# **META-ANALYSIS**

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Received: 2015.01.1 Accepted: 2015.03.0 Published: 2015.07.0	)9	Gonorrhea and Prostate An Updated Meta-Analy Studies	e Cancer Incidence: ysis of 21 Epidemiologic
Authors' Contribution: Study Design A Data Collection B Statistical Analysis C Data Interpretation D Manuscript Preparation E Literature Search F Funds Collection G	ABCDEF 1 BD 2 DG 3	Wen-Qing Lian* Fei Luo* Xian-Lu Song Yong-Jie Lu Shan-Chao Zhao	<ol> <li>Department of Urology, Nanfang Hospital, Southern Medical University, Guangzhou, Guangdong, P.R. China</li> <li>Department of Radiotherapy, Cancer Center of Guangzhou Medical University, Guangzhou, Guangdong, P.R. China</li> <li>Department of Molecular Oncology, Barts Cancer Institute, Barts and the London School of Medicine and Dentistry, Queen Mary University of London, London, U.K.</li> </ol>
•	ling Author: of support:		ural Science Foundation of China (No. 81328017), two grants from ina (No. 2012B031800302, No. 2013B051000050), and two grants
	ckground: /Methods:	main inconsistent and contradictory. We conducted mate of this association. PubMed, EMBASE, and the Cochrane Library were sea	ncer risk has been investigated widely, but the results re- an updated meta-analysis to obtain a more precise esti- arched for papers up to June 2014 to identify eligible stud- ervals (CIs) were calculated to assess the influence of gon-
	Results:	Twenty-one observational studies (19 case-control a cer patients and 118765 participants. Pooled results increased incidence of prostate cancer (OR 1.31, 95	nd 2 cohort) were eligible, comprising 9965 prostate can- indicated that gonorrhea was significantly associated with % Cl 1.14–1.52). The association between gonorrhea and ales (OR 1.32, 95% Cl 1.06–1.65) than in Whites (OR 1.05,
_	nclusions:	African American males. These results warrant furthe itive conclusions.	ith an increased risk of prostate cancer, especially among er well-designed, large-scale cohort studies to draw defin-
	Keywords: I-text PDF:	Gonorrhea • Meta-Analysis • Prostatic Neoplasms	
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# Background

Cancer of the prostate is the most frequently diagnosed cancer in men, accounting for 27% of new cancer cases in the United States (USA) in 2014. In the same year, 10% of the total cancer deaths in men were due to prostate cancer, the second leading cause of cancer death in this population [1]. Although the cause of prostate cancer remains unknown, its incidence has been associated with age, ethnicity, family history, physical activity, body mass index, diet, region, and sexually transmitted infections [2,3]. The seriousness of this disease warrants a more definitive investigation of its association with a history of sexually transmitted diseases.

Gonorrhea is a major public health concern worldwide. Caused by the bacterium Neisseria gonorrhoeae, in the year 2008 the World Health Organization estimated that there were 106 million infected adults globally, making it the most prevalent sexually transmitted bacterial infection [4]. Several epidemiologic studies have investigated an association between gonorrhea infection and incidence of prostate cancer, but results have been inconsistent. According to a meta-analysis published by Dennis et al. [5] in 2002, men with a history of gonorrhea were at elevated risk of prostate cancer (pooled relative risk ratio [RR] 1.36, 95% confidence interval [CI] 1.15-1.61). A meta-analysis reported by Taylor et al. [6] in 2005 also indicated that gonorrhea was associated with increased prostate cancer risk (odds ratio [OR] 1.39, 95% CI 1.05-1.83). However, both of these studies were based predominantly on case-control data for white men. Studies that include African American subjects, serologic measures, and prospective data are lacking. More recently, 2 large, prospective, cohort studies [7,8] and 2 case-control studies [9,10] failed to confirm an association between a history of gonorrhea and prostate cancer. However, some factors were not considered in their analyses that might limit the evaluation of prostate cancer risk. These include adjustments for confounders, study design, study region, ethnicity, the method of gonorrhea exposure assessment, study quality, and the introduction of PSA screening.

Herein we provide an updated review and meta-analysis of the association between a history of gonorrhea and incidence of prostate cancer, conducting subgroup analyses based on the factors aforementioned.

# **Material and Methods**

## Literature search

We performed a systematic search of PubMed, EMBASE, and Cochrane Library databases, for all papers published up to June 2014. The following search terms were used: (gonorrhea OR *Neisseria gonorrhoeae* OR sexually transmitted diseases OR sexually transmitted infections OR venereal disease) AND (prostate cancer OR prostatic neoplasms OR prostatic cancer OR prostate neoplasms). We also searched the reference lists of all the retrieved articles to identify any other potentially relevant articles.

#### **Study selection**

To be included in this meta-analysis, the papers had to report a case-control or cohort study; evaluate the association between gonorrhea and the incidence of prostate cancer; provide relative risk ratios, ORs, and 95% CIs, or sufficient information to calculate these; and be published in English. If multiple publications from the same study population were available, only the one with the largest sample size was included.

Studies were excluded if they did not conform to the inclusion criteria above, or contained duplicate data, or were based on incomplete raw data or irrelevant data. No case reports, letters, reviews, editorials, or correspondence articles were considered.

#### Data extraction and quality score assessment

Two investigators (Wen-Qing Lian and Fei Luo) independently reviewed and extracted information from all eligible publications, in accordance with the inclusion and exclusion criteria listed above. Disagreement was resolved by discussion between the 2 authors until a consensus was reached. If a consensus could not be reached, a third author (Xian-Lu Song) was consulted and a final decision was determined by majority opinion.

Data extracted from the publications included the first author, year of publication, country in which the study was performed, study design, study period, sample size, ages and ethnicities of the subjects, exposure assessment, and the confounders adjusted for. The subjects' ethnicities were categorized as white, African American, Asian, other, or mixed (a population with individuals of different ethnicities). For studies conducted in the USA, "blacks" were considered African Americans. When the paper did not specify the ethnicity of the study population, the most probable ethnicity was recorded, based on the predominant ethnic group in the study country.

The methodological quality of each eligible study was independently assessed by 2 reviewers (Wen-Qing Lian and Fei Luo) based on the Newcastle-Ottawa scale [11], in which the total score (in stars) can range from 0 to 9. A third party (Xian-Lu Song) was involved if a consensus could not be reached. A study was considered to be of high quality if the Newcastle-Ottawa Scale score was  $\geq$ 7 stars; studies given 5-6 stars were judged to be of moderate quality.

## Statistical analysis

Due to the low incidence of prostate cancer, the relative risk ratio can be mathematically approximated by the OR [12]. In the present study, the OR and its 95% CI was used to assess the association between gonorrhea and the risk of prostate cancer. In some studies, risk estimates were stratified according to ethnic categories, and risk to the total group was not reported. For these studies, the study-specific effect size in the overall analysis was recalculated using the inverse-variance method, by pooling the risk estimates of the various ethnic categories [13].

The statistical heterogeneity among the studies was evaluated using Cochrane's Q test and the  $l^2$  statistic. Regarding the former (Q), heterogeneity was considered to exist for P<0.1. For P>0.1 and  $l^2<50\%$ , the included studies were identified as having acceptable heterogeneity, and the fixed-effects model was used. Otherwise, the random-effects model was used [14,15].

To explore the sources of heterogeneity across studies, subgroup analyses were conducted according to study design (e.g., case-control vs. cohort study and population-based vs. hospital-based case-control study), geographic region (e.g., North America vs. Europe vs. Asia), adjustment of confounders (e.g., crude vs. adjusted), ethnicity (e.g., white vs. African American), exposure assessment (e.g., self-reported vs. medical record vs. serum antibody), and study quality (e.g., high vs. moderate). To determine whether estimates were influenced by the introduction of prostate-specific antigen (PSA) screening, we performed another subgroup analysis (i.e., pre-PSA vs. PSA-era screening) using 1994 as the cutoff [16].

For studies that spanned numerous years, we considered the middle year as the determining date. Sensitivity analyses were performed to assess the stability of the results. The influence of individual studies was evaluated by estimating the pooled ORs after omission of each study in turn. Potential publication bias was assessed by visual inspection of Begg's funnel plots, in which the log relative risk ratios were plotted against their standard errors. We also performed Begg's and Egger's tests to assess the presence of publication bias [17,18]. If the *P*-value for the Egger's test was <0.05, we assumed that there was publication bias. All of the statistical analyses were performed with STATA statistical software (version 12.0; College Station, TX), using 2-sided *P*-values.

# Results

## Literature search

Initially, we retrieved 605 articles from the PubMed, EMBASE, and Cochrane Library databases that were relevant to the

search terms (Figure 1). Of these, 110 were removed as duplicates, which left 495. By screening the titles and abstracts, 457 articles were excluded because they were reviews, editorials, or otherwise not relevant to our meta-analysis. Through fulltext review of the remaining 38 articles, 5 more were found by reviewing the reference lists, while 22 were excluded because the data were incomplete or irrelevant. Finally, 21 studies [7–10,19–35] were included for meta-analysis.

## **Study characteristics**

Of the 22 included studies, 19 were case-control studies [9,10,19–35] and 2 were cohort studies [7,8]; all were published between 1975 and 2011 (Table 1). Fourteen were conducted in North America [7–9,19–21,23,24,27,30–33,35], 5 in Europe [10,26,28,29,34], and 2 in Asia [22,25]. The sample size per study ranged from 104 to 68 675, with a total of 118 765 participants and 9965 incident cases.

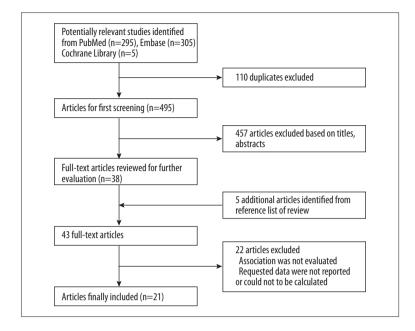
Most of these studies adjudged exposure or history of gonorrhea through self-report by the participants, while 2 used medical records [21,27] and 1 used serology for *Neisseria gonorrhoeae* antibodies [10]. The quality score of studies ranged from 5 stars to 9 stars according to the 9-star Newcastle-Ottawa Scale (Supplementary Table 1).

## Meta-analysis results

Based on the combined results of the 21 studies, gonorrhea was significantly associated with increased risk of prostate cancer (OR 1.31, 95% CI 1.14–1.52) under the random-effects model (heterogeneity  $l^2$ =38.2%, P=0.039; Figure 2). The pooled OR did not substantially change even after adjustments for confounders, study quality, or the introduction of PSA screening (Table 2).

We also performed subgroup analyses based on study design, study region, ethnicity, and the method of gonorrhea exposure assessment (Table 2). In the subgroup analysis based on study design, we found a significantly increased risk of prostate cancer in the case-control studies (OR 1.41, 95% CI 1.24–1.61), especially in those that were population-based (OR 1.38, 95% CI 1.19–1.61). However, the results from the cohort studies were nil (OR 1.07, 95% CI 0.95–1.21).

Regarding geographic area, there was a significant association between gonorrhea and prostate cancer risk in studies conducted in North America (OR 1.33, 95% CI 1.13–1.57), but no significant association was found in studies conducted in Europe (OR 1.18, 95% CI 0.78–1.78) or Asia (OR 1.44, 95% CI 0.84–2.48). The association between gonorrhea and prostate cancer was higher for African American men (OR 1.32, 95% CI 1.06–1.65) than whites (OR 1.05, 95% CI 0.90–1.21). The



association was more significant in studies relying on self-reports of gonorrhea exposure (OR 1.34, 95% CI 1.15–1.57) than those that used medical records (OR 1.01, 95% CI 0.56–1.82) or serum antibodies (OR 1.07, 95% CI 0.42–2.73) to determine exposure.

#### Sensitivity analysis

To assess the influence of the individual data sets on the pooled ORs, repeated meta-analyses that excluded each single study in turn were performed. The corresponding pooled ORs were not materially altered.

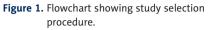
## **Publication bias**

Begg's funnel plot and Egger's test were conducted to assess the publication bias of the studies. The shape of the funnel plots did not reveal any evidence of obvious asymmetry (Figure 3), and the results indicated no publication bias ( $P_{\text{Begers}}$ =0.695,  $P_{\text{Eggers}}$ =0.054).

## Discussion

We performed a meta-analysis of 21 relevant studies published up to June 2014 to determine the association between a history of gonorrhea and prostate cancer, and found a significantly increased risk of prostate cancer among men with prior gonorrhea.

Our results were consistent with the meta-analyses of case-control studies conducted by Dennis et al. [5] in 2002 and Taylor et al. [6] in 2005. However, the present meta-analysis involved 19



case-control studies and 2 cohort studies, and while a significant increased risk of prostate cancer was found from the casecontrol studies, the association according to the cohort studies was nil. The discrepancy between the case-control and cohort studies might be due to the potential bias of case-control studies, including selection bias or recall bias. We also found that there was a stronger association shown in population-based case-control studies than in hospital-based case-control studies. Although both population- and hospital-based case-control studies contain biases, we consider the former more reliable because the cases and controls are more representative.

In the present study, subgroup analyses by ethnicity revealed a stronger association between a history of gonorrhea and prostate cancer among African Americans than among whites. These results suggest that ethnic or cultural differences exist in susceptibility to prostate cancer after gonorrhea exposure. However, this finding should be cautiously interpreted. Data from the Centers for Disease Control and Prevention (CDC) in the United States showed that in 2012 the gonorrhea rate among African American males (467.7 cases per 100000 population) was 16 times the gonorrhea rate among white males (28.8 cases per 100 000 population), and the disparities were striking across all age groups and regions [36]. Kwame Owusu-Edusei Jr. et al. [37] also found that racial disparities in income were associated with racial disparities in gonorrhea rates. In addition, the higher gonorrhea rates might be due to the average lower rate of insurance, later diagnosis, less effective treatment, and greater incidence of relevant genetic polymorphisms in African Americans. Because rates of gonorrhea infection and rates of prostate cancer are each higher among African American men than among white men, we consider that many factors influencing these rates likely exist that are

Authors,year	Country	Ethnicities	Design	Period	Cases/ subjects	Age, y	Evidence of gonorrhea	Crude / adjusted	Quality
Baker et al., 1981	USA	Mixed	НСС	1977–1979	44/134	54–79	Self-report	Crude	7
Checkoway et al., 1987	USA	Mixed	НСС	1984–1985	40/104	50+	Self-report	Crude	6
Cheng et al., 2010	USA	AA, White, other	Cohort	2002–2006	1658/68675	5 45-49	Self-report	Adjusted	8
Hayes et al., 2000	USA	AA*, White	PCC	1993–1996	981/2296	40-64	Self-report	Adjusted	7
Heshmat et al., 1975	USA	AA*	НСС	1973–1978	75/150	NR	Self-report	Crude	6
Hiatt et al., 1994	USA	Mixed	PCC	1978–1985	238/476	>30	Medical record	Adjusted	8
Honda et al., 1988	USA	White	PCC	1979–1982	216/432	≤60	Self-report	Adjusted	8
Hrbacek et al., 2011	Czech Rep	White**	НСС	2004–2010	329/434	64/72***	Serum antibody	Crude	6
Hsieh et al., 1999	Greece	White**	НСС	1994–1997	320/566	All	Self-report	Crude	5
Huang et al., 2008	USA	AA*, White, other	PCC	1993–2001	868/2151	55-74	Self-report	Adjusted	8
Ilic et al., 1996	Serbia	White**	НСС	1990–1994	101/303	70.5/71.5***	Self-report	Crude	6
La Vecchia et al., 1993	Italy	White**	НСС	1985–1990	271/956	<80	Self-report	Adjusted	7
Lees et al., 1985	Canada	White**	НСС	1962–1982	83/249	69.9	Medical record	Crude	6
Mishina et al., 1985	Japan	Asian**	PCC	1976	100/200	45–89	Self-report	Crude	8
Oishi et al., 1989	Japan	Asian**	НСС	1981–1984	100/200	70.6/70.0***	Self-report	Crude	6
Patel et al., 2005	USA	AA*, White, other	PCC	1996–1998	700/1304	50–74	Self-report	Adjusted	7
Pelucchi et al., 2006	Italy	White**	НСС	1985–1992	280/969	<80	Self-report	Adjusted	7
Rosenblatt et al., 2001	USA	Mixed	PCC	1986–1989	753/1456	40–79	Self-report	Adjusted	7
Sanderson et al., 2004	USA	Mixed	PCC	2000–2002	416/845	65–79	Self-report	Adjusted	7
Sarma et al., 2006	USA	AA*	PCC	1996–2001	129/832	40–79	Self-report	Adjusted	7
Sutcliffe et al., 2006	USA	Mixed	Cohort	1992–2002	2263/36033	8 40–75	Self-report	Adjusted	9

## Table 1. Characteristics of the studies included in the meta-analysis.

AA – African American; HCC – hospital-based case-control; NR – not reported; PCC – population-based case-control; \* For studies conducted in the USA, we categorized "Blacks" as African Americans; \*\* No information on ethnicity in the paper. The ethnicity was taken to be the predominant ethnicity of the study country; \*\*\* The mean age of cases and controls.

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Supplementary Table 1. Quality assessment using the Newcastle-Ottawa Scale.

A. Methodologic quality of case-control studies included in the meta-analysis.

	Selection				Comp	arability		Exposure		
	Adequate definition of cases	Representa- tiveness of cases	of control	Definition of control subjects	Study controls for age / gender	for additional	Exposure	Same method of ascertainment for cases and controls	Non- Response rate	Total quality scores
Baker et al., 1981	+	+	-	+	+	+	-	+	+	7
Checkoway et al., 1987	+	+	-	+	-	-	+	+	+	6
Hayes et al., 2000	+	+	+	+	+	+	-	+	-	7
Heshmat et al., 1975	+	+	+	-	+	-	-	+	+	6
Hiatt et al., 1994	+	+	+	+	+	+	_	+	+	8
Honda et al., 1988	+	+	+	+	+	+	-	+	+	8
Hrbacek et al., 2011	+	+	-	+	-	_	+	+	+	6
Hsieh et al., 1999	+	+	-	+	_	_	-	+	+	5
Huang et al., 2008	+	+	+	+	+	+	-	+	+	8
Ilic et al., 1996	+	+	-	+	+	+	-	+	-	6
La Vecchia et al., 1993	+	+	-	+	+	+	-	+	+	7
Lees et al., 1985	+	+	-	+	+	_	-	+	+	6
Mishina et al., 1985	+	+	+	+	+	+	+	+	-	8
Oishi et al., 1989	-	+	-	+	+	+	-	+	+	6
Patel et al., 2005	+	+	+	+	+	+	-	+	-	7
Pelucchi et al., 2006	+	+	-	+	+	+	-	+	+	7
Rosenblatt et al., 2001	+	+	+	+	+	+	-	+	-	7
Sanderson et al., 2004	+	+	+	+	+	+	-	+	-	7
Sarma et al., 2006	+	+	+	+	+	+	_	+	-	7

**B.** Methodologic quality of cohort studies included in the meta-analysis.

		Sutcliffe et al., 2006	Cheng et al., 2010
Selection	Representativeness of the exposed cohort	+	+
	Selection of the unexposed cohort	+	+
	Ascertainment of exposure	+	-
	Outcome of interest was not present at start of study shown	+	+
Comparability	Study controls for age/gender	+	+
	Study controls for additional factors	+	+
Outcome	Assessment of outcome	+	+
	Follow-up long enough for outcomes	+	+
	Adequacy of follow up	+	+
Quality score		9	8

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Hsieh (1999) Hayes (2000) Rosenblat (2001) Sanderson (2004)	2.02 (1.05, 3.87) → 4.98 (2.21, 11.21) 0.84 (0.41, 1.72) 1.32 (0.69, 2.55) 1.31 (0.33, 5.20) 1.40 (0.80, 2.60) 1.75 (0.66, 4.63) 0.70 (0.20, 2.40) 1.50 (0.50, 4.20) →18.69 (1.00, 350.66)	3.24 3.75 1.02 4.39 1.93 1.24 1.65
Baker (1981) Lees (1985) Mishina (1985) Checkoway (1987) Honda (1988) Oishi (1989) La Vecchia (1993) Hiatt (1994) Ilic (1996) Hayes (2000) Rosenblat (2001) Sanderson (2004)	→ 4.98 (2.21, 11.21) 0.84 (0.41, 1.72) 1.32 (0.69, 2.55) 1.31 (0.33, 5.20) 1.40 (0.80, 2.60) 1.75 (0.66, 4.63) 0.70 (0.20, 2.40) 1.50 (0.50, 4.20)	2.64 3.24 3.75 1.02 4.39 1.93 1.24 1.65
Lees (1985) Mishina (1985) Checkoway (1987) Honda (1988) Oishi (1989) La Vecchia (1993) Hiatt (1994) Ilic (1996) Hayes (2000) Rosenblat (2001) Sanderson (2004)	0.84 (0.41, 1.72) 1.32 (0.69, 2.55) 1.31 (0.33, 5.20) 1.40 (0.80, 2.60) 1.75 (0.66, 4.63) 0.70 (0.20, 2.40) 1.50 (0.50, 4.20)	3.24 3.75 1.02 4.39 1.93 1.24 1.65
Mishina (1985) Checkoway (1987) Honda (1988) Oishi (1989) La Vecchia (1993) ← ★ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓ ↓	1.32 (0.69, 2.55) 1.31 (0.33, 5.20) 1.40 (0.80, 2.60) 1.75 (0.66, 4.63) 0.70 (0.20, 2.40) 1.50 (0.50, 4.20)	3.75 1.02 4.39 1.93 1.24 1.65
Checkoway (1987) Honda (1988) Oishi (1989) La Vecchia (1993) Hiatt (1994) Ilic (1996) Hsieh (1999) Hayes (2000) Rosenblat (2001) Sanderson (2004)	1.31 (0.33, 5.20) 1.40 (0.80, 2.60) 1.75 (0.66, 4.63) 0.70 (0.20, 2.40) 1.50 (0.50, 4.20)	1.02 4.39 1.93 1.24 1.65
Honda (1988) Oishi (1989) La Vecchia (1993) Hiatt (1994) Ilic (1996) Hsieh (1999) Hayes (2000) Rosenblat (2001) Sanderson (2004)	1.40 (0.80, 2.60) 1.75 (0.66, 4.63) 0.70 (0.20, 2.40) 1.50 (0.50, 4.20)	4.39 1.93 1.24 1.65
Oishi (1989) La Vecchia (1993) Hiatt (1994) Hic (1996) Hsieh (1999) Hayes (2000) Rosenblat (2001) Sanderson (2004)	1.75 (0.66, 4.63) 0.70 (0.20, 2.40) 1.50 (0.50, 4.20)	1.93 1.24 1.65
La Vecchia (1993)  Hiatt (1994) Hic (1996) Hayes (2000) Rosenblat (2001) Sanderson (2004)	0.70 (0.20, 2.40) 1.50 (0.50, 4.20)	1.24 1.65
Hiatt (1994)	1.50 (0.50, 4.20)	1.65
llic (1996) Hsieh (1999) Hayes (2000) Rosenblat (2001) Sanderson (2004)		
Hsieh (1999) Hayes (2000) Rosenblat (2001) Sanderson (2004)		0.24
Hayes (2000) Rosenblat (2001) Sanderson (2004)	1.41 (0.81, 2.45)	
Rosenblat (2001) Sanderson (2004)	1.50 (1.10, 2.00)	
Sanderson (2004)	1.50 (1.02, 2.18)	
	1.27 (0.77, 2.08)	
Patel (2005)	1.00 (0.50, 1.50)	
Pelucchi (2006) 🖌 📼 🗌	0.64 (0.20, 20.3)	
Sarma (2006)	1.78 (1.13, 2.79)	
Sutclife (2006)	1.04 (0.79, 1.36)	10.48
Huang (2008)	1.18 (0.83, 1.67)	
Cheng (2010)	1.08 (0.95, 1.23)	14.75
Hrbacek (2011)	1.07 (0.42, 2.73)	2.07
Overall (I-squared=38.2%, p=0.039)	1.31 (1.14, 1.52)	100.00
lote: Weights are from random effects analysis		
.2 .5 1 2 5	1	

Figure 2. Forest plot and meta-analysis of the association between gonorrhea and prostate cancer risk.

Table 2. Overall and subgroup analyses of the association between gonorrhea and the risk of prostate cancer.

Culture		Studies,	Cases,	Population, n		Study heterogeneity		
Subgroup		n	n		OR (95% CI)	Q	Р	<b>I</b> ²,%
Overall		21	9965	118765	1.31 (1.14–1.52)	32.38	0.039	38.2
Confounding adjustment	Crude	9	1192	2340	1.65 (1.12–2.43)	15.17	0.056	47.3
Confounding adjustment	Adjusted	12	8773	116425	1.17 (1.07–1.28)	12.49	0.328	11.9
	Case-control study	19	6044	14057	1.41 (1.24–1.61)	22.99	0.191	21.7
Ctudu design	Hospital-based	10	1643	4065	1.49 (0.97–2.28)	18.75	0.027	52.0
Study design	Population-based	9	4401	9992	1.38 (1.19–1.61)	3.94	0.862	0.0
	Cohort study	2	3921	104708	1.07 (0.95–1.21)	0.06	0.806	0.0
Geographic region	North America	14	8464	115137	1.33 (1.13–1.54)	26.13	0.016	50.3
	Europe	5	1301	3228	1.18 (0.78–1.78)	5.60	0.231	28.6
	Asia	2	200	400	1.44 (0.84–2.48)	0.22	0.638	0.0
	White	10	3884	49481	1.05 (0.90–1.21)	10.40	0.319	13.5
Ethnicity	African American	6	1403	8920	1.32 (1.06–1.65)	9.46	0.092	47.2
	Self-report	18	9315	117606	1.34 (1.15–1.57)	31.15	0.019	45.4
Exposure assessment	Medical record	2	321	725	1.01 (0.56–1.82)	0.78	0.376	0.0
	Serum antibody	1	329	434	1.07 (0.42–2.73)	-	-	-
Quality of study	High	14	8917	116759	1.19 (1.09–1.31)	24.65	0.026	47.3
Quality of study	Moderate	7	1048	2006	1.41 (1.04–1.92)	6.69	0.350	10.4
	Pre-PSA*	12	2301	5629	1.51 (1.11–2.05)	18.40	0.073	40.2
PSA screening	PSA era**	9	7664	113136	1.16 (1.05–1.27)	9.01	0.342	11.2

\* Prior to July 1994; \*\* July 1994 or later.

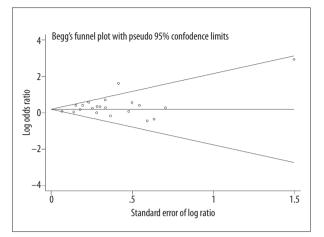


Figure 3. Begg's funnel plot of gonorrhea and prostate cancer risk.

beyond the scope of this analysis, and any conclusions require further verification.

In the present meta-analysis, subgroup analysis showed that gonorrhea was significantly associated with increased incidence of prostate cancer in North America, but not in Europe or Asia. One possible explanation for this finding is that there was not sufficient published evidence representing European (5 studies) and Asian (2 studies) countries. This is possibly due to the exclusion criteria of the study, since we only included articles published in English. Other potential factors are the relatively low incidence of prostate cancer in Asians and the greater incidence in African Americans.

In this study, we found a significant association between gonorrhea and prostate cancer risk in the studies in which the history of gonorrhea was based on self-reports of the subjects, while the association was insignificant in studies that used medical records or serum antibodies. This finding may be due to the small number of studies that used medical records (2 studies) or serum antibodies (1 study).

The potential biological mechanisms that link gonorrhea and prostate cancer remain unclear. A general association between infections, infection-induced chronic inflammation, and the development of cancer is well-known [38], and increasing evidence indicates that chronic inflammatory states contribute to prostate carcinogenesis [39]. Gonorrhea infection by *Neisseria gonorrhoeae* has been shown to induce a chronic inflammatory environment within the prostate. Inflammatory cells are recruited after damage or an infection, and they can secrete a large number of cytokines (e.g., interleukin 6) and chemokines (e.g., interleukin 8) that promote the growth of neoplastic cells and ultimately lead to carcinogenesis within the prostate [40,41]. The longer the inflammation persists, the higher the risk of cancer [42]. Evidence from pathology also shows that proliferative inflammatory atrophy, which is often associated with chronic and, at times, acute inflammation, may be the direct precursor lesion to prostatic intraepithelial neoplasia, prostate cancer, or both [43]. In addition, several genes have been studied for their role in prostate cancer development, and in some cases, (e.g., ribonuclease L[RNASEL]/ hereditary prostate cancer 1 [HPC1], toll-like receptor 4 [TLR4], macrophage scavenger receptor 1 [MSR1]) mutations or variants in these genes also increase an individual's susceptibility to infection [44].

The present meta-analysis has some limitations. First, most of the included studies were case-control studies, which are susceptible to recall and selection biases. The statistical effect of these kinds of biases might be reduced somewhat by cohort studies, but we found only 2 suitable cohort studies. Second, the method for determining gonorrhea history or exposure varied across the studies. Gonorrhea history was mostly based on the self-report of the subjects and only 1 study conducted serological tests. This could distort the findings. Third, substantial heterogeneity was observed among the studies, although we were able to find the major sources of heterogeneity through subgroup analyses. Fourth, our results may also have been biased by restricting studies to those published in English, but there was no evidence of publication bias, based on either Egger's or Begg's test. Fifth, the effect of gonorrhea on prostate cancer outcomes may be different for cases of prostate cancer detected in the early stages through PSA screening than for patients who had aggressive fatalities before PSA screening was widely available. However, the pooled ORs in the pre-PSA and PSA-era subgroups were similar. Moreover, data stratified by prostate cancer aggressiveness were not available from the included studies. We also note that, although we performed a careful search for papers published up to June 2014, the 21 included studies all appeared between 1975 and 2011.

# Conclusions

Our analysis found a potential association between gonorrhea and increased risk of prostate cancer, especially among African American males. Because of the limited number of studies, more prospective cohort or intervention studies are warranted to confirm the findings of this meta-analysis. Such findings also warrant investigations of the underlying mechanisms that may be responsible for this association.

## **Conflict of interest**

The authors declare that they have no conflicts of interest.

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