



**FULL PAPER** 

Virology

# **Development and evaluation of reverse** transcription-insulated isothermal PCR assay to detect duck hepatitis A virus type A in liver samples using the POCKIT<sup>™</sup> system

Yupeng REN<sup>1,2)</sup>, Hua YUE<sup>1)#\*</sup>, Lin ZHU<sup>2) #\*</sup>, Cheng TANG<sup>1)</sup> and Bin ZHANG<sup>1)</sup>

<sup>1)</sup>College of Life Science and Technology, Southwest Minzu University, South Section 4, First Ring Rd, Wuhou District, Chengdu City, Sichuan Province, 610041, P.R. China

<sup>2)</sup>College of Veterinary Medicine, Sichuan Agricultural University, Wenjiang District, Chengdu City, Sichuan Province, 611130, P.R. China

ABSTRACT. Duck hepatitis A virus (DHAV) infection is characterized by severe hepatitis. In recent years, DHAV-A has become widespread in Asia and has led to economic losses. Conventional methods of DHAV-A detection must often be performed in the laboratory with inconvenience equipment. We have developed a rapid reverse transcription insulated isothermal (RT-iiPCR) technique for the on-site detection of DHAV-A based on the POCKIT<sup>TM</sup> system in a convenient minitype device. We optimized the PCR primers and probes for the amplification of the DHAV-A 3C/3D genes, and successfully amplified a specific fragment of DHAV-A, but no fragment from 18 other duck pathogens. The limit of detection for viral RNA was 49 copies per reaction, and the sensitivity and specificity were each 100% in the analysis of 60 liver samples. By comparison, the sensitivities of RT-iiPCR was comparable in sensitivity to existing rRT-PCR. Furthermore, the RT-iiPCR results were 98.3% in agreement with those of the rRT-PCR, with a kappa value of 0.938. In conclusion, this new method not only offers a higher sensitivity and specificity than existing techniques, but also time-saving and better suited to field diagnoses because device is portable. KEY WORDS: detection, duck hepatitis A virus, insulated isothermal RT-PCR, real-time RT-PCR

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Duck hepatitis A virus (DHAV) is the commonest lethal causative agent of viral hepatitis in young ducks, and is characterized by petechia and ecchymotic hemorrhage on the liver surface [16]. Duck hepatitis is on the list of notifiable diseases of the World Organization for Animal Health. In China, domestic ducks in nine provinces were infected with the virus nearly five years, and evidence of its economic impact is growing [22]. The infected ducklings often displayed increased numbers of liver vacuoles, liver necrosis and hemorrhage, and a high mortality rate [26]. Severe cytokine storms caused by DHAV-induced hemorrhagic liver lesions, result in the rapid death of infected ducklings [24]. The levels of IL-2 and IL-6 are shown up-regulated during the first 24 hr of DHAV infection, and this is believed to be linked to the severe hepatic injury observed [27]. DHAV, which belongs to the family *Piconaviridae*, is genetically divided into three serotypes: DHAV-A is the original serotype, and is widely epidemic on duck-breeding farms worldwide; DHAV-B was isolated in Taiwan [21]; DHAV-C was isolated in China and South Korea [12]. No cross-neutralization between the genotypes and no antigenic relationships among these serotypes have been observed [12, 20]. DHAV-A has become widely distributed throughout Asia in recent years, with mortality rates of up to 95% in young ducklings <1 week of age [22]. An outbreak occurred in June 2015 on a duckling farm in Japan, with a 76% (251/330) mortality rate, and this was the first DHAV-A to be isolated in Japan since its outbreak in Japan in 1963 [11]. In Korea, although ducks have been vaccinated against DHAV-A since the 2000s, DHAV infections are still one of the most devastating diseases to the Korean duck industry. Epidemiological investigations revealed that 14.6% of DHAV infections in South Korea between 2013 and 2015 were caused by DHAV-A [13, 18]. Sixteen DHAV-A strains were identified between 2009 and 2013 in Vietnam [7]. In China, the highest number of outbreaks caused by DHAV-1 occurred in 2010-2015, and 23 DHAV-A field strains were isolated from different commercial duck farms in nine provinces (Jangsu, Shandong, Guangxi, Liaoning, Zhejiang, Fujian, Sichuan, Hube and Guangxi Provinces) [22]. Several duck pathogens present similar clinical symptoms, causing hepatitis, and which makes DHAV-A infections difficult to identify [8]. Therefore, immunological and molecular methods have been used for their rapid diagnosis. An

\*Correspondence to: Yue, H.: yhua900@163.com, Zhu, L.: 1xingyunliushui1@163.com

<sup>#</sup>These two authors contributed equally to this work. ©2019 The Japanese Society of Veterinary Science



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enzyme-linked immunosorbent assay (ELISA) based on the recombinant VP3 protein of DHAV-A was developed to efficiently monitor antibody levels in the sera of duck flocks with suspected DHAV infections [17]. However, this assay does not distinguish the different DHAV genotypes because of cross-reactivity. PCR-based assays are another mainstream method for laboratory test in etiologic diagnose, which possess the advantages of high accuracy, sensitiveness and cost effectiveness. Therefore, many techniques for DHAV-A detection have been developed including RT-PCR [5], real-time Taqman RT-PCR assay for the detection of DHAV-A [9, 25], and a real-time RT-PCR with SYBR green I for DHAV-A [10]. Although these methods are rapid and efficient and have low limits of detection, they must often be performed in the laboratory, with complex equipment.

Insulated isothermal PCR (iiPCR) is a kind of Rayleigh–Bénard convection technique to amplify gene *in vitro*. It involves the amplification of the target cDNA by cycling the reaction components through different temperature ranges to achieve the denaturation, annealing, and extension steps of PCR [4, 19]. Since it was first reported in 2002 [15], iiPCR assays have been used for the detection of many animal pathogens, including the H3N8 subtype of equine influenza virus [2] and foot and mouth disease virus [1]. The iiPCR assay has also been used as a qualitative method for the rapid on-site detection of malaria, achieving 96.9% efficiency and a lower detection limit of  $\geq$ 100 copies of plasmid DNA [6]. All iiPCRs are performed with the POCKIT<sup>TM</sup> system (GeneReach, Lexington, MA, U.S.A.), a small device that is extremely convenient for rapid on-site detection.

To develop a rapid method of detecting DHAV-A, we targeted the *3C/3D* genes of DHAV-A a rapid on-site RT-iiPCR assay. A one-step duplex rRT-PCR assay for DHAV [9] was evaluated in parallel with RT-iiPCR to compare their analytical sensitivities and specificities, and the accuracy of the two assays in detecting DHAV-A in liver samples. Two RNA extraction methods for use in liver samples were also compared.

# MATERIALS AND METHODS

#### Viruses, bacteria, and clinical samples

Four field strains of DHAV-A and 18 other pathogenic microorganisms that potentially infect ducklings were used to evaluate the specificity of the RT-iiPCR assay (Table 1). Sixty archived sequential DHAV-A-positive liver samples collected from sick ducklings (less than 3 weeks old) in May 2017 in China were sequenced at the Laboratory for Preventive Veterinary Science of Southwest University for Nationalities. All the animal procedures used in the present study were conducted in accordance with good animal practices, defined by the Laboratory Animal Use License (certificate no. SYXK [CHUAN] 2014-187).

#### Viral nucleic acid extraction and cDNA synthesis

Two different nucleic acid extraction methods, performed according to the manufacturer's instructions, were evaluated in this study. Initially, DHAV-A nucleic acid was extracted from 20 duck liver samples (12 of which were previously identified as positive) with TRIzol Reagent (Applied Biosystems Inc., Carlsbad, CA, U.S.A.). The total RNA was then reverse-transcribed to cDNA with the PrimeScript<sup>TM</sup> reverse transcription kit (TaKaRa Biotechnology, Dalian, China). These samples were then compared with those obtained with the PetNAD<sup>TM</sup> nucleic acid rapid extraction kit (GENERADAR Biotechnology Corp., Xiamen, China), which were prepared as follows. The clinical samples were centrifuged at 13,000 × g for 2 min before nucleic acid extraction. An aliquot (200  $\mu$ ) of the supernatant was mixed with 600  $\mu$ l of buffer PB1 and shaken for 1 min. Buffer PB2 (600  $\mu$ l) was added and the mixture was transferred to a spin column. The washing steps were performed as described in the manufacturer's manual. The total RNA was eluted in 50  $\mu$ l of PB5 elution buffer. All the nucleic acid preparations were stored at -80°C before testing.

Pathogeny species	No.	Source	RT-iiPCR detection
DHAV-A strains SWUN3518 to SWUN3521	4	а	+
DHAV-C strain SWUN3501 to SWUN3507	7	а	-
NDV SWUN 2690	1	а	-
GPV SWUN 5301	1	а	-
MPV SCAU 251	1	b	-
AIV CAHEC 343	1	с	-
FAV-1 SWUN 7002	1	а	-
DAstV-1 CAU121	1	d	-
DAstV-2 CAU122	1	d	-
Pasteurella multocida SWUN 0300	1	а	-
Escherichia coli (O46) SWUN 0314	1	а	-
Salmonella Enteritidis SWUN 5223	1	а	-
Riemrella anatipestifer SWUN 0233	1	а	_

Table 1. Reference strains and isolates used in this study for RT-iiPCR specificity testing

a, Southwest University for Nationalities, China; b, Sichuan Agricultural University, China; c, China Animal Health and Epidemiology Center, China; d, China Agricultural University, China. +, positive; –, negative. DHAV, duck hepatitis A virus; NDV, Newcastle disease virus; GPV, gosling parvovirus; MPV, muscovy parvovirus; AIV, avian influenza virus; FAV-1, fowl adenovirus-1; DAstV: duck astrovirus.

# Bacterial nucleic acid extraction

The DNA extraction kit (TaKaRa Biotechnology) was used to extract nucleic acid from plate cultures of bacteria. The nucleic acid samples were then used to test the specificity of the RT-iiPCR assays.

## Development of RT-iiPCR for DHAV-A

The primers and probe were designed according to the complete genome sequence (GenBank database) of 22 different DHAV-A strains (accession nos. KU923754, GU066825, JF828997, JQ804521, EU264072, FJ496340, FJ496341, FJ496344, FJ496339, FJ496342, FJ157179, FJ157173, FJ157178, FJ436047, GU944671, JF828999, JF829000, EF585200, NC008250, FJ971623, JF914945 and FJ496343), 10 different DHAV-C strains (accession nos. DQ256133, KC993890, GQ485311, KU860090, JF835025, GQ122332, EU755009, KP995438, JF914944 and JX312194), and two DHAV-2 strains (accession nos. EF067923.1 and EF067924.1). A 179 bp segment of the *3C/3D* genes of DHAV-A (accession no. KU923754) was set as the taget by using Primer Express software, version 1.0, for Taqman technology. The primer sequences were: 3C3DF, 5'-AGATCAGGAYCAGTATATG-3' and 3C3DR, 5'-GTATCCCAAGGATCTTCA-3'; and the Taqman probe sequence was VP3P, FAM-CACCACCACAGGARCCAG-BHQ1.

DHAV-A strain SWUN3518 was used to optimize the RT-iiPCR assay. Based on Uni-ii PCR Starter Kit instructions (GENERADAR Biotechnology Corp.), various concentrations of components were tested and screened in a total volume of 50  $\mu l$ , which included the forward and reverse primers at 10  $\mu$ mol/ $\mu l$  (0.5–4  $\mu l$ ), the 10  $\mu$ mol/ $\mu l$  probe (0.05–0.4  $\mu l$ ), 5 U/ $\mu l$  Taq DNA polymerase (1–5  $\mu l$ ), and 20  $\mu$ mol/ $\mu l$  reverse transcriptase (0.5–2  $\mu l$ ). Optimum conditions were determined by the absorption ratios at *A520/B520*.

The RT-iiPCR was carried out with the POCKIT<sup>TM</sup> device, with RT performed at 42°C for 10 min and iiPCR then performed at 95°C for 30 min. The reaction signals were processed with an optical detection module and shown automatically on the display screen. The results were converted automatically to "+" (positive), "–" (negative), or "?" (inconclusive), according to the default S/N thresholds of POCKIT<sup>TM</sup> [19].

## Sensitivity of RT-iiPCR

Total RNA was extracted from DHAV-A strain SWUN3521 with PetNAD<sup>TM</sup> nucleic acid rapid extraction. The Copy number was determined by rRT-PCR, as previously described [9]. Ten-fold serially diluted standard RNA templates with RNase-free water were simultaneously assayed by RT-iiPCR and rRT-PCR to compare the sensitivity. All samples were amplified under the optimum conditions.

#### Specificity of RT-iiPCR

Twelve major duck pathogens were used to determine the specificity of the RT-iiPCR (Table 1). Nucleic acid templates were extracted from DHAV-C (strains SWUN3501–SWUN3507), duck astrovirus 1 (DAstV-1), duck astrovirus 2 (DAstV-2), gosling parvovirus (GPV), muscovy parvovirus (MPV), avian influenza virus (AIV [H5N1]), fowl adenovirus-1 (FAV-1), *Pasteurella. multocida, Escherichia coli* (O46), *Salmonella* Enteritidis, and *Riemrella anatipestifer*.

#### Repeatability and reproducibility of RT-iiPCR

Six different RNA dilutions of positive samples  $(1 \times 10^{-2} \times 10^{-7})$  were used to evaluate the reproducibility of the RT-iiPCR. Each sample was amplified in triplicate.

#### Analysis of RT-iiPCR and comparison with rRT-PCR

A one-step duplex rRT-PCR assay, which was established as previously described, was compared with the RT-iiPCR. The primer sequences used were: F3, 5'-CCATCTGTGTCATTGTGTTAGGCA-3' and R3, 5'-CAAATCAGTTTCAAGGAGTTCTCCA-3'; Taqman probe was P-VP0, HEX-ACCGACATGGCAATGGAACCTCCA-BHQ. The concentrations of relevant reagents and the thermocycling conditions for the detection of DHAV-A were as described previously [9]. A total of 60 clinical liver samples collected from sick ducklings were analyzed simultaneously by rRT-PCR and RT-iiPCR. The sensitivity and specificity of the assays were determined with  $2 \times 2$  contingency tables. The degree of agreement between the two assays was assessed by calculating Cohen's kappa ( $\kappa$ ) values.

# RESULTS

#### Protocol optimization

Optimization showed that the combination of 3  $\mu l$  of each (10  $\mu$ mol/ $\mu l$ ) primers, 0.3  $\mu l$  (10  $\mu$ mol/ $\mu l$ ) probes, 2  $\mu l$  (5 U/ $\mu l$ ) Taq DNA polymerase of 25  $\mu l$  Premix Ex Taq and 1.25  $\mu l$  (20 U/ $\mu l$ ) reverse transcriptase in a total volume of 50  $\mu l$  achieved the maximum *A520/B520* value of 4.4. These reagent volumes were used for all subsequent experiments.

*RT-iiPCR sensitivity:* The rRT-PCR assay detected a DHAV-A RNA concentration of  $4.91 \times 10^{10}$  copies/ $\mu l$ , which was serially diluted and tested in duplicate. A regression analysis of rRT-PCR indicated that good linearity was achieved (slope= -3.3157, R<sup>2</sup>=0.993; Fig. 1). The rRT-PCR amplification efficiency (%), calculated with the formula E=[ $10^{-1/slope} -1$ ] ×100%, was 100%. The rRT-PCR assay detection limit of detection was a dilution of  $10^{-7}$ – $10^{-8}$  (Table 2). However, the RT-iiPCR limit of detection was a dilution of  $10^{-8}$ – $10^{-9}$ , indicating that RT-iiPCR was more sensitive than rRT-PCR.



for duck neputitis revinus (Drifter) detection			
Dilution	DHAV-A SWUN3521 virus strains		
Dilution	RT-iiPCR	rRT-PCR (Ct value)	
10 <sup>-2</sup>	+	$15.27 \pm 0.043$	
$10^{-3}$	+	$17.32 \pm 0.037$	
$10^{-4}$	+	$21.14 \pm 0.029$	
$10^{-5}$	+	$24.25 \pm 0.034$	
$10^{-6}$	+	$27.37 \pm 0.051$	
$10^{-7}$	+	$32.17 \pm 0.075$	
$10^{-8}$	+	$34.84 \pm 0.096$	
$10^{-9}$	+	_	
$10^{-10}$	-	-	

 Table 2.
 Evaluation of rRT-PCR and RT-iiPCR sensitivity

 for duck hepatitis A virus (DHAV) detection

Limits of detection (LOD) are framed. -, negative; +, positive.

Fig. 1. The linear relationship of every dilution detected by rRT-PCR.

Table 3.	Performance evaluation of Per	NADTM and	TRIzol RNA	extraction	methods for	r duck hepatitis
A vir	us detection by rRT-PCR and R	T-iiPCR				

	Saguanaing	PetNA	D <sup>TM</sup>	TRIzol		
Sample ID	Sample ID result rRT-PCR (Ct value) RT-iiPCR		rRT-PCR (Ct value)	RT-iiPCR		
SCGH04	+	27.09	+	26.51	+	
SCGH 05	+	30.93	+	28.14	+	
SCGH08	+	32.11	+	30.07	+	
SCGH09	+	29.73	+	27.46	+	
SCGH10	+	29.16	+	29.05	+	
SCGH11	+	25.31	+	23.17	+	
SCGH12	+	26.44	+	24.32	+	
SCGH13	+	30.24	+	28.76	+	
SWUN18	+	31.57	+	25.06	+	
SWUN19	+	30.18	+	23.19	+	
SWUN20	+	29.36	+	24.18	+	
SWUN21	+	27.19	+	22.34	+	
SCMY14	-	Neg	-	Neg	_	
SCMY 27	-	Neg	-	Neg	_	
SCMY 31	-	Neg	-	Neg	_	
SCMY 36	-	Neg	-	Neg	_	
SCMY 49	-	Neg	-	Neg	_	
DA 14	-	Neg	-	Neg	_	
DY 17	-	Neg	-	Neg	_	
DY 32	—	Neg	_	Neg	_	

-, negative; +, positive.

## RT-iiPCR specificity

DHAV-A RNA could be detected from all four DHAV-A strains by RT-iiPCR, but nucleic acids extracted from 18 other duck pathogens could not be amplified (Table 1). These data indicate the high specificity of RT-iiPCR for DHAV-A.

# Comparison of two nucleic acid extraction methods

Samples extracted with TRIzol Reagent or PetNAD<sup>TM</sup> nucleic acid rapid extraction were compared simultaneously in the rRT-PCR and RT-iiPCR assays. Both methods of RNA extraction achieved the same positive detection rate for 20 DHAV-A samples of 60% (12/20) (Table 3), which agreed with the previous sequencing results. Therefore, the PetNAD<sup>TM</sup> nucleic acid rapid extraction achieved the same results as TRIzol Reagent, but is faster and does not require a high-speed centrifuge, which can be inconvenient for the on-site detection of pathogens.

## Comparison of rRT-PCR and RT-iiPCR in the analysis of liver samples

In order to compare the accordance rate of rRT-PCR with RT-iiPCR by referencing the sequencing results of amplification

			Sequencing results	
		Positive	Negative	Total
rRT-PCR	Positive	50	0	50
	Negative	1	9	10
	Total	51	9	60
		Sequencing results		
		Positive	Negative	Total
RT-iiPCR	Positive	51	0	51
	Negative	0	9	9
	Total	51	9	60
			rRT-PCR	
		Positive	Negative	Total
RT-iiPCR	Positive	50	1	51
	Negative	0	9	9
	Total	50	10	60

Table 4.	Contingency table for the level of agreement between rRT-PCR and RT-iiPCR assays
for th	e detection of duck hepatitis A virus in clinical sample

products to evaluate their sensitivity in detecting DHAV-A in liver samples, RNA was extracted from 60 archived liver samples with the PetNAD<sup>TM</sup> nucleic acid rapid extraction kit to be used for detection. Of these, 51 samples had been shown to be positive by sequencing analysis (Table 4). The rRT-PCR assay successfully detected DHAV-A nucleic acid in 50/51 established positive liver samples, while the 10 established negative liver samples were also confirmed by rRT-PCR (Table 4). By comparison, the RT-iiPCR assay successfully detected all 51 DHAV-A RNA-positive liver samples, identified previously with sequenceing (51/51). This demonstrates that the detection rate of RT-iiPCR is comparable in sensitivity to rRT-PCR. The sensitivity and specificity of the DHAV-A RT-iiPCR were both 100%, whereas they were 98.04 and 100% for the rRT-PCR, respectively. When compared with the sequencing results, the accuracy of the rRT-PCR was 98.3% (95% CI: 91.1–100%) ( $\kappa$ =0.98), whereas it was 100% (95% CI: 94–100%) ( $\kappa$ =1) for the RT-iiPCR. Therefore, rRT-PCR and RT-iiPCR were in good agreement with the real consequences in liver samples. Finally, the agreement between the two assays was 98.3% with a kappa value of 0.938 (Table 4), confirming the substantial level of agreement between the RT-rPCR and RT-iiPCR assays in detecting DHAV-A in liver samples.

#### Evaluation of RT-iiPCR reproducibility

RT-iiPCR was used to analyze six samples in triplicate, which were obtained from the serial 10-fold dilution (from  $10^{-2}$  to  $10^{-7}$ ) of DHAV-A strain SWUN3521. The results for all samples were positive. The consistency of this analysis is indicative of the high reproducibility of the RT-iiPCR.

# DISCUSSION

DHAV-A has recently decimated Asian poultry farms, especially in China, and has caused enormous economic losses for commercial duck farms. Liver injury is a characteristic of DHAV-A infection, but this can also be caused by many other duck pathogens including DHAV-B, DHAV-C, Newcastle disease virus, DAstv-1, and bacteria, so diagnosis can be difficult. Therefore, a rapid, effective, and reliable detection method for DHAV-A is required. Although viral isolation and purification are currently the recognized gold standard method of viral detection, their efficacy depends on the type of culture medium used, the susceptibility of the host cell, coinfection of multiple pathogens, and many other uncertain conditions [14].

Molecular methods are commonly used in laboratory diagnoses. For example, PCR is a rapid and efficient method with a low detection limit. However, it requires complex equipment, involves multiple steps, and is a time-consuming process. In recent years, RT-iiPCR has been widely used in the detection of pathogens [1, 3]. The reagents and reaction systems are contained in a small device (POCKIT<sup>TM</sup>), and results are obtained after the data are processed automatically with the default algorithm, and no manual data analysis or interpretation is required. Therefore, this method facilitates the rapid diagnosis of disease and can be applied to many situations.

In the present study, we developed a new RT-iiPCR assay for the detection of DHAV-A based on the POCKIT<sup>TM</sup> system. Similar to quantitative RT–PCR, this assay is based on TaqMan<sup>®</sup> probe hydrolysis, which generates a fluorescent signal. All the components for a single reaction, including 30  $\mu$ mol of each primers, 3  $\mu$ mol of probes, 10 U of Taq DNA polymerase, and 25 U of reverse transcriptase, are contained in one tube and processed with vacuum freeze-drying technology. The premixed reagents simply require dissolution in sterile deionized water before use. The technique also reduces the operating time, which minimizes sample contamination [23]. Four DHAV-A strains collected from different areas were correctly diagnosed by our RT-iiPCR assay, which displayed high specificity for DHAV-A (Table 1). The low limit of detection of the RT-iiPCR assay was 49.1 copies per reaction, which is better than that reported for duplex real-time RT-PCR, and its detection range was similar to that of rRT-PCR ( $10^{\circ} - 10^{-8}$  dilutions) (Table 2). The results of rRT-PCR and RT-iiPCR were in excellent agreement with the actual findings in 60 liver samples, and RT-iiPCR was in 98.3% agreement with rRT-PCR, with a  $\kappa$  value of 0.938 (Table 4). Moreover, the established RT-iiPCR assays had higher sensitivity and accuracy compared with rRT-PCR, and its advantages of rapid nucleic acid extraction, short processing time, and portability should make it popular for field diagnoses.

In this study, we developed an RT-iiPCR method based on the POCKIT<sup>TM</sup> system that can be applied with a minitype device that is convenient to transport. The entire detection process from RNA extraction to the results, takes only about 1 hr. The technique is both sensitive and specific. We propose that the RT-iiPCR/POCKIT<sup>TM</sup> system can be used as a reliable and effective tool for the diagnosis and detection of DHAV-A, and that it will facilitate the molecular epidemiological investigations of DHAV-A and prevent and control DHAV breeding reservoirs.

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