

Review Article

On Benzofuroindole Analogues as Smooth Muscle Relaxants

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At least two laboratories have independently reported the synthesis of benzofuroindole compounds having potential therapeutic implications in many disease states including those that involve smooth muscle hyperactivity. Through a series of *in vitro* screenings, they demonstrated the efficacy (and selectivity) of these compounds to potentiate large conductance calcium- (Ca^{2+} -) activated K^+ (BK_{Ca}) channels, by far, the most characterized of all Ca^{2+} -dependent K^+ channels. Interestingly, promising benzofuroindole derivatives such as compound 7 (10*H*-benzo[4,5]furo[3,2-*b*]indole) and compound 22 (4-chloro-7-trifluoromethyl-10*H*-benzo[4,5]furo[3,2-*b*]indole-1-carboxylic acid) both exhibited high bladder (versus aorta) selectivity, making them attractive alternative treatments for bladder overactivity. In recent reports, compound 22 (LDD175 or TBIC) also showed inhibition of ileum and uterine contractions, indicating multiple target tissues, which is not surprising as BK_{Ca} channels are ubiquitously expressed in the animal and human tissues. In this paper, the authors discuss the value of benzofuroindole compounds and the challenges that need to be overcome if they were considered as smooth muscle relaxants.

1. Introduction

Smooth muscle contraction plays a fundamental role in regulating the functions of the hollow organs in the body such as the blood vessels, intestines, bladder, airways, and uterus. Dysfunctional contraction of the smooth muscles is a key pathological feature of many diseases including hypertension, bladder overactivity (OAB), irritable bowel syndrome, erectile dysfunction, and asthma. Abnormal uterine contractions may also lead to preterm labor, the latter being responsible for prenatal mortality, neonatal morbidity, and childhood developmental disorders [1]. By and large, smooth muscle hyperactivity disorders involve immense social cost and financial burden to the health services, thus, a considerable effort has been made to understand their etiologies and also to develop drugs with potent smooth muscle relaxant activities.

Contractions of all smooth muscles absolutely depend on the presence of Ca^{2+} which activates the contractile machineries [2, 3]. Elevating intracellular Ca^{2+} , which can be achieved by agonists (e.g., acetylcholine, oxytocin, and prostaglandin $\text{F}_2\alpha$), causes smooth muscle contractions. Acetylcholine (ACh), the main contractile transmitter in

many smooth muscle tissues (e.g., the urinary bladder and gastrointestinal tract), activates muscarinic (M_3) receptors and raises intracellular Ca^{2+} levels by activating the Gq-phospholipase C- (PLC-) inositol triphosphate (IP_3) pathway [4]. It is also believed that extracellular Ca^{2+} facilitates an increase in intracellular Ca^{2+} via opening of the voltage-gated Ca^{2+} channels [5]. M_2 receptor binding of ACh also elevates intracellular Ca^{2+} through a number of controversial mechanisms including inhibition of the production of cyclic AMP (cAMP) [6]. In the bladder smooth muscles, where muscarinic receptor is the primary efferent receptor, agonist-induced contraction is largely dependent on Ca^{2+} entry through nifedipine-sensitive channels and activation of the Rho-kinase pathway [7]. On the other hand, oxytocin and prostaglandin $\text{F}_2\alpha$ act on oxytocin and prostaglandin receptors, respectively, and release Ca^{2+} from intracellular stores through stimulation of the Gq-PLC- IP_3 system [8–10]. They may also propagate the influx of extracellular Ca^{2+} through voltage-gated L-channels [11]. In addition, oxytocin may activate nonselective cation channels and Ca^{2+} -activated Cl^- channels leading to depolarization of myometrial cells and, eventually, the opening of voltage-dependent Ca^{2+} channels [2, 11]. In light of these

observations, drugs that could block the effects of these agonists induce smooth muscle relaxation through some mechanisms that could block or interfere with Ca^{2+} entry. Antimuscarinic agents, those that oppose the effects of ACh, are effective bladder and intestinal smooth muscle relaxants and are well-known standard therapies for OAB and in some forms of gastrointestinal motility disorders. In addition, Ca^{2+} channel blockers (CCBs) are effective OAB interventions although they are more commonly used for hypertension and other cardiovascular diseases. CCBs block Ca^{2+} entry by binding to the L-type Ca^{2+} channels in the heart and smooth muscles of the peripheral vasculature, thereby generating vasodilation and eventually lowering blood pressure [12]. Oxytocin antagonists, CCBs, prostaglandin synthase inhibitors, and β -adrenergic agonists are used as tocolytics (medications to suppress premature labor) by virtue of their influence on lowering intracellular Ca^{2+} levels. β -adrenergic agonists, alike some nonsteroidal anti-inflammatory drugs, increase the level of cAMP which results in the decrease in intracellular Ca^{2+} by stimulating efflux of Ca^{2+} from the cell and also uptake by the sarcoplasmic reticulum [13].

However impressive the above-named agents are in managing abnormal smooth muscle contractions, their efficacy and application are limited due to some reported drug-induced side effects. In fact, the application of these compounds may exacerbate the diseases albeit only in extreme cases [14]. Antimuscarinic drugs, although effective in inhibiting bladder and intestinal contractility, also influence normal contractility thus affecting normal voiding and excretion functions. Moreover, muscarinic M_3 receptors are found in the salivary glands thus severe dry mouth is expected with the use of antimuscarinic agents [14]. The standard tocolytics, although efficacious in arresting preterm labor, also produce serious maternal and cardiovascular or adverse fetal side effects [15, 16]. Altogether, these findings indicate that there is a necessity to develop other smooth muscle relaxants, preferably those that act on a different mechanism.

Another way to counteract defective smooth muscle contractility is to enhance repolarizing (potassium [K^+]) currents [17]. K^+ channels are abundantly expressed in smooth muscles where they play an important role in determining and regulating the excitability of the cell by acting as an excitability “brake.” A number of K^+ channel openers have been developed, and they showed promise in preclinical and clinical studies for a variety of smooth muscle hyperactivity disorders. Among them are the openers of the ATP sensitive K^+ (K_{ATP}) channels and Ca^{2+} -activated K^+ (K_{Ca}) channels. However, as K^+ channels are ubiquitously expressed in virtually all cell types, it has been thought that K^+ channel openers may not show tissue selectivity. Indeed, the most investigated K_{ATP} channel openers pinacidil and cromakalim effectively abolished unwanted bladder contractions without affecting normal voiding [18]. However, they also exhibited limited bladder selectivity and influenced cardiovascular functions [19–23].

At least two noncollaborating laboratories have reported the synthesis of novel K^+ channel openers which they thought as effective interventions for smooth muscle hyperactivity disorders, particularly in OAB. Butera and colleagues

[24] first reported the production of *benzofuroindole* analogues in their continued effort to develop potent bladder relaxants with minimal hemodynamic effects. These benzofuroindole compounds were produced by manipulating the structure of the benzopyran-based antihypertensive and prototype K_{ATP} channel opener celikalim. Initial structural modifications of celikalim accidentally led to the production of the Fisher-indole product 10*H*-benzo[4,5]furo[3,2-*b*]indole (compound 7) (Figure 1), a derivative which displayed not only potent bladder relaxant effects in *in vitro* screenings, but also high bladder (versus aorta) selectivity. On the other hand, another group produced benzofuroindole compounds by overlaying compound 7 (see above), with BMS-204352, a prototypical opener of one type of K_{Ca} channels, the large conductance Ca^{2+} -activated K^+ (BK_{Ca}) channel [25]. One of the derivatives, compound 22, (4-chloro-7-trifluoromethyl-10*H*-benzo[4,5]furo[3,2-*b*]indole-1-carboxylic acid) (Figure 1) demonstrated *in vitro* inhibition of bladder contractions without influencing contractility of the blood vessels [26]. Multiple analyses showed that the above-mentioned benzofuroindole compounds were potent activators of the BK_{Ca} channels [24–26]. BK_{Ca} channels, relative to other K^+ channel types, have more superior biophysical, molecular, and pharmacological properties making them more appealing targets to achieve smooth muscle relaxation (see below). In the succeeding sections, the attractive features of benzofuroindole compounds as smooth muscle relaxants are described, as well as some of the concerns that need to be addressed if they were used clinically as antispasmodics or tocolytics.

2. Benzofuroindole Compounds, BK_{Ca} Channels, and Their Activators

As stated above, the first ever synthesized benzofuroindole analogue (compound 7) was derived from a K_{ATP} channel opener. Thus, it came as a surprise when the compound potently activated the BK_{Ca} channels. Accordingly, the effects of compound 7 were readily reversed by the specific BK_{Ca} channel blocker iberiotoxin, but not by glyburide (a selective K_{ATP} channel blocker). Furthermore, voltage clamp studies on isolated rat bladder myocytes showed that the compound caused an iberiotoxin-sensitive increase in hyperpolarizing current, further intensifying its BK_{Ca} channel-potentiating properties [24]. On the other hand, Gormemmis et al. [25] reported another set of benzofuroindole compounds that are also potent BK_{Ca} channel openers. Compound 22, along with other novel benzofuroindole derivatives, was shown to effectively potentiate cloned BK_{Ca} channels expressed in *Xenopus laevis* oocytes. The ionic currents caused by compound 22 were blocked by the peptide BK_{Ca} channel blocker charybdotoxin indicating selective activation of the BK_{Ca} channels [25]. Further electrophysiological characterizations of one the potent derivatives, compound 8 (7-trifluoromethyl-10*H*-benzo[4,5]furo[3,2-*b*]indole-1-carboxylic acid), showed that it highly activated cloned BK_{Ca} channels from the extracellular side independent of β subunits and regardless of the presence of intracellular Ca^{2+} (for a review on BK_{Ca} channel structure, see Figure 2). In addition, it activated native BK_{Ca}

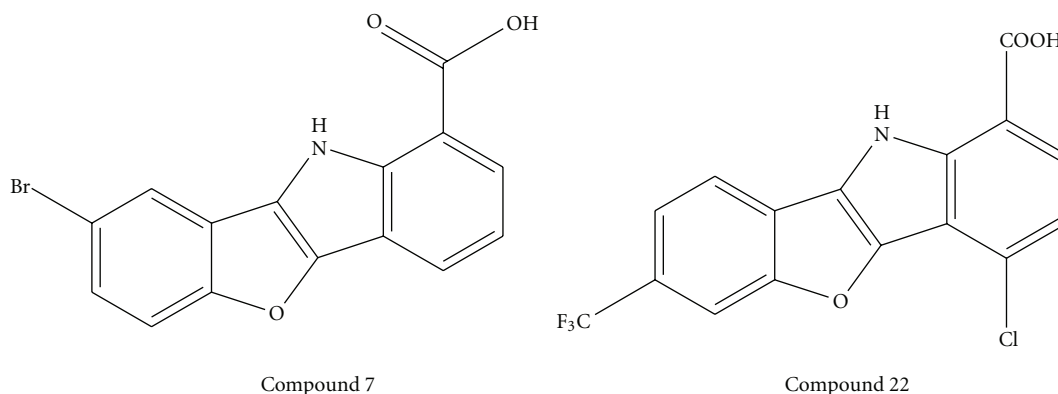


FIGURE 1: Structures of compound 7 (10H-benzo[4,5]furo[3,2-b]indole) and compound 22 (4-chloro-7-trifluoromethyl-10H-benzo[4,5]furo[3,2-b]indole-1-carboxylic acid).

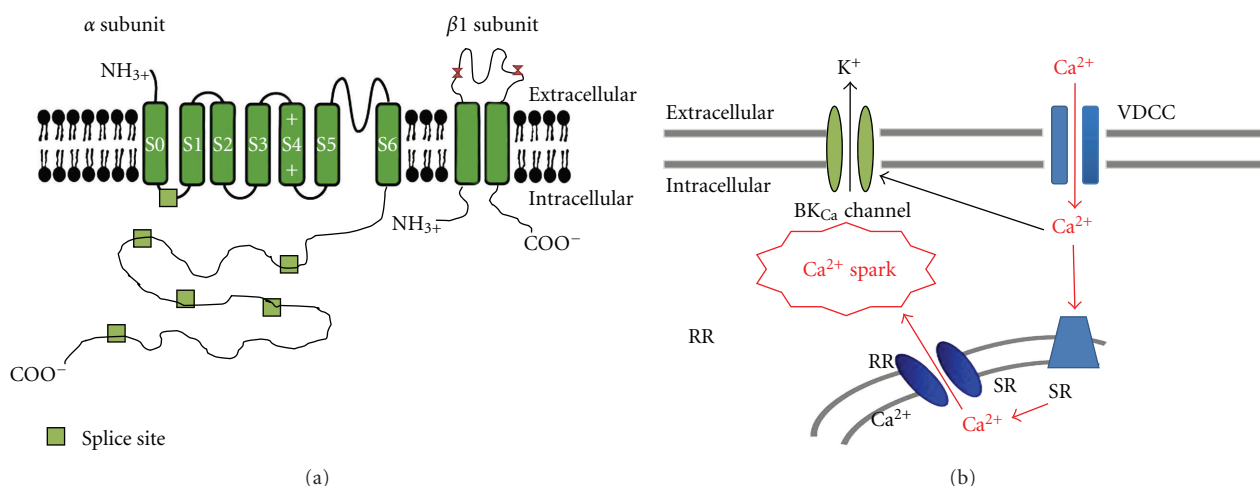


FIGURE 2: Structure and physiology of BK_{Ca} channels. (a) BK_{Ca} channels are composed of two different subunits: the pore-forming α subunit and the auxiliary β subunits. A functional channel is made up by the association of four α and four β subunits. Although a single gene codes for α , splicing leads to variants that are different in biophysical properties and/or intracellular localization. (b) In smooth muscles, membrane depolarization and/or intracellular Ca^{2+} cause the influx of Ca^{2+} through voltage-dependent Ca^{2+} channels (VDCCs). This in turn causes a rise in intracellular Ca^{2+} levels and smooth muscle contraction. Increases in Ca^{2+} levels facilitate Ca^{2+} binding to ryanodine receptors (RRs) in the sarcoplasmic reticulum (SR), which produces a localized Ca^{2+} release (Ca^{2+} spark) that activates the BK_{Ca} channels. Activation of BK_{Ca} channels causes efflux of K^+ , hyperpolarization of the cell membrane, closure of VDCC, prevention of Ca^{2+} entry, and eventually smooth muscle relaxation. Adapted from Garcia et al. [27].

channels from rat hippocampus pyramidal neurons [28], a finding which might have important clinical roles. But just how remarkable is it when a compound is an opener of the BK_{Ca} channels?

Some excellent reviews on the structure, pharmacology, functions (Figure 2), and the potentiality of BK_{Ca} channels as novel therapeutic targets have been made [29, 30]. Structurally, BK_{Ca} channels are composed of two different subunits: the pore-forming α subunit and the auxiliary β subunits. Although channels formed only by four α subunits can be functional, β subunits alter the biophysical and pharmacological properties of homomeric channels, including Ca^{2+} and voltage sensitivity and gating kinetics [28, 31–34]. These characteristics of BK_{Ca} channels make them appealing targets, and their activators potent therapies

for many diseases: (1) abundant distribution like other K^+ channel types, (2) high conductance (~ 200 pS) even at low probability of opening, thus facilitating more efficient K^+ efflux and membrane hyperpolarization (relaxation), (3) high sensitivity to both intracellular Ca^{2+} concentrations and voltage, (4) Ca^{2+} independence, that is, BK_{Ca} channels can open even in the absence of Ca^{2+} and the Ca^{2+} and membrane potential dependence of the channels are independent of each other [29, 30].

A number of BK_{Ca} channel openers, derived from natural products and from synthetic chemistry, have been developed and reported (e.g., dehydrosoyasaponin-I, maxidiol, NS1619, BMS-204352, 17β -estradiol, ethylbromideta-moxifen, pimaric acid, and epoxyecosatrienoic acids [35–38]). These substances, however, differ in properties and

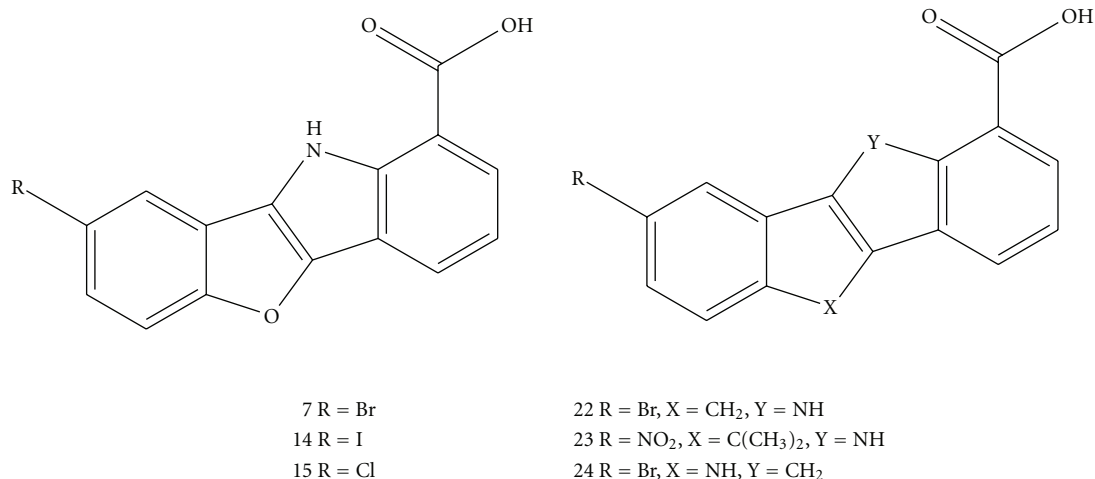


FIGURE 3: Structures of the highly bladder (versus aorta) selective benzofuroindole compounds synthesized by Butera et al. [24].

in some respects, mechanisms of action. For instance, dehydrosoyasaponin-I and 17β -estradiol may require β subunits for optimum channel potentiation [31, 39], while some compounds (e.g., dehydrosoyasaponin-I and 17β -estradiol) may act only on the intracellular side of the channel by being highly impermeable [40]. Unexpectedly, given the potentiality of BK_{Ca} channel openers as future interventions in many disease states, it is surprising that only four BK_{Ca} channel openers have entered clinical development (NS-8, TA-1702, BMS-223131, and BMS-204352) [27]. To the best of our knowledge, clinical trials for the BK_{Ca} channel openers NS8, BMS204352, and TA-1702 have been discontinued, while only one drug candidate, andolast (for the treatment of asthma), remains in the early phase of clinical development [41]. In the view of Garcia et al. [27], there is still much validation required for BK_{Ca} channel openers to progress as future smooth muscle relaxants. Novel BK_{Ca} channel openers must show appropriate potency and selectivity, efficacy in preclinical disease models, and, most of all, lesser toxicity [27].

3. Benzofuroindole Compounds, BK_{Ca} Channel Openers with Bladder (versus Aorta) Selectivity

Aside from remarkably potentiating BK_{Ca} channels from rat bladder myocytes, benzofuroindole compounds developed by Butera and colleagues were also shown to be highly bladder selective with aorta/bladder IC₅₀ ratios ranging from 8- to 46-fold. This was ascertained through organ bath studies with isolated rat bladder and aortic rings. In their studies, compound 15 showed to be the most bladder selective (IC₅₀ ratio aorta/bladder = 46). The structure-activity relationships for these compounds have been reported and reviewed [14, 24]. By looking at the structures of compounds 7, 14, 15 and those of the other highly bladder selective derivatives (compounds 22, 23, and 24), bladder specificity could be attributed to the imbedded 5,5 ring

system that is fairly tolerant of structural modifications [14] (Figure 3). Meanwhile, de la Peña et al. [26] also disclosed the bladder (versus aorta) selectivity profile of compound 22, the benzofuroindole analogue synthesized by Gormemis and colleagues. In their multiple screenings, compound 22 or LDD175 displayed 20-fold selectivity for the rat bladder compared with the aorta (when E_{max} values are compared) [26]. What is more, compound 22 did not have any significant vasorelaxant activity. *In vivo* screenings in the **Spontaneously Hypertensive rat (SHR)**, an animal model of hypertension also showed that compound 22 did not alter the **rat's** hemodynamic activities. In addition, the same group demonstrated that oral administration of compound 22 reduced voiding frequency and lengthened void intervals in SHR, a putative animal model of OAB [42]. It is noteworthy that these effects were seen only in the SHR and not in the normotensive strain, the Wistar Kyoto rats, a finding that might have significant clinical implications.

In certain disease states such as OAB, a major drawback of current pharmacotherapies as well as those drugs in development, is their ability to affect cardiovascular activities. K_{ATP} channel openers, compounds first developed for OAB, also activated K_{ATP} channels in the heart and peripheral blood vessels and brought hemodynamic side effects. For this reason, the development of K_{ATP} drugs for OAB has been abandoned in recent years [14]. The focus has been shifted to other K⁺ channel openers, such as BK_{Ca} and the recently identified KCNQ channels openers [14]. Compared with K_{ATP} channels, BK_{Ca} channels are less expressed in the heart tissue [29, 30] but are abundant in the bladder smooth muscles and also in neuronal tissues. With regard to their expression in neuronal tissues, BK_{Ca} activators could then impact OAB whether the underlying etiology is either neurogenic or myogenic in nature [14]. In fact, it is proposed that targeting the neuronal channels could minimize cardiovascular side effects, although it might also lead to the emergence of unwanted neuronal side effects [14].

TABLE 1: EC₅₀ values (concentration producing 50% of maximum inhibition of spontaneous or agonist-induced contractions) of compound 22 in the isolated bladder, ileum and uterus.

Effects of compound 22 in	EC ₅₀ values (μ M)		
	Bladder [26]	Ileum [43]	Uterus [44]
Spontaneous contractions	n.e.	1.25	4.63
Agonist-induced contractions			
ACh (1 μ M)	1.25	5.01	4.37
EFS	n.e.	3.16	n.t.
High K ⁺ (20 mM KCl)	2.51	0.79	3.04

n.e.: no effect, n.t.: not tested.

4. Compound 22 and Its Effects in Other Smooth Muscles

BK_{Ca} channels are abundantly distributed in many smooth muscle types such as gastrointestinal smooth muscles [41] and the uterus [45–47]. As not much is known about the effects of benzofuroindole compounds in other tissues, an ongoing effort has been made to investigate this matter. Compound 22 also displayed potent inhibition of both spontaneous and agonist-induced contractions of the ileum [43] and uterus [44]. EC₅₀ values of the relaxant effects of compound 22 are shown in Table 1. While compound 22 did not have any intrinsic relaxant activity in the bladder (suggesting its lack of effect on myogenic contractions), it significantly inhibited spontaneous contractions of the ileum and the uterus. However, the effect of compound 22 was more demonstrated in ACh-induced contractions of the bladder versus ileum and uterus. The detrusor was not responsive to the effects of compound 22 in electric field stimulation- (EFS-) induced contractions. Conversely, the relaxative effect of compound 22 in EFS-induced ileal contraction was comparable to that induced by ACh. In bladder and ileum strips, however, compound 22 was not as potent as atropine, an antimuscarinic drug, in inhibiting ACh-induced contractions [26, 43]. In the uterus, although compound 22 relaxed oxytocin, prostaglandin F₂ α , and ACh-induced contractions, its effects were not as potent as those of standard tocolytics (note, however, the similarity in the degree of potency between diclofenac and compound 22 in inhibiting PGF₂ α -induced contractions) [44]. Nevertheless, the effects of compound 22 were all consistent with the activation of BK_{Ca} channels, as evidenced by the counter effects of BK_{Ca} channel blockers iberiotoxin or penitrem A [26, 43, 44] on the relaxative effects of compound 22 in high K⁺- (20 mM KCl-) induced contractions (Table 1). Other ion channels or contractile machineries may also be at play considering the effects of compound 22 in high-K⁺- (60–80 mM KCl-) induced contractions [26, 43, 44, 48, 49]. Taken together, these findings indicate that in addition to bladder-relaxant activities, compound 22 also influences intestinal and uterine contractions.

5. Concluding Remarks

Although K⁺ channel openers hold promise as effective and safer alternatives to many smooth muscle relaxants that are used today, most K⁺ channel openers in development have not lived up to our expectation [14]. A majority of K_{ATP} channel openers lacked selectivity and brought unwanted side effects (e.g., cardiovascular) considered worse than those wrought by standard antispasmodics or tocolytics. Thus, the development of K_{ATP} channel openers has been discontinued, and the interest was shifted to developing other K⁺ channel openers that are as efficacious as standard smooth muscle relaxants, but with significantly better side effect profile. Recent years have seen great advances in our understanding of the structure and function of existing K⁺ channels. Due to unmet expectations with K_{ATP} channel openers, newer channels or associated channel proteins have been characterized as potential drug targets. As stated above, among those explored were the BK_{Ca} channels. While the role of BK_{Ca} channels in the CNS is complex and still an area of active academic research, there appears to be a consensus on the contribution of these channels to the regulation of smooth muscle tone [41]. In this paper, we reviewed the contribution of benzofuroindole derivatives in the field that searches for ideal compounds for OAB (or for other pathophysiologic conditions). We have stated the remarkable profiles of these compounds if considered as future OAB drug treatment. Some investigators, however, showed the potency of a certain benzofuroindole analogue (compound 22) to relax ileum and uterine contractions, indicating that like other K⁺ channel openers, selectivity is still an area of concern with benzofuroindole compounds. However, it is still too early to conclude that benzofuroindole analogues have no place in the roll of alternative or safer smooth muscle relaxants. More investigations are required to better understand their mechanics and characteristics and ultimately to address their lack of selectivity. The potency of various benzofuroindole compounds in smooth muscle types can be compared [48] and from there we may discover the drugs' most appropriate clinical application.

Finally, the worth of BK_{Ca} channel openers as “better” smooth muscle relaxants is just proven theoretically but not in clinical practice. Not much is known about the physiology of BK_{Ca} channels and their activators in the disease state, thus, whether or not a BK_{Ca} channel opener will be found to have therapeutic utility will depend on the appropriate counterbalance of BK_{Ca} channel activation versus other excitatory inputs [14]. Moreover, some reported BK_{Ca} channel openers do not satisfy some of the criteria set in clinical tests to prove their worth as effective smooth muscle relaxants (for review see [41]). This explains, in part, the slow pace in the development of BK_{Ca} channel openers as smooth muscle hyperactivity interventions. However, as molecular biology and drug development techniques are getting more and more advanced, it is plausible that, in the next few years, concerns that limit the potential use of BK_{Ca} channel openers (especially those that are recently characterized) will be resolved. Therefore, the road ahead may be tedious for

benzofuroindole compounds, but there is still optimism with regard to their potential use as effective smooth muscle relaxants.

Conflict of Interests

The authors declare no conflicts of interest.

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