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Review Article

Clostridium scindens: history and current outlook for a keystone species in the mammalian gut involved in bile acid and steroid metabolism

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Abstract

Clostridium scindens is a keystone bacterial species in the mammalian gut that, while low in abundance, has a significant impact on bile acid and steroid metabolism. Numerous studies indicate that the two most studied strains of *C. scindens* (i.e. ATCC 35704 and VPI 12708) are important for a myriad of physiological processes in the host. We focus on both historical and current microbiological and molecular biology work on the Hylemon–Björkhem pathway and the steroid-17,20-desmolase pathway that were first discovered in *C. scindens*. Our most recent analysis now calls into question whether strains currently defined as *C. scindens* represent two separate taxonomic groups. Future directions include developing genetic tools to further explore the physiological role of bile acid and steroid metabolism by strains of *C. scindens* and the causal role of these pathways in host physiology and disease.

Keywords: gut microbiome; steroids; 7α -dehydroxylation; Hylemon–Björkhem pathway; secondary bile acids; sterolbiome; Clostridium scindars

Introduction

Clostridium scindens has an interesting history and has come into the limelight recently based on renewed interest in secondary bile acids, such as deoxycholic acid (DCA), which may play an important role in preventing the vegetative emergence of Clostridioides (Clostridium) difficile in the human gut environment (Buffie et al. 2015, Abt et al. 2016), as well as the role of hydrophobic secondary bile acids in colorectal cancer (CRC) (O'Keefe 2016, Ocvirk et al. 2021) and hepatocellular carcinoma (Yoshimoto et al. 2013, Ma et al. 2018). Less well known, but likely of equal importance in human physiology and health, is the pathway that is the basis for its name "scindens," which means "splitting or cutting" owing to the side-chain cleavage of cortisol forming 11-oxyandrogens (Bokkenheuser et al. 1984, Morris et al. 1985, Krafft et al. 1987). Clostridium scindens is a core member of the human gut, and perhaps a keystone species, responsible for major biotransformations of bile acids and other steroids that regulate the structure of the gut microbiome and host-microbe interactions. Here, we review the major historical figures and publications relevant to 7a-dehydroxylation of primary bile acids, side-chain cleavage of cortisol, and the isolation and characterization of C. scindens, describe the current understanding of steroid metabolism by this bacterial species, host-microbe interactions emerging

from this metabolism, and offer some suggestions for future directions.

Historical paths to C. scindens

The path to discovering *C. scindens* began in 1911 with the detection of DCA in human feces by Hans Fischer (1911). A series of innovations in chromatography, radiolabeling, and gnotobiology around the mid-20th century confirmed that the removal of the C7-hydroxyl group in vivo was due to microbial action on "primary" bile acids made by the host, which generated "secondary" bile acids (Ridlon et al. 2023).

Two lines of evidence led to the isolation of distinct strains of *C. scindens*. The first evidence came from epidemiological studies that indicated that human populations consuming a "Westernized" diet high in animal protein and fat and low in complex dietary fiber were at an elevated risk for CRC (McGarr et al. 2005). In contrast, human populations in countries (e.g. Sub-Saharan Africa, Japan, and India) consuming a traditional diet high in fiber and resistant starch consistently showed relatively low rates of CRC, as did populations such as Seventh Day Adventists in the United States who consumed a vegetarian diet (McGarr et al. 2005).

By 1970, it was already well established by laboratories in Scandinavia and Japan that fecal bile acids in germ-free animals reflect only those primary bile acid synthesized in the liver and that bacterial contamination was necessary for detection of secondary bile acids such as DCA and lithocholic acid (LCA) (Ridlon et al. 2023). The work of Bandaru S. Reddy and Ernst Wynder in the 1960s and 1970s identified dietary saturated fat, as compared to oils, which resulted in significant increases in fecal bile acid concentrations (Reddy et al. 1977b). Their pioneering work in rodent models of chemical carcinogenesis established DCA as a tumorpromoter (Reddy et al. 1976, Reddy et al. 1977a). The microbiology of bile acid metabolism lagged during this period, with several reports of successful isolation of bile acid 7α -dehydroxylating bacteria with subsequent loss after transfer or from failure to submit strains to culture collections (Ridlon et al. 2023). In the 1970s, the isolation and study of Clostridium leptum strains exhibiting minor biotransformation of cholic acid (CA) to DCA represented the potential to determine the enzymatic basis behind the Samuelsson-Bergström model (Ridlon et al. 2023). However, bile acid metabolic activity was lost when cell extracts were generated, indicating that separation and purification of "7 α -dehydroxylase" and " Δ^6 reductase" represented, at least under their conditions, a dead

In the late 1970s, Rainer Hammann (see Fig. 1 for his photo) at the Institut für Medizinische Microbiologie und Immunologie, Universitat Bonn, Klinkum Venusberg, Bonn, Germany, isolated a bacterium from the feces of a colon cancer patient. This strain was sent to the Anaerobic Laboratory at Virginia Polytechnic Institute (VPI) and State University in Blacksburg, Virginia, where it was identified by Lillian "Peg" V. Holdeman and W.E.C. "Ed" Moore (see Fig. 1 for their photos) as Eubacterium sp. VPI 12708 (Hylemon et al. 1980). In the early 1980s, Holdeman and Moore sent Eubacterium sp. VPI 12708 and other strains of gut bacteria to the Hylemon laboratory in the Department of Microbiology and Immunology, Virginia Commonwealth University (VCU), Richmond, VA, where these strains were screened by Phillip Hylemon, Bryan White (see Fig. 1 for their photos), and others for bile acid metabolism (Phillip Hylemon, personal communication). This research collaboration proved to be quite fruitful, as Eubacterium sp. VPI 12708 was found to be capable of quantitative conversion of cholic acid (CA) to DCA (Hylemon et al. 1980, White et al. 1980, 1981, 1982, 1983). In these studies, it was possible to characterize bile acid 7α dehydroxylating activity in both intact cells and CA-induced cell extracts of Eubacterium VPI 12708, setting the stage for both the testing of the Samuelsson-Bergström model and the eventual development of the Hylemon-Björkhem Pathway recognized today (Ridlon et al. 2023).

A few years after initial reports of Eubacterium VPI 12708, a Gram-positive spore-forming anaerobe was isolated from the feces of a healthy adult human and named C. scindens ATCC 35704^T (Bokkenheuser et al. 1984, Morris et al. 1985). This strain, originally designated "Clostridium strain 19," was isolated and characterized by Victor D. Bokkenheuser, Jeanette E. Winter, George N. Morris, Anna M. Cerone-McLernon, Sheryl O'Rourke-Locascio, and others in the Bokkenheuser laboratory in the Department of Pathology, St. Luke's-Roosevelt Hospital Center, New York, New York, in collaboration with Lillian V. Holdeman and Elizabeth P. Cato at the Anaerobe Laboratory and Alfred E. Ritchie at the National Animal Disease Center in Ames, Iowa (see Fig. 1 for their photos). In contrast to the characterization of Eubacterium sp. VPI 12708 due to its ability to convert CA to DCA, Clostridium strain 19 was isolated based on selection for its ability to cleave the side-chain of cortisol, forming 11β -hydroxyandrostenedione; it

is also capable of bile acid 7α -dehydroxylation of CA (Bokkenheuser et al. 1984, Winter et al. 1984, Morris et al. 1985) (Fig. 2). This line of research on side-chain cleavage began with reports in the 1950s, which indicated that rectal infusions of cortisol in patients with ulcerative colitis resulted in a substantial increase in urinary 17-ketosteroids, which was ablated by oral neomycin treatment (Nabarro et al. 1957, Wade et al. 1959) (Fig. 2). However, not until 1971 with work by Eriksson and Gustafsson at the Karolinska Institute in Sweden that gas chromatographymass spectrometry of C-21 corticosteroid incubated with human intestinal contents resulted in confirmation of bacterial side-chain cleavage (Eriksson et al. 1971). In 1981, the Bokkenheuser lab identified bacterial metabolism of cortisol to both C-19 (5 β -androstane-3 α ,11 β ,17 β -triol and 5 α -androstane-3 α ,11 β diol-17-one) and C-21 (tetrahydrocortisol, 21-deoxycortisol, and tetrahydro-21-deoxycortisol) metabolites in human fecal suspensions (Cerone-McLernon et al. 1981) (Fig. 2). After the report of Clostridium strain 19 and description of side-chain cleavage of cortisol, Victor Bokkenheuser collaborated with Phillip Hylemon and Amy Krafft (see Fig. 1 for their photos) and, in a series of papers, a description of the growth and metabolism of cortisol as well as enzymatic activity parameters were described for steroid-17,20-desmolase in Clostridium strain 19 (Krafft et al. 1987, 1989) (Fig. 2).

So how and when did these historical paths to C. scindens merge? In other words, how did Eubacterium VPI 12708, an organism capable of bile acid dehydroxylation, but not side-chain cleavage, become C. scindens VPI 12708? In 2000, more than 20 years after its initial isolation, Eubacterium VPI 12708 and five additional bile acid-dehydroxylating strains were all reclassified as C. scindens based on carbohydrate fermentation profiles, 16S rRNA sequencing (>97% similarity), and DNA-DNA similarity tests by researchers at the Japanese Collection of Microorganisms, RIKEN (Kitahara et al. 2000). Steroid-metabolizing activities, with the exception of bile acid dehydroxylation (i.e. presence or absence of bai genes), were not considered in strain reassignment. A decade earlier, Bokkenheuser and associates, who had isolated C. scindens ATCC 35704 argued that steroid-metabolizing activities (e.g. 17,20desmolase activity) are species specific and as such represent distinctive traits that are useful in bacterial identification and taxonomy (Bokkenheuser 1993). Thus, if we were to use these steroid biochemical activities as taxonomic traits, then organisms capable of bile acid dehydroxylation, but not cortisol side-chain cleavage, might be more accurately designated in a way to differentiate them from organisms (i.e. C. scindens) that both dehydroxylate bile acids and cleave the side chain of cortisol. As we will soon demonstrate, we have attempted via pangenome analysis to update and extend the definition of what it might mean to be "C. scindens."

Taxonomy, morphology, physiology, nutrition, and antibiotic susceptibility of C. scindens

Clostridium scindens is a mesophilic, chemoheterotrophic, endospore-forming obligately anaerobic bacterium that has been assigned to the following taxa: Bacillota (phylum); Clostridia (class); Eubacteriales (order); Clostridiaceae (family); cluster XIVa of Clostridium (genus); scindens (species); and ATCC 35704; Bokkenheuser 19; CIP 106687; DSM 5676; JCM 6567 (type strain) (Collins et al. 1994, Kitahara et al. 2000, Parte et al. 2020). Cells of C. scindens ATCC 35704 are nonmotile, non-flagellated, often fimbriated, occur as Gram-positive rods singly or in chains, and form terminal spores (Fig. 3) (Bokkenheuser et al. 1984, Morris et al.



Figure 1. Investigators who worked on the side chain cleavage of steroids, dehydroxylation of bile acids by human fecal bacteria, and isolation and identification of the model gut bacteria C. scindens ATCC 35704 and VPI 12708.

1985). Relative to colony morphology, colonies on blood agar plates are nonhemolytic, convex, smooth, glistening, and white with an entire margin (Fig. 3).

As a saccharolytic bacterium, C. scindens ATCC 35704 utilizes 6carbon monosaccharides (glucose, fructose, mannose, and galactose), 5-carbon monosaccharides (ribose and xylose), 6-carbon sugar alcohols (dulcitol and sorbitol), and a disaccharide (lactose) for fermentation and growth (Bokkenheuser et al. 1984, Morris et al. 1985, Kitahara et al. 2000, Devendran et al. 2019). Glucose fermentation proceeds via the Embden-Meyerhof-Parnas (EMP) pathway and typically yields ethanol, acetate, formate, and H₂ gas as major end products (>1 mM) and succinate, lactate, isobutyrate, and isovalerate as minor end products (<1 mM) (Morris et al. 1985, Devendran et al. 2019). Clostridium scindens does not produce lecithinase, lipase, or catalase and is unable to digest gelatin, milk, or meat. Clostridium scindens ATCC 35704 is incapable of nitrate reduction or hydrolysis of starch or esculin. Hydrogen sulfide is produced in sulfide-indole motility medium. See Table 1 for more information on the overall metabolic profile of C. scindens ATCC 35704 as well as other strains of C. scindens, including VPI 12708.

Clostridium scindens ATCC 35704 has by tradition been cultivated under strictly anaerobic conditions at 37°C and a pH between 6.5 and 7.0 in highly enriched, culture media (e.g. chopped meat medium or supplemented brain heart infusion broth). Efforts have been made recently to define the nutritional requirements of C. scindens ATCC 35704 (Devendran et al. 2019). This effort required adapting C. scindens ATCC 35704 to a CO2-bicarbonate buffered defined medium (DM) that contained minerals, glucose, vitamins, and amino acids (Table 2). Once adapted to DM, the leave-one-amino-acid-group-out and leave-one-vitamin-out approaches were used to resolve the vitamin and amino acid reguirements for C. scindens ATCC 35704. Riboflavin, pantothenic acid, and pyridoxal. HCl are the sole vitamins, and tryptophan is the sole amino acid required for growth by C. scindens ATCC 35704 (Devendran et al. 2019). Indeed, genomic analysis supports these findings since genes for tryptophan, riboflavin, pyridoxal phosphate, and pantothenic acid biosynthesis are absent. A DM for C. scindens ATCC 35704 provides a valuable tool for the assessment of growth, carbon and reductant flow during carbohydrate fermentation, and steroid metabolism and for the development of a much-needed genetic system in this organism.

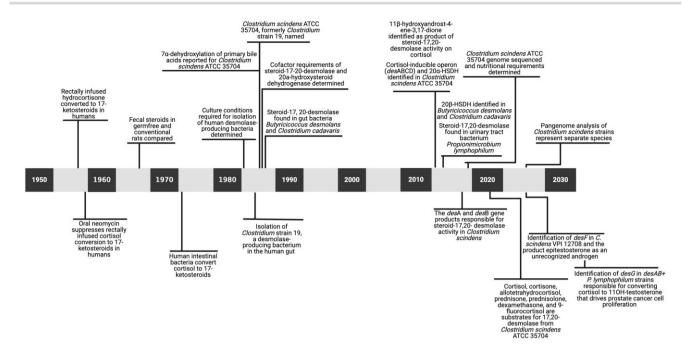


Figure 2. Timeline in the study of bacterial steroid-17,20-desmolase.

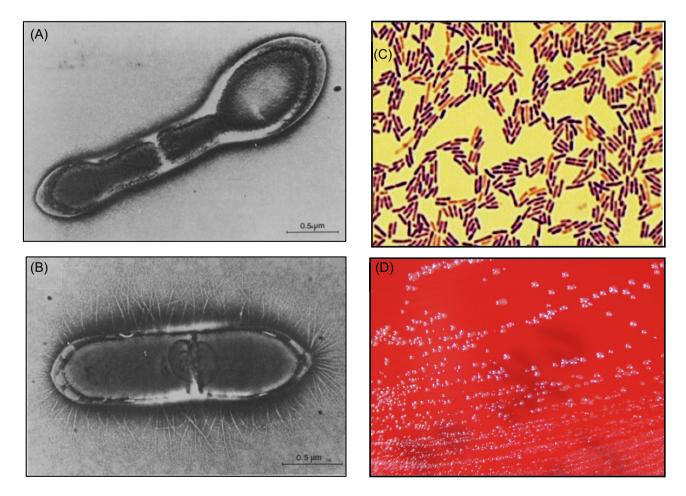


Figure 3. Colony and cellular morphology of C. scindens ATCC 35704. (A and B) Electron micrographs of C. scindens ATCC 35704 (Bokkenheuser et al. 1984). Used with kind permission from Oxford University Press. Gram stain (C) of cells and colonies (D) of C. scindens ATCC 35704 grown on anaerobic EG agar after three days of incubation. Used with kind permission from RIKEN and the Japan Collection of Microorganisms.

 Table 1. Metabolic profiles of C. scindens strains.

Ministration of manocraticity responses 1974					St	Strain		
Continue	Substrate or characteristic tested		ATCC 35704ª,b,c	VPI 12708 ^{b,c}	I-10 ^{c,d}	Y-1113°,d	M18 ^{c, d}	36S ^{c, d}
Definitions	Monosaccharide	L-Arabinose	11	-/+	ı	-/+	-/+	-/+
Declarations		D-Fructose	+	<u> </u> +	+	+	+	: +
Deficience + + + + + + + + + + + + + + + + + + +		D-Galactose	+	-/+	+	+	+1	+
Declarations		D-Glucose	+	+	+	+	+	+
P. Brooke		D-Mannose	+	I	#1	I	I	I
Description		L-Rhamnose	I	I	ı	I	I	I
Page		D-Ribose	+	+	+	+	+	+
Description Description Postpose		L-Sorbose	I	ı	I	I	I	I
accided by Address by		D-Xylose	-/+	+	ı	-/+	-/+	-/+
Pudiction	Sugar alcohol	D-Adonitol	I	ı	I	I	I	I
Explicit of Expl		Dulcitol	-/+	I	ı	+	I	I
The control of the		Erythritol	I	ı	ı	I	1	ı
The control of the		Glycerol	I	ı	ı	I	ı	ı
Defaction		myo-Inositol	I	ı	I	I	ı	ı
Definition		D-Lactitol	I	ND^e	ND	ND	ND	NΩ
packed by the problem of the production of the problem of the production of the problem of the		D-Mannitol	I	I	M	I	I	M
Payito		D-Sorbitol	-/+	-/+	-/+	+		#1
tharide Cellobioses 1 4		D-Xylitol	I	ND	ND	ND	ND	ND
Lactose	Disaccharide	Cellobiose	I	ı	#1	I	I	I
Mattose		Lactose	+	+	#1	I	I	ı
Maltose — </td <td></td> <td>Lactulose</td> <td>I</td> <td>ΩN</td> <td>ND</td> <td>ND</td> <td>ND</td> <td>NΩ</td>		Lactulose	I	ΩN	ND	ND	ND	NΩ
Amelibrose - +/		Maltose	I	ı	I	I	I	I
charide Fountse +/- <th< td=""><td></td><td>Melibiose</td><td>I</td><td>ı</td><td>ı</td><td>I</td><td>I</td><td>I</td></th<>		Melibiose	I	ı	ı	I	I	I
charide Metalose -		Sucrose	I	-/+	-/+	+	+	+
charide Melezitose -		Trehalose	I	I	ı	I	I	I
cocharide Dextrin -	Trisaccharide	Melezitose	I	I	I	I	I	I
ccharide Dextrin — ND ND ND ND Inulin — — — — — — — Much — — — — — — — — Much —		Raffinose	I	ı	I	I	I	ı
Glycogen —<	Polysaccharide	Dextrin	I	ND	ND	ND	ND	ND
Mucin Lough ND <		Glycogen	I	ı	I	I	I	I
Mucin Mucin ND ND ND Pectin - ND ND ND Stackyose - ND ND ND Starch Stackyose - ND ND ND Starch Starch Starch Starch Starch Salicin - - - - - Salicin -		Inulin	I	ı	ı	I	I	I
Pectin ND ND ND Polydextrose - ND ND ND Starchyose - ND ND ND Starch - - - - - side Amygdalin - - - - - - Esculin -		Mucin	I	ND	N	ND	ND	ND
Polydextrose		Pectin	I	ΩN	ND	ND	ND	ΩN
Starch ose — ND ND ND Starch Starch — <td></td> <td>Polydextrose</td> <td>I</td> <td>QN.</td> <td>Q</td> <td>ON.</td> <td>QN</td> <td>Q</td>		Polydextrose	I	QN.	Q	ON.	QN	Q
Starch Amygdalin -		Stachyose	I	ΩN	ND	ND	ND	ND
Amygdalin —		Starch	I	ı	I	I	ı	ı
Esculin — </td <td>Glycoside</td> <td>Amygdalin</td> <td>I</td> <td>I</td> <td>I</td> <td>I</td> <td>I</td> <td>I</td>	Glycoside	Amygdalin	I	I	I	I	I	I
Salicin — </td <td></td> <td>Esculin</td> <td>I</td> <td>ı</td> <td>ı</td> <td>I</td> <td>I</td> <td>I</td>		Esculin	I	ı	ı	I	I	I
ner Saccharin — ND ND ND Suralose — ND ND ND Gelatin digestion — — — — — Meat digestion — — — — — — Indole production — — — — — — Nitrate reduction — — — — — —		Salicin	ı	ı	I	I	1	ı
Sucralose ND ND ND Gelatin digestion —	Sweetner	Saccharin	I	ND	ND	ND	ND	NΩ
Gelatin digestion -		Sucralose	I	ND	ND	ND	ND	NΩ
	Other	Gelatin digestion	I	I	I	I	I	I
		Milk reaction	I	ı	ı	I	ı	ı
		Meat digestion	I	I	I	I	I	I
		Indole production	I	ı	ı	I	ı	ı
		Nitrate reduction	I	I	I	I	I	I

Table 1. Continued

			Str	Strain		
Substrate or characteristic tested	ATCC 35704ª,b,c	VPI 12708 ^{b,c}	I-10c,d	Y-1113 ^{c,d}	M18 ^{c, d}	36S ^{c,d}
Hemolysis	ı	I	ı	ı	ı	I
Spore formation	+	I	I	I	I	I
Motility	I	ı	ı	ı	ı	I
Gas production	+	+	+	+	+	+
H ₂ S production	+1	+	+	+	+	+
Catalase	+	+	+	+	+	+
Lecithinase	I	I	I	I	I	I
Lipase	I	I	I	ı	ı	I
Urease	I	I	I	I	I	I
Alkaline phosphatase	I	I	ı	+	ı	I
Naphthol-AS-BI-phosphohydrolase	+	+	+	+	ı	I
α-Galactosidase	I	I	I	ı	ı	I
eta-Galactosidase	+	+	+	I	I	I
Esterase	+	+	+	+	+	+
Esterase lipase	+	+	+	+	+	+
Lipase	I	I	I	I	I	I
Leucine arylamidase	I	Ι	Ι	I	I	I
Valine arylamidase	I	I	Ι	I	I	I
Cystine arylamidase	I	I	I	I	I	I
Trypsin	I	I	I	I	ı	I
Chymotrypsin	I	I	I	I	I	I
Phosphatase	+	+	+	+	+	+
heta-Glucuronidase	I	I	I	I	ı	I
α-Glucosidase	I	I	Ι	I	I	I
heta-Glucosidase	I	I	ı	ı	ı	I
N-Acetyl- $ heta$ -glucosamidase	I	I	I	I	I	I
Amannosidase	I	I	Ι	I	I	I
lpha-Fucosidase	I	I	I	I	ı	I

^aData from Morris et al. (1985).
^bData from Devendran et al. (2019).
^cData from Kitahara et al. (2000).
^dData from Takamine and Imamura (1995.
^eND, not determined.

Table 2. A defined medium (DM) for the cultivation of C. scindens ATCC 35704.

Component ^a and preparation ^b	Amount (final concn)
Deionized water	1000 ml
Glucose (180.16 g/mol)	4.5 g (25 mM)
Mineral solution ^c	50.0 ml
Trace metal solution ^d	2.0 ml
Complete vitamin solution (CVS)e	20 ml
Complete amino acid solution (CAAS) ^f	20 ml
Resazurin solution (0.1%)	1.0 ml

^aPlease note the following: (1) If a more nutrient-limited version of the DM is desired, CAAS can be replaced with a tryptophan solution (2 g of tryptophan per liter of deionized water) since tryptophan is the sole amino acid required for growth by C. scindens ATCC 35704; (2) even though riboflavin, pantothenic acid, and pyridoxal·HCl are the sole vitamins required for growth of C. scindens ATCC 35704, CVS is added to the DM since growth is more robust and maintainable with all vitamins present; and (3) whenever an undefined medium is desired, yeast extract (0.1%) is added as a component.

^bAdd components in the order indicated above into an Erlenmeyer flask. The flask should be twice the volume of the amount of medium being prepared. The total volume is >1 lin order to account for the water lost (\sim 10%) during boiling. Adjust pH to 7, add sodium bicarbonate (7.5 g per liter), and bring medium to a boil on a hotplate while bubbling with CO₂. After the resazurin (O/R indicator) in the medium has turned from blue to pink (\sim 10 min of boiling) remove flask from heat and continue to bubble with CO₂ and cool medium to room temperature in an ice bath. Once the medium has cooled, add the reducing agent sodium sulfide (Na₂S-9H₂O; 0.5 g per liter), mix, and switch from bubbling medium with CO2 to flushing headspace with CO2 until medium is reduced (colorless). If desired, sodium sulfide can be replaced with cysteine·HCl·H₂O (0.5 g per liter) as the reducing agent. Dispense 10-ml aliquots into gray butyl rubber-stoppered crimp-sealed culture tubes (18 by 150 mm; series 2048 [Bellco Glass]; ~27.2-ml stoppered volume at 1 atm [101.29 kPa]), which are being flushed with a gentle stream of CO₂. Stopper and seal with aluminum-crimp seals and autoclave at 121°C for 15 min and fast exhaust. After autoclaving, the pH of the medium is 6.6-6.8.

cMineral solution contained (g per liter): NaCl, 10; (NH₄)₂SO₄, 10; KCl, 5; KH₂PO₄, 5; and MgSO₄·7H₂O, 0.5 (dissolve one at a time in deionized water and store solution at 4°C)

^dTrace metal solution contained (g per liter): Trisodium nitrilotriacetate, 1.500;

eVitamin solution (g per liter): d-biotin, 0.010; folic acid, 0.010; pyridoxal-HCl, 0.010; lipoic acid (DL-6,8 thioctic acid), 0.025; nicotinic acid, 0.025; Dpantothenic acid, 0.025; p-aminobenzoic acid, 0.025; riboflavin, 0.025; thiamine, 0.025; and cyanocobalamin (Vitamin B₁₂), 0.025 (dissolve one at a time in deionized water and store solution at 4°C).

fAmino acid solution (2 g of each amino acid per liter): L-alanine, L-arginine-HCl, L-asparagine-H₂O, L-aspartic acid, L-cystine, L-glutamic acid, L-glutamine, L-glycine, L-histidine, L-isoleucine, L-leucine, L-lysine, L-phenylalanine, L-proline, L-methionine, L-serine, L-threonine, L-tryptophan, L-tyrosine, and L-valine. Solution is prepared by adding each amino acid to describe the state of the series deionized water (900 ml) and mixing thoroughly. If necessary, 10 N NaOH is added to bring all of the amino acids into solution and then Q.S. to 1000 ml with deionized water. Final pH of solution is 9-10, and solution is stored at 4°C.

Another area that has received little study is the response of C. scindens to antimicrobial agents. Using an anaerobic brothdisk method, Morris et al. (1985) reported that C. scindens ATCC 35704 was susceptible to penicillin G but resistant to such commonly used antibiotics as tetracycline, chloramphenicol, clindamycin, and erythromycin. Whether other strains of C. scindens have similar resistance profiles is unknown. However, it is tempting to speculate that, if resistance among commensal strains of C. scindens mirrors that of C. scindens ATCC 35704, C. scindens would have a competitive advantage during host antimicrobial therapy, thereby allowing it to survive and engage in "ecological suppression" (Waldetoft et al. 2023) of pathogens.

The bile acid inducible regulon and hydroxysteroid dehydrogenases

In the late 1950s and early 1960s, the Nobel laureates, Sune K. Bergström and Bengt Samuelsson, performed CA isotope labeling studies in rodents and proposed a diaxial trans-elimination of the 7α -hydroxyl group and 6β -hydrogen followed by reduction of the resultant Δ^6 -intermediate (Ridlon et al. 2023). An important experiment was performed in 1981, a year after the initial reports of bile acid metabolism by Eubacterium VPI 12708, that identified multiple CA-inducible polypeptides by one- and twodimensional SDS-PAGE: one at 77 kDa, two at 56 kDa, 27 kDa, and 23.5 kDa (White et al. 1981). Work over the next four decades has resulted in a current model for bile acid 7α-dehydroxylation (Fig. 4) and gene organization for both bile acid and steroid metabolism by C. scindens VPI 12708 and ATCC 35704 strains (Fig. 5). We have reviewed this history in detail recently and proposed this pathway be named the Hylemon-Björkhem pathway (Ridlon et al. 2023).

BaiG: proton-dependent bile acid transporter

Bile acid 7a-dehydroxylation by intact cells of C. scindens VPI 12708 occurs rapidly (White et al. 1980), yet bile acid intermediates do not appreciably accumulate intracellularly (White et al. 1981) indicating bile acid transport. Within the polycistronic bai operon is a 1.4-kb open reading frame encoding a 49.9-kDa polypeptide designated as baiG. The BaiG is annotated as a member of the multiple facilitator superfamily, and hydropathy analysis predicts 14 membrane-spanning domains (Mallonee et al. 1996). Transport was observed to increase with decreasing pH. Proton ionophores, but not potassium ionophores, were reported to inhibit bile acid transport by recombinant BaiG in Escherichia coli indicating symport of bile acids driven by proton motive force (Mallonee et al. 1996). Additional kinetic and substrate specificity studies of baiG will be important in order to understand the relative rate of bile acid 7a-dehydroxylation between bile acid substrates with intact cells of C. scindens. Recent studies in which bai genes were engineered into the chromosomes of Clostridium sporogenes (Funabashi et al. 2020) or E. coli (Meibom et al. 2024) have also introduced the baiG to enhance transport, although future studies should examine whether baiG is required for efficient import of primary bile acids into C. scindens.

BaiB, BaiF, and BaiK: Bile acid coenzyme A metabolism

Within the polycistronic bai operon in C. scindens strains are two genes encoding enzymes predicted to function in coenzyme A metabolism. The baiB gene is the first structural gene in the bai operon and was demonstrated to encode a 58-kDa ATP-dependent bile acid CoA ligase that catalyzes the first enzymatic step in the pathway leading to DCA (Mallonee et al. 1992). A crystal structure at 2.19 Å has been deposited for BaiB (PDB 4LGC) and awaits additional biochemical characterization. The baiF gene encodes a 47-kDa polypeptide predicted to encode a CoA hydrolase (Ye et al. 1999). The purified recombinant BaiF was predicted to be a dimer (72 kDa) by gel filtration with an apparent Km value 175 μ M against cholyl~CoA, indicating that primary bile acid CoA conjugates are likely not the physiological substrate (Ye et al. 1999). BaiF did not hydrolyze acetyl~CoA, isovaleryl~CoA, palmitoyl~CoA, or phenylacetyl~CoA (Ye et al. 1999), although it has not been determined if substrates other than bile acids can accept CoA from bile acid~CoA intermediates. Subsequently, recombinant BaiF was demonstrated to transfer CoA from deoxycholyl~CoA, lithocholyl~CoA, and allodeoxycholyl~CoA to primary bile acids where CA > alloCA > β -murocholic acid (β -MCA) > ursodeoxycholic acid (UDCA) > chenodeoxycholic acid (CDCA) (Ridlon et al. 2012). Funabashi et al. (2020) reported that BaiF was not required for the rate-limiting 7α-dehydration step of CA in a stepwise pathway Bai enzyme reconstruction assay, as 3-oxo-4,6-DCA~SCoA as well as 3-oxo-4,6-DCA accumulated in the presence of BaiB, BaiA2,

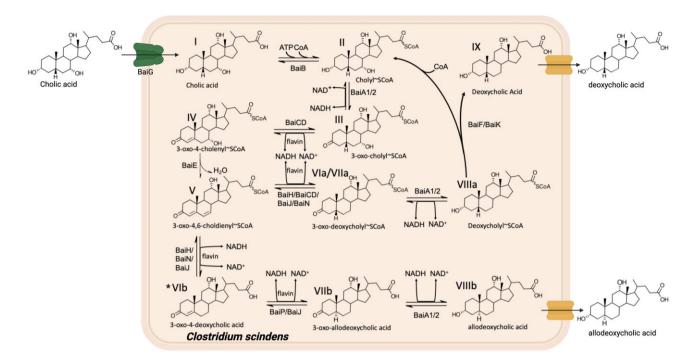


Figure 4. The current model of the Hylemon–Björkhem Pathway of bile acid 7α -dehydroxylation of cholic acid by C. scindens strains. Steps V-VIA(VIb) have been shown to be catalyzed by BaiH/BaiN and BaiJ enzymes (Funabashi et al. 2020, Lee et al. 2022, Meibom et al. 2024). *Step VIb–VIIb has been shown to be catalyzed by BaiJ and BaiP (Lee et al. 2022, Meibom et al. 2024). Bile acid exporters (orange) have not yet been identified. Each enzymatic step is described in detail in the associated text. Modified from previously published work (Devendran et al. 2019).

BaiCD, and BaiE (BaiF and BaiH were left out). A recent study on CDCA conversion to LCA reported that only BaiB was needed for LCA formation, although CoA intermediates were found to accumulate (Meibom et al. 2024). BaiF is a member of the Type III CoA transferase family with conserved active-site D169 predicted to be involved in aspartyl~CoA thioester formation, thereby releasing the bile acid pathway intermediate followed by regeneration of D169 via transfer to BaiG-transported primary bile acid (Ridlon et al. 2012).

We previously characterized a polycistronic bai operon in Clostridium hylemonae through genome-walking by PCR and determined that baiA2 was not present in this operon (Ridlon et al. 2010). Using baiA nucleotide sequences from baiA genes from C. scindens, we amplified the partial baiA1 from C. hylemonae using degenerate primers (Ridlon et al. 2010). Genome-walking in both directions from baiA1 resulted in identification of a novel gene cluster encoding a baiF homolog that we named baiK (Ridlon et al. 2012). The gene cluster was also located flanking the baiA1 gene in C. scindens VPI 12708, but not in C. scindens ATCC 35704 (Ridlon et al. 2012). The baiJ genes encode a predicted 62-kDa flavoprotein similar to 3-ketosteroid-delta1-dehydrogenases. The baiK genes encode a predicted 49-kDa type III CoA transferase homologous to the baiF gene (63% amino acid identity) (Ridlon et al. 2012). The baiL genes are predicted to encode a 27-kDa protein in the SDR family. In C. scindens VPI 12708, we located a TspO/MBR family protein encoding gene downstream from baiA1 but on the opposite strand (Ridlon et al. 2012). In C. scindens ATCC 35704, the TspO/MBR gene is downstream on the same strand and is bile acid-inducible (Devendran et al. 2019). We recently reported that phage-induced disruption of TspO expression in Bacteroides vulgatus reduced bile salt deconjugation (Campbell et al. 2020). Evidence that baiJKL operon is involved in bile salt metabolism was provided by demonstrating that recombinant BaiK catalyzed bile acid CoA transferase activity (Ridlon et al. 2012). The baiJ and baiL

genes were also shown to be bile acid-inducible and transcriptionally linked to baiK expression (Ridlon et al. 2012).

The rate-limiting bile acid 7-dehydration catalyzed by BaiE appears to recognize both free bile acid substrates as well as SCoA conjugates (Dawson et al. 1996). This is an energy-conserving reaction and therefore important to understand. Proper kinetic analysis of BaiF and BaiK as well as genetic knock out of these genes detect is needed to determine the importance of these gene products in CoA metabolism as well as substrate specificity in vivo.

BaiA: bile acid 3α -hydroxysteroid dehydrogenases

Several 27-kDa polypeptides appeared on denaturing 2D-gel following induction of cultures of C. scindens VPI 12708 (White et al. 1981). The baiA2 was located within the large bai polycistronic operon (Mallonee et al. 1990), sharing 92% amino acid sequence identity with deduced amino acid sequences from monocistronic copies baiA1 and baiA3, which are identical at the nucleotide level (Gopal-Srivastava et al. 1990). The baiA1 was subsequently cloned and overexpressed in E. coli (Mallonee et al. 1995). The amino acid sequence indicated that BaiA proteins are members of the short chain reductase/dehydrogenase family of proteins that include hydroxysteroid dehydrogenases. The partially purified recombinant BaiA1, purified native BaiB, [24-14C]CA, ATP, NAD+ or NADP+, and coenzyme A yielded a product consistent with [24-14C]3-oxocholyl~CoA (Mallonee et al. 1995). Kinetic analysis of purified recombinant BaiA1 with either cholyl~CoA or deoxycholyl~CoA and pyridine nucleotide revealed that coenzyme A conjugates are preferred substrates, as activity was not detected with unconjugated CA and DCA (Mallonee et al. 1995). These results are consistent with coenzyme A metabolism catalyzed by BaiB (ATPdependent) and BaiF/BaiK (ATP-independent) described above.

Both the apo (1.9 Å) and NAD(H) bound (2.0 Å) crystal structures of tetrameric BaiA2 from *C. scindens* VPI 12708 were reported along with steady state kinetic analysis with both unconjugated

C. scindens VPI12708 (3,983,052 bp) NAD(P)/FAD-depend ...2,489,154 bp formate C-acetyltransferase C. scindens ATCC 35704T (3,658,040 bp) NAD(P)/FAD-depe

Figure 5. Gene organization of bile acid- and steroid-metabolizing genes in C. scindens VPI 12708 and ATCC 35704. The complete genome from each strain has been deposited previously (Devendran et al. 2019, Olivos-Caicedo et al. 2023).

primary and secondary bile acids, glycine and taurine conjugates, as well as coenzyme A conjugates of primary and secondary bile acids (Bhowmik et al. 2014). Steady state kinetics indicated that NAD+ is the preferred cofactor, and the binary structure revealed steric and electrostatic hindrance of the 2'-phosphate on NADP+. Indeed, the E42A mutant showed improved utilization of NADP+

(Bhowmik et al. 2014). Catalytic efficiency between unconjugated primary and secondary bile acids was two orders of magnitude lower than for the coenzyme A conjugates (Bhowmik et al. 2014). Recognition of both cholyl~CoA and deoxycholyl~CoA also indicates that BaiA1 and BaiA2 may act in both the first and final redox steps in the pathway (Bhowmik et al. 2014). Interestingly, transcriptomic analysis of C. scindens ATCC 35704 induced with CA resulted in significant up-regulation of baiA1 and baiA2; however, induction with DCA resulted in downregulation of the baiBCDEA2FGHI operon, but upregulation of baiA1 (Devendran et al. 2019). Recent work combining in vitro heterologous expression of baiB, baiCD, baiE, baiA2, baiF, baiH, and baiI with integration of baiBCDEA2FHI in C. sporogenes, which lacks the pathway, demonstrated that these genes were both necessary and sufficient to convert CA to DCA (Funabashi et al. 2020). BaiA2 (or BaiA1) was found to be sufficient for the first and last redox steps in the formation of LCA from CDCA (Meibom et al. 2024). Future genetic studies will be needed to determine the relative roles of baiA1 and baiA2 in C. scindens.

BaiCD and BaiH: oxidoreductases that differentiate between 7-hydroxy epimers

Early speculations about the source of reducing equivalents utilized in bile acid biotransformations by C. scindens were based on NADH-dependent flavin oxidoreductase activity (NADH:FOR) that provides reduced flavins for the 21-dehydroxylation of deoxycorticosterone (Feighner et al. 1979). This prompted Lipsky and Hylemon to partially purify NADH:FOR from C. scindens VPI 12708 (Lipsky et al. 1980). Interestingly, the NADH:FOR that was characterized was shown to be induced by CA but not DCA (Lipsky et al. 1980). In 1993, Franklund and colleagues purified the native NADH:FOR 372-fold to apparent electrophoretic homogeneity with subunit and native molecular weight estimates of 72 and 210 kDa, respectively (Franklund et al. 1993). The N-terminus of the polypeptide was sequenced, and an oligonucleotide was synthesized, allowing the gene to be mapped on the bai operon (Franklund et al. 1993). The gene was named "baiH," and multiplesequence alignment against characterized homologs indicated that this polypeptide contains a conserved Fe-S center and flavinbinding site. Soon after, Baron and Hylemon cloned and heterologously expressed the baiH gene in E. coli (Baron et al. 1995). Each subunit of the purified recombinant BaiH contained 2 mol iron, 1 mol copper, and 1 mol FAD. It was determined during this work that the BaiH and BaiCD were paralogs and may catalyze a similar reaction, at the time, maintaining the cellular ratio of NAD+/NADH.

As the oxidative branch of the pathway became clearer, there were two steps involving oxidation of the C4-C5 in both CA/CDCA (7 α -hydroxy) and UDCA (7 β -hydroxy) prior to the rate-limiting bile acid 7α -dehydration (BaiE) and 7β -dehydration (BaiI?), respectively. The hypothesis was tested that baiCD and baiH encode stereospecific enzymes catalyzing oxidation of C4-C5 of 3-oxo-CDCA or 3-oxo-UDCA by detecting product formation after TLC and LC/MS following incubation with each recombinant enzyme (Kang et al. 2008). It was determined that the baiCD gene encodes a stereo-specific NAD(H)-dependent 7a-hydroxy-3-oxo- Δ^4 cholenoic acid oxidoreductase, and the baiH gene encodes a stereospecific NAD(H)-dependent 7β -hydroxy-3-oxo- Δ^4 -cholenoic acid oxidoreductase (Kang et al. 2008).

Subsequent work determined that baiH and baiCD gene products also function in the reductive arm of the Hylemon-Björkhem Pathway during the conversion of CA to DCA (Funabashi et al. 2020). The BaiH functions as the elusive $\Delta^{6}\text{-reductase}$ of Samuelsson and Bergström, but whose substrate is 3-dehydro-4,6deoxycholate and/or 3-dehydro-4,6-deoxycholyl~SCoA (Ridlon et al. 2023). There is clear economy in this pathway as baiA, baiCD, and, in cases, baiH function in two separate steps with analogous substrates, thus reducing the number of genes required (Fig. 4).

The structure and catalytic mechanism of the rate-limiting bile acid 7α-dehydratase encoded by the baiE gene

In 1981, the results of one- and two-dimensional SDS-PAGE of CAinduced vs. uninduced cell extracts from C. scindens VPI 12708 indicated the formation of at least five induced polypeptides, including one estimated at M_r 23.5 kDa (White et al. 1981). Cloning and nucleotide sequencing of the baiBCDEAF genes followed by purification and N-terminal sequencing of the 23.5-kDa polypeptide resulted in identifying this polypeptide as the product of the baiE gene (deduced $M_r = 19.5$ kDa), although the function was not known (Mallonee et al. 1990). Around this time, intermediates in the complex biochemical pathway resulting in conversion of CA to DCA were identified and determined by a collaborative effort between the microbiologist, Phillip Hylemon, and the bile acid chemist, Ingemar Björkhem (see Fig. 1 for their photos) (Hylemon et al. 1991). Thus, it was known that the substrate for the bile acid 7a-dehydratase derived from CA is 7a-,12a-dihydroxyl-3-dehydro-4-cholenoic acid and the product is 12a-hydroxy-3-dehydro-4,6choldienoic acid (Hylemon et al. 1991).

In 1996, it was reported that the baiE gene product was purified after heterologous expression in E. coli and demonstrated to encode the bile acid 7α -dehydratase (Dawson et al. 1996). The BaiE shares few primary sequence homologs, and early attempts to identify homologs began with collaborative efforts between Phillip Hylemon and Alexey Murzin of the MRC Laboratory of Molecular Biology at Cambridge University in the early 2000s (Ridlon et al. 2006). The computational model was based on secondary structural alignments between BaiE and scylatone dehydratase, nuclear transport factor 2, and steroid $\Delta^{5}\text{-isomerase,}$ whose structures had been solved. The substrate, 7a-,12a-dihydroxyl-3dehydro-4-cholenoic acid, was modeled into the active-site, and the model originally reported in 2006 was confirmed following crystallization by Scott A. Lesley's laboratory at the Scripps Institute, and site-directed mutagenesis of predicted active-site amino acids by the Hylemon lab (Bhowmik et al. 2016).

The BaiE structure from C. scindens, C. hylemonae, and Peptacetobacter hiranonis (formerly Clostridium hiranonis and renamed in 2020) were coupled with size-exclusion chromatography revealing a trimeric quaternary structure, the monomers are composed of a single domain with characteristic $\alpha + \beta$ barrel fold of the nuclear transcription factor 2-like superfamily of proteins and are linked together partly via divalent ion-His coordination (Fig. 6A and B) (Bhowmik et al. 2016). A co-crystal between BaiE and the product 3-dehydro-4,6-lithocholyl~CoA confirmed simulated docking experiments indicating substrate interactions with catalytic residues Y30, H83, R146, Y126, and D106 (Fig. 6C). The coenzyme A moiety is presumed to extend into bulk solvent but appears to be important in catalysis with \sim 10-fold higher catalytic efficiency. The co-crystal also revealed a novel extended pocket that was not predicted in the computational model in which a loop (residues 48-63) forms the extended pocket. Based on activesite architecture and site-directed mutagenesis data, a catalytic mechanism has been proposed. Y30 acts as a general acid (assisted by Y126) facilitating the delocalization of π -electrons between C3, C4, C5, and C6. Y30 is predicted to protonate the oxyanion on the bile acid C3-oxo group, stabilizing the negative charge. H83 is positioned to abstract the destabilized 6aH and protonate the leaving C7-hydroxyl group. D35 is important for maintaining the pKa of H83 ensuring the release of a water molecule (Fig. 6D) (Bhowmik et al. 2016).

The baiE gene represents a key target for gene knockout of 7adehydroxylating activity against CDCA and CA since this repre-

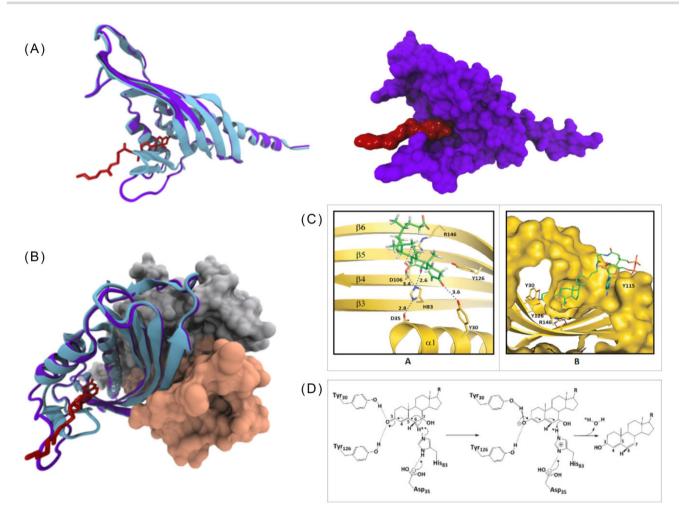


Figure 6. Structure and catalytic mechanism of BaiE, the bile acid 7\alpha-dehydratase. (A) Visual Molecular Dynamics (VMD) Model of BaiE, a potential drug target, and rate-limiting enzyme responsible for the formation of toxic and cancer-causing bile acids. Left: Ribbon diagram of Ligand-bound subunit (purple) is overlaid with apo-enzyme (cyan). Bile acid ligand displayed in red. Right: Monomeric space-filling subunit structure of BaiE from P. hiranonis (purple) with bile acid ligand (red). (B) Trimeric native form of BaiE from P. hiranonis with mixed ribbon and space-filling subunits. Ligand-bound subunit (purple) is overlaid with apo-enzyme (cyan). Bile acid ligand displayed in red. (C) Left: Probable productive binding mode of 3-oxo-Δ⁴-CDCA. Blue dashed lines and adjacent numbers are predicted interaction of His83 with C7-OH and C6 atoms and Y30-OH group with C3-oxo atom of 3-oxo- Δ^4 -CDCA. The 6α -H closest to H83 colored magenta, and 6β -H away from H83-N ϵ 2 atom colored brown. Right: Predicted stacking interaction involving the adenine group of the coenzyme (CoA) moiety of 3-oxo- Δ^4 -CDCA \sim SCoA with Y115. The key interaction of the bile acid moiety of the docked CoA-bile acid ester with the active site residues is like what is predicted in left panel. Carbon atoms of protein residues and product molecules are colored gold and green, respectively. H, O, N, P, and S atoms are colored gray, red, blue, orange, and olive, respectively. (D) Proposed mechanism of catalysis by BaiE. Y30 acts as a general acid protonating C3-oxyanion, stabilizing negative charge, and potentiating electron shift, destabilizing C6-6αH. H83, stabilized by D35, acts as a general base, executing deprotonation and ensuring protonation reaction with the subsequent release of water. Figure modified from previously published work (Bhowmik et al. 2016). Images in A and B courtesy of Prof. Rafael C. Bernardi, Auburn University.

sents the only irreversible step in the pathway following transport (Fig. 4). So far, a genetic system for C. scindens has not been reported. The BaiE may also represent a drug target to inhibit the formation of hydrophobic bile acids DCA and LCA, particularly since bacteria encoding the bai pathway are rare in the gut microbiome. Interestingly, a 7α -hydroxysteroid dehydratase Hsh2 that has a function in aerobic soil bacterial degradation of bile acids similar to BaiE in generation of 3-dehydro-4,6-intermediates has been identified indicating that the 7-dehydroxylation of bile acids occurs in both the anaerobic GI tract as well as aerobic soil environments (Feller et al. 2021).

Bile acid 7β -dehydratase

Intact cells and cell-free extracts of C. scindens have been shown previously to catalyze the conversion of the 7β -hydroxy bile acid ursodeoxycholic acid (UDCA) to LCA (White et al. 1982). The addition of NAD⁺ stimulated activity in cell extracts, and 7β dehydratase activity against UDCA was CA-inducible (White et al. 1982). In this study, both 7a- and 7β -dehydratase activities were inactivated by heating to 45°C, and both co-eluted in a single peak at 114 kDa. This suggested that either the enzymes are of the same size and stability, or that a single enzyme recognizes both C7-hydroxyl bile acid stereoisomers. However, when the baiE was later expressed and both C7-hydroxyl bile acid stereoisomers were tested, it was clear that BaiE did not recognize 7β -hydroxylated substrates (Dawson et al. 1996). In addition, the oxidation step prior to 7a- and 7β -dehydroxylation required two stereospecific enzymes encoded by baiCD (7 α -hydroxy specific) and baiH (7 β hydroxy specific) genes (Kang et al. 2008). Indeed, at the time the BaiE was first characterized, the baiBCDEAFGHI operon had been cloned and sequenced, and the deduced amino acid sequence of bail indicated that this protein shares both the same SnoaL_4

protein superfamily and subunit M_r which, if this enzyme exists as a trimer, would explain the co-elution observed in an earlier study (White et al. 1982). Bile acid 7α - and 7β -dehydroxylating activities are both induced by CA and to a lesser extent by CDCA, but not by UDCA. This is also true of bile acid induction of the baiBCDEAFGHI polycistronic mRNA (White et al. 1988).

An alternative hypothesis is that a 7β -dehydratase is not necessary for the 7β -dehydroxylation of UDCA since C. scindens encodes NADP+-dependent 7a-HSDH, provided that this bacterium also encodes NAD(P)+-dependent 7 β -HSDH. In this scheme, UDCA could be oxidized to 7-dehydro-LCA and reduced to CDCA. CDCA could then be 7a-dehydroxylated by the bai operon, including the rate-limiting 7a-dehydration by BaiE. Studies examining bile acid metabolism of CDCA and CA by intact cells and cell-free extracts have not identified detectable accumulation of 7β -hydroxylated intermediates. This suggests that C. scindens does not encode NAD(P)⁺-dependent 7β -HSDH. Taken together, the more parsimonious explanation is that the bail gene encodes a bile acid 7β dehydratase, although this has yet to be confirmed empirically to

Flavoproteins involved in the "reductive arm" of DCA production

The removal of the $7\alpha/\beta$ -hydroxyl group results in formation of a stable 3-dehydro-4,6-choldienoic acid intermediate (Hylemon et al. 1991). Three sequential reductions have been hypothesized, requiring flavoproteins for reduction of ring A (C_4-C_5) and ring B (C_6-C_7) in addition to pyridine nucleotide-dependent 3a-HSDH. In support of this, reduced flavins stimulated bile acid 7α -dehydroxylation in cell-free extracts of C. scindens VPI 12708 (White et al. 1983). While work on the bai regulon progressed from the 1980s to 2000s allowing more detailed understanding of oxidative steps in the pathway from bile acid transport (baiG) to the rate-limiting 7α-dehydration step (baiΕ), progress on the reductive arm of the pathway has only been made recently. In 2018, a flavoprotein was identified among a list of flavin-dependent enzymes in the genome of C. scindens ATCC 35704 that was annotated as a flavin-dependent "squalene desaturase," involved in binding a precursor of cholesterol biosynthesis (Harris et al. 2018a). A homolog of this gene was also identified in all strains of C. scindens characterized to date (Olivos-Caicedo et al. 2025) and other bile acid 7α-dehydroxylating bacteria indicating that this is a candidate 5β -reductase.

The Hylemon-Björkhem model for bile acid dehydroxylation was based on the accumulation of radiolabeled CA intermediates extracted after incubation with cell extracts of C. scindens VPI 12708 (Hylemon et al. 1991). In this study, 3-dehydro-4-DCA and 3-dehydro-4,6-DCA intermediates were detected, which co-migrated, and must be separated by argentation chromatography. It was hypothesized that two flavoproteins would be necessary to catalyze C4-C5 followed by C6-C7 reduction (Hylemon et al. 1991). Incubation of the purified recombinant 45.4-kDa flavoprotein with 3-dehydro-DCA under aerobic conditions resulted in formation of product irrespective of pyridine nucleotide addition (Harris et al. 2018a). This is suspected to be due to auto-oxidation of the bound flavin. However, the protein was relatively unstable and precipitates after only a few hours following affinity purification. Another study concluded that BaiN was not required for conversion of CDCA to LCA; however, it is not clear that the purified enzyme was active when applied to the multi-enzyme in vitro assay in this study for the reasons mentioned (Meibom et al. 2024). In our study, the enzyme-catalyzed reaction product was observed

from multiple enzyme preparations both in the Ridlon lab at the University of Illinois and the Hylemon lab at VCU. The product was subjected to LC/MS-IT-TOF analysis, and we expected a loss of two atomic mass units but observed a loss of four. This appears to indicate that a single enzyme may be sufficient for conversion of 3-dehydro-4,6-DCA (product of BaiE) to 3-dehydro-4-DCA and then to 3-dehydro-DCA (Harris et al. 2018a). These same reactions were shown to be catalyzed by BaiH and BaiCD (Funabashi et al. 2020). A study by Meibom et al. (2024) indicates that BaiP (they refer to as BaiO) (but not BaiJ) also catalyzes a two-step reduction from 3-dehydro-4,6-LCA to 3-dehydro-4-LCA and then to 3-dehydro-LCA (Fig. 4).

A recent approach of combining recombinant baiBCDEAFH enzymes in vitro and engineering the bai operon into the chromosome of C. sporogenes suggests that the baiBCDEAFGH genes are needed for conversion of CA to DCA (Funabashi et al. 2020). Taken together, in the case of conversion of CA to DCA, the baiCD functions in both the second oxidative and second to last reductive step, and the baiH function in the first reductive step in the pathway. Further research is needed in order to determine the relative contribution of flavoproteins encoded by baiN, baiCD, and baiH to the reductive and oxidative arms of the pathway.

Final enzymatic steps and secondary bile acid export

Following reduction of C₄-C₅ and C₆-C₇, the 3-keto group is reduced, and the bile acid exported from the cell. There is still uncertainty regarding the point in the pathway in which the BaiF and BaiK transfer CoA. There is reason to think that CoA-transfer occurs after the rate-limiting 7a-dehydration catalyzed by BaiE or Bail. The Bail recognizes substrates irrespective of CoA conjugation, the CoA moiety protrudes from the active site into bulk solvent (Bhowmik et al. 2014). Earlier studies indicated that 3-oxo-4-DCA, a metabolite downstream from 7-dehydration, is linked to what appears to be CoA (Coleman et al. 1987). Identifying the major metabolite(s) that are CoA-conjugated may be settled by LC/MS analysis at various time points of quenched cell extracts from CA-induced C. scindens intact cells following addition of CA.

The final oxidation step, conversion of 3-oxo-DCA(~SCoA) or 3-oxo-LCA(~SCoA) to DCA(~SCoA) or LCA(~SCoA), is expected to proceed via an NAD(P)H-dependent HSDH. A recent study (Heinken et al. 2019) of bile acid-metabolizing genes in stool metagenomes from patients with inflammatory bowel disease versus healthy age-matched control stool samples suggested a candidate gene for this step in the pathway, naming it the baiO (CLOSCI_00 522). The gene itself encodes a putative 62-kDa flavoprotein, which is directly downstream of the baiN that we recently reported (Harris et al. 2018a) encodes a flavoprotein involved in reduction of C₄-C₅ and C₆-C₇. Biochemical characterization of the 62-kDa flavoprotein has not been reported, but the rationale for naming this gene baiO is that bacteria often cluster genes involved in particular pathways together, and because this gene is clustered with the baiN and based on annotation utilizes pyridine nucleotide, it is probable that this enzyme catalyzes the only oxidative step for which there is yet no known enzyme (Heinken et al. 2019). So far, bacterial HSDHs are found in the short or medium chain dehydrogenase families as well as the aldoketo reductase family, which does not utilize flavins. These enzymes range in subunit size typically from 25 to 37 kDa. While this does not exclude the predicted baiO, it would suggest this gene would be an exception to the rule in terms of genes that gut microbes have evolved to metabolize diverse bile acid and steroid hydroxyl/carbonyl groups. Subsequent to the report by Heinken et al. (2019), we overexpressed the recombinant "baiO"

and tested E. coli BL21(DE3) in resting cell assays and did not observe any metabolism of 3-dehydro-DCA or 3-dehydro-LCA, and we observed no reduction of 3-dehydro-4-DCA or 3-dehydro-4-LCA (Lee et al. 2022).

The most probable candidate for the final reductive step is that one or both copies of the baiA (baiA1 and baiA2) act in both the oxidative arm and the reductive arm. Kinetic analysis of BaiA1 and BaiA2 suggests this is the likely scenario, as the enzymes recognized 3-oxo-CA~CoA and 3-oxo-DCA~CoA to about the same extent. In our recent in vitro transcriptome analysis of C. scindens ATCC 35704 (Devendran et al. 2019), we reported that CA led to the induction of both copies of baiA; however, DCA addition significantly down-regulated the baiBCDEAFGHI operon, but the baiA1 gene was significantly up-regulated by DCA. This may indicate that the baiA1 gene is important in the last reductive step of the

The export of toxic secondary bile acids is likely facilitated by an ABC transporter such as a multi-drug efflux pump (Fig. 4). A separate argument was made for the identity of the bile acid efflux pump. The reasoning behind searching for a shared export protein between C. scindens and Eggerthella lenta is based on the assumption that both encode bai operons and produce DCA. Putative baiN and baiO orthologs (Elen_1017 and 1018) were identified by BLAST, sharing 32% and 45% amino acid identity, respectively. Upstream of these genes is a putative transport protein (Elen_1016), which when BLAST searched against the C. scindens genome revealed an ortholog (CLOSCI_01 264) that shared 59% protein identity. This gene was provisionally named the baiP on the basis of this sequence comparison alone (Heinken et al. 2019). One difficulty with this hypothesis is that E. lenta encodes a "bai-like operon" and has been repeatedly shown to oxidize and epimerize bile acid hydroxyl groups but lacks bile acid 7a-dehydroxylating activity.

Formation of allo-secondary bile acids by C. scindens

While the adult human liver generates two primary bile acids, CDCA and CA, there is great diversity in bile acid structure among vertebrates (Hofmann et al. 2010). Nine [24–14C]CA intermediates were identified after incubation with cell-free extracts of CAinduced intact cells of C. scindens VPI 12708 (Hylemon et al. 1991). Each metabolite was identified by characterization with stereospecific 3α -, 7α -, 12α -, and 3β -HSDH enzymes, relative migration on TLC and HPLC against known bile acid standards, and GLC/MS analysis (Hylemon et al. 1991). Two unknown metabolites were identified. Each metabolite had similar, but not identical migration with DCA and 3-dehydroDCA, respectively. Since the HSDH panel showed identical patterns with DCA and 3-dehydroDCA, GLC-MS was required to identify the compounds in question. GLC retention time and mass spectra of the unknown compounds were identical to allo-DCA and allo-3-dehydro-DCA, respectively. Once identified, the [24–14C]CA metabolites were then chemically synthesized, individually added to cell extracts of CA-induced intact cells of C. scindens VPI 12708 and shown to be converted to DCA or allo-DCA (Hylemon et al. 1991). Thus, while hepatocytes are capable of generating primary allo-bile acids (e.g. allo-CA and allo-CDCA) (Shiffka et al. 2017, Shiffka et al. 2020), allo-secondary bile acids appear to be end-products of microbial bile acid 7adehydroxylation. Whether hepatocytes can convert DCA to alloDCA has not been addressed to our knowledge.

[24–14C]alloDCA is formed in cell-free extracts of C. scindens VPI 12708 on the order of 4 micromolar (Hylemon et al. 1991), but typically when intact cells of C. scindens strains are induced and bile acids extracted from the spent medium, conversion to alloDCA is minimal if observed at all. A DM recently developed for the cultivation of C. scindens ATCC 35704 has been used to assess the transcriptional profiles to the bile acids CA and DCA (Devendran et al. 2019). One of the observations was induction $3.82 \log_2 FC$ (FDR = 5.35E-26) by CA, but not DCA, of an uncharacterized flavoprotein (HDCHBGLK_03 451). In a subsequent study (Lee et al. 2022), HDCHBGLK_03451 was cloned and the recombinant enzyme expressed in E. coli. It was determined that resting cells expressing HDCHBGLK_03 451 yielded the bile acid product 3-dehydro-alloDCA from 3-dehydro-4-DCA and 3-dehydroalloLCA from 3-dehydro-4-LCA. When co-expressed with baiA2, 3dehydro-4-DCA was converted to alloDCA, and 3-dehydro-4-LCA was converted to alloLCA. We suggested the name bail for HDCH-BGLK_03451. Phylogenetic analysis of BaiP revealed a separate, but closely related gene cluster that contained the bail gene product, whose function was unknown, from C. scindens VPI 12708 and C. hylemonae TN271. We expressed the bail in E. coli and determined that BaiJ had bile acid 5a-reductase activity similar to BaiP (Lee et al. 2022) (Figs. 4 and 5). Thus, the genes encoding remaining enzymes in the Hylemon–Björkhem pathway involved in secondary allo-bile acid formation have been identified.

Function of bile acid 7α-HSDH and 12α-HSDH

The reversible oxidation and reduction of bile acid hydroxyl groups is a phenotype harbored by diverse gut microbiota (Doden et al. 2021). Consequently, C. scindens must be capable of reducing oxidized bile acid hydroxyl groups (Fig. 7). A constitutively expressed, native NADP(H)-dependent 7a-HSDH was purified to electrophoretic homogeneity from C. scindens V.P.I. 12708 (Baron et al. 1991). The enzyme is a tetramer with a subunit mass of 32 kDa. The N-terminal sequence suggested that the enzyme was in the short chain dehydrogenase/reductase (SDR) family of enzymes. A reverse genetic approach was then used to synthesize a probe to locate and clone the gene using Southern blot. The gene encoding NADP+-dependent 7a-HSDH was cloned and overexpressed in E. coli and was shown to have similar subunit molecular mass, kinetic properties, and substrate specificity with the native enzyme (Baron et al. 1991). The -10 and -30 elements are distinct from conserved bai promoter region, and homologous to the constitutive promoter controlling expression of NAD⁺-dependent 7α-HSDH from E. coli (Baron et al. 1991). Indeed, 7a-HSDH is widely encoded in diverse taxa in the gut environment, and 7-dehydro-bile acid derivatives are detected in stool (Ridlon et al. 2006). The oxidized bile acid product (7-dehydro-DCA) of CA is not a substrate for the BaiE (Dawson et al. 1996). The bai pathway oxidative steps utilize the NAD+/NADH pool, while NADP+-dependent 7α-HSDH utilizes NADP+/NADPH as co-substrate (White et al. 1983, Baron et al. 1991). Taken together, the NADP+-dependent 7a-HSDH appears to represent a regulatory pathway that can "switch" CA and CDCA "off" through oxidation and "on" through reduction, allowing the 7α-hydroxyl group to be removed and the redox potential of the cell to be rapidly balanced.

An early study provided a major clue to the potential of bile acid 7a-dehydroxylating bacteria, including C. scindens, to oxidize/dehydrogenate the 12a-hydroxyl group of CA derivatives (Masuda et al. 1983). Aerobic incubation of intact cells of strain HD-17 (P. hiranonis) resulted in abolition of bile acid 7α -dehydroxylation and instead conversion first to 7-oxo-DCA followed by formation of 7,12-dioxo-cholanoic acid (Masuda et al. 1983). A few years prior to this study, a 12a-HSDH was partially purified and characterized from Clostridium group P C48-50 ATCC 29733

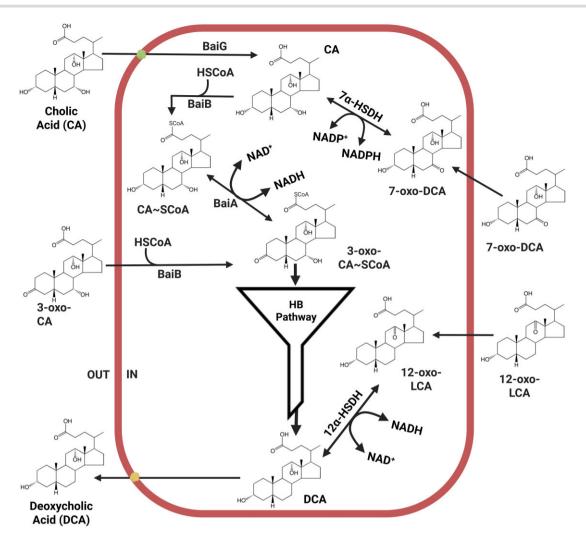


Figure 7. Bile acid oxidoreduction by C. scindens. While CA is known to be transported by BaiG, it is assumed that oxo-bile acids are also recognized by this transporter, but this has yet to be determined. The import of 3-oxo-CA (or 3-oxo-CDCA) is predicted to be ligated to coenzyme A by BaiB and funneled into the Hylemon-Björkhem (HB) pathway and converted to DCA. 7-oxo-DCA has been shown to be converted to CA by NADPH-dependent 7α-HSDH (Baron et al. 1991). CA is then ligated to coenzyme A by BaiB and oxidized to 3-oxo-CA~SCOA by the BaiA (NADH-dependent 3α-HSDH) (Bhowmik et al. 2014). 12-oxo-LCA is converted to DCA by NADH-dependent 12α -HSDH (Doden et al. 2018).

(Mahony et al. 1977, Macdonald et al. 1979b). The nucleotide and amino acid sequences were reported in 2011 in a patent (Aigner et al. 2011). From this sequence, a gene was identified in C. scindens, C. hylemonae, and P. hiranonis based on phylogenetic analysis to the 12a-HSDH from Clostridium group P C48-50 ATCC 29733 (Kisiela et al. 2012). Biochemical confirmation of 12a-HSDH activity in bile acid 7a-dehydroxylating bacteria was subsequently reported by our group (Doden et al. 2018). Recombinant 12a-HSDHs displayed an order of magnitude lower activity toward 12-dehydro-CDCA relative to 12-dehydro-LCA (Doden et al. 2018). Catalytic efficiencies (K_m/K_{cat}) were \sim 3-fold greater in the reductive direction, with substrate-specificities. Marion et al. (2019) confirmed prior studies characterizing 12a-HSDH activity in bile acid 7a-dehydroxylating bacteria. Lysozyme-treated pellets of C. scindens ATCC 35704 incubated with CA resulted in accumulation of 12-dehydro-lithocholic acid. Anaerobic cell-free extracts and intact cells rapidly reduced 12-oxo-LCA to DCA in vitro (Marion et al. 2019).

In addition, expressed recombinant proteins identified in the phylogeny were shown to have NADP+-dependent 12α-HSDH activity (Doden et al. 2018). Interestingly, substrate-specificity favored DCA over CA and the reductive direction. Our phylogenetic analysis and functional characterization of 12a-HSDHs from E. lenta indicate that 12a-HSDH activity is widespread in the gut microbiota and may favor the oxidative direction (Doden et al. 2018, Harris et al. 2018b, Mythen et al. 2018). Ian MacDonald (see Fig. 1 for his picture) was a pioneer in the study of HSDH enzymes from E. lenta (Macdonald et al. 1977, Macdonald 1978, Macdonald et al. 1979a). Studies of bile acid hydrophobicity and toxicity indicate that 12-dehydro-LCA is intermediate in hydrophobicity between CA and DCA as well as in toxicity toward Gram-negative bacteria (Watanabe et al. 2017). Collectively, this suggests that bile acid 7α-dehydroxylating bacteria utilize 12α-HSDH to maintain toxic concentrations of DCA. This is in contrast to other bacteria that have evolved the ability to oxidize DCA to 12-dehydro-LCA in order to reduce toxicity. Genetic mutants of these enzymes and in vivo studies will be necessary to test this hypothesis.

Physiological responses of C. scindens to bile acids

While much of the work on C. scindens has been at the level of the bai regulon, recent work has sought to understand how bile acids affect global gene expression in C. scindens and host-microbe

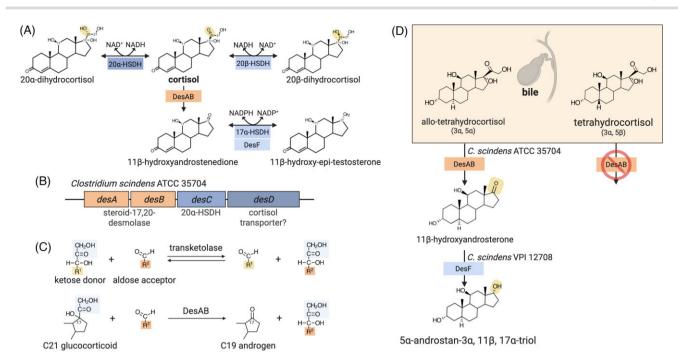


Figure 8. The steroid-17,20-desmolase pathway in host associated bacteria, including C. scindens. (A) 20\alpha-dihydrocortisol is converted to cortisol by DesC (NADH-dependent 20α-HSDH) and cortisol to 11β-hydroxyandrostenedione by DesAB (steroid-17,20-desmolase) encoded by C. scindens ATCC 35704 (Ridlon et al. 2013, Devendran et al. 2018). 20β-dihydrocortisol is not a substrate for C. scindens; however, organisms such as B. desmolans, C. cadavaris, and P. lymphophilum express DesE, an NADH-dependent 20β -HSDH (Devendran et al. 2017). 11β -hydroxyandrostenedione is converted by 17α -HSDH to 11β -hydroxy-epi-testosterone encoded by C. scindens VPI 12708 (de Prada et al. 1994). (B) Gene cluster desABCD encoding steroid-17,20-desmolase (DesAB), DesC (NADH-dependent 20α-HSDH), and a putative cortisol transport protein (DesD) in C. scindens ATCC 35704 (Ridlon et al. 2013). (C) The desA and desB genes encode predicted N-terminal and C-terminal transketolases. An analogous reaction is predicted between sugar transketolation and steroid-17,20-desmolase. (D) The host liver reduces cortisol to tetrahydrocortisol or allotetrahydrocortiol, some of which undergoes enterohepatic circulation via the bile. Clostridium scindens is capable of recognizing allotetrahydrocortisol, converting this to 11β-hydroxyandrosterone. We recently discovered that C. scindens VPI 12708 encodes the desF gene, which converts 17-keto androstanes to derivatives of epitestosterone. Epitestosterone and the 5α -reduced derivative of epiT (5α -dihydroepiT) have been shown to be an androgen receptor agonist (Schiffer et al. 2024). Modified from previously published work (Ly et al. 2021).

and microbe-microbe interactions in animal models. We recently performed RNA-Seq analysis of rRNA-depleted total RNA from C. scindens ATCC 35704 cultivated in our recently developed DM and compared this with DM supplemented with either 0.1 mM CA or 0.1 mM DCA (Devendran et al. 2019). We identified a total of 1430 genes significantly differentially regulated by CA. There were 697 genes upregulated, and 733 genes downregulated. DCA upregulated 684 genes and downregulated 1033 genes. There were 897 genes shared between CA and DCA, while 278 were unique to CA and 207 unique to DCA. Clusters of orthologous groups altered by DCA included energy conservation/metabolism (group C), and unknown function (group S), while CA altered group C and downregulated replication and repair (Group L) (Devendran et al. 2019). The bai genes were among the most highly expressed in the presence of CA but downregulated significantly by DCA relative to control. One exception was the baiA1, which was induced by DCA, perhaps suggesting this copy of the 3α -HSDH is involved in the final oxidative step in the pathway leading to conversion of 3-dehydro-DCA to DCA (Bhowmik et al. 2014, Devendran et al. 2019).

We also recently characterized a novel isolate from pig feces designated C. scindens strain BL-389-WT-3D (DSM 100975) (Wylensek et al. 2020). The genome was sequenced and closed using a combination of Oxford Nanopore and Illumina sequencing. Of the 3655 predicted protein-encoding genes in DSM 100975, 2966 genes were shared with C. scindens ATCC 35704. Genes that were unique to each strain appear to be composed largely of phage and mobile genetic elements, indicating the acquisition of distinct mobile elements unique to their respective host environments (Wylensek et al. 2020). Interestingly, the pig isolate did not grow in the DM developed for ATCC 35704, indicating additional growth requirements. We performed bile acid induction with CA and DCA in peptone yeast fructose (PYF) medium. The organization of the bai polycistronic operon in C. scindens DSM 100975 was nearly identical to human isolates ATCC 35704 and VPI 12708 except that there is a single ORF of unknown function inserted between baiH and baiI (Wylensek et al. 2020). RNA-Seq analysis indicates global transcriptional changes in the presence of bile acids (1393 genes upregulated by CA, 1336 downregulated), with significant upregulation of bai polycistronic genes by CA, but not DCA. The baiN gene in both ATCC 35704 and DSM 100975 was constitutive in the former but downregulated in the latter.

Bile acids induce expression of the well-studied multidrug efflux pump encoded by acrAB genes in E. coli (Rosenberg et al. 2003). It would be expected that the candidate bile acid efflux pump in C. scindens, which lacks acrAB homologs, would be induced by bile acids. Our recent transcriptome analysis of C. scindens ATCC 35704 identified several candidates, including multidrug export permease yaaD homolog (HDCHBGLK_00878), ABC transporter yxlF (HDCHBGLK_01721), and multidrug resistance protein 3 (HDCHBGLK_02 921) (Devendran et al. 2019). Future biochemical and/or genetic work will be required to determine the identity of the bile acid efflux pump(s) in C. scindens.

Side-chain metabolism of cortisol

Clostridium scindens ATCC 35704 was originally selected and isolated based on steroid-17,20-desmolase activity (CeroneMcLernon et al. 1981, Bokkenheuser et al. 1984, Morris et al. 1985). Intact cells and partially purified cell extracts of *C. scindens* ATCC 35704 exhibited cortisol-inducible steroid-17,20-desmolase as well as NADH-dependent 20a-HSDH activities (Fig. 8A) (Krafft et al. 1987). Substrates for both steroid-17,20-desmolase and 20a-HSDH were reported to have an absolute requirement for adrenocorticoids with 17a,21-dihydroxy groups (Krafft et al. 1989).

In 2007, a draft genome of C. scindens ATCC 35704 became available on NCBI as part of the Human Microbiome Project (BioSample: SAMN00627066). Thereafter, we reported the first transcriptome analysis for C. scindens ATCC 35704 following cortisolinduction (Ridlon et al. 2013). This approach resulted in identification of a gene cluster encoding steroid-17,20-desmolase (desAB) and NADH-dependent 20a-HSDH (desC) as well as a putative cortisol transporter (desD) (Fig. 8B) (Ridlon et al. 2013, Devendran et al. 2018). Whereas aerobic mammals encode P450 monooxygenases involved in steroid side-chain cleavage (Bloem et al. 2013, Schiffer et al. 2019), anaerobic gut bacteria appear to utilize a novel oxygen-independent steroid transketolase enzyme encoded by desAB genes (Fig. 8C) (Ridlon et al. 2013, Devendran et al. 2018).

Phylogenetic and sequence similarity networks based on the des AB genes in C. scindens ATCC 35704 resulted in identification of desAB genes in other taxa previously reported to express steroid-17,20-desmolase, namely Butyricicoccus desmolans (formerly Eubacterium desmolans) and Clostridium cadaveris (Bokkenheuser et al. 1986, Devendran et al. 2017, Ly et al. 2020). While C. scindens was reported to express cortisol 20a-HSDH activity, which we demonstrated was encoded by desC gene (Ridlon et al. 2013), B. desmolans and C. cadaveris were reported to express cortisol 20β-HSDH activity (Fig. 8A) (Bokkenheuser et al. 1986). We identified and characterized desE encoding 20\beta-HSDH in B. desmolans and C. cadaveris, which is clustered with desAB (Devendran et al. 2017, Doden et al. 2019). Sequence-based analysis has revealed that members of the urinary tract, such as Propionimicrobium (Propionibacterium) lymphophilum, also possess desABE genes (Ly et al. 2020). P. lymphophilum in the urinary has been shown to be correlated with prostate cancer (Shrestha et al. 2018). This unexpected observation led us to acquire, screen, and confirm metabolism of a range of endogenous and pharmaceutical glucocorticoids, several of which are therapeutic in prostate cancer such as prednisone and dexamethasone, by P. lymphophilum as well as C. scindens ATCC 35705 (Ly et al. 2020).

Metabolism of androstanes

Screening of over a dozen strains of C. scindens for steroid-17,20desmolase activity indicates that this function is rare in this species (Ridlon et al. 2013). Indeed, while C. scindens VPI 12708 lacks the ability to side-chain cleave cortisol, this strain expresses 17α-HSDH, which is predicted to convert the product of steroid-17,20-desmolase, 11β -hydroxyandrostenedione (110HAD), to 11β -hydroxy-epi-testosterone (Fig. 8A) (de Prada et al. 1994). Thus, important phenotypic differences exist relating to steroid metabolism between strains of C. scindens. de Prada et al. (1994) partially purified the native 17a-HSDH from androstenedioneinduced cultures of C. scindens VPI 12708 through ion exchange and affinity chromatography and then sequenced the N-terminus (de Prada et al. 1994). Almost 30 years later, we performed transcriptomic analysis of androstenedione-induced cultures of C. scindens VPI 12708 and identified a single gene that was significantly induced (GGADHKLB_RS03875; 3.07 log₂FC; FDR 0.0099) (Wang et al. 2025). We cloned GGADHKLB_RS03875, overexpressed and affinity purified the recombinant protein, and determined that this enzyme (DesF) converts 110HAD and androstenedione (AD) to 11β -hydroxy-epi-testosterone and epitestosterone (epiT), respectively, in an NADPH-dependent manner (Wang et al. 2025). We named the gene responsible for this enzyme desF (Fig. 8A and

Recently, our focus has been to determine potential effects of epiT formation on host physiology and health. EpiT has long been regarded as an "antiandrogen," a compound that antagonizes the nuclear androgen receptor (AR) (Maucher et al. 1994). However, we recently reported that epiT causes prolonged ARdependent proliferation of prostate cancer cell lines that harbor a mutant AR (LNCaP) and wild type AR (VCaP) (Wang et al. 2025). In addition, the steroid-17,20-desmolase pathway is capable of side-chain cleave prednisone, used to treat prostate cancer, to 1,4-androstenedione (AT) as well as the 17α -reduced form, epiAT (Wang et al. 2025). Addition of epiAT formed in spent medium by C. scindens VPI 12708 promoted significant proliferation of LNCaP cells. A recent study from Schiffer et al. (2024) also reports transactivation of AR by 5a-reduced epiT, further supporting a new function for epiT derivatives as androgens. Our previous work (Ly et al. 2020) indicates that DesAB recognizes allotetrahydrocortiol (5a-reduced) but not tetrahydrocortisol $(5\beta\text{-reduced})$ (Fig. 8D), and the DesF converts androstanedione to 5a-dihydroepitestosterone (Wang and Ridlon unpublished data). Furthermore, the drug abiraterone acetate (prescribed along with prednisone) is used to block adrenal androgen formation through the inhibition of host steroid-17,20-desmolase (CYP17A1) (Petrunak et al. 2023). Our results indicate that neither abiraterone acetate nor abiraterone is able to inhibit bacterial steroid-17,20-desmolase (Wang et al. 2025). We also measured fecal desF in patients currently on abiraterone acetate/prednisone that were responding (blood PSA levels stable) and when they became non-responsive (blood PSA levels rising) indicating androgens were increasing in tumors. We identified a subset of patients with fecal desF levels that significantly increased between hormone-sensitive prostate cancer who are not being treated to those non-responding to abiraterone acetate and prednisone treatment. A recent study also observed cortisol metabolism by C. scindens ATCC 35704 resulted in androgendependent LNCaP proliferation (Bui et al. 2023). Overall, these results indicate that C. scindens strains harboring des pathway genes may be important in prostate cancer progression, and potentially play a role in androgen-dependent physiological and pathophysiological processes.

Clostridium scindens and the in vivo environment

While our knowledge of the pangenome of C. scindens is moving forward rapidly, our understanding of the microbial ecology of C. scindens is woefully behind. It is now clear that C. scindens is among a handful of bacterial species with "high" conversion rates of CA to DCA and CDCA to LCA (Ridlon et al. 2023). That the bai operon, encoding enzymes in the Hylemon-Björkhem Pathway, is part of the core genome of C. scindens affirms the importance of bile acid metabolism for this resident bacterial species in the human gut. Yet, the concentrations of C. scindens are relatively low in the large intestine of healthy humans ($10^3-10^5\ g^{-1}$ wet weight), while a few logs higher in gallstone patients (10^5-10^7 g⁻¹ wet weight) (Berr et al. 1996). Nonetheless, even in low abundance, its potential to influence the health and well-being of the host should not be underestimated. Recent evidence indicates that host-range goes beyond humans, with C. scindens strains isolated from both rat (Song et al. 2021) and pig (Wylensek et al. 2020) indicating that C. scindens is likely common in mammalian GI tracts and expected to exert

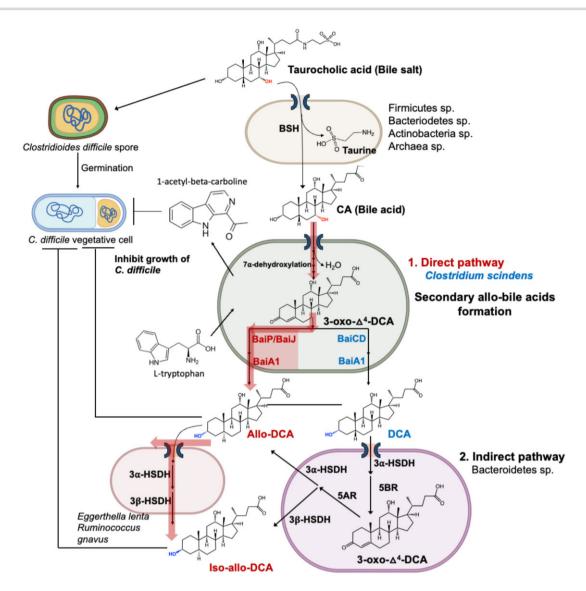


Figure 9. The role of bile acid and tryptophan metabolism in germination and vegetative growth of C. difficile. Taurocholic acid is deconjugated, mainly in the large intestine, by diverse gut microbial taxa. Free cholic acid is imported into a few species of Bacillota that harbor the bai regulon. Direct Pathway: After several oxidative steps and rate-limiting 7α -dehydration, 3-oxo- Δ^4 -DCA becomes a substrate for BaiCD forming DCA or BaiP/BaiJ forming alloDCA. Indirect Pathway: DCA is imported into Bacteroidetes strains that express 3α -HSDH and 5β -reductase (5BR), which converts DCA to $3-\infty$ o Δ^4 -DCA. Expression of 5α -reductase (5AR) and 3β -HSDH sequentially reduce $3-\infty$ - Δ^4 -DCA to iso-allo-DCA. Allo-DCA generated by Bacillota is also isomerized to iso-allo-DCA via 3α -HSDH and 3β -HSDH expressing strains of E. lenta and other taxa. While TCA is a germination factor for C. difficile, DCA and isoalloLCA have been shown to be inhibitory toward C. difficile vegetative growth in vitro and in vivo. Secondary bile acids, including DCA and allo-DCA, are associated with increased risk of CRC. In addition, C. scindens strains have been shown to convert L-tryptophan to 1-acetyl-\$\beta\$-carboline, which promotes synergistic inhibition of C. difficile in the presence of hydrophobic secondary bile acids (Kang et al. 2019). Modified from a previously published work (Lee et al. 2022).

important effects on production animals as well as companion animals through bile acid and hormone metabolism.

Recent studies have examined the biogeographical distribution of C. scindens ATCC 35705 in gnotobiotic mice colonized with the OligoMM¹², which harbors bacteria with bile salt hydrolase activity capable of forming free primary bile acids but lacks a member capable of bile acid 7α -dehydroxylation (Marion et al. 2020). Previous in vitro studies established that C. scindens ATCC 35704 is not capable of bile salt hydrolysis and requires a free C24 carboxyl group in order to carry out bile acid 7α-dehydroxylation (White et al. 1980). Interestingly, recent work suggests that C. scindens strains are capable of conjugating amino acids to bile acids, although the enzyme responsible for this is not clear (Guzior et al. 2024). Thus, in animals that are mono-colonized with C. scindens or in

defined consortia lacking bile salt hydrolase activity (Narushima et al. 1999), the fecal bile acid profile would match the germ-free condition consisting of primary bile acids conjugated with taurine. Also, unlike rodent gut microbiota, human gut bacteria have not been shown to be capable of $7\alpha/7\beta$ -dehydroxylating MCA (Sacquet et al. 1984, Ridlon et al. 2020); whereas rat feces isolates convert murideoxycholic acid (MDCA) to MCA (Eyssen et al. 1999).

Marion et al. (2019) used nanoscale secondary ion mass spectrometry (NanoSIMS) to quantify C. scindens cultures before oral gavage in medium with ¹⁵N-labeled nutrients. Isotopically labeled C. scindens cells were detected 9 h after gavage in the distal intestine. Clostridium scindens was present at 10^2 – 10^3 CFU g⁻¹ in the ileum and 10^4 – 10^7 CFU g⁻¹ in the cecum and colon at 24 h. These results are consistent with previous studies that report bile acid

 7α -dehydroxylating activity in the range of 10^3-10^7 per g⁻¹ wet weight human stool (Berr et al. 1996). In vivo colonization with OligoMM¹² and C. scindens resulted in a bile acid profile consistent with prior studies of germ-free mice "humanized" with patient stool (Berr et al. 1996) as well as the B3PC2 consortium, which contains the bile acid 7α -dehydroxylating bacteria C. hylemonae and P. hiranonis (Narushima et al. 2006, Ridlon et al. 2020, Wolf et al. 2021). Taurine-conjugated primary bile acids were deconjugated in the cecum; however, only CA was converted to the secondary product DCA. Murine primary bile acids were not converted to MDCA (Marion et al. 2019).

In a follow-up study, Marion et al. (2020) sought to determine the longitudinal distribution of bile salt biotransformation in the OligoMM¹² with and without C. scindens ATCC 35704 (Marion et al. 2020). Metaproteomics and bile acid metabolomics were applied to each intestinal compartment demonstrating that addition of C. scindens to OligoMM12 affected species distribution and bile salt metabolism along the small and large intestines. Clostridium scindens colonization in the OligoMM¹² consortium led to decreased bile salt deconjugation in ileum, less bile salt hydrolase abundance in the proteome, and increased tauro- β -muricholic acid ($T\beta$ MCA): β -MCA ratio. Low levels of tauro-DCA (TDCA) and tauro-MDCA (TMDCA) were detected in the liver, jejunum, and ileum only in mice colonized with C. scindens ATCC 35704. In the cecum and colon, C. scindens colonized mice exhibited DCA, LCA, MDCA, 12-dehydro-LCA, and 6-dehydro-alloLCA; whereas in the absence of C. scindens only oxo-primary bile acids were detected owing to HSDH enzymes expressed by OligoMM12 consortium members. These studies establish colonization biogeography with C. scindens ATCC 35704 and verify prior estimates of abundance and secondary bile acid production in vivo. Future studies are needed to understand the biology of C. scindens in the context of host-microbe and microbe-microbe interactions that determine colonization and abundance, and how these change with bile salt concentrations and dietary composition.

C. scindens ATCC 35704 has been shown recently to be capable of side-chain cleavage of glucocorticoid drugs such as dexamethasone and prednisone (Zimmermann et al. 2019, Ly et al. 2020). The side-chain cleavage product of prednisone was shown to stimulate growth of prostate cancer cells significantly greater than the most potent endogenous androgen, dihydrotestosterone (DHT; Ly et al. 2020). Zimmermann et al. (2019) demonstrated steroid-17,20-desmolase activity against dexamethasone both in vitro and in vivo. Mono-colonization of GF mice with C. scindens ATCC 35704 resulted in 10⁹ CFU g⁻¹ content in the colon. A sidechain cleavage product of dexamethasone was observed to accumulate significantly in cecum and serum of C. scindens ATCC 35704 mono-associated mice relative to control mice (Zimmermann et al. 2019). 11-oxy-androgens, such as those generated by C. scindens ATCC 35704, have been a topic of increasing interest in the endocrine field due to their potential to signal through the androgen receptor (Bloem et al. 2013, Swart et al. 2015). The importance of strains of C. scindens that express steroid-17,20-desmolase on host physiology has yet to be explored.

Interactions between C. scindens and C. difficile

Despite its relatively low abundance in the gut microbiome, C. scindens is likely to exert an inordinate role in maintaining microbiome structure through secondary bile acid production, and prevention of opportunistic pathogen colonization. Antibioticassociated diarrhea caused by C. difficile is a growing global health threat with > 450 000 infections and 29 000 death per year at a cost of roughly \$5 billion in the USA alone (Lessa et al. 2015). Hospitals are a major source of infection due to higher environmental loads of C. difficile spores coupled with a population having a greater probability of antibiotic use. Clostridioides difficile spores germinate in the gastrointestinal (GI) tract producing toxin A and B from secreting vegetative cells that cause symptoms ranging from diarrhea to severe colitis (Schnizlein et al. 2022). Metronidazole or vancomycin is used to initially treat C. difficile infection. However, 10%-40% of patients that are successfully treated relapse following the end of antimicrobial therapy (Schnizlein et al. 2022). Fecal microbiota transplants (FMT) from healthy donors have been shown to be highly effective in treating patients relapsing from C. difficile treatment, indicating re-establishment of normal microbial inhabitants is necessary to exclude C. difficile from the GI environment. Research efforts in recent years have focused on determining which gut microbial species are both necessary and sufficient to treat C. difficile infection, providing targeted, defined probiotic alternatives to FMT (Lavoie et al. 2023).

Bile acids are thought to be central to C. difficile germination (Fig. 9). Indeed, C. difficile spores require 12a-hydroxylated bile acids, principally taurocholic acid (TCA) to germinate in vitro (Sorg et al. 2008, Francis et al. 2013a, 2013b). TCA in the presence of glycine, released during microbial bile salt hydrolysis, enhances C. difficile germination (Sorg et al. 2008). Francis et al. (2013a) demonstrated that the subtilisin-like pseudoprotease, CspC, is the germination receptor that recognizes 12a-hydroxylated bile acids. In contrast, bile acids that lack a 12a-hydroxyl group (e.g. CDCA and MCA) prevent C. difficile spore germination (Sorg et al. 2010) and act as competitive inhibitors of TCA-induced germination (Sorg et al. 2010, Francis et al. 2013b). Binding of bile acids is predicted to initiate the germination pathway leading to release of Ca++dipicolinic acid from the spore core allowing for resumption of metabolism and eventual vegetative growth.

Bile acids have also been shown to affect C. difficile growth in vitro (Fig. 9). Secondary bile acids such as DCA and LCA have been reported to impair vegetative cell growth in vitro (Wilson 1983, Sorg et al. 2008). Indeed, ileal and cecal contents from mice treated with cefoperazone allowed C. difficile spore germination, while contents from conventional mice prevented germination (Theriot et al. 2016). Intestinal content from cefoperazone-treated mice were significantly depleted in unconjugated secondary bile acids.

In 2015, C. scindens was identified as a leading microbial taxon associated with resistance to C. difficile infection in mice and humans (Buffie et al. 2015). Adoptive transfer of a four-strain consortium of microbes predicted to inhibit C. difficile, which included C. scindens or C. scindens alone, was capable of ameliorating C. difficile infection in a murine model treated with antibiotics (Buffie et al. 2015). Indeed, recovery of antibiotic-treated mice from C. difficile positively correlated with recovery of secondary bile acids and the baiCD gene. Bile acid-binding anion-exchange resin cholestyramine treatment permitted C. difficile growth, which was interpreted as demonstrating bile acid-dependent inhibition. Subsequent clinical studies supported this association, observing a negative association between fecal baiCD abundance and C. difficile infection (Solbach et al. 2018). Importantly, secondary bile acids have varying degrees of growth inhibition against C. difficile in vitro (Giel et al. 2010, Kang et al. 2019, Sato et al. 2021). In particular, derivatives of planar bile acids, particularly isoallolithocholic acid appear to be particularly inhibiting even at low micromolar concentrations (Fig. 9) (Sato et al. 2021).

In addition to the formation of growth-inhibitory secondary bile acids, C. scindens ATCC 35704 also synthesizes the antimi-

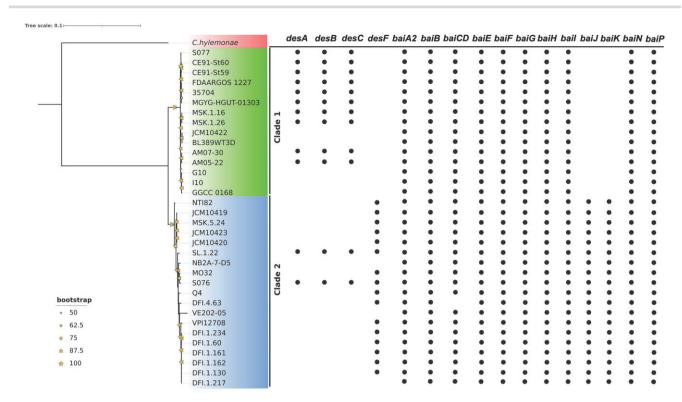


Figure 10. Phylogenomics and diversity of bai and des genes in strains of C. scindens. The formation of two clades is shown, Clade 1 (green) includes 15 strains and Clade 2 (blue) 19 strains. Bootstrap support values above 50% are shown in yellow stars at nodes.

crobial compound, 1-acetyl-beta-carboline which inhibits cell division of C. difficile (Kang et al. 2019). Likewise, C. difficile ATCC 9689 and clinical isolates (BBA-1870, BBA-1801, and BBA-1814) produce cyclo(Phe-Pro) and cyclo(Leu-Pro) dipeptides that inhibit the growth of C. scindens ATCC 35704 (Kang et al. 2019). During C. difficile infection, host collagen is degraded by metalloproteases in response to CDI toxins, and this results in release of posttranslationally modified trans-4-hydroxyproline (Reed et al. 2022). Clostridioides difficile competes with C. scindens VPI 12708 in vivo for proline (Reed et al. 2022). Indeed, Cyp8b1-/- (cholic acid-deficient) mutant mice are protected from infection by C. difficile spores in the presence of C. scindens VPI 12708 in mono-associated gnotobiotic mice (Aguirre et al. 2021). The production of 1-acetyl-betacarboline was not detected in gnotobiotic mouse or patient fecal samples, and metabolomics analysis suggests that competition in vivo for the Stickland fermentation of proline is important, rather than bile acid metabolism (Aguirre et al. 2021). Clostridioides difficile also shares several nutritional requirements with C. scindens, such as the amino acid tryptophan and the B vitamins pyridoxine and pantothenate (Karasawa et al. 1995, Devendran et al. 2019). These results suggest that some combination of bile acid metabolites, antibiotic warfare, and competition for nutrients determines the success of C. difficile infection vs. gut microbial homeostasis.

The pangenome of C. scindens

The past 40 years of research on C. scindens has been relegated to the two strains reported in the early 1980s, C. scindens VPI 12708 and C. scindens ATCC 35704. However, the importance of strain variation among members of the human microbiome cannot be underscored (Britton et al. 2021). A partial genome for C. scindens ATCC 35704 was reported as part of the Human Microbiome Project (PRJNA18175) in 2006. Recently, we reported the complete 3658 040 bp genome of C. scindens ATCC 35704, which comprised 3657 coding sequences (CDS), 12 rRNA genes, 4 rRNA cistrons, and 58 tRNA genes (Devendran et al. 2019). Annotation of the genome indicated certain nutritional requirements due to the absence of genes involved in the de novo synthesis of tryptophan, riboflavin, pyridoxal phosphate, and pantothenic acid (Devendran et al. 2019). The partial genome of Clostridiales VE202-05 (PRJDB524) appears to be closest to the genome of C. scindens VPI 12708, which we recently sequenced (Olivos-Caicedo et al. 2023). Clostridium scindens ATCC 35704 and VPI 12708 share ~64.5% of their genes (Devendran et al. 2019). This is in contrast to our recently reported closed genome of C. scindens BL389WT3D isolated from swine feces, which shared 81.9% of their 3656 CDS with strain ATCC 35704 (Wylensek et al. 2020). One of the interesting findings from comparing the genomes of the human ATCC 35704 and pig BL389WT3D is that of the ~660-690 unique genes, much of this content is composed of mobile genetic elements (i.e. bacteriophage genes and transposons) (Wylensek et al. 2020).

We recently analyzed the genomes of 34 cultured strains of C. scindens (Table 3). These include 9 sequenced genomes that we recently reported (Fernandez-Materan et al. 2024), 8 complete genomes obtained from the public GenBank database at the National Center for Biotechnology Information (NCBI), and 17 incomplete genomes at the level of contigs and scaffolds obtained from NCBI. Sixty-six assembled metagenomic genomes (MAGs) of C. scindens from human fecal sample metagenomes were also included (Pasolli et al. 2019, Almeida et al. 2021, Zeng et al. 2022). The analysis identified a pangenome with 12 720 gene families, distributed in three groups, and associated with the core genome, accessory genome, and unique or strain-exclusive genes. A total of 1630 gene groups are in the core, representing ~13% of the total pangenome, 7051 accessory groups, and 4039 unique genes (Olivos-Caicedo et al. 2025). On the other hand, the accessory genome was determined using metagenome assembled genomes

Table 3. Characteristics and genomic information for 34 cultured strains of C. scindens.^a

		•					
	Contig or scaffold	number/RefSeq					Genome assembly
Strain	(genome close level)	number	Host (source)	Geographic origin ^b	BioSample	BioProject	number
JCM10419	1 (not circularized)	CP137824	Homo sapiens (feces)	Japan	SAMN37482747	PRJNA1026650	ASM3353943v1
JCM10420	1 (closed)	CP137823	Homo sapiens (feces)	Japan	SAMN37482748	PRJNA1026650	ASM3353941v1
JCM10422	2 contigs	CP137821-CP137822	Homo sapiens (feces)	Japan	SAMN37482749	PRJNA1026650	ASM4093202v1
JCM10423	1 (not circularized)	CP137820	Homo sapiens (feces)	Japan	SAMN37482750	PRJNA1026650	ASM3353951v1
110	1 (closed)	CP137819	Homo sapiens (feces)	Japan	SAMN37482751	PRJNA1026650	ASM3353949v1
MO32	1 (closed)	CP137818	Homo sapiens (feces)	Japan	SAMN37482752	PRJNA1026650	ASM3353945v1
NT182	1 (closed)	CP137817	Homo sapiens (feces)	Japan	SAMN37482753	PRJNA1026650	ASM3353953v1
S076	1 (closed)	CP137816	Homo sapiens (feces)	Japan	SAMN37482754	PRJNA1026650	ASM3353947v1
S077	5 contigs	CP137811-CP137815	Homo sapiens (feces)	Japan	SAMN37482755	PRJNA1026650	ASM4093201v1
VPI12708	1 (closed)	CP113781	Homo sapiens (feces)	Germany	SAMN31775693	PRJNA902789	ASM2794165v1
CE91-St59	1 (closed)	AP025569.1	Homo sapiens (feces)	Japan	SAMD00389867	PRJDB11902	ASM2284581v1
CE91-St60	1 (closed)	AP025570.1	Homo sapiens (feces)	Japan	SAMD00389868	PRJDB11902	ASM2284583v1
G10	1 (closed)	AP024846.1	Rattus norvegicus (cecal	Japan	SAMD00239677	PRJDB10323	ASM2089211v1
			content)				
Q4	1 (closed)	CP080442.1	Homo sapiens (feces)	USA	SAMN20488193	PRJNA750754	ASM1959792v1
BL389WT3D	1 (closed)	CP045695.1	Sus scrofa domesticus (feces)	Germany	SAMN13152203	PRJNA561470	ASM968469v1
FDAARGOS_1227	1 (closed)	CP069444.1	Not available	USA	SAMN16357369	PRJNA231221	ASM1688900v1
ATCC 35704	1 (closed)	CP036170.1	Homo sapiens (feces)	USA	SAMN10519000	PRJNA508260	ASM429512v1
AM05-22	56 scaffolds	GCF_027662895.1	Homo sapiens (feces)	China	SAMN31808509	PRJNA903559	ASM2766289v1
AM07-30	50 scaffolds	GCF_027662765.1	Homo sapiens (feces)	China	SAMN31808516	PRJNA903559	ASM2766276v1
SL.1.22	52 contigs	GCF_020555615.1	Homo sapiens (feces)	USA, CH	SAMN22167568	PRJNA737800	ASM2055561v1
DFI.1.234	107 contigs	GCF_022137935.1	Homo sapiens (feces)	USA, CH	SAMN24725968	PRJNA792599	Not available
GGCC_0168	25 contigs	GCF_017565985.1	Homo sapiens (feces)	USA, NC	SAMN14737934	PRJNA628657	ASM1756598v1
DFI.1.217	96 contigs	GCF_020562885.1	Homo sapiens (feces)	USA, CH	SAMN22167352	PRJNA737800	ASM2056288v1
DFI.1.162	125 contigs	GCF_020563365.1	Homo sapiens (feces)	USA, CH	SAMN22167324	PRJNA737800	ASM2056336v1
DFI.1.161	160 contigs	GCF_024463895.1	Homo sapiens (feces)	USA, CH	SAMN28944463	PRJNA792599	ASM2446389v1
MSK.1.26	93 contigs	GCF_013304105.1	Homo sapiens (feces)	USA, NY	SAMN14067588	PRJNA596270	ASM1330410v1
DFI.1.60	197 contigs	GCF_020561885.1	Homo sapiens (feces)	USA, CH	SAMN22167389	PRJNA737800	ASM2056188v1
MSK.1.16	93 contigs	GCF_013304115.1	Homo sapiens (feces)	USA, NY	SAMN14067587	PRJNA596270	ASM2056188v1
MSK.5.24	21 contigs	GCF_013304085.1	Homo sapiens (feces)	USA, NY	SAMN14067589	PRJNA596270	ASM1330408v1
DFI.1.130	797 contigs	GCF_020563525.1	Homo sapiens (feces)	USA, CH	SAMN22167316	PRJNA737800	ASM2056352v1
DFI.4.63	195 contigs	GCF_020560435.1	Homo sapiens (feces)	USA, CH	SAMN22167449	PRJNA737800	ASM2056043v1
MGYG-HGUT-01303	41 scaffolds	GCF_902373645.1	Homo sapiens (feces)	Not available	SAMEA5850806	PRJEB33885	MGYG-HGUT-01303
NB2A-7-D5	39 contigs	GCF_024125195.1	Homo sapiens (feces)	Not available	SAMN28102059	PRJNA835435	ASM2412519v1
VE202-05	102 contigs	Not available	Homo sapiens (feces)	Japan	SAMD00004073	PRJDB524	ASM47184v1

^aInformation is from 10 genomes recently published by our group and 24 genomes previously sequenced and obtained from NCBI.

^bAbbreviations: USA, United States of America; CH, Chicago; NC, North Carolina; and NY, New York. Modified from Olivos-Caicedo et al. (2025).

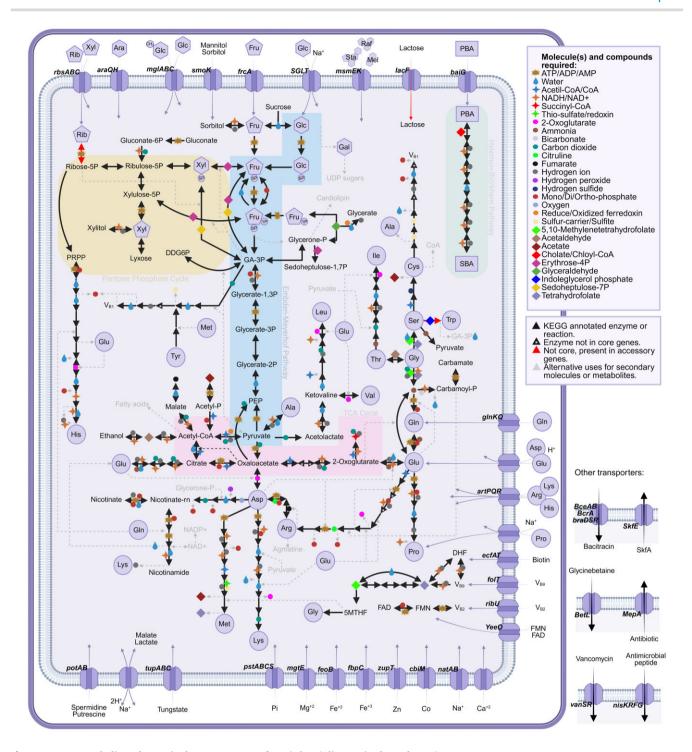


Figure 11. Key metabolic pathways in the core genome of C. scindens (Olivos-Caicedo et al. 2025).

(MAGs) with a completeness value equal to or greater than 85%. The pangenome, represented by 157 genomes, had a size of 19 198 gene families and a core genome of 132 gene groups, the core representing \sim 7% of the total pangenome. The application of Heap's Law formula demonstrated that the pangenome was open when the 34 cultured strains were included (a = 0.845) and remained open when 66 MAGs of *C. scindens* were included (a = 0.768). Phylogenomic analysis of the 34 strains revealed two clusters: a 12708 group and a 35 704 group (Fig. 10).

Average nucleotide identity (ANI) analysis between the two strain groups was then performed. Using this metric, the species identity threshold percentage value for ANI analysis is equal to or greater than 95% (Richter et al. 2009), identified two sets of strains. The intraspecies delineation criterion was also considered through the analysis of distances between genomes. The results show both isolated groups divided into 15 and 19 strains with a difference of $\sim\!4\%$ –5% in their genomic sequences. The identity within each group of *C. scindens* strains was $\geq\!98\%$, while identity between groups was 94.5%–96%, whereas with *C. hylemonae* genome, the identity values were between 74% and 76%. These ANI values between the two groups of *C. scindens* strains suggest the potential presence of two distinct bacterial species or at least

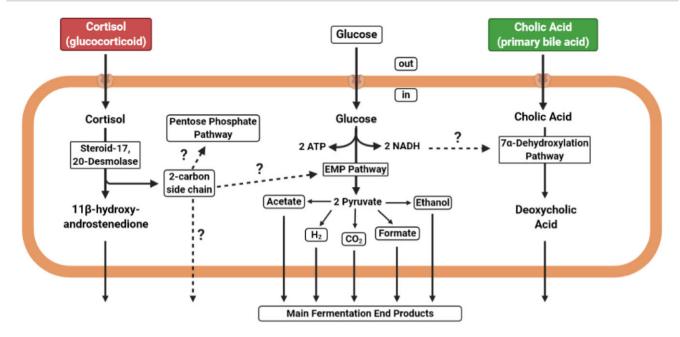


Figure 12. A proposed model for the interaction between glucose fermentation, cortisol metabolism, and bile acid 7α -dehydroxylation by C. scindens ATCC 35704. EMP, Embden–Meyerhof–Parnas pathway.

an ongoing speciation process. Generally, when a set of strains contains one species, the plot of the pangenome, based on the gene frequency spectrum function G(k), is "U" shaped (Moldovan et al. 2018). In contrast, when a set of strains contains more than one species, the plot will have internal peaks and a "W"-shaped plot with "non-homogeneous" genomes (Moldovan et al. 2018). That the C. scindens G(k) plot was "W" shaped is further evidence that the 12708 and 35704 strains constitute separate bacterial species (Olivos-Caicedo et al. 2025).

Predicted metabolic pathways in the core genome

The complete Hylemon-Björkhem pathway and its associated genes (baiA2, baiB, baiCD, baiE, baiF, baiG, baiH, bail, baiJ, baiK, baiN, and baiP) are a core feature of C. scindens strains (Fig. 10). While desAB (steroid-17,20-desmolase) and desC (20α -HSDH) genes are present in both groups, they are far more prevalent in Group 1 (35704 group) (Fig. 10). In contrast, Group 2 (12708 group) has sole representation of the desF gene, including two strains that have both desABC and desF genes (Fig. 10). The 12708 group also has sole representation of the baiJ and baiK genes, previously shown to encode bile acid 5α -reductase (Lee et al. 2022) and bile acid CoA transferase (Ridlon et al. 2012), respectively. Overall, these findings tend to support Bokkenheuser's claims of "taxonomic value" for bile acids and steroid metabolic activities (Bokkenheuser 1993), thereby suggesting that C. scindens VPI 12708 and ATCC 35704 may very well represent separate species. What the taxonomic designation should be for these two groups (clades) remains to be settled.

From a bioinformatics perspective, *C. scindens* strains appear to harbor the full complement of genes necessary for the EMP and pentose phosphate pathways (Fig. 11). This also includes a "horse-shoe" TCA cycle from oxaloacetate to succinyl~SCoA where oxaloacetate is generated from phosphoenolpyruvate and malate, and fumarate from pyruvate. The core genome also contains the genes for the complete biosynthesis of the majority of amino acids. The core and accessory genomes contain a nearly complete

shikimate pathway for the biosynthesis of phenylalanine and tyrosine; however, genes for an enzymatic pathway to tryptophan are not observed, nor is a complete pathway for the synthesis of proline found in the core genome (Fig. 11). Interestingly, tryptophan is the sole amino acid required for growth of *C. scindens* ATCC 35704 in defined culture media (Devendran et al. 2019).

Based on core genomic information, pantothenate biosynthesis is absent, while a pathway from pantothenate to CoA is evident (Fig. 11). While genes for de novo nicotinate biosynthesis are lacking, genes encoding enzymes for nicotinate conversion to NAD+ and NADP+ are present. Complete thiamine and cobalamin biosynthesis pathways are part of the core genome, as are genes encoding enzymes involved in folate biosynthesis. A pathway for the conversion of riboflavin to FMN and FAD is present; however, the riboflavin biosynthesis pathway is not present. The lipoate salvage pathway is present; however, the biosynthesis pathway is for me. Collectively, our in silico analysis of genomes from 34 strains of C. scindens suggests that the DM developed for C. scindens ATCC 35704 (Devendran et al. 2019) may require a complete set of vitamins (except thiamine) and some amino acid (proline and aromatic amino acids) supplementation to improve growth of some strains of C. scindens under defined conditions.

Conclusions

Clostridium scindens is a keystone gut microbial taxonomic group that, while low in abundance, has a disproportionate effect on bile acid and steroid metabolism in the GI tract. Both the Hylemon–Björkhem pathway and the steroid-17,20-desmolase pathway were first discovered in *C. scindens*. Numerous studies indicate that the two most studied strains of *C. scindens* (i.e. ATCC 35704 and 12708) are important for a myriad of physiological processes in the host. Our most recent analysis now calls into question whether strains currently defined as *C. scindens* represent two separate taxonomic groups. Future directions include developing genetic tools to further explore (i) the role of *bai* and *des* genes in steroid metabolism by *C. scindens*, (ii) the interaction between

steroid metabolism and essential (core) metabolic pathways in C. scindens and its impact on carbon and reductant flow in this bacterium (Fig. 12), and the causal role of steroid-metabolizing pathways by C. scindens in host physiology and disease.

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