



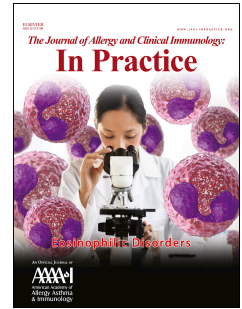
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# Journal Pre-proof

COVID-19 severity, cardiological outcome and immunogenicity of mRNA vaccine in adult patients with 22q11.2DS

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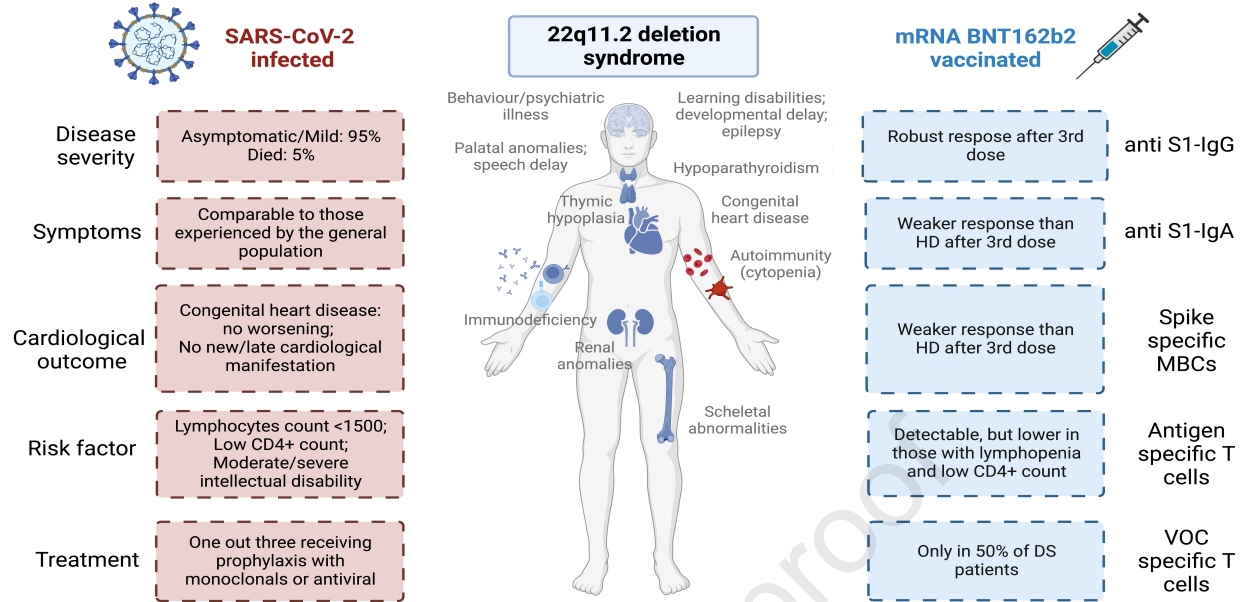
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1 **COVID-19 severity, cardiological outcome and immunogenicity of mRNA**  
2 **vaccine in adult patients with 22q11.2DS**

3

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40

41 **Abstract**

42

43 **Background.** The contemporaneous presence of immune-defects and heart diseases  
44 in patients with 22q11.2 deletion syndrome might represent risk factors for severe  
45 COVID-19.

46 **Objective.** To analyze SARS-CoV-2 outcome in 22q11.2DS patients and  
47 immunogenicity of different doses of mRNA SARS-CoV-2 vaccine.

48 **Methods.** Longitudinal observational study on SARS-Cov-2 outcome in 60 adults with  
49 22q11.2DS (March 2020-June 2022). Anti-Spike, and anti-receptor binding domain  
50 antibody responses, generation of Spike-specific memory B-cells and Spike-specific  
51 T-cells at different time points before and after the mRNA BNT162b2 vaccination were  
52 evaluated in sixteen 22q11.2DS patients.

53 **Results.** We recorded a 95% rate of vaccination, with almost all patients being  
54 immunized with the booster dose. Twenty-one patients had SARS-CoV-2 infection.  
55 Three patients were infected before vaccine availability, six after receiving two doses  
56 of vaccine and twelve after the booster dose. SARS-CoV-2- infection had a mild  
57 course, except one unvaccinated patient with several comorbidities who died from  
58 acute respiratory distress syndrome (fatality-rate: 5%). Infected patients had more  
59 frequently moderate/severe intellectual disability, lymphopenia and lower CD4+ count.  
60 Despite major congenital heart diseases, COVID-19 did not impact cardiological  
61 conditions. The BNT162b2 vaccine induced S1-IgG responses, low serum S1-IgA, and  
62 slightly impaired specific memory B-response. Specific T-cell responses observed  
63 were related to lymphocytes and CD4+ T cell counts.

64

65 **Conclusion.** SARS-CoV-2 infection had a mild course in most patients with  
66 22q11.2DS, even in patients with major cardiovascular diseases. Immunization  
67 induced Spike-specific IgG responses and generated specific memory B and T cells.  
68 The weaker memory responses in patients with lymphopenia suggested the need for  
69 additional doses.  
70

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## 71 **Highlights box**

72 • **What is already known about this topic?** At present, data on the course of  
73 SARS-CoV-2 infection in 22q11.2DS patients are scarce and limited mainly to  
74 pediatric case reports. Data on immunological response to immunization are  
75 lacking.

76 • **What does this article add to our knowledge?** SARS-CoV-2 infection in  
77 22q11.2DS had a mild course in most patients, even in those with major  
78 cardiovascular diseases. Lymphopenia represents a risk factor for becoming  
79 infected. The mRNA BNT162b2 vaccine induced Spike-specific IgG responses  
80 and generated specific memory B and T cells.

81 • **How does this study impact current management guidelines?** The weaker  
82 memory responses in patients with lymphopenia suggested the need for  
83 periodic reassessment of serology to identify patients needing additional recall  
84 dose administration. Fatal course in one unvaccinated person highlight the  
85 importance of immunization to protect this population from severe COVID-19

86

87 **Key words:** SARS-CoV-2 infection, COVID-19, 22q11.2 deletion syndrome,  
88 cardiovascular disease, mRNA BNT162b2 vaccine, Spike antibody response, Specific  
89 memory B cells, Specific T cells, Lymphopenia, CD4 T cells.

90

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93

94 **Conflicts of interest:** The authors declare they have not any conflict of interest



**95 List of abbreviations**

96 22q11.2DS 22q11.2 deletion syndrome

97 BMI body mass index

98 CBC complete blood count

99 CHD Congenital Heart Diseases

100 FISH fluorescent in-situ hybridization

101 HD healthy donors

102 IAA interrupted aortic arch

103 IEIs Inborn Errors of Immunity

104 Ig immunoglobulin

105 MBC Memory B cell

106 NPS nasopharyngeal swab

107 NR nonresponders

108 PA+VSD pulmonary atresia and ventricular septal defect

109 RBD Receptor Binding Domain (RBD) specific B-cells

110 R Responders

111 SARS-CoV-2 Severe Acute Respiratory Syndrome Coronavirus 2

112 ToF Tetralogy of Fallot

113 TA truncus arteriosus

114 VOC Variant of Concern

115 VSD isolated ventricular septal defects

116

117

118

**119 Introduction.**

120 Despite being prioritized in vaccination campaigns, patients with Inborn Errors of  
121 Immunity (IEIs) became frequently infected with Severe Acute Respiratory Syndrome  
122 Coronavirus 2 (SARS-CoV-2), showing higher inpatient mortality at a younger age  
123 than the general population (1-4). Studies have been run to assess the efficacy of  
124 immunization strategies in IEIs (5-8). However, data on COVID-19 and immunological  
125 correlates of SARS-CoV-2 immunization in people with 22q11.2 deletion syndrome  
126 (22q11.2DS) are sporadic and refer primarily to pediatric patients (9-14) or self-  
127 completing surveys (15). Individuals with 22q11.2DS can present with a wide range of  
128 features, including immune deficiency, congenital heart diseases (CHDs), palatal  
129 abnormalities, learning difficulties, and neuropsychiatric disorders (16-18).  
130 Immunological defects are variable, ranging from the absence of the thymus with a  
131 SCID-like phenotype to less severe impairment with T-lymphocytopenia and  
132 autoimmunity (19-21). In adults, homeostatic expansion and reconstitution of the T-  
133 cell compartment have been described, with the early conversion of naive to memory  
134 T-cells, shorter telomeres, and lower T-cell recombination excision circles, possibly  
135 leading to perturbation in T-cell function (22,23). In addition, hypogammaglobulinemia  
136 and abnormal B-cell function might contribute to infection recurrence (24,25) and  
137 reduced immunogenicity of vaccines (26-28). The presence of immune-defects and  
138 heart diseases (29), two conditions implicated in severe COVID-19, puts this  
139 population at high risk in the pandemic, such as adults and children with previous or  
140 preexisting cardiovascular conditions had an increased risk for severe COVID-19,  
141 such as adults and children with previous or preexisting cardiovascular conditions had  
142 an increased risk for severe COVID-19 (30,31). In addition, COVID-19 has been  
143 associated with developing several new cardiovascular pathologies (32). In the

144 22q11.2DS population, cardiac consequences of COVID-19 remain largely unknown,  
145 both in patients with and without CHD. In this study, we assessed the clinical course  
146 of SARS-CoV-2 infection by a longitudinal study of a monocentric cohort of 60  
147 22q11.2DS adults, aiming to analyze if 22q11.2DS-associated conditions might affect  
148 the COVID-19 severity (and vice versa). As secondary objectives, we analyzed the  
149 antibody- and B/T-specific responses after two and three doses of the BNT162b2  
150 mRNA-based SARS-CoV-2 vaccine.

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**151 Methods**

152 *Study on COVID-19 infection.* The observational-longitudinal study was carried out on  
153 60 adults with 22q11.2DS followed up at Policlinico Umberto I, Sapienza University of  
154 Rome, between the 1st of March 2020 and the 30th of June 2022. All patients harbored  
155 a 22q11.2 microdeletion, verified through multicolor fluorescent in-situ hybridization  
156 (FISH) or by CGH array at the time of diagnosis.

157 Soon after the pandemic began, we informed all patients about the pandemic risk,  
158 prevention measures, and the need to contact the hospital in case of SARS-CoV-2  
159 infection. Patients were tested for SARS-CoV-2 by RT-PCR on the nasopharyngeal  
160 swab (NPS) every time they attended a hospital site, in case of positive household  
161 contacts irrespective of symptoms, and upon onset of symptoms possibly related to  
162 COVID-19. In SARS-CoV-2 positive patients, we evaluated the duration of the viral  
163 shedding by recording the dates of the first positive and first negative NPS, COVID-19  
164 severity (scored according to WHO stage (33), hospitalization, vaccination status, and  
165 SARS-CoV-2 specific treatments and cardiological outcome. Cardiological outcome  
166 was evaluated by chart reviews and self-reports during acute infection for out-patients,  
167 by medical files for hospitalized patients, and, after recovery, by transthoracic Doppler  
168 echocardiography and EKG at rest. For both infected and noninfected patients, we  
169 collected clinical characteristics, including neuropsychiatric, cardiovascular, and  
170 immunological diseases. Cardiovascular conditions included major CHD such as  
171 tetralogy of Fallot (ToF), pulmonary atresia and ventricular septal defect (PA+VSD),  
172 truncus arteriosus (TA), interrupted aortic arch (IAA), and isolated ventricular septal  
173 defects (VSD). In addition, we evaluated the presence of acquired conditions including  
174 arrhythmias, cardiac function impairment, previous heart surgery, and other. We also  
175 retrieved known risk factors for severe COVID-19 courses, such as overweight,

176 obesity, hypertension, diabetes mellitus, intellectual and developmental disabilities,  
177 mental health disorders, smoking, use of corticosteroids or other immunosuppressive  
178 medications (34). Overweight and obesity were defined as having body mass index  
179 (BMI) 24.9-29.9 and >30, respectively. Immunological lab data included complete  
180 blood count (CBC) and immunoglobulin (Ig) serum levels.

181

182 *Prospective study on immunological response to immunization.* In six 22q11.2DS  
183 adults naive to SARS-CoV-2 infection, we carried out a pilot study on immunological  
184 response to BNT162b2 immunization after two vaccine doses. Then, we extended the  
185 study to sixteen 22q11.2DS adults naive to SARS-CoV-2 infection who received three  
186 doses of the BNT162b2 vaccine. The vaccine was administered in two doses, 21 days  
187 apart; the third dose was administered six months after completing the full  
188 immunization schedule. We obtained blood samples for serological and cellular  
189 immunity assessment before the first dose (T0), one week after the second dose (post  
190 2D), six months after the second dose on the day of the third dose administration (pre  
191 3D), and one week after the third dose (post 3D). Twenty-four age-matched healthy  
192 donors (HD) were included as controls. Eligible patients informed about the study and  
193 subscribed to informed consent for vaccination and the immunological study. The  
194 Ethical Committee of the Sapienza University of Rome approved the study (Prot.  
195 0521/2020, the 13th of July 2020). The study was performed following the Good  
196 Clinical Practice guidelines, the International Conference on Harmonization  
197 guidelines, and the most recent version of the Declaration of Helsinki.

198

199 *ELISA for Specific IgG and IgA detection.* A semi-quantitative in vitro determination of  
200 anti-SARS-CoV-2 IgG and IgA was performed on serum samples using the Anti-

201 SARS-CoV-2 Spike ELISA (EUROIMMUN), according to the manufacturer's  
202 instructions and previously reported (5). Results are reported as the ratio between the  
203 OD sample and the OD calibrator. The ratio interpretation was as follows:  $< 0.8 =$   
204 negative,  $\geq 0.8$  to  $< 1.1 =$  borderline,  $\geq 1.1 =$  positive.

205

206 *Cell Isolation and Cryopreservation.* Peripheral blood mononuclear cells (PBMCs)  
207 were isolated by Ficoll Paque™ Plus 206 (Amersham PharmaciaBiotech) density-  
208 gradient centrifugation and immediately frozen and stored in liquid nitrogen until use.  
209 The freezing medium contained 90% Fetal Bovine Serum (FBS) and 10% DMSO.

210

211 *Detection of Antigen-Specific B-Cells.* Recombinant biotinylated SARS-CoV-2 Spike  
212 (S1+S2; aa16-1211, R&D systems) was individually multimerized with streptavidin  
213 BUV395 (BD Bioscience) and streptavidin PE (BD Bioscience) at 25:1 ratio and 20:1  
214 ratio, respectively at 4 °C for 1 h. Biotinylated RBD (kindly provided by Takis) was  
215 mixed with streptavidin-FITC (BD Bioscience) at 2.5:1 ratio. Non-specific streptavidin-  
216 binding B-cells were gated out with streptavidin PE-Cy7 (BD Bioscience).  $5 \times 10^6$   
217 previously frozen PBMC samples were stained with a 100 ng Spike *per* probe (total  
218 200 ng), 27.5 ng of RBD, and 20 ng of streptavidin-PE-Cy7 at 4 °C for 30 min. After  
219 washing the cells, surface staining was performed in a brilliant buffer at 4 °C for 30 min.  
220 Memory B cells (MBCs) were defined as CD19+CD24+CD27+ (Repository Figure E1,  
221 Gating strategy). MBCs specific for SARS-CoV-2 were distinguished by their ability to  
222 bind biotin-labeled recombinant Spike into S+ (PE single positive) or S++ (PE-BUV395  
223 double positive). Among Spike specific MBCs we were able to identify RBD specific  
224 MBCs. Stained PBMC samples were acquired by FACS LSRFortessa (BD  
225 Bioscience). At least  $4 \times 10^6$  cells were acquired and analyzed using FlowJo10.7.1

226 (BD Bioscience). Phenotype analysis of antigen-specific B-cells was performed only  
227 when at least 10 cells were detected in the respective antigen-specific gate.

228

229 *Detection of SARS-CoV-2-Specific T cell response.* The frequency of Spike-specific T  
230 cells before and after vaccination was assessed by standard IFN $\gamma$  ELISpot assay, as  
231 previously described (35,36). PBMC were thawed and rested overnight at 37°C in R10  
232 medium [RPMI 1640 (Sigma Aldrich) supplemented with 10% heat-inactivated highly  
233 defined fetal bovine serum (FBS-HyClone), 2 mmol/L L-glutamine, 10 mmol/L HEPES  
234 buffer (N-2-hydroxyethylpiperazine-N-2-ethane sulfonic acid, Sigma Aldrich), 100 U/ml  
235 penicillin, and 100  $\mu$ g/mL streptomycin (Gibco)]. PBMC were plated at  $3 \times 10^5$   
236 cells/well in ELISpot plates (Human IFN- $\gamma$  ELISpot plus kit; Mabtech) and stimulated  
237 for 18-20 hours at 37 °C (5% CO $_2$ ) with a pool of peptides (Miltényi Biotec) spanning  
238 the whole spike protein of the wild type SARS-CoV-2, or with a pool of peptides  
239 spanning the mutated portion of the Omicron Spike protein and, as a control, with a  
240 pool of peptides spanning the same region of the wild type Spike protein. A  
241 superantigen (SEB) was used as a positive control. At the end of incubation, the  
242 ELISpot assay was developed according to the manufacturer's instructions. Results  
243 are expressed as spot-forming cells (SFC)/ $10^6$  PBMCs in stimulating cultures after  
244 subtracting the background. The cut-off value was set by calculating the mean of the  
245 background + 2 standard deviation (25 SFC).

246

247 *Statistical Analysis.* The primary analysis of the observational study was to investigate  
248 clinical and laboratory characteristics in two groups defined as SARS-CoV2 infected  
249 vs. uninfected. Continuous variables were described using median and interquartile  
250 ranges, categorical variables using frequencies and percentages. Secondary analysis

251 was performed to ascertain risk factors associated with SARS-CoV-2 infection in  
252 del22q11.2. To evaluate infection prediction performance of lymphopenia  
253 (lymphocytes < 1500/mm<sup>3</sup>), a simple logistic regression model was developed, and  
254 odds ratio (OR) and 95% confidence intervals were measured. For the study on  
255 immunization, patients have been compared with controls. Immunological and clinical  
256 variables were compared between the different study times. Values were compared  
257 by the non-parametric Kruskal–Wallis test, and, if not significant, the Wilcoxon  
258 matched pair signed-rank test or the two-tailed Mann–Whitney U-test were used.  
259 Differences were deemed significant when  $P < 0.05$ . Statistical analysis was performed  
260 with SPSS 18.0 soft- ware for Windows (SPSS, Chicago, IL, USA).

261

262



263 **Results.**

264 *Patients.* Sixty adults (median age 28 years (IQR:24-35), females 42%) with  
265 22q11.2DS were included in the study. CHD was recorded in 38% of patients, with  
266 VSDs and ToF being the most common condition (25% and 14%, respectively).  
267 Previous heart surgery was recorded for 30% of patients. Psychiatric conditions were  
268 recorded in 65% of participants, neurological conditions in 20%, learning issues in  
269 76%, autoimmune disorders in 42% (3% under immunosuppressive treatment). The  
270 analysis of known risk factors for severe COVID-19 identified 56% of patients being  
271 overweight, with 25% being obese; moreover 9% of patients had diabetes mellitus  
272 type-2 and 15% hypertension (Table 1). Baseline immunological evaluation (Table 2)  
273 showed lymphopenia in 38% of patients, with 17% having <400 CD4+ cells/mm<sup>3</sup>.  
274 Moreover, 8% of patients had low IgG serum levels, 16% a selective IgM deficiency  
275 (<35 mg/dL) and 4% a selective IgA deficiency (<68 mg/dL).

276

277 *SARS-CoV-2 infection.* Over the study period, 21 patients (35%) (median: 28 years,  
278 range: 18-51, females 48%) were diagnosed with SARS-CoV-2 infection (Figure 1).  
279 The median duration of qRT-positivity was 10 days (IQR:10-16.5). Twenty patients  
280 (95%) did not require hospital admission. The severity of infection was staged as  
281 asymptomatic in two patients (9,5%), mild in 18 patients (85,7%) and severe in one  
282 patient (4,8%). The most common symptoms were fever (57%), followed by cough  
283 (33%), asthenia (29%) and nasal discharge (19%).

284 Infected patients were analyzed during different periods of the pandemic (Figure 1 and  
285 Table 4). Three patients were diagnosed in the pre-vaccination period, from February  
286 2020 to March 2021 (main circulating VOC Wuhan). A 50-years old man affected by  
287 DMT2, hypertension, and obesity was diagnosed with SARS-CoV-2 infection seven

288 days after being hospitalized for acute kidney failure with nephrosis and secondary  
289 hypogammaglobulinemia. He developed COVID-19 acute respiratory distress  
290 syndrome and he was admitted to the intensive care unit to receive invasive  
291 mechanical ventilation, steroids, heparin and continuous renal replacement therapy.  
292 Ten days after the COVID-19 diagnosis the patient died. The other two unvaccinated  
293 had a mild course of infection and did not require specific treatment. In March 2021,  
294 vaccination against SARS-CoV-2 became available in Italy. In the following months  
295 (post-full immunization period), we recorded six cases of SARS-CoV-2 infection. In  
296 detail, from March to mid-July 2021 (main circulating VOC Alpha) two immunized  
297 patients (two doses) became infected, having an asymptomatic/mild course despite  
298 their risk factors. From mid-July to October 2021 (main circulating VOC Delta), four  
299 immunized patients (two doses) were infected, all with mild course despite having risk  
300 factors for severe COVID-19.

301 In October 2021, immunization with the booster dose began. In the following months,  
302 with the spread of the Omicron variant (post-booster dose period), 12 patients were  
303 infected, 10 with mild symptoms and two asymptomatic. Four months after recovery,  
304 one patient was re-infected by SARS-CoV-2 with a mild course. At the time of the  
305 SARS-CoV-2 infection, 11 patients were immunized with three doses of vaccine, and  
306 one patient with four doses (available from January 2022). Seven patients received  
307 anti-COVID-19 therapies (Table 4), showing a shorter duration of infection in  
308 comparison to untreated patients (10 days (IQR: 10-10) vs. 14.5 days (IQR: 10-28.5),  
309  $p=0,0109$ ).

310 Compared to uninfected patients, patients infected with SARS-CoV-2 had a more  
311 severe degree of intellectual disability (moderate/severe intellectual disability: 62% vs.

312 21%,  $p=0.0020$ ). However, the groups did not differ in age, gender, major CHD, or  
313 psychiatric issues.

314 Moreover, infected patients had a lower pre-infection lymphocytes count (1260  
315 cells/mm<sup>3</sup>, IQR: 1003-1796 vs. 1867 cell/mm<sup>3</sup>, IQR: 1392-2308,  $p=0.0055$ ) and lower  
316 CD4+ cells count (488 cell/mm<sup>3</sup>, IQR: 389-656,5 vs. 720 cell/mm<sup>3</sup>, IQR: 539-1000,  
317  $p=0.0051$ ) (Table 3).

318 A simple logistic regression confirmed lymphopenia ( $<1500$  cell/mm<sup>3</sup>) as predictor of  
319 SARS-CoV-2 infection (OD 15.7 (95%CI, 3.6-68.9). At the end of the study, 68.3% of  
320 patients had been vaccinated with three doses, 13,3% with four doses, 11,7% with two  
321 doses, and one patient (1,7%) with only one dose. Three patients (5%) were not  
322 vaccinated, including the patient who died before vaccine availability (Figure 2).

323

324 *Impact of SARS-CoV-2 infection on cardiovascular diseases.* Forty percent of patients  
325 who recovered from SARS-CoV-2 infection had a major CHD. During SARS-CoV-2  
326 infection, neither patients with CHD nor those without CHD displayed COVID-19  
327 related cardiovascular manifestations, including myocarditis. Only one patient with  
328 corrected ToF had transient hypertension. After SARS-CoV-2 recovery, 75% of  
329 infected patients underwent transthoracic Doppler echocardiography and EKG at rest  
330 (Table 4). None showed echocardiographic or heart rhythm changes compared to pre-  
331 SARS-CoV-2 infection. We recorded arterial hypertension in one overweight patient  
332 with isolated VSD. Thus, except for the latter patient, no changes in consolidated  
333 treatment for cardiovascular conditions were prescribed after recovery.

334

335 *Immune response to SARS-CoV-2 vaccination.* Sixteen patients (age 27 years  
336 (IQR:24-36) females 6 (60%) were analyzed for humoral and cellular response to

337 immunization with the mRNA BNT162b2 (Table S1). To note, two patients with  
338 autoimmunity on immunosuppressive treatment were also enrolled: one with  
339 rheumatoid arthritis treated by Tocilizumab and one with autoimmune cytopenia  
340 receiving steroids. The second patient was also under IgG replacement treatment due  
341 to hypogammaglobulinemia.

342 Following the 2nd vaccine dose, anti-Spike (S1) IgG and IgA increased, even if  
343 22q11.2DS patients showed lower antibody levels than HD (S1-IgG  $p < 0.0001$ ; S1-IgA  
344  $p = 0.0224$ ). In both groups, anti-S1 antibodies decreased over time and were boosted  
345 by the third immunization (S1-IgG: HD  $p < 0.0001$  and 22q11.2DS  $p = 0.0020$ ; S1-IgA:  
346 HD  $p < 0.0001$  and 22q11.2DS  $p = 0.0020$ ). Differently from S1-IgG, 22q11.2DS patients  
347 reached lower S1-IgA serum levels compared to HD ( $p = 0.0058$ ) (Figure 3A-B).

348 As previously reported (5), we identified low affinity and high affinity MBCs that were  
349 detectable respectively positive for PE (S+) or double positive (S++) for PE and  
350 BUUV395.

351 At T0 low affinity MBCs (S+) were already detectable in HD and, with lower frequency  
352 ( $p < 0.0001$ ), in 22q11.2DS patients (Figure 3C). In HD, the frequency of S+ MBCs  
353 increased after the second dose ( $p = 0.0072$ ), returned to the pre-immunization levels  
354 before the 3rd dose ( $p < 0.0001$ ) and then augmented after the 3rd dose ( $p < 0.0001$ ). In  
355 22q11.2DS patients the frequency of S+MBCs was lower than in HD both after the  
356 2nd ( $p = 0.0034$ ) and the 3rd dose ( $p < 0.0001$ ) (Figure 3C). We have previously shown  
357 that S+MBCs are mostly of IgM-isotype (37). In accordance with our findings, in  
358 22q11.2DS patients the amount of S+MBCs was directly related with the concentration  
359 of serum IgM ( $R = 0.53$ ,  $p = 0.0113$ ).

360 S++MBCs were absent before immunization both in HD and 22q11.2DS (Figure 3D).  
361 After the 2nd dose, the frequency of S++MBCs increased both in HD ( $p < 0.0001$ ) and

362 in patients ( $p=0.0312$ ). S++MBCs increased after the 3rd dose in HD ( $p<0.0001$ ) and  
363 in 22q11.2DS ( $p=0.0391$ ), although their frequency was lower in patients ( $p=0.0161$ )  
364 (Figure 3D). Among total Spike-specific MBCs (S+ plus S++), we also identified RBD-  
365 specific MBCs (Figure 3E), a minority of the MBCs generated by vaccination that  
366 produce most of the neutralizing antibodies (5). In HD, RBD+ cells increased after the  
367 2nd dose ( $p<0.0001$ ) and even more in the following months (pre 3rd  $p=0.0090$ ). In  
368 22q11.2DS, RBD+ cells expanded after the 2nd ( $p=0.0489$ ) and the 3rd dose  
369 ( $p=0.0472$ ), with the frequency of RBD+ and MBC S++ cells being directly related  
370 ( $R=0.34$ ,  $p=0.0371$ ). To note, one patient with hypogammaglobulinemia under IgRT  
371 and steroids responded to the booster dose with S+MBC only and did not generate  
372 anti-S1 IgG, S++MBCs, and RBD+ cells. Moreover, one patient treated with  
373 tocilizumab developed S+MBC but not S++MBC and RBD+ cells, possibly due to  
374 impaired germinal center reaction caused by defective IL-6 release (38). We further  
375 analyzed the specific T cell-mediated immune responses in 16 patients before and  
376 one week after the 3rd vaccine dose by Elispot assay to quantify IFN $\gamma$ -producing  
377 antigen-specific T cells. When stimulated by the full-length Spike WT protein, all  
378 patients developed a T-cell response, except for the one treated with steroids (Figure  
379 4A). Degrees of response were variable, being directly related to the number of total  
380 peripheral lymphocytes ( $R=0.43$ ,  $p=0.0310$ ) and CD4+ T cells ( $R=0.44$ ,  $p=0.0185$ ).  
381 When stimulated by the mutated Spike epitope leading to the Omicron VOC, only 50%  
382 of patients responded (Figure 4B). When compared to Omicron Spike responders,  
383 nonresponders showed a lower count of lymphocytes (2330 cells/mm<sup>3</sup> (IQR:1790-  
384 3570) vs. 1131 cells/mm<sup>3</sup> (IQR:890-2010),  $p=0.0300$ ). Differently, when stimulated  
385 with the same epitope in the WT configuration, all but one patient showed detectable

386 T-response (Figure 4C). This patient was the same who did not respond to the Spike

387 WT protein.

388

Journal Pre-proof

## 389 Discussion

390 22q11.2DS is the most common chromosomal microdeletion reported in humans  
391 (39,40). Besides congenital heart disease, palatal abnormalities, learning difficulties,  
392 and neuropsychiatric disorders (41-43), 22q11.2DS is characterized by the absence  
393 or under-development of the thymus with impaired immune functions (22,44). The  
394 immunological impairment is highly heterogeneous, ranging from a severe combined  
395 immunodeficiency phenotype, characterized by profound impairment of T and B cell  
396 responses and life-threatening infections, or, more commonly, less severe immune  
397 defect with a mild to moderate reduction of T cells and autoimmunity (21-23,44).  
398 Antibody deficiencies are also increasingly recognized (24).

399 Currently, data on the course of SARS-CoV-2 infection in 22q11.2DS patients are  
400 scarce and limited to pediatric case reports (9-15) or self-assessment for adults (16),  
401 with about 50 cases being reported. Moreover, descriptions of SARS-CoV-2 infections  
402 in adults did not include data on infection with the Omicron strain (16). To note, data  
403 on immunological response to immunization are lacking.

404 Published reports of SARS-CoV-2 infection among people with 22q11.2DS revealed  
405 both children and adults did surprisingly well, despite their underlying comorbidities  
406 (Table 5). In our cohort the course of SARS-CoV-2 infection was free from  
407 complications in all but one unvaccinated patient with severe concomitant  
408 comorbidities. The symptoms commonly reported were comparable to those  
409 experienced by the general population (45). No new cardiovascular impairment during  
410 acute SARS-CoV-2 infection or in the post-COVID-19 period nor worsening prior  
411 cardiological status was observed except for two patients who developed arterial  
412 hypertension. In addition, transthoracic color Doppler echocardiography and EKG at  
413 rest performed post-recovery did not detect any new echocardiographic and heart

414 rhythm alterations in 22q11.2 infected individuals. This data was entirely unexpected  
415 since the European Society of Cardiology has identified adults with CHD as an  
416 increased risk population for complications with COVID-19. In particular, cyanotic  
417 CHDs, which are frequent cardiological features of people with 22q11.2DS (29), were  
418 associated with the high-risk group (46). Moreover, comorbidities commonly found in  
419 22q11.2DS, such as diabetes, hypertension, or being overweight (47) further increase  
420 the risk of developing more severe symptoms (47). Cardiological involvement during  
421 COVID-19 has also been shown in subjects without heart conditions, with new acute  
422 coronary syndromes, arterial and venous thrombosis, acute heart failure, arrhythmias  
423 and myocarditis frequently observed (32,48,49). Moreover, the risk for cardiovascular  
424 impairment was also increased early after recovery either in those with symptomatic  
425 or asymptomatic SARS-CoV-2 infection (50). Compared to uninfected patients, SARS-  
426 CoV-2 22q11.21-positive patients had a higher degree of intellectual disability,  
427 possibly causing difficulties in keeping social distance and isolation from infected  
428 caregivers. Low pre-infection lymphocytes count and reduced CD4+ cells were also  
429 found to be associated with a higher risk for infection. It was remarkable that despite  
430 having persistent T lymphopenia these patients experienced full clinical resolution of  
431 SARS-CoV-2 infection.

432 The main contributor to the good outcome might be the high immunization coverage  
433 recorded in our cohort, with >95% of patients being immunized with at least three  
434 doses. This hypothesis is supported by the prospective study on immunological  
435 response to SARS-CoV-2 immunization. In 22q11.2DS patients, the IgG responses  
436 were comparable to those found in HD, while Spike-specific IgA levels were lower.  
437 Moreover, the generation of Spike-specific MBCs and RBD B-cells was slightly  
438 impaired as expected, due to the known defect of switched memory in 22q11.2DS



439 subjects (51,52). Specific T-cell responses were related to total lymphocytes, and  
440 CD4+ T cell counts. Recently, low pre-SARS-CoV-2 infection lymphocyte count was  
441 confirmed to be an independent risk factor for mortality in a heterogeneous UK cohort  
442 of patients with primary and secondary immunodeficiencies (3). In 22q11.2DS  
443 patients, mild to moderate lymphopenia represent the primary manifestation of thymic  
444 hypoplasia (53) and is more common in infancy than in adulthood (25). However,  
445 although patients have reduced T-cell numbers, their repertoire is normal (54). This  
446 was confirmed by the observation that lymphopenia does not seem to correlate with  
447 the severity and recurrence of infections (20).

448 In conclusion, our data suggest that vaccination should be encouraged in individuals  
449 with 22q11.2 since the mRNA vaccine was able to induce the B/T-cell responses and  
450 a robust IgG-specific response. A limitation of the study is the short follow-up time  
451 post-immunization. For now, we know that shortly after completing the third dose of  
452 vaccine, Spike-specific MBC-response reached lower frequencies than reported in  
453 HD, and a subgroup of patients were not able to generate high-affinity specific-MBC,  
454 suggesting possible incapability of B-cells to undergo affinity maturation in the  
455 germinal center. Previous studies exploring the immunogenicity of vaccinations with  
456 live viruses and influenza virus showed that despite the robust seroconversion  
457 recorded soon after immunization (26-28), patients with 22q11.2DS have difficulty in  
458 sustaining long-term protective antibodies (28). These data together suggest that  
459 patients with 22q11.2DS should be periodically re-assessed to identify those needing  
460 additional recall vaccine dose administration.

461

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665 **Figures legends**

666

667 **Figure 1.** SARS-Cov-2 infection and immunization coverage in a cohort of 60 patients  
668 with 22q11.2DS over the period March 2020 to the end of June 2022. Data on SARS-  
669 CoV-2 infection are reported according to the availability of immunization.

670 **Figure 2.** Vaccination coverage rate in the enrolled cohort of 60 adults with 22q11.2  
671 DS at the end of study period.

672 **Figure 3.** Specific antibody and B-cells response after immunization with two and  
673 three doses of mRNA BNT162b2 vaccine. Spike-specific IgG (panel A), Spike-specific  
674 IgA antibodies (panel B), S+ (panel C) MBCs, S++ MBCs (panel D) and RBD positive  
675 MBCs (panel E) in HD (blue circles) and 22q11.2DS patients (gray circles) before (T0),  
676 one week after the second dose (post-2nd dose), six months after the second dose  
677 (pre-3rd dose), and one week after the third dose (post-3rd dose) of BNT162b2  
678 vaccine. The MBC subset was defined as CD19 + CD24 + CD27 + CD38-. For Spike-  
679 specific IgG and IgA the positive cut-off value was settled at 1.0 OD ratio.

680 For each group, the median is shown as a bar. Continuous lines represented paired  
681 Wilcoxon's test, and dashed lines represented unpaired Mann U Whitney test. Levels  
682 of significance: \*  $P \leq 0.05$ , \*\*  $P \leq 0.01$ , \*\*\*  $P \leq 0.001$ , \*\*\*\*  $P < 0.0001$ .

683 **Figure 4.** SARS-CoV-2-specific T cell responses in 22q11.2DS patients before (6  
684 months after the second dose) and after the third dose of mRNA (BNT162b2) vaccine.  
685 The cumulative IFN $\gamma$ -positive T cell responses (total SFU against complete WT Spike,  
686 Omicron Spike, and Omicron WT antigens) were evaluated by the T-SPOT Discovery  
687 SARS-CoV-2 ELISpot assay in sixteen virus-naive participants. Statistical analyses

688 were performed using the Wilcoxon matched-pairs signed-rank test. \*P < 0.05, \*\*P <  
689 0.01, \*\*\*P < 0.001; \*\*\*\*P < 0.0001.

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**Table 1.** Demographics, clinical characteristics of 60 patients with 22q11.2 DS

	<b>22q11.2DS n=60</b>
<b>Demographics</b>	<b>n (%)</b>
Female, n (%)	25 (42)
Age, median (IQR)	27 (24-35)
<b>Clinical data</b>	<b>n (%)</b>
BMI	
>25 (overweight)	33 (56)
>30 (obesity)	15 (25)
Cardiovascular conditions	
Previous heart surgery	18 (30)
Major CHD	23 (38)
Hypertension	9 (15)
DMT	4 (9)
Dyslipidemia	13 (22)
Smokers	11 (19)
Psychiatric conditions	39 (65)
Neurological conditions	12 (20)
Learning issues	45 (76)
Autoimmune disorders	25 (42)
Thyroiditis	14 (24)
Psoriasis	5 (8)
Autoimmune cytopenias	3 (5)
Alopecia	2 (3)
Arthritis	1 (2)
Immunosuppressive treatment	2 (3)
Steroids	1 (1,5)
Tocilizumab	1 (1,5)

**Table 2.** Immunological data on 60 patients with 22q11.2 DS

	n (%)
Neutropenia (<1000 cell/mm <sup>3</sup> )	0
Lymphopenia (<1500 cell/mm <sup>3</sup> ), n (%)	20 (38)
IgG <700 mg/dL, n (%)	4 (8)
IgA <68 mg/dL, n (%)	2 (4)
IgM <40 mg/dL, n (%)	8 (16)
CD4+ count (cell/mm <sup>3</sup> ), median (IQR)	585 (478-797)
≥600 cells/mm <sup>3</sup> , n (%)	20 (49)
400-600 cells/mm <sup>3</sup> , n (%)	14 (34)
<400 cells/mm <sup>3</sup> , n (%)	7 (17)
CD8+ count (cells/mm <sup>3</sup> ), median (IQR)	358 (258-494)
<420 cells/mm <sup>3</sup> , n (%)	24 (61,5)
CD19+ count (cells/mm <sup>3</sup> ), median (IQR)	216 (159-308)
<90 cells/mm <sup>3</sup> , n (%)	1 (3)

**Table 3.** Clinical and demographic characteristics and pre-infection lymphocytes in 22q11.2DS patients SARS-CoV-2 positive and SARS-CoV-2 negative.

	<b>SARS-CoV-2 positive (n=21)</b>	<b>SARS-CoV-2 negative (n=39)</b>	p value
Age, median (IQR)	28 (25,5-35,5)	27 (27-34)	0,8025
Female, n (%)	10 (48)	15 (38)	0.5865
Major CHD, n (%)	8 (38)	16 (41)	1,0000
Intellectual disability (moderate/severe), n (%)	13 (62)	8 (21)	0.0020
Psychiatric disease, n (%)	14 (67)	25 (64)	1.0000
Immunological data			
Lymphocytes, median (IQR)	1260 (1003-1796)	1867 (1392-2308)	0,0055
CD4+, median (IQR)	488 (1003-1796)	720 (539-1000)	0.0063
Immunoglobulin defect, n (%)	7 (39)	5 (16)	0.0942

**Table 4.** Individual data of 21 patients infected by SARS-CoV-2 during the study time

Period	Sex	Age range	Lymphocytes (cell/mm <sup>3</sup> )	CD4+ count (cell/mm <sup>3</sup> )	IgG defect	Risk factors for severe COVID-19	Dose(s) of vaccine at SARS-CoV-2 infection	COVID-19 course	Treatment	Days of qRT PCR positivity	Outcome	Cardiological outcome
Pre-immunization	M	50-29	1000	380	IgG	DMT2, Obesity, Kidney failure, Mood disorders	None	Severe (ARDS)	O2 therapy, dialysis	NAp	Death	Nap
Pre-immunization	F	20-29	1290	438	No	Developmental disabilities, Schizophrenia spectrum disorders	None	Mild	None	21	Recovery	No echocardiographic and EKG changes
Pre-immunization	F	40-49	1500	580	No		None	Mild	Antibiotic	10	Recovery	No echocardiographic and EKG changes
Post-full immunization	M	20-29	820	190	No	Corrected subaortic VSD, multiple VSDs, Schizophrenia spectrum disorders, Developmental disabilities,	Two doses	Asymptomatic	None	10	Recovery	No echocardiographic and EKG changes
Post-full immunization	F	30-39	1230	488	IgG, IgM and IgA defect	Corrected ToF, Overweight, dyslipidemic, Developmental disabilities, Schizophrenia spectrum disorders,	Two doses	Mild	None	10	Recovery	NA
Post-full immunization	F	20-20	1810	NA	No	Small subaortic VSD in natural history	Two doses	Mild	NSAID	17	Recovery	No echocardiographic and EKG changes
Post-full immunization	M	30-39	1180	400	No	Small subaortic VSD in natural history, Overweight, chizophrenia spectrum disorders	Two doses	Mild	None	39	Recovery	No echocardiographic and EKG changes, Arterial Hypertension diagnosis
Post-full immunization	F	40-49	760	270	IgG	Obesity, Developmental disabilities, schizophrenia spectrum disorders	Two doses	Mild	None	16	Recovery	No echocardiographic and EKG changes
Post-full immunization	F	20-29	1690	662	No	Developmental disabilities,	Two doses	Mild	None	31	Recovery	No echocardiographic and EKG changes
Post-booster dose	F	30-39	900	390	No	Developmental disabilities	Three doses	Mild	Paxlovid	10	Recovery	No echocardiographic and EKG changes

Post-booster dose	F	18-19	1755	720	No	Overweight, Developmental disabilities, Mood disorders	Three doses	Mild	None	10	Recovery	No echocardiographic and EKG changes
Post-booster dose	M	20-29	1180	554	No	Corrected ToF, Overweight, Developmental disabilities, Schizophrenia spectrum disorders	Three doses	Asymptomatic	None	10	Recovery	No echocardiographic and EKG changes
Post-booster dose	F	20-29	1000	400	No	Obesity, Developmental disabilities, Schizophrenia spectrum disorders	Three doses	Asymptomatic	Sotrovimab	7	Recovery	No echocardiographic and EKG changes
Post-booster dose	M	30-29	2030	875	No	Overweight, Developmental disabilities, Schizophrenia spectrum disorders	Three doses	Mild	None	13	Recovery	No echocardiographic and EKG changes
Post-booster dose	m	20-29	2600	1089	IgM defect	Corrected IAA, Overweight, Developmental disabilities,	Three doses	Mild	Sotrovimab	7	Recovery	NA
Post-booster dose	F	20-29	1131	585	IgG/IgA defect	Corrected ToF, Corticosteroids medications	Three doses	Mild	Molnupiravir	10	Recovery	Hypertension during infection. No echocardiographic and EKG changes
Post-booster dose	M	50-59	1650	650	IgM defect	Corrected Hemitruncus, DMT2, Obesity	Four doses	Mild	None (refused)	63	Recovery	No echocardiographic and EKG changes
Post-booster dose	M	20-29	1530	NA	No	Obesity, Developmental disabilities, Schizophrenia spectrum disorders	Three doses	Mild	Sotrovimab	15	Recovery	NA
Post-booster dose	M	30-39	3700	NA	No	Obesity	Three doses	Mild	Paxlovid	7	Recovery	NA
Post-booster dose	M	20-29	2340	550	No	Developmental disabilities, Schizophrenia spectrum disorders	Three doses	Mild	None	NA	Recovery	No echocardiographic and EKG changes
Post-booster dose	M	20-29	1500	NA	No	Developmental disabilities, Schizophrenia spectrum disorders	Three doses	Mild	Molnupiravir	10	Recovery	NA
Post-booster dose	F	20-29	1000	400	No	Obesity, Developmental disabilities, Schizophrenia spectrum disorders	Three doses	Mild	Antibiotic	10	Recovery	No echocardiographic and EKG changes



Abbreviations: VOC variant of concern, M male, F female, DMT2 Diabetes mellitus type-2, VSD isolated ventricular septal defect, ToF Tetralogy of Fallot, IAA interrupted aortic arch, NA not available, NAp not applicable, NSAID non steroidal anti inflammatory drugs

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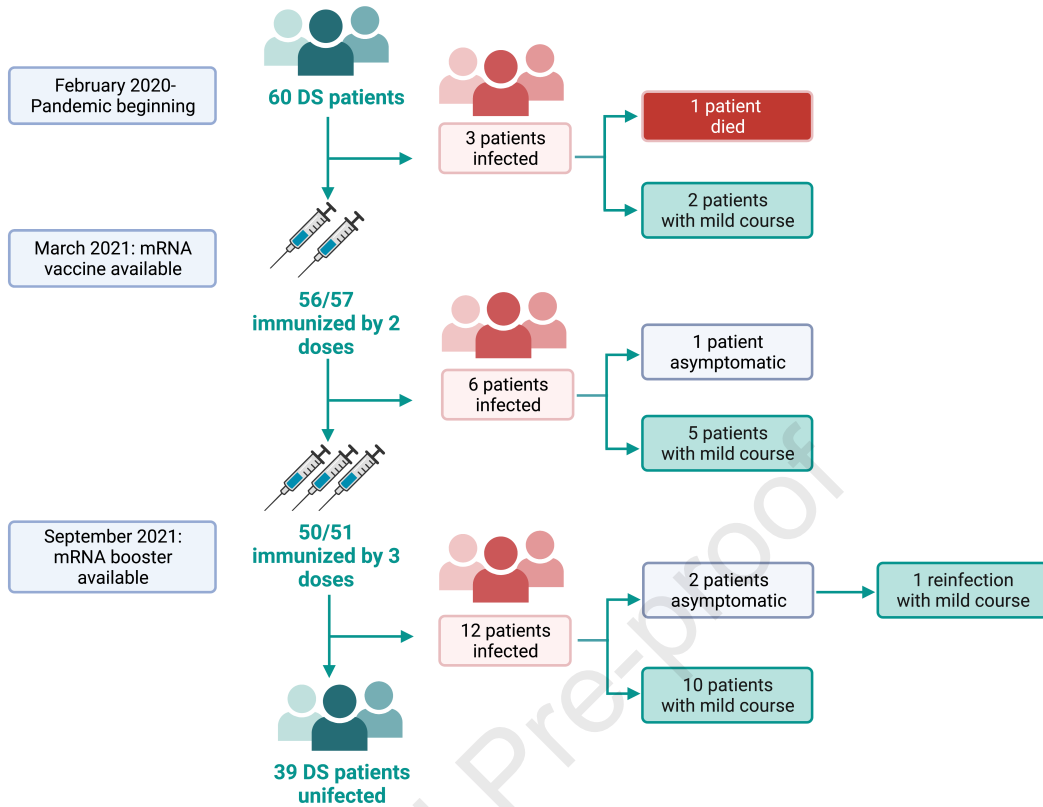
**Table 5.** Published reports of SARS-CoV-2 infection in 22q11.2DS

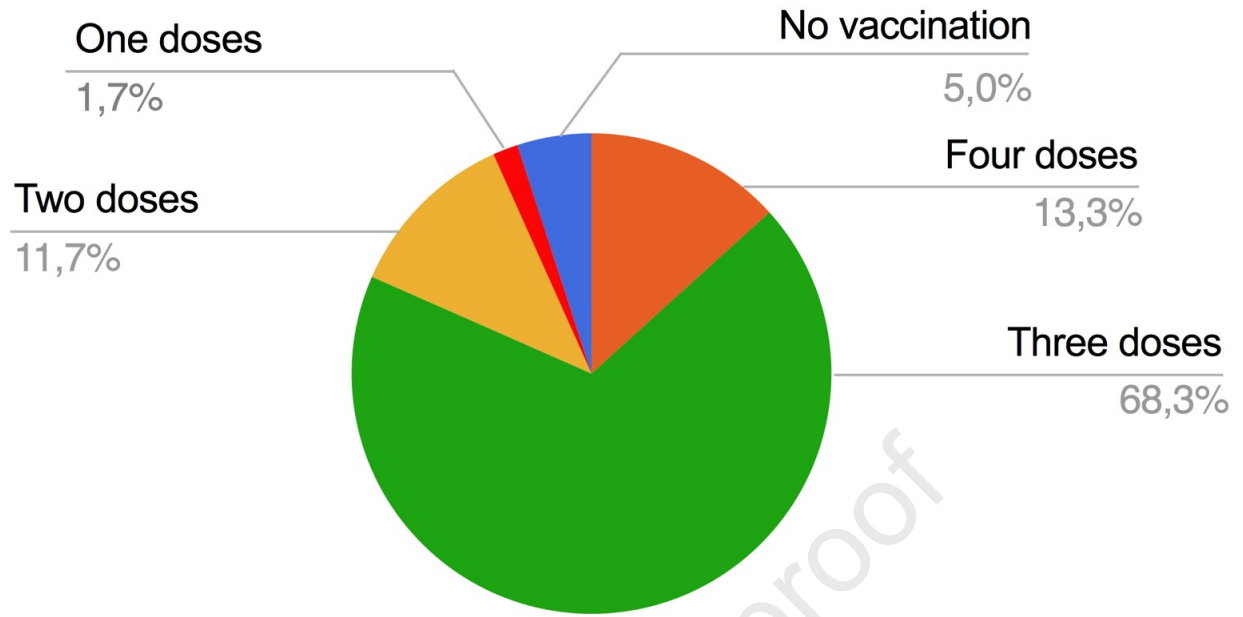
Ref.	Study design	Infection period considered	Age, sex	Comorbidities	COVID-19 Symptoms	Hospital admission	Treatment	Outcome
(11)	cross-sectional study (prevalence study) in June 2020 (end of first wave) including 65 moderate/ severe IEIs patients	February 2020-Jun 2020	M/17y	Moderate/severe lymphopenia	Asymptomatic	No	No	Recovered
			M/5y	Moderate/severe lymphopenia	Mild (Cough)	No	No	Recovered
(13)	Retrospective survey on 20 IEIs patients	February 2020-September 2020	M/1.5y	Bronchiectasis, Low TRECs level Hypogammaglobulinemia,	Asymptomatic	No	No	Recovered
(1)	A retrospective study was undertaken by a web-based survey, including 94 patients with an underlying IEIs and infected by SARS-CoV-2	March, 2020-June, 2020.	M/ age group 0-2	Lung disease, tracheostomy with chronic ventilation	Severe (Fever, dyspnea)	Yes	Convalescent plasma, O2 support, NIV	Recovered
(18)	Case series of 60 individuals with IEIs National Registry, data collection proformas were sent to all UK pediatric and adult immunologists by email; 100 IEIs patients included	March 2020-July 2020	M/ >18y,	NA	NA	Yes	NA	Recovered
(11)	Cross-sectional, multicenter study, involving 121 patients with IEIs	March 2020- December 2020.	M/0,7y	Arterial hypertension, corrected congenital cardiopathy, hypogamma	Severe (fever, cough, dyspnea,severe diarrhea)	Yes (ICU)	NA	Recovered
(14)	Retrospective multicentre survey, 114 IEIs patients included	March 2020-April 2021	F/13.8y	Autoimmune hypothyroidism	Mild (Fever)	No	NA	Recovered
			F/7y	None	Mild (Fever)	No	NA	Recovered
			F/23y	Congenital heart disease, Allergy, Bronchiectasis	Mild (Running nose/Sore throat)	No	NA	Recovered
			F/1.5y	History of interventricular defect and supraventricular paroxysmal tachycardia	Mild (Fever)	No	NA	Recovered
			F/17y	Autoimmune thyroiditis, Interventricular defect	Asymptomatic	No	NA	Recovered
			F/ 9.25y	Congenital heart disease (Interrupted aortic arch, Interatrial defect, Interventricular defect)	Mild (Fever, Asthenia)	No	NA	Recovered

			M/ 18.4y	Autoimmune thyroiditis, Mild thrombocytopenia,Hyperbilirubine mia, Vitamin D deficiency	Mild (Running nose)	No	NA	Recovered
			F /11.5y	Obesity, Cognitive disability	Moderate (Cough, Headache, Dyspnea, Asthenia, Nausea, Arthralgia)	No	NA	Recovered
			M/10.6y	Left aortic arch, Developmental delay	NA	No	NA	Recovered
			M/1.6y	Hypoparathyroidism, Hypocalcemia, Congenital hypothyroidism, Bicuspid aorta	Asymptomatic	No	NA	Recovered
			F/15.2y	Hyperthyroidism, Intellectual disability, Congenital heart disease	NA	No	NA	Recovered
			M/1y	Minimal left to right interatrial shunt, nephrocalcinosis, hypoparathyroidism, Areas of parenchymal lung consolidation, hypogammaglobulinemia	Severe (fever)	Yes	NA	Recovered
(3)	National Registry, data collection proformas were sent and 310 patients included	March 2020- July 2021	Two males (18 and 21years)	NA	Severe course (one patient)	Yes (one)	NA	Recovered
(10)	Cross-sectional, multicenter study involving 99 IEIs patients	June 2020 - June 2021	M/1,5y	NA	Mild (Anxiety, Bradycardia)	NA	NA	Recovered
(12)	Case report	NA (published on feb 2021)	F/12y	Hypogammaglobulinemia, T cell lymphocytopenia, congenital heart disease, and VP shunt	Mild (headache, emesis).	NA	No	Recovered
		NA ( published on feb 2021)	M/13y	obesity, and congenital heart disease, low IgM.	Asymptomatic	NA	NA	Recovered
(15)	Multinational survey on 152 patients with 22q11.2DS	July 2021-December 2021	25 patiens, (range 2–36 years)	Overweight 21% Ig infusions 4% Previous heart surgery 43% Hypertension 4% Psychiatric problems 11% Arthritis 11%, Asthma 29%	Fatigue (63%), headache (54%), cough (51%), rhinorrhea (45%)	1/25 hospitalized for one day.	None	25/25 Recovered

Abbreviation: 22q11.2DS 22q11.2 deletion syndrome; IEIs inborn errors of immunity, NA not available, M male, F female, Y years, NIV not invasive ventilation, O2 oxygen, ICU intensive care unit, SARS-CoV-2 severe acute respiratory syndrome coronavirus 2, TRECs T-cell receptor excision circles

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