

Lesion human leukocyte antigen-E is associated with favourable prognosis for patients with oesophageal squamous cell carcinoma Journal of International Medical Research 49(10) 1–10 © The Author(s) 2021 Article reuse guidelines: sagepub.com/journals-permissions DOI: 10.1177/03000605211047278 journals.sagepub.com/home/imr



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### Abstract

**Objective:** To investigate the clinical significance of human leukocyte antigen (HLA)-E levels in oesophageal squamous cell carcinoma (ESCC).

**Methods:** The levels of HLA-E immunostaining in ESCC lesions and 47 corresponding adjacent normal tissues were measured using immunohistochemistry. The correlation between the levels of immunostaining and clinical parameters was analysed.

**Results:** This study analysed 110 paraffin-embedded primary tumour lesions and 47 case–controlled paracancerous tissues that were surgically resected from 110 patients with ESCC. Positive immunostaining for HLA-E was observed in 88.2% (97 of 110) of ESCC lesions and 29.8% (14 of 47) of normal oesophageal tissues. There was no correlation between HLA-E immunostaining in ESCC lesions and clinicopathological characteristics such as lymph node metastasis, tumour– node–metastasis stage and differentiation grade. Kaplan–Meier survival analysis revealed a significantly better prognosis in patients with higher levels of HLA-E immunostaining than in those with lower levels of HLA-E immunostaining; overall survival was 28.6 months (95% confidence interval [CI], 23.2, 34.0) versus 15.3 months (95% CI, 11.5, 19.1), respectively. Furthermore, multivariate analysis showed that the HLA-E level was an independent prognostic factor in patients with ESCC.

**Conclusion:** A higher level of HLA-E immunostaining was associated with favourable survival in patients with ESCC.

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## Keywords

Human leukocyte antigen, HLA-E, oesophageal squamous cell carcinoma, immune, prognosis

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# Introduction

Oesophageal cancer is the sixth leading cause of cancer deaths around the world.<sup>1</sup> It has a very poor prognosis, with a 5-year overall survival of less than 30%, despite improvements in multimodal therapy.<sup>2</sup> Oesophageal squamous cell carcinoma (ESCC), known for being aggressive and having a poor prognosis, is one of the most common subtypes of oesophageal cancer.<sup>3</sup>

Tumour progression depends on the interaction of malignant cells and the tumour microenvironment, which includes blood cells, endothelial cells, stromal cells, immune regulatory molecules and infiltration of various immune cells.<sup>4,5</sup> Previous studies have shown that the tumour microenvironment influences the occurrence and development of ESCC.<sup>6,7</sup> The non-classical human leukocyte antigen (HLA) class I molecules, including HLA-E, HLA-G and HLA-F, can interact with receptors on immunocytes, such as T-cells, natural killer (NK) cells, dendritic cell, and macrophages, thereby executing immunoregulatory effects.<sup>8–10</sup> The role of HLA-E in cytotrophoblasts has been shown to be important in maintaining fetal-maternal immune tolerance.<sup>11</sup> Recently, studies have found that HLA-E is highly expressed in various tumours and is related to tumour size, metastasis and patient prognosis.<sup>12-14</sup> In patients with ESCC, it was found that high levels of HLA-G and HLA-F play an important role in tumour progression.<sup>15,16</sup> However, to date, the clinical significance of HLA-E levels in ESCC remains unknown.

In the present study, HLA-E levels in ESCC were assessed by immunohistochemistry and the relationship between HLA-E levels and clinicopathological factors, such as patient outcome, was analysed.

# **Patients and methods**

## Patients and specimens

This retrospective study analysed paraffinembedded primary tumour lesions and case-controlled paracancerous tissues that were surgically resected from consecutive patients with ESCC at the Department of Hepatobiliary Surgery, Taizhou Hospital of Zhejiang Province Affiliated to Wenzhou University, Linhai, Zhejiang Medical Province, China between January 2005 and December 2010. Patients receiving preoperative anti-cancer treatment were excluded. Tumour staging was based on the tumour-node-metastasis (TNM) classification system in the staging manual established by the Union for International Cancer Control.<sup>17</sup> The patient charts provided information on sex, age, smoking, alcohol consumption, T stage, lymph node metastasis, TNM stage, differentiation grade, diagnosis date, death date caused by ESCC, or final follow-up date, and other clinicopathological data. Patients were followed-up for 60 months or until death.

The Ethical Committee of Taizhou Hospital of Zhejiang Province Affiliated to Wenzhou Medical University, Linhai, Zhejiang Province, China provided guidelines for using the human tissue specimens in January 2020 (no. K20200113). All of the patients provided written informed consent to participate in this study.

# Immunohistochemistry and staining evaluation

The levels of HLA-E in tumour cells were determined using the mouse monoclonal MEM-E/02antibody (1:100)dilution, ab2216; Abcam<sup>®</sup>, Cambridge, MA, USA) that binds to the heavy-chain polypeptides of human HLA-E. Immunohistochemistry was conducted based on the MEM-E/02 protocol from the manufacturer. Sections  $(4\,\mu m)$  were cut from formalin-fixed and paraffin-embedded tissue blocks. The tissue sections were then deparaffinized and rehydrated in a graded series of ethanol. This was followed by antigen retrieval in 0.01 M boiled citrate buffer (pH 6.0) for 20 min. Then, the slides were left to cool in 0.01 M citrate buffer (pH 6.0) for 2 h, washed twice using distilled water, washed twice with 10 mM phosphate-buffered saline (PBS; pH 7.0-7.3) and then incubated overnight at 4°C with primary antibody that was diluted to the recommended concentration (1:100 dilution). This was followed by washing in 10 mM PBS (pH 7.0-7.3) three times. Diluted horseradish peroxidase-conjugated goat antimouse secondary antibody (1:1000 dilution; ab6789; Abcam<sup>®</sup>) was applied at room temperature for 30 min. Then the slides were washed in 10 mM PBS (pH 7.0–7.3) three times. Finally, the levels of HLA-E were observed using a 3,3'Diaminobenzidine Substrate Kit (ab64238; Abcam<sup>®</sup>) with haematoxylin counterstaining and a light microscope (DM2000; Leica, Solms, Germany). Placental tissues were used as the positive controls. Three pathologists that were blind to the clinical data and patient outcomes

were responsible for measuring the levels of HLA-E staining. The three pathologists were responsible for evaluating the percentage of tumour cells that had positive immunostaining for HLA-E and recording the mean value of scores as the final result. HLA-E observed in the membrane and cytoplasm of ESCC cells was considered as positive immunostaining, with the percentage of positive cells determined based on whether HLA-E was present rather than the intensity of the staining. When the final mean score was >5%, HLA-E immunostaining was considered positive; when final mean score was  $\leq 5\%$ , HLA-E immunostaining was considered negative.

## Statistical analyses

All statistical analyses were performed using IBM SPSS Statistics for Windows, Version 22.0 (IBM Corp., Armonk, NY, USA). Pearson  $\chi^2$ -test was used to analyse the correlation between HLA-E immunostaining and clinical features. Kaplan–Meier survival curves and log-rank test were used to determine the overall survival of patients based on the period from diagnosis date to death date or final follow-up date. Cox regression analysis was conducted to determine whether positive HLA-E immunostaining was an independent predictor for patient survival. A *P*-value < 0.05 was considered statistically significant.

## Results

This retrospective study analysed 110 paraffin-embedded primary tumour lesions and 47 case–controlled paracancerous tissues that were surgically resected from 110 patients with ESCC. Of all of the patients, 0.9% (one of 110 patients) were in TNM stage I, 48.2% (53 of 110 patients) were in TNM stage II, 49.1% (54 of 110 patients) were in TNM stage III and 1.8% (two of 110 patients) in TNM stage IV. Patients

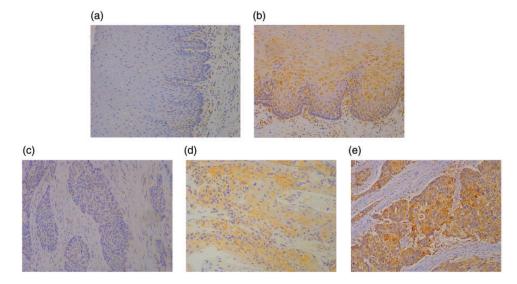
were followed-up for 60 months or until death, with a mean follow-up time of 21.6 months (range, 3.5–60 months) and there were 90 of 110 deaths (81.8%) from ESCC.

Figure 1 presents HLA-E immunostaining in both the membranes and cytoplasm of ESCC cells in 88.2% (97 of 110) of ESCC lesions and 29.8% (14 of 47) of normal oesophageal tissues (P < 0.05), with different staining intensities.

Assessment of the correlation between HLA-E immunostaining and clinicopathological parameters required the stratification of all patients into a group with low HLA-E levels (n = 55) and a group with high HLA-E levels (n = 55) on the basis of the median levels of HLA-E in ESCC. No significant differences were observed between the two groups based on the levels of HLA-E immunostaining for sex,

age, smoking, alcohol consumer, T stage, lymph node metastasis, TNM stage and grade of differentiation (Table 1).

The duration from the date of diagnosis to the date of death caused by ESCC was defined as the patient survival time. A significantly better prognosis was shown in the group of patients with high levels of HLA-E immunostaining, which had a mean survival time of 28.6 months (95% CI, 23.2,34.0); compared with an extremely poor prognosis that was observed in the group with low levels of HLA-E immunostaining, which had a mean survival time of 15.3 months (95% CI, 11.5, 19.1) (P < 0.05) (Figure 2). Cox proportional hazards model analysis was used in the assessment of prognostic parameters in patients with ESCC. Univariate analysis showed a significantly lower hazard ratio (HR) in the group with high levels of HLA-E immunostaining



**Figure 1.** Representative photomicrographs showing the immunohistochemical staining of human leukocyte antigen-E (HLA-E) in normal oesophageal tissues and primary oesophageal squamous cell carcinoma (ESCC) lesions. Negative (a) and positive (b) immunostaining for HLA-E in normal oesophageal tissues; negative (c) and positive (d) immunostaining for HLA-E  $\leq$ 50% in ESCC lesions; (e) positive immunostaining for HLA-E  $\geq$ 50% in ESCC lesions. Immunostaining for HLA-E was considered as negative when the percentage of stained cells was  $\leq$ 5%. Scale bar 30 µm. The colour version of this figure is available at: http://imr. sagepub.com.

Table 1. Correlation between the levels ofimmunostaining for human leukocyte antigen(HLA)-E in the oesophageal squamous cellcarcinoma specimens and clinicopathologicalparameters.

	HLA-E im levels	munostaining
Clinical parameters	Low n = 55	High n = 55
A co. veore		
Age, years <58	30	21
≥58 >58	25	34
Sex	25	54
Male	36	40
Female	19	15
Smoking	17	15
Yes	34	31
No	21	24
Alcohol consumer	21	21
Yes	22	26
No	33	29
T stage		
TI/2	8	14
T3/4	47	41
Lymph node metastasis		
Negative	24	26
Positive	31	29
TNM stage		
1/11	24	30
III/IV	31	25
Grade of differentiation		
Well + moderate	36	43
Poor	19	12

Data presented as n of patients.

No significant between-group differences;  $P \ge 0.05$ ; Pearson  $\chi^2$ -test.

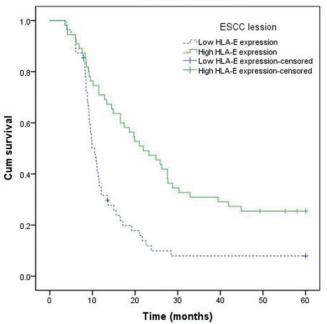
TNM, tumour-node-metastasis.

compared with that in the group with low levels HLA-E immunostaining (hazard ratio [HR] 0.430; 95% confidence interval [CI], 0.280, 0.661; P < 0.001) (Table 2). Moreover, multivariate analysis revealed that high levels of HLA-E immunostaining served as an independent prognostic parameter (HR 0.398; 95% CI, 0.254, 0.623; P < 0.001).

## Discussion

Human leukocyte antigen-E is encoded by a gene on the short arm of chromosome 6 and it has limited polymorphism compared with the HLA-I molecules.<sup>18</sup> To date, only two main protein variants, HLA-E\*01:01 and HLA-E\*01:03, have been identified.<sup>19,20</sup> The HLA-E protein is comprised of a heavy chain paired with a light chain ( $\beta$ 2microglobulin), with the former including extracellular a1-3 domains, a transmembrane region and intracellular domains.<sup>21</sup> HLA-E usually needs to be combined with oligopeptides (8-10 amino acids) to stabilize the cytomembrane expression and thus the level of HLA-E expression is mainly decided by the availability of these peptides.<sup>22</sup> HLA-E receptors (CD94/NKG2C, CD94/NKG2A and  $\alpha\beta$  TCR), expressed on different types of immune cells (NK cells, cytotoxic CD8 T-cells (CTLs) and NK-CTLs),<sup>23-26</sup> can transfer activating or inhibiting signals. For example, when HLA-E binds to NKG2A, cytotoxicity of NK cells can be inhibited; when HLA-E interacts with CD94/NKG2C, NK cells can be activated.<sup>26</sup> The capability of HLA-E to transfer activating or inhibiting signals suggests that their key role may be complicated in regulating the immune response. The clinical significance of HLA-E in tumours is largely unknown. Some studies have linked the expression of HLA-E to the clinicopathological characteristics of tumours, but many contradicting results have been observed.<sup>14,27,28</sup>

In this current study, the level of HLA-E immunostaining was investigated and its predictive significance in ESCC was analysed. The current results showed that HLA-E immunostaining was upregulated in ESCC tissues compared with adjacent normal tissues, but there was no relationship with clinical parameters, such as lymph node metastasis, TNM stage and grade of differentiation. However, high



#### Survival functions

**Figure 2.** Kaplan–Meier analysis of overall survival (OS) for patients with oesophageal squamous cell carcinoma (ESCC). Comparison of OS between patients with high HLA-E immunostaining (n = 55) and those with low HLA-E immunostaining in ESCC lesions (n = 55) (P < 0.001).

levels of HLA-E immunostaining predicted a favourable survival outcome and it appeared to be an independent prognostic factor for patients with ESCC.

The clinical significance of HLA-E expression is different in other cancers. For example, a study that investigated the expression of HLA-E in 137 patients with colorectal carcinoma found that the overexpression of HLA-E was not an independent factor for overall survival, but there was still a correlation with tumour metastasis and poor prognosis.<sup>14</sup> In patients with early breast cancer, the expression of HLA-E resulted in a worse recurrence-free period, with an almost three-times higher risk of recurrence for HLA-E positive patients compared with HLA-E negative patients.<sup>12</sup> However, this current study found no correlation between HLA-E and TNM stage and found that high levels of

HLA-E immunostaining predicted an improved prognosis in patients with ESCC. Similar to these current results, high expression of HLA-E led to longer survival in cervical adenocarcinomas<sup>29</sup> and glioblastoma,<sup>28</sup> although it was not an independent prognostic factor. In addition to membrane-bound HLA-E, soluble HLA-E (sHLA-E) expression detected in neuroblastoma was also found to be correlated with favourable overall survival, thus indicating a potential relationship between sHLA-E and immune surveillance.<sup>30</sup> Perhaps it is the complex regulatory function of HLA-E on cellular immune responses that leads to HLA-E showing different prognostic significance in different tumours. HLA-E can interact with both activating and inhibiting receptors on NK or CD8 T-cells, which may be related to the subtle balance between immune escape and surveillance

<b>Table 2.</b> Univariate and multivariate Cox regression analysis of the levels of immunostaining for human leukocyte antigen (HLA)-E and overall survival of patients with oesophageal squamous cell carcinoma ( $n = 110$ ).	ultivariat( squamou	e Cox re s cell car	egression : cinoma (i	anal) n = ا	'sis of the levels of imr 10).	munostaining	for huma	an leuko	cyte antige	en (F	HLA)-E and overall	survival of
	Univari	Univariate analysis	'sis				Multivar	Multivariate analysis	lysis			
Variables	В	SE	Wald	Jþ	HR (95% CI)	P-value	В	SE	Wald	df	HR (95% CI)	P-value
Age, years >58 versus ≤58	-0.012	-0.012 0.211	0.003	_	0.989 (0.653, 1.496)	NS						
Sex Female versus male	-0.259	-0.259 0.239 1.168	1.168	_	0.772 (0.483, 1.234) NS	NS						
Smoking Yes versus no	0.101	0.214	0.221	_	1.106 (0.727, 1.682)	NS						
Alconol consumer Yes versus no	0.242	0.213	1.294	_	1.274 (0.840, 1.932)	NS						
T stage T3/4 versus T1/2	0.875	0.313	7.815	_	2.398 (1.299, 4.428)	P = 0.005						
Lymph metastasis Positive versus negative 0.870	0.870	0.220	0.220 15.699	_	2.386 (1.552, 3.670) P< 0.001	P < 0.001						
HLA-E immunostaining High versus low	-0.844	0.220	14.783	_	0.430 (0.280, 0.661) P< 0.001 -0.922	P < 0.001	-0.922		0.229 16.234 1		0.398	P < 0.001
TNM stage III/IV versus I/II	0.984	0.220	20.016	-	2.675 (1.738, 4.118) P<0.001	P < 0.001	1.053	0.227	0.227 21.421	_	(0.201, 0.020) 2.866 (1.835, 4.475)	P < 0.001
Grade of differentiation Well + moderate versus poor	0.071	0.230	0.230 0.095	_	1.074 (0.683, 1.686) NS	SN						
NS, no significant association; $P \ge 0.05$ . HR, hazard ratio; CI, confidence interval; TNM, tumour-node-metastasis.	$P \ge 0.05.$ Ice interval	; TNM, tı	umour-noc	de-m	etastasis.							

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in malignant tumours. For example, if the interaction between HLA-E and an activating receptor is dominant, it will play the role of immune surveillance to improve the prognosis of patients, which may be the underlying mechanism of the phenomenon that increased HLA-E immunostaining predicted a favourable prognosis for patients with ESCC in the present study. Conversely, if the interaction between HLA-E and an inhibiting receptor is dominant, the prognosis will be poor.

This current study had several limitations. First, these current results might have been affected by the limited number of patients that were studied. Secondly, the number of patients in TNM stage I and IV was small, so the patients were divided into two groups according to TNM stages I/II and III/IV. Thirdly, no in-depth molecular mechanism research was undertaken in this study.

In conclusion, this current study has shown for the first time the close relationship between the levels of HLA-E immunostaining in ESCC tumour specimens and the survival time of patients with ESCC. Higher levels of HLA-E immunostaining were a good prognostic factor for patients with ESCC. This finding might provide a novel target for the immunotherapy of ESCC. The role and underlying mechanism of HLA-E requires further functional studies.

#### **Declaration of conflicting interest**

The authors declare that there are no conflicts of interest.

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