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# Research Article

# **Effect of Preoperative Atrial Fibrillation on Postoperative Outcome following Cardiac Surgery**

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Atrial fibrillation remains the commonest arrhythmia encountered in cardiac surgery. Data on the effect of preoperative atrial fibrillation on postoperative outcome remain limited. We sought to assess the effects preoperative atrial fibrillation on patients' outcome following cardiac surgery. This is a retrospective review of prospectively collected departmental data of all patients who underwent cardiac surgery over 8-year period. Our cohort consisted of 3777 consecutive patients divided into atrial fibrillation (n = 413, 11%) and sinus rhythm (n = 3364, 89%). Postoperative complications and in-hospital mortality were analysed. Univariate analysis showed significantly increased mortality and major complications in atrial fibrillation compared to sinus rhythm patients. Using multiple logistic regression analysis and after accounting for Euro SCORE as a confounding variable, we found that preoperative atrial fibrillation significantly increases the risk of mortality (OR 1.7), low cardiac output state (OR 1.3), prolonged ventilation (OR 1.4), infective complication (OR 1.5), gastrointestinal complications (OR 2.0), and intensive care unit readmission (OR 1.6). Preoperative atrial fibrillation in cardiac surgery patients increases their risk of mortality and major complications following cardiac surgery. Surgical strategies such as Cox-Maze procedure may be beneficial in these patients.

# 1. Introduction

Atrial fibrillation (A Fib) is the most common arrhythmia seen in cardiac surgery. In addition, it has also been identified in nonsurgical patients as a marker of severe cardiac disease and a risk factor for decreased long-term survival [1]. Advancing age has been shown to have a significant association with the incidence of A Fib, a relationship that is particularly important as the number of elderly patients referred for surgical revascularization is increasing [2]. Data from the society of thoracic surgery national adults cardiac database collected during 2002 and 2003 revealed that the prevalence of A Fib was 5.3% among patients undergoing isolated coronary artery bypass graft (CABG) but it increased to 6.1% in 2005 [3]. Although previous studies have examined the effects of preoperative A Fib on mortality following cardiac surgery, the full spectrum of postoperative complications that might be encountered in such patients has not been reported. In

addition, previous studies have concentrated on one type of cardiac surgery than the full spectrum of surgeries which might have impacted on the outcomes observed (e.g., CABG only, or aortic valve replacements alone or mitral surgeries only). We sought to assess the effect of preoperative A Fib on postoperative outcome in patients undergoing cardiac surgery in order to understand the potential deleterious effects of atrial fibrillation.

## 2. Patients and Methods

2.1. Patients. This is a retrospective review of a prospective database (Patient Analysis and Tracking System, Dendrite Clinical, UK). All patients who underwent isolated CABG, valve surgery, or combination of both at St James's hospital between January 2000 and July 2008 were reviewed. Three thousands and seven hundreds and seventy seven (n=3777) consecutive patients were included in the study. Patients were

Table 1: Preoperative variables among sinus rhythm and atrial fibrillation patients (n = 3777).

Variable	Atrial fibrillation $(n = 413)$	Normal rhythm $(n = 3364)$	<i>P</i> -value
Age (years)			
Mean ± SD	$67.9 \pm 9.4$	$63.4 \pm 10.1$	< 0.001
Gender			
Female	126 (31%)	808 (24%)	0.004
Euro SCORE (additive)			
Mean $\pm$ SD	$6.3 \pm 3.2$	$3.8 \pm 2.8$	< 0.001
Angina class (CCS)			
CCS 3-4	179 (43%)	1777 (53%)	< 0.001
NYHA score			
Moderate-severe	277 (67%)	1344 (40%)	< 0.001
Congestive cardiac failure	203 (49%)	469 (14%)	< 0.001
Number of previous MI			
None	294 (71%)	2032 (60%)	
One	92 (22%)	1103 (33%)	< 0.001
Two or more	27 (7%)	229 (7%)	
Interval of MI to surgery			
None	294 (71%)	2032 (60%)	
<90 days	62 (15%)	591 (18%)	<0.001
>90 days	57 (14%)	741 (22%)	
Diabetes mellitus	76 (18%)	601 (18%)	0.789
Hypercholeterolemia	210 (51%)	2359 (70%)	< 0.001
Hypertension	228 (55%)	1816 (54%)	0.638
Smoking status			
Current smoker	42 (10%)	532 (16%)	
Former smoker	226 (55%)	1787 (53%)	0.007
None smoker	145 (35%)	1045 (31%)	
Renal failure	51 (12%)	172 (5%)	< 0.001
Chronic obstructive pulmonary disease	65 (16%)	295 (9%)	<0.001
Cerebrovascular accident	36 (9%)	175 (5%)	0.003
Peripheral vascular disease	63 (15%)	541 (16%)	0.665
Extracardiac arteriopathy Extent coronary artery	24 (6%)	189 (6%)	0.873
disease Single/double years	101 (2404)	770 (23%)	
Single/double vessel Triple vessel	101 (24%) 159 (39%)	7/0 (23%) 2140 (64%)	< 0.001
_			<0.001
None Left main stem disease	153 (37%) 67 (16%)	454 (13%) 823 (24%)	~0.001
	07 (10%)	823 (24%)	<0.001
Ejection fraction	200 (5104)	1108 (2404)	
<50% >50%	209 (51%)	1198 (36%)	<0.001
	204 (49%)	2166 (64%)	0.206
Intra-aortic balloon pump	7 (2%)	34 (1%)	0.206
Operative priority	204 (059/)	2252 (0794)	
Elective/urgent	394 (95%)	3252 (97%)	0.183
Emergency/salvage	19 (5%)	112 (3%)	

TABLE 1: Continued.

Variable	Atrial fibrillation $(n = 413)$	Normal rhythm $(n = 3364)$	P-value	
Cardiac procedure				
CABG	140 (34%)	2624 (78%)		
CABG + valve	102 (25%)	263 (8%)	< 0.001	
Valve	171 (41%)	477 (14%)		
BMI $(kg/m^2)$				
Mean ± SD	$26.9 \pm 4.6$	$27.7 \pm 4.8$	0.003	
Cardiopulmonary bypass time (min)				
Mean $\pm$ SD	$121.0 \pm 45.7$	$98.5 \pm 40.8$	< 0.001	
Cross-clamp time (min)				
Mean $\pm$ SD	$79.0 \pm 32.7$	$58.6 \pm 24.9$	< 0.001	

BMI: body mass index.

CABG: coronary artery bypass graft.

CCS: canadian cardiovascular society.

MI: myocardial infarction.

NYHA: New York heart association.

divided into two groups based on their preoperative rhythm status: A Fib (n = 413, 11%) and normal sinus rhythm (n = 3364, 89%). Patients with other types of arrhythmias or those with automated implantable cardioverter defibrillator (AICD) were excluded from the study. All data were collected prospectively in a departmental database through the input of a dedicated database manager. The database was strictly controlled with twice yearly departmental reports generated and an annual report of departmental performance generated for audit purposes. All missing information was collected by reviewing patients' charts. Outcome measures studied were all types of postoperative complications, inhospital mortality and length of both hospital and intensive care unit (ICU) stay. This study and the database were both approved by our institutional review board. Individual patient consent was obtained for entry into the database. However, our institutional review board waived the need for individual patient consent for this study.

2.2. Definitions. All CABGs were performed through a median sternotomy. Operative priority was determined by cardiothoracic surgeons according to standard criteria. Emergency/salvage surgery refers to medical factors relating to patient's cardiac disease dictating that surgery should be performed within hours to prevent morbidity or death. Urgent operation means that medical factors require the patient to have an operation during the same admission (i.e., before discharge). Elective operation means that medical factors indicate the need for an operation through a readmission at a later date. Renal complications refer to postoperative renal failure that required dialysis or managed conservatively in patients with no prior history of same or patients with preexisting renal impairment that worsened after the surgery requiring dialysis. Neurologic complications refer to the incidence of transient ischemic attacks or permanent strokes. Gastrointestinal complications refer to gastrointestinal bleed,

pancreatitis, as well as bowel ischemia and obstruction. Infective complications refer to sternal/leg wound infections (requiring antibiotics or surgical intervention) and sepsis. Pulmonary complications refer to postoperative chest infection, tracheostomy insertion, pleural effusion requiring drainage, acute respiratory distress syndrome, respiratory arrest, and reintubation. Blood transfusion requirement refers to the need of transfusion of packed red blood cells and excluding the need of isolated platelet or fresh frozen plasma transfusion.

2.3. Data Analysis. Data analysis began by exploring the differences between the two groups for clinical, admission, and outcome variables. Categorical variables were compared using the Z test for proportion or Fisher's exact test as appropriate. Continuous variables were compared using independent t-test or the nonparametric Mann-Whiteney test based on the satisfaction of the normality assumption (Tables 1 and 2). The effect of atrial fibrillation on mortality and other patient outcome variables was further analyzed using logistic regression methods. Effect size of Atrial fibrillation on each individual outcome was quantified by crude odds ratios (OR), followed by adjusted OR after accounting for Euro SCORE (Table 3). Subgroup analysis of the type of operation and the outcome variables in relation to presence of atrial fibrillation is depicted in Table 4. OR, 95% confidence intervals (CI) as well as exact P-values are reported. Statistical analysis was performed using SPSS version 17 (SPSS, Chicago, IL, USA). The P values were considered statistically significant when <0.05.

#### 3. Results

Our cohort (n = 3777) consisted of 934 (25%) females and 2843 (75%) males. Age ranged from 19 to 89 years old with a mean ( $\pm 1$  S.D.) of 63.9 ( $\pm 10.1$ ) years old. In-hospital

Table 2: Postoperative outcome in atrial fibrillation patients undergoing cardiac surgery compared to sinus rhythm patients (n = 3777).

Outcome         Atrial fibrillation ( $n = 413$ )         Normal rhythm ( $n = 3364$ ) $P$ -value           Low cardiac output requiring Inotropes $\pm$ IABP         241 (58%)         1308 (39%)         <0.001           Reoperation         34 (8%)         182 (5%)         0.020           Ventilation time         <24 hours         348 (84%)         3161 (94%)         <0.001           >24 hours         65 (16%)         203 (6%)         <0.001           Pulmonary complication         97 (23%)         640 (19%)         0.031           Neurological complications         37 (9%)         228 (7%)         0.101           Renal failure         Dialysis/nondialysis         53 (13%)         208 (6%)         <0.001           No         360 (87%)         3156 (94%)         <0.001           Infective complications         60 (15%)         253 (8%)         <0.001           Gastrointestinal complications         13 (3%)         39 (1%)         <0.001           ICU stay (days)         Mean $\pm$ SD         3.4 $\pm$ 7.4         1.9 $\pm$ 4.3         <0.001           Length of hospital stay (days)         Mean $\pm$ SD         12.7 $\pm$ 17.4         8.7 $\pm$ 11.4         <0.001           Blood transfusion         231 (56%)         1486 (44%)         <0.001      <				
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	Outcome			P-value
Inotropes $\pm$ IABP       241 (38%)       1308 (39%)       <0.001         Reoperation       34 (8%)       182 (5%)       0.020         Ventilation time       348 (84%)       3161 (94%)       <0.001		(n = 413)	(n = 3364)	
Ventilation time         <24 hours		241 (58%)	1308 (39%)	< 0.001
<24 hours348 (84%) $3161 (94\%)$ 203 (6%)<0.001>24 hours $65 (16\%)$ $203 (6\%)$ 0.031Pulmonary complication $97 (23\%)$ $640 (19\%)$ 0.031Neurological complications $37 (9\%)$ $228 (7\%)$ 0.101Renal failure $0.001$ $0.001$ $0.001$ No $0.001$ $0.001$ $0.001$ Infective complications $0.001$ $0.001$ $0.001$ Gastrointestinal complications $0.001$ $0.001$ $0.001$ ICU stay (days) $0.001$ $0.001$ $0.001$ ICU readmission $0.001$ $0.001$ $0.001$ Length of hospital stay (days) $0.001$ $0.001$ $0.001$ Blood transfusion $0.001$ $0.001$ $0.001$ Status $0.001$ $0.001$ $0.001$	Reoperation	34 (8%)	182 (5%)	0.020
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Ventilation time			
>24 hours       65 (16%)       203 (6%)         Pulmonary complication       97 (23%)       640 (19%)       0.031         Neurological complications       37 (9%)       228 (7%)       0.101         Renal failure       0.101       0.101       0.101         Dialysis/nondialysis       53 (13%)       208 (6%)       0.001         No       360 (87%)       3156 (94%)       0.001         Infective complications       60 (15%)       253 (8%)       0.001         Gastrointestinal complications       13 (3%)       39 (1%)       0.001         ICU stay (days)       Mean $\pm$ SD       3.4 $\pm$ 7.4       1.9 $\pm$ 4.3       0.001         ICU readmission       29 (7%)       99 (3%)       0.001         Length of hospital stay (days)       Wean $\pm$ SD       12.7 $\pm$ 17.4       8.7 $\pm$ 11.4       0.001         Blood transfusion       231 (56%)       1486 (44%)       0.001	<24 hours	348 (84%)	3161 (94%)	<0.001
Neurological complications $37 (9\%)$ $228 (7\%)$ $0.101$ Renal failure       Dialysis/nondialysis $53 (13\%)$ $208 (6\%)$ $<0.001$ No $360 (87\%)$ $3156 (94\%)$ $<0.001$ Infective complications $60 (15\%)$ $253 (8\%)$ $<0.001$ Gastrointestinal complications $13 (3\%)$ $39 (1\%)$ $<0.001$ ICU stay (days)       Mean $\pm$ SD $3.4 \pm 7.4$ $1.9 \pm 4.3$ $<0.001$ ICU readmission $29 (7\%)$ $99 (3\%)$ $<0.001$ Length of hospital stay (days)         Mean $\pm$ SD $12.7 \pm 17.4$ $8.7 \pm 11.4$ $<0.001$ Blood transfusion $231 (56\%)$ $1486 (44\%)$ $<0.001$ Status	>24 hours	65 (16%)	203 (6%)	<0.001
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$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Neurological complications	37 (9%)	228 (7%)	0.101
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No $360 (87\%)$ $3156 (94\%)$ Infective complications $60 (15\%)$ $253 (8\%)$ $<0.001$ Gastrointestinal complications $13 (3\%)$ $39 (1\%)$ $<0.001$ ICU stay (days) $3.4 \pm 7.4$ $1.9 \pm 4.3$ $<0.001$ ICU readmission $29 (7\%)$ $99 (3\%)$ $<0.001$ Length of hospital stay (days)         Mean $\pm$ SD $12.7 \pm 17.4$ $8.7 \pm 11.4$ $<0.001$ Blood transfusion $231 (56\%)$ $1486 (44\%)$ $<0.001$ Status	Dialysis/nondialysis	53 (13%)	208 (6%)	<0.001
Gastrointestinal complications       13 (3%)       39 (1%)       <0.001	No	360 (87%)	3156 (94%)	<0.001
ICU stay (days) $3.4 \pm 7.4$ $1.9 \pm 4.3$ $<0.001$ ICU readmission $29 (7\%)$ $99 (3\%)$ $<0.001$ Length of hospital stay (days) $<0.001$ Mean $\pm$ SD $12.7 \pm 17.4$ $8.7 \pm 11.4$ $<0.001$ Blood transfusion $231 (56\%)$ $1486 (44\%)$ $<0.001$ Status	Infective complications	60 (15%)	253 (8%)	< 0.001
Mean $\pm$ SD $3.4 \pm 7.4$ $1.9 \pm 4.3$ $<0.001$ ICU readmission $29 (7\%)$ $99 (3\%)$ $<0.001$ Length of hospital stay (days) $<0.001$ Mean $\pm$ SD $12.7 \pm 17.4$ $8.7 \pm 11.4$ $<0.001$ Blood transfusion $231 (56\%)$ $1486 (44\%)$ $<0.001$ Status	Gastrointestinal complication	s 13 (3%)	39 (1%)	< 0.001
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Length of hospital stay (days) $Mean \pm SD$ 12.7 $\pm$ 17.4 8.7 $\pm$ 11.4 <0.001 Blood transfusion 231 (56%) 1486 (44%) <0.001 Status	Mean $\pm$ SD	$3.4 \pm 7.4$	$1.9\pm4.3$	< 0.001
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Blood transfusion 231 (56%) 1486 (44%) <0.001 Status	Length of hospital stay (days)			
Status	Mean $\pm$ SD	$12.7\pm17.4$	$8.7\pm11.4$	< 0.001
	Blood transfusion	231 (56%)	1486 (44%)	< 0.001
A1:	Status			
Alive 375 (91%) 3278 (97%) <0.001	Alive	375 (91%)	3278 (97%)	<0.001
Dead 38 (9%) 86 (3%)	Dead	38 (9%)	86 (3%)	<0.001

ICU: intensive care unit. IABP: intraaortic balloon pump.

Table 3: Logistic regression analysis for atrial fibrillation and outcome (unadjusted and Euro SCORE adjusted) (n = 3777).

		Unadjusted			Euro SCORE Adjusted			
	OR	95% C.I	<i>P</i> -value	OR	95% C.I	<i>P</i> -value		
Death	3.9	(2.6-5.7)	< 0.001	1.7	(1.1-2.7)	0.013		
Low Cardiac	2.2	(1.8-2.7)	< 0.001	1.3	(1.03-1.6)	0.026		
Reoperation	1.6	(1.1-2.3)	0.020	1.1	(0.8-1.7)	0.501		
Ventilation	3.0	(2.2-3.9)	< 0.001	1.4	(1.0-1.96)	0.048		
Pulmonary	1.3	(1.0-1.7)	0.030	0.96	(0.7-1.2)	0.734		
Neurological	1.4	(0.9-2.0)	0.100	0.9	(0.6-1.3)	0.507		
Renal	2.2	(1.6-3.1)	< 0.001	1.3	(0.9-1.8)	0.197		
Infective	2.1	(1.5-2.8)	< 0.001	1.5	(1.1-2.1)	0.010		
GI*	2.8	(1.5-2.2)	0.002	2.0	(1.0-3.9)	0.044		
ICU	2.5	(1.6-3.8)	< 0.001	1.6	(1.0-2.5)	0.047		
Blood transfusion	1.6	(1.3–1.8)	<0.001	0.8	(0.6–0.99)	0.043		

 $<sup>^{*}</sup>$  GI: gastrointestinal complications.

ICU: intensive care unit readmission.

mortality overall was 3.3% (124 patients). The incidence of preoperative A Fib in our cohort was 11% (413 patients)

while 89% of patients were in normal sinus rhythm preoperatively (n = 3364). Preoperative factors and patient characteristics among the two groups are summarized in Table 1. As shown in this table, patients with preoperative A Fib were on average 4.5 years older, more females, higher Euro SCORE, with higher New York heart association (NYHA) grades, but lower Canadian cardiovascular society (CCS) grades. The incidence of congestive heart failure, renal failure, chronic obstructive pulmonary disease, and cerebrovascular accidents were also higher in the A Fib group. A Fib patients had higher incidence of valve surgery or combination of CABG and valve surgery than sinus rhythm patients. There was no significant difference between the two groups in relation to diabetes, hypertension, peripheral vascular disease, extracardiac arteriopathy, preoperative intraaortic balloon pump (IABP) requirement, and operative priority.

The full spectrum of postoperative complications and inhospital mortality among the two groups is summarized in Table 2. As shown, mortality was significantly higher in A Fib group (9% versus 3%, P < 0.001). In addition, the lengths of both hospital and ICU stay were significantly higher in the A Fib group. All types of postoperative complications including low cardiac output state, pulmonary complications, renal failure, infective complications, gastrointestinal complications, and reexploration were significantly higher in A Fib patients. Neurological complications were the only exception where no significant increase was noted.

By using logistic regression analysis (Table 3), crude and adjusted odds ratios (OR) were calculated. By adjusting for potential confounding variable such as Euro SCORE, we found that preoperative atrial fibrillation is significantly associated with in-hospital mortality (OR 1.7), low cardiac output (OR1.3), prolonged ventilation (OR 1.4), infective complications (OR 1.5), gastrointestinal complications (OR 2.0), and ICU readmission (OR 1.6) compared to normal sinus rhythm patients. Subgroup analysis of the type of surgical procedure and magnitude of the adverse influence of atrial fibrillation on each outcome variable is shown in Table 4.

# 4. Discussion

A Fib remains the most common arrhythmia seen in cardiac surgery both preoperatively and postoperatively. Various studies have examined the effect of postoperative A Fib on patients' outcome following cardiac surgery. However, only limited studies have examined the effect of preoperative A Fib on patients' outcome following cardiac surgery [4–8]. As summarized in Table 5, all these studies have inherent limitations such as type of surgery performed, the number of patients enrolled, and the type of morbidity examined. To date, our study remains the only study which comprehensively examined all types of postoperative complications in A Fib patients undergoing cardiac surgery. This is important as factors such as advancing age is a risk factor for A Fib, and cardiac surgery patients are increasingly referred at older age where this problem is most common. An understanding

Table 4: Subgroup analysis of the type of surgery and magnitude of adverse influence of atrial fibrillation on each outcome variable (n = 3777).

		CABG		CABG + valve			Isolated valve		
	OR	95% C.I	P-value	OR	95% C.I	<i>P</i> -value	OR	95% C.I	P-value
Death	2.0	0.98-4.2	0.056	2.5	1.0-5.9	0.045	1.5	0.7-3.5	0.319
Low cardiac	0.8	0.5-1.1	0.206	1.9	1.1-3.2	0.021	1.99	1.4-2.9	< 0.001
Reoperation	1.3	0.6-2.7	0.503	1.1	0.5-2.2	0.834	0.7	0.3-1.4	0.299
Ventilation	0.97	0.5-1.9	0.926	1.6	0.9-2.9	0.135	1.4	0.8-2.4	0.284
Pulmonary	1.2	0.8-1.8	0.425	1.2	0.7-2.0	0.433	0.7	0.4-1.2	0.190
Neurological	0.7	0.3-1.4	0.337	0.9	0.4-1.9	0.815	0.97	0.5-1.8	0.927
Renal	0.9	0.5-1.8	0.806	2.3	1.2-4.2	0.011	0.99	0.5-1.8	0.973
Infective	1.1	0.6-1.9	0.769	2.7	1.5-4.8	0.001	1.7	0.9-3.4	0.132
GI*	2.1	0.7 - 6.4	0.177	2.7	0.9-7.8	0.075	0.9	0.1-5.3	0.889
ICU**	1.4	0.6-3.0	0.428	2.1	0.9-4.9	0.099	1.6	0.7-3.7	0.286
Blood	0.8	0.5-1.1	0.157	0.8	0.5-1.3	0.344	0.8	0.6-1.2	0.402

CABG: coronary artery bypass graft.

of the pattern of such complications and the effect of A Fib on outcome following surgery can lead to potentially preventative strategies to decrease the burden of these complications such as the use of concomitant Cox-MAZE procedure.

As shown in Tables 3 and 4, there was an increase in the rate of in-hospital mortality among A Fib patients compared to those in sinus rhythm. This effect persisted after adjusting for confounding variable such as Euro SCORE. In addition, low output state, gastrointestinal complications, and ICU readmission were also significantly increased in A Fib patients. Various reasons can potentially explain these observed effects. Preoperative atrial fibrillation can lead to low cardiac output postoperatively, hence the requirement of both rate control and inotropic support which in itself is arrhythmogenic. Our finding of low output state in preoperative A Fib patients is supported by previous observations [7, Table 5]. The effect of preoperative A Fib on gastrointestinal complications is a direct result of both low output state and embolic nature of such cases. These can lead to bowel ischemic or unstable gastrointestinal haemorrhages from low perfusion state [9]. Data on short-term mortality in A Fib patients are rather conflicting (Table 5). Some have showed increase in hospital mortality [7] while others did not. The main reason for the conflicting results stem from the number of patients analysed in these studies. Larger series showed significant association with hospital mortality while smaller series did not. This rise in mortality could be related to the complications observed in A Fib patients such as low output state and gastrointestinal complications and prolonged hospitalization or could be related to other factors perpetuated by A Fib itself.

The use of Cox-Maze procedure as a surgical strategy in dealing with preoperative A Fib patients is increasingly used. Data supporting the use of such procedure showed success rate of over 90% with low postoperative risk [10]. In addition, it also showed significantly reduced cost compared to medical therapy alone [10]. Our data show the increased risks of mortality and major morbidities may lend support to the routine inclusion of such procedure in A Fib patients undergoing cardiac surgery. Although, this has to be studied in dedicated studies.

## 5. Limitation of Study

There are few inherent limitations in our study. Firstly, our study is a retrospective study and as such we can only report an association rather than causality which could only be established by a randomized controlled trial. Secondly, no long-term followup is available for our patients that were included in this series. Thirdly, our data base does not record type of atrial fibrillation preoperatively (i.e., whether paroxysmal or chronic) which may or may not have different impact on outcomes observed. However, within these limitations, we believe our work does raise important observation that will stimulate more research into some preventative strategies when dealing with patients with preoperative atrial fibrillation.

#### 6. Conclusion

As shown by our work and supported by other observations from literature, preoperative atrial fibrillation does increase the risk of mortality and major complications following cardiac surgery. Surgical strategies such as Cox-Maze procedure may be beneficial in these patients.

# **Conflict of Interests**

The authors declare they have no conflict of interests.

<sup>\*</sup>GI: gastrointestinal complications.

<sup>\*\*</sup>ICU: intensive care unit readmission.

Table 5: Summary of previously published studies examining the effect of preoperative atrial fibrillation (A Fib) on outcome following cardiac surgery.

First author/year	Type of study/number		limitations/comment
Ngaage et al. [4], 2006	Retrospective $n = 381$	<ol> <li>A Fib patients had significantly lower survival at 1, 5, and 7 years than sinus rhythm patients.</li> <li>A Fib patients had higher incidences of stroke, congestive heart failure and rhythm-related intervention on followup.</li> <li>A Fib was an independent predictor of late adverse cardiac and cerebrovascular events but not late death.</li> <li>A trend towards increase in-hospital mortality among A Fib patients.</li> </ol>	<ul><li>(1) Patients were matched for age, gender, and ejection fraction.</li><li>(2) Only included aortic valve replacements.</li></ul>
Rogers et al. [5], 2006	Retrospective $n = 5092$	<ol> <li>A Fib occurred in 3.4% of patients undergoing isolated elective CABG.</li> <li>No difference in hospital mortality between sinus rhythm and A Fib patients.</li> <li>A Fib patients had longer hospital stay and higher requirement of intraaortic balloon pump.</li> <li>A Fib patients had 49% higher risk of death after 5 years of surgery than sinus rhythm patients.</li> </ol>	<ul><li>(1) Only elective CABG (on-pump and off-pump).</li><li>(2) Limited morbidities were examined.</li></ul>
Ngaage et al. [6], 2007	Retrospective $n = 526$ (matched analysis)	<ol> <li>A Fib occurred in 8.3% of patients undergoing isolated CABG.</li> <li>Operative mortality was similar between sinus rhythm and A Fib patients.</li> <li>A Fib patients had longer hospitalization.</li> <li>A Fib patients had more late hospital admission (median followup 6.7 years).</li> <li>A Fib patients had 40% higher late mortality risk from all causes compared to sinus rhythm patients with more MACE in A Fib patients.</li> <li>A Fib patients had 2.1 relative risk of pacemaker insertion than sinus rhythm patients.</li> </ol>	<ol> <li>(1) Only on-pump CABG included.</li> <li>(2) Small sample size overall.</li> <li>(3) Only examined MACE, stroke, mortality and hospital stay.</li> </ol>
Banach et al. [7], 2008	Retrospective $n = 3000$	(1) A Fib patients had lower survival at 6, 12, and 36 months post CABG. (2) A Fib was an independent risk factor for in-hospital death. (3) A Fib patients had 20% lower survival difference than sinus rhythm patients. (4) A Fib was associated with prolonged ventilation, low output state and prolonged hospital stay and ICU stay	Only CABG patients were included. The risks of other major complications were not evaluated.
Fukahara et al. [8], 2010	Retrospective $n = 513$	<ol> <li>(1) Preoperative A Fib occurred in 5.1% of patients.</li> <li>(2) No difference in operative mortality between A Fib and sinus rhythm patients.</li> <li>(3) A Fib patients had significantly lower survival at 5 years than sinus rhythm patients (70% versus 87%).</li> <li>(4) Freedom from cerebral complications was significantly decreased in A Fib patients.</li> <li>(5) No difference in cardiac mortality or MACE at 5 years.</li> <li>(6) A Fib was a significant adverse predictor of survival and independent predictor of late cerebral infarction.</li> </ol>	<ol> <li>(1) Only off-pump CABG included.</li> <li>(2) Transient ischemic attacks and cerebral haemorrhages were not counted as cerebrovascular events.</li> <li>(3) Sample size was small to detect early association between A Fib and postoperative mortality or morbidity.</li> <li>(4) Postoperative morbidities were not examined.</li> </ol>

ICU: intensive care unit.

MACE: major adverse cardiac events.

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