonic stem cells but are derived from adult somatic cells, such as skin fibroblasts, keratinocytes, dental pulp or blood [43], and are therefore devoid of accessibility and ethical issues. Reprogramming of somatic cells is achieved by forced expression of key pluripotency genes such as OCT4, SOX2, c-MYC and KLF4 in somatic cells, where they initiate a self-regulatory loop that converts adult cells to an embryonic-like state and maintains pluripotency [2]. The mode of gene delivery varies from viral transduction to viral-free systems and the concurrent introduction of small molecules that increase reprogramming efficiency [44]. The process is highly specific, involves activation of developmental programmes, is largely inefficient and is affected by many factors, including cell cycle regulators and bioenergetics [43].

Differentiation of hiPSC into neuronal cells is achieved with neural induction mediated by specific morphogenetic factors that are normally expressed in the developing human brain [45,46]. The remarkable feature of this differentiation process in vitro is that it mimics, to a large extent, human brain development. hiPSCs are directed to acquire a neuroectodermal fate where induction of a regional neuroepithelial phenotype is achieved by specific patterning factors that in turn prompt the expression of master regulatory transcription factors, characteristic for the desired type of neural progenitor cells (NPCs). This progenitor pool can be expanded and stored providing a valuable source for experimentation. Disease-relevant hiPSC-based systems are obtained through guided differentiation of these NPCs usually towards neural cell types associated with the disease of interest. This process is known as 'monolayer differentiation', has been successful in generating various neuronal subtypes including cortical excitatory projection neurons [45] and inhibitory interneurons [47], hippocampal granule neurons [48], dopaminergic neurons [49] and striatal medium spiny neurons [50], and has proved very useful in a multitude of studies modelling neurological diseases that will be discussed in detail below.

# 4.2. Functional characterization of hiPSC-derived neurons

Variations in 2D culture protocols have been developed and successfully led to rapid, more than 95% efficiency of neuronal differentiation with concurrent generation of highly enriched neuronal subpopulations. However, when modelling synaptopathies, the challenge is to produce neurons with functional properties [51]. Currently there is no single 'gold standard' to determine synaptic dysfunction in hiPSCderived neurons and conclusive information can only be achieved by combining morphological, molecular and electrophysiological tools to analyse the expression of synapse-associated molecules, formation of synaptic contacts, electrophysiological properties such as voltage-gated inward and outward currents, firing of action potentials (AP) in response to current injection, responses to glutamate and GABA and spontaneous synaptic activity [51,52]. The majority of hiPSC-based studies describe presence of functionally mature neurons at various stages during the differentiation process, however most often they present recordings of individual neurons without addressing neuronal connectivity issues. As synaptopathy is arising from neuronal communication defects, being able to assess the overall functionality of the 2D culture circuitries is essential. Novel region-specific differentiation protocols [53], forced expression of transcription factors such as Neurogenin2 [54], generation of novel media formulations [55], automated reprogramming [56], and inclusion of human glial cell types [57,58] that support synaptic development and pruning [44] are facilitating the formation of higher-order neural networks *in vitro* that reflect stages and activity patterns of respective developing regions *in vivo*.

A good example of such an approach is presented by Kirwan et al. [59], who performed an extensive characterization of functional development of cortical neuronal assemblies in vitro enriched in astrocytes. Using calcium imaging to allow the detection of neuronal activity across the whole culture and at single-cell resolution, cortical neurons matured slowly over time with the same stereotypical order that occurs in cerebral cortex in vivo, as shown by the level of synchronicity, inter-burst intervals and frequency. This was accompanied by a gradual morphological maturation of excitatory dendritic spines and expression of neurotransmitter receptors suggestive of mature synapses. A most important finding is that the use of single-neuron transsynaptic tracing of pseudotyped rabies virus demonstrated large number of neurons with few connections and a small number of highly connected cells following the same connectivity pattern of developing cortical neurons. Manipulating specific cell types within circuits is also highly informative on synaptic activity of hiPSC-derived neurons. Optogenetic stimulation of host rodent cells revealed an immature phenotype of grafted hiPSC-derived mDA neurons suggestive of limited functional synaptic connections [60,61]. The use of sensors to image neural activity in vitro is not currently widely applicable as most 2D systems rely on enriched single neuronal subtypes, usually representing the type affected in the specific neurological disorder. However as microfluidic systems develop to allow reconstitution of neuronal networks on chips [62], fluorescent sensors will be valuable to manipulate synaptic activity in hiPSC-derived neuronal networks.

Electrophysiological maturity of neurons is strongly correlated with the expression of transcripts associated with AP firing, channels, synaptic receptors, synaptic stabilizers and a number of synaptic activity-dependent genes. RNA-Seq analyses of whole networks or of individual neurons are providing signatures associated with neuronal type and maturation state. Excitatory input to hiPSC-derived neurons induced human immediate early genes in a lineage-specific fashion, as the synaptic activity-induced gene programmes were highly enriched for genes that are involved in attention deficit/hyperactivity disorder, episodic memory formation and long-term memory [63]. This suggests that the hiPSCderived neurons activate gene developmental processes associated with higher cognitive functions in a highly conserved manner, and genetic differences that might lead to various neurological diseases and have an impact on synaptic activity-dependent transcription could result in relevant phenotypes in vitro. In support of this approach, a recent study

showed that activity-dependent changes in gene expression of SZC neurons after depolarization with potassium chloride [64] were largely attenuated.

Collectively these approaches clearly show that hiPSCderived neurons are capable of forming functional synapses and participate in circuits despite the fact that they do not reach adult neuron characteristics in culture. The fetal nature of hiPSC-derived neural cells, though, must be taken into consideration especially when attempting to simulate late-onset diseases [65]. Microarray gene expression profiles of hiPSC forebrain NPCs and 6-week neuronal cultures shared the most similarity with first-trimester fetal brain tissue [66]. This study showed a remarkable resemblance in cortical and subcortical forebrain transcriptome identity but also a persistent fetal-like phenotype regardless of the maturation stage of the culture. Alternative approaches to generate neurons by direct conversion of somatic cells to accelerate maturation by retaining genetic hallmarks of ageing [44] or by inducing cellular ageing by the ectopic expression of gene products [67] or addition of stress agents [68,69] have been employed to bypass the issue of neuronal maturation, but evidence is still lacking far behind to support a molecular and functional resemblance of these cells to adult neurons. Also, it remains unknown whether cellular maturation and ageing are distinct events, and whether and how interfering with one process might affect the other and result in 'true' disease-associated phenotypes.

For neurodevelopmental disorders the use of fetal-like neurons for disease modelling could be seen as an opportunity to validate the hypothesis that synaptic formation and establishment during the earliest stages of development are affected. In the case of neurodegenerative diseases the use of these systems to reveal 'true cellular phenotypes' remains a significant controversy in the field. On one hand, a significant number of studies have managed to link defects in synaptic connectivity, electrophysiological recordings and synaptic transcriptomes to PD [70,71], AD [72] and HD [73] but data comes mainly using hiPSC-derived systems from familial cases due to dominant mutations rather than sporadic cases that appear later in life. On the other hand, the fact that disease-associated alterations can already be depicted in fetal-like neurons could suggest that synaptopathy starts early, long before clinical symptoms appear and accumulated network miscommunication defects are responsible for the later-appearing phenotypes.

Another major drawback of the 2D neuronal cultures is that they lack the cytoarchitecture of brain tissue, and studies investigating neuronal connectivity defects might be influenced by variations in cell-cell contacts and interactions due to culturing conditions. Limited studies using hiPSC-derived glial cells have revealed a central role in Down's syndrome [74] and SZC pathology [75], and it could be that the presence of multiple CNS cell types will prove necessary to recapitulate more faithfully disease phenotypes. Such an approach has been instrumental to uncover the critical role of astrocytes in the development of neuronal pathology in amyotrophic lateral sclerosis (ALS). In a pioneer study [76] the investigators used human-based astrocyte-neuron co-cultures to demonstrate that astrocytes are critical components in motor neuron degeneration, but more work in different disease models is required to appreciate the contribution of the different CNS cell types in neuronal pathology.

#### Table 1. Modelling neurodevelopment and neurological disease using 3D human-based iPSC systems (organoids).

organoid identity	disorder	mutation	phenotypes described	reference
neurodevelopment				
cortical spheroids	n.a.	n.a.	functional maturation, synaptogenesis and astrogenesis	Pasca <i>et al</i> . [77]
midbrain-like organoids	n.a.	n.a.	functional dopaminergic and neuromelanin-producing neurons	Jo <i>et al</i> . [78]
brain microphysiological system	n.a.	n.a.	synaptogenesis; neuron-to-neuron and neuronal-glial interactions (myelination)	Pamies et al. [79]
neurological diseases				
cerebral organoids	microcephaly	CDK5RAP2 truncating mutations	premature neurogenic non-proliferative divisions	Lancaster <i>et al</i> . [80
telencephalic organoids	idiopathic ASD	n.a.	accelerated cell cycle and overproduction of GABAergic inhibitory neurons	Mariani <i>et al</i> . [81]
cerebral organoids	Zika virus exposure	n.a.	decreased neuronal cell-layer volume resembling microcephaly	Qian <i>et al</i> . [82]; Yoon <i>et al</i> . [83]
forebrain spheroids	Timothy syndrome	CaV1.2 (G406R)	aberrant interneuron migration	Birey <i>et al</i> . [84]
cortical organoids	Alzheimer's disease (AD)	APP duplication; PSEN1 M146I; PSEN1 A264E	amyloid aggregation; hyperphosphorylated tau protein; endosome abnormalities	Raja <i>et al.</i> [85]
neuroectodermal spheres	Parkinson's disease (PD)	LRRK2 (G2019S)	distinct expression profiles of genes associated with synaptic transmission; synaptic vesicle trafficking	Son <i>et al</i> . [86]
cerebral organoids	Huntington's disease (HD)	HTT (60; 109 CAG repeats)	impaired cortical fate differentiation and proper cell organization; immature transcriptional blueprint	Conforti <i>et al</i> . [87]

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# 4.3. 3D hiPSC-based systems modelling neurological diseases

More recently, three-dimensional hiPSC-based culture systems (table 1), the so-called organoids, have been used to study cell-cell interactions in a context that mimics more closely human development and physiology [88]. hiPSC-derived organoids appear to recapitulate the brain's 3D cytoarchitectural arrangement, thus providing new opportunities to explore disease pathogenesis when derived from patient cells. Organoids can be region-specific, in which case their generation is guided by extrinsic morphogenes and patterning growth factors, yielding forebrain [84], cortical [77], midbrain [78] or hypothalamic structures [82]. Alternatively, organoids can be self-organizing entities, with their assembly relying on intrinsic mechanisms of self-organization [3,88]. Whether region-specific or self-organizing, organoids comprise multiple neural and glial identities, and have the potential to reproduce an anatomically relevant human-specific spatial organization with more complex cytoarchitecture, synaptic connections, cell-cell and cell-extracellular matrix interactions.

The considerable evolutionary increase in size and complexity of the human brain as compared with other mammalian species, particularly cortical expansion, has been attributed to a greater number and prolonged proliferative potential of neural progenitor cells during development. As hiPSC-derived cortical organoids correspond to human mid-fetal development, they represent suitable models for investigating alterations in individuals with neurodevelopmental disorders [89]. Organoids have been used in the study of lissencephaly, a genetic neurological disorder associated with mental retardation and intractable epilepsy, and revealed neurodevelopmental disease phenotypes and a mitotic defect in outer radial glia, a cell type that is particularly important for human cortical development [90]. Similarly, human forebrain organoids were used to study congenital microcephaly [80] or microcephaly resulting from Zika virus infection of neural precursor cells [83], and more recently ASD [81]. As evidenced from the above paradigms, 3D organoid modelling of neurodevelopmental diseases is still in its infancy, while advances in 3D modelling of neurodegenerative diseases are lacking far behind [85,87].

Even though the 3D cultures present as ideal systems to study the formation and activity of neuronal networks, only two studies published provide relevant in depth information. Detailed electrophysiological analyses of midbrain-like organoid-derived slices revealed APs, spontaneous excitatory and inhibitory post-synaptic currents and large-amplitude excitatory post-synaptic potentials indicative of participation of Table 2. List of reports on modelling ASD and SCZ using 2D human iPSC-based systems.

disorder	mutation	phenotypes described	reference
autism spectrum disorders			
Rett syndrome (RTT)	MeCP2 (various mutations)	reduced dendritic spine density; altered electrophysiological properties; smaller soma size; alterations in Ca <sup>2+</sup> influx; fewer synapses	Marchetto <i>et al</i> . [92]
Phelan – McDermid syndrome (PMDS)	deletions of approximately 1 Mb in chromosome 22	defects in excitatory, but not inhibitory synaptic transmission	Shcheglovitov <i>et al</i> . [93]
fragile X syndrome (FXS)	FMR1 (CGG repeat lengths >200)	aberrant neural differentiation	Sheridan <i>et al.</i> [94]
FXS	FMR1 (CGG repeat lengths >435)	neurite outgrowth defects	Doers <i>et al.</i> [95]
FXS	FMR1 (236 CGG repeats)	impaired neuronal differentiation and function	Lu <i>et al</i> . [96]
FXS	FMR1 (150, 250 and 210 repeats)	aberrant neurogenic phenotypes	Boland <i>et al</i> . [97]
Timothy syndrome (TS)	CaV1.2 (c.1216G>A)	dendritic retraction	Krey <i>et al</i> . [98]; Tian <i>et al</i> . [99]
non-syndromic ASD schizophrenia	TRPC6 (t(3;11)(p21;q2 2))	reduction in axonal length and dendritic arborization	Griesli-Oliveira <i>et al</i> . [100]
schizophrenia (SCZ)	various copy number variants (CNVs)	diminished neuronal connectivity; decreased neurite number	Brennand <i>et al</i> . [101]
SCZ	various copy number variants (CNVs)	perturbations in cell adhesion molecules in neural progenitor stage	Brennand <i>et al</i> . [66]
SCZ	DISC1 (4 bp frameshift deletion)	altered neuronal morphology; glutamatergic synapse defects	Wen <i>et al</i> . [102]
SCZ	15q11.2del	deficits in adherens junctions and apical polarity in iPSC-derived neural progenitors	Yoon <i>et al</i> . [103]

dopaminergic neurons in network activity [78]. In combination with expression of functional DA receptors, the authors support the potential utility of these systems to evaluate degree of synaptic competence and connections, however it remains to validate the system using hiPSC lines from PD patients. Interestingly, a human 3D brain microphysiological system has been recently developed [79] comprising differentiated mature neurons and glial cells, both astrocytes and oligodendrocytes, that reproduce neuronal-glial interactions and exhibit spontaneous electrical activity as measured by multi-electrode array (MEA), indicative of overall neuronal functionality of the system.

As the 3D systems are still at the early stages of development, complementary use of novel technologies such as 3D printing technologies [82] is expected to improve the scalability and reproducibility of 3D systems, making this approach even more attractive for studying disease pathogenesis and discovering new drugs.

# 5. hiPSC-based models of neurodevelopmental diseases

Since the advent of the cell reprogramming technology, a significant number of hiPSC lines have been generated for diverse neurodevelopmental disorders including monogenic disorders such Rett syndrome, fragile X syndrome and Timothy syndrome, and the more complex pathologies of ASD and SCZ [91] (table 2).

In this section we discuss studies that provide evidence for synaptic dysfunction either as a result of aberrant neurogenesis or as a failure of synapse maintenance and maturation. Despite the different disorders, the different hiPSC origins within the same disease, the various differentiation protocols, culture systems and experimental approaches, some common themes emerge from these studies. A number of genes affecting early neuronal development and newly identified phenotypes in early progenitors suggest that shared mechanisms must operate in the initiation of these diseases. Finally, for ASD and SCZ, which have complex genetics with over one hundred disease-risk alleles, each having modest effects, the fact that hiPSCs and their derived differentiation products have exactly the same genetic make-up as the patient, which is impossible to replicate in experimental animal models, highlights once more the power of these models.

## 5.1. Autism spectrum disorders

Autism spectrum disorders (ASD) are prototype neurodevelopmental pathologies that include Fragile X syndrome (FXS), Rett syndrome (RTT), and William's syndrome. It is estimated that ASD affects approximately 1 in 70 children that exhibit early onset symptoms persisting throughout life and producing significant impairments in social, communicative, cognitive and behavioural functioning [104]. ASD individuals manifest restrictive repetitive and stereotyped behaviour and interests, and often have seizures and intellectual disability. The aetiology is still unclear with both genetic and environmental factors being involved in ASD pathogenesis. Genome-wide association studies (GWAS) have uncovered a large number of mutations and/or polymorphisms in genes encoding for proteins that affect transcriptional control, chromatin remodelling, protein synthesis, cellular metabolism, development and function of synapses [105]. A consistent feature in neurons of these patients is an abnormal dendritic structure and alterations in spine morphology [106-108]. These defects have also been observed in mouse models for ID and ASD [109,110]. Most of the ID/ASD related proteins have been shown to play essential roles affecting dendritic spine structure and number, eventually leading to altered neuronal connectivity [111]. Around 600 genetic variations (SFARI database) affect synaptic genes [112] and the imbalance between excitation and inhibition in neocortical areas is a key feature underlying ASD pathogenesis. Multiple rare genetic variants in synaptic proteins implicate defects in synaptic adhesion pathways [113]. Other ASD-associated genes are involved in activity-dependent synapse elimination, a process that defines neuronal circuit plasticity throughout life. Using whole-exome sequencing to analyse 15 480 DNA samples, a number of rare de novo single nucleotide variants (SNVs) in ASD were identified in genes whose protein products are involved in synaptogenesis and dendritic morphogenesis, including the sodium channel SCN2A, E3 Ubiquitin ligases, miR-137 and multiple PSD-associated proteins [114]. Based on these genetic profiles and complementary animal-based studies, it seems that ASD pathology results directly from defects in synapse organizing molecules.

Keeping in mind that ASD features appear at the time of brain development when sensory experience modifies excitatory synapse maturation or elimination and promotes inhibitory synapses, it is not surprising-though still remarkable-that ASD hiPSC-derived neurons show decreased synaptic connectivity in vitro, morphologically immature synapses and decreased neuronal activity as demonstrated by lower spontaneous and evoked post synaptic currents [108]. The first study to develop a hiPSC model for ASD was based on a case of RTT, a syndromic type of ASD that is linked to a mutation in the MECP gene on X chromosome [92]. Neurons displayed reduced dendritic spine density, altered electrophysiological properties, smaller soma size, alterations in Ca<sup>2+</sup> influx and fewer synapses, which could be partially rescued by insulin growth factor 1 (IGF1). In a later study using hiPSCs from ASD patients with SHANK3 deletions [93], which are also associated with ID and SCZ, derived neurons had major defects in excitatory, but not inhibitory synaptic transmission. In this study, the authors stress out that their findings differed significantly from the phenotype observed in a relevant mouse model and highlight the importance of using closer-to-human models to understand disease pathogenesis.

Interestingly, a number of mutations associated with autism are located in genes encoding proteins involved in the process of initiation and propagation of electrical signals, including calcium channels [115]. Specifically, mutations in the CACNA1C gene cause an abnormal function of this calcium channel, and have been associated with BP, SCZ and another syndromic form of ASD, Timothy syndrome (TS). hiPSC-derived neurons from TS patients presented dendritic retraction [98] and a similar observation was made in hiPSC-derived neurons carrying a mutation in another Ca<sup>2+</sup> channel, the Cav1.2 [99]. Even though information from non-syndromic cases of ASD is more difficult to reproduce and validate, these studies strongly support that the core of ASD pathology lies at the synapse. An individual carrying a de novo inherited genetic variation in the TRPC6 gene, which encodes an important protein controlling neuronal function [100], was used to derive mutant neurons that exhibited profound reduction in axonal length and dendritic arborization that was also partially improved by IGF1 treatment, further underlying the importance of using syndromic cases of ASD to reveal important pathways for autism.

In another ASD syndromic type, FXS, which remains the most common type of inherited ID, neurons derived from hiPSCs of affected individuals showed aberrant neural differentiation and impaired neuritic initiation and outgrowth with corresponding altered gene expression of transcripts associated with synaptic structure and activity [94,95]. Using hiPSC-derived neurons with a corrected version of this genetic area (through gene complementation), this study confirmed that the FXS phenotype is due to an expansion of CGG repeats in the 5' UTR of the FMR1 gene on the X chromosome. FXS neurons also displayed alterations in preand post-synaptic protein levels, including SHANK3, and defective Ca<sup>2+</sup> influx [95,116]. Two recent studies [96,97] have used RNA-Seq to identify transcriptional misregulation in FXS-hiPSCs during neuronal differentiation and showed a clear aberrant neurogenic profile in genes associated with developmental signalling (WNT and BMP pathway), adhesion (Cadherins, SLITRKs) and maturation, while a large number of identified genes were associated with ASD (FXS candidate genes compared with the curated list of ASD-associated genes from SFARI). Overall the FXS-based studies provide strong evidence for synaptic dysfunction due to neurodevelopmental delay.

Even though the genetic architecture of ASD is highly complex and novel variants are identified continuously that await to be established as causative in hiPSC models, the data collected so far clearly indicate both abnormal neurogenesis and synaptogenesis, resulting in defective neuronal networks (table 2). Additional evidence for aberrant neurogenesis in ASD has come from the detailed molecular and structural characterization of hiPSC-derived organoids from idiopathic ASD patients with no known underlying genomic mutation. Transcriptomic and morphometric cellular analyses have revealed an accelerated cell cycle of progenitor cells and overproduction of GABAergic inhibitory neurons caused by increased FOXG1 gene expression [81]. Unlike previous findings indicating a deficiency in synaptic connections in ASD individuals carrying loss-of-function mutations in synaptic adhesion molecules (SHANK, NLGN, NRXN), transcriptomic analysis of patientderived organoids revealed upregulation of mRNAs for the synaptic adhesion molecules NLGN1, NRXN1, NRXN2 and NRXN3, and exuberant synaptic development. This is in line with a gain-of-function mutation in NLGN3 found in ASD patients that has been shown to confer an increase in GABAergic synaptic signalling [117-119]. It therefore seems that the

balance, rather than the absolute numbers, of glutamate (excitatory) and GABAegric (inhibitory) neurons is important for proper functional outcome [81].

# 5.2. Schizophrenia

Synaptic dysfunction has also been identified at the core of SCZ pathology. SCZ is a major neuropsychiatric disorder affecting around 1% of the population worldwide. Affected individuals manifest positive (delusions and hallucinations) and negative symptoms (lack of volition and blunted effect) accompanied by mood, cognitive and motor dysfunction [120].

Family studies show that SCZ is predominantly a genetic disorder with around 80% of heritability risk. GWAS screens, family studies and exome sequencing analyses have demonstrated that mutations are enriched in genes involved in neuronal excitability and plasticity, including numerous synaptic genes and calcium channels (NRGN, CACNA1C, CACNB2) [64,121–123]. One of the high-risk SNVs is an exonic deletion in the neurexin1 gene (NRXN1), encoding a cell adhesion molecule known to regulate the formation and maintenance of synapses and determine the pre-synaptic organization [124]. Even though a deficit in cognition is recognized as a central feature in SCZ, the picture so far is not as clear as in the case of ASD, and a causal relationship between synaptic protein defects and SCZ pathophysiology remains an open question.

Despite the fact that SCZ is a pathology that manifests late in adolescence or early in adulthood, pathological features such as loss of grey matter and reduced number of synaptic structures, and impairments in higher functions such as cognition, perception and motivation, propose defects at the synapse level that could be initiated early in development. In support of this hypothesis is: (i) a number of damaging de novo mutations in genes co-expressed in the prefrontal cortex during development; (ii) the strong SCZ genetic association to genetic markers across the MHC locus; and (iii) the genome variation in complement component 4 (C4) gene [125]. Both human MHCI and C4 are localized specifically in neuronal synapses, dendrites, axons and cell bodies, and experiments in rodents have revealed their essential role in synapse elimination during early postnatal development [126]. A number of hiPSC models have been developed since the first proof-of-principle study of Brennand et al. in 2011 [101], where they reported that neurons derived from four patients differed in neuronal connectivity, morphology and gene expression when compared to control cells (table 2). Even though the authors did not identify defects in synaptic function despite the observed decrease in synaptic connections and the reduced expression of transcripts involved in axonal growth and synaptogenesis (SLIT/ROBO, EFNA, cell adhesion molecules), they attributed it to limitations of the assays used. The same group four years later [66] looked for potential alterations in SZC hiPSC-derived neuronal progenitors (NPCs) based on the rationale that hiPSC-derived neural cells maintained for 6 weeks in culture share similarities with those in first-trimester fetal brain tissue. Proteomics analysis at the progenitor stage identified perturbations in cell adhesion molecules (NCAM, cofilins CFL1 and 2, NLGN3), while SCZ neurospheres showed aberrant migration in vitro, providing evidence for early initiating events in SZC. These studies were based on heterogeneous cohorts of SCZ patients, without prior knowledge of their genetic risk variants. In another study, mutant neurons from hiPSCs carrying the 15q11.2 microdeletion [103], reported to be a risk factor for SCZ [127], had significant defects in neural rosette formation with disrupted adherens junctions and scattered expression of atypical PKC $\lambda$ , a marker of apical polarity.

On the other hand, data showing defective neuronal networks forming in SZC came from the study of Wen et al., which took a genetics oriented approach by analysing the effect of DISC1 mutations that co-segregate with major psychiatric disorders. hiPSC lines from two patients carrying the same frame shift mutation in DISC1 were used for neuronal differentiation [102]. Data revealed altered neuronal morphology, accompanied by problematic electrophysiological recordings indicative of glutamatergic synapse defects. In this study not only was the role of DISC1 in SCZ confirmed, but the causal role of DISC1 in regulating synapse formation was verified as experiments were performed in isogenic control lines. Interestingly, the mRNA of presynaptic proteins (SYN2 and 3, SYP, SYNPR, NRXN1 and VAMP2) was increased in mutant neurons but the post synaptic GLUR1 and GRIN1 were not altered, suggesting that SCZ might be primarily due to presynaptic defects.

# 6. hiPSC-based models of neurodegenerative diseases

Even though synaptopathy is a core issue in neurodegenerative diseases, it is generally believed that it is the consequence rather than the initiating event of an on-going degenerative process at disease-relevant brain areas. Thus the progressive loss of nigrostriatal neurons in PD, of striatal medium spiny neurons in HD and of cortical neurons in AD are ultimately thought to result in weakening and loss of synaptic integrity in these pathologies, thus conferring cognitive deficiencies [33,128,129]. However, a number of familial cases of PD are causally related to inherited mutations in synaptic genes, such as  $\alpha$ -synuclein [31], and HD is due to a CAG repeat expansion in HTT [130]. In addition, significant cognitive symptoms in neurodegenerative diseases appear early and subtle differences in higher functions are identified in the pre-symptomatic phase.

Below we focus on findings from hiPSC-based models of HD and PD that exhibit synaptopathy features and have aided us to gain more insight into the neurodevelopmental component of HD and the overall neuronal network dysfunction in PD.

#### 6.1. Huntington's disease

Huntington's disease (HD) is characterized by motor abnormalities, psychiatric symptoms and cognitive deficits. It is caused by a CAG repeat expansion in the HTT gene encoding a polyglutamine tract expansion in the HTT protein [130]. CAG repeats of 40 or greater cause adult HD, while greater than 60 cause juvenile HD, suggesting that the extent of repeats is directly correlated with age of clinical onset. Neuropathology confirms that cortical atrophy and loss of striatal medium spiny neurons are the hallmark of the disease. Additionally, adult neurogenesis seems to be impaired in the striata of HD patients [131] with increased cell proliferation and absence of Table 3. List of reports on modelling HD and PD using 2D human iPSC-based systems.

disorder	mutation	phenotypes described	reference
Huntington's disease			
Huntington's disease (HD)	HTT (42/44; 39/42; 17/45 CAG repeats)	increased lysosomal activity	Camnasio et al. [137]
HD	HTT (60; 109 CAG repeats)	altered gene expression of neurodevelopmental pathways and synaptic homeostasis	HD iPSC Consortium 2017 [73]
Parkinson's disease			
Parkinson's disease (PD)	LRRK2 (G2019S)	increased susceptibility to oxidative stress	Nguyen <i>et al</i> . [68]
PD	LRRK2 (G2019S)	increased susceptibility to proteasomal stress	Liu <i>et al.</i> [138]
PD	LRRK2 (G2019S)	increased susceptibility to oxidative and mitochondrial stress; diminished neurite outgrowth	Reinhardt <i>et al</i> . [139]
PD	GBA (RecNcil; L444P; N370S)	autophagic/lysosomal deficiency; impaired $Ca^{2+}$ homeostasis	Schondorf et al. [140]
PD	GBA (N370S)	DA homeostasis defects	Woodard <i>et al</i> . [141]
PD	PARK2 (various mutations)	impaired dopaminergic differentiation; mitochondrial alterations	Shaltouki <i>et al</i> . [142]
PD	PARK2: EX3-5DEL; PARK2: EX3D EL	reduced complexity of neuronal processes	Ren <i>et al</i> . [143]
PD	PARK7 (c. 192G $>$ C)	mitochondrial and lysosomal dysfunction	Burbulla et al. [144]
PD	SNCA (G209A)	n.a.	Soldner et al. [145]
PD	SNCA triplication	increased susceptibility to oxidative stress	Byers <i>et al</i> . [146]
PD	SNCA (G209A)	increased susceptibility to oxidative and nitrosative stress	Ryan <i>et al</i> . [147]
PD	SNCA (G209A); SNCA triplication	increased nitrosative stress; ER stress	Chung <i>et al</i> . [148]
PD	SNCA triplication	increased susceptibility to oxidative stress	Flierl <i>et al</i> . [149]
PD	SNCA triplication	impaired neuronal differentiation; compromised neurite outgrowth	Oliveira <i>et al</i> . [150]
PD	SNCA (G209A)	defective synaptic connectivity; axonal neuropathology; altered expression of synaptic transcripts	Kouroupi <i>et al</i> . [70]
PD	SNCA (G209A)	fragmented mitochondria and $\alpha$ Syn deposits at mitochondrial membranes in response to cardiolipin	Ryan <i>et al</i> . [151]

adult born neurons [132]. Neuroimaging scans of pre-manifest HD-affected brains detected changes in striatal, cortical and whole brain volume before symptoms appear [133,134]. Within the framework of the extensive longitudinal research study PREDICT-HD, HD patients were followed for decades before symptoms became apparent and we now know that HD patients develop clinical changes years before diagnosis can be made [135]. These include cognitive, psychiatric and functional changes, together with altered brain morphology and connectivity, as shown in fMRI. Importantly, children at risk of HD exhibit smaller head size [136], suggestive of neurodevelopmental abnormalities.

hiPSC studies have provided data for unexpected disturbances in early developmental processes in classical neurodegenerative diseases, such as HD (table 3). Even though clinical evidence from pre-symptomatic individuals or subjects with prodromal symptoms pointed to neurodevelopmental abnormalities, the late onset of serious motor and cognitive dysfunction associated with HD and lack of suitable model systems led us to neglect the dispersant evidence until recently, when the early processes relevant to developmental defects were recognized [152]. A number of studies indicate that HTT is necessary for brain development [153–155]. An important first study showed that mouse embryonic stem cells lacking HTT are unable to from *in vitro* neural rosettes, which correspond to the presumptive neuroepithelium [156]. Moreover, conditional silencing of HTT in the developing mouse cortex revealed that this protein is required for correct establishment of cortical and striatal excitatory circuits, a function that is lost when mutant HTT is present [157]. Further, striatal neural progenitors are compromised in HD patients and relevant mouse models [158].

Recently, developmental alterations in HD cells have been identified that show that mutant HTT impairs developmental pathways by disrupting synaptic homeostasis and increases vulnerability to the pathogenic consequences of polyglutamine repeats over time. In the elegant study of the HD iPSC Consortium, hiPSC lines from non-diseased individuals (21–33 CAG repeats) and juvenile onset HD patients (60–109 repeats) were differentiated into mixed cultures containing neurons and progenitor cells [73]. RNA-Seq and pathway analysis of differentially expressed genes between patients and unaffected individuals showed alterations, with a notable 59% of transcripts being associated with nervous system development and function. Essential neurogenesis factors (NEUROD1 and GAD1) were downregulated, while axonal guidance, WNT signalling, Ca<sup>+</sup> signalling (subunits of the voltage gated CACNA1 channel, plasma membrane Ca+ ATPase, CAMKII, CALM and CREB), glutamate (NMDA and AMPA receptors, SLC1A3 and SLC1A6) and GABA receptor (GAD1 and GAD2) signalling were markedly dysregulated in HD lines. The authors also performed ChIP-seq analysis and revealed chromatin signatures consistent with impaired cell maturation, while meta-analysis to compare profiles with changes in gene expression during human striatal maturation showed a clear overlap in the core network of genes essential for normal development of the human striatum. This is the first study using juvenile HD-hiPSC lines, and further analysis, including lines derived from adult onset HD that contain less CAG repeats, will be valuable to confirm if CAG number is associated with early defects or is independent and plays a role during disease course only. Nevertheless, this is an important study demonstrating HD-associated neurodevelopmental defects that may disrupt brain homeostasis, establishing a vulnerability to later effects of mutant HTT, as demonstrated in the first study reporting analysis of hiPSCderived neurons from rare homozygous and heterozygous HD patients [137]. Most important is that it shifts the perception that neurodegenerative diseases start late in life and underlines the importance of assessing patients at risk earlier. Correlating clinical data with hiPSC-derived findings is vital for appreciating the initiating steps in such pathologies.

The first HD organoid-like structure was recently reported by the Cattaneo group [87], and demonstrates that mutant HTT affects the ability of hiPSC to generate cortical and ventral striatal telencephalic identities, not only supporting previous data on the developmental component of HD but providing the precise steps of development affected by the mutant protein.

## 6.2. Parkinson's disease

Parkinson's disease (PD) is the second most common neurodegenerative disorder, classically associated with an extensive loss of dopaminergic neurons of the substantia nigra pars compacta [159,160]. The hallmark of the disease is accumulation of pathogenic conformations of the presynaptic protein  $\alpha$ -synuclein ( $\alpha$ Syn) and the formation of intraneuronal protein aggregate inclusions, termed Lewy bodies or Lewy neurites. Neurodegeneration of dopamine neurons leads to a prominent dopaminergic deficiency in the basal ganglia, responsible for motor disturbances [161]. However, it is now recognized that the disease involves more widespread neuronal dysfunction, leading to early and late non-motor symptoms such as hyposmia, autonomic dysfunction, sleep disturbances, hallucinations, depression, cognitive decline and dementia [162]. These observations have shifted the focus from a defect in dopamine neurons to a more general neuronal disruption, suggesting that the pathological mechanisms lie outside the substantia nigra and may be initiated long before neuronal loss [163,164]. Advances in brain imaging techniques and analysis of postmortem tissues show extensive Lewy body pathology in other brain areas, while familial PD cases often appear and progress with an absence of motor symptoms [128]. Previous work on post-mortem tissue of another synucleinopathy, namely dementia with Lewy bodies (LBD), demonstrated that the majority of  $\alpha$ Syn aggregates are located to pre-synaptic terminals with almost complete loss of dendritic spines at the post-synaptic area, suggesting that synaptopathy is a central event in the initiation of neurodegeneration in LBD [165] and probably of PD as well.

In a similar approach to HD, rare familial cases of PD are now being followed during the asymptomatic phase [166], before serious motor and cognitive symptoms appear; however, it is still too early to argue for similar-to-HD pre-symptomatic clinical changes.

Nevertheless, evidence coming from animal models of PD supports the hypothesis that pre-synaptic accumulation of αSyn impinges on synaptic function and axonal integrity leading to degeneration and cell death. Overexpression of aSyn in mice inhibits neurotransmitter release, reduces the size of the synaptic vesicle recycling pool and alters the ultrastructure of the nerve terminal before any signs of neurodegeneration are observed [167]. In another study with overexpression of  $\alpha$ Syn mutants, decelerated vesicle transport was observed in neurons leading to autophagy and axonal degeneration [168]. Recently, ultrastructural analysis of mouse knockout synapses for all three members of the synuclein family ( $\alpha$ ,  $\beta$ ,  $\gamma$ ) demonstrated their direct involvement in controlling synapse size and synaptic vesicle distribution [169]. These disturbances at the synapse level may be detrimental, especially if considering that the dopaminergic neurons lost in late PD stages possess axons containing more than 1 million synapses. Overall these findings underpin the concept that familial cases of PD, and possibly sporadic PD, may be primarily synaptopathies.

Models of familial PD were among the earliest hiPSC-based disease models to be generated since the advent of cellular reprogramming. Even though hiPSCs have been derived from patients with idiopathic PD, the majority of studies have focused on familial PD cases caused by mutations in a single gene (table 3). Although these are rare forms of PD, they provide a clear advantage: the observed phenotypes are attributable to a specific gene alteration and therefore causality may be established. Today, mutations in 14 genes have been identified to cause familial PD [170]. From those, the best known are implicated in both autosomal and recessive forms causing early disease onset with a generally severe clinical phenotype, and include αSyn, leucine-rich repeat kinase 2 (LRKK2), β-glucocerebrosidase (GBA) and various PARKIN genes. Several studies utilizing hiPSC models reported neuronal dysfunction associated with mutations in LRRK2 [68,138,139], GBA [140,141], PARK2 [142,143], PARK7 [144] and αSyn [70,171–173]. Even though in most PD studies the aim has been to generate and characterize dopaminergic neurons, few studies have included other types of neurons in the analysis, including glutamatergic and GABAergic neurons [70,148]. Overall, data derived from these studies confirmed the involvement of various pathways previously implicated in PD pathogenesis, such as mitochondrial, lysosomal and endoplasmic reticulum dysfunction, impaired clearance of autophagosomes, disturbed calcium homeostasis and oxidized dopamine accumulation. However, it has been challenging to identify cellular pathologies in hiPSC-derived PD neurons in the absence of oxidative or other cellular stress.

LRRK2 mutations represent the most common cause of familial PD and are autosomal dominant with age-dependent penetrance [174]. This kinase is highly expressed in brain areas receiving dopamine innervations, such as the striatum, hippocampus, cortex and cerebellum [175], and has been associated with many aspects of neuronal function including neurogenesis, axonal outgrowth and synaptic function [176-179]. Mice carrying the LRRK2-G2019S mutation have increased basal synaptic efficiency and reduced long-term depression not associated with presynaptic changes, but probably due to enhanced AMPAR-mediated synaptic transmission [180]. This pre-clinical data was not confirmed in the initial studies that generated hiPSC-derived neurons from LRRK2-G2019S patients. Dopaminergic neurons were particularly susceptible to oxidative and mitochondrial stress [68,138,139], but RNA-sequencing analysis did not reveal changes in transcript expression associated with synapse formation and function [139]. The only impairment relevant to synapse formation was a diminished neurite outgrowth velocity, a phenomenon not specific to dopamine neurons [139]. Despite the fact that these LRRK2-G2019S mutant neurons also had increased levels of  $\alpha$ Syn and TAU proteins, a phenotype previously associated with axonal degeneration and synaptic alterations, neuropathology was not observed. As this mutation has an age-dependent appearance of clinical phenotype, it could be that the end time point of analysis was too early to reveal such defects. In a similar way, the hiPSC-GBA1 mutation PD systems did not provide a link to dysregulated synaptogenesis or synaptic function. Since the studies performed are quite limited in number and the focus of the initial analysis might not have been to depict differences in synaptic function, additional work is required to draw safe conclusions about the presence of synaptopathy in LRRK2 and GBA mutant neurons.

In contrast, aSyn hiPSC-based systems have been far more informative in providing clues for early synaptic deficits in pathology initiation and progression. Even though mutations in  $\alpha$ Syn account for a small number of familial PD cases, they have received particular attention and have been employed extensively by researchers to create both animal models [181] and hiPSC-based cellular platforms of neurons and progenitor cells [173]. The reason is that the first genetic cause of PD to be identified was the G209A mutation in the aSyn gene SNCA, leading to synthesis of the pathological p.A53T-aSyn mutant protein [182]. aSyn protein was soon after discovered to be the major component of Lewy bodies, the pathological hallmark of both familial and sporadic PD [183]. Since then a number of point  $\alpha$ Syn mutations have been identified—A30P, E46 K, H50Q, G51D and A53E [184-189], as well as duplication or triplication of the  $\alpha$ Syn gene locus which also causes dominant and severe forms of PD [170,190].

In a first study by Jaenisch and colleagues [145], successful derivation of hiPSC-derived p.A53T and p.E46 K lines and isogenic gene corrected controls were reported, without further characterization. This p.A53T-hiPSC line was used in a later study by Ryan *et al.* [147] to produce cultures of midbrain dopamine neurons that displayed aggregated  $\alpha$ Syn 35 days after differentiation in both the cell soma and neurites, features similar to those previously identified in post-mortem brains from p.A53T patients [191,192]. Despite the presence of  $\alpha$ Syn oligomeric aggregates, dopamine neurons did not show axonal damage

or defective neuronal network formation. In a more recent study the p.A53T neurons displayed fragmented mitochondria and  $\alpha$ Syn deposits at mitochondrial membranes in response to cardiolipin, a mitochondrial membrane lipid [151]. Cortical neurons generated from the same set of p.A53T hiPSC lines by Lindquist and colleagues were also susceptible to induced ER stress [148]. These studies support a 'two-hit' hypothesis where the mutant background facilitates induction of a PD phenotype by environmental toxins.

The first observation of damaged neurites and axonal fragmentation with multi-electrode arrays revealing asynchronous firing and a reduction in the number of active channels was identified in LRRK2 neurons. RNA-sequencing data from all PD lines showed a consistent upregulation of the RNA-binding protein fox-1 homologue (RBFOX1), a neuron specific factor that regulates neuronal splicing networks and controls neuronal excitation [193]. Interestingly, when the authors mapped significant differential splicing products they generated a list of 41 genes with a profound enrichment in GO terms related to neuron projection and neuronal activity. From those, they confirmed that GRIN1 (an NMDA receptor subunit) and SNAP25 (a key component of the SNARE complex) specific isoforms were altered in PD neurons, demonstrating for the first time that differential splicing events are regulated by RBFOX1 in these cellular systems.

Recently, a study from our group [70] further enhanced the hypothesis that synaptopathy is an early event in familial PD cases. This work was focused on the analysis of newly generated lines from two p.A53T patients with different clinical progression and severity [70]. At 35 days of differentiation to dopaminergic neurons following a dual SMAD inhibition protocol [49,194], cells exhibited clear features of neurodegeneration, including extensive neuritic pathology,  $\alpha Syn^+$  and Tau<sup>+</sup> swollen varicosities and large spheroid inclusions highly similar to the dystrophic neurites identified in the brain of p.A53T patients [192,195]. Astonishingly, the severity of the cellular phenotype was directly correlated with the clinical picture of the two different patients. In a similar manner to the observations of Ryan et al. [147], thioflavin-positive aggregates started to be visible at 35 days of differentiation while they became more prominent and widespread at 50 days, with  $\alpha$ Syn protein also being co-detected. A connection of the degenerative phenotype to a Syn pathology was established in our study, since small molecules inhibiting aSyn aggregation reverted the neurodegenerative phenotype, indicating a potential treatment strategy for PD and other related disorders.

An intriguing observation was that the extensive p.A53T pathology appeared without the need for external neurotoxic or oxidative stress. Axonal degeneration was evident in dopaminergic, but also in glutamatergic and GABAergic, neurons present in our culture system, as well as in betaIII-tubulin-positive neurons prior to subtype specification. We presume that the simultaneous presence of all three major neuronal subtypes might be the key for the strong intrinsic and widespread p.A53T degenerative phenotype. This notion is also supported by the observation that when using the Kriks et al. [196] differentiation protocol to enrich for dopamine neurons, the fraction of GABAergic cells is clearly diminished and the p.A53T-related axonal degeneration is also less noticeable (E.T., G.K., O.Z. & R.M. 2018, unpublished data). Even though we cannot exclude the possibility that different patient lines may yield neurons with variable phenotypic characteristics, it is also likely that differences in the ratio of excitatory to inhibitory neurons within a culture may be a decisive factor for the phenotypic outcome.

Transcriptional profiling of p.A53T neurons in Kouroupi et al. [70] also revealed dysregulated molecular pathways in the absence of external stress conditions. Pre-synaptic vesicle formation and trafficking molecules (SYN3, SV2C, RPHA3, DOC2B), vesicular and plasma membrane neurotransmitter transporters, synaptic cell adhesion (SLITRKs, Cadherins) and post-synaptic density (DLGAP2, GRIN2D, GRIP2)-associated mRNAs were all decreased in the p.A53T neurons. This correlated well with compromised neuritic growth and defective synaptic connectivity. Notably, both axonal guidance molecules and WNT family members associated with synaptogenesis were significantly altered, suggesting perturbations during synaptogenesis. From our data we cannot infer defects at a specific part of the synapse in p.A53T pathology, and ultrastructural analysis is needed for such correlations. However, considering the localization of  $\alpha$ Syn at the pre-synaptic area and previous observations from overexpression studies in animal models where 'vacant synapses' were formed [197], it could be that an original misorganization of the pre-synaptic area might affect the overall organization of the trans- and post-synaptic sites. As the most striking mis-expression was noted in trans-synaptic adhesion molecules, we could also assume that correct alignment for proper synaptogenesis and maturation could not be achieved, further affecting the preand post-synaptic regions.

Although this remains an open question, our study clearly indicates synaptopathy as a major feature in p.A53T pathology that is initiated early.

Evidence for aberrant neurogenesis in PD has come from the analysis of hiPSC derived neuronal progenitors (NPCs) and neurons from PD patients harbouring a triplication of the aSyn locus. These progenitors demonstrated relevant susceptibilities to oxidative [146,147] and nitrosative stress [148], and had reduced capacity to differentiate into dopaminergic or GABAergic neurons, while they displayed compromised neurite outgrowth and lower neuronal activity as compared with control cultures [150]. This is the first report to show a link between aSyn and developmental processes in hiPSCderived cell systems. Molecular profiling indicated lower levels of differentiation markers such as TH, NURR1, GABABR2 and DLK, but also lower GIRK2, consistent with the lower potassium currents observed. Even though isogenic control lines were not included in this experimental setting and someone could argue that this effect is not αSyn dependent as the triplication of the locus affects the expression of 3 up to 12 genes, knocking down aSyn with a lentivirus rescued the differentiation defects in one out of the two lines used. Nevertheless, such differentiation distortions were not reported in a follow-up study using a different set of triplication lines [71], probably due to the clonal variation and differentiation propensity of the lines generated. This follow-up study [71] also included a Parkin and six LRRK2 mutant lines, and despite the neurite outgrowth defects observed in midbrain dopaminergic neurons, the number of TH<sup>+</sup> neurons was unaffected.

Until now, the sole 3D model for PD has been generated from patient hiPSCs carrying the G2019S mutation in LRRK2 [186]. In this work, the investigators allowed mutant hiPSCs to differentiate into 3D human neuroectodermal spheres and performed microarray analysis that revealed altered mRNA levels in synaptic vesicle trafficking molecules, including Synapsin 2 and 3. However, neuronal activity recordings were not performed, limiting the capacity to draw safe conclusions for synaptic defects in this system.

# 7. New perspectives for understanding synaptic dysfunction in neurological disease

Molecular and cellular analysis of hiPSC-derived CNS cell subtypes from ASD, SCZ, HD and PD (both sporadic and familial cases) has confirmed that ASD and SCZ have a strong developmental component, has yielded valuable information on early disease events and has identified unexpected early neuronal disturbances in PD and HD. However, it remains unknown if the initiation of these pathologies involves aberrant neurogenesis and synaptogenesis or is the result of late-appearing defects in healthy synapses, or even both. The latter has been validated using HD hiPSC-based models that helped dissecting the role of HTT both in aberrant neurogenesis [73] and neuronal degeneration [198]. As more hiPSC lines are generated by implementation of diverse differentiation procedures, and novel tools are developed to monitor neuronal function both at the single-cell and the network level in a highly controlled temporal manner, future studies hold great promise in identifying initiating disease events.

Protein aggregation in neurodegenerative diseases has been considered a central cause of neuronal dysfunction due to perturbations in proteostasis [36,37]. The detection of aggregates has not been consistently achieved in hiPSC-based models of PD and HD, and this is usually attributed to intrinsic clonal differences and alternative differentiation procedures while in some cases it is facilitated by the addition of cellular stressors. Until now studies in hiPSC models have not addressed whether protein aggregation and synaptic defects are interrelated processes, and future studies are expected to shed light on the spatio-temporal events of these mechanisms.

Although the causality of neurodevelopmental and neurodegenerative pathologies has been addressed separately, emerging evidence reveals commonalities that can no longer be overlooked. Hollander et al. suggested links between ASD and PD based on the overlapping phenomenon of repetitive behaviours, with a common underlying involvement of the basal ganglia [199]. Motor deficits have also been reported in ASD infants prior to the typical time of ASD diagnosis [200]. In 2015, during a study that aimed to examine ASD in older subjects (more than 50 years old), high rates of Parkinsonism were observed [201]. To follow up this observation, a second group of adult ASD patients was assessed systematically and a remarkable 20% of those manifested signs of Parkinsonism [201]. In addition the genetic link of Asperger syndrome with Parkin2, a classical juvenile PD-associated gene, also suggests a possible overlap [202]. At the same time, alterations of dopamine metabolism in neurodevelopmental disorders is no longer a hypothesis, but is well supported by a wealth of evidence derived from both neuroimaging and genetic studies. Specifically, in SCZ patients, there is increased dopamine uptake and storage in the basal ganglia, while, large-scale genetic studies show an association with gene loci coding for dopamine



Figure 2. Scheme of neurological disease modelling using cell reprogramming technology. ASD, autism spectrum disorders; SCZ, schizophrenia; BP, bipolar disorder; AD, Alzheimer's disease; PD, Parkinson's disease; HD, Huntington's disease; iPSCs, induced pluripotent stem cells; NPCs, neural progenitor cells.

receptors, as well as for several proteins mediating synaptic transmission [203].

Identifying possible converging mechanisms of neurological diseases will be aided by the detection of disease hallmarks and features of one neurological disease, in hiPSC-derived cells from another pathology. A characteristic example is the case of Down's syndrome, a developmental disorder that, apart from intellectual disability and epilepsy, is characterized by early-onset Alzheimer's [204]. hiPSC-based models have clearly shown impaired neurogenesis and abnormal dendritic and synaptic morphology [205,206], but most importantly have been used to link the two pathologies by showing that Down's syndrome cortical neurons secreted pathogenic Aß peptide and their cell bodies and dendrites contained hyperphosphorylated Tau protein, a hallmark of AD neurons [45]. The meta-analysis of the p.A53T-neuron molecular profile performed by our group [70], where differentially expressed synaptic transcripts were investigated for their association with other neurological disorders, also provides a good starting point to consider disease overlapping mechanisms. Apart from the expected overlap with PD and AD, we found a significant number of genes associated with ASD, SCZ and bipolar disorder. Notably, these included transcripts for adhesion proteins such as CDH13, CDH9, CDH15 and SLITRKs, all strongly linked to ASD [207,208], presynaptic molecules such as SYNIII and SV2C, associated with non-syndromic autism and SCZ [209,210], and post-synaptic transcripts such as DLGAP2 and GRIN2D, linked to SCZ [211-213]. Such approaches are only at the beginning and are expected to yield valuable information on overlapping and probably converging disease features that could support drug repositioning strategies.

Until 2007, improved disease modelling was largely dependent on the generation of novel animal models in an effort to recapitulate more faithfully human pathology. A decade later, disease modelling is performed in a human setting and in a patient-specific manner using hiPSC-based systems (figure 2) that not only enable us to study diseases but also human neurodevelopment and neurophysiology. Despite limitations arising from patient variability, experimental design and data interpretation, the use of hiPSCs has revolutionized the way we define neurological diseases. New links between disease phenotypes, gene and protein expression profiles, and cellular responses to drugs are now feasible, while overlapping characteristics have been revealed in pathologies previously considered non-related. Collecting data from a number of hiPSC models from a variety of such diseases reveals early synaptic dysfunction as a common feature (figure 2). The developmental aspect of ASD and SCZ has been largely confirmed, while it implies a newly emerging concept for HD and PD that calls for further investigation. Collaborative efforts, standardized methods and sustainable support are essential to address important unresolved questions. Establishment of synaptopathy as a critical event in the pathogenesis of neurodegenerative disorders should create new prospects for treatment strategies. Without doubt hiPSC technology holds great promise for disease modelling and drug discovery, and this potential is now beginning to be realized.

Data accessibility. This article has no additional data.

Competing interests. We declare we have no competing interests.

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